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Introduction

Molecular self-assembly has become a key tool for the fabrication of functional nanomaterials and supramolecular structures for efficient transport of excitation energy.^{1–5} In order to understand, utilize and ultimately optimize their functional properties for light-harvesting applications, controlled modifications of the supramolecular structure are of vital importance. Traditionally, building blocks are 'programmed' such that they autonomously assemble into the desired structures that are held together by non-covalent forces such as van-der-Waals forces, hydrogen and halogen bonding, and π -stacking.^{6–8} The quest to make controlled changes of the self-assembly process, hence, typically targets the structure of individual building blocks in order to engineer the balance of the intermolecular interactions and thereby alter the equilibrium state of the final assembly.^{9,10}

In this context, amphiphilically driven self-assembly is of special interest, as changing the relative strength and size of the hydrophobic/hydrophilic moieties allows fine-tuning the final supramolecular structure towards micelles, bilayer sheets or nanofibers.^{11–13} A notable example of one of such systems is a class of amphiphilic cyanine derivatives that are known to

Microfluidic out-of-equilibrium control of molecular nanotubes†

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The bottom-up fabrication of functional nanosystems for light-harvesting applications and excitonic devices often relies on molecular self-assembly. Gaining access to the intermediate species involved in self-assembly would provide valuable insights into the pathways *via* which the final architecture has evolved, yet difficult to achieve due to their intrinsically short-lived nature. Here, we employ a lab-on-a-chip approach as a means to obtain *in situ* control of the structural complexity of an artificial light-harvesting complex: molecular double-walled nanotubes. Rapid and stable dissolution of the outer wall was realized *via* microfluidic mixing thereby rendering the thermodynamically unstable inner tubes accessible to spectroscopy. By measurement of the linear dichroism and time-resolved photoluminescence of both double-walled nanotubes and isolated inner tubes we show that the optical (excitonic) properties of the inner tube are remarkably robust to such drastic perturbation of the system's supramolecular structure as removal of the outer wall. The developed platform is readily extendable to a broad range of practical applications such as *e.g.* self-assembling systems and molecular photonics devices.

self-assemble in aqueous solution into highly homogenous, double-walled nanotubes with outer and inner diameters of ~13 nm and ~7 nm, respectively, and lengths on the order of several µm's.⁹ These systems comprise a large number of strongly coupled chromophores leading to the formation of delocalized excited stated (Frenkel excitons), which is considered promising for quasi-one-dimensional excitonic wires.¹⁴⁻¹⁶ The interest in such systems is further propelled by their structural resemblance of natural light-harvesting antenna complexes such as the chlorosomes of green sulfur bacteria.¹⁷⁻¹⁹

While the final, thermodynamically stable outcome of the self-assembly can be modified via molecular engineering of the initial building blocks and is readily accessible via a number of characterization techniques, the intermediate stages are much harder to target due to their short-lived nature as out-of-equilibrium species. Nevertheless, understanding these transient stages of the self-assembly process would not only provide great insight into how to steer the process into a certain (otherwise inaccessible) direction, but also shed light on the functional properties of intermediate species as simplified components of the more complex final assembly. One strategy that has successfully been used to gain access to out-of-equilibrium species of a self-assembly system relies on microfluidics.^{20,21} For instance, it has been used for real time monitoring²²⁻²⁴ and control^{25,26} of chemical reactions, following mixing reactions,^{27,28} steer molecular self-assembly^{29,30} and study (out-of-equilibrium) reactions in biological systems.31-33



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Paper

In this paper, we use a lab-on-a-chip approach as a means to achieve out-of-equilibrium control over the structural hierarchy of an artificial light-harvesting complex: double-walled molecular nanotubes. Structural simplification of such nanotubes has previously been demonstrated in bulk solution by dissolving the outer tube via flash-dilution thereby exposing the bare inner tube for linear absorption spectroscopy.^{34,35} However, a rapid partial recovery of the original double-walled structure (within ~ 60 s) leaves no time for more advanced and therefore informative spectroscopies. Here, we successfully transfer the flashdilution technique to a microfluidic platform to achieve stable and continuous removal of the outer layer of the supramolecular assembly. Linear dichroism and time-resolved photoluminescence (PL) experiments demonstrated that the inner nanotube alone retains its excitonic functionality despite such drastic modifications of the supramolecular structure.

Experimental

Materials and sample preparation

The dye 3,3'-bis(2-sulfopropyl)-5,5',6,6-tetrachloro-1,1'-dioctylbenzimidacarbocyanine (C8S3, $M = 903 \text{ g mol}^{-1}$) was purchased from FEW Chemicals GmbH (Wolfen, Germany) and used as received. C8S3 nanotubes were prepared via the alcoholic route.9 The molecules were first dissolved in pure methanol (MeOH, Biosolve) to form 2.32 mM stock solutions. Addition of Milli-O water to the methanolic stock solution (1 ml: 0.26 ml) induced aggregation of molecules into double-walled nanotubes. The resulting solution was gently shaken and stored in the dark at room temperature. After a variable timespan between 12 and 24 hours the nanotube solution was further diluted by addition of 1 ml of Milli-Q water rendering a final dye concentration in the nanotube solution of 0.267 mM and MeOH content of 9 wt% (11 vol%). Sample solutions were used within three days for experiments to minimize the thermodynamically induced formation of thicker bundles; see e.g. ref. 35 for more details.

Steady-state absorption and photoluminescence (PL)

Steady-state UV-Vis absorption and PL spectra were measured in 1 mm and 10 mm quartz cuvettes (Starna GmbH, Germany) using a PerkinElmer Lambda 900 UV/VIS/NIR spectrometer and a PerkinElmer LS50B Luminescence spectrometer (spectral resolution ~75 cm⁻¹), respectively. For recording the PL spectra, the sample was excited at λ_{exc} = 561 nm. Prior to absorption (PL) measurements, sample solutions were diluted with Milli-Q water by factor ~3.5 (~400). The latter rendered a maximum optical density of the sample of 0.1–0.2.

Microfluidic flash-dilution

Microfluidic flash-dilution was realized by mixing neat nanotube sample solution with a mixture of H_2O and methanol (1:1 by volume) in a commercially available tear-drop micromixer (micronit, The Netherlands; manufactured from borosilicate glass) at a flowrate ratio of 5:7. This micromixer is specifically designed for efficient mixing of two reagents at low Reynolds numbers (Re \approx 1) by folding the flow upon itself multiple times.³⁶ The parent reagents were supplied by two syringe pumps (New Era, model NE-300), which continuously pumped the solutions through the microfluidic channel (thickness 150 µm, width 200 µm). In a typical experiment with a total flowrate of 600 µl h⁻¹ the mixing time was estimated as ~12 s assuming a uniform flow-speed profile across the entire cross-section of the microfluidic channel. This specific flowrate was chosen as a compromise between sample refresh rate for spectroscopic experiments (to avoid unwanted effects such as photobleaching) and sample consumption that limits the maximum duration of experiments (up to ~30 hours under these settings).

For spectroscopic measurements (linear dichroism and time-resolved PL) the (flash-diluted) sample solution was relayed to a second, thin-bottom flowcell (micronit, The Netherlands; borosilicate glass) with a channel thickness of 50 μ m and a channel width of 500 μ m connected by ~15 cm of tubing (Teflon, channel diameter 250 μ m). This flowcell allowed conducting spectroscopic experiments in transmission, as *e.g.* linear dichroism (*vide infra*) which was not possible in the micromixer because of the curved channel profile. Both the micromixer and the flowcell were used as received from the manufacturer without any additional surface treatment. Blockage of the channel or surface sticking of the sample were not observed, as these would have immediately been reflected in the gradual increase or decrease of the optical density of the sample.

For the measurements on the double-walled nanotubes, the diluting agent was replaced by Milli-Q water, operated at the same flow rate as in flash-dilution experiments. Under these conditions the maximum optical density of the sample solution was between 0.1 and 0.2 to avoid PL reabsorption.

Reduced linear dichroism. Reduced linear dichroism (LD_r) spectra of double-walled nanotubes and isolated inner tubes (after microfluidic flash-dilution) were acquired using a home-built setup based on a white light illumination source (Ocean Optics, HL-2000) and a compact fiber-spectrometer (Ocean Optics, USB4000); a detailed setup schematic is described in the ESI,[†] Section S1. Absorption spectra were recorded with the excitation light polarized either parallel or perpendicular with respect to the flow direction in the microfluidic channel. LD experiments were carried out N = 3 times to ensure the reproducibility of the obtained results.

Time-resolved photoluminescence. The exciton–exciton annihilation (EEA) dynamics of double-walled and inner nanotubes were measured by probing the excitation intensity dependence of the spectrally resolved photoluminescence (PL) decay. A streak camera setup with synchro scan unit (Hamamatsu, model C5680) equipped with a spectrograph (spectral resolution ~85 cm⁻¹) coupled to an inverted microscope was used; a detailed description of the setup is given in the ESI,† Section S2. All experiments were carried out at room temperature unless stated differently. All measurement were repeated several times at different days to ensure the reproducibility of the obtained results.

Results and discussion

The formation of double-walled nanotubes from dissolved C8S3 molecules (Fig. 1a–c) is evident from formation of several narrow excitonic peaks in the absorption spectrum and a strong spectral red-shift (\sim 75 nm, 2400 cm⁻¹) relative to the monomer



Fig. 1 Formation of double-walled nanotubes *via* self-assembly in water. (a) Molecular structure of C8S3 with the different functional moieties highlighted: chromophore (orange), hydrophilic (blue) and hydrophobic (gray) side groups. (b) Addition of water to stock solutions of dissolved C8S3 monomers in methanol induces aggregation into double-walled nanotubes with the characteristic sizes as indicated. (c) Illustration of the molecular packing: the hydrophobic tails are screened from surrounding water (depicted as blue-red), as they are pointing inward, while the hydrophilic tails are exposed to water. (d) Change of the absorption spectrum of methanolic C8S3 stock solution (dashed) upon formation of double-walled nanotubes (solid) following addition of water. The two peaks assigned to absorption of the outer and inner layer of the nanotube are highlighted in gray and red, respectively; the same peaks are found in the PL spectrum (short dashes).

spectrum (Fig. 1d) due to strong intermolecular couplings. The most distinct peaks at ~590 nm (16 950 cm⁻¹) and ~600 nm (16 670 cm⁻¹) are associated with absorption of the outer and inner tube of the double-walled assembly, respectively.^{10,34} The spectral separation of these peaks provides a straightforward way of identifying changes to either tube, which has been utilized in previous spectro-chemical studies as well as bulk flash-dilution experiments by quenching the spectral response from the outer tube.^{34,35,37,38} The band of higher-lying transitions between ~550 nm and ~580 nm has a mixed character with overlapping contributions from both inner and outer tubes.^{34,37}

The same peak assignment also holds for the PL spectrum (Fig. 1, short dashed line), where the reversed peak ratio (*i.e.*, $I_{\text{inner}} > I_{\text{outer}}$) is a consequence of the equilibration of the exciton populations between both tubes on a sub-ps time-scale prior to PL.^{39–41} The higher-frequency transitions are not observed in PL as they quickly (within ~100 fs) relax to the two lowest-energy states.

Dissolution of the outer tube of double-walled nanotubes is achieved in a tear-drop micromixer (Fig. 2a) via mixing of the two parent reactants, *i.e.*, a $H_2O/MeOH$ diluting agent (1:1 by volume), and nanotube sample solution. Efficient intermixing of the two reactants in the mixing zone of the micromixer is evident from the wide-field PL images superimposed with bright-field microscope images of the microfluidic channel. Here the laminar flow regime (Fig. 2b, top) and mixed phase (Fig. 2b, bottom) can clearly be distinguished. This rapid mixing induces flash-dilution during which the outer layer is dissolved from the double-walled nanotubes.34,35 Note that the PL signal after flash-dilution does not contain any contribution from dissolved C8S3 monomers, because their absorption is not in resonance with the excitation wavelength ($\lambda_{exc} = 561 \text{ nm}$); see ESI,† Section S3 for results using a different excitation wavelength.

After flash-dilution, the isolated inner tubes are in a thermodynamically unfavourable configuration, since the hydrophobic side-group are now directly exposed to the H2O/MeOH environment. This out-of-equilibrium configuration leads to a quick partial recovery of the outer tube on a timescale of tens of seconds via re-attachment of the dissolved monomers to the exterior of the isolated inner tubes. This process continues until a new equilibrium between monomers and nanotubes is established that is dictated by the solvent composition after flash-dilution (ESI,† Section S4). The longer-time (tens of minutes later) consequences of this process can be monitored using absorption spectroscopy (ESI,† Section S4) or cryo-TEM imaging (ESI,† Section S5). To the best of our knowledge, this re-assembly of the outer layer can neither be restricted nor halted. However, by using the microfluidics platform, it is possible to spatially separate the regions where the isolated inner tubes are continuously being produced, from the region where the outer layer starts to recover. This approach, thus, enables spectroscopy on the clean isolated inner tubes for which the attainable experimental time (i.e., supply time of isolated inner tubes) is only limited by the amount of sample solutions (up to \sim 30 hours in practice). This way, microfluidic flash-dilution can



Fig. 2 Overview of microfluidic setup. (a) Schematic of the micromixer and flowcell used in this study. The flow direction of the sample is indicated by the white arrows. (b) Microscope images of two sections of the micromixer marked in panel (a). The upper and lower panels show the Y-junction before and the microfluidic channel behind the mixing zone, respectively. The bright-field microscope images (in black and white) are superimposed with wide-field excitation PL images following excitation at $\lambda_{exc} = 561$ nm; ESI,† Section S6. The wide-field excitation area is indicated by green circles in both panels. The bottom panel corresponds to a mixing time of ~12 s. (c)–(e) Steady-state PL spectra (black dots) of double-walled nanotubes (top) and isolated inner tubes (center and bottom) following tightly focused excitation at $\lambda_{exc} = 561$ nm at the spots indicated in panel (b). The PL spectrum in panel (e) was obtained from streak camera measurements (spectral resolution 85 cm⁻¹). The shaded peaks (red: inner tube; gray: outer tube) are obtained by fitting the PL spectra to a sum of two (black line) and a single Lorentzian lineshape(s) in the case of double-walled nanotubes and isolated inner tubes, respectively. Insets: Schematics of double and single-walled nanotubes, which illustrate the origin of the observed peaks in the PL spectra.

also be interfaced with other, more advanced and often timeconsuming types of spectroscopy, *e.g.*, 2D spectroscopy.^{28,42}

In order to verify the successful dissolution of the outer tube upon microfluidic flash-dilution we use the spectral band assignment in the steady-state nanotube PL spectra (Fig. 2c–e). These PL spectra prove that the high energy band (~590 nm, 16 950 cm⁻¹) corresponding to the outer tube is almost completely eliminated after microfluidic mixing, while the spectral signature of the inner tubes (~600 nm, 16 670 cm⁻¹) is preserved. The similarity of the PL spectra at the exit of the micromixer and in the thin-bottom flowcell (given lower spectral resolution in the latter case) proves negligible recovery of the outer layer in the relaying tubing. The weak shoulder on the blue flank (around ~590 nm) of the inner tube PL spectrum (Fig. 2d and e) is due to a small number of residual undissolved parts of the outer nanotube layer. Upon flash-dilution the PL peak of isolated inner tubes undergoes a small spectral blue-shift of about 50 cm⁻¹ relative to the case of double-walled nanotubes. Such behaviour has also previously been reported for conventional 'bulk' flashdilution experiments.^{34,35,42} We hypothesize that the sudden dissolution of the outer tube may lead to slight decrease of the inner tube radius and, consequently shift its absorption/PL spectrum. Substantial shortening of the nanotubes (down to sub-100 nm length, where the nanoconfinment effects are expected to occur⁴³) can be excluded as the reason for this blueshift, because no short fragments were found in PL microscopy images recorded directly after flash-dilution (ESI,† Section S6).

The exciton transition dipole moments associated with different peaks in the nanotubes' absorption spectrum (Fig. 1d) have different alignment along the nanotube.^{10,34,37} This leads to linear dichroism in absorption (providing the nanotubes are



Fig. 3 Linear dichroism in the microfluidic channel. Reduced linear dichroism spectra (lower panels) measured of (a) double-walled nanotubes and (b) isolated inner tubes shown in black and red, respectively. The error margins refer to the standard error of the mean. Vertical lines (gray) indicate the spectral positions of the isotropic absorption peaks (upper panels). Parallel (orthogonal) alignment is reflected as positive (negative) values for LD_r with the amplitude span of $-1.5 \le LD_r \le 3$. The case of LD_r = 0 (isotropic absorption) is shown as a dashed horizontal line (blue).

aligned along a certain direction) which can be used as an indication for retaining the exciton properties upon flashdilution. The nanotubes tend to flow-align in a microfluidics channel owing to their large aspect ratio (µm length versus \sim 13 nm diameter); similar alignment effects have previously been observed for other systems.44-47 The reduced linear dichroism (LD_r) spectra (Fig. 3) were obtained by recording the absorption spectra with light polarized parallel and perpendicular to the flow direction in the microfluidic channel; a detailed description of the experimental apparatus and data processing protocol is given in the ESI,† Section S1. The alignment of double-walled nanotubes along the flow is evident from the pronounced positive amplitude peaks in the LD_r spectrum at the spectral positions of the outer (at \sim 590 nm, 16950 cm⁻¹) and inner tube (at ~600 nm, 16670 cm⁻¹) absorption peaks (Fig. 3a). This proves that the nanotubes efficiently flow-align despite the lower flow speeds reached in microfluidics as compared to conventional flow cuvettes.³⁷ These data also reveal the mixed polarization character (*i.e.*, both parallel and perpendicular) of the absorption peaks towards shorter wavelengths between 550 nm and 580 nm; both shape and amplitude of the measured LD_r spectra agree remarkably well with previous findings.37

After flash-dilution the maximal LD_r amplitude (of ~2.1 \pm 0.2; mean \pm standard error) of the inner tube transition is retained (Fig. 3b), which shows that the excitonic character of the main absorption peak is preserved even upon complete removal of the outer tube. Strong alignment of the flash-diluted nanotubes along the flow direction also indicates that the nanotubes are not substantially shortened during flash-dilution. Unlike for double-walled nanotubes, any low amplitude LD_r peaks

occurring at shorter wavelengths cannot be distinguished given the signal-to-noise ratio of the data, which is limited by the low molar concentration of nanotubes after flash-dilution and the channel thickness of only 50 μ m.

Next, we study the exciton dynamics of double-walled nanotubes and isolated inner tubes. Hereby, we utilize the fact that under intense laser excitation excitons start to mutually interact leading to exciton-exciton annihilation (EEA).48,49 The probability that two excitons are able to meet and consequently annihilate depends on the exciton density (i.e., the number of excitons per number of molecules; ESI,† Section S7) as well as the excitonic properties of the system, such as exciton delocalization and exciton diffusion. EEA then opens a new non-radiative (and intensity dependent) decay channel for excitons,50-52 which leads to acceleration of the observed PL dynamics. In multi-chromophoric systems excitons are collectively shared by many molecules so that it can be experimentally challenging to reach sufficiently low exciton densities to isolate the true response of single excitons, while avoiding EEA. In this regard, time-resolved PL offers unprecedented sensitivity down to extremely low exciton densities (as low as 1 exciton per ~ 10^6 chromophores).

Fig. 4 shows the PL transients obtained by spectrally integrating the PL decay maps between 588–603 nm for doublewalled nanotubes and 598–603 nm for isolated inner tubes (a schematic of the experimental setup and a few representative PL decay maps are shown in the ESI,† Sections S2 and S8, respectively). In the case of double-walled nanotubes, the PL transients of the inner and outer layer are identical, except for their different amplitudes, which is why only one set of PL transients is shown for both inner and outer tube. This observation



Fig. 4 Intensity dependent PL transients. Logarithmic plots of the experimental PL transients (dots) for (a) double-walled nanotubes and (b) isolated inner tubes after microfluidic flash-dilution recorded at different exciton densities (increasing from top to bottom). Each PL transient was normalized and then scaled to have an offset at the logarithmic scale. Identical colors for double-walled nanotubes and isolated inner tubes are pairwise corresponding to similar exciton densities (shown at the right as the number of molecules per exciton). The instrument response function (IRF, dotted gray line) was determined *via* the temporal profile of excitation laser pulses that leaked into the streak camera. Results from Monte-Carlo simulations of the exciton dynamics are shown as solid lines of the respective color.

is further corroborated by the fact that no spectral relaxation of the PL mean frequency is observed (ESI,† Section S8) at any excitation intensity. Had spectral relaxation on the timescale of PL been the case (due to *e.g.* 'slow' exciton transfer between the two tubes), the mean frequency would have dynamically shifted.^{53–55}

At low exciton densities the PL of double-walled nanotubes (Fig. 4a) and isolated inner tubes (Fig. 4b) decays monoexponentially with time constants of 43 ± 1 ps and 58 ± 1 ps, respectively. These time constants are independent of the excitation intensity, because the large average distance between the excitons – 1 exciton per ~10 µm of nanotube length (containing 10⁶ molecules) at the lowest intensity – prevents EEA. The observed increase of the lifetime of isolated inner tubes agrees well with previous spectro-chemical studies on nanotubes embedded in a sugar matrix,³⁸ where the spectral response of the outer layer was quenched *via* oxidation with silver nitrate. We hypothesize that the presence of the outer layer may open an additional non-radiative decay channel for excitons and, thus, lead to a reduced PL lifetime in the case of double-walled nanotubes.

At high exciton densities, the PL transients of double-walled nanotubes and isolated inner tubes become increasingly multiexponential, which is a typical fingerprint of EEA.^{48,52} After a rapid initial decay of the PL signal due to prominent EEA, the dynamics slow down as the surviving excitons become sparser and hence less likely to meet and annihilate. We will use these two time intervals to quantify the PL dynamics separately. In the first interval (up to 30 ps), we extract the PL lifetimes of double-walled nanotubes as well as isolated inner tubes by fitting the transients to a convolution of an exponential decay and a Gaussian apparatus function (as an approximation of the IRF; Fig. 4). In the second interval (30–150 ps), the tails of the PL transients are fitted to an exponential decay $F(t) = A \exp(-t/\tau)$. In both cases, the PL decay rate is determined as the inverse lifetime τ^{-1} , normalized to the intrinsic (non-)radiative decay rate and plotted as a function of exciton density (Fig. 5a and b).

In the first time interval, PL of both double-walled nanotubes and isolated inner tubes feature a steep increase of the PL decay rate for exciton densities exceeding 1 exciton per $\sim 10^4$ molecules (Fig. 5a), which corresponds to 1 exciton per ~ 100 nm of the nanotube length. This value marks the onset of EEA, which refers to the critical exciton density at which excitons are able to undergo diffusion-assisted EEA. Below that threshold excitons are statistically spaced too far apart so that they hardly meet during their lifetime.

A similar behaviour is observed in the second interval, but with a shallower acceleration of the PL dynamics (Fig. 5b). Conceptually, this agrees with the previous assignment that the initial interval is dominated by EEA, while the second interval is less affected due to an already depleted exciton population. Note that the occurrence of EEA faster than the temporal resolution of the streak camera (\sim 7 ps) is manifested in a sub-linear scaling behaviour of the initial PL amplitude (ESI,† Section S8).



Fig. 5 Acceleration of PL dynamics. (a) and (b) experimental PL decay rates of double-walled nanotubes (black dots), isolated inner tube (red dots) and dissolved monomers (gray dots; ESI,⁺ Section S9) as a function of exciton density in the first interval $(-30 \rightarrow 30 \text{ ps})$ and in the second interval $(30 \rightarrow 150 \text{ ps})$, respectively. The decay rates are normalized to the intrinsic (non-)radiative decay rate. The vertical error bars refer to the standard deviation of the respective fit. The horizontal error bars for the exciton density are obtained from propagation of uncertainty of all input parameters (ESI,⁺ Section S7). Solid and dashed lines in panels (a) and (b) are derived from Monte-Carlo simulations. The solid black lines originate from the Monte-Carlo simulated transients (solid lines in Fig. 4). The dashed gray lines refer to the lower and upper limits of the acceleration of the PL decay (see main text for explanation); the region between these limits is shaded in gray for illustration. (c) Schematic representation of diffusion-assisted EEA on double-walled nanotubes (left) and isolated inner tubes (right). Excitons are depicted as yellow ellipses. Exciton diffusion (dotted paths) allows excitons to meet and annihilate (white symbols) or encounter a non-radiative trap state (blue symbols), both immediately quench the exciton.

Comparison of the intensity-dependent acceleration of PL of double-walled nanotubes and isolated inner tubes reveals that independently of the chosen spectroscopic observable (PL decay rate and amplitude) the response of both systems is virtually identical at all exciton densities. This implies that the excitonic properties of the inner tube are robust towards stripping the outer layer and, hence, long-range exciton transport as a crucial factor for the occurrence of EEA, is not compromised (Fig. 5c). If the exciton transport had been compromised by complete dissolution of the nanotubes into diluted non-interacting molecules, no exciton density dependence would have been observed (Fig. 5a, gray dots).

To model the observed PL dynamics, we use Monte-Carlo (MC) simulations of the exciton populations; an elaborate description of the MC simulations including a complete overview of the model and parameters has been published elsewhere.⁴² In essence, at time zero (marked by the arrival of the laser pulse at the sample) excitons are planted on a molecular grid representing the inner and (in the case of double-walled nanotubes) outer tube. The number of planted excitons is set in accordance with the experimental exciton density. Thereafter, excitons perform a random walk on the molecular grid during which they can hop between the inner and outer tube at a given transfer rate, decay (non-)radiatively according to their lifetime or undergo EEA once two excitons approach closer than a critical distance (the annihilation radius). The PL intensity at a given time in the simulation is

evaluated as the number of remaining excitons. For comparison with experiment the PL transients are convoluted with a Gaussian apparatus function (FWHM \approx 7 ps). The PL decay rates are obtained by applying the same fitting protocol as for the experimental data to the thus obtained transients.

Under these settings, MC simulations satisfactorily reproduce the initial (fast) PL dynamics (Fig. 5a, lower dashed line), but totally fail to capture the PL tails at high excitation densities (Fig. 5b, lower dashed line; and ESI,† Section S10). The reason for this is that towards the end of the first time interval (*i.e.*, around ~30 ps) the exciton density is already too depleted for further EEA, as most of the excitons have either decayed naturally or annihilated. Therefore, we are forced to conclude that the acceleration of the PL tail is unlikely caused by EEA. We also eliminated experimentally two other foreseeable reasons for such acceleration: accumulated photobleaching (ESI,† Section S11) and temperature dependence of the non-radiative decay (ESI,† Section S12).

As a possible scenario to explain the intensity dependent acceleration of the PL tails, we explore the formation of lightinduced non-radiative trap states (or simply traps). Traps such as chemical impurities or morphological dislocations are known to act as quenching sites for excitons (as schematically depicted in Fig. 5c) and, thus, have profound impact on the exciton lifetime.^{56–60} For instance, it has been shown in a recent study⁶¹ that light exposure of the double-walled nanotubes embedded in a sugar matrix leads to reversible changes of their optical properties. Here, we include such possibility by allowing molecular grid sites to be converted into traps with probability P upon the decay (either naturally or due to EEA) of an exciton on that site, which thereafter is labelled as a trap until the end of the simulation run. Diffusion of another exciton onto a trap then causes the immediate death of that exciton. In the MC simulations, the probability P evolves according to:

$$P(t) = \frac{1}{1 + \frac{n_{\text{trap}}(t)}{n_{\text{sat}}}} \tag{1}$$

Here, n_{trap} is the trap density (*i.e.*, number of traps per number of molecular grid sites) at a given time *t* and n_{sat} the saturation trap density. At each time step in the simulation the trap density is evaluated by counting all grid sites that are labelled as traps.

At low trap density, $n_{\text{trap}}(t) \ll n_{\text{sat}}$ so that the probability to convert the site into the trap is unity, P(t) = 1. At high trap density $(n_{\text{trap}}(t) \gg n_{\text{sat}})$ the probability reduces to naught. Therefore, the saturation trap density implies a finite number of the molecular sites which can be converted into traps ('weak links'). The trap formation is reversible in the sense that they fully recover before arrival of the next excitation laser pulse (after ~12 ns), as otherwise accumulation effects would have been observed, which is not the case (ESI,† Sections S11 and S12). The photochemical mechanism behind the light-induced trap formation might be, for instance, photo-isomerization of the chromophore *via* a conical intersection.⁶²⁻⁶⁴

In our simulations n_{sat} was the only fitting parameter; all other parameters (hopping rate, annihilation radius, etc.) were fixed according to ref. 42. The resulting transients from MC simulations are shown in Fig. 4 superimposed with the experimental data. Setting $n_{sat} = 10^{-4}$ yielded the most satisfactory global fit of all PL transients (Fig. 4) and PL decay rates (Fig. 5a and b) of both isolated inner tubes and double-walled nanotubes despite the simplicity of the model. This value of $n_{\rm sat}$ implies that conversion of only one C8S3 molecule out of 10 000 into a trap leads to substantial PL quenching, which is consistent with high exciton mobilities.^{14,15,42} Note that neglecting the saturation of the trap density does not lead to a satisfactory description of the experimental data (upper dashed lines in Fig. 5a and b, and ESI,[†] Section S10). Nevertheless, the origin of the saturation behaviour of the number of available lightinduced traps still remains debatable.

Conclusions

In conclusion, we have successfully transferred flash-dilution technique into a microfluidic platform to achieve real-time control over the supramolacular complexity of double-walled molecular nanotubes. By combining microfluidics with optical measurements, we have shown that isolated inner tubes retain their optical (excitonic) properties upon aggressive flashdilution of the outer wall. In other words, excitonic properties of the inner nanotube are remarkably robust against perturbations of the supramolecular structure such as removal of the adjacent nanotube layer and exposure of the inner layer to the surrounding. Such excitonic robustness has previously been reported upon bundling of several nanotubes into complex superstructures, so-called bundles.³⁵ Here, we have demonstrated similar excitonic robustness for the opposite direction: single-walled nanotubes as a simplified component of the more complex double-walled system.

Our findings underpin the versatility of the microfluidic approach to manipulate a nanoscale system *via* controlled reduction of the complexity of its hierarchical supramolecular structure. Working in tandem with ultrafast spectroscopy, this approach opens up unprecedented opportunities to study exciton dynamics in complex self-assembling molecular systems.

Author contributions

B. K. and M. S. P. have devised the project and designed the microfluidic experiments. The samples were prepared by B. K. and C. F. C. F. conducted the linear dichroism experiments and analyzed the data; the analysis was supervised by B. K. B. K. performed all other experiments, analyzed the experimental data and performed Monte-Carlo simulations under supervision of M. S. P. B. K. and M. S. P. co-wrote the manuscript with a contribution from C. F.

Conflicts of interest

The authors declare no competing financial interests.

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