Showcasing research from the group of Priv.-Doz. Dr Goran Angelovski, MR Neuroimaging Contrast Agents, Max Planck Institute for Biological Cybernetics, Tübingen, Germany. This illustration is designed by Dr Giuseppe Gambino.

A ratiometric $^{19}$F MR-based method for the quantification of Ca$^{2+}$ using responsive paramagnetic probes

A combination of para- and diamagnetic lanthanide complexes enables the absolute quantification of Ca$^{2+}$ concentration via a ratiometric $^{19}$F MRI methodology.

COMMUNICATION

A ratiometric $^{19}$F MR-based method for the quantification of Ca$^{2+}$ using responsive paramagnetic probes†

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We present a method for assessing the extracellular calcium concentration using $^{19}$F chemical shift imaging. Specifically, a custom made calcium-responsive and lanthanide-based $^{19}$F MRI probe that undergoes a strong and highly specific modulation of its signal upon coordination with calcium ions was developed and its performance is presented.

Magnetic resonance imaging (MRI) is a powerful and widely used technique, able to provide three-dimensional anatomical images with excellent spatial resolution. However, it proves challenging to extrapolate further information about the voxel-wise composition of the signal and the specific nuclei from which it originates. On the other hand, magnetic resonance spectroscopy (MRS) allows acquisition of localized mono-dimensional (1D) MR spectra, while with chemical shift imaging (CSI) it is possible to obtain a spatial distribution of chemical shifts in a three-dimensional sample.1–3 Using these techniques, a very detailed image of the investigated tissue can be obtained, without losing any spatial information. To this end, $^1$H MRS has significantly contributed in providing meaningful insights into metabolic activity, particularly in the brain.4

By providing the localized 1D proton spectra of different metabolites with their specific chemical shifts,5 this technique enables the following of biological processes by monitoring the distribution and concentration of such metabolites in the tissue. However, because of the narrow spectral width of the proton frequencies, signals of metabolites usually result in complex spectra that are difficult to resolve, in particular in the region between 2 and 3 ppm. Other nuclei, such as $^{31}$P and $^{13}$C, are also exploited in MRS.6 Yet, both present major drawbacks, such as lower sensitivity compared to proton nuclei (both $^{31}$P and $^{13}$C), low isotopic abundance ($^{13}$C), or absence in many biomolecules ($^{13}$P). Moreover, the MRS methods mentioned above are suitable only for organic biomolecules and metabolites that contain $^{1}$H, $^{13}$C or $^{31}$P nuclei, while they are unsuitable for endogenous metal ion targets.

Exploiting $^{19}$F represents an excellent alternative with high potential for in vivo MRI, MRS and CSI.7 Primarily, its high natural isotopic abundance and relative sensitivity are comparable to those of protons. Although the negligible endogenous concentration of $^{19}$F prevents its use in the direct investigation of biological processes, the lack of background signal is advantageous and can be exploited to develop tracers that yield high signal-to-noise ratios (SNR). Following this idea, emulsions of highly fluorinated molecules have been successfully used for labelling and subsequently tracking cells in vivo using MRI.8–10 Furthermore, $^{19}$F is extremely sensitive to changes in its microenvironment on a chemical and electronic level, with an $^{19}$F resonance frequency range that is quite wide. Thus exploiting the relaxation properties, chemical shift and chemical exchange variations led to the development of responsive systems to measure tissue $pO_2$, and detect ions, pH and enzymatic activity via various triggering mechanisms.7,11,12

Monitoring of fluctuations in the concentration of endogenous metal ions is a particularly interesting application because of their role and relevance in the signalling and regulation of numerous biological processes. By using responsive,13 or so-called smart contrast agents (SCAs), a functional MRI (fMRI) method that operates at the $^1$H frequency demonstrated considerable potential for the assessment of neuronal activity by detecting the intracellular and extracellular calcium concentrations.14,15 Importantly, the capability of Ca-sensitive SCAs to monitor cerebral ischemia has also been presented, thus showing significant recent advancements in this field and great prospects of molecular fMRI for contemporary biomedical research and applications.16

In parallel, the susceptibility of $^{19}$F nuclei has promoted the development of probes that can detect metal ions through changes in their chemical shift.17,18 The $^{19}$F chemical exchange saturation transfer (CEST) investigations built upon this early...
work to result in an attractive methodology that allows multi-
ion detection,\textsuperscript{19,20} while self-assembled,\textsuperscript{19F} containing peptide
amphiphiles were also used to quantify Ca\textsuperscript{2+} concentrations
that are biologically relevant.\textsuperscript{21} For \textsuperscript{19F} MRI applications, however,
high concentrations and shorter relaxation times of a fluorinated
probe would be required to obtain sufficient signals within reason-
able acquisition times.\textsuperscript{7} One strategy to overcome this has been
provided by combining fluorinated probes and paramagnetic ions
at a short distance, usually within the same molecule.\textsuperscript{22} The ability
of paramagnetic ions to affect the relaxation properties and
chemical shifts of the \textsuperscript{19F} nuclei via paramagnetic relaxation
enhancement (PRE) and pseudocontact shifts (PCS), respectively,
has granted the possibility to exploit such phenomenon in the
design of responsive systems for \textsuperscript{19F} MRI and MRS.\textsuperscript{11,23,24}
Benefiting from these effects, a few SCAs have been designed
and assessed. For instance, SCAs for the detection of enzymatic
activity showed their great potential;\textsuperscript{25-27} however, the response
of these probes is irreversible due to the cleavage of the enzyme-
specific linker. On the other hand, SCAs that are able to reversibly
detect pH, Ca\textsuperscript{2+} or citrate anions have also been reported.\textsuperscript{28-30}
However, their sensitivity was partially compromised by the
presence of multiple signals at different frequencies due to
the presence of molecular isomers, in the case of cyclen-based
complexes,\textsuperscript{31} or a lower number of \textsuperscript{19F} spins in the responsive
molecule.

With the intention to take advantage of the current knowledge
in probe design and to capitalize on the favourable features of
\textsuperscript{19F} MRI and MRS, we designed the ligand \textbf{L} that, when chelating
paramagnetic lanthanide ions, can act as a calcium-responsive SCA
(Fig. 1).\textsuperscript{32} To establish it as a probe suitable for future applications, we
implemented a few significant improvements in the design of the
sensor molecule. First, we used a lanthanide-cage based on the
macroyclic ligand 1,4-bis(carboxymethyl)-6-[bis(carboxymethyl)]-
amino-6-methylperhydro-1,4-diazepine (AAZTA).\textsuperscript{32} By selecting
this chelator in the design of the SCA, we attempted to avoid
additional \textsuperscript{19F} NMR resonances; to date no isomeric distribution
in the NMR-timescale has been reported for such compounds. To
improve the sensitivity of the probe, we used perfluorinated\textsuperscript{32}
tert-butylether as the fluorine-bearing group, attached by a flexible
propyl chain to the calcium-chelating moiety (Fig. 1). By doing so,
we functionalized our molecule with a remarkably high number

![Fig. 1](https://example.com/fig1.png)

**Fig. 1** Chemical structure of the reported complexes \textbf{DyL} and \textbf{YL} (top) and graphical illustration of the working principle of the responsive agent (bottom).

of spectroscopically equivalent \textsuperscript{19F} nuclei per paramagnetic ion
(nine), while maintaining the excellent water solubility of the
complex. Finally, we selected the calcium chelator based on
ethylene glycol-bis(\textbeta-aminoethyl ether)-\textit{N},\textit{N},\textit{N}',\textit{N}'-tetraacetic acid
(EGTA) as the part of the molecule responsible for the coordination
of Ca\textsuperscript{2+}, due to its well investigated high specificity and affinity
towards these ions when incorporated within the SCA.\textsuperscript{30,33} The
fluorinated ligand was obtained starting with the amide coupling
of the amine 1 with bromoacetic acid (Scheme S1 in ESI\textsuperscript{†}). The
obtained bromide 2 was used to alkylate the secondary amine of 3.
Meanwhile, fluorinated amine 6 was coupled with bromoacetyl
bromide to obtain fluorinated bromide 7. Following hydrogenation
of 4, 7 was used to alkylate the newly obtained secondary amine
of 5, yielding a protected ligand 8. Once the chelating molecule
\textbf{L} was prepared by hydrolyzing tert-butyl esters with formic acid,
we selected dysprosium as the paramagnetic ion for incorporation
in the SCA, due to the high PCS effect and the optimal PRE
properties of the ions.

Advantageously, the \textsuperscript{19F} NMR spectra of \textbf{DyL} showed a single
resonance at −72.7 ppm (Fig. 2b). Moreover, the obtained SNR
value was as much as 5 times higher in comparison to those of
compounds reported in the literature for the same concentration of
dehydrated metal (\([\text{Dy}^{3+}] = 3.0 \text{ mM}\)), due to the larger amount of fluorine atoms
per lanthanide ion.\textsuperscript{30} Subsequently, we assessed the response of the
system to Ca\textsuperscript{2+} by titrating \textbf{DyL} with a solution of CaCl\textsubscript{2} and
recording the \textsuperscript{19F} NMR spectra (Fig. 2b and c). The obtained SNR
of the \textsuperscript{19F} NMR signal undergoes a massive 10-fold decrease under these
conditions. Such a powerful response is due to the PRE effect,
resulting in the significant shortening of the longitudinal and transverse \textsuperscript{19F} relaxation times; the analogous changes in the \textsuperscript{19F}
relaxation times for \textbf{YL} were not pronounced (Table 1).

Concurrently, this effect is accompanied by the PCS and
further shifting of the resonance frequency of the Ca\textsuperscript{2+}-bound
complex (ca. −1 ppm). We hypothesize that both these effects

![Fig. 2](https://example.com/fig2.png)

**Fig. 2** \textsuperscript{19F} NMR titration experiments with \textbf{DyL} and \textbf{YL} (a) \textsuperscript{19F} NMR spectra of \textbf{YL} (left) and \textbf{DyL} (right) in the presence of increasing \([\text{Ca}^{2+}]\) (from 0 to 2.0 equiv.) measured at 7 T and 25 °C. (b) Signal intensity values for \textbf{YL} (\(A_Y\), red area in the left panel) and \textbf{DyL} (\(A_{Dy}\), blue area in the right panel) plotted as a function of increasing \([\text{Ca}^{2+}]\). (c) Average values for \(A_{Dy}/A_Y\) plotted against the normalized \([\text{Ca}^{2+}]\) for a set of three samples containing \textbf{DyL} and \textbf{YL} in ratios of
50 : 50, 75 : 25 and 90 : 10 (\([\text{Dy}] = 2.0 \text{ mM}\)), measured at 7 T and 25 °C.
are the result of a contraction of the distance between the perfluorinated group and the paramagnetic centre, as a consequence of the structural rearrangement that occurs upon coordination of the Ca$^{2+}$ ion. This assumption is corroborated by characterizing the 19F NMR signal behaviour of the diamagnetic Y$^{3+}$ analogue YL. Indeed, by exchanging the paramagnetic ion for a diamagnetic one, we observed virtually no effect on the coordination of the Ca$^{2+}$ ion on the chemical shift (<0.1 ppm) and signal intensity of the 19F NMR signal (Fig. 2a). Also, DyL did not show any interaction with Mg$^{2+}$, while it proved able to coordinate Zn$^{2+}$ (Fig. S2 in the ESI†). However, this phenomenon presents no problem for this methodology, because of the much lower concentration of Zn$^{2+}$ in the brain extracellular space.$^{34}$

By obtaining Ca$^{2+}$-independent or -dependent 19F NMR signals for YL and DyL, respectively, we were able to quantify variations in [Ca$^{2+}$] by using the signal of the former as the internal reference for changes in the signal of the latter probe. To this end, we titrated a mixture of DyL and YL in three different ratios (50:50, 70:30 and 90:10, respectively) with CaCl$_2$, while maintaining the concentration of [DyL] (2.0 mM). We recorded the 19F NMR spectra after every addition of Ca$^{2+}$, and integrated the regions between -70.0 and -70.5 ppm (A$_D$) and between -72.5 and -73.0 ppm (A$_Y$) to obtain the signal intensity of YL and DyL, respectively. Subsequently, we calculated the $A_{DY}/A_Y$ for every titration point, and plotted the normalized values of the three titrations against the [Ca$^{2+}$] (Fig. 2c and Fig. S3–S6 in ESI†). Importantly, the behaviour of the complexes is very consistent and independent of their ratio and their total concentration.

To further explore the potential of this method, we prepared a set of phantom tubes containing a mixture of DyL and YL in 10:1 ratio (5.5 mM total [DyL + YL]) in the presence of 0.0, 0.2, 0.4, 0.6, 0.8 and 1.0 equivalents of Ca$^{2+}$, and performed CSI measurements in a 7 T MRI scanner (Fig. S7 in the ESI†).

This allowed us to complete a voxel-wise analysis of the obtained 19F MR spectra and images, thus revealing the potential application in functional molecular imaging studies (Fig. 3 and 4). We first averaged the 19F spectra for each sample from the CSI application in functional molecular imaging studies (Fig. 3). In analogy to the 19F NMR experiments, the signal intensity of the DyL resonance decreased with increasing [Ca$^{2+}$]; however, it remained constant under all conditions at the YL frequency (Fig. 3).

We then processed the acquired CSI dataset by computing the $A_{Dy}$ and $A_Y$ values to provide a voxel-wise map of their ratio in order to apply a linear fit to the data obtained from the 19F NMR titration experiments (Fig. 2c and Fig. S6 in the ESI†), and we could correlate the concentration of Ca$^{2+}$ according to eqn (1), where $A_{Dy}/A_Y$ is the normalized ratio of DyL and YL signals, $a$ and $b$ are values obtained from the fit, and [Ca$^{2+}$]$_{eq}$ is the concentration of Ca$^{2+}$ expressed in equivalents. Subsequently, we multiplied the calculated [Ca$^{2+}$]$_{eq}$ value with [DyL + YL] used in this measurement (5.5 mM) for each voxel. We obtained a voxel-wise concentration map of the absolute [Ca$^{2+}$] expressed in mM, which was in excellent agreement with the actual Ca$^{2+}$ concentration used in each sample (Fig. 4b and Table S3 in the ESI†).

$$A_{Dy} = b \cdot [\text{Ca}^{2+}]_{eq} + a \tag{1}$$

In turn, this method proved to be fully quantitative under all conditions where [DyL] > [Ca$^{2+}$] and [YL] is detectable. Specifically, the method presented here can achieve the determination of overall probe concentration via the fluorine resonance in YL, while the resonance of DyL and its variable signal will aid the quantification of the Ca$^{2+}$ concentration. This specific and very important feature of the methodology presented here could turn into an important tool for the absolute quantification of essential endogenous ions such Ca$^{2+}$ or Zn$^{2+}$ that exist in μM to mM concentrations, since the abnormalities in their concentration may be indicative of various pathological conditions.$^{35,36}$ Also the majority of practical aspects for the implementation of this methodology should be fulfilled: despite the lower sensitivity of 19F MR/MRI, high amounts of 19F nuclei in the reported SCA ensure common duration of the CSI recordings on the order of tens of minutes. Namely, the tests in the scanner were made with the acquisition time of 1 hour for a quite large field of view (80 x 80 mm) and a very good signal-to-noise ratio (SNR) of > 60
was obtained for 10% of YL in each sample. Considering this high SNR, the CSI acquisition could be reduced a few times with still improved spatial resolution, while providing good quality data to support the necessary conclusions.

We report a methodology that is highly advantageous for potential in vivo utilization. Generally, variations in the concentration of the probe and the inability to quantify it in biological tissues currently represent a major hindrance for the application of responsive CAs in vivo. However, our method has the capacity to circumvent most of these obstacles: it deals with a pair of highly specific Ca-variable and -invariable signals, the latter allowing easy quantification of the SCA, while not requiring the exact binding affinity constants to successfully determine the [Ca$^{2+}$]. The two $^{19}$F signals are generated by two chemically different probes, which should have virtually identical biocompatibility and behaviour in vivo (i.e. diffusion rate, stability, interaction with tissue and excretion). Moreover, the high number of fluorine atoms per SCA and the acquisition of a single resonance can ensure signal detection after acquisition times at the level of minutes. Additionally, the developed methodology could be employed for the design of SCAs suitable for other metal ions and molecular targets, provided that the sensor or recognition moiety is appropriately adjusted. Overall, the approach shown here represents an incredibly attractive perspective to overcome some of the main obstacles to the use of SCAs in vivo. The possibility to obtain spatially resolved maps of [Ca$^{2+}$] in a tissue would represent a great leap towards a better understanding of numerous pathological and biological processes such as ischemia and neural activity, defining a substantial step forward for contemporary molecular functional imaging studies.

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Conflicts of interest
There are no conflicts to declare.

Notes and references