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The versatile biomedical applications of bismuth-based nanoparticles and composites: therapeutic, diagnostic, biosensing, and regenerative properties

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Studies of nanosized forms of bismuth (Bi)-containing materials have recently expanded from optical, chemical, electronic, and engineering fields towards biomedicine, as a result of their safety, cost-effective fabrication processes, large surface area, high stability, and high versatility in terms of shape, size, and porosity. Bi, as a nontoxic and inexpensive diamagnetic heavy metal, has been used for the fabrication of various nanoparticles (NPs) with unique structural, physicochemical, and compositional features to combine various properties, such as a favourably high X-ray attenuation coefficient and near-infrared (NIR) absorbance, excellent light-to-heat conversion efficiency, and a long circulation half-life. These features have rendered bismuth-containing nanoparticles (BiNPs) with desirable performance for combined cancer therapy, photothermal and radiation therapy (RT), multimodal imaging, theranostics, drug delivery, biosensing, and tissue engineering. Bismuth oxyhalides (BiO_x, where X is Cl, Br or I) and bismuth chalcogenides, including bismuth oxide, bismuth sulfide, bismuth selenide, and bismuth telluride, have been heavily investigated for therapeutic purposes. The pharmacokinetics of these BiNPs can be easily improved via the facile modification of their surfaces with biocompatible polymers and proteins, resulting in enhanced colloidal stability, extended blood circulation, and reduced toxicity. Desirable antibacterial effects, bone regeneration potential, and tumor growth suppression under NIR laser radiation are the main biomedical research areas involving BiNPs that have opened up a new paradigm for their future clinical translation. This review emphasizes the synthesis and state-of-the-art progress related to the biomedical applications of BiNPs with different structures, sizes, and compositions. Furthermore, a comprehensive discussion focusing on challenges and future opportunities is presented.

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1. Introduction

Given the importance of human life, scientists have always sought to promote the conventional treatment methodologies and diagnosis approaches of various diseases. Despite many

attempts, unresolved challenges have still remained for hard-to-treat diseases, including cancer, resistant bacterial infections, heart diseases, as well as organ dysfunction disorders, resulting in a high annual mortality rate.^{1–6} As a solution, nanoscience researchers are always looking for efficient particles that can lead to the development of new medicines to assist in early diagnosis and the therapy of life-threatening diseases.⁷ There are plenty of organic and inorganic nanocarriers under investigation for such purposes.^{8–17} Among them, bismuth-containing nanoparticles (BiNPs), although in their infancy, have recently garnered much attention as a research breakthrough for biomedical applications, owing to their excellent properties, which include high stability, high surface area, strong diamagnetism, high electrical and magnetoresistance when placed in a magnetic field, desirable catalytic activity, ease of functionalization, cost-effectiveness, chemical inertness, low toxicity, high X-ray attenuation coefficient, strong near-infrared (NIR)

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absorbance, high photothermal-conversion efficiency, and favorable antibacterial activity.^{18–20} Moreover, Bi is considered as one of the least toxic and biologically non-reactive heavy metals, which is more suitable for *in vivo* applications compared to other metals such as silver.¹² The ease in controlling their particle size and shape during synthesis is another advantage of BiNPs, which can open new opportunities for its future clinical applications.²¹ All of the abovementioned benefits contribute to the increasing interest in the biomedical applications of BiNPs over other metal-based NPs.

While Bi has been conventionally used in the production of pharmaceutical products for the treatment of gastrointestinal disorders, hypertension, and syphilis, its usage in nanostructural forms has been widely expanded in recent years in various domains, such as X-ray radiotherapy (RT), biosensors, heavy-metal ion detectors, antimicrobial formulations, combined cancer therapy, bioimaging, and tissue engineering (Fig. 1).^{22–25} For these applications, single-component NPs of Bi can be used as intermediates to fabricate other types of BiNPs, including Bi oxyhalides (BiOX, where X is Cl, Br or I) and Bi chalcogenides (e.g., Bi oxide (Bi₂O₃), Bi sulfide (Bi₂S₃), Bi selenide (Bi₂Se₃), and Bi telluride (Bi₂Te₃)). The nanostructures of such Bi-based compounds may adopt different morphologies, such as nanotubes, nanowires, nanorods, nanoflowers, nanoneedles, nanoflakes, nanoplates, nanosheets, and nanooctahedra. Other types of multi-component Bi nanostructures have also been fabricated and used for biomedical applications, including Bi ferrite (BiFeO₃), Bi tungstate (Bi₂WO₆), Bi molybdate (Bi₂MoO₆), Bi vanadate (BiVO₄), Bi phosphate (BiPO₄), Bi oxide carbonate ((Bi₂O)₂CO₃), and Bi dimercaptopropanol (BisBAL). The methods developed for the synthesis of these NPs include hydrothermal or solvothermal syntheses, evaporation methods, sol-gel approaches, micro-emulsion techniques, chemical synthesis, microwave irradiation, sonochemical synthesis, and laser-mediated approaches.^{26–32}

In biomedicine, one of the main research areas of BiNPs is cancer therapy. While common therapies employed for cancer, including surgery, chemotherapy and RT, have constantly advanced over the decades, this disease is still one of the leading causes of human death and intensive side effects of the conventional monotherapies have remained unresolved.^{33–35}

BiNPs have stimulated an upsurge in interest within the area of synergistic cancer therapy due to their remarkable absorbance of NIR light, high light-to-heat conversion efficiency, and excellent photothermal stability, meaning that they can be used for photothermal therapy (PTT) in combination with chemotherapy, radiotherapy, and immunotherapy.^{36–38} RT of cancer is also possible using BiNPs as a potential radiosensitizer, with better performance compared to gold (Au) and germanium (Ge) NPs. High-intensity focused ultrasound (HIFU) therapy of cancer using BiNPs has also been reported.³⁹ Nevertheless, the lack of early diagnosis might hinder the efficient killing of cancer cells by such NPs. Therefore, there has been exponential growth in the use of BiNPs as excellent contrast agents for the early diagnosis of cancer through different imaging modalities, such as computerized tomography (CT)-scan examinations and photoacoustic (PA) imaging at a very low dose, allowing more flexibility in a clinical setting.^{40–43} In addition, BiNP-mediated infrared thermography (IRT) can also be employed as an imaging method to monitor tumor temperature variations during PTT. The suitability of Bi for CT-imaging is due to its high K-edge value (K-edge value = 90.5 keV) and large X-ray attenuation coefficient (5.74 cm² g⁻¹ at 100 keV), which is greater than those of other high-Z materials.⁴⁴ Its appropriate PA and IRT imaging resolutions are also due to its desirable photothermal conversion efficiency in the NIR window.⁴³ Moreover, some researchers have greatly broadened the application of BiNPs by integrating new functional components into their structure, paving the way for new applications of BiNPs. For example, the integration of



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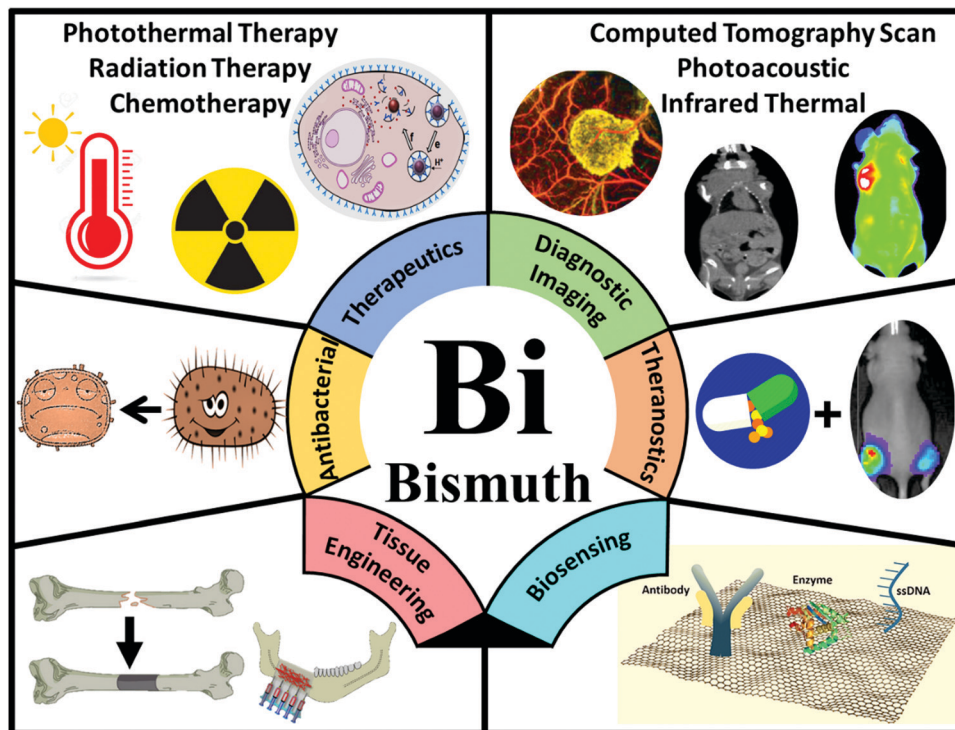


Fig. 1 A schematic overview of the emerging biomedical applications of BiNPs. The main biomedical applications include drug delivery and cancer therapy, bioimaging, the development of theranostic NPs, antibacterial uses, regenerative medicine (particularly bone engineering), and the fabrication of biosensors.

manganese (Mn), iron (Fe), and gadolinium (Gd) with BiNPs has resulted in the NPs becoming a contrast agent for MRI.^{45–48} The imaging potential of BiNPs can be combined with its PTT effect and other therapeutic approaches, such as immunotherapy and chemotherapy, to develop theranostic Bi-based medicines that satisfy strict demands for multimodal imaging-guided synergistic therapies and overcome the deficiencies of single imaging methods and monotherapy of cancer.⁴⁹ Promising outcomes using theranostic BiNPs have been obtained for thermo-chemotherapy,^{50,51} chemo-radiotherapy,⁵² thermo-radiotherapy,^{53,54} and radio-immunotherapy⁵⁵ with significantly higher inhibition of cancer cells, compared to available monotherapies. In biosensing applications, BiNPs have also opened up a new gateway as promising materials to fabricate biologically compatible devices for the rapid and easy detection of biological events. For example, Bi₂WO₆ NPs with multilayer reduced graphene nanosheets as a modified electrode have been reported for the rapid electrochemical sensing of oxidative stress in biological samples.⁵⁶

In this review, we will provide a comprehensive overview of the recently generated information on the synthesis, bio-distribution, safety, as well as modifications conducted on various types of BiNPs to produce multifunctional materials for different biomedical applications that have caught the interest of the scientific community. The available literature suggests that biomedical research on BiNPs has been extensively growing and various nanoforms of Bi with different compositions have been exploited for biological applications,

including drug delivery, antimicrobial activity, bioimaging, cancer therapy, biosensing, and tissue engineering. Nevertheless, to the best of our knowledge, there has been no comprehensive review on such features of BiNPs. Therefore, we will discuss all representative studies exploiting BiNPs for the abovementioned biomedical applications. Future perspectives in the development of these NPs for biomedical applications are also proposed.

2. Principles and innovations in the synthesis of BiNPs

BiNPs have attracted increased attention for biomedical applications due to their low toxicity and environmentally friendly properties.⁵⁷ Moreover, the relatively low price and abundance of Bi is attractive for its large-scale applications.⁵⁸ Bulk Bi is a semimetal with large Fermi wavelengths, high magnetoresistance, and strong diamagnetism,⁵⁹ which can be used to fabricate BiNPs with different shapes and compositions. The most common ones are Bi₂O₃, Bi₂S₃, Bi₂Se₃, and Bi₂Te₃ that belong to the group VI of Bi compounds, so-called Bi chalcogenides. The nanostructures of Bi chalcogenides exhibit intrinsic electronic and optical properties, which make them suitable for a wide range of biomedical applications;⁶⁰ however, these properties are influenced by their morphology and crystal structure.⁶¹ Bi oxyhalides (BiOX, where X is Cl, Br, or I) are another class of Bi compounds that belong to the V–VI–VII ternary oxide semiconductor materials. Due to their



layered structure and high chemical stability, along with their optical, electrical, and mechanical properties, these types of materials have mainly attracted increased attention for photocatalytic activities under visible light irradiation, as well as electronics, and energy storage.^{58,62–64} Other types of Bi nanostructures have also been fabricated, including BiFeO₃, Bi₂WO₆, Bi₂MoO₆, BiVO₄, BiPO₄, (Bi₂O)₂CO₃, and BisBAL.^{24,65–70} The main characteristics, properties, and applications of the most common types of BiNPs are summarized in Table 1.

Through the adjustment of various parameters during the fabrication process, Bi nanostructures with different morphologies can be prepared, including: (i) 0D nanostructures, such as nanospheres, and nanocubes; (ii) 1D nanostructures, including nanowires, nanorods, and nanotubes; and (iii) 2D nanostructures, such as nanoplates, nanosheets, and thin films.¹¹¹ Increased efforts have been made to fabricate the above morphologies of BiNPs using different methodologies, such as hydrothermal or solvothermal synthesis, evaporation methods, sol-gel approaches, microemulsion techniques, chemical synthesis, microwave irradiation, sonochemical synthesis, and laser-mediated approaches.^{65,112–119} In this section, the most common approaches introduced for the fabrication of BiNPs will be discussed, and the principals of each technique will be detailed, along with the influence of the different synthesis parameters on the morphology of the Bi nanostructures, and consequently, on their properties. The different fabrication methods of the main BiNPs, the treatment conditions applied to prepare these structures, and their size, shape, properties and possible applications are summarized in Table 2.

2.1. Hydrothermal/solvothermal/ionothermal synthesis of BiNPs

Hydrothermal synthesis of NPs has been employed for the fabrication of different inorganic materials, such as BiNPs. Generally, hydrothermal synthesis involves crystal growth in aqueous solutions under high temperatures (not more than 300 °C) and high pressure, in which the substances are not soluble at normal temperatures and pressures (100 °C, <1 atm).¹⁶⁴ The reaction is usually conducted in a metallic sealed reactor, a so-called autoclave, made of Teflon and coated with platinum, gold, or silver to protect the reactor from highly corrosive solvents.¹⁶⁵ The hydrothermal process presents energy saving and cost-effective benefits in fabricating BiNPs, with controllable particle size, morphology and degree of crystallinity by changing the concentration of the Bi source.¹²⁵ Furthermore, the processing temperature and reaction time can be lowered using a microwave-assisted hydrothermal approach, allowing uniform nucleation of the powders in suspension.¹⁶⁶ Additionally, by controlling the temperature, reaction time, and the pH value of the solution, the morphologies of the BiNPs can be tuned. For example, Deng *et al.*¹⁴¹ showed that applying a lower temperature and shorter reaction time favored the formation of nanotubes of Bi-oxyhalide NPs, while higher temperatures and longer reaction times led to the formation of more stable Bi oxyhalide NPs with nanobelt or nanoflake-like shapes. Additionally, higher temperatures for the hydrothermal reaction usually favor the

preparation of uniform Bi structures, which can be ascribed to the increased crystal growth rate at a higher temperature.¹⁵⁸ In another study, Cui *et al.*¹⁵⁰ demonstrated that the size, shape and photocatalytic activity of Bi₂WO₆ NPs are highly dependent on the pH value (NaOH content) of the initial synthesis solution (Fig. 2). At pH 1–4, the particles exhibited flower-like hierarchical microspheres in which the size constantly decreased when the pH value increased (the particle size was 7 μm at pH 1 and 1.5 μm at pH 4). When the pH values were increased further from 5 to 9, the Bi₂WO₆ particles showed irregular flake-like structures; and at pH 10–11, the prepared Bi₂WO₆ NPs presented a uniform sphere-like morphology with an average size of 85 nm. The flower-like microspheres prepared at pH 3 presented the highest photocatalytic activity, with 99% degradation after 2 h of irradiation.

During hydrothermal synthesis, the size of the prepared particles depends on the competition between crystal nucleation and crystal growth, *i.e.*, the crystal size is small when the rate of crystal nucleation is higher than that of the crystal growth.¹⁶⁷ In order to control the growth speed of the prepared crystals, Wang *et al.*¹⁴⁵ prepared BiFeO₃ *via* a polymer-assisted hydrothermal process, in which poly(vinyl alcohol) (PVA) was added to prevent the crystals from growing to the micrometer size. The polymer might attach to the surface of the BiFeO₃ nuclei, lowering the surface energy and the growth speed of the BiFeO₃ nuclei, and therefore, restraining the size of the resulting particles to the nanometer range (10 nm). The addition of different surfactants can also affect the shape of the prepared nanostructures. For example, Dharmiah *et al.*¹³⁷ fabricated three different Bi₂Te₃ nanostructures, using ethylene glycol (EG), poly(vinyl pyrrolidone) (PVP), and ethylenediaminetetraacetic acid (EDTA) as surfactants, in order to obtain nanospheres (25 nm), nanoplates (200 nm) and nanoflakes (300 nm), respectively. These results suggested that surfactants can act as morphology-directing agents, regulating the crystal growth to form nanostructures with several morphologies, and subsequently affecting the physico-chemical properties of the particles.

Solvothermal synthesis uses similar conditions to the hydrothermal synthesis process, but organic solvents, including toluene, decalin and, octadecene, are used instead of aqueous solutions. Similar to the hydrothermal process, the size and shape of the nanocrystals can be tuned by controlling the temperature of the reaction, and the concentration of the Bi precursors.¹⁶⁸ Ionothermal synthesis implicates the use of ionic liquids as alternative solvent media to fabricate BiNPs.¹⁶⁸ The main advantage of ionic liquids compared to traditional organic solvents is the low interfacial tension that leads to a high nucleation rate, and therefore, the production of very small particles.¹⁶⁹ As demonstrated by Wang *et al.*, the size and aspect ratio of the Bi₂S₃ nanostructures (nanoflowers to nanorods) can be tailored by controlling the reaction time of the thermal treatment of bismuth di-*n*-octyl-dithiophosphate (Bi[S₂P(OC₈H₁₇)₂]₃) in C₁₆MIMBF₄ as an ionic liquid solvent, at 165 °C (Fig. 3).¹³⁴ Furthermore, by changing the reaction temperature, Ma *et al.* fabricated BiOCl nanostructures with different morphologies after mixing bismuth nitrate pentahydrate





Table 1 Overview of the characteristics and properties of the different BINPs referred to in this review

Type of NP	Crystal structure	Molecular weight	Density (g cm ⁻³)	Melting point (°C)	Band gap (eV)	Reported properties and applications	Ref.
Bismuth (Bi)	Rhombohedral	208.98	9.7	271	—	Low melting point Presents the lowest thermal conductivity among other metals Low toxicity It is the most diamagnetic metal Applications: electronics and sensors, antitumor and antimicrobial, Theranostic agents for combined X-ray CT, photoacoustic (PA) imaging, and PTT	57, 60, 61, 71 and 72
Bismuth oxide (Bi ₂ O ₃)	α -Bi ₂ O ₃ (monoclinic); β -Bi ₂ O ₃ (tetragonal); δ -Bi ₂ O ₃ (cubic fluorite-type); γ -Bi ₂ O ₃ (body-centered cubic)	465.96	8.9	817	2.8	High refractive index Good photoconductivity and photoluminescence Dielectric permittivity Applications: fabrication of electrochromic materials, photocatalysis, optical coatings, sensors, drug delivery	61 and 73–81
Bismuth selenide (Bi ₂ Se ₃)	Rhombohedral	654.80	6.8	710	0.3	Good photovoltaic properties High thermoelectric power Applications: optoelectronic devices, television cameras, infrared spectroscopy, narrow band-gap semiconductors, electromechanical and thermoelectrical devices, cancer therapy, and bioimaging	61 and 82–84
Bismuth sulfide (Bi ₂ S ₃)	Orthorhombic	514.16	6.8	775	1.3	Good photoconductivity High thermoelectric power Applications: photodetectors, thermoelectric coolers, electrochemical hydrogen storage devices, sensors, PTT and X-ray CT-imaging	61, 85 and 86
Bismuth telluride (Bi ₂ Te ₃)	Rhombohedral	800.76	7.7	585	0.2	Efficient semiconductor thermoelectric material High electrical and low thermal conductivity Applications: thermoelectric refrigeration, thermal and biomedical sensors, PTT	82, 87 and 88
Bismuth oxychloride (BiOCl)	Tetragonal	261.44	7.7	271	3.4	Highly anisotropic structural, optical, electrical, and mechanical properties	58, 62–64, 89 and 90
Bismuth oxyiodide (BiOI)	Tetragonal	351.88	7.9	—	1.8	Applications: electronics, catalysis, energy storage, organic synthesis, photodynamic therapy	
Bismuth oxybromide (BiOBr)	Tetragonal	304.88	8.1	—	2.6	Magnetic, electrical, and optical properties	91–93
Bismuth ferrite (BiFeO ₃)	Rhombohedral	312.82	—	—	3.0	Enhanced photocatalytic and photovoltaic properties Applications: microelectronic memory devices, photovoltaics, photocatalysts, contrast agents for CT	
Bismuth tungstate (Bi ₂ WO ₆)	Orthorhombic	697.80	—	—	2.8	Photocatalytic activity Ferroelectric piezoelectricity Applications: visible-light-induced photocatalysis, photoelectrochemical water splitting, CO ₂ reduction, CT imaging, PTT and photodynamic therapy	66 and 94–97
Bismuth molybdate (Bi ₂ MoO ₆)	Orthorhombic	609.92	9.3	—	2.8	Low toxicity, good thermal and chemical stability, good dispersity and easy to fabricate Ionic conductivity Light responsive photocatalytic activity Applications: photocatalytic removal of organic and inorganic pollutants and biological contaminants, water splitting, photoconductors and gas sensors	67 and 98–100



Table 1 (continued)

Type of NP	Crystal structure	Molecular weight	Density (g cm ⁻³)	Melting point (°C)	Band gap (eV)	Reported properties and applications	Ref.
Bismuth vanadate (BiVO ₄)	Monoclinic; tetragonal; octahedral.	323.92	6.1	—	2.5	Good chemical and photostability, and low toxicity Visible radiation absorption Ferroelastic properties Optical, luminescent and (photo)catalytic properties Ionic conductivity Applications: water-splitting, photocatalysis Electrochemical performance Photoluminescence properties Photocatalytic activity Applications: photocatalysis, ion sensors, humidity sensors, separation of radioactive elements, biomedical devices	68 and 101–103
Bismuth phosphate (BiPO ₄)	Hexagonal; monoclinic.	303.95	6.3	—	3.8	Large internal electric field Photocatalytic performance Antibacterial properties Applications: photocatalysis, environmental and energy storage applications	69 and 104–107
Bismuth oxide carbonate ((BiO) ₂ CO ₃)	Orthorhombic	509.97	6.9	—	3.3	Lipophilic NPs Antimicrobial and antibiofilm activities Antitumor effect Applications: biomedical applications	70, 108 and 109
Bismuth dimercaptopropanol (BiSBAL)	Rhombohedral	—	—	—	—	—	24 and 110

[Bi(NO₃)₃·5H₂O] and [C₁₆Mim]Cl as an ionic solvent for 12 h.¹⁴² When the temperature was maintained at 200 °C, curved nanoplates with an average thickness of around 14 nm were obtained, which were thinner than the nanoplates produced at 180 °C. Furthermore, nanoplate arrays were obtained when a lower reaction temperature (120 °C) was used, where the thickness of the nanoplates was *ca.* 32 nm.

2.2. Sol-gel synthesis approaches in fabricating bismuth nanostructures

The sol-gel method is one of the most common chemical synthesis methods used to fabricate sub-micron metal oxide particles with narrow particle size distributions.^{65,168} This method offers good homogeneity and morphological control, lower processing temperature compared to other methods, high purity, and easy preparation of thin films and coatings.¹⁶⁸ Using different approaches for the treatment of the sol-gel precursor, such as spin-coating, template deposition, electrospinning or heating, it is possible to obtain NPs with different morphologies, including thin films, nanotubes or nanowires, nanofibers, and spherical NPs, respectively (Fig. 4).^{65,116,170,171} Generally, all these approaches consist of two phases: (i) the solution phase, made up of a colloidal suspension of solid particles, and (ii) the gelation phase, where an interconnected network of solid-phase particles is formed.¹⁷² The fabrication process of the Bi nanostructures *via* the sol-gel method is initiated using a chemical solution that acts as the precursor, made up of a metal source, solvent and chelating agent. The process can be manipulated by changing different parameters, including the initial precursors, nature of the solvent, gelation time and conditions (*e.g.*, temperature and pH), types of additives (*e.g.*, catalysts, surfactants and morphology directing agents), and degree of solvation.^{65,172,173}

BiFeO₃ nanostructures are commonly fabricated using the sol-gel method, where the initial precursor solution includes metal nitrates, such as Bi(NO₃)₃·5H₂O and Fe(NO₃)₃·9H₂O, and an organic solvent (*e.g.*, 2-methoxyethanol (2-MOE) or EG) that replace the water-based solvents, since metal nitrates present good solubility in these solvents.^{65,174} Gao *et al.*¹⁷⁴ used Bi(NO₃)₃·5H₂O and Fe(NO₃)₃·9H₂O as starting materials and EG as a solvent, without the presence of other surfactants, in order to evaluate the effect of the calcination temperature and concentration of the precursor solution on the particle size of BiFeO₃ prepared *via* a simple sol-gel method. Precursor solutions at concentrations of 0.3, 0.4, and 0.5 mol L⁻¹ were stirred during 1.5 h at 80 °C to form gels, which were then kept at 120 °C for 4 days to obtain xerogels. Afterwards, the xerogel powders were pre-treated at 300 °C for 4 h, before calcination treatment at 500, 550 and 600 °C for 2 h. The size of the prepared particles ranged between 50 and 250 nm, which increased with the concentration of the precursor solution, due to their aggregation into bigger particles at a higher concentration of the precursor solution. An increase in the annealing temperature also translated into an increase in the particle size. Additionally, they found that a higher visible-light response, due to a smaller band gap, seemed to be the main factor for superior photocatalytic efficiency when the BiFeO₃ particles were similar in size.



Table 2 An overview of BiNPs that can be prepared using different synthetic approaches, along with their resulting properties and proposed applications

Fabrication method	Treatment conditions	Size	Shape	Properties/proposed applications	Ref.
Single component BiNPs					
Direct heating (without precursor injection)	Bi(NO ₃) ₃ was mixed with 1-dodecanethiol (DT) under stirring, and the mixture was purged with Ar for 10 min, heated to 178 °C and maintained for 1 min to obtain DT-Bi NPs. After cooling to 40 °C, the NPs were collected by centrifugation	22 nm	Round	Uniform size and monodispersed BiNPs were obtained, with good antioxidant capacity and biocompatibility for CT-imaging of the GI tract.	42
Chemical reduction approach	Reduction of Bi(NO ₃) ₃ ·5H ₂ O by NaBH ₄ in a glycine and dextran containing solution at pH 9	19.5 nm	Round	Potential application as long-circulating X-ray contrast agents	120
Chemical reduction approach	Reduction of Bi(NO ₃) ₃ ·5H ₂ O by borane, in propanediol and glucose containing solution	86 nm	Round	Potential application as long-circulating X-ray contrast agents	121
Chemical reduction approach	Bi nanocrystals were synthesized by reducing bismuth dodecanethiolate, which was generated by the reaction of dodecanethiol and Bi neodecanoate in octadecene. Bi nanocrystals were produced by injecting the reducing agent tri- <i>n</i> -octylphosphine (TOP) into Bi dodecanethiolate solution, at 80 °C	6 to 27 nm	Round	Preparation of size-dependent and highly thermoelectric BiNPs	122
Ultrasound route	Ascorbic acid (AA) in ethanol solution was used for reduction/passivating, and added to 0.1 mol L ⁻¹ Bi(NO ₃) ₃ ·5H ₂ O solution in ethylene glycol medium, obtaining Bi ³⁺ :AA molar ratios of 1:6. The system was kept in an ultrasonic bath for 10 min, then 1 mol L ⁻¹ NaOH and acetone were used to stop the reaction, and finally, the precipitate was washed with ethanol and centrifuged	5.4 nm	Spherical	Optimal electroanalytical performance for potential application in electro-chemical sensors	123
Pulsed laser ablation	Bi sheets with a ca. 3 cm ² surface and 1 mm in thickness were placed on the bottom of a glass beaker containing water and surfactant as a stabilizer. After applying 10 Hz repetitive laser pulses, the obtained solution presented a concentration of 0.8 mg mL ⁻¹	10–100 nm (average 25 nm)	Round	The prepared NPs can be applied for high resolution imaging in biological systems, and also for radiotherapy	124
Bi ₂ O ₃ NPs					
Hydrothermal synthesis	Different concentrations of Bi(NO ₃) ₃ ·5H ₂ O were separately mixed with Na ₂ SO ₄ and dissolved in distilled water, and the solution was stirred at room temperature for 45 min. Then, an aqueous solution of NaOH was added dropwise into the previous solution under stirring, and the resulting solution was subjected to hydrothermal reaction at 60 °C, for 10 min. Finally, the samples were cooled to room temperature	60 or 90 nm (diameter)	Rod-like shape	The as-prepared Bi ₂ O ₃ NPs showed low cytotoxicity towards a breast cancer cell lines, and the 60 nm Bi ₂ O ₃ NPs presented a better radiotherapy performance, with a good sensitization enhancement ratio	125
Solvent evaporation method	Bi(NO ₃) ₃ ·5H ₂ O was dissolved in HNO ₃ , mixed with citric acid, and heated in a water bath, at 100 °C, to form a yellowish gel after evaporation of the water. This gel was then decomposed at temperatures ranging from 150 to 500 °C, at a heating rate of 10 K min ⁻¹ , over 4 h	50–80 nm	Roundish	—	126
Sol-gel approach	Bi(NO ₃) ₃ ·5H ₂ O was dissolved in HNO ₃ and mixed with citric acid. Additionally, PEG was added as a surfactant to prevent aggregation, and then the pH was adjusted to 3. This solution was stirred for 2 h to form the sol, and further heated to 80 °C for 3 h to form the gel. Afterwards, the gel was incubated at 120 °C in oven, resulting in the formation of a foamy precursor containing a very small particle size	< 20 nm	Roundish	—	127
Chemical precipitation technique	Bi(NO ₃) ₃ ·5H ₂ O was dissolved with HNO ₃ , to which PEG was added as a dispersant. Afterwards, an aqueous solution of NaOH was quickly added into the previous mixture under stirring, resulting in the formation of yellowish precipitates in the container, which was kept at 90 °C for 2 h under stirring. After washing the as-prepared precipitates, they were dried at 60 °C in a vacuum drier to obtain the Bi ₂ O ₃ samples	10–130 nm	Spherical	—	128
Microwave-assisted synthesis	Bi(NO ₃) ₃ ·5H ₂ O and urea were mixed in an EG aqueous solution, and then with PEG. This solution was further heated under microwave irradiation (500 W) for 1.5 h. After washing and drying the precipitate in the oven at 50 °C, the as-prepared precursor was calcined at 300–350 °C for 4 h	40–100 nm	Thin sheet-like shape	Good photocatalytic performance	129



Table 2 (continued)

Fabrication method	Treatment conditions	Size	Shape	Properties/proposed applications	Ref.
Bi₂Se₃ NPs Hydrothermal synthesis	A solution containing EG, oleic acid and Bi(NO ₃) ₃ ·5H ₂ O was mixed with another solution composed of Se in HNO ₃ . Then, the resulting mixtures was heated at 180 °C for 20 h, and after cooled to room temperature	200–500 nm (thickness)	Rectangular nanosheets	Potential application in advanced batteries	130
Hydrothermal synthesis	Bi(NO ₃) ₃ ·5H ₂ O, selenium dioxide and glucose were mixed and dissolved in deionized water, and then ethanolamine was added under continuously stirring at room temperature. The resulting solution was transferred into a Teflon-lined stainless steel autoclave, which was maintained at 180 °C for 30 h, and then cooled down to room temperature	300–500 nm	Flower-like	The as-prepared flower-like Bi ₂ Se ₃ nanostructures can be used as an alternative matrix for protein immobilization and preparation of biosensors	25
Microwave heating method	Bi(NO ₃) ₃ ·5H ₂ O was dissolved in EG (or EG), or a mixed solvent of EG (or EG) and [BMIM]BF ₄ at room temperature, and microwave-heated to 110 °C. (thickness) A second solution was prepared by adding the Se powder in a mixture of HNO ₃ solution and EG (or EG), and after rapidly added into the first solution. The resulting mixture was maintained at 110 °C for 20 min, and then cooled to room temperature, before washing and drying it	50–100 nm (thickness)	Hexagonally shaped nanosheets	The ionic liquid ([BMIM]BF ₄) plays an important role in the formation of perfectly shaped Bi ₂ Se ₃ nanosheets	131
Sonochemical method	An aqueous solution containing Bi(NO ₃) ₃ ·5H ₂ O and Na ₂ SeSO ₃ , in the presence of NTA, was sonicated with electric current densities in the range of 35.4–53.0 mA cm ⁻² , during 1–3 h, at room temperature	10–40 nm	Nanowires	Good strategy to synthesize high-performance building blocks for improved devices, where the produced nanowires present high purity and crystallinity	132
Bi₂S₃ NPs Solvothermal synthesis	Bi(NO ₃) ₃ ·5H ₂ O was dissolved in DMF, and then mixed with an aqueous solution containing thiourea (CN ₂ H ₄ S), under stirring for 1 h. The resulting solution was transferred into an autoclave and heated at 150 °C for 12 h. After the treatment, the autoclave was cooled to room temperature	500 nm (length)	Urchin-like nanostructure	Promising platform for an efficient utilization of solar energy in the treatment of chromium VI-containing wastewater	133
Ionochemical synthesis	Bi ₂ S ₃ P(OCH ₂ H ₁₇) ₂ was mixed with C ₁₆ MIMBF ₄ as an ionic liquid, at 165 °C, for 3 s, 5 s, 5 min, 30 min, 1 h, and 5 h	80–800 nm	Nanoflowers and nanorods	Potential candidate for applications in hydrogen storage, high-energy batteries, and catalytic fields	134
Microwave irradiation synthesis	(Bi(NO ₃) ₃ ·5H ₂ O) and thiourea were dissolved in an EG solution, and then placed in the microwave oven (800 W, 22 L high power), for 3 min	4 μm	Flower-like structure	The as-prepared particles were highly crystalline semiconductors	135
Sonochemical-assisted synthesis	BiCl ₃ was dissolved in EG, and then thioacetamide was added with continuous stirring, and placed into an ultrasonic bath at 50 °C for 30 min	100 nm	Spherical-like NPs	—	136
Bi₂Te₃ NPs Hydrothermal synthesis	BiCl ₃ and Te powder were used as precursors; EG, PVP or EDTA as surfactants, and NaBH ₄ as the reducing agent, were dissolved in deionized water, and stirred for 10 min. Then, NaOH was gradually added to the solution to adjust the pH value. The solution was kept in an oil bath setup at 70 °C for 12 h under stirring, and after cooled down to room temperature CTAB was dissolved in a water/ethanol solution, and then BiCl ₃ , Te powder, and NaOH were added under stirring for 15 min. Afterwards, NaBH ₄ was introduced into the solution, and the mixture was placed into a Teflon-lined autoclave, maintained at 210 °C for 24 h, and finally cooled to room temperature	25–300 nm	Nanospheres, nanoplates and nanoflakes	Different morphologies of Bi ₂ Te ₃ NPs influence their thermoelectric properties	137
Solvochemical synthesis	PVP, Bi(NO ₃) ₃ , and TeO ₂ powder were dissolved with EG solution and placed in a Teflon beaker under stirring in a water bath (80 °C). KOH powder was added to this solution, and the resulting mixture was transferred to a microwave oven and heated for 15 min (at 2.45 GHz, 800 W). The final products were cooled to room temperature	70–200 nm (diagonal); 30 nm (thickness)	Nanoplates	Potential application as a thermoelectric material	138
Microwave-assisted synthesis	—	317 nm (side lengths) 670 nm (diagonals)	Hexagon nanosheets	Potential application as a thermoelectric material	139



Table 2 (continued)

Fabrication method	Treatment conditions	Size	Shape	Properties/proposed applications	Ref.
Laser-ablation synthesis	Bi, Te ₃ precursors were mixed with ethylenediamine, thiophenol, polyethyleneimine, or PVP, as protective agents, and then the solutions were placed in a quartz cell for laser ablation (CW Q-switched Nd:YAG laser, pulse energy of 0.8 mJ per pulse, at 3 kHz). The solutions were stirred during irradiation	12.7–28.9 nm	Spherical NPs	The average size changed according to the protective agent that was added to the precursor solution	140
BiOCl NPs					
Hydrothermal synthesis	Bi(NO ₃) ₃ ·5H ₂ O and CTAC were dissolved in distilled water at RT, under stirring for 10 min, and the pH value was adjusted to pH 8 (nanobelts) or pH 1–7 (nanoflakes). The resulting solution was stirred for 1 h and autoclaved at 160–180 °C for > 12 h	Width of 100–250 nm	Nanobelts or nanoflakes	Potential applications in photoluminescence, catalysts, and nanoscale devices	141
Isonothermal synthesis	Bi(NO ₃) ₃ ·5H ₂ O and [C16Mim]Cl as ionic solvent were mixed for 12 h, and the temperature was kept at 120, 180 or 200 °C	14–2 nm (average thickness)	Nanoplates	Potential application for wastewater treatment	142
Sol-gel method	BiOCl powder was dissolved in an alcohol to form 0.3 M (nanowires) or 0.5 M (nanoflakes) sol. The pH was adjusted to 1, and this was mixed at 60 °C for 2 h under stirring. Afterwards, an AAO template (pore diameter of 100 nm, and depth of 60 μm) was placed in a vessel containing the prepared BiOCl sol, and further treated under the vacuum air-extraction (1 Pa, for 30 min, at room temperature)	Nanoflakes (diameter of ~3 μm, thickness of ~300 nm); nanowires (diameter of 100 nm, length of 3 μm)	Nanowires or Nanoflakes	The BiOCl structures fabricated on an AAO template presented higher photocatalytic efficiency than the BiOCl prepared on a glass substrate	143
BiOI NPs					
Hydrothermal synthesis	Bi(OH) ₃ was ultrasonically dispersed in deionized water, and then NaI was added to the Bi solution, under stirring for 30 min. This mixture was transferred to a steel reactor and heated at 160 °C for 12 h	100 nm	Porous flake-like shaped NPs	The as-prepared BiOI NPs showed sono-catalytic activity, after evaluating the degradation of methylene blue in aqueous solution under ultrasonic irradiation	144
BiOBr NPs					
Hydrothermal synthesis	Bi(NO ₃) ₃ ·5H ₂ O and CTAB were dissolved in distilled water at RT, under stirring for 10 min, and the pH value was adjusted to 1–7. The resulting solution was stirred for 1 h and autoclaved at 160–180 °C for > 12 h. 100–180 °C, pH 1–7, pH > 12	Width of 100–250 nm	Nanoflakes	Potential applications in photoluminescence, catalysts, and nanoscale devices	141
BiFeO ₃ NPs					
Polymer-assisted hydrothermal synthesis	An aqueous solution of Bi(NO ₃) ₃ ·5H ₂ O and Fe(NO ₃) ₃ in 10% HNO ₃ was prepared and the pH value was adjusted to 8 under constant stirring. After filtration and washing steps to remove NO ₃ ⁻ and K ⁺ ions, the precipitate was mixed with 12 M KOH and PVA solutions under stirring for 5 min. Afterwards, the resulting solution was submitted to the hydrothermal treatment, at 160 °C for 9 h	10 nm	Sphere-like shape	—	145
Solution evaporation process	Bi(NO ₃) ₃ ·5H ₂ O and Fe(NO ₃) ₃ were dissolved in nitric acid, and tartaric acid was added to the solution, heated under stirring until all the liquid evaporated, and after calcination temperatures ranging from 300 to 600 °C were applied	3–16 nm	Roundish	—	146
Sol-gel assisted spin coating method	Bi(NO ₃) ₃ ·5H ₂ O and Fe(NO ₃) ₃ ·9H ₂ O were dissolved in 2-methoxyethanol and acetic acid, and the pH was kept between 1 and 2. The sols were spin-coated on an indium tin oxide coated glass substrate at 4000 rpm for 40 sec, and the precursor films were baked at 300 °C for 5 min. The films were finally annealed during 1 h, at temperatures between 525 and 600 °C	250 nm (thickness)	Thin films	The spin coating and baking processes were repeated in order to fabricate films with the desired thickness	147
Sol-Gel approach (modified Pechini method)	Bi(NO ₃) ₃ ·5H ₂ O and Fe(NO ₃) ₃ ·9H ₂ O were dissolved water, citric acid was added as chelating agent, and the ethylene glycol was added as polymerization agent. This solution was then to initiate the polymerization. After polymerization and gel formation, the resulting powders were annealed at 400–800 °C, for 2 h	21–68 nm	Spherical or Cubic	Smaller NPs (21 nm) showed higher magnetization than the bigger ones (40 nm)	148



Table 2 (continued)

Fabrication method	Treatment conditions	Size	Shape	Properties/proposed applications	Ref.
Sonochemical synthesis	$\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ in EG was sonicated for 15 min until a transparent solution was formed. Then, $\text{Fe}(\text{NO}_3)_3 \cdot 9\text{H}_2\text{O}$ was added to the previous solution, and the mixture was sonicated for 5 min in order to obtain a brownish red sol, followed by stirring for 1 h. Finally, the samples were kept at 70 °C to form a xerogel, and the obtained powders were calcinated at 400 and 500 °C, for 30 min	60–80 nm	Spherical NPs	The BiFeO_3 NPs fabricated <i>via</i> ultrasound showed smaller crystallite size, higher crystallization, and a higher photocatalytic activity, compared to the NPs fabricated with a sol-gel approach	149
Bi_2WO_6 NPs Hydrothermal synthesis	$\text{Na}_2\text{WO}_4 \cdot 2\text{H}_2\text{O}$ was dissolved in water, and dropwise added to a solution of $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ in acetic acid solution, under stirring for 30 min. After that, a certain amount of NaOH was added to this solution to adjust the pH (ranging from 1 to 11), and subjected to hydrothermal treatment at a certain temperature (110–200 °C), for 8–48 h, and afterwards cooled down to room temperature	85 nm–7 μm	Microspheres; flower and flake-like shapes	The as-prepared Bi_2WO_6 particles exhibited different photocatalytic activity towards the rhodamine B degradation under irradiation of simulated sunlight	150
Microwave-assisted solvothermal method	$\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ and $(\text{NH}_4)_{10}\text{W}_{12}\text{O}_{41} \cdot 5\text{H}_2\text{O}$ were added into a Teflon-lined digestion vessel, and the EG was added and the pH adjusted to 9, under stirring. Then, the vessel was heated in a microwave synthesizer, at 160 °C up to 4 h	—	Nanosheets	The Bi_2WO_6 fabricated using the microwave-solvothermal method exhibited a higher photocatalytic activity compared to the samples obtained <i>via</i> conventional hydrothermal synthesis	151
Sonochemical method	The $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ and Na_2WO_4 were separately dissolved in HNO_3 and distilled water, respectively. The Na_2WO_4 solution was added dropwise (at 2 mL min^{-1}) into the $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ solution under stirring, and the pH was adjusted to 7. The resulting solution was stirred for 15 min and irradiated with high intensity ultrasound (20 kHz, 30 W cm^{-2}) for 2 h	50–60 nm	Spherical	The prepared Bi_2WO_6 could be used as a negative electrode material for supercapacitor applications	152
Bi_2MoO_6 NPs Hydrothermal synthesis	$\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ and Na_2MoO_4 were dissolved with deionized water, the pH was adjusted to 6, and this solution was stirred for 30 min. After transferring the mixture to a Teflon-lined stainless steel autoclave, the hydrothermal process was carried out at 120–180 °C, for 5–20 h	200 nm–1.2 μm (edge length)	Nanoplates	The Bi_2MoO_6 nanoplates synthesized after 5 h of reaction time at 180 °C exhibited the highest photocatalytic efficiency, with 96% degradation of rhodamine B under visible-light irradiation	153
DNA-mediated sonochemical synthesis	An aqueous solution containing DNA was added into the freshly prepared Na_2MoO_4 precursor, and stirred for 30 min. This mixture was poured into the $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$, previously dissolved in an ethanol/EG mixture. The pH was adjusted to 9, and then the resulting mixture was subjected to ultrasonic treatment (at 70 °C) for 60 min	310 nm	Spherical	Promising candidate for supercapacitor applications	154
BiVO_4 NPs Hydrothermal synthesis	$\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ was dissolved in a HNO_3 solution, the NH_4VO_3 was added to a NaOH solution, and then SDBS was added to both solutions. The two solutions were mixed, and the pH adjusted to 7, under stirring for 30 min. This mixture was poured into a Teflon-lined stainless steel autoclave, and heated at 200 °C for 1.5 h	10–40 nm (thickness)	Nanosheets	The prepared nanosheets showed superior photocatalytic activity compared to the bulk material for degradation of rhodamine B under solar irradiation	155
Microemulsion method	The microemulsion (ME) was prepared by adding the surfactant <i>n</i> -hexylalcohol/Triton [®] X-100 into the oil phase composed of cyclohexane. Then, $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ in a HNO_3 solution was added dropwise to the microemulsion under stirring, for 10 min at room temperature, leading to the formation of a stable reverse microemulsion (ME1). A second reverse microemulsion (ME2) was prepared using similar conditions to the previous one, by adding an aqueous solution of NH_4VO_3 into the oil phase. The ME2 was further added dropwise to ME1 under stirring, at room temperature, resulting in a yellow cloudy microemulsion. After washing and drying process, the powders were then heated at 300, 400, 500, 600 and 700 °C for 1 h	5–300 nm	Spheres	The prepared BiVO_4 exhibited enhanced photocatalytic activity under visible-light irradiation in comparison with the bulk BiVO_4 , synthesized <i>via</i> a solid-state reaction	156



Table 2 (continued)

Fabrication method	Treatment conditions	Size	Shape	Properties/proposed applications	Ref.
Sonochemical method	An aqueous solution of $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ and NH_4VO_3 was mixed with PEG (MW = 20000 g mol^{-1}) as a surfactant, and the pH value was adjusted to 7, under stirring for 1 h. Then, the mixture was submitted to high-intensity ultrasonic irradiation (6 mm diameter Ti-horn, 600 W, 20 kHz) at room temperature in ambient air	60 nm	Quasi-spherical	The prepared NPs exhibited high photocatalytic activity under visible-light irradiation	157
BiPO_4 NPs Hydrothermal synthesis	The precursor solution was prepared after mixing $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ and $\text{NH}_4\text{H}_2\text{PO}_4$ in deionized water, under stirring for 2 h, at RT. The pH value of this solution was adjusted to between 0 and 14 with either HNO_3 or NaOH , and then placed in a Teflon-lined stainless steel autoclave, and heated at 160, 200 or 240 °C for 1–24 h	200 nm–12 μm	Rice-like; rod-like; cubic; microspheres	Generally, when the pH value increased, the particle size of the samples increased	158
Sol-gel method (electrospinning)	The precursor sol was prepared by dissolving the $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ and citrate acid with deionized water, which was mixed with $(\text{NH}_4)_3\text{PO}_4 \cdot 3\text{H}_2\text{O}$ previously dissolved in deionized water, and the pH adjusted to 1. This solution was further mixed with PVP dissolved in anhydrous ethanol. The spinnable precursor sol was drawn into the needle tube (inner diameter of 0.5 mm), and submitted to an electrospinning voltage set at 25 kV, with a pumping speed of 0.0015 mm s^{-1} , and a distance between the needle and collector of 30 cm	300–400 nm (diameter)	Nanofibers	Potential application in the degradation of alkaline peroxide mechanical pulping (APMP) effluent under UV light irradiation	159
Sonochemical method	$\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ and Na_3PO_4 were mixed, and the pH of the solution was adjusted to 0.5–1 using HNO_3 . This solution was submitted to high intensity ultrasonic irradiation (20 kHz, 60 W cm^{-2}) for 30 min. Afterwards, the white precipitate was centrifuged, and washed with distilled water and absolute ethanol	40–60 nm (diameter), and 2–5 μm (length)	Nanorods	—	160
$(\text{BiO})_2\text{CO}_3$ NPs Hydrothermal method	$\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$, urea, and sodium dodecyl sulfate (SDS) were dissolved in distilled water, and mixed together under stirring. The mixture was then transferred to a Teflon-lined autoclave and heated at 180 °C for 24 h, then allowed to cool to room temperature naturally	20–50 nm (thickness)	Nanosheets	$(\text{BiO})_2\text{CO}_3$ nanosheets exhibited an improved photocatalytic activity under simulated sunlight, compared to $(\text{BiO})_2\text{CO}_3$ structures prepared without surfactant	161
Water-in-oil (w/o) microemulsion-assisted hydrothermal method	The CTAB was dissolved in <i>n</i> -pentanol and <i>n</i> -hexane, Bi citrate was added to the oil phase, and the mixture was stirred for 15 min to form a yellow transparent microemulsion. The urea was added to this mixture under vigorous stirring for 12 h, and then sonicated for 30 min. To perform the hydrothermal process, this mixture was autoclaved at 150 °C for 4 h	< 100 nm	Spherical	The fabricated NPs presented anti- <i>Helicobacter pylori</i> activity	162
BisBAL Chemically reduction approach	$\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ was dissolved in propylene glycol, and heated to 80 °C for 2 h. Then, the BAL was added to the mixture in a molar ratio of 2:1 (Bi: BAL). BisBAL NPs were produced after adding an ice-cold solution containing NaBH_4	28 nm	Spherical	Antitumor antimicrobial effects	24 and 163

Abbreviations: AAO: ascorbic acid oxidase; BAL: 2,3-dimercapto-1-propanol; Bi: bismuth; BiCl_3 : bismuth chloride; $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$: bismuth nitrate pentahydrate; $\text{Bi}(\text{OH})_3$: bismuth hydroxide; $[\text{BMIM}]\text{BF}_4$: 1-*n*-butyl-3-methylimidazolium tetrafluoroborate; CT: computed tomography; CTAB: cetyltrimethylammonium bromide; CTAC: cetyltrimethylammonium chloride; EDA: ethylenediamine; EDTA: ethylenediaminetetraacetic acid; EG: ethylene glycol; GI: gastrointestinal; HNO_3 : nitric acid; KOH: potassium hydroxide; MW: molecular weight; NaBH_4 : sodium borohydride; NaI: sodium iodide; Na_2MoO_4 : sodium molybdate; Na_3PO_4 : trisodium phosphate; NaOH: sodium hydroxide; Na_2WO_4 : sodium tungstate; $\text{NH}_4\text{H}_2\text{PO}_4$: ammonium dihydrogen phosphate; NH_4VO_3 : ammonium metavanadate; $(\text{NH}_4)_{10}\text{W}_{12}\text{O}_{41} \cdot 5\text{H}_2\text{O}$: ammonium tungsten oxide pentahydrate; NPs: nanoparticles; NTA: nitrilotriacetic acid; PEG: poly(ethylene glycol); PVA: poly(vinyl alcohol); PVP: poly(vinyl pyrrolidone); SDBS: sodium dodecyl benzene sulfonate; TeO_2 : tellurium oxide.

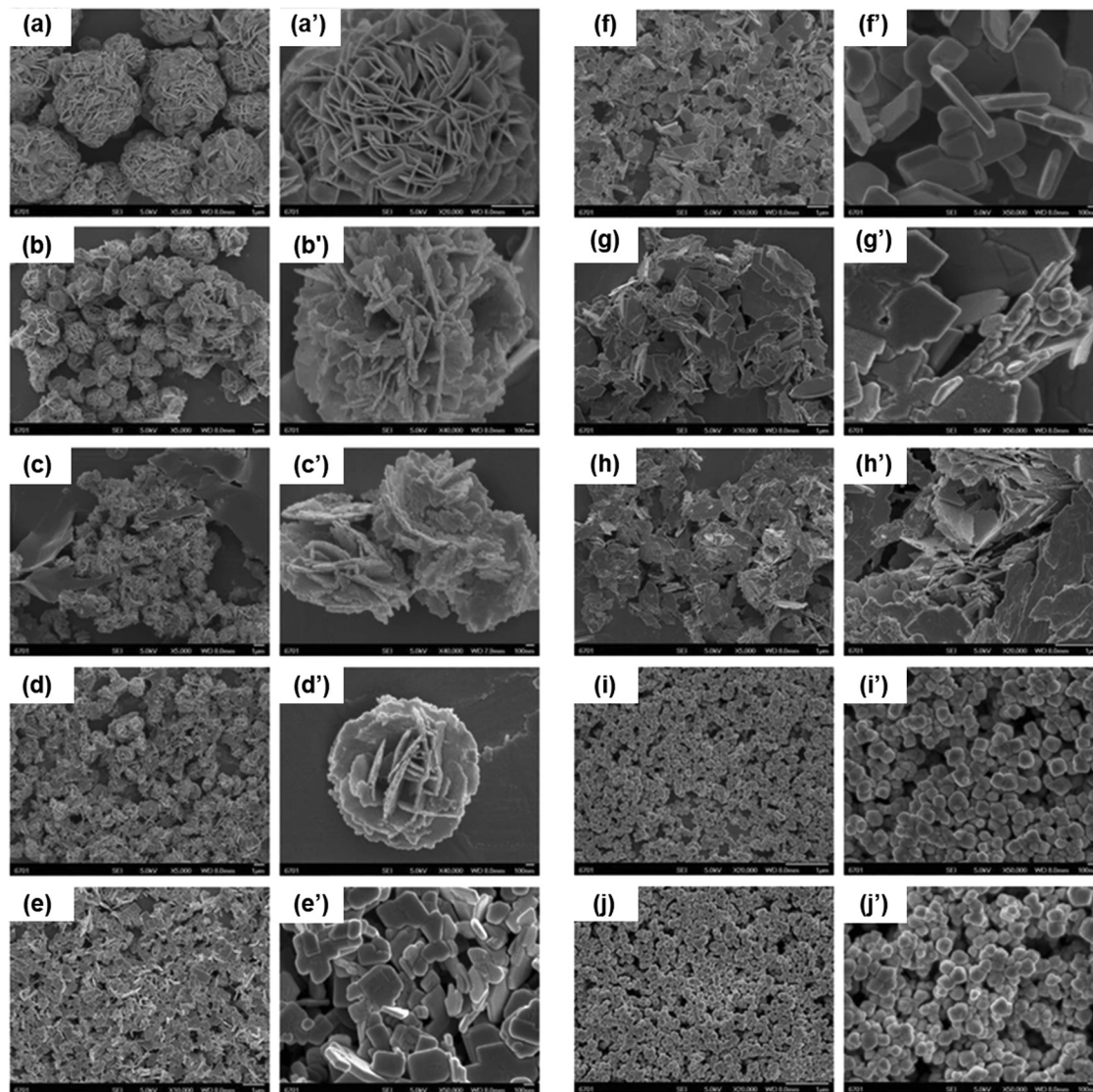


Fig. 2 The effects of pH on the morphology and size of Bi_2WO_6 particles. Scanning electron microscope (SEM) images of Bi_2WO_6 particles prepared at: (a) pH 1; (b) pH 2; (c) pH 3; (d) pH 4; (e) pH 5; (f) pH 7; (g) pH 8; (h) pH 9; (i) pH 10, and (j) pH 11. Adapted with permission from ref. 150, Copyright 2016.

During the sol-gel synthesis of the BiNPs, the addition of chelating agents, such as acetic anhydride, acetic acid, citric acid, or tartaric acid, can determine the morphology and purity of the final product. Therefore, selection of the appropriated chelating agent is essential for the successful preparation of Bi nanostructures.^{65,175} Wang *et al.* synthesized pure BiFeO_3 using a tartaric acid-assisted sol-gel method, with a particle size ranging from 60 to 90 nm and polyhedral morphology.¹⁷⁵ After mixing $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ and $\text{Fe}(\text{NO}_3)_3 \cdot 9\text{H}_2\text{O}$ in dilute nitric acid, the tartaric acid in EG was successively added to the previous solution under stirring, and the resulting solution was kept at 140 °C until a dried gel was obtained. The gel was pre-treated at 400 °C to remove organic compounds and NO_3^- , and then calcinated at 500 °C for 1 h. After this process, pure BiFeO_3 was obtained due to the formation of stable heterometallic polynuclear complex bonds between the metal ions and the tartaric acid. However, when citric acid was used as a chelating

agent instead of tartaric acid, $\text{Bi}_2\text{Fe}_4\text{O}_9$ and $\text{Bi}_{25}\text{FeO}_{40}$ impurities were observed, which can be attributed to the dimeric nature of the citrate complex.

Originally developed in the 1960s, the Pechini method is another common sol-gel synthesis technique used to prepare layered oxide perovskites, based on an esterification reaction between a carboxylic acid and an alcohol.¹⁷⁶ Hasan *et al.* used a modified Pechini method to obtain BiFeO_3 NPs with different morphologies through alteration of the annealing temperature.¹⁴⁸ $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ and $\text{Fe}(\text{NO}_3)_3 \cdot 9\text{H}_2\text{O}$ were dissolved in water, citric acid was added as a chelating agent to complex the metal cations, and the solution was then stirred and heated at 70–75 °C for 3 h. After that, EG was added as a polymerization agent, and the resultant solution was heated at 85–90 °C to initiate the polymerization reaction until a gel was formed. After drying the gel, the precursor xerogel was powdered and annealed at temperatures ranging from 400 to 800 °C for 2 h to obtain BiFeO_3 NPs with



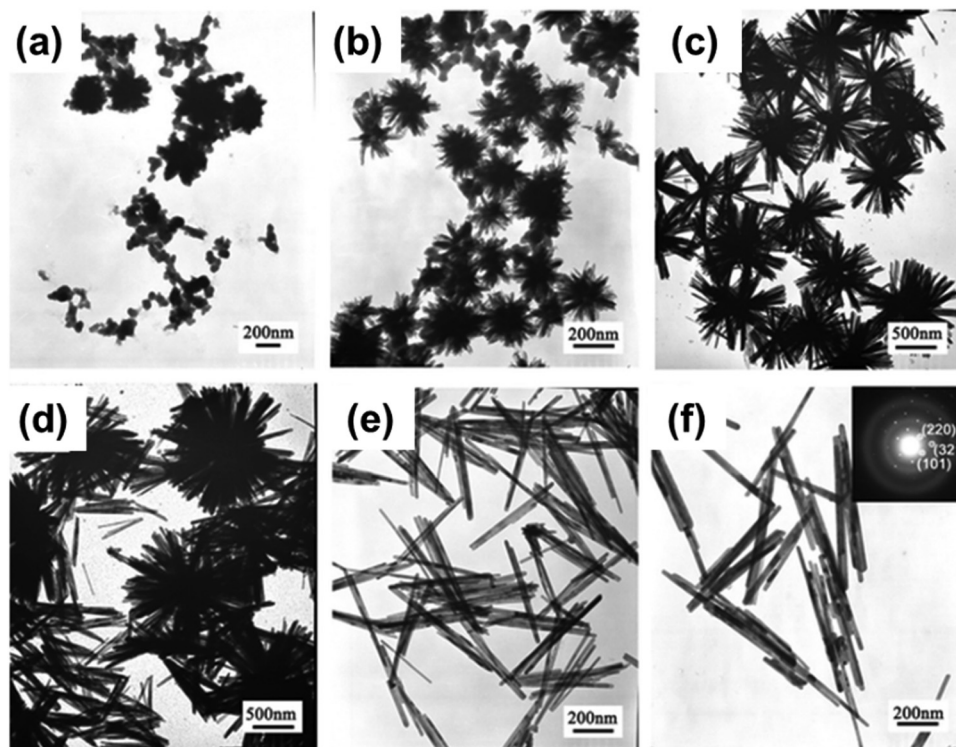


Fig. 3 Transmission electron microscope (TEM) images of Bi_2S_3 nanostructures prepared after (a) 3 s, (b) 5 s, (c) 5 min, (d) 30 min, (e) 1 h, and (f) 5 h of reaction time. Adapted with permission from ref. 134, Copyright 2010.

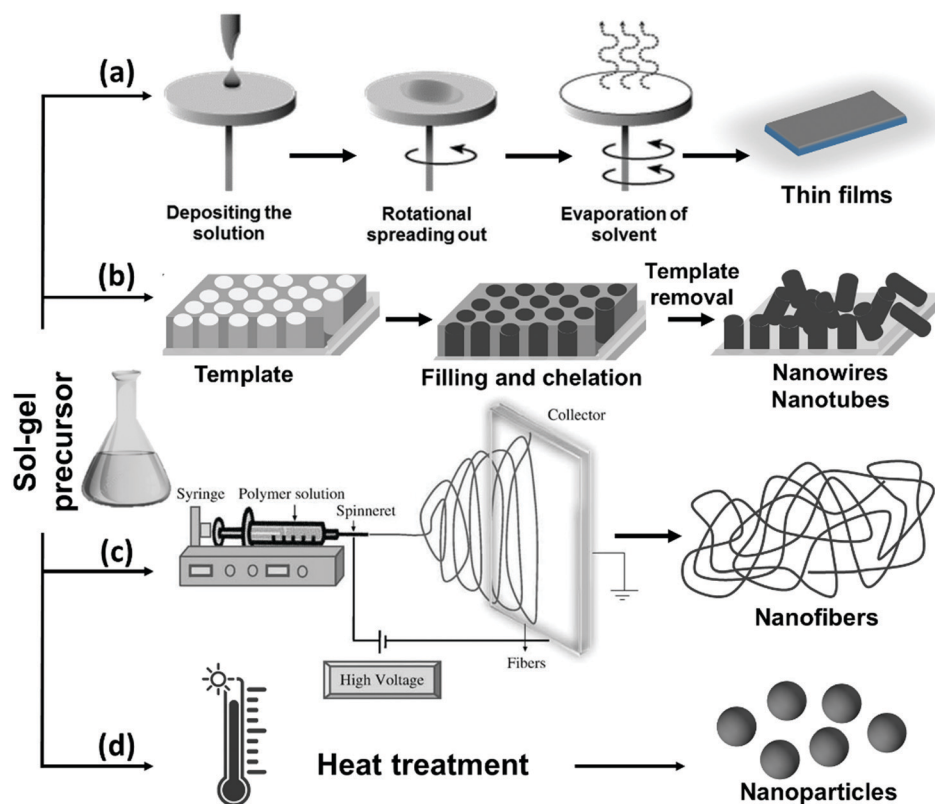


Fig. 4 A schematic diagram of the available sol-gel mediated approaches used for the fabrication of Bi-containing nanostructures.



average sizes of 21–68 nm. Spherical NPs were obtained when the powders were annealed up to 600 °C, while stable cubic NPs were produced at an annealing temperature of 800 °C.

As mentioned earlier, the sol-gel method can be combined with the electrospinning technique to obtain BiFeO₃ nanofibers, as reported by Wang *et al.*¹⁷⁷ For this purpose, the initial precursors Bi(NO₃)₃·5H₂O and Fe(NO₃)₃·9H₂O were dissolved in 2-methoxyethanol, and then glacial acetic acid and ethanolamine were added to adjust the viscosity and pH-value of the solution under stirring. This solution was further mixed with PVP in dimethylformamide/acetone (2 : 1 v/v). Afterwards, this precursor solution was loaded into a plastic syringe for the electrospinning process, using a direct current voltage of 13 kV. The collector (aluminum foil) was attached to the cathode, and the distance between the needle tip and the collector was 10 cm. After evaporation of the solvent, a fibrous mat was formed on the collector, and the composite nanofibers were dried at 60 °C for 24 h, followed by heating at 350 °C for 30 min. Finally, thermal annealing was conducted under an argon (Ar) atmosphere at 550 °C for 2 h to allow the production of fibers with a rhombohedral distorted perovskite structure. These nanofibers, with a diameter of 220–480 nm, exhibited good magnetic response, which was ascribed to the nanometer size of the fibers, along with photocatalytic activity under ultraviolet (UV) and visible light irradiation.

2.3. Microemulsion technique

The microemulsion technique has attracted considerable attention in preparing colloidal metal nanostructures, due to the ability to control the different particle properties, such as size, geometry, morphology, homogeneity and surface area.¹⁷⁸ Typically, in this technique, nanosized aqueous droplets are embedded with a surfactant, distributed in an organic phase (oil). The water phase of the microemulsion contains metal salts and acts as a nanoreactor for the synthesis of the particles,

in which the shape and size of the particles can be tuned by adjusting the water : surfactant ratio.^{117,179} The microemulsion method allows the simultaneous synthesis and stabilization of NPs, in which the water nanodroplets limit the particle growth, and the presence of surfactants adsorbed on the particle surface reduces the surface tension and the possibility of agglomeration. The formation protocol of the BiOI–TiO₂ nanocomposite is schematically shown in Fig. 5a as a general microemulsion method to prepare BiNPs.¹⁸⁰ The surfactant and co-surfactant can be chosen according to the nature of both the oil and water phases. By changing different parameters, such as the concentration of the different constituents and the nature of the dispersing phase in the microemulsion system, it is possible to control the particle morphology and size, and consequently, their properties and application. Nevertheless, the absence of a capping agent makes the NPs susceptible to agglomeration as well as surface oxidation, which is disadvantageous from materials handling and safety viewpoints. To cope with this drawback, Purkayastha *et al.*¹¹⁷ introduced a method using thioglycolic acid to cap Bi₂Te₂ NPs using a microemulsion method (Fig. 5b). Two separate microemulsions were first formed from bis(2-ethylhexyl)sulfosuccinate (AOT)/isooctane mixtures, one containing orthotelluric acid and the second containing Bi chloride. Thioglycolic acid was then added to a bismuth chloride/AOT/isooctane solution to convert the transparent Bi chloride/AOT/isooctane solution into a yellow solution as a result of the Bi ionically bonding with the thioglycolic acid. Then, mixing of the two microemulsions was followed by adding hydrazine monohydrate to reduce the solution and form molecularly capped Bi₂Te₂ NPs, with size diameters ranging from 2.5 to 10 nm.

2.4. Chemical approaches

Different chemical methodologies, including the chemical reduction method, as well as electrochemical and photochemical approaches,

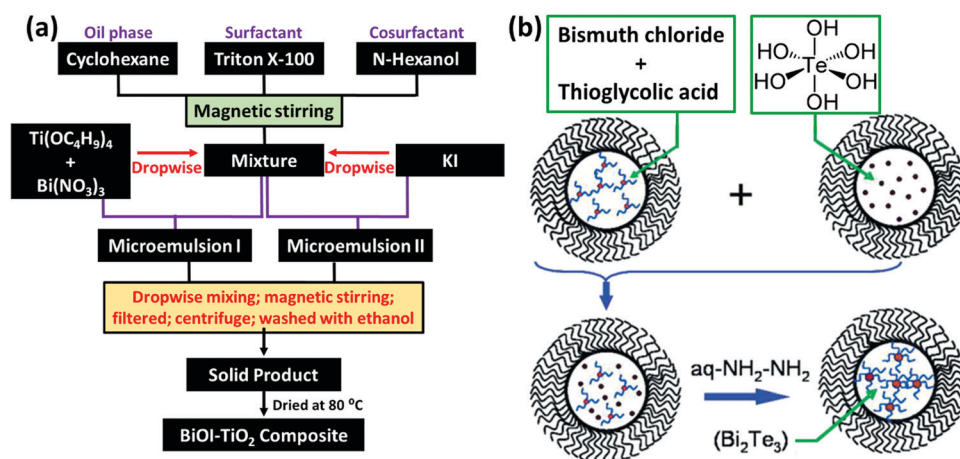


Fig. 5 (a) A flow chart showing the synthesis procedure of BiOI–TiO₂ particles *via* the microemulsion method. Adapted with permission from ref. 180, Copyright 2014. (b) The formation of Bi₂Te₂ NPs in water nanodroplets confined by bis(2-ethylhexyl)sulfosuccinate (AOT; black wiggles) in an isooctane solution. The microemulsion containing Bi ions (red dots) ligated with thioglycolic acid (blue squiggles) was mixed with another microemulsion containing orthotelluric acid (brown dots). The mixture was reduced using hydrazine monohydrate to produce thioglycolic acid capped Bi₂Te₂ NPs (brown spheres). Adapted and reprinted with permission from ref. 117, Copyright 2006.



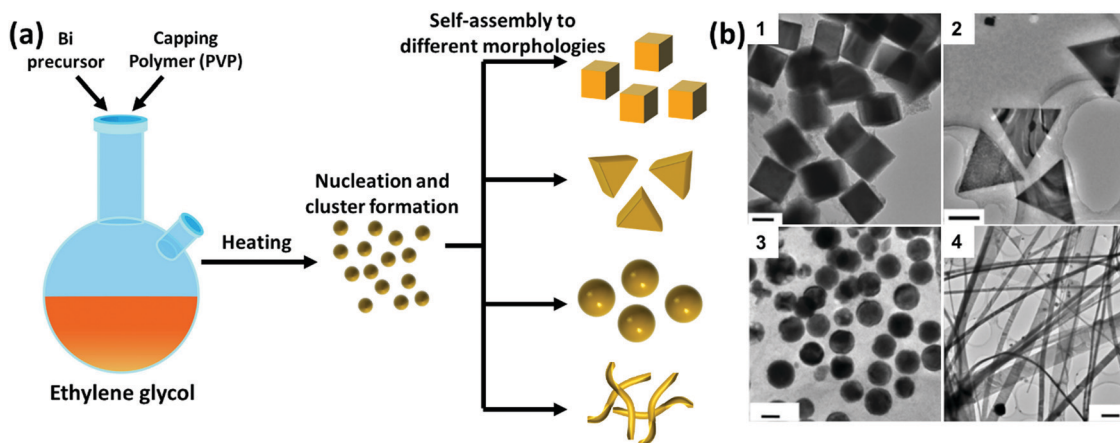


Fig. 6 (a) A schematic diagram of the polyol process for the synthesis of BiNPs and (b) representative TEM images of: (1) single-crystalline Bi nanocubes, prepared with a PVP : Bi molar ratio of 1.6 (scale bar = 50 nm); (2) Bi triangular nanoplates, when the molar ratio of PVP : Bi was reduced to 0.8 (scale bar = 200 nm); (3) Bi nanospheres, after increasing the molar ratio of PVP : Bi to 5 (scale bar = 50 nm); and (4) Bi nanobelts, prepared with a PVP : Bi molar ratio of 1.6 in the presence of Fe^{3+} species (scale bar = 500 nm). Adapted with permission from ref. 181, the American Chemical Society, Copyright 2006.

can be used to synthesize a variety of Bi structures.^{181–183} The polyol process is a soft chemical reduction technique used to fabricate a large variety of metallic NPs, presenting many advantages such as low cost, ease of use and facile scale-up. Polyols are diol, mainly 1,2-diols, such as ethylene glycol and its derivatives, including di-, tri-, tetra- and so on up to poly(ethylene glycol). The presence of several OH groups in polyols confers them with interesting properties, such as reduction and coordination capabilities, which contribute desirably to the synthesis of metal NPs. Typically, the polyol-mediated synthesis of metallic particles involves three main steps, including: (1) dissolving the metal precursor in an appropriate solvent, (2) reduction and nucleation of the monomer species, and (3) the growth and self-assembly of the nuclei/clusters to form metal particles. The reduction conditions are a very crucial step for controlling the size and morphology of the BiNPs during the polyol process, subsequently enabling the tailoring of the electronic, magnetic, optical, and catalytic properties of the NPs.¹⁸⁴ For example, Wang *et al.*¹⁸¹ were able to control the size and shape of BiNPs using the polyol process (in the presence of ethylene glycol) by changing the ratio of Bi cations (NaBiO_3 as the source) to the capping polymer, PVP, at 200 °C. As shown in Fig. 6, different sizes and morphologies of BiNPs were obtained by changing the PVP : Bi molar ratio. PVP acts as a shape controlling agent for the formation of Bi nanocubes and triangular nanoplates, and also as a stabilizing agent to prevent the Bi spherical particles from aggregating and forming big particles. Moreover, it was found that the addition of Fe^{3+} can reduce the nucleation rate of Bi NPs, allowing the NPs to align in the same direction and connect to each other to form wire-like structures.¹⁸¹

Strong reducing agents, such as alcohols, citrate ions, hydrazine or sodium borohydride (NaBH_4) have also been reported for the synthesis of BiNPs.¹⁸⁴ Brown and Goforth¹²⁰ synthesized BiNPs by reducing $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ in the presence of NaBH_4 , in a glycine and dextran containing solution at pH 9. Upon the addition of the reducing agent, the solution changed from a colorless to a black solution in a few minutes. The dextran was used as a surfactant to

render high stability to BiNPs in aqueous solutions. The preparation of BiNPs in 1,2-propanediol, using a borane reducing agent, and glucose as a biocompatible surface stabilizer, has also been demonstrated by the same team.¹²¹ Borane was selected as a reducing agent due to its kinetically slower reactivity compared to NaBH_4 , providing better size and morphology control during the formation of BiNPs, and easy purification of the prepared BiNPs. The fraction of Bi atoms constituted *ca.* 4% of the particle volume ($\sim 100\,000$ Bi atoms/NP) when the former method was used, while in the latter one, the BiNPs made up around 64% of the total NP volume, containing *ca.* 6 million Bi atoms per NP (Fig. 7). This higher Bi payload resulted in a substantial improvement in the sensitivity of the nanoplatform as an X-ray contrast agent for CT imaging.¹²¹

In addition to the above chemical approach, electrochemical and electrodeposition methods have been applied to fabricate BiNPs with different morphologies and Bi-containing films.^{182,185–187} Photochemical methodology is another convenient and environmentally friendly chemical approach suggested for the fabrication of BiNPs. For example, Zhao *et al.* reported the synthesis of Bi_2S_3 nanoflowers on an alumina template using a photo-deposition technique.¹⁸⁸ $\text{Bi}(\text{NO}_3)_3$ was used as a Bi source, and mixed with thioacetamide as a source of S^{2-} , due to the ability of thioacetamide to decompose under UV irradiation and release S^{2-} , in the presence of the complex agent nitrilotriacetic acid. Afterwards, an alumina template with pores of 100 nm in diameter was immersed in the previous solution, and the resulting solution was irradiated under UV light for 4 h, using a 500 W high-pressure mercury lamp ($\lambda > 290$ nm) as the source of UV irradiation. The presumed growth mechanisms of Bi_2S_3 nanoflowers can be described as follows: (1) the solution was permeated through the pores of the alumina template, and the deposition was performed in the presence of UV light until the pores were totally filled; and (2) the formation of Bi_2S_3 nanowires in the pores occurred, and the nanowires extended to the surface of the alumina template, and continued to grow until Bi_2S_3 nanoflowers were formed. During this process, the irradiation time and pH of the solution were found to affect the



Fraction of Bi Atoms in NPs Prepared by Two Different Approaches

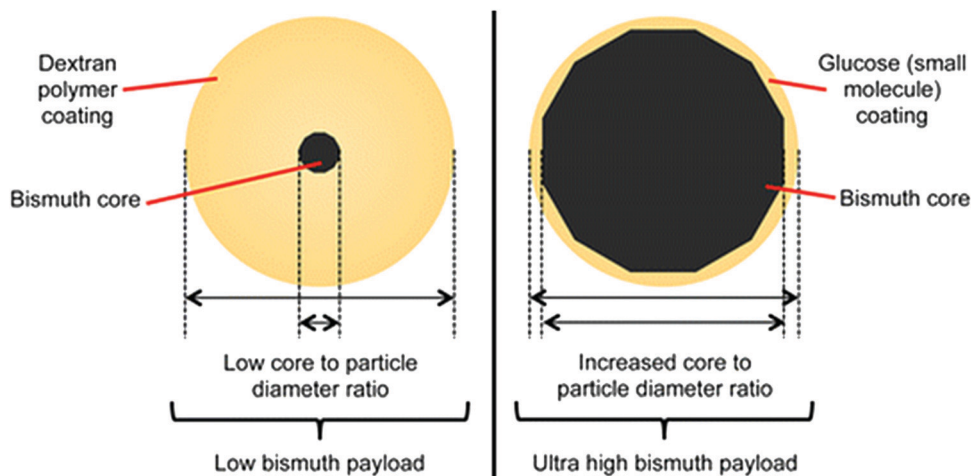


Fig. 7 A schematic comparison of the two BiNP formulations prepared by Brown *et al.* after the chemical reduction of $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$. Reprinted with permission from ref. 121, the American Chemical Society, Copyright 2014.

morphology of the prepared Bi_2S_3 . When the reaction time was lower than 1 h, the decomposition reaction of the Bi-S did not occur and Bi_2S_3 was not formed. Moreover, a reaction time of 4 h was required to form nanoflowers on the alumina template, after a complete filling of the alumina template. Additionally, the pH of the solution was found to affect the formation of the Bi_2S_3 nanoflowers.

2.5. Microwave irradiation method

The microwave irradiation synthesis has been employed in the fabrication of different inorganic materials, including BiNPs, because it is generally quite simple, with a short reaction time, and very energy efficient, compared to the abovementioned methods.¹⁸⁹ Additionally, this green synthesis method allows the production of high purity particles with different morphologies, with a small average size and narrow size distribution.^{65,190} For example, Liao *et al.*¹⁹⁰ fabricated Bi_2S_3 nanorods after reacting an aqueous formaldehyde solution, containing $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ and thiourea, in a microwave refluxing system for 20 min, obtaining nanorods with a diameter of around 10 nm and a length of up to 300 nm. Formaldehyde solution was selected as a solvent, because it led to the formation of pure and uniform nanorods. Water and ethanol were also tested as solvents, resulting in the formation of aggregated short rods. Additionally, the formation of uniform and small-sized nanorods occurred when thiourea was used as a source of sulfur. When thioacetamide was employed as the sulfur source, the prepared Bi_2S_3 nanorods were found to be thicker and longer (average diameter of 50 nm and length up to 1–2 μm).

In the microwave irradiation method, ionic liquids are excellent media for absorbing microwaves, leading to a fast heating rate. It was demonstrated that when the ionic liquid 1-*n*-butyl-3-methylimidazolium tetrafluoroborate ($[\text{BMIM}]\text{BF}_4$) was used as a solvent in the microwave irradiation process, the formation of pure hexagonal-shaped Bi_2Se_3 nanosheets was favored.¹³¹

However, when EG was used as the solvent in the absence of $[\text{BMIM}]\text{BF}_4$, irregular-shaped nanosheets were obtained, suggesting that the presence of the ionic liquid influences the morphology of the BiNPs. Therefore, changing the solvent and manipulating the ratio of the solvent Bi source is very crucial in the optimization of the microwave irradiation mediated synthesis of BiNPs. In this context, Li *et al.*³² were able to fabricate different BiPO_4 nanostructures (Fig. 8), which exhibited

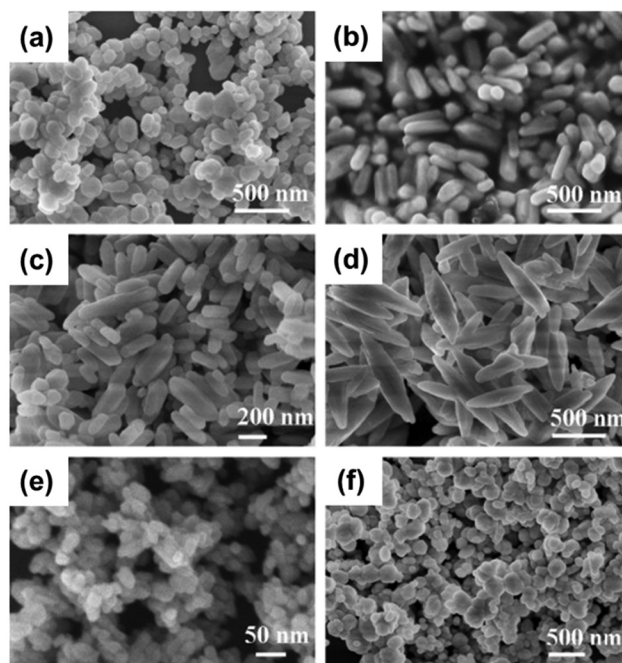


Fig. 8 SEM images of the different BiPO_4 nanostructures fabricated using the following solvents with different viscosities: (a) glycerol/water (ratio 1:6); (b) glycerol/water (ratio 1:9); (c) EG/water (ratio 2:1); (d) EG/water (ratio 1:6); (e) diethylene glycol; and (f) 0.6 M mannitol. Reprinted with permission from ref. 32, the American Chemical Society, Copyright 2011.



morphology-dependent photocatalytic behavior. For that, $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ was dissolved with different solvent combinations, such as glycerol/water or EG/water in different ratios, pure diethylene glycol, or 0.6 M mannitol, and then mixed with $\text{NaH}_2\text{PO}_4 \cdot 2\text{H}_2\text{O}$. The resulting mixture was further heated using an 800 W microwave reactor for 15 min, under continuous and vigorous stirring. The viscosity of the solvents played an important role in the morphology and size of the BiPO_4 nanostructures, in which high viscosity of the pure diethylene glycol, for example, favored the formation of BiPO_4 NPs (Fig. 8e), while low viscosity of the EG/water mixtures was crucial for the formation of 1D BiPO_4 nanostructures, such as short nanorods or rice-like NPs (Fig. 8c and d).

2.6. Sonochemical- and laser-mediated approaches for the synthesis of BiNPs

The application of high-intensity ultrasound is another facile and versatile method that can be applied for the fabrication of several types of nanostructured materials.¹⁹¹ Generally, the so-called sonochemical approach takes advantage of the extreme conditions induced by ultrasound, which creates unique hot spots that are high in temperature and pressure (> 5000 K, and > 1000 atm), and the cooling rate is over 1010 K s^{-1} when these bubbles implode.^{192,193} This technique relies on two physical phenomena associated with ultrasound: (1) acoustic cavitation, which involves the formation, growth and implosive collapse of bubbles in liquid; and (2) nebulization, which involves the creation of mist from ultrasound passing through a liquid and impinging on a liquid–gas interface, being the basis for ultrasonic spray pyrolysis.¹⁹¹ The main advantages of this method compared to other conventional fabrication processes are the rapid reaction rate and controllable reaction conditions, as well as the ability to form NPs with uniform shapes, narrow size distributions, and high purities.¹¹⁵ Wang *et al.*¹¹⁵ demonstrated that ultrasound irradiation is favorable for the fabrication of uniform-shaped Bi_2S_3 nanorods, with a diameter ranging from 20 to 30 nm, and a length of *ca.* 200–250 nm. For that, $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ and sodium thiosulfate ($\text{Na}_2\text{S}_2\text{O}_3$) were dissolved with distilled water, in the presence of triethanolamine as a complexing agent. This mixture was then subjected to high-intensity ultrasound irradiation, using a high-intensity ultrasonic probe (0.6 cm diameter; 20 kHz, 60 W cm^{-2}) immersed in the solution, for 2 h, at room temperature. However, when all the reaction conditions were kept the same but thioacetamide was used as a sulfur source, shorter and thinner Bi_2S_3 nanorods were obtained, which might be due to the higher nucleation rate of Bi_2S_3 compared to the one observed when $\text{Na}_2\text{S}_2\text{O}_3$ is the sulfur source. Furthermore, changing the complexing agents also affects both the nucleation and growth rates of Bi_2S_3 , leading to the formation of nanorods with different lengths and diameters. For example, when EDTA was employed as a complexing agent, the Bi_2S_3 nanorods presented an average diameter of 15 nm and length of 100 nm; while using sodium tartrate resulted in shorter and more aggregated Bi_2S_3 nanorods with mean dimensions of 20×60 nm. Additionally, adding 20% *N,N*-dimethylformamide

(DMF) to the water solution increased the yield of the reaction, and also decreased the dimensions of the Bi_2S_3 nanorods to 6×30 nm, due to the faster nucleation.

The presence of other surfactants in the precursor solution can also affect the size of the Bi nanostructures prepared *via* the sonochemical approach. In a study conducted by Zhang *et al.*, Bi_2O_3 nanocrystals of different sizes were prepared after adding PVP to the initial solution composed of $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ in nitric acid.¹⁹⁴ This solution was slowly dropped into a NaOH aqueous solution (pH = 11) under constant stirring, and the mixture was then irradiated with high-intensity ultrasound (600 W, 20 kHz) for 75 min. The particles prepared without PVP presented diameters of 450–700 nm and lengths of 1–2.5 mm, and were rod-like in shape; while in the presence of PVP, the Bi_2O_3 morphology changed to granular grains, with a particle size ranging from 40 to 100 nm. The Bi^{3+} ions might coordinate with PVP, which decreases the Bi^{3+} concentration, and then the reaction between the Bi^{3+} ions and OH^- is partially inhibited, leading to the formation of smaller sized crystals.

Bi nanostructures can also be fabricated using a laser-assisted approach, in which a laser beam is used to vaporize or ablate Bi, and later the products are collected on a substrate or then dispersed in a liquid.¹¹¹ Different power sources have been explored to synthesize Bi-based nanocomposites *via* a laser-mediated approach. In the case of the pulsed laser radiation in liquid technique, the size distribution of the pure BiNPs can be tuned by changing the different parameters of the laser, including the pulse energy, pulse duration, wavelength, focalization spot, and repetition rate.¹²⁴ Additionally, the laser-mediated synthesis of pure BiNPs in aqueous solutions at different pH values, such as water (pH 7), water + sodium hydroxide (pH 9.7), or water + hydrochloric acid (pH 2.7) can lead to the formation of different morphologies, such as spherical, core–shell NPs, and hollow spheres, respectively.¹⁹⁵

2.7. Bismuth-based nanocomposites

In addition to all of the techniques mentioned above, a diverse range of Bi-based nanocomposites have been prepared in order to improve the performance of BiNPs in different biomedical applications, such as antibacterial materials, drug delivery, cancer therapy, imaging, electrochemical sensors, and tissue engineering.^{123,196} The combination of BiNPs with several types of materials has been proposed, including with carbon-based materials, bioactive glasses, inorganic NPs, and polymers (*e.g.*, PVP and PEG).^{48,52,123,196–199} For example, the construction of Bi heterojunctions with TiO_2 or other materials,^{200–203} doping of various materials on BiNPs,^{204–207} as well as coating with various polymers, have been greatly focused on in the fabrication of Bi-based nanocomposites. Among all of these, the *in vivo* application of polymer camouflaged Bi-based nanocomposites has been highly studied as they show better stability in aqueous solutions and prolonged circulation time in the bloodstream.^{198,208–210} Surface PEGylation,²¹¹ BiNP encapsulation into a polymeric NP,²¹² layer-by-layer polymeric coating,²¹³ and surface cross-linking of polymers have been proposed²¹⁴ as the main strategies to hide BiNPs within a polymeric network. For example,



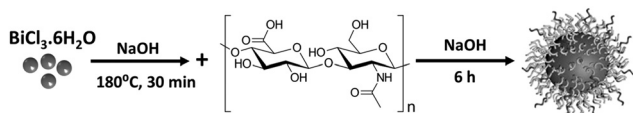


Fig. 9 A schematic diagram showing the procedure for fabricating HA-Bi₂O₃ NPs.

hyaluronic acid (HA) modified Bi₂O₃ NPs were prepared using a slightly modified procedure of the “polyol” method.²¹⁴ As shown in Fig. 9, a transparent viscous solution of BiCl₃ was first prepared in diethylene glycol (DEG). The solution was then heated in a silicon oil bath at 140–160 °C for 1 h before adding 7.5 mmol of NaOH dissolved in 30 mL of DEG. Next, dissolved reactants were heated at 180 °C for 30 min under vigorous stirring to obtain BiNPs, which were then further modified with HA through stirring in a basic solution of HA at room temperature for 6 h. In the next sections, Bi-based nanocomposites are discussed more in detail, while describing their fabrication approach along with highlighting their biomedical applications.

3. Biosafety and biodistribution of BiNPs

With all the advances in NP-based formulations, the potential toxicity has remained a challenging hurdle for their bench-to-bedside movement. This is mainly due to the high chemical reactivity and biological activity of the NPs as a result of their ultra-small size, as well as their intimate contact with cell membrane, internal organelles of cells, proteins and DNA.^{215,216} As one of the least toxic heavy metals, Bi has been clinically used for many years to treat different diseases, such as peptic ulcers, diarrhea, syphilis, severe acute respiratory syndrome (SARS), and gastrointestinal disorders.^{217–220} The most common conventional pharmaceutical formulations of Bi, including bismuth subcitrate (De-Nol), bismuth subcitrate potassium (Pylera), bismuth subsalicylate (Helidac), and ranitidine bismuth citrate (Pylorid, Tritec) have demonstrated very high safety. Nevertheless, there are serious concerns with the *in vivo* toxicity of BiNPs, since comprehensive compatibility information on them is missing and current studies do not present the mechanisms behind the possible cytotoxicity of these NPs at high concentrations.²²¹ Therefore, systematic studies on the generation of reactive oxygen species (ROS), mitochondrial toxicity, cell membrane damage, and DNA fragmentation, as the main mechanisms of NP-induced cellular damage, are needed after cell exposure to various types of BiNPs.

It is speculated that, similar to many other types of nanomaterials, BiNPs usually possess dose-dependent adverse biological effects and their cytotoxicity is largely dependent on particle diameter, charge, and surface modifications. For example, the coating of Bi₂S₃ NPs by PVP, with the aim of improving their biological stability, blood circulation time, and safety, was found to keep HeLa adenocarcinoma cells alive at high concentrations in a dose-dependent manner (Fig. 10a).²²² PVP coating has also been shown to increase the dispersivity of

NPs in aqueous medium without any detectable agglomeration, resulting in slower elimination from the bodies of rats. The leaching of free Bi³⁺ ions, which is one of the main mechanisms of toxicity for BiNPs, is prohibited in the bloodstream.²²³ In addition, long-term histological screening of the major organs, including the heart, liver, spleen, and kidneys, showed no tissue damage associated with the single-dose administration of PVP-Bi₂S₃. PEG coating BiNPs can also reduce damage to cells.^{208,224} PEG is a superior choice to modify the surface of NPs with respect to the following benefits, including the “stealth” effect of PEG on improved blood compatibility, as well as reduced protein corona formation and opsonization, resulting in prolonged blood circulation.²²⁵ Nevertheless, in contrast to the general assumption that PEG-conjugated NPs lack antigenicity and immunogenicity, anti-PEG immunoglobulin M (IgM) may be elicited after the introduction of PEGylated NPs within the body.^{226,227} For active suppression of immune attack and the prolonging of blood circulation, the biomimetic coating of NPs by with the membrane of red blood cells (RBCs) has been gaining increased attention.²²⁸ RBC membrane has biologically friendly glycans, proteins and acidic sialyl moieties, which endow them with high biocompatibility, biodegradability, and non-immunogenicity. As shown in Fig. 10b1, longer retention time in blood circulation was detected for the RBC membrane-coated BiNPs (RBC-BiNPs) in comparison to their bare counterparts, mainly due to the reduced NP uptake by macrophages.²²⁹ In this study, folate modified RBC (F-RBC)-coated BiNPs showed a similar blood circulation trend as the ones camouflaged just using RBC membrane, demonstrating the negligible effect of folate on the circulation time. Compared to the bare NPs, prolonged circulation of RBC-BiNPs resulted in improved tumor accumulation *via* passive targeting 24 h post-injection. Folate conjugation can further enhance the cellular uptake of NPs by cancer tissue through combined passive and active targeting as a result of the presence of the RBC cell membrane and folate ligand, respectively (Fig. 10b2). Considering the high accumulation of the NPs in the liver and spleen, these two are considered as dominant organs in the metabolism of NPs, apart from their surface properties and coating functionality.^{230,231} High safety, reduced clearance by macrophages, and enhanced accumulation in the tumor have also been observed for mesoporous silica-coated Bi₂S₃ nanorods (BMSNR) encapsulated within platelet membrane (PM; Fig. 10c1). Inspired by the *in vivo* stability of autologous molecules, elimination of the exogenous Bi₂S₃ nanorods by macrophages was hindered after loading within the PM. Meanwhile, binding affinity of the PM to tumor cells resulted in active targeting of the 4T1 mammary gland breast cancer cells *in vivo*, as shown in Fig. 10c2 and c3.²³² In contrast to the RBC cell membrane coating, the active targeting observed for the latter example can be attributed to the high affinity of the P-selectin on the surface of the PM for cancer cells.^{233–235} Increased blood circulation time through polymeric or cell membrane coating may lead to concerns regarding the hemotoxicity of the BiNPs. Various reports have recently revealed the desirable hemocompatibility of BiNPs, showing a RBC lysing effect of lower than 5%,^{48,213,236,237} which



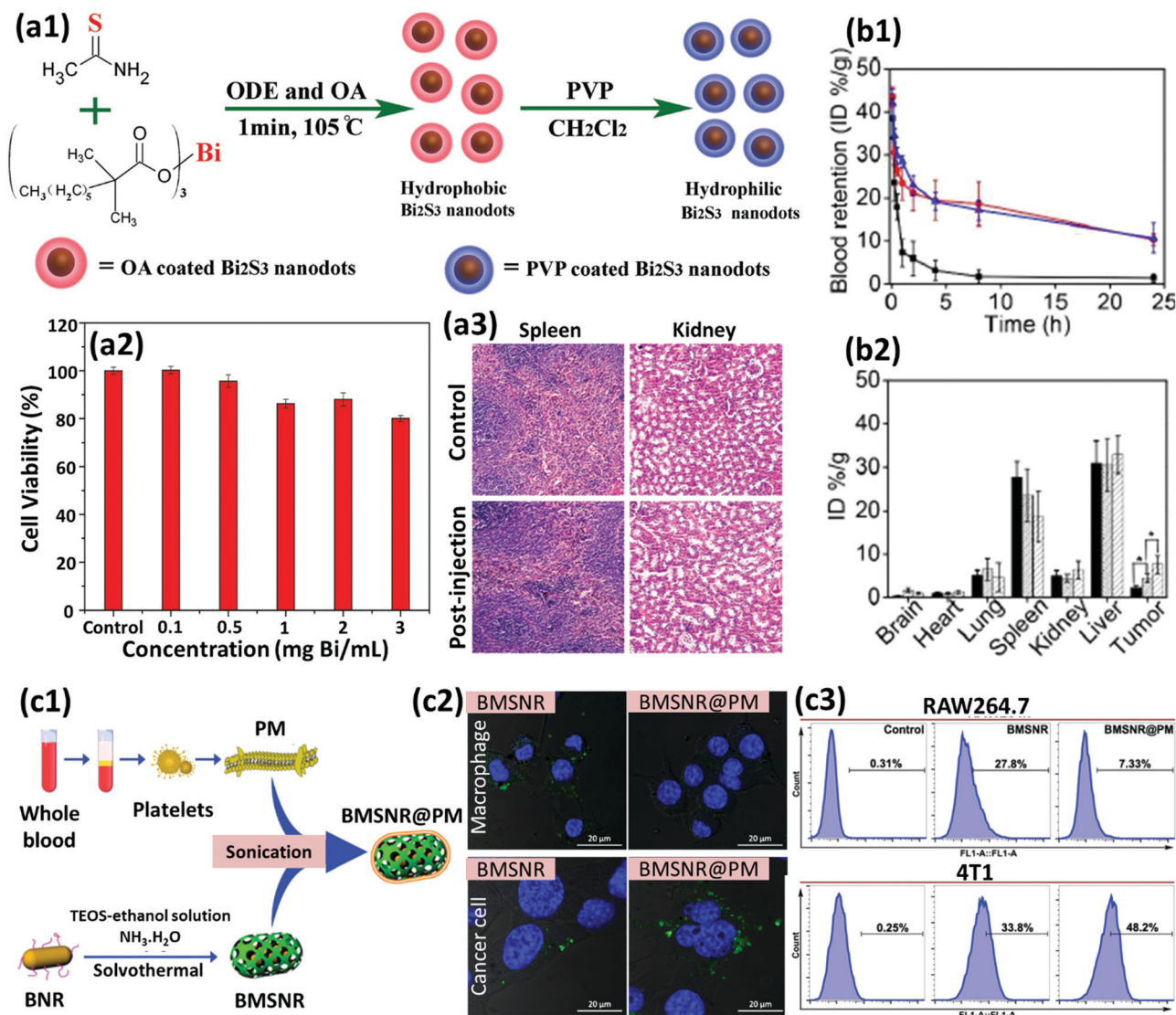


Fig. 10 (a1) A schematic representation of the synthesis and surface modification of oleic acid (OA) coated Bi_2S_3 nanodots with PVP. (a2) Cytotoxicity of PVP-coated Bi_2S_3 nanodots on HeLa cells. (a3) Histological changes in the spleen and kidney of a rat one month after the intravenous injection of a single dose of PVP-coated Bi_2S_3 nanodots. No significant changes in the normal morphologies of the tissues were observed, indicating the high safety of the NPs. Adapted and reprinted with permission from ref. 222, Copyright 2011. (b1) The blood retention of BiNPs (black curve), RBC-BiNPs (red curve) and F-RBC BiNPs (blue curve) over a span of 24 h. (b2) The biodistribution of BiNPs (black), RBC-BiNPs (dense) and F-RBC BiNPs (sparse) in mice 24 h post-injection. Adapted and reprinted with permission from ref. 229, Copyright 2018. (c1) A schematic representation of BMSNR@PM synthesis. Bismuth sulfide nanorods (BNRs) were prepared via a solvothermal method. BNRs were decorated with mesoporous silica due to its well-defined structure and desirable biosafety. PM was separated from whole blood and applied to camouflage the Bi_2S_3 -mesoporous silica nanorods (BMSNRs) via sonication and to obtain BMSNR@PM. (c2) The endocytosis of BMSNR@PM by macrophages (RAW264.7) and cancer cells (4T1) after 4 h of exposure to nanomaterials. The increase in the cellular uptake by cancer cells after coating with PM is obvious. Blue and green signals indicate DAPI-stained nuclei and FITC-labeled nanomaterials, respectively. (c3) Flow cytometry of RAW264.7 macrophage cells and 4T1 mammary gland breast cancer cells after treatment with the nanomaterials for 4 h. Increased cellular interactions after coating with PM are observed for cancer cells. Adapted and reprinted with permission from ref. 232, Copyright 2019.

according to the criterion of the American Society for Testing and Materials (ASTM) standards,²³⁸ is the highest acceptable percentage of damaging potential of a foreign agent introduced into the body.

Various *in vivo* models have also been developed to test the toxicity of BiNPs. For example, Zheng *et al.*²³⁹ used a facile solvothermal method to prepare Bi_2S_3 NRs by adding Bi neodecanoate (the precursor) to a mixture of oleic acid (OA) and

ethanol under stirring (Fig. 11a1). NRs were then obtained by adding an oleylamine solution containing thioacetamide to the above mixture under vigorous stirring. The sealed samples were then heated at 150°C for 10 h in an autoclave and finally cooled at room temperature to separate Bi_2S_3 NRs by centrifugation. The OA modified BRs were then further functionalized using amphiphilic $D-\alpha$ -tocopherol PEG 1000 succinate (TPGS) to enhance their aqueous compatibility. Finally, tetraethylorthosilicate (TEOS)



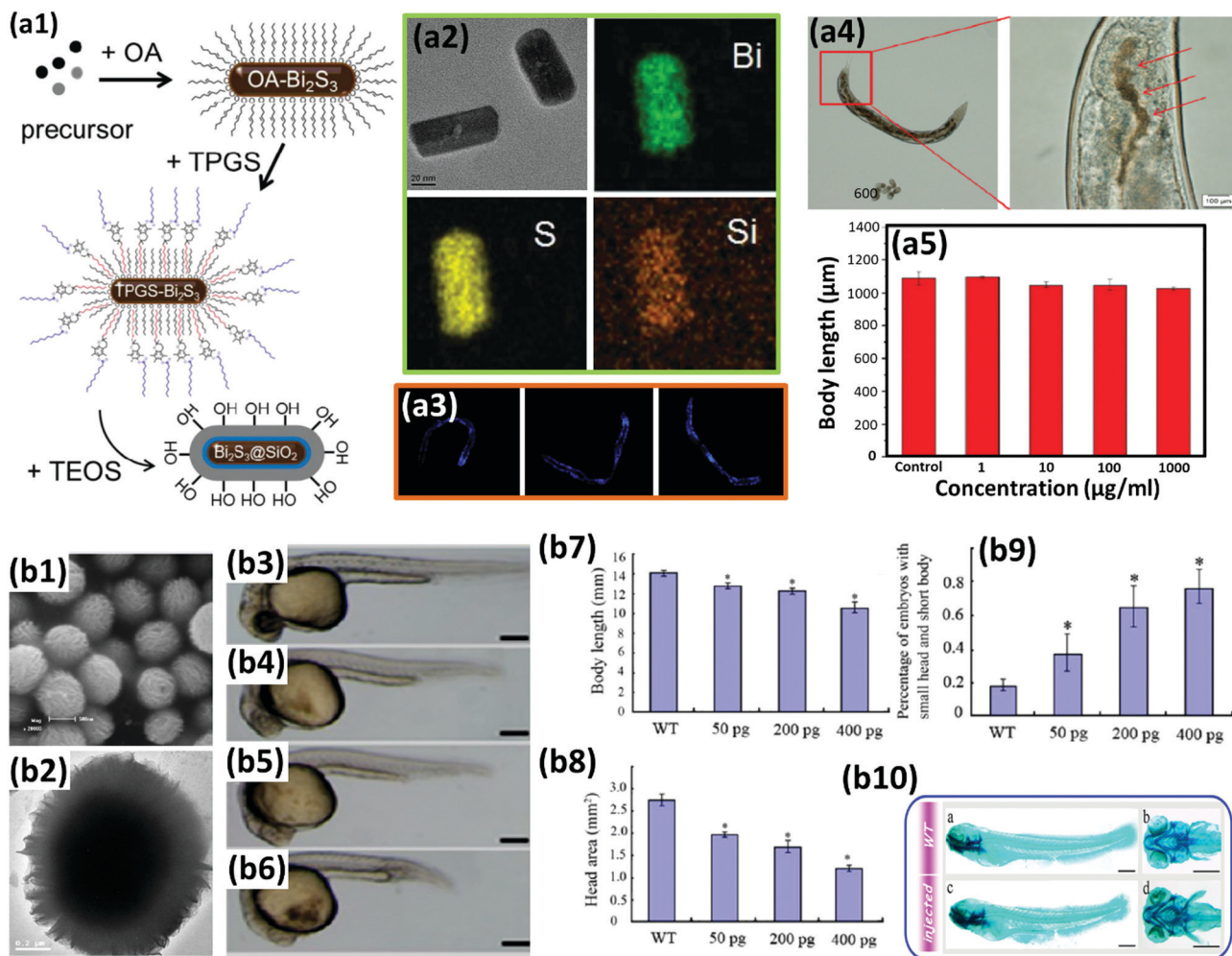


Fig. 11 (a1) A schematic illustration of the preparation process of $\text{Bi}_2\text{S}_3@\text{SiO}_2$ NRs for bimodal CT/PAT imaging of the GI tract. (a2) A TEM image of $\text{Bi}_2\text{S}_3@\text{SiO}_2$ NRs and the elemental mapping of Bi, S and Si in $\text{Bi}_2\text{S}_3@\text{SiO}_2$ NRs. (a3) The effects of $\text{Bi}_2\text{S}_3@\text{SiO}_2$ NR treatments at concentrations of 0, 10, and 1000 $\mu\text{g mL}^{-1}$ (from left to right) on the accumulation of fluorescent lipofuscin in age-synchronized worms. (a4) A bright field image of the $\text{Bi}_2\text{S}_3@\text{SiO}_2$ NR distribution in the GI tract of *C. elegans*. (a5) The body lengths of *C. elegans* after treatment with $\text{Bi}_2\text{S}_3@\text{SiO}_2$ NRs with different concentrations. Adapted and reprinted with permission from ref. 239, Copyright 2015. (b1 and b2) SEM and TEM images of BACP-2. (b3–b6) Morphological characteristics of embryos at 28 hpf (b3) without injection and (b4) with the injection of 50 pg, (b5) 200 pg, and (b6) 400 pg of BACP-2. (b7) Body lengths of uninjected embryos and embryos injected with BACP-2 at different concentrations at 28 hpf. (b8) The head areas of uninjected embryos and embryos injected with BACP-2 at different concentrations at 28 hpf. (b9) Percentages of embryos with a small head and short body at 28 hpf in uninjected embryos and embryos injected with different concentrations of BACP-2. (b10) Alcian blue staining of cartilage development at 5 dpf after the injection of BACP-2 at a concentration of 400 pg. (a and c) A lateral view with the anterior to the left. (b and d) A ventral view of the pharyngeal cartilage. Scale bars = 500 μm . Adapted and reprinted with permission from ref. 240, Copyright 2013.

was added dropwise to a solution of the TPGS-modified Bi_2S_3 NRs and the final product was obtained after 10 min of stirring, confirmed by elemental imaging of the particles (Fig. 11a2). After synthesis, the *Caenorhabditis elegans* (*C. elegans*) worm was used as a simple model organism to explore the safety and biological response of orally administered $\text{Bi}_2\text{S}_3@\text{SiO}_2$ NRs. The accumulation of lipofuscin, an endogenous autofluorescent biomarker of aging and oxidative degeneration of cellular components, was investigated in *C. elegans*. Fig. 11a3 shows that after 3 days of the exposure of *C. elegans* to NRs with different concentrations, the autofluorescence intensity of the intestine was not notably changed between the control group and the groups treated with NRs, showing the negligible

adverse effects of $\text{Bi}_2\text{S}_3@\text{SiO}_2$ NRs on the autofluorescence of lipofuscin and its levels within the worm body. Bright field imaging of the $\text{Bi}_2\text{S}_3@\text{SiO}_2$ administered *C. elegans* was also performed to ensure the uptake of NPs into the gut of the worm (Fig. 11a4). In addition, no proliferation inhibition of the *C. elegans* and negligible changes in the body length after 18 days of exposure to various concentrations of the $\text{Bi}_2\text{S}_3@\text{SiO}_2$ NRs up to 1000 $\mu\text{g mL}^{-1}$ were observed (Fig. 11a5). As a result of the CT and photoacoustic tomography (PAT) imaging potential of the $\text{Bi}_2\text{S}_3@\text{SiO}_2$ NRs, this study suggested that BiNPs provide an alternative way of fabricating multi-modal contrast agents that integrate different imaging modalities for direct and non-invasive visualization of the GI tract with minimal toxicity.



In another study, zebrafish embryos were used for the toxicity assessment of Bi-asparagine coordination polymer spheres (BACP-2).²⁴⁰ Zebrafish is a promising animal model for drug formulation development because of the exclusive advantage of their genome similarity to the human genome, easy imaging of transparent embryos, well-characterized developmental stages, high fecundity, and low-cost husbandry and housing.^{241–243} Spherical BACP-2 with an average diameter of *ca.* 800 nm (Fig. 11b1 and b2) was easily synthesized by preparing a transparent solution of Bi nitrate ($\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$) and asparagine, followed by 24 h of heating at 80 °C. Zebrafish embryos at cell stages 1–4 cell were treated with 50, 200, and 400 pg of BACP-2 through micro-injection and their development was evaluated by observing the morphology of the embryos 28 h postfertilization (hpf) to 100 hpf. Fig. 11b3–b6 show smaller heads and shorter body lengths at 28 hpf in the groups that received BACP-2 particles. Quantitative analysis demonstrated concentration-dependent toxicity as the percentages of embryos with shorter body lengths and smaller heads constantly increased from 20% in the control group to 38%, 65%, and 77% in the groups that were injected with 50, 200, and 400 pg of BACP-2, respectively (Fig. 11b7–b9). However, the evaluation of cartilage development by alcian blue staining 5 days postfertilization (dpf) demonstrated no harmful effect of the BACP-2 compared to the uninjected embryos of the control group (Fig. 11b10). While the toxicity of BACP-2 on zebrafish embryos was obvious, another study showed that the number of viable chicken embryos remained unchanged after treatment with Bi_2O_3 /human serum albumin (HSA) core-shell NPs, indicating normal functioning of embryos after exposure to these NPs.²⁴⁴ These findings provide new insights into the possible controversies and the necessity of rigorous toxicity assessment for all types of BiNPs before their application in biomedicine.

Murine models have also been used to investigate the *in vivo* safety of BiNPs. For example, PVP coated Bi_2Se_3 nanoplates were tested at a high dose of 20 mg kg^{-1} in C57 male mice through intraperitoneal injection, showing 93% metabolism and clearance within 90 days.²⁴⁵ The liver, spleen, and kidneys were the main target organs for Bi accumulation, reaching concentrations of 163.2, 101.9, and 46.8 $\mu\text{g g}^{-1}$ in the aforementioned organs after 1 day, respectively. Reticuloendothelial systems (RES) play a main role in the dominant accumulation of nanoplates within the liver and spleen compared to the other organs.²⁴⁵ In general, no meaningful statistical differences were observed over a 90 day period on the growth, body weight, and thymus index of the animals, as well as the hematology markers, biochemistry markers, and histology of various organs between the nanoplate-treated mice and the control group. Even small changes were negligible since the damages were recovered to the normal state over the monitoring period of 90 days. For example, a meaningful change in the blood level of alanine aminotransferase (ALT), as an indicator of hepatic function, was observed on day 7 and recovered to the normal level over the next screening time-points of 30 and 90 days. Comparing the above system with other types of nanomaterials, such as gold NPs (AuNPs) stabilized by PEG and bovine serum

albumin (BSA)^{246,247} or Fe_3O_4 nanocrystals coated with PEG or OA,²⁴⁸ shows that coated BiNPs cause much less acute damage and changes in the biochemistry parameters of the blood. Another interesting study by Zhang *et al.*²⁴⁹ demonstrated not only the high biocompatibility of PVP coated Bi_2Se_3 NPs at a high dose of 50 mg kg^{-1} in mice, but also their capability to protect animals against ionizing radiation *via* their free radical scavenging effect and electrocatalytic properties. In blood circulation, Bi_2Se_3 NPs are prone to oxidation, and therefore, they can provide a strong reducing effect for protection against ROS and lots of free radicals generated by exposure to ionizing radiation during the radiotherapy of cancer. It was found that while the survival fraction of mice exposed to 662 keV gamma photons was 0%, treatment with PVP- Bi_2Se_3 NPs protected the animals from gamma radiation and increased the survival rate to 70%. Additionally, NPs were gradually excreted for up to 90 days without any significant side effects in panels of clinical biochemistry, blood chemistry, and pathology at a dose of 50 mg kg^{-1} . These NPs also improved the recovery of the radiation mediated fall in the level of RBCs, white blood cells (WBCs), and platelets. Promisingly, Bi_2Se_3 NPs also induced an increase in superoxide dismutase (SOD; an enzyme that alternately catalyzes the dismutation of superoxide radicals into either ordinary molecular oxygen or hydrogen peroxide) and reduction of 3,4-methylenedioxyamphetamine (MDA; a harmful byproduct from mice) in animals exposed to ionizing radiation. Therefore, it was conceived that Bi_2Se_3 NPs have great potential to be used as adjuvant therapy to suppress radiation-induced injuries. In fact, the Se released from the particles was hypothesized to be able to reduce the side effects of RT through the improved activity of glutathione peroxidase (GSH-Px) and SOD, improving the radioresistance of healthy tissue.²⁵⁰ However, to corroborate and extend the medical applications of BiNPs towards this area, further *in vivo* explorations are needed.

The biosafety of nanomaterials, including BiNPs, is directly related to their elimination from the body after administration.²⁵¹ Clearance through the renal (urine) and hepatic (bile to feces) pathways are two main routes for NP excretion.²⁵² Renal clearance needs glomerular filtration of nanomaterials in the kidneys, a phenomenon that is highly dependent on the shape, charge, and size of NPs. The typical filtration-size threshold (FST) of the capillary walls of the glomerulus is nearly 6 nm. This means that the filtration of nanomaterials with hydrodynamic diameters larger than FST is not possible by the kidneys, unless they degrade into smaller residues. If not, the Kupffer cells of RES capture large NPs and digest them for clearance through the hepatic pathway and later excrete them in feces. Most Bi-based NPs possess a diameter larger than the FST threshold,^{38,50,121,253–256} therefore, they cannot pass through the glomerular capillary walls and be eliminated in urine. Even BiNPs with a size smaller than 6 nm can become larger in biological environments due to the possible adsorption of plasma proteins on their surface. For example, the size of Bi_2S_3 NPs has been shown to increase from 6.1 to 39.52 nm after BSA adsorption on their surface.²⁵⁷ Accordingly, similar to many other types of nanovehicles, hepatic clearance seems to be the dominant route of elimination for



BiNPs due to their large hydrodynamic diameter.^{53,258} In general, BiNPs with any hydrodynamic size larger than the FST, various shapes, different surface coating and chemical composition have shown dominant accumulation in the liver shortly after intravenous injection.^{229,232,245} However, the synthesis of very small particles, surface coated with protein-adsorption-resistant materials or using rapidly degradable BiNPs might help to alter the clearance pathway towards the urinary system.^{237,245,250,259} For example, Bi was easily detectable in kidneys 2 h after the injection of dextran coated Bi-iron oxide nanohybrid.²⁶⁰ This shows that the Bi was efficiently cleared through the urinary route as a result of particle degradation in the acidic environment. The level of Bi in the urine was found to be much higher than that of Fe due to the confiscation of released Fe ions by ferritin for the synthesis of hemoglobin, whereas such a system does not exist for the consumption of Bi ions in the body. In addition, the incubation of the nanohybrid in a 10% solution of fetal bovine serum reduced their size from 98 to 48 nm after 24 h as a result of time-dependent degradation in biological fluids, confirmed by the detection of free Bi ions in the bio-mimicking media.

Similar to the above example, the accumulation of Cu_3BiS_3 NPs in the urinary system and their renal clearance were dominant.²⁵⁹ This observation can be attributed to the small size of the particles as well as the rapid chemical transformation and degradation of the Cu_3BiS_3 into Cu-COO^- species in acidic lysosomal environment. Clearance through the kidneys was also observed for $(\text{BiO})_2\text{CO}_3$ nanotubes due to their rapid disassembly in acidic environments, such as tumor tissue, to nanoclusters with a size smaller than the FST, resulting in their facile renal filtration within a short time post administration.²⁶¹ This study showed that the Bi content excreted *via* the renal route reached *ca.* 35% within 12 h post injection, while fecal clearance was lower than 2% during the same time period. In contrast to the above examples that show renal clearance of some BiNPs due to particle degradation, Bi- Bi_2S_3 heterostructure NPs were removed from the body through urine because of their own ultrasmall size.²³⁷ Therefore, further assessments are necessary to understand the optimal size and shape of BiNPs, which might guide their clearance towards the renal system. Moreover, comprehensive studies on the role of the route of administration and an understanding of the relationship between the surface coating of BiNPs and their clearance are still required.

4. Antimicrobial activity of BiNPs and their composites

As the field of metal-based nanomedicine emerges, there is an overwhelming number of studies on research surrounding the topic of antimicrobial NPs due to the continuous occurrence of bacterial resistance, which is a life-threatening challenge worldwide.^{4,262–264} Nowadays, it is believed that some categories of metallic NPs are good antimicrobial agents, because of their high activity at low doses and diverse bactericidal effects,

providing the desirable potential to reduce or eliminate the evolution of resistant bacterial strains.²⁶⁵ Mechanisms involved in the antimicrobial effect of metal-based NPs include the production of ROS, cation release from the NPs, ATP depletion, membrane impairment and alteration of its respiratory function, protein dysfunction and interference with nutrient assimilation. These mechanisms even translate into alteration of signal transduction and the inducing of destructive changes to the microbial transcriptomic and proteomic profiles through dephosphorylation of the peptide substrates on tyrosine residues, resulting in the inhibition of signal transduction and suppression of bacterial growth.^{262,266–269}

The development and application of Bi in diverse forms such as Bi salts, NPs, and nanocomposites as antimicrobials have been increasingly investigated due to the biocompatibility of Bi,²⁷⁰ creating new hope to fight infectious diseases and bacterial resistance.^{163,271–279} For example, a combination of Bi organic salts and some antibiotics are currently used to manage *Helicobacter pylori* (*H. pylori*) infections.^{280,281} Likewise, Bi carboxylates and Bi thiols show a capacity to treat *H. pylori* and to inhibit biofilm formation.^{282,283} Hernandez-Delgado *et al.*^{273,274} reported the great antifungal and antibacterial properties of BiNPs at low concentrations of 2 mM and less than 1 mM, respectively. They showed the inhibitory effect of zerovalent BiNPs against the growth of *Streptococcus mutans* (*S. mutans*) with a minimal inhibitory concentration (MIC) of 0.5 mM and their ability to inhibit biofilm formation similar to the antimicrobial effect exhibited by chlorhexidine. The mechanism of action of these zerovalent BiNPs was not described, but hypothesized to be associated with the high surface-to-volume ratio of the particles, their quantum confinement, their stability in aqueous media, and irregularities present in the crystal lattice of the nanostructured BiNPs that provide more active sites to interact with bacteria.^{273,274} Badireddy *et al.*,^{163,275} reported colloidal Bi dimercaptopropanol (BisBAL) with an inhibitory effect on the biofilm formation of *Pseudomonas aeruginosa* (*P. aeruginosa*) and the inhibiting of the growth of *S. mutans* and *S. gordonii* by over 70% at 0.1 μM (MIC = 5 μM). The mechanism of antibacterial activity of the BisBAL NPs was postulated to be related to the dissolution of the BiNPs and release of the Bi ions, which could penetrate to the cell wall and then react with the sulfhydryl groups of key respiratory chain enzymes to inactivate and lyse bacteria.²⁷⁵ Similarly, Hernandez-Delgado *et al.*²⁸⁴ recently incorporated BisBAL NPs into a mineral trioxide aggregate (MTA) to reduce the risk of infection, when MTA was used in endodontic therapy. The Kirby and Bauer disk diffusion method showed that the growth of *Enterococcus faecalis* (*E. faecalis*), *E. coli*, and *C. albicans* could effectively be inhibited by BisBAL NPs, demonstrating inhibition zones of 19, 24, and 23 mm, respectively. BisBAL NPs also showed antibiofilm activity against *E. faecalis* at a concentration of 10 mg mL^{-1} and exposure time of 24 h, suggesting that they are a good candidate to decrease the incidence of dental re-infections after the use of MTA in endodontic therapy. To highlight the role of nanosized BiNPs, Cabral-Romero *et al.*²⁷⁴ showed the better antimycotic effects of Bi_2O_3 NPs against *C. albicans* compared



to other forms of Bi, including bulk polycrystalline Bi_2O_3 and its precursor Bi nitrate, $\text{Bi}(\text{NO}_3)_3$, suggesting that the high surface area of the nanostructured Bi_2O_3 was responsible for its antimycotic activity, with a MIC of 1.5 mM. The hypothesis for the antifungal mechanism of the Bi_2O_3 NPs relies on the increased amount of water molecules and OH^- ions bound to the surface of the particles, creating a highly negative surface charge and basic aggregation points, to which *C. albicans* is highly sensitive. Nevertheless, other mechanisms might be involved in the antimicrobial potential of BiNPs. For example, Nazari *et al.*²⁷⁶ prepared biogenic BiNPs through the inoculation of Bi subnitrate with a pure culture of *Serratia marcescens* and then demonstrated the multifaceted antimicrobial potential of the particles against different strains of Gram-negative *H. pylori*. An inhibitory dose of biogenic BiNPs ($100 \mu\text{g mL}^{-1}$) caused the release of metabolites, such as acetate, formic acid, glutamate, valine, glycine, and uracil from *H. pylori* bacteria into their supernatant, suggesting that the antimicrobial activity of BiNPs results from their interference of the Krebs cycle, nucleotides, and acid metabolism. This multifaceted antimicrobial potential is the main reason for using Bi subsalicylate NPs (BSS-NPs) in dental materials or antiseptic solutions against oral anaerobic bacteria (*e.g.*, *Actinomyces israelii*, *Aggregatibacter actinomycetemcomitans* serotype b, *Capnocytophaga gingivalis*, *Eikenella corrodens*, *Fusobacterium nucleatum* subsp. *nucleatum*, *Parvimonas micra*, *Porphyromonas gingivalis*, *Prevotella intermedia*, *Streptococcus mutans*, and *Streptococcus sanguinis*)²⁷⁸ or preparing Bi-substituted hydroxyapatite nanopowders for potential applications in bone infection and regeneration.²⁸⁵ Moreover, BiNPs and Bi nanocomposites may also be used for combinatorial therapy of microbial infections by taking advantage of the radiosensitizing properties of Bi,²⁷⁷ which can be combined with the antimicrobial effect of antibiotics.^{286,287} Such synergistic effects may be an effective way to kill multidrug-resistance bacteria through inducing irreparable DNA damage due to the free radicals generated by X-ray irradiation.¹⁹⁸ Luo *et al.*²⁷⁷ have developed BiNPs surface-modified with anti-*P. aeruginosa* antibodies to impart them with selective X-ray mediated toxicity towards *P. aeruginosa* due to the specific binding of the NPs to the bacteria, representing a promising approach to accelerate the healing process in bacterial infected wounds. In addition to X-ray mediated antibacterial effects, Sharma *et al.*²⁸⁸ described visible the light-induced bactericidal effects of octahedral monoclinic-Bi vanadate (m-BiVO_4) NPs towards *E. coli*. Similarly, the light-induced ROS generation and photodynamic antibacterial effects of BiNPs were also reported for nitrogen-rich carbon-coated Bi/cobalt (Bi@Co@CN) NPs.²⁸⁹ Particles were fabricated *via* a thermal condensation method using $\text{Bi}(\text{NO}_3)_3$ and $\text{Co}(\text{NO}_3)_2$ metal salts (Fig. 12a). Graphitic carbon nitride ($\text{g-C}_3\text{N}_4$) is an antibacterial agent and the energy created by electron-hole pairs enables it to generate ROS. However, rapid electron-hole recombination limits its application as a potent antibacterial agent. To overcome this limitation, $\text{g-C}_3\text{N}_4$ was decorated with BiNPs, which has a narrow bandgap enabling it to harvest visible light to generate thermal energy for a better

antimicrobial effect. Furthermore, Bi on the surface of $\text{g-C}_3\text{N}_4$ can facilitate charge transfer and accelerate electron-hole separation, leading to enhanced photocatalytic activity. Co was also used in this system because of its high photothermal conversion effect to reduce the chance of infection recurrence after using Bi@Co@CN as an antibacterial agent. *In vitro* findings demonstrated the excellent antibacterial activity of Bi@Co@CN against both Gram-positive (*S. aureus*) and Gram-negative (*E. coli* ATCC25922 and *Salmonella* LT2) bacteria, as well as methicillin-resistant *Staphylococcus aureus* (MRSA). Within 20 min of treating a *S. aureus* suspension with the Bi@Co@CN composite (2 mg of the composite in 10 mL of bacterial suspension containing *ca.* 10^7 colony forming units per mL) under visible-light irradiation, more than 99.9% of the bacteria were killed due to the abundant generation of ROS and thermal energy, imparting damage to the bacterial membranes (Fig. 12b). Excellent charge separation efficiency between the $\text{g-C}_3\text{N}_4$ nanostructures and metal NPs provided a desirable antibacterial environment. In contrast, negligible antimicrobial activity was observed in the dark and light controls. The disinfection efficiencies of Bi@CN and Co@CN were also significantly less than that of the Bi@Co@CN composite. Fig. 12c displays the colonies of *S. aureus* on an agar plate after exposure to Bi@Co@CN at various irradiation times, confirming the gradual killing of the bacteria with increasing illumination time. The role of ROS generation in the treatment of MRSA infected wounds was also assessed *in vivo*, demonstrating very effective wound healing without detectable damage to the major organs (Fig. 12d and e). The suggested mechanism of action is the inhibition of the expression and transcription of virulence factors and the inhibition of the transcription of methicillin resistant gene (*mecA*) of MRSA mediated by ROS generation.

The same concept of inducing ROS generation was also reported by Hsu *et al.*,²⁹⁰ by preparing biocompatible BiOI nanosheets with high photocatalytic activity and energy storage efficiency, and then, conducting *in situ*-doping of AuNPs and gold-iodide (Au-I) complexes into BiOI nanosheets to render the nanocomposites with high oxidase-like activity.²⁹¹ Certain volumes of $\text{Bi}(\text{NO}_3)_3$ (10 mM), KI (10 mM), and HAuCl_4 (1, 10 or 100 mM) were added to a mixed solution containing ultra-pure water and tris-borate buffer and this was allowed to react *via* shaking in the dark for 2 h to form Au/BiOI nanocomposites. Doping of AuNPs disrupted the layered crystalline structures of BiOI, leading to the formation of a high degree of oxygen vacancies and 4-fold higher oxidase-like activity compared to the Bi nanosheets alone. In addition, the doping of AuNPs reduced the MIC of the BiOI NPs from more than $400 \mu\text{g mL}^{-1}$ to *ca.* $0.1\text{--}0.2 \mu\text{g mL}^{-1}$. The very low MIC range of the Au/BiOI nanocomposite, which indicates its highly efficient antibacterial activity, was obtained for various bacteria, including *E. coli*, *K. pneumoniae*, *S. enteritidis*, *S. aureus*, *B. subtilis*, and MRSA. This was mainly due to the strong interactions of the nanocomposite with the bacterial membrane and higher generation of ROS through the strong oxidase-like activity. The ROS generation induced bacterial killing *via* the destruction of cell



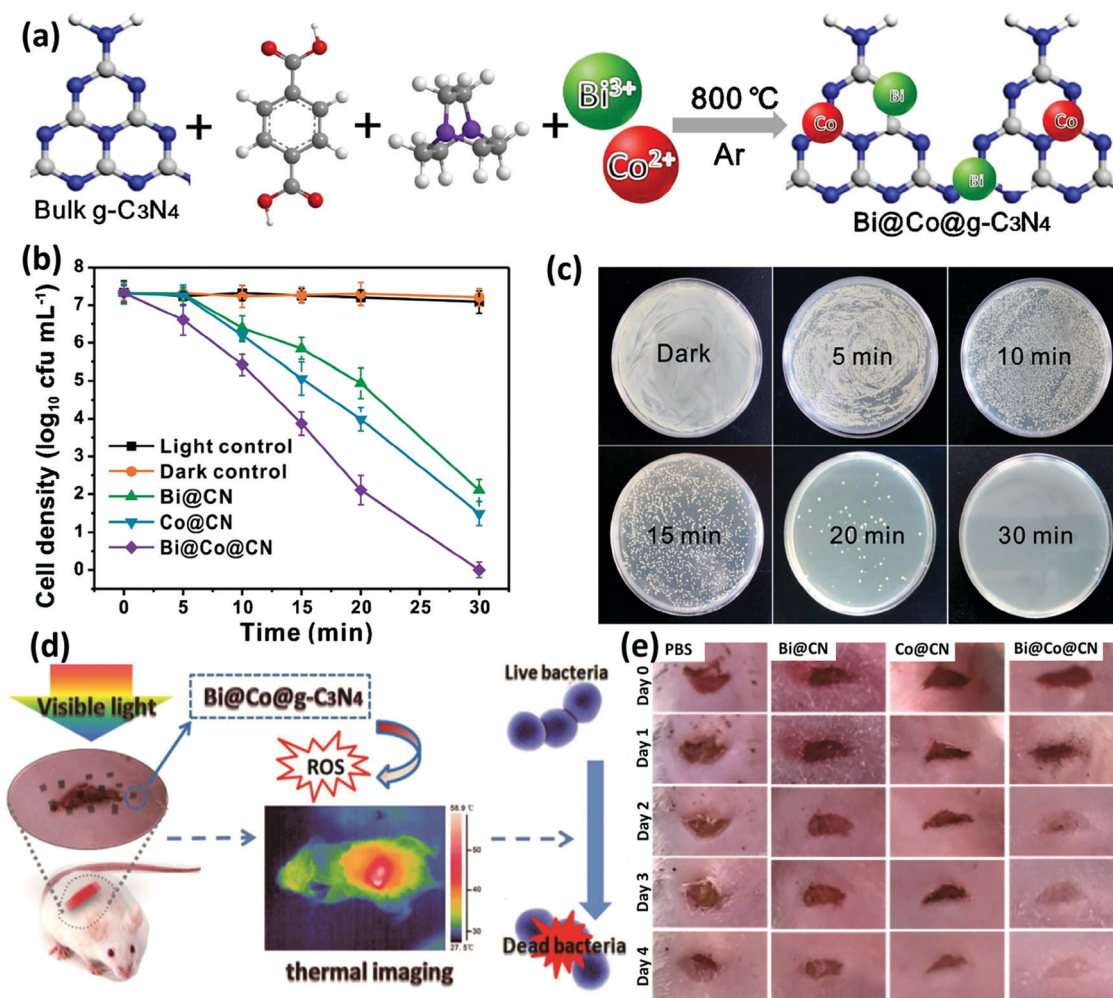


Fig. 12 (a) The fabrication process of Bi@Co@g-C₃N₄ nanocomposites. Co(NO₃)₂·6H₂O and Bi(NO₃)₃·5H₂O were added into dimethylformamide (DMF) to prepare a transparent solution, followed by the addition of 1,4-benzenedicarboxylic acid and triethylenediamine and 60 min of stirring. Finally, g-C₃N₄ was added to the solution mixture, which was stirred for 3 h before solvent separation and the heating of the remaining green solid powder at 800 °C for 1 h under an Ar atmosphere. (b) The density of *S. aureus* treated under different conditions by visible-light irradiation. (c) Bacterial colony growth in the presence of Bi@Co@CN for different irradiation times. (d) A schematic illustration of the mechanism of action of Bi@Co@CN, with the generation of ROS and thermal energy, enhancing the photodynamic inactivation of the bacteria under visible-light irradiation. (e) Photographs of infected wounds during treatment with PBS, Bi@CN, Co@CN, and Bi@Co@CN, showing clear incrustation in the Bi@Co@CN group after 4 days of treatment. Adapted and reprinted with permission from ref. 289, Copyright 2019.

membrane, inducing DNA and protein damage and disrupting the electron transport of the bacterial membrane and respiration processes. In this study, a *S. aureus*-infected bacterial keratitis model was developed in rabbits to prove the effectiveness of the nanocomposite on ocular infections. When compared with Ag NPs, Au/BiOI nanocomposites showed better maintenance of corneal thickness and lamellar structure of the stromal layer, less inflammation, and higher biocompatibility.

In addition to ROS generation mediated by the photodynamic antibacterials (PDA) discussed in the above examples, photothermal antibacterials (PTA) of BiNPs have been recently introduced to eradicate bacterial infections through the irradiation of NIR (700–1100 nm) light.²⁹² Light-to-heat conversion by BiNPs can synergize the killing effect of ROS generation and eradicate bacterial infections (Fig. 13a1). Novel Bi₂Se₃ nanoplates (Fig. 13a2) were fabricated *via* a high-temperature

reaction (colloidal synthesis) and their surface was coated with polyethyleneimine (PEI) through electrostatic interactions.²⁹³ These NPs, at a concentration of 80 parts per million (ppm), were found to eradicate nearly 99% of *S. aureus* and around 97% of *E. coli* bacteria upon 10 min of NIR light irradiation through combined PTT and photodynamic therapy (PDT) *via* the generation of heat and ROS, respectively (Fig. 13a3 and a4). Li *et al.*²⁹⁴ followed the same concept for the combined dual-modal therapy of wounds infected by multidrug-resistant (MDR) bacteria, using multi-functional heterojunctions of sheet-like zinc atom-doped g-C₃N₄ and Bi₂S₃ nanorods (CN-Zn/BiS), which were formed *via* the interspersions of clubbed BiS nanorods in CN. Excellent photothermal properties of CN-Zn/BiS under 808 nm NIR irradiation were confirmed by observing stable temperature variation and nearly constant maximum temperature during the on-off effects of the NIR laser. CN and CN-Zn



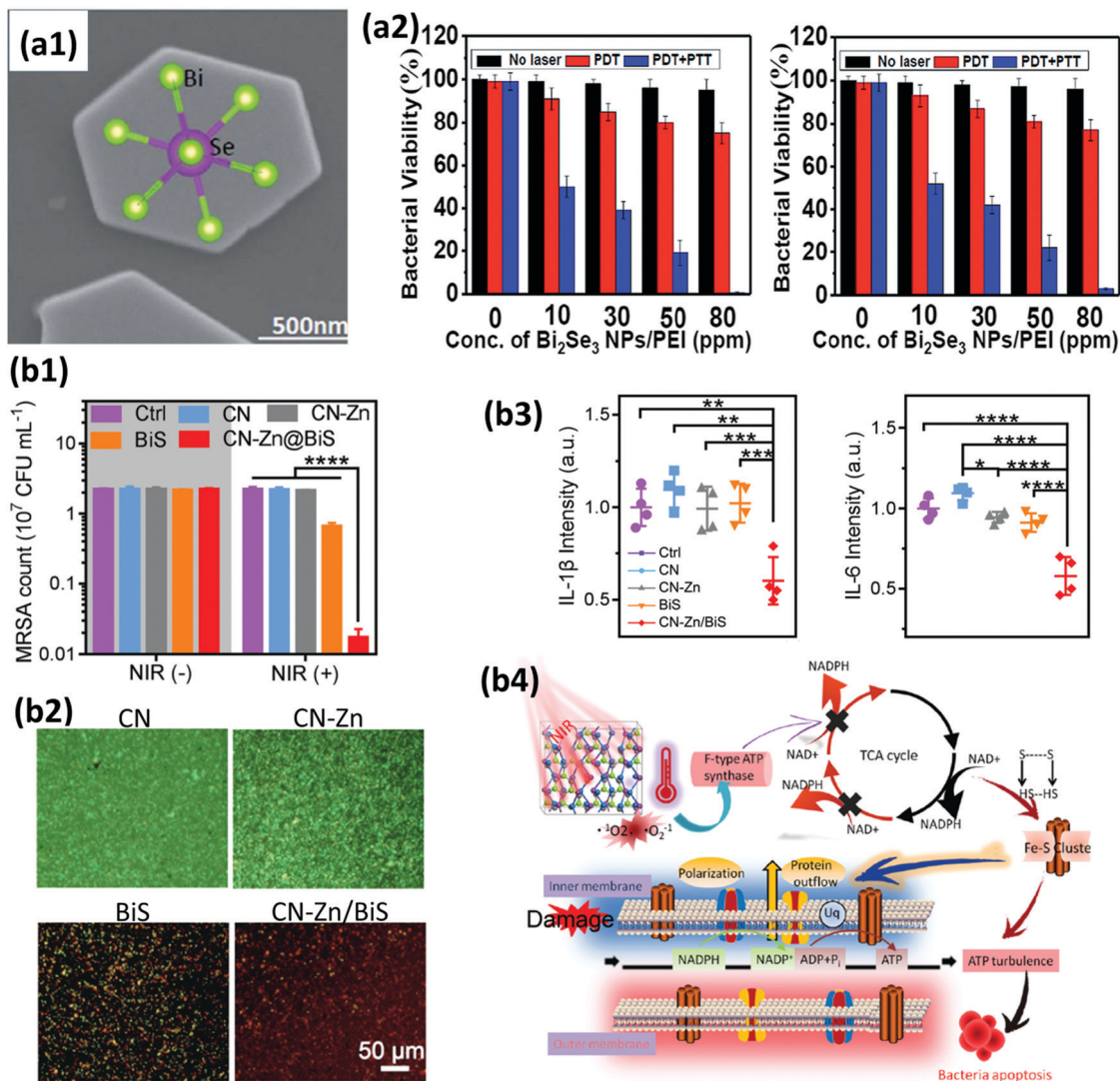


Fig. 13 (a1) A high-magnification SEM image of a Bi_2Se_3 NP. (a2) The antibacterial effects of PEI coated Bi_2Se_3 NPs as a function of concentration. Bacterial viability is presented as a percentage under the different conditions of no laser, PDT alone and combined PDT and PTT for *S. aureus* (left graph) and *E. coli* (right graph). Adapted and reprinted with permission from ref. 293, Copyright 2018. (b1) MRSA strain counts calculated from spread-plate assays after exposure to CN, CN-Zn, BiS, or CN-Zn/BiS ($200 \mu\text{g mL}^{-1}$) under 808 nm NIR light irradiation. (b2) Live/dead fluorescence staining of MRSA. Green fluorescence from live bacteria stained using SYTO9 dye and red fluorescence from dead bacteria stained using propidium iodide (PI) dye were detected. (b3) The quantification of inflammatory IL-1 β and IL-6 cytokines in wound tissues after 2 days of treatment with CN, CN-Zn, BiS, or CN-Zn/BiS. (b4) The antibacterial mechanism of PDA/PTA induced by CN-Zn/BiS under 808 nm light irradiation. Adapted and reprinted with permission from ref. 294, Copyright 2019.

did not show any significant killing effect towards MRSA at a concentration of $200 \mu\text{g mL}^{-1}$ under 808 nm NIR irradiation. In contrast, 70.3% and over 99.2% of MRSA were killed under the same conditions after exposure to BiS and CN-Zn/BiS, respectively (Fig. 13b1 and b2). The nanocomposite also regulated inflammatory factors, such as IL-1 β and IL-6 *in vivo* (Fig. 13b3) to accelerate the regeneration of infected wounds after killing the bacteria *via* NIR therapy. Fig. 13b4 summarizes the combined PDA/PTA antimicrobial mechanisms of the CN-Zn/BiS nanocomposite. The pernicious effects of ROS and hyperthermia decreased F-type ATP and increased *ortho*-nitrophenyl- β -galactoside (ONPG) hydrolysis, resulting in damage to electron transport in the respiratory chain, membrane polarization and protein leakage from the

bacterial wall. It is worth pointing out that combined anti-bacterial and anti-inflammatory effects, similar to the above example have also been reported by Ouyang *et al.*²⁹⁵ who showed selective cell wall disruption and eradication of Gram-positive *S. aureus* bacteria by Bi_2Se_3 nanodiscs ($50 \mu\text{g mL}^{-1}$) due to the high affinity of the nanodiscs towards lipoteichoic acid on the surface of the bacteria. Furthermore, Bi_2Se_3 was found to be capable of scavenging the intracellular ROS of macrophages and reducing inflammation through a decrease in inflammatory cytokines, endowing them with high efficacy to treat infected wounds. Nevertheless, there is a controversy between these two studies due to the lack of information on the work performed by Li *et al.* While Ouyang and his team achieved anti-inflammatory



responses through reduced ROS production by Bi₂Se₃, Li *et al.* used CN-Zn/BiS for NIR-mediated ROS production for bacterial killing, while still demonstrating reduced secretion of inflammatory cytokines, such as interleukin (IL)-1 β and IL-6. In this study, we were not able to realize whether the anti-inflammatory tests were performed after treatment with CN-Zn/BiS alone or in combination with NIR irradiation and subsequent ROS production, which presumably increases the secretion of inflammatory cytokines instead of their suppression. Therefore, further studies are needed to identify the main aspects of the effects of Bi on immune reactions.

In addition to its nanoform, Bi may also be incorporated in other structures such as nanocellulose matrices,²⁹⁶ nanoneedles,²⁹⁷ and implants^{298–300} for antimicrobial applications. As a result of the known antimicrobial properties of Bi, and since organophosphorus compounds, in particular phosphinic acids, are known for their antibacterial properties,³⁰¹ Werrett *et al.*²⁹⁶ investigated the synergistic effects of Bi^(III) and phosphinate ligands towards MDR bacteria, by incorporating Bi-phosphinato complexes into microfibrillated nanocellulose to prepare Bi-cellulose paper sheets. The Bi-paper composites showed potent antibacterial activity against different bacteria (*S. aureus*, MRSA, vancomycin-resistant *enterococci*, *E. coli*). The Gram-positive bacteria were found to be more susceptible than Gram-negative *E. coli*, probably due to the double membrane of the latter. Interestingly, for all bacterial strains except *E. coli*, the bi-phosphinato complex composites outperformed the silver standard and their meaningful potential for usage in surface coatings, packaging and/or medical devices were suggested. As another example, Indurkar *et al.*²⁹⁷ fabricated Bi₂O₃ nanoneedles with an average size of 158 nm and lengths of 1–3 μm *via* a green route using *D. alata* tuber extract for the first time. The antifungal activity of the nanoneedles (MIC = 0.0625 $\mu\text{g mL}^{-1}$) against *C. albicans* was 4-fold higher than that of the Bi₂O₃ bulk powder (MIC = 0.250 $\mu\text{g mL}^{-1}$) and 2-fold higher than the model drug itraconazole (MIC = 0.125 $\mu\text{g mL}^{-1}$). Several studies are also available on the coating of titanium implants using Bi in its crystalline form or Bi-derived compounds to render implantable devices with antibacterial properties.^{298–300,302} For example, using a live and dead fluorescence staining technique, Gosau *et al.*²⁹⁸ demonstrated the better antimicrobial activity of Bi-coated implants against *S. epidermidis* when compared to silver or copper-coated implants, suggesting that Bi can be used as a new coating material for preventing biofilm formation on dental implants.

The utilization of Bi for antibacterial effects reveals that it has great importance in the future development of NP-based and implant-based therapeutics, not only for antimicrobial treatment, but also as a prevention measure to avoid infection due to treatment. This field seems to be in its infancy, where studies have mainly focused on the proof-of-concept demonstrations of the *in vitro* antimicrobial activity of the developed platforms. In this regard, it is urgent to progress to more *in vivo* preclinical studies where the antimicrobial properties of Bi-based materials may be practically tested. It is anticipated that Bi-based antimicrobial composites may offer potential antimicrobial activity against many pathogens with activities

similar or superior to products under clinical trial or already commercially available metal-based nanocomposites, such as silver (ActicoatTM)³⁰³ and Au (Auranofin)³⁰⁴ nanocomposites.

5. Drug delivery and targeting by bismuth-containing nanomedicines

The rapid growth of medicine has stimulated the development of new approaches for drug delivery by which the introduction of therapeutic substances is improved with respect to their efficiency and safety through the control of the rate and place of drug release in the body for various diseases, such as cancer and bacterial infection.^{11,305,306} From a technological point of view, the synthesis of new drug molecules is expensive and time-consuming, therefore scientists prefer to work on the formulation design of available drug molecules to introduce new methods of making them more accessible to the human body in an efficient manner. Nanoscale particles generated by organic and inorganic molecules have been widely investigated for this purpose in different ways.³⁰⁷ For instance, BiNPs stabilized by polyvinylpyrrolidone (PVP) have been found to assist in the NIR light-responsive release of metformin, an anti-diabetic drug, from microneedles (MNs) coated with lauric acid (LA) as a thermally-responsive material.³⁰⁸ BiNPs were the part of the formulation that induced the conversion of NIR light to heat, in order to melt the MNs and induce drug release. Transdermally administered MNs, compared to subcutaneous (SC) injection, remarkably induced the hypoglycemic effect *in vivo* for the treatment of diabetes.

One of the main challenges of BiNPs in drug delivery is the small space in their structure for the loading of therapeutic agents. Researchers have focused on developing novel BiNPs to improve their capacity for carrying drug molecules.^{81,261,309} In this respect, Bi₂S₃ nanourchins (Bi₂S₃-PEG NUs) with a highly porous structure were fabricated using Bi₂O₃ nanospheres (as the Bi precursor), and then, these were PEGylated for enhanced stability.²³⁶ To fabricate the particles, Bi(NO₃)₃·5H₂O was completely dissolved in HNO₃ solution, and then, NaOH, PVP and EG were added into the mixture, which was then heated at 150 $^{\circ}\text{C}$ for 3 h. Bi₂O₃ nanospheres were obtained after cooling the mixture down and centrifuging the sample. The Bi₂O₃ nanospheres were dispersed in a solution of thioacetamide and heated at 150 $^{\circ}\text{C}$ for 12 h to obtain black Bi₂S₃ nanourchins. The final PEG-coated Bi₂S₃ nanourchins were prepared by dispersing the samples in a PEG-SH solution under ultrasonication and then stirring overnight (Fig. 14a1). TEM images (Fig. 14a2) reveal their urchin-like morphology, with an average diameter of the inside of the sphere of ~ 137 nm. In addition, the porosity of the Bi₂S₃ nanourchins was explored *via* Brunauer-Emmett-Teller (BET) analysis of their nitrogen adsorption-desorption isotherms, demonstrating the higher porosity and surface area of Bi₂S₃ nanourchins compared to Bi₂O₃ nanospheres, making them capable of higher drug loading, in this case doxorubicin (DOX), and enhanced cellular interactions, respectively. The Bi₂S₃ nanourchins were found to be stable in water, but rapidly aggregated in physiological solutions, such as PBS, owing to an



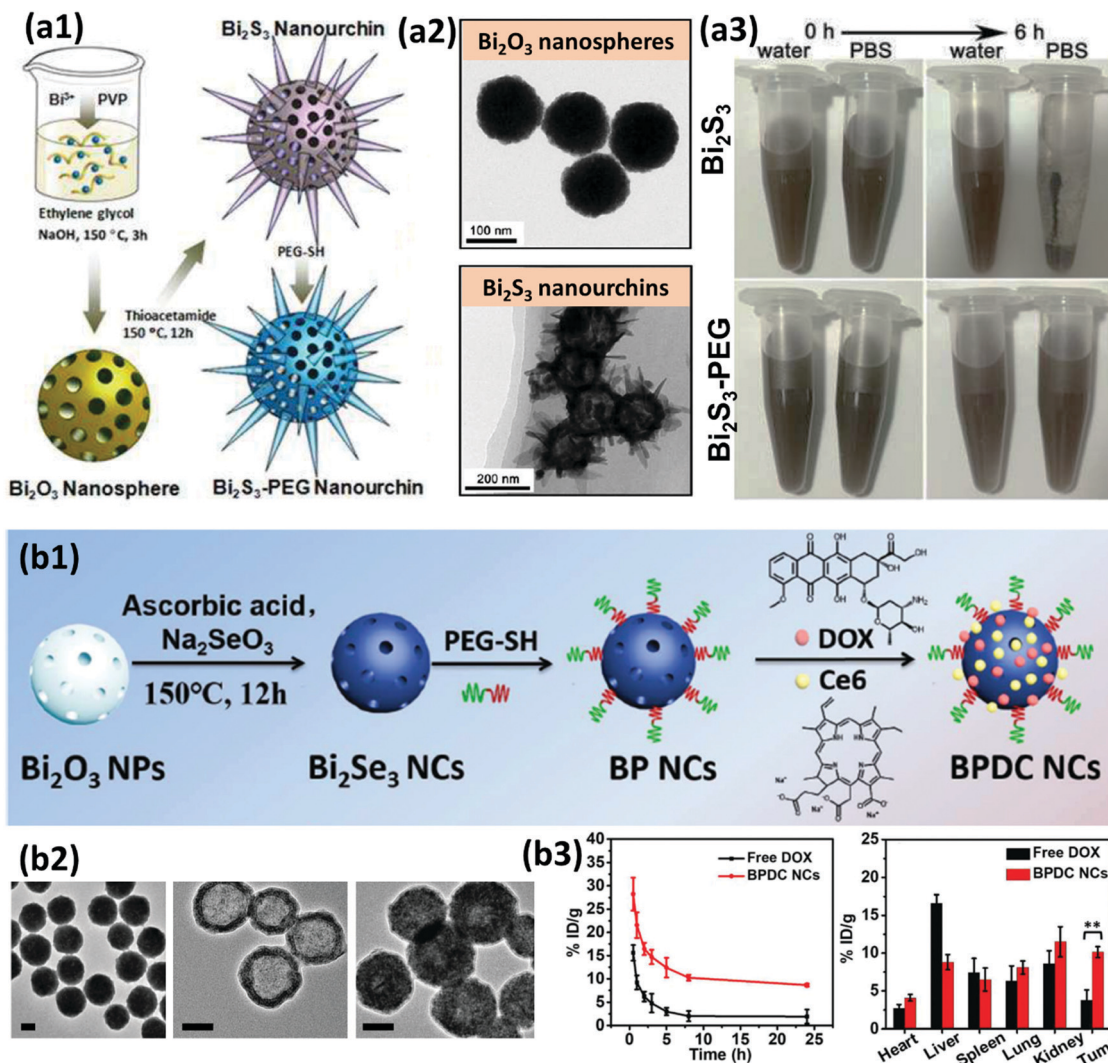


Fig. 14 (a1) A schematic representation of the synthesis of Bi_2S_3 -PEG nanourchins. (a2) TEM images of the Bi_2O_3 nanospheres and Bi_2S_3 nanourchins. (a3) Digital photos of Bi_2S_3 and Bi_2S_3 -PEG nanourchins dispersed in water and PBS, showing improved stability in salt solution after the PEGylation. Adapted and reprinted with permission from ref. 236, Copyright 2016. (b1) A schematic depiction of the procedure for fabricating mesoporous hollow BPDC NCs as a multifunctional drug delivery platform. (b2) TEM images of Bi_2O_3 NPs, Bi_2Se_3 NCs and BPDC NCs are shown from left to right (scale bars are 50 nm). (b3) The blood concentration of DOX loaded BPDC NCs or free DOX over 24 h after intravenous administration to mice (left) and the biodistribution of DOX loaded BPDC NCs or free DOX 24 h post-injection into BALB/c mice bearing 4T1 tumors ($**p < 0.01$ between the two groups). Adapted and reprinted with permission from ref. 40, Copyright 2019.

electron screening effect (Fig. 14a3). PEG-SH was able to steadily attach onto the surface of Bi_2S_3 through metal-S ligands to enhance the aqueous dispersity and stability of the particles in various physiological solutions. In addition to these benefits, PEGylation enhanced the blood circulation of the NPs and promoted their homing into the tumor region of BALB/c nude mice (subcutaneously developed by the injection of HeLa epithelial adenocarcinoma cells) through enhanced permeability and retention (EPR) effect when applied for cancer therapy. PEG exhibits resistance to confiscation by the RES organs, and therefore, the leaky vascular structure and impaired lymphatic drainage of cancerous tissue presumably allow the localization of cargos of PEG-coated BiNPs within the tissue. To confirm this hypothesis, multifunctional Bi_2Se_3 @PEG nanocapsules (BP NCs) loaded with chlorin e6 (Ce6) and DOX were prepared following

the procedures shown in Fig. 14b1.⁴⁰ Bi_2O_3 nanospheres were first formed following the same protocol used in the previous example.²³⁷ Bi_2Se_3 NCs were subsequently prepared based on a hydrothermal process, by dispersing Bi_2O_3 nanospheres in a solution of ascorbic acid and Na_2SeO_4 in water and heating it up to 150°C for 12 h. PEG-SH was again used here for the PEGylation of the obtained hollow mesoporous Bi_2Se_3 NCs, which were subsequently loaded with Ce6 and DOX to prepare Bi_2Se_3 @PEG/DOX/Ce6 (BPDC) NCs. The morphology of the particles in each step is shown in Fig. 14b2. Prolonged blood circulation and efficient EPR mediated accumulation of DOX in a subcutaneously inoculated 4T1 mammary gland breast cancer cell model was detectable when the drug loaded BPDC NCs were administered (Fig. 14b3). Similar to this study, DOX and Ce6 co-loading within PEGylated star-like Bi_2S_3 NPs, which were



prepared *via* the thioacetamide treatment of Bi_2O_3 NPs, was also reported.⁴⁹ The hydrodynamic size of the drug encapsulated particles was 272.8 nm and their negative surface charge was expected to benefit their long blood circulation.³¹⁰

In addition to the above strategies offered for drug encapsulation within the BiNPs, direct surface conjugation of the drug molecule to the particles,³¹¹ loading of the therapeutics into a mesoporous shell surrounded around the BiNP core,³¹² as well as combined loading of the drug and BiNPs into a nanosized polymeric hydrogel¹² have been investigated. For example, Bogusz *et al.*³¹¹ fabricated $\alpha\text{-Bi}_2\text{O}_3$ NPs that were

linked with methotrexate (MTX) through (3-aminopropyl) trimethoxysilane (APTMS) in a core-shell structure. The $\alpha\text{-Bi}_2\text{O}_3$ NPs were first coated with APTMS and then conjugated to MTX through amidation between the amine moieties on the shell and the carboxylic acid groups of MTX molecules. MTX was released from the surface of the NPs *via* cleavage of the amide bond at low pH. As for the second approach, mesoporous silica-coated Bi_2S_3 ($\text{Bi}_2\text{S}_3\text{@MSN}$; Fig. 15a1) NPs were reported for the encapsulation and protection of DOX.³¹³ Interestingly, NIR-responsive drug release was observed from the nanocomposite, as a laser power density of 1 W cm^{-2} induced the release

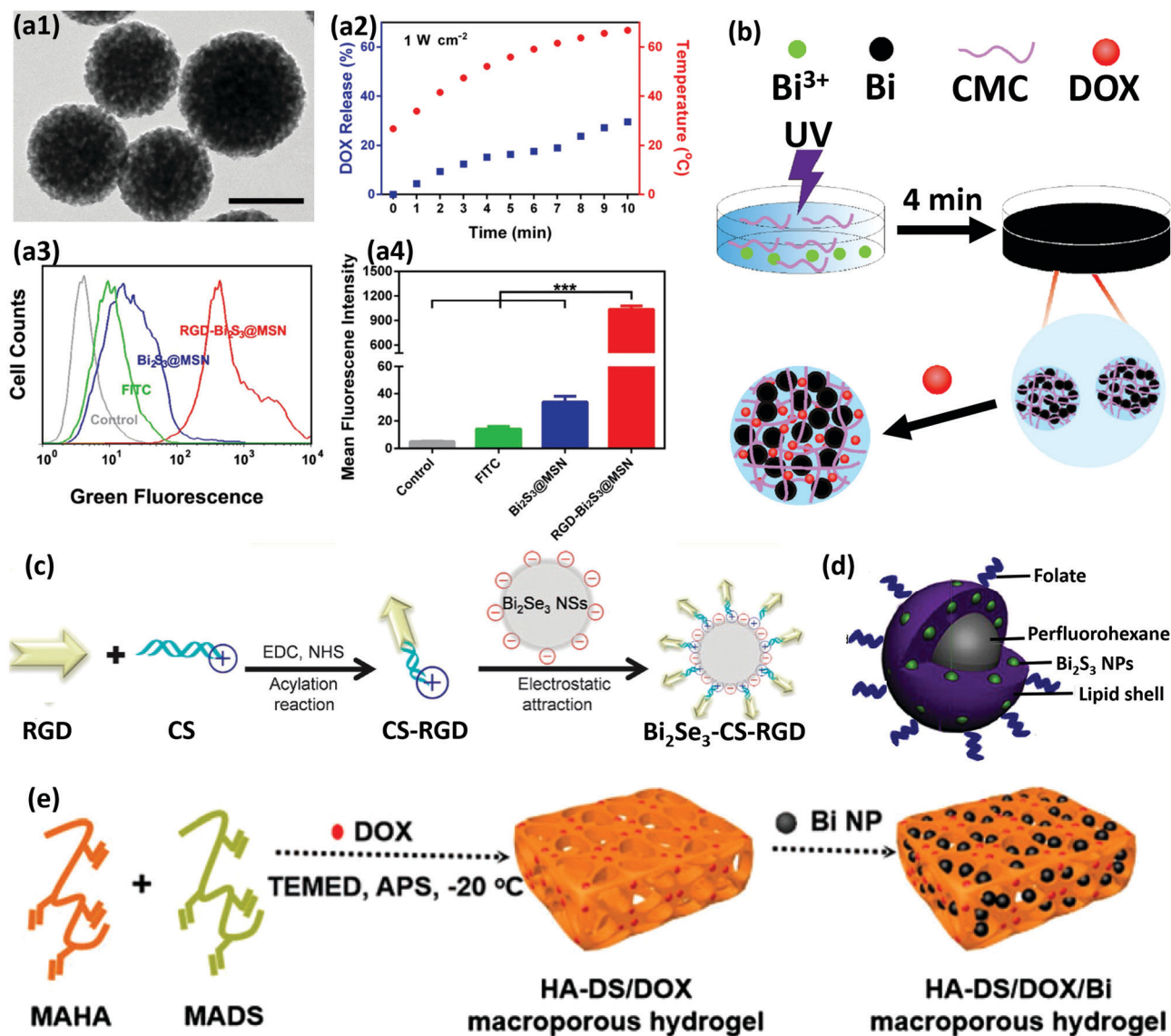


Fig. 15 (a1) A TEM image of $\text{Bi}_2\text{S}_3\text{@MSN}$. Scale bar is 100 nm. (a2) The drug release profile during NIR laser irradiation for 10 min. The drug was not released without applying a NIR laser (data not shown). (a3) Flow cytometry analysis of the *in vitro* active targeting effect of $\text{RGD-Bi}_2\text{S}_3\text{@MSN}$ in UMR-106 cells stained by free FITC, FITC- $\text{Bi}_2\text{S}_3\text{@MSN}$, and FITC- $\text{RGD-Bi}_2\text{S}_3\text{@MSN}$. (a4) The quantitative measurement of the mean fluorescence intensity of different groups from (a3). Adapted and reprinted with permission from ref. 312, Copyright 2018. (b) The synthesis process of DOX/Bi@CMC . Adapted and reprinted with permission from ref. 12, Copyright 2019. (c) A schematic depiction of $\text{Bi}_2\text{Se}_3\text{-CS-RGD}$ synthesis as a targeted theranostic nanomedicine, proposed for *in vivo* imaging-guided cancer RT. Reprinted with permission from ref. 314, Copyright 2017. (d) A schematic illustration of the final design of folate conjugated perfluorohexane core-lipid shell particles carrying Bi_2S_3 NPs in the lipid compartment. Reprinted with permission from ref. 39, Copyright 2016. (e) A schematic illustration of preparing HA-DS hydrogel loaded with DOX and BiNPs. Reprinted with permission from ref. 315, Copyright 2018.



of 30% of the drug from the NPs (Fig. 15a2). This feature is highly desirable for tumor therapy, since NIR laser irradiation is only applied at the site of the tumor during treatment and the controllable local release of DOX would therefore efficiently reduce the side effects experienced by normal surrounding tissues. In addition, an arginine-glycine-aspartic acid (RGD) peptide was covalently conjugated on the surface of the nanocomposite to endow the carrier with active targeting and uptake by UMR-106 epithelial cancer cells (Fig. 15a3). Similar to this study, successful active targeting of the tumor cells was reported using LyP-1 peptide conjugated PEG-Bi₂S₃ NPs,²¹⁰ Trastuzumab (Tam) conjugated Bi₂S₃@MSN core-shell NPs,³¹³ chitosan (CS)-RGD modified Bi₂Se₃ nanosheets (Fig. 15c),³¹⁴ and folate conjugated perfluorohexane core-lipid shell particles carrying Bi₂S₃ NPs in the lipid shell (Fig. 15d).³⁹ As an example of the last approach, which is the combined loading of the drug and BiNPs into a nanosized polymeric hydrogel, Xuan *et al.*¹² used a combined solution of carboxymethyl cellulose (CMC) and Bi citrate (BC) as initial safe materials to prepare a BiNP imbedded nanohydrogel (Bi@CMC; Fig. 15b). CMC was first dissolved in water and then combined with an aqueous solution of BC-containing ammonia. The mixture was then diluted with water and the pH was adjusted to 7.0 using 1 M HCl. Next, 300 W UV lamp irradiation was applied for 4 min to obtain and collect Bi@CMC *via* centrifugation. The loading of DOX was achieved by stirring 40 µg of DOX and 1 mg of Bi@CMC in 5 mL of PBS for 12 h in the dark. In addition to the loading of the BiNPs into the matrix of the nanohydrogels, their incorporation within injectable bulk polymeric hydrogels has also been investigated for cancer therapy.³¹⁵ This work was performed to achieve the sequential delivery of BiNPs and DOX for a synergistic anticancer effect *via* combined X-ray radio- and chemo-therapy (Fig. 15e). A hyaluronic acid-dextran sulfate (HA-DS) macroporous hydrogel was prepared through the redox-initiated polymerization of methacrylated hyaluronic acid (MAHA) and methacrylated dextran sulfate (MADS) in PBS under frozen conditions. First, 1 mL of tetramethylethylenediamine (TEMED), 0.5 mL of ammonium persulfate (APS), and 6.5 mL of PBS were added to a solution containing 4 mL of MADS (50 mg mL⁻¹ in PBS) and 8 mL of MAHA (50 mg mL⁻¹ in PBS). The mixture was then incubated for 17 h at -20 °C before heating to room temperature to remove ice crystals and subsequent washing with PBS for 0.5 h. DOX loading was performed by adding a PBS solution of the drug solution into a mixture of MAHA, MADS, TEMED, and APS before the cooling step. BiNPs were encapsulated by rehydration of the dried hydrogel with the solution of BiNPs. The loading efficiencies of the drug and BiNPs into the HA-DS hydrogel were found to be 83.8% and 85.7%, respectively. The hydrogel offered sequential delivery profiles for co-loaded BiNPs and DOX. BiNPs were released completely over 24 h, while the release profile of DOX was very slow over the first 24 h and continued over one week, resulting in a survival rate of 100% in mice through a synergistic anticancer effect on a 4T1 mammary gland breast cancer tumor-bearing mouse model mediated by combined X-ray radio- and chemotherapy.

Taken together, these findings on the drug delivery and targeting potential of BiNPs provide insights for broadening the investigation of these carriers in precision medicine. This is mainly due to the possibility of combining these assets with multi-modal bioimaging and BiNP-mediated PTT, which are comprehensively highlighted in the coming sections.

6. Contrast-enhanced diagnostic imaging using BiNPs

The contrast of the image is the main criterion for defining the sensitivity of a diagnostic imaging method. In general, higher contrast efficacy is urgently needed to reduce the side effects caused by the high dose administration of contrast agents in clinical imaging.³¹⁶⁻³¹⁹ BiNPs have demonstrated high potential as a powerful contrast agent for different imaging modalities.^{38,54,236,320} As a result of the presence of Bi, these versatile NPs have recently been employed for dual-modal and multi-modal imaging guided therapies for precise diagnosis and monitoring of treatment process. Scientists are currently shifting from single imaging modality, which usually cannot meet favorable diagnostic requirements, to the combination of different accurate imaging modalities using a single formulation of BiNPs, implying that they can act as novel contrast agents (CAs) and move from the bench to the bedside in the near future.²¹²

In this section, a comprehensive overview of the recent advances in the area of BiNP-based imaging is provided to demonstrate the feasibility of creating contrast-enhanced multi-diagnostics using these NPs.

6.1. Computed tomography (CT) imaging using BiNPs

CT imaging is considered to be one of the most popular imaging modalities owing to the possibility of deep-tissue imaging with high resolution.³²¹ Bi possesses a higher K-edge value (90.5 keV) and larger X-ray attenuation coefficient (5.74 cm² kg⁻¹ at 100 keV) than other X-ray contrast agents, such as iodine (I), barium (Ba), gadolinium (Gd), ytterbium (Yb), tantalum (Ta), tungsten (W), and Au, making it an excellent CA for CT imaging.^{322,323} Furthermore, the low price and high biosafety of Bi,¹⁹⁸ compared to other elements used for the formation of NP-based X-ray contrast agents, have added more value to its application as a CA. For example, Bi is nearly 2000 times cheaper per mole and has double the terrestrial abundance of Au,¹²⁰ which are attractive criteria from an economical point of view. Moreover, Bi-containing medicines have been applied clinically for more than three centuries at relatively high doses,³²⁴ thus their biosafety has been more explored compared to other heavy metal-based nanoagents such as AuNPs. Evaluation of the CT contrast performance of Tween 20 coated Bi₂S₃ nanorods (NRs; Fig. 16a1) revealed that the Hounsfield units (HU) slope of the particles is 39.36, which is much higher than that of iopromide, which has a HU of 16.38.³⁸ TEM images of the Bi₂S₃ NRs show a uniform size with a diameter of around 10 nm and a length of up to 50 nm (Fig. 16a2). The size was increased to about 90 nm after



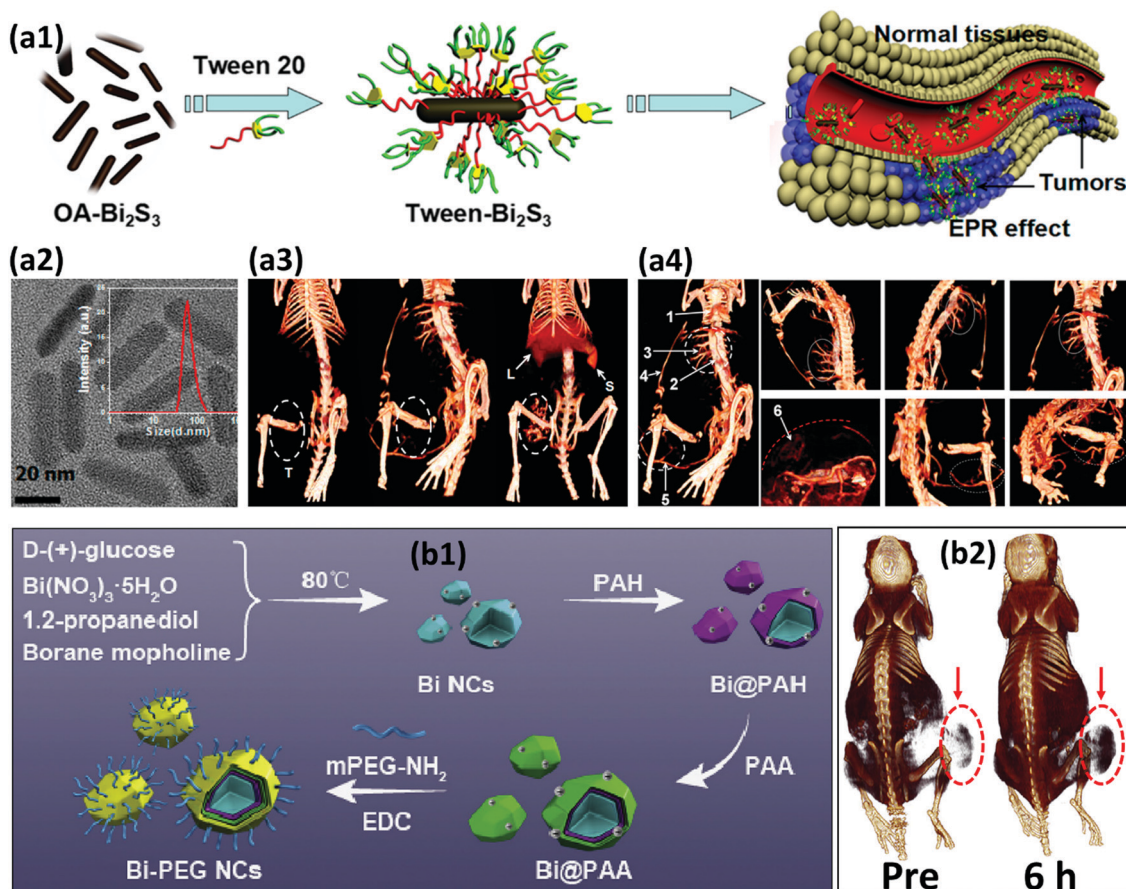


Fig. 16 (a1) A schematic illustration of the design of Tween- Bi_2S_3 NRs for EPR-based CT imaging. (a2) TEM images of Bi_2S_3 NRs, as well as the size distribution of Tween- Bi_2S_3 NRs measured *via* dynamic light scattering (DLS). (a3) *In vivo* X-ray CT imaging in 4T1 tumor-bearing mice. The left image shows the cancer tissue in the white circle before injection. The middle image demonstrates the tumor area in the white circle 5 min post IV injection of the Tween- Bi_2S_3 NRs. The right image shows the cancer tissue of the mice 3 h post-intravenous injection of the Tween- Bi_2S_3 NRs. Liver (L), spleen (S), and tumor (T) are shown in the images. (a4) CT images of the mice 5 min post IV injection of the Tween- Bi_2S_3 NRs to highlight the vascular structures. The numbers 1 to 6 correspond to the heart, vena cava, pulmonary vein plexus, vena epigastrica, tumor surface vascularity (from the abdominal venous branch), and tumor microvessels (TMV), respectively. Adapted and reprinted with permission from ref. 38 Copyright 2015. (b1) A schematic depiction of the synthesis of the Bi-PEG NCs. (b2) 3D *in vivo* CT images of the tumor-bearing mice before (Pre) and 6 h after the IV injection of the Bi-PEG NCs (5.0 mg mL^{-1} , $200 \mu\text{L}$). Adapted and reprinted with permission from ref. 213, Copyright 2017.

modification and formation of a condensed Tween layer on the surface, as illustrated in the inset of Fig. 16a2. CT imaging of tumor-bearing mice revealed a collection of remarkable CT contrast signals in the tumor 3 h post injection, confirming the sufficient accumulation of NRs at the site of interest (Fig. 16a3). In addition, the vasculature was hyperattenuating 5 min post intravenous (IV) injection of Bi_2S_3 NRs and led to clear angiography with contrast filling of the heart, vena cava, vena epigastrica, pulmonary vein plexus, tumor surface vascularity, and tumor microvessels (Fig. 16a4), demonstrating the great potential for the use of Bi_2S_3 NRs in the diagnosis of vascular disease and tumor imaging. The surface coating of the NRs with Tween 20 favored an efficient EPR effect and long residence time of the particles in the tumor for CT imaging. PEG-coated Bi_2S_3 nanodots have also demonstrated favorable accumulation in the tumor tissue.³²⁵ Nevertheless, compared to the previous example, ultra-small size of these nanodots would render them with the benefits of efficient penetration into a

deeper area of the tumor followed by efficient clearance from the body after imaging.

Double or multiple-component BiNPs,³²⁶ similar to the above examples, confine the amount of Bi in the particles, and as a consequence, higher concentrations of the NPs are needed in order to achieve sufficient CT contrast. It is demonstrated that the Bi content in the Bi_2S_3 NPs is nearly half that of pure BiNPs of identical size.³²⁷ Therefore, the synthesis of pure metallic BiNPs has been of recent interest as the most effective way of promoting CT imaging potential.²¹³ Li *et al.*²¹³ developed PEGylated metallic Bi nanocrystals (Bi-PEG NCs) for the first time as a competent diagnostic agent for high-performance CT imaging. The Bi NCs were first synthesized *via* a chemical reduction method from readily available Bi^{III} nitrate in D-(+)-glucose saturated 1,2-propanediol (PPD). Borane morpholine, dissolved in PPD, was added into the above solution to activate the reaction at $80 \text{ }^\circ\text{C}$ under stirring, in which the mixture turned black very rapidly as an indication of the formation of the



Bi NCs (Fig. 16b1). Since the bare Bi NCs were susceptible to aggregation and rapid oxidation when dispersed in water for one week at room temperature, they were functionalized with PEG after layer-by-layer polymeric coating, as shown in Fig. 16b1. Negatively charged Bi NCs were sequentially coated with cationic poly(allylamine hydrochloride) (PAH) and anionic poly(acrylic acid) (PAA) *via* electrostatic adsorption, while 1-ethyl-3-(3-dimethylaminopropyl)carbodiimide (EDC) was used in the last step to covalently conjugate PEG-NH₂ on the surface of the particles through the formation of amide groups with the carboxyl groups of PAA. The zeta potential of the bare Bi NCs increased from -10 to $+36$ mV after the fabrication of Bi@PAH, and subsequently decreased to -19 mV after PAA coating. Successful layer-by-layer assembly was further confirmed *via* the observation of a constant but slight enhancement of the average hydrodynamic size after each coating step. The CT contrast signals were first measured by acquiring phantom images of the aqueous suspensions *in vitro*, and comparing them with those of high performance CT contrast agent, *i.e.*, Bi₂Se₃ nanoplates.³²⁸ Images with a higher resolution and brightness were obtained with Bi-PEG NCs since the signal from these particles was much higher than that of the Bi₂Se₃ nanoplates. The X-ray absorption coefficient of the Bi-PEG NCs was as high as ~ 60.3 HU mL mg⁻¹, 2.3-fold greater than that of the Bi₂Se₃ nanoplates (~ 26.2 HU mL mg⁻¹) and 3.7-fold greater than clinically-available iopromide (~ 16.4 HU mL mg⁻¹). To the best of our knowledge, this is one of the highest values so far reported for a CT contrast agent, when compared to Bi₂S₃ nanorods,³⁸ PEGylated Bi₂S₃ nano-urchins,²³⁶ PEGylated Fe@Bi₂S₃ NPs,⁵⁴ or Au-, Pt-, W-, or Ta-based CT contrast agents.^{329–333} *In vivo* CT imaging of HeLa adenocarcinoma tumor-bearing Balb/c mice demonstrated weak CT signals in the cancerous tissue before the intravenous injection of Bi-PEG NCs (5.0 mg mL⁻¹, 200 μ L), while EPR phenomenon and efficient passive accumulation of the particles in the tumor resulted in a gradual increase in the signal to its maximum level 6 h after injection (Fig. 16b2). The signal then decreased slowly and lasted up to 24 h.

The concept of single component BiNPs for X-ray imaging was further studied by Yang *et al.*⁷² through the fabrication of 1,2-dilauroyl-*sn*-glycero-3-phosphocholine (DLPC) BiNPs (denoted as Bi@DLPC NPs), with a desirable size of 47 ± 3 nm (Fig. 17a). Herein, Bi⁽ⁱⁱⁱ⁾ acetate, dissolved in a mixed solution of OA and 1-dodecanethiol, was used as a precursor for the formation of BiNPs. The mixture was first heated at 40 °C for 30 min under vacuum, followed by a temperature increase up to 100 °C in the presence of nitrogen. The monodispersed BiNPs were then rapidly obtained by treating the transparent yellow solution of the previous step at 100 °C with trioctylphosphine solution containing 1-dodecanethiol. Bi@DLPC NPs were prepared by ultrasonic treatment of the mixed BiNPs and DLPC vesicles in deionized water for 10 min. The CT imaging properties of the Bi@DLPC NPs were found to be concentration dependent and the signal intensity, as well as HU values, remarkably increased when the concentration of the NPs increased from 0.313 to 5 mg mL⁻¹ (Fig. 17b and c).

In both abovementioned examples of single-component BiNPs, the size of the NPs was bigger than 40 nm, which is

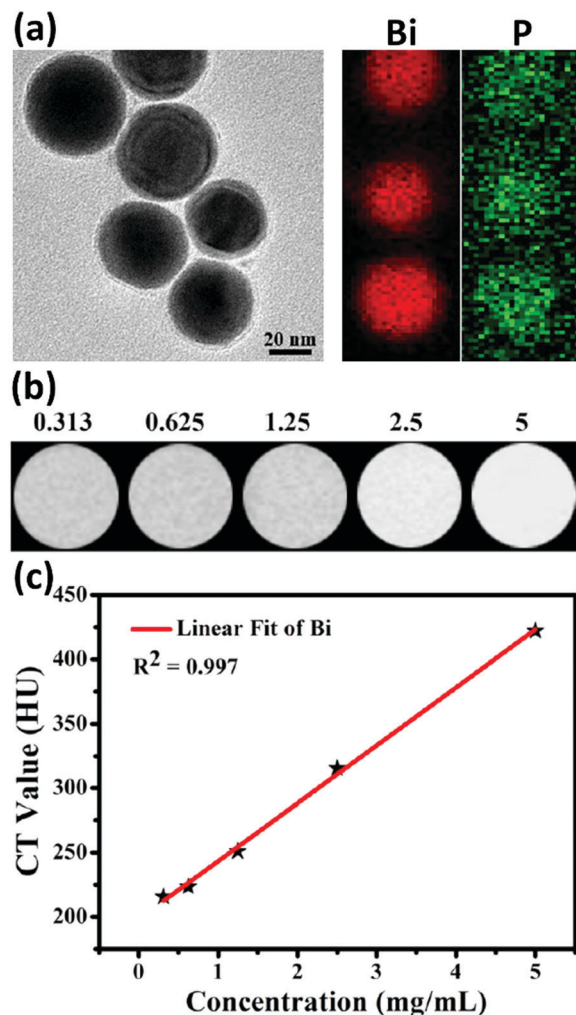


Fig. 17 (a) A TEM image of Bi@DLPC NPs (left) and the corresponding EDS elemental mapping analysis. Bi (red) and phosphorus (green) were identified in the elemental analysis, confirming the successful DLPC coating outside of the BiNPs. (b) *In vitro* CT images and (c) the corresponding HU values of various concentrations (mg mL⁻¹) of Bi@DLPC NPs. Adapted and reprinted with permission from ref. 72, Copyright 2018.

not optimal for desirable EPR-based accumulation in the tumor and subsequent non-toxic clearance from the body through the urinary system. Taking this into account, other studies have presented ultra-small Bi-PEG nanodots with a size of *ca.* 4 nm³³⁴ and PVP-protected Bi nanodots with a size of *ca.* 2.7 nm,³³⁵ which might presumably work better for tumor imaging at very low concentrations due to their higher accumulation in the cancer tissue. In addition, since the size of these particles is less than the FST of the capillary walls of glomerulus, they are theoretically able to be easily cleared from the urinary system instead of their long-term accumulation in the liver and spleen.

6.2. Photoacoustic (PA) imaging and infrared thermography (IRT) using BiNPs

Photoacoustic imaging (PAI) is an emerging noninvasive diagnostic technology that employs the photoacoustic (PA) effect to overcome the high degree of scattering of optical



photons in biological tissue, thereby resulting in higher spatial resolution of images obtained from living subjects.³³⁶ Compared to other optical imaging approaches, this technique is advantageous for visualizing deeper tissues when CAs with efficient photothermal conversion are used.³³⁷ Light absorption by PA CAs induces a thermally induced pressure jump that produces ultrasonic waves, which are then received by acoustic detectors to form PA images.^{338,339} BiNPs are expected to play this role *via* their desirable photothermal conversion efficiency in the NIR window. Bi₂S₃ nanorods³⁴⁰ with a size of 155.4 ± 2.8 nm and Bi₂Se₃ nanosheets²⁸ with sizes of 3 and 80 nm are examples of PAI using BiNPs. In the latter study, Xie *et al.*²⁸ showed that BiNPs of smaller size were more promising for PAI. This could be associated with the lower scattering introduced by the smaller Bi₂Se₃ nanosheets, by which the external NIR light could be proficiently absorbed instead of being scattered.³⁴¹ This led to effective photothermal conversion and higher thermal expansion that synergistically promoted the PA conversion capability of the smaller nanosheets.³⁴² In addition to the abovementioned studies, more complex Bi-based NPs have been reported as multifunctional carriers that combine PAI with targeting, drug delivery, as well as other imaging modalities.^{43,50,343,344} As for combined active targeting and PAI, Yu *et al.*⁴³ fabricated multifunctional BiNPs by dissolving 1 mmol of Bi⁽ⁱⁱⁱ⁾ acetate in 5 mL of OA for 1 h under vacuum at 100 °C before additional mixing under dry nitrogen for 30 min. This mixture was added to 25 mL of hot oleylamine (OAM) at 260 °C and the reaction was carried out for 10 min (Fig. 18a1). The initial size of the BiNPs was about 2 nm (Fig. 18a2) and increased to *ca.* 12 nm after surface coating with PEG and further conjugation of the LyP-1 peptide. The final formulation, termed as Bi-LyP-1 NPs, exhibited excellent stability in different physiological solutions and high accumulation in a 4T1 mammary gland breast cancer tumor model (developed in the fat pad of the right legs of mice) because of the tumor-homing LyP-1 peptide on their surface. Light absorption in the second near-infrared (NIR-II) window also rendered them with the ability of diagnostic imaging through a PA modality. The PAI of tumor bearing mice that were intratumorally (*i.t.*) injected with Bi-LyP-1 NPs (6 mg mL⁻¹, 30 μL) showed a high PA signal intensity with an approximately 3.3-fold increase when exposed to 700 nm laser irradiation (Fig. 18a3 and a4). The PAI of mice injected with Bi-LyP-1 NPs through an intravenous route (6 mg mL⁻¹, 200 μL) also demonstrated a time-dependent lightening, in which the PA signal intensity of tumors increased by *ca.* 3.6-fold at 8 h post-injection under 700 nm laser irradiation (Fig. 18a3 and a5). Similar results were obtained with 800 and 900 nm laser irradiation, indicating the great promise that BiNPs hold as highly competent CAs for PAI guided cancer therapy under various NIR wavelengths.

As for combined drug delivery and imaging, Dou *et al.*⁵⁰ reported Bi₂S₃ decorated graphene nanosheets that were functionalized with PVP (termed as PVP-rGO/Bi₂S₃) and loaded with DOX (Fig. 18b1 and b2). The nanocomposite possessed a very high drug loading capacity of nearly ~500% for DOX, which was far beyond the loading values so far reported for nanosized chalcogenides. This was mainly attributed to the large surface area of rGO and the strong π-π stacking interaction between

the drug and rGO. Dual pH- and NIR-responsive drug release along with PAI (Fig. 18b3–b5) were found to be the main capabilities of this multifunctional nanocomposite. Combined drug delivery and PAI have also been reported through the synthesis of core-shell nanostructures. PEG modified mesoporous silica-coated Bi NCs (Bi@mSiO₂-PEG) is an example in which the Bi core is fabricated *via* a chemical reducing method.³⁴⁴ This nanohybrid had a final average size of *ca.* 73 nm and the thickness of mSiO₂ was *ca.* 12 nm, while evenly wrapping around the Bi NC and carrying DOX inside its mesopores. In addition to the possibility of loading medicines into the porous structure of the mSiO₂ shell, Zheng *et al.*²³⁹ found that SiO₂ coating Bi₂S₃ can enhance the biocompatibility and stability of the BiNPs in the harsh environments of the GI tract when used orally as a probe for GI tract imaging.

Inspired by the photothermal properties of BiNPs, IRT imaging using these nanostructures has also gained plenty of attention. IRT is the science of converting infrared energy emitted from an object to apparent temperature and presenting the result as an infrared image. PVP-protected Bi nanodots have been used for this purpose as an excellent IRT imaging contrast.³³⁵ The *in vivo* IRT imaging capability of PVP-Bi nanodots was explored after IV injection of the particles (20 mg kg⁻¹) into tumor-bearing mice. After 24 h, the tumor model, established by subcutaneous injection of a U14 squamous cell carcinoma cell line in the left axilla of Balb/c female mice, was irradiated with a 808 nm NIR laser (1.3 W cm⁻²), and an IR thermal camera was used for imaging and measuring the temperature change of the tumors. While the temperature of the control mice did not noticeably change, the temperature of the tumor site increased after injection of the PVP-Bi nanodots. This great result indicated that PVP-Bi nanodots might be used as an excellent IRT CA for the real-time monitoring of thermal dynamics during the PTT process.

Polydopamine (PD)/HSA/DOX coated Bi₂Se₃ (Bi₂Se₃@PD/DOX/HSA) NPs have also been found to act as an excellent contrast agent for IRT imaging.³⁴⁵ *In vivo* imaging using an IRT camera revealed that all tumors inoculated by human cervix HeLa adenocarcinoma cells demonstrate a green color before irradiation (*i.e.*, at 0 s). Similarly, upon 10 min irradiation, the color of the free DOX and saline group barely changed. In contrast, for the groups injected with Bi₂Se₃@PD/DOX/HSA (25 mg kg⁻¹), the tumor turned red and became brighter upon extended irradiation. The IRT camera showed that the tumor temperature varies very little for the free DOX and saline groups (the ΔT values of the free DOX and saline groups were 4.7 and 4.2 °C, respectively), whilst for the Bi₂Se₃@PD/DOX/HSA group, the temperature greatly increased upon 10 min of laser irradiation and high-contrast real-time IRT imaging of the tumor was achieved. These examples show that intelligent designs combining different functionalities of individual NPs will make a great impact in the field of diagnostic nanomedicine.

6.3. Magnetic resonance imaging (MRI) and ultrasonography (US)

In addition to the intrinsic properties of BiNPs for CT, PA, and IRT imaging, their nanocomposites have also been investigated



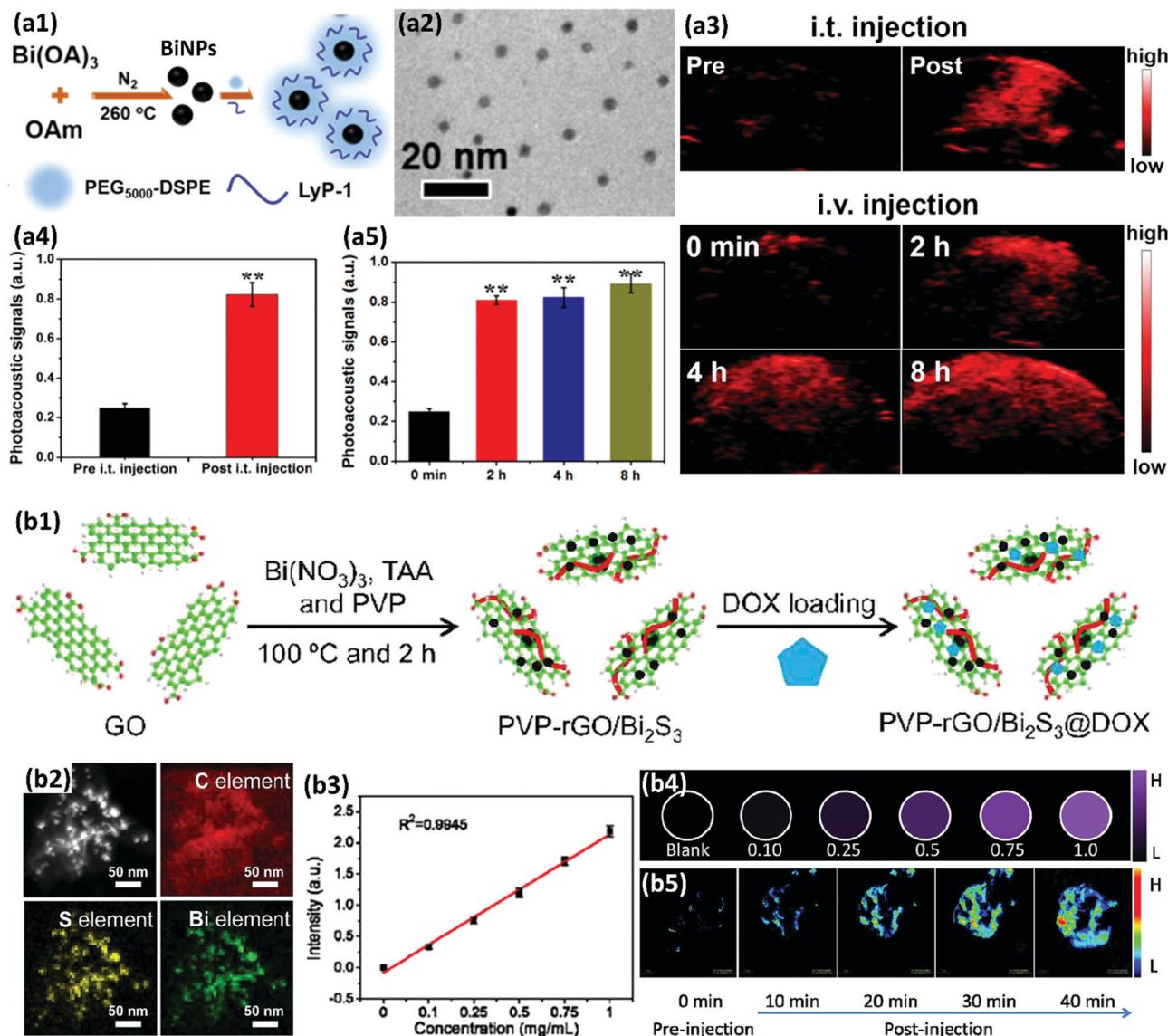


Fig. 18 (a1) A schematic diagram showing the synthetic procedure of multifunctional Bi-LyP-1 NPs. (a2) A TEM image of the BiNPs before surface coating with PEG and peptides. (a3) PA images of the tumor before and after the i.t. and intravenous administration of the Bi-LyP-1 NPs. (a4) PA signal intensities from tumors obtained before and after the i.t. administration of the Bi-LyP-1 NPs at 700 nm. (a5) Signal intensities of tumors obtained before and after (2, 4, and 6 h) the intravenous administration of Bi-LyP-1 NPs at 700 nm. Adapted and reprinted with permission from ref. 43 Copyright 2017. (b1) An illustration of the synthesis procedure of the PVP-rGO/Bi₂S₃ nanocomposite. Thioacetamide (TAA), PVP and Bi(NO₃)₃ were mixed with GO and heated for 2 h at 100 °C to produce PVP-rGO/Bi₂S₃. (b2) Elemental mapping of the nanocomposite (C: red; S: yellow; Bi: green), confirming the successful formation of the final formulation. (b3) A plot of PA signal versus the concentration of the nanocomposite. (b4) Photoacoustic tomography (PAT) phantom images of the aqueous dispersion of the nanocomposite with different concentrations, demonstrating its potential for PAI. (b5) The *in vivo* PAT imaging of a tumor-bearing mouse after the i.t. injection of the particles. It is evident that no obvious signal was detectable by PAT imaging before injection, while constant enhancement of the PAT signal was observed within a 40 min time period. Adapted and reprinted with permission from ref. 50, Copyright 2013.

for MRI and US, broadening their applications in the imaging field. MRI has been extensively applied for diagnostic imaging due to its high spatial resolution, excellent contrast difference of 3D soft tissues, and its noninvasiveness.^{346,347} Therefore, the integration of iron (Fe), manganese (Mn), and Gd with BiNPs enables the use of the NPs as a contrast agent for MRI. For example, due to the presence of Mn, core-shell MnSe@Bi₂Se₃ has been applied as a MRI contrast agent.³⁴⁸ This nanostructure was fabricated *via* a partial cation exchange method, using

MnSe nanocrystals as a template in which the outer layer of Mn was used for coating with the Bi₂Se₃ through ion exchange and hydrophobic interactions before surface PEGylation. The paramagnetic MnSe core offers contrasts for both *T*₁- and *T*₂-weighted MRI, whereas the presence of the Bi₂Se₃ shell means that the nanostructure can strongly absorb both X-rays and NIR light, useful for CT and IRT imaging, as well as PTT. The corresponding longitudinal relaxivity (*r*₁) and transverse relaxivity (*r*₂) of MnSe@Bi₂Se₃-PEG were found to be 5.44 and 27.6 mM⁻¹ s⁻¹,



respectively, comparable to the values of manganese oxide NPs.³⁴⁹ *In vivo* MRI of 4T1 mammary gland breast cancer tumor-bearing mice for T_1 -weighted MRI made the tumor brighter, while the T_2 -weighted MRI showed negative contrast in the tumor after the injection of NPs, demonstrating the capability of MnSe@Bi₂Se₃-PEG to serve as a CA for use in both T_1 - and T_2 -weighted MRI. Notably, the integration of T_1 - and T_2 -weighted MR modes in a single nanoagent may potentially enhance the ability of discriminating hypointense tissue in MRI to overcome the intrinsic shortcomings of the T_2 -weighted mode.³⁵⁰ In another example, Gd-PEG-Bi NPs were prepared for high quality MRI/CT/PAI imaging. Gd was used to make the system paramagnetic and PEGylation was used to improve the blood circulation and biocompatibility of the nanocomposite.⁴⁸ The r_1 and r_2 values of the Gd-PEG-Bi NPs were found to be 4.9 and 9.6 mM⁻¹ s⁻¹, respectively, which are comparable to Magnevist, a commercially available nanoagent contrast. In addition, *in vivo* imaging lasted for 3 h post-injection, which is longer than the 30 min time window of imaging using Magnevist.³⁵¹ Naha *et al.*²⁶⁰ also reported the synthesis of dextran-coated Bi-iron oxide NPs, in which the iron oxide serves as a contrast agent for T_2 -weighted MRI, while Bi endows this nanocomposite with the ability to act as a CT contrast agent. Herein, it was shown that the MRI contrast decreases with the enhancement of the Bi content in the nanohybrid. Therefore, it was assumed that Bi-containing MRI CAs are not powerful enough to be used for single imaging modality, but instead effective as a dual- or multi-modality CA.

US is another modality, which has been combined with the imaging and therapeutic potentials of BiNPs through the formation of novel nanocomposites. For example, Bi₂S₃-embedded poly(lactico-glycolic acid) (PLGA) nanocapsules have been synthesized to achieve excellent US performance due to the presence of PLGA, which enhances the contrast of the imaging.^{209,352,353} The PLGA shell efficiently increases the US energy deposition, thus enhancing the HIFU therapeutic efficacy. The embedded Bi₂S₃ NPs enabled highly improved RT. The Bi₂S₃-PLGA NPs demonstrated good performance in real-time ultrasonography-guided HIFU therapy, determining the location of the tumor, while monitoring the treatment process.

All in all, these examples provide primary knowledge for the further investigation and design of multimodal CAs based on BiNPs as their intrinsic CT, PA and IRT imaging modalities can be combined with other imaging techniques through the fabrication of novel nanocomposites.

7. Bi nanoplatfoms for cancer therapy

Cancer therapy can be considered a major role of BiNPs in biomedicine. To date, various types of therapeutic approaches, such as chemotherapy, PTT, RT, HIFU, photodynamic therapy (PDT), and immunotherapy, have been able to successfully enter into the clinic either as mono- or multi-therapies. Nevertheless, it is believed that there is a long way ahead for the discovery of novel anticancer agents and therapeutic strategies

in laboratories for future clinical translation. Various nanomaterials have been introduced for this purpose. In this section, we describe BiNPs as one of those materials, which have demonstrated huge potential for efficient cancer treatment through both mono- and multi-therapy.

7.1. Photothermal monotherapy of cancer by Bi nanoplatfoms

Thermotherapy is a type of cancer treatment in which the tumor tissue is exposed to a fatal temperature to damage proteins and structures within cells and shrink tumors. The heat tolerance of tumor tissues is lower than that of normal tissues and the damage induced by hyperthermia is irreversible because of weakened cell membranes and protein denaturation. NIR-laser mediated hyperthermia is a common method of PTT, which is believed will revolutionize the field of cancer therapy in the near future.^{37,46} Tumor tissue absorbs the light energy of the NIR laser and converts it to localized heat for the ablation of malignant cells.³⁵⁴⁻³⁵⁸ NIR-mediated PPT is desirable due to light penetration into the skin by up to several centimeters, since water, lipids, and the hemoglobin of tissues exhibit negligible absorption of light in the IR region, ranging from 700 to 1300 nm. BiNPs have recently gained considerable interest as promising nanoagents for cancer PTT, as a result of their strong absorbance in the NIR region, high photothermal conversion efficiency, and also high biosafety.^{38,359,360} For example, the photothermal conversion efficiencies of Bi₂S₃/Cu₂S/Cu₃BiS₃ composites,³⁶¹ Bi₂S₃-Au heterojunction NRs,³⁶² and hydrophilic flower-like Bi₂S₃ NPs³⁵⁸ were found to be 43.8%, 51.06%, and 64.3%, respectively. PVP-Bi₂Se₃ nanosheets with a diameter of 31.4 nm and a thickness of 1.7 nm have also been shown to have an extinction coefficient of 11.5 L g⁻¹ cm and photothermal conversion efficiency of 34.6% at 808 nm, which are highly desirable for the eradication of cancer tissue *in vivo*.³⁶³ Bi₂S₃ nanorods have been reported as a PTT platform³⁸ in which the hyperthermia-induced killing of 4T1 cancerous cells was followed by no considerable sign of pulmonary metastasis in the nanomaterial-based PTT group. In contrast, a large number of metastasis sites were found in the lungs of the control groups. This observation originated from the fact that nanomaterial-based PTT may be beneficial for triggering immunological responses against tumor cells in the body, thus contributing towards inhibiting metastasis.³⁶⁴⁻³⁶⁷ Since a great number of BiNPs often fail to reach cancer tissue and are rapidly eliminated from the body, cell-mediated NP-delivery has been proposed to improve the therapeutic efficiency of BiNPs through their higher transport to tumor tissue. Macrophages with innate phagocytotic capability were used for the loading and delivery of Bi₂Se₃ nanosheets³⁶⁸ with a size of 84.0 ± 11.3 nm. Macrophages were shown to uptake nanosheets after 24 h of exposure in a dose-dependent manner (Fig. 19a1 and a2). Bi and Se biodistribution in mice revealed that for bare Bi₂Se₃ nanosheets, a large concentration of Bi and Se accumulates in the liver and spleen, but a small amount in an epithelial adenocarcinoma MCF-7 breast tumor model. This is probably because the tumor uptake of Bi₂Se₃ nanosheets is



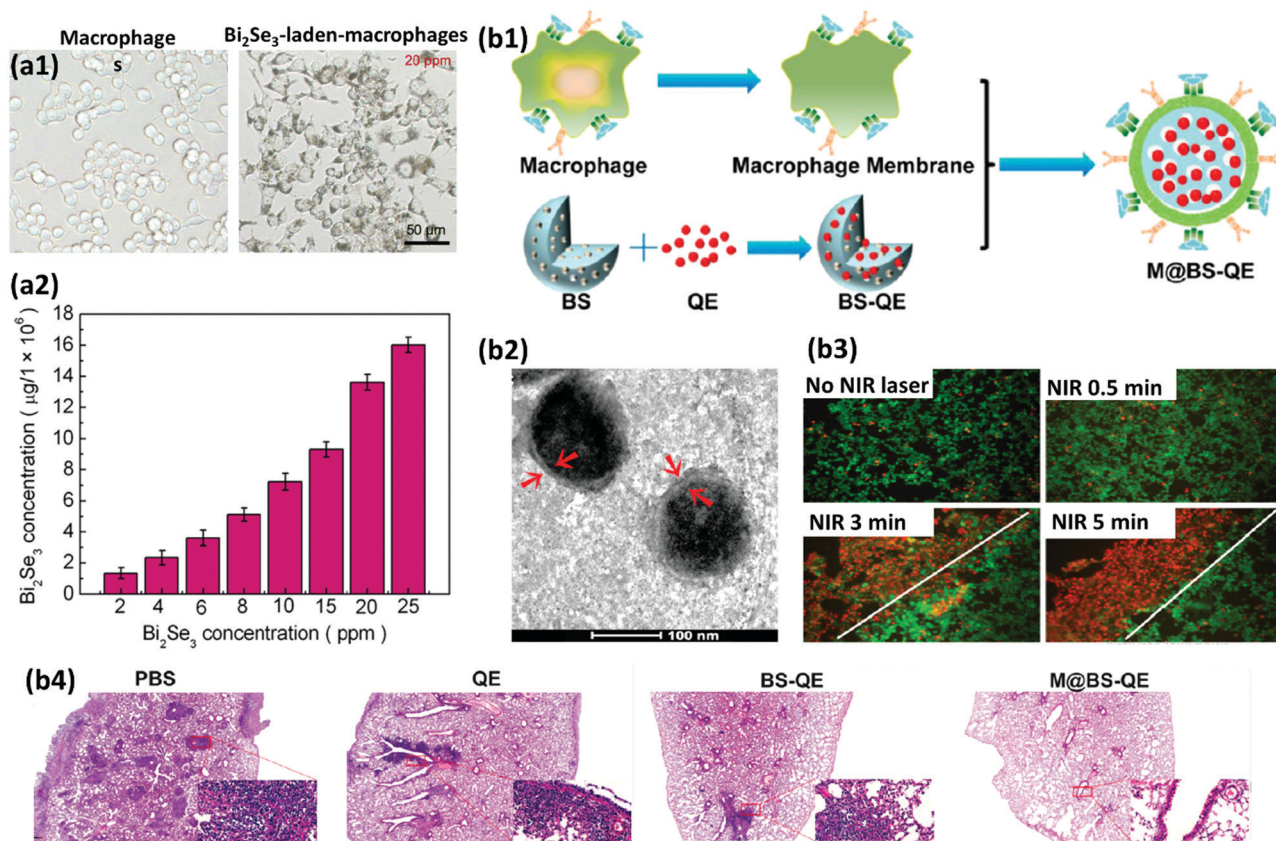


Fig. 19 (a1) The uptake of Bi_2Se_3 nanosheets by macrophages. Bright-field images of macrophages before (left) and after (right) the uptake of the Bi_2Se_3 nanosheets. The change in color within the cells confirmed the presence of nanosheets inside the cells. (a2) A quantitative determination of Bi_2Se_3 nanosheet uptake by macrophages, showing a concentration dependent trend. Adapted and reprinted with permission from ref. 368, Copyright 2017. (b1) An illustration of the synthetic procedure for biomimetic M@BS-QE . (b2) TEM images of M@BS-QE . The cell membrane is shown between the two red arrows. (b3) An evaluation of the photothermal destruction of 4T1 cells after treatment with an NIR laser at 808 nm in the presence of Bi_2Se_3 NPs. (b4) Histological examination of metastatic lesions in lung tissue. The metastatic lesions are stained with dark nuclei. The PBS, free QE, and BS-QE NP treated groups exhibit plenty of dark areas in the lung, but metastatic lesions were barely visible in the M@BS-QE group, implying the promising anti-metastatic performance of the M@BS-QE NPs. Adapted and reprinted with permission from ref. 372, Copyright 2018.

dependent on: (1) their low passive accumulation in the tumor, which relies on the size, shape, coating, and surface charge of the nanomaterials, and (2) the difficulty in overcoming the hypoxia-associated drug delivery barrier.^{369,370} In contrast, the Bi_2Se_3 -laden-macrophages illustrated a much higher targeting efficiency with Bi and Se concentration in the tumor, being 3- to 4-fold higher than those of the Bi_2Se_3 group. After PTT, the group treated with Bi_2Se_3 -laden-macrophages illustrated complete tumor ablation with overall survival of 100% after up to 45 days of screening post-irradiation without tumor recurrence. In the animal group treated with the bare Bi_2Se_3 NPs, tumor growth was partially inhibited due to the PTT effect of Bi_2Se_3 in the first 4 days, but fast tumor growth was observed thereafter, and all the mice died within 32 days.

In addition to the delivery of BiNPs by live cells, cell-membrane-camouflaged BiNPs can be considered a perfect biomimetic nanosystem with powerful advantages that can hardly be achieved with any other type of physical or chemical surface modification. It has been proven that the $\alpha 4$ integrin of the macrophage membrane can interact with the vascular cell adhesion molecule-1 (VCAM-1) of the cancer cells, enabling

active targeting of the lung metastasis of breast cancer.³⁷¹ Therefore, it was assumed that the combination of BiNPs with macrophage membrane will not only provide high blood retention capacity and excellent immune escaping properties, but also active targeting ability. In this context, macrophage membrane-camouflaged quercetin (QE)-loaded hollow Bi_2Se_3 NPs (M@BS-QE ; Fig. 19b1 and b2) with hyperthermia triggered drug release performance were developed for targeted inhibition and treatment of breast cancer and lung metastasis of breast cancer.³⁷² In addition to the affinity of macrophages to the VCAM-1 of cancer cells, secretion of C-C chemokine ligand 2 (CCL2) from breast tumors and stromata is a proven mechanism that facilitates the recruitment of C-C chemokine receptor 2 (CCR2)-expressing macrophages to the cancer cells. Therefore, this study was aimed at benefitting from both these phenomena, using the macrophage membrane as the outer shell of the Bi_2Se_3 NPs. These NPs were found to considerably sensitize breast cancer cells to PTT (Fig. 19b3). Therefore, combining this therapeutic modality with excellent immune evading properties, CCL2/CCR2 recruitment ability, and $\alpha 4$ /VCAM-1 identification ability of the M@BS-QE NPs led to



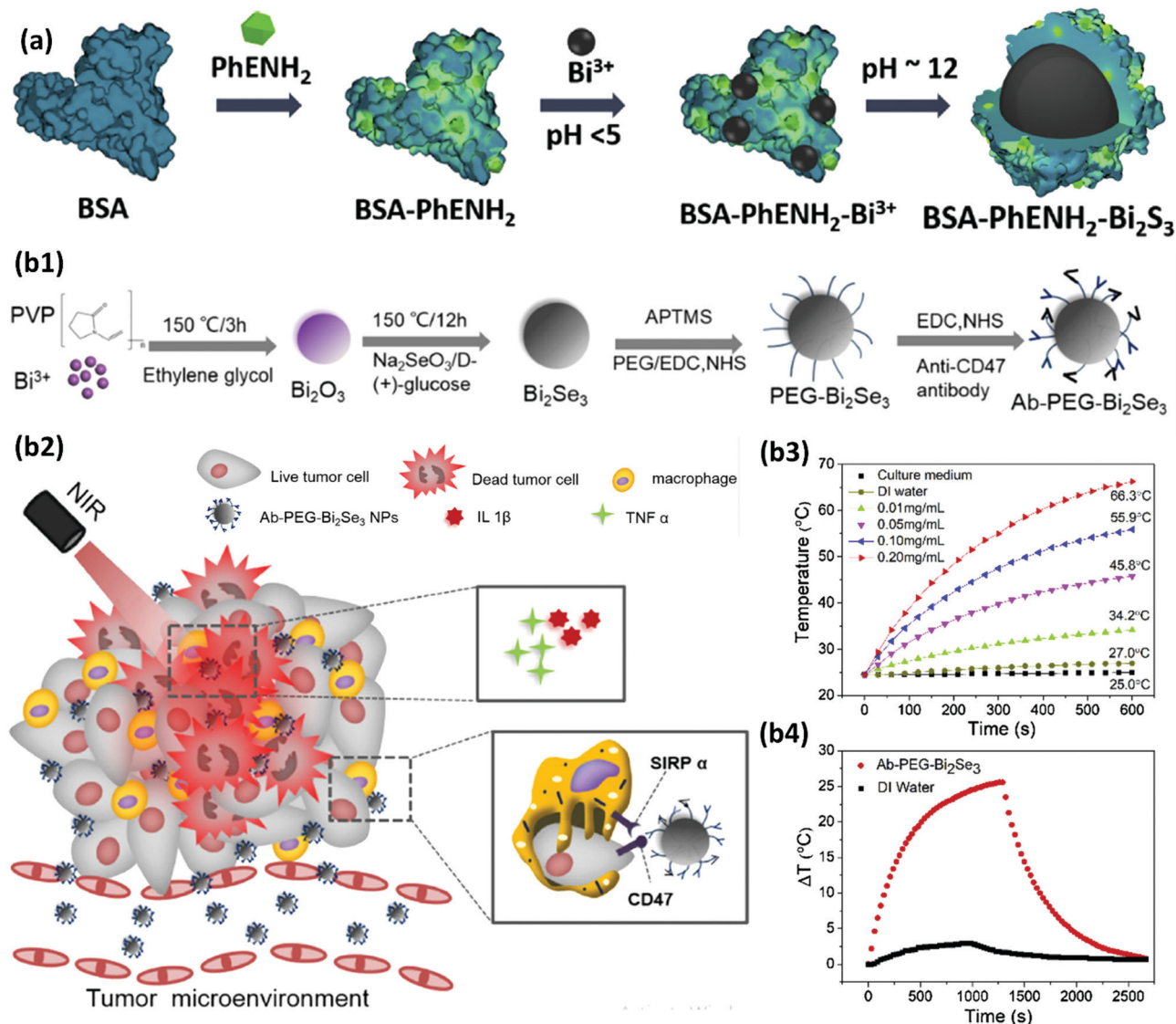


Fig. 20 (a) A schematic representation of the fabrication process of BSA-PhENH₂-Bi₂S₃ NPs. Adapted and reprinted with permission from ref. 373, Copyright 2017. (b1) A schematic depiction of the fabrication of Ab-PEG-Bi₂Se₃ NPs. (b2) A schematic illustration of the proposed anticancer mechanism of Ab-PEG-Bi₂Se₃ through PTT, with the inhibition of CD47-SIRP α interactions, secretion of stimulatory cytokines, and macrophage-mediated phagocytosis of cancer cells. (b3) The temperature of Ab-PEG-Bi₂Se₃ suspensions at different concentrations over a 10 min time period of irradiation with an NIR laser. (b4) A comparison of the heating and cooling curves of an Ab-PEG-Bi₂Se₃ suspension (200 μ g mL⁻¹) and pure DI water. Adapted and reprinted with permission from ref. 374, Copyright 2019.

the outstanding suppression of breast cancer lung metastasis (Fig. 19b4).

Coating the BiNPs with biocompatible proteins/polymers and active targeting by antibodies are other strategies to improve the PPT of the cancer.^{373,374} In a study by Wang *et al.*,³⁷³ protein coating was performed during the fabrication of Bi₂S₃ NPs (Fig. 20a). An aggregation induced emission dye (PhENH₂) was first incorporated in the hydrophobic domains of BSA. Next, the BSA-PhENH₂ complexes were coordinated with Bi³⁺ ions under acidic conditions before quickly increasing the pH to 12 to form BSA-PhENH₂-coated Bi₂S₃ NPs. PhENH₂ was used for the fluorescence imaging of the fabricated BSA-PhENH₂-Bi₂S₃ NPs, which exhibited high colloidal stability and high PTT effect upon 808 nm laser irradiation. Importantly, BSA not only played a significant role in improving

the water dispersity of the particles and as a stabilizer of the fluorescent PhENH₂ dye, but also its cysteine groups were a sulfur precursor for the further preparation of Bi₂S₃ NPs. Bi^(III) cations are prone to hydrolysis to form Bi(OH)₃ in an acidic environment. This study revealed that the BSA-mediated biomineralization of the BiNPs is an efficient and straightforward strategy, owing to the abundant amino acid residues on BSA that facilitate the binding of Bi³⁺ ions to BSA and improve their stability in an acidic environment. For targeted phototherapy, CD47-targeted PEGylated Bi₂Se₃ NPs were constructed following the protocol shown in Fig. 20b1. Anti-CD47 antibody (Ab) conjugated PEG-Bi₂Se₃ (Ab-PEG-Bi₂Se₃) NPs were shown to target tumor tissue and also increase the phagocytosis of cancer cells using macrophages to accelerate the effect of the PTT. CD47 is



an overexpressed protein in most tumors that limits the macrophage phagocytosis effect by interacting with macrophage signal-regulated protein α (SIRP α).³⁷⁵ The developed NPs can block the crosstalking between CD47 and SIRP α as a “do not eat me” signal that inhibits the attack of macrophages, which accounts for 30–50% of the cells in the tumor mass.³⁷⁶ Selective accumulation of the Ab-PEG-Bi₂Se₃ NPs in a 4T1 mammary gland breast cancer tumor model, which was developed in female BALB/c mice, promoted the photothermal performance through stronger NIR absorbance, while enhancing macrophage-mediated phagocytosis of cancer cells *via* the inhibition of CD47-SIRP α affinity, as well as hyperthermia-induced release of stimulatory cytokines, such as IL-1 β and tumor necrosis factor alpha (TNF- α) from the tumor cells. This synergized the cancer suppression effect of the PTT (Fig. 20b2–b4) through the local stimulation of macrophages, NK cells and T lymphocytes against cancer cells *via* secreted inflammatory cytokines.^{377–380}

In all of the above examples, a very high power laser was needed to heat the tumor to over 50 °C and achieve thorough ablation of the cancer cells. The induced hyperthermia to a tumor-killing temperature inevitably harms the surrounding healthy tissues. This drawback might limit the clinical application of PTT. Alternatively, mild hyperthermia of the cancer tissue at a relatively low level (*e.g.*, 45 °C) is desirable; however, its killing effect is concerning and probably far from sufficient. Therefore, combining other therapeutic strategies for hyperthermia treatment under mild PTT have been proposed.³⁸¹ For example, NIR-triggered nitric oxide (NO) releasing Bi₂S₃ NPs were constructed for NO-sensitized mild PTT. *N,N'*-Di-*sec*-butyl-*N,N'*-dinitroso-1,4-phenylenediamine (BNN), which is a hydrophobic NO donor, was loaded on the surface of Bi₂S₃ NPs (Fig. 21a and b).³⁸² Since BNN is stable below 60 °C, unexpected NO release under physiological conditions was avoided and just the high local temperature on the surface of Bi₂S₃ NPs (induced by NIR laser) triggered the decomposition of BNN and NO release (Fig. 21c). Therefore, upon NIR irradiation at 808 nm, mild PTT and on-demand NO release were simultaneously achieved to efficiently kill BEL-7402 hepatocellular carcinoma cells *in vitro* and also *in vivo* in female BEL-7402 tumor bearing mice (Fig. 21d and e). This strategy prohibits unwanted NO release in the systemic circulation and prevents its unexpected side effects. Instead, NO circumvents the heterogeneous heating distribution in the cancer tissue through the induced impairment of the autophagic self-repairing ability of cancer cells, which can subsequently accelerate the apoptotic shrinkage of the tumor tissue.

7.2. Radiation monotherapy of cancer by Bi nanoplatfoms

RT is an important modality for cancer suppression that most often employs X-ray beams of intense energy to damage the genetic components of cancer cells. External beam therapy that uses a machine outside of the body to aim high-energy beams at a precise point on the body is the most common method used for RT. However, brachytherapy is another available approach in which radiation is targeted inside the body. Despite a plethora of recent attempts on RT, this method fails to fully eradicate tumors due to the (1) radiation insensitivity of some tumors due to their hypoxic nature, acidosis, and dense

extracellular matrix, as well as (2) insufficient transfer of energy needed for ionization of the atoms that make up the DNA chain of the cells.^{52,209,383} In both scenarios, the production of free radicals in the cells is not high enough to destroy all cancer cells. Therefore, it is rather urgent to improve the efficiency of cancer radiotherapy *via* concentrating the radiation energy within the cancer tissues, while reversing their hypoxic microenvironment.³⁸⁴ Using heavy metal nano-radiosensitizers is a helpful approach to enhance the therapeutic efficiency of RT without increasing radiation doses to dangerously high levels that can non-selectively affect the normal function of surrounding tissues.³⁸⁵ BiNPs are used for this aim because of their strong photoelectric absorption and high generation of secondary electrons under radiation exposure.^{386–389} Huang *et al.*³⁵³ constructed a brachytherapy platform based on Bi₂S₃ encapsulated PLGA nanocapsules (Bi₂S₃@PLGA) using a water/oil/water (W/O/W) emulsion approach. Bi₂S₃ was used as a radiation sensitizer after exposure to gamma or X-ray irradiation and caused the death of PC3 prostate cells *in vitro* (200 $\mu\text{g mL}^{-1}$) *via* the induction of DNA breakage. The PLGA capsules could be used as a CA for US, by which the radiation sources of brachytherapy could be guided into the desired position. *In vivo* findings in nude mice bearing a PC3 prostate carcinoma tumor xenograft demonstrated *ca.* 30% reduction in the tumor volumes by the BiNP mediated RT in comparison to the group that did not receive the NPs. Besides this, the immunohistochemical staining of the Ki67 protein of the tumor cells showed an obvious reduction in its expression in the NP treated group exposed to RT, while the other groups did not exhibit this. Nevertheless, the modulation of the abnormal tumor microenvironment through oxygenation was proposed as a useful strategy for further enhancement of the RT efficacy.³⁶⁹ For example, BSA-coated Bi₂S₃-MnO₂ nanocomposites were found to be capable of modulating hypoxic conditions in the tumor to enhance the efficacy of RT.³⁹⁰ After accumulation in the tumor, endogenous elevated H₂O₂ at the tumor site reacted with MnO₂ to generate oxygen, leading to diminished hypoxia-associated resistance to RT.

In addition to the oxygen-deficient microenvironment of the tumor, which reduces the effect of RT, the abundance of antioxidants in the cancer tissue is another feature that may protect them against the damage from RT *via* the quenching of excess free radicals.³⁹¹ For example, glutathione (GSH) is nearly ~4-fold higher in cancer cells compared to in normal cells^{392–394} and can decrease radiotherapeutic efficiency *via* its radical scavenging effect on ROS.^{395,396} In a pioneering and novel approach, Zhou *et al.*²³ investigated the radiosensitizing effect of a nanomaterial composed of two high-Z elements, *i.e.*, Bi and W to achieve a better outcome for RT. They synthesized bismuth heteropolytungstate (BiP₅W₃₀) coupled with reduced graphene oxide (rGO) and surface modified with PVP (termed as PVP-PG) (Fig. 22a1). The hybrid composed of BiP₅W₃₀ nanoclusters and rGO was prepared *via* an electrochemical reduction (ECR) process. The BiP₅W₃₀ was found to be capable of depleting GSH by virtue of its unique electron structure and multi-electron properties meaning that it can catalyze the decomposition of H₂O₂ to •OH to enhance ROS generation



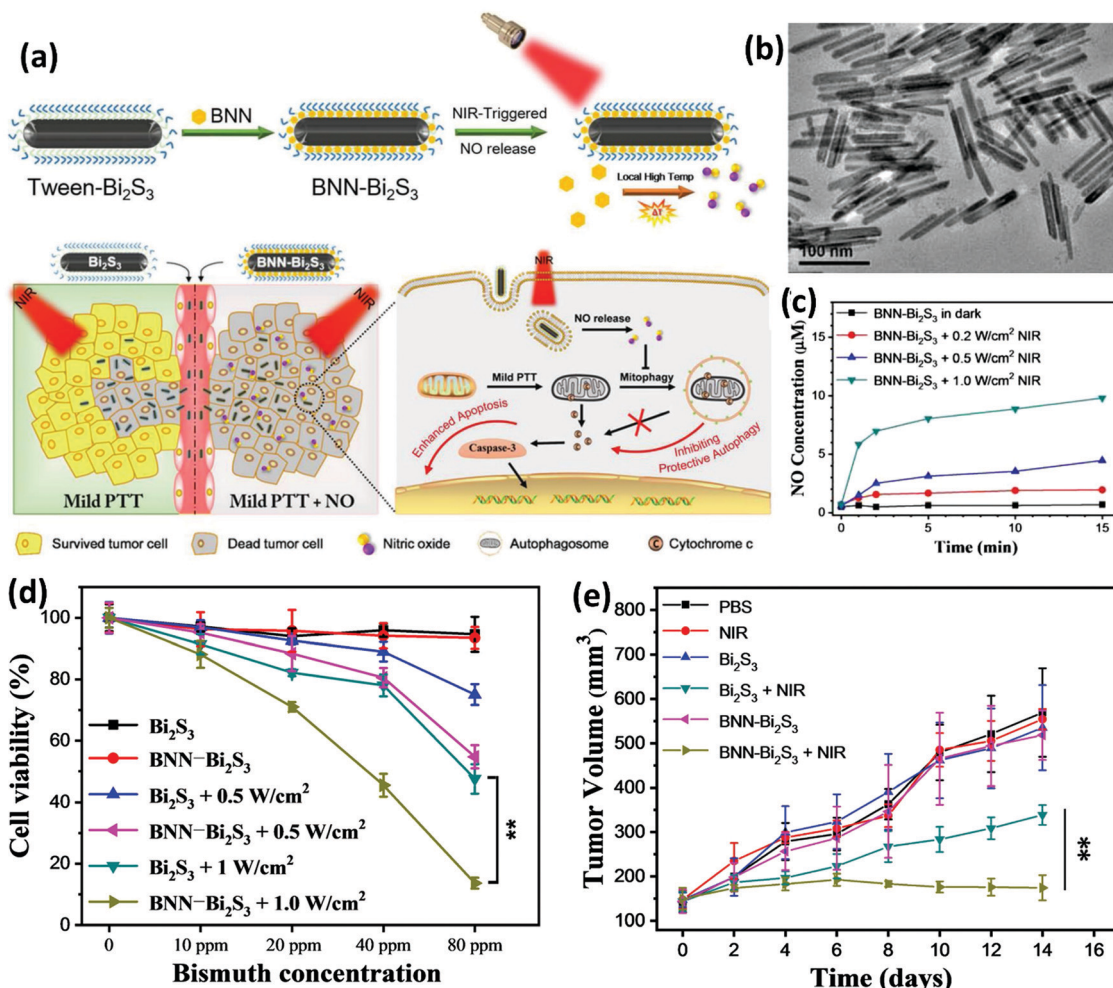


Fig. 21 (a) A schematic representation of the synthetic procedure and NIR-responsive NO release properties of BNN-Bi₂S₃. A synergistic mechanism involving mild PTT and NO in cancer therapy is shown to be a very favorable approach for avoiding damage to healthy tissues. (b) A TEM image of Bi₂S₃ NRs. (c) The generation of NO from the BNN-Bi₂S₃ nanocomposite under 808 nm NIR laser irradiation with different power densities. (d) *In vitro* synergistic effects of mild PTT and NO achieved via the laser irradiation of the BNN-Bi₂S₃ nanocomposites. The cell viability of BEL-7402 cells was decreased more for BNN-Bi₂S₃ treated samples compared to ones treated with Bi₂S₃ at different concentrations under 808 nm laser irradiation. (e) The *in vivo* tumor volume of different groups of mice over fifteen days after various treatments. Adapted and reprinted with permission from ref. 382, Copyright 2019.

upon treatment with X-ray radiation. The rGO was found to further improve the radiocatalytic activity through enhanced electron-hole separation, while PVP rendered the NPs with exceptional stability in biofluids, with desirable biocompatibility. Although the photocurrents generated from both BiP5W30 and PVP-PG showed rapid response upon X-ray on/off switching, which is an indication of electron-hole separation, PVP-PG was able to generate a 4-fold higher photocurrent than that of the BiP₅W₃₀ nanoclusters (Fig. 22a2). In fact, the presence of rGO more efficiently induced the separation of radiogenerated electron-hole pairs because of its two-dimensional planar structure that facilitates electron transportation.³⁹⁷ These radiogenerated electrons and holes were able to initiate the chemical reactions due to the robust photooxidative ability of the holes and photoreductive ability of the electrons,³⁹⁸ resulting in enhanced generation of hydroxyl radicals within a human cervix adenocarcinoma cell line (HeLa cells) upon X-ray irradiation (Fig. 22a3). In addition, the rGO was used for the absorption

of NIR light and heat production as a mechanism confirmed to overcome the hypoxic microenvironment of the tumor and synergize the antitumor effects of RT, resulting in very effective suppression of tumor size *in vivo* (Fig. 22a4). A similar concept using two high-Z elements in a single NP was also employed for the fabrication of PVP-Bi₂WO₆ nanoplates that exhibited very high X-ray energy deposition performance, favorable photocurrent and photocatalytic-like radiocatalytic activity upon treatment with X-rays. This resulted in the effective separation of electron/hole (e^-/h^+) pairs and subsequently promoted the generation of cytotoxic $\cdot\text{OH}$ (Fig. 22b1), confirmed by the detection of a 2',7'-dichlorofluorescein (DCF) fluorescence signal in live cells using confocal laser scanning. It was obvious that the green fluorescence signals were highly emitted from HeLa cells treated with both PVP-Bi₂WO₆ nanoplates and X-rays, whereas only weak fluorescence signals could be detected in the cells treated with PVP-Bi₂WO₆ nanoplates or X-rays alone. A clonogenic assay on human cervix adenocarcinoma cell line



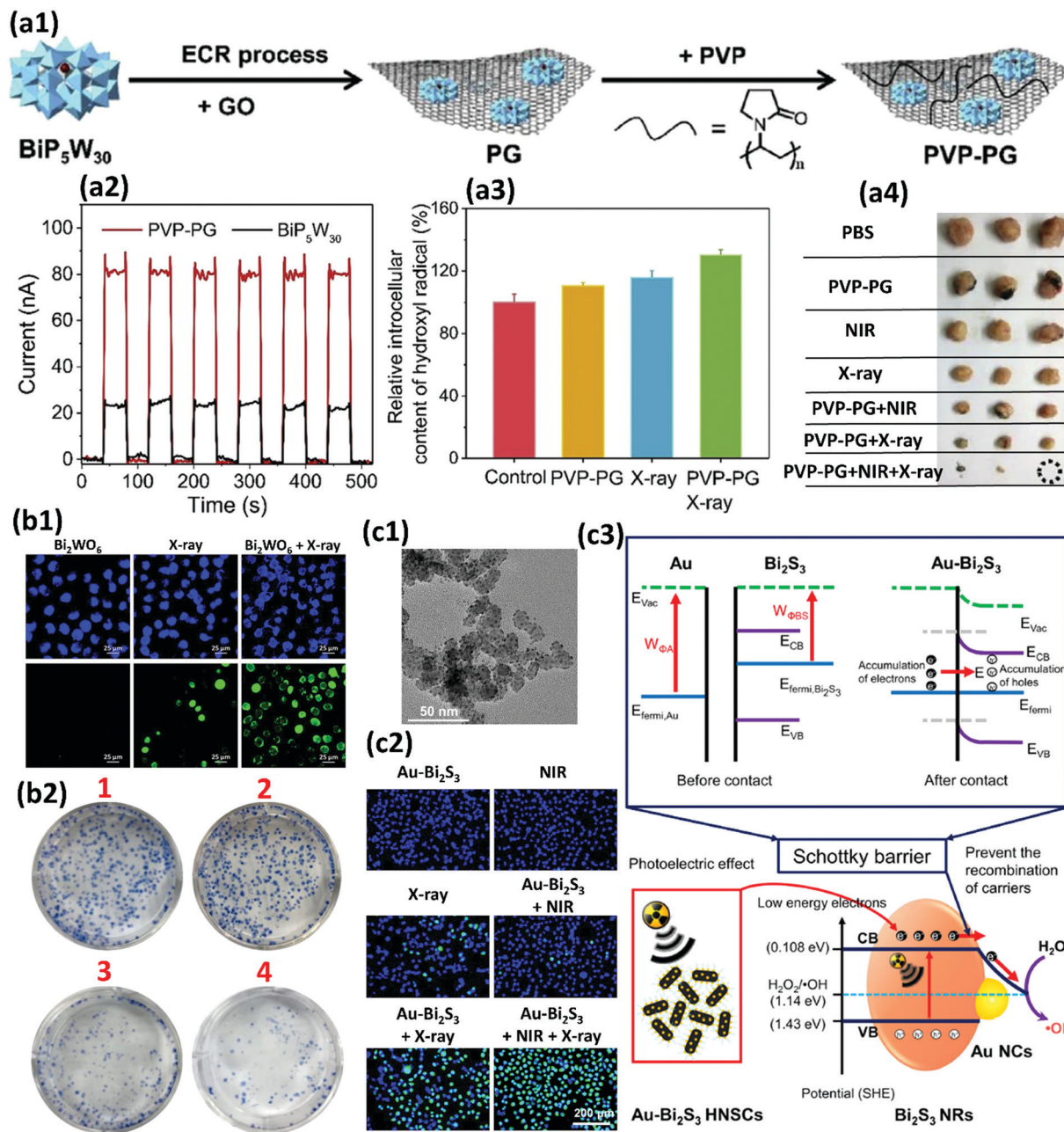


Fig. 22 (a1) The synthesis procedure of PVP-PG. (a2) X-ray induced photocurrent with $\text{BiP}_5\text{W}_{30}$ clusters and PVP-PG through the on/off switching of X-ray irradiation. (a3) The relative content of hydroxyl radicals in HeLa cells after different treatments. (a4) Digital images of the dissected tumors of each group. Adapted and reprinted with permission from ref. 23, Copyright 2019. (b1) Fluorescence images of ROS generation in HeLa cells treated differently and stained using Hoechst 33342 and DCFH-DA. (b2) Digital photographs of the colony formation of HeLa cells (1) without any treatment, and after treatment with (2) $100 \mu\text{g mL}^{-1}$ PVP- Bi_2WO_6 nanoplates, (3) X-rays and (4) PVP- Bi_2WO_6 + X-ray irradiation (50 kV, 75 μA , 30 s). Adapted and reprinted with permission from ref. 402, Copyright 2019. (c1) A TEM image of the Au- Bi_2S_3 nanocomposite. (c2) Fluorescence images of HeLa cells after different treatments and staining with Hoechst 33342 (blue) and DCF (green) for the imaging of nuclei and free radical generation, respectively. (c3) A schematic demonstration of the plausible mechanism involved in enhanced free radical generation via an X-ray-induced catalytic progress by Schottky-type Au- Bi_2S_3 heterostructures. When Bi_2S_3 and Au come into contact, electrons from Bi_2S_3 transfer to Au at the interface until equilibrium is reached between $E_{\text{Fermi},\text{Bi}_2\text{S}_3}$ and $E_{\text{Fermi},\text{Au}}$, resulting in new E_{Fermi} generation. This process leads to the formation of a positive charge layer at the surface of Bi_2S_3 and the accumulation of negative electrons on the surface of Au, leading to the deformation of the band structure between Au and Bi_2S_3 , where the surface potential barrier, known as the Schottky barrier is formed. Adapted and reprinted with permission from ref. 403, Copyright 2019.

(HeLa cells) confirmed the radiosensitizing effect of the PVP- Bi_2WO_6 nanoplates *via* a high amount of ROS generation. The cells were treated with the NPs ($100 \mu\text{g mL}^{-1}$) for 6 h before

washing and exposure to X-rays (50 kV, 75 μA) for 30 s before cell culturing and staining with Giemsa dye to visually count the number of cell colonies. As can be observed in Fig. 22b2,



the control and Bi₂WO₆ nanoplate-treated groups (1 and 2) produced more colonies than those of the X-ray (3) or Bi₂WO₆ + X-ray (4) treated groups. According to all of the above examples, development of oxygen-independent RT approaches that overcome the hypoxia of the tumor tissue is currently the key for further development of novel multifunctional radiosensitizers. PVP-modified Schottky-type heterostructured Au–Bi₂S₃ NPs (Fig. 22c1) are another example material that can deposit a high radiation dose within tumors in the form of high energy electrons and efficiently eradicate cancer without suffering from the oxygen-dependent radio-sensitizing behavior of the NPs in hypoxic tumors. The generation of free radicals in HeLa cells was evaluated by employing 2',7'-dichlorofluorescein diacetate (DCFH-DA) as a probe for the detection of free radicals. The green fluorescence of DCF was then detected, showing no signal in the Au–Bi₂S₃ and NIR treated groups, a very weak signal in the X-ray and Au–Bi₂S₃ + NIR groups, and a very strong signal in the Au–Bi₂S₃ + X-ray and Au–Bi₂S₃ + NIR + X-ray groups with the latter showing the biggest effect on ROS generation (Fig. 22c2). This feature of Schottky-type heterostructured Au–Bi₂S₃ is associated with the generation of a Schottky barrier between the metal, Au, and semiconductor, Bi₂S₃, which can trap the electrons generated by the X-ray treatment and transfer them to the Au, resulting in the prevention of the recombination of the electron–hole pairs (Fig. 22c3).^{399–401} Thereafter, due to the matched potential between the conduction band of the Bi₂S₃ NPs and overexpressed H₂O₂ within the tumor, the Au–Bi₂S₃ nanocomposite induces the decomposition of intracellular H₂O₂ into highly toxic •OH for selective killing of HeLa cells.

7.3. Combined cancer therapy and theranostics based on BiNPs

Despite the great efforts devoted to cancer monotherapy over the past decades, efficient eradication of tumors at an early stage remains a big challenge. Most tumors are not detected until they become large in size, increasing the risk of poor therapeutic outcome and metastasis. An alternative approach is combining more than one therapeutic method with diagnostic tools to overcome the shortcomings of the individual therapies.^{404,405} The simultaneous use of imaging modalities and multi-therapy requires versatile nanotheranostic agents.²⁰⁹ In this context, BiNPs were proposed, owing to their diverse applications, such as CT imaging, PAI, PTT, and RT.⁴⁰⁶ For example, ultrasmall BSA stabilized Bi₂Se₃ nanodots have exhibited a high photothermal conversion efficiency ($\eta = 50.7\%$) for PTT, while serving as PAI and CT multimodal imaging-guided synergetic sensitizers for radiotherapy.⁴⁰⁷ The average size of the NPs was 2.7 ± 0.3 nm and they were simply synthesized through the reaction of bismuth chloride with hydroxyethylthioselenide in aqueous solution under ambient conditions. Most studies have reported the synthesis of BiNPs in hydrophobic organic solvents to avoid the fast hydrolysis of Bi³⁺. However, these NPs are large in size and post synthetic surface modification was needed to make them water soluble. Their large size might also lead to long metabolism and induce more side effects.^{252,408} Therefore, in the abovementioned study, the advantage of preparing hydrophilic

and biocompatible Bi₂Se₃ BiNPs by dissolving water soluble bismuth salts in an acidic solution is highly significant as it could prevent the hydrolysis of Bi³⁺ ions, leading to the production of ultrasmall NPs.

The intrinsic PTT, RT, CT, and PAI potentials of BiNPs have also been combined with other imaging modalities or therapeutic strategies, such as MRI, chemotherapy and immunotherapy, to develop novel theranostics. For example, monodisperse Gd₂O₃/Bi₂S₃ hybrid nanodots (Gd/Bi-NDs) were prepared for simultaneous CT, PAI, MRI and PTT.⁴⁰⁹ Bi(NO₃)₃ and GdCl₃ were mixed with BSA in water under vigorous agitation before adjusting the pH to 12. Under basic conditions, the abundant active groups of the albumin molecules were found to efficiently bind to the metal ions of Bi³⁺ and Gd³⁺ to generate crystal nuclei. Numerous cysteine residues were also released to act as a precursor for the nanoprecipitation of Bi₂S₃ nanocrystals. Nanoprecipitation of the Gd³⁺ ions also occurred under basic conditions as a result of their binding to albumin molecules and subsequent formation of Gd₂O₃ nanocrystals through the reaction of hydroxyl groups with Gd³⁺ ions (Fig. 23a1). In addition to NIR fluorescence imaging that showed the *in vivo* retention behavior of the Cypate-labeled NPs in epithelial 4T1 mammary gland tumors for nearly 48 h (Fig. 23a2), PAI, MRI, and CT imaging were monitored with maximum PA and MR intensity at 12 h and efficient CT contrast during 2 h post-injection (Fig. 23a3–a5). The relaxivity of Gd/Bi-NDs was found to be around $26.8 \times 10^{-3} \text{ m}^{-1} \text{ s}^{-1}$, which is eight-fold higher than that of gadolinium–diethylenetriamine pentaacetic acid (Gd–DTPA, $3.2 \times 10^{-3} \text{ m}^{-1} \text{ s}^{-1}$). The CT contrast of these NP is also *ca.* 2.5-fold higher than that of Iopromide. Efficient cellular uptake, high tumor accumulation, favorable *in vivo* clearance, negligible acute toxicity, and effective photothermal tumor ablation without recurrence makes these monodisperse multi-component nanoagents highly promising as efficient cancer theranostic agents.

Combined phototherapy and immunotherapy using BiNPs is another novel approach recently highlighted for multi-therapeutic cancer ablation. Song *et al.*⁴¹⁰ prepared immune-adjuvant encapsulated Bi₂Se₃ nanocages for photothermal-improved PD-L1 checkpoint blockade metastasis therapy. As shown in Fig. 23b, MnSe nanocubes were used as a template to fabricate Bi₂Se₃ nanocages (NCs). First, manganese acetate tetrahydrate was added into a mixture of 1-octadecene, oleylamine and oleic acid at room temperature, followed by heating at 120 °C for 60 min to obtain solution no. 1. Next, selenium was dispersed in a solution of oleylamine and 1-dodecanethiol, followed by its addition into solution no. 1 and was held at 220 °C for 2 h. After cooling to 50 °C, a solution of 1-octadecene containing bismuth neodecanoate was added under a constant flow of nitrogen and the mixture was heated to 180 °C for 0.5 h under vigorous stirring. The solution was then cooled down to room temperature and oleylamine coated Bi₂Se₃ NCs were collected by centrifugation for further decoration with PEG (termed as NC-PEG). Imiquimod (R848), a toll-like receptor-7 agonist, was loaded into the NCs to generate strong anti-cancer immune responses by NC-PEG/R848. NIR mediated PPT using this immunogenic NP not only ablated the light-exposed cancer



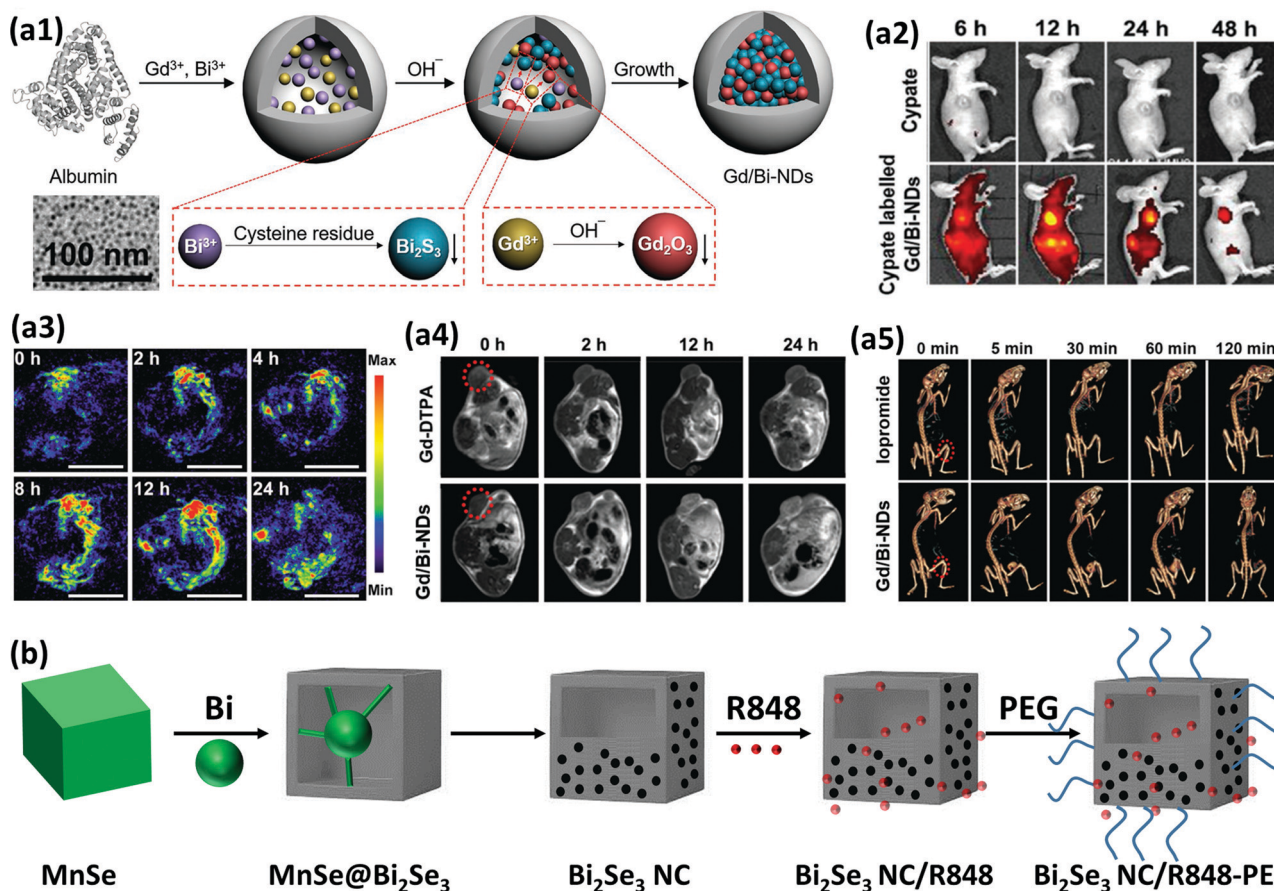


Fig. 23 (a1) A schematic illustration of Gd/Bi-NDs nanodots synthesized through separate nanoprecipitation reactions in a single albumin solution and a corresponding TEM image of the NPs. (a2) *In vivo* NIR fluorescence imaging of mice injected with Cypate-labeled Gd/Bi-NDs and free Cypate at a dose of $20 \mu\text{mol kg}^{-1}$ Bi. (a3) *In vivo* PAI of xenografted tumors from mice injected with Gd/Bi-NDs at a dose of $20 \mu\text{mol kg}^{-1}$ Bi over 24 h post-injection. (a4) *In vivo* MRI of mice injected with Gd/Bi-NDs and Gd-DTPA at a dose of $20 \mu\text{mol kg}^{-1}$ Gd over 24 h post-injection. (a5) *In vivo* CT imaging of mice i.t. injected with Gd/Bi-NDs and Iopromide at a dose of $125 \mu\text{mol kg}^{-1}$ Bi over 2 h. Adapted and reprinted with permission from ref. 409, Copyright 2018. (b) A schematic illustration of the synthesis procedure of Bi₂Se₃ NC-PEG/R848. Reproduced from ref. 410, Copyright 2019.

tissue, but also induced strong anti-cancer immunity to suppress the growth of a distant secondary tumor through the increased secretion of inflammatory cytokines, including TNF- α , interferon γ (IFN- γ), and IL-12p40. Co-administration of this formulation with an anti-PD-L1 antibody further silenced the immune resistance based on a PD-L1 checkpoint blockade to suppress the primary tumor, considered as a synergistic approach for the inhibition of tumor metastasis. In addition to these examples, there are other studies on combined therapy with BiNPs, which are summarized in Table 3, indicating the potential of these nanomedicines for future investigation and creation of versatile multifunctional theranostics.

8. Bi-Based biosensors

Biosensors are analytical devices that translate amounts of biochemical substances into a measurable signal, which is directly related to the level of the analyte. The main components of biosensors include a bioreceptor that identifies the analyte and generates a signal, a transducer that converts

signals into quantifiable and user-friendly electronic pulses, and a reader device to represent the signal in a displayable format.⁴²⁵ Electrochemical and photoelectrochemical (PEC) technologies (converting photoirradiation to electrical signals (current or potential))^{426,427} are the main detection methods used in the development of biosensing devices for drug discovery, food safety, environmental monitoring, and more importantly medical diagnostics through the detection of various analytes within complex body fluids (*e.g.* saliva, blood, urine).^{425,428} Among the various types of biosensors, nano-based ones exhibit great promise for meeting the demands of clinical diagnosis due to their attractive features of a high surface area, high stability and sensitivity, high selectivity, simplicity of construction, reproducibility, speed of response and low cost of analysis.⁴²⁵ Different types of nanomaterials, such as carbon-based nanostructures, metal NPs, magnetic NPs, and polymeric NPs have been utilized as both bioreceptors and transducers to improve the performance of electrochemical, optical, mass-based, or calorimetric sensors due to the desirable strength of the signal detection.^{429,430} Various types of Bi-based nanomaterials, such as its metallic forms, binary





Table 3 Overview of various multi-therapy approaches and theranostic systems proposed that use BINPs, along with their main features and novelties

Therapeutic approach	NP (type and shape)	Size and payload	Photothermal conversion efficiency	<i>In vivo</i> imaging technique	Reported properties	Ref.
PTT + PDT	BSA coated Bi ₂ Te ₃ nanosheets	110 nm in length with a thickness of 15 nm (after BSA coating) MB as a photosensitizer was loaded on the surface of BSA-Bi ₂ Te ₃ NPs <i>via</i> electrostatic attraction	45.3%	—	High stability in various physiological solutions Excellent biocompatibility	411
	Fingerprint-like AgBiS ₂ NPs (spherical)	80 nm	36.5%	CT	Successful loading of photosensitizer for PDT High intracellular ROS generation by PDT Tumor elimination without recurrence <i>in vivo</i> High compatibility High intracellular ROS generation under NIR laser Excellent antibacterial ability to avoid risk of infection during the NIR therapy of cancer Inhibition of highly malignant osteosarcoma <i>in vivo</i>	412
	PLL coated Bi ₂ S ₃ QDs (Spherical)	2.7 nm (after PLL coating)	25.7%	IRT	High water dispersibility Excellent biocompatibility Abundant photoelectrons with high reducing ability on the surface of the NPs promoted the rapid generation of ROS	413
	Bi _{2.88} Fe ₅ O ₁₂ (Bi ferrite) NPs (Spherical)	69.6 nm	51.4%	US MRI IRT	High safety No hematotoxicity High NIR absorption High NIR-mediated ROS generation Tumor necrosis after NIR therapy and successful granulation tissue formation within 14 days post NIR-therapy	414
PTT + RT	Bi ₂ S ₃ NRs	40 nm in length and 13 nm in width ZP and cell penetrating peptide linkage to NRs through thermally retractable (P(NIPAM-co-AM)) polymer	33.6%	CT	ZP functions as a potent HO-1 inhibitor to strengthen the PDT effect through the blockage of the catalyzing activity of HO-1 on the production of antioxidants by heme Efficient electron-hole separation to avoid the suppression of ROS generation	415
	Bi ₂ Se ₃ NPs (Spherical)	122.4 nm AIPH and LA were loaded inside the NPs	31.2%	CT ($\mu = 37.77$ HU mL mg ⁻¹)	Free radical generation by photothermal decomposition of AIPH was oxygen-independent and could further enhance the immune response LA, as a phase change material with a melting point of 45.87 °C could block the AIPH leakage from the NPs in the blood circulation, while AIPH release increased under NIR irradiation due the melting of the LA	416
	HA coated Bi ₂ Se ₃ hollow nanocubes	34 nm before coating and 40 nm after coating GA was loaded on the surface	38.6%	IRT Fluorescence	HA conjugation on the surface could target CD44 positive cancer cells GA release from the NPs was GSH responsive through a redox-cleavable linkage (-S-S-) HSP, which is an essential protein to cause cell thermoresistance upon hyperthermia, was blocked by GA, resulting in induced efficient cancer cell apoptosis at a relatively low temperature (≈ 43 °C) without damage to the surrounding tissues	417



Table 3 (continued)

Therapeutic approach	NP (type and shape)	Size and payload	Photothermal conversion efficiency	<i>In vivo</i> imaging technique	Reported properties	Ref.
	BSA-capped Bi ₂ S ₃ NPs (spherical)	6.1 nm before coating and 39.52 nm after BSA coating	51.0%	CT ($\mu = 90.2$ HU mL mg ⁻¹) PAI	Very high photothermal stability Ultrasmall size and colloidal stability of the NPs resulted in desirable blood circulation behavior with a half-life of up to 14.85 h, which favors tumor uptake for diagnostic imaging Excellent CT imaging performance Very high passive accumulation in tumor	257
	PEG conjugated Bi ₂ Se ₃ nanoshells decorated with FeSe ₂ NPs (spherical)	100 nm in length and 2.6 nm in thickness	—	SPECT through radiolabeling IRT CT ($\mu = 24.26$ HU mL mg ⁻¹) PAI MRI ($T_2 = 136.68 \times 10^{-3}$ M ⁻¹ s ⁻¹) PET	Efficient tumor homing Radiolabeling with ⁶⁴ Cu allowed PET imaging FeSe ₂ allowed MRI imaging	254
	Bi ₂ S ₃ NRs	155.4 nm in length	—	IRT CT	Bi ₂ Se ₃ NPs were used for PTT, PAI and CT imaging Synergistic tumor destruction effect	340
	MoS ₂ /Bi ₂ S ₃ -PEG nanosheets	300 nm	—	CT PAI IRT	Hyperthermia greatly increased the generation of oxygen in hypoxic regions, thereby suppressing the expression of HIF-1 α . This resulted in interference with DNA repair <i>via</i> lowering the expression of DNA repair-related proteins to overcome radio-resistance Combined PTT and RT could suppress tumor metastasis <i>via</i> down-regulating angiogenic factors MoS ₂ rendered the nanocomposite with very good PAI properties A bottom-up solvothermal method was used for the production of the nanocomposite	418
PTT + chemotherapy	Flower-like Fe ₇ S ₈ /Bi ₂ S ₃ NPs (spherical) Trastuzumab functionalized Bi ₂ S ₃ @mPS core-shell NRs	Bi ₂ S ₃ : 125 nm Fe ₇ S ₈ /Bi ₂ S ₃ : ca. 400 nm DOX 100 nm in length and 26 nm in width before encapsulation into mPS 130 nm in length and 60 nm in width after encapsulation into mPS DOX DOX	48.8% 29.5%	IRT CT ($\mu = 42.58$ HU mL mg ⁻¹) IRT	pH and NIR responsive drug release Fe ₇ S ₈ increased the NIR light absorption by Bi ₂ S ₃ NPs The loading capacity was as high as 60.85 mg/100 mg due to the large pore size and surface area of Bi ₂ S ₃ @mPS pH responsive drug release in acidic condition	419 313
	PVP coated porous BINPs (spherical)	200 nm DOX	48.5%	CT IRT	Active tumor targeting and accumulation was achieved Etching of BINPs by DMSO at 190 °C for 24 h formed porous Bi nanospheres Pore size distribution was from 2 to 10 nm Pore volume was 0.301 cm ³ g ⁻¹ , which was suitable for DOX loading with a size of ca. ~1.37 Drug loading efficiency was 10.5%, which was attributed to the large specific surface area Hollow structure enabled high drug loading capacity (86.4% of DOX could be loaded to the outer and inner surfaces of the nanocomposite)	320
	L-Cys/Bi ₂ S ₃ hollow nanospheres	DOX	31.5%	—	High water dispersibility and biocompatibility due to the L-Cys on the surface Integrated photothermal ablation and drug therapy of cancer	19



Table 3 (continued)

Therapeutic approach	NP (type and shape)	Size and payload	Photothermal conversion efficiency	<i>In vivo</i> imaging technique	Reported properties	Ref.
	Bi@SiO ₂ -Gd core-shell nanospheres	130–190 nm	28.5%	CT ($\mu = 30.39$ HU mL mg ⁻¹)	The Bi@SiO ₂ -Gd NPs have a porous structure with specific surface area of 218.778 cm ² g ⁻¹ , average pore volume of 0.2 cm ³ g ⁻¹ , and the pore size of 4.5 nm	420
		Tumor homing ARE-YGTRFSLIGGYR peptide and DOX were attached on the surface of the NPs		MRI ($r_2 = 16.89$ mM ⁻¹ s ⁻¹)		
	Bi@GEL (spherical)	15.6 nm DOX was loaded on the surface of the NPs	—	CT IRT	Overcoming the limited retention time of the NPs in the tumors and the inability of tumor imaging for a long time: an ultralong tumor imaging time of over 14 days was achieved (tumor retention half-life of 104.5 h) Gd was used for MRI imaging and Bi for PTT The NPs were excreted from the body through both faeces and urine pH responsive biodegradation pH and NIR responsive drug release	421
PTT + gene therapy	Bi ₂ S ₃ -Tween 20 nanodots (spherical)	12 nm	—	IRT	Potent antitumor activity under relatively mild PTT conditions (power density: 0.6 W cm ⁻²) due to synergized NIR therapy and gene therapy	381
		LY294002, a PI3K inhibitor			NIR responsive LY294002 release Downregulation of the expression of HSP70 by LY294002 to increase the sensitivity of cancer cells to hyperthermia	
	Au@Bi ₂ Se ₃ core-shell NPs surface functionalized with PVP-FA/CPP-dsRNA (spherical)	Bi ₂ Se ₃ : 7.12 nm Au@Bi ₂ Se ₃ : 10.98 nm Traceable delivery of antagomiR-152	35.5%	Au coating proposed SERS technique for deep tissue imaging and monitoring of drug delivery by BiNPs	Surface plasmonic effect due to the presence of Au Facile surface functionalization through straightforward Au-thiol interaction FA/CPP could enhance the cancer cell targeting, endocytosis, and endosomal escape efficacy of the NPs High biocompatibility and water dispersibility AntagomiR-152 in Au@Bi ₂ Se ₃ -PVP-FA/CPP-dsRNA nanocomposite could knockdown oncomiR-152 and induce early apoptosis in neuroblastoma cells	422
RT + chemotherapy	Bi ₂ S ₃ -embedded mPS NPs (spherical)	72.7 nm DOX	—	—	Surfactant induced condensation method was employed to prepare Bi ₂ S ₃ NPs and coat them with mPS High DOX loading efficiency of 45 wt% pH-responsive controlled drug release due to the electrostatic interaction between DOX molecules and silanol surface Efficient <i>in vivo</i> tumor ablation	52
RT + immunotherapy	BSA coated Bi ₂ S ₃ NPs (irregular)	43.72 nm before GLP conjugation and 134.24 nm after GLP conjugation	—	—	Instead of increasing the radiation dose, reactivation of immunosuppressed tumor microenvironment was proposed as an alternative strategy for successful cancer combined therapy GLP was conjugated on the surface as an immunoreactive agent GLP conjugated NPs increased the sensitivity of radiotherapy through the induction of immunostimulation responses in the tumor microenvironment Enhanced level of DC maturation, cytokine release, acid phosphatase activity, and intratumor CD8 ⁺ T cell proliferation were observed Lung metastasis was significantly prohibited by GLP conjugated NPs	55

Table 3 (continued)

Therapeutic approach	NP (type and shape)	Size and payload	Photothermal conversion efficiency	<i>In vivo</i> imaging technique	Reported properties	Ref.
PDT + PDT + chemotherapy	PEGylated Bi ₂ WO ₆ nanosheets	Lateral size of 117 nm with a thickness of 2.4 nm DOX was loaded on the surface of the nanosheets	36.5%	CT ($\mu = 21.92$ HU mL mg ⁻¹) IRT	Very high uptake by cancer cells Providing low risk of cancer recurrence Excellent drug loading capacity of 81.3 wt% ROS mediated shrinkage of cancer tissue	423
PDT + PDT + chemotherapy	PEGylated mesoporous Bi ₂ S ₃ nanostars	257.8 nm DOX for chemotherapy and Ce6 as a photosensitizer were loaded within the pores		CT IRT	Temperature responsive DOX release <i>In vivo</i> solid tumor suppression without recurrence	49
PDT + PDT + chemotherapy	PEGylated MoSe ₂ /Bi ₂ Se ₃ nanosheets	5–30 nm DOX	59.3%	CT ($\mu = 21.3$ HU mL mg ⁻¹) IRT	Remarkable clearance through the urinary system Very high ROS generation due to the efficient separation of photo-generated electron-hole pairs Hyperthermia increased the transfer of photogenerated electron that is in favor of ROS generation The nanocomposite showed higher CT imaging contrast than pure MoSe ₂ High drug encapsulation efficiency of 95.6% pH and temperature responsive drug release was achieved	18
PDT + PDT + RT	BSA-coated BTOI@Bi ₂ S ₃	100 nm	28.5%	CT PAI IRT	Enhanced tumor suppression <i>in vivo</i> compared to monotherapy	424

Abbreviations: AIPH: 2,2-azobis[2-(2-imidazolyl-2-yl)propane]dihydrochloride; BSA: bovine serum albumin; Ce6: chlorin e6; CPP: cell penetrating peptide; DOX: doxorubicin; DMSO: dimethyl sulfoxide; FA: folic acid; GA: gambogic acid; GEL: gelatin; Gd: gadolinium; GLP: gadolinium lucidum polysaccharide; GSH: glutathione; HA: hyaluronic acid; HIF-1 α : hypoxia-inducible factor; HSP: heat-shock protein; HO-1: heme oxygenase; IRT: infrared thermography; LA: lauric acid; L-Cys: L-cysteine; mPS: mesoporous silica; MB: methylene blue; MRI: magnetic resonance imaging; MSOT: multispectral optoacoustic tomography; NRs: nanorods; PET: positron-emission tomography; P(NIPAM-co-AM): poly(N-isopropylacrylamide-co-acrylamide); PLL: poly-L-lysine; QD: quantum dots; ROS: reactive oxygen species; RT: radiation therapy; SPECT: single-photon emission computerized tomography; US: ultrasonography; ZP: zinc protoporphyrin IX; μ : linear attenuation coefficient



oxides (Bi_2O_3) and multicomponent oxides (e.g., BiVO_4), selenides (Bi_2Se_3), sulfides (Bi_2S_3) and oxyhalides (BiOX) have newly emerged for use in biosensing applications.⁴²⁷ The unusual performance of BiNPs as a biosensor relies on their unique physicochemical properties that include high electrical resistance and low thermal conductivity, high surface-to-volume ratio, high surface free energy, excellent visible-light activity, and favorable properties for biomolecule adsorption.^{431,432} In addition, Bi materials are non-toxic, biocompatible, chemically inert, highly stable, environmentally friendly, and provide high resolution of the voltammetric responses and desirable limit of detection (LOD), while their synthesis is usually easy and affordable.^{431,432} Due to the above-described properties, Bi is considered as an alternative to toxic sensing electrodes, such as metallic mercury, since various forms of its composites can be simply prepared, mainly for electrochemical and PEC biosensing using different metals.^{427,433–435} Electrodes incorporating Bi in the bulk state,^{436,437} BiNPs of various shapes and sizes,^{433,438–444} and Bi film electrodes (BiFEs)^{445–448} have been developed for the determination of various analytes with high sensitivity and low background signal and their general applications have previously been well-reviewed.^{427,431,449,450} Herein, our focus will be on the biomedical applications of sensors developed using different chemical forms and shapes of BiNPs and BiFEs.

8.1. Bismuth oxides (BiO_x) for biosensing

BiO_x materials possess interesting physical properties for biosensing technology, recognized as p-type electronic semiconductors with a large energy band-gap of around 2.1 eV, a high refractive index, favorable dielectric permittivity, photoconductivity and photoluminescence properties.^{451–453} As a result of their chemical inertness and *in vivo* biocompatibility, BiO_x materials have recently been proposed for gas sensing, as a coating for photovoltaic cells, as well as in biosensor fabrication.^{454,455} Nanosized BiO_x (nano- BiO_x) shows the prominent features of a high surface area, high surface free energy, and electrochemical stability, which plays meaningful roles in analyte adsorption and detection at low concentrations. These physical properties have resulted in the development of BiO_x materials for use in glucose sensing,⁴³³ DNA hybridization,⁴⁴² and H_2O_2 detection.⁴⁴¹ For example, Ding *et al.*⁴³³ developed a nanostructured amperometric glucose biosensor based on spreading a solution mixture of glucose oxidase (GOD) and polycrystalline nano- BiO_x (composed mainly of BiO_x nanorods and nanosheets) onto a platinum disk electrode, followed by drying and 15 min of treatment using saturated glutaraldehyde vapor in order to induce the chemical cross-linking of the entrapped enzyme molecules on the surface of the electrode. Then, the amperometric measurement of glucose levels was achieved by the GOD mediated oxidation of β -D-glucose to gluconic acid and hydrogen peroxide in the presence of O_2 . The GOD/nano- BiO_x electrode was finally able to oxidize the enzymatically generated hydrogen peroxide at 0.5 V. Linear measurement of glucose levels was observed over a concentration range of 1×10^{-6} to 1.5×10^{-3} M with a detection limit of 4×10^{-7} M and a sensitivity of $51.0 \pm 0.4 \text{ mA M}^{-1} \text{ cm}^{-2}$.

This achievement is associated with the photovoltaic effect of the NPs, which assists the enzymatic reaction through the catalysis of oxidation/reduction reactions. This biosensor exhibited favorable thermodynamic stability and life span due to the protective effect of the BiO_x matrix on the degradation of GOD enzyme. This can be explained by partial enzyme embedding or encapsulation in nano- BiO_x during the procedure of enzyme immobilization, resulting in improved thermal resistance, which might also explain the extended storage stability of over 2 months.

To enhance the capacity of converting photoirradiation into an electrical signal in PEC biosensors and overcome the high toxicity, easy photo-bleaching, and the narrow optical response range of the classical semiconductor group (II–VI) nano hybrids,^{427,456} multicomponent BiO_x and BiOX ($X = \text{F}, \text{Cl}, \text{Br}, \text{and I}$), such as bismuth oxybromide (BiOBr),⁴⁵⁷ bismuth iodide oxide (BiOI),²⁰² Bi_2O_3 ,⁴⁵⁸ Bi vanadate (BiVO_4),^{201,459} BiFeO_3 ,⁴⁶⁰ and perovskites members like Bi_2WO_6 ^{461,462} have drawn significant attention, particularly in the design of PEC immunosensors. They possess superb properties under visible light irradiation, such as high chemical stability, low toxicity, a large energy band gap, high refractive index, dielectric permittivity, high oxygen-ion conductivity, and pronounced photoconductivity and photoluminescence properties.^{448,452} Zhu *et al.*⁴⁶² fabricated Bi_2WO_6 nanosheets to be incorporated into an organic-inorganic heterojunction (interface that occurs between two layers or regions of dissimilar crystalline semiconductors) of a polypyrrole@ Bi_2WO_6 -based electrode, yielding a sensitive PEC immunoassay for the early detection of creatine kinase-MB, present a few hours after a heart attack. Fan *et al.*⁴⁵⁷ developed an ultrasensitive label-free immunosensor based on a bismuth oxybromide/silver sulfide ($\text{BiOBr}/\text{Ag}_2\text{S}$) composite with high visible-light PEC activity for the detection of insulin (Fig. 24a). An indium tin oxide (ITO) electrode was used as a platform for the immobilization of BiOBr on its surface. Thioglycolic acid (TGA) was then used for the modification of the BiOBr modified ITO electrode through dropping of its aqueous solution on the surface and drying under an infrared lamp. Next, Ag_2S was grown *in situ* on the surface of the ITO/ BiOBr/TGA electrode *via* the addition of a solution mixture of the AgNO_3 and Na_2S . After washing, dopamine (DA) was added to the electrode to form a PD film. PD has very high adhesivity to biomolecules, enabling efficient attachment of the anti-insulin antibody onto the surface of the ITO/ $\text{BiOBr}/\text{TGA}/\text{Ag}_2\text{S}/\text{PD}$ electrode. BSA was finally dropped onto the electrode at room temperature to block the nonspecific binding sites and make the device ready for insulin detection. In this study, a high and stable photocurrent signal was obtained by adding the excellent antioxidant ascorbic acid (AA) to the sample being tested. Holes generated by the illuminated Ag_2S NPs oxidize AA, facilitating the separation of photogenerated holes and electrons (h^+/e^-) to achieve perfect photoelectrochemical activity and photocurrent response.⁴⁶³ The separation of photogenerated h^+/e^- is inefficient under visible light due to the wide band-gap of BiOBr , and therefore, Ag_2S NPs are used to promote electron transition under visible light (Fig. 24b). The presence of PD also enhances the visible light



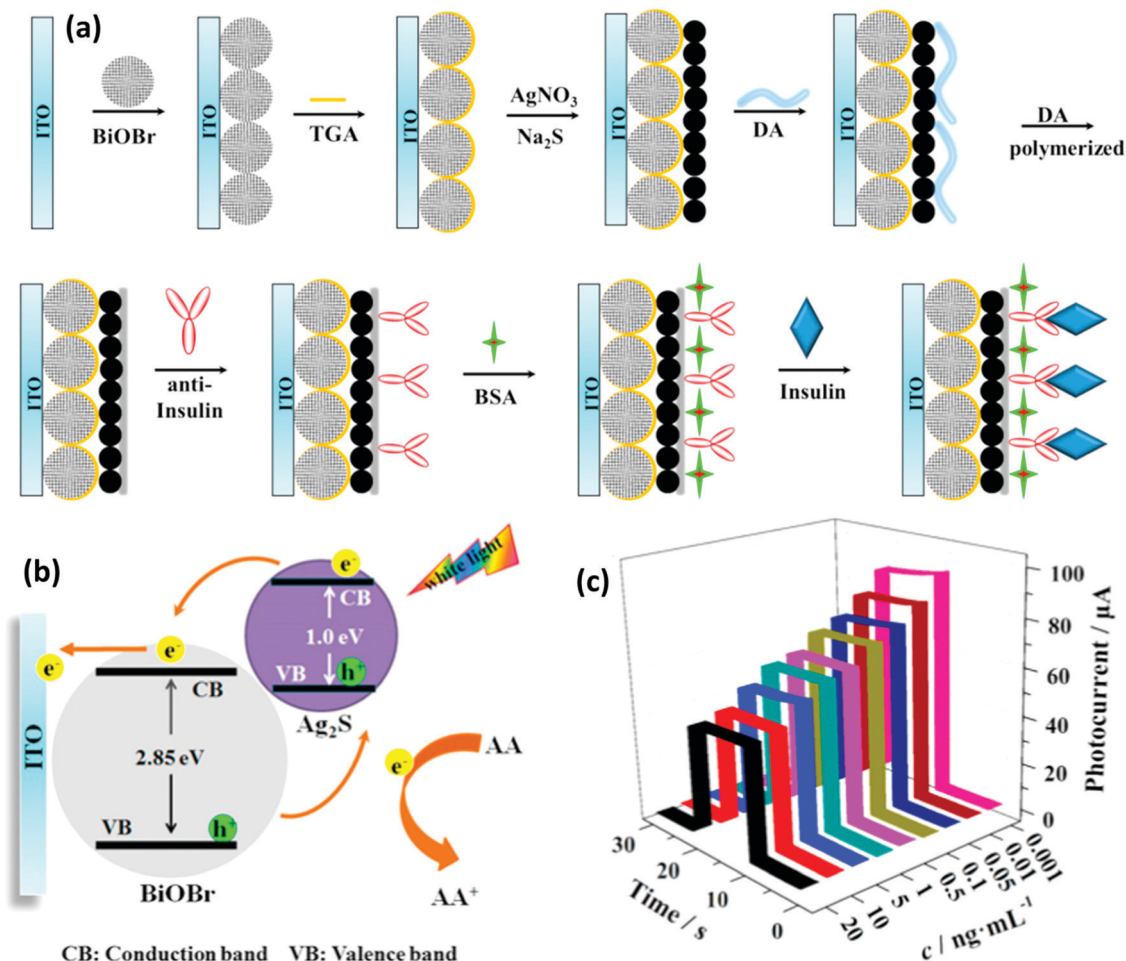


Fig. 24 (a) A schematic demonstration of the fabrication process of a BiOBr/Ag₂S PEC immunosensor. Ag₂S NPs were successfully grown *in situ* on the surface of TGA modified BiOBr microspheres. (b) The electron-transfer mechanism of a PEC-based BiOBr/Ag₂S immunosensor in PBS electrolyte containing AA. (c) The photocurrent response curves of the PEC-based BiOBr/Ag₂S immunosensor for the determination of insulin at various concentrations. Adapted and reprinted with permission from ref. 457, Copyright 2017.

absorption of BiOBr/Ag₂S. The specific binding between insulin present in the samples and the anti-insulin antibody present in the electrode resulted in a linear decrease in the photocurrent intensity with an increase in the amount of insulin in the sample. The composite PEC sensor of BiOBr/Ag₂S revealed its facile preparation, high sensitivity (detection limit of 0.2 pg mL⁻¹), reproducibility and perfect stability. A similar concept was also proposed to detect squamous cell carcinoma antigens (SCCAs) using a novel PEC immunosensor based on a BiOBr/Bi₂S₃ composite.⁴⁶⁴ Bi₂S₃ NPs were synthesized on BiOBr microstructures *via* a facile reaction between hydrothermally synthesized BiOBr and S²⁻ ions. Similar to the previous example, this composite showed favorable PEC activity when AA was used as an electron donor; however, its photocurrent intensity was *ca.* 30 times higher than that of pure BiOBr, resulting in the ultrasensitive determination of SCCA (Fig. 24c). Both of the above examples used BiOBr because of its excellent photoelectric activity, high chemical stability, and wide band gap that can inhibit the recombination of electron–holes (e⁻/h⁺) and strengthen the photoelectric activity.^{465–467} Nevertheless,

the latter carries the benefits of the high valence band (VB) and conduction band (CB) of Bi₂S₃, which subsequently accelerate electron transfer under visible light irradiation and improves the conductivities of the PEC biosensors. It is worth pointing out that while BiOBr-based PEC detection of tetracycline, H₂O₂, glucose, AA, and ciprofloxacin have been recently reported,^{468–470} the use of BiO_x for biosensing is still in its infancy and there is a long way to go and much novel exploration for researchers to fabricate highly sensitive sensors for use in biomedical applications.

8.2. Bi₂Se₃ for biosensing

As a three-dimensional topological insulator (TI), Bi₂Se₃ has shown advantageous properties for biosensing, because of its photothermal conversion ability,⁴⁷¹ thermoelectric behavior,⁴⁷² Dirac plasmons (oscillations of electrons)⁴⁷³ and distinctive electrical conductivity (n-type conductivity, with an energy band gap of 220 meV)⁴⁷⁴ that result from the existence of a single-surface Dirac cone and a six-valley degeneracy in its structure.⁴⁷⁵ Strong spin–orbit coupling of Bi₂Se₃ induces nontrivial surface states, which are completely protected against any time reversal



perturbations, such as nonmagnetic impurities⁴⁷⁶ and crystal defects. In addition, Bi_2Se_3 possesses electrochemical catalytic properties,⁴⁷⁷ yielding a highly effective platform for the fabrication of electrochemical biosensors with reduced background signal and increased reproducibility through the suppression of the fluctuation of the spin-polarized charge that is carried on the surface states.^{478,479}

Since rapid and selective detection of hydrogen peroxide (H_2O_2) is in high demand, as it is an important biomarker of the major reactive oxygen species associated with biological disorders, Mohammadniaei *et al.*⁴⁸⁰ developed an electrochemical biosensor for its detection based on Bi_2Se_3 NPs sandwiched between a gold electrode and a thin layer of thermally-evaporated Au ($\text{Bi}_2\text{Se}_3@Au$). Fig. 25 shows that the encapsulation by the Au thin layer kept the Bi_2Se_3 surface protected, preventing its dissolution into the electrolyte, improving its electrochemical-signal stability, and allowing

metallic DNA (mDNA) to be immobilized onto the substrate through Au–thiol interactions and the formation of $\text{Bi}_2\text{Se}_3@Au$ -mDNA. The presence of mDNA, consisting of optimized eight- Ag^+ -inserted dsDNA, rendered a discrete electrochemical signal as a result of the H_2O_2 reduction due to the reversible conversion of Ag^{2+} to Ag^+ , while Bi_2Se_3 acted as an electrochemical signal booster. As a result of the sharp redox signals of the Ag^+ ion and the low difference between the anodic and cathodic peak potentials (ΔE_p) of 66 mV that resulted in a high electron-transfer rate across the structures, as well as increased charge mobility between the interface by the Bi_2Se_3 NPs, a fast current response was observed. The developed biosensor showed a remarkable performance to discriminate between MCF-7 and MDA-MB-231 breast cancer subtypes through the ultrafast measurement (1.6 s) of H_2O_2 generation produced by each cell line upon exposure to phorbol 12-myristate 13-acetate (PMA) and with a very low detection limit of 10×10^{-9} M.⁴⁸⁰ Fan *et al.*²⁵ also

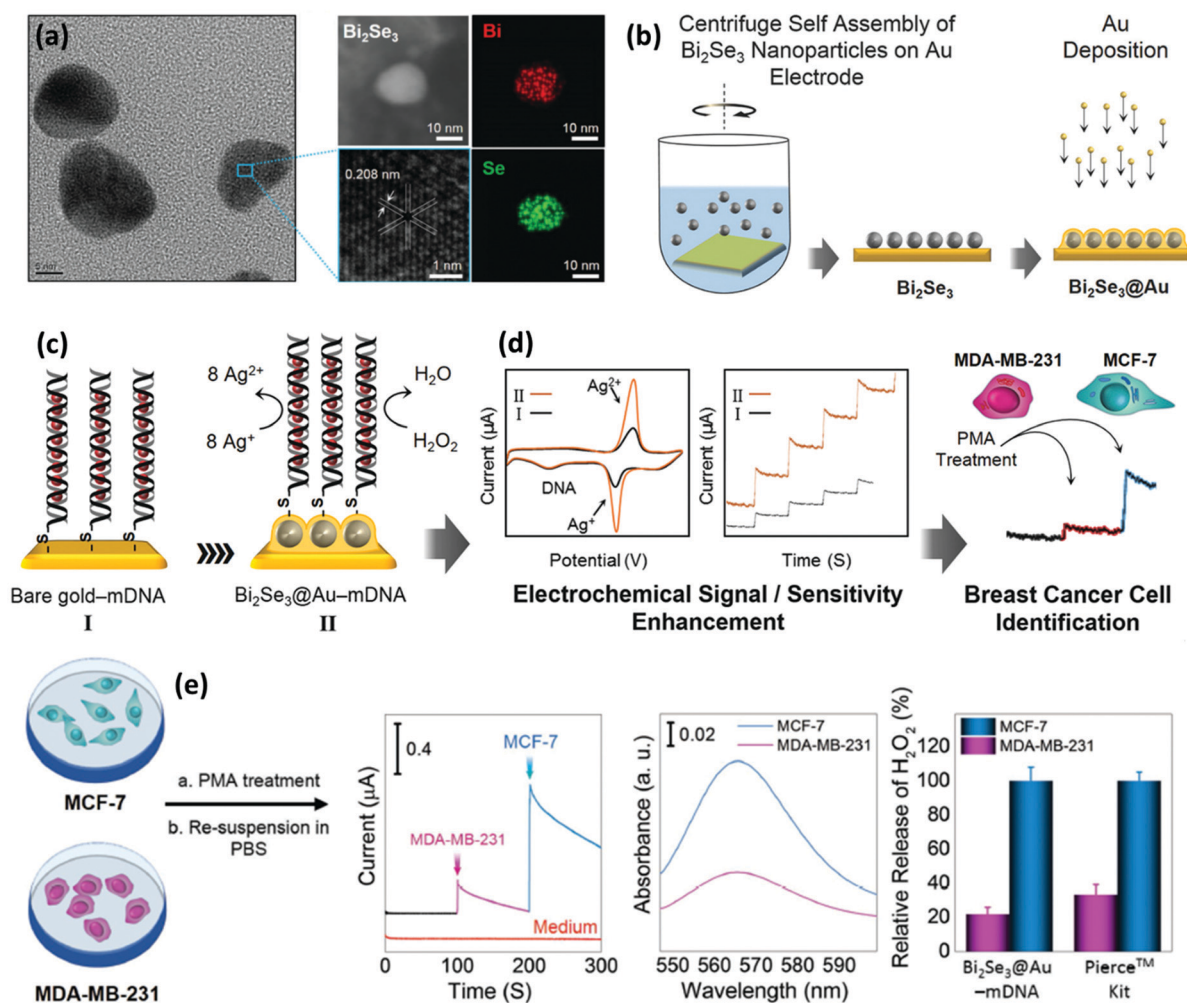


Fig. 25 (a) A TEM image of Bi_2Se_3 NPs and their elemental mapping images obtained from energy-dispersive X-ray spectroscopy (EDS) analysis of the NPs. (b–d) A schematic illustration of the fabrication process of the $\text{Bi}_2\text{Se}_3@Au$ -mDNA electrode, and its electrochemical behavior for the detection of H_2O_2 released from cancer cells. (e) Experimental results from H_2O_2 detection via the typical amperometric response recorded at a $\text{Bi}_2\text{Se}_3@Au$ -mDNA biosensor after the addition of 10 μL of a solution of PMA-induced MDA-MB-231 (violet), PMA-induced MCF-7 (blue), and PMA-induced medium (red). The comparison of the $\text{Bi}_2\text{Se}_3@Au$ -mDNA electrode with a Pierce kit demonstrates the reliable measurement of H_2O_2 using the developed Bi based biosensor. Adapted and reprinted with permission from ref. 480, Copyright 2018.



used Bi₂Se₃ NPs to fabricate an electrochemical hemoglobin (Hb) biosensor by immobilizing Hb on the surface of Bi₂Se₃ NPs, promoting the direct electron transfer of Hb, while retaining its biological activity and high catalytic activity for the reduction of H₂O₂.

8.3. Biosensors based on Bi₂S₃ NPs

Bi₂S₃ is another important type of n-type semiconducting chalcogenide material, recently proposed for the development of biosensors.^{481,482} Bi₂S₃ presents a broad absorption overlapping with the near-IR and visible regions along with a tunable band gap of between 1.3 and 1.7 eV, which gives it the benefit of being able to absorb visible light over a wide wavelength range.⁴⁸³ Therefore, Bi₂S₃ can act as a light-harvesting substrate for the development of PEC biosensors due to its high absorption coefficient and high incident photon-to-electron conversion efficiency.^{483,484} Nanotubes,⁴⁸⁵ nanorods,^{444,486,487} and nano-sheets of Bi₂S₃,⁴⁸⁸ as well as Bi₂S₃@MoS₂ nanoflowers⁴⁸⁹ are examples of developed photoactive PEC nanosensors for the detection of various analytes, such as methylated DNA,⁴⁴⁴ microRNA,⁴⁸⁹ amyloid- β proteins,⁴⁸⁷ avian leucosis virus⁴⁹⁰ and sulfadimethoxine.^{491,492} For the avian leucosis virus (ALVs-J), for example, Sun *et al.*⁴⁹⁰ used Bi₂S₃ nanorods as a photosensitive layer on top of an ITO electrode to construct an immunosandwich-based biosensor for the PEC detection of this virus. The electrode was constructed by coating an ITO slice with Bi₂S₃ nanorods, followed by a chitosan coating, attachment of an ALVs-J capturing antibody on the chitosan layer, and finally BSA based surface blocking to avoid unspecific binding. Samples containing increasing concentrations of ALVs-J were exposed to the electrode, upon which a detection antibody conjugated to the surface of gold NPs was added to form an immunosandwich complex with the viruses captured on the surface of the antibody modified electrode. Alkaline phosphatase (ALP) was conjugated on the surface of the AuNPs to catalyze the hydrolysis of AAP to AA *in situ* for the donation of electrons, which enhances the photocurrent of the biosensor. The fabricated biosensor demonstrated a detection limit of 10²⁻⁰⁸ tissue culture infective dose 50 (TCID₅₀).

One way to improve the sensing of Bi-based electrodes is to combine BiNPs with other nanomaterials to form nanocomposites. In recent work, Wang *et al.*⁴⁹³ introduced an innovative enzyme-based PEC biosensor based on a dual signal quenching strategy *via* the new concept of AA oxidase (AAO)-AA bioevent-based electron donor consumption coupled with the steric hindrance of silicon dioxide (SiO₂) for the detection of carcino-embryonic antigen (CEA). Ternary hybrid Bi₂S₃/Ag₂S/TiO₂ nanotube (NT) arrays were prepared and used as a photoelectrode, as shown in Fig. 26a1. When the AuNPs were decorated on the electrode array, the photocurrent was boosted significantly due to the surface plasmon resonance of the AuNPs. After the conjugation of an aptamer (Apt)-SiO₂-AAO, the PEC signal obviously decreased due to the dual quenching effect originating from the enzymatic reaction between AAO and AA that hampers the exposure of the surface of the electrode to the AA and also the steric hindrance of the SiO₂. In the presence of CEA, the PEC response was remarkably increased owing to the

competition between the CEA and SH-DNA in binding to the Apt of Apt-SiO₂-AAO, resulting in the separation of some of the Apt-SiO₂-AAO and increased PEC signal due to the reduced quenching effect. This study also revealed that ternary Bi₂S₃/Ag₂S/TiO₂ NTs have better PEC performance compared to TiO₂ NTs only or binary Ag₂S/TiO₂ NTs and Bi₂S₃/TiO₂ NTs (Fig. 26a2). As a result of their wide band gap, TiO₂ NTs possess very poor photoelectric conversion efficiency, which results in a low photocurrent response. Assembly of Ag₂S on TiO₂ causes a tiny change in the PEC response, but the growth of Bi₂S₃ on the Ag₂S/TiO₂ NTs resulted in a great increase in the photocurrent intensity. This observation was ascribed to the facile transfer of photogenerated electrons from the conduction band (CB) of Bi₂S₃ to the CB of Ag₂S and then to the CB of TiO₂, consequently promoting the effective separation of electron-hole pairs and photocurrent enhancement. In the future, such novel concepts can be expanded to achieve promising photoactive biosensors, which can meet the challenging questions in the field of PEC-based biochemical analysis for the detection of other proteins.

While there are plenty of materials with appropriate electrical conductivity, there are major disadvantages that hinder their wide usage in biosensing. For example, conductive polymers like polyaniline (PANI) suffer from inferior electrochemical stability, weak resistance to acidity variation and poor mechanical properties.^{494,495} To circumvent these weaknesses, Bi₂S₃ NPs can be used to form composites that can make new strides as active materials in the development of biomedical sensors. Zhu *et al.*⁴⁹⁶ fabricated novel PANI-Bi₂S₃ nanocomposite through the potentiodynamic deposition of an ionic liquid-carbon paste electrode (IL-CPE) modified with Bi₂S₃ nanorods in an aniline solution (Fig. 26b1-b3), suggested as an immobilization platform for oligonucleotides to develop impedimetric DNA biosensors for the electrochemical detection of biomolecules. As shown in Fig. 26b4, protonated aniline monomers first adsorb onto the surface of the nanorods *via* an electrostatic interaction between NH₃⁺ and S²⁻ and coordination of NH₂ with Bi³⁺. Electrochemical scanning then initiates the polymerization reaction of the aniline molecules and Bi₂S₃ contributes to the polymerization of aniline as an excellent electron transfer agent. The results showed that negatively charged DNA probes tightly adsorbed onto the surface of the modified electrodes while maintaining their hybridization activity and identifying potential target DNA with a detection limit of 4.37 \times 10⁻¹⁶ M. Excellent electrical conductivity, large surface area, facile fabrication, reproducibility, high stability, and good biocompatibility were the main advantages of the devolved biosensor.

8.4. Bi nanocrystals and Bi film electrodes (BiFEs) for biosensing

In addition to the abovementioned Bi-based nanomaterials, Bi by itself can also form semimetal nanocrystals with distinctive properties, such as large Fermi wavelengths, high magneto-resistance and strong diamagnetism.⁴⁹⁷ As a result of its small effective carrier mass, a semimetal-to-semiconductor transition is expected in nanocrystal forms of Bi,^{498,499} a property which is rarely applied in the fabrication of biosensors. Recently, Liu *et al.*⁴⁵⁶



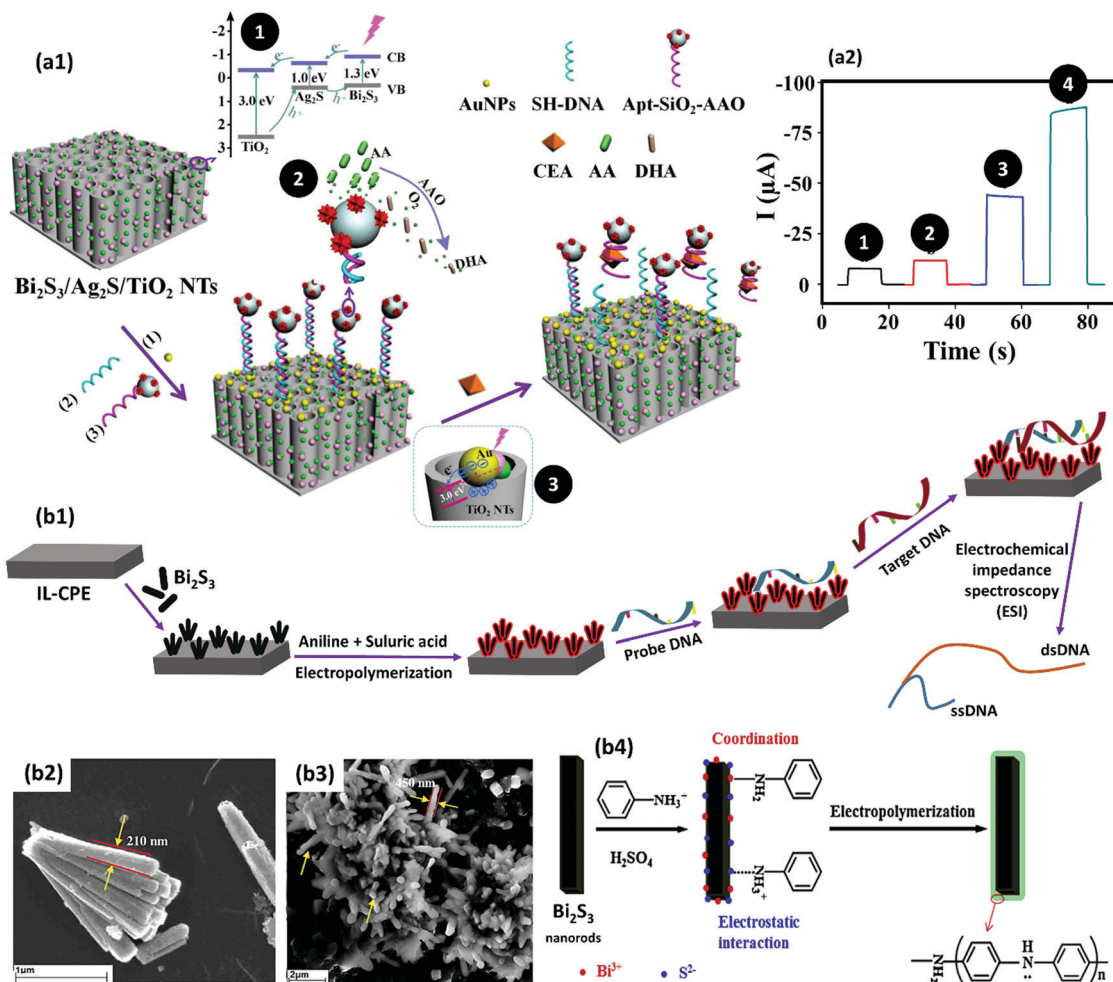


Fig. 26 (a1) A schematic illustration of PEC-based CEA detection using a $\text{Bi}_2\text{S}_3/\text{Ag}_2\text{S}/\text{TiO}_2$ platform. Insert 1: a diagram showing the energy band levels of the $\text{Bi}_2\text{S}_3/\text{Ag}_2\text{S}/\text{TiO}_2$ composite and the possible electron transfer process among the energy bands. Insert 2: dehydroascorbic acid (DHA) is produced through the catalytic effect of AAO on AA oxidation. Insert 3: the localized surface plasmon resonance of AuNPs. (a2) PEC signals obtained with (1) TiO_2 NTs, (2) $\text{Ag}_2\text{S}/\text{TiO}_2$ NTs, (3) $\text{Bi}_2\text{S}_3/\text{TiO}_2$ NTs and (4) $\text{Bi}_2\text{S}_3/\text{Ag}_2\text{S}/\text{TiO}_2$ NTs. Adapted and reprinted with permission from ref. 493, Copyright 2018. (b1) A schematic illustration of the electrochemical preparation of a PANI- Bi_2S_3 nanocomposite on IL-CPE and its application in an impedimetric DNA biosensor. (b2 and b3) SEM images of the synthesized Bi_2S_3 nanorods and PANI coated Bi_2S_3 nanorods. The diameter of the nanorods increased from 210 to 450 nm after nanocomposite formation, confirming the uniform surface decoration of the Bi_2S_3 nanorods with PANI. (b4) A schematic representation of PANI growth on Bi_2S_3 via electropolymerization. Adapted and reprinted with permission from ref. 496, Copyright 2015.

developed a novel core-shell nanohybrid (NH), in which Bi nanocrystals were encapsulated within a heteroatom N,O-codoped nanocarbon (NOC) ultrathin carbon shell ($\text{Bi}@\text{NOC}$) as a PEC aptasensor for the early clinical diagnosis of cancer *via* the detection of telomerase activity in cells (Fig. 27a). The core-shell NH was obtained by the reduction of $\text{Bi}(\text{Ac})_3$ in the presence of oleylamine to generate Bi nanocrystal cores that can catalyze the carbonization of folic acid to form NOC on the surface of the core. Bi nanocrystals are recognized as a semiconductor with a small band gap and unique potential to generate weak photocurrent upon excitation by visible light.⁵⁰⁰ While the NOC shell endows the system with high compatibility as it is derived from folic acid, it can also boost the interfacial electron transfer rate and inhibit the electron-hole recombination in the Bi nanocrystal core, because of its high charge carrier mobility and super electron accepting ability.⁵⁰¹ The combination of all these

criteria leads to the enhanced photoelectric conversion efficiency and photocurrent intensity of the biosensor. In addition, the Fermi level alignment of the core and the shell favorably accelerate the generation of a photocurrent through the separation of photogenerated charge carriers, endowing the $\text{Bi}@\text{NOC}$ aptasensor with excellent PEC activity under the irradiation of visible light. Thioflavin-T (Th-T), a fluorescent dye capable of binding to telomere sequences in a G-quadruplex manner,⁵⁰² was added to the biosensor as a telomerase-recognizing photoactive reagent. AA was also used as an electron donor. The $\text{Bi}@\text{NOC}$ biosensor linearly and reproducibly detected telomerase activity with a high sensitivity and low detection limit of only 60 cells.⁴⁵⁶ Although there are not a plethora of studies on nanocrystalline Bi biosensors, the abovementioned features demonstrate their potential application in the diagnosis of clinically relevant pathologies, such as cancer.



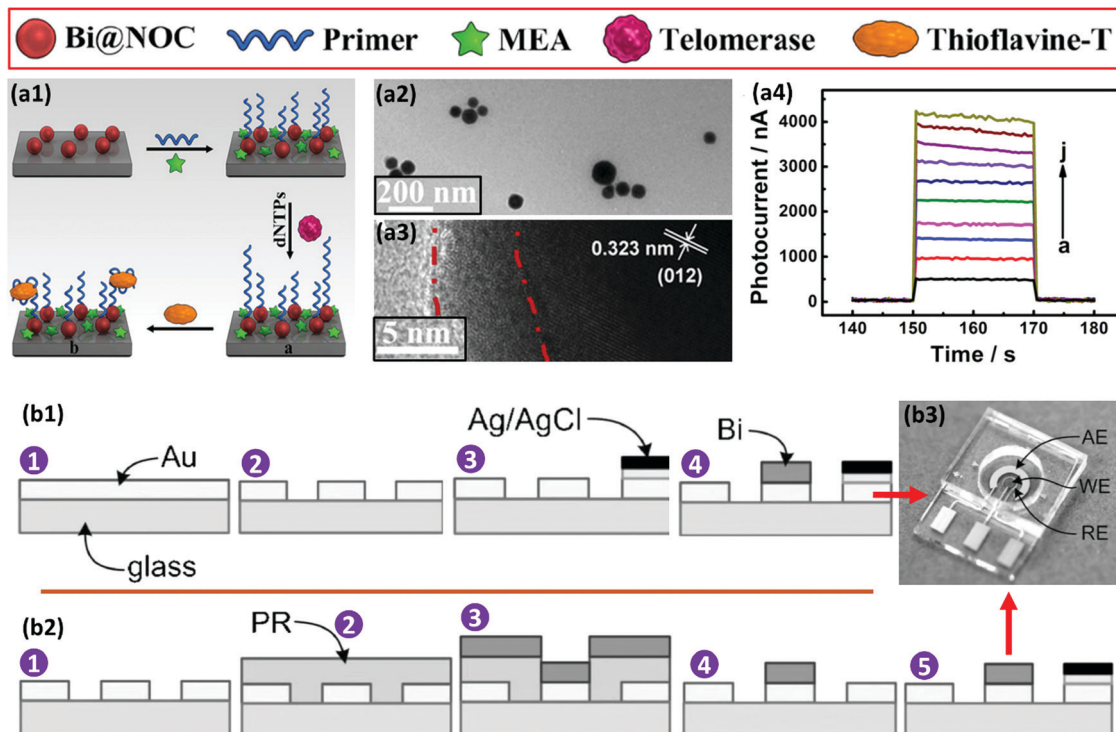


Fig. 27 (a1) The schematically depicted fabrication process of the sensor for the telomerase detection via the PEC activity of Bi@NOC NH and the telomerase-related signal amplification effect of Th-T. MEA is an abbreviation of monoethanolamine. (a2 and a3) TEM images of the obtained Bi@NOC nanostructure at low (top) and high (bottom) magnification. The shell is shown between the red lines. (a4) The photocurrent intensity of the Bi@NOC NH biosensor in response to increasing concentrations of cells from (a) 5×10^2 to (j) 1×10^6 cells per mL. Adapted and reprinted with permission from ref. 456, Copyright 2018. The sequence of steps for the fabrication of (b1) an electrodeposited Bi WE sensor and (b2) an evaporated Bi WE sensor. (b3) A close-up of the completed electrochemical sensor cell. Adapted and reprinted with permission from ref. 524, Copyright 2013.

The electrical, optical and structural characteristics of Bi have also made it desirable to fabricate BiFEs for biosensing.⁵⁰³ Strategies for designing BiFEs include: electrochemical deposition of Bi precursors,^{504,505} stripping voltammetry where a soluble Bi^{3+} salt is added to a sample solution and co-deposited with a target analyte;⁵⁰⁶ and the incorporation of insoluble forms of Bi (Bi_2O_3 or BiPO_4) into an ink for screen-printed electrode manufacturing further associated with electrochemical deposition for the formation of a thin film on the electrode surface.⁵⁰⁷ BiEF electrode configurations are usually made by *in situ* and *ex situ* reduction of Bi^{3+} ions and their subsequent deposition on the surface of electrode substrates to form a film at nanoscale.^{508,509} Compared to carbon and mercury film electrodes, BiFEs are economically viable, can be deposited in various types of substrates, generally possess high mechanical stability, are biocompatible and environmentally friendly. The ability to form alloys with different metals, simple preparation, well defined signals and partial insensitivity to dissolved oxygen are also other benefits of BiFEs, similar to those of mercury film electrodes.⁵¹⁰ Bi compounds have been used to modify different carbonaceous electrode materials, such as carbon pastes,⁵¹¹ graphite-epoxy composites,⁵¹² boron-doped diamond,⁵¹³ carbon films,⁵¹⁴ glassy carbon,⁴³¹ screen-printed carbon inks,⁵¹⁵ or pencil graphite.⁵¹⁶ Bi has also been deposited in combination with polymers,^{517,518} and on metallic electrodes, such as Au, Cu, or Pb.⁴⁴⁹

Studies have shown that the incorporation of Bi NPs onto an electrode surface is more attractive compared to pre-plating the BiFEs on the electrode.^{519,520} This is due to the fact that the sensor characteristics, such as the sensitivity and detection limit of the BiNP modified electrodes, are superior to those of the BiFEs.^{521,522} In addition, BiNPs also showed superior properties compared to those of BiFE, such as better biocompatibility, electrocatalytic activity, good conductivity, and larger active surface area coupled with an enhanced mass transfer effect, properties that generally improve the sensitivity and detection limit of biosensors. For example, Nigovic *et al.*⁵²¹ modified the surface of a glassy carbon electrode (GCE) with a nanocomposite combination of BiNPs and carbon nanotubes (CNTs) to form a BiNP-CNT/GCE sensor for the quantification of the drug sulfasalazine in human serum samples. This sensor indicated superior electroanalytical performance for drug determination in comparison to BiFE. However, BiFE also presented advantages over the BiNP-CNT nanocomposite, such as its favorable surface stability and the possibility of performing successive voltammetric measurements without time-consuming surface cleaning, while the nanocomposite required the renewal of the electrode surface after each experiment to achieve reproducible measurements.^{521,522} In general, BiNPs are more attractive for use in biosensing technology; however, the abovementioned advantages of BiFEs have resulted in their usage in a wide range



of interesting environmental and clinical applications, such as trace metal detection⁴³¹ and for the detection and measurement of different compounds, such as aminosallylate drugs,⁵²² progesterone,⁵¹⁰ glucose,⁵²³ zinc⁵²⁴ and vitamin B2.⁵²⁵ As a result of the limitations of the bed-side monitoring of zinc (Zn) in biological samples due to the requirement of expensive instruments and expert personnel, Kang *et al.*⁵²⁴ reported the fabrication of a lab-on-a-chip BiFE sensor for detection using square wave anodic stripping voltammetry. As shown in Fig. 27b, the biosensor is composed of a Bi working electrode (WE), an integrated silver/silver chloride (Ag/AgCl) reference electrode (RE), and a gold auxiliary electrode (AE). The detection limit of the sensor in 0.1 M of acetate buffer at pH 6 was 60 nM, with rapid response, high accuracy at low concentrations of Zn, the requirement of only a small sample volume, and reduced cost among the main advantages of the developed sensor. The electrodeposited Bi WE and evaporated Bi WE were fabricated using two different protocols. For the electrodeposited Bi WE, a single evaporation step was applied to deposit a gold metal layer, and then, single photolithography patterning and electrodeposition of Bi were performed (Fig. 27b1). As for the evaporated Bi WE process, the final device was achieved by: (1) deposition of the gold metal layer *via* an evaporation step; (2) first photolithography patterning to define the shape of the electrode; (3) second photolithography step to define the sacrificial resist mask; (4) an e-beam evaporation step to deposit a thin film of Bi; and (5) finally, a lift-off step to pattern the Bi WE (Fig. 27b2). Using the lab-on-a-chip BiFE sensor shown in Fig. 27b3, Zn was successfully detected in serum samples by complementary atomic absorption spectroscopy, demonstrating the potential for the future development of portable BiFE-based biosensors for the detection of biological analytes.

In this section, we discussed the most relevant properties and described some of the latest advancements verified throughout the last years in the application of Bi in biosensing technology. Significant development has been achieved at a fast pace in biosensing using Bi, allowing the replacement of toxic metals, such as mercury in sensing devices, and direct measurements in physiologically relevant samples or fluids. We believe that in the future, BiNP-based biosensors may take up a relevant position in the field of biosensing, as the advantages of their use largely outweigh the drawbacks. Therefore, we envisage that the present fast-paced development of Bi-based biosensors will bring considerable significance to biomedical applications in the near future.

9. Bi-Based biomaterials for tissue engineering and implantation

Tissue engineering can be described as the capability to design spatial and temporal structures to engender a favorable, biologically inspired environment for scaffold matrices to fill tissue voids by cell adhesion, migration, proliferation, and differentiation.⁵²⁶ The advent of this interdisciplinary field has evolved towards the innovative design and fabrication of biomaterials with stringent requirements,

to closely mimic the hierarchical constructs of native tissues for regeneration and self-repair.⁵²⁷ The synergistic combination of tissue engineering and regenerative medicine has been at the forefront in recent years, as a result of the fabrication of three-dimensional (3D) porous architectures with excellent biocompatibility, controlled biodegradation and proper structures that maintain oxygen and nutritional perfusion.⁵²⁸ Current efforts have resulted in the introduction of new biomaterials for the regeneration of different tissues, such as skin,⁵²⁹ bone,^{530,531} and cartilage.⁵³² Bi is one of the new materials used to devise promising new platforms for biocompatible scaffolding in the field of tissue engineering and regenerative medicine.^{285,533} Therefore, there are very few reports on this application of Bi. Thus, in this section, we will reflect on the emerging advancements of this relatively new area of research and discuss the considerations for further progress on Bi-containing formulations concerning regenerative medical applications.

Bone is a complex type of tissue consisting of cells and hierarchically arranged collagen fibrils, hydroxyapatite and proteoglycans aligned together as a hard structure with very high compressive strength. While bone possesses considerable ability to repair and renew itself, the regeneration process is not quick enough and it is limited in severe bone defects.^{534–537} Harvesting bone autografts to replace large bone defects is a common practice in medicine. Yet, this may lead to a significant risk of morbidity, scarring and deformity, as well as surgical complications, including bleeding, inflammation and infection.⁵³⁸ This has encouraged new practices in generating novel therapeutic formulations for bone tissue, providing an alternative to conventional implants.^{539,540} Bi has been exploited as a new component to be included in bone scaffolds and cements due to its favorable properties, such as biocompatibility, low toxicity and environmentally friendly and stable photothermal effects, advantageous in the therapeutic functionality of a materials-based formulation for bone regeneration.⁵⁴¹ In addition, when used as a dopant in bioactive glass (BG), it can enhance the mechanical, biological, and osteogenic properties of the BG.⁵⁴² Radiopacity of the Bi also facilitates imaging of the treated area using X-rays and CT scanning.^{541,543} For example, bismuth aluminate (Al_3BiO_6) has been used to increase opacity in calcium phosphate cements, at the same time improving the proliferation of bone marrow stem cells, demonstrating suitability for peri-/post-operative radiographic assessment of cement placement after bone repair procedures and possibly bone regeneration.^{541,544} BiNPs have also recently served as active materials for bone tissue engineering. According to Webster *et al.*,⁵⁴⁵ Bi^{3+} ions in the replacement of Ca^{2+} ions in substituted hydroxyapatite, presented better alkaline phosphate activity deposition of calcium-containing mineral, suggesting enhanced osteoblast proliferation, pertinent for both bone and dental applications. As a dopant, Bi improved osteoblast long-term calcium-containing mineral deposition, adhesion, and differentiation, therefore suggesting it to be a great dopant choice for enhancing the properties of HA, leading to a revision of the criteria essential for successful bone prosthetic applications.

BGs have a wide range of clinical applications for the reparation and reconstruction of bone, thus have been a preferential



biomaterial for modification with Bi composites.^{543,546,547} BGs have the ability to serve as an eluting agent of relevant therapeutics, contributing to therapeutic strategies against diseases such as osteomyelitis and bone cancer,^{543,548–551} particularly when combined with Bi as one of the main components. Regarding the treatment of osteomyelitis, BGs by which the addition of Bi ions renders them with antimicrobial activity and promoted bone regeneration were investigated by Prasad *et al.*⁵⁴⁶ They demonstrated a combinatorial antibacterial effect and cell proliferation induction due to the combined action of antibacterial Bi³⁺ ions and an increase in the pH value of the surrounding medium caused by the BG.⁵⁵² As for bone cancer-related defects, Wang *et al.*⁵⁴³ described a photothermal effect in a Bi-doped germanate BG, which demonstrated a dual function of hyperthermia (to kill lingering bone tumor cells) and bioactive properties for apatite remineralization and tissue repair, allowing the treatment of large bone defects arising from bone tumor therapy. The main mechanisms of action rely on a high photothermal conversion efficiency that allows the effective killing of bone tumor cells upon illumination with NIR light (by inducing thermal apoptosis through heat generated from optical input), as well as its ability to promote osteogenic cell adhesion, proliferation, differentiation, and mineralization. Both *in vitro* and *in vivo* data demonstrated promising results, regarding the efficiency of the photothermal treatment in decreasing UMR106 bone tumor cells and tumor volume.⁵⁴³ A multiferroic Bi-reinforced BG was also recently developed by Khatua *et al.*^{196,553} in order to investigate whether BiFeO₃ in the BG can accelerate cellular activities for rapid tissue healing by applying a magnetic field externally to induce *in situ* electrical polarization. Mouse pre-osteoblast cells on BG composites under different external magnetic field treatments demonstrated 3-fold enhancement of cell viability and proliferation for these composites at specific magnetic field strengths of 200 or 350 millitesla (mT), which improved polarization and decreased the degree of crystalline phases of the BG.¹⁹⁶ These studies are considered to have opened the door for the further investigation of the application of Bi composites in bone repair.

Dental repair is another area of interest in which to use Bi-based materials. The loss of dental tissue function due to trauma, infection, abnormalities or congenital diseases is a common health care problem worldwide.⁵⁵⁴ Owing to the limited regenerative ability of hard teeth, the demand for a novel therapeutic concept is required to provide an alternative for dental transplantation and implantation. Despite the relatively high success rate of implantation techniques, several factors contribute to their shortcomings, as the need for surgery, very costly nature of the procedures, as well as risk of complications. Novel dental tissue regeneration studies aim to enable cell-to-cell and cell-to-scaffold interactions at the micro level through interconnected pores of scaffolds with adequate mechanical properties and specific surface characterization suitable for dental growth.^{555,556} An ideal filling material for tooth repair is required to offer complete and impervious obturation of the root canal system, sealing the pathways of communication from their surrounding tissues.⁵⁵⁷ Similar to

their promising application in bone repair, Bi-based materials, especially Bi₂O₃, have shown adequate biocompatibility, cell proliferation and a three-dimensional structure adequate for dental fillings. In addition, they present ideal radiopacity, which is crucial for monitoring various stages of root canal therapy and to enable easy monitoring of the filling of the root canal with endodontic cement.^{544,558} For example, Kuratate *et al.*⁵³³ investigated the reparative process of mechanically exposed pulps treated and capped with MTA. MTA is a cement composed of CaO, SiO₂, and Bi₂O₃, known to stimulate the proliferation of fibroblasts and osteoblast-like cells. MTA can also induce the gene expression of hard tissue-related proteins, such as osteopontin, osteonectin, and osteocalcin *in vitro*. Treatment with MTA demonstrated high frequency of dentin bridge formation, occurring within 14 days after MTA capping in rat molars.^{559–562} Bi₂O₃ was the main component of the MTA that provided its radiopacity. In this study, the capacity of MTA to induce regeneration of hard tissue in dental pulps was demonstrated with proliferation, migration, and differentiation of progenitor cells into new odontoblast-like cells before new matrix secretion at the exposure site. Evidence of the cell proliferation, the appearance of nestin-immunoreactive odontoblast-like cells, and deposition of osteopontin, a noncollagenous protein involved in matrix mineralization, were verified as potential signs of dental regeneration. Similarly, to develop an ideal biomaterial for orthopedic and dental tissues, Pazarçeviren *et al.*⁵⁴⁷ prepared a Bi-doped nanobioactive bioglass (nBG) using a sol-gel method and then made a composite by adding graphene oxide (GO). The presence of Bi resulted in improved biocompatibility, increased diametral tensile strength, and efficient cell spreading on the composite. In the above studies, the role of Bi on the reparative/regenerative processes was not studied in detail, but rather the composites as a whole. Therefore, further studies are required in order to understand the real role of Bi in the processes of dental repair and/or regeneration.

These few examples of bone and dental repair by Bi-based biomaterials demonstrate the infancy of the field and very early stages of the investigation on the characterization and *in vitro* assessment of such Bi-based composites, where the specific role of the Bi component is not specifically or thoroughly understood in the context of cellular repair. We believe that tissue engineering research is slowly developing in this direction, which will be fulfilled with more detailed studies in the coming years.

10. Conclusions and future perspectives

Although in the last few years the research has increasing on BiNPs due to their unique multifunctional potential for different biomedical applications, there are still several challenges that hinder their clinical translation, which require further investigations to meet these challenges. One big challenge is the lack of standard protocols to test and compare the biocompatibility of these NPs prepared *via* different approaches. Different researchers have tested BiNPs, but factors, such as the preparation method,



functionalization method, particle size, particle charge, composition, shape, surface coating, applied dose, animal model, type of model disease, *etc.*, were different with no standard reference for comparison. For example, Bi₂O₃ NPs demonstrated different *in vitro* cytotoxicity behavior when annealed in Ar and air.⁵⁶³ The air-annealed Bi₂O₃ NPs generated higher levels of ROS, resulting in higher cell apoptosis and death, while the Ar-annealed ones demonstrated a ROS-scavenging effect. Therefore, it is presumed that the toxicity of BiNPs is dependent on the preparation method, which subsequently affect their particle size and surface chemistry. Therefore, a comprehensive study is needed to establish correlations between the properties of BiNPs, the experimental parameters, and their toxicity in order to reliably discuss the biosafety of these particles. In addition, genotoxicity studies and investigation of the apoptotic pathways affected by BiNPs should be performed in the future for further clarification of the toxicity of BiNPs.

Several studies have demonstrated both the biocompatibility of BiNPs and also their rapid biodegradation *in vivo*,^{48,213,222,237,245,259} but most of these studies were based on short-term assays, which cannot be expanded to determine the long-term biosafety of BiNPs. Overall, in order to classify BiNPs as “practically nontoxic” materials, a series of systematic biosafety investigations on both small (*e.g.*, zebra fish and mice) and large animal models (*e.g.*, pigs, dogs, and monkeys) are critical for understanding their acute toxicity on various biosystems (*e.g.*, neurotoxicity, immunotoxicity, *etc.*) and chronic/long-term side effects on different organs. Further information that is missing is the behavior of BiNPs at the nano-biointerface, where cellular mechanisms involved in the uptake of BiNPs into various types of cells should be studied. The determination of precise mechanisms will allow the development of favorable NPs for efficient therapeutic purposes. Further surface modification of BiNPs with various materials and their effects on immunogenicity, pharmacokinetics, and biodistribution of the particles is another area that is not well explored.

As for the fabrication process of BiNPs, most of the current approaches are based on bottom-up synthesis and efforts have still not shifted to top-down methods. Hence, more attempts should be devoted in this area to explore morphology and surface termination controllable top-down procedures. Additionally, the marriage of BiNPs with other functional materials should be investigated further to fabricate hybrid nanostructures that combine the advantages of both for multi-functional biomedical applications. The fabrication of ultra-small Bi-based quantum dots and their usage in biomedicine also needs further attention.^{564–566} Similar to other types of quantum dots, the attractive luminescence properties of Bi quantum dots can be applied in diagnostic medicine. Nevertheless, the synthesis of these ultra-small particles is quite challenging. One strategy, which is worth testing, might be through the filtration of big particles after sequential rounds of centrifugation. Moreover, further novel studies on Bi nano-composites with the capability of responding to both NIR-I (700–950 nm) and NIR-II (1000–1700 nm) windows is beneficial for deep-tissue applications and would direct the design of

BiNPs with enhanced PTT efficiency. This property will also allow the design of novel theranostics through the PAI and PTT of deep tissues.

Tuning of the optical and electrical properties of BiNPs *via* the doping of various elements on their surface or alteration of surface termination is another area of exploration to create highly sensitive Bi-based biosensors. It is noted that while the development of BiNPs in nanomedicine is still in its infancy, emerging trends are expected to shift from the current focus on antibacterial therapeutics or cancer therapy toward the exploitations of their potential in the design of wearable, as well as lab-on-a-chip biosensors with desirable multifunctionality, programmability and biocompatibility. This specific application of BiNPs is achievable by designing multicomponent composites and developing ground-breaking fabrication strategies. The catalytic properties of BiNPs have recently attracted attention in biosensing, because of their possible function in catalyzing specific biological reactions. The exploration of new scenarios in this field is a research hotspot, which needs further clarification in the future studies on BiNPs. In addition, the potential benefits of BiNPs should be further explored for stem-cell engineering through thermo-modulation, gene therapy, active targeting of different organs within the body rather than just cancer cells, regenerative medicine, development of novel hydrogel based 3D-cell cultures, containing BiNPs for thermal or electrical signaling of the encapsulated cells, preparation of injectable thermoresponsive hydrogels, and thermally or electrically induced re-programming of immune cells (see the detailed perspectives in Fig. 28).

This review has distinctly shown the great optimism surrounding the use of BiNPs and their composites as promising platforms for use in different biological and biomedical applications. Bi-based nanomaterials can be engineered with numerous functionalities to achieve specific physical, chemical, and biological properties. The unrivalled advantage of BiNPs is their high versatility, recognized as reproducible nanostructures, which can be applied in diagnostic multi-imaging, as sensitizer for PTT and RT, antibacterial agents, biosensing, and also as tissue regenerative materials. Moreover, compared to many other types of metal-based NPs, the challenges of BiNPs seems to be less in terms of the translation of applications, due to their precise composition/structure control, facile large-scale production, and ease of surface engineering. The low price of BiNPs also adds double value to their other abovementioned benefits and is considered as a very strong driving force for further studies on the scale-up of new Bi-based nanomedicines. Nevertheless, comprehensive and long-term monitoring of their biosafety must be taken into account before BiNPs themselves can flourish as important materials in biomedicine. To do this, we should be aware of the fact that the implementation of toxicity assays by following existing guidelines is compulsory. This is suggested as we expect the continued expansion of research on BiNPs at a rapid rate and the emergence of their novel biomedical applications in the near future.

In summary, the ongoing research progress in the field of BiNPs can lead to exceptional advances in current therapeutic



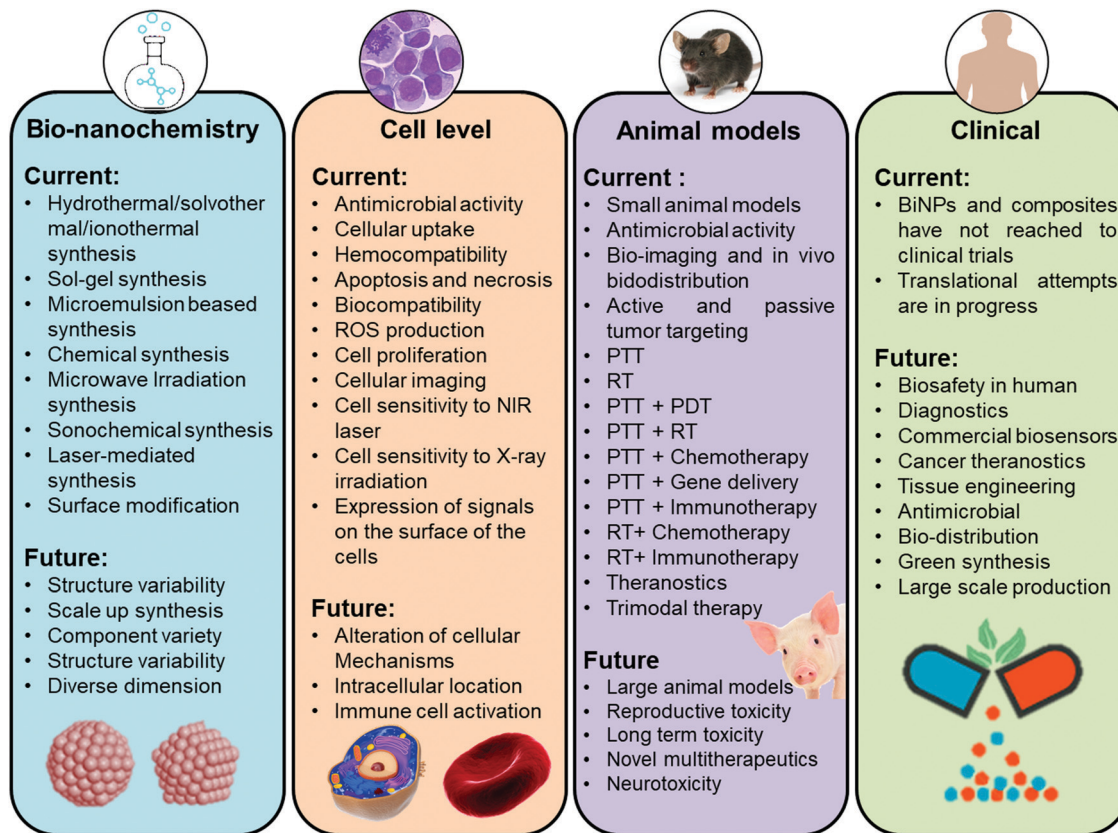


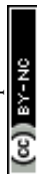
Fig. 28 A summary of the current research developments, conclusions, and future perspectives related to BiNPs and Bi-containing composites for versatile biomedical applications.

methods for cancer by affecting the biology of diseased tissues beyond our imagination. It is our opinion that while highly detailed and time-consuming investigations are needed to move products into the clinical trial phase, BiNPs might cross this path in a fast manner and commercialized products could enter the market in the near future. It is highly expected that multidisciplinary efforts among biologists, chemists, physicists, and engineers will promote a mechanistic understanding of BiNPs and allow the limitations of Bi-based nanomedicines to be pushed, while moving the currently successful paradigms more rapidly toward clinical translation.

List of abbreviations

AAO	Ascorbic acid oxidase
AE	Auxiliary electrode
AIPH	2,2-Azobis[2-(2-imidazolin-2-yl)propane]dihydrochloride
Al ₃ BiO ₆	Bismuth aluminate
ALP	Alkaline phosphatase
ALT	Alanine aminotransferase
ALVs-J	Avian leucosis virus
AOT	Bis(2-ethylhexyl)sulfosuccinate
APS	Ammonium persulfate
APTMS	(3-Aminopropyl) trimethoxysilane

Ar	Argon
ASTM	American Society for Testing and Materials
Au	Gold
AuNPs	Gold nanoparticles
Ba	Barium
BACP-2	Bi-asparagine coordination polymer spheres
BAL	2,3-Dimercapto-1-propanol
BC	Bismuth citrate
BET	Brunauer–Emmett–Teller
BG	Bioactive glass
Bi	Bismuth
BiNPs	Bismuth-containing nanoparticles
Bi(NO ₃) ₃ ·5H ₂ O	Bismuth nitrate pentahydrate
Bi(OH) ₃	Bismuth hydroxide
(Bi ₂ O) ₂ CO ₃	Bismuth oxide carbonate
Bi@Co@CN) NPs	Nitrogen-rich carbon-coated bismuth/cobalt
Bi ₂ MoO ₆	Bismuth molybdate
Bi ₂ O ₃	Bismuth oxide
Bi ₂ S ₃	Bismuth sulfide
Bi ₂ Se ₃	Bismuth selenide
Bi ₂ Te ₃	Bismuth telluride
Bi ₂ WO ₆	Bismuth tungstate
BiCl ₃	Bismuth chloride
BiFeO ₃	Bismuth ferrite
BiFes	Bi film electrodes
BiOBr	Bismuth oxybromide



BiOBr	Bismuth oxybromide	Gd	Gadolinium
BiOCl	Bismuth oxychloride	Gd	Gadolinium
BiOI	Bismuth iodide oxide	Ge	Germanium
BiOX	Bismuth oxyhalides	GEL	Gelatin
Bi-PEG NCs	Pegylated metallic bismuth nanocrystals	GI	Gastrointestinal
BiPO ₄	Bismuth phosphate	GLP	Ganoderma lucidum polysaccharide
BisBAL	Bismuth dimercaptopropanol	GO	Graphene oxide
BiVO ₄	Bismuth vanadate	GOD	Glucose oxidase
[BMIM]BF ₄	1- <i>n</i> -Butyl-3-methylimidazolium tetrafluoroborate	GSH	Glutathione
BMSNR	Mesoporous silica-coated Bi ₂ S ₃ nanorods	GSH-Px	Glutathione peroxidase
BNRs	Bismuth sulfide nanorods	<i>H. pylori</i>	<i>Helicobacter pylori</i>
BP NCs	Bi ₂ Se ₃ @PEG nanocapsules	HA	Hyaluronic acid
BPDC	Bi ₂ Se ₃ @peg/dox/ce6	HA-DS	Hyaluronic acid-dextran sulfate
BSA	Bovine serum albumin	Hb	Hemoglobin
BSS-NPs	Bi subsalicylate nanoparticles	HIF-1 α	Hypoxia-inducible factor
<i>C. elegans</i>	<i>Caenorhabditis elegans</i>	HIFU	High-intensity focused ultrasound
CAs	Contrast agents	HNO ₃	Nitric acid
CB	Conduction band	HO-1	Heme oxygenase
CCL2	Chemokine ligand 2	hpf	Hours postfertilization
CCR2	Chemokine receptor 2	HSA	Human serum albumin
Ce6	Chlorin e6	HSP	Heat-shock protein
CEA	Carcinoembryonic antigen	i.t.	Intratumorally
CMC	Carboxymethyl cellulose	IgM	Immunoglobulin M
CNTs	Carbon nanotubes	IL	Interleukin
CPP	Cell penetrating peptide	IL-CPE	Ionic liquid-carbon paste electrode
CS	Chitosan	IRT	Infrared thermography
CT	Computed tomography	ITO	Indium tin oxide
CTAB	Cetyltrimethylammonium bromide	IV)	Intravenous
CTAC	Cetyltrimethylammonium chloride	KOH	Potassium hydroxide
DCF	2',7'-Dichlorofluorescein	LA	Lauric acid
DCFH-DA	2',7'-dichlorofluorescein diacetate	L-Cys	L-Cysteine
DEG	Diethylene glycol	MADS	Methacrylated dextran sulfate
DLPC	1,2-Dilauroyl- <i>sn</i> -glycero-3-phosphocholine	MAHA	Methacrylated hyaluronic acid
DLS	Dynamic light scattering	MB	Methylene blue
DMF	<i>N,N</i> -Dimethylformamide	MDA	3,4-Methylenedioxyamphetamine
DMF	Dimethylformamide	mDNA	Metallic DNA
DMSO	Dimethyl sulfoxide	MDR	Multidrug-resistant
DOX	Doxorubicin	MIC	Minimal inhibitory concentration
dpf	Days postfertilization	Mn	Manganese
<i>E. coli</i>	<i>Escherichia coli</i>	MNs	Microneedles
<i>E. faecalis</i>	<i>Enterococcus faecalis</i>	mPS	Mesoporous silica
ECR	Electrochemical reduction	MRI	Magnetic resonance imaging
EDA	Ethylenediamine	MRSA	Methicillin-resistant <i>Staphylococcus aureus</i>
EDC	1-Ethyl-3-(3-dimethylamino-propyl)carbodiimide	MSOT	Multispectral optoacoustic tomography
EDS	Energy-dispersive X-ray spectroscopy	mT	MilliTesla
EDTA	Ethylenediaminetetraacetic acid	MTA	Mineral trioxide aggregate
EG	Ethylene glycol	MTX	Methotrexate
EPR	Enhanced permeability and retention	MW	Molecular weight
FA	Folic acid	(NH ₄) ₁₀ W ₁₂ O ₄₁ ·5H ₂ O	Ammonium tungsten oxide pentahydrate
Fe	Iron	Na ₂ MoO ₄	Sodium molybdate
F-RBC	Folate modified red blood cells	Na ₂ WO ₄	Sodium tungstate
FST	Filtration-size threshold	Na ₃ PO ₄	Trisodium phosphate
GA	Gambogic acid	NaBH ₄	Sodium borohydride
g-C ₃ N ₄	Graphitic carbon nitride	NaI	Sodium iodide
		NaOH	Sodium hydroxide



NCs	Nanocages
NH	Nanohybrid
NH ₄ H ₂ PO ₄	Ammonium dihydrogen phosphate
NH ₄ VO ₃	Ammonium metavanadate
NIR	Near-infrared
NO	Nitric oxide
NPs	Nanoparticles
NRs	Nanorods
NTA	Nitrilotriacetic acid
NTs	Nanotubes
OA	Oleic acid
OAm	Oleylamine
ONPG	<i>ortho</i> -Nitrophenyl- β -galactoside
<i>P. aeruginosa</i>	<i>Pseudomonas aeruginosa</i>
PA	Photoacoustic
PAA	Poly(acrylic acid)
PAH	Poly(allylamine hydrochloride)
PAI	Photoacoustic imaging
PANI	Polyaniline
PAT	Photoacoustic tomography
PBS	Phosphate buffer saline
PD	Polydopamine
PDA	Photodynamic antibacterials
PDT	Photodynamic therapy
PEC	Photoelectrochemical
PEG	Poly(ethylene glycol)
PET	Positron-emission tomography
PLGA	Poly(lactic- <i>co</i> -glycolic acid)
PLL	Poly-L-lysine
PM	Platelet membrane
PMA	Phorbol 12-myristate 13-acetate
P(NIPAM- <i>co</i> -AM)	Poly(<i>N</i> -isopropylacrylamide- <i>co</i> -acrylamide)
PTA	Photothermal antibacterials
PTT	Photothermal therapy
PVA	Poly(vinyl alcohol)
PVP	Poly(vinyl pyrrolidone)
QD	Quantum dots
QE	Quercetin
r_1	Longitudinal relaxivity
r_2	Transverse relaxivity
RBCs	Red blood cells
RE	Reference electrode
RES	Reticuloendothelial systems
RGD	Arginine-glycine-aspartic acid
rGO	Reduced graphene oxide
ROS	Reactive oxygen species
RT	Radiation therapy
<i>S. aureus</i>	<i>Staphylococcus aureus</i>
<i>S. mutans</i>	<i>Streptococcus mutans</i>
SCCA	Squamous cell carcinoma antigen
SDBS	Sodium dodecyl benzene sulfonate
SEM	Scanning electron microscope
SIRP α	Signal-regulated protein α
SOD	Superoxide dismutase
SPECT	Single-photon emission computerized tomography

Ta	Tantalum
TAA	Thioacetamide
Tam	Trastuzumab
TCID ₅₀	Tissue culture infective dose 50
TEM	Transmission electron microscope
TEMED	Tetramethylethylenediamine
TeO ₂	Tellurium oxide
TEOS	Tetraethylorthosilicate
TGA	Thioglycolic acid
Th-T	Thioflavin-T
TI	Topological insulator
TMV	Tumor microvessels
TPGS	<i>D</i> - α -tocopherol PEG 1000 Succinate
US	Ultrasonography
UV	Ultraviolet
VB	Valence band
VCAM-1	Vascular cell adhesion molecule-1
W	Tungsten
WBCs	White blood cells
WE	Working electrode
Yb	Ytterbium
ZP	Zinc protoporphyrin IX

Conflicts of interest

The authors hereby declare that there are no conflicts of interest in the present study.

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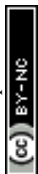
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