

Cite this: *Chem. Sci.*, 2019, 10, 6932

All publication charges for this article have been paid for by the Royal Society of Chemistry

Received 30th April 2019  
Accepted 10th June 2019

DOI: 10.1039/c9sc02107h

rsc.li/chemical-science

## Strategies based on metal-based nanoparticles for hypoxic-tumor radiotherapy

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Radiotherapy (RT) is one of the most effective and frequent clinical cancer treatments. Nevertheless, RT can cause damage to normal tissues around tumors under high-dose ionizing radiation. Inspired by versatile metal-based nanomaterials, great efforts have been devoted to developing nanomaterials with high-Z metal elements as radiosensitizers by depositing more energy into tumors for RT enhancement. However, these metal-based nanomaterial-mediated RTs are highly O<sub>2</sub>-dependent. Unfortunately, O<sub>2</sub> concentrations within the majority of solid tumors exhibit low levels, which seriously hampers the antitumor efficacy of these nanomaterials during RT. Therefore, the development of novel metal-based nanomaterials as radiosensitizers capable of avoiding the radioresistance induced by tumor hypoxia is highly desirable and important. Currently, the most effective approaches to reverse the radioresistance of hypoxic tumors are to introduce nanomaterials with O<sub>2</sub>-elevating ability by delivering exogenous O<sub>2</sub>, generating O<sub>2</sub> *in situ*, increasing intratumoral blood flow, or reducing HIF-1 expression to harness the O<sub>2</sub> level in solid tumors. Besides these, recently, some innovative and simple strategies by employing nanoradiosensitizers with diminished oxygen dependence have also been applied to combat unmet hypoxic challenges, in which nanoradiosensitizers can target tumor hypoxia for selective RT, enhance oxygen-independent ROS generation, or combine with non-oxygen dependent cancer therapies for synergistic treatments. These approaches and strategies provide new avenues for enhanced hypoxic-tumor RT. Nevertheless, an overall review aiming specifically at these strategies is still rare. Herein, we present an overview about recent advances in metal-based nanomaterials for hypoxic-tumor RT, and give a detailed discussion about the design and working mechanisms of these strategies in their application of RT. Finally, current challenges and future perspectives are also pointed out in this field.

### 1. Introduction

So far, cancer-caused death has seriously threatened human health. Radiotherapy (RT), as one of the most effective and frequent tumor treatments, employs high-energy ionizing radiation such as X-rays/ $\gamma$ -rays to kill tumor cells *via* directly interacting with biomolecules and indirectly causing radiolysis of water molecules within tumor cells to generate free radicals for oxidative damage.<sup>1-4</sup> The vast majority of patients with malignant tumors need to receive RT, either RT alone or in combination with other treatments such as chemotherapy or surgery.<sup>5-7</sup> Despite the widespread use of RT in cancer clinical treatments, RT can cause damage to normal tissues around tumors under high-dose ionizing radiation, resulting in severe

side effects. Therefore, it's crucial to develop strategies for seeking a balance between eliminating tumor cells and protecting normal tissues.

One promising approach to address the obstacles is to employ radiosensitizers, which can ensure radiotherapeutic efficacy under low-dose ionizing radiation. Inspired by versatile metal-based nanomaterials, great efforts have been devoted to developing nanomaterials with high-Z metal elements as radiosensitizers for decreasing the doses of ionizing radiation and improving the radiosensitivity of tumors by depositing more high-energy photons and secondary electrons into tumor tissue or increasing reactive oxygen species (ROS) generation.<sup>8-10</sup> However, these metal-based nanomaterial-mediated RTs are still highly O<sub>2</sub>-dependent, because O<sub>2</sub> molecules can be used to generate a tremendous amount of destructive oxygen radicals as well as permanently immobilize ionizing radiation-induced biomolecule damage.<sup>11-13</sup> Unfortunately, low O<sub>2</sub> levels (hypoxia) are the unique inherent feature in the majority of malignant tumors caused by rapid cell proliferation and aberrant blood vessel formation, which promotes the survival of tumor cells from high-dose ionizing radiation and results in tumor radioresistance during RT.<sup>14-16</sup>

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tumor oxygenation. The key factor for the O<sub>2</sub> delivery system is the O<sub>2</sub> carrier and triggered way of oxygen release. For the O<sub>2</sub> carrier, it requires to possess high O<sub>2</sub> capacity and long circulation half-life. Currently, perfluorocarbon (PFC) as a desirable alternative for the O<sub>2</sub> carrier has been applied to overcome hypoxia.<sup>19,31</sup> In order to ensure the stability and circulation half-life of the O<sub>2</sub> carrier, nanomaterials with high loading capability as promising transporters of the O<sub>2</sub> carrier may have the potential to solve these problems and effectively increase the delivery of the O<sub>2</sub> carrier into tumor cells.<sup>25</sup> More importantly, for these nanomaterials containing high-Z metal elements, the radiotherapeutic efficacy will be further enhanced, attributed to various physical processes between ionizing radiation and nanomaterials involving the photoelectric effect, Compton scattering, *etc.*<sup>8,32</sup> Recently, several different types of metal-based nanomaterials as PFC carriers showed the capability of O<sub>2</sub> delivery for radiosensitization.<sup>17,25,33</sup> For example, tantalum oxide (TaO<sub>x</sub>) nanoparticles decorated with PFC (TaO<sub>x</sub>@PFC-PEG@O<sub>2</sub>) were employed to improve tumor hypoxia.<sup>25</sup> The prepared TaO<sub>x</sub>@PFC-PEG@O<sub>2</sub> was able to gradually release oxygen. Then the high-Z element tantalum (Ta) in TaO<sub>x</sub> nanoparticles and the improved O<sub>2</sub> level within tumors synergistically enhanced the radiotherapeutic efficacy. Therefore, O<sub>2</sub>-delivery systems by employing metal-based nanomaterials with high-Z metal elements and O<sub>2</sub> carriers have a promising potential for overcoming tumor hypoxia for enhanced RT.

Despite the fact that PFC as an O<sub>2</sub> reservoir can spontaneously release O<sub>2</sub> within tumors, a burst oxygen release and diffusion in tumors from the O<sub>2</sub> carrier that can fight for the maximization of the O<sub>2</sub> level is more desired for enhancing RT. Thus, some exogenous stimuli such as the NIR laser or ultrasound have been used to controllably trigger and rapidly promote the O<sub>2</sub> release from the O<sub>2</sub> carrier.<sup>17,33,34</sup> For example, Bi<sub>2</sub>Se<sub>3</sub> nanoparticles with a hollow structure to load PFC (PEG-Bi<sub>2</sub>Se<sub>3</sub>@PFC@O<sub>2</sub>) can result in a rapid O<sub>2</sub> release under NIR irradiation for increased tumor oxygenation, where the rapid O<sub>2</sub> release can be attributed to the improved temperature by Bi<sub>2</sub>Se<sub>3</sub> nanoparticles as the photothermal agent under NIR irradiation, effectively relieving the radioresistance of tumors (Fig. 2).<sup>17</sup> Meanwhile, similar to the above-mentioned TaO<sub>x</sub> nanoparticles, Bi<sub>2</sub>Se<sub>3</sub> nanoparticles with high-Z metal elements as radiosensitizers can also enhance the hypoxic-tumor RT. As a result, the PEG-Bi<sub>2</sub>Se<sub>3</sub>@PFC@O<sub>2</sub> with NIR and X-ray treatment exhibited a significant antitumor effect. A burst O<sub>2</sub> release under NIR irradiation has a remarkable advantage to obtain maximized O<sub>2</sub> concentration in tumors within a relatively short period, however, NIR still exhibits dissatisfactory tissue penetration. In this regard, an exogenous stimulus with a larger penetration depth such as the magnetic field or X-ray may have promising potential to be used for triggering O<sub>2</sub> release for the hypoxic RT of deep tumors.

## 2.2 Improving tumor hypoxia by generating O<sub>2</sub> *in situ*

In fact, besides the above-mentioned issues in the O<sub>2</sub>-delivery system, it also still faces the problem of spontaneous O<sub>2</sub> release from the O<sub>2</sub> carrier before being internalized by cancer cells.

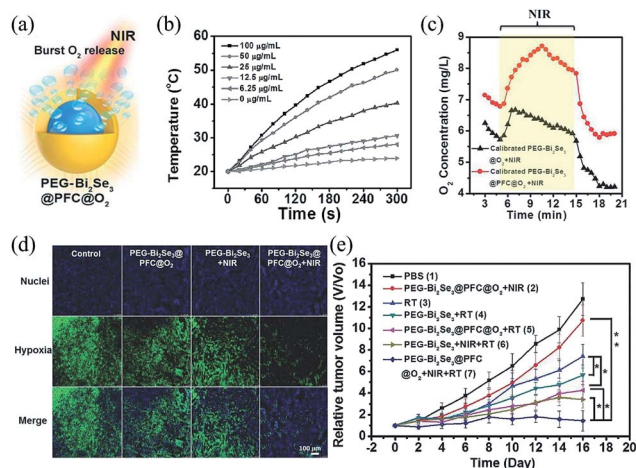


Fig. 2 Hollow Bi<sub>2</sub>Se<sub>3</sub> nanoparticles with PFC for NIR-induced oxygen delivery to enhance RT.<sup>17</sup> (a) Scheme of a burst release of oxygen from PEG-Bi<sub>2</sub>Se<sub>3</sub>@PFC@O<sub>2</sub> under NIR irradiation. (b) The photothermal profiles of aqueous solutions of Bi<sub>2</sub>Se<sub>3</sub> nanoparticles with different concentrations. (c) O<sub>2</sub> concentration changes in solutions of samples under NIR irradiation. (d) Fluorescence staining of tumor slices for hypoxia detection. (e) Tumor volume growth curves of different groups of mice with different treatments. Adapted with permission from ref. 17. Copyright 2016 WILEY-VCH Verlag GmbH & Co. KGaA, Weinheim.

Recently, given the overexpressed hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) within malignant tumors,<sup>35,36</sup> the strategy of O<sub>2</sub> generation *in situ* via catalyzing intracellular H<sub>2</sub>O<sub>2</sub> provides a new approach to control the continuous O<sub>2</sub> release only in tumor cells, avoiding the premature release of O<sub>2</sub>.<sup>14,21</sup> In this regard, catalase (Cat) and inorganic catalysts are good candidates for O<sub>2</sub> generation *in situ*.<sup>21,37</sup> Catalase as a very important enzyme in avoiding ROS-induced damage of cells can catalyze H<sub>2</sub>O<sub>2</sub> to form water molecules and O<sub>2</sub>, and therefore, delivering external Cat into tumor cells has the potential to overcome tumor hypoxia.<sup>38,39</sup> Recently, nanomaterials with high-Z elements integrated with Cat are expected to enhance hypoxic-tumor RT. For example, Song *et al.* prepared a radiosensitizer by encapsulating Cat into hollow TaO<sub>x</sub> (TaO<sub>x</sub>@Cat).<sup>21</sup> On one hand, like traditional nanomaterials with high-Z elements, TaO<sub>x</sub> can effectively enhance the radiotherapeutic efficacy by depositing more ionizing radiation energy within tumors. On the other hand, the loaded Cat in the designed TaO<sub>x</sub>@Cat can rapidly decompose the intracellular H<sub>2</sub>O<sub>2</sub> into O<sub>2</sub> to further enhance the X-ray-induced DNA damage.

In addition to catalase, inorganic catalysts such as manganese dioxide (MnO<sub>2</sub>) and cerium oxide with catalase-like activity can also be used to decompose H<sub>2</sub>O<sub>2</sub> into O<sub>2</sub> within the tumor microenvironment.<sup>40,41</sup> Biodegradable MnO<sub>2</sub> as an O<sub>2</sub>-evolving nanomaterial has been widely studied for hypoxic-tumor treatments due to its response to acidic and H<sub>2</sub>O<sub>2</sub>-sufficient tumor microenvironments. Fan *et al.* reported an O<sub>2</sub>-evolving nano-platform by anchoring upconversion nanoparticles (UCSMs) in MnO<sub>2</sub> nanosheets for synergetic hypoxia-radio/photodynamic therapy (RT and PDT) shown in Fig. 3.<sup>37</sup> In their work, the redox reaction of MnO<sub>2</sub> toward acidic H<sub>2</sub>O<sub>2</sub> not only can



generate a great deal of  $O_2$  to relieve tumor hypoxia, but also recover the upconversion luminescence (UCL) signal quenched by  $MnO_2$  nanosheets because  $MnO_2$  nanosheets can be decomposed into free  $Mn^{2+}$  during the reaction, whereafter the ROS production was effectively increased under NIR and X-ray irradiation, which is attributed to  $O_2$  generation and recovered UCL, realizing enhanced synergetic therapy. Since these inorganic catalysts with catalase-like activity are facily synthesized and show considerable activity, it is worth developing  $O_2$ -evolving catalysts as new radiosensitizers. Apart from the above strategies for  $O_2$  release by decomposing intracellular  $H_2O_2$ , some nanomaterials such as photocatalysts that can trigger  $O_2$  generation by water splitting under light irradiation also exhibit enormous potential in RT. Of course, the feasibility of nanomaterial-mediated water splitting under X-ray irradiation should be further verified, and the issue of low efficiency for X-ray-induced water splitting may need to be solved.

### 2.3 Improving tumor hypoxia by increasing intratumoral blood flow

Aberrant blood vessel formation within tumors is the main reason for tumor hypoxia.<sup>42</sup> In many past clinical studies of RT, when the tumor temperature reaches 40–42 °C, such mild temperature hyperthermia can enhance the radiotherapeutic efficacy, attributed to the elevated tumor oxygenation induced by an enduring increase in blood flow.<sup>30,43</sup> So increasing intratumoral blood flow induced by the thermal effect as an effective approach for improving tumor hypoxia can be used for RT enhancement. Inspired by the remarkable photothermal effect of some nanomaterials under NIR irradiation, researchers have

employed these nanomaterials as heat generators to relieve tumor hypoxia.<sup>44,45</sup> Especially for nanomaterials with high-Z elements, they can simultaneously realize reduced tumor hypoxia and enhanced ionizing radiation energy deposition within tumors for improved radiotherapeutic efficacy in a single nanoplatform without an additional and complicated  $O_2$ -delivery or  $O_2$ -generation system, which provides a simple and effective strategy for hypoxic-tumor RT.<sup>26,30,46</sup> For example,  $Bi_2Se_3$  nanoparticles with high photothermal conversion efficiency were employed to enhance the radiotherapeutic efficacy. Under NIR irradiation, the mild hyperthermia induced by  $Bi_2Se_3$  nanoparticles can effectively improve oxygenation within tumors by increasing intratumoral blood flow, which can reduce the radioresistance of tumors.<sup>26</sup> As a result, the as-prepared  $Bi_2Se_3$  nanoparticles with a high-Z element (bismuth, Bi) exhibited significant radiosensitization of tumors pretreated with NIR. In addition, the mild heating induced by these metal-based nanomaterials can also increase the vascular permeability of tumor cells to increase the uptake of nano-medicines, further improving the radiotherapeutic efficacy.<sup>23</sup> Furthermore, these metal-based nanomaterials with high-Z elements can also be used as X-ray computed tomography (CT)/photoacoustic (PA) imaging contrast agents for image-guided photothermal-radiation therapy, attributed to their strong X-ray attenuation ability and high NIR absorption.<sup>30,47</sup> In addition to that, metal-based nanosystems can be labeled with radioisotope ions for single photon emission computed tomography (SPECT) imaging.<sup>48,49</sup> Even they can integrate with nanostructures with paramagnetic properties such as gadolinium-containing nanoparticles for magnetic resonance

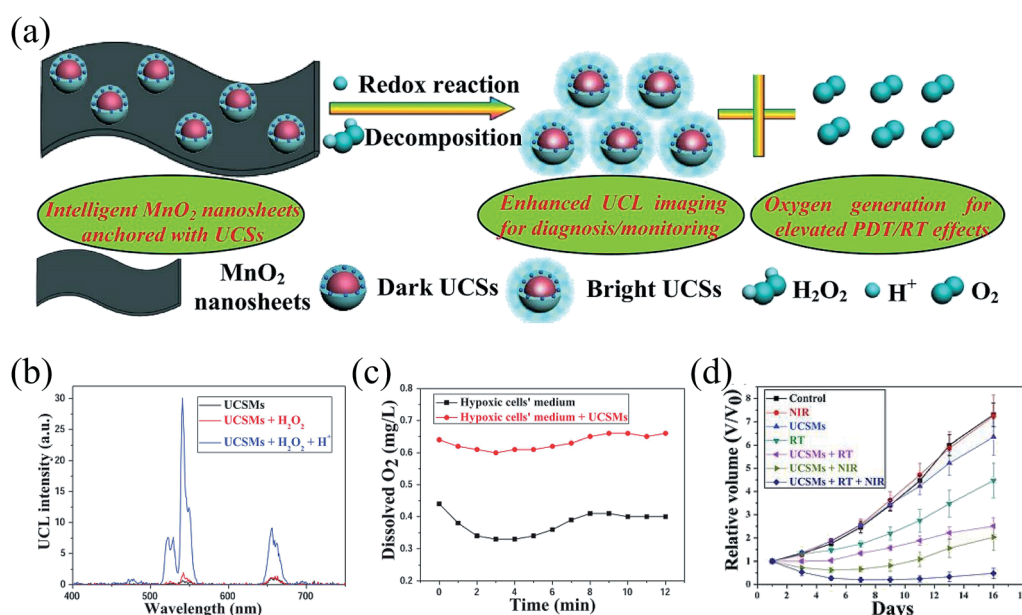


Fig. 3  $MnO_2$  nanosheets anchored on upconversion nanoparticles for oxygen-elevated synergetic therapy.<sup>37</sup> (a) Scheme of the decomposition of  $MnO_2$  nanosheets from UCSMs attributed to the redox reaction between  $MnO_2$  nanosheets and acidic  $H_2O_2$ , resulting in the recovery of the upconversion luminescence and massive oxygen generation for enhanced PDT/RT. (b) Upconversion luminescence intensity for UCSMs under different conditions. (c)  $O_2$  generation in hypoxic 4T1 cells treated with UCSMs. (d) Relative tumor growth curve of different groups of mice with different treatments. Adapted with permission from ref. 37. Copyright 2015 WILEY-VCH Verlag GmbH & Co. KGaA, Weinheim.



(MR) imaging.<sup>44,50</sup> Multimodal image-guided photothermal-radiation therapy mediated by metal-based nanomaterials has tremendous application potential in precise tumor treatment. Besides the photothermal effect caused by nanomaterials, anti-angiogenesis agents combined with nanomaterials can also increase blood-flow perfusion to reduce hypoxia *via* promoting transient tumour vascular normalization and strengthening blood vessel integrity.<sup>51</sup>

In addition to the above strategies for increasing intratumoral blood flow to relieve hypoxia, recently, nitric oxide (NO) was also used to improve tumor oxygenation for overcoming the hypoxia-associated radioresistance by promoting vasodilation and altering blood flow under low NO concentrations.<sup>52,53</sup> And not only that, NO can also inhibit the overexpression of hypoxia inducible factor-1 (HIF-1 $\alpha$ ) to regulate the oxygen level within tumors.<sup>54,55</sup> In addition, with increasing concentration, NO can act as a “killer” to kill tumor cells, attributed to the oxidation or nitrosation to inhibit the DNA and mitochondria repair.<sup>18,56</sup> Therefore, NO as an efficient hypoxic radiosensitizer has shown enormous potential and advantage in hypoxic-tumor RT.<sup>52,57</sup> The controllable generation of NO plays a key role in tumor treatments since NO exhibits dose-dependent biological effects.<sup>58,59</sup> Some strategies by employing exogenous stimuli such as NIR can realize controlled NO release on demand.<sup>60–62</sup> However, NIR exhibits powerless working in deeper tumors due to its limited penetration depth. So X-rays as an exogenous stimulus with a large penetration depth can be employed to trigger NO release. For example, Shi and Bu *et al.* chose the X-ray to control the NO release for enhancing the radiotherapeutic efficacy of deep tumors.<sup>18</sup> The designed NO-releasing nanoparticle (USMSs-SNO) that is composed of upconversion nanoparticles (UCNPs) and a NO donor (SNO) can realize X-ray dose-dependent NO release in normoxic and hypoxic HeLa cells. Under X-ray irradiation, the radiolysis of water can generate large amounts of ROS, which results in the structural variation of –SNO groups in the USMSs-SNO and causes the cleavage of S–N bonds for NO release. The released NO can promote the X-ray-induced apoptosis/necrosis of normoxic and hypoxic tumor cells, which is attributed to the significant radiation enhancement effects of X-ray-triggered NO. Recently, Du *et al.* also designed an X-ray-controlled NO-releasing system consisting of scintillating nanoparticles (SCNPs, Ce-doped LiLuF<sub>4</sub>) and Roussin's black salt (RBS) for enhancing the radiotherapeutic efficacy of deep tumors, which is attributed to the improved tumor hypoxia and highly toxic peroxyxynitrite (ONOO<sup>–</sup>) generation.<sup>53</sup> In the work, the ultraviolet light (UV) emitted from Ce-doped LiLuF<sub>4</sub> under X-ray irradiation can activate the photoactive RBS to release NO, promoting vasodilation and inhibiting HIF-1 $\alpha$  expression to overcome the radioresistance of hypoxic tumors. Meanwhile, SCNPs with high-Z elements as radiosensitizers can enhance the production of ROS including superoxide anions (<sup>•</sup>O<sub>2</sub><sup>–</sup>). Then, the simultaneous release of NO and <sup>•</sup>O<sub>2</sub><sup>–</sup> can result in a redox reaction between them for the generation of highly toxic ONOO<sup>–</sup>, causing damage to tumor DNA. The strategy not only can promote vasodilation and inhibit HIF-1 $\alpha$  to overcome the radioresistance of hypoxic tumors by X-ray-controlled NO release, but also transform low

toxicity NO and <sup>•</sup>O<sub>2</sub><sup>–</sup> into highly toxic ONOO<sup>–</sup>. The work provided a new idea to realize X-ray-triggered NO release for deep tumor treatments and take full advantage of the functional NO for radiosensitization of hypoxic tumors.

## 2.4 Improving tumor hypoxia by reducing HIF-1 expression

Tumor hypoxia can be mediated by regulating gene expression such as HIF-1. HIF-1 consisting of the HIF-1 $\beta$  subunit and HIF-1 $\alpha$  subunit is a heterodimeric protein, which plays an important role in O<sub>2</sub> homeostasis by increasing O<sub>2</sub> availability and promoting adaptation of tumor cells to O<sub>2</sub> deprivation.<sup>63</sup> The HIF-1 $\beta$  subunit is constitutively expressed, while the HIF-1 $\alpha$  subunit is O<sub>2</sub>-regulated, determining the activity of HIF-1. Under hypoxic conditions, HIF-1 $\alpha$  is rapidly induced, and then dimerizes with HIF-1 $\beta$ , binds to the nucleus, and initiates gene transcription.<sup>64,65</sup> Many studies suggest that HIF-1 is overexpressed in many cancer types, which can activate transcription enzymes and proteins associated with tumor invasiveness, resistance and metastasis under hypoxic conditions.<sup>63</sup> Therefore, various strategies that focus on regulating HIF-1 expression for tumor treatments have been reported, especially in RT, which mainly utilize HIF-1 inhibitors to down-regulate HIF-1 expression.<sup>11,27,66,67</sup> Like other drug delivery systems, in consideration of the pharmacokinetics of these HIF-1 inhibitors, integrating them with nanomaterials is a feasible way to improve their pharmacokinetic characteristics. In recent years, nanomaterial-mediated inhibition of HIF-1 $\alpha$  expression has drawn researchers' attention. For example, Yong *et al.* developed a Gd-containing polyoxometalate (GdW<sub>10</sub> nanosphere) as a radiosensitizer to enhance the radiotherapeutic efficacy by suppressing HIF-1 $\alpha$  expression, depleting GSH, and generating ROS.<sup>27</sup> The obtained GdW<sub>10</sub> nanospheres with high-Z metal elements (gadolinium and tungsten) can deposit considerable radiation dosage into tumors *via* strong physical interactions between X-ray and GdW<sub>10</sub> nanospheres. A more attractive thing was that GdW<sub>10</sub> nanospheres can deplete GSH to reduce the elimination of GSH to ROS by a redox reaction, further facilitating X-ray-triggered ROS generation. In addition, GdW<sub>10</sub> nanospheres as HIF-1 $\alpha$  siRNA carriers showed a good loading capacity of HIF-1 $\alpha$ , which protected HIF-1 $\alpha$  from degradation caused by ribonuclease (RNase), reducing the radioresistance associated with tumor hypoxia. As a result, GdW<sub>10</sub> nanospheres can obviously improve the radiotherapeutic efficacy by versatile approaches, providing a new idea to address the hypoxic-tumor RT.

As can be seen from the above example, single HIF expression inhibition is inadequate to enhance the hypoxic-tumor RT. Therefore, tumor oxygenation strategies or other collaborative approaches combined with HIF-1 inhibition are ideal to obtain effective RT. Based on this point, Meng *et al.* reported a nanoparticle (ACF@MnO<sub>2</sub>) consisting of MnO<sub>2</sub> NPs and the HIF-1 functional inhibitor (acriflavine, ACF) to increase the oxygen level of tumors and inhibit HIF-1 for enhanced RT and abscopal effects (Fig. 4).<sup>11</sup> In the work, MnO<sub>2</sub> NPs can decompose overexpressed H<sub>2</sub>O<sub>2</sub> within tumors into O<sub>2</sub>. Meanwhile, MnO<sub>2</sub> NPs were degraded and the loaded ACF was released into tumor



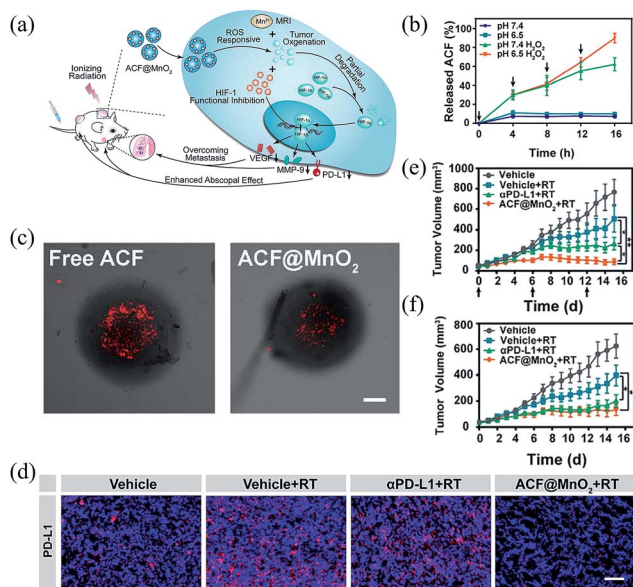


Fig. 4 Tumor oxygenation and hypoxia inducible factor-1 functional inhibition or enhancing radiation therapy and abscopal effects.<sup>11</sup> (a) The mechanism of ACF@MnO<sub>2</sub> for enhanced RT and abscopal effects via tumor oxygenation and HIF-1 function inhibition. (b) ACF release from ACF@MnO<sub>2</sub> under different conditions. (c) CT26 cell spheroids stained with hypoxic detection probes after treatment with free ACF or ACF@MnO<sub>2</sub>, scale bar = 100 μm. (d) Primary tumor slices stained with the PD-L1 antibody, scale bar = 100 μm. (e) Primary and (f) distant tumor growth curves of different groups of mice with different treatments. Adapted with permission from ref. 11. Copyright 2018 American Chemical Society.

cells, which remarkably enhanced the radiotherapeutic efficiency. These results indicated that the strategy of combining tumor oxygenation with HIF-1 functional inhibition can downregulate the expression of genes associated with radioresistance (VEGF, MMP-9), thus reducing the metastatic issue of tumors. More interestingly, the strategy can provide the ACF@MnO<sub>2</sub> NPs with a potential to act as checkpoint inhibitors to activate immune T cells because the synergetic strategy of tumor oxygenation and HIF-1 functional inhibition can decrease the PD-L1 expression. Overall, combining HIF-1 inhibition with other treatments exhibits optimal radiotherapeutic outcomes.

### 3. Nanoradiosensitizers with diminished oxygen dependence for hypoxic-tumor RT

The radiotherapeutic efficacy of traditional RT seriously depends on the O<sub>2</sub> concentration of tumors. O<sub>2</sub>-elevated nanomaterials can directly harness the O<sub>2</sub> level to relieve radioresistance associated with tumor hypoxia. However, they still encounter many limitations, such as non-ideal stability, transient generation of O<sub>2</sub>, unsatisfactory tumor specificity and poor penetration of oxygen gas. Therefore, some innovative strategies have been proposed to avoid the hypoxia-induced

radioresistance for enhancing RT by employing nanomaterials with diminished dependence on oxygen, in which these facile nanomaterials can be used to target tumor hypoxia for selective RT, enhance oxygen-independent ROS generation, or combine with non-oxygen dependent cancer therapy for synergistic treatments.<sup>22,29,68</sup>

#### 3.1 Targeting tumor hypoxia for selective RT

For tumor hypoxia, opportunities and challenges exist together. On the negative side, tumor hypoxia has negative effects on the therapeutic efficacy of many clinical treatments. However, on the other hand, tumor hypoxia offers endogenous signals or targets to provide treatments with tumor selectivity, where the therapeutic effect of nanomedicines can only happen in tumor regions and thus reduce the side-effects of these treatments.<sup>69-71</sup> Recently, some bioreductive anticancer drugs with high hypoxia-specific cytotoxicity such as Tirapazamine (TPZ), AQ4N and Mitomycin C (MMC) have been widely applied for treating hypoxic tumors since they can be only activated under hypoxic conditions, which offers an ideal strategy to selectively enhance the hypoxic-tumor RT.<sup>24,28,72</sup> For example, Liu *et al.* adopted upconversion nanoparticle@mesoporous silica (UCHMs) to wrap TPZ to overcome the hypoxic RT.<sup>24</sup> The designed radiosensitizer can effectively amplify the radiotherapeutic efficacy due to the doped high-Z rare earth elements. Furthermore, the loaded TPZ provided complementary killing to the insufficient antitumor effect of RT for cancer cells, attributed to its highly hypoxia-specific cytotoxicity. It was observed that hypoxia-specific drugs have potential advantages in various hypoxia-tumor therapy.

In addition to directly utilizing the characteristics of low oxygen levels in solid tumors, an alternative strategy to realize hypoxia-targeted RT involves exploiting the unique features of the hypoxic tumor microenvironment. For example, tumor vasculature, biological responses to hypoxia or overexpressed molecules in hypoxia-specific tumors may all become the targets for precise RT.<sup>68,73</sup> Huo *et al.* synthesized tungsten oxide nanoclusters (WOACC NPs) with enhanced passive tumor accumulation effect and hypoxic microenvironment-targeting ability for radiosensitization by aggregating ultrasmall tungsten oxide nanoparticles (WO NPs), where the WOACC NPs were integrated with CCL-28 chemokine-targeted ligands and cleavable peptides (MMP-2).<sup>68</sup> Compared with ultrasmall WO NPs, the half-life of WOACC NPs was improved due to their enlarged size, which was favourable for effective tumor accumulation *via* the EPR effect, whereafter the overexpressed MMP-2 enzyme within the tumor microenvironment resulted in the destruction of these WOACC NPs bound by MMP-2. And then the ultrasmall WO NPs modified with CCL-28 chemokine-targeted ligands (WOAC NPs) were released, which can deeply penetrate inside the solid tumor due to their small size. More importantly, the CCL-28 chemokine-targeted ligands in WO NPs can effectively target the upregulated CCL-28 in the severely hypoxic regions of tumors.<sup>74</sup> As a result, the strategy achieved increased therapeutic efficacy for hypoxic tumors. Therefore, taking tumor hypoxia as a therapeutic target to overcome the limitation



caused by hypoxia is feasible. In addition, the development of nanomedicines with the ability of deep tumor penetration is significant for clinical treatments of solid tumors because the abnormal vasculature and the dense interstitial matrix within solid tumors seriously hinder the delivery of nanomedicines.<sup>75</sup>

### 3.2 Enhancing oxygen-independent free radical generation

Free radicals induced by the interaction between ionizing radiation and water molecules play a vital role in RT, which can effectively kill tumor cells by damaging biomacromolecules involving lipids, proteins, and DNA.<sup>76,77</sup> To date, great efforts have been devoted to developing diversified nanomaterials with free radical-enhancing ability to improve the radiotherapeutic efficacy.<sup>78–80</sup> The generated free radical mainly involving oxygen radicals are highly O<sub>2</sub>-dependent. Nevertheless, the tumor microenvironment with inherent hypoxic characteristics hampers oxygen free radical generation, and then influences the therapeutic effect seriously. Therefore, developing radiosensitizers capable of generating oxygen-independent free radicals to overcome the limitation of hypoxia is proposed. Recently, some semiconductor photocatalytic nanomaterials were employed to promote the decomposition of H<sub>2</sub>O to generate free radicals with diminished dependence on oxygen *via* an X-ray-triggered catalytic reaction.<sup>23,81</sup> For example, Zhang *et al.* utilized the holes generated by semiconductors for non-oxygen dependent hydroxyl radical (<sup>•</sup>OH) generation *via* decomposing H<sub>2</sub>O molecules during RT.<sup>81</sup> They prepared a Ce<sup>III</sup>-doped LiYF<sub>4</sub> nanoscintillator loaded with ZnO nanoparticles, in which the nanoscintillator can emit ultraviolet light under X-ray irradiation. And then the emitted ultraviolet light can activate ZnO semiconductor nanoparticles to generate abundant electron–hole pairs, which results in highly toxic <sup>•</sup>OH generation, and thus enhances the antitumor therapeutic efficacy.

In the process of H<sub>2</sub>O decomposition mediated by semiconductor nanomaterials, the effective separation of electron–hole pairs is the key for ROS generation. Therefore, in order to further elevate the performance of oxygen-independent ROS generation by H<sub>2</sub>O decomposition, Guo *et al.* designed semiconductor heterojunction nanoparticles consisting of two different semiconductors that are BiOI and Bi<sub>2</sub>S<sub>3</sub> (BSA-coated BiOI@Bi<sub>2</sub>S<sub>3</sub>) to enhance free radical generation by suppressing the recombination of electron–hole pairs (Fig. 5).<sup>23</sup> In the work, BSA-coated BiOI@Bi<sub>2</sub>S<sub>3</sub> under X-ray irradiation can effectively generate electron–hole pairs compared to single BiOI due to their matching energy level structure, which provided an efficient way to inhibit the recombination of electron–hole pairs in BiOI and Bi<sub>2</sub>S<sub>3</sub>, and then resulted in highly efficient catalytic performance. The results indicated that the two half reactions of free radical generation happened in the conduction band (CB) of BiOI and the valence band (VB) of Bi<sub>2</sub>S<sub>3</sub>, where the electrons in the CB of Bi<sub>2</sub>S<sub>3</sub> can migrate to the CB of BiOI for <sup>•</sup>O<sub>2</sub><sup>−</sup> generation by transferring electrons to oxygen molecules and the holes in the VB of BiOI can move to the VB of Bi<sub>2</sub>S<sub>3</sub> for <sup>•</sup>OH generation by decomposing the adsorbed H<sub>2</sub>O in the surface of Bi<sub>2</sub>S<sub>3</sub>. The strategy by constructing semiconductor heterojunction nanoparticles maximally amplified their free

radical generation ability under hypoxic conditions. Besides constructing semiconductor heterostructures, some sacrificial agents that can capture electrons or holes are also ideal to promote the separation of electron–hole pairs. In this regard, Wang *et al.* designed a composite consisting of scintillators and Ag<sub>3</sub>PO<sub>4</sub> with a cisplatin prodrug (Pt(IV)), where the cisplatin prodrug as the electron acceptor can effectively capture the photogenerated electrons to effectively generate holes for enhancing oxygen-independent <sup>•</sup>OH generation.<sup>82</sup> In the study, the scintillators under X-ray irradiation can activate the Ag<sub>3</sub>PO<sub>4</sub> to generate electron–hole pairs. Then the photogenerated electrons can react with the loaded cisplatin prodrug, which not only prevented the recombination of photogenerated electron–hole pairs, but also transformed cisplatin prodrug (Pt(IV)) into highly toxic cisplatin (Pt(II)). The effective separation between electrons and holes increased the generation of <sup>•</sup>OH by boosting the reaction between holes and H<sub>2</sub>O. Meanwhile, the photocatalysis-induced cisplatin further enhanced the damage to tumor cells. It was observed that the semiconductor nanomaterial activated by ionizing radiation for non-oxygen dependent free radical generation innovated the mechanism of traditional radiosensitization mediated by nanomaterials with high-Z elements.

In addition to decomposing H<sub>2</sub>O, H<sub>2</sub>O<sub>2</sub> can also be used to generate oxygen-independent ROS. Recently, encouraged by overexpressed H<sub>2</sub>O<sub>2</sub> within malignant solid tumors as well as a burst of additional H<sub>2</sub>O<sub>2</sub> caused by ionizing radiation, many nanomaterials mainly including Fenton's reagent and catalytic nanomaterials have been used to enhance radiotherapeutic efficacy *via* catalyzing sufficient endogenous H<sub>2</sub>O<sub>2</sub> within tumors into oxygen-independent and highly toxic <sup>•</sup>OH.<sup>22,76,83–85</sup> More importantly, the catalytic reaction can only be effectively executed in tumors but not in normal cells because the H<sub>2</sub>O<sub>2</sub> is overexpressed within tumor cells relative to normal cells, which can enhance the selective killing of tumors and reduce the damage to surrounding healthy tissues. For example, Zhang *et al.* reported a simple and smart radiosensitizer based on Cu<sub>2</sub>(OH)PO<sub>4</sub> nanocrystals. These nanocrystals can generate Cu<sup>I</sup> active sites under X-ray irradiation, which can decompose intracellular H<sub>2</sub>O<sub>2</sub> into <sup>•</sup>OH *via* a Fenton-like reaction for enhanced RT.<sup>22</sup> Compared to traditional spontaneous Fe-based Fenton's reaction, the Cu<sub>2</sub>(OH)PO<sub>4</sub> nanocrystal-mediated Fenton-like reaction possessed considerable catalytic performance in a broader pH range. In addition, the X-ray-induced Fenton-like reaction showed an obvious advantage in controllability because the Fenton-like reaction can only be triggered in the presence of exogenous X-rays and endogenous H<sub>2</sub>O<sub>2</sub>. More importantly, they found that the X-ray-triggered Fenton-like reaction failed to effectively occur in normal cells due to insufficient H<sub>2</sub>O<sub>2</sub> within normal cells. Moreover, the normal oxygen within normal cells may also limit the Fenton-like reaction because the X-ray-triggered Cu<sup>I</sup> active sites can be oxidized under oxygen-rich conditions. The limited <sup>•</sup>OH generated in normal cells implied that Cu<sub>2</sub>(OH)PO<sub>4</sub> nanocrystal-mediated RT had a potential to reduce the damage to normal tissues, while the hypoxic environment in tumor cells would favor the Fenton-like performance of Cu<sub>2</sub>(OH)PO<sub>4</sub>.



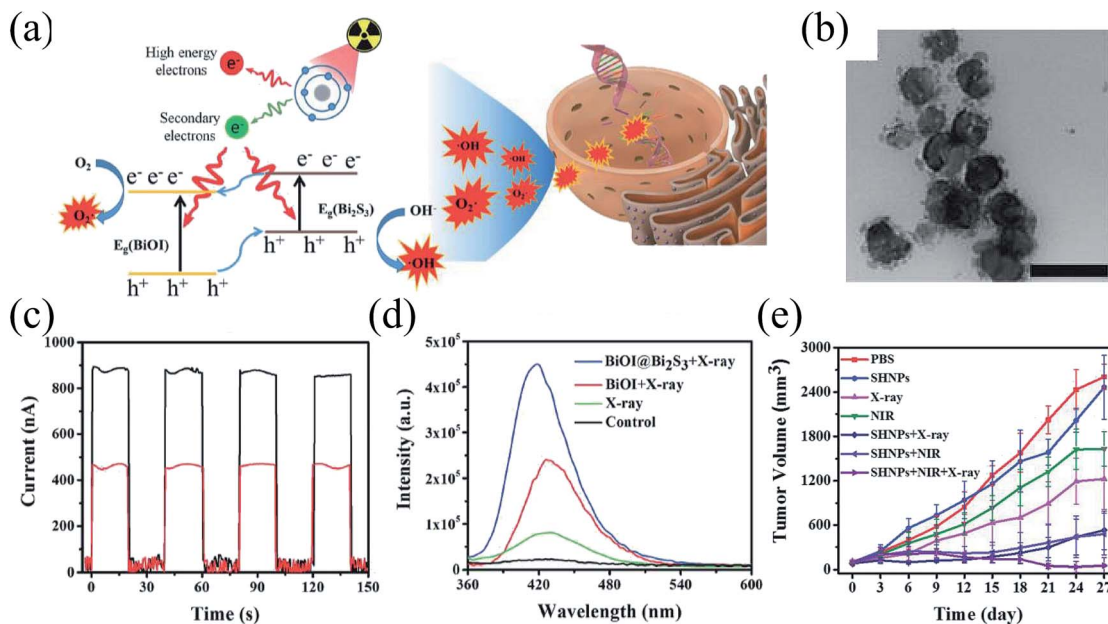


Fig. 5 Semiconductor heterojunction nanoparticles for synergistic therapy of tumors.<sup>23</sup> (a) The mechanism of X-ray-induced ROS generation by BiOI@Bi<sub>2</sub>S<sub>3</sub>. (b) TEM image of as-prepared heterojunction nanoparticles. (c) Photocurrent of as-prepared samples under X-ray irradiation. (d) X-ray-induced ROS generated by as-prepared samples. (e) Tumor growth curves of different groups of mice with different treatments. Adapted with permission from ref. 23. Copyright 2017 WILEY-VCH Verlag GmbH & Co. KGaA, Weinheim.

nanocrystals, resulting in enhanced RT with tumor selectivity. The strategy was greatly helpful to provide new activation approaches to realize controllable and selective hypoxic-tumor RT.

### 3.3 Combination with non-oxygen dependent cancer therapies

In clinics, it is usual to combine RT with other treatments to enhance the therapeutic effect by taking advantage of both and avoid the disadvantages of each other. Therefore, assistant therapies that can be used to complement the killing of tumor cells in RT have shown a promising potential for ideal therapeutic efficacy. The most attractive candidates for assistant therapies are treatments that can ignore tumor hypoxia. In general, since gene therapy, photothermal therapy (PTT) and immunotherapy exhibit less dependence on oxygen relative to RT, a combination of RT and gene therapy, PTT, or immunotherapy may be a promising strategy to overcome the hypoxic limitation during RT. For the synergistic therapy of RT and gene therapy mediated by metal-based nanomaterials, exogenous genes can change the radiotherapeutic efficacy by improving tumor radiosensitivity, in which metal-based nanomaterials can be used as nanocarriers to deliver genes and radiosensitizers to enhance the therapeutic efficacy.<sup>27,86,87</sup> In addition to genes, some anticancer drugs with the ability to adjust tumor radiosensitivity such as 7-ethyl-10-hydroxycamptothecin, paclitaxel and docetaxel are also applied to enhance hypoxic-tumor RT by combining with metal-based nanomaterials, where the loaded anticancer drugs can arrest tumor cells in radiosensitive phases such as G<sub>1</sub> and G<sub>2</sub>/M phases, further increasing the tumor damage caused by ionizing radiation.<sup>88–90</sup> Meanwhile, some of

them exhibited a good antitumor effect. So the strategy provides a remarkable synergistic therapeutic outcome in chemoradiotherapy. For the combination of RT and PTT, in general, employing a single nanosystem with high-Z elements and good photothermal conversion efficiency can effectively realize two treatments.<sup>47,49,91,92</sup> Meanwhile, the accumulation and penetration of nanosystems within tumors may be enhanced, attributed to improved transmembrane permeability induced by the thermal effect.<sup>23,30</sup>

Recently, RT combined with cancer immunotherapy as an important treatment modality has shown enormous potential in tumor ablation, where the immunotherapy can cause complementary damage to tumors in RT-mediated local therapy and also enhance the radiotherapeutic efficacy to distant tumors. Immunotherapy is a type of cancer treatment that helps the immune system fight cancer. Under normal physiological conditions, the immune system can monitor and eliminate tumor cells. However, tumor cells can escape from T-cell recognition and killing by a series of regulatory mechanisms, resulting in immune resistance.<sup>93,94</sup> In checkpoint blockade immunotherapy which is one of the most promising approaches to activate antitumor immunity, the dysregulated expression of immune-checkpoint proteins is the key immune resistance mechanism, inhibiting T cell activity within tumors.<sup>95,96</sup> Some immunomodulatory adjuvant treatments are desired to fight the immune resistance and enhance the antitumor immunity. Recent evidence has indicated that high-dose ionizing radiation as immunomodulatory adjuvant treatment can result in an immunomodulatory effect.<sup>12,97</sup> However, it still suffers from problems such as that high-dose ionizing radiation can result in severe injury to normal tissue and the RT-induced



immunomodulatory effect makes it difficult to obtain systemic tumour rejection. Recently, heavy metal-based nanomaterials with antibodies and inhibitors have been employed to overcome the above problems, which not only can reduce X-ray doses while ensuring damage to tumors, but also enhance the checkpoint blockade immunotherapy for systemic antitumor immunity.<sup>29,98</sup> Ni *et al.* reported Hf-based nanoscale metal-organic frameworks (nMOF) with the anti-programmed death-ligand 1 (anti-PD-L1) antibody, which can be used as radiosensitizers to effectively enhance the local RT and transfer the local radiotherapeutic efficacy to distant tumors *via* abscopal effects (Fig. 6).<sup>98</sup> As a local therapy, Hf-based nMOFs (Hf<sub>6</sub>-DBA and Hf<sub>12</sub>-DBA) were more efficient radiosensitizers than HfO<sub>2</sub>. The evaluation of cell-surface expression of calreticulin (CRT) *in vitro* and *in vivo* certified that Hf<sub>12</sub>-DBA can result in stronger immunogenic cell death, which was consistent with the examined HMGB1 excretion from cells, indicating that Hf<sub>12</sub>-DBA-mediated RT may possess the killing activity of immune. In addition, the results of antitumor immunity indicated that nMOF-mediated RT with PD-L1 checkpoint blockade therapy relative to other groups can effectively induce the maximum antitumor efficacy for distant tumors, which is likely attributed to the increased CD8<sup>+</sup> T cells and NK cells in distant tumors. In addition to combination with the anti-PD-L1 antibody, they also designed an immune

checkpoint molecule indoleamine 2,3-dioxygenase (IDOi)-loaded nMOFs for local low-dose RT and systemic tumour rejection.<sup>29</sup> The above strategies based on metal-based nanomaterials by combining RT and immunotherapy presented a strong synergy to enhance the local radiotherapeutic efficacy and minimize collateral damage to normal tissues. Meanwhile, it can realize effective antitumor efficacy for distant tumors.

## 4. Conclusions

Tumor hypoxia seriously inhibits the radiotherapeutic efficacy, and therefore, it's crucial to seek effective strategies for realizing hypoxic-tumor RT enhancement. Inspired by versatile properties, various metal-based nanomaterials have been developed to overcome the radioresistance of hypoxic tumor tissue and enhance the radiotherapeutic efficacy. In this review, we made a summary of the strategies of hypoxic-tumor RT including employing metal-based nanomaterials as oxygen generators to relieve tumor hypoxia and introducing nanoradiosensitizers with diminished oxygen dependence to escape tumor hypoxia. Recent strategies for addressing hypoxia-associated radioresistance bring a promising opportunity for hypoxic-tumor RT. However, most of them are still in the preliminary stage and there still exist challenges in clinical translation.

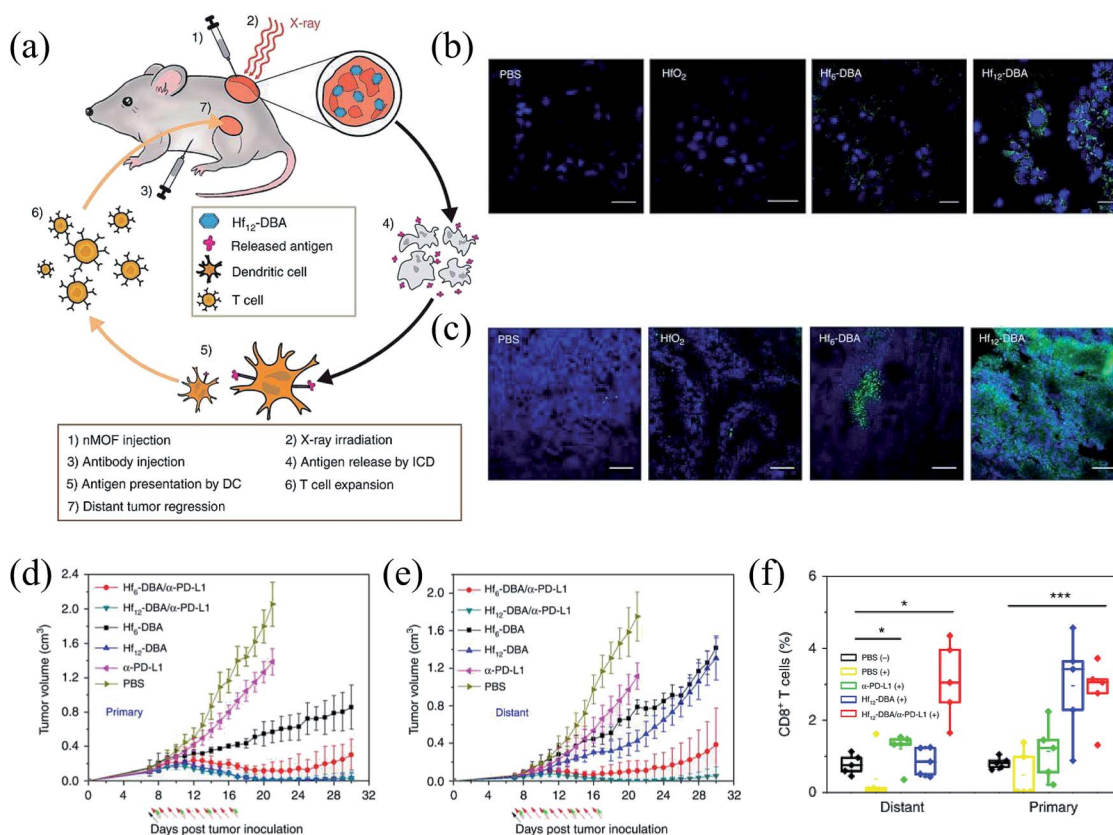


Fig. 6 Metal-organic frameworks for enhanced RT and checkpoint blockade immunotherapy.<sup>98</sup> (a) Abscopal effect of nMOF-mediated RT and immune checkpoint blockade. The expression of calreticulin (CRT) both *in vitro* (b) and *in vivo* (c). Tumor growth curves of (d) primary tumors and (e) distant tumors of CT26 bilateral tumor-bearing mice with different treatments. (f) Tumor-infiltrating CD8<sup>+</sup> T cells in both the primary tumors and the distant tumors.



For O<sub>2</sub>-elevated nanosystems based on metal-based nanomaterials, they have been successfully applied to improve the O<sub>2</sub> level of tumors for hypoxic-tumor RT. However, these nanomaterials may be rapidly eliminated by the reticuloendothelial system, which reduces the efficiency of tumor oxygenation. Therefore, O<sub>2</sub>-elevated nanomaterials with good selectivity and targeting ability for tumors should be pursued to further enhance the radiotherapeutic efficacy and reduce the radio-toxicity to normal tissues. In addition, the NIR-triggered O<sub>2</sub>-delivery system can avoid the premature release of O<sub>2</sub> and maximize the O<sub>2</sub> level within tumors. Nevertheless, NIR with the limited penetration depth fails to deal with deep tumors. An exogenous stimulus with a larger penetration depth such as the magnetic field or X-ray may have a promising potential to be used for controllable O<sub>2</sub>-delivery systems in hypoxic-tumor RT. Besides this, the functional levels of O<sub>2</sub> in O<sub>2</sub>-elevated nanomaterial-mediated RT should be quantified, which is important to provide the standard for constructing an effective O<sub>2</sub>-elevated nanosystem.

For nanomaterials with diminished oxygen dependence, they contribute a new avenue for hypoxic-tumor RT. However, the efficiency of X-ray-induced free radicals generated by oxygen-independent nanomaterials should be further improved. In addition, due to the complexity of organisms, the existing mechanisms of radiosensitization mediated by these nanomaterials are inadequate. Therefore, deep investigations about mechanisms at molecular levels are necessary. Furthermore, the clinical applications for tumors *in situ* of nano-radiosensitizers with diminished oxygen dependence should be explored. In this regard, some ultrasmall nanoparticles or these nanomaterials integrated with targeting ligands may be used to deeply penetrate inside solid tumors. Besides, despite being relatively safe, these nanomaterials need to be further evaluated for much higher biosafety before their application in clinics.

## Conflicts of interest

There are no conflicts to declare.

## Acknowledgements

This work was supported by the National Basic Research Program of China (2016YFA2021600), the National Natural Science Foundation of China (51822207, 51772292, 31571015 and 11621505), Chinese Academy of Sciences Youth Innovation Promotion Association (2013007), and CAS Key Research Program of Frontier Sciences (QYZDJ-SSW-SLH022).

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