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Introduction

In the development of Alzheimer's disease, especially the early aggregates in the fibrillation process of amyloid β (A β) peptides of varying length and posttranslational modifications are considered the most cytotoxic species, which initiate the development of the disease on the molecular level.¹⁻⁵ While the molecular structure of the final mature fibrils of A^β has been very well studied,⁶⁻¹⁴ it still remains a significant challenge to catch these more disease-relevant intermediate oligomeric assemblies for structural investigations. Along with the application of special (and sometimes non-physiological) fibrillation conditions,^{15,16} spectral filtering in NMR measurements¹⁷ or the use of antibodies that specifically bind to folding intermediates,^{18,19} also freezedrying of oligomeric assemblies in liquid nitrogen²⁰ has been used for such challenging endeavors. Most of these studies on oligomers suggest that the secondary structure elements - the two β -strands which are connected by a short loop – of A β are



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Neuronal plaques of amyloid β (A β) peptides of varying length carrying different posttranslational modifications represent a molecular hallmark of Alzheimer's disease. It is believed that transient oligomeric A β assemblies associating in early fibrillation events represent particularly cytotoxic peptide aggregates. Also, N-terminally truncated (in position 3 or 11) and pyroglutamate modified peptides exhibited an increased toxicity compared to the wildtype. In the current study, the molecular structure of oligomeric species of pGlu₃-A β (3–40) and pGlu₁₁-A β (11–40) was investigated using solid-state NMR spectroscopy. On the secondary structure level, for both modified peptides a large similarity between oligomers and mature fibrils of the modified peptides was found mainly based on ¹³C NMR chemical shift data. Some smaller structural differences were detected in the vicinity of the respective modification site. Also, the crucial early folding molecular contact between residues Phe₁₉ and Leu₃₄ could be observed for the oligomers of both modified peptide species. Therefore, it has to be concluded that the major secondary structure elements of A β are already present in oligomers of pGlu₃-A β (3–40) and pGlu₁₁-A β (11–40). These posttranslationally modified peptides arrange in a similar fashion as observed for wild type A β (1–40).

formed very early in the fibrillation process^{16,18,20–22} even if the individual β -strands differ in their length.¹⁹ More differences between early species in the fibrillation process and mature fibrils were observed on the tertiary structure level: while in the mature fibrils the hydrogen bonds are intermolecular between the monomeric units leading to the formation of parallel β -sheets, in early A β oligomers antiparallel β -sheets forming intramolecular hydrogen bonds were observed.^{18,22–25}

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It is now well described that during processing of the amyloid precursor protein by γ -secretase, amyloid peptides of varying lengths are released that exhibit altered cytotoxic potential.²⁶ In addition, different posttranslational modifications as well as chemical reactions after processing further modify these A β fragments.^{27–31} These different variants of the Aβ peptides also include N-terminally truncated peptides, where the most N-terminal glutamate residue in position 3 or 11 is converted into a cyclic pyroglutamate.^{29,32} For both peptide species produced in this pathway (pGlu₃-A β and pGlu₁₁-A β) this posttranslational modification affects the fibrillation properties leading not only to increased oligomerization and fibrillation³³⁻³⁸ but also to higher cytotoxicity.^{34,39,40} Both modifications are abundant in the brain of AD and also Down syndrome patients^{41,42} and were found in the core of senile plaques of Alzheimer's patients.^{37,43} Consequently, it is assumed that the pyroglutamate modified peptides play an essential role in the

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(early) development of AD.^{29,32,39} It has been shown in mice that the inhibition of the pGlu lactam ring producing enzyme reduced amyloid plaque deposition and retarded memory decline.³⁵

Interestingly, the structural features of the mature fibrils formed by these pyroglutamate-modified peptides have been found to be very similar compared to WT-A β .^{44,45} In fact, most modified and/or mutated A β peptides that exhibit a much altered cytotoxic characteristics⁴⁶ show relatively mild structural alterations in the mature fibrillary state compared to the WT.^{47–50} Although the exact mechanism how oligomeric A β peptides exert their toxic potential to neurons remains speculative, it is clear that the structural features of these aggregates must differ from those of mature fibrils.⁵¹ Here, we set out to characterize structural features of oligomers formed by pGlu₃-A β (3–40) and pGlu₁₁-A β (11–40) peptide oligomers using the freeze trapping method that has been introduced by Sarkar *et al.*²⁰

Materials and methods

Oligomer preparation

The differently isotope-labelled A β peptides were synthesized using standard Fmoc protocols. Uniformly ¹³C/¹⁵N-labeled amino acids were included as follows: pGlu₃-A β (3-40) three differently labeled peptides: Peptide I: Ser₈, Val₁₂ Phe₁₉, Leu₃₄; Peptide II: Phe₄, Glu₁₁, Gly₂₉, Val₃₆; and Peptide III: Asp₇, Gly₉, Glu₂₂, Ile₃₁. For pGlu₁₁-A β (11-40) four different labeled peptides: Peptide IV: Val₁₂ Phe₁₉, Ala₂₁, Leu₃₄ Gly₃₇; Peptide V: Leu₁₇, Glu₂₂, Gly₂₅, Ile₃₁; Peptide VI: Asp₂₃, Lys₂₈, Gly₃₃, Val₃₉ and Peptide VII: pGlu₁₁, Gly₂₉. For a graphical depiction of the labelling scheme, see also ESI,[†] Scheme S1. The labelling scheme was chosen to avoid spectral overlap in the NMR spectra. Labelled amino acids were concentrated close to the peptide modifications. Additionally, amino acids which are known to be involved in tertiary molecular contacts in other A β preparations were labelled in the same peptide (*i.e.*, Phe₁₉-Leu₃₄, Glu₂₂-Ile₃₁).

The oligomer preparation followed the procedure described in the literature,²⁰ where also a comprehensive biophysical characterization of these oligomers has been conducted.^{52,53} In brief, the peptides were dissolved as stock in 1 to 2 ml ammonia solution at pH 11 to start from a nearly monomeric state. This solution was diluted into 175 mM ammonium acetate buffer (pH 7.4) to 25 μ M A β solution. After 30 min of incubation, the oligomeric solution was flash-frozen by dropwise addition into liquid nitrogen and afterwards lyophilized to remove the water as well as the NH₄OAc. Finally, about 1.5 to 3.5 mg of dry powder was obtained and transferred into 3.2 mm MAS rotors for NMR measurements.

Fluorescence measurements for oligomer characterization

Peptide stocks were prepared at pH 11 in a similar way as mentioned above. They were stored at -80 °C after flashfreezing in liquid nitrogen. Before starting the experiments, they were thawed quickly and used. For TPE-TPP (bis(triphenylphosphonium) tetraphenylethene), 1 mg of the dye was dissolved in 1 mL of DMSO to prepare a stock solution of 1 mM. The aggregation of each of the A β peptides were started from an initial concentration of 25 μ M in 175 mM NH₄OAc buffer (pH 7.5), incubated with 10 μ M TPE-TPP.

Fluorescence emission spectra of TPE-TPP were recorded at different time-points (t = 0 to 2 hours, at 30 minutes interval) using a quartz cuvette (1 cm \times 1 cm path length) on a FluoroMax-3 (Jobin Yvon, Horiba) spectrofluorimeter. TPE-TPP was excited at 330 nm and the emission was collected from 390 to 620 nm. Excitation and emission slits both were kept at 5 nm, and the integration time was fixed at 0.1 s. Five consecutive spectra were recorded at each of the time-points and were averaged later on. Samples were thoroughly mixed before each scan.

Electron microscopy

The fibril morphology was evaluated and analyzed by electron microscopy (EM). Droplets of the prepared fibril solutions (1 μ l each) were placed on formvar- coated copper grids, allowed to dry for about 1 h and subsequently stained with 1% uranyl acetate in pure water. Electron microscopy was performed using a Zeiss SIGMA electron microscope, (Zeiss NTS, Oberkochen, Germany) equipped with a STEM detector and Atlas Software.

Solid-state MAS NMR spectroscopy

The MAS NMR experiments were conducted on a Bruker Avance III 600 MHz or a Bruker Avance Neo 700 MHz spectrometer (Bruker BioSpin GmbH, Rheinstetten, Germany) using triple channel 3.2 mm MAS probes. Typical pulse lengths were 4 μ s for ¹H and ¹³C and 5 μ s for ¹⁵N. ¹H⁻¹³C and ¹H⁻¹⁵N CP contact time were 1 ms at a spin lock field of ~50 kHz. During acquisition, ¹H dipolar decoupling with a radio frequency field strength of 65 kHz was applied using Spinal64. The MAS frequency was 11777 Hz. ¹³C chemical shifts were referenced externally relative to TMS. The relaxation delay in all experiments was 2.5 s. All NMR experiments were carried out at a temperature of 30 °C.

For all samples, ${}^{13}C{-}^{13}C$ DARR NMR spectra were acquired. If the ${}^{15}N$ signal intensity allowed additional the detection ${}^{15}N{-}^{13}C\alpha$ correlation spectra, they were acquired at the same time using dual-acquisition. 54 In one experiment, a two dimensional ${}^{13}C{-}^{13}C$ DARR NMR spectrum with 128 data points and four identical ${}^{15}N{-}^{13}C\alpha$ correlation spectra with 32 data points in the indirect dimensions were measured. The DARR mixing time was 500 ms, in some cases, additional DARR spectra with a mixing time of 50 ms were acquired to exclude cross peaks from long range interactions.

Results and discussion

A very comprehensive characterizations of the biophysical properties of early $A\beta$ oligomers prepared by the procedure of Sarkar *et al.*²⁰ or very similar protocols can be found in the literature.^{52,53} In addition, we checked the morphology of the oligomer preparations by recording electron micrographs of the respective samples (Fig. 1). For both pyroglutamated



Fig. 1 Scanning transmission electron micrograph of the oligomer preparation of $pGlu_3-A\beta(3-40)$ (left) and $pGlu_{11}-A\beta(11-40)$ (right). The scale bar represents 1.0 μ m.

peptides, no fibrillar structures were observable. Instead a number of small spherical aggregates of varying size which sometimes cluster together are visible. Comparable structures were observed in the electron micrographs of different oligomer preparations.^{16,17,22,24,25,34,52,55}

For further characterization of these oligomers, we investigated the state of aggregation of the modified $A\beta$ peptide by monitoring the fluorescence emission of the dye bis(triphenylphosphonium) tetraphenylethene (TPE-TPP), which shows a clear spectral change with maturation of the WT A β (1–40) fibrils, and it can identify even the early small oligometric species.⁵² In the comparison of WT and both modified A β peptides it is expected that if the similar spectral characteristics report similar structural characteristics.

Fig. S1 (ESI[†]) shows the fluorescence emission of TPE-TPP as a function of time incubated with WT-A β (1-40). A control solution (10 uM TPE-TPP in 175 mM NH4OAc buffer) containing only TPE-TPP at the same concentration showed very low or negligible intensity (data not shown), as observed previously.⁵² The observed emission maximum at 462 nm (till 1 to 1.5 hours), show that the solution contains mostly the small oligomeric aggregates (n < 10).⁵² For pGlu₃-A β (3–40) and pGlu₁₁-A β (11–40) very similar emission maxima of 461 nm (till about 1.5 hours) and 463 nm (till about 1 hour of incubation) are observed (Fig. 2). We would like to note here that the solution conditions in the current experiment (175 mM NH₄OAC pH), is different from that used earlier (20 mM phosphate and 150 mM NaCl).⁵² However, the emission spectra for the WT-A β_{40} appear to be very similar in both the buffers, so the results should be comparable. We therefore conclude that the species present after 30 minutes



Fig. 2 Fluorescence emission of TPE-TPP as a function of time, when incubated with (A) $pGlu_3-A\beta(3-40)$ and (C) $pGlu_{11}-A\beta(11-40)$. Emission spectra were recorded at 5 different time points, at an interval of 30 min [t = 0 (red), 30 min (blue), 1 h (green), 1.5 h (purple) and 2 hours (orange)]. (B and D) Same data as in panel A and C respectively, but area normalized. The respective insets show the magnified views of the peak regions of the spectra presented in (B and D).

of incubation (as used in NMR experiments) in both pGlu₃- $A\beta(3-40)$ and pGlu₁₁- $A\beta(11-40)$ solutions are almost exclusively the small oligomers.

For more atomistic insights into the secondary structure of the respective peptides in the oligomeric aggregates, solid-state-NMR measurements were performed. The ${}^{13}C/{}^{15}N$ -labeled amino

acids were concentrated in the regions close to the pyroglutamyl modification site of the respective peptide. For the oligomers of both modified peptides, the 1D 13 C CP MAS NMR spectra exhibit an increased line width compared to the spectra of the respective mature fibrils (see ESI,† Fig. S2 and S3). This is probably caused by structural polymorphism in the samples, which is known for



Fig. 3 Comparison of the secondary 13 C MAS NMR chemical shifts of the oligomers and the respective mature fibrils of (A) pGlu₃-Aβ(3-40) and (B) pGlu₁₁-Aβ(11-40) for 13 C (squares) and 13 C β (circles). Data are plotted as the difference of a measured chemical shifts to random coil chemical shifts taken from the literature.⁵⁸ For the pGlu residues the random coil values of Glu were used as no reference values for pGlu are available. The values for the mature fibrils were taken from ref. 44 or 45 respectively. The arrows above the plots indicate β-strand secondary structure, the gray area in the plots highlight the 13 C labeled amino acids.

WT-A β peptides in different preparations^{6,19,20,56,57} but also a result of the current sample preparation since different oligomeric species will be present in the investigated samples.

For the assignment of the ¹³C and in part also the ¹⁵N NMR signals, ¹³C-¹³C DARR (if necessary with short and long mixing times) and in cases where sufficient peptide quantities for good NMR sensitivity were achieved also ¹⁵N-¹³Ca correlation spectra were acquired. Typical ¹³C-¹³C DARR spectra with a mixing time of 500 ms are shown in ESI,† Fig. S4. For some residues, more than one NMR signal was observed, which indicates structural polymorphism. The obtained chemical shift values are summarized in ESI,† Tables S1 and S2. Since the ¹³Ca and ¹³Cβ chemical shift values are sensitive for secondary structure, they are shown in Fig. 3 as differences to the random coil values (taken from literature⁵⁸) for pGlu₃-A β (3–40) and pGlu₁₁-A β (11–40) oligomers. For comparison, also the chemical shift data for the mature fibrils of the respective peptides^{44,45} are plotted into the same diagrams. According to the chemical shift values, the differences between oligomers and mature fibrils with regard to their secondary structure are rather small for both pyroglutamate modified peptides. The two β -strands in the region of Glu_{11} - Glu_{22} and Gly_{29} - Gly_{38} , which are typical for A β (1-40), are already formed in the oligomeric state. Some small deviations between the oligomers and the mature fibrils can be found in the vicinity of the pyroglutamate modification: for pGlu₁₁-A β (11–40) oligomers only for the direct neighbor in the amino acid sequence Val₁₂, for pGlu₃-A β (3–40) oligomers in addition to Phe₄ also for Asp₇. Differences in the chemical shift values can also be observed for Phe₁₉. Here, some unusual values were reported for the mature fibrils of pGlu₃-A β (3–40) (two signals)⁴⁴ and pGlu₁₁-A β (11–40),⁴⁵ therefore, here the values for the oligomers of these peptides match with those for wild type A β (1–40) fibrils.⁵⁹

For a further comparison between oligomers of this study and the respective mature fibrils Fig. 5(A and B) exhibit the correlation plots for the C α -C β chemical shift difference (which is very sensitive to changes in the secondary structure and independent of chemical shift referencing) between pyroglutamate modified oligomers and mature fibrils. For both variants, a very good correlation is obtained.

To compare the oligomers of the pyroglutamyl-modified peptides with oligomers of WT-A β (1–40), Fig. 4 shows the ¹³C α and ¹³C β chemical shifts values of pGlu₃-A β (3–40) and pGlu₁₁-A β (11–40) oligomers together with literature data from WT-A β (1–40) oligomers,²⁰ which were prepared according the same procedure used in this study, in a similar way as above. A comparison is somewhat hampered by the fact that the



Fig. 4 Comparison of the secondary ¹³C MAS NMR chemical shifts for C α (top) and C β (bottom) of the oligomers of pGlu₃-A β (3–40) (red) and pGlu₁₁-A β (11–40) (blue) and WT-A β (1–40) (black, data taken from literature²⁰). Data are plotted as the difference of a measured chemical shifts to random coil chemical shifts for each residue.⁵⁸ For the pGlu residues the random coil values of Glu were used as no reference values for pGlu are available. The arrows above the plots indicate β -strand secondary structure, the gray area in the plots indicate the ¹³C labeled amino acids in a least one of the studies.

labeling pattern of the studied peptides investigated is different. Nevertheless, overall, the pattern for all three oligomers is quite similar and the secondary structure elements are present for all three samples. Small differences in these values are only observed for amino acids close to the pyroglutamate modification at the N-terminus. Only for Phe₁₉, some additional differences in the chemical shift values for C β are observed. For additional comparison, Fig. 5C and D exhibits the correlation plots for the C α -C β chemical shift difference between the here investigated oligomers of pGlu₃-A β (3–40) and pGlu₁₁-A β (11–40) and the oligomers of WT-A β (1–40).²⁰ Again, at least for the amino acid labeled in both studies a very good correlation is archived.

To obtain insights into the three-dimensional structural arrangement of the two β -strands of A β (1–40), the well-studied hydrophobic tertiary contact between the side chains of Phe₁₉ and Leu₃₄,^{7,8,47,60} which is already formed during early stages of the fibrillation,^{16,19,20,24,53,61,62} was addressed. Using NMR REDOR measurements, the ¹⁵N–¹³CO distance between these two residues was determined to about 4 Å for oligomers and about 7 Å for mature fibrils.⁵³ Also, in other structural

models for oligomers and mature fibrils, similar distances between the side chains of these residues can be found.^{7,9,18,60}

The formation of this molecular contact was investigated using ${}^{13}C{}^{-13}C$ DARR experiments with a long mixing time of 500 ms. The respective NMR spectra for oligomers for both modified peptides are shown in ESI,† Fig. S4. In both cases, a clear cross peak, indicating magnetization exchange between the aromatic ring of Phe₁₉ and the side chain of Leu₃₄, is observed. Therefore, also in the oligomers of the pyroglutamated variants of Aβ(1–40) both residues are close in space and the contact between these amino acids seems already established, which means that the two β-strands are already in an arrangement close to each other. This again indicates a structural similarity between the oligomers of pGlu₃-Aβ(3–40) and pGlu₁₁-Aβ(11–40) and the known structures of WT-Aβ(1–40).

One interesting molecular detail which was found for $A\beta$ oligomers and also protofibrils on the one hand and mature fibrils on the other is the structural arrangement of the edges of the two β -strands. Previous work has shown that alterations in this region results in structural models, where the respective



Fig. 5 Correlation plots of the $C\alpha-C\beta$ chemical shift differences from the data shown in Fig. 3 and 4 for (A) pGlu₃-A β (3–40) oligomers vs. mature fibrils,⁴⁴ (B) pGlu₁₁-A β (11–40) oligomers vs. mature fibrils,⁴⁵ (C) oligomers of pGlu₃-A β (3–40) vs. WT-A β (1–40)²⁰ and (D) oligomers of pGlu₁₁-A β (11–40) vs. WT-A β (1–40).²⁰ Residue 11 was excluded from plot *D*, since pGlu should not be compared to Glu. Note that the glycine residues are excluded from all plots since $C\alpha-C\beta$ chemical shift differences are shown. The Pearson correlation coefficient is given on each plot.

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hydrogen bonds between β-strands are intramolecular for oligomers instead of the known intermolecular organization for mature fibrils.^{24,51} From these findings, a rearrangement of the hydrogen bond pattern during the fibrillation process was suggested. This structurally interesting region can be addressed by studying the molecular contact between the residues Glu₂₂ and Ile₃₁, since the side chains of these residues point towards each other in antiparallel β-sheets connected by intramolecular hydrogen bonds for oligomers and away from each other in the parallel β-sheets with intermolecular hydrogen bonds of mature fibrils. Consequently, this molecular contact was found in structural studies of Aβ oligomers and protofibrils^{18,63} but not in mature fibrils of WT-A β (1-40)⁶³ or both variants of pyroglutamated AB.44,45 For the oligomers of both pyroglutamated variants of $A\beta(1-40)$ of the current study, the cross peak between Glu₂₂ and Ile₃₁ could not be observed in the respective ¹³C-¹³C DARR NMR spectra. Also, the contact between Gly₂₅ and Ile₃₁, which was only observed for mature fibrils of pGlu₁₁-A β (11-40)⁴⁵ could not be observed. So far one can only speculate about the reason for this: too weak signal intensities of the respective cross peaks due to the small amount of sample after the oligomer preparation in this study is probable. Also possible is an influence of the affibodies/antibodies, which were used to stabilize the intermediate states during A β fibrillation in the studies were the contact Glu₂₂ and Ile₃₁ was observed.^{18,63}

Conclusions

The procedure for A β oligomer preparation used here leads to an ensemble of small oligomeric structures, which is characterized by structural polymorphism in the samples as well as alterations in the molecular dynamics inferred from the observation of increased NMR line widths. The interpretation of such complex samples in terms of a simple molecular model of A β oligomers is quite complex. Nevertheless, overall one has to conclude that oligomers of $pGlu_3-A\beta(3-40)$ and $pGlu_{11}$ - $A\beta(11-40)$ exhibit a close similarity to mature fibrils of the same peptides with regard to secondary structure. Also, known tertiary contacts between the two β -strands were observed to be similar. The structural elements (unstructured N-terminus, two β -strands connected by a short loop) of A β (1–40) in fibrils seems already well formed in these oligomers. At least for the investigated residues, a high similarity to oligomeric species of WT-A β (1–40) has been found.^{15,20} The small differences in the N-terminal region can be related to the pyroglutamate modification, but may also point to a possible role of the N-terminus during the fibrillation process. Also for WT-A β (1–40) oligomers, differences in the NMR chemical shift values compared to mature fibrils were observed in this region of the molecule,²⁰ and additional differences in the dynamics of N-terminal residues in different fibrillation stages of WT-A β (1-40) argue in this direction.^{59,64} Furthermore, also for a phosphorylation at Ser₈ structural changes in the N-terminus that influence the maturation of the fibrils were reported.³¹ Overall, modifications in the flexible N-terminal region seem to have only minimal

effects on the secondary structure of the A β oligomers, especially the parts in β -strand conformation are not influenced. However, the properties of the disordered N-terminal are crucial in determining the toxicity. It was recently shown that an interaction between the N-terminus and an intracellular component is important for toxicity.⁶⁵ This manuscript reinforces that notion.

Conflicts of interest

There are no conflicts of interest to declare.

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