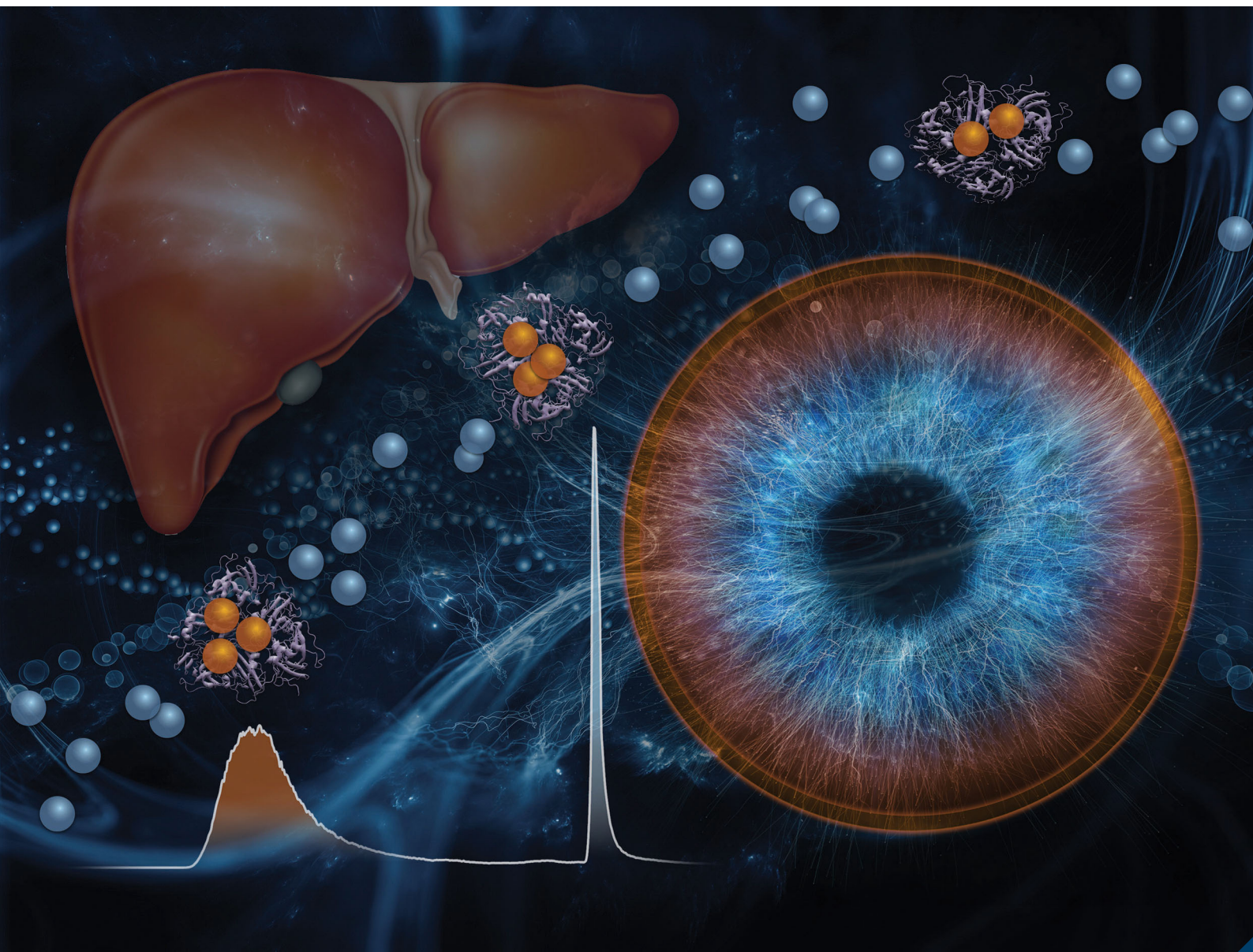


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LC-ICP-MS method for the determination of “extractable
copper” in serum



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LC-ICP-MS method for the determination of “extractable copper” in serum†

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Copper is an essential element for biological functions within humans and animals. There are several known diseases associated with Cu deficiency or overload, such as Menkes disease and Wilson disease, respectively. A common clinical method for determining extractable Cu levels in serum, which is thought to be potentially dangerous if in excess, is to subtract the value of tightly incorporated Cu in ceruloplasmin from total serum Cu. In this work, an automated sample preparation and liquid chromatography (LC) system was combined with inductively coupled plasma-mass spectrometry (ICP-MS) to determine bound Cu and extractable Cu in serum. This LC-ICP-MS method took 250 s for sample preparation and analysis, followed by a column recondition/system reset, thus, a 6 minute sample-to-sample time including sample preparation. The method was validated using serum collected from either control (*Atp7b*^{+/-}) or Wilson disease rats (*Atp7b*^{-/-}). The extractable Cu was found to be 4.0 ± 2.3 μM Cu in healthy control rats, but 2.1 ± 0.6 μM Cu in healthy Wilson rats, and 27 ± 16 μM Cu in diseased Wilson rats, respectively. In addition, the extractable Cu/bound Cu ratio was found to be 6.4 ± 3.5%, 38 ± 29%, and 34 ± 22%, respectively. These results suggest that the developed method could be of diagnostic value for Wilson disease, and possibly other copper related diseases.

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Significance to metallomics

A direct and fast method for the determination of extractable Cu in serum samples is presented using an automated sample preparation LC-ICP-MS system. This method may provide additional, specific information in the diagnostic and examination steps required for the evaluation of Wilson disease patients.

Introduction

Copper (Cu) is an essential trace element for both humans and animals. The main source of Cu is from dietary intake and the human body contains approximately 100 mg of Cu, with a majority of it found in muscle, skeletal, plasma, and the

liver.¹ Many enzymes require copper as a co-factor, including ceruloplasmin, ascorbic acid oxidase, cytochrome *c* oxidase, and superoxide dismutase.² However, deficient or excess copper levels in the body can lead to adverse effects. For example, copper deficiency can lead to muscular or neurological issues during fetal development, and in adults, it can lead to altered cholesterol production.^{3–6} When copper is in excess it can become toxic to cells, resulting in cell damage and death.^{1,7–9}

Two well-known diseases are related to either copper deficiency or copper overload, Menkes disease and Wilson disease, respectively. Menkes disease was clinically reported in 1962,¹⁰ and in the early 1990's it was discovered to be caused by a genetic mutation in the copper transporting ATPase *ATP7A*.¹¹ Serum Cu and ceruloplasmin levels are low in Menkes disease patients, resulting in Cu deficiency.² Menkes disease patients typically do not survive and death is seen at a young age, typically ≤3 years of age.¹² Wilson disease was first reported in 1912,¹³ and in the early 1990s, it was discovered that it is caused by a genetic mutation in

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ATP7B.^{14,15} This mostly liver-residing copper transporting ATPase either incorporates Cu into ceruloplasmin or aids in the excretion of Cu into the bile.¹⁶ Consequently, *ATP7B* mutations can lead to excess extractable Cu levels building up in the body, typically in liver and brain.

The screening and diagnosis for Wilson disease comprises multiple components: family history, signs or physical symptoms related to Wilson disease (e.g. Kayser–Fleischer rings), and laboratory studies. Ceruloplasmin (CP) is the major copper carrying protein in the blood and accounts for 85–95% of serum copper. Cu-containing CP oxidizes Fe(II) to Fe(III), that way maintaining iron redox balance and lowering risk for oxidative stress.^{17–19} Due to a lower Cu incorporation, Wilson disease patients generally have a lower ceruloplasmin level.^{20–22} However, in patients with inflammation from chronic active hepatitis, the ceruloplasmin levels may be normal.²⁰ Currently, there is no established clinical method for the direct determination of extractable copper, instead serum Cu and serum ceruloplasmin are measured and the correlation of extractable copper is deduced from these tests.²³ Elevated serum Cu or the correlated extractable copper levels can be a sign of Wilson disease. The ability to directly measure extractable Cu could not only aid in the diagnosis process, but also could provide important information on the disease status and in the treatment and drug development stages.

Ultrafiltration with a 30 kDa weight cutoff of serum samples followed by inductively coupled plasma-mass spectrometry (ICP-MS) has been demonstrated as a potential method for determining extractable Cu in Wilson disease patients.²⁴ Alternatively, a fractionation of Cu species can be carried out using chromatographic methods, which might be also able to provide more specific information. Sanz-Medel *et al.* presented the potential for liquid chromatography (LC) coupled to ICP-MS to provide important metal-protein related information for the bioinorganic and clinical fields.²⁵ In this review, six methods in the literature reference the analysis of serum by either size exclusion chromatography (SEC) or anion exchange chromatography (AEC) for the detection of Cu and Cu related proteins. Muniz *et al.* presented an AE-based LC-ICP-MS method for the detection of Cu bound to ceruloplasmin. However, the method takes >22 minutes per sample.²⁶ Inagaki *et al.* presented a method for the detection of Cu-bound albumin, Cu-bound ceruloplasmin, and total Cu by offline pre-treatment followed by SE-based LC-ICP-MS.²⁷ In this method, a 5 h pre-treatment was necessary to allow for the exchange of Cu bound to albumin to Chelex-100 resin prior to the SEC method. Lopez-Avila *et al.* presented a novel two-step method for the determination of Cu bound ceruloplasmin using immunoaffinity chromatography followed by SEC-ICP-MS.²⁸ The immunoaffinity chromatography took 30 minutes (sample-to-sample time) in addition to the 20 minute separation by SEC-ICP-MS for Cu bound ceruloplasmin and extractable copper. Most recently, Solovjev *et al.* presented the ability to determine the speciation of Cu-containing proteins in 10 minutes by AEC-ICP-MS²⁹ or Cu(I) vs. Cu(II) and CP.^{30,31}

These methods for the determination of Cu bound ceruloplasmin or extractable copper involve additional sample preparation, two dimensional methods, and/or lengthy analysis

times. In this work, we present a fast and specific method for the determination of extractable Cu in serum using LC-ICP-MS. The validation of this method was carried out using samples obtained from either control (*Atp7b*^{+/-}) or Wilson disease rats (*Atp7b*^{-/-}), either being still healthy or diseased. Sample preparation is carried out using an inline sample dilution technique just prior to injecting the serum samples onto a Cu-specific column that separates bound Cu from extractable Cu.

Methods

Materials and reagents

All eluents, reagents and diluents were prepared in freshly deionized (DI) water from an Aquatron water still purification system (Barloworld Scientific, Nemours, France). Copper solution (1000 mg L⁻¹ in 2% nitric acid) from Carl Roth GmbH + Co. KG (Karlsruhe, Germany) was used to prepare extractable copper standards for external calibration. Bovine serum albumin (Sigma-Aldrich), human ceruloplasmin (Sigma-Aldrich), apo-transferrin (Sigma-Aldrich), and holo-transferrin (Sigma-Aldrich) were prepared from powders and reconstituted at 50 μM concentrations in ammonium acetate buffer at pH 7.4.

Animal study and sample preparation

Animals were maintained under the Guidelines for the Care and Use of Laboratory Animals of the Helmholtz Center Munich. Animal experiments were approved by the government authorities of the Regierung von Oberbayern, Munich, Germany. The rats with *Atp7b*^{-/-} (Wilson disease rats) are affected by a progressive copper overload in their livers, whereas the *Atp7b*^{+/-} rats are non-affected controls.^{32,33} Up to ~90 days of age the Wilson disease rats are healthy (no elevated serum parameters such as alanine aminotransferase (ALT), serum aspartate aminotransferase (AST), or bilirubin which would indicate liver damage) and continue to put on weight. At around 90 days of age weight gain is halted and the animals begin to lose weight with progressively increasing ALT and AST levels, which is why such rats are considered as “disease onset”. The liver values get worse over the next week and the bilirubin levels become detectable, these rats are considered “diseased” at this point. Around two to three weeks later these rats will die. All of the rats with genotype *Atp7b*^{-/-} show this highly reproducible disease progress, which is due to a constant delivery of copper (in this case 205 μM (13–14 ppm) Cu) through diet, which in return causes a steady increase in copper burden. This method of dietary intake leads to a 100% disease rate in these *Atp7b*^{-/-} rats.

Blood was taken from either control *Atp7b*^{+/-} or WD *Atp7b*^{-/-} rats, serum cleared by centrifugation (16 000g, 2 min), and stored at -80 °C in tubes made of polypropylene. AST was measured with a Reflotron system (Roche Diagnostics, Penzberg, Germany) and starting liver damage in animals was considered clinically apparent if serum AST was >200 U L⁻¹.³⁴ Serum copper levels were analyzed by ICP-OES (Ciros Vision, SPECTRO Analytical Instruments, Kleve, Germany) as previously described.³² Immediately prior to the analysis, the samples were heated up to ambient



temperature and diluted manually by a factor of ten using DI water (100 μL serum:900 μL DI water).

LC-ICP-MS analysis

Liquid chromatography for speciation analysis was performed using a prepFAST IC (Elemental Scientific Inc., Omaha, NE, USA). The system is equipped with metal-free syringe pumps for gradient elution and a prepFAST M5 module that allows inline dilutions of standards and samples. Using syringe loading, the samples and standards were drawn up into a 500 μL sample loop. Then, the solutions were transferred into a 500 μL dilution loop and mixed with adjustable amounts of DI water to create exact dilutions, before they were injected onto the column. It must be noted that there is an option to analyze the samples using a 50 μL sample loop and perform the sample prep into a 500 μL loop. However, since the rat serum samples were limited in volume and it was unsure at that time if multiple analyses would be needed an offline dilution was performed for these experiments to provide a larger sample volume.

Chromatographic separations of bound and extractable Cu species were carried out using an Elemental Scientific CF-Cu-02 column (200 μL resin volume, 50×4 mm). The CF-Cu-02 column is packed with resin that has negatively charged functional groups at pHs of 6.0–8.0 which allows Cu (it must be noted that this method is not selective for Cu(I) or Cu(II)) to bind tightly to the resin. When the pH is lowered to ~ 1 , the resin will exchange Cu for H resulting in Cu eluting off the column to the ICP-MS for detection. Samples were diluted inline by a factor of two and injected onto the column for 18 s at a flow rate of 1 mL min^{-1} (equivalent to 300 μL injection volume). Typically, the dilution of the serum samples would be performed completely inline, but sample volume was limited, thus a $10\times$ offline dilution was performed prior to the $2\times$ inline dilution. Ammonium acetate (NH_4OAc , $\geq 99.99\%$ trace metal basis, Sigma-Aldrich, St. Louis, MO, USA) and ammonia solution (25–30%, *puriss.*, Honeywell Fluka, Seelze, Germany) were used to prepare eluent A (100 mM NH_4OAc , pH 7.4) whereas a second eluent B consisted of 10% nitric acid (v/v) (HNO_3 , prepared from 69%, EMSURE, Merck KGaA, Darmstadt, Germany). Applying a two-step gradient, bound Cu species were eluted first using 100% eluent A. Mobile phase composition was changed to 100% eluent B 80 s after injection to allow the elution of extractable copper. The sample-to-sample time was 6 minutes 10 s per sample, the elution of extractable Cu was completed in under 4 minutes with a total run time of 250 s, and an additional 120 s for column conditioning and reset of the prepFAST IC for the next sample.

The prepFAST IC was coupled to an iCAP TQ ICP-MS (Thermo Fisher Scientific, Bremen, Germany) that was equipped with a MicroFlow PFA ST nebulizer (Elemental Scientific), a Peltier-cooled quartz cyclonic spray chamber and a 2.5 mm quartz injector. Sampler and skimmer cones consisted of nickel. The plasma was operated with an RF power of 1.55 kW and the argon flow for the coolant, auxiliary, and nebulizer gases were set to 14, 0.8, and 1.19 L min^{-1} , respectively. All analyses were performed in triple quadrupole mode using an oxygen flow of

0.23 mL min^{-1} and a helium flow of 0.80 mL min^{-1} . The ions $^{56}\text{Fe}^{16}\text{O}^+$, $^{63}\text{Cu}^+$, $^{65}\text{Cu}^+$ and $^{66}\text{Zn}^+$ were monitored with individual dwell times of 100 ms in time resolved acquisition mode. Only the $^{63}\text{Cu}^+$ was reported in this work, however, the other isotopes were investigated for possible trends but not reported in this work. The total run time per chromatogram was 250 s, sample uptake was set to 0 s, and a rinsing time of 120 s.

Extractable copper was determined by external calibration using a $1.6 \mu\text{M}$ ($100 \mu\text{g L}^{-1}$) stock solution. Utilizing the prepFAST M5 module, inline dilutions were performed to generate a calibration range between 0.016– $1.6 \mu\text{M}$ (1 and $100 \mu\text{g L}^{-1}$).

Data evaluation was carried out using Qtegra 2.10 (Thermo Fisher Scientific). Prior to integration, the obtained chromatograms were smoothed with the moving mean filter over 15 data points.

Results and discussion

Method development

Fig. 1 displays the comparison of water, citrate-phosphate-dextrose (CPD) bovine blood, and bovine fetal serum (f serum) analyzed with $0.79 \mu\text{M}$ Cu spikes and ethylenediaminetetraacetic acid (EDTA). The bound Cu in this example has no interaction with the column and elutes at approximately 30 s, whereas the extractable Cu binds to the column and is eluted with 10% HNO_3 at approximately 170 s. The ability to selectively bind extractable

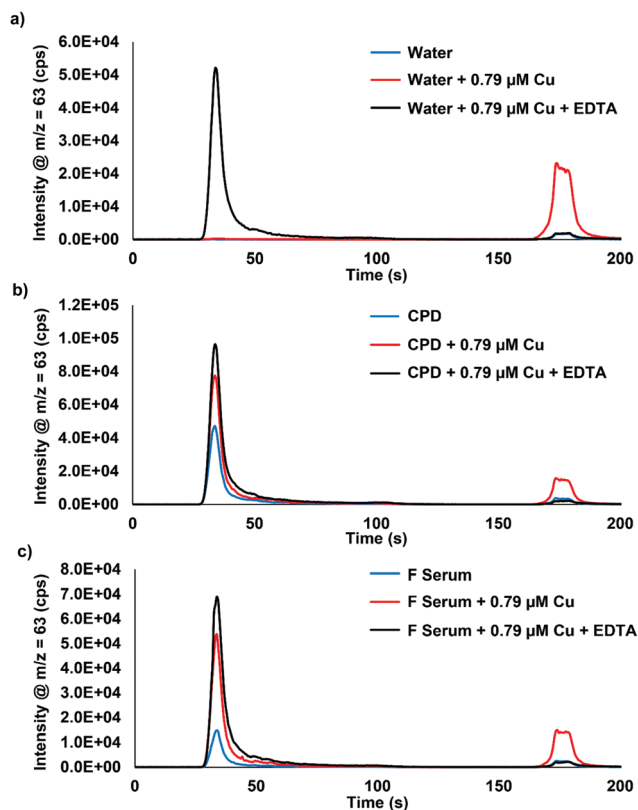


Fig. 1 Chromatograms of (a) water, (b) CPD, and (c) fetal serum (F serum) with the addition of $0.79 \mu\text{M}$ Cu and $0.79 \mu\text{M}$ Cu + EDTA. Serum samples were analyzed using a $50\times$ inline dilution factor. EDTA was added in excess. CPD = citrate-phosphate-dextrose.



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Table 1 Peak area response for bound and extractable Cu in water, CPD blood, and fetal serum. The water “no addition” is considered the blank for these measurements

		Extractable Cu ($\times 10^3$)	Bound Cu ($\times 10^3$)	Extractable Cu/total Cu (%)
Water	No addition	—	—	—
	+0.79 μM Cu	344	3.2	99
	+0.79 μM Cu + EDTA	4.8	530	1
CPD	No addition	31	475	6
	+0.79 μM Cu	226	779	23
	+0.79 μM Cu + EDTA	11	976	1
Fetal serum	No addition	12	145	8
	+0.79 μM Cu	210	510	29
	+0.79 μM Cu + EDTA	8.9	705	1

Cu to the chromatographic column while allowing the bound Cu to pass through is demonstrated. Fig. 1a shows no bound Cu for water or for extractable Cu, however, when 0.79 μM Cu is added into the sample, a large increase in the extractable Cu peak is displayed. When EDTA is added, all of the extractable Cu is shifted to the bound Cu peak, demonstrating that all of the Cu is bound to EDTA and does not interact with the column. Fig. 1b and c show this same phenomenon with CPD blood and fetal serum. However, when 0.79 μM Cu is added to the samples, an increase in both the bound Cu and extractable Cu is observed. This increase is most likely albumin and ceruloplasmin binding Cu as the natural equilibrium is changed with the spikes of extractable Cu into the serum samples. Table 1 displays the peak area responses for the chromatograms displayed in Fig. 1. Fig. S1 (ESI[†]) displays the results from bovine blood plasma and serum samples that were collected/stored using different anti-coagulant agents. Three serum samples that used EDTA as an anticoagulant showed identical results to what was seen in Fig. 1 when EDTA was added to the samples.

The validation of this method is shown in Fig. S2 (ESI[†]), where 0.016–0.79 μM Cu was spiked into fetal serum, heparin blood, and EDTA blood. The fetal serum, heparin blood, and EDTA blood displayed the same trends as seen for the studies shown in Fig. 1. Spiking real serum samples was not an option for validation/recovery of extractable Cu since the serum proteins were also binding the Cu.^{35,36} To determine the precision of the method, a stock amount of fetal serum was spiked with 0.16 μM Cu and analyzed as 125 repeat samples (~ 15 h of continuous analysis time). Over the span of 125 samples, there was a 2.0% RSD for the extractable Cu and 4.2% RSD for the bound Cu. In addition, blood samples preserved using EDTA cannot be analyzed with the method presented here. EDTA has a strong binding constant for Cu as compared to other anticoagulants such as heparin whose binding with Cu is very weak.^{37,38} When EDTA is present in the blood sample, the extractable Cu is bound more tightly to EDTA and passes through the column as a bound Cu species. In contrast, none of the other anticoagulants demonstrated such issues, therefore, should be straightforward for real samples analysis.

Albumin, ceruloplasmin, and transferrin (Tf) samples were prepared and spiked with 0.16 μM Cu to further understand

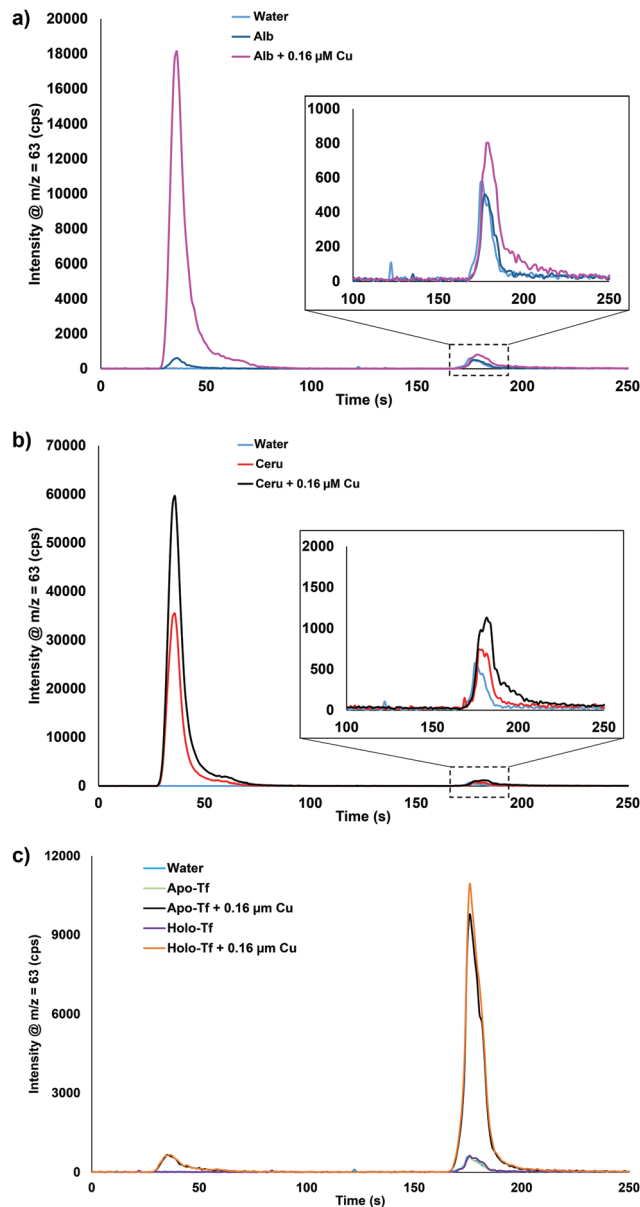


Fig. 2 Chromatograms of 50 μM (a) albumin (Alb), (b) ceruloplasmin (Ceru), or (c) apo-transferrin (Apo-Tf) and holo-transferrin (Holo-Tf) with the addition of 0.16 μM Cu. Apo- = transferrin without iron, Holo- = transferrin with iron.

which serum proteins were binding the spiked copper. Fig. 2 displays the results for water, protein, and protein + 0.16 μM Cu. Fig. 2a shows that there is some Cu bound to the neat albumin, but after addition of 0.16 μM Cu, a significant increase is seen in the bound Cu fraction with only a small increase in the extractable Cu portion displayed. Fig. 2b shows that the neat ceruloplasmin has mainly bound Cu but a small amount of extractable Cu was also detected. With the addition of 0.16 μM Cu, there is almost a twofold increase in the bound Cu and extractable Cu portions observed. Fig. 2c shows the results for neat apo-Tf and holo-Tf: as expected, no bound Cu or extractable Cu was observed. However, with the addition of 0.16 μM Cu, there was a small peak observed for the bound Cu



portion but the majority was seen in the extractable Cu portion. These results suggest that when spiking Cu into the serum samples, albumin and ceruloplasmin are binding the Cu. Other proteins or peptides in blood/plasma could also be playing a role but were not tested in these experiments. To our knowledge, there are no known reference materials for extractable and bound Cu in serum. Since spike recovery studies are not possible based on the data presented here, the next plausible way to determine the method accuracy was to analyze real samples with known information.

Analysis of rat serum samples

Calibration of the extractable Cu was carried out using DI water as the matrix, since matrix matching using plasma or serum was shown to be not possible. Chromatograms of 0.079, 0.31, and 1.6 μM Cu in DI water is displayed in Fig. 3a. A typical calibration curve for the extractable Cu response can be seen in Fig. S3 (ESI[†]). Fig. 3b displays example chromatograms for the serum samples analyzed from control and Wilson disease rats.

Based on total Cu concentrations, the control group average is approximately 5.8 times greater than the healthy Wilson disease genotype (*Atp7b*^{-/-}). The average values for the Wilson disease genotype group with symptoms (*Atp7b*^{-/-}) is 2 \times greater than the control group, however, the spread of data points from the Wilson disease group with symptoms covers both the

control and the healthy range of results. The total Cu concentration of each serum sample grouped by genotype and stage of disease can be found in Fig. S4 (ESI[†]). Fig. 4a displays the extractable Cu concentrations from each group of samples. The healthy Wilson disease group had the lowest extractable Cu concentration ($2.1 \pm 0.6 \mu\text{M}$ Cu), but statistically cannot be distinguished from the control group ($4.0 \pm 2.3 \mu\text{M}$ Cu). The Wilson disease group with symptoms had much higher extractable Cu values ($27 \pm 16 \mu\text{M}$ Cu) compared to the control group, approximately 6.6 \times higher. Fig. 4b displays the extractable Cu/bound Cu ratio for each of the sample groups. There is a significant difference between the control group (6.4%) and the Wilson disease groups (37.9% healthy and 34.1% with symptoms). In healthy Wilson disease rats, the total Cu levels are lower compared to the controls as no copper is incorporated into ceruloplasmin and although Cu accumulates in the liver only minor parts may be expelled into plasma due to minor hepatocyte death. This copper leakage from the liver plausibly accounts for the change in ratio of extractable Cu to bound Cu in comparison to the control group. When rats become diseased, *i.e.* their livers disintegrate, accumulated hepatocyte copper that may be partially bound to intracellular proteins (*e.g.* metallothionein) is expelled into serum. This causes a massive increase in both, bound and extractable copper (Fig. 3b).

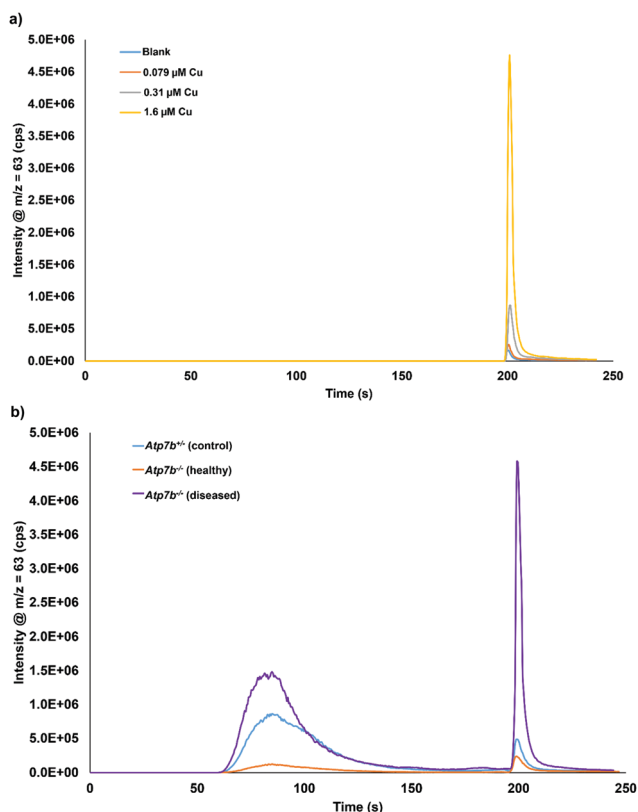


Fig. 3 Chromatograms of (a) extractable Cu in DI water at 0.79, 0.31, and 1.6 μM Cu and (b) serum sample from each group: *Atp7b*^{+/+} control, *Atp7b*^{-/-} healthy, and *Atp7b*^{-/-} diseased rats. Serum samples analyzed with a 10 \times offline dilution and 2 \times inline dilution (20 \times total dilution).

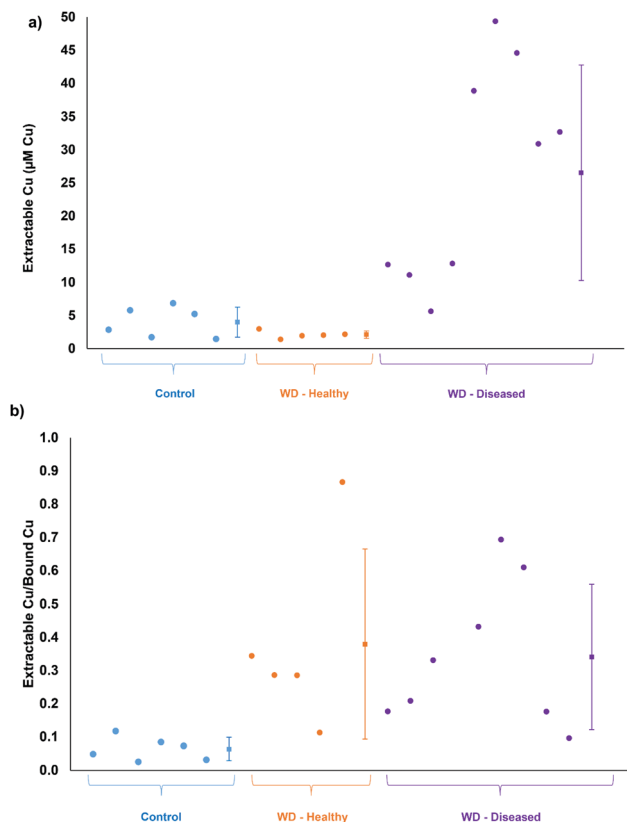


Fig. 4 Comparison of *Atp7b*^{+/+} control, *Atp7b*^{-/-} healthy (WD - healthy), and *Atp7b*^{-/-} Wilson diseased (WD - diseased) rats for (a) extractable Cu and (b) extractable Cu/bound Cu. The square data points with error bars represent the average \pm standard deviation for each group.



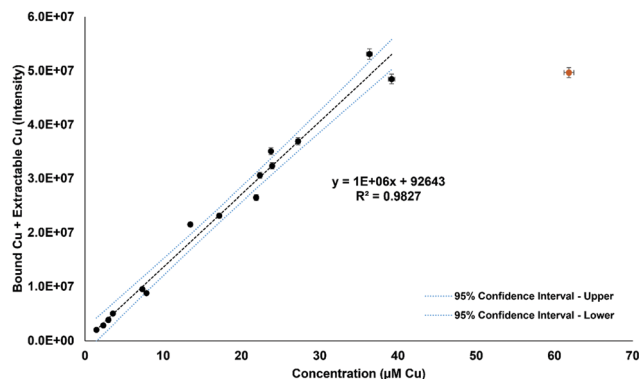


Fig. 5 Bound Cu + extractable Cu from the chromatographic method compared to total copper concentrations. The 95% confidence intervals are based on x and y variables. The outlier data point (orange) was not included in the linear regression or confidence interval calculations.

Interestingly, the ratio of extractable Cu to bound Cu for the Wilson disease carrying genotypes is the same whether healthy or diseased state. We therefore suggest to consider this ratio as a diagnostic value to distinguish controls from the Wilson disease rats. Furthermore, the extractable Cu levels can be used to determine disease status (see below).

For further validation, the total Cu values determined by ICP-OES were compared to the bound Cu and extractable Cu peaks from the chromatographic method. Fig. 5 displays the comparison of the total Cu concentration *versus* bound Cu + extractable Cu peak areas. The results are in good agreement ($R^2 = 0.9827$), except for one sample that was considered an outlier and excluded from the statistics, but left on the plot in Fig. 5. The final comparison for this study was to compare the serum aspartate aminotransferase (AST) values of the studied control and Wilson disease rats to the bound Cu and extractable Cu results. Elevated and increasing AST levels typically indicate progressive liver damage in these animals but also humans. The AST values may fluctuate upon disease onset and rise over 200 U L^{-1} once they hit diseased state, however the healthy rats are consistently below 200 U L^{-1} .³² The three groups were plotted and grouped based on color (for visual aid). The bound Cu compared to the aspartate aminotransferase (Fig. 6a) showed that the control and healthy Wilson disease rats were distinguishable, however, when adding Wilson disease rats with symptoms, there is clear overlap with the controls. Using the aspartate aminotransferase data in combination with the bound Cu may therefore offer an identifier for early stage Wilson disease. In the early stages of Wilson disease, the serum Cu values will decrease as a result of the liver no longer excreting ceruloplasmin bound Cu. This finding is of potential clinical relevance, as if this stage can be identified, then treatment could be started before liver damage takes place. When comparing the extractable Cu to the aspartate aminotransferase (Fig. 6b) there are similar trends visualized for controls and healthy Wilson disease rats, importantly, however, a progression in disease (as indicated by increasing AST values) is best seen at the level of free serum copper (Fig. 6b).

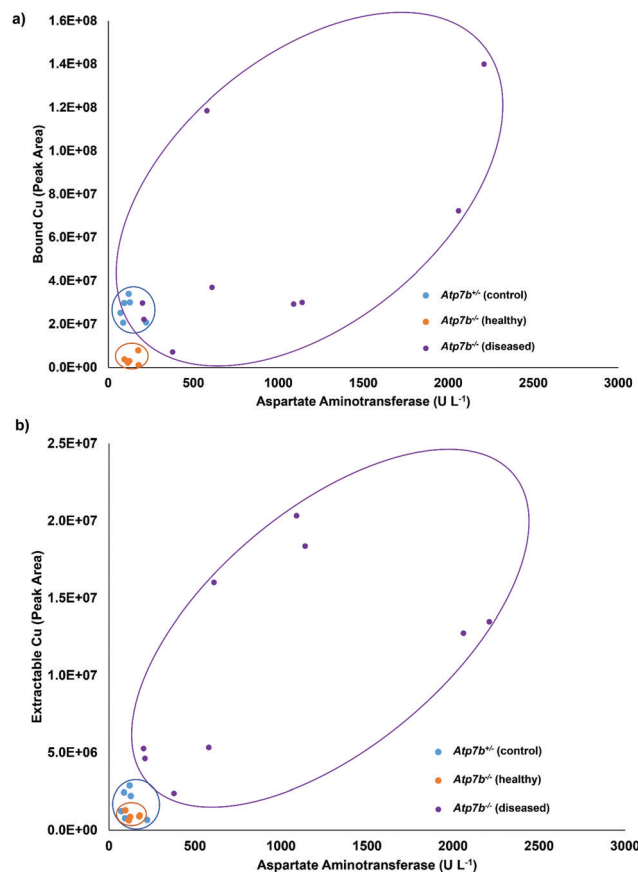


Fig. 6 Comparison of the (a) bound Cu and (b) extractable Cu to the amount of aspartate aminotransferase.

Conclusion

A fast method for the direct determination of extractable Cu in serum has been developed. The sample-to-sample time is just around 6 minutes, which is faster than what has been reported thus far in the literature. This method only reports bound and extractable Cu, whereas other methods do report the ability to quantify ceruloplasmin, Cu(I), and/or Cu(II) which is not possible with this method. Regardless, providing a simple and faster clinical method would allow for higher testing frequency (more patients diagnosed) in an automated and straightforward way. This approach would allow equipped laboratories to follow an individual patient from diagnosis to treatment, thus providing valuable information for patient and doctor that is not easily obtained with the given testing procedures. The method can be used for the analysis of blood samples provided EDTA was not used as an anticoagulant. Samples obtained from controls or Wilson disease rats were clearly distinguishable based on the ratio of extractable Cu/bound Cu. In addition, Wilson disease stages were mirrored by increasing serum extractable copper values. These initial data presented here, suggest that this method may possibly be used for diagnostic purposes, in both, identifying Wilson disease patients and also in monitoring their disease status. Future experiments will involve the quantification and identification of the proteins and elements that are part of the bound Cu elution in this work.



Conflicts of interest

Authors C. Derrick Quarles Jr., Patrick Sullivan, and Paul Field are employed by Elemental Scientific, Inc., which developed the method used in this research.

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