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## Preparation of terpolymer capsules containing *Rosmarinus officinalis* essential oil and evaluation of its antifungal activity

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The essential oil from *Rosmarinus officinalis* presents antifungal activity and is used in industry as a natural preserving agent. However, essential oils are unstable compounds. So, the encapsulation of essential oils is a technique used to protect it, minimizing degradation and reducing undesired interaction with the other formulation components. Thus, this work focuses on the synthesis of terpolymeric capsules containing essential oil from *Rosmarinus officinalis*, aiming to use it as an antifungal component in cosmetics. The capsules were obtained *via* terpolymerization of methyl methacrylate, styrene and methacrylic acid in a dispersed phase polymerization process. The properties of the polymers and the fungicide activity were evaluated. The studied essential oil presented a Minimum Inhibitory Concentration (MIC) ranging from 2.25 to 4.5 mg mL<sup>-1</sup> and a Minimum Fungicidal Concentration (MFC) from 4.5 to 9.0 mg mL<sup>-1</sup> for strains of *Candida albicans*, *Candida glabrata* and *Candida parapsilosis*, and after the encapsulation process, the antifungal activity of the oil was maintained. Additionally, cytotoxicity assays against fibroblast cell lines and human keratinocytes showed that the polymeric nanocapsules containing *Rosmarinus officinalis* essential oil can be regarded as a very promising material intended for cosmetics and drug delivery applications.

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### 1. Introduction

Cutaneous mycoses are among the most common fungal infections, mainly caused by filamentous fungi such as *Trichophyton*, *Microsporum* and *Epidermophyton*, which feed on keratinized tissues such as hair, nails and skin, or other opportunistic species such as *Candida*. Onychomycosis is a superficial infection caused by these fungi and has been a worldwide public health problem, mainly because it causes invasive infections in immunodepressed patients.<sup>1–3</sup>

Conventional treatment for these infections is usually done with the oral and topical use of antifungal agents. However, in addition to adverse drug effects, the use of antifungal agents may lead to the development of antifungal resistance. In this context, essential oils that have antifungal activity may be an alternative for the prevention of the growth of pathogenic fungi, and in the treatment of immunodepressed onychomycoses, because the development of resistance to essential oils is rare.<sup>1</sup>

Studies in the literature report the antifungal properties of *Rosmarinus officinalis* (rosemary). The major terpenes found in its essential oil are camphor,  $\alpha$ -pinene, myrcene,  $\gamma$ -terpinene and 1,8-cineol.<sup>4</sup> Pinene, a monoterpene, has antimicrobial activity, interferes with the chain of respiration reactions of the mitochondria and, in addition, influences the transport of potassium ions through the cell membrane, altering the operation of the Na<sup>+</sup> and K<sup>+</sup> pumps and also H<sup>+</sup> altering the electrical potential of cell membranes, leading the cell to death.<sup>5–8</sup>

The antifungal activity of the essential oil of *Rosmarinus officinalis* is also reported in the literature, from which Bomfim *et al.* can be cited,<sup>9</sup> who evaluated its activity against the fungi *Fusarium verticillioides* and reported a minimal inhibitory concentration of 150  $\mu$ g mL<sup>-1</sup>. Bozin *et al.*<sup>10</sup> tested the antimicrobial activity of this oil against *Candida albicans*, 5 dermatomycetes fungi and 13 bacterial strains, and a significant antimicrobial activity was observed.

However, essential oils are unstable compounds, which can be easily degraded by exposure to light or due to temperature variations. So, the encapsulating of essential oils is a technique used to minimize degradation and reduce undesired interactions between the other components of the formulation. The encapsulation, in addition to preserving the chemical properties as well as the biological activity, allows them to be released in a controlled way in the medium, avoiding the rapid loss of material, since the essential oils are volatile.<sup>2,11–14</sup>

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The techniques presented in the literature for the encapsulation of essential oils are phase inversion precipitation, solvent evaporation, spray drying and *in situ* polymerization in the dispersed phase, for example mini-emulsion.

Pena *et al.*<sup>15</sup> used polysulfone to prepare microcapsules of vanillin by a phase inversion precipitation technique, the maximum efficiency obtained by authors was 69.6%. The SEM images of this material showed capsules with a mean diameter of approximately 18  $\mu\text{m}$ . This technique limits the control of capsules size and a polydisperse material was synthesized.

Hofmeister *et al.*<sup>16</sup> prepared a terpolymer of methyl methacrylate, butyl methacrylate and methacrylic acid by miniemulsion polymerization to encapsulate  $\alpha$ -pinene and evaluated the controlled release by pH variation. The method reported by the authors yielded 90% encapsulation efficiency where capsule sizes below 200 nm are obtained. By miniemulsion polymerization was possible to control the capsules size, however the use of co-stabilizers was required to the colloidal stabilization of the reaction medium.

In the suspension polymerization, the monomers and the essential oil (organic phase) are dispersed in a continuous phase, usually water, due to the combined action of agitation and suspending agents. In order to start the polymerization reaction, a radical initiator soluble in the organic phase is added to the medium. The polymerization reaction occurs in the monomer droplets, which behaves like mass polymerization micro-reactors. This characteristic enables the encapsulation of the essential oil by suspension polymerization.<sup>17</sup>

In this work, capsules containing the essential oil of the *Rosmarinus officinalis* were prepared by suspension polymerization using methyl methacrylate, styrene and methacrylic acid monomers and the influence of the composition of the polymer on the stability of the capsules was evaluated. By this polymerization method was possible to control the capsules size without the use of co-stabilizers.

The efficiency of the oil encapsulation was evaluated based in the essential oil free (unencapsulated) determined by gas chromatography and the antifungal activity of the oil and capsules was evaluated by the broth microdilution method adapted from CLSI M27-A2 protocol to evaluate if the activity of the oil would be maintained after encapsulation.

## 2. Experimental

### 2.1 Materials

**2.1.1 Suspension polymerization.** In the polymerization reaction were used: methyl methacrylate (with purity of 99%; MMA; Sigma-Aldrich; Brazil), methacrylic acid (with purity of 99%; MA; Sigma-Aldrich; Brazil), styrene (with purity of 99%; STY; Vetec; Brazil), essential oil of *Rosmarinus officinalis* (EO, Mundo dos óleos, Brazil). The poly(vinyl alcohol) (with purity of 90%; PVA; Reagen; Brazil) was used as suspending and benzoyl peroxide (with purity of 99%; PBO; Sigma-Aldrich; Brazil) was used as initiator. The distilled water was used as the continuous.

**2.1.2 Evaluation of antifungal activity.** The American Type Culture Collection (ATCC) *Candida* strains used in this study were *Candida albicans* ATCC SC5314, *Candida glabrata* ATCC 2001 and *Candida parapsilosis* ATCC 22019.

Antifungal activity assays were performed using essential oils of *Rosmarinus officinalis* (EO, Mundo dos óleos, Brazil), Sterilized ultrapure water, Tween 80 (Merck; Germany), Agar Sabouraud Dextrose (Acumedia; Brazil), Agar Dextrose (Acumedia; Brazil) and fluconazole (Sigma-Aldrich; Brazil).

## 3. Methods

### 3.1 Suspension polymerization

To a glass reactor (nominal volume 400 mL) was added distilled water and poly(vinyl alcohol). The system was heated in a water bath at 75 °C under mechanical stirring at 500 rpm. The mixture of monomers, initiator and essential oil was added as indicated in Table 1. The mixture was kept under mechanical stirring at 2000 rpm for 60 minutes at 75 °C, the temperature was then raised to 85 °C and the system was kept under stirring for an additional 180 minutes. Then, the system was turned off and the polymeric material was stored in a glass vial.

#### 3.1.1 Evaluation of antifungal activity

**3.1.1.1 Suspension of essential oil.** To evaluate the Minimum Inhibitory Concentration (MIC), 5 mL of a suspension of the essential oils in water with a concentration of 0.144 g mL<sup>-1</sup> were initially prepared. 4.2 mL of sterile distilled water, 0.8 mL of the essential oil and 0.1 mL of Tween 80 were added in a sterile tube. Then, the mixture was kept under stirring for 3 min on Vortex shaker (Phoenix, Brazil).

**3.1.1.2 Fungal suspension.** From 24 hours *Candida* strains cultures on Sabouraud Dextrose Agar (Acumedia, Brazil), fungal suspensions were prepared in a final concentration of  $2 \times 10^3$  colony forming units (CFU) mL<sup>-1</sup>.

**3.1.1.3 Minimal inhibitory concentration (MIC).** The Minimum Inhibitory Concentration (MIC) of essential oil and polymers was determinate by broth microdilution method performed according to CLSI M27-A2 protocol with some modifications (Table 2).

In the wells of the positive control were sequentially added 100  $\mu\text{L}$  of the fungal suspension ( $2 \times 10^3$  CFU mL<sup>-1</sup>) and 100  $\mu\text{L}$  of the fluconazole solution with a concentration of 2.0 mg mL<sup>-1</sup>. In the growth control wells were added 100  $\mu\text{L}$  of the medium and 100  $\mu\text{L}$  of the fungal suspension ( $2 \times 10^3$  CFU mL<sup>-1</sup>), and in the sterility control wells only 200  $\mu\text{L}$  of the culture medium was added. The microplate was incubated at  $37 \pm 2$  °C for 48 hours. The MIC was defined as the lowest product concentration that produced visible inhibition of yeast growth.

**3.1.1.4 Minimal fungicidal concentration (MFC).** Fungicidal Concentration (MFC) was obtained by subculture 10  $\mu\text{L}$  of each well in Sabouraud Dextrose Agar (Acumedia; Brazil) medium in which fungal growth and upper and lower concentrations were not observed.

After seeding, the plates were incubated at  $37 \pm 2$  °C for 24 to 48 hours. At the end of this period, the plates were observed. The MFC was considered as the lowest product concentration where the growth of up to three CFU was observed. The tests were performed in triplicate for all species tested.

**3.1.2 In vitro cytotoxicity assays.** The cytotoxicity of the materials was evaluated *in vitro* assays for fibroblast cell lines (FIBRO) and human keratinocytes (HaCat). The FIBRO cell lines



Table 1 Experimental conditions for the suspension polymerizations

Experiment	Water (g)	Monomer (g)			PVA (g)	PBO (g)	Essential oil (g)
		MMA	MA	STY			
MAA/MMA_R.O.	70	19.6	8.4	0.0	0.46	1.5	1.8
MAA/MMA	70	19.6	8.4	0.0	0.46	1.5	0.0
MMA/STY	70	19.6	0.0	8.4	0.62	1.5	1.8
MAA/MMA/STY_R.O.	70	19.6	1.4	7.0	0.62	2.1	1.8
MAA/MMA/STY	70	19.6	1.4	7.0	0.62	2.1	0.0

Table 2 Concentrations of the serial dilutions tested for the antifungal activity of the essential oils of *Rosmarinus officinalis* and polymers

	<i>Candida albicans</i> ATCC SC5314	<i>Candida glabrata</i> ATCC 2001	<i>Candida parapsilosis</i> ATCC 22019
<i>Rosmarinus officinalis</i>	18 a 1.13 mg mL <sup>-1</sup>	18 a 1.13 mg mL <sup>-1</sup>	18 a 1.13 mg mL <sup>-1</sup>
Polymers	18 a 0.28 mg mL <sup>-1</sup>	18 a 0.28 mg mL <sup>-1</sup>	18 a 0.28 mg mL <sup>-1</sup>

were kindly donated by Laboratory of Nanobiotechnology from Department of Genetics and Morphology, Institute of Biology/UnB and the HaCat line was provided by Rio de Janeiro Cell Bank and maintained in culture at the Laboratory of Nanobiotechnology/UnB.

The cell lines were cultured in DMEM (Dulbecco's Modified Eagle's Medium). Both cells were buffered with sodium bicarbonate and supplemented with 10% fetal bovine serum (FBS) and antibiotic (100 U mL<sup>-1</sup> penicillin and 100 µg mL<sup>-1</sup> streptomycin) at 1%, pH 7.2. The cells were kept in cell culture flasks in an incubator at 37 °C, under atmosphere of 95% humidified air and 5% CO<sub>2</sub>. The experiments were performed with the cell in the logarithmic phase of growth. For the execution of the experiments after quantification, the cells were transferred to culture microplates, according to the experiment to be performed.

The cell viability assay is aimed at analyzing the cell (FIBRO and HaCat) death by the synthesized materials in assays carried out during 24 h at concentrations of 0.01 mg mL<sup>-1</sup>, 0.05 mg mL<sup>-1</sup>, 0.1 mg mL<sup>-1</sup>, 0.25 mg mL<sup>-1</sup> and 0.5 mg mL<sup>-1</sup>. The cell lines (FIBRO and HaCat) were seeded in 96-well plates with concentrations of 5 × 10<sup>3</sup> and 3 × 10<sup>3</sup> cells per well in DMEM medium.

After 24 h, the initial culture medium was replaced with 200 µL of culture medium containing different samples at concentrations (0.01 mg mL<sup>-1</sup>, 0.05 mg mL<sup>-1</sup>, 0.1 mg mL<sup>-1</sup>, 0.25 mg mL<sup>-1</sup> and 0.5 mg mL<sup>-1</sup>). Cell viability was evaluated by using a colorimetric method based on 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide, MTT. The quantification was performed by spectrophotometry, using the wavelength of 595 nm. The results were obtained as an average of three independent experiments performed in triplicates.

## 3.2 Characterization

**3.2.1 Conversion.** The conversion of the reactions was calculated by gravimetry. Small amounts of sample were collected along the reaction, and the hydroquinone solution

(2%) was added to the sample to inhibit the polymerization. The mass of the samples was recorded before and after being dried until constant weight in an oven at 50 °C for 72 hours.

**3.2.2 Scanning electron microscopy (SEM).** The particle morphology analyses were performed by field emission scanning electron microscopy (SEM) using an equipment JEOL, model JSM-7001F, operating at an acceleration voltage of 15 keV. The sample was dried over a stub and coated with a thin layer of gold deposited by sputtering process prior to the analyses.

**3.2.3 Particle size.** The particle size distribution was determined by measuring the diameter of more than 300 particles (sufficient number to ensure statistical significance) from scanning electron microscopy images.

**3.2.4 Differential scanning Calorimetry (DSC).** The glass transition temperature of polymers was measured using a differential scanning calorimeter Shimadzu DSC-60 (Shimadzu Scientific Instruments, Maryland, USA) at heating rate of 10 °C min<sup>-1</sup> and two heating ramps (-50 °C to 200 °C), under helium atmosphere with a flow rate of 30 mL min<sup>-1</sup>.

**3.2.5 Gel permeation chromatography (GPC).** The mass-average molar mass and the molar mass distribution were determined through gel permeation chromatography (GPC) on a Viscotek GPCmax (Malvern Instruments Ltd., Worcestershire, United Kingdom) equipped with integrated pump, autosampler, degasser, refractometer detector, three columns in serie (KF-802.5, KF-804L and KF-805L) and injection loop of 100 µL. Samples solutions of concentration ranging from 1.0 g L<sup>-1</sup> were prepared with dry polymers and the measurements were carried out in THF as mobile phase with a flow rate of 1 mL min<sup>-1</sup> at 40 °C. The calibration curve was built with standard polystyrene samples with average molar mass in the range from 1.2 × 10<sup>3</sup> to 4.5 × 10<sup>6</sup> and molar-mass dispersity close to 1.0.

**3.2.6 Thermogravimetry.** The thermal stability of material was determined by thermogravimetric measurements on a thermogravimetric analyzer Shimadzu Tg-60H (Shimadzu Scientific Instruments, Maryland, USA) at heating rates of



10 °C min<sup>-1</sup>, heating ramp of 25 °C to 200 °C, under nitrogen atmosphere with a flow of 30 mL min<sup>-1</sup>.

**3.2.7 Determination of encapsulation efficiency.** The encapsulation efficiency was determined based in the essential oil free (unencapsulated) using eqn (1):

$$EE\% = \frac{(\text{total oil}) - (\text{oil free})}{(\text{total oil})} \quad (1)$$

The essential oil free was determined by gas chromatography. The samples were prepared by mixing 2 mL of hexane with 2 g of the polymer suspension. The mixture was centrifuged and the supernatant containing the essential oil free was analyzed in triplicate and the amount was determined by comparing the results with a calibration curve prepared from defined essential oil concentrations.

**3.2.8 Gas chromatograph-mass spectrometry.** The chemical composition of essential oil was investigated using a gas chromatograph-mass spectrometry GC-2010 Shimadzu with detector GCMS-QP2010 Plus and automatic injector AOC-5000, equipped with a column Rtx-5MS (Restek) (30 m × 0.25 mm × 0.25 μm). The conditions of analysis were: column temperature, 50 °C, rising to 240 °C at 5 °C min<sup>-1</sup>, carrier gas was helium, the flow rate was 1.2 mL min<sup>-1</sup>. The injected volume was 1 μL diluted in acetone. The identification of compounds was performed by mass spectrometry (EI) using the equipment library.

**3.2.9 Nuclear magnetic resonance.** The quantification of the major compounds of the essential oil was determined from the NMR spectra of the essential oil and the 1,8-cineole, camphor and α-pinene compounds. To obtain the spectra was used the NMR equipment Bucker 600 Ascend, installed at the Central Analítica of the Institute of Chemistry of the University of Brasília, equipped with a 5 mm probe operating at 600 MHz. About 10 mg of the sample and 10 mg of the internal standard benzoic acid were dissolved in 1 mL of chloroform deuterated and the spectra were acquired at 25 °C.<sup>18</sup>

## 4. Results and discussion

### 4.1 Antifungal activity of essential oil

During the analysis, the control wells containing the fluconazole positive control, sterility control and growth control were used to validate the technique used. Growth of the fungi studied in the wells of positive control and sterility control was not observed, as expected, and, in the control of growth, the fungi grew normally.

The MIC and CFM of *R. officinalis* essential oil for the fungi *Candida albicans*, *Candida glabrata* and *Candida parapsilosis* are shown in Table 3.

The results of the broth microdilution method show antifungal activity of *R. officinalis* against the *Candida* species tested, and a higher sensitivity of the strains of *C. albicans* and *C. glabrata* in relation to *C. parapsilosis* in the presence of the *R. officinalis* essential oil.

The biological activity of the studied essential oil is consequence of its chemical composition, which was assessed by gas chromatography (GC/MS) and a representative chromatogram

**Table 3** Minimum Inhibitory Concentration and Minimum Fungicidal Concentration of *R. officinalis* essential oil for *Candida*

Species	Minimum inhibitory concentration		Minimum fungicidal concentration	
	(mg mL <sup>-1</sup> )	(%)	(mg mL <sup>-1</sup> )	(%)
<i>Candida albicans</i> SC5314	2.25	0.25	4.50	0.50
<i>Candida glabrata</i> ATCC 2001	2.25	0.25	4.50	0.50
<i>Candida parapsilosis</i> ATCC 22019	4.50	0.50	9.00	1.00

is shown in Fig. 1. Table 4 shows the major components with the respective retention times.

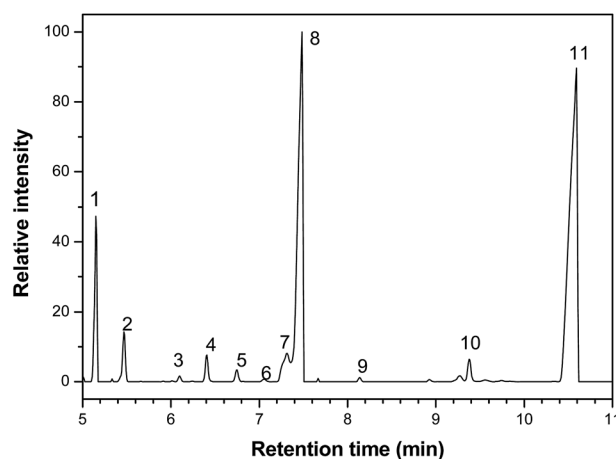
The three major compounds were α-pinene, 1,8-cineole and camphor, which correspond respectively to 8%, 34% and 52% (w/w) of the essential oil. The fraction of these compounds was determined by the quantitative NMR (qNMR) analysis of the <sup>1</sup>H NMR spectrum (Fig. 2). From the integration of the benzoic acid signals (used as internal standard, observed at 8.17, 7.65 and 7.51 ppm), α-pinene (5.22 ppm), camphor (1.8 ppm) and 1,8-cineol (1.07 ppm), it was possible to quantify the concentration of each compound in the essential oil.

Hammer *et al.*<sup>19</sup> investigated the antifungal activity of α-pinene, 1,8-cineol, α-terpinene and β-myrcene compounds and the last one had no antifungal activity. The other compounds showed activity for both yeast and dermatophyte fungi.

Some studies have shown that, in yeast cells, α-pinene and γ-terpinene interact with the cell membrane increasing permeability, inhibit cellular respiration and ionic transport processes, causing changes in the electrical potential of the cell membrane and consequent death of the cell.<sup>8,20</sup>

### 4.2 Conversion

In dispersed phase polymerization systems, the instability of the medium is undesirable, as it leads to the formation of



**Fig. 1** Chromatogram obtained by gas chromatography-mass spectrometry analysis of *Rosmarinus officinalis* essential oil, where the numbers from 1 to 11 correspond to the majority components, whose names are shown in the Table 4.



**Table 4** The major component identified in *Rosmarinus officinalis* essential oil determined by gas chromatography-mass spectrometry analysis

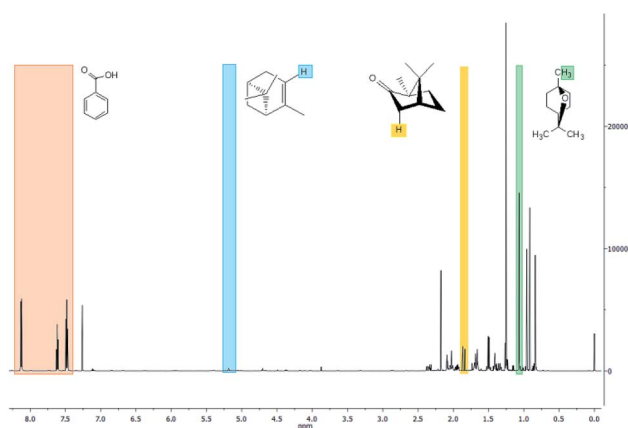
Number	Component	Retention time (min)
1	$\alpha$ -Pinene	5.1
2	Canfene	5.5
3	$\alpha$ -Fenchene	6.1
4	Myrcene	6.4
5	$\alpha$ -Felandrene	6.7
6	$\alpha$ -terpinene	7.0
7	<i>p</i> -Cimene	7.3
8	1,8-Cineole	7.5
9	$\gamma$ -Terpinene	8.1
10	$\alpha$ -Pinene oxide	9.4
11	Camphor	10.5

agglomerates, which deposit on the walls of the reactor, making it difficult to exchange heat during the polymerization process and consequent temperature control.

The data presented by Vijayendran<sup>21</sup> showed that the solubility of monomer in the aqueous phase influences the area per molecule of surfactant, when the solubility increases, the area per molecule decreased. This effect resulted in poor stability of the particles and the flocculation was observed. However, the author observed that the interfacial tension of polymer-water interface decreases with increasing of the polymer polarity. The increasing of the monomer polarity may favor the self-stabilization of polymer particles. The organization of polar monomer molecules on the particles surface decreases the interfacial tension and promotes the stabilization.

For this reason, when the water-soluble monomers are used, as methacrylic acid and methyl methacrylate, a lower concentration of surfactant is required to stabilize the suspension. In this way, when the solubility in water of the monomer is low or the monomer is totally insoluble in water, as styrene, higher concentration of surfactant is required to stabilize the suspension and avoid the flocculation of particles.

Therefore, for these polymerization reactions, the concentration of the suspending agent (PVA) was reduced by 25%



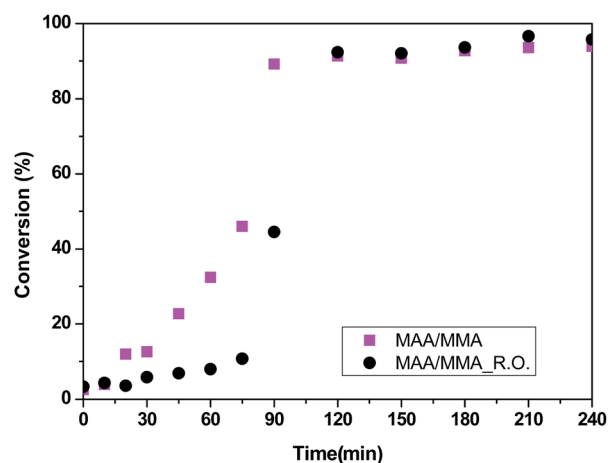
**Fig. 2** Nuclear magnetic resonance spectra of *Rosmarinus officinalis* essential oil.

compared to the initial one, thus, an improvement in the stability of the reaction medium was observed, without the formation of agglomerates in the reactor.

The conversion curves of methacrylic acid/methyl methacrylate copolymers (samples MAA/MMA and MAA/MMA\_R.O.) are shown in Fig. 3, where is possible to observe the difference between the conversions of the two materials in the initial minutes of the reactions. The material that contains essential oil has a lower conversion in the initial 80 minutes, which can be explained by the auto-oxidation of  $\gamma$ -terpinene and  $\alpha$ -pinene present in the essential oil of *R. officinalis*. These compounds react with the free radical of initiator, benzoyl peroxide, present in the reaction medium, reducing the rate of polymerization. Despite that, monomer conversion around 100% is observed. Additionally, it can be observed that both reactions present a strong nonlinear behavior that takes place due to the presence of viscosity effects related to important kinetic phenomena such as autoacceleration of the polymerization and, diffusion and heat-transfer limitations.

In order to evaluate the variation of the properties of the material with the use of hydrophobic monomer, the methacrylic acid was replaced by styrene and a new copolymer was synthesized. Maintaining the previous experimental procedure, the system remained unstable with the formation of agglomerates in the reactor. As the styrene present a lower polarity and solubility than methacrylic acid, the PVA concentration was increased by 25% to try to stabilize the suspension. However, the attempt to increase the PVA concentration was unsuccessful, although the formation of agglomerates was observed. The conversion curve is shown in Fig. 4.

To stabilize the medium, methacrylic acid was then added to the composition of the polymeric material, where a terpolymer was obtained with 70% methyl methacrylate, 25% styrene and 5% methacrylic acid feed. This was the most stable composition for this system. However, it was observed the formation of larger polymer particles, which difficult the sampling of the material after 120 minutes of reaction, and as can be observed in the



**Fig. 3** Polymerization conversion profiles of copolymers methacrylic acid/methyl methacrylate (MAA/MMA) and the capsules of *Rosmarinus officinalis* essential oil with methacrylic acid/methyl methacrylate (MAA/MMA\_R.O.).



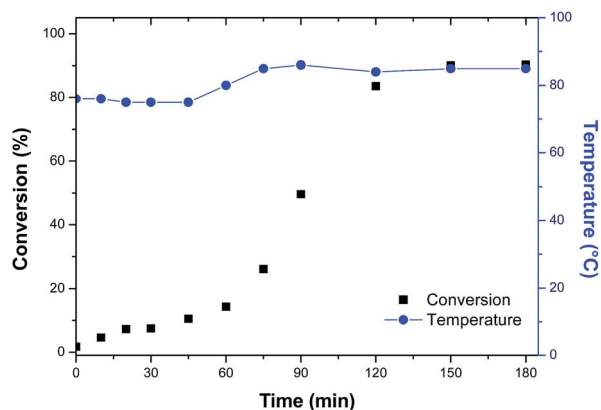


Fig. 4 Polymerization conversion profiles of capsules of *Rosmarinus officinalis* essential oil with methyl methacrylate/styrene (MMA/STY\_R.O.).

conversion curve, shown in Fig. 5, an irregularity of the points was detected after 120 minutes. The conversion curve of the terpolymer also shows the influence of the essential oil on conversion in the early beginning of the reaction.

### 4.3 Morphology and particle size

The SEM images of the MAA/MMA\_R.O. and MAA/MMA materials are shown in Fig. 6a and b, where it is possible to observe the formation of particles with spherical morphology and unimodal particle size distribution for all analyzed samples, except for MAA/MMA/STY sample, which exhibited an average particle size equal to 192 nm. The average diameters of these materials are shown in Table 5. As depicted in Fig. 6 and 7, nanosized polymer particles were also formed, whose average particle diameter was determined to be equal 285, 266, and 150 nm for polymer samples MAA/MMA\_R.O., MAA/MMA and MAA/MMA/STY\_R.O., respectively (Table 5). Considering that the nanoencapsulation may increase the contact efficiency of

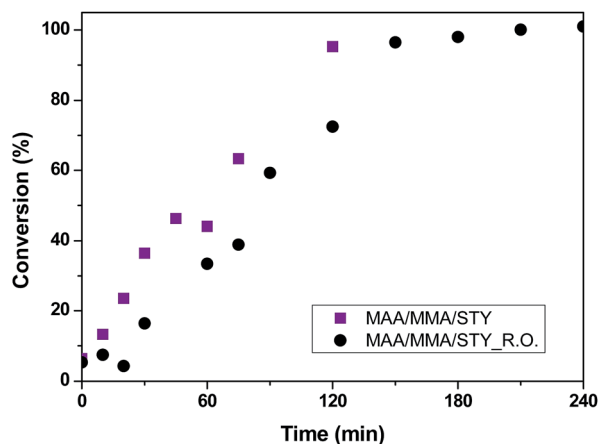


Fig. 5 Polymerization conversion profiles of terpolymers methacrylic acid/methyl methacrylate/styrene (MAA/MMA/STY) and the capsules of essential oil with methacrylic acid/methyl methacrylate/styrene (MAA/MMA/STY\_R.O.).

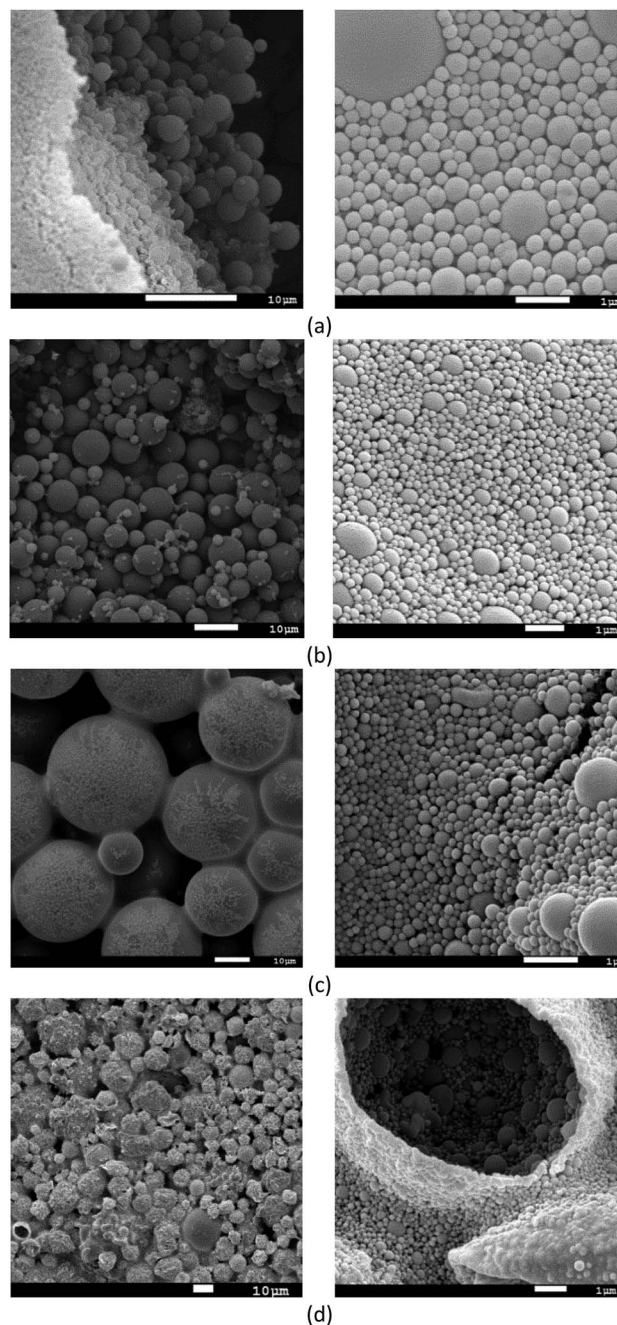


Fig. 6 Scanning electron microscopy (SEM) the copolymers capsules with (a) methacrylic acid/methyl methacrylate (MAA/MMA\_R.O.), (b) methacrylic acid/methyl methacrylate (MAA/MMA), (c) methacrylic acid/methyl methacrylate/styrene (MAA/MMA/STY\_R.O.) and (d) methacrylic acid/methyl methacrylate/styrene (MAA/MMA/STY).

Table 5 Average particle size of copolymers based on methacrylic acid, methyl methacrylate and styrene

Polymers	Average size	
MAA/MMA_R.O.	2.4 μm	285 nm
MAA/MMA	3.5 μm	266 nm
MAA/MMA/STY_R.O.	20 μm	150 nm
MAA/MMA/STY	192 nm	



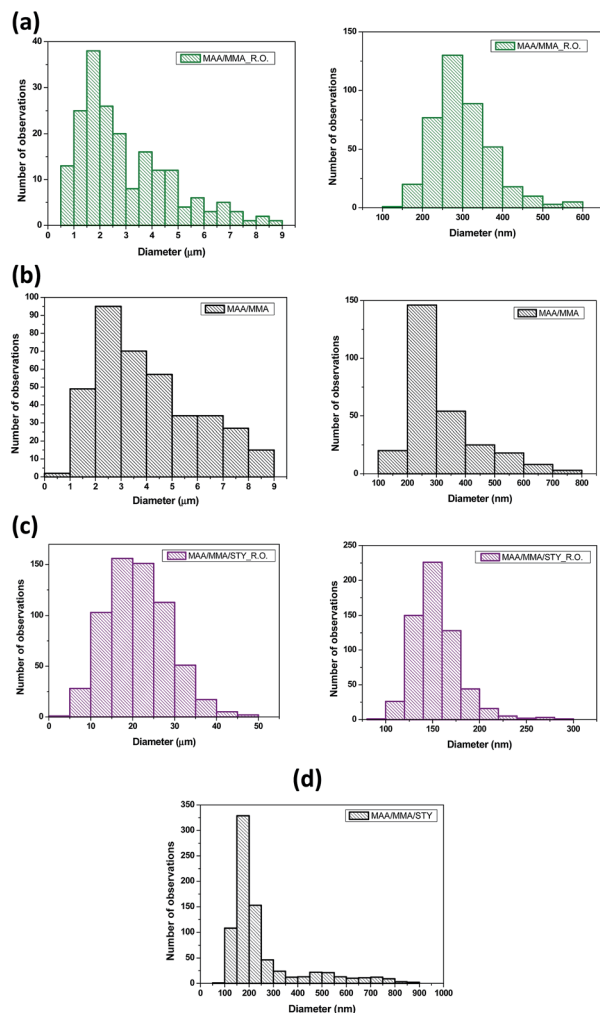


Fig. 7 Particle size distribution the copolymers capsules with (a) methacrylic acid/methyl methacrylate (MAA/MMA\_R.O.), (b) methacrylic acid/methyl methacrylate (MAA/MMA), (c) methacrylic acid/methyl methacrylate/styrene (MAA/MMA/STY\_R.O.) and (d) methacrylic acid/methyl methacrylate/styrene (MAA/MMA/STY).

the essential oil with fungi, which may improve the release of essential oil from the polymer particles, increasing the efficient of antifungal activity. It is also reasonable to assume that antifungal activity may significantly depend on the particle size distribution of the encapsulated material.

In the SEM images of the styrene-containing materials in the composition, Fig. 6c and d, it is possible to note that the composition of the material influences the size of the polymer particles. The material MAA/MMA/STY\_R.O. presents particles with spherical morphology, unimodal size distribution (Fig. 6c) and different mean diameters of the methacrylic acid/methyl methacrylate copolymers (Table 5). Fig. 7 illustrates the particle size distribution of polymer samples indicated in Table 5.

The material MAA/MMA/STY\_R.O., terpolymer containing no essential oil of *R. officinalis*, we observed in Fig. 6d the formation of agglomerates with irregular morphology. However, upon closer inspection of the material, these agglomerates were formed as spherical particles and have a large size distribution.

#### 4.4 Glass transition temperatures

The glass transition temperatures ( $T_g$ ) of the materials determined by DSC are given in Table 6. It was observed that the polymers containing higher methacrylic acid had higher  $T_g$ . This effect is related to the chemical nature of the monomers used. The  $T_g$  of a polymeric material depends, among other factors, on the interaction force between the chains, the larger the interaction force the greater the  $T_g$  of the material.

Methacrylic acid presents in its chemical structure (Fig. 8) hydroxyl group that promotes the interaction between the polymer chains through hydrogen bonds, strong interactions that increase the  $T_g$  of the polymer.

Analyzing the  $T_g$  values presented in Table 6, the decrease in the glass transition temperature of the materials due to the addition of the essential oil was observed. In addition to the chemical nature of the monomers,  $T_g$  is also influenced by the molar mass of the polymer. Materials with low molar mass have more mobile polymer chains, therefore, the decrease in molar mass results in a decrease in  $T_g$ .

The average molar masses of these polymers were determined by gel permeation chromatography (GPC) and the molar mass distribution of the materials is shown in Fig. 9 and the mass-average molar mass ( $M_w$ ), number-average molar mass ( $M_n$ ) and molar-mass dispersity ( $D_M$ ) are presented in Table 6. No significant variations in the molar mass distribution between the polymers with and without the essential oil were observed, indicating that the growth of the polymer chains was not influenced by the presence of the essential oil. However, as the glass transition temperature is changed, it is understood that the essential oil acts as a plasticizer, increasing the mobility of the polymer chains and reducing  $T_g$ .

#### 4.5 Thermal stability

The thermal stability of the materials was determined by thermogravimetric analysis and the thermogravimetric curves were presented in Fig. 10. This suggests that addition of the essential oil does not significantly change the thermal stability of the polymer.

The copolymers MAA/MMA and the capsules MAA/MMA\_R.O. have four stages of mass loss. In the temperature range between 25 °C and 100 °C the loss of mass of the residual water in the sample is observed. Between 120 °C and 210 °C the observed mass loss is associated with the loss of water and methanol produced by reactions between the polymer chains.<sup>22</sup>

Table 6 Average molar masses, molar-mass dispersity and glass transition temperature of the polymer samples

Polymers	$M_n$ (kg mol <sup>-1</sup> )	$M_w$ (kg mol <sup>-1</sup> )	$D_M$	$T_g$ (°C)
MAA/MMA	61	188	3.0	148
MAA/MMA_R.O.	52	134	2.5	135
MAA/MMA/STY	30	61	2.0	100
MAA/MMA/STY_R.O.	29	57	1.9	90



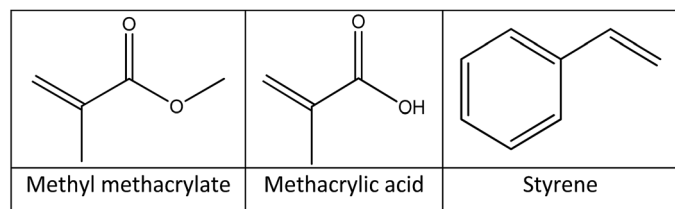


Fig. 8 Chemical structure of methyl methacrylate, methacrylic acid and styrene.

Mansur *et al.*<sup>22</sup> state that these reactions occur due to the presence of carboxylic acid groups in the polymer chain, which is closely related to the loss of mass observed in this temperature range. This may justify that the terpolymers of MAA/MMA/STY did not show a marked loss in this temperature range.

The copolymers further exhibit a mass loss between 210 °C and 360 °C, associated with the degradation of unsaturated and low molar mass chains and a final loss between 360 °C and 460 °C relative to degradation of the polymer chain.

The terpolymer MAA/MMA/STY and the capsule MAA/MMA/STY\_R.O. present two stages of mass loss, the first between 120 °C and 300 °C associated with loss of unsaturated chains and the second between 300 °C and 450 °C associated with degradation of the polymer chain.

#### 4.6 Encapsulation efficiency

The efficiency of the encapsulation was quantitatively investigated by gas chromatography. The amount of the unencapsulated oil was calculated using the eqn (1) based on the area of the chromatographic signals assigned to the two major compounds of the essential oil: 1,8-cineol (Fig. 11a) and camphor (Fig. 11b).

It has been observed that the composition of the polymer influences the encapsulation efficiency. For the terpolymer

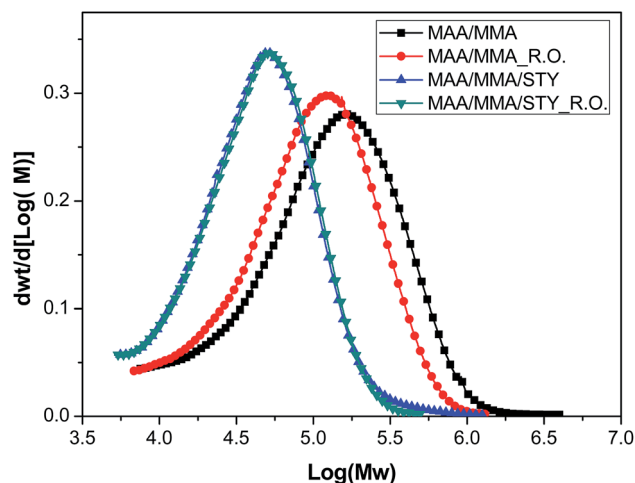


Fig. 9 Molar mass distribution of soluble fraction of the copolymer and capsules with methacrylic acid/methyl methacrylate and the terpolymers and capsules with methacrylic acid/methyl methacrylate/styrene.

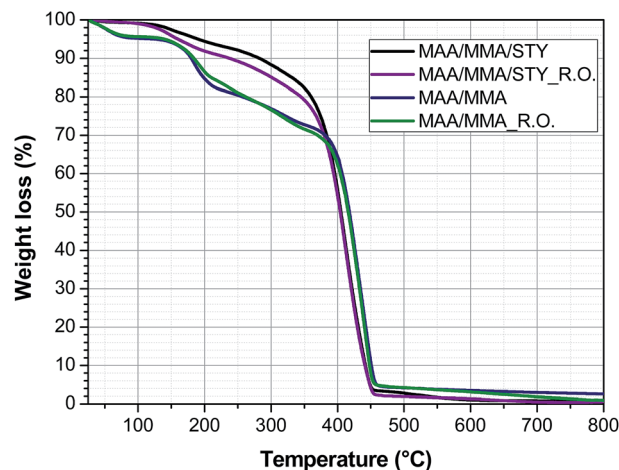


Fig. 10 Thermogravimetric analysis of methacrylic acid/methyl methacrylate copolymers (MAA/MMA), the capsules with methacrylic acid/methyl methacrylate (MAA/MMA\_R.O.) and methacrylic acid/methyl methacrylate/styrene (MAA/MMA/STY) and the methacrylic acid/methyl methacrylate/styrene terpolymers (MAA/MMA/STY\_R.O.).

containing MAA/MMA/STY the efficiency was higher than for the copolymer containing MAA/MMA. For the terpolymer, the encapsulation efficiency was 92% for camphor and 95% for 1,8-

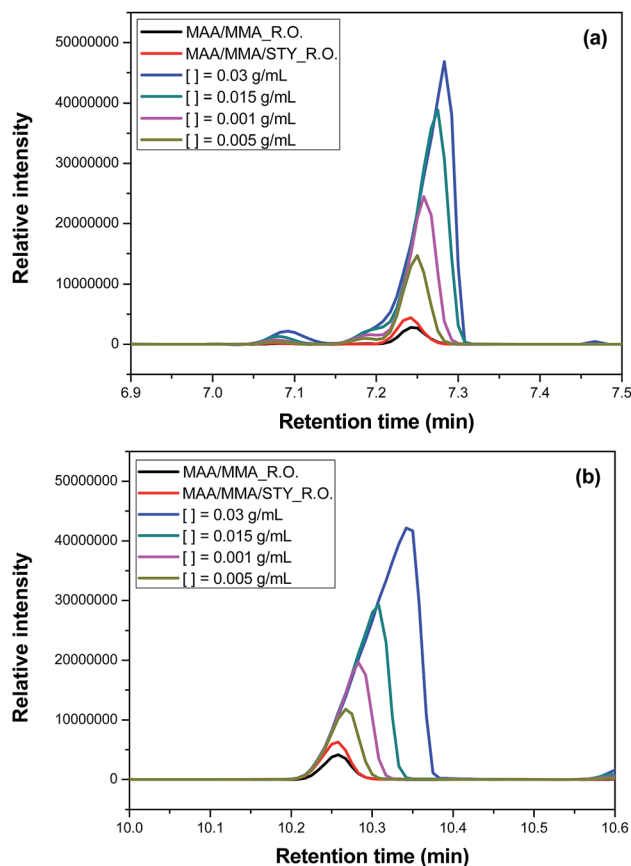


Fig. 11 Chromatogram from gas chromatography-mass spectrometry analyses to evaluate the efficiency of the encapsulation in (a) 1,8-cineol and (b) camphor.



cineol. For the copolymer, was observed an efficiency of 84% for camphor and 91% for 1,8-cineol.

The encapsulation efficiency may be linked to the difference in hydrophobicity of the monomers used. As discussed above, other than MAA and MMA, STY is not soluble in the aqueous phase. When added to the composition, it improves the solubility of the essential oil in the monomer droplets. Since the suspension polymerization reaction occurs in the monomer drops, the increasing solubility of the essential oil in the monomer drop increases the efficiency of the encapsulation of the essential oil.

#### 4.7 Antifungal activity of polymers

In this stage of the work, are presented the results of the evaluation of the antifungal activity of the polymers and the capsules.

Due to the broth microdilution method is performed in aqueous medium, the solubility of some components in water may directly influences the results of the assay. Furthermore, in literature, some works showed that the components of the oils interact with the polystyrene of the plate where the tests are carried out, influencing the final results.<sup>8,23</sup>

Therefore, it would be expected that the polymers containing essential oil would have lower antifungal activity when compared to free essential oil activity, but this is not observed when analyzing the test results.

In Fig. 12, when comparing the *Candida albicans* culture plates with the same concentration (0.25%) of essential oil (Fig. 12a), terpolymer (MAA/MMA/STY) (Fig. 12b) and encapsulated essential oil MAA/MMA/STY\_R.O (Fig. 12c), a significant difference in the fungus growth evidencing that the encapsulated material presents better antifungal activity than the other materials. When the encapsulated material was used, the fungal growth was not observed.

It was also observed that even the polymer that does not contain essential oil showed antifungal activity. This observation suggests that, besides the oil, there is some other component in the formulation of the polymer with antifungal activity (Table 7).

To facilitate the formation of the oil-water suspension, Tween 80 was added to the medium, a surfactant able to assist in the formation of the suspension. Griffin *et al.*<sup>8</sup> observed that

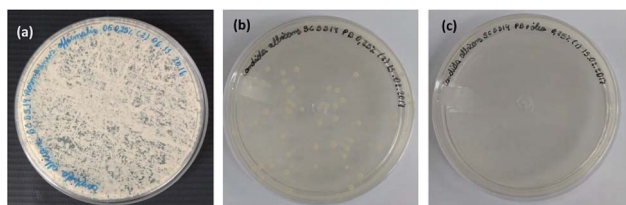


Fig. 12 *Candida albicans* fungus culture plates treated with (a) 0.25% essential oil of *Rosmarinus officinalis*, (b) 0.25% of methacrylic acid/methyl methacrylate/styrene terpolymer (MAA/MMA/STY) (c) 0.25% of methacrylic acid/methyl methacrylate/styrene terpolymer with the encapsulated essential oil (MAA/MMA/STY\_R.O.).

the results of microdilution tests are influenced by the concentration of Tween used.

By increasing the Tween concentration, they found smaller MICs and CFMs. Tween is a surfactant that can interact with fungal cell membranes. As well as Tween, PVA is a suspension agent used in the polymerization reactions and wasn't removed at the end of the process. The presence of this material in the polymer may influence the results of the antifungal activity justifying the MIC and CFM values found even for the polymers without the essential oil.

Another factor that can influence the results, would be the presence of residual PBO in the polymer, this compound has antibacterial action, being used in the pharmaceutical industry in the formulation of medications for the treatment of acne.<sup>24-26</sup>

In Fig. 13, it is possible to observe the variation of the peroxide index throughout the reaction for the terpolymer MAA/MMA/STY. As expected, the index is higher at the beginning of the reaction, when the initiator begins to be consumed due the formation of the primary radicals. Along the reaction course, the initiator is consumed and the peroxide index decays. However, even at the end of the reaction, after 240 minutes, the presence of peroxide in the material could be observed, which may influence the result of fungicidal activity for the evaluated polymers. However, when the material MAA/MMA/STY is compared with the material MAA/MMA/STY\_R.O. a small improvement of antifungal activity is observed when the essential oil is present.

#### 4.8 Cell viability

For the evaluation of the cell viability for human fibroblast (FIBRO) and keratinocyte (HaCat) lines, a 24 hour treatment was carried out for the above-mentioned strains by using concentrations of 0.01 mg mL<sup>-1</sup>, 0.05 mg mL<sup>-1</sup>, 0.1 mg mL<sup>-1</sup>, 0.25 mg mL<sup>-1</sup> and 0.5 mg mL<sup>-1</sup> in triplicates, as well as, triplicate of the independent experiment. Ultrapure water was used as control in order to compare the results, representing 100% of cell viability for each lineage as shown in Fig. 14 and Fig. 15.

According to the obtained experimental data concerning the fibroblast line (FIBRO), MAA/MMA and MAA/MMA/STY\_R.O. samples do not exhibit cytotoxicity against FIBRO. However, a decrease in cell viability after 24 hours of exposure ( $p < 0.05$ ) was observed for the concentrations equal to 0.01 mg mL<sup>-1</sup> and 0.05 mg mL<sup>-1</sup> containing MAA/MMA\_R.O., leading to a viability reduction of approximately of 30% and 40%, respectively. For MAA/MMA/STY sample, it was noticed a decrease in the cell viability in almost 50% for all concentrations, as can be observed in Fig. 14.

Cytotoxicity assays were also carried out with HaCat line (Fig. 15). After 24 hours of exposure of the treatments, it was observed a decrease in the cell viability between 10 and 20% in comparison with the control ( $p < 0.05$ ). However, this decrease is not considered biologically relevant (Fig. 15) as the MAA/MMA/STY sample presented a cell viability of 20 to 30% with concentrations of 0,01 mg mL<sup>-1</sup>, 0,05 mg mL<sup>-1</sup>, 0,1 mg mL<sup>-1</sup> when compared with the control. In comparison with the control, MAA/MMA/STY\_R.O. sample showed a decrease in



Table 7 Evaluation of the antifungal activity of polymers

	<i>Candida albicans</i> ATCC SC5324		<i>Candida glabrata</i> ATCC 2001		<i>Candida parapsilosis</i> ATCC 22019	
	MIC (%)	MFC (%)	MIC (%)	MFC (%)	MIC (%)	MFC (%)
MAA/MMA	0.03	0.06	0.06	0.13	<0.03	0.03
MAA/MMA_R.O.	0.03	0.06	0.06	0.13	<0.03	0.03
MAA/MMA/STY	0.25	0.50	0.13	0.25	0.06	0.13
MAA/MMA/STY_R.O.	0.13	0.25	0.13	0.25	0.03	0.06
Essential oil	0.25	0.50	0.25	0.50	0.50	1.00

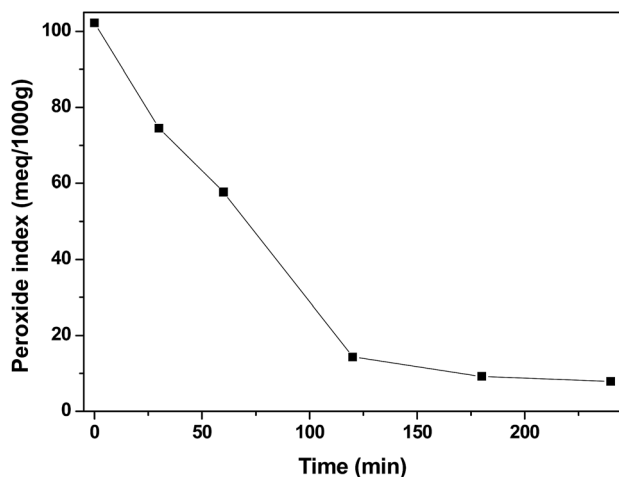
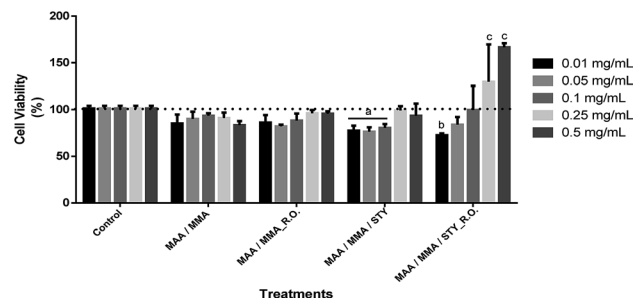
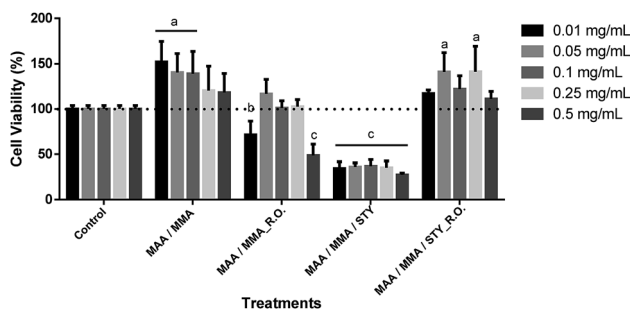


Fig. 13 Peroxide index profile for methacrylic acid/methyl methacrylate/styrene (MAA/MMA/STY) terpolymer.

Fig. 15 Evaluation of the cytotoxic activity of methacrylic acid/methyl methacrylate copolymers (MAA/MMA), the capsules with methacrylic acid/methyl methacrylate (MAA/MMA\_R.O.) and methacrylic acid/methyl methacrylate/styrene (MAA/MMA/STY) and the methacrylic acid/methyl methacrylate/styrene terpolymers (MAA/MMA/STY\_R.O.) against keratinocyte cell (HaCaT) after 24 h exposure at concentrations of 0.01 mg mL<sup>-1</sup>, 0.05 mg mL<sup>-1</sup>, 0.1 mg mL<sup>-1</sup>, 0.25 mg mL<sup>-1</sup> and 0.5 mg mL<sup>-1</sup>. The confidence level for these analyzes was 95% ( $p < 0.05$ ).

cellular viability of approximately 30% in the concentration of 0.01 mg mL<sup>-1</sup>. The results presented in Fig. 15 is very promising, indicating that the synthesized polymeric materials may be employed, as for instance, in cosmetics formulations and drug delivery applications.

Fig. 14 Evaluation of the cytotoxic activity of methacrylic acid/methyl methacrylate copolymers (MAA/MMA), the capsules with methacrylic acid/methyl methacrylate (MAA/MMA\_R.O.) and methacrylic acid/methyl methacrylate/styrene (MAA/MMA/STY) and the methacrylic acid/methyl methacrylate/styrene terpolymers (MAA/MMA/STY\_R.O.) against fibroblast cell line (FIBRO) after 24 h exposure at concentrations of 0.01 mg mL<sup>-1</sup>, 0.05 mg mL<sup>-1</sup>, 0.1 mg mL<sup>-1</sup>, 0.25 mg mL<sup>-1</sup> and 0.5 mg mL<sup>-1</sup>. The confidence level for these analyzes was 95% ( $p < 0.05$ ).

Considering the results obtained only MAA/MMA/STY sample exhibited considerable toxicity for the cells tested. However, the toxicity exhibited by MAA/MMA/STY terpolymer may be associated to the presence of residual styrene into the polymer matrix. As shown in Fig. 5, the monomers conversion was not complete, and the residual styrene may have influenced the cytotoxicity results. The toxicity of styrene<sup>27</sup> has been previously explored in studies published in the open literature, which consider that a toxicity effect caused by covalent binding to essential cellular macromolecules.<sup>28</sup> Parkki *et al.*<sup>29</sup> and Sumner *et al.*<sup>30</sup> have observed during *in vivo* studies that the inhalation exposure of styrene is responsible for the degeneration or changes in organs such as liver.

The cell assays are essential for obtaining experimental data that may designate toxicity against non-pathological cell lines of a compound or component under study in order to be able to assess its biocompatibility.<sup>31</sup>

## 5. Conclusions

In this work we investigate the antifungal activity of the essential oil of *Rosmarinus officinalis* before and after the encapsulation process. The oil was encapsulated *via* suspension polymerization using as monomers methyl methacrylate, styrene and methacrylic acid. The methodology adopted



allowed the control of the size of the capsules and the SEM images show the material with spherical morphology.

The characterization studies of the polymer material show that the presence of the essential oil does not have a great influence on the properties of the material such as glass transition temperature and thermal stability, showing that the influence of the oil in the conversion in the initial times is due to the antioxidant activity of the oil.

The encapsulation efficiency test shows the influence of the polymer composition on the encapsulation of the essential oil, obtaining efficiency above 90% for the terpolymer containing methacrylic acid/methyl methacrylate/styrene and above 84% for the copolymer containing MAA/MMA.

The study of the antifungal activity of the oil shows that, before and after the encapsulation process, the materials present antifungal activity for the tested species.

Considering to the results from cytotoxicity assays, only the MAA/MMA/STY terpolymer showed considerable toxicity, whose behavior may be associated to the presence of residual styrene into the polymer matrix. On the other hand, the other polymeric materials tested, exhibited a non-toxic feature and may be used for other technological purposes such as cosmetic applications, as carriers of drugs, fungicides or bactericides, as the polymeric materials synthesized here present desirable chemical, physical and biological properties.

## Conflicts of interest

There are no conflicts to declare.

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