1 Introduction

Patterned functional materials offer substantial potential for constructing photo-electric devices, such as transparent conductive films, light-emitting diodes, photodetectors, optical waveguides and wearable sensors.1-6 A series of preparation techniques have been developed, including photolithography, electron beam etching, ion beam etching and laser processing. However, some deficiencies still exist such as high cost output, precise instrument requirements, and long-time fine manipulation. To overcome these disadvantages, George Whitesides et al. proposed and developed soft lithography technology combining microcontact printing and micromold soft printing techniques. In their methods, the fabrication of patterned functional materials mainly depends on the preparation of soft templates such as PDMS molds, the selective interface modification of self-assembled monolayer molecules such as alkyl hydrosulfide, and the relevant chemical reactions.7-9 High-quality patterns and structures can be produced via this technology and are applied in the biological and photoelectric fields.10-12 However, the popularization of soft lithography is still limited on account of the disadvantages of large elasticity and easy swelling of PDMS materials, and the tedious experimental procedures. In recent years, Si templates with three-dimensional micro-topographies (such as pillars or spindles) are gradually arousing researchers’ interests in patterned nanoparticle self-assembly or crystal growth via liquid bridges between the template and the target substrate.13-15 In order to build liquid bridges, the templates are commonly designed as an asymmetric wetting structure between the top and side walls for liquid pinning.15 Based on the patterning arrays, integrated sensors, laser devices and photodetectors can be fabricated.16-17 What limits their practicality are high power consumption during the plasma etching process of the silicon pillar template, the toxicity of fluorine-containing gas, and the fragility of the Si template microstructures. Besides, constructing a two-dimensional...
hydrophilic–hydrophobic micro-patterned template is also a candidate strategy for patterning functional materials, which can greatly improve the selective wetting of liquids on the surface of substrates. The common preparation approaches include selective irradiation using ultraviolet light, thermal treatment, pH regulation and other external stimuli.\textsuperscript{18–20} Though it presents some advantages in the aspects of controlling the droplet geometry, effectively locating the droplet and accurately distributing the aqueous solution to the hydrophilic zone,\textsuperscript{19,21} the disadvantages are obvious from their complicated fabrication processes and the non-reusable templates.

For the last two decades, the SU-8 photoresist materials have been developed and widely used in electronic industries such as microfluidic control, microelectronics machining and chip packaging,\textsuperscript{21–25} which is mainly attributed to their unique features including their good light transmittance, mechanical property, chemical stability, thermal resistance and biological compatibility. An outstanding advantage is that the microconfigurations with high aspect ratio are easily obtained via simple lithography.\textsuperscript{26,27} From a comprehensive perspective, the SU-8 photoresist templates may be good alternatives to PDMS templates, silicon templates and the two-dimensional templates with composite wettability in interface lithography.

Moreover, conventional lithography exploits poorly chemically stable positive photoresist such as SPR220 or negative adhesive such as an acrylic resin-containing photoresist to facilitate later photoresist removal, but it introduces some unfavourable factors, for example, the photoresist pattern line edges are not smooth enough, and the chemical agents or gases introduced in the photoresist development or removal process will corrode the organic or biological target materials.\textsuperscript{28,29} Compared to conventional photoresist-based lithography, SU-8 photoresist based on interface printing technology undoubtedly also owns broad application prospects. Deng and Jie\textit{et al.} prepared several kinds of organic molecular arrays via the one-dimensional directional induction of photoresist templates, and assembled them to electric devices.\textsuperscript{30–33} However, it faces a remarkable problem that the templates could not be reused because the functional molecules and the stable photoresist templates are grown together; meanwhile, the coexisting template also reduces the performance of molecular devices to some extent.

In this study, SU-8 photoresist templates with good hydrophobicity and high adhesion are prepared for interface lithography. The surface wettability of photoresist templates is systematically studied. By making use of the asymmetric wettability between the photoresist template and the super-hydrophilic substrate, capillary liquid bridges are generated in the confined space, and the organic small molecules and the nanoparticles are further patterned on the superhydrophilic substrate. The dewetting mechanism during the assembly process is investigated with the assistance of \textit{in situ} observation via a fluorescent microscope. Our strategy presents many advantages over previous work: first, it simplifies the tedious experimental procedures compared with preparing hydrophilic–hydrophobic patterned templates. Second, it greatly saves the cost compared with the Si template. Furthermore, the template can be reused after cleaning for the reason that the arrays can directly be assembled on the substrate. This study enriches the content of soft lithography, provides an experimental basis for the application of patterned SU-8 photoresist materials to the fields of molecular patterning, nanoparticle assembly and device integration.

2 Experiment

2.1 Materials and reagents

The silicon wafer and glass were obtained from the market, SU-8 2015 photoresist and its developer were bought from Microchemical Corporation of the United States. The organic small molecule Rhodamine B (AR) was purchased from Shanghai Sinopharm Chemical Reagent Co., Ltd. The CdSe quantum dots were synthesized in the laboratory and dispersed in water. Fluorosilane (CF\textsubscript{3}(CF\textsubscript{2})\textsubscript{7}(CH\textsubscript{2})\textsubscript{2}Si(OCH\textsubscript{3})\textsubscript{3}, FAS) was purchased from Dow Corning (the molecular structure depicts in Fig. S1a(\textit{f}) of the United States. The glass slides, silicon wafer, and Si/SiO\textsubscript{2} (300 nm SiO\textsubscript{2} oxide layer) substrate were bought from the market. Deionized water (resistivity 18.25 Ω cm) acted as the molecular solvent and nanoparticle dispersant.

2.2 Sample preparation

2.2.1 Preparation of photoresist templates

\textbf{Surface cleaning.} The polished surface of silicon wafer was cleaned using a standard RCA method.\textsuperscript{34} The glass slides and Si/SiO\textsubscript{2} substrate were successively ultrasonically cleaned in acetone, ethanol and deionized water for 10 min, respectively, and then dried under nitrogen.

\textbf{SU-8 photoresist template preparation.} The detail is offered in Fig. 1. First, the photoresist was spin-coated on the polished surface of Si substrate at a speed of 4000 rpm for 60 s. Then the sample was prebaked on a 95 °C heating stage for 2 min. Second, photolithography of the SU-8 photoresist film was performed using a mask aligner, and the sample was exposed under UV irradiation (the irradiance density is 15 mW cm\textsuperscript{-2}) for 8 s through a photo-mask plate. After being post-baked at 95 °C for 3 min, the sample was developed in the developer for 60 s and rinsed in water for 5 s to form the photoresist patterns. Finally, the patterned SU-8 photoresist was directly exposed under UV irradiation for another
measuring the same sample on at least 2.3 Characterizations

Low surface energy modification. FAS was introduced to lower the surface energy of photoresist template via a thermal evaporation process. In short, the template and 50 µL of FAS were sealed together in a glass container, before being heated in a drying oven at 90 °C for 3 h (see Fig. S1b†).

Interface-induced dewetting assembly based on the SU-8 photoresist templates. A schematic diagram is shown in Fig. S2.† Firstly, the small molecule aqueous solution was prepared by dissolving the Rhodamine B powder into deionized water at room temperature, and nanoparticle aqueous dispersion was also prepared by dispersing the nanoparticles into deionized water. Secondly, 10 µL of liquid was dropped on the surface of the photoresist template using a micro-injector. Lastly, a superhydrophilic target substrate was rapidly covered on the surface (the cleaned substrate was treated with O2 plasma for 3 min to be superhydrophilic) to form a sandwich structure. Subsequently, the sample was transferred into a 60 °C drying oven. After 1 h reaction, the sample was taken out, and the target substrate and the photoresist template were separated at room temperature.

2.2 Liquid bridge assembly of one-dimensional molecular arrays based on SU-8 photoresist templates with special wettability

3 Results and discussion

3.1 The morphology characterization of the photoresist template

The CA of a water droplet on photoresist planer photoresist templates were measured. The results are shown in Fig. S3† and 3. From Fig. S3,† the intrinsic CA for water droplet on photoresist planar film is 85.0° (see Fig. S3a†). After being modified by FAS, the CA turns to 114.0° (see Fig. S3c†), demonstrating the planar film achieves an obvious hydrophobic property.

The photoresist template sample with 5 µm bottom width (a1), 10 µm transverse space (b1), 200 µm pillar length (a2), and 50 µm longitudinal space (b2) is defined as 5-10-200-50 (a1-1b1-a2-b2). A graphical description of the parameters is presented in Fig. 3a, and the optical image of the template 5-10-200-50 is offered in Fig. S4.† This definition is appropriate for other samples as well. The CAs of FAS modified photoresist templates were measured from two observed directions, along with the pillars and perpendicular to the pillars, respectively (see Fig. 3a), and the test results of CAs are shown in Table S1.† For the sample 5-10-200-50, the CA observed along with the pillars is 137.0°, and the CA measured perpendicular to the pillars is 121.0° (Fig. 3b). The optical image of the test water droplet is shown in the inset in Fig. S4,† and a slight stretch of the droplet can be found along with the pillars. It can be seen the obvious anisotropic wettability exists owing to the asymmetry of three-phase contact line in different directions. For the templates 5-10-100-25 and 5-10-500-50, there also exist significant differences (more than 15.0°) for the CA values observed from the two mutually orthogonal directions, see Table S1.† The related analysis is offered in ESI†. The results indicate that the droplets can spread more easily along the column direction with regard to our templates with pillar structures, see the droplet in Fig. 3c.

For a square columns template (5-10-5-10), the corresponding two CAs are 140.0° and 139.5°, the approximate values originate from the symmetry of triple-phase contact line (TCL) in the crossed directions.

Generally, the solid surface with good hydrophobicity and high adhesion demonstrates obvious advantages in clinging and transferring water droplets. And microfluidic bridges can
form between the three-dimensional microarray structures and a hydrophilic substrate to induce the crystal growth of solution. For the FAS modified photoresist template (5-10-200-50) in this study, the AA ($\theta_A$) and RA ($\theta_R$) were measured via a tip dragging method, while the dragging direction was orthogonal to the viewing direction, see Fig. S5. The CAH is the absolute value of the difference between AA and RA. The results are depicted in Fig. 4a and b. In the observed direction along with the pillars, the CAH value is 32.9°, and in the observed direction perpendicular to the pillars, the CAH value is 42.1°, which demonstrate a high adhesion of the template surface to water droplets.

The CAH for other photoresist templates are also measured, and the results are offered in Table 1. The CAH values for all templates present a difference in the two orthogonal directions, but there are no obvious change rules to follow. On the whole, all the templates show high adhesion to water droplet.

The high adhesive and high hydrophobic template with pillar arrays contributes to the pinning and induction of liquid in a confined space. The target substrate was chosen as hydrophilic glass or Si/SiO$_2$ substrate (with 300 nm SiO$_2$ oxide layer), the water contact angle are shown in Fig. S6. Before being used, the surface was treated with O$_2$ plasma (200 W) for 3 min to realize its surface superhydrophilicity (see Fig. 4c), which benefits the liquid adsorption. The asymmetric liquid bridges can generate between a superhydrophilic substrate and a hydrophobic high adhesive template, as depicted in the schematic diagram of Fig. S7.

### 3.3 The stability tests

#### 3.3.1 Chemical stability

In this study, a photoresist template can be fabricated through a simplified photolithography approach (without the subsequent silicon plasma etching process). To make the template more stable, an extra 10 min direct exposure was performed to fully crosslink the photosensitive resin molecules in the photoresist. In order to test its chemical stability, the SU-8 photoresist template (not modified by FAS) was soaked into toluene for 8 h. The toluene droplet can easily wet the surface of the photoresist template, with a contact angle of 9.0° (see Fig. S8). The result is depicted in Fig. 5, in which no obvious swelling and deformation can be found according to the comparison of optical images before and after being soaked. Simultaneously, the contact angle of water droplet on the surface has no obvious change (99.1° before being soaked and 97.5° after being soaked), which indicates that the treated SU-8 photoresist template possesses good chemical stability.

![Fig. 2](image_url)  
Fig. 2 The SEM images of SU-8 photoresist template. (a) Top view; (b) side view; and (c) enlarged side-view.

![Fig. 3](image_url)  
Fig. 3 The anisotropic wettability of water droplet on a SU-8 photoresist template (sample 5-10-200-50). (a) The schematic diagram of photoresist template parameters and contact angle observation directions; (b) the CA observed from different directions.

![Fig. 4](image_url)  
Fig. 4 The contact angle hysteresis of water droplet on the SU-8 photoresist template (5-10-200-50) and the wettability of water droplet on the target substrate. (a) Observation along with the pillars; (b) observation perpendicular to the pillars; and (c) the wettability for the plasma treated target substrate.
3.3.2 Thermal stability. The thermal stability has also been tested through transferring the photoresist template (modified by FAS) into an oven with a certain temperature for 2 h, and the temperature was set from 20 °C (room temperature) to 120 °C. After being heated, the optical image and the surface water contact angle (along with the pillars) were measured. While the morphology remains the same (not shown), the value of the contact angle (observe along with the pillars) has no significant change (Fig. S9†), indicating good thermal stability of the FAS modified SU-8 photoresist template. It offers a promise for the reaction of the template in a heating environment.

3.4 The mechanism analysis of interface-induced dewetting assembly based on the photoresist template with special wettability

The patterned organic small molecules and nanoparticles were prepared via a sandwich method. The patterned printings were realized on the basis of the asymmetric interface wettability between the photoresist templates (with good hydrophobicity and high adhesion) and the target substrates (with superhydrophilicity). In the beginning, a stable ellipsoid crown is formed a hydrophilicity). In the beginning, a stable ellipsoid crown is realized on the basis of the asymmetric interface wettability between the photoresist templates (with good hydrophobicity and high adhesion) and the target substrates (with superhydrophilicity). In the beginning, a stable ellipsoid crown is formed via the interaction of the pillars induction, the air pressure and the Laplace pressure, the rapture of liquid film happens, generating isolated micro-scaled capillary bridges anchored onto the micro-pillars of the photoresist template, as shown in Fig. 6b. The liquid bridges shrink till they break, and a regular one-dimensional molecular array can form on the desired target substrate after the complete liquid evaporation, as shown in Fig. 6c. Due to the huge difference of the wettability between the hydrophobic-high adhesive photoresist pillars and the superhydrophilic substrate, the molecular arrays will mainly be generated on the substrate.

In order to elucidate the assembly process more intuitively, the in situ observation via a fluorescence microscope was performed. In the experiment, a drop of Rhodamine B solution with a concentration of 8 mg mL⁻¹ is confined between a photoresist template and a target substrate. The optical images at different time are depicted in Fig. 6d-f. At the first minute, the liquid rapidly wets the entire interface under the external pressure, forming a liquid film. Meanwhile, the pillars are faintly visible, as shown in Fig. 6d. The result is corresponding to Fig. 6a. Then, under the action of the liquid evaporation, the liquid film rapidly cracks in the direction perpendicular to pillars because of the wide space intervals, as shown in the blue part above the pillars in Fig. 6e. Subsequently, at the 30th minute, the liquid film above the air columns between the adjacent paralleled pillars are broken with the dewetting process progresses, as depicted in Fig. 6e. Finally, at the 60th minute, fluorescent molecular arrays are formed, see Fig. 6f, which is in accordance with Fig. 6c.

Based on the different liquid states in three zones (1–3) in Fig. 6e, the mechanism of the dewetting process is revealed. In zone 1, the liquid film between the mutually parallel pillars starts to retreat, corresponding to the shrinkage of the liquid film toward the substrate driven by the water evaporation, as shown in Fig. 6e1. In zone 2, the liquid film breaks between the parallel pillars, corresponding to that liquid bridge arrays formed following the liquid film shrinks and fractures toward the substrate, see Fig. 6e2. In zone 3, the liquid above the column shrinks and darkens, corresponding to the shrinkage of the liquid bridge until it cracks, as shown in Fig. 6e3.

3.5 Characterization of patterned arrays through the interface-induced dewetting assembly

The Rhodamine B molecule arrays generated on glass are characterized, whose interface assembly is induced by the photoresist template 5-10-200-50 (the corresponding solution concentration is 8 mg mL⁻¹). The results are shown in Fig. 7. In the optical image, Rhodamine B molecule arrays with a length larger than 100 μm are obtained through the interface induced assembly (Fig. 7a); meanwhile, the Rhodamine B molecular arrays own good fluorescence characteristic (Fig. 7b). As depicted in the SEM image, the 4 μm width micro-wire possesses a flat and smooth surface (Fig. 7c). The side view for the micron wire arrays is shown in Fig. S10,† and the height for the micron wires is measured as 580 nm according to the cross-section image of single wire. To test the surface roughness, the microwires (not the same wires) were characterized by

Table 1 The contact angle hysteresis test results of water droplet on the surface of different photoresist templates

<table>
<thead>
<tr>
<th>Sample (a₁-b₁-a₂-b₂)</th>
<th>Observation along with the pillars</th>
<th>Observation perpendicular to the pillars</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-10-5-10</td>
<td>28.0°</td>
<td>28.5°</td>
</tr>
<tr>
<td>5-10-100-50</td>
<td>34.2°</td>
<td>40.0°</td>
</tr>
<tr>
<td>5-10-200-50</td>
<td>32.9°</td>
<td>42.1°</td>
</tr>
<tr>
<td>5-10-500-50</td>
<td>36.0°</td>
<td>&gt;45.0°</td>
</tr>
</tbody>
</table>
AFM (Fig. S11†). It presents a trapezoidal section, which arises from the dewetting process (Fig. S11b†). It also demonstrates a low root mean square roughness of $R_q = 0.578$ nm (for a $1.0 \times 1.0 \mu\text{m}^2$ area) (Fig. S11c†), which verifies the smooth of the top of the microwire. The defects appearing in Fig. 7 may originate from many factors, such as the irregular dewetting process, the uneven liquid concentration distribution on the surface, and even the inevitable defects of the photoresist template. To make the XRD test, the Rhodamine B molecular arrays are grown on a superhydrophilic single crystal silicon wafer. The Rhodamine B powder was directly tested on a frosted glass substrate in the XRD instrument. In the X-ray diffraction spectrum, the microwire arrays only have two distinct diffraction peaks, as indicated in the dashed oval frame in Fig. 7d, compared to the multimodality of Rhodamine B powder. This reflects a good molecular arrangement in the one-dimensional crystal array structure (the crystal face information Rhodamine B cannot be detected in the crystallization database and related literature, so it is not marked).

As the concentration of Rhodamine B solution is set as 4 mg mL$^{-1}$ and 12 mg mL$^{-1}$, the regular molecular arrays are also generated through the template-induced method, see Fig. S12.† According to this optical images, the average widths of the resultant micro-wires are 3.5 $\mu\text{m}$ and 6 $\mu\text{m}$, respectively. It presents a positive but non-linear relationship between the micro-wires width and the solution concentration, and a practicality of this method in the field of molecule patterning.

It is worth noting that the template owns good reusability, and it can be reused at least five times according to the contact angle (along with the pillars) monitoring (see Fig. S13†).

The method is also appropriate for water dispersive nanoparticles. The fluorescent quantum dots can be integrated into the optical display devices such as LED because of its good optical and quantum properties.3 In this study, CdSe quantum dots are dispersed in water to form a 10 mg mL$^{-1}$ dispersion. It can be measured according to the TEM image (the inset in Fig. 8a) that the average diameter of the prefabricated quantum dots is 10 nm; the small size of quantum dots contributes to their uniform dispersion in liquid. Then the template-induced assemblies are conducted using different SU-8 photoresist templates. The resultant fluorescent images of CdSe quantum dot arrays are shown in Fig. 8. Fig. 8a shows a one-dimensional assembled array induced by the photoresist template 5-10-200-50. Fig. 8b depicts a zero-dimensional quantum dot arrays induced by a square pillar photoresist template 5-10-5-10. In conclusion, the patterned assembly of nanoparticles is successfully realized through the induction of photoresist

Fig. 6 The investigation of the dewetting mechanism during the interface-induced dewetting assembly of molecular array. (a)–(c) Diagram of the assembly process; (d)–(f) the optical images of in situ observation at different reaction time; and (e1)–(e3) the mechanism diagrams of the dewetting process at different stages corresponding to the zone 1–3 in (e) respectively.

Fig. 7 Characterization of the generated Rhodamine B small molecule array. (a) Optical image; (b) fluorescent image; (c) SEM image; and (d) the XRD spectrum.
templates, which endows this approach with potential for application to micro-nano functional devices.

4. Conclusions

In this paper, we proposed a soft lithography strategy based on capillary bridge and SU-8 photoresist template with special wettability, which is dedicated to patterning the molecules and nanoparticles through an interface-induced dewetting assembly process. Firstly, a simplified lithography technique was developed to prepare a SU-8 photoresist template with chemical stability and high aspect ratio. Secondly, the anisotropic wettability and the high adhesion of the hydrophobic templates were analysed and discussed. Subsequently, taking advantage of the asymmetric wettability between the superhydrophilic target substrate and the photoresist template, a sandwich reaction structure capable of generating liquid bridges was introduced for the molecular patterning. Finally, the patterned arrays of organic small molecule and nanoparticles were successfully assembled on the target substrates. Moreover, an in situ observation via a fluorescent microscope provides us with an insight into the dewetting process and the mechanism of molecular patterned array. This strategy presents many advantages over previous work: simple steps comparing with fabricating a hydrophilic-hydrophobic patterned substrate; low cost compared to using a Si template; and reusable template comparing with the direct assembly of molecular arrays on the template. In conclusion, this strategy offers a potential application prospect in patterned molecular array, nanoparticle assembly and integrated micro-nano functional devices, for instance, organic small molecule crystal arrays for integrated FETs, nanoparticle assembled arrays for gas sensors, and perovskite crystal superlattice arrays for high quality lasers.

Conflicts of interest

There are no conflicts to declare.

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Notes and references