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# Therapeutic lipid-coated hybrid nanoparticles against bacterial infections

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One of the most important health concerns in society is the development of pathogen-causing nosocomial infections. Since the first discovery of antibiotics, bacterial infections have been highly treatable. However, with evolution and the nondiscretionary usage of antibiotics, pathogens have also found new ways to survive the onslaught of antibiotics by surviving intracellularly or through the formation of obstinate biofilms, and through these, the outcomes of regular antibiotic treatments may now be unsatisfactory. Lipid-coated hybrid nanoparticles (LCHNPs) are the next-generation core-shell structured nanodelivery system, where an inorganic or organic core, loaded with antimicrobials, is enveloped by lipid layers. This core-shell structure, with multifarious decorations, not only improves the loading capabilities of therapeutics but also has the potential to improve therapeutic delivery, especially for targeting biofilm-based and intracellular bacterial infections. Although there has been significant interest in the development of LCHNPs, they have yet to be widely exploited for bacterial infections. In this review, we will provide an overview on the latest development of LCHNPs and the various approaches in synthesizing this nano-delivery system. In addition, a discussion on future perspectives of LCHNPs, in combination with other novel anti-bacterial technologies, will be provided towards the end of this review.

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## 1. Introduction

Microbial infection is one of the biggest threats to global public health today due to the rapid evolution of antibiotic resistant strains.<sup>1–3</sup> Increasingly, multidrug resistant pathogenic strains of bacteria are now routinely isolated from all parts of the world.<sup>4–7</sup> Pathogenic microorganisms, such as *Enterococcus*, *Staphylococcus* and *Pseudomonas*, are closely related species that are responsible for a wide variety of common bacterial infections. However, the widespread non-discretionary usage of antibiotics over the last 70 years has driven the emergence and prevalence of bacteria that exhibit drug resistant characteristics. This makes infectious diseases, which were once easily treatable, fatal again. In the United States alone, antibiotic resistance has led to more than two million infections and about 23 000 deaths each year, resulting in \$20 million of excess medical spending and \$35 billion in lost productivity annually.<sup>8–10</sup> In fact, it was recently projected that antibiotic resistant pathogens would cause more than 10 million deaths worldwide per year by 2050.<sup>11</sup> For instance, the eradication of certain

bacterial infections, such as methicillin-resistant *Staphylococcus aureus* (MRSA), still remains a challenge. Often, this is attributed not only to the complex pathogenic mechanisms in subverting the host's immune system, but also the cellular barriers and the formation of a biofilm that prevents antibiotics from reaching the foci of infection.<sup>12,13</sup> Without doubt, addressing drug resistant and tolerant microbes is now a major global health challenge, and this calls for an urgent need to revisit approaches that can effectively control bacterial infections, either through novel formulations, delivery systems or through the discovery of more effective next generation antibiotics.

Over the last few decades, drug-loaded nanoparticles, as therapeutic delivery platforms, have been extensively developed and evaluated to overcome the inherent shortcomings of current antibiotic treatments.<sup>14–19</sup> By protecting and delivering the antibiotic to the intended site of action, such delivery platforms are hypothesized to enhance effectiveness of the antibiotics, while potentially mitigating the emergence of drug-tolerant microbes. Of the myriad nano-delivery systems that have been reported for this purpose, most efforts have revolved around the use of liposomes,<sup>20–22</sup> polymeric nanoparticles,<sup>23–25</sup> dendrimers,<sup>26–28</sup> and inorganic nanoparticles (Fig. 1).<sup>29–31</sup> These studies have demonstrated that antimicrobial molecules loaded into such delivery nanoparticles, either through physical encapsulation or chemical conjugation, exhibited an improved pharmacokinetic profile and therapeutic index, as compared to their free drug counterparts. Nevertheless, there are also drawbacks with delivery systems, especially those that are

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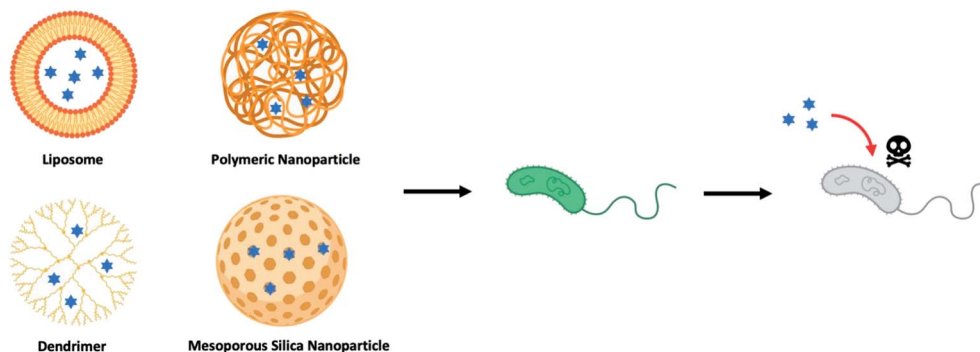


Fig. 1 Illustration of different types of nanoparticle-based drug delivery system to against bacterial strains (blue hexagrams represent antibiotics and other therapeutic antimicrobials).

composed of a single material (non-hybrid), such as low drug loading efficiency, premature drug release, and rapid clearance of these nanoparticles mediated by the mononuclear phagocyte system (MPS).<sup>32,33</sup> To overcome these challenges, hybrid nanoparticles that tap on the advantages of two or more material systems are therefore preferred. For instance, a hybrid nanoparticle may consist of a core polymer that encapsulates the drug, while its surface may be coated or functionalized with another material to avoid the MPS. Such hybrid delivery system, through a coating layer, could also suppress any initial drug release, while allowing for targeting of the infection site.

One novel progeny of a hybrid delivery system, that has been gaining much attention within the scientific community in the recent years,<sup>34–36</sup> is the lipid-coated hybrid nanoparticle (LCHNP). LCHNPs can be described as composing of an organic or inorganic nanoparticulate core that is coated with single or multiple layers of lipids – constituting of simple lipids (*i.e.* DOTAP), compound lipids (*i.e.* phospholipids), or derived lipids (*i.e.* cholesterol). Possessing a core-shell architecture, the LCHNP exhibit promising attributes as a versatile and robust therapeutic, such as a stable structural integrity with good biocompatibility, holding the ability to encapsulate lipophilic and hydrophilic therapeutic agents, can be designed for controlled release, and flexibility for functionalization to suit a specific application.

Earlier scientific reviews on lipid-polymer hybrid nanoparticles chiefly focus on the preparation of LCHNPs, either organic or inorganic cores, and their applications in drug and gene delivery specifically for cancer therapy.<sup>37–41</sup> As a contrast, this review aims to provide an up-to-date overview on the fabrication approaches of LCHNPs, before embarking on exploring how LCHNPs potentially can be exploited, as a therapeutic platform, for both intracellular and biofilm-mediated microbial infections. As a conclusion, this review will highlight the challenges and future perspectives of LCHNPs against infectious diseases.

## 2. Strategies to synthesize LCHNPs

As inferred from its name, LCHNPs consist of two or more material systems as building blocks (Fig. 2), whereby the core is

an organic or inorganic nanoparticle that is enveloped by a lipid layer. In some hybrid nanoparticulate systems, a polymeric/inorganic mesoporous core is chosen because of their excellent capabilities in encapsulating antibiotics. In other hybrid systems, a metallic core is preferred because of its other antimicrobial capabilities that are non-drug-related, *i.e.* ROS-generation, hyperthermia, *etc.* Payloads (*i.e.* antibiotics, antimicrobial peptides, RNA, *etc.*) can be encapsulated or associated in either the core or lipid layer, or, in some cases, both, depending on the construct of the hybrid nanoparticle. The lipid layer behaves as a molecular barrier that mitigates the loss of the entrapped agents (*i.e.* drugs) during fabrication while protecting the core from degradation in any physiological environment.<sup>42</sup> Given the unique structure of this hybrid system, this review shall commence by highlighting some key strategies in the preparation of LCHNPs. In general, fabrication of LCHNPs can be achieved through two distinctive approaches: (1) a multi-step process whereby the nanoparticle core and lipid shell are prepared separately;<sup>43–46</sup> or (2) a single-step process.<sup>47–50</sup> The latter is often obtained through a one-pot emulsion-solvent-evaporation (ESE) or through a nanoprecipitation method. In this review, only the most widely employed approaches will be discussed, along with several recent representative examples of each fabrication method.

### 2.1. Multi-step fabrication approaches

**2.1.1. Lipid-coated nanoparticles.** Typically, simple lipid-coated LCHNPs with either organic or inorganic core could be fabricated at a laboratory scale by using a lipid thin-film hydration method. Various studies on LCHNPs using this method are listed in Table 1. For LCHNPs with organic nanoparticulate cores, the two main components are first prepared separately. More specifically, the polymeric core is usually prepared through ESE or the nanoprecipitation methods, while the lipid thin-film is usually prepared by solvent evaporation of a lipid-containing organic solvent in a rotary evaporator. The core-shell structure is then obtained through direct hydration of the lipid thin film within the nanoparticle dispersion (*i.e.* film-rehydration method). Alternatively, it can also be prepared by fusing the preformed nanoparticles with lipid vesicles, followed by vortexing or sonication to achieve self-assembly of the



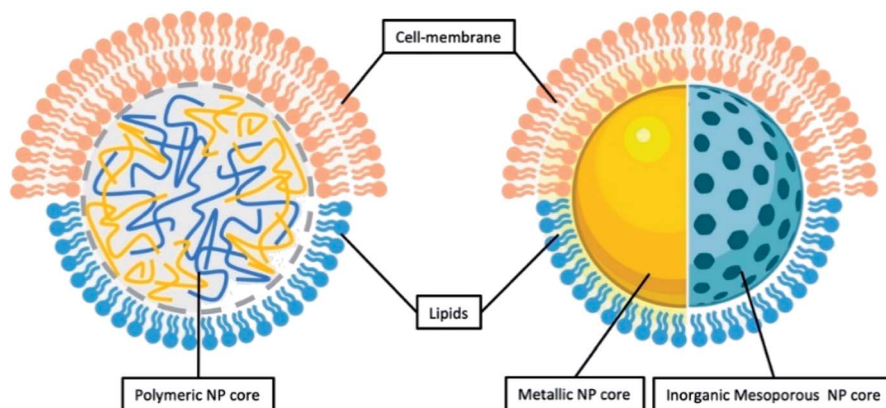


Fig. 2 General illustration of core-shell structure of LCHNP demonstrating either polymeric NP or inorganic NP could be coated with either lipids or cell-membrane.

lipids onto the nanoparticle surface through electrostatic or van der Waals interactions (vesicle-fusion method) (Fig. 3). The final LCHNPs could subsequently be harvested from any excessive, non-adsorbed lipids by centrifugation. For LCHNPs with

inorganic cores, coating with lipids could be achieved similarly by using the vesicle-fusion or film-rehydration method to coat bare inorganic nanoparticles, so as to generate a symmetrical lipid bilayer on the inorganic nanoparticle surface.

Table 1 Fabrication of lipid-coated NPs using two-step method

Core	Shell	Loaded agents	Remarks
<b>Fusion of NPs and liposomal vesicles</b>			
PLGA NP	DOTAP	pDNA	The delivery system increased transfection efficiencies compared to free DNA. It is the first time to present NP carrying IL-12 to be efficient in gene delivery to liver cancer cells in the presence of a very high concentration of serum <sup>51</sup>
CHOL-grafted PAMAM NP	DOTAP, DOPE, CHOL	siRNA	The core-shell nanoparticle carrying siRNA exhibited stronger downregulation of EGFR protein expression level in MCF-7 cells <i>in vitro</i> and the greatest inhibition on tumour growth <i>in vivo</i> <sup>44</sup>
PLGA NP	DOTAP, CHOL	BSA	The lipid shell not only promoted <i>in vitro</i> cellular uptake of hybrid NPs, improved the stability and protected the integrity of the hybrid structure during long-term storage <sup>52</sup>
PLGA NP	DOTAP, CHOL	HspX/EsxS protein	This delivery system has a good potential to enhance immune responses against HspX/EsxS antigen after subcutaneous immunization of BALB/c mice <sup>53</sup>
Silver NP	POPS	—	The coating presented excellent inhibition of Gram-positive and Gram-negative bacteria growth and reduced inflammatory response from bone marrow derived macrophages <sup>54</sup>
Gold NPs	PC, PS	—	LCHNP-based methods allow for highly sensitive detection of protein-induced membrane apposition under conditions that minimize large-scale aggregation <sup>55</sup>
MgP NP	DOTAP, CHOL	CAT	This LCHNP carrying CAT protected MCF-7 cells from lethal level of exogenous H <sub>2</sub> O <sub>2</sub> and lowered the ROS levels in EA.hy 926 cells <sup>56</sup>
PS NP	DOTAP, CHOL, DOPC, and DSPE-PEG-2000	—	The lipid envelopes enable the diffusion of LCHNPs into the mucus layer and promote the interaction of LCHNPs with a bacterial biofilm <sup>57</sup>
<b>Re-hydration from lipid thin-film</b>			
CS-TPP NP	Egg PL, CHOL and DPPE	Moxifloxacin	The mean residence time, area under the curve, apparent permeability coefficient of LCHNPs were up to 6.74-fold, 4.29-fold, and 3.29-fold higher than commercials <sup>45</sup>
CS NP	Egg PL, RHL, CHOL and DSPE-PEG-2000	CLR	The CLR-loaded LCHNP exhibited excellent eradicating ability to <i>H. pylori</i> biofilm <sup>58</sup>
PLGA NP	DSPC, DSPE-PEG-Mal and CHOL	ATRA	It firstly reported that LCHNP conjugated with CD133 aptamers showed a sustained release of ATRA, presented efficiently and specifically ATRA delivery to osteosarcoma initiating cells, and achieved superior therapeutic efficacy <sup>59</sup>
MSN	PL and CHOL	HCPT	This HCPT-LCHNP had stronger inhibitory effects on hepatocellular carcinoma cells compared with free HCPT, providing an effective strategy for delivering poorly-soluble anticancer drugs <sup>60</sup>
MSN	Soybean PL, CHOL and PEG-2000	PTX, CUR	The co-delivery LCHNP system enabled the intravenous administration of hydrophobic drugs, and sustained released trend showed strong cytotoxic effect against breast cancer cells <sup>61</sup>



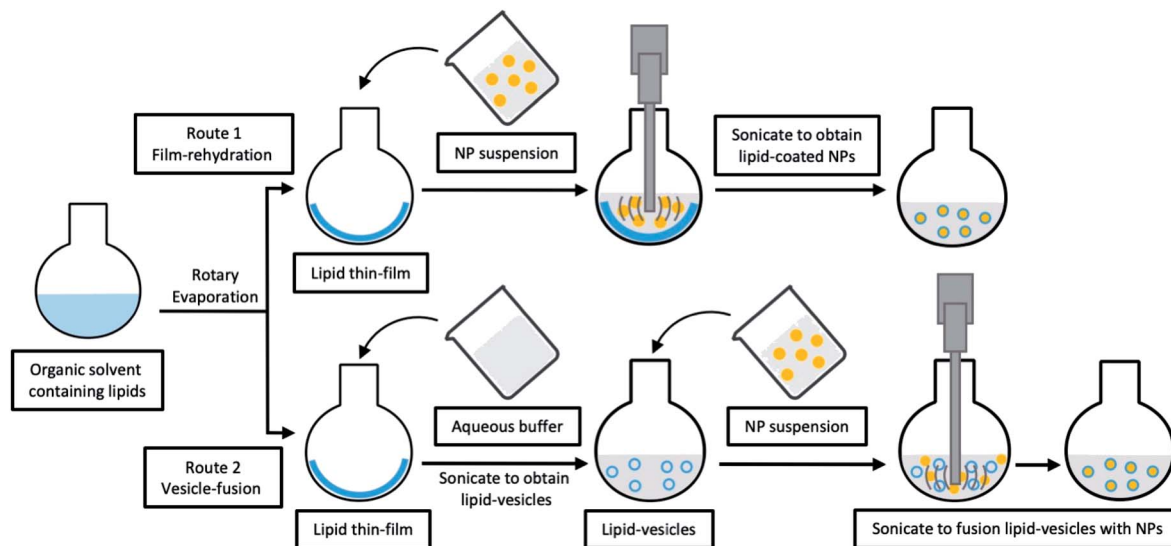


Fig. 3 Schematic illustration of typical multi-step fabrications for LCHNPs. Route 1, film-rehydration method, where the core-shell structure is obtained through direct hydration of the lipid thin film within the NP dispersion; route 2, vesicle-fusion method, where the core-shell structure is obtained by fusing the preformed NP into lipid-vesicles.

**2.1.2. Cell-membrane coated nanoparticles.** Consistent with the idea of fusing nanoparticles with lipid vesicles to form a core-shell structure, another category of LCHNPs using cellular membranes as the lipid coating, has recently also generated interest.<sup>62–66</sup> Lipids from cellular membranes constitute 50% of the mass, with phospholipids being the most abundant.<sup>67</sup> Membrane lipids typically form bilayers, complexed with membrane proteins and other components. Membrane lipids have thus been exploited to produce cell-membrane coated nanoparticles (*i.e.* cell-membrane coated LCHNPs). More specifically, these LCHNPs, with the same composition and functional moieties as cells, could easily penetrate biological barriers (*i.e.* blood-brain barrier), while promoting longer blood circulation half-lives.<sup>68,69</sup> More importantly, the use of cellular membrane as a lipid coating, voids the need of subsequent surface functionalization of the nanoparticles, *e.g.* conjugation of ligands, as cell membranes already possess functional moieties from the original cell.<sup>62,70</sup>

Unlike vesicle-fusion and film-rehydration methods, the preparation of cell-membrane coated nanoparticles involves an additional step of extracting membrane vesicles from cells (Fig. 4).<sup>71</sup> Another point for consideration is that cell membrane

extraction procedures are highly dependent on the cell source.<sup>72</sup> For instance, to obtain bioactive cell membrane from nucleus-free cells (*e.g.* Red Blood Cells), the cells have to be first isolated from whole blood, which are then lysed with either a hypotonic treatment or a repeated freeze-thaw process, before extruding through polycarbonate membranes using nanosized pores to obtain purified vesicles. It is noted that the extraction and purification of membrane vesicles from eukaryotes (*e.g.* leukocytes), compared with nucleus-free cells, are more complicated. The harvested cells are then lysed through hypotonic treatment combined with mechanical membrane destruction, followed by the removal of the intracellular components (*e.g.* nucleus) by discontinuous sucrose gradient centrifugations. The final ideal vesicles are finally obtained by washing and extrusion. A list of different nanoparticulate cores coated with cell-membrane from various source cells is shown in Table 2. From this list, this recently developed strategy has demonstrated to be effective for surface functionalization of nanoparticles.

## 2.2. Single-step fabrication approaches

Multi-step approaches are limited by the separate preparation of the core nanoparticles and lipid vesicles/cell membrane

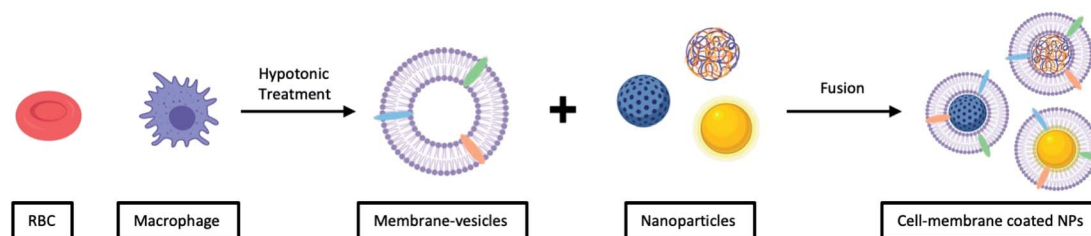


Fig. 4 Typical preparation of cell-membrane coated NPs. Cell-membrane-derived vesicles are collected from either nucleus-free cells or eukaryotes and then coated onto various types of NPs.



Table 2 Fabrication of cell-membrane coated NPs

Core	Source cell	Loaded agents	Remarks
PLGA NP	Red blood cell	DOX	The LCHNP efficiently deliver DOX to solid tumour sites for significantly increased tumour growth inhibition compared with conventional free drug treatment <sup>73</sup>
PLGA NP	Platelets	RAP	The plates-coated NP displayed 4.98-fold greater radiant efficiency than control in atherosclerotic arterial trees, indicating its effective homing to atherosclerotic plaques <i>in vivo</i> . NP loading RAP significantly attenuated the progression of atherosclerosis and stabilized atherosclerotic plaques <sup>74</sup>
PLGA NP	Gastric epithelial cell (AGS cell)	CLR	The AGS-NPs preferentially accumulate on the <i>H. pylori</i> surfaces <i>in vitro</i> . The CLR-loaded AGS-NPs demonstrate superior therapeutic efficacy in a mouse model of <i>H. pylori</i> infection than free CLR <sup>75</sup>
PCL and Pluronic F68 NP	4T1 Breast cancer cell	PTX	The LCHNP achieved specific targeting of homotypic tumours or metastatic nodules in the lung. It further demonstrated a remarkable anti-tumour and metastasis efficacy, not only in the orthotopic transplantation tumour models but also in the advanced metastasis mice models <sup>76</sup>
PPCS, PPIp NP	Mouse peritoneal macrophage	PTX	The designed macrophage-membrane-coated nanoparticle showed enhanced penetration efficiency on tumour cells, the loaded PTX was quickly released from the nanoparticles in response to the endosome pH. It exhibited an enhanced therapeutic effect inherited from both membrane-derived tumour homing and step-by-step controlled drug release <sup>77</sup>
PCPDTBT and PEG- <i>b</i> -PPG- <i>b</i> -PEG NP	Activated fibroblast cell	—	The cell-membrane coated NP specifically target cancer-associated fibroblasts, leading to enhanced tumour accumulation. It generates enhanced cytotoxic heat and single oxygen to exert combinational photo-thermal and photo-dynamic therapy <sup>78</sup>
Gold NP	<i>Escherichia coli</i>	—	The bacterial membrane-coated NPs induced rapid activation and maturation of dendritic cells in the lymph nodes of vaccinated mice. It generated strong Th1 and Th17 biased cell responses against the source bacteria <sup>79</sup>
Gold nanocage	4T1 Breast cancer cell	DOX	The LCHNP exhibit a stimuli-release of DOX under the hyperthermia and a high cell-specific targeting of the 4T1 cells <i>in vitro</i> . The therapy with about 98.9% and 98.5% inhibiting rates of the tumour volume and metastatic nodules is observed in





Table 2 (Contd.)

Core	Source cell	Loaded agents	Remarks
Gold–silver nanocage	Macrophage	—	the 4T1 orthotopic mammary tumour models <sup>80</sup> The membrane-coated nano-system targets bacteria more efficiently. It retained at the infection site and showed greatly prolonged circulation time and excellent biocompatibility <sup>81</sup>
MSNC	Macrophage	DOX	The MSNC greatly increase the loading capacity for DOX. The macrophage-coated MSNC not only offer camouflage function, but also provide active targeting ability due to surface proteins <sup>82</sup>

vesicles, and are likely to be less cost effective. In addition, there is always the possibility of drug leakages, especially for hydrophilic agents, during the assembly process. To improve on these drawbacks, single-step approaches have been improvised to synthesize LCHNPs, of which several of such approaches will be highlighted here.

**2.2.1. Emulsification-solvent-evaporation method.** The ESE method, as the most common fabrication method of polymeric nanoparticles, is based on the emulsification of a water-immiscible organic solution in an aqueous phase.<sup>83</sup> This process is typically carried out in the presence of surfactants and under high-shear forces. After the formation of an emulsion, evaporation of the organic solvent results in precipitation of the polymer and thus nanoparticle formation. This method can be further sub-classified into single and double emulsification methods,<sup>84–86</sup> as illustrated in Fig. 4. An oil-in-water (o/w) single ESE method is suitable for loading hydrophobic agents.<sup>87</sup> In this method, the o/w emulsion is formed when the organic phase containing the polymer, the lipid and the payload is mixed with an aqueous phase under ultra-sonication or constant stirring. Depending on their amphiphilicity, the lipids could be either dissolved in the organic or aqueous phase. During evaporation of the organic solvent, the polymer core is formed with the lipids assembling around the polymer core concomitantly (Fig. 5A). For example, in the formulation developed by Bose *et al.*,<sup>88</sup> PLGA and lipids were dissolved in DCM, before adding slowly into an aqueous PVA solution under continuous stirring. The final core-shell structured nanoparticles are then formed with the removal, *i.e.* evaporation, of the organic solvent. Recently, our group developed a series of LCHNPs loaded with hydrophobic or amphiphilic antibiotics using the single o/w emulsion *via* ESE method, in which the PLGA nanoparticle was coated with a cationic DOTAP lipid shell.<sup>89</sup> On the other hand, water-in-oil-in-water (w/o/w) double emulsions have mostly been used for the entrapment of hydrophilic small molecules, nucleic acids and antibiotics.<sup>90</sup> In this case, the aqueous solution of hydrophilic agents was first emulsified with an organic solvent containing polymer and

lipid to form a primary w/o emulsion. Next, a w/o/w double emulsion is generated when the primary emulsion is emulsified again with an aqueous phase, followed by subsequent organic solvent evaporation to yield hydrophilic drug-loaded LCHNPs (Fig. 5B).

**2.2.2. Nanoprecipitation method.** A typical nanoprecipitation method usually requires that the hydrophobic payloads and polymer are dissolved together in a water-miscible organic solvent, with the lipid dissolved in an aqueous phase.<sup>91,92</sup> Compared with the aforementioned ESE method, the biggest difference is the need to heat the lipid-containing aqueous solution beyond its gel-to-liquid transition temperature in order to achieve a homogeneously dispersed liquid crystalline phase.<sup>41</sup> After dropwise addition of the polymer into the lipid under continuous stirring, the lipids will self-assemble onto the polymer nanoparticles *via* hydrophobic interactions. The hydrophobic tails of the lipids are attached to the polymer core, while the hydrophilic head is affiliated to the external aqueous surrounding, thus leading to the formation and stabilization of LCHNPs (Fig. 6A). Ahmaditabar *et al.* synthesized *N*-Acetyl Cysteine (NAC) loaded LCHNPs using this nanoprecipitation method.<sup>93</sup> Here, an acetonitrile solvent containing PLGA and NAC was added dropwise to a preheated 4% ethanol aqueous solution containing lecithin under gentle stirring. Next, the mixture was vortexed vigorously, followed by continuous stirring to evaporate organic solvent and finally obtaining the resulting LCHNPs by centrifugal filtration. As a further development of the nanoprecipitation method in advanced LCHNPs fabrication, macro-scale devices, called Multi-Inlet Vortex Reactors (MIVRs), can be used.<sup>94–96</sup> The device can be made with either two or four radially symmetric inlets that lead into a circular reaction chamber (Fig. 6B). Rapid nanoprecipitation, with high production and improved size homogeneity, can be achieved to form polymeric particles with an organic phase containing the polymer, and an aqueous phase acting as the anti-solvent is added into separate inlets. Using this device, Fang *et al.* demonstrated large-scale reproducible LCHNPs production rate of 10 g per hour.<sup>97</sup>



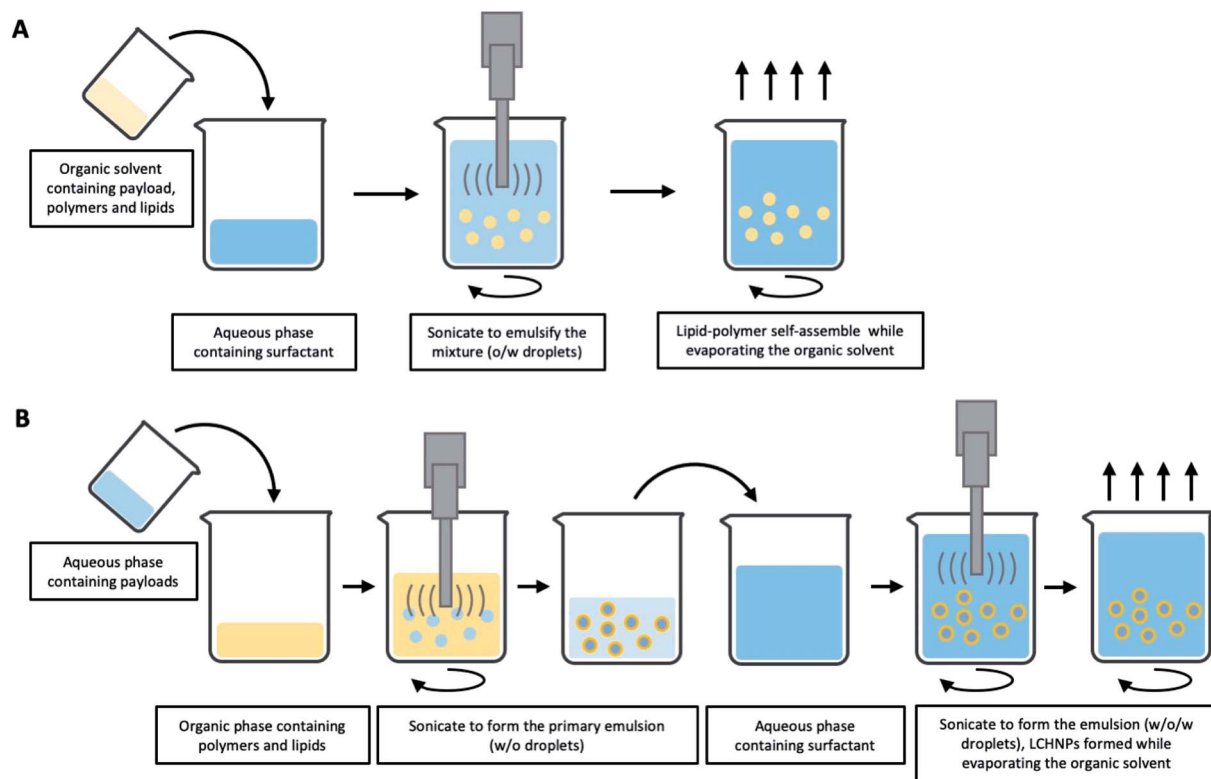


Fig. 5 Schematic illustration of typical emulsification-solvent-evaporation method for LCHNPs. (A) An o/w single emulsion formulation is suitable for loading hydrophobic agents, where the emulsion is formed when the organic phase (polymer, lipid and payload) is emulsified with an aqueous phase (surfactant). (B) A w/o/w double emulsion is used for the entrapment of the hydrophilic payloads, where the aqueous solution (hydrophilic agents) is firstly emulsified with an organic solvent (polymer and lipid) to form a primary w/o emulsion, then a w/o/w double emulsion is generated when the primary emulsion is emulsified again with an aqueous phase (surfactant).

**2.2.3. Chemical conjugation method.** For certain lipid-coated inorganic nanoparticles, a chemical synthesis approach is available to introduce the lipid, based on the hydrophobic interaction with a pre-formed coating layer of various compositions to produce a hybrid lipid bilayer. Luchini *et al.* successfully achieved the reduction of aqueous metallic precursor in the presence of cationic lipids to fabricate lysophosphocholine (LPC)-coated SPIONs.<sup>98</sup> Briefly, a cyclohexane

dispersion of SPIONs pre-coated with oleic acid and oleylamine molecules was added to an aqueous solution containing LPC molecules, thus producing a biphasic system. Following sonication, cyclohexane was evaporated and the SPIONs were transferred into the aqueous phase where they are stabilized by the LPC coating. Hence, a hybrid lipid bilayer composed of oleic acid and oleylamine inner leaflet and LPC outer leaflet was formed on the SPIONs surface. This approach was further

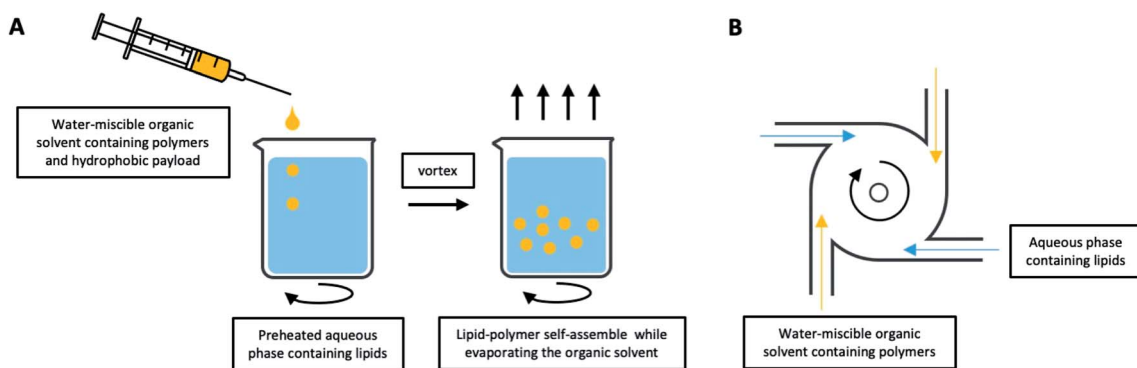


Fig. 6 LCHNPs preparation using nanoprecipitation. (A) Schematic illustration of typical nanoprecipitation. The polymer-contained organic solution is dropwise added into the preheated lipid-contained aqueous phase under continuous stirring, the lipids will self-assemble onto the NPs. (B) An improved nanoprecipitation method using MIVRs for large-scale production of LCHNPs.



improved to produce stable LPC-coated AuNPs.<sup>99</sup> Additionally, using nanoparticle-bound alkanethiols to anchor outer leaflet phospholipids based on the interactions between hydrophobic chains has been another popular route for encapsulating inorganic nanoparticles within lipid layers. It can be exemplified by sequential addition of POPC : POPS (70 : 30) liposomes and propanethiol to freshly synthesize AuNP, to produce a hybrid lipid bilayer in a single step. The thiol groups of the propanethiol molecules form a first coating layer on the AuNP surface, followed by the self-assembling of POPC and POPS phospholipids to form a second amphiphilic layer.<sup>55</sup>

In summary, the multi-step methods in preparing LCHNPs are more widely reported and are generally employed in lab-scale research. However, the drawbacks in preparing lipids/cell-membrane vesicles and NPs separately, renders this method far from efficient in terms of time and resources and this could possibly limit the clinical translation of these promising LCHNPs for treating infectious diseases. Although the one-step method for preparing LCHNPs overcomes the shortcomings of the multi-step processes, it is still unable to meet the large-scale production requirements for clinical usage.

### 3. LCHNPs as therapeutic delivery system against bacteria-derived diseases

Bacteria can become resistant or highly tolerant to antibiotics through different mechanisms.<sup>100</sup> While antibiotic resistance is typically caused by inherited mutations stemming from diverse molecular mechanisms, non-inherited antibiotic tolerance is induced by phenotypic switching (*e.g.* reduced growth rate/metabolism) of a subpopulation of bacteria surviving in biofilms and/or within the host cells.<sup>101,102</sup> Exploiting host cells as a shield against antibiotic appears to be one of the most effective evasion strategy. In fact, many severe, chronic and recurrent infections are mediated by biofilm bacteria or pathogens that persist intracellularly.<sup>103,104</sup> The persistence of intracellular pathogens is not solely due to metabolic dormancy, but that intracellular lifestyle shield the pathogens from antibiotics owing to poor drug penetration and retention, as well as decreased intracellular drug activity.<sup>105</sup> Such a tactic is commonly employed by many pathogens responsible for healthcare-associated and community-acquired infections, such as *Mycobacterium tuberculosis*, *Escherichia coli*, *Listeria monocytogenes*, *Salmonella enterica*, *Enterococcus faecalis*, *Staphylococcus aureus*, *etc.*, in both wound and surgical-related infections.<sup>103,106,107</sup> This mechanism is particularly relevant since most antibiotics are precluded from entering or are poorly retained by the host cells. Even if compounds do penetrate the host cells, they will either be rapidly degraded by the lysosomal acids or enzymes within the endolysosomes, or their concentration does not reach therapeutic levels for sufficient duration.<sup>108,109</sup> When residing in the host cells, intracellular bacteria may also reduce their growth rate to lower their susceptibility to antibiotics.<sup>103,110</sup> All these make eradication of intracellular pathogens extremely challenging. Of greater clinically

significance is that intracellular pathogens can propagate inside phagocytic (*i.e.* macrophages, neutrophils, *etc.*) and non-phagocytic cells (*i.e.* fibroblasts, enterocytes, keratinocytes, hepatocytes, *etc.*),<sup>108</sup> leading to the spread of infection even during antibiotic therapy.<sup>103,111</sup> As such, the shielding effect conferred by the host cells has not only led to numerous chronic and recurrent infections, such as tuberculosis, urinary tract infections, pulmonary infections, endocarditis, atopic dermatitis, *etc.*, but also contributed to the enrichment of antibiotic resistant strains during prolonged antibiotic treatment.<sup>104</sup>

#### 3.1. Intracellular bacterial infections

Regular pathogenic bacteria usually would be recognized and engulfed by professional phagocytes (*i.e.* macrophages), kept in a bubble-like structure – phagosome within the cytoplasm. This bacteria-harboring phagosome then fuses with a lysosome, becoming a “phagolysosome”, where the lysosome provides enzymes and drastically lowers the internal pH to break down the contents (Fig. 7A).<sup>112</sup> However, certain intracellular bacterial pathogens, such as *Mycobacterium tuberculosis*,<sup>113,114</sup> *Salmonella enterica*,<sup>115</sup> and *Klebsiella pneumoniae*,<sup>116</sup> develop various defence mechanisms to escape the phagocytosis pathways or remain viable in the phagolysosomes, which is the case for infectious diseases, such as tuberculosis,<sup>117</sup> listeriosis,<sup>118</sup> and salmonellosis.<sup>119</sup>

Recent research demonstrated that *Klebsiella pneumoniae* can promote the activation of Akt to arrest phagosome maturation, avoiding fusion into lysosomes, thus creating a *Klebsiella*-containing vacuole to survive intracellularly (Fig. 7B, route 1).<sup>120</sup> Similar mechanisms are also observed in the phagocytosis pathways of *Salmonella typhimurium* and *Mycobacterium tuberculosis*.<sup>121</sup> Previously considered as an extracellular bacterium, *Staphylococcus aureus* has also been shown to invade and survive in either professional or non-professional phagocytes, including keratinocytes, endothelial cells, epithelial cells, fibroblast and osteoblasts.<sup>122–125</sup> The adhesion of *Staphylococcus aureus* to the host cell surface could lead to cytoskeletal rearrangement, allowing *Staphylococcus aureus* to move into cells and even replicate within the acidic phagolysosome (Fig. 7B, route 2).<sup>126</sup> Other studies report that other bacteria could escape from the phagocytic vacuole into the cytosol.<sup>127</sup> In the case of intracellular *Listeria monocytogenes* infection, pores can be formed in the vacuole membrane to release phospholipases to disrupt the vacuole membrane (Fig. 7B route 3). Once in the cytosol, *Listeria monocytogenes* will induce the polymerization of host actin filaments and the force generated by actin polymerization allow them to move into neighbouring cells resulting in a productive infection.<sup>128</sup> Similar routes to infection is adopted by *Shigella flexneri*,<sup>129,130</sup> *Salmonella enterica*,<sup>131</sup> and *Mycobacterium tuberculosis*.<sup>132</sup>

Thus, while professional phagocytes not only serve to eradicate intracellular pathogens, ironically it also provides a reservoir of latent infection representing a significant barrier to antibiotic treatment. Phagocytes harbouring such pathogens, acting as “Trojan Horses”, allow those intracellular pathogens to establish secondary infection foci, thus causing recurrent





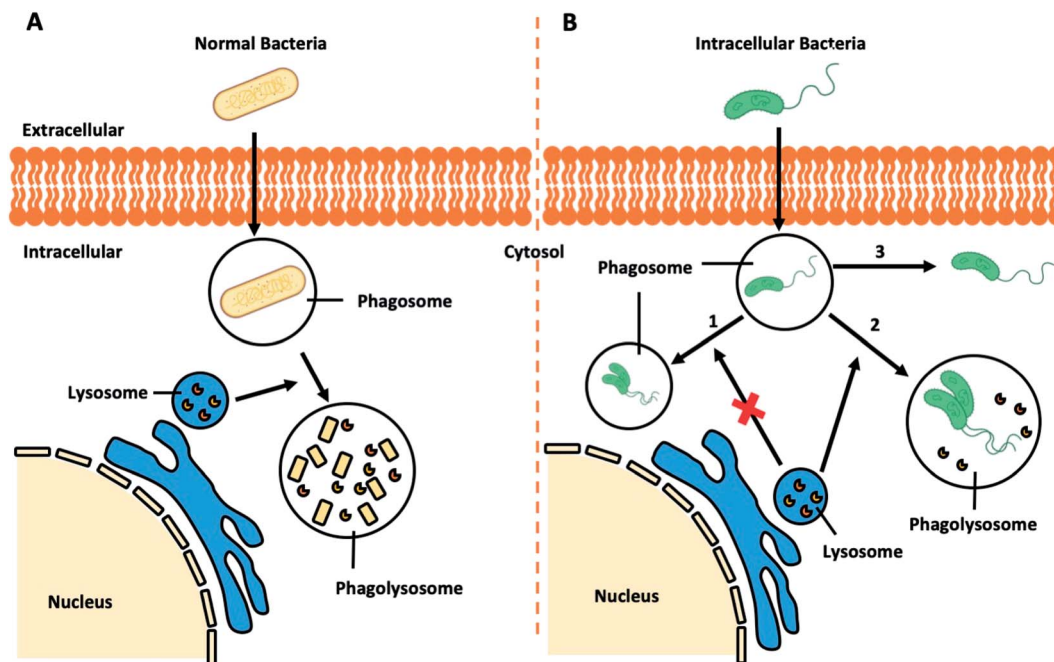


Fig. 7 Schematic illustration of (A) bacteria-involved phagocytosis and (B) resistance mechanisms developed by certain intracellular pathogens.

systemic infections.<sup>133,134</sup> In such a situation, a delivery system, *e.g.* LCHNPs, that allows antibiotics to target intracellular infections would serve to be extremely beneficial. Theoretically, LCHNPs can either passively accumulate at the infection foci, or actively target the pathogen and macrophages. More importantly, upon macrophage phagocytosis, the nanoparticle shares the same pathway as pathogens, thus allowing the payloads to be delivered into the infected cells, thereby enhancing the penetration and permitting the release of therapeutics within these cells. To achieve this, the lipid coating on drug-loaded nanoparticles has emerged as an important step to not only promote colloidal stability, and to also provide a means for intracellular delivery of the payload. Diverse LCHNPs have been developed and employed recently for the delivery of therapeutics to intracellular pathogens.

**3.1.1. Using lipid-coated inorganic core LCHNPs.** In recent years, mesoporous silica nanoparticle (MSN), due to its high surface area and large pore volume and its versatility to achieve stimuli-responsive drug release, have attracted wide public attention as a drug delivery system. However, the therapeutic efficacy of antibiotic-loaded MSNs is limited by its non-specific targeting and poor cellular permeability. To improve the efficiency of antibiotic delivery and targeting specificity, Yang *et al.* reported a unique gentamicin-loaded MSNs coated with bacteria toxin-responsive lipid bilayers that is decorated with the bacteria-targeting peptide, UBI<sub>29-41</sub>.<sup>135</sup> Briefly, in their work, MSNs were pre-synthesized by co-condensation using TEOS as silica source, which were then modified with AEPTMS to obtain amine function group. The MSN-NH<sub>2</sub> was further mixed with gentamicin by infusing the drug into the pores to yield Gen@MSNs. The liposome was separately prepared with DOPC, DOPE, CHOL and 18 : 0 PEG-2000 PE, using a lipid film-

rehydration method and further modified with UBI<sub>29-41</sub> (LU). The Gen@MSN-LU was assembled by vesicle-fusion method of these two components (Fig. 8A). The core-shell structure would prevent premature release of gentamicin and its shell, once at the infection foci, will be degraded by bacterial toxins to achieve rapid release of gentamicin (Fig. 8B). In their subsequent anti-microbial studies, the Gen@MSN-LU efficiently targeted *Staphylococcus aureus* from *in vitro* studies, and effectively inhibited bacteria growth in an intracellular-infected *in vivo* mouse model.

Naked gene therapeutics, such as small interfering RNA (siRNA), are proving to be highly promising but are limited by their short half-lives, and they need to be localized sub-cellularly to be functional. In view of this, a variety of nanoparticle delivery vehicles are explored to protect these oligonucleotides for intracellular delivery. Despite the use of delivery systems, it was reported more than 70% of siRNA payload would still be excreted extracellularly by cells, with most degraded in lysosomes; and typically, only less than 2% of the administered siRNA could escape the early endosomal pathway to potentially undergo RNA interference. In order to increase the quantity of RNA delivered, Kim *et al.* presented fusogenic liposomal-coated porous silicon nanoparticles, functionalized with a targeting peptide, for siRNA delivery (Fig. 9).<sup>136</sup> Prepared with DMPC, DSPE-PEG, and DOTAP, the fusogenic thin-film was rehydrated within an aqueous calcium chloride solution containing pre-synthesized siRNA-loaded porous silicon nanoparticles. The final fusogenic liposomal siRNA-pSiNPs were obtained by subsequent co-extrusion through polycarbonate membrane. The fusogenic liposome, through membrane fusion mechanism, made it possible for hydrophilic payloads siRNA to be released directly from the nanoparticulate core into the cell



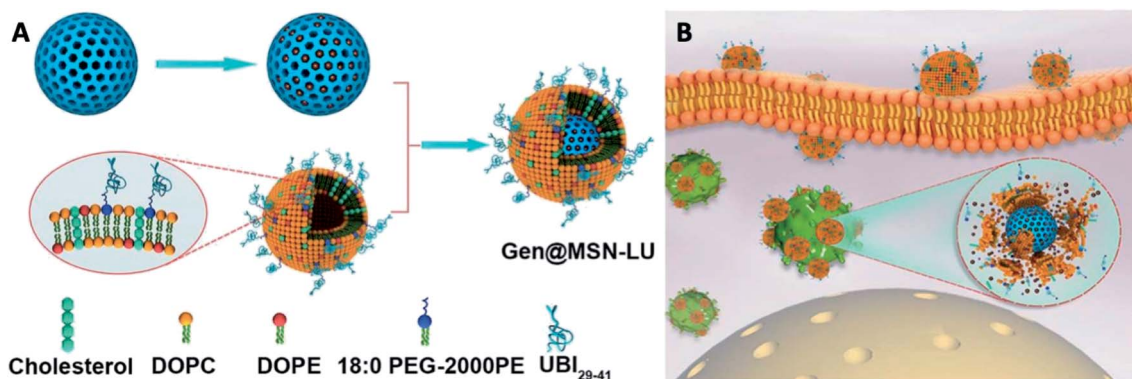


Fig. 8 (A) Fabrication route of Gen@MSN-LU. (B) Schematics of possible antimicrobial mechanism in phagocytic cells, where the liposomes outer layer can be degraded by the bacterium-secreted toxins, leading to the gentamicin release (adapted with permission from Yang *et al.*, 2018.<sup>135</sup> Copyright © 2018, American Chemical Society).

cytoplasm. This dramatically increased the probability that siRNAs could reach the perinuclear region to undergo RNA interference, by entirely avoiding endocytosis. Their study demonstrated *in vivo* gene silencing immunotherapy for intracellular infection using a LCHNP delivery system. This macrophage-targeting fusogenic liposomal siRNA-pSiNPs provided a significantly high siRNA knockdown efficiency *in vitro*, which subsequently showed a strong therapeutic efficacy in terms of full recovery from a lethal dosage against intracellular *Staphylococcus aureus* infection in mice.

### 3.1.2. Using cell membrane-coated organic core LCHNPs.

Notably, Gao *et al.* reported an active-targeting delivery platform established by using cell membrane-coated nanoparticles, which demonstrated promising prospects on intracellular

pathogen-associated infections.<sup>137</sup> More specifically, it is based on a phagocytosis mechanism of phagocytes that a rapid detection and clearance will be activated when a phagocyte is re-exposed to the same pathogen type. By fusing the membrane vesicles derived from *Staphylococcus aureus* secreted extracellular vesicles (EVs) with antibiotic preloaded PLGA nanoparticles, they developed membrane-coated polymeric nanoparticles, followed by the utilisation of these LCHNPs as fake *Staphylococcus aureus* to eliminate intracellular *Staphylococcus aureus* (Fig. 10). Hence, it can be found that an outer coating with *Staphylococcus aureus* EVs showed an active targeting property towards *Staphylococcus aureus*, which was confirmed by an *in vitro* study. Furthermore, these LCHNPs, when administrated intravenously into *Staphylococcus aureus*-

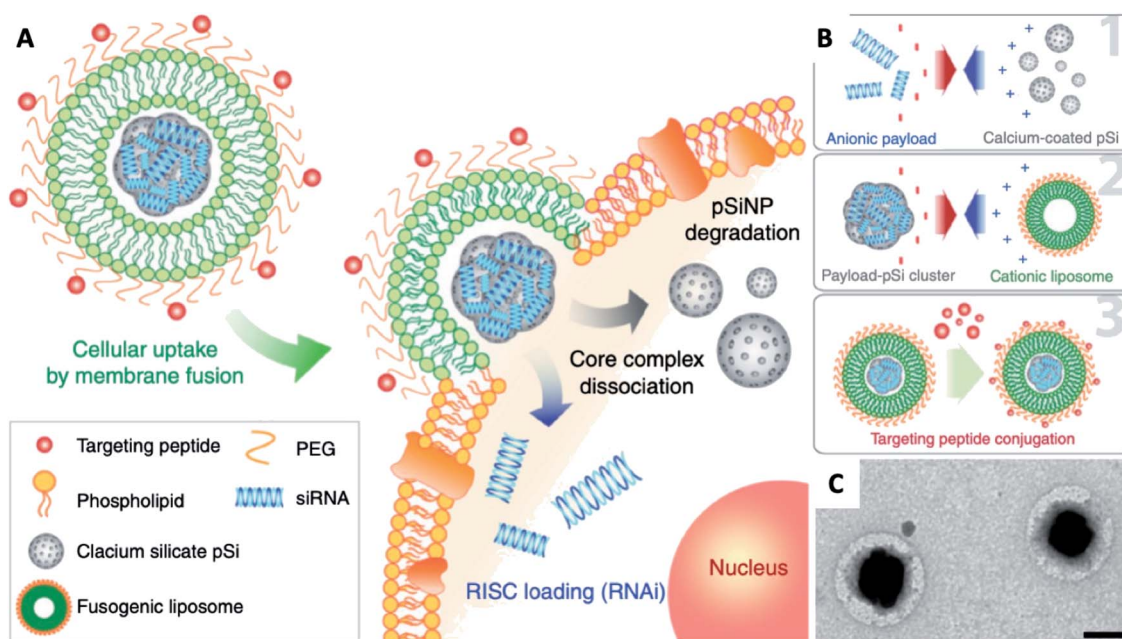
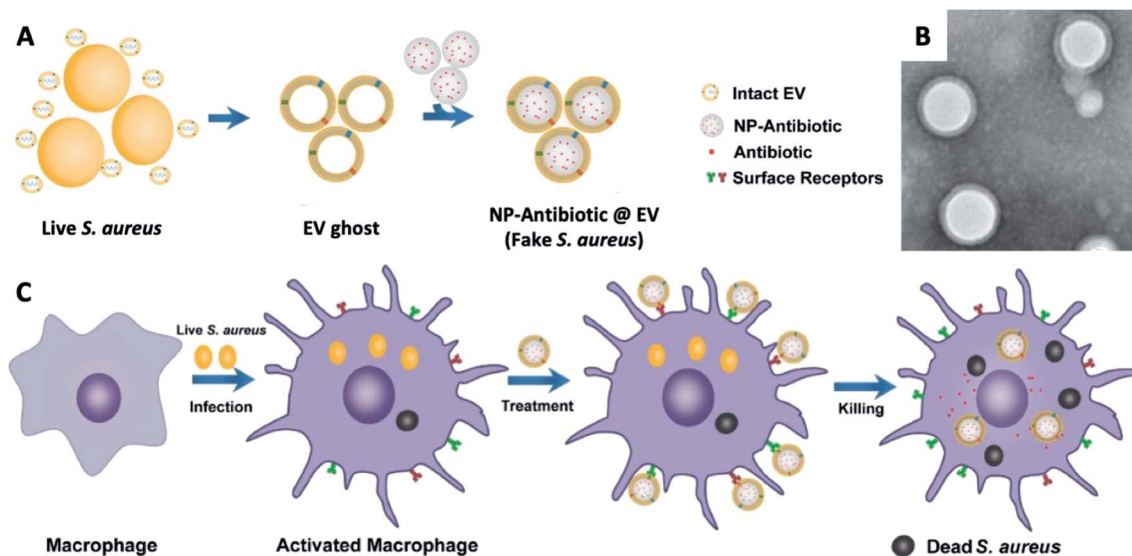


Fig. 9 Fusogenic pSi NP system. (A) Schematic showing mode of action of the fusogenic pSiNP. (B) Schematic showing nanoparticle synthesis, including (1) siRNA encapsulating into MSNs; (2) coating with cationic liposome; and (3) conjugation of targeting peptides. (C) TEM image of final LCHNP constructs (reprinted with permission from Kim *et al.*, 2018.<sup>136</sup> Copyright © 2018, Springer Nature).





**Fig. 10** (A) Schematic illustration on the preparation of NP@EV, by fusing the derived membrane vesicle of the extracellular vesicles secreted by *Staphylococcus aureus* over the surface of NPs. (B) TEM of *Staphylococcus aureus* – EV coated NPs. (C) Exposure of a macrophage to a *Staphylococcus aureus* leads to phagocytosis and consequent antigen presentation, and re-exposure of the phagocyte to the same pathogen type (*Staphylococcus aureus* – EV coated NPs) leads to rapid pathogen detection and clearance (adapted with permission from Gao *et al.*, 2019.<sup>137</sup> Copyright © 2019, American Chemical Society).

harbouring mouse models, actively targets infected organs and significantly improved efficacy of the cargo in alleviating *Staphylococcus aureus* burdens in these organs. Interestingly, when switching the outer coating to *Escherichia coli* secreted membrane vesicles, these LCHNPs acquired active targeting capabilities to macrophages infected with *Escherichia coli*, indicating that these membrane-camouflaged nanoparticles were readily adaptable, and can be designed and tuned for specific intracellular pathogens.

### 3.2. Bacterial biofilms

Biofilms refer to a sessile community of bacteria embedded within a matrix of secreted extracellular polymeric substances (EPS), such as polysaccharides, proteins, enzymes and DNA, which are attached on surfaces and the compact EPS layer can protect the bacteria residing within it.<sup>138</sup> Furthermore, it not only acts as a barrier to retard the penetration of antibiotics, but also allow pathogens to resist the actions of the host immune system. The failure of existing strategies makes it essential to develop novel treatments to treat biofilm infections. Thus, improving antibiotic delivery is a cornerstone for preventing biofilm-mediated infections. Among the various types of nano-delivery systems, LCHNPs possess huge advantages as the lipid layer presents a charged surface, and protects the payload from either being inactivated by the acidic microenvironment or degraded by extracellular enzymes.

**3.2.1. Using lipid-coated organic core LCHNPs.** Previously, our group have developed a highly programmable and reproducible LCHNP based on PLGA nanoparticulate core and lipids shell composited with DOTAP and DSPE-PEG5K by using the single emulsion solvent–evaporation method. These LCHNPs, presenting an ideal biofilm penetrating dimension of 100–

130 nm, showed a superior affinity to be bound with a diverse bacterial species, including both Gram-positive and -negative pathogens in either planktonic or biofilm state. These LCHNPs were capable of encapsulating various hydrophobic antibiotics with relatively high loading efficiencies, demonstrating a remarkable decrease in MICs as well as a significant increase in biofilm inhibition, thus highlighting the potential of LCHNPs for antimicrobials delivery against bacterial biofilms.<sup>89</sup>

More recently, Li *et al.* developed a novel LCHNP to overcome both biofilm and mucus layer obstruction (Fig. 11).<sup>58</sup> To be more specific, in their work, chitosan nanoparticle, employed as the core, was coated with a mixed lipid layer containing rhamnolipids and clarithromycin as the shell. The core–shell structure was obtained by using a film-rehydration method, followed by further modification with DSPE-PEG2000 to improve hydrophilicity. Combined with rhamnolipids and clarithromycin chitosan, these LCHNPs could disrupt biofilm architecture, remove EPS, prevent reformation of biofilm by effectively inhibiting bacterial adhesion and eliminate pathogens, thus exhibiting an excellent eradicating ability to *Helicobacter pylori* biofilm.

**3.2.2. Using lipid-coated inorganic core LCHNPs.** Mu *et al.* developed a facile approach to prepare phosphatidylcholine-decorated Au nanoparticles loaded with gentamicin.<sup>139</sup> In their work, the phosphatidylcholine (PA) NPs were firstly acquired through PA thin-film rehydration with an aqueous solution of HAuCl<sub>4</sub>. The preformed PA NPs were subsequently loaded with gentamicin (GPA NPs) *via* mixing with gentamicin sulphate solution (Fig. 12A). These GPA NPs not only presented their antimicrobial effects against planktonic bacteria strains, but demonstrated effective destructive power towards established biofilms and ability to inhibit biofilm formation of both





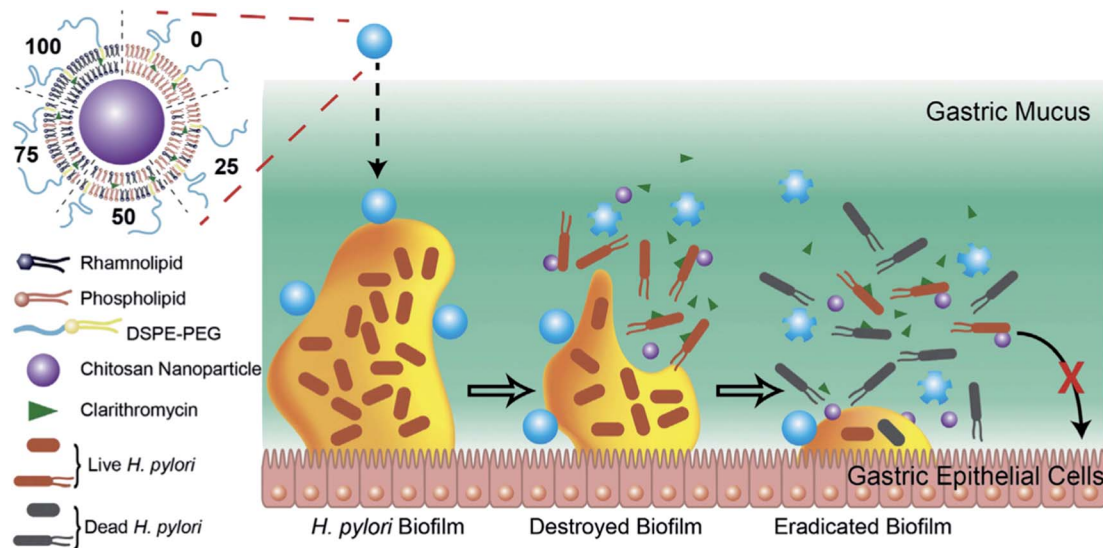


Fig. 11 Schematic illustration of the structure of LCHNPs and the process of eradicating bacterial *Helicobacter pylori* biofilm by LCHNPs (reprinted from Li *et al.*, 2019,<sup>58</sup> Copyright (2019), with permission from Elsevier).

Gram-positive and negative bacteria strains (Fig. 12B). Their results suggested GPA NPs might be a promising antibacterial agent for effective treatment of chronic infections due to microbial biofilm.

## 4. Challenges and perspectives

### 4.1. Challenges for current nanoparticle formulations

Many of these nano-delivery systems, notably LCHNPs, have demonstrated significantly enhanced bactericidal activity compared to free drugs, particularly against intracellular bacterial strains and biofilms. In addition to delivering existing antibiotics, LCHNPs with inorganic and metallic materials also possess potent antimicrobial properties. However, despite of their outstanding potential, there has not been any clinical translations arising from this technology, not only because of their complex constituents but also the many barriers faced by this nano-delivery system. Some issues that need to be addressed include understanding the interactions of

nanoparticles with biological systems, solving the issues of nanoparticle aggregation in physiological fluids, and characterizing these nanoparticles under physiological conditions.

Scalable manufacturing remains as one of the biggest challenges faced by nanoparticle therapies. The scale-up production of single-material systems or formulations, such as liposomes and polymeric nanoparticles loaded with an active pharmaceutical ingredient, have already been successfully achieved and are widely utilized by the pharmaceutical industry. The rapid development of new biomaterials, complex nanostructures and novel synthesis approaches will continue to pose new challenges to the scalable production of these technologies. In recent years, Particle Replication In Non-wetting Templates (PRINT), an advanced unique soft lithography particle moulding process, has been gaining interest.<sup>140–143</sup> The PRINT process enables the specific design and large-scale synthesis of well-defined micro- and nanoparticles with uniformed size and shape. In addition, a double usage of spray-drying technique serves as a promising large-scale method to assemble lipids

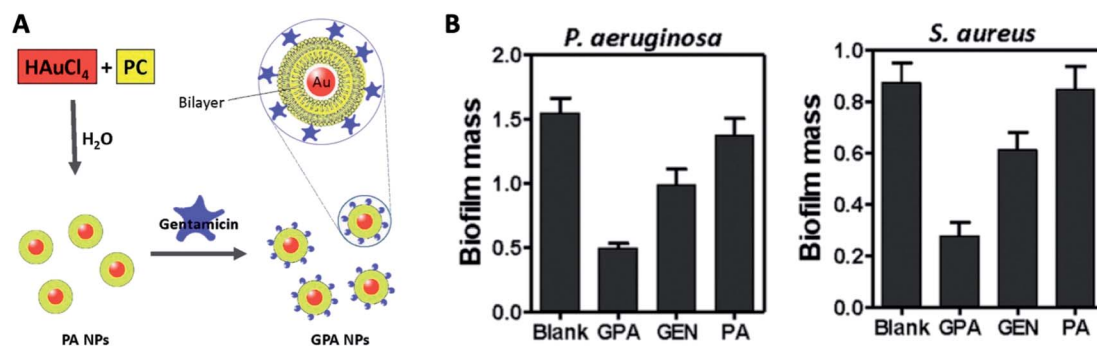


Fig. 12 (A) Schematic of the procedure for preparing GPA NPs. (B) Crystal violet assay for biofilm biomass to assess the anti-biofilm activity of GPA against *Pseudomonas aeruginosa* and *Staphylococcus aureus* (adapted with permission from Mu *et al.*, 2016.<sup>139</sup> Copyright © 2016, Springer Nature).



onto nanoparticle surfaces. Accompanied with these advanced techniques, the large-scale production of LCHNPs with acceptable batch-to-batch variation that is free of contamination could be achieved.

Given the usage of LCHNPs in the biological environment, it is therefore of great importance to evaluate its performance under relevant biological conditions. Usually, given limited research resources, *in vitro* evaluation of delivery systems on cells/bacterial cells is reported. However, *in vitro* studies by introducing nanoparticles onto planktonic bacteria often lack the complexities of a true biological environment.<sup>144</sup> For clinical translation, the use of appropriate animal models to assess *in vivo* performances, such as tolerability, biodistribution, toxicity, and potential side effects, are often mandatory.<sup>145</sup> In studies on bacterial infection, such models are highly diverse, usually employing either patient- or laboratory-derived bacteria strains infected zebrafish, *Galleria mellonella* larvae and mouse models. However, even these *in vivo* models do not fully replicate the complexity of a human infection, whereby the reticuloendothelial system (RES) would play a prominent role in the biodistribution of nanoparticles.<sup>69,146</sup> For instance, to prolong blood circulation half-lives of nanoparticles to target extracellular pathogens, or to target intracellular bacteria, proper strategies must be adopted in designing 'stealth' nanoparticles to be less susceptible to the efficient RES and thus improving targeting capabilities.

## 4.2. Perspectives of LCHNPs

**4.2.1. Active targeting delivery.** There are two kinds of targeted drug delivery, passive and active targeting delivery. In passive targeting, the success of drug delivery system is directly related to circulation time of nanoparticles.<sup>147</sup> Many studies have proven that by cloaking the nanoparticle surface with PEG, the water molecules have the ability to bind with the oxygen molecules on PEG *via* hydrogen interaction, resulting in a hydration film surrounding the nanoparticles.<sup>148–151</sup> This endows nanoparticles with 'stealth' properties, thus anti-phagocytic to be recognized by the MPS. To achieve active targeting, surface modification with antibodies, lipid-coated magnetic nanoparticles, and bacterial membrane camouflaged nanoparticles may be considered for this purpose.

Surface functionalisation of LCHNPs with targeting ligands (*i.e.* antibodies) has the potential to significantly enhance delivery efficiency.<sup>152–154</sup> A key concept in this active targeting strategy for infections is that the pathogens and the LCHNPs tend to accumulate in the same phagocytes, which could be exemplified by the current interest in antibody nanoparticle conjugates (ANCs).<sup>155,156</sup> ANCs represent a relatively new approach that builds on the success and potential of both antibody antibiotic conjugates (AACs) and nano-technological delivery systems. AACs, consisting of monoclonal antibodies specifically targeted to pathogens with potent antibiotics, have been successfully developed for the treatment of *Staphylococcus aureus* infection.<sup>111</sup> Conceptually ANCs are similar to AACs in that the antibodies can be used to specifically target pathogens or cells, which could significantly improve the possibilities to deliver encapsulated therapeutic cargoes to the right places.

The diagnostic application of magnetic nanoparticles (MNPs) has now been examined in a range of inflammatory pathologies. For example, Hoerr *et al.* labelled *Staphylococcus aureus* with iron oxide nanoparticles before *in vivo* inoculation, allowing real-time visualisation of the morphology of the infected organs and the resultant host inflammatory response.<sup>157</sup> Interestingly, such MNPs with their superior superparamagnetic qualities hold the potential to be manipulated by an external magnetic field and be developed into active delivery systems.<sup>158,159</sup> However, their application is strongly limited by the high cytotoxicity which is often associated with MNPs. Lipids are biocompatible molecules with an amphiphilic structure, emerging as perfect candidates to produce nano-biointerfaces by coating the MNPs surface, which improves the MNPs stability toward aggregation and reduces the related cytotoxic effects. More importantly, the lipid outer layers are the best candidates to encapsulate or load amphiphilic antibiotics as a protection to avoid undesired release. Thus, there is strong potential in combining diagnostic function, active targeting, and therapeutic delivery ability together in an antibiotic-loaded lipid-coated MNP formulation, which could be further exploited for pathogen imaging and antimicrobial therapy, known as antimicrobial nano-theranostics. Such proposed nano-theranostic anti-infection strategy is an interesting direction holding the potential to be personalized nanomedicines for pathogenic infections in the future.

**4.2.2. Stimuli-responsive LCHNPs.** Triggered release of the payloads from nano-formulations is another approach to increase the local transport efficiency of payloads. The feasibility of nanoparticle contributes such stimuli-responsive systems that recognize the micro-environment and react in a dynamic way. In general, there are several stimuli, such as electromagnetic radiation, heat, enzymes, virulence factors or pH changes.<sup>160,161</sup> However, this approach is complex, which requires the use of "smart" materials. For now, only a few studies have focused on developing such an antimicrobial nano-formulation. For example, DPPC:CHOL liposomes could be triggered to release amikacin in the presence of rhamnolipids in *Pseudomonas aeruginosa* biofilms and CF sputum.<sup>162</sup> Lipase-sensitive nanogels could be responsive to *Staphylococcus aureus* for triggered release of vancomycin to significantly inhibit pathogen growth and effectively eliminate intracellular bacteria.<sup>163</sup> With LCHNPs, possibilities of developing responsive LCHNPs is to choose material systems that could respond to temperature-, pH-, bacterial toxin-responsive lipids or polymers that can be assembled in shell-core architectures in designing a stimuli-responsive delivery system.

**4.2.3. CRISPR-Cas system using LCHNPs.** Given the rapid evolution of antibiotic resistance and the lengthy development period for a novel antibiotic, the phenomenon of eliminating microbes using new biotechnologies, such as synthetic antimicrobial peptides and engineered bacteriophages, is gradually emerging. The CRISPR (Clustered Regularly Interspaced Short Palindromic Repeats), a family of DNA sequences derived from bacteria and archaea, represents a unique opportunity to combat antibiotic resistant pathogens.<sup>164</sup> More specifically, the CRISPR-Cas (CRISPR-associated) system has been recently





applied to design antimicrobials working by targeting specific DNA sequences related to antibiotic resistance, biofilm formation and virulence.<sup>165-167</sup> These CRISPR-Cas antimicrobials function by destroying the DNA through chromosomal cleavage by using the RNA-guided nuclease Cas9, selectively killing the target DNA-harboring bacteria. Although recent studies have proven the effectiveness of CRISPRs, the lack of an efficient delivery vehicle remains to be one of the major barriers for translating CRISPR-Cas system into a suitable antimicrobial agent for human medicine.<sup>168</sup> In terms of delivering this payload, a nano-delivery system can be considered. However, CRISPR delivery using nanoparticles is still in its infancy. It requires in-depth researches on the development of safety and efficiency for CRISPR-Cas delivery. By direct conjugation of Cas9 protein to a cationic polymer bPEI, Kang *et al.* successfully obtained polymer-derivatized Cas9 and subsequently complexed with single-guide RNA (sgRNA) to form a CRISPR nanoparticle, which transported the CRISPR successfully to methicillin-resistant *Staphylococcus aureus* and maintained the specific activity of Cas9 endonuclease to achieve gene-editing effect,<sup>169</sup> thus demonstrating a much higher efficiency compared with using unmodified Cas9/sgRNA complex. In this aspect, the efficiency could be further enhanced with the use of LCHNPs instead of using conventional polymers. We postulate that by employing specific lipids as coatings, it is possible to deliver the Cas9 protein directly to the infection site, owing to the affinity that these lipids may have for the bacteria. This would result in a highly specific therapeutic system for combating multidrug-resistant bacterial infections.

**4.2.4. Interference of biofilm-associated signalling pathways using LCHNPs.** Disrupting signalling pathways within biofilms is a strategy rapidly gaining traction for the development of anti-biofilm strategies.<sup>170</sup> Such signalling pathways include: (i) homoserine-lactone (HSL) quorum-sensing (QS) signalling;<sup>170</sup> (ii) cyclic dimeric guanosine monophosphate (c-Di-GMP);<sup>171</sup> and (iii) tetra- and penta-phosphate guanosines signalling network ((p)ppGpp).<sup>172</sup> Interference with HSL signalling, used in combination with antibiotics, has been shown to successfully treat *Pseudomonas aeruginosa* biofilms *in vivo*. For instance, Christensen *et al.* demonstrated the synergistic effects of tobramycin and QS inhibitors on *Pseudomonas aeruginosa* biofilm infection mouse model.<sup>173</sup> This combination was able to achieve significant reduction in the number of colony forming units (CFUs) as compared to using monotherapies of just tobramycin or QS inhibitors. The authors postulated that in their system, the QS inhibitors compromise the biofilm structure, resulting in enhanced susceptibility to antibiotics.

To successfully develop LCHNPs as anti-biofilm therapeutics, it is essential to understand the roles that each signalling pathway plays in the biofilm environment. The c-Di-GMP and (p)ppGPP signalling pathways are hypothesized to play an important role in promoting biofilm formation, virulence, antibiotic and stress resistances.<sup>170-173</sup> However, there remain more to be uncovered on the exact mechanisms of these signalling pathways and how to disrupt these pathways. Moreover, different pathogenic strains may differ in signalling pathways that are dominant in regulating biofilm formation and

antibiotic resistance. In this aspect, LCHNPs have the potential to act as carriers to deliver anti-biofilm compounds, such as the QS inhibitors mentioned earlier, to the biofilm infection site.

From these perspectives, we can definitely predict numerous opportunities for LCHNPs in antimicrobial therapies, and hopefully these new approaches will bring the LCHNPs closer to the clinic. In conclusion, challenges faced by this novel delivery system remain; but advances in manufacturing and a more detailed understanding of their antimicrobial properties will promote LCHNPs to be a feasible proposition for the treatment of seemingly untreatable pathogen-causing infections in the near future.

## List of abbreviations

Akt	Protein kinase B
ATRA	All-trans retinoic acid
BSA	Bovine serum albumin
CAT	Catalase
CFU	Colony formed units
CHOL	Cholesterol
CLR	Clarithromycin
CRISPR	Clustered regularly interspaced short palindromic repeats
CS	Chitosan
CUR	Curcumin
DMPC	14:0 PC; 1,2-dimyristoyl- <i>sn</i> -glycero-3-phosphocholine
DOPC	18:1 PC; 1,2-dioleoyl- <i>sn</i> -glycero-3-phosphocholine
DOPE	18:1 PE; 1,2-dioleoyl- <i>sn</i> -glycero-3-phosphoethanolamine
DOTAP	18:1 TAP; 1,2-dioleoyl-3-trimethylammonium-propane
DOX	Doxorubicin
DSPC	18:0 PC; 1,2-distearoyl- <i>sn</i> -glycero-3-phosphocholine
DSPE	18:0 PE; 1,2-distearoyl- <i>sn</i> -glycero-3-phosphorylethanolamine
EPR	Enhanced permeation and retention
ESE	Emulsion-solvent-evaporation
EVS	Extracellular vesicles
HCPT	Hydroxycamptothecin
LCHNPs	Lipid-coated hybrid nanoparticles
LPC	Lysophosphocholine
MgP	Magnesium phosphate
MIVRs	Multi-inlet vortex reactors
MNPs	Magnetic nanoparticles
MPS	Mononuclear phagocyte system
MRSA	Methicillin-resistant <i>Staphylococcus aureus</i>
MSN	Mesoporous silica nanoparticle
MSNC	Mesoporous silica nanocapsules
NAC	<i>N</i> -Acetyl cysteine
NP	Nanoparticle
PA	Phosphatidylcholine
PAMAM	Poly(amidoamine)
PCL	Poly(caprolactone)
PCPDTBT	Poly(cyclopentadithiophenealt-benzothiadiazole)
PE	Phosphatidylethanolamine



## Review

PEG	Polyethylene glycol
PPG	Poly(propylene glycol)
PEI	Polyethylenimine
PL	Phospholipid
PLGA	Poly(D,L-lactide-co-glycolide)
POPC	16:0-18:1 PC; 1-palmitoyl-2-oleoyl- <i>sn</i> -glycero-3-phosphocholine
POPS	16:0-18:1 PS; 1-palmitoyl-2-oleoyl- <i>sn</i> -glycero-3-phospho-L-serine
PRINT	Particle replication in non-wetting templates
PS	Polystyrene
PTX	Paclitaxel
RAP	Rapamycin
RES	Reticuloendothelial system
RHL	Rhamnolipid
TPP	Tripolyphosphate sodium

## Conflicts of interest

The authors declare no competing interests.

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