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A coarse-grained multiscale model to simulate morphological changes of food-plant tissues undergoing drying

W. D. C. C. Wijerathne,^a C. M. Rathnayaka,^b H. C. P. Karunasena,^c W. Senadeera,^d E. Sauret,^a I. W. Turner^{e,f} and Y. T. Gu^{*,a}

Numerical modelling has emerged as a powerful and effective tool to study various dynamic behaviours of biological matter. Such numerical modelling tools have contributed to the optimisations of food drying parameters leading to higher quality end-products in the field of food engineering. In this context, one of the most recent developments is the meshfree-based numerical models, which have demonstrated enhanced capabilities to model cellular deformations during drying, providing many benefits compared to conventional grid-based modelling approaches. However, the potential extension of this method for simulating bulk level tissues has been a challenge due to the increased requirement for higher computational time and resources. As a solution for this, by incorporating meshfree features, a novel coarse-grained multiscale numerical model is proposed in this work to predict bulk level (macroscale) deformations of food-plant tissues during drying. Accordingly, realistic simulation of morphological changes of apple tissues can now be performed with just 2% of the previous computational time in microscale and macroscale simulations can also be conducted. Compared to contemporary multiscale models, this modelling approach provides more convenient computational implementation as well. Thus, this novel approach can be recommended for efficiently and accurately simulating morphological changes of cellular materials undergoing drying processes, while confirming its potential future expansion to efficiently and accurately predict morphological changes of heterogeneous plant tissues in different spatial scales.

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1. Introduction

Drying is one of the most common techniques for preserving food-plant products such as fruits and vegetables. Around 20% of the entire world's perishable crops are dried annually.¹ Drying increases the shelf life of a particular food product, as biological reactions get restricted when the amount of moisture

in the food product gets reduced. In a dried food product, the morphological characteristics such as shape, texture and colour mainly determine its market value,^{2,3} which can effectively be controlled by virtue of the moisture content and drying temperature.^{4,5} Furthermore, the bulk level morphology of a food material is an outcome of the cellular scale deformation profile.^{6,7} Thus, a fundamental understanding of these correlations is critical in order to optimally control the food product quality.

In this regard, several bulk scale empirical and theoretical models have been developed to simulate key parameters such as moisture content and morphological changes. Despite their simplicity, the empirical models are limited in their use for diverse food varieties due to over-reliance on experimental conditions.⁴ Fundamental heat and mass transfer theories such as Fick's law have been incorporated in the theoretical drying models and most of them disregard the transient effects of shrinkage at the boundary, which in return leads to unrealistic results. However, with the use of sophisticated meshing conditions, some theoretical models can account for a certain degree of deforming boundaries in agreement with numerical solutions,^{8–10} and they usually demand higher computational

^a School of Chemistry, Physics, and Mechanical Engineering, Science and Engineering Faculty, Queensland University of Technology, 2 George St, Brisbane, 4001, Australia. E-mail: quantong.gu@qut.edu.au; Fax: +61-7-3138 1469; Tel: +61-7-3138 1009

^b Student Success Group, Chancellery, Queensland University of Technology, 2 George St, Brisbane, 4001, Australia

^c Department of Mechanical and Manufacturing Engineering, Faculty of Engineering, University of Ruhuna, Hapugala, Galle, 80000, Sri Lanka

^d School of Mechanical and Electrical Engineering, University of Southern Queensland, Springfield, QLD 4300, Australia

^e School of Mathematical Sciences, Science and Engineering Faculty, Queensland University of Technology, 2 George St, Brisbane, 4001, Australia

^f ACEMS ARC Centre of Excellence, School of Mathematical Sciences, Queensland University of Technology, GPO Box 2434, Brisbane, QLD 4001, Australia



time and resources. In general, these models have limitations in accounting for the interactions between the solid and gaseous phases and hence are unable to effectively simulate the complex shrinkage patterns of such multiphasic tissues.

As an alternative, meshfree particle methods have recently become a popular choice for numerical modelling of cellular scale (microscale) tissue deformations during drying.^{11–16} These models have demonstrated a higher capability in modelling cellular scale morphological variations while maintaining a favourable agreement with experimental findings.¹⁷ Compared to the state-of-the-art grid-based microscale numerical models,¹⁸ the meshfree-based models are more capable of handling extreme moisture reductions, multiphasic tissue arrangements and complex deformations of cell aggregates as well as wrinkling of cell walls. However, a key challenge in this approach is the excessive computational cost needed for the real-time neighbour-particle finding process, technically termed as Nearest Neighbour Particle Searching (NNPS), involved in the Smoothed Particle Hydrodynamics (SPH) technique, which is the most common meshfree setup of the above models.¹⁷ To minimise its impact, some efficient NNPS means such as the cell-linked list algorithm could be used, however, resulting in a maximum 20% reduction of computational time.¹⁹ In addition, the micro–macro coupled multiscale methods have been in use to reduce the excessive computational time consumed by such full cellular models.²⁰ In these models, the macroscale domain is discretised using a finite element method, and the spatial scales are coupled *via* representative volume elements (RVE), which are centred around the finite element quadrature points. The microscale problem is only solved inside a RVE. Despite its accuracy, this particular multiscale method can only save up to 50% of the computational time compared to full-scale SPH-based meshfree model. Hence, further improved computational solutions are still to be investigated in the context of macroscale tissues.

In this context, Coarse-Graining (CG) approach is a common choice due to its inbuilt computationally efficient nature where particle groups are systematically represented as lumped units as an alternative to the full-scale particle representation.^{21,22} This approach is incorporated in the coarse-grained multiscale (CGMS) method to model larger spatial scale biophysical mechanisms of various cellular components, proteins and lipids, deriving required coarse-grained parameters from fine-scale simulations.^{23–26} There exists a conventional set of interactions to model the physical behaviour of CG units including stretching, torsion, repulsion and attractions.^{27–30} However, such interactions cannot be simply used to model the turgor pressure-dominated mechanisms observed during plant cell drying as it is interrelated with the cellular moisture transport.¹⁵ In some previously reported CG investigations, the conservation of certain physical parameters has been used to establish morphological behaviour. For example, in recently reported red-blood-cell morphological modelling studies, the volume and area were conserved during motion.³¹ However, for modelling a plant tissue during drying, such approaches are unrealistic as the tissue volume (or area) is not conserved during the moisture removal.

Therefore, a clear research gap exists in CG modelling to characterise the drying-related tissue deformations, mainly based on moisture and turgor pressure variations.

Accordingly, the main aim of this article is to develop a CGMS numerical model to simulate drying-related morphological changes at the macroscale, starting from the aforementioned meshfree based microscale full cellular (MFC) model developed by Karunasena *et al.* (2014).¹² The outline of the paper is as follows. Firstly, the conceptual and computational framework of the proposed CGMS model is discussed, specifying the strategies for estimating the CG model parameters. The next section presents the experimental procedure for drying of apple tissues of different sizes which will be used for the CGMS model validation. The fundamental CGMS model behaviour at different dryness levels is discussed in the following section compared with the corresponding MFC model. The behaviour of the CGMS model at the macroscale is focused next with subsequent studies targeting the computational efficiency and parameter sensitivity. Finally, the key conclusions drawn from this investigation are discussed while highlighting potential future directions.

2. Numerical methodology

2.1. Two dimensional (2-D) coarse-grained representation of a plant tissue

Cells are the fundamental building blocks of all plants where different cell categories perform different biological activities such as transpiration, growth and food storage.³² Out of these different cell categories, parenchyma cells store food components, which get subjected to a higher degree of morphological variations during drying. From a food engineering perspective, these types of cells are frequently subjected to detailed studies on developing cellular drying models in which the plant cell can be considered as a two-phase composite structure having a flexible solid cell wall enclosing the cell protoplasm.^{11–16} Such cells form the tissue by interconnecting through the middle lamella.³²

The above biological components are incorporated in the microscale full cellular model developed by Karunasena *et al.* (2014)¹² for drying as shown in Fig. 1(a). In this model, 96 wall particles and 656 fluid particles have been employed to generate the initial plant cell geometry following an optimisation study considering the computational accuracy and cost.¹² Therein, the dynamics of a plant cell during drying are represented by the corresponding movements of above particles. In this investigation, the aforementioned scheme of particles is coarse-grained into a single unit called a coarse-grained bead (*i.e.* CG bead). A CG bead represents the overall dynamics of the cell centroid as influenced by drying. As illustrated in Fig. 1(b and c), the microscale and macroscale tissues are represented in a coarse-grained description by aggregating identical CG beads.

To represent the overall mechanisms of the cell fluid and the cell wall, a CG bead is assumed to be physically comprised of a fluid-solid combination. A virtual cell is assumed for every CG bead to represent the variation of cellular dimensions during



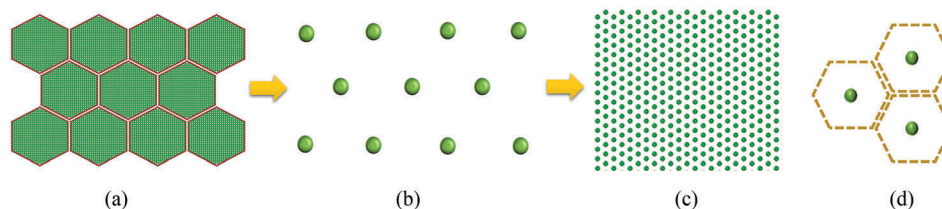


Fig. 1 Design of the coarse-grained multiscale (CGMS) model: (a) representation of a microscale tissue in the microscale full cellular (MFC) model (green: fluid particles; red: wall particles), (b) coarse-grained description of the corresponding microscale tissue representing the cell centroids by the coarse-grained beads (CG beads), (c) CG bead representation of any macroscale tissue, and (d) a CG bead and its virtual cell (green: CG beads; brown: virtual cell).

the time evolution of the model. As shown in Fig. 1(d), a hexagonal virtual cell is used for this purpose, and the dimensional parameters required for fluid phase calculations are derived from the virtual cell. In the contemporary micro-mechanical plant cell models, hexagonal, square and rectangular cellular geometries are used.^{12,33,34} However, from the preliminary studies it was found that tissue morphology is less influenced by the chosen geometry for the proposed numerical model. Nevertheless, the hexagonal shape was adopted to align with the commonly observed honeycomb shape of the cellular arrangements in real plant tissues.¹² The following sections provide details about the proposed set of force interactions for modelling the interactions among CG beads.

2.2. Interactions among coarse-grained beads

During drying, the morphology of a plant cell is significantly influenced by the variation of the turgor pressure.^{11,15} The hardening and tightening effects of cell wall lead to alterations in cell wall morphology during drying.^{11,35} The viscous nature of the cell protoplasm and the cell wall effectively damp the cell during external perturbances, while middle lamella bonds the cells together restricting the unphysical intercellular interactions.^{12,36} Therefore, these intercellular and intracellular effects govern the dynamics of a plant cell centroid which is represented by a CG bead in this study. In order to model the above, as shown in Fig. 2, five forces are used; turgor pressure induced forces (F^T), perimeter adjustment forces (F^{PA}), damping forces (F^d), attraction forces (F^a) and repulsion forces (F^r).

Here, F^T and F^d forces represent the physical behaviour of a cell induced by the turgor pressure fluctuations and the viscous behaviour of the cell fluid and the wall, respectively. F^{PA} forces

are used to model the morphological changes of a cell during drying as influenced by cell wall hardening and tightening effects. F^a and F^r forces are used to model the effect of the intercellular bond during drying. The full derivation and a detailed description of these forces are provided in the Appendix. Using the above force interactions as shown in Fig. 2, the total force acting on CG bead i (F_{ik}^{total}) from any neighbouring CG bead k can be written as:

$$F_{ik}^{\text{total}} = F_{ik}^T + F_{ik}^{PA} + F_{ik}^d + F_{ik}^a + F_{ik}^r, \quad (1)$$

Here, the forces are pairwise-additive such that all neighbouring interactions (from all k) should be considered in order to compute the total force acting on a given CG bead i at a given time t .

2.3. Estimation of model parameters

As explained in the Appendix, the CGMS model has six parameters to be determined. These include the turgor coefficient (k_T), perimeter adjustment coefficient (k_{PA}), periphery scaling factor (β), damping coefficient (k_d), Lennard-Jones contact strength for CG bead attractions (f_0^a) and Lennard-Jones contact strength for CG bead repulsions (f_0^r). Here, k_d , f_0^a and f_0^r are computed such that unrealistic biophysical interactions among CG beads such as overlapping and repulsions are avoided. The MFC model solution is employed to estimate the rest. Herein, the same plant tissue is numerically simulated by both MFC and CGMS models under different normalised moisture content (X/X_0) values. As the accuracy of the MFC model for simulating real tissue deformations increases with the number of cells used,¹² it is essential to use an adequately large tissue in the multiscale method to increase the accuracy of the CGMS model. Nevertheless, the MFC model experiences a drastic

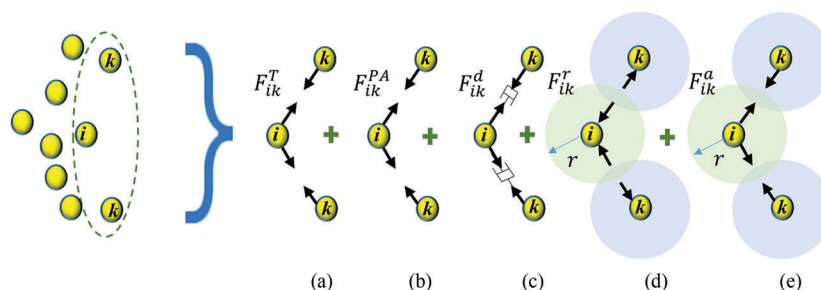


Fig. 2 Force field for the coarse-grained multiscale (CGMS) model: (a) turgor pressure induced forces (F_{ik}^T), (b) perimeter adjustment forces (F_{ik}^{PA}), (c) damping forces (F_{ik}^d), (d) repulsion forces (F_{ik}^r), and (e) attraction forces (F_{ik}^a). (i : CG bead of interest; k : any neighbouring CG bead of CG bead i).



Table 1 Basic CG model parameters used for modelling for apple tissues for the normalised moisture content range $0.3 \leq X/X_0 \leq 1.0$

Parameter	Value or equation	Strategy for determination	Remarks
Damping coefficient (k_d)	$2.0 \times 10^{-4} \text{ N m}^{-1} \text{ s}$	Avoiding unphysical interactions	Common for any X/X_0 value in the range
Lennard-Jones contact strength for CG bead attractions (f_0^a)	$1.0 \times 10^{-11} \text{ N m}^{-1}$	Avoiding unphysical interactions	Common for any X/X_0 value in the range
Lennard-Jones contact strength for CG bead repulsions (f_0^b)	$1.0 \times 10^{-11} \text{ N m}^{-1}$	Avoiding unphysical interactions	Common for any X/X_0 value in the range
Perimeter adjustment coefficient (k_{PA})	2.0 N m^{-1}	Using MFC model solution	Common for any X/X_0 value in the range
Periphery scaling factor (β)	$1.0311 + 0.1088 \log(X/X_0)$	Using MFC model solution	Need to be computed based on X/X_0 value
Turgor coefficient (k_T)	$1.0 \times 10^{-10} \text{ N Pa}^{-1}$	Using MFC model solution	Common for any X/X_0 value in the range

elevation of computational time when simulating very large tissues. Different numerical instabilities are also experienced when simulating a wider range of moisture content variations. Therefore, a moderately large microscale tissue comprising of 86 cells was selected based on the above concerns.

The required CG model parameters are then computed for distinct X/X_0 values of 1.0, 0.8, 0.6, 0.4 and 0.3. For a given X/X_0 value, the MFC model is first time evolved for the desired food-plant variety, and corresponding cell centroid positions are recorded at the steady state condition. At the same dryness level, the CGMS model is run to determine optimum values for k_T , k_{PA} and β , subjected to minimization criterion of the root mean squared value (RMSD) as defined in eqn (2).

$$\text{RMSD} = \left(\frac{1}{n_r} \sum_{i=1}^{n_r} (p_{iX} - q_{iX})^2 \right)^{\frac{1}{2}} \quad (2)$$

In the above equation, the parameters p_{iX} and q_{iX} represent the position of any CG bead i and the centroid of cell i extracted from the MFC solution for the given normalised moisture content. n_r denotes the number of cells in the MFC model or corresponding number of CG beads in the CGMS model.

It is noteworthy that for the apple tissues considered in this computational investigation, constant values of k_T and k_{PA} were found to be adequate to favourably replicate the MFC model predictions as shown in Table 1. However, the periphery scaling factor (β) exhibited a significant influence in determining the bending nature of the tissue with the dryness level. Therefore, a moisture dependent function is proposed for β as shown in Table 1.

2.4. Simulation of fresh and dried food-plant tissues

Firstly, the initial size of a virtual cell for any CG bead is determined by equating its surface area to that of a real plant cell having the average cell diameter (D) as given in Table 2. The CG beads are then aggregated into a rectangular pattern to form the tissue. The hexagonal virtual cells are assumed to be virtually aggregated as in Fig. 1(d) maintaining a positive pectin layer thickness (d_p) between neighbouring virtual cells. For the fresh condition (*i.e.* $X/X_0 = 1.0$), the corresponding initial virtual cell volume (virtual cell surface area \times virtual cell height) and initial fluid phase density are used to estimate the initial fluid phase mass. Following previous plant cell drying models,¹² the initial solid phase mass is taken as 10% of the initial fluid phase mass. The model is then initiated for the fresh condition using the parameters given in Tables 1 and 2, under the time step defined in Table 2.

The CG beads tend to move based on the equilibrium perimeter and Lennard-Jones (LJ) cut-off radius assigned (please see eqn (9) in the Appendix and Table 2 for corresponding expressions). During this motion, the area of virtual cells are updated according to eqn (10) and (11) in the Appendix. Accordingly, the fluid-phase density is updated based on eqn (5)–(7) in the Appendix, and these slight density fluctuations lead to alterations in fluid phase turgor pressure according to eqn (4) in the Appendix. Note that the solid phase mass is kept constant throughout the time evolution and the fluid phase mass is updated based on eqn (7) in the Appendix. This cycle of model evolution repeats until the magnitudes of the turgor pressure and osmotic potential at the fresh state are equal, indicating that mass transfer through the virtual cell membrane

Table 2 Cellular and timing parameters used for the model (X/X_0 : normalised moisture content)

Parameter	Value or equation	Source
Average cell diameter (D)	150 μm	11 and 12
Virtual cell height (h)	6 μm	11 and 12
Pectin layer thickness (d_p)	8 μm	11 and 12
Empirical factors for perimeter adjustment (a, b)	0.2, 0.9	11 and 12
Fluid phase turgor pressure at fresh condition (P_f)	200 kPa	11 and 12
Fluid phase osmotic potential at fresh condition (Π)	−200 kPa	11 and 12
Fluid phase compression modulus (K)	20 MPa	11 and 12
Turgid ratio (for a virtual cell)	1.05	Set
Normalised LJ cut-off radius for Lennard-Jones forces (r/r_0)	$1 + 0.0809 \log(X/X_0)$	Computed using microscopy images from Karunasena <i>et al.</i> (2014) ³⁷
Initial fluid phase density (ρ_0)	1000 kg m^{-3}	11 and 12
Hydraulic conductivity for virtual cell membrane (L_p)	$7.5 \times 10^{-7} \text{ mPa}^{-1} \text{ s}^{-1}$	Set
Time step (Δt)	$1.0 \times 10^{-7} \text{ s}$	Set



has come to a halt. This condition infers the steady-state for the fresh tissue.

For a dried tissue, a similar approach is followed to obtain the steady-state morphological measurements. Here, the initial fluid phase mass is adjusted as proportional to the dryness level to obtain computationally efficient simulations rather than simulating the real drying cycle which usually runs for hours. This method of obtaining the tissue morphology for a given dryness level is termed as the moisture-domain-based simulation approach which was used in previously published plant cell drying studies.¹² Furthermore, the solid phase mass is similarly adjusted to replicate the cell wall drying effects of a real tissue and kept constant throughout the time evolution of the model.¹¹ Previous researchers have hypothesised that the turgor pressure remains positive during the drying cycle and assumed that turgor pressure linearly reduces with the cell fluid mass.¹² A similar approach is followed in the CGMS model for determining the fluid phase characteristics of a CG bead. The fluid phase osmotic potential is also adjusted as being proportional to the dryness level and is kept constant during the model evolution to ensure the stability of the model is not compromised. Note that due to the interactions between CG beads, a little higher initial moisture content needs to be applied to obtain a desired dryness level at the steady-state. For instance, for apple cells, the initially set X/X_0 should be 0.68 to obtain the steady-state X/X_0 value of 0.60. After reaching the steady-state, the tissue-level geometrical parameters explained in the upcoming Section 2.5 are then computed to characterise the tissue deformations at a specified dryness level.

2.5. Computational implementation and model visualisation

The model was computer implemented as a C++ source code, and the simulations were performed using the High-Performance Computing (HPC) facilities at Queensland University of Technology (QUT), Brisbane, Australia. For comparison purposes, similar computing facilities were involved in running the MFC model used for extracting the aforementioned CG model parameters. The CGMS model is time evolved using the Leapfrog integrator.¹⁵

After the attainment of the steady state dryness level, the CG bead positions are recorded to perform the visualisations using the Open Visualization Tool (OVITO).³⁸ Meanwhile, three tissue-level morphological parameters are computed: surface area (A), perimeter (P) and elongation (EL) to quantify the morphological changes corresponding to each dryness state. Here, EL is defined as the ratio of major axis length to minor axis length of the tissue. For a rectangular tissue, the major and minor axis lengths are defined as the length of the vertical symmetrical axis and horizontal symmetrical axis, respectively. These parameters are normalised with respect to their values at the fresh condition to obtain the corresponding normalised morphological parameters A/A_0 , EL/EL_0 and P/P_0 . These normalised parameters are then used to validate the CGMS model for apple tissues using the experimental values obtained in Section 3.

3. Experimental studies

The Royal Gala apple variety (*Malus Domestica*) obtained from a local supermarket in Brisbane, Australia was used for the experiments. The apples were put in a sealed container and kept in a refrigerator at 4 °C for three days to avoid dehydration before experiments. During sample preparation, these were first washed with clean water and cut using a sharp knife into different sized specimens of constant thickness 2 mm. Samples in the millimetre and centimetre range were used to validate the CGMS model for microscale and macroscale tissues, respectively. Five tissue sizes of 1.5 mm × 1.5 mm, 1.5 mm × 2.0 mm, 1.5 mm × 2.5 mm, 2.0 mm × 2.0 mm and 2.0 mm × 2.5 mm were chosen to represent the microscale tissues. The specimen size of 2.0 cm × 2.0 cm was chosen to represent the macroscale tissues. For each microscale tissue stated above, four identical samples were dried under the same conditions to minimise the experimental errors during the procedure. In addition, to better validate the model in the macroscale, six samples were prepared and dried in two sets such that each set contains three samples.

A convective air dryer (Excalibur's five-tray dehydrator, USA) having an inbuilt electric heater and a fan was used to dry the samples. A thermostat was used to adjust the temperature to a desired value. Throughout the series of experiments, the hot air temperature was maintained at 70 °C and the air flow rate was kept at 1.5 ms⁻¹. After the initial warm up, the samples were placed symmetrically on a tray and loaded into the dryer. Only the middle tray was used for the experiments while the same sample was used for taking both weight measurements and images intermittently.

After drying for 1 min, the microscale tissue samples were weighed, and the images were taken using a light microscope (Leica (Wentzler, Germany) M125). The readings were taken in short time intervals because the specimens dehydrate quickly due to the small surface area. After this procedure, the sample was dried again for 1 min, and the whole process was repeated until a completely dried tissue was obtained. For macroscale tissues, a similar procedure was followed with a drying time of 3 min, and images were taken by a digital camera (Samsung, South Korea), which was fixed above the samples during the measurement procedure. The weight measurements were taken using a digital weighing scale (KERN & Sohn GmbH, ABJ 220-4M, Germany). In the imaging process, the light microscope was set to a magnification of 1.25 while the digital camera was set to have a 13 mega pixels resolution with 4128 × 3096 pixels. All images were post-processed using the ImageJ software (version 1.51)³⁹ to compute the surface area, perimeter and elongation for the tissue samples. The next section evaluates the proposed CGMS model in simulating tissues in different spatial scales.

4. Results and discussion

4.1. Simulation of microscale tissues using the coarse-grained multiscale (CGMS) model

Firstly, the fundamental physical behaviour of the CGMS model under different dryness levels was analysed by referring to the



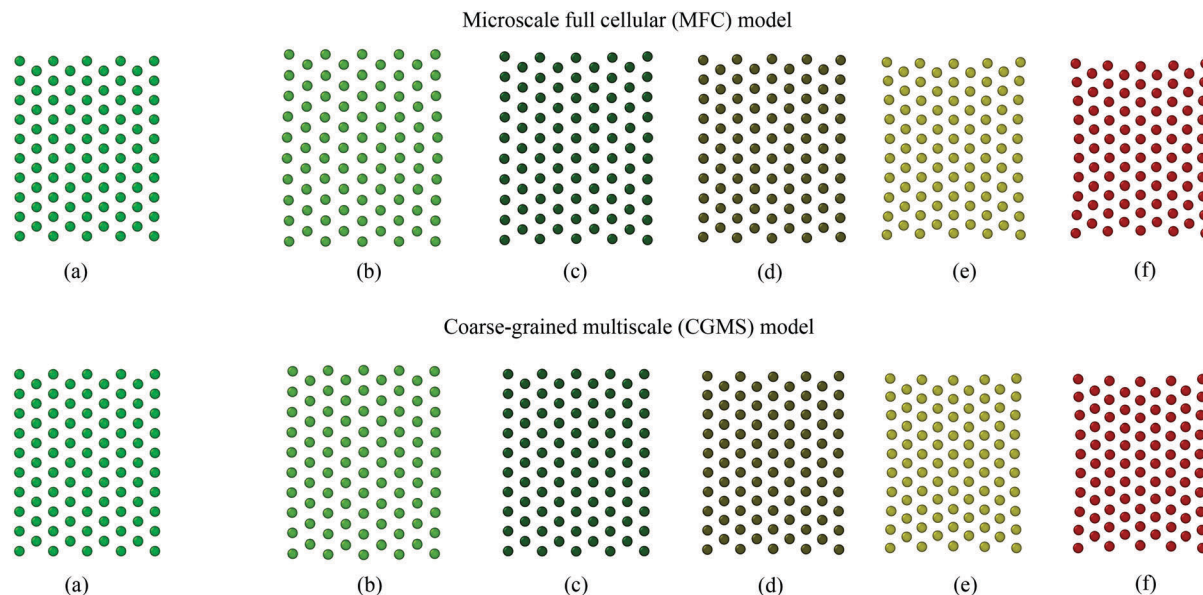


Fig. 3 Fundamental physical behaviour of the microscale full cellular (MFC) and coarse-grained multiscale (CGMS) models under different dryness levels: (a) initial condition before simulations, (b) fresh condition: $X/X_0 = 1.0$, dried conditions: (c) $X/X_0 = 0.8$, (d) $X/X_0 = 0.6$, (e) $X/X_0 = 0.4$, and (f) $X/X_0 = 0.3$.

MFC model as shown in Fig. 3. A colour scheme (light green to red) was used here to enhance the visibility of the tissue morphologies. This numerical study is based on a microscale tissue comprising 86 cells (or CG beads). Next, the above fundamental model behaviours are compared with the experimental findings to obtain insights from the real world tissue behaviour. In this context, the predicted tissue behaviours are compared qualitatively with the images obtained from a microscale tissue being dried as shown in Fig. 4. Because it was logistically difficult to prepare a tissue that consisted of 86 cells experimentally, the microscale tissue of size $1.5 \text{ mm} \times 1.5 \text{ mm}$ was used. These observations are elaborated quantitatively in Fig. 5 using the derived normalised geometrical parameters. The area and perimeter of modelled tissues at a particular dryness level were estimated by taking the area and perimeter enclosed by the corresponding peripheral CG beads or cell centroids. Similar cell centroids or CG beads were considered for elongation calculations.

When comparing Fig. 3(a and b) for both MFC and CGMS solutions, inflation from the initial tissue arrangement is

observed at the fresh condition (*i.e.* $X/X_0 = 1.0$). A fresh tissue predicted by the MFC model shows an expansion in the lateral direction mainly due to the outward movement of peripheral cell centroids as a result of interior cells becoming circular during turgid (fresh) condition. The CGMS model similarly demonstrates an expansion behaviour due to the application of Lennard-Jones (LJ) and perimeter adjustment forces, however, with a comparatively less expansion along the lateral direction. One reason for the aforementioned discrepancy in the tissue expansion could be the proposed expression for the scaling factor (β) may not fully capture the peripheral cell wall deformation physics. In addition, the CGMS model employs a constant LJ cut-off radius (r) at a given dryness level to minimise the complexity of the model implementation. However, such a simplified relationship may not be adequate to model the realistic behaviour of the middle lamella of real tissues, as predicted by the MFC model.

In the case of dried tissues, an apparent reduction of the overall tissue area is predicted by the CGMS model which

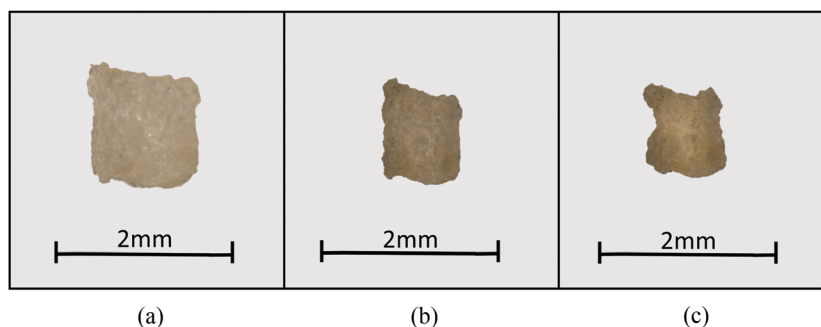


Fig. 4 Morphological behaviour of a microscale ($1.5 \text{ mm} \times 1.5 \text{ mm} \times 2.0 \text{ mm}$) apple tissue at different dryness levels: (a) $X/X_0 = 1.0$, (b) $X/X_0 = 0.55$, and (c) $X/X_0 = 0.29$.



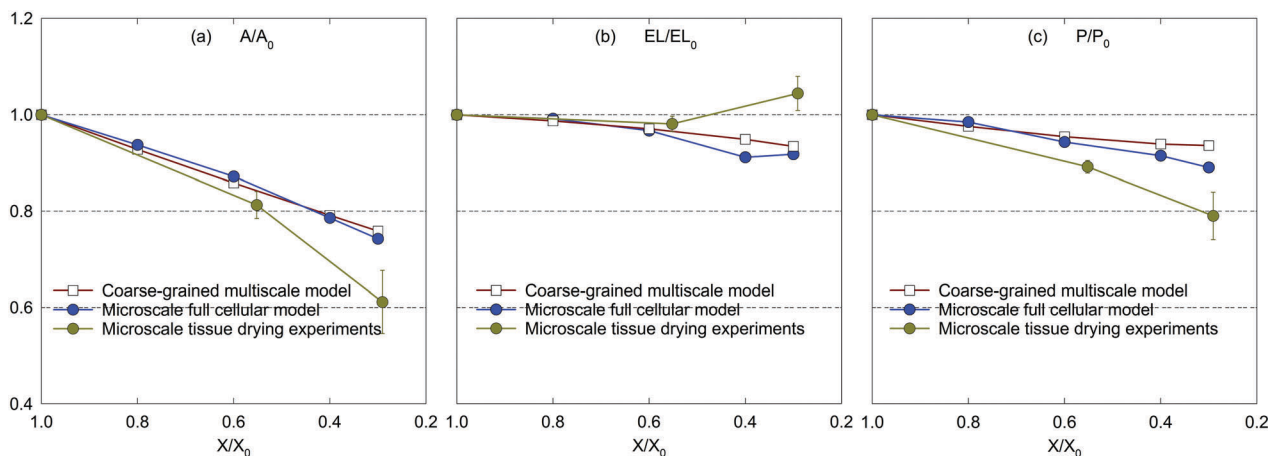


Fig. 5 Influence of dryness level on morphological parameters of a microscale tissue: (a) A/A_0 , (b) EL/EL_0 , and (c) P/P_0 (error bars indicate one standard deviation).

agrees qualitatively with the MFC model as per Fig. 3(b)–(f). This observation is further evident from morphological parameter variations as given in Fig. 5 (a)–(c). The distance between CG beads also decreases as further moisture is removed, replicating the contraction of the tissue towards the centre. Also, for both models, compared with the central area of the tissue, the tissue periphery experiences a lower shrinkage. The key reason is that the CG beads or cells in these respective locations experience different force interactions. However, compared to the MFC model visualisations in Fig. 3(b)–(f), the CGMS model renders smaller dried tissues even though the deformation of tissue-boundaries are well mimicked. The influence of the expressions used for β and r explained in the context of fresh tissues could be the reason the above behaviour at the dried conditions as well. However, considering the overall prediction by the CGMS model compared with the MFC model, a favourable agreement was observed for A/A_0 , EL/EL_0 and P/P_0 trends which result in maximum deviations of 2%, 4% and 5%, respectively. Therefore, the CGMS model is well capable of reproducing the fundamental morphological behaviour of MFC model.

Considering the experimental observations, the modelled tissues agree well with the morphology of the tissue being dried shown in Fig. 4. As illustrated by Fig. 5(a)–(c), the predicted morphological trends of both numerical models closely follow the experimental values up to considerable moisture removal. However, the model predictions significantly deviate from the experimental values when $X/X_0 \leq 0.6$. This could be due to the intense shrinkage behaviour of a real food-plant tissue at extreme moisture removals. Fundamentally, the tissue experiences such morphological response as a result of structural collapse which occurs simultaneously with porosity development and case hardening during drying.⁴⁰ Since the MFC and CGMS models disregard the effect of such events in this study, possible deviations could be expected. Nevertheless, considering the general trend, it is evident that the developed CGMS model is capable of simulating the microscale tissue behaviour during drying in a reasonable accuracy. The next Section

discusses the applicability of the developed CGMS model to predict the morphological changes of macroscale tissues.

4.2. Simulation of macroscale tissues using the coarse-grained multiscale (CGMS) model

In this simulation study, the $2\text{ cm} \times 2\text{ cm}$ macroscale tissue that can be numerically constructed using 20 273 CG beads was used. The qualitative results shown in Fig. 6 provide useful information on the visual interpretation of macroscale deformation profile of a tissue during drying. In addition, the deformation of the similarly sized macroscale tissues during drying is depicted in Fig. 7 to aid the qualitative analysis. The model outcomes are quantitatively evaluated through the derived geometrical parameters as shown in Fig. 8. As the CG model parameters were extracted from the MFC model in the range $0.3 \leq X/X_0 \leq 1.0$, the simulations were conducted for the same range.

Compared with the inflated nature of the microscale model shown in Fig. 3(b), the macroscale tissue shows a slightly inward-bent structure at the fresh condition as observed in Fig. 6(b). Furthermore, the macroscale dried tissues in Fig. 6(c)–(f) get more contracted compared to the microscale dried tissues in Fig. 3(c)–(f). The possible reason for the above observations is the increase of the force acting on a CG bead, which stems from the increase of overall inter-bead interactions at the macroscale. The tissue experiences a higher level of shrinkage as moisture is removed from the tissue, as observed in Fig. 6(b)–(f), in alignment with the experimental results given in Fig. 7(a)–(c). However, beyond 40% moisture removal, the experimental results indicate more reduction of all geometrical parameters compared to CGMS model predictions.

The main reason behind this behaviour could be the structural collapse of plant tissues which stems from tissue heterogeneities stated previously. This fact highlights the potential improvements for the CGMS model. Furthermore, according to the experimental results, the maximum deviations for A/A_0 , EL/EL_0 and P/P_0 trends are found to be 11%, 8% and 8%, respectively, implying the validity of the CGMS model at the macroscale for simulating drying related deformations.



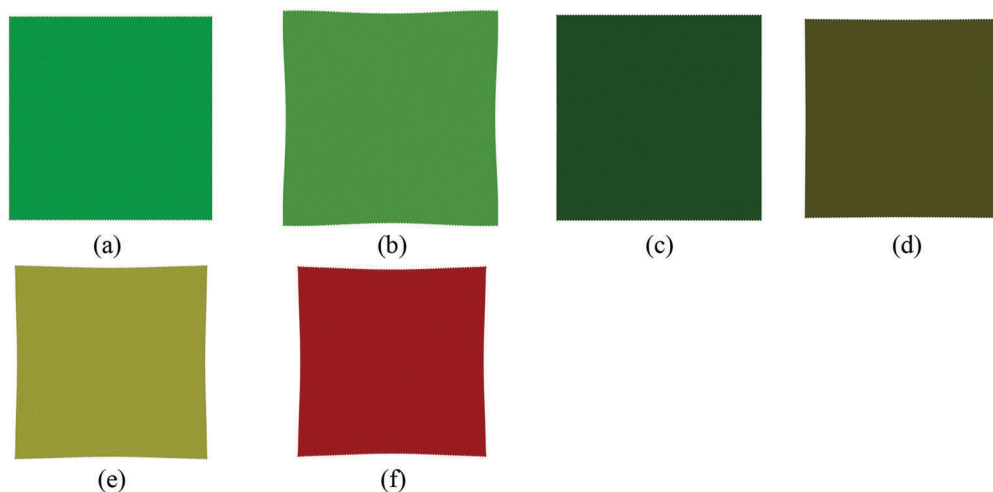


Fig. 6 Deformation of a macroscale ($2\text{ cm} \times 2\text{ cm} \times 2\text{ mm}$) apple tissue as simulated by the coarse-grained multiscale (CGMS) model at different dryness levels: (a) initial condition before simulations, (b) fresh condition: $X/X_0 = 1.0$, dried conditions: (c) $X/X_0 = 0.8$, (d) $X/X_0 = 0.6$, (e) $X/X_0 = 0.4$, and (f) $X/X_0 = 0.3$.

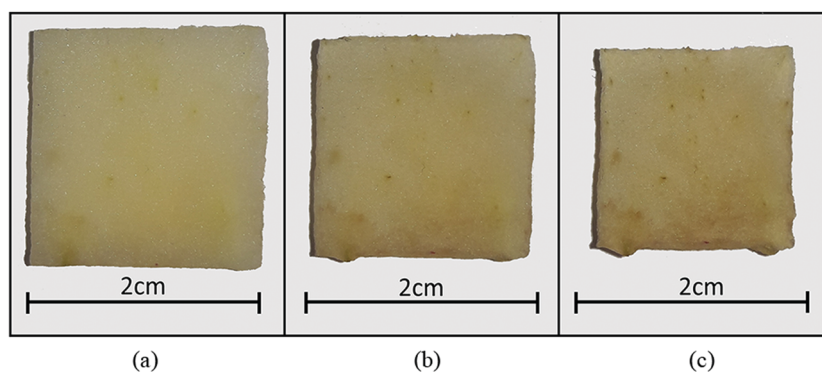


Fig. 7 Morphological behaviour of a macroscale ($2\text{ cm} \times 2\text{ cm} \times 2\text{ mm}$) apple tissue at different dryness levels: (a) $X/X_0 = 1.0$, (b) $X/X_0 = 0.7$, and (c) $X/X_0 = 0.4$.

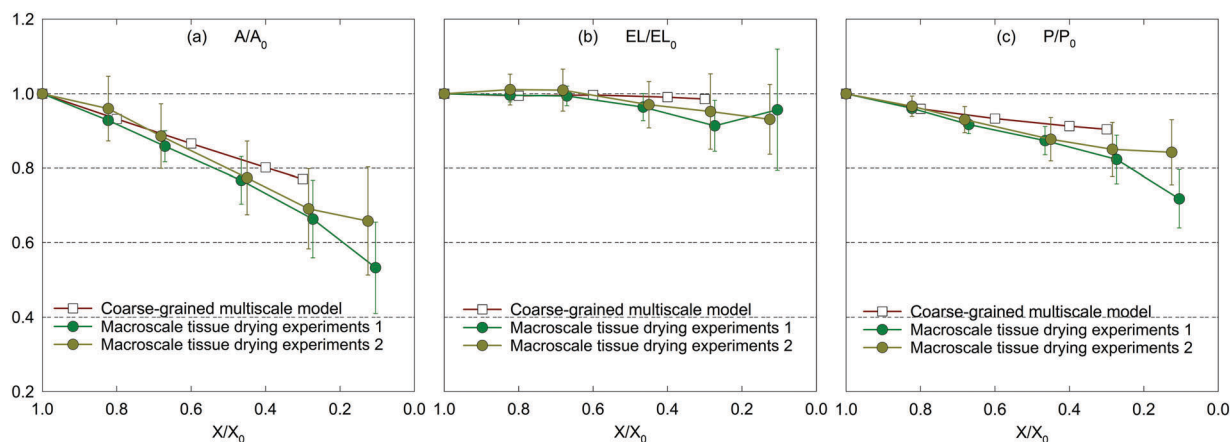


Fig. 8 Influence of dryness level on morphological parameters of a macroscale ($2\text{ cm} \times 2\text{ cm} \times 2\text{ mm}$) apple tissue: (a) A/A_0 , (b) EL/EL_0 , and (c) P/P_0 (error bars indicate one standard deviation).



4.3. Computational performance of the coarse-grained multiscale (CGMS) model

In this section, the computational efficiency and the accuracy of the proposed CGMS model in simulating tissues of different sizes are assessed. To compute the model accuracy, the percentage deviation from the experimental value for the normalised tissue area at the normalised moisture content of 0.3 was used. The above model deviation is termed as “percentage error” for the convenience. The MFC model was referred to obtain the corresponding simulation time and the percentage error that comes from a full-scale simulation model. For the simulations, rectangular tissues of different sizes were developed using MFC and CGMS models by incorporating different numbers of cells (n_c) or CG beads (n_b) such as n_c or n_b is 105 for $1.5 \text{ mm} \times 1.5 \text{ mm}$ tissue. The corresponding values were 105, 149, 182, 203 and 248 for microscale tissue sizes $1.5 \text{ mm} \times 1.5 \text{ mm}$, $1.5 \text{ mm} \times 2.0 \text{ mm}$, $1.5 \text{ mm} \times 2.5 \text{ mm}$, $2.0 \text{ mm} \times 2.0 \text{ mm}$ and $2.0 \text{ mm} \times 2.5 \text{ mm}$, respectively. The simulation results obtained from the tissue having 86 cells and the macroscale tissue (tissue dimensions: $2 \text{ cm} \times 2 \text{ cm}$; $n_b = 20273$) were additionally included to further elaborate the performance of the CGMS model.

As shown in Fig. 9, throughout the series of tissue simulations, the CGMS model closely predicts the percentage error value given by the MFC model, demonstrating the capability of the CGMS model to replicating the similar morphological trend predicted by the MFC model. In particular, the percentage error of MFC and CGMS models vary from 13–21% and 15–24%, respectively. The possible reason for having an accountable percentage error could be explained in the model formulation point of view. In this regard, the MFC and CGMS models account for the uniform moisture distribution across the tissue with a uniform cell or CG bead arrangement. This assumption is not valid for real tissues with heterogeneous cellular arrangements, which also experience highly non-uniform moisture distributions especially towards the end of the drying cycle. In such cases, intense amounts of shrinkage could be anticipated which eventually lead to deviations

from model predictions. As observed above, the percentage error decreases with the tissue size. This could be due to the increase of tissue shrinkage with the tissue size as a result of the increase of the force magnitude on a CG bead or cell. Therefore, these higher shrinkage values better approximate the experimental predictions which result in decrease of percentage error.

In terms of computational time, the MFC model consumes an average computational time of around 300 min for the 86-cell-tissue and it increases exponentially to 3600 min for the 248-cell-tissue, highlighting the excessive computational expenditure of the MFC model for modelling large tissues. With the same computational resources, the proposed CGMS model consumes only less than 1 minute to reach the steady-state solution for all tissue sizes (including the 248-cell-tissue) leading to approximately 98% saving of computational time. Therefore, the proposed CGMS model is superior in saving computational time compared with the state-of-the-art computational time saving techniques for meshfree based models.^{19,20} In addition, the CGMS model only requires a computational time of 50 min to simulate the morphological changes of the macroscale tissue stated above while the MFC model is limited in this simulation. Considering the above numerical outcomes, it is evident that the CGMS model is generally applicable to approximating both micro and macroscale drying-related tissue deformations more accurately and efficiently, compared to conventional approaches.

4.4. Sensitivity analysis

The CGMS model has three parameters which were extracted from the MFC model outcomes. A sensitivity analysis was performed to investigate how these parameters affect the tissue morphological characteristics. For easy interpretation of results, the microscale tissue consisting of 86 cells was chosen for the numerical experiments and the MFC model solution was also referred to better illustrate the impact of the model parameters. The corresponding tissue visualisations at the fresh condition and a critically dried condition (*i.e.* $X/X_0 = 0.3$) are presented to assist the qualitative analysis. The numerical results are further elaborated through the variation of normalised morphological parameters: surface area (A/A_0), perimeter (P/P_0) and elongation (EL/EL_0).

4.4.1. Model sensitivity to turgor coefficient (k_T). Turgor coefficient (k_T) determines the strength of turgor pressure induced forces acting on a CG bead at a given dryness state. In this study, four distinct k_T values were tested in addition to the originally used value, and the qualitative results are presented in Fig. 10.

Accordingly, no influence is observed from k_T for the fresh tissue morphology, which is mainly due to the cancellation of the turgor induced forces at the fresh condition (please refer eqn (3) in the Appendix). However, for a dried tissue, the tissue area decreases when k_T increases as observed in Fig. 10. Larger magnitudes of k_T also tend to produce extremely shrunk tissues which are in disagreement with the MFC model predictions considering A/A_0 and P/P_0 trends in Fig. 11(a and c). This tissue behaviour is mainly due to the dominance of turgor pressure

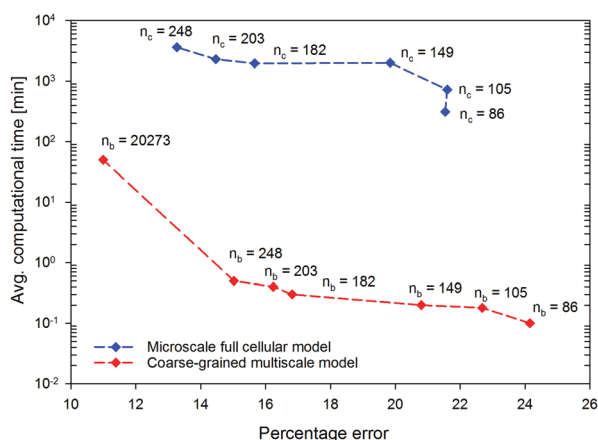


Fig. 9 Influence of the tissue size on the average computational time and the percentage error for the microscale full cellular (MFC) and coarse-grained multiscale (CGMS) models (n_b : number of CG beads; n_c : number of cells).



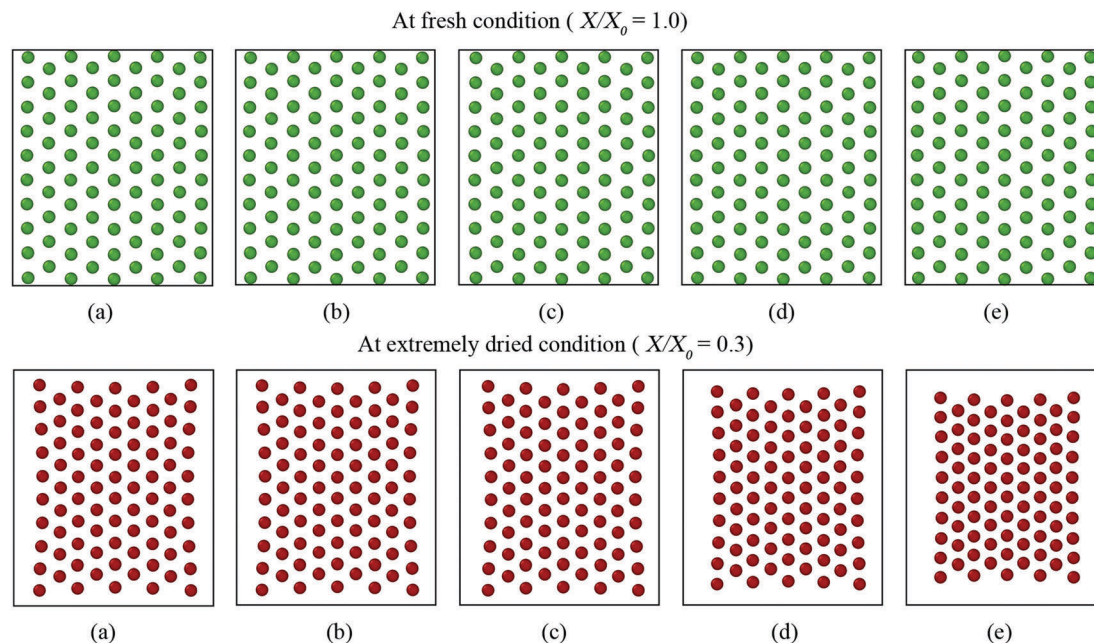


Fig. 10 Morphological behaviour of a microscale tissue at fresh and extremely dried conditions under different values of turgor coefficient (k_T): (a) $0.1k_T$, (b) $0.5k_T$, (c) $1k_T$ ($= 1 \times 10^{-10} \text{ N Pa}^{-1}$), (d) $5k_T$, and (e) $10k_T$.

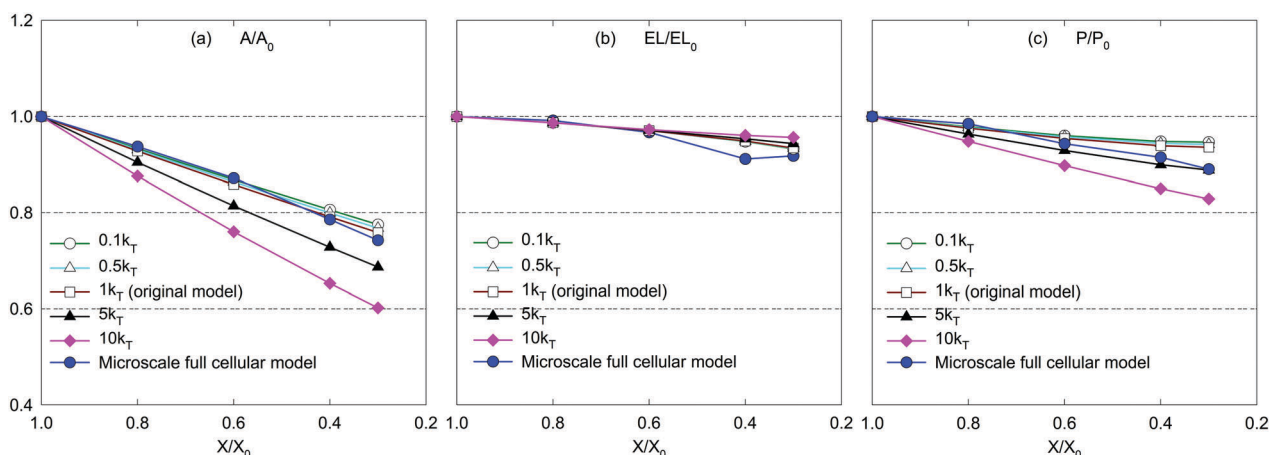


Fig. 11 Influence of turgor coefficient (k_T) on morphological parameters of a microscale tissue: (a) A/A_0 , (b) EL/EL_0 , and (c) P/P_0 .

induced forces at extremely dried conditions which significantly attract the neighbouring CG beads based on the difference between P and P_f as defined by eqn (3) in the Appendix. However, the EL/EL_0 trend is minimally influenced by the tested parameter according to Fig. 11(b). This is mainly due to the similar shrinkage pattern along the minor and major axis lengths of the tissue as k_T increases. Based on this behaviour, moderate turgor coefficient values are recommended to ensure a reasonable accuracy for all the geometrical trends predicted by the CGMS model.

4.4.2. Model sensitivity to perimeter adjustment coefficient (k_{PA}). Perimeter adjustment coefficient (k_{PA}) is important to setup the F^{PA} forces to align virtual cell perimeters with that of the experimental findings. Four different values of k_{PA} were numerically tested in this study in addition to the originally used value and corresponding tissue visualisations are depicted in Fig. 12. By

referring to eqn (8) and (9) in the Appendix, it can be deduced that the model is not affected by k_{PA} at the fresh condition. This is clearly evidenced through Fig. 12, as there is no clear difference between fresh tissues for different values of k_{PA} .

However, for the dried tissues, the model with $0.1k_{PA}$ results in a highly contracted tissue compared with the rest. According to Fig. 3(f), such higher tissue contractions are unrealistic compared with the predicted tissue morphology by the MFC model. This observation is reconfirmed by Fig. 13(a)–(c), which illustrates significantly deviated trends for all geometrical parameters compared with the MFC model outcomes. The key reason for this tissue behaviour is the less influence from F^{PA} forces to adjust the virtual cell perimeters to the equilibrium perimeter values. For the other tested values of k_{PA} , a slight increase of tissue area is observed in Fig. 12(b)–(e) which is reconfirmed by Fig. 13(a and c) by the slight



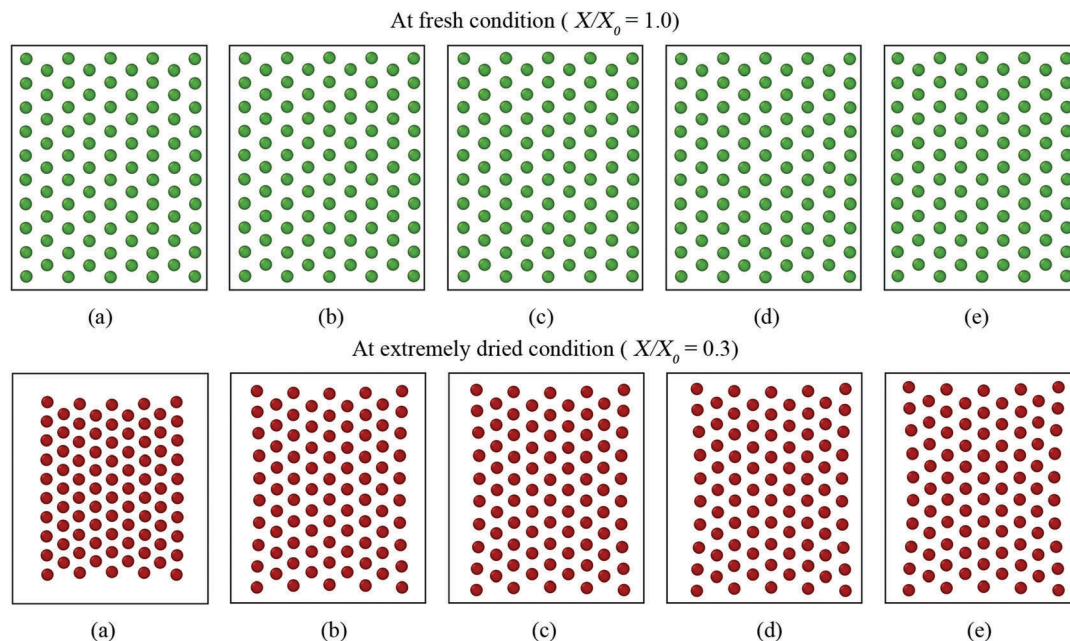


Fig. 12 Morphological behaviour of a microscale tissue at fresh and extremely dried conditions under different values of perimeter adjustment coefficient (k_{PA}): (a) $0.1k_{PA}$, (b) $0.5k_{PA}$, (c) $1k_{PA}$ ($= 2 \text{ N m}^{-1}$), (d) $10k_{PA}$, and (e) $100k_{PA}$.

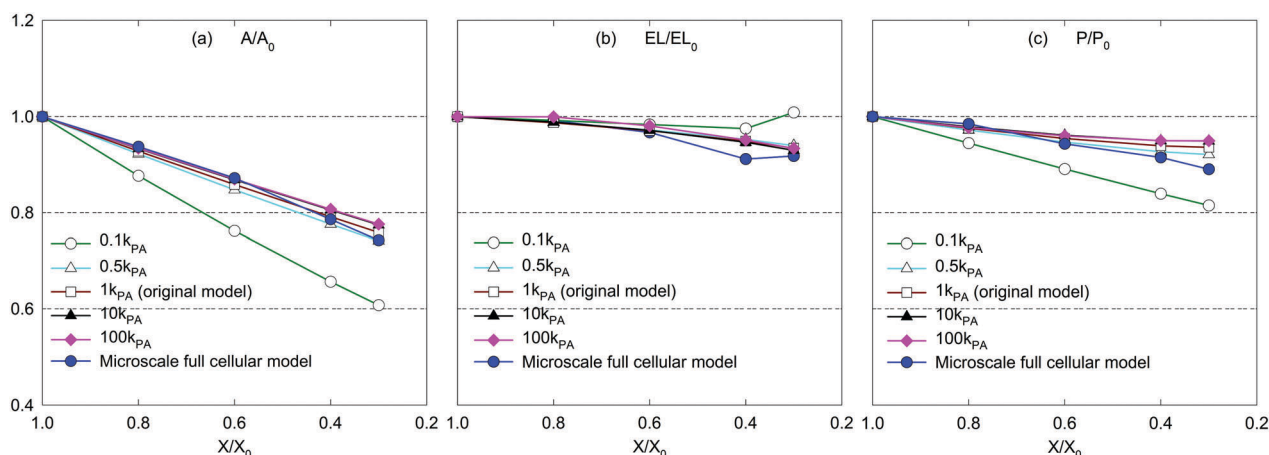


Fig. 13 Influence of perimeter adjustment coefficient (k_{PA}) on morphological parameters of a microscale tissue: (a) A/A_0 , (b) EL/EL_0 , and (c) P/P_0 .

increase of A/A_0 and P/P_0 . However, insignificant alterations in EL/EL_0 values are observed in Fig. 13(b), implying that the magnitudes of minor axis deformation and major axis deformations are almost equal for the range of k_{PA} considered. Based on this discussion, it is evident that moderately higher values of k_{PA} are better suited considering the accuracy of the CGMS model.

4.4.3. Model sensitivity to periphery scaling factor (β). Periphery scaling factor (β) depends on the moisture content as shown in Table 1. Therefore, in this analysis, β values assigned for each dried condition were varied in magnitudes of 0.98, 1.0, 1.1 and 1.2, and additional analysis was conducted by deactivating the effect of β . Fig. 14 provides corresponding model visualisations during numerical experiments, which are quantitatively analysed in Fig. 15.

According to eqn (11) in the Appendix, comparatively larger perimeters are assigned for the peripheral virtual cells when β is

increased. In this case, the perimeter adjustment forces tend to attract adjacent beads to align with the equilibrium perimeter values. At moderate β values, the tissue deforms in such a way that LJ cut-off radii are also maintained according to Fig. 14(b and c). However, as the LJ forces may not be enough to maintain a constant cut-off radius at higher β values where larger virtual cell perimeters are assigned numerically, different inter-bead distances are expected as observed in Fig. 14(d and e). For the dried tissue, similar morphological characteristics are observed as in Fig. 14(b)–(e). Considering the quantitative results depicted in Fig. 15, the A/A_0 and P/P_0 variations are less influenced by β which is mainly due to the cancellation of the above morphological changes during normalisation. In contrast, especially at the extreme dryness levels, the variation of EL/EL_0 is significantly influenced by the elevated values of β , demonstrating the impact of different inter-bead distances



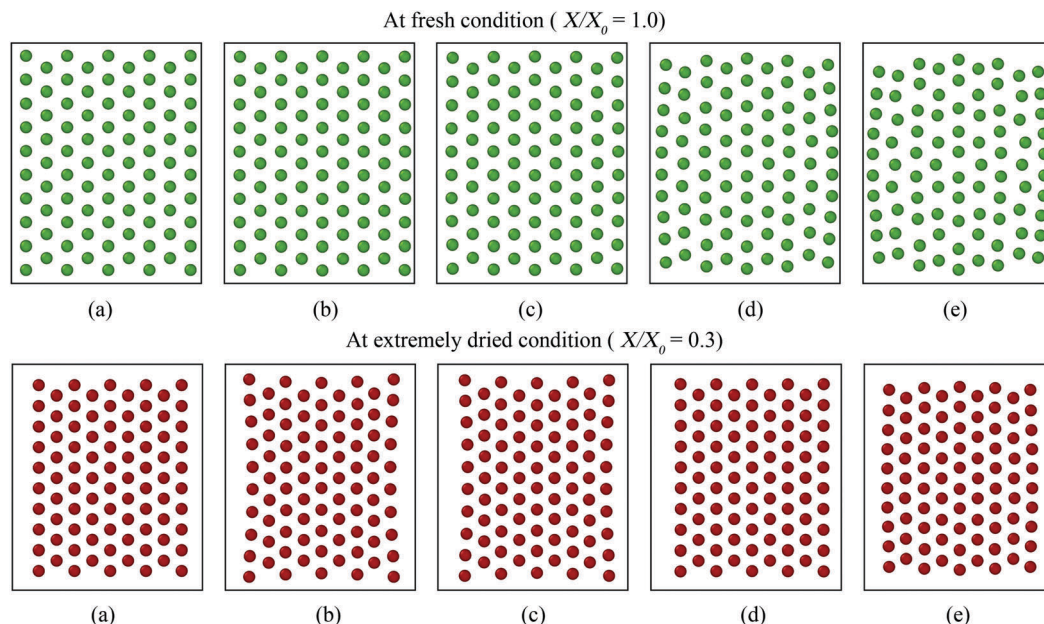


Fig. 14 Morphological behaviour of a microscale tissue at fresh and extremely dried conditions under different values of periphery scaling factor (β): (a) without periphery treatment, (b) 0.98β , (c) 1β (1.03 for $X/X_0 = 1.0$; 0.9 for $X/X_0 = 0.3$), (d) 1.1β , and (e) 1.2β .

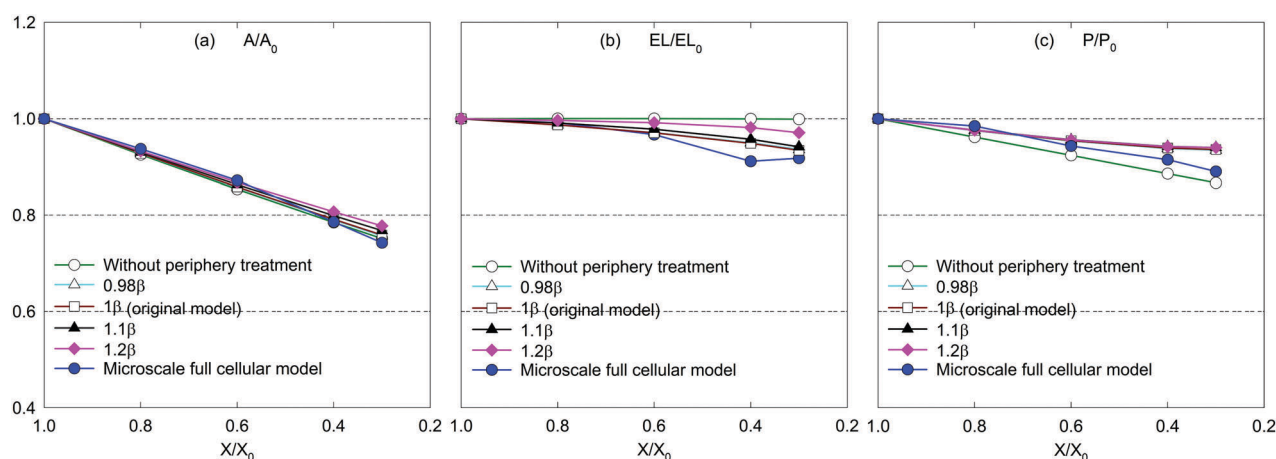


Fig. 15 Influence of periphery scaling factor (β) on morphological parameters of a microscale tissue: (a) A/A_0 , (b) EL/EL_0 , and (c) P/P_0 .

observed in Fig. 14. In addition, by disabling the effect of β , the tissue deforms as a uniform square as seen in Fig. 14(a) for both fresh and dried conditions. This uniform square pattern is consistent throughout the drying process, as further evidenced by Fig. 15. This is mainly because identical virtual cell perimeter values are produced for all CG beads by F^{PA} forces during model evolution. It is further evident that the predicted geometrical trends considerably deviate from the MFC model solution in this scenario. This study highlighted the importance of incorporating the effect of β to the numerical model for enhancing the model predictions especially for EL/EL_0 and P/P_0 trends of the MFC solution. In addition, β is useful in simulating the bending nature of the tissue as simulated by the MFC model. However, moderate values of β are recommended to increase the accuracy of the CGMS model predictions.

5. Conclusions

This investigation focused on the development of a two-dimensional (2-D) coarse-grained multiscale (CGMS) model for simulating morphological changes of food-plant tissues during drying. The plant cells were coarse-grained into CG beads to represent cell centroids during drying, and a plant tissue was represented as a CG bead network. The tissue morphology at a particular dryness level is characterised by the steady-state positions of CG bead network. From this study, the following key conclusions could be drawn:

- The CGMS model is superior in saving computational time compared to the microscale full cellular (MFC) model and approximately a 98% saving of computational time was achieved while maintaining a higher accuracy for tissues with 86, 105, 149, 182,



203 and 248 number of cells. The CGMS model is further capable of simulating a tissue with 20 273 cells in just 50 min of computational time while the MFC model is limited.

- The CGMS model is capable of simulating drying-related morphological changes of macroscale tissues up to 70% of moisture removal. In addition, computationally efficient and stable numerical solutions could be obtained with a favourable agreement compared to the experimental findings, both qualitatively and quantitatively.

- The overall intercellular and intracellular effects during drying of a plant cell are concentrated into five forces which act between adjacent CG beads.

- Three basic model parameters namely, the turgor coefficient (k_T), perimeter adjustment coefficient (k_{PA}), and periphery scaling factor (β) were used to reasonably replicate the micro-scale full cellular (MFC) solution. A minimization criterion which is based on the already-validated MFC model solution can be used for deriving these parameters.

- During drying, the CGMS model exhibits a higher sensitivity for both k_T and k_{PA} . However, the model predictions demonstrate higher sensitivity for k_T changes while maintaining a lower sensitivity for k_{PA} changes. In the context of fresh tissues, the model is not sensitive for k_T and k_{PA} .

- The model is highly sensitive to β at both fresh and dried conditions, while larger β values result in more inflated tissue structure. Without the impact of β , the tissue tends to deform with straight edges which is a deviation from real tissue behaviour for apple fruit. In order to maintain a good agreement with the realistic tissue deformations, the incorporation of β is crucial, and a careful selection is recommended.

In conclusion, the proposed CGMS model provides a pathway to understand the macroscale morphological behaviour of food-plant tissues during drying in a computationally efficient and a more accurate manner. This model can be further improved by incorporating temperature effects to the key CG model parameters to simulate the tissue morphology at different industrial drying conditions. As observed in Section 4.4, different values of k_T , k_{PA} and β provide different morphological structures. Therefore, this model could be easily extended to model morphological changes of different tissue varieties during drying, provided that the corresponding cellular dimensions and the MFC solution are available for computing the required CG model parameters. The conceptual framework established in the model can be used to develop 3-D models to simulate actual morphological nature of food-plant materials as well as other biological soft materials, which will be highly applicable in further understanding real-life biological phenomena.

Conflicts of interest

Authors declare no conflicts of interest.

6. Appendix

6.1 Interactions due to turgor pressure variations

The turgor pressure of a plant cell varies due to various external and internal factors such as compression, stretching and moisture

removal which is observed during drying. The cellular morphology alters as a result of the natural biophysical mechanism of the cellular structure to counterbalance such turgor pressure fluctuations. The eventual cellular morphology is strongly correlated with the difference between turgor pressures at current (P) and fresh (P_f) states.^{15,41} It can be thus hypothesized that the quantified morphological changes of a plant cell are proportional to the difference between P and P_f (i.e. $P - P_f$). This hypothesis is used in this computational investigation to position the CG beads based on turgor pressure variations during drying.

As shown in Fig. 2(a), assume that the adjacent CG beads i and k have turgor pressures P_i and P_k at a given time t . The CG bead k moves towards CG bead i when $P_k < P_f$, representing the contraction of the virtual cell of CG bead k under lower pressurised conditions by reducing the inter-bead distance. Similarly, the bead i moves towards bead k when $P_i < P_f$. Considering this behaviour between any CG bead pair $i-k$, the net fluid phase turgor pressure that acts to move any CG bead is given by $1/2(P_i - P_f + P_k - P_f)$, and this quantity is translated into a turgor-induced force on CG bead i as:

$$\mathbf{F}_{ik}^T = \frac{1}{2} k_T (P_i - P_f + P_k - P_f) \mathbf{n}, \quad (3)$$

where: \mathbf{n} and k_T are the inward normal vector of CG bead i and the turgor coefficient, respectively.

Following the previous cell-based studies,^{12,13,16,35} the equation of state (EOS) is used to obtain the fluid phase turgor pressure during the motion of CG beads. The cellular fluid is approximated to water due to its diluteness,¹⁵ and minor fluctuations of the fluid phase density are allowed assuming a weakly incompressible fluid nature. In EOS, the current and initial turgor pressures of any CG bead i are associated with the current fluid phase density (ρ_i), initial fluid phase density (ρ_0) and compression modulus (K), as shown in eqn (4). Herein, the parameter K is adjusted carefully to meet numerical stability and incompressibility conditions.^{11,33}

$$P_i = P_f + K \left(\left(\frac{\rho_i}{\rho_0} \right)^7 - 1 \right). \quad (4)$$

In addition, the total volume of virtual cell for CG bead i can be approximated to that of fluid phase (V_i), since the cell wall thickness is almost negligible compared to the cell radius. A constant cell height (h) is assumed for the numerical convenience. Following these, the rate of change of density ($d\rho_i/dt$) is formulated as a function of the rate of change of fluid phase mass (dm_i/dt) and the rate of change of virtual cell surface area (dA_i/dt), as:

$$\frac{d\rho_i}{dt} = -\frac{\rho_i}{A_i} \left(\frac{dA_i}{dt} \right) + \frac{1}{hA_i} \left(\frac{dm_i}{dt} \right). \quad (5)$$

The first term on the right-hand side accounts for fluid phase density changes due to the area change of the virtual cell which is due to the movement of CG bead i . The area derivative is defined in eqn (6) as:

$$\frac{dA_i}{dt} = \frac{A_{i,t+\Delta t} - A_{i,t}}{\Delta t}, \quad (6)$$



where: $A_{i,t+\Delta t}$ and $A_{i,t}$ are the frontal surface area of virtual cell at the current and previous time steps, and t is the time step. The second term in eqn (5) explains the density change due to mass transfer. In a plant cell, the cell membrane acts as a semi-permeable medium for the fluid transport. Accordingly, considering the virtual cell for CG bead i , a virtual cellular membrane is assumed here, and the net fluid transport rate is computed as:¹²

$$\frac{dm_i}{dt} = -A_{c,i} L_p \rho_i (P_i + \Pi). \quad (7)$$

Here, L_p is the hydraulic conductivity of the membrane of any virtual cell in the model, and it is adjusted to meet stable and computationally efficient simulations.¹¹ The total surface area of the virtual cell for CG bead i is given by $A_{c,i}$ and Π is the fluid phase osmotic potential of any CG bead at a given dryness level (please refer Section 2.4 for adjusting Π at different dryness levels).

6.2 Interactions due to cell wall hardening and tightening effects

These effects are accounted through a cell wall contraction force in recent plant cell drying models.^{11,12,42} In these studies, the cell wall contraction force is used as a perimeter penalty force, where the cell perimeter is adjusted numerically to experimentally-found cell perimeter value for a given moisture content. Similar to this, F^{PA} force is used to adjust the perimeter of a virtual cell at a given dryness level to the corresponding experimental value. For an interacting pair $i-k$, the following relationship is developed analogous to eqn (3) as:

$$F_{ki}^{PA} = -\frac{1}{2} k_{PA} (l_i - l_{d,i} + l_k - l_{d,k}) n, \quad (8)$$

where: k_{PA} is the perimeter adjustment coefficient while l_i and $l_{d,i}$ denote the current and equilibrium perimeters of the virtual cell of CG bead i . The parameter $l_{d,i}$ defined in eqn (9) is a characteristic of the food-plant variety and the normalised moisture content.^{12,13}

$$l_{d,i} = l_0' \left[1 - \left(\frac{a}{b} \right) \left(1 - \left(\frac{X}{X_0} \right)_i \right) \right]. \quad (9)$$

Here, l_0' is the turgid state perimeter of any virtual cell (turgid ratio \times initial perimeter) and $(X/X_0)_i$ is the normalised moisture content for CG bead i . The empirical constants a and b are set to numerically align the normalised parameter of any virtual cell with the experimental observations for a given food-plant variety following a previous study.¹⁶ Furthermore, in a dense tissue, the interior and exterior cells exhibit distinct deformation characteristics owing to differences of intercellular contacts and force fields on them.¹² Therefore, the cellular dimensions strongly correlate with the number of neighbouring cells and a correction factor is required to adjust the virtual cell perimeter in the model accordingly. Considering this aspect, the perimeter of any virtual cell is computed using two components, namely, the component from the sides that interact with neighbouring virtual cells and the component from the sides which are free of such interactions. A periphery scaling factor (β) is introduced to dynamically compute the perimeter for the interaction-free sides. If the virtual cell for CG

bead i is surrounded by $N(\leq 6)$ neighbouring virtual cells, $6 - N$ sides are free to deform without the intercellular interactions (see Fig. 1(d)). For the interaction-free sides, the corresponding perimeter component can be computed as $(6 - N)\beta b_{int,i}$ given $b_{int,i}$ is the average hexagonal side calculated from the interactions. Here, $b_{int,i}$ is computed using eqn (10) as:

$$b_{int,i} = \frac{1}{\sqrt{3}N} \sum_{k=1}^N (x_{ik} - d_p), \quad (10)$$

where: d_p is the pectin layer thickness for the tissue and x_{ik} is the distance between adjacent CG beads i and k . Furthermore, $Nb_{int,i}$ gives the perimeter component for the interacted sides. The average side of a virtual cell for CG bead i ($b_{avg,i}$) shown in Fig. 1(d) can be thus calculated as:

$$b_{avg,i} = \frac{b_{int,i}}{6} [N + \beta(6 - N)]. \quad (11)$$

As plant tissues deform differently in different dryness levels, β needs to be adjusted accordingly. For the convenience, similar β is maintained for a given dryness level in this model during the model evolution.

6.3 Interactions due to the overall viscous behaviour of the cell fluid and cell wall

The viscous behaviour generated by the above intracellular components is simply represented through a damping force F^d which acts to reduce the velocities of CG beads to lower the kinetic energy of the system. For an interacting pair $i-k$, the viscous force acting on CG bead i from any neighbouring CG bead k can be given as:¹²

$$F_{ik}^d = -k_d v_{ik}, \quad (12)$$

where: k_d , and v_{ik} are the damping coefficient and the velocity of CG bead i relative to CG bead k , respectively.

6.4 Interactions due to the intercellular bonding

The CG bead repulsion (F^r) and attraction (F^a) forces are employed to model the behaviour of the middle lamella that avoids unphysical cell interactions in real tissues. In CG, Lennard-Jones and Morse potentials are widely used to model particle attractions and repulsions.^{28–30} However, the Lennard-Jones (LJ) forces are frequently used in related plant cell mechanics to circumvent the fluid particle penetration through the cell wall and to avoid the overlapping of adjacent cell wall particles.^{11–16,42} Therefore, the LJ force field was chosen in this study to establish F^r and F^a . As shown in Fig. 2(e and f), the LJ force field is activated based on the threshold distance (cut-off radius) r .

The cut-off radius strongly relies on the moisture content of the tissue, and the microstructural images for a particular food variety are used to compute r as a function of dry basis moisture content $X(\text{mass}_{\text{water}}/\text{mass}_{\text{dry solid}})$. The average distance between plant cell centroids is taken as r . The parameters r and X are normalised with respect to the values corresponding to the fresh condition (*i.e.* $X/X_0 = 1.0$).



For an interacting pair i - k , the above mentioned forces are defined in eqn (13) and (14) as:¹²

$$\mathbf{F}_{ik}^r = f_{ik}^r \mathbf{d}_{ik}, \quad (13)$$

$$\mathbf{F}_{ik}^a = f_{ik}^a \mathbf{d}_{ik}. \quad (14)$$

In the above equations, the force magnitudes are represented by f_{ik}^r and f_{ik}^a , and the displacement of CG bead i relative to CG bead k is denoted by \mathbf{d}_{ik} . f_{ik}^r is defined using the Lennard-Jones contact strength for CG bead repulsions (f_0^r) as shown in eqn (15).¹²

$$f_{ik}^r = \begin{cases} f_0^r \left[\left(\frac{r}{x_{ik}} \right)^8 - \left(\frac{r}{x_{ik}} \right)^4 \right] \left(\frac{1}{x_{ik}} \right)^2 & r \geq x_{ik} \\ 0 & r < x_{ik} \end{cases}. \quad (15)$$

f_{ik}^a is defined in an analogous manner using the Lennard-Jones contact strength for CG bead attractions f_0^a .

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