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Investigation on the quality diversity and quality-FTIR characteristic relationship of sunflower seed oils

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Forty-one sunflower seed oil (SSO) products were collected to investigate their quality parameters before and after high-temperature and short-time (HTST) cooking, including peroxide value (PV), acid value (AV) and fatty acid (FA) composition. Their Fourier-transform infrared (FTIR) spectra were then scanned to explore the parameter-FTIR characteristic relationship using chemometrics with multiple linear regression (MLR) analysis. The PV and AV of uncooked products were in the range of 1.49–6.29 mmol kg⁻¹ and 0.04–0.31 mg g⁻¹, with the variation coefficient of 36.47% and 146.82%, respectively. They were mainly composed of palmitic acid (2.39–3.33%), stearic acid (1.76–2.54%), oleic acid (10.02–24.77%) and linoleic acid (66.42–83.62%). The parameter changes caused by HTST cooking were slight. SSO products from different countries might have significantly different FA composition, especially linoleic acid content ($P < 0.05$), and those with different shelf times might differ in PV ($P < 0.05$). In addition, the FTIR spectra of cooked and uncooked SSO showed the similarity degree values ranging from 0.67 to 0.97 and 0.72 to 0.97, respectively. All the spectra exhibited the characteristic bands of $-C-H$, $-C=O$, $-C-O-$ and $=CH_2$, in which 11 common bands as independent variables were selected to establish various FTIR characteristic–quality relationship models. The models of palmitic acid, oleic acid and linoleic acid were acceptable for their content predictions. Moreover, the cooked oils and uncooked oils could be completely distinguished by orthogonal partial least squares discriminant analysis due to the cooking-caused changes in FTIR spectrum. Production place and shelf time were the important factors related to the quality diversity of SSO, and FTIR spectroscopy combined with chemometrics was feasible for the simultaneous determination of various quality parameters.

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1. Introduction

Sunflower seed oil (SSO), mostly produced in the Russian Federation, Ukraine, Argentina and Turkey, is one of the most consumed edible oils (about 8.6 million tons per year).¹ It is recognized as a healthy choice due to balanced amounts of fatty acids (FA) and high contents in polyunsaturated fatty acids (PUFA, account for 68–72% of total FA), α -tocopherol and vitamin E.^{2,3} There is a huge market demand for imported SSO in China. In the last decade, the total imported amount of edible oils ranged from 7.4 to 9.6 million tons per year, in which SSO ranked the third (more than 0.43 million tons per year since 2013), after palm oil and rapeseed oil.^{4,5} The quality of imported SSO products, which have a larger amount compared to the homemade products,⁵ is of wide concern to Chinese consumers.

The quality of edible oils has been reported to be associated with various factors, such as raw material, technology, additive, storage time and conditions.^{1,2,6–8} The oils of wild sunflower seeds harvested from several regions of Argentina showed significant differences in fatty acid (FA) profile, peroxide value (PV) and oxidative stability, as well as those of cultivated sunflower seeds.⁶ In addition, SSO products from the Italian market obviously differed in free acidity, PV, oleic acid content and linoleic acid content, due to the different farming systems of raw material and the different technologies of production.² However, we know limitedly about the quality characteristics of SSO products in the Chinese market, especially the difference between homemade and imported products in consideration of the variations in raw material and technology and the potential effect of cross-border transportation on quality.

In the traditional Chinese cuisine, vegetable oils are used mostly for making vegetable salads, stir-frying, pan-frying and deep-frying.⁹ Stir-frying and pan-frying, which are both characterized with high-temperature and short-time (HTST), are most popular and frequent in the daily Chinese cooking.¹⁰ Because of relatively high PUFA content, SSO is vulnerable to thermo-oxidative degradation, which is directly related to the

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deterioration of quality. The quality changes of vegetable oils after cooking have attracted great attentions, particularly many efforts have been paid to investigate the influence of deep-frying (150–200 °C, ≥ 0.5 h) on the characteristics of SSO.^{7,11–13} However, the effect of HTST cooking is still unavailable.

Many analytical methods have been proposed for the quality control of edible oils, in which Fourier-transform infrared (FTIR) spectroscopy is a rapid, nondestructive and environmental-friendly technique widely used in research laboratories and food industry to characterize oils with specific bands or regions in spectrum.^{14,15} Certain FTIR bands have been applied for the qualitative determination of some parameters such as free FA, PV, saturated and monounsaturated acyl groups.^{16–19} In comparison, certain FTIR regions have been reported with more applications in the quality control using chemometrics methods, involving in adulteration, deterioration, authentication and quality prediction.^{20–23} The deep-frying-caused deterioration of SSO and its adulteration with deteriorated oils have been clearly defined by FTIR spectroscopy combined with chemometrics.¹⁵ To the best of our knowledge, there is no systematic investigation on the FTIR profile difference between SSO products and the relationship between FTIR characteristic and quality.

The present work aimed to preliminarily investigate the quality diversity of SSO products consumed in China, evaluate the effect of HTST cooking on their qualities, and explore the FTIR characteristic–quality relationship of SSO. Therefore, available SSO products in the Chinese market were collected. Their quality parameters, including PV, AV and FA, were analyzed before and after HTST cooking. Moreover, their common bands of FTIR spectrum confirmed by chemometrics analysis were used as independent variables to establish the multiple linear regression (MLR) models of various parameters. The availability of models used for the quality determination of SSO was further evaluated.

2. Materials and methods

2.1. SSO products

Forty-one SSO products sold in China were purchased as seen in Table 1. In addition, the products of Aceites Abril (0.5 L in a PET bottle, Ourense, Spain) were dark-kept at 40 °C for 0, 2, 4, 6 and 8 months to obtain the test samples, which were used for verifying the determination method proposed in the present work and were respectively named as S1, S2, S3, S4 and S5. All the tests on SSO products were finished in 12 h after they were first opened.

2.2. Cooking treatment

The HTST cooking of SSO was carried out with three replications for each sample, according to the method reported previously.¹⁰ A cast iron pan was preheated in a 210 °C oil bath, and SSO (100 ± 2 g) was then added in for 5 min heating. The hot oil was rapidly cooled in an ice-water bath and stored in a well-sealed tube at 4 °C. All the tests on sample were finished in the following 12 h.

2.3. Quality analyses

The PV and AV of oil samples were measured by the titration methods described in the national standard GB5009.227 and GB5009.229 of China, respectively.^{24,25} The values of PV were expressed as the molar amount of active oxygen per 1 kg of sample (mmol kg^{-1}), and those of AV were expressed as the mass of potassium hydroxide used to neutralize 1 g of sample (mg KOH g^{-1}). The methyl-esterification of oil samples was implemented according to the national standard GB5009.168 of China using 15% boron fluoride-methanol solution.²⁶ The measurement of FA methyl ester was then performed with an Agilent 7890A gas chromatograph (GC) system (Agilent, Santa Clara, CA, USA).¹⁰ The chromatographic conditions were as follows: the temperature of Agilent HP-88 capillary column (60 m length, 0.2 mm inner diameter and 0.2 μm thickness) increased from 100 °C to 175 °C at a rate of 15 °C min^{-1} (hold for 10 min) and then increased to 230 °C at a rate of 5 °C min^{-1} (hold for 20 min); N_2 was used as carrier gas at a flow rate of 1.0 mL min^{-1} ; 1 μL sample was injected with the splitless mode; the temperature of injection port was 260 °C; the temperature of flame ionization detector (FID) was 280 °C; the flow rates of H_2 , air and make-up N_2 were 30, 400 and 30 mL min^{-1} , respectively. The standard mixture of FA methyl esters (Sigma Aldrich Co Ltd, Bellefonte, PA, USA) was gradient-diluted to establish the standard curve (concentration vs. peak area). For each sample, all the measurements were performed in triplicate.

2.4. FTIR measurement

Attenuated total reflectance-Fourier transform infrared spectroscopy (ATR-FTIR) was used to characterize oil samples on a Thermo Nicolet Nexus 670 FTIR spectrometer (Nicolet Instrument Corporation, Madison, USA) in the range of 4000–600 cm^{-1} with a resolution of 4 cm^{-1} . The sample (50 μL) was scanned by a deuterated triglycine sulfate detector with the signal cumulative frequency of 16.

2.5. Statistical analysis

Data were presented as means \pm standard deviations. The significant difference ($P < 0.05$) between groups was analyzed by one-way analysis of variance (Student–Newman–Keuls test) using the SPSS Statistics 19 software (IBM, Armonk, NY, USA). The between-group correlation was assessed by Pearson's correlation test. The curvilinear integrating, common model fitting, similarity evaluation and multivariate statistical analysis of FTIR spectra were conducted on the ChemPattern software (Advanced Chemometric Solution 2017, Chemmind Technologies (Beijing) CO., LTD., Beijing, China). The relationship between FTIR characteristic and quality parameter was investigated by multiple linear regression (MLR) analysis with the Enter method using the SPSS software.

3. Results

3.1. PV and AV of SSO products

Both PV and AV are important indices to control the safety and quality of edible vegetable oil. In China, the PV and AV of SSO



Table 1 The information of sunflower seed oil products

Sample code	Product information							Shelf time ^c (month)
	Country	Date of production (month/day/year)	Shelf life (month)	Packaging volume (L)	Technology ^a	Quality grade ^b	Date of test (month/day/year)	
A1	Bulgaria	03/05/2016	24	5	E	—	12/23/2017	22
B1	Turkey	08/10/2016	24	5	P	1	12/23/2017	17
B2	Turkey	01/03/2017	24	3	P	—	12/23/2017	12
B3	Turkey	12/03/2016	24	4	P	—	02/01/2018	14
C1	Spain	11/05/2016	24	2	P	—	02/01/2018	15
C2	Spain	09/28/2016	24	2	E	—	02/01/2018	16
C3	Spain	03/29/2016	24	1	P	1	03/27/2018	24
C4	Spain	07/11/2016	24	2	P	—	03/27/2018	21
C5	Spain	01/25/2016	24	1	E	—	03/27/2018	26
C6	Spain	06/29/2016	24	3	E	—	04/17/2018	22
C7	Spain	11/29/2016	24	3	E	1	04/17/2018	17
C8	Spain	08/01/2016	18	5	E	—	04/17/2018	21
C9	Spain	10/13/2016	24	5	P	—	07/03/2018	21
C10	Spain	12/10/2016	24	1	E	1	07/03/2018	19
C11	Spain	09/21/2017	24	1	P	—	01/03/2019	16
D1	Italy	10/05/2016	24	0.5	P	1	04/25/2018	19
E1	Ukraine	07/15/2016	24	0.87	P	1	04/25/2018	22
E2	Ukraine	11/15/2016	24	5	P	—	05/22/2018	18
E3	Ukraine	11/08/2016	24	5	P	—	05/22/2018	19
E4	Ukraine	03/20/2017	24	5	P	—	06/25/2018	15
E5	Ukraine	05/19/2017	24	5	P	—	07/03/2018	14
E6	Ukraine	06/09/2017	24	5	P	—	10/19/2018	17
E7	Ukraine	04/11/2017	24	1	P	—	10/19/2018	19
E8	Ukraine	11/23/2016	24	1	E&P	—	12/05/2018	25
E9	Ukraine	01/25/2017	24	1	P	—	12/05/2018	23
E10	Ukraine	05/09/2016	24	5	P	1	12/05/2018	30
E11	Ukraine	07/26/2016	24	5	P	—	12/13/2018	29
F1	Kazakhstan	11/07/2016	24	5	P	—	05/22/2018	19
F2	Kazakhstan	03/03/2017	18	5	P	1	12/13/2018	22
G1	Belgium	10/18/2016	18	1	P	1	06/25/2018	21
H1	Russia	05/22/2017	24	3	P	—	06/25/2018	13
H2	Russia	02/16/2017	24	1	P	—	10/19/2018	20
H3	Russia	08/26/2017	18	1	P	1	12/13/2018	16
H4	Russia	06/27/2018	18	1	P	—	01/03/2019	6
I1	Germany	07/08/2016	18	1	P	—	04/25/2018	22
I2	Germany	07/30/2018	24	0.75	P	—	01/03/2019	5
J1	China	01/14/2018	18	0.9	P	1	12/13/2018	11
J2	China	09/30/2018	18	5	P	—	12/19/2018	3
J3	China	10/31/2018	18	4	P	—	12/19/2018	2
J4	China	01/20/2018	18	1.8	P	1	12/19/2018	11
J5	China	09/04/2018	18	0.9	P	1	01/03/2019	4

^a E, extraction technology; P, pressing technology; sample E8 marked 'E&P' is a mixed product composed of 75% pressing oil and 25% extracting oil.

^b The labeled grade is in accord with the national standard GB/T 10464-2017 of China, and '—' means that the grade is unavailable. ^c 'Shelf time' means the time span between the dates of production and test of sunflower seed oil product.

are at most 7.5 mmol kg⁻¹ and 1.5 mg KOH g⁻¹ for first-grade standard, and at most 9.8 mmol kg⁻¹ and 3.0 mg g⁻¹ for second-grade standard, respectively.²⁷ As seen in Table 2, the PV values of uncooked and cooked SSO products were respectively in the ranges of 1.5–6.3 mmol kg⁻¹ and 1.6–7.1 mmol kg⁻¹, with the mean values of 3.1 and 3.6 mmol kg⁻¹. Compared with PV values, AV values showed larger coefficients of variation (CV, >144%). But there were no obvious differences between uncooked and cooked groups in AV range (0.02–1.26 and 0.02–1.28 mg KOH g⁻¹) and mean AV (both 0.18 mg KOH g⁻¹). All the

investigated products were in the first-grade standard of PV and AV.

3.2. FA compositions of SSO products

As referred to the national standard GB/T 10464 of China, SSO is composed of myristic acid (C14:0, ≤0.2%), palmitic acid (C16:0, 5.0–7.6%), palmitoleic acid (C16:1, ≤0.3%), heptadecanoic acid (C17:0, ≤0.2%; C17:1, ≤0.1%), stearic acid (C18:0, 2.7–6.5%), oleic acid (C18:1, 14.0–39.4%), linoleic acid (C18:2, 48.3–74.0%), linolenic acid (C18:3, ≤0.3%), arachidic acid (C20:0,



Table 2 The peroxide values and acid values of SSO products^a

Sample code	Peroxide value (mmol kg ⁻¹)		Acid value (mg KOH g ⁻¹)	
	Uncooked	Cooked	Uncooked	Cooked
A1	2.2 ± 0.2	3.7 ± 0.8	1.18 ± 0.06	1.14 ± 0.02
B1	3.2 ± 0.2	4.1 ± 0.6	0.15 ± 0.01	0.16 ± 0.01
B2	2.4 ± 0.1	3.7 ± 0.5	0.05 ± 0.01	0.05 ± 0.01
B3	2.5 ± 0.3	2.8 ± 0.6	0.06 ± 0.01	0.06 ± 0.01
C1	1.9 ± 0.1	2.5 ± 0.3	0.21 ± 0.01	0.20 ± 0.01
C2	2.7 ± 0.2	2.9 ± 0.3	0.10 ± 0.01	0.11 ± 0.01
C3	4.6 ± 0.4	5.9 ± 0.3	0.25 ± 0.01	0.25 ± 0.01
C4	3.4 ± 0.2	4.0 ± 0.3	0.25 ± 0.01	0.26 ± 0.01
C5	2.6 ± 0.2	3.8 ± 0.1	0.04 ± 0.01	0.04 ± 0.01
C6	2.5 ± 0.2	3.2 ± 0.3	0.12 ± 0.01	0.11 ± 0.01
C7	3.0 ± 0.3	3.4 ± 0.3	0.40 ± 0.01	0.40 ± 0.01
C8	2.7 ± 0.3	3.6 ± 0.2	0.18 ± 0.01	0.18 ± 0.01
C9	3.6 ± 0.3	4.3 ± 0.3	0.18 ± 0.01	0.18 ± 0.01
C10	4.6 ± 0.3	3.9 ± 0.3	0.32 ± 0.01	0.32 ± 0.01
C11	2.4 ± 0.4	2.1 ± 0.4	0.19 ± 0.03	0.21 ± 0.01
D1	2.7 ± 0.1	3.3 ± 0.2	0.02 ± 0.01	0.02 ± 0.01
E1	4.9 ± 0.3	4.9 ± 0.3	0.06 ± 0.01	0.06 ± 0.01
E2	3.2 ± 0.3	4.2 ± 0.3	0.05 ± 0.01	0.05 ± 0.01
E3	2.8 ± 0.2	3.9 ± 0.3	0.09 ± 0.01	0.10 ± 0.01
E4	4.3 ± 0.1	4.5 ± 0.2	0.07 ± 0.01	0.08 ± 0.01
E5	2.1 ± 0.1	2.6 ± 0.2	0.09 ± 0.01	0.10 ± 0.01
E6	2.2 ± 0.2	3.2 ± 0.3	0.06 ± 0.01	0.06 ± 0.01
E7	3.7 ± 0.3	4.1 ± 0.4	1.26 ± 0.01	1.28 ± 0.01
E8	4.1 ± 0.4	3.1 ± 0.2	0.04 ± 0.01	0.05 ± 0.01
E9	4.2 ± 0.2	3.8 ± 0.3	0.17 ± 0.01	0.17 ± 0.01
E10	2.0 ± 0.4	2.2 ± 0.2	0.07 ± 0.01	0.07 ± 0.01
E11	2.1 ± 0.2	2.9 ± 0.3	0.16 ± 0.01	0.16 ± 0.01
F1	6.3 ± 0.6	7.1 ± 0.5	0.31 ± 0.01	0.32 ± 0.01
F2	3.4 ± 0.2	4.1 ± 0.8	0.08 ± 0.01	0.09 ± 0.01
G1	5.6 ± 0.3	6.9 ± 0.4	0.10 ± 0.01	0.10 ± 0.01
H1	3.3 ± 0.6	4.0 ± 0.4	0.06 ± 0.01	0.06 ± 0.01
H2	3.8 ± 0.3	4.0 ± 0.3	0.44 ± 0.01	0.44 ± 0.01
H3	2.4 ± 0.4	3.1 ± 0.3	0.09 ± 0.01	0.10 ± 0.01
H4	2.1 ± 0.4	1.7 ± 0.5	0.04 ± 0.01	0.04 ± 0.01
I1	5.2 ± 0.5	5.4 ± 0.6	0.06 ± 0.01	0.07 ± 0.01
I2	2.1 ± 0.3	2.8 ± 0.6	0.03 ± 0.01	0.04 ± 0.01
J1	2.1 ± 0.1	2.9 ± 0.2	0.06 ± 0.01	0.05 ± 0.01
J2	1.9 ± 0.2	1.8 ± 0.1	0.03 ± 0.01	0.03 ± 0.01
J3	1.5 ± 0.1	2.0 ± 0.1	0.04 ± 0.01	0.04 ± 0.01
J4	2.8 ± 0.5	2.8 ± 0.4	0.04 ± 0.01	0.04 ± 0.01
J5	2.0 ± 0.3	1.6 ± 0.4	0.05 ± 0.01	0.05 ± 0.01
Mean ± SD	3.1 ± 1.2	3.6 ± 1.3	0.18 ± 0.27	0.18 ± 0.26

^a Values were expressed as means ± standard deviation ($n = 3$).

0.1–0.5%), eicosenoic acid (C20:1, ≤0.3%), behenic acid (C22:0, 0.3–1.5%), erucic acid (C22:1, ≤0.3%), docosadienoic acid (C22:2, ≤0.3%) and tetracosanoic acid (C24:0, ≤0.5%).²⁷ The 41 SSO products mainly contained palmitic acid (2.39–3.33%), stearic acid (1.76–2.54%), oleic acid (10.02–24.77%) and linoleic acid (66.42–83.62%) as seen in Table 3. In addition, myristic acid (≤0.06%), palmitoleic acid (≤0.24%), elaidic acid (≤1.05%), linolelaidic acid (≤1.16%), arachidic acid (≤0.35%), eicosenoic acid (≤0.83%, except sample F2 that had a higher content of 2.71%), linolenic acid (≤0.23%), behenic acid (≤0.50%), docosadienoic acid (≤0.19%) and eicosapentaenoic acid (≤0.17%). The HTST cooking did not significantly change the FA composition of SSO.

3.3. FTIR characteristics of SSO products

FTIR spectroscopy in combination with chemometrics has been widely applied for the quality control of edible oils.^{17,23} The FTIR spectra of uncooked and cooked SSO products in the wave-number range of 4000–600 cm⁻¹ were recorded (Fig. 1A and D). The FTIR common models of the two groups, defined as the average vector of spectra, were highly similar (Fig. 1B and E). Their characteristic bands included: the C–H stretching vibration (SV) of =C–H (*cis*) at 3006.48 cm⁻¹; the symmetric SV of –C–H (CH₃) at 2923.56 cm⁻¹; the asymmetric SV of –C–H (CH₂) at 2854.18 cm⁻¹; the SV of –C=O (ester) at 1745.26 cm⁻¹; the SV of –C=O (acid) at 1683.55 cm⁻¹; the bending vibration (BV) of –C–H (CH₂) at 1492.63 cm⁻¹; the scissoring BV of –C–H (CH₂) at 1463.71 cm⁻¹; the symmetric BV of –C–H (CH₃) at 1378.85 cm⁻¹; the BV of CH₂ group at 1303.64 cm⁻¹; the SV of –C–O– at 1241.93 cm⁻¹; the SV of –C–O at 1162.87 cm⁻¹; the SV of –C–O at 1099.23 cm⁻¹; the BV (C–H out of plane) of –HC=CH– (*trans*) at 966.16 cm⁻¹; the wagging vibration of =CH₂ at 836.96 cm⁻¹; the rocking vibration of –(CH₂)_{*n*}– at 721.25 cm⁻¹; and the BV (out of plane) of O–H at 636.39 cm⁻¹.^{14,17,23} In addition, the 3683.37 cm⁻¹ band might be related to the –OH SV of water (H–OH), hydroperoxides (ROOH) and their breakdown products (namely alcohols ROH).^{18,19}

The similarity degree of sample spectrum comparing to common model was calculated by the coefficient of correlation. The values of uncooked oils ranged from 0.67 to 0.97 (Fig. 1C), and those of cooked oils ranged from 0.72 to 0.97 (Fig. 1F). Based on the integrating of spectra performed with the slope value of 0.01, 11 common bands were selected, and their intensities were listed in Table 4. The spectral differences among the oils mainly appeared at 1464, 1379 and 1240 cm⁻¹. The corresponding bands showed relatively higher coefficients of intensity variation (>18.08%) compared to others.

To get an insight into the FTIR features responsible for the discrimination between uncooked and cooked oils, a score plot (Fig. 1G) and a loading plot (not shown) were formed by orthogonal partial least squares discriminant analysis (OPLS-DA) using the ChemPattern software. The two groups were obviously separated. The FTIR bands mainly contributed to the separation distributed in the fingerprint region (650–630 cm⁻¹), which was associated with the BV (out of plane) of O–H.²³

3.4. FTIR-based MLR models

The relationship between the FTIR feature and quality parameter of SSO was analyzed by an MLR method. The FTIR common bands 1–11 were defined to be independent variables $X_1 - X_{11}$, respectively. The MLR models of PV (Y_1), AV (Y_2), palmitic acid content (Y_3), oleic acid content (Y_5) and linoleic acid content (Y_6) were highly significant ($P < 0.01$) and respectively contributed to 63.6%, 56.2%, 68.7%, 78.8% and 76.3% of the variations among samples (Table 5). Their standard errors of estimation, which were respectively 1.0 mmol kg⁻¹, 0.23 mg KOH g⁻¹, 0.15%, 2.05% and 2.30%, were acceptable in relative to the actual values. The factors significantly related to the qualities of SSO can be concluded as: X_3 for Y_1 ; X_1, X_2 and X_8 for Y_2 ; X_3, X_4 and X_{11} for Y_3 ; X_1, X_3, X_4, X_7, X_8 and X_{11} for both Y_5 and Y_6 . The mean





Table 3 The fatty acid compositions of sunflower seed oil products^a

Sample code	C14:0 (%)	C16:0 (%)	C16:1 (%)	C18:0 (%)	C18:1n9c (%)	C18:1n9t (%)	C18:2n6t (%)	C18:2n6c (%)	C20:0 (%)	C20:1 (%)	C18:3n3 (%)	C22:0 (%)	C22:2 (%)	C20:5 (%)
A1 Uncooked	0.52 ± 0.01	2.78 ± 0.01	1.97 ± 0.01	1.76 ± 0.01	18.59 ± 0.01	9.71 ± 0.06	1.36 ± 0.04	74.31 ± 0.01	1.43 ± 0.01	1.03 ± 0.11	1.96 ± 0.03	4.11 ± 0.01	1.66 ± 0.09	1.70 ± 0.04
Cooked	0.52 ± 0.01	2.79 ± 0.01	1.99 ± 0.01	1.77 ± 0.01	18.64 ± 0.01	9.75 ± 0.05	1.32 ± 0.03	74.25 ± 0.01	1.43 ± 0.01	1.04 ± 0.04	1.97 ± 0.02	4.10 ± 0.01	1.76 ± 0.10	1.73 ± 0.04
B1 Uncooked	0.46 ± 0.01	2.61 ± 0.01	1.88 ± 0.01	1.98 ± 0.01	19.59 ± 0.01	9.45 ± 0.04	2.42 ± 0.05	73.04 ± 0.02	1.50 ± 0.01	2.63 ± 0.02	2.03 ± 0.03	4.02 ± 0.02	1.93 ± 0.08	1.53 ± 0.02
Cooked	0.46 ± 0.01	2.62 ± 0.01	1.89 ± 0.01	1.99 ± 0.01	19.61 ± 0.01	9.48 ± 0.02	2.40 ± 0.02	72.99 ± 0.01	1.51 ± 0.02	2.68 ± 0.04	2.09 ± 0.03	4.01 ± 0.01	1.87 ± 0.02	1.52 ± 0.02
B2 Uncooked	0.41 ± 0.01	2.44 ± 0.01	1.17 ± 0.01	1.80 ± 0.01	14.77 ± 0.01	7.86 ± 0.03	2.19 ± 0.03	78.65 ± 0.01	1.36 ± 0.02	1.31 ± 0.01	1.90 ± 0.04	3.88 ± 0.01	1.93 ± 0.11	1.38 ± 0.06
Cooked	0.41 ± 0.01	2.45 ± 0.01	1.17 ± 0.01	1.81 ± 0.01	14.83 ± 0.01	7.86 ± 0.03	2.19 ± 0.01	78.63 ± 0.02	1.35 ± 0.02	1.33 ± 0.02	1.91 ± 0.03	3.90 ± 0.01	1.34 ± 0.17	1.41 ± 0.01
B3 Uncooked	0.52 ± 0.01	2.62 ± 0.01	1.60 ± 0.06	2.54 ± 0.02	24.77 ± 0.04	9.17 ± 0.07	11.62 ± 0.06	66.42 ± 0.07	2.07 ± 0.09	2.70 ± 0.09	2.28 ± 0.03	4.95 ± 0.02	—	1.55 ± 0.08
Cooked	0.52 ± 0.01	2.61 ± 0.01	1.57 ± 0.01	2.53 ± 0.01	24.77 ± 0.03	9.13 ± 0.04	11.62 ± 0.04	66.43 ± 0.05	2.06 ± 0.01	2.70 ± 0.02	2.30 ± 0.03	4.99 ± 0.03	—	1.69 ± 0.04
C1 Uncooked	0.47 ± 0.01	2.56 ± 0.01	1.42 ± 0.02	1.91 ± 0.01	17.09 ± 0.01	9.03 ± 0.01	1.73 ± 0.01	76.04 ± 0.02	1.40 ± 0.01	2.54 ± 0.01	2.05 ± 0.01	3.93 ± 0.01	—	1.46 ± 0.02
Cooked	0.47 ± 0.01	2.57 ± 0.01	1.42 ± 0.01	1.92 ± 0.01	17.10 ± 0.02	9.06 ± 0.02	1.70 ± 0.03	76.02 ± 0.02	1.39 ± 0.01	2.54 ± 0.01	2.06 ± 0.01	3.90 ± 0.05	—	1.45 ± 0.03
C2 Uncooked	0.53 ± 0.01	2.76 ± 0.01	2.19 ± 0.01	1.97 ± 0.01	18.23 ± 0.01	10.52 ± 0.02	5.20 ± 0.04	74.32 ± 0.01	1.49 ± 0.01	—	1.88 ± 0.01	3.86 ± 0.01	—	1.54 ± 0.05
Cooked	0.53 ± 0.01	2.76 ± 0.01	2.20 ± 0.01	1.97 ± 0.01	18.23 ± 0.02	10.52 ± 0.01	5.22 ± 0.03	74.31 ± 0.02	1.48 ± 0.01	—	1.89 ± 0.01	3.86 ± 0.01	—	1.52 ± 0.01
C3 Uncooked	0.46 ± 0.01	2.56 ± 0.01	1.39 ± 0.01	2.01 ± 0.01	16.14 ± 0.02	8.55 ± 0.01	5.61 ± 0.12	76.69 ± 0.08	1.42 ± 0.01	—	1.92 ± 0.02	3.97 ± 0.01	1.79 ± 0.08	1.49 ± 0.04
Cooked	0.46 ± 0.01	2.57 ± 0.01	1.37 ± 0.01	2.00 ± 0.01	16.15 ± 0.02	8.55 ± 0.01	5.71 ± 0.09	76.61 ± 0.03	1.42 ± 0.01	—	1.89 ± 0.02	3.97 ± 0.02	1.83 ± 0.13	1.52 ± 0.01
C4 Uncooked	0.42 ± 0.01	2.39 ± 0.01	1.02 ± 0.01	2.08 ± 0.01	15.38 ± 0.02	7.23 ± 0.01	6.32 ± 0.01	77.47 ± 0.02	1.40 ± 0.01	1.21 ± 0.01	1.89 ± 0.02	4.01 ± 0.01	1.85 ± 0.08	1.41 ± 0.01
Cooked	0.42 ± 0.01	2.39 ± 0.01	1.02 ± 0.01	2.07 ± 0.01	15.38 ± 0.01	7.21 ± 0.02	6.33 ± 0.04	77.49 ± 0.02	1.39 ± 0.01	1.21 ± 0.01	1.89 ± 0.01	3.97 ± 0.02	1.85 ± 0.05	1.42 ± 0.01
C5 Uncooked	0.44 ± 0.01	2.46 ± 0.01	1.26 ± 0.01	2.32 ± 0.01	15.81 ± 0.01	8.02 ± 0.03	3.81 ± 0.01	76.96 ± 0.02	1.62 ± 0.01	1.18 ± 0.04	1.76 ± 0.04	4.04 ± 0.02	1.06 ± 0.04	1.33 ± 0.01
Cooked	0.44 ± 0.01	2.47 ± 0.01	1.26 ± 0.01	2.33 ± 0.01	15.84 ± 0.06	8.04 ± 0.02	3.79 ± 0.01	76.90 ± 0.14	1.64 ± 0.01	1.13 ± 0.01	1.73 ± 0.01	4.07 ± 0.01	1.16 ± 0.03	1.35 ± 0.02
C6 Uncooked	0.47 ± 0.01	2.61 ± 0.01	1.43 ± 0.01	2.11 ± 0.01	16.00 ± 0.01	8.73 ± 0.03	3.28 ± 0.01	76.75 ± 0.01	1.56 ± 0.01	1.66 ± 0.02	1.82 ± 0.01	3.99 ± 0.01	1.12 ± 0.03	1.41 ± 0.01
Cooked	0.47 ± 0.01	2.63 ± 0.02	1.45 ± 0.01	2.12 ± 0.01	16.08 ± 0.02	8.82 ± 0.06	3.25 ± 0.06	76.60 ± 0.04	1.58 ± 0.01	1.69 ± 0.09	1.82 ± 0.01	4.00 ± 0.02	1.17 ± 0.06	1.43 ± 0.01
C7 Uncooked	0.51 ± 0.01	2.74 ± 0.01	1.92 ± 0.01	2.02 ± 0.01	18.02 ± 0.02	9.84 ± 0.04	6.02 ± 0.03	74.27 ± 0.02	1.55 ± 0.01	1.00 ± 0.05	1.89 ± 0.01	4.00 ± 0.01	1.14 ± 0.09	1.59 ± 0.01
Cooked	0.52 ± 0.01	2.76 ± 0.01	1.93 ± 0.01	2.03 ± 0.01	18.10 ± 0.01	9.88 ± 0.02	6.06 ± 0.02	74.14 ± 0.01	1.57 ± 0.01	0.98 ± 0.02	1.91 ± 0.01	4.01 ± 0.01	1.16 ± 0.02	1.60 ± 0.01
C8 Uncooked	0.44 ± 0.01	2.56 ± 0.01	1.44 ± 0.01	2.10 ± 0.01	19.68 ± 0.02	8.79 ± 0.03	7.56 ± 0.04	72.65 ± 0.04	1.63 ± 0.02	1.11 ± 0.03	2.05 ± 0.01	4.28 ± 0.02	1.11 ± 0.05	1.58 ± 0.01



Table 3 (Contd.)

Sample code	C14:0 (%)	C16:0 (%)	C16:1 (%)	C18:0 (%)	C18:1n9c (%)	C18:1n9t (%)	C18:2n6t (%)	C18:2n6c (%)	C20:0 (%)	C20:1 (%)	C18:3n3 (%)	C22:0 (%)	C22:2 (%)	C20:5 (%)
Cooked	0.44 ± 0.01	2.58 ± 0.01	1.44 ± 0.01	2.11 ± 0.01	19.74 ± 0.01	8.96 ± 0.04	7.56 ± 0.01	72.54 ± 0.02	1.62 ± 0.01	1.13 ± 0.04	2.08 ± 0.02	4.29 ± 0.01	1.19 ± 0.05	1.59 ± 0.01
C9 Uncooked	0.57 ± 0.01	2.86 ± 0.01	1.70 ± 0.01	2.20 ± 0.01	15.91 ± 0.02	0.23 ± 0.01	5.43 ± 0.16	77.44 ± 0.01	1.33 ± 0.01	1.86 ± 0.01	0.89 ± 0.01	2.78 ± 0.02	0.33 ± 0.01	0.88 ± 0.01
Cooked	0.57 ± 0.01	2.86 ± 0.01	1.71 ± 0.01	2.20 ± 0.01	15.91 ± 0.01	0.22 ± 0.01	5.53 ± 0.06	77.42 ± 0.01	1.32 ± 0.01	1.85 ± 0.02	0.89 ± 0.01	2.75 ± 0.01	0.32 ± 0.01	0.88 ± 0.01
C10 Uncooked	0.58 ± 0.01	2.95 ± 0.01	2.02 ± 0.01	1.89 ± 0.01	18.57 ± 0.01	0.28 ± 0.01	7.10 ± 0.06	74.69 ± 0.02	1.19 ± 0.01	2.57 ± 0.01	1.00 ± 0.01	2.88 ± 0.02	0.35 ± 0.01	0.97 ± 0.01
Cooked	0.61 ± 0.05	2.95 ± 0.01	2.02 ± 0.01	1.90 ± 0.01	18.60 ± 0.01	0.28 ± 0.01	6.96 ± 0.14	74.67 ± 0.03	1.19 ± 0.01	2.58 ± 0.01	1.00 ± 0.01	2.91 ± 0.01	0.35 ± 0.01	1.00 ± 0.01
C11 Uncooked	0.49 ± 0.01	2.69 ± 0.04	1.38 ± 0.02	2.13 ± 0.01	19.34 ± 0.02	0.19 ± 0.01	7.00 ± 0.16	74.12 ± 0.01	1.25 ± 0.02	1.95 ± 0.04	0.76 ± 0.01	2.84 ± 0.10	0.34 ± 0.01	0.97 ± 0.01
Cooked	0.49 ± 0.01	2.69 ± 0.03	1.38 ± 0.01	2.13 ± 0.01	19.38 ± 0.02	0.21 ± 0.01	7.26 ± 0.11	74.05 ± 0.01	1.26 ± 0.02	1.96 ± 0.02	0.78 ± 0.01	2.87 ± 0.07	0.35 ± 0.01	1.00 ± 0.02
D1 Uncooked	0.43 ± 0.01	2.51 ± 0.01	1.13 ± 0.01	2.11 ± 0.01	16.46 ± 0.01	7.93 ± 0.04	2.80 ± 0.03	76.56 ± 0.03	1.50 ± 0.01	1.22 ± 0.04	1.90 ± 0.03	4.11 ± 0.01	1.23 ± 0.03	1.33 ± 0.01
Cooked	0.43 ± 0.01	2.51 ± 0.01	1.14 ± 0.01	2.12 ± 0.01	16.46 ± 0.09	7.99 ± 0.01	2.83 ± 0.05	76.53 ± 0.02	1.49 ± 0.01	1.24 ± 0.03	1.92 ± 0.01	4.09 ± 0.01	1.32 ± 0.12	1.33 ± 0.01
E1 Uncooked	0.45 ± 0.01	2.58 ± 0.01	1.21 ± 0.01	1.95 ± 0.01	14.05 ± 0.01	8.50 ± 0.06	3.08 ± 0.09	78.96 ± 0.02	1.45 ± 0.07	1.13 ± 0.02	1.82 ± 0.01	3.94 ± 0.05	1.52 ± 0.22	1.39 ± 0.06
Cooked	0.45 ± 0.01	2.59 ± 0.01	1.21 ± 0.01	1.95 ± 0.01	14.04 ± 0.01	8.63 ± 0.02	3.02 ± 0.03	78.94 ± 0.01	1.41 ± 0.03	1.14 ± 0.01	1.83 ± 0.01	3.92 ± 0.01	1.78 ± 0.10	1.36 ± 0.01
E2 Uncooked	0.42 ± 0.01	2.47 ± 0.01	1.09 ± 0.01	2.01 ± 0.01	14.28 ± 0.01	7.45 ± 0.02	5.61 ± 0.03	78.70 ± 0.01	1.42 ± 0.01	1.03 ± 0.01	1.84 ± 0.01	4.00 ± 0.02	1.17 ± 0.07	1.36 ± 0.04
Cooked	0.42 ± 0.01	2.47 ± 0.01	1.09 ± 0.01	2.01 ± 0.01	14.30 ± 0.01	7.42 ± 0.03	5.65 ± 0.04	78.68 ± 0.01	1.41 ± 0.01	1.05 ± 0.02	1.87 ± 0.01	4.01 ± 0.01	1.08 ± 0.06	1.37 ± 0.06
E3 Uncooked	0.42 ± 0.01	2.49 ± 0.01	1.25 ± 0.01	1.96 ± 0.01	14.97 ± 0.01	7.70 ± 0.03	3.81 ± 0.01	78.21 ± 0.01	1.42 ± 0.01	0.93 ± 0.01	1.86 ± 0.03	3.78 ± 0.01	0.99 ± 0.05	1.45 ± 0.04
Cooked	0.42 ± 0.01	2.49 ± 0.01	1.25 ± 0.01	1.97 ± 0.01	14.98 ± 0.01	7.70 ± 0.02	3.80 ± 0.01	78.20 ± 0.01	1.42 ± 0.02	0.93 ± 0.02	1.84 ± 0.02	3.77 ± 0.01	0.99 ± 0.02	1.43 ± 0.01
E4 Uncooked	0.43 ± 0.01	2.48 ± 0.01	1.10 ± 0.01	1.99 ± 0.01	15.02 ± 0.01	7.15 ± 0.10	2.76 ± 0.07	78.27 ± 0.02	1.39 ± 0.01	1.10 ± 0.01	1.83 ± 0.01	4.19 ± 0.01	1.13 ± 0.02	1.35 ± 0.02
Cooked	0.43 ± 0.01	2.48 ± 0.01	1.10 ± 0.01	1.99 ± 0.01	15.03 ± 0.11	7.13 ± 0.07	2.74 ± 0.02	78.26 ± 0.01	1.38 ± 0.01	1.10 ± 0.07	1.83 ± 0.03	4.19 ± 0.01	1.12 ± 0.04	1.35 ± 0.03
E5 Uncooked	0.51 ± 0.01	2.78 ± 0.01	1.30 ± 0.02	1.84 ± 0.01	17.38 ± 0.01	—	1.68 ± 0.07	76.76 ± 0.02	1.14 ± 0.01	3.00 ± 0.07	0.25 ± 0.01	3.07 ± 0.02	0.35 ± 0.01	1.04 ± 0.01
Cooked	0.51 ± 0.01	2.78 ± 0.01	1.31 ± 0.01	1.86 ± 0.01	17.41 ± 0.01	—	1.66 ± 0.05	76.70 ± 0.03	1.16 ± 0.01	2.99 ± 0.08	0.24 ± 0.01	3.16 ± 0.02	0.36 ± 0.01	1.09 ± 0.01
E6 Uncooked	0.44 ± 0.01	2.71 ± 0.02	1.20 ± 0.01	1.89 ± 0.01	16.81 ± 0.01	—	1.94 ± 0.09	77.48 ± 0.02	3.27 ± 0.12	2.36 ± 0.06	—	1.84 ± 0.03	—	—
Cooked	0.43 ± 0.01	2.71 ± 0.02	1.30 ± 0.20	1.90 ± 0.01	16.85 ± 0.05	—	2.05 ± 0.18	77.37 ± 0.04	3.50 ± 0.08	2.51 ± 0.09	—	1.90 ± 0.03	—	—
E7 Uncooked	0.44 ± 0.01	2.77 ± 0.01	1.25 ± 0.20	1.83 ± 0.03	14.73 ± 0.06	—	5.79 ± 0.19	79.20 ± 0.12	2.87 ± 0.65	1.92 ± 0.84	0.28 ± 0.01	1.89 ± 0.01	—	0.26 ± 0.08
Cooked	0.44 ± 0.01	2.81 ± 0.02	1.50 ± 0.02	1.83 ± 0.01	14.74 ± 0.01	—	5.54 ± 0.43	79.14 ± 0.17	2.85 ± 0.72	1.94 ± 0.86	0.28 ± 0.01	1.90 ± 0.03	—	0.36 ± 0.01
E8 Uncooked	0.46 ± 0.01	2.46 ± 0.04	1.09 ± 0.02	1.83 ± 0.01	13.50 ± 0.01	—	4.10 ± 0.09	80.93 ± 0.02	1.06 ± 0.02	1.76 ± 0.04	0.28 ± 0.01	2.63 ± 0.09	0.31 ± 0.01	0.93 ± 0.03
Cooked	0.48 ± 0.01	2.51 ± 0.02	1.11 ± 0.01	1.84 ± 0.01	13.60 ± 0.14	—	4.16 ± 0.11	80.93 ± 0.08	1.04 ± 0.01	1.75 ± 0.01	0.28 ± 0.01	2.55 ± 0.01	0.31 ± 0.01	0.91 ± 0.01



Table 3 (Contd.)

Sample code	C14:0 (%)	C16:0 (%)	C16:1 (%)	C18:0 (%)	C18:1n9c (%)	C18:1n9t (%)	C18:2n6t (%)	C18:2n6c (%)	C20:0 (%)	C20:1 (%)	C18:3n3 (%)	C22:0 (%)	C22:2 (%)	C20:5 (%)
E9 Uncooked	0.50 ± 0.01	2.76 ± 0.01	1.26 ± 0.01	1.86 ± 0.01	14.85 ± 0.16	4.65 ± 0.15	6.84 ± 0.12	78.51 ± 0.10	1.12 ± 0.01	1.84 ± 0.01	1.34 ± 0.02	2.89 ± 0.03	0.35 ± 0.01	0.93 ± 0.03
Cooked	0.49 ± 0.01	2.75 ± 0.03	1.25 ± 0.01	1.86 ± 0.01	14.79 ± 0.01	4.66 ± 0.15	6.77 ± 0.23	78.41 ± 0.05	1.13 ± 0.02	1.86 ± 0.03	1.33 ± 0.01	2.96 ± 0.09	0.35 ± 0.01	0.98 ± 0.03
E10 Uncooked	0.52 ± 0.01	2.66 ± 0.02	1.29 ± 0.01	1.95 ± 0.01	14.58 ± 0.10	—	1.98 ± 0.01	79.75 ± 0.21	1.15 ± 0.02	1.82 ± 0.03	0.28 ± 0.01	2.85 ± 0.08	0.33 ± 0.01	0.96 ± 0.03
Cooked	0.53 ± 0.01	2.67 ± 0.04	1.30 ± 0.02	1.95 ± 0.01	14.55 ± 0.11	—	1.93 ± 0.10	79.77 ± 0.01	1.16 ± 0.02	1.83 ± 0.03	0.29 ± 0.01	2.85 ± 0.11	0.33 ± 0.01	0.97 ± 0.04
E11 Uncooked	0.52 ± 0.01	2.84 ± 0.01	1.38 ± 0.01	1.97 ± 0.01	14.09 ± 0.01	4.13 ± 0.14	0.20 ± 0.01	79.73 ± 0.03	1.18 ± 0.01	1.65 ± 0.01	0.57 ± 0.01	2.90 ± 0.01	0.31 ± 0.01	0.81 ± 0.01
Cooked	0.53 ± 0.01	2.85 ± 0.01	1.38 ± 0.01	1.98 ± 0.01	14.19 ± 0.15	4.19 ± 0.03	0.20 ± 0.01	79.76 ± 0.07	1.18 ± 0.01	1.66 ± 0.01	0.55 ± 0.01	2.91 ± 0.01	0.32 ± 0.01	0.81 ± 0.01
F1 Uncooked	0.38 ± 0.01	2.39 ± 0.01	0.87 ± 0.01	2.15 ± 0.01	10.02 ± 0.01	6.44 ± 0.05	0.73 ± 0.03	83.62 ± 0.01	1.35 ± 0.01	1.37 ± 0.05	1.53 ± 0.02	3.57 ± 0.01	0.91 ± 0.01	1.10 ± 0.01
Cooked	0.38 ± 0.01	2.39 ± 0.01	0.87 ± 0.01	2.15 ± 0.01	10.02 ± 0.01	6.49 ± 0.01	0.73 ± 0.05	83.62 ± 0.01	1.35 ± 0.01	1.32 ± 0.03	1.52 ± 0.03	3.58 ± 0.01	0.96 ± 0.01	1.09 ± 0.01
F2 Uncooked	0.48 ± 0.01	3.33 ± 0.02	1.10 ± 0.01	2.27 ± 0.02	11.95 ± 0.04	5.56 ± 0.24	—	78.65 ± 0.31	1.43 ± 0.01	27.10 ± 0.10	0.84 ± 0.01	2.40 ± 0.02	0.33 ± 0.01	0.60 ± 0.01
Cooked	0.47 ± 0.01	3.31 ± 0.01	1.09 ± 0.01	2.26 ± 0.01	11.90 ± 0.01	5.55 ± 0.04	—	78.56 ± 0.10	1.42 ± 0.01	27.01 ± 0.03	0.84 ± 0.01	2.39 ± 0.01	0.33 ± 0.01	0.60 ± 0.01
G1 Uncooked	0.43 ± 0.01	2.43 ± 0.01	1.20 ± 0.01	1.92 ± 0.01	16.61 ± 0.01	7.59 ± 0.04	4.82 ± 0.03	76.38 ± 0.02	1.42 ± 0.01	2.06 ± 0.03	2.04 ± 0.01	4.26 ± 0.01	1.30 ± 0.13	1.47 ± 0.05
Cooked	0.43 ± 0.01	2.43 ± 0.01	1.20 ± 0.01	1.93 ± 0.01	16.65 ± 0.01	7.53 ± 0.04	4.82 ± 0.01	76.34 ± 0.01	1.42 ± 0.01	2.07 ± 0.01	2.07 ± 0.03	4.28 ± 0.02	1.21 ± 0.06	1.48 ± 0.06
H1 Uncooked	0.42 ± 0.01	2.51 ± 0.01	1.53 ± 0.01	1.83 ± 0.01	17.10 ± 0.12	8.46 ± 0.01	1.87 ± 0.01	76.19 ± 0.01	1.45 ± 0.01	1.13 ± 0.05	2.00 ± 0.01	4.11 ± 0.02	1.11 ± 0.04	1.51 ± 0.01
Cooked	0.42 ± 0.01	2.51 ± 0.01	1.53 ± 0.01	1.83 ± 0.01	17.12 ± 0.03	8.47 ± 0.04	1.86 ± 0.04	76.17 ± 0.01	1.45 ± 0.01	1.15 ± 0.04	1.99 ± 0.02	4.10 ± 0.01	1.07 ± 0.07	1.51 ± 0.01
H2 Uncooked	0.33 ± 0.01	2.47 ± 0.02	0.82 ± 0.01	2.47 ± 0.01	10.95 ± 0.01	—	7.51 ± 0.18	82.12 ± 0.04	3.52 ± 0.14	5.63 ± 0.38	0.27 ± 0.01	1.80 ± 0.02	—	—
Cooked	0.32 ± 0.01	2.47 ± 0.03	0.82 ± 0.01	2.47 ± 0.01	10.96 ± 0.01	—	7.53 ± 0.34	82.11 ± 0.05	3.51 ± 0.20	5.56 ± 0.36	0.26 ± 0.01	1.83 ± 0.05	—	—
H3 Uncooked	0.46 ± 0.01	2.58 ± 0.01	1.39 ± 0.01	2.07 ± 0.01	20.85 ± 0.01	0.27 ± 0.01	9.59 ± 0.06	72.49 ± 0.13	1.24 ± 0.01	1.93 ± 0.01	0.94 ± 0.01	3.11 ± 0.01	0.33 ± 0.01	0.86 ± 0.01
Cooked	0.46 ± 0.01	2.58 ± 0.01	1.39 ± 0.01	2.07 ± 0.01	20.85 ± 0.01	0.26 ± 0.01	9.57 ± 0.07	72.49 ± 0.02	1.24 ± 0.01	1.95 ± 0.02	0.95 ± 0.01	3.12 ± 0.01	0.33 ± 0.01	0.86 ± 0.01
H4 Uncooked	0.58 ± 0.01	3.10 ± 0.01	2.37 ± 0.01	1.82 ± 0.01	24.25 ± 0.01	0.15 ± 0.01	2.30 ± 0.05	69.35 ± 0.01	1.25 ± 0.01	2.90 ± 0.01	0.41 ± 0.01	3.26 ± 0.01	0.38 ± 0.01	1.21 ± 0.01
Cooked	0.59 ± 0.01	3.13 ± 0.03	2.39 ± 0.01	1.82 ± 0.01	24.27 ± 0.01	0.16 ± 0.01	2.29 ± 0.04	69.30 ± 0.04	1.23 ± 0.01	2.89 ± 0.01	0.42 ± 0.01	3.20 ± 0.06	0.37 ± 0.01	1.19 ± 0.01
I1 Uncooked	0.46 ± 0.01	2.57 ± 0.01	1.35 ± 0.01	2.05 ± 0.01	16.26 ± 0.02	8.79 ± 0.04	4.17 ± 0.05	76.46 ± 0.02	1.56 ± 0.03	1.72 ± 0.01	1.99 ± 0.02	4.05 ± 0.01	1.14 ± 0.05	1.44 ± 0.01
Cooked	0.46 ± 0.01	2.57 ± 0.01	1.36 ± 0.01	2.05 ± 0.01	16.27 ± 0.02	8.83 ± 0.08	4.17 ± 0.01	76.44 ± 0.03	1.55 ± 0.02	1.71 ± 0.01	1.98 ± 0.01	4.04 ± 0.01	1.20 ± 0.06	1.45 ± 0.01
I2 Uncooked	0.51 ± 0.01	2.70 ± 0.02	1.52 ± 0.01	1.95 ± 0.01	22.63 ± 0.01	0.13 ± 0.01	1.65 ± 0.04	70.93 ± 0.01	1.27 ± 0.02	8.25 ± 0.02	0.34 ± 0.01	2.90 ± 0.06	0.34 ± 0.01	0.96 ± 0.01
Cooked	0.51 ± 0.01	2.69 ± 0.02	1.52 ± 0.01	1.96 ± 0.01	22.66 ± 0.03	0.13 ± 0.02	1.65 ± 0.06	70.89 ± 0.01	1.28 ± 0.02	8.29 ± 0.07	0.34 ± 0.01	2.96 ± 0.08	0.34 ± 0.01	0.99 ± 0.04
J1 Uncooked	0.51 ± 0.01	2.79 ± 0.01	1.38 ± 0.01	1.88 ± 0.01	15.77 ± 0.10	0.17 ± 0.01	3.27 ± 0.15	78.28 ± 0.09	1.13 ± 0.01	1.82 ± 0.01	0.61 ± 0.01	2.80 ± 0.01	0.30 ± 0.01	0.78 ± 0.01



Table 3 (Contd.)

Sample code	C14:0 (%)	C16:0 (%)	C16:1 (%)	C18:0 (%)	C18:1n9c (%)	C18:1n9t (%)	C18:2n6t (%)	C18:2n6c (%)	C20:0 (%)	C20:1 (%)	C18:3n3 (%)	C22:0 (%)	C22:2 (%)	C20:5 (%)
Cooked	0.52 ± 0.01	2.79 ± 0.01	1.39 ± 0.01	1.88 ± 0.01	15.72 ± 0.10	0.17 ± 0.01	3.40 ± 0.05	78.42 ± 0.26	1.13 ± 0.01	1.82 ± 0.01	0.62 ± 0.01	2.79 ± 0.01	0.32 ± 0.01	0.78 ± 0.01
J2 Uncooked	0.54 ± 0.01	2.90 ± 0.01	1.82 ± 0.01	1.87 ± 0.01	19.33 ± 0.01	0.14 ± 0.01	2.96 ± 0.02	74.59 ± 0.01	1.19 ± 0.01	1.90 ± 0.01	0.50 ± 0.01	2.91 ± 0.01	0.33 ± 0.01	0.85 ± 0.01
Cooked	0.54 ± 0.01	2.91 ± 0.01	1.83 ± 0.01	1.87 ± 0.01	19.36 ± 0.01	0.13 ± 0.01	2.95 ± 0.04	74.55 ± 0.02	1.19 ± 0.01	1.90 ± 0.01	0.50 ± 0.01	2.93 ± 0.01	0.33 ± 0.01	0.86 ± 0.01
J3 Uncooked	0.53 ± 0.01	2.83 ± 0.01	1.55 ± 0.01	1.81 ± 0.01	16.42 ± 0.11	0.13 ± 0.01	2.37 ± 0.04	77.74 ± 0.10	1.13 ± 0.01	1.83 ± 0.01	0.44 ± 0.01	2.86 ± 0.02	0.32 ± 0.01	0.81 ± 0.01
Cooked	0.53 ± 0.01	2.84 ± 0.01	1.55 ± 0.01	1.82 ± 0.01	16.44 ± 0.11	0.12 ± 0.01	2.28 ± 0.05	77.72 ± 0.11	1.12 ± 0.01	1.84 ± 0.01	0.44 ± 0.01	2.85 ± 0.01	0.33 ± 0.01	0.80 ± 0.01
J4 Uncooked	0.51 ± 0.01	2.77 ± 0.01	1.34 ± 0.01	1.89 ± 0.01	15.88 ± 0.10	0.15 ± 0.01	3.89 ± 0.03	78.13 ± 0.10	1.14 ± 0.01	1.83 ± 0.01	0.59 ± 0.01	2.76 ± 0.02	0.32 ± 0.01	0.76 ± 0.01
Cooked	0.51 ± 0.01	2.77 ± 0.01	1.34 ± 0.01	1.89 ± 0.01	15.97 ± 0.11	0.16 ± 0.01	3.93 ± 0.13	78.04 ± 0.09	1.14 ± 0.01	1.82 ± 0.01	0.60 ± 0.01	2.77 ± 0.01	0.32 ± 0.01	0.76 ± 0.01
J5 Uncooked	0.47 ± 0.01	2.75 ± 0.02	1.30 ± 0.01	1.89 ± 0.01	12.96 ± 0.12	4.47 ± 0.06	0.20 ± 0.01	80.94 ± 0.20	1.15 ± 0.01	3.85 ± 0.89	0.63 ± 0.01	2.72 ± 0.06	0.32 ± 0.01	0.88 ± 0.01
Cooked	0.48 ± 0.01	2.75 ± 0.02	1.30 ± 0.01	1.89 ± 0.01	12.95 ± 0.13	4.27 ± 0.03	0.20 ± 0.01	80.93 ± 0.09	1.15 ± 0.01	4.30 ± 0.82	0.64 ± 0.01	2.73 ± 0.04	0.32 ± 0.01	0.90 ± 0.01

^a Values were expressed as means ± standard deviation ($n = 3$).

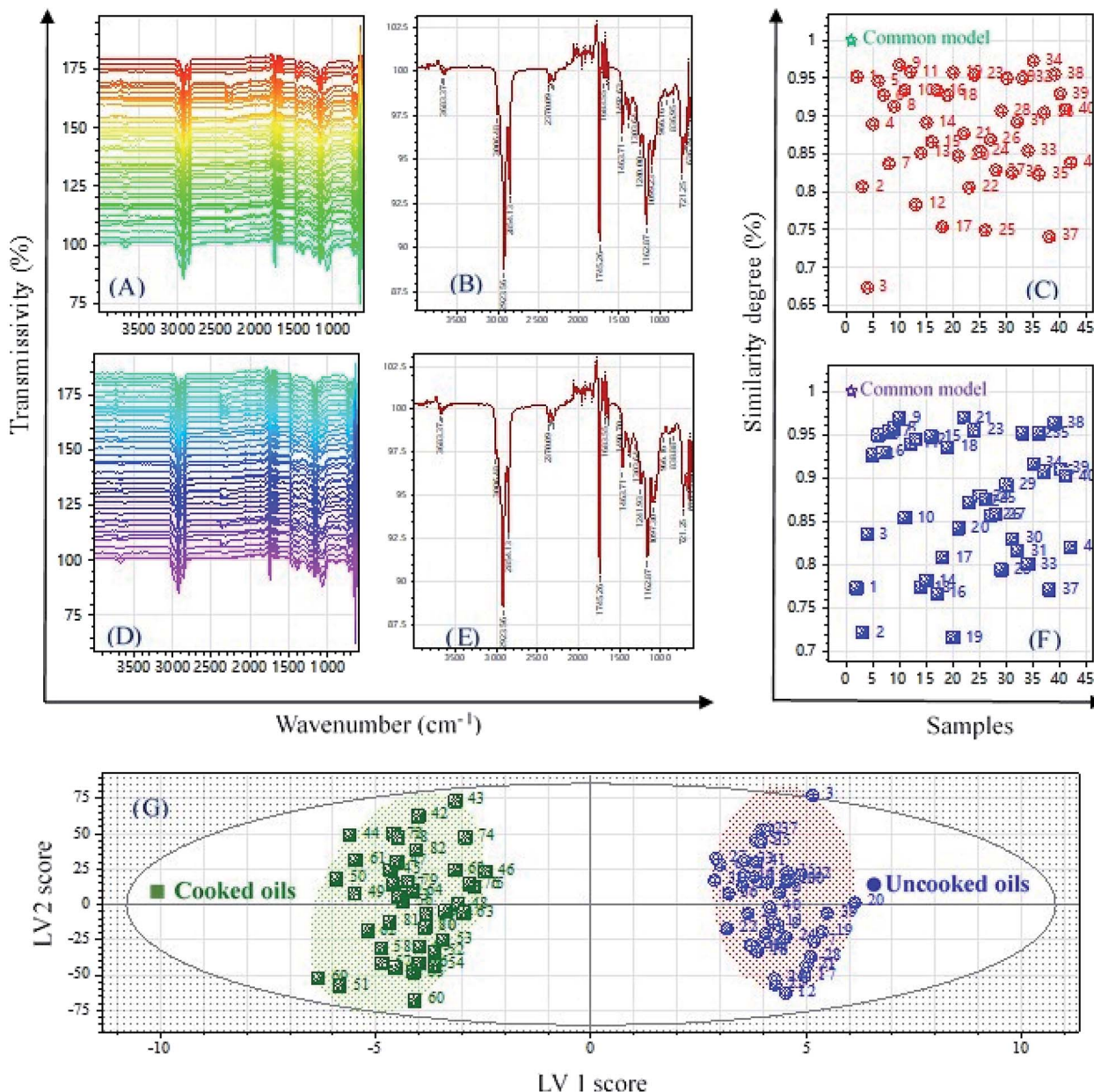


Fig. 1 The FTIR spectra of sunflower seed oil products and their common models, similarity-degree plots and score plot based on orthogonal partial least squares discriminant analysis (OPLS-DA). The overall spectra, common model and similarity-degree plot of uncooked oils are (A), (B) and (C), and those of cooked oil are (D), (E) and (F), respectively. The spectra of samples coded from A1 to J5 are displayed from top down in (A) and (D), and numbered from 1 to 41 in (C) and (F). (G) is the OPLS-DA plot.

values of residuals were nearly zero. As directly observed in the probability plots (not shown), the data ($n = 82$) of PV model were mostly distributed on the diagonal line, and the data of other models were evenly laid close to the diagonal line on the two sides. It was suggested that the residuals of the models basically belonged to normal distribution and the model-based predictions were feasible to some extent.

The model equations were further used for predicting of the quality parameters of SSO samples (S1–5) by calculating with their intensity values of common bands, as seen in Table 6. Their measured values of PV, AV, palmitic acid content, oleic acid content and linoleic acid content ranged from 1.3 to

5.2 mmol kg⁻¹, from 0.14 to 0.27 mg KOH g⁻¹, from 2.52% to 2.88%, from 16.33% to 16.77%, and from 76.90% to 77.45%, respectively. The relative errors of their predicted PV and AV had large ranges of variation (1.85–57.79% for PV and 1.36–288.57% for AV), by contrast, those of predicted palmitic acid content (3.45–18.03%), oleic acid content (0.83–17.83%) and linoleic acid content (0.10–4.72%) were acceptable. Their differences between the predicted value and the measured value were in accordance with the standard errors of estimation. The FTIR-based MLR models might provide a feasible solution for the FA analysis of SSO.

Table 4 The FTIR common bands of sunflower seed oils

Sample	Intensity of common FTIR band [code/wavenumber (cm ⁻¹)]										
	1/2924	2/2854	3/1745	4/1464	5/1400	6/1379	7/1240	8/1161	9/1099	10/966	11/724
Uncooked sunflower seed oils											
A1	10.66	6.86	10.07	3.68	1.23	2.27	3.87	8.73	4.61	—	5.33
B1	10.70	7.00	10.38	3.87	1.32	2.35	3.99	8.96	4.74	1.80	6.36
B2	10.40	6.92	10.56	4.01	—	2.49	4.17	9.18	4.92	2.09	6.99
B3	10.55	6.72	9.70	3.37	1.04	2.11	3.79	8.67	4.53	1.56	5.40
C1	13.38	9.59	12.19	5.84	3.80	4.80	6.37	10.94	7.04	3.87	8.58
C2	11.49	7.33	10.10	3.79	1.94	2.99	4.58	9.14	5.52	1.99	7.25
C3	11.50	7.30	10.08	3.85	2.06	3.10	4.66	9.11	5.64	1.99	6.99
C4	11.43	7.32	10.30	4.04	2.18	3.20	4.79	9.29	5.72	2.20	7.39
C5	11.50	7.49	10.44	4.10	—	3.16	4.75	9.34	5.64	2.24	7.46
C6	10.26	6.20	9.18	3.08	1.11	2.12	3.67	8.21	4.57	1.11	4.98
C7	10.93	6.06	8.21	2.31	1.10	2.11	3.58	7.47	—	—	4.22
C8	11.03	6.19	8.31	2.44	1.14	2.19	3.61	7.53	—	—	4.23
C9	11.54	7.62	9.71	3.83	1.98	2.91	4.62	9.13	5.38	2.08	5.77
C10	10.23	6.25	8.48	2.68	0.79	1.74	3.54	8.13	4.37	—	4.77
C11	11.96	6.87	8.81	2.57	1.49	2.47	3.89	7.73	—	—	5.31
D1	10.79	6.75	9.23	3.33	1.42	2.42	4.15	8.80	5.08	1.65	5.80
E1	10.05	6.22	8.69	2.84	0.91	1.85	3.62	8.24	4.46	—	4.54
E2	11.50	6.79	9.13	3.39	1.96	2.96	4.45	8.44	—	1.35	4.67
E3	11.42	6.65	9.17	3.48	2.12	3.11	4.59	8.53	—	1.42	5.06
E4	10.83	6.75	9.01	3.30	1.41	2.31	3.96	8.42	4.83	1.34	4.52
E5	11.62	6.83	8.46	2.83	1.59	2.56	4.19	8.12	—	0.93	4.22
E6	10.31	6.71	9.79	3.62	1.49	2.43	3.90	8.52	4.76	1.54	5.06
E7	11.86	7.62	9.82	3.99	2.44	3.34	4.73	8.74	5.78	1.83	5.77
E8	9.80	6.17	9.63	3.16	1.00	2.00	3.57	8.44	4.48	1.22	4.88
E9	10.99	6.67	8.90	3.03	1.52	2.56	4.05	8.39	5.10	1.28	5.03
E10	12.04	6.97	8.56	2.85	2.11	3.10	4.58	8.27	—	1.09	5.37
E11	9.32	5.69	10.40	3.29	0.88	1.94	3.59	8.65	4.49	1.42	6.69
F1	12.01	6.98	9.43	3.99	2.95	3.87	5.27	8.91	—	—	5.81
F2	9.75	6.14	10.65	3.42	0.99	2.03	3.64	8.72	4.52	1.44	5.52
G1	10.21	6.48	9.03	3.30	1.07	2.02	3.71	8.43	4.42	1.40	4.67
H1	11.90	7.20	8.93	3.36	1.92	2.86	4.43	8.45	—	—	4.69
H2	10.88	6.97	9.83	3.73	1.96	2.85	4.31	8.64	5.35	1.72	5.43
H3	9.98	6.10	10.56	3.53	1.23	2.33	3.97	8.84	4.89	1.74	7.56
H4	10.89	6.25	8.74	2.38	0.67	1.76	3.28	7.60	4.26	—	4.41
I1	10.25	6.52	9.33	3.35	1.14	2.13	3.80	8.69	4.60	1.55	5.49
I2	12.70	7.21	8.84	2.59	1.86	2.79	4.21	7.74	—	0.38	5.35
J1	10.87	6.38	10.04	3.69	2.03	3.09	4.66	9.00	5.84	1.93	8.26
J2	11.15	7.19	10.41	3.87	1.50	2.51	4.09	8.93	4.91	—	5.22
J3	14.39	8.87	10.71	4.44	3.62	4.43	5.86	9.33	—	1.84	5.68
J4	16.47	9.95	10.80	4.76	5.98	—	7.01	9.51	—	2.02	6.04
J5	9.65	5.89	9.53	3.02	0.74	1.78	3.32	8.32	4.25	0.97	5.00
Uncooked sunflower seed oils											
A1	10.69	6.94	10.25	3.80	1.33	2.38	3.99	8.87	4.73	1.75	5.92
B1	10.57	6.96	10.44	3.89	—	2.35	4.02	9.04	4.79	1.93	6.72
B2	10.39	6.83	10.48	3.88	1.37	2.39	4.06	9.06	4.91	1.92	6.53
B3	10.70	6.80	9.74	3.43	1.16	2.23	3.89	8.75	4.67	1.70	6.14
C1	11.25	7.22	10.19	3.84	1.91	2.94	4.60	9.20	5.46	2.03	7.01
C2	11.55	7.33	10.06	3.83	2.01	3.06	4.67	9.14	5.67	2.05	7.22
C3	11.70	7.53	10.36	4.09	2.27	3.28	4.86	9.34	5.81	2.25	7.61
C4	11.48	7.44	10.38	4.07	2.17	3.18	4.78	9.32	5.67	2.26	7.49
C5	11.56	7.60	10.63	4.29	2.29	3.30	4.89	9.50	5.75	2.42	7.68
C6	10.48	5.70	8.15	2.19	0.90	1.92	3.41	7.41	—	0.31	4.16
C7	10.99	6.18	8.34	2.44	1.16	2.19	3.62	7.58	—	—	4.45
C8	11.66	6.53	8.43	2.63	1.60	2.57	3.99	7.68	—	0.65	4.68
C9	10.25	6.28	8.60	2.75	0.91	1.84	3.62	8.19	4.49	1.10	4.45
C10	10.91	6.55	8.52	2.75	1.15	2.11	3.84	8.16	4.82	—	4.20
C11	12.56	7.31	9.02	2.80	1.88	2.83	4.23	7.92	—	—	5.38
D1	9.97	6.18	8.73	2.89	0.87	1.81	3.58	8.27	4.38	—	4.42
E1	10.60	6.77	9.11	3.20	1.34	2.26	4.03	8.61	4.82	—	5.09



Table 4 (Contd.)

Sample	Intensity of common FTIR band [code/wavenumber (cm ⁻¹)]										
	1/2924	2/2854	3/1745	4/1464	5/1400	6/1379	7/1240	8/1161	9/1099	10/966	11/724
E2	13.05	8.32	10.70	5.03	3.63	4.62	6.03	9.90	—	2.90	6.38
E3	11.55	6.75	9.15	3.46	2.11	3.09	4.59	8.51	—	—	4.61
E4	11.47	7.09	9.06	3.51	1.84	2.77	4.31	8.55	5.32	1.48	5.11
E5	11.96	6.85	8.31	2.74	1.76	2.70	4.31	8.00	—	0.81	4.24
E6	10.70	6.91	9.82	3.68	1.72	2.63	4.12	8.59	5.04	1.60	5.16
E7	12.49	7.93	9.87	4.09	2.87	3.75	5.13	8.82	—	1.93	5.97
E8	9.89	5.98	8.78	2.80	0.95	1.95	3.50	8.18	4.50	1.01	4.88
E9	11.35	6.70	8.63	2.80	1.62	2.65	4.14	8.25	—	1.16	5.14
E10	13.20	7.75	8.94	3.42	—	3.99	5.43	8.75	—	1.61	5.91
E11	9.24	5.54	10.37	3.23	0.83	1.92	3.57	8.62	4.50	1.42	6.99
F1	10.51	6.11	9.22	3.50	1.92	2.87	4.41	8.60	5.51	1.51	5.08
F2	9.49	5.87	10.52	3.26	0.85	1.92	3.53	8.59	4.44	1.35	5.08
G1	10.36	6.52	9.02	3.25	1.14	2.07	3.73	8.40	4.50	1.34	4.50
H1	14.25	8.33	9.06	3.75	—	4.23	5.69	8.71	—	1.50	5.19
H2	11.32	7.24	9.87	3.82	2.23	3.11	4.51	8.70	5.63	1.76	5.62
H3	10.46	6.15	10.36	3.47	1.53	2.59	4.19	8.76	5.27	1.66	7.83
H4	11.82	6.88	8.94	2.63	1.23	2.27	3.72	7.81	—	—	5.03
I1	10.55	6.64	9.26	3.33	1.32	2.31	4.03	8.77	4.86	1.66	5.78
I2	13.22	7.62	8.98	2.81	2.24	3.14	4.53	7.89	—	0.55	5.57
J1	10.84	6.24	9.93	3.64	2.11	3.18	4.75	8.98	—	1.86	8.04
J2	12.69	8.02	10.52	4.12	2.38	3.38	4.85	9.08	5.95	—	5.56
J3	15.50	9.42	10.70	4.55	5.20	—	6.43	9.36	—	1.86	5.75
J4	17.06	10.29	10.91	4.92	5.53	—	7.31	9.63	—	—	6.26
J5	10.02	5.88	9.08	2.60	0.71	1.72	3.25	7.93	4.28	0.62	5.11

Table 5 The FTIR characteristic–quality relationship models of sunflower seed oils established by multiple linear regression analysis^a

Independent variables		Dependent variables					
Wavenumber (cm ⁻¹)	No standardized coefficient	Peroxide value (Y ₁)	Acid value (Y ₂)	Palmitic acid content (Y ₃)	Stearic acid content (Y ₄)	Oleic acid content (Y ₅)	Linoleic acid content (Y ₆)
—	Constant	22.816**	8.890***	−1.041	3.193*	−42.842*	145.315***
2924	X ₁	−0.692	−0.613**	−0.054	−0.142	9.608***	−10.227***
2854	X ₂	−0.334	0.686**	0.113	0.093	−4.094	4.518
1745	X ₃	−1.684**	−0.015	0.467***	0.080	−3.121**	3.011*
1464	X ₄	2.457	0.541	−0.882***	−0.166	6.159*	−6.015*
1400	X ₅	0.067	0.028	0.021	0.004	0.121	−0.081
1379	X ₆	−0.208	0.026	0.036	0.011	−0.012	0.008
1240	X ₇	1.086	0.489	0.204	0.251	−18.557***	20.008***
1161	X ₈	−0.693	−1.276***	0.209	−0.184	6.557*	−7.916**
1099	X ₉	0.115	−0.004	0.006	0.015	−0.160	0.210
966	X ₁₀	0.012	−0.062	−0.020	0.040	0.006	−0.183
724	X ₁₁	−0.064	0.106	−0.122**	−0.012	2.067***	−1.923**
Regression equation		$Y_1 = 22.816 - 0.692X_1 - 0.334X_2 - 1.684X_3 + 2.457X_4 + 0.067X_5 - 0.208X_6 + 1.086X_7 - 0.693X_8 + 0.115X_9 + 0.012X_{10} - 0.064X_{11}$ $Y_2 = 8.890 - 0.613X_1 + 0.686X_2 - 0.015X_3 + 0.541X_4 + 0.028X_5 + 0.026X_6 + 0.489X_7 - 1.276X_8 - 0.004X_9 - 0.062X_{10} + 0.106X_{11}$ $Y_3 = -1.041 - 0.054X_1 + 0.113X_2 + 0.467X_3 - 0.882X_4 + 0.021X_5 + 0.036X_6 + 0.204X_7 + 0.209X_8 + 0.006X_9 - 0.020X_{10} - 0.122X_{11}$ $Y_4 = 3.193 - 0.142X_1 + 0.093X_2 + 0.080X_3 - 0.166X_4 + 0.004X_5 + 0.011X_6 + 0.251X_7 - 0.184X_8 + 0.015X_9 + 0.040X_{10} - 0.012X_{11}$ $Y_5 = -42.842 + 9.608X_1 - 4.094X_2 - 3.121X_3 + 6.159X_4 + 0.121X_5 - 0.012X_6 - 18.557X_7 + 6.557X_8 + 0.160X_9 + 0.006X_{10} + 2.067X_{11}$ $Y_6 = 145.315 - 10.227X_1 + 4.518X_2 + 3.011X_3 - 6.015X_4 - 0.081X_5 + 0.008X_6 + 20.008X_7 - 7.916X_8 + 0.210X_9 - 0.183X_{10} - 1.923X_{11}$					
Determination coefficient		0.636***	0.562**	0.687***	0.317	0.788***	0.763***
Standard error of estimation		0.996	0.230	0.153	0.175	2.05	2.30
Mean value of residuals		8.43×10^{-16}	-2.45×10^{-14}	-1.91×10^{-15}	-4.52×10^{-15}	7.26×10^{-15}	-2.39×10^{-14}

^a **, *** and **** represent the significance levels of $P < 0.05$, $P < 0.01$ and $P < 0.001$, respectively.

Table 6 The application of FTIR-based regression models for predicting the quality parameters of sunflower seed oils

Wavenumber (cm ⁻¹)		Intensity of FTIR common bands				
		S1	S2	S3	S4	S5
2924		10.57	12.57	11.41	14.52	10.32
2854		6.88	7.63	7.09	7.67	6.80
1745		9.98	9.56	9.39	8.75	10.29
1464		3.54	3.35	3.64	3.45	3.80
1400		1.35	2.15	1.98	1.16	1.11
1379		2.40	3.17	2.84	4.69	2.37
1240		4.08	4.62	4.38	6.02	3.92
1161		8.99	8.51	8.64	8.17	8.80
1099		4.85	3.01	5.32	4.84	4.68
966		1.69	1.44	1.50	1.51	1.76
724		6.03	5.63	4.54	6.36	5.48
Predicted values	Peroxide value (mmol kg ⁻¹)	3.1	2.3	4.3	4.2	3.4
	Acid value (mg KOH g ⁻¹)	0.04	0.13	0.20	0.22	0.36
	Palmitic acid content (%)	2.79	2.83	2.61	2.44	2.70
	Oleic acid content (%)	17.82	19.91	16.69	15.08	16.91
	Linoleic acid content (%)	76.55	74.33	78.25	81.29	77.44
Measured values	Peroxide value (mmol kg ⁻¹)	1.3 ± 0.3	2.8 ± 0.2	4.4 ± 0.2	4.9 ± 0.2	5.2 ± 0.3
	Acid value (mg KOH g ⁻¹)	0.14 ± 0.01	0.16 ± 0.01	0.18 ± 0.01	0.22 ± 0.01	0.27 ± 0.01
	Palmitic acid content (%)	2.54 ± 0.01	2.54 ± 0.01	2.52 ± 0.01	2.88 ± 0.01	2.87 ± 0.01
	Oleic acid content (%)	16.33 ± 0.01	16.36 ± 0.01	16.37 ± 0.01	16.77 ± 0.02	16.77 ± 0.01
	Linoleic acid content (%)	76.96 ± 0.01	76.90 ± 0.01	76.95 ± 0.01	77.45 ± 0.37	77.36 ± 0.01

4. Discussion

4.1. Factors influencing the quality of SSO

The cooking of vegetable oil would accompany various physiochemical-reactions, such as thermal oxidation, hydrolysis, polymerization, isomerization and cyclization, due to relatively high temperatures. Those reactions lead to the formation of monomeric, polymeric, primary and secondary oxidative compounds, thereby lowering the oil quality.²⁸ The frying-caused changes in the qualities of edible oils have attracted great attentions.^{3,29–32} The related investigations mostly adopted long-time frying simulations (more than 30 min), which were hugely different from the popular Chinese cooking styles (*i.e.* stir-frying and pan-frying) characterized with HTST.^{9,10} In the present study on SSO, it was found that HTST cooking would cause a slight increase in PV, but did not obviously change AV and FA composition. According to our previous investigation on the effects of HTST conditions on the quality of SSO, its POV did not obviously change by 1–4 min-cooking in the cast iron pan at temperature lower than 150 °C possibly because the oil oxidation was nonsignificant. However, the oxidation was effectively promoted at 180 °C resulting in a significant increase of POV after 1 min of cooking. A higher cooking temperature (210 °C) might bring a balance between the production and decomposition of hydroperoxides with a relatively stable POV during 8 min-cooking.¹⁰ The different levels of natural and synthetic antioxidants in the SSO products might be associated with the various changes of POV responding to the HTST cooking (210 °C, 5 min).³³ There might be a very small quantity of free FA produced by the hydrolysis of triacylglycerols *via* HTST cooking, which was consistent with the inconspicuous change of FA composition. In addition, the

produced free FA could be partly volatilized during HTST cooking.¹⁰ Therefore, HTST cooking did not cause significant changes in these parameters. According the previous studies,^{3,7,11,13,30,32} it was suggested that the changes would be significantly observed after high temperature and long time cooking, such as frying (150–200 °C) for more than 30 min.

It has been widely recognized that the products of same vegetable oil might differ in chemical composition due to geographical, agronomic or technological differences. The seed oil of eight sunflower varieties, grown at 10 locations across Canada in 1963 and 14 locations in 1964, showed highly significant differences between varieties and between stations in the mean contents of stearic acid, oleic acid and linoleic acid, but the difference in palmitic acid content was not significant.³⁴ Here, we make a between-group comparison on the quality of SSO products from different countries (Turkey, Spain, Ukraine, Russia and China) or produced by different technologies (Table 7). The products exhibited no significant difference between countries in PV, AV, stearic acid content, palmitic acid content and oleic acid content ($P > 0.05$). The linoleic acid contents of products from Ukraine and China showed no significant difference ($P > 0.05$), but were both higher than that of Turkish products ($P < 0.05$). Compared with pressing oils, extracting oils had an obviously higher mean value of AV (possibly due to the readily solubility of free FA in organic solvent) and a slightly lower mean value of PV (possibly due to the presence of larger amounts of antioxidants, such as tocopherols, phenolics and sterols).³⁵

A previous study indicated that the PV and AV of SSO significantly increased after long-time storage.⁸ The similar results were confirmed in the present work, *i.e.* the PV and AV increased with the prolonging of shelf time which was identified as the time span between the dates of production and test (Table 7). Especially, products shelved 19–24 months had



Table 7 Analysis on the factors related to the quality differences of SSO^a

			Quality parameters					
Factors		Sample number	Peroxide value (mmol kg ⁻¹)	Acid value (mg KOH g ⁻¹)	Palmitic acid content (%)	Stearic acid content (%)	Oleic acid content (%)	Linoleic acid content (%)
Producing country	Turkey	3	2.7 ± 0.5	0.09 ± 0.06	2.56 ± 0.10	2.11 ± 0.39	19.71 ± 5.00	72.70 ± 6.12a
	Spain	11	3.1 ± 0.9	0.20 ± 0.10	2.65 ± 0.17	2.07 ± 0.13	17.29 ± 1.54	75.58 ± 1.63ab
	Ukraine	11	3.2 ± 1.1	0.19 ± 0.36	2.64 ± 0.14	1.92 ± 0.07	14.93 ± 1.17	78.77 ± 1.14b
	Russia	4	2.9 ± 0.8	0.16 ± 0.19	2.67 ± 0.29	2.05 ± 0.30	18.29 ± 5.70	75.04 ± 5.49ab
	China	5	2.1 ± 0.5	0.04 ± 0.01	2.81 ± 0.06	1.87 ± 0.03	16.07 ± 2.27	77.94 ± 2.26b
Technology	Extracting	7	2.9 ± 0.8	0.33 ± 0.39	2.70 ± 0.16	2.02 ± 0.18	17.84 ± 1.42	74.85 ± 1.52
	Pressing	33	3.1 ± 1.2	0.15 ± 0.22	2.66 ± 0.21	2.00 ± 0.18	16.40 ± 3.33	76.91 ± 3.48
Shelf time (month)	1–6	5	1.9 ± 0.3a	0.04 ± 0.01	2.86 ± 0.16	1.87 ± 0.06	19.12 ± 4.58	74.71 ± 4.77
	7–12	3	2.5 ± 0.4ab	0.05 ± 0.01	2.67 ± 0.19	1.86 ± 0.05	15.47 ± 0.61	78.35 ± 0.27
	13–18	12	2.8 ± 0.7ab	0.13 ± 0.10	2.63 ± 0.11	2.02 ± 0.19	18.21 ± 2.76	74.84 ± 3.32
	19–24	17	3.9 ± 1.2b	0.30 ± 0.36	2.65 ± 0.24	2.04 ± 0.17	15.36 ± 2.58	77.57 ± 2.65
	25–30	4	2.7 ± 1.0ab	0.08 ± 0.06	2.61 ± 0.18	2.02 ± 0.21	14.50 ± 0.98	79.34 ± 1.68

^a The between-group difference ($P < 0.05$) is indicated by different lowercase-letters. 'Shelf time' means the time span between the dates of production and test of sunflower seed oil product.

a higher mean value of PV compared to those shelved 1–6 months ($P < 0.05$). The shelf time-related deterioration of SSO depended to a great extent on the temperature of storage, the exposure to light, the impermeability of container to oxygen and the level of antioxidants.^{8,36} Products stored for longer time would suffer more negative effects by auto-oxidation and photo-oxidation, as well as more consumption of antioxidants. It was reported that the α -tocopherol level fell by around 90% in olive oil after 9 month storage at 20 °C.³⁶ Moreover, free FA resulted from the hydrolysis of triacylglycerols could catalyze the further hydrolysis reaction, leading to the increase of susceptibility to hydrolytic rancidity.³⁶ Generally, the FA composition of vegetable oils remained more or less constant during storage regardless of the storage conditions.^{36–38} This work indicated that the shelf time showed no obvious relationship with the differences in FA composition as seen in Table 7.

4.2. Relationship between FTIR spectrum and quality

FTIR spectroscopy allows the qualitative determination of organic compounds as the characteristic vibration mode of each molecular group produces the specific band in the spectrum and the band intensity is proportional to concentration.¹⁴ Many studies have confirmed the availabilities of FTIR-based chemometrics analysis for the determination of PV, AV and FA percentage in edible oils.^{16,20} In some of them, only a specific band or region has been taken into account for a certain parameter, such as, 724 cm⁻¹ or 1160 cm⁻¹ band for saturated acyl groups, 966 cm⁻¹ band or 3700–3400 cm⁻¹ region for PV, 1100 cm⁻¹ or 1395 cm⁻¹ band for monounsaturated acyl groups, and 1711 cm⁻¹ band for free FA.^{16–19} In the present work, different relationships between band and parameter were obtained by Pearson's correlation analysis (data not shown): the intensity of 1161 cm⁻¹ band had a positive correlation with polyunsaturated fatty acid content and a negative correlation with oleic acid content ($P < 0.05$), and that of 966 cm⁻¹ band showed a negative correlation with palmitic acid content ($P <$

0.05). The intensity of 1464 cm⁻¹ band negatively responded to monounsaturated fatty acid content, but was positively related to polyunsaturated fatty acid content and linoleic acid content ($P < 0.05$). In addition, the negative relationship between 1379 cm⁻¹ band intensity and palmitic acid content was confirmed ($P < 0.05$), as well as that between 1240 cm⁻¹ band intensity and saturated fatty acid content ($P < 0.05$). It was suggested that a specific parameter would be associated with various bands, namely several FTIR bands needed to be considered in determination for a concrete parameter. Eleven selected bands variously contributed to the determination of SSO quality parameters (AV, PV, C16:0, C18:0, C18:1 and C18:2) as seen in Table 5. Specially, the number of selected variables for the simultaneous determination of several parameters (AV, PV, C16:0, C18:0, C18:1, C18:2 and C18:3) was varied between 1213 and 1302 in the 4000–550 cm⁻¹ region.²⁰

HTST cooking would cause slight changes in the intensity of bands appeared at 2924, 2854, 1379, 1240 and 966 cm⁻¹. The minor decrease of 1745 cm⁻¹ band intensity might respond to the variation in chain length, unsaturation degree and form of the acyl groups because of the production of hydroperoxides, acids or other oxidation products during the heating process.²⁰ The bands at 2924 and 2854 cm⁻¹, which were known as the absorption zone of C–H stretching vibration of methylene and terminal methyl groups of FA chains, would be changed because of the production of functional groups of saturated aldehydes or other secondary oxidation products by heating.¹⁸ The increased absorption at 966 cm⁻¹ after cooking might be due to the C–H out-of-plane deformation of isolated *trans* double bonds or some *trans* conjugated unsaturated fatty acids, and the decreased absorption at 1745 cm⁻¹ might be related to the degradation of esters.³⁹

5. Conclusion

SSO recognized as a healthy vegetable oil attracts great attentions in China, particularly its imports possess a larger market



share compared to its homemade amount. By analyzing the chemical characteristics including PV, AV and FA composition, the quality diversity of SSO products was confirmed. Their major differences in quality might be related to different origins and shelf times. The product with shelf time more than 18 months would have a relatively low quality. HTST cooking did not cause significant changes in the quality parameters of SSO, suggesting that SSO is thermally stable for the typical ways of Chinese cooking. In addition, the quality diversity could be also detected by FTIR spectroscopy due to the specific relationship between FTIR characteristic and quality. Accordingly, the cooked oils could be completely distinguished from the uncooked ones by the OPLS-DA of FTIR spectra. Moreover, the MLR models of palmitic acid content, oleic acid content and linoleic acid content, established by the intensities of FTIR common bands as independent variables, were acceptable and could be preliminarily used for the determination of FA composition. This work facilitates the comprehensive understanding on the quality characteristics of SSO products. However, more characteristics directly or indirectly related to their qualities, such as volatile flavor compounds, antioxidants and oxidative products, need to be further investigated.

Conflicts of interest

There are no conflicts to declare.

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