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# A novel method to produce sustainable biocomposites based on thermoplastic corn-starch reinforced by polyvinyl alcohol fibers

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Adding reinforced fiber or cross-linking agent into thermoplastic starch (TPS) is an effective method to improve its performance. Herein, biodegradable polyvinyl alcohol fiber (PVAf) and sodium hexametaphosphate (SHMP) were not added into TPS directly; the PVAfs were preliminary treated (pre-soaking) by an SHMP solution, and then mixed with starch and glycerol to prepare 2 wt% PVAf/TPS composites through extrusion and injection molding. This process promoted crosslinking action between PVAfs and starch, and as a consequence enhanced the mechanic and dynamic mechanic behavior. The PVAfs with different immersion times were characterized by SEM, FTIR, and WAXD. The results confirmed that the SHMP coating was formed by a chemical bond connection on the surface of the PVAfs, particularly for the PVAfs soaked for 1.5 h, which produced a corresponding PVAf/TPS composite with a maximum tensile strength of 9.18 MPa and an impact strength of 21.29 kJ m<sup>-2</sup>. The corresponding tensile fractured cross-section images were shown by SEM. The DMA curves indicated that the pre-soaked PVAfs effectively improved the energy storage modulus and transition temperature of composites, and the activation energy of the starch macromolecules reached a maximum of 349.9 kJ mol<sup>-1</sup> during the dynamic mechanic process. The contact angle attained a maximum of 66.25°. Compared with TPS, the pre-soaked PVAf-reinforced PVAf/TPS composites had better mechanical properties, good processability through traditional extrusion and injection molding, reduced water wettability, and potential applications for packaging and catering.

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## 1. Introduction

Industrial corn starch is widely used in the textile, paper, medical, packaging, and other industries.<sup>1,2</sup> The development of thermoplastic starch (TPS) has received considerable attention over the last two decades owing to its biodegradability, renewability, and low cost.<sup>3</sup> However, the retrogradation (hydrolytic degradation) and relatively poor mechanical properties of TPS, particularly in wet or dry environments, still significantly restrict its further application.<sup>4,5</sup>

A large number of studies have focused on improving the mechanical properties and water resistance of TPS, mainly through modification of the starch, addition of reinforcements, and formation of a crosslinking system.<sup>6,7</sup> Modified starch is

usually first produced through esterification,<sup>8,9</sup> oxidation,<sup>10,11</sup> or etherification,<sup>12</sup> after which thermoplastic starch can then be obtained. However, the disadvantage of this method is the higher cost resulting from the complex modification process.

The reinforcements used in TPS can be divided into inorganic minerals and organic fibers. The inorganic minerals mainly include montmorillonite,<sup>13,14</sup> bentonite,<sup>15,16</sup> and kaolin.<sup>17,18</sup> The organic fibers are mainly natural fibers,<sup>19,20</sup> synthetic fibers,<sup>21–23</sup> and micro/nanocellulose.<sup>24–27</sup> Recently, we studied the effect of ultra-high molecular weight polyethylene (UHMWPE) fibers on the properties of TPS, and found that the mechanical properties and water resistance of UHMWPE/TPS composites were significantly improved. The resulting composite material was significantly improved with the inclusion of 2 wt% UHMWPE fibers (tensile strength = 8.78 MPa, contact angle = 80.2°).<sup>21</sup> However, UHMWPE is not degradable. In contrast, polyvinyl alcohol fiber (PVAf) is a biodegradable synthetic fiber. Recently, we have prepared PVAf/TPS composites,<sup>23</sup> and found that the addition of a small amount of PVAf can reduce the viscosity of the PVAf/TPS system and improve its processability. When the PVAf content is between 0.25 and 1.0 wt%, the tensile strength of the composite will increase almost linearly. At 2 wt%, the tensile strength can reach

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5.2 MPa, and the elongation at breaking reaches a maximum of approximately 158% at a PVAf content of 1.5 wt%. Nevertheless, the mechanical properties are expected to be further improved in the future.

For the crosslinking system, the main crosslinking agents used are glutaraldehyde,<sup>28,29</sup> epichlorohydrin,<sup>30,31</sup> citric acid,<sup>9,32</sup> boric acid,<sup>33,34</sup> and sodium hexametaphosphate (SHMP).<sup>35,36</sup> Because glutaraldehyde and epichlorohydrin have irritant and toxic properties,<sup>28,30</sup> they are not considered in our experiments owing to the risk for health hazards in their preparation process. A small amount of citric acid can enhance the toughness of TPS, but its effect on the strength of the material is not obvious.<sup>37</sup> The addition of boric acid can significantly improve the strength of TPS, but it also has a negative impact on its toughness and water resistance.<sup>33</sup> SHMP is better choice than the other aforementioned materials, as it can be used as a safe and non-toxic crosslinking agent in the food field.<sup>38,39</sup>

In the preparation of thermoplastic starch and its composite film, the crosslinking agent is added mainly in two modes. In the first mode, it is added during the film preparation process. Citric acid and boric acid are added in this mode. Aritra *et al.*<sup>40</sup> compared the effects of temperature and citric acid content on a PVA/starch/glycerol/citric acid composite membrane, and found that the highest tensile strength (approximately 4.12 MPa) was obtained when the citric acid content was 0.5 wt% and the temperature was 60 °C. Yin *et al.*<sup>34</sup> first premixed PVA, starch, and glycerin, and then added boric acid during the gelation of starch to prepare a PVA/TPS composite film. They found that increasing the concentration of boric acid (from 0 to 1.5 wt%) improved the degree of crosslinking between the

starch and PVA, thereby enhancing the bonding of the two molecules.

In the second mode for addition of the crosslinking agent, the addition is achieved through post-treatment of the prepared film. In this case, glutaraldehyde and SHMP are commonly used as crosslinking agents. Liu *et al.*<sup>28</sup> adopted a method in which a PVA composite membrane was immersed in an aqueous solution of glutaraldehyde and then heated to achieve crosslinking modification. The results showed that the post-treatment crosslinking modification significantly reduced the hydrophilicity of the TPS/PVA composite film while increasing the tensile strength and modulus of elasticity. Liu<sup>35</sup> also immersed a TPS/PVA composite membrane in aqueous solutions of sodium carbonate and SHMP for crosslinking treatment. It was found that the crosslinking modification markedly reduced the water sensitivity of the composite membrane, and the soaking time in the SHMP aqueous solution had a significant effect on the mechanical properties of the composite membrane.

To improve the mechanical properties and reduce the water wettability further, this study proposes a method for introducing the reinforcement (biodegradable PVAf) and crosslinking agent (SHMP) systems into the TPS simultaneously. Unlike the methods reported in previous studies, we pre-treated the PVAf with SHMP solution, and then mixed it with starch to prepare the PVAf/TPS composite through extrusion and injection molding. PVAf samples with different immersion times were characterized. At the same time, the tensile properties, impact properties, dynamic mechanical properties, and surface

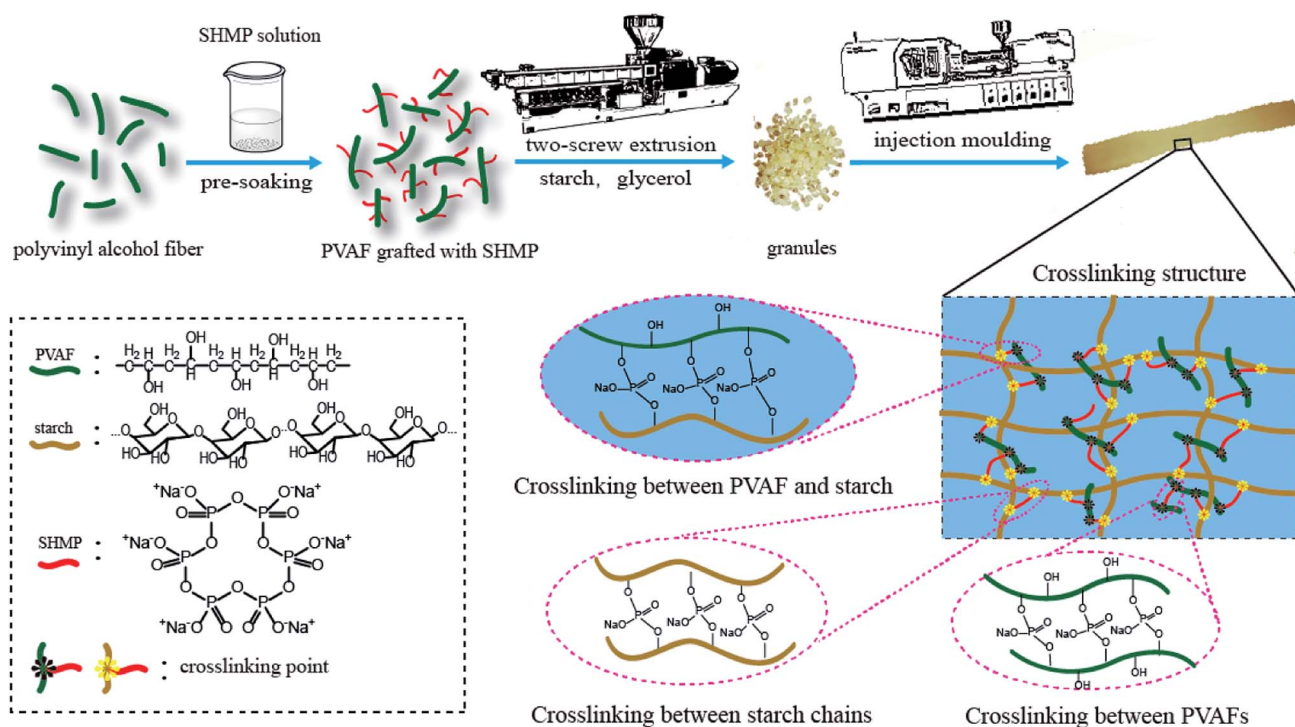


Fig. 1 Schematic illustration of the fabrication of the PVAf/TPS composites reinforced with pre-soaked PVAfs.



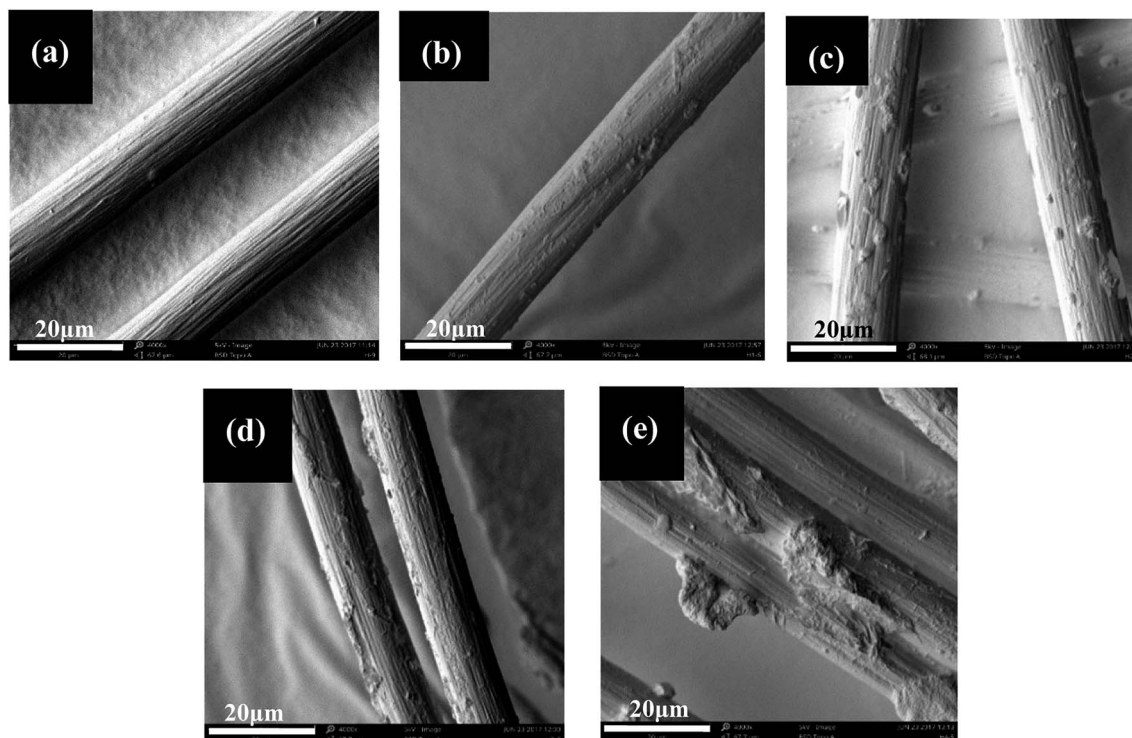


Fig. 2 SEM images of (a) unmodified-PVAF; and PVAF soaked for (b) 0.5 h, (c) 1.0 h, (d) 1.5 h, and (e) 2.0 h.

water wettability of different PVAF/TPS composites were systematically studied.

## 2. Materials and methods

### 2.1. Materials

Corn starch (moisture content = 13.6 wt%, amylose content = 27%) was obtained from the Shandong Hengren Industry and Trade Company (Tengzhou, Shandong, China). Glycerol (analytical grade) and sodium carbonate (analytical grade) were purchased from the Sinopharm Group Chemical Reagent Co., Ltd (Shanghai, China). Polyvinyl alcohol fiber (length 15–20 mm, fineness 1.1–4 D) was obtained from the Nanjing Pioneer Technology Industrial Co., Ltd. Sodium hexametaphosphate (analytical grade) was purchased from the Xilong Chemical Co., Ltd (Shantou, Guangdong, China).

### 2.2. Preparation of modified PVAF

First, the PVAF was cut into lengths of 5 mm and divided into four groups. Then, the 9 g of PVAF comprising each group were immersed in a solution of 3 wt%  $\text{Na}_2\text{CO}_3$  and 8 wt% SHMP with the pH value of 10.5, as shown in Fig. 1, and soaked for 0.5, 1.0, 1.5, or 2.0 h to obtain modified PVAF.

After soaking, the PVAF samples were dried in an oven and then weighed; the weight gain on the PVAF surface was 1.18, 1.49, 2.02, and 1.86 g, respectively, for soaking times of 0.5, 1.0, 1.5, and 2.0 h. To determine whether the soaking process for PVAF in the SHMP solution is a physical adsorption or chemical crosslinking process, some of the PVAF samples soaked for

1.5 h were cleaned ultrasonically in pure water with ultrasonic frequency of 40 kHz and ultrasonic time of 10 min for several times, and then characterized using infrared spectroscopy and wide-angle X-ray diffraction (WAXD) before and after cleaning.

### 2.3. Preparation of PVAF/TPS composites

The corn starch (450 g) and glycerol (150 g) were manually premixed at a mass ratio of 3 : 1, based on our previous optimization work,<sup>7,21</sup> in polyethylene bags and stored overnight. Then, mixture and 9 g of PVAF (2 wt% based on the mass of corn starch) soaked for varying amounts of time (referred to as 0.5, 1.0, 1.5, and 2.0 h ~ PVAF/TPS) were further blended at 25 000 rpm for 15 s using a QE-500 high-speed mixer (Zhejiang Yili Industry and Trade Co., Ltd, China).

To confirm that the enhanced properties of the composite were a consequence of the reinforcement effect of the modified PVAF rather than a pure SHMP crosslinking effect with the starch macromolecules in the composites, two samples were prepared and compared: a reinforced PVAF/TPS composite composed of PVAF presoaked for 1.5 h, denoted 1.5 h ~ PVAF/TPS, and a corresponding SHMP-loaded PVAF/TPS comprising the same PVAF (9 g) and SHMP (2.02 g) contents, denoted SHMP/PVAF/TPS.

After these steps, the mixtures were transferred into a twin-screw extruder (SHJ-20, Nanjing Giant Machinery Co., Ltd, China) with a screw speed of 180 rpm; the zone temperatures were 116, 118, 118, and 116 °C. The residual time of the material in the extruder's barrel was 83 s, and the length of the barrel was 80 mm, the throughput of the material at the set conditions was





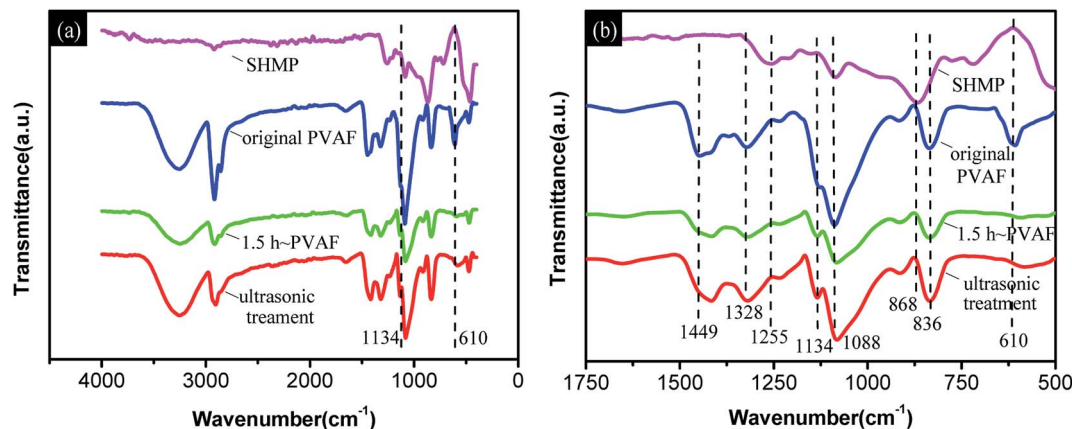


Fig. 3 (a) Infrared spectra in the range of 4000–400  $\text{cm}^{-1}$  for SHMP, original PVA, PVA soaked for 1.5 h, and pre-soaked PVA with further ultrasonic vibration treatment; (b) expansion of the spectra in (a) over the range of 1750–500  $\text{cm}^{-1}$ .

0.6  $\text{kg h}^{-1}$ . After processing, the mixtures were cooled and cut into small particles. An injection molding machine (BV90, APOLLO, Shanghai, China) was used to inject a dumbbell shaped spline, and the temperatures in each zone were 135, 135, 125, 125, and 120  $^{\circ}\text{C}$ .

## 2.4. Characterization of PVA

**2.4.1. Scanning electron microscopy (SEM).** The surfaces of the PVA and modified PVA were investigated using a scanning electron microscope (Phenom World, Netherlands). About 5 mm fiber samples were used directly for the

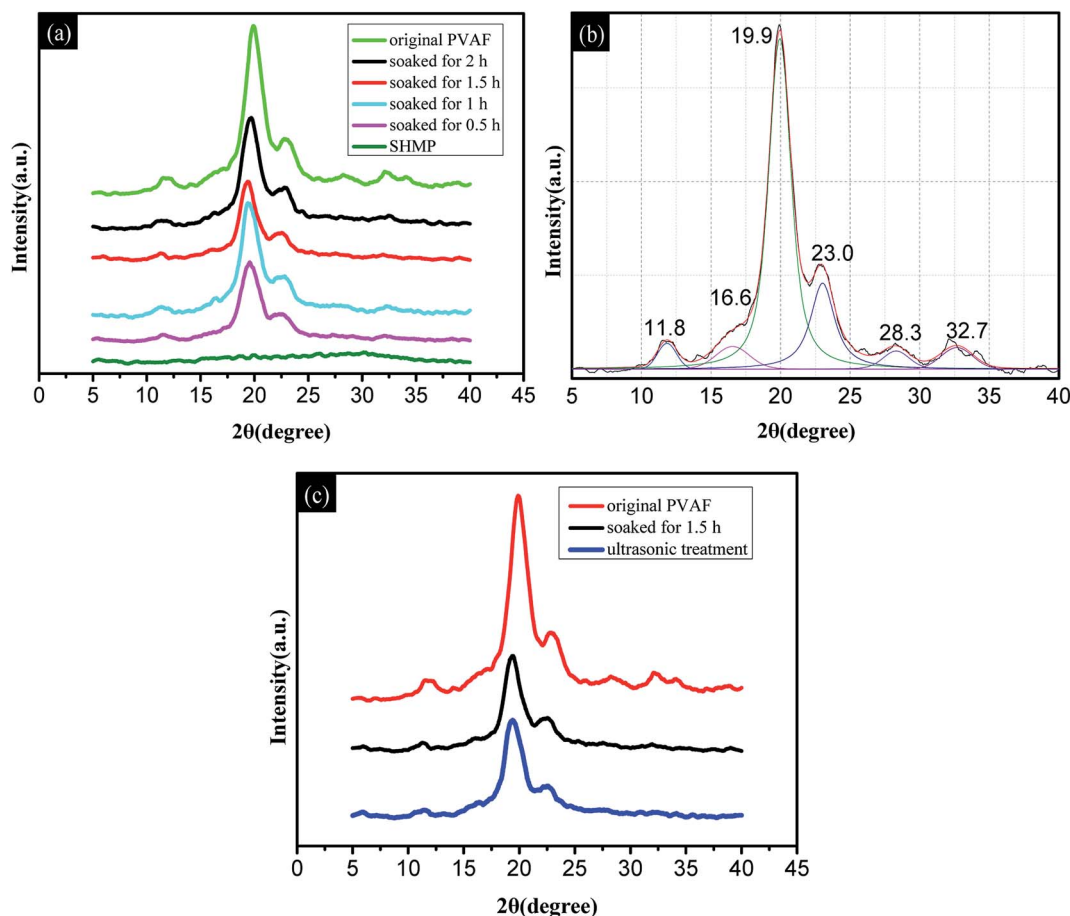


Fig. 4 Wide-angle X-ray diffraction patterns: (a) SHMP, original PVA, and PVA soaked for varying amounts of time; (b) typical fitting curve for the original PVA; (c) comparison of the original PVA, PVA soaked for 1.5 h, and pre-soaked PVA with further ultrasonic treatment.

Table 1 Peak area of original and soaked PVAFs

$2\theta$ ( $^{\circ}$ )	Original PVAF	0.5 h	1.0 h	1.5 h	2.0 h	Ultrasonic treatment
11.8	23.46	7.85	13.49	5.41	11.85	6.47
16.6	38.68	17.00	40.08	18.23	28.19	19.46
23.0	144.02	77.91	123.88	92.43	108.00	80.24
28.3	25.92	15.62	28.69	14.42	52.63	22.85
32.7	32.71	5.87	16.67	23.31	29.42	7.77
19.9	460.76	218.46	304.44	207.76	299.26	216.54

SEM. The PVAF fiber surfaces were vacuum-coated with gold for 20 min prior to SEM analysis, and the tungsten filament was operated at 20 kV.

**2.4.2. Infrared spectroscopy.** The absorbance spectra of the PVAF and modified PVAF were recorded with an infrared spectrometer (VERTEX 70, Bruker) in attenuated total reflectance (ATR) mode to investigate the functional groups and phases of PVAF before and after modification. The spectra were obtained in the range of 4000–400  $\text{cm}^{-1}$ , and the resolution of the FTIR was 2  $\text{cm}^{-1}$ .

**2.4.3. Wide-angle X-ray diffraction.** Fiber samples were subjected to WXAD tests to analyze the crystallization behavior and characteristics of the PVAF before and after modification. The test samples were applied to the surface of the glass mold tank with double-sided tape. The fiber samples covered a thickness of approximately 2 mm, a width of 10 mm, and a length of approximately 10 mm, and the prepared samples were directly irradiated. The ray source was Cu K $\alpha$ , the scanning angle range was 5°–40°, the angle step was 0.02°, and the test tube voltage current was 30 kV/20 mA.

## 2.5. Characterization of PVAF/TPS composites

**2.5.1. Tensile tests.** The samples were stored at a temperature of  $23 \pm 2$  °C and humidity of 50% before testing. According to the ASTM D638 test standard,

a uniaxial tensile test was performed at ambient temperature using an electronic universal testing machine (E44.304, MTS Co., Ltd., China). The dumbbell-shaped spline was placed between the stretching fixtures so that the initial spacing was approximately 50 mm; the stretching rate was 20  $\text{mm min}^{-1}$ . The tensile strength and elongation at breaking were tested for each sample; the average value for five specimens is reported.

**2.5.2. Scanning electron microscopy (SEM).** SEM was performed to evaluate the fracture surfaces of all specimens. The fracture surfaces of the tensile samples and the microstructure of the PVAF-reinforced TPS with or without pre-soaking were investigated by SEM (JEM-2100 UHR, JEOL) with an acceleration voltage of 15 kV. The sample used for analysis is the section remaining after the tensile tests produced plastic or brittle fracture. The fractured part of specimen was cut into 10 mm  $\times$  5 mm  $\times$  4 mm near the fracture surface. The fractured faces were coated with gold using plasma sputtering for about 20 min prior to analysis.

**2.5.3. Impact tests.** Notched impact testing was carried out according to ASTM D256 on a pendulum impact testing machine (501J, Wance Co. Ltd., China) at an impact energy of 7.5 J and impact rate of 3.8  $\text{m s}^{-1}$ . The dimensions of the samples were 64 mm  $\times$  12.7 mm  $\times$  12.7 mm. The results for the different sample types were obtained by averaging the measurements of five independent specimens.

**2.5.4. Dynamic mechanical thermal analysis.** Dynamic mechanical thermal analysis (DMTA) was carried out with a NETZSCH DMA 242 instrument in three-point bending mode with the following parameters: frequencies of 1, 3.333, 5, and 10 Hz; a scan rate of 3.0  $\text{K min}^{-1}$ ; a temperature range of  $-90$  °C to 120 °C; and a heating rate of 3 °C  $\text{min}^{-1}$ .

**2.5.5. Contact angle measurements.** Measurement of the contact angle was carried out at room temperature according to the method described by Silva *et al.*<sup>41</sup> The wetting behavior of the samples was measured and analyzed using a contact angle analyzer (DSA100, KRÜSS, Germany) and a watered syringe. A drop of water was dropped on the sample, and its angle of

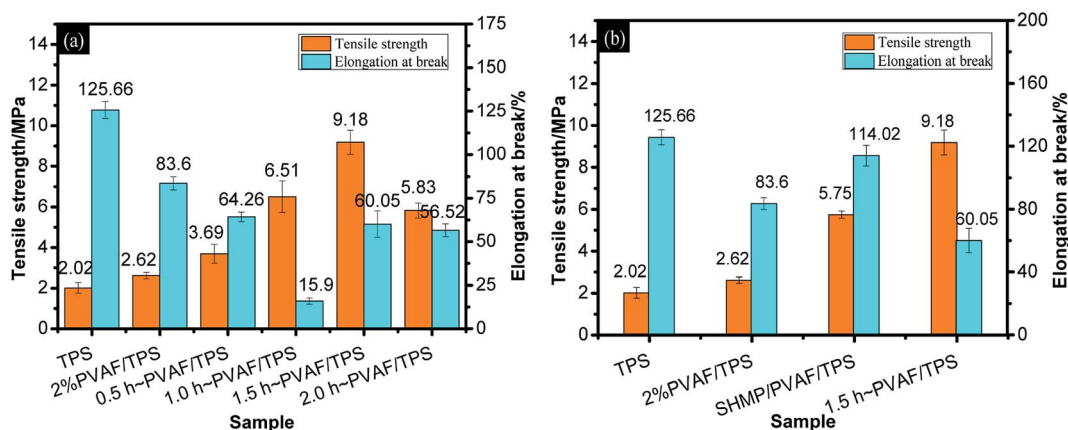


Fig. 5 Mechanical properties of samples: (a) TPS, PVAF, and pre-soaked PVAF-reinforced TPS composites with different soaking times; (b) TPS, PVAF, TPS reinforced with PVAF pre-soaked for 1.5 h, and SHMP-loaded PVAF/TPS.



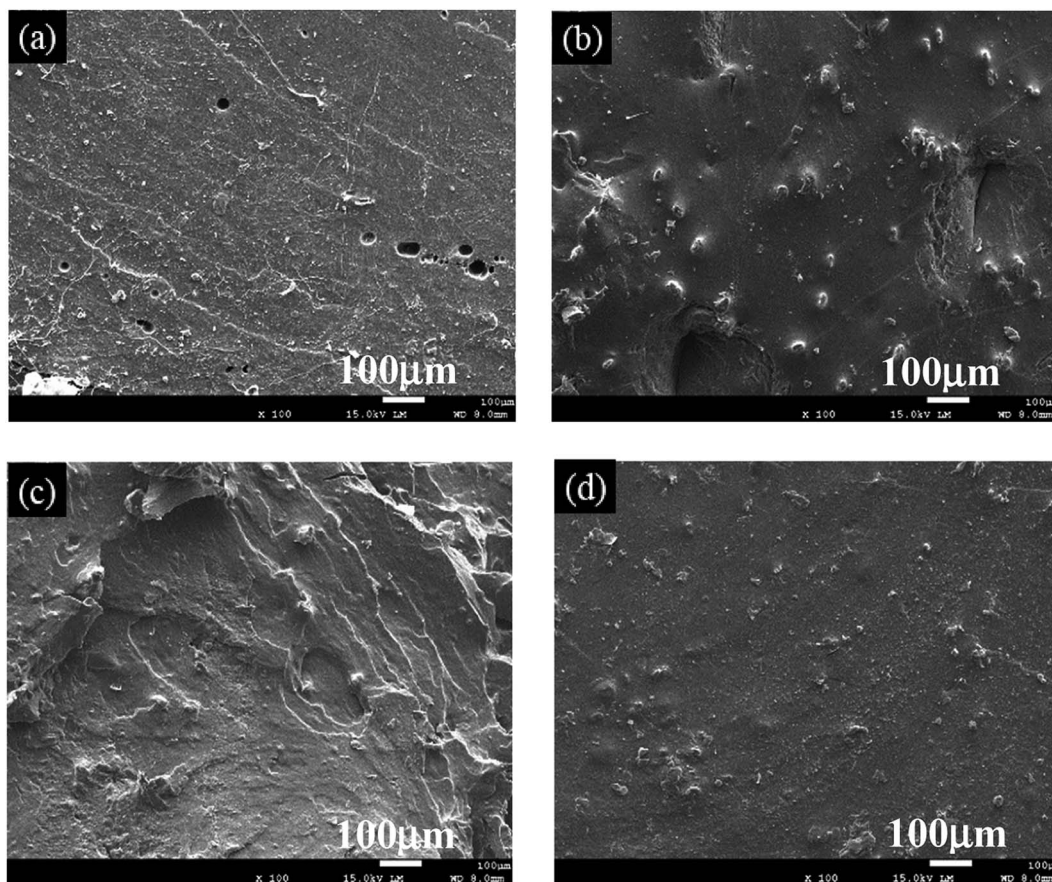


Fig. 6 SEM images of fractured cross-sections after the tensile tests: (a) TPS; (b) 2% PVAF-reinforced TPS; (c) SHMP-loaded PVAF/TPS; (d) TPS reinforced with PVAF pre-soaked for 1.5 h.

incidence was measured using software. Each photo was taken for 0.016 s to 1 s. It should be noted that the contact angle testing results of the samples were obtained by averaging from 10 independent tested specimens, and the pictures closest to the average were used.

### 3. Results and discussion

#### 3.1. Characterization of the fiber

**3.1.1. Surface morphology of PVAF.** The SEM micrographs of unmodified and modified PVAFs for different immersion times are shown in Fig. 2a–e. The surface of the unmodified PVAF was smooth, as shown in Fig. 2a.<sup>23</sup> With increasing soaking time in the SHMP solution, as shown in Fig. 2b–d, the amount of SHMP on the PVAF surface increased gradually, indicating that SHMP may react with the fiber surface and gradually be deposited on its surface.

As shown in Fig. 2d, after a soaking time of 1.5 h, most of the PVAF surface was covered uniformly by SHMP. This layer of SHMP changes the surface structure of the fiber and serves to enhance the bonding force between the PVAF fiber and the starch matrix. When the soaking time was 2 h, too much SHMP maybe agglomerated and stacked on the PVAF surface, and this thicker SHMP layer cannot connect tightly with the PVAF

surface, therefore, too much SHMP can easily fall off the fiber surface, leaving some residue on the surface of the fiber, as shown in Fig. 2e.

**3.1.2. Infrared spectroscopy.** The Fourier transform infrared (FT-IR) spectra of SHMP, PVAF, PVAF soaked for 1.5 h, and pre-soaked PVAF with additional ultrasonic vibration treatment are shown in Fig. 3. In the spectra at  $1750\text{--}500\text{ cm}^{-1}$ , typical absorption bands of SHMP can be observed, including peaks near  $1255$ ,  $1088$ , and  $868\text{ cm}^{-1}$  that correspond to  $\text{P=O}$ ,  $\text{P=O}$  stretching, and  $\text{P-O-P}$  stretching vibrations, respectively.<sup>36</sup> In addition, five distinctive absorption bands at  $1449$ ,  $1328$ ,  $1088$ ,  $836$ , and  $610\text{ cm}^{-1}$  corresponding to  $\text{C-H}$  and  $\text{O-H}$  in-plane bending,  $\text{C-O}$  stretching, and  $\text{C-H}$  and  $\text{O-H}$  out-of-plane bending vibrations, respectively, were observed in the FTIR spectrum of the unmodified PVAF.<sup>42</sup>

Comparing the spectra for the PVAF before and after soaking for 1.5 h, the newly developed  $\text{C-O-P}$  stretching vibration band at  $1134\text{ cm}^{-1}$  and disappearance of the  $\text{O-H}$  out-of-plane bending vibration at  $610\text{ cm}^{-1}$  are most likely due to the reaction of the hydroxyl groups of PVAF with the phosphate groups of SHMP molecules during the pre-soaking process. Moreover, the spectra for the soaked PVAF before and after sonication have similar absorption bands, particularly at  $1134\text{ cm}^{-1}$ , indicating that the chemical bond connection between the



PVAF and SHMP was formed in the modified pre-soaking process.

**3.1.3. Wide-angle X-ray diffraction.** Typical WAXD patterns for the SHMP, original PVAF, and PVAF soaked for different amounts of time are shown in Fig. 4a. It is clear from the recorded XRD spectra that the SHMP does not have any diffraction pattern, and distinct diffraction peaks centered at  $2\theta = 11.8^\circ$ ,  $16.6^\circ$ ,  $19.9^\circ$ ,  $23.0^\circ$ ,  $28.3^\circ$ , and  $32.7^\circ$  are found in the WAXD diffraction patterns of PVAF. In particular, the diffraction peak at  $20^\circ$  has been reported to originate from the characteristic diffraction of an orthorhombic lattice from the PVA polymer.<sup>43</sup> Similar results were reported by Kurumova *et al.*<sup>44</sup> As the soaking time is increased, these peaks become less intense, suggesting a disruption of the PVA crystalline structure at the surface of the PVAF through the reaction with SHMP during the soaking process. The fitting curve for the original PVAF was obtained with the Voigt area function in the Peakfit software, and is presented in Fig. 4b; the corresponding fitting data (peak area) for different samples are listed in Table 1. It appears that the peak area mainly at  $19.9^\circ$  and  $23.0^\circ$  of PVAF decreased significantly after soaking. Especially, when the soaking time is 1.5 h, the diffraction peak area at  $19.9^\circ$  is minimum of 207.76, indicating the disrupted fiber surface deposited by SHMP, which is in accordance with the results of SEM and FTIR.

Fig. 4c shows the X-ray diffraction patterns for the original PVAF and the PVAF soaked for 1.5 h before and after ultrasonic vibration treatment. It is clear that the soaked PVAF samples have similar diffraction patterns before and after ultrasonic vibration treatment, as well as similar peak areas mainly at  $19.9^\circ$  and  $23.0^\circ$  in Table 1. This provides further confirmation that the chemical bond connection between the PVAF and SHMP was formed in the modified pre-soaking process. These results are also in good agreement with the FT-IR spectra.

## 3.2. Mechanical properties of composite materials

**3.2.1. Tensile strength and fracture surfaces.** The mechanical properties of the TPS and PVAF/TPS composites

with varying fiber soaking times are shown in Fig. 5a. The tensile strength and the elongation at breaking for the TPS are 2.02 MPa and 125.66%, respectively. With increasing fiber soaking time of the PVAF, the tensile strength of PVAF/TPS increased from 2.62 MPa to 9.18 MPa, whereas the elongation at breaking decreased; in other words, the highest tensile strength (9.18 MPa), which is 4.54 times higher than that of TPS and 3.5 times higher than that of unmodified PVAF/TPS, was achieved with a soaking time of 1.5 h, indicating that the tensile strength of TPS can be significantly enhanced by the addition of PVAF modified in SHMP solution. This can be ascribed to the more abundant and denser SHMP deposited on the surface of the fiber, particularly with 1.5 h of pre-soaking time, which formed an additional crosslinked network structure between the deposited SHMP on the PVAF surface and the starch macromolecules in the extrusion process during preparation.<sup>45</sup> This finding is also consistent with the SEM, FTIR, and WAXD analysis results for the PVAFs before and after soaking.

To verify that the increase in tensile strength was a consequence of the reinforcing effect of the modified PVAF rather than a pure SHMP crosslinking effect with the starch macromolecules, as shown in Fig. 5b, we provide a comparison of the mechanical properties between the PVAF/TPS composites with 1.5 h of pre-soaking and the corresponding SHMP-loaded PVAF/TPS comprising the same PVAF and SHMP contents. It is clear that the reinforcing effect of modified PVAF with a strength of 9.18 MPa is larger than the corresponding SHMP-loaded PVAF/TPS strength of 5.75 MPa. Further confirmation can be obtained through the SEM images of the fractured cross sections of these samples after the tensile tests, as shown in Fig. 6.

As observed in Fig. 6, the fractured cross-sections of TPS and PVAF/TPS composites exhibited different morphologies. TPS featured a homogeneously smooth surface, as shown in Fig. 6a, which is consistent with previous reports in the literature.<sup>21</sup> The fractured cross-section of the 2 wt% PVAF-reinforced TPS still retained a smooth surface, with the protruding fibers dispersed homogeneously, which is an important factor on mechanical

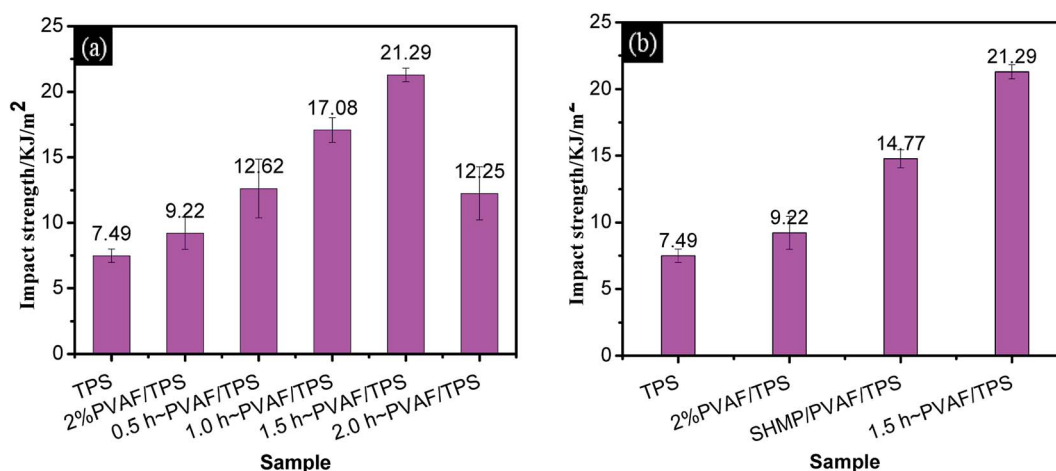


Fig. 7 Impact performance: (a) TPS, PVAF, and pre-soaked PVAF-reinforced TPS composites with different soaking times; (b) TPS, PVAF, TPS reinforced with PVAF pre-soaked for 1.5 h, and SHMP-loaded PVAF/TPS.



properties, as shown in Fig. 6b. However, the SHMP-loaded PVAF/TPS composite exhibited a rougher cross-section, as shown in Fig. 6c, mainly resulting from the strong interaction between SHMP and the starch macromolecule matrix, which may indicate a brittle fracture. In contrast, a smooth and flat fractured cross-section was observed for reinforced PVAF/TPS composites treated with pre-soaked PVAF, as shown in Fig. 6d; no obvious protruding fibers can be observed on the fractured surface, which suggests that the pre-soaked PVAFs were chemically connected to the starch macromolecule matrix by SHMP in the composites. Therefore, the pre-soaked PVAFs can transfer stress effectively during the tensile process, and play a key role in enhancing the mechanical properties of PVAF/TPS composites. The SEM images of the fracture cross-sections are also in good agreement with the observed mechanical properties.

**3.2.2. Impact strength.** Fig. 7a shows the impact strength of the TPS, PVAF, and pre-soaked PVAF-reinforced PVAF/TPS composites with increasing soaking time. The results indicate that the impact strength of the composites is higher than that of TPS, which implies that the toughness is improved by the presence of PVAFs. The impact strength of the composites reached a maximum value of  $21.29 \text{ kJ m}^{-2}$  with 1.5 h of pre-soaking time compared with TPS; this may be related to the crosslinking structure between the PVAFs and starch

macromolecules through the SHMP, which can effectively absorb the impact fracture energy. However, with the increased pre-soaking time to 2 h, the impact strength decreased to  $12 \text{ kJ m}^{-2}$ , this could be ascribed to the decreased SHMP in PVAF surface, in accordance with Fig. 2, and the corresponding connection between the PVAF fiber and the starch matrix also decreased.

Fig. 7b provides a comparison of the impact strengths for the PVAF/TPS composites pre-soaked for 1.5 h and the corresponding SHMP-loaded PVAF/TPS comprising the same PVAF and SHMP contents. It is clear that the modified PVAF impact strength of  $21.29 \text{ kJ m}^{-2}$  is larger than the corresponding SHMP-loaded PVAF/TPS strength of  $14.77 \text{ kJ m}^{-2}$ . Therefore, the SHMP and PVAF co-reinforced crosslinked structure also resulted in an increased ability to absorb impact energy.

### 3.3. Dynamic mechanical thermal properties

Dynamic mechanical analysis (DMA) curves for the starch composites were obtained by scanning the temperature from  $-90^\circ\text{C}$  to  $120^\circ\text{C}$  at four frequencies: 1, 3.33, 5, and 10 Hz. Fig. 8a and b show the storage modulus curve and loss factor curve, respectively, for the PVAF/TPS system at a frequency of 5 Hz.

By performing a temperature scan at a series of frequencies, the loss factor curves at different frequencies for typical samples

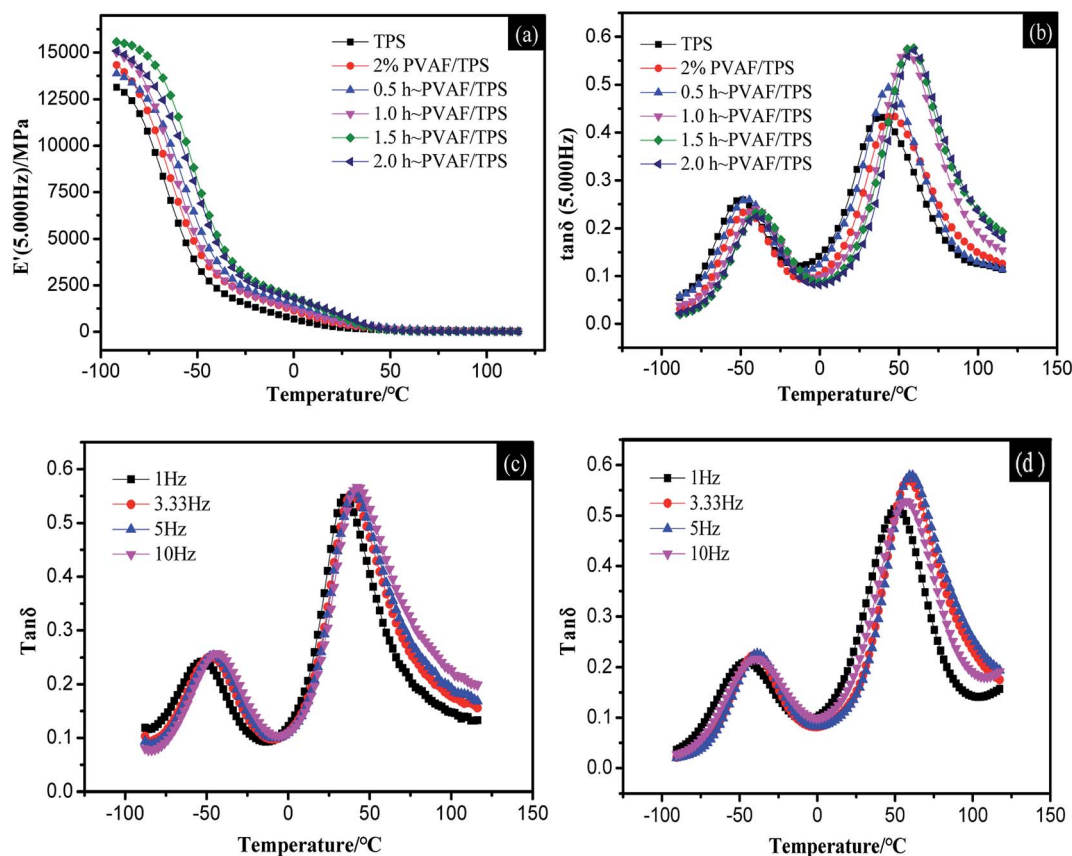


Fig. 8 DMA curves for TPS and different PVAF/TPS composites at 5 Hz: (a) storage modulus vs. temperature, (b) loss factor vs. temperature; loss factor vs. temperature curves at different frequencies: (c) TPS, (d) 1.5 h-PVAF/TPS.





**Table 2** Transition temperatures and activation energy of TPS and different PVAf/TPS composites

Sample	$T_{\beta}$ (°C)	$T_{\alpha}$ (°C)	Activation energy (kJ mol <sup>-1</sup> )
TPS	-52.63	37.36	173.182
2% PVAf/TPS	-46.63	43.76	224.616
0.5 h ~ PVAf/TPS	-44.62	45.37	233.304
1.0 h ~ PVAf/TPS	-40.59	50.32	280.574
1.5 h ~ PVAf/TPS	-38.45	55.41	349.944
2.0 h ~ PVAf/TPS	-36.29	55.38	336.318

of TPS and 1.5 h-2% PVAf/TPS composite were obtained, as shown in Fig. 8c and d, respectively. From the relationship between the peak temperature,  $T_{\alpha}$  (K), and the frequency (Hz) of the tangent ( $\tan \delta$ ), the apparent activation energy,  $\Delta E$ , can be obtained with the following equation:

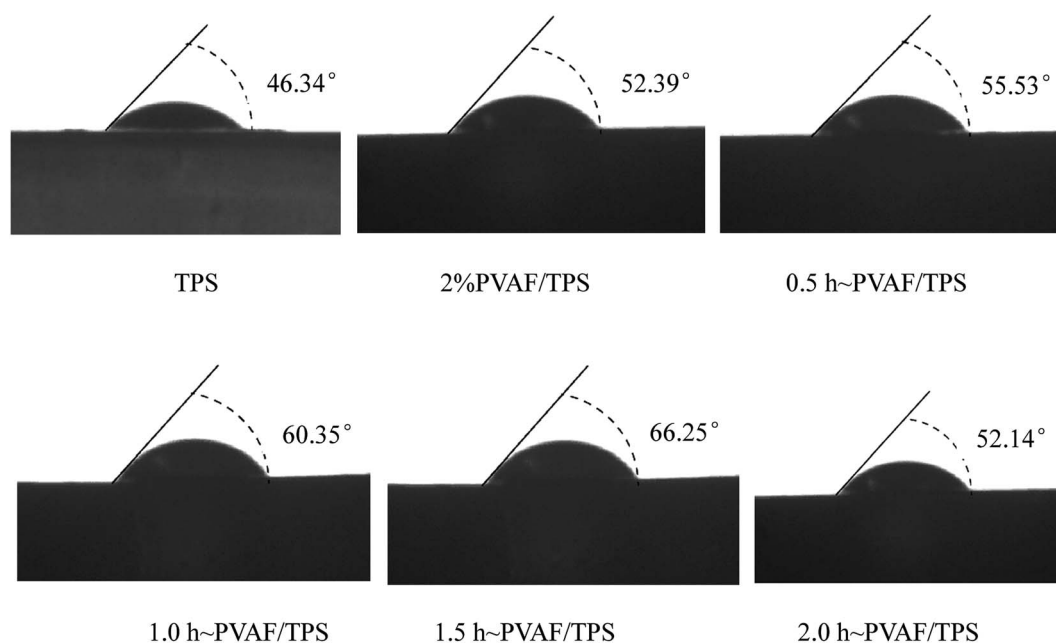
$$\Delta E = 2.303R \frac{d \log f}{d \left( \frac{1}{T} \right)}$$

where  $T$  (K) is the peak temperature of the loss tangent,  $f$  (Hz) is the frequency, and  $R$  is the molar gas constant, which is equal to 8.3145 J mol<sup>-1</sup> K<sup>-1</sup>.  $\Delta E$  can be directly deduced from the slope of the graph of  $\log f$  with respect to  $1/T$ .<sup>46</sup>

To investigate the interaction between the PVAfs and starch matrix further, the thermomechanical behavior of PVAf/TPS and the modified PVAf/TPS composites were investigated using the DMA technique. Fig. 8a and b illustrate the thermomechanical responses (storage modulus ( $E'$ ) and loss factor ( $\tan \delta$ ), respectively) of the PVAf/TPS and modified PVAf/TPS systems at a range of temperatures from -90 °C to 120 °C. As

shown in Fig. 8a, the storage modulus of TPS, PVAf/TPS, and the modified PVAf/TPS composites decreased with increasing temperature. At the same time, the storage modulus of the modified PVAf/TPS composites was higher than that of the PVAf/TPS and TPS at the same temperature. With increasing immersion time of the PVAfs in SHMP solution, the storage modulus of the modified PVAf/TPS composites also increased. This is attributed to the higher mechanical strength of PVAfs than starch, followed by the SHMP solution surface treatment of PVAfs that can directly form a crosslinked network structure with the starch matrix, blocking the movement of the starch molecular chain, resulting in an increased storage modulus.

Fig. 8b shows the loss factor curves for TPS, PVAf/TPS, and the modified PVAf/TPS composite. Several authors<sup>16,17</sup> have reported that starch-glycerol mixtures are partially miscible systems, giving rise to a starch-rich phase and a glycerol-rich phase. As shown by the observation of two relaxation peaks in Fig. 8b, the relaxation occurring at a lower temperature ( $T_{\beta}$ ) was associated with the  $T_g$  of the glycerol-rich phase, while the relaxation at a higher temperature ( $T_{\alpha}$ ) was associated with the  $T_g$  of the starch-rich phase. Fig. 8b and Table 2 indicate that the  $T_{\alpha}$  and  $T_{\beta}$  of TPS were lower than the transition temperatures of PVAf/TPS, and the  $T_{\alpha}$  and  $T_{\beta}$  of the modified PVAf/TPS system were further improved with increasing soaking time. Owing to the formation of the crosslinked network structure between PVAfs as well as between the PVAfs and starch matrix, the molecular chain movement of the starch was blocked, leading to an increased transition temperature of PVAf/TPS. The activation energies for the samples in Table 2 indicate that the activation energy of the composite with a soaking time of 1.5 h was the highest, which suggests that the relaxation energy of the starch macromolecules in the composite was higher.

**Fig. 9** Images of the contact angles of TPS, PVAf, and composites of TPS reinforced with PVAf pre-soaked for different times.

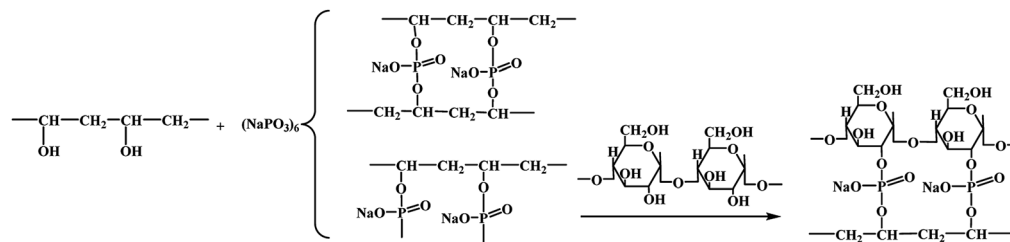


Fig. 10 Mechanism of cross-linking reaction of modified-PVAF and TPS.

### 3.4. Water wettability

The contact angles of TPS and the PVAF/TPS composites are shown in Fig. 9. TPS exhibited the lowest contact angle of  $46.36^\circ$ , whereas the surface of PVAF/TPS composites had higher contact angles. In particular, the contact angle of the composite reinforced with PVAF pre-soaked for 1.5 h exhibited the minimal water wettability, with an associated contact angle of  $66.25^\circ$ , which is nearly 65% higher than that of the original TPS ( $46.36^\circ$ ). This indicates that the pre-soaking treatment of PVAF in SHMP can form an effective chemical connection between the PVAFs and starch macromolecules, thus destroying some of the hydroxyl groups in the PVAFs and starch macromolecules, and thereby slightly reducing the water wettability of the PVAF/TPS composite. The contact angle of the sample soaked for 1.5 h was nearly 65% higher than that of the original TPS of  $46.36^\circ$ . Therefore, the surface water wettability of the PVAF/TPS composites is mainly related to the degree of cross-linking between the PVAFs and starch macromolecule through SHMP, and these properties are also in good agreement with the observed mechanical properties.

### 3.5. Reaction mechanism

To clarify the mechanism for the reinforcing effect of the modified PVAF, a schematic illustration of the typical fabrication process for the PVAF/TPS composites is shown in Fig. 10. The change of mechanical properties could be brought about by a combination of factors: (1) increased interfacial adhesion between the filler and the matrix, in this case, the local grafting SHMP around PVA fibers after pre-soaking reacts further with the starch macromolecule matrix, forms the main chemical attachment in the PVAF/TPS composites, and we also could take it as “crosslinking between PVAF and starch” in Fig. 10, which plays a key role in enhancing the mechanical properties based on our work; (2) the possible cross-linking between the fibers or the matrix macromolecules, in this case, the grafted PVAFs by SHMP can react with different PVAFs, which is shown in Fig. 10 as “crosslinking between PVAFs”; in addition, some free SHMPs maybe react with different starch macromolecules, and named “crosslinking between starch chains”, however, these possible reactions could not contribute significantly to the enhanced mechanical properties. Therefore, the effective crosslinked structure between PVAFs and the starch macromolecule matrix is the key mechanism for the reinforcing effect of pre-soaked PVAF in the PVAF/TPS composites.

## 4. Conclusions

In this study, the effect of SHMP-modified PVAFs on TPS is investigated. When the PVAFs are soaked in an 8% SHMP solution for 1.5 h, the tensile strength of the PVAF/TPS composites reaches 9.18 MPa, approached with the 11.88 MPa tested under the same condition of the commercial LDPE plastic produced by Sinopec Yangzi Petrochemical Co. Ltd. (Nanjing, China), indicating improved mechanical properties from the inclusion of SHMP-modified PVAF. In addition, the storage modulus of the 1.5 h ~ PVAF/TPS sample is the highest at a given temperature, and its glass transition temperature and apparent activation energy increase from  $37.36^\circ\text{C}$  and  $173.182\text{ kJ mol}^{-1}$  to a maximum of  $55.41^\circ\text{C}$  and  $349.944\text{ kJ mol}^{-1}$  because the SHMP is mostly coated on the surface of the PVAFs, which changes the surface structure of the fibers and contributes to the crosslinked structure between the fibers and the starch matrix. This study demonstrates that is possible to produce pre-soaked PVAF/TPS composites through traditional extrusion and injection molding with better mechanical properties and processability on a large scale. It is also possible for these composites to be used for packaging and catering, including for trays, lids, cutlery, cups, and straws.

## Conflicts of interest

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

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