

REVIEW

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Polyphenols of Chinese skullcap roots: from chemical profiles to anticancer effects

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Great efforts have been made to identify the principle bioactive constituents of Chinese herbs and to unravel the molecular mechanisms behind their anticancer effects. *Scutellaria baicalensis* (Huangqin or Chinese skullcap) is a widely consumed herbal medicine and has been historically used in anticancer therapy in China and other countries. Chinese skullcap generates many active chemicals in the root and is abundant in polyphenols, which act as its anti-cancer ingredients. It contains around 53 polyphenols in total: 50 flavonoids and 3 stilbenes. The polyphenols have similar chemical structures since they are derived from similar biochemical synthetic pathways. According to the literature, as the active chemicals of the skullcap root, 18 polyphenols exhibit evident anticancer activities. They can be developed not only as novel candidates and precursors in anticancer drug screening, but also as important tools and agents in cancer pharmacology. We comprehensively elaborated the anticancer pharmacological properties of crude polyphenolic extracts and 12 other single compounds excluding the six well-known polyphenols, *i.e.*, baicalein, baicalin, wogonin, wogonoside, chrysin and verbascoside. In this review, we also discussed the possible mechanisms of the anticancer effect of several skullcap polyphenols. Overall, this paper provides a unique path to understand the anticancer properties of Chinese skullcap as well as guidance to find novel anticancer drugs from a natural polyphenolic reservoir.

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Introduction

Cancer is a complex disease involving excessive proliferation of abnormal cells, which may grow malignantly in specific tissues until tumor formation. The occurrence and development of cancer undergo a series of progressive stages from the uncontrolled proliferation and division of cells to their spread and metastasis. Cancer might be the most refractory disease, and its mortality increases year by year. It is urgent to find efficient drugs for various cancers. Traditional Chinese medicine (TCM) is a good choice for the screening of anticancer agents because there is a long history of using herbal medicine in cancer therapy. TCM has the features of multi-component chemistry and multi-targets in terms of pharmacology; therefore, it is suitable for cancer therapy, considering the complex pathogenesis. Many Chinese patients are willing to use TCM products to slow down the cancer symptoms.¹

Polyphenols, secondary metabolites of plants, are perhaps the most universal ingredients of many herbs with diverse structures and bioactivities.² Herbal polyphenols can be classified into flavonoids, hydroxycinnamates, hydroxybenzoic acid esters, coumarins, xanthenes, chalcones, anthraquinones, lignins and lignans, *etc.* These chemicals can be developed as drug candidates from the active confirmation of *in vitro* screens or *in vivo* evaluations. An increasing number of modern studies indicate that herbal polyphenols may play an important role in cancer prevention or treatment. Some herbal polyphenols can block the key biochemical pathways of carcinogenesis.^{3,4}

Scutellaria baicalensis Georgi, also known as Chinese skullcap or Huangqin, is a perennial herb of the Lamiaceae family.⁵ Its root is one of the 50 fundamental herbs used in the formulations of TCM.^{6,7} Skullcap root has been authorized in the treatment of jaundice, hepatitis, and diarrhea and infections of the respiratory and gastrointestinal tracts in China for

more than 2000 years.⁸ Recent clinical applications have involved Chinese skullcap in the treatment of many diseases including inflammation,^{9,10} hypertension,¹¹ cardiovascular disease,¹² neurodegeneration¹³ and tumors.⁷ The therapeutic roles of Chinese skullcap against diseases are closely related to its antipyretic, antioxidant, anti-inflammatory, antimicrobial, and antitumor pharmacological actions.^{14–17} The antitumor effect of skullcap as TCM is widely recognized because of its historical clinical applications as a single component or in formulations for treating cancerous diseases.⁷ Chinese skullcap is abundant in flavonoid polyphenols as its anti-cancer ingredients, including baicalein, wogonin and oroxylin A, as well as the glycosidic derivatives, namely, baicalin, wogonoside and oroxylin-A-7-O-glucuronide.¹⁸ These flavonoids share a primary molecular skeleton and are very similar in structure since they originate from the same biosynthetic pathway.¹⁹ As notable polyphenolic molecules, they are considered as important anticancer candidates in drug screens, novel emerging additives in the treatment of various diseases, and important tools and agents in cancer pharmacology. The chemicals baicalein, wogonin, baicalin and wogonoside derived from Chinese skullcap may block the signal transduction of cancer by controlling the nuclear factor- κ B (NF- κ B) signaling pathway, protein tyrosine kinase (PTK) pathway and mitogen-activated protein kinase (MAPK) signaling pathway.⁶

We reviewed the anticancer effects of the *S. baicalensis* extract and some well-known polyphenols (wogonin and baicalin); we also discussed the underlying molecular mechanisms ranging from *in vivo* studies to clinical applications.⁷ However, previous research is still insufficient to understand the complete therapeutic roles of Chinese skullcap against cancers, considering the diversity of polyphenols and biased discussions in pharmacology. In this review, we first retrieved all the polyphenol compounds derived from skullcap roots and categorized them properly in terms of their structures and anticancer effects. A network pharmacology approach was used for the certification of targets and pathways of each polyphenol in cancer pathogenesis but unfortunately, no useful information was obtained. Herein, we mainly summarized the results of the anti-cancer studies on polyphenols in skullcap roots conducted over the past 20 years. This review also discussed the possible mechanisms of some single polyphenols interfering with carcinogenesis or cancer progression. Moreover, this review roughly explored the structure–activity relationships of Chinese skullcap polyphenols from the viewpoint of new drug discovery and development. As a technical roadmap, Fig. 1 illustrates the intent and procedure of this investigation.

Polyphenol compounds in Chinese skullcap root

More than 5000 reports have been published on the bioactivity and chemistry of herbs from the genus *Scutellaria*, and most are clearly relevant to polyphenol compounds. Some papers estimated 30–50 polyphenols to be present in *Scutellaria* species, but the actual data revealed far more than this estimation. The



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herbal medicines in the prevention and treatment of cancer diseases. He was listed as one of the HKU scholars in the top 1% by 2018 Essential Science Indicators. He has served as an advisor/expert committee member in government agencies, professional bodies and WHO.



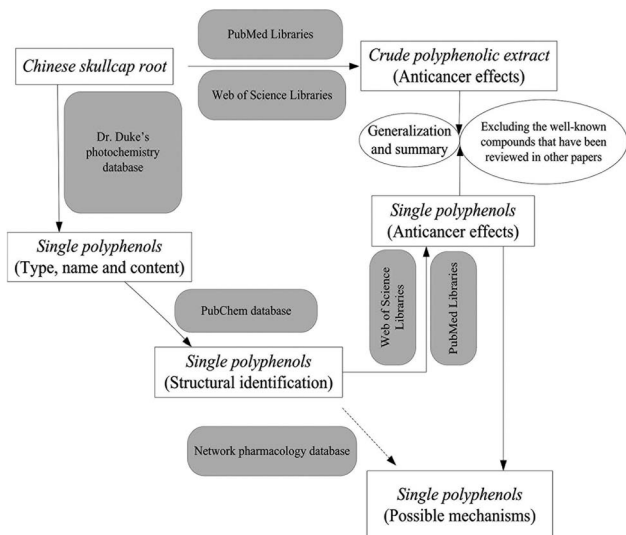


Fig. 1 The motive, conception and technical route of this review.

Russian phytochemist Karimov summed up all the flavonoids (polyphenols) in the species of *Scutellaria* genus²⁰ and listed 301 well-defined polyphenol compounds: 182 flavonoids, 70 flavanones, 9 flavonols, 10 chalcones, 13 flavonols, 5 isoflavones, 7 aflatoxins and 5 biflavonoids. Karimov also pointed out 131 polyphenols found in Chinese skullcap, and most were flavonoid compounds.²⁰ However, the origins of the 131 polyphenols are uncertain because they might have been derived from the roots, stems, leaves, or even flowers of the plant. Then, we chiefly learned about the identifiable polyphenols in Chinese skullcap from Dr Duke's phytochemistry and ethnobotanical database resources (<https://phytochem.nal.usda.gov>) and the search was limited to root-originating polyphenols. As a result, 53 compounds were obtained in total: 50 flavonoids and 3 stilbenes (Table 1). The 50 flavonoids were further divided into two groups: 44 flavones and 6 flavanones. All 53 polyphenols were further confirmed by comparison with the report of Karimov.²⁰

The polyphenols of Chinese skullcap were ranked according to their contents in the root. Baicalin, baicalein, wogonoside, oroxylin-A-7-O-glucuronide, wogonin and chrysin-6-C- α -L-arabinoside-8-C- β -D-glucoside were abundant in Chinese skullcap since their contents were more than 0.2% in the root. Basically, these compounds, especially baicalin and baicalein, contribute to the major clinical activities of Chinese skullcap. Baicalein can be chemically classified as a (5,6,7)-trihydroxyl-substituted flavone, while baicalin is its 7-O- β -D-glucuronide derivative. Other baicalein glycosylated homologues, namely, oroxin-A and baicalin-methylate were also detectable in the root in small amounts. Wogonoside is the glycosylated derivative (7-O position) of wogonin, which is a 5,7-dihydroxyl and 8-methoxyl-substituted flavone. Wogonoside and wogonin were the third and fifth abundant polyphenols in the root, respectively. Moreover, the three wogonin glycosylated derivatives present in trace amounts were wogonin-7-O- β -D-glucuronide-methyl-ester,

wogonin-7-O- β -D-glucuronide and wogonin-5-O- β -D-glucoside. Oroxylin-A is an O-methylated flavone; however, its amount was far less than that of oroxylin-A-7-O-glucuronide and constituted only 1% proportion of the total compounds in the oroxylin-A family. The oroxylin-A family also includes oroxylin-A-7-O-glucuronide-methylester.

Chrysin and its derivatives are another type of flavones present in small or trace amounts. Six types of chrysin derivatives with glycosides at the O- or C-position were detected in skullcap roots, representing the chrysin family as di-substituted flavones. Chrysin is not generally considered as a specific compound, indicating that the skullcap quality is due to its low amount and widespread presence in other species. However, many chrysin derivatives have been reported as having strong antitumor activity.⁴¹

The polyphenols found in skullcap roots in low or trace amounts included 25 other flavones, of which some are well-known, while others may be new compounds with few reports about them. The well-known flavones viscidulin-III, rivularin, 4'-hydroxywogonin, norwogonin, viscidulin-II and scutevulin appeared at relatively high contents (>5 ppm), but panicolin, scutellarin, scutellarein, negletein, koganebananin, 2'-hydroxychrysin, koganebanain and andrographin appeared in undetectable amounts. Eight new flavones, named by their structure, are also listed in Table 1. These compounds indicate flavone diversity of skullcap root since flavones dominate all measurable polyphenols co-positioned in the herb. Flavone diversity is explained by the nature, quantity, and mutual arrangement of functional groups (Table 1). Based on the nature of substitution on the main backbone, all flavones of skullcap roots can be well classified and categorized.

Six flavanones were still detected in the Chinese skullcap root in spite of their relatively low contents. 2',6'-Dihydroxy-pinobanksin, dihydrohispidulin, and dihydrooroxylin-A are famous plant flavanones because they have strong *in vitro* or *in vivo* bioactivities. The presence of benzene-based compounds isolated from skullcap herbal medicine extended our knowledge on skullcap polyphenols since the chemical content is not limited to flavonoids. The three benzene compounds are verbascoside, leucosceptoside-A and 2,6,2',4'-tetrahydroxy-6'-methoxychalcone. Their content in the roots of *S. baicalensis* is low, and their structure can be accessed from Pubchem (<https://pubchem.ncbi.nlm.nih.gov>).

All the identified compounds from the Chinese skullcap root were imported into Pubmed and Web of Science to further know their anti-cancer effect. As the most detected compounds in skullcap roots, 18 polyphenols exhibited unquestionable anti-cancer activity; these included baicalin, baicalein, chrysin, hispidulin, negletein, neobaicalein, norwogonin, oroxylin-A, scutellarein, scutellarin, verbascoside, wogonin, wogonoside, viscidulin-III and -II, dihydrobaicalein, oroxin-A and 4'-hydroxywogonin (as seen in Fig. 2 and Table 1). Among them, baicalein, baicalin, wogonin, wogonoside, scutellarein, scutellarin and oroxylin-A have been extensively reported. Other polyphenols have not been shown in anticancer research because they are low in content and difficult to obtain. Some of them are metabolites of the above-mentioned anticancer polyphenols;



Table 1 The polyphenol compounds detected in the root of Chinese skullcap

Polyphenol compounds	Plant parts	Content in dried herb (ppm)	PubChem CID	Chemical structure	Reference
Baicalin	Root	206000	64982	5,6-Dihydroxyflavone-7-O- β -D-glucuronide	21 and 22
Baicalein	Root	54000	5281605	5,6,7-Trihydroxyflavone	21
Wogonoside	Root	54000	3084961	5,7-Dihydroxy-8-methoxyflavone-7-O- β -D-glucuronide	21 and 22
Oroxylin-A-7-O-glucuronide	Root	41000	14655552	5,7-Dihydroxy-6-methoxyflavone-7-O- β -D-glucuronide	22
Wogonin	Root	7300	5281703	5,7-Dihydroxy-8-methoxyflavone	20 and 21
Chrysin-6-C- α -L-arabinoside-8-C- β -D-glucoside	Root	2000	44257618	5,7-Dihydroxyflavone-6-C- α -L-arabinoside-8-C- β -D-glucoside	20
Neobaicalein	Root	863	124211	5,2'-Dihydroxy-6,7,8,6'-tetramethoxyflavone	23
Chrysin	Root	800	5281607	5,7-Dihydroxyflavone	21
2',6'-Dihydroxy-pinobanksin	Root	420	157633	(2R,3R)-3,5,7,2',6'-Pentahydroxyflavanone	20
Oroxylin-A	Root	415	5320315	5,7-Dihydroxy-6-methoxyflavone	21
2(S)-5,7,2',6'-Tetrahydroxyflavanone	Root	380	157671	2(S)-5,7,2',6'-Tetrahydroxyflavanone	24
Viscidulin-III	Root	356	5271991	5,7,2',5'-Tetrahydroxy-8,6'-dimethoxyflavone	20
5,8,2'-Trihydroxy-6,7-dimethoxyflavone	Root	200	156993	5,8,2'-Trihydroxy-6,7-dimethoxyflavone	20
Dihydrohispidulin	Root	115	46893290	2(S)-5,7,4'-Trihydroxy-6-methoxyflavanone	25
Viscidulin-III-2'-O- β -D-glucopyranoside	Root	100	102445446	5,7,5'-Trihydroxy-8,6'-dimethoxyflavone-2'-O- β -D-glucopyranoside	20
Chrysin-6-C- β -D-glucoside-8-C- α -L-arabinoside	Root	100	44257617	5,7-Dihydroxyflavone-6-C- β -D-glucoside-8-C- α -L-arabinoside	20
Oroxylin-A-7-O-glucuronide-methylester	Root	100	131675988	5-Hydroxy-6-methoxyflavone-7-O-glucuronide-methylester	20
Verbascoside	Root	74	5281800	2-(3,4-Dihydroxyphenyl)ethyl-3-O-(α -L-rhamnopyranosyl)-4-O-[(2E)-3-(3,4-dihydroxyphenyl)prop-2-en-1-yl]- β -D-glucopyranoside	26
Rivularin	Root	50	13889022	5,2'-Dihydroxy-7,8,6'-trimethoxyflavone	20
Oroxin-A	Root	50	5320313	5,6-Dihydroxyflavone-7-O- β -D-glucopyranoside	27
5,8-Dihydroxy-6,7-dimethoxyflavone	Root	50	153441	5,8-Dihydroxy-6,7-dimethoxyflavone	28
Chrysin-8-C- β -D-glucoside	Root	46	90658886	5,7-Dihydroxyflavone-8-C- β -D-glucoside	20
Chrysin-7-O- β -D-glucoside	Root	43	133562416	5-Hydroxyflavone-7-O- β -D-glucoside	20
4'-Hydroxywogonin	Root	30	5322078	5,7,4'-Trihydroxy-8-methoxyflavone	29
Baicalin-methylate	Root	27	44578089	5,6-Dihydroxyflavone-7-O- β -D-glucuronide-methyl-ester	20
Norwogonin	Root	10	5281674	5,7,8-Trihydroxyflavone	30
Dihydrooroxylin-A	Root	9	177032	2(S)-5,7-Dihydroxy-6-methoxyflavanone	31
5,7,2'-Trihydroxy-8,6'-dimethoxyflavone	Root	9	5322060	5,7,2'-Trihydroxy-8,6'-dimethoxyflavone	20
Viscidulin-II	Root	7	5322059	5,2',6'-Trihydroxy-7,8-dimethoxyflavone	20
5,7,2',3'-Tetrahydroxyflavone	Root	6.4	5321864	5,7,2',3'-Tetrahydroxyflavone	32
Scutevulin	Root	6	5321205	5,7,2'-Trihydroxy-8-methoxyflavone	33
Dihydrobaicalin	Root	5	14135325	2(S)-5,6-Dihydroxyflavanone-7-O- β -D-glucuronide	34
2,6,2',4'-Tetrahydroxy-6'-methoxychalcone	Root	5	78385588	2,6,2',4'-Tetrahydroxy-6'-methoxychalcone	20
5-Hydroxy-7,8-dimethoxyflavone	Root	5	188316	5-Hydroxy-7,8-dimethoxyflavone	35
5,2',5'-Trihydroxy-6,7,8-trimethoxyflavone	Root	4	21721900	5,2',5'-Trihydroxy-6,7,8-trimethoxyflavone	20
5,7,2'-Trihydroxy-6'-methoxyflavone	Root	4	5322076	5,7,2'-Trihydroxy-6'-methoxyflavone	36
5,7,2',5'-Tetrahydroxyflavone	Root	3.5	5487756	5,7,2',5'-Tetrahydroxyflavone	33
Leucosceptoside-A	Root	0.013	10394343	3,4-Dihydroxyphenethyl-3-O-(α -L-rhamnopyranosyl)-4-O-[3-(3-methoxy-4-hydroxyphenyl)acryloyl]- β -D-glucopyranoside	37
(2S)-2',5,5',7-Tetrahydroxyflavanone	Root	Trace	11522086	(2S)-2',5,5',7-Tetrahydroxyflavanone	20
5,2',5'-Trihydroxy-7,8-dimethoxyflavone	Root	Trace	21122623	5,2',5'-Trihydroxy-7,8-dimethoxyflavone	20
Panicolin	Root	Trace	5320399	5,2'-Dihydroxy-7,8-dimethoxyflavone	38
Scutellarin	Root	Trace	185617	5,6,4'-Trihydroxyflavone-7-O- β -D-glucuronide	39
Hispidulin	Root	Trace	5281628	5,7,4'-Trihydroxy-6-methoxyflavanone	20
Scutellarein	Root	Trace	5281697	5,6,7,4'-Tetrahydroxyflavone	20



Table 1 (Contd.)

Polyphenol compounds	Plant parts	Content in dried herb (ppm)	PubChem CID	Chemical structure	Reference
Negletein	Root	Trace	471719	5,6-Dihydroxy-7-methoxyflavone	20
Koganebananin	Root	Trace	5321865	5,7,2',6'-Tetrahydroxyflavone	40
2'-Hydroxychrysin	Root	Trace	5322064	5,7,2'-Trihydroxyflavone	33
Koganebanain	Root	Trace	5316833	5,7-Dihydroxy-6,8,2',3'-tetramethoxyflavone	20
Wogonin-7-O- β -D-glucuronide-methyl-ester	Root	Trace	21721956	5,7-Dihydroxy-8-methoxyflavone-7-O- β -D-glucuronide-methyl-ester	20
Chrysin-6-C- β -D-glucoside	Root	Trace	90657677	5,7-Dihydroxyflavone-6-C- β -D-glucoside	20
Andrographin	Root	Trace	5318506	5-Hydroxy-7,8,2'-trimethoxyflavone	20
Wogonin-7-O- β -D-glucuronide	Root	Trace	35755714	5-Hydroxy-8-methoxyflavone-7-O- β -D-glucuronide	20
Wogonin-5-O- β -D-glucoside	Root	Trace	44258554	7-Hydroxy-8-methoxyflavone-5-O- β -D-glucoside	20

they may also exhibit strong potentials and can be considered in new drug discovery in the anticancer field.

Anticancer effects of the crude polyphenols of skullcap root

The anticancer actions of skullcap are usually mentioned in academics, and many studies support adopting the skullcap polyphenols as potential agents for cancer intervention. The crude extracts isolated from skullcap roots, sometimes defined as polyphenol mixtures, are effective against many cancer types in experimental assays. Ye *et al.* showed that the polyphenolic extract of skullcap roots strongly inhibits the cell growth in many cancer cell lines, including PC-3, LNCaP, MCF-7, KM-12, HepG2, HCT-15, KB and SCC-25.⁴² The most prominent effects were displayed in the breast and prostate cancer cells PC-3, LNCaP, and MCF-7, for which the inhibition concentrations at 50% (IC₅₀) were 0.9, 0.52 and 0.82 mg mL⁻¹, respectively.⁴² Zhang *et al.* also verified the anticancer activity of a skullcap root decoction containing polyphenols against head and neck squamous cell carcinoma (SCC-25 and KB cells) *in vitro*.⁴³ The IC₅₀ value of the polyphenolic extract towards SCC-25 and KB cells was about 150 μ g mL⁻¹, but it was slightly less than the values of pure baicalein and indomethacin.⁴³ Ye *et al.* later demonstrated that the skullcap polyphenolic extract might be a potent anticancer agent to cure prostate tumors.⁴⁴ The skullcap polyphenolic extract exerted dose- and time-dependent growing inhibition in the prostate cancer cell lines LNCaP and PC-3. It induced the apoptosis of LNCaP and PC-3, but the effect was more obvious for PC-3 cells due to the androgen-independent manner of inhibition. Incubation resulted in the reduction of prostaglandin E₂ synthesis and direct inhibition of the cyclooxygenase-2 (COX-2) activity besides the expression of COX-2 protein in two cancer cell lines.⁴⁴ Crude skullcap polyphenols decreased the production of prostate-specific antigen in LNCaP cells and finally caused a G(1) phase arrest in LNCaP cells as a result of the suppression of the cyclin D1 expression. In contrast, the sample inhibited cyclin-dependent kinase 1

expression and activity in PC-3 cells, ultimately leading to a G(2)/M cell cycle arrest.⁴⁴ The oral administration of skullcap polyphenols (200 mg per kg per day) to tumor-bearing mice displayed 50% reduction in tumor volume after 7 weeks of treatment.⁴⁴ The baicalin-deprived-fraction (SbF1) of the skullcap polyphenolic extract exhibited a significant anti-proliferative effect on breast cancer MCF-7 cells; the treatment with 100 μ g mL⁻¹ of SbF1 for 72 h could inhibit 81.6% of cell growth.⁴⁵ Crude skullcap polyphenols, as an ethanol extract, generated selective toxicity to human lung cancer cell lines A549, SK-LU-1 and SK-MES-1 in comparison with normal lung fibroblasts in a cytotoxicity test. In contrast, sole baicalin, baicalein and wogonin did not demonstrate cytotoxic selectivity towards the lung cancer cell lines. The crude extract exhibited higher safety and efficiency than the sole compounds.⁴⁶ Another interesting study suggested that the antitumor potential of the crude extract from a Chinese skullcap root (SbE) against colorectal cancer would increase once baicalin is removed. This result indicated that excluding baicalin from SbE would induce the generation of an aglycone-rich fraction (ARF) that can markedly inhibit the progress of colorectal cancer.⁴⁷

Gong *et al.* reported the significant inhibition of polyphenolic extracts on the proliferation and metastasis of lung cancer that occurred due to nicotine induction in A549 and H1299 lung cancer cell lines. The specific extract of skullcap roots, containing baicalin, baicalein and wogonin, could significantly counteract the deleterious changes caused by nicotine exposure, such as the augmentation of proliferation, a remarkable decrease in apoptosis, and the invasive and migratory concomitants.⁴⁸ The polyphenolic extract effectively negated the nicotine-induced changes in the tumor apoptotic and metastatic factors from mRNA to protein levels such as the up-regulated expression of Bcl-2 (B-cell lymphoma 2), Bcl-2/Bax (Bcl-2-associated X protein) ratio, caspase-3, matrix metalloproteinase (MMP)-2 and MMP-9 and down-regulated expression of Bax. This finally substantiated the anti-inflammatory effect of the skullcap polyphenolic extract on nicotine-exposed lung cancer cells by profound analysis of inflammatory



markers such as the tumor necrosis factor (TNF)- α and interleukin (IL)-6 as well as NF- κ B and I κ B (inhibitor of kappa B)- α signals. This confirmed the anti-inflammatory benefits of the skullcap extract on the deterioration of lung cancer.⁴⁸ Peng *et al.* evaluated the effect of the skullcap polyphenolic extract (SBGE) on the immune and anti-oxidant functions in U14 tumor-bearing mice. The administration of SBGE at a high dose (1000 mg kg⁻¹) for 2 weeks caused remarkable immune enhancement and anti-oxidant ability in U14 tumor-bearing mice. These advantages possibly contributed to the tumor inhibition in cervical tissues.⁴⁹ The skullcap polyphenolic extract was also efficient in the proliferation inhibition of human endometrial cancer, and the pharmacological action was similar to that of another Chinese herb *Fritillaria cirrhosa*.⁵⁰ The treatment with the skullcap polyphenolic extract for endometrial cancer cells resulted in substantial decline in the expression of the isoforms and receptors of the transforming growth factor (TGF) family as well as Smad proteins. The skullcap polyphenolic extract also essentially hindered the proliferation and invasion of the basal and TGF-1-induced cancer cells. The cancer cells were strongly inhibited by the extract due to the abrogation of Snail, Slug, MMPs, v3 integrin, focal adhesion kinase (FAK), and p-FAK expressions. However, the anticancer effects of the polyphenolic extract were remarkably diminished by an inhibitor of TGF-receptor I since the blockage of TGF-1 induced cancer cell invasion.⁵⁰ A high dose of the skullcap polyphenolic extract (200 μ g mL⁻¹) inhibited ovarian cancer growth and reduced the invasive potential of cancer cells. The treatment of ovarian cancer cells resulted in caspase-3 activation, G(0)/G(1) phase cell cycle arrest, cyclin D1 and D3 down-regulation and p27 induction.⁵¹ The skullcap polyphenols helped increase the antitumor effect of cisplatin on ovarian cancer, which might reduce the multidrug resistance of tumors.⁵² Hussain *et al.* also confirmed the efficiency of the crude skullcap polyphenols in the inhibition of ovarian cancer. The use of the extract attenuated the hypoxia-inducible factor (HIF)-1 expression in cancer cell lines, reduced the activation of phosphatidylinositol 3-kinase/protein kinase B (PI3K/AKT) and MAPK/ERK (extracellular-signal-regulated kinase) in ovarian cancer cells, and intensified the anti-cancer effects of cisplatin against ovarian cancer cells by inhibiting the expressions of HIF-1, ATP-binding cassette sub-family G member-1, and -2.⁵³ Park's another research suggested that SBGE should be considered as an effective agent to inhibit the growth of breast cancer.⁵⁴ SBGE significantly induced the apoptosis of human breast cancer cells MCF-7 in the concentration range from 100 to 500 mg mL⁻¹. The 24 h treatment of SBGE for MCF-7 caused the inhibition of cell proliferation and increased the sub-G1 phase ratio. The following study identified that the suppression of mitochondrial membrane potentials and the apoptotic death of MCF-7 cells were associated with the down-regulation of Bcl-2 and up-regulation of Bax.⁵⁴ Korean researchers also proved that the purified polyphenolic extract (FSB) from Chinese skullcap exhibited an anticancer effect on AGS human gastric cancer cells. The treatment with FSB for the AGS cells obviously inhibited the cell viability in a concentration-dependent manner. Furthermore, significantly down-regulated

expressions of pro-caspases-3 and -9 and poly(ADP-ribose) polymerase (PARP) were identified in AGS cells after treatment with FSB accompanied by the subsequent up-regulation of cleaved caspase-3 and cleaved PARP. FSB significantly decreased the mitochondrial membrane potential of the AGS cells and up-regulated the ratio of the mitochondrion-associated proteins Bax and Bcl-xL (B-cell lymphoma-extra large).⁵⁵

Anticancer effects of single skullcap polyphenols

Here, single polyphenols possessing anticancer activities are defined as individual compounds originating from Chinese skullcap, which are detectable in herbal roots at relatively high amounts. Chinese skullcap polyphenols include specific skullcap polyphenols (baicalein and wogonin homologues) and general polyphenol components (chrysin, oroxylin-A, dihydrooroxylin-A, hispidulin, negletein, scutellarein, scutellarin, *etc.*). The specific skullcap polyphenols mainly exist in the genus *Scutellaria*, while the general polyphenol components are not only found in skullcap, but also in other plants. All the polyphenols detected in skullcap roots are listed in Table 1, and the following sections discuss their anticancer activities to obtain integrated generalization of this herbal medicine. In recent years, experts have extensively reviewed the anticancer activities and mechanisms of the baicalein, baicalin, wogonin, and wogonoside compounds^{7,18,56–59} as well as those of the nonspecific polyphenols such as chrysin^{60,61} and verbascoside.⁶² Table 2 summarizes the recent advancement in the anticancer studies of baicalein, baicalin, wogonin, and wogonoside against breast cancer, hepatocellular cancer (HCC) and colorectal cancer using animal models. In order to facilitate the understanding of the therapeutic roles of the above-mentioned skullcap polyphenols on various cancers, we, herein, mainly focused on the anti-cancer effects of 12 other polyphenols of skullcap roots than the 6 compounds indicated above as well-reviewed polyphenols.

Anticancer effects of oroxylin-A

Oroxylin-A is one of the major flavonoids found in the root of Chinese skullcap. Oroxylin-A significantly inhibits the HeLa cell growth *in vitro*, and its IC₅₀ is 19.4 μ M after 48 h treatment.⁶⁹ Moreover, the oral administration of oroxylin-A (80 mg kg⁻¹/2 days) for 2 weeks induced significant reduction in tumor volumes and weights of the nude mice inoculated with HeLa cells.⁶⁹ In the bioassay of the HepG2 cells, oroxylin-A induced apoptosis and may serve as a potential, novel drug candidate in human HCC therapy.⁷⁰ Oroxylin-A caused cell apoptosis through the mitochondrial pathway of the HepG2 cells in a mitochondrial permeability transition pore (MPTP)-dependent manner, and it also caused the proliferation inhibition of HepG2 in xenograft mice.⁷¹ Oroxylin-A displayed reliable anticancer activities by killing human primary HCC cells, suppressing the tumor growth in patient-derived tumor



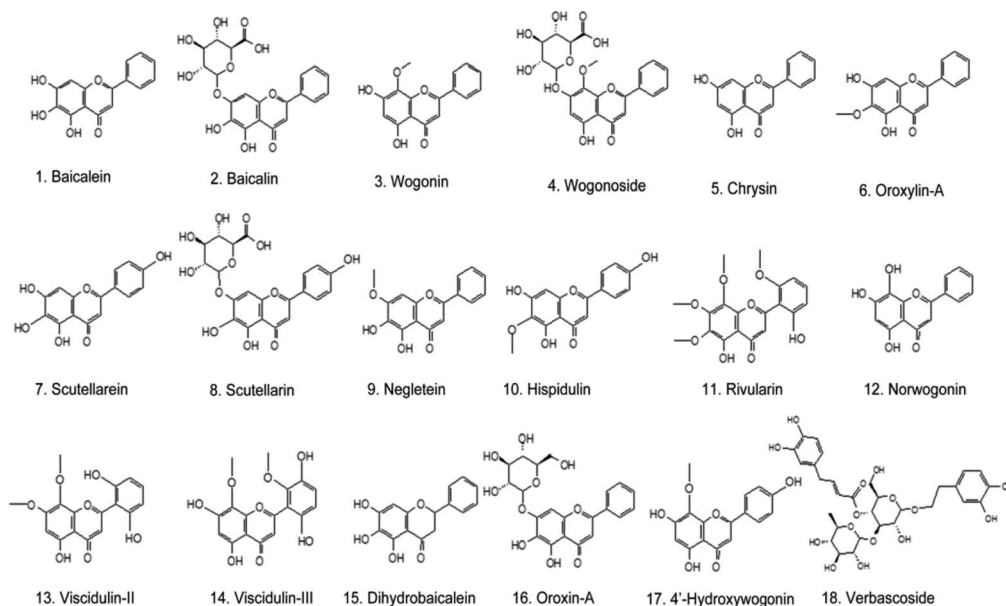


Fig. 2 Structures of the 18 polyphenols found in Chinese skullcap with anticancer activity.

xenograft models, and slowing down the development of primary hepatoma.⁷² The apoptosis of human colon cancer cells induced by oroxylin-A is regulated by the uncoupling protein 2 (UCP2), which triggers the MPTP opening and promotes the apoptosis in CaCo-2 cells since UCP2 plays a key role in the mitochondrial apoptotic pathway.⁷³ Oroxylin-A triggers the mitochondrial translocation of p53 and leads to mitochondrial dysfunction in human colon cancer cells since it induces p53 mitochondrial translocation, inhibits the activity of SOD2 and promotes the formation and mitochondrial translocation of the p53-Recq14 complex.⁷⁴ Similar positive results on oroxylin-A were obtained from a test towards colorectal cancer, indicating it to be a potent drug candidate in the prevention of colorectal cancer.⁷⁵ Oroxylin-A could inactivate HIF1 α and reprogram the fatty acid metabolism in HCT116 cells by decreasing the intracellular fatty acid levels and enhancing fatty acid oxidation. Furthermore, the rapid decrease in the fatty acid level inactivated the nuclear translocation of β -catenin and inhibited the Wnt pathway, resulting in cancer cell cycle arrest in the G2/M phase.⁷⁵ Oroxylin-A increased the apoptotic sensitivity of the HT-29 cells to 5-fluorouracil (5-FU). This effect may be attributed to the significant elevation of the reactive oxygen species (ROS) in HT-29 cells, which subsequently inhibited the COX-2 expression and enhanced the susceptibility of the HT-29 cells to 5-FU.⁷⁶ Oroxylin-A inhibited the glycolysis-dependent proliferation of breast cancer cells through the suppression of HIF1 α stabilization *via* SIRT3 (Sirtuin 3) activation. This preclinical information on oroxylin-A proves that it is a good choice in cancer therapies aiming at SIRT3 stimulation.⁷⁷ Oroxylin-A does not directly affect the transcription of wt-p53 but suppresses the Mdm2-mediated degradation of p53 *via* down-regulating the Mdm2 gene transcription in wt-p53 cancer cells. *In vivo*, oroxylin-A inhibits the tumor growth of nude mice

inoculated with MCF-7 or HCT116 cells.⁷⁸ Oroxylin-A suppresses MDA-MB-435 cell adhesion to a fibronectin-coated substrate in a concentration-dependent manner, indicating its potential in anti-metastasis *in vitro*.⁷⁹ Oroxylin-A might be developed as a metastatic drug to improve the treatment of non-small cell lung carcinoma (NSCLC) as its anticancer effects were observed from a study, in which oroxylin-A played a role in anoikis sensitization and glycolysis inhibition.⁸⁰ Furthermore, oroxylin-A (80 mg per kg per day, for 45 days) could inhibit the lung metastasis of the A549 cells in nude mice.⁸⁰ Oroxylin-A also inhibited migration and invasion in Snail-expressing 95-D and A549 lung cancer cells, whereas it had a limited effect on the non-Snail-expressing GLC-82 cells.⁸¹ Oroxylin-A inhibited the generation of Treg cells in a lung cancer environment by decreasing the response of T cells to TGF- β 1 and reducing the secretion of TGF- β 1 in lung cancer cells *via* the NF- κ B pathway.⁸²

Anticancer effects of scutellarein and scutellarin

The detectable polyphenols in the root of Chinese skullcap, *i.e.*, scutellarein and its 7-*O*-glucuronide derivative (scutellarin) are two important phytochemicals possessing anti-cancer activities and have also been well studied as adjuvant chemotherapy agents. Scutellarein has anti-proliferative activities against multiple cancer lines and diminishes the oxidative stress and tumor development of murine ascitic lymphoma and inflammatory hepatocellular carcinoma. Experimental proofs suggest that scutellarein has an excellent potential in inhibiting the progress of tumors by modulating the sprouting neovasculature and 40 kDa DNA fragmentation factor-mediated cell death.⁸³ Scutellarein attenuates proliferation in the lung cancer A549 cell line through the epidermal growth factor receptor pathway



Table 2 *In vivo* anti-tumor effects of baicalein, baicalin, wogonin and wogonoside towards breast cancer, hepatocellular cancer and colorectal cancer

Cancer types	Compounds	Animal models	Dose & administration	Effectiveness	Reference
Breast cancer	Baicalein	MDA-MB-231 cell xenograft in nude mouse	50 or 100 mg per kg per day, i.g. for 15 days	Cancer metastasis suppressed by inhibition of EMT <i>via</i> downregulation of SATB1 and Wnt/ β -catenin pathway	56
	Baicalein	MDA468 cell xenograft in SCID-Bg mice	20 mg per kg per day, i.p. for 5 week	Inhibition of tumor growth without toxicity to the host and increased DDIT4	56
	Baicalin	MDA-MB-231 cells in xenograft mouse model	100 mg per kg per day, i.p. for 8 weeks	Suppression in the tumorigenicity of cancer cells by down-regulating MMP-2, MMP-9, uPA and uPAR expressions through the interruption of p38 MAPK signaling pathway	63
	Wogonin	MCF-7 xenograft in BALB/c nude mice	30 or 60 mg per kg per day, i.v. for 21 days	Significant reduction in tumor size with 60 mg kg ⁻¹ dose	64
	Wogonin	MDA-MB-231 cells induced with 1 μ g mL ⁻¹ of LPS for 24 h prior to being xenografted in BALB/c nude mice	20 mg per kg per day, i.v. for 21 days	Suppression in LPS-enhanced invasiveness of cancer cell through inhibition of 5-LO/BLT2 cascade	65
	Wogonoside	MDA-MB-231 cell xenograft in nude mouse	80 mg per kg per day, i.p. for 90 days	Obvious suppressions in growth and metastasis of breast tumor	66
Hepatocellular cancer	Baicalein	SK-Hep1 cell xenograft in athymic BALB/c nude mice	5, 10, 20 mg per kg per day; i.p. for 32 days	Decrease of solid tumor mass and number reduction of PK Ca-positive cells	58
	Baicalein	DEN-induced rat model	250 mg kg ⁻¹ , b.wt., i.g. for 2 weeks	Reduction in neoplastic nodules by inhibition of 12-LOX	58
	Baicalein	HepG2 cell xenograft in male BALB/c nude mice	20 mg per kg per day, orally, for 3 weeks	Suppression in tumor growth by inhibiting the MEK-ERK signaling and induction of the intrinsic apoptosis	58
	Baicalein	MHCC97H cells xenograft in male BALB/c nude mice	10 mg per kg per day, orally 35 days	Metastasis inhibition of tumor cell	58
	Baicalein	H22 cell xenograft in ICR mice	50 and 100 mg per kg per day, i.p. for 13 days	Inhibition in tumor growth without causing obvious adverse effects on weight or liver and spleen weight	58
	Wogonin	SMMC-7721 xenograft in BALB/c nude mice	30 mg kg ⁻¹ of wogonin or 30 mg kg ⁻¹ of wogonin pulse 10 mg kg ⁻¹ of 5-FU, i.v. for 2 days	30 mg kg ⁻¹ of wogonin induced 46% tumor inhibition rate, while 30 mg kg ⁻¹ of wogonin plus 10 mg kg ⁻¹ of 5-FU induced 91.69% of tumor inhibition rate	64
Colorectal cancer	Baicalein	AOM/DSS-induced colon cancer	1, 5, 10 mg per kg per day, orally for 16 weeks	Significant decrease in the incidence of tumor formation with inflammation	56
	Baicalein	HCT-116 cell xenograft in athymic nude mice	30 mg kg ⁻¹ , i.p. every other day for 4 weeks	More significant inhibition of tumor growth than its parent compound of baicalin	56
	Baicalein	HT-29 cells xenografts in nude mice	10 mg kg ⁻¹ , orally three times every week for 43 days	Significant decrease of tumor weights and volumes without toxicity	56
	Baicalin	HT-29 cells xenografts in nude mice	50 and 100 mg per kg per day, i.p. for 21 days	Effective induction and enhancement of tumor cell apoptosis in a dose-dependent manner and suppression of tumor growth in mice	67
	Wogonin	Human colon cancer cell HCT 116 xenograft in BALB/c nude mice	30 or 60 mg kg ⁻¹ , i.v., 2 days per dose, for 3 weeks	43–52% of tumor inhibition rate	64
	Wogonoside	Azoxymethane-initiated and dextran sulfate sodium (AOM/DSS)-promoted colorectal carcinogenesis mouse model	100 mg per kg per day, i.g. for 105 days	Significant reduction in disease severity, low tumor incidence and inhibition in development of colorectal adenomas	68



by mediating ERK and NF- κ B. The cell proliferation of A549 can be obviously suppressed by using 50 μ M scutellarein in 24 h and/or 48 h of treatment.⁸⁴ Scutellarein possesses the ability to attenuate the development of fibrosarcoma and inhibits cancer cell metastasis.⁸⁵ The proliferation rate of human fibrosarcoma HT1080 cells can be significantly suppressed under scutellarein intervention through apoptosis induction. Moreover, an *in vivo* experiment using Balb/c nude mice revealed that their tumor volumes and weights markedly reduced after 20 days of scutellarein injection (0.5 mg per kg per day). Scutellarein potently inhibited cancer cell migration and invasion and decreased the expression and activity of MMP-2, -9 and -14 due to the down-regulation of NF- κ B activation.⁸⁵ Scutellarein displays strong anti-proliferative activities to HepG2 cells *in vitro*.⁸⁶ This chemical can interact with the key factors expressed on the cell surface of cancer tumors, such as pyruvate kinase M2, and inhibit the cytosolic activity to decrease glycolytic metabolism. It also participates in regulating the cell cycle and apoptotic proteins by activating the MEK/ERK/PIN1 signaling pathway to promote the nuclear translocation of pyruvate kinase M2.⁸⁷

Scutellarin is a metabolite of scutellarein and has been reported to have stronger anticancer activity than scutellarein.⁸⁸ Scutellarin can be developed as a promising anti-tumor drug to treat colon cancer since it shows anti-proliferative and pro-apoptotic effects on human colon cancer HCT-116 cells. The exposure of HCT-116 cells to scutellarin decreased cell viability in a dose- and time-dependent manner and also induced apoptotic transformation of the cancer cells *via* the potential regulation of p53 and Bcl-2/Bax expressions.⁸⁹ Scutellarin is considered as a new sensitizing agent for helping 5-FU-evoked apoptosis of colon cancer HCT116 cells by the enhancement of the caspase-6 activation in a p53-dependent manner.⁹⁰ In another in-depth investigation, scutellarin suppressed the colorectal cancer cell viability and colony formation *in vitro* and remarkably reduced the tumor growth in mouse xenografts.⁹¹ Evidences indicate that scutellarin suppresses angiogenesis induction in colorectal cancer cells and restrains micro-vessel formation while inhibiting the migration and tube formation in human umbilical vascular endothelial cells.⁹¹ Scutellarin benefits the curative molecular therapy for NSCLC due to the significant suppression in the proliferation of the NSCLC cells, which induces cell apoptosis and triggers autophagy *in vivo*. The oral administration of scutellarin (60 mg per kg per day) once a day for 3 weeks significantly inhibited tumor growth in NSCLC xenografts in nude mice, increased the LC3-II and p-ERK1/2 levels, and suppressed p-AKT signals in mice tumors.⁹² Scutellarin could accelerate the sensitization of the A549/DDP cells to cisplatin by enhancing apoptosis and autophagy, demonstrating that the combination of cisplatin with scutellarin would be a potential therapeutic strategy for NSCLC patients.⁹³ Scutellarin is more effective than other skullcap polyphenols in the treatment of liver cancer based on many evidences. Scutellarin notably suppresses the HepG2 proliferation in a concentration- and time-dependent manner. It is capable of inducing strong cell apoptosis *via* STAT3 (signal transducer and activator of transcription 3) signals, which provides strong support for the use of scutellarin as an alternative therapy for

HCC.⁹⁴ Li *et al.* proved that scutellarin prompted autophagy-mediated cell death in HepG2 cells.⁹⁵ Furthermore, scutellarin could suppress HCC cell metastasis *in vivo* and inhibit the migration and invasion of cancer cells *in vitro* by down-regulating the STAT3/Girdin/AKT signaling. The administration of scutellarin (50 mg per kg per day) for 35 days significantly mitigated the lung and intrahepatic metastasis of HCC tumors *in vivo*.⁹⁶ In oral squamous cell carcinoma cells (HSC-4 and SAS), scutellarin attenuated tumor cell proliferation and migration and regulated cell adhesion; its anticancer efficiency was closely related to the up-regulation of E-cadherin and down-regulation of integrin $\alpha(v)\beta(6)$. Scutellarin caused significant inhibition in tongue cancer cell proliferation at 75 μ M and decreased the cell motility to 46.3% and 44% in HSC-4 and SAS at 15 μ M, respectively. At 3 μ M of concentration, it could enhance the E-cadherin expression by 37.9% and 52%, decrease the integrin $\alpha(v)\beta(6)$ expression by 45.4% and 47.2% and increase the desmoplakin levels by 79.9% and 74.5% in HSC-4 and SAS cells, respectively.⁹⁷ Another study indicated the strong therapeutic effect of scutellarin towards human tongue squamous carcinoma by inhibiting the invasion and metastasis of SAS cells. The administration of scutellarin to SAS-implanted nude mice suppressed tumor cell proliferation, induced apoptosis, and regulated the expressions of MMP-2 and -9 and integrin $\alpha(v)\beta(6)$ at the mRNA and protein levels *in vivo*.⁹⁸ Besides the above experimental examples, there are several reports concerning the anticancer effect of scutellarin for cancer types, such as human breast cancer (MCF-7 cell),⁹⁹ renal cell carcinoma (ACHN and 786-O cells),¹⁰⁰ prostate cancer (PC3 cell),¹⁰¹ and human lymphoma (Namalwa cell).¹⁰² Scutellarin is effective against these cancer types, and its inhibitory effects have been roughly confirmed in the past several years.

Anticancer effects of hispidulin

Hispidulin is another flavone chemical with significant anti-cancer activity and is also detectable in the root of Chinese skullcap. Hispidulin was first demonstrated as a potential chemopreventive agent as it could inhibit the metabolism of the carcinogen benzo(a)pyrene in hamster embryo cells in cell culture.¹⁰³ Hispidulin induces the cell apoptosis of human ovarian cancer through TNF-related apoptosis-inducing ligand (TRAIL) signals since it converts TRAIL-resistant cells into TRAIL-sensitive cells. The mechanism involves the high activation of caspases-8 and -3 and the consequent PARP cleavage caused by the down-regulation of myeloid cell leukemia-1, Bcl-2, and Bcl-xL. Tumor sensitization resulting from the addition of hispidulin is controlled by the adenosine monophosphate (AMP)-activated protein kinase (AMPK).¹⁰⁴ Hispidulin at 20 mg kg⁻¹ of daily dosage for 35 days significantly inhibited the growth of human pancreatic tumor xenograft in C57/BL6 mice, and the effect was accompanied by potent inhibition on angiogenesis. Hispidulin could suppress VEGF (vascular endothelial growth factor)-induced microvessel sprouting of rat aortic rings and corneal neovascularization in the xenograft mice. The angiogenesis inhibition reduced the cancer cell migration and invasion induced by VEGF and stopped the



capillary-like structure formation of human umbilical vein endothelial cells in a dose-dependent manner because hispidulin could target the VEGF receptor-2-mediated PI3K/AKT signaling pathway.²⁹ Hispidulin is anticipated as a potential agent in combination therapy for gastric cancer in the future due to the fact that it inhibits the growth of AGS gastric cancer cells. The incubation of hispidulin in AGS cells prompted a high expression of the NAG-1 gene and down-regulation of COX-2 expression and induced G(1)/S phase arrest and cell apoptosis in a time- and concentration-dependent manner. The anti-cancer effect might be attributed to the efficient activation of ERK1/2 signaling.¹⁰⁵ Hispidulin is also suitable for liver cancer therapy because it induces HepG2 cell death in a dose- and time-dependent manner. Also, hispidulin has no toxic effect on normal human liver cells at the indicated concentration. The cancer cell apoptosis induced by hispidulin might be mediated through mitochondrial dysfunction and the inhibition of the PI3K/AKT signaling pathway. The result was accompanied by a decreased Bcl-2/Bax ratio, disrupted mitochondrial membrane potential and increased release of cytochrome C and activated caspase-3.¹⁰⁶ Another study indicates that the hispidulin treatment of HepG2 cells increases the intracellular ROS and enhances the mRNA level expression and activities of antioxidant enzymes and the glutathione/oxidized glutathione ratio, thus leading to the decrease in cancer cells with multidrug resistance.¹⁰⁷ Hispidulin causes the induction of apoptosis and blockade of growth and cell cycle progression in gallbladder cancer cells (GBC). The hispidulin-exerted anti-gallbladder cancer effect involves the suppression of HIF-1 α -AMPK signaling because it represses the expression of the HIF-1 α protein in a dose-dependent manner without affecting the HIF-1 α mRNA expression. Moreover, hispidulin sensitizes the GBC tumor cells to gemcitabine and 5-FU by down-regulating HIF-1 α /P-gp signaling.¹⁰⁸ In colorectal cancer, hispidulin exhibits antitumor activity by inhibiting the expression of proto-oncogene serine/threonine-protein kinase 1 and the subsequent Janus kinase-2/STAT3 signaling due to the generation of ROS. Furthermore, *in vivo* studies show that hispidulin can significantly inhibit tumor growth and metastasis in a mouse inoculated with colorectal cancer cells.¹⁰⁹ Hispidulin can attenuate the complication of colorectal cancer (CRC) named as "circular chemorepellent-induced defects" caused by the penetration of cancer cells in the blood micro-vessel endothelia, leading to metastasis.¹¹⁰

Anticancer effects of neobaicalein and rivularin

Neobaicalein is also known as skullcap flavone II. The anti-cancer effect of neobaicalein against prostate cancer was first proposed in a study aiming to identify the active chemical constituents in Chinese skullcap.¹¹¹ Neobaicalein could inhibit the proliferation of prostate cancer cells when used in combination with other notable polyphenols such as baicalein and wogonin.¹¹¹ The administration of neobaicalein combinations (20 mg per kg per day, p.o.) decreased the amplification of

prostate cancer xenografts in nude mice by 55% at 2 weeks as compared with that for placebo. This treatment also delayed the average time from 16 to 47 days in achieving approximate 1000 mm³ of tumor volume. Sang *et al.*¹¹² conceived a functional estrogen receptor bioassay-guided method that led to the fractionation and identification of neobaicalein as the strongest constituent in the Chinese herbal preparation named PC SPES together with two other flavanones, indicating that neobaicalein has estrogenic activity besides an anti-prostate cancer action. Neobaicalein exerts cytotoxic and pro-apoptotic activities on HeLa cancer cells.¹¹³ The IC₅₀ value of neobaicalein against HeLa cells is 46.62 μ M after 48 h of treatment in a bioassay, which is even better than that of wogonin (79.34 μ M). Neobaicalein can accelerate the apoptotic death of K562 and HL-60 cancer cells.¹¹⁴ Neobaicalein strongly suppresses the phosphorylation of STAT3 and therefore is anticipated as a new anticancer candidate.¹¹⁵ Jia *et al.* developed a novel on-line bioaffinity chromatography system to rapidly screen potential anti-hepatoma ingredients from various herbal medicines. Neobaicalein and rivularin were well retained in the HepG2/CMC column as active anticancer agents, suggesting their potentials in the inhibition of HepG2 cells. The speculation was subsequently confirmed by an *in vitro* anti-tumor test, and the IC₅₀ values of neobaicalein and rivularin against HepG2 cells were close to those of wogonin and oroxylin-A.¹¹⁶ Rivularin has also been evaluated for its cytotoxic activity in three cancer cell lines including A549, Hep3B and HeLa and has been compared with twelve other well-known active compounds. Rivularin exhibited the most potent cytotoxic activity towards A549 (0.04 μ M of IC₅₀) and showed a moderate inhibitory effect on Hep3B (IC₅₀ = 0.82 μ M), indicating that this compound is more suitable for development as a therapeutic agent for lung cancers.¹¹⁷

Anticancer effects of other active polyphenols

Dihydrobaicalein, viscidulin-II, viscidulin-III, negletein, oroxin-A and 4'-hydroxywogonin are trace polyphenols in the skullcap root but they definitely exhibit anticancer potentials. To date, some studies have been reported on their anticancer actions. However, it is necessary to further explore their associating pharmacological actions and mechanisms. Dihydrobaicalein and viscidulin II isolated from Chinese skullcap were subjected to an anticancer assay for inhibiting polo-like kinase (PLK), which is very important in cancer therapy.¹¹⁸ Dihydrobaicalein exhibited high PLK-1 inhibitory activity, but viscidulin-II showed high selectivity to PLK-2 instead of -1. The treatment with the two compounds decreased the mitotic cell population in Hep3B cells as a result of the inhibition of mitotic progression because of PLK suppression.¹¹⁸ Viscidulin-III inhibited the proliferation of HL-60, and its IC₅₀ against HL-60 was 17.4 μ M, which was equal to that of wogonin.³² In human colon carcinoma Hct116 cells, negletein treatment (50 μ M, 4 h) showed stronger cancer cell inhibition than the treatment with baicalein derivatives because negletein could activate the Nrf2 (NF-E2 p45-related factor 2) signaling pathway.¹¹⁹ Wu *et al.* revealed



that the structure transformation from baicalein to negletein could enhance the anti-proliferative effect to HL-60 cells.¹²⁰ Oroxin-A apparently inhibited the growth of human breast cancer MDA-MB-231 and MCF7 cells through endoplasmic reticulum (ER) stress-mediated senescence. Oroxin-A caused tumor cell cycle arrest at the G(2)/M phase and prevented the reorganization of microtubules and actin cytoskeleton, which is associated with the reduction in cellular mitosis. Oroxin-A stimulates differentiation of ER-Tracker Red-positive cells in dosage-dependent manner. It also promotes normal cell population with high galactosidase activity but senescence cancer cells associated heterochromatin foci-positive staining. The oroxin-A treatment led to rise in the intracellular ROS level, promoted the expression of ER stress markers, including ATF4 and GRP78, and increased the phosphorylation of a key stress-response signaling protein p38 as a result of ER stress-mediated senescence.¹²¹ Sun *et al.* suggest 4'-hydroxywogonin as a promising anticancer chemical towards CRC in terms of angiogenesis block.¹²² Intervention with 4'-hydroxywogonin attenuated the proliferation of human CRC cells (SW620) in a concentration- and time-dependent manner after the cells were pretreated with interleukin-6 to induce a strong inflammatory response. In contrast, this intervention had little effect on the viability of normal human intestinal epithelial cells under the same conditions. Moreover, 4'-hydroxywogonin down-regulated the mRNA and protein expressions of VEGF-A in a dose-dependent manner and subsequently prevented the phosphorylation of PI3K and AKT. 4'-Hydroxywogonin can be considered as the PI3K inhibitor, and its effect is very similar to that of wortmannin since its combination with wortmannin produces more significant anticancer effects than that of both single compounds. 4'-Hydroxywogonin inhibits tumor enlargement and impedes angiogenesis in CRC, which is relevant to the down-regulation of the VEGF-A expression by disrupting the PI3K/AKT pathway.¹²²

Potential clinical implications and development

All the above results explain the anticancer roles of Chinese skullcap as a crude extract or after combination with other active reagents, forming some effective formulations to treat various cancers due to the abundance of polyphenols. A popular trend can be formed in the integrated Chinese and Western Medicines to cure cancers by combining the skullcap polyphenols with synthetic chemicals. Although a few clinical trials are focusing on single skullcap polyphenols, the use of entire skullcap roots or extracting total polyphenols as well as combinations with other herbals or chemotherapeutic drugs is promising for cancer therapy in future clinics.

Many preclinical studies have identified that some single skullcap polyphenols, such as baicalein, oroxylin-A and wogonin, can be developed as potential antitumor drugs towards various cancers by targeting multiple signaling pathways. Animal experiments have supported these compounds due to the significant decrease in tumor weights and volumes without

toxicity to normal tissues (Table 2). These skullcap root polyphenols are suitable for development against specific cancers, such as breast cancer,^{77,123–127} CRC^{75,76,128–130} and HCC.^{58,131–133} The phase I or II trials of the selective skullcap polyphenols can be initiated in clinics. In order to promote the clinical translation of skullcap polyphenols, in addition to conventional animal experimental data, other critical issues, such as bioavailability and toxicology, have to be comprehensively investigated before clinical trials.¹³⁴

We should not ignore other polyphenols than the 18 compounds described above being subjected to anticancer studies since the systematic screening for anticancer candidates has not been carried out properly on all skullcap polyphenols at the stage of new drug discovery. This should provide sufficient candidates for anticancer screens or assessment with animal models. The trace skullcap polyphenols are perhaps restricted due to their less content after separation and purification. However, these problems can be solved by synthetic means.^{120,135,136} Furthermore, some skullcap polyphenols, such as dihydrooroxylin-A, norwogonin and 5-hydroxy-7, 8-dimethoxyflavone, have evident antioxidant,³⁶ immunomodulatory,¹³⁷ antiviral¹³⁸ and anti-radiation effects,²⁴ suggesting that they may have potential in the prevention or treatment of cancers because of the close pathological correlations with cancer. Many compounds detected in the skullcap root are metabolites of some anticancer polyphenols and thus should be anticipated to have stronger activities than the prototypes themselves. Examples include oroxylin-A-7-O-glucuronide, baicalin-methylate, chrysin-8-C- β -D-glucoside, chrysin-7-O- β -D-glucoside, wogonin-7-O- β -D-glucuronide, and wogonin-5-O- β -D-glucoside. It is noticeable that the chemical modifications of these special polyphenols can enhance their efficacy in preclinical studies. Moreover, it is also important to develop novel targeting or delivery systems using appropriate technologies to encapsulate the active skullcap polyphenols and improve their anticancer activities.¹³⁹

Conclusions

Overall, about 53 polyphenols have been identified in Chinese skullcap roots. These polyphenols form the major active substances and exert their therapeutic roles towards many cancers. This review summarizes the antitumor polyphenols in Chinese skullcap roots. We found that the polyphenolic extract and 18 specific compounds have anticancer characteristics against a broad spectrum of cancers. Active polyphenols always exhibit dose-dependent growth inhibition of cancer cells. Consistent with the previous summary on the 6 polyphenols baicalin, baicalein, wogonin, wogonoside, chrysin and verbasoside, 12 other single compounds also showed growth inhibiting activity towards various cancers, including hepatocellular carcinoma, cholangiocarcinoma, pancreatic carcinoma, urothelial carcinoma, lung cancer and breast cancer. Supplementary information on active polyphenols may help understand the exhaustive roles of Chinese skullcap against various cancers. Furthermore, accumulating the data on polyphenols and anticancer pharmacology can provide a convenient way to



find novel anticancer drugs or synergists in development and utilization.

Conflicts of interest

There are no conflicts to declare.

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