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High resolution tracking of macrophage cells in deep organs and lymphatics using fluorescent polymer dots†

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In vivo cell tracking can provide information on cell migration and accumulation in the organs. Here, both folate and amino modified polymer dots were synthesized and screened for *in vitro* and *in vivo* tracking of macrophage Ana-1 cells. Flow cytometry analysis demonstrated that prepared polymer dots showed cellular uptake of approximately 98% within a short incubation time of 2 h, and these polymer dots maintained a cell labeling rate over 97% after 2 d. Moreover, a CCK-8 assay suggested that these polymer dots increased Ana-1 cell viabilities up to 110% at concentrations from 5 to 50 $\mu\text{g mL}^{-1}$. Furthermore, the *in vivo* real time imaging of labelled Ana-1 cells in the alveolus of lung and lymph nodes were clearly detected by probe-based confocal laser endomicroscopy (pCLE). This study demonstrates a unique approach using polymer dots for real-time high resolution tracking of macrophage cells in deep organs and the lymphatic system.

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Introduction

Cell tracking has attracted increasing attention for imaging and cellular therapeutics to assess the tumor immune microenvironment.¹ Galon *et al.* found that cytotoxic T lymphocytes are associated with the immune surveillance of tumors.² Anguille *et al.* found that dendritic cells traffic to locoregional lymphatics after activation to present tumor antigens and can become targets for vaccine therapy.³ Macrophages have an innate targeting ability to recognize and accumulate into pathological sites and thus play an important role in inflammation and tumor progression.^{4–11} In addition, tumor-associated macrophages (TAMs) influence tumor progression related to prognosis and anti-cancer therapies.^{12,13} Therefore, the detection, quantification, and localization of macrophages labeled with imaging agents can be utilized in delivery systems for therapeutic and imaging applications.^{14,15}

Recently, fluorescence imaging has become a powerful modality due to its advantageous features, such as real-time tracking^{16–19} capacity, and has been used for guiding surgery

in cancer patients. However, limited penetration depth of optical wavelength photons and high autofluorescence from living tissues that significantly compromises imaging sensitivity and specificity.^{20–22} These issues can be tackled by using imaging probes that emit in the near-infrared (NIR) wavelength range.^{23–27} Semiconducting polymer dots, as an attractive fluorescent nanoprobe, have gained growing interest for their attractive optical properties, such as bright fluorescent intensity, long-time photostability, high emission rate, and low cytotoxicity.^{17,19,28–38} In addition, the colors of polymer dots can be widely regulated by modifying their structures. And NIR emission can be realized based on the fluorescence resonance energy transfer (FRET) effect.³⁹ In this study, NIR775-doped poly[2-methoxy-5-(2-ethylhexyloxy)-1,4-phenylenevinylene] (MEH-PPV) polymer dots³⁹ were used as NIR fluorescence imaging probes for *in vitro* and *in vivo* cell tracking macrophage Ana-1 cells. In addition, by combining probe-based confocal laser endomicroscopy (pCLE), real-time imaging macrophage cell in deep organs and lymphatics were obtained.

Experimental

Materials

Polystyrene graft EO functionalized with carboxy (PS-PEG-COOH) and amino terminated poly(methyl methacrylate) (MMA-NH₂; $M_n = 31\,000\text{ g mol}^{-1}$) were purchased from Polymer Source Inc. Folate Cap PE (PE-FA) was purchased from Avanti, Polar Lipids, Inc. Poly[2-methoxy-5-(2-ethylhexyloxy)-1,4-phenylenevinylene] (MEH-PPV; MW: 150 000–250 000 Da) was purchased from J&K, Inc. Silicon 2,3-naphthalocyanine bis(triethylsilyloxy) (NIR775) was purchased from Sigma Aldrich, Inc. Anti-F4/80 antibody

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[CI:A3-1] (ab6640) and Donkey Anti-Rat IgG H&L (Alexa Fluor® 488) preadsorbed (ab150153) were purchased from Abcam Plc. Other chemicals were used without purification.

Preparation of polymer dots

The FA-MEH-PPV-COOH, MEH-PPV-COOH, FA-MEH-PPV-NH₂ and MEH-PPV-NH₂ polymer dots were prepared by the coprecipitation according to our previous study,^{39–43} with some modifications. In a typical procedure, a solution of 2 mL of THF containing 250 µg MEH-PPV and 250 µg PS-PEG-COOH or 250 µg MMA-NH₂ and 5 µg NIR775 with/without 50 µg PE-FA was mixed in stock. Then, the mixture was quickly dispersed into 10 mL of purified water under water ultrasound. Extra THF was evaporated at 45 °C under the protection of nitrogen for 30 min. Finally, the prepared polymer dots were passed through a 0.45 µm filter with a PVDF membrane.

Characterization of polymer dots

The particle size and zeta potential of the polymer dots were measured in aqueous solution using a Dynamic Light Scattering (DLS) instrument (Brookhaven 90 Plus Nanoparticle Size Analyzer). The absorption spectrum (360–750 nm) was obtained with a Shimadzu UV-2550 ultraviolet-visible spectrometer. The fluorescence spectrum (562–800 nm) was measured with an excitation wavelength at 537 nm with SpectraMax i3x (MOLECULAR DEVICES). pH was measured by FiveEasy Plus (METTLER TOLEDO). The fluorescence quantum yield (QY) of the polymer dots was measured with a UV-NIR absolute PL QY spectrometer (Hamamatsu, Japan) with 510 nm excitation for polymer dots from a xenon lamp.⁴² In the size and fluorescence stability test, polymer dots were dispersed in DMEM supplemented with 10% FBS at 37 °C for 96 h.

In vitro cell culture, cytotoxicity and cell imaging

The Ana-1 cell line was obtained from the cell bank at the Chinese Academy of Sciences (Shanghai, China). QBC, GBC-SD, SGC-996 and RBE cell lines were kindly provided from Dr Fei Ma of Xinhua Hospital of Shanghai Jiao Tong University. The Ana-1, RBE and NCI-H292 cell lines were grown in RPMI 1640 medium. The QBC, SGC and GBC-SD cell lines were grown in DMEM. The media mentioned above were supplemented with 10% FBS and 1% penicillium streptomycin. Cultures were maintained at 37 °C under a humidified atmosphere containing 5% CO₂.

The *in vitro* cytotoxicity test was measured using the CCK-8 assay in Ana-1, NCI-H292, QBC, SGC, GBC-SD and RBE cell lines. Cells growing in log phase were seeded onto a 96-well cell-culture plate for approximately 5×10^3 cells per well and then incubated for 12 h at 37 °C under 5% CO₂. Then, corresponding dots were added at different concentrations (0, 5, 25, 50, and 100 µg mL⁻¹), and 100 µL per well DMEM/1640 was added to the negative control group and incubated for 24 h.

Subsequently, 10 µL of CCK-8 was added to each well of the 96-well plate and incubated for an additional 2 h at 37 °C under 5% CO₂. A Tecan microplate reader was used to measure the OD450 (A value) of each well. Cell viability = (mean of absorbance value of treatment group/mean of absorbance value of control) × 100%.

For cell imaging, 5×10^4 Ana-1 cells grown on 6-well cell culture plates were cultured in RPMI 1640 medium for 12 h and then incubated with polymer dots (~20 µg) at 37 °C for 2 h. After washing, the cells were imaged under a fluorescence microscope, LEICA DM I 3000B (Leica, Germany).

To analyze the specific protein markers F4/80 of macrophages, Ana-1 cells were investigated by immunofluorescence staining and laser confocal imaging.⁴⁴ A total of 1×10^6 Ana-1 cells grown on confocal dishes were cultured in RPMI 1640 medium. After incubating for 24 h, the cells were fixed with 4% paraformaldehyde for 15 min. After washing in PBS for 5 min, the cells were permeabilized in 0.3% Triton for 15 min. After washing three times, the cells were blocked with 10% serum for 30 min at room temperature. The Ana-1 cells were then incubated with the macrophage-specific protein F4/80 (1 : 300) for 24 h at 4 °C. After washing with PBS, the secondary antibody (1 : 300) was applied and incubated for 2 h at room temperature in the dark. After washing with PBS, the cells were stained with DAPI for 10 min at room temperature in the dark. Subsequently, the laser confocal imaging was analyzed.

For laser scanning confocal imaging, Ana-1 cells were incubated with polymer dots for 12 h. After washing, the cells were immobilized by paraformaldehyde. Nuclei were stained with 4',6-diamidino-2-phenylindole (DAPI) staining solution at room temperature. Images revealing DAPI (excitation: 405 nm, emission: 430–520 nm), MEH-PPV (excitation: 561 nm, emission: 585–650 nm), NIR775 (excitation: 561 nm, emission: 750–790 nm) and F4/80 (excitation: 488 nm, emission: 508–530 nm) fluorescence were captured using a laser scanning confocal microscope Leica TCS SP5 (Leica, Germany). The confocal images were analyzed using LAS AF Lite software.

Flow cytometry assay

Ana-1 cells (1×10^6 cells) were incubated with polymer dots (~20 µg) at 37 °C for 2, 6, and 10 h. After washing, the cells were resuspended in PBS and analyzed with a flow cytometer Accuri C6 (BD, USA) by counting 10^4 events. The collected data were analyzed using BD Accuri C6 software. The fluorescence emission channel setting was 610 ± 10 nm.

Biological distribution in balb/c mice

Balb/c mice (~25 g, $n = 12$) were anesthetized with 200 µL of pentobarbital sodium (1%) by intraperitoneal injection. Then 50 µg four typical MEH-PPV polymer dots were intravenously injected to the mice. After 2 d, mice were euthanized by cervical dislocation. The lymph nodes (cervical, axillary, inguinal, popliteal, and medial iliac lymph nodes), major organs (heart, liver, spleen, lungs, and kidneys), interscapular brown adipose tissue (iBAT),⁴² muscle and bone were isolated. *Ex vivo* fluorescence imaging was performed with the IVIS Lumina XRMS Series III Imaging System by using a 520 nm excitation filter and a 790 nm emission filter (bin = 8).

Long-time cell labeling rate and fluorescence intensity

Ana-1 cells (1×10^6 cells) were incubated with FA-MEH-PPV-NH₂ and FA-MEH-PPV-COOH polymer dots (~20 µg) at 37 °C



Table 1 The material ratio, size distribution, zeta potential and pH of polymer dots

Sample	MEH-PPV (μg)	NIR775 (μg)	PS-PEG-COOH (μg)	MMA-NH ₂ (μg)	PE-FA (μg)	Size (nm)	Zeta (mV)	pH
FA-MEH-PPV-COOH	250	5	250	0	50	50.38 \pm 5.43	-37.0 \pm 0.9	6.40
MEH-PPV-COOH	100	3	100	0	0	47.93 \pm 3.60	-34.2 \pm 1.6	6.38
FA-MEH-PPV-NH ₂	250	5	0	250	50	54.94 \pm 4.04	-39.8 \pm 2.2	6.43
MEH-PPV-NH ₂	100	3	0	100	0	54.06 \pm 2.72	-39.5 \pm 1.7	6.60

for 24 h ($n = 3$), respectively. After washing with PBS, half of the cells were resuspended in PBS and analyzed with a flow cytometer Accuri C6 (BD, USA) by counting 10^4 events. The collected data were analyzed using BD Accuri C6 software. The fluorescence emission channel setting was 610 ± 10 nm. The cell labeling rate and fluorescence intensity were analyzed. The other half of the cells was resuspended in RPMI 1640 medium for cell culture. The same steps were repeated after one and two days.

In vivo fluorescence imaging

For *in vivo* imaging, Ana-1 cells (1×10^6 cells) were initially labeled with 20 μg FA-MEH-PPV-NH₂ polymer dots for 12 h.

After washing, the cells were resuspended in PBS. The labeled Ana-1 cells were subcutaneously injected at 2×10^6 cells per hind leg footpad (right) or in the caudal vein. *In vivo* fluorescence imaging was performed with the IVIS Lumina XRMS Series III Imaging System by using a 520 nm excitation filter and a 790 nm emission filter. *In vivo* fluorescence imaging was obtained under anesthesia and analyzed at 20 min, 80 min, 2 h and 2 d by using Living Image software.

Probe-based confocal laser endomicroscopy (pCLE) was conducted using the Cellvizio Dual Band System (Mauna Kea Technologies, Paris, France). In this study, a Z1800 scanning probe was used (diameter = 1.8 mm, lateral resolution = 3.5 μm , working distance = 100 μm , max field of view = 600 μm ,

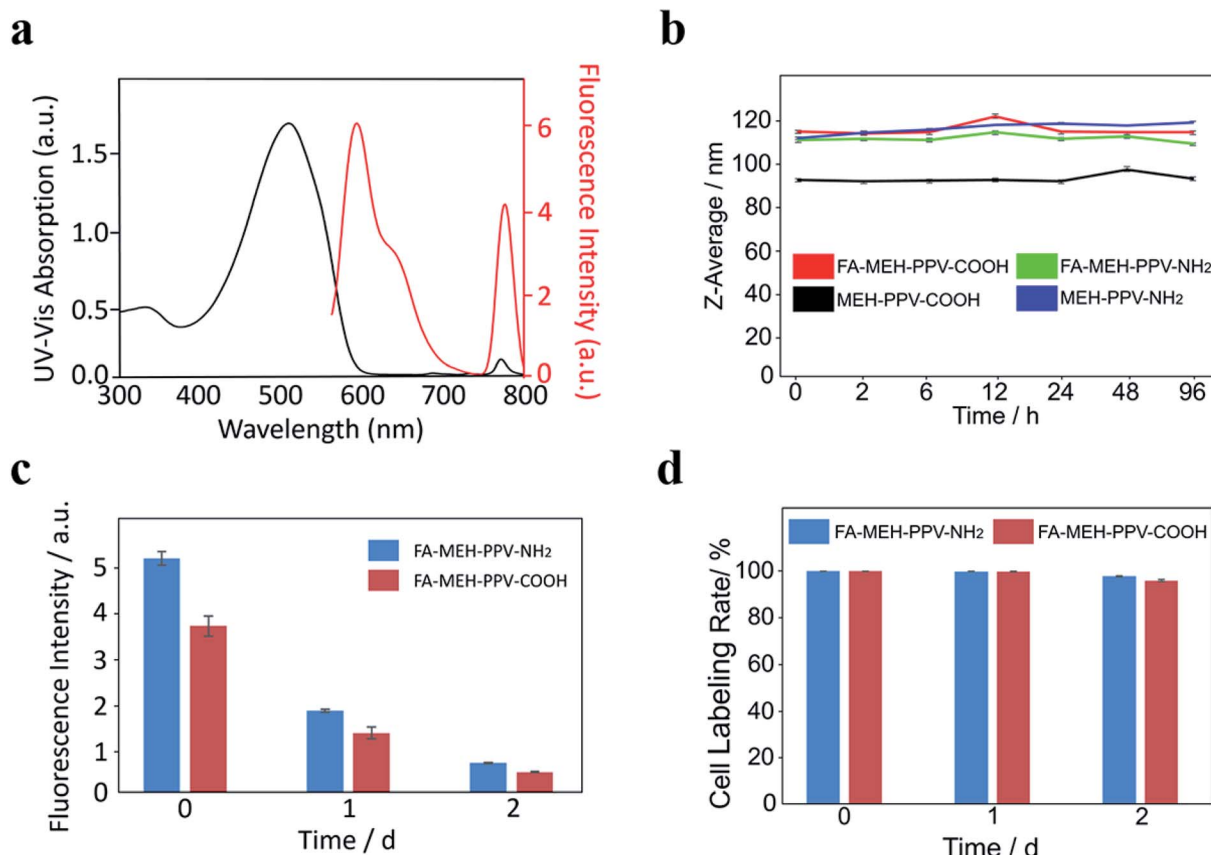


Fig. 1 Characterization of polymer dots. (a) UV/vis absorption and fluorescence spectra of the NIR polymer dots. The fluorescence spectra was obtained under 537 nm excitation, which showed the emission from the MEH-PPV and NIR 775; (b) Z-average of four different MEH-PPV polymer dots after treatment with DMEM containing 10% FBS for 0, 2, 6, 12, 24, 48, 96 h, respectively; (c and d) cell labeling rate of FA-MEH-PPV-NH₂ and MEH-PPV-NH₂ polymer dots in Ana-1 cells and fluorescence intensity for 0, 1, 2 d under serum-containing medium after labelled by MEH-PPV polymer dots.



$\lambda_{\text{excitation}} = 488 \text{ nm}$), and the spectral detection = 505–700 nm. Balb/c mice were anesthetized with 200 μL of pentobarbital sodium (1%) by intraperitoneal injection, and Ana-1 cells ($\sim 2\,000\,000$) labeled with FA-MEH-PPV-NH₂ polymer dots were injected *via* the tail vein or the right footpad. Polymer dots were excited at 488 nm, and emission was collected from 505 to 700 nm. The imaging and video of organs and lymph nodes were collected after 20 min, 120 min and 2 d. The data were analyzed by matching software (IC viewer, Mauna Kea Technologies, Paris, France).

Ex vivo imaging and analysis of the tissues

After *in vivo* fluorescence imaging, the tissues were removed for *ex vivo* fluorescence imaging by using the IVIS Lumina XRMS Series III Imaging System by using a 520 nm excitation filter and a 790 nm emission filter. Then, the lymph nodes and organs were immediately fixed using 10% neutral buffered formalin and stored at $-80\text{ }^{\circ}\text{C}$. Subsequently, the tissues were extracted and embedded in OCT compound and cryosectioned by microtome at $-20\text{ }^{\circ}\text{C}$ into slices of 10 μm thicknesses. The sections were analyzed under a fluorescence microscope.

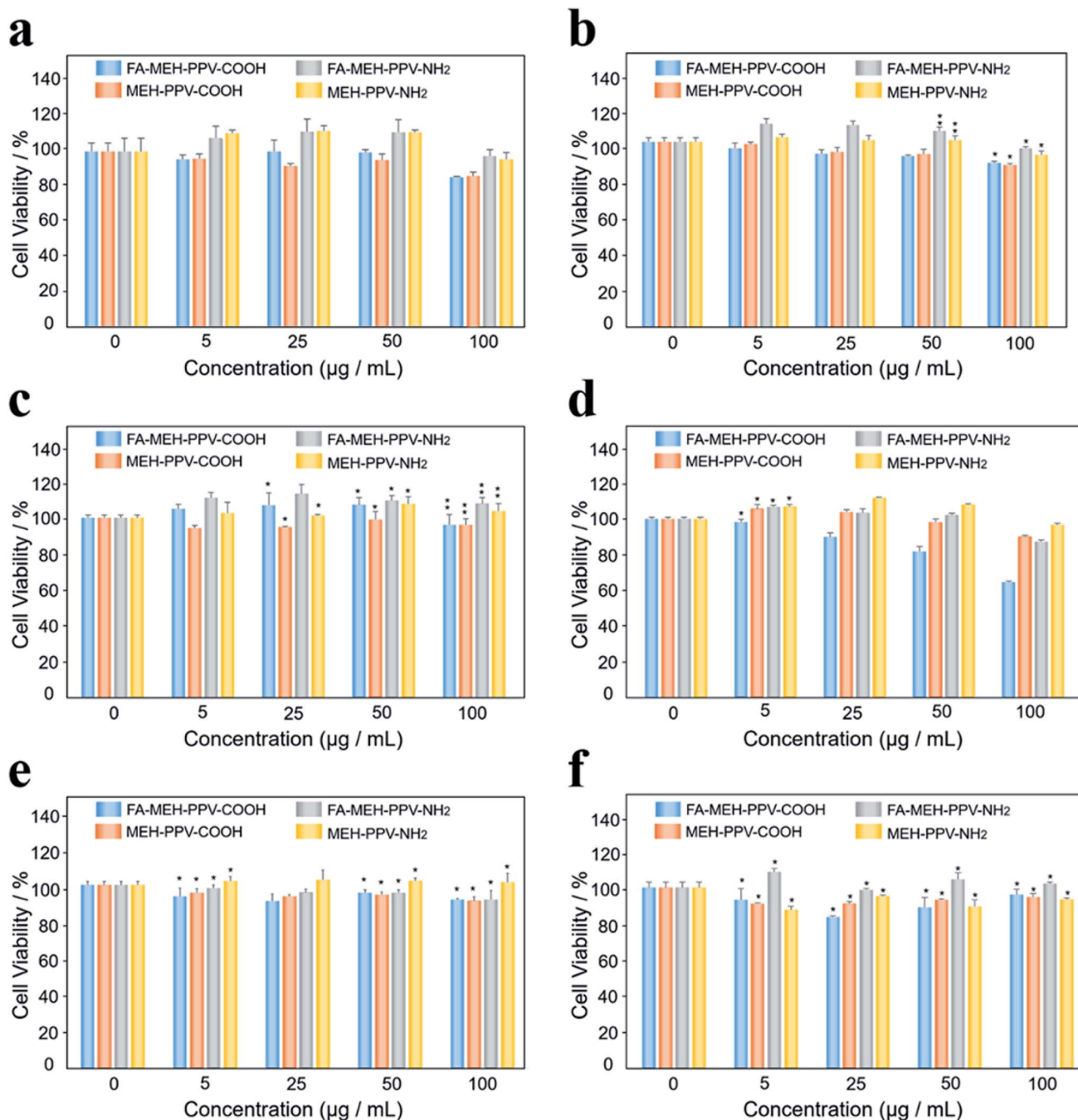


Fig. 2 Viability values (%) of cells estimated by CCK-8 assay of six cell lines treated with MEH-PPV polymer dots. Data represent mean \pm SD ($n = 5$). (a) Ana-1, (b) H292, (c) QBC, (d) GBC-SD, (e) RBE, (f) SGC (* $p \leq 0.05$, ** $p \leq 0.01$).



Results and discussion

Preparation and characterization of the polymer dots

To discuss the influence of ligands on the cellular uptake in the Ana-1 cells, four typical MEH-PPV polymer dots were designed and prepared, including (1) MEH-PPV dots modified with folate and carboxyl (FA-MEH-PPV-COOH) had the hydrodynamic diameter of 50.38 ± 5.43 nm; (2) MEH-PPV dots modified with carboxyl (MEH-PPV-COOH) had the hydrodynamic diameter of 47.93 ± 3.60 nm; (3) MEH-PPV dots modified with folate and amino (FA-MEH-PPV-NH₂) had the hydrodynamic diameter of 54.94 ± 4.04 nm; and (4) MEH-PPV dots modified with amino (MEH-PPV-NH₂) had the hydrodynamic diameter of 54.06 ± 2.72 nm. Table 1 and Scheme S1† describes the synthesis of these polymer dots. The high percentages of ligands improved the hydrophilicity and stability of the MEH-PPV polymer dots. The zeta potential of synthesized polymer dots was in the range of -34.2 mV to -39.8 mV in water. Due to the long negatively charged PMMA chain in MMA-NH₂, the electropositive amino termination playing a negligible role, the particulate MMA-NH₂ having a negative zeta potential of -23.8 ± 3 mV.⁴⁵ And MMA-NH₂ modified FA-MEH-PPV-NH₂ and MEH-PPV-NH₂ polymer dots also exhibited a negative zeta potential, which was consistent with our previous results.⁴² The pH of the prepared polymer dots was between 6.38 and 6.60. And Z-average sizes *versus* pH change (Fig. S1†) illustrated good colloidal stability of the polymer dots.

The prepared polymer dots in water exhibited a broad peak at 505–510 nm and a weak NIR peak at 771 nm. The absorption peaks represented the shift of MEH-PPV from 505 nm to 510 nm with increased diameters of the polymer dots. The redshift may be due to the fluorescence mechanism of conjugated polymer nanoparticles reported previously.⁴⁶ The absorbance and fluorescence spectra of the prepared polymer dots were similar, and the spectra of FA-MEH-PPV-NH₂ were shown in Fig. 1a. Under excitation at 537 nm, the polymer dots exhibited emission at 595 and 778 nm. And the conversion rate from MEH-PPV to NIR775 of the four typical polymer dots was in the range of 30–40%. The FRET efficiency was defined by the ratio of the integrated total emission (750–800 nm) from the NIR775 to the integrated total emission (562–750 nm) from the MEH-PPV.⁴⁷ Although the spectral overlap between MEH-PPV fluorescence and NIR775 absorbance was poor.⁴⁸ The result showed an efficient fluorescence resonance energy transfer ratio, which displays bright fluorescence in the near-infrared region. The high fluorescence resonance energy transfer (FRET) exhibited a large Stokes shift between the excitation and emission, providing the possibility for the experiment *in vivo*. Furthermore, the fluorescence yield (QY) test reflected the high light-harvesting efficiency of polymer dots (Table S1†). The emission of MEH-PPV was above 12% and the emission of NIR775 was above 1%. In addition, the physical stability of the MEH-PPV polymer dots was detected by dispersing these particles in DMEM supplemented with 10% FBS and in different pH. The Z-average size of these polymer dots showed no significant variation (Fig. 1b and S1†), indicating their good colloidal stability.

Cytotoxicity assay

As shown in Fig. 2, different concentrations (0, 5, 25, 50, and 100 $\mu\text{g mL}^{-1}$) of the polymer dots were added to the Ana-1 cell line. After 24 h of incubation with the four kinds of polymer dots, the cells maintained greater than 85%, 85%, 97%, and 95% cell viabilities for Ana-1 cells at 100 $\mu\text{g mL}^{-1}$, respectively (Fig. 2a). At low concentrations, the cell viabilities showed a slight increase for the polymer dots modified with amino. Such as, the cellular

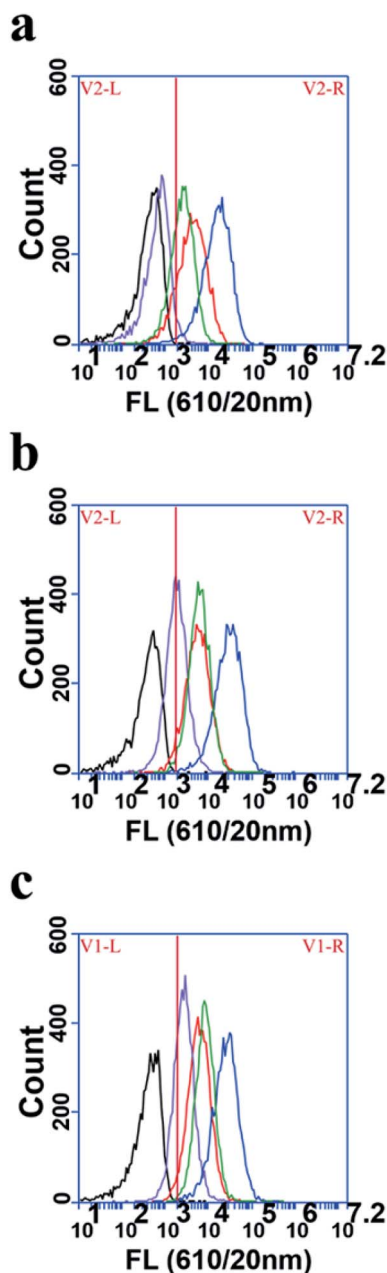


Fig. 3 Flow cytometry assay. Flow cytometric profiles of cellular uptake of four kinds of MEH-PPV polymer dots (~ 20 μg) in Ana-1 cells for 2, 6, 10 h under serum-containing medium. (a) 2 h; (b) 6 h; (c) 10 h (red: FA-MEH-PPV-COOH; purple: MEH-PPV-COOH; blue: FA-MEH-PPV-NH₂; green: FA-MEH-PPV-NH₂.)



viability was estimated to be more than 110% for the Ana-1 cell line at a concentration of $50 \mu\text{g mL}^{-1}$, indicating the growth promoting effect of amino modified polymer dots on the cells at low concentrations. While for the polymer dots modified with carboxyl, the cellular viability decreased slowly with the sample concentration increased. Compared with the results reported by Eleonore Fröhlich,⁴⁹ polymer dots with positive charge exhibited a higher cytotoxicity. While our results displayed the weak cytotoxicity of the prepared polymer dots under these conditions even for the polymer dots modified with MMA-NH₂.

To further compare the cytotoxicity of polymer dots on different cells, five kinds of cancer cells were selected: lung cancer cell line NCI-H292, cholangiocarcinoma cell line QBC, gallbladder cancer cell line GBC-SD, SGC-996 cells and bile duct carcinoma cell line RBE. The viability was estimated to be higher than 90% for H292, QBC, SGC and RBE cell lines at $100 \mu\text{g mL}^{-1}$, displaying that the prepared polymer dots showed minimal cytotoxicity within 24 h for these cancer cells. However, FA-MEH-PPV-COOH revealed low cytotoxicity at a concentration of $100 \mu\text{g mL}^{-1}$ for the GBC-SD cell line (Fig. 2d), with the cell viability was 64%. This result may be due to the special spindle morphology of GBC-SD cells, making cells sensitive to the environment, especially to the polymer dots modified by PE-FA and carboxyl. Besides, for the polymer dots modified with carboxyl, the viability of the tumor cells was slightly decreased with increasing concentration from 5 to $100 \mu\text{g mL}^{-1}$, but for QBC cells, the cellular viability showed an increase from 5 to $50 \mu\text{g mL}^{-1}$ and decreased at $100 \mu\text{g mL}^{-1}$. For the polymer dots modified with amino, tumor cellular viability exhibited the same trend as macrophages.

Biological distribution in balb/c mice

To explore the biological distribution of MEH-PPV polymer dots in mice, the lymph nodes (cervical, axillary, inguinal, popliteal,

and medial iliac lymph nodes), major organs (heart, liver, spleen, lungs, and kidneys), interscapular brown adipose tissue (iBAT), muscle and bone were removed and imaged. As shown in Fig. S2,† all the polymer dots exhibited high accumulation in the liver and spleen. While a few signals of MEH-PPV-NH₂ polymer dots were observed in the lungs. Interestingly, the signals of MEH-PPV-COOH polymer dots were detected in the iBAT, cervical, axillary and medial iliac lymph nodes, indicating the long circulation time of polymer dots in the lymphatic vascular system.

Flow cytometry assay and *in vitro* cell imaging

To explore the cellular uptake rate of polymer dots in the Ana-1 cells, the flow cytometric profiles experiment was conducted. Polymer dots were incubated with Ana-1 cells in serum-containing medium at 2, 6, and 10 h (Fig. 3). After 2 h incubation, as shown in Fig. 3a, FA-MEH-PPV-NH₂ polymer dots showed the highest cellular uptake of 98.94%, followed by MEH-PPV-NH₂ polymer dots with 75.88%, and FA-MEH-PPV-COOH polymer dots showed cellular uptake of 87.67%. While MEH-PPV-COOH polymer dots showed lowest cellular uptake of 4.91%. The results exhibited that Ana-1 cells are more likely to uptake polymer dots modified by amino in a short incubation time. As time increased to 6 h, the cell labeling rate of polymer dots increased gradually. And MEH-PPV-COOH polymer dots showed a rapid increase in the cellular uptake from 4.91% to 53.20%.

After 10 h incubation, the labeling rate of FA-MEH-PPV-NH₂ and MEH-PPV-NH₂ polymer dots was over 98%, and the FA-MEH-PPV-COOH exhibited cell labeling rate over 81%, while the labeling rate of MEH-PPV-COOH polymer dots was only 57.17%. This experiment showed that Ana-1 cells were likely to absorb polymer dots with surface modification of amino and folate ligands. Our results were not consistent with the report of

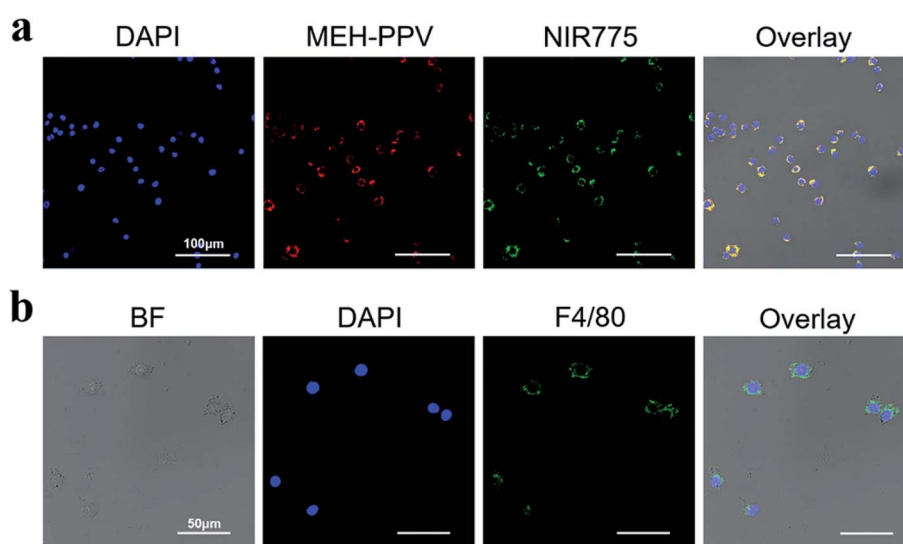


Fig. 4 Immunofluorescence and fluorescence imaging of Ana-1 cells. (a) Fluorescence imaging of Ana-1 cells incubated with FA-MEH-PPV-NH₂ polymer dots ($\sim 20 \mu\text{g}$) under serum-containing medium for 24 h. Ana-1 cells costained with DAPI (blue, excitation: 405 nm, emission: 430–520 nm), MEH-PPV (red, excitation: 561 nm, emission: 585–650 nm), NIR775 (green, excitation: 561 nm, emission: 750–790 nm); (b) immunofluorescence staining. Ana-1 cells costained with DAPI (blue, excitation: 405 nm, emission: 430–520 nm), F4/80 (green, excitation: 488 nm, emission: 508–530 nm).



the uptake of NH_2 (PEG) QDs.⁵⁰ It may be due to the structure of MMA- NH_2 used in this work and the different cell lines or different uptake mechanism.⁵¹

The cellular uptake and location of polymer dots were further studied by cell imaging. The emission was collected from 620–710 nm with excitation at 546 nm, and the cells were incubated with four typical MEH-PPV polymer dots for 2, 6, and 10 h (Fig. S3 and S4†). The signals were detected uniformly in the cytoplasm. In particular, FA-MEH-PPV- NH_2 polymer dots exhibited strong fluorescence in the cells under the microscope and the cell labeling rate was above 97% in 2 h. In contrast, MEH-PPV-COOH polymer dots showed much less fluorescence in the cells. Moreover, both the fluorescence intensity and cellular uptake rate increased over time. The results of cell imaging were consistent with the flow cytometry analysis, suggesting that FA-MEH-PPV- NH_2 showed the highest cellular uptake among the prepared polymer dots.

Laser confocal imaging was used to further study the location of polymer dots in the Ana-1 cells. As shown in Fig. 4a, the cells are evenly distributed and in a good state. FA-MEH-PPV- NH_2 polymer dots exhibited strong fluorescence in both the visible and near-infrared regions. The signals were distributed

mainly in the cytoplasm around the nucleus. The MEH-PPV and NIR775 channels displayed an efficient FRET ratio. The high FRET efficiency and strong NIR fluorescence indicated that the FA-MEH-PPV- NH_2 polymer dots were suitable for *in vivo* study.

To analyze the specific protein markers F4/80 of macrophages, Ana-1 cells were investigated by immunofluorescence staining and laser confocal imaging. As shown in Fig. 4b, the macrophage surface antigen F4/80 emission was obtained from 508 to 530 nm with excitation at 488 nm. The cell nuclei were regularly distributed in the center of the cell, and the specific protein F4/80 was evenly distributed on the surface of the cell membrane. The positive result of immunofluorescence staining indicated that Ana-1 cells are a type of phagocyte.

To explore the long-term labeling rate and fluorescence stability of polymer dots, the labeled Ana-1 cells were incubated for 2 d. As shown in Fig. 1c, the fluorescence intensity of Ana-1 cells labeled with FA-MEH-PPV- NH_2 decreased to 35% after 1 d and to 13% after 2 d, and the fluorescence intensity of Ana-1 cells labeled with FA-MEH-PPV-COOH decreased to 36% after 1 d and to 13% after 2 d. The cell labeling rate of these polymer dots in Ana-1 cells was still over 95% at 2 d (Fig. 1d), providing the basis for the *in vivo* cell tracking experiment.

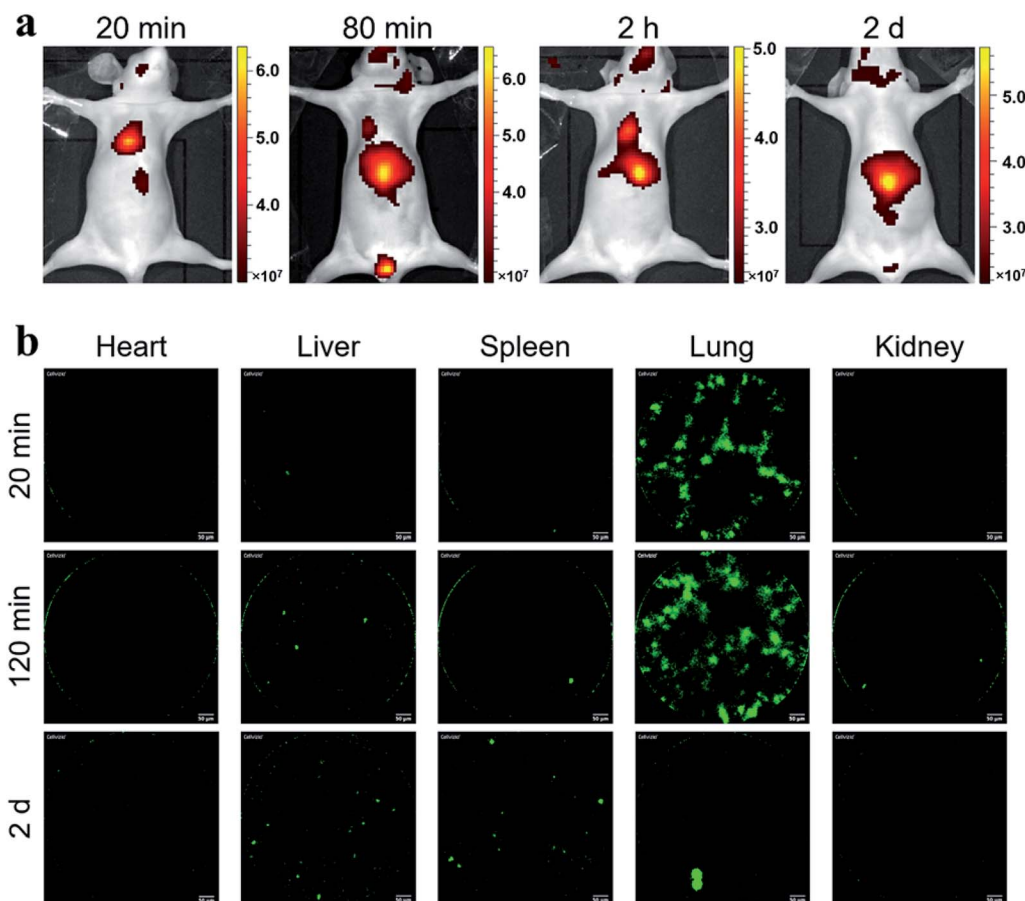


Fig. 5 (a) *In vivo* fluorescence imaging of mice ($n = 3$) for 20, 80, 120 min and 2 d after intravenous injection of Ana-1 cells ($\sim 5\,000\,000$) labeled by FA-MEH-PPV- NH_2 polymer dots, respectively (excitation filter, 520 ± 15 nm; emission filter, 790 ± 10 nm); (b) real-time *in vivo* cell tracking. Imaging of the fluorescence signals in heart, liver, spleen, lung and kidney at 20 min, 120 min, and 2 d post injection, respectively (excitation = 488 nm and the spectral detection = 505–700 nm).



In vivo NIR fluorescence imaging

Considering the fluorescence intensity and high cell labeling rate, the FA-MEH-PPV-NH₂ polymer dots were used in *in vivo* experiments. To explore the cell migration in blood circulation and signal distribution in organs, Ana-1 cells labeled by FA-MEH-PPV-NH₂ polymer dots were injected into the caudal vein of mice. NIR fluorescence imaging was carried out at 20 min, 80 min, 120 min and 2 d post injection (Fig. 5a). At 20 min, intense NIR signals in the lung were observed with weak signals in the liver and face. At 80 and 120 min, the NIR signals in the liver became intense. And NIR signals in the neck region and urinary bladder were visualized. The signals in the bladder were produced by the autofluorescence of the mice.⁵² At 2 d, intense NIR signals in the liver were observed, while no obvious signals in the lungs were visualized. From 20 min to 2 d, the signals gradually migrated from the lungs to the liver. The results were similar to those reported for other cell lines.^{43,53} In addition, organs were dissected at 20 min and 2 h post injection. As shown in Fig. S5a and b,† *ex vivo* imaging revealed that the ingestion of probes increased in the spleen and liver. While the region-of-interest measurements showed that the fluorescence intensity in the lung decreased to 50% from 20 min to 2 h. Furthermore, frozen sections of the organs demonstrated that strong signals were visualized in the edge of the alveolus of lung as well as in the spleen and liver (Fig. S6†). These results were consistent with the *in vivo* imaging results, suggesting the migration of labelled Ana-1 cells in the deep organs and the endothelial reticular system.

To further explore the cell migration in lymphatic system, the labeled Ana-1 cells were injected into the right footpads of mice. As shown in Fig. 6a, most fluorescent signals were still concentrated on the footpad after 2 d,⁵⁴ and no obvious signals were detected in the draining lymph nodes. Therefore, the bilateral inguinal, sciatic, and popliteal lymph nodes were isolated, and *ex vivo* imaging confirmed that fluorescence signal was detected in the popliteal lymph node at the experimental side (Fig. S5c†), indicating that the migration of labelled Ana-1 cells in the lymphatic system.

In vivo real-time pCLE

Probe-based confocal laser endomicroscopy (pCLE) was further used to demonstrate the distribution of labeled Ana-1 cells in mice. As shown in Fig. 5b, after the intravenous injection of Ana-1 cells labeled with FA-MEH-PPV-NH₂ for 20 min, intense signals were visualized in the lungs with weak signals in the heart, liver, spleen and kidney. As shown in the ESI movie S1,† the signals of Ana-1 cells were round with clear boundaries between cells. Notably, the signals of cells in the alveolus of lung were observed, and there were more than three alveolus were simultaneously visualized in the field of vision with high signal-noise-ratio. After 2 h, the most signals were still observed in the lungs (ESI movie S2†), and with a slight increase in the liver. After 2 d, the signal in the lungs decreased while the signal increased in the liver and spleen. From 20 min to 2 d, the signals gradually

migrated from the lungs to the liver. The pCLE provided real-time high resolution visualizing labelled cells in the alveolus of lung, this result was consistent with *in vivo* NIR imaging. Besides, because the *in vivo* fluorescence imaging involves the superposition of two-dimensional images, providing the fluorescence signal of the whole tissue, while the pCLE provided the signals at the focal plane of the ROI (region of interest). Therefore, the fluorescence signals in the liver were much higher detected by *in vivo* fluorescence imaging than that detected by pCLE.

As shown in Fig. 6b, after 2 d intradermal injection of Ana-1 cells labeled with FA-MEH-PPV-NH₂ at the footpad of mice, massive signals were visualized in the popliteal lymph node, and scattered signals were also observed in the inguinal lymph node. This result indicated that the phagocytes can reach the popliteal and inguinal lymph node from the injection site. Compared with *in vivo* fluorescence imaging, pCLE displayed higher sensitivity to detect the migration of labelled cells in the draining lymph nodes.

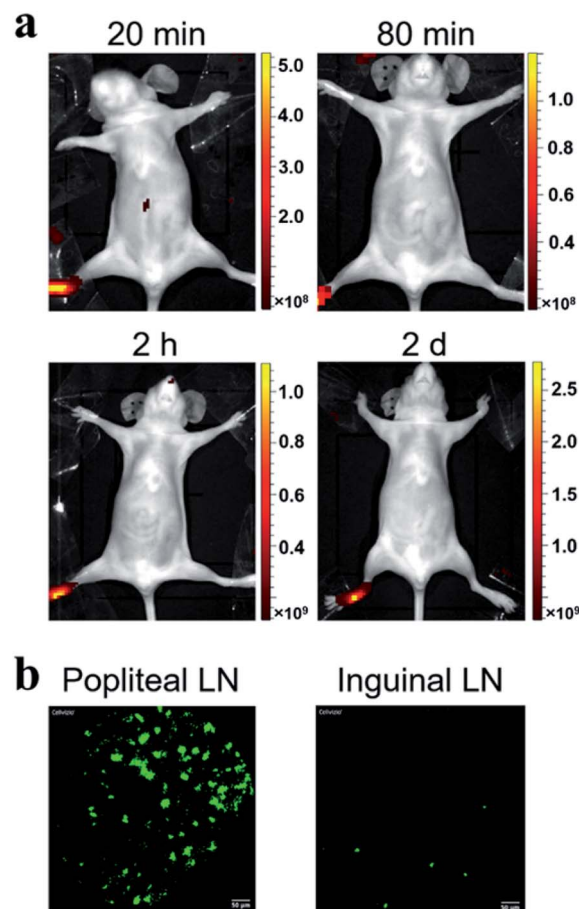


Fig. 6 (a) *In vivo* fluorescence imaging of mice ($n = 3$) for 20, 80, 120 min and 2 d after footpad injection of Ana-1 cells ($\sim 5\,000\,000$) labeled by FA-MEH-PPV-NH₂ polymer dots, respectively (excitation filter, 520 ± 15 nm; emission filter, 790 ± 10 nm). (b) Real-time *in vivo* cell tracking. Signals in popliteal and inguinal lymph nodes for 2 d after footpad injection (excitation = 488 nm and the spectral detection = 505–700 nm).



Conclusions

In summary, we designed and compared four typical polymer dots with different ligands for tracking macrophage cells. The *in vitro* cytotoxicity experiment demonstrated low cytotoxicity of the synthesized polymer dots in the macrophage Ana-1 cells and tumor cells. Moreover, flow cytometry and cell imaging analysis showed that both folate and amino modification increased uptake of polymer dots in the Ana-1 cells. In addition, the *in vivo* NIR fluorescence imaging demonstrated that labeled Ana-1 cells showed strong and rapid uptake in the lungs of mice. Furthermore, the real-time high-resolution imaging of labelled Ana-1 cells in the alveolus of lung and lymph nodes were recorded by pCLE. This result provides a new strategy for combination polymer dots and pCLE for *in vivo* high resolution tracking the fate of macrophage cells in organs.

Live subject statement

All animal procedures were performed in accordance with the Guidelines for Care and Use of Laboratory Animals of Shanghai Jiao Tong University and experiments were approved by the Animal Ethics Committee of Shanghai Jiao Tong University (Shanghai, China).

Conflicts of interest

There are no conflicts to declare.

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