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# 1. Introduction

Hydrogen peroxide  $(H_2O_2)$ , one of the most important reactive oxygen species (ROS), is present in various biological tissues, and plays critical roles in redox biology and cell signaling.1-4 Misregulation of H<sub>2</sub>O<sub>2</sub> can produce and accumulate oxidative stress inside cells, resulting in damage to biomolecules such as DNA, proteins, and lipids. In the long term, this damage leads to various disorders, such as neurodegeneration, HIV activation, cardiovascular diseases, cancer and aging.<sup>5-10</sup> Also, H<sub>2</sub>O<sub>2</sub> is a main intermediate or final product of many enzymatic reactions by a large number of oxidases, thus enabling quantitative assays of the activity of the enzyme as well as various enzyme substrates such as protein and carbohydrate in living organisms via a H<sub>2</sub>O<sub>2</sub>-mediated process.<sup>11-15</sup> Therefore, the accurate and sensitive detection of H<sub>2</sub>O<sub>2</sub> is essential to evaluate its concentration in various biological events and understand the related biological effects.

To date, various analytical techniques have been developed for the detection of  $H_2O_2$ , such as high performance liquid chromatography (HPLC) detection,<sup>16</sup> optical sensing,<sup>17–21</sup> colorimetric method,<sup>22–25</sup> electrochemical analysis,<sup>26–28</sup> *etc.* It is well known that colorimetric and fluorimetric methods are relatively simple, rapid and low cost, but they are of high sensitivity and specificity, and thus they are the typical sensing techniques of optical sensors, which can be easily transformed molecular

# A $MnO_2-[Ru(dpp)_3]Cl_2$ system for colorimetric and fluorimetric dual-readout detection of $H_2O_2$

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Two-dimensional (2D) MnO<sub>2</sub> nanosheets were synthesized by a template-free and one-step route, and the dye [Ru(dpp)<sub>3</sub>]Cl<sub>2</sub> was linked onto the MnO<sub>2</sub> nanosheet surface *via* electrostatic interaction. The formed MnO<sub>2</sub>–[Ru(dpp)<sub>3</sub>]Cl<sub>2</sub> hybrid was used for a dual optical detection for H<sub>2</sub>O<sub>2</sub>, an important reactive oxygen species (ROS). Upon addition of H<sub>2</sub>O<sub>2</sub>, the reaction of MnO<sub>2</sub> with H<sub>2</sub>O<sub>2</sub> results in the dissolution of MnO<sub>2</sub> nanosheets and simultaneous generation of O<sub>2</sub>. The fading of the solution and simultaneous fluorescence change of [Ru(dpp)<sub>3</sub>]Cl<sub>2</sub>, sensitive to O<sub>2</sub>, enables colorimetric and fluorimetric dual-mode detection of H<sub>2</sub>O<sub>2</sub>. The dual-output assay in a single probe provides a good sensitivity with a detection limit of 0.18  $\mu$ M H<sub>2</sub>O<sub>2</sub>. The dual-signal strategy can efficiently overcome the shortcoming of the single detection mode, and improve the detection accuracy by an additional correction of output signals from each other. Moreover, the successful determination of H<sub>2</sub>O<sub>2</sub> in the serum samples demonstrates the potential applicability of the MnO<sub>2</sub>-[Ru(dpp)<sub>3</sub>]Cl<sub>2</sub> based probe in biosensing and bioanalysis.

events into fluorescence intensity or color changes. Colorimetric detection is usually achieved by monitoring the absorbance variation at a specific wavelength induced by the analyte concentration. Moreover, this method permits "naked eye" detection *via* color change with no requirement for sophisticated instrumentation.<sup>29,30</sup> Fluorimetric methods are performed with the assistance of suitable probes, whose fluorescent signals respond to their interactions with analytes *via* photoinduced electron transfer (PET), fluorescence resonance energy transfer (FRET) and inner filter effect (IFE).<sup>30–32</sup>

It is of great interest to integrate both optical modes into one sensor, by a fluorimetric and colorimetric dual mode strategy, which can minimize the measurement errors and has been proven to be more efficient than the single mode method.<sup>33</sup> Compared with the single-readout analytical strategy, the dual-readout nanomaterials-based protocols endow sensors with improved exactness and increased sensitivity. Commonly, two individual readout probes are combined to realize this dual-readout strategy, which probably complicates the detection process and even leads to unexpected interference. Therefore, a single probe with dual-readout performance was distinctly superior to the combinations of two individual probes in the dual-readout design.<sup>34-37</sup>

In this work, two-dimensional (2D)  $MnO_2$  nanosheets were synthesized by a template-free redox route, and the dye  $[Ru(dpp)_3]Cl_2$  was linked onto the surface of  $MnO_2$  nanosheets *via* an electrostatic interaction. The formed  $MnO_2$ – $[Ru(dpp)_3]$  $Cl_2$  hybrid was used for a colorimetric and fluorimetric detection of H<sub>2</sub>O<sub>2</sub>, performing the dual-output assay in a single probe. The dual-signal detection strategy in a single probe can

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hold an additional correction of output signals from each other, thus improving the detection accuracy.

#### Experimental 2.

#### Chemicals 2.1.

Analytical grade KMnO<sub>4</sub>, sodium dodecyl sulfate (SDS), concentrated sulfuric acid (H<sub>2</sub>SO<sub>4</sub>), hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) were obtained from Beijing Chemicals Reagents.  $[Ru(dpp)_3]Cl_2$ was purchased from Sigma-Aldrich Co. (Shanghai, China). MilliQ water was used throughout. All other chemical reagents were of analytical reagent grade. The citrate buffer was prepared by mixing an approximate ratio of citric acid and sodium citrate solutions.

# 2.2. Synthesis of MnO<sub>2</sub> nanosheets

MnO<sub>2</sub> nanosheets were synthesized according to previous publications.<sup>38</sup> Typically, 32 mL of SDS solution (0.1 M) and 1.6 mL of H<sub>2</sub>SO<sub>4</sub> solution (0.1 M) were added into 283.2 mL distilled water and heated at 95 °C for 15 min. 3.2 mL of KMnO<sub>4</sub> solution (0.05 M) was added into the above solution quickly to start the reaction, and the reaction mixture was maintained at 95 °C for 60 min. In this process, the initial KMnO<sub>4</sub> solution with purplish red color was gradually transformed to the dark brown colloidal suspension. The resulting suspensions were centrifuged, and the precipitates were thoroughly washed with ethanol for 3 times and subsequently dried in air at 50 °C for various analyses. The purified MnO<sub>2</sub> was dispersed in MilliQ water to form a colloidal suspension for analyte detection.

### 2.3. Preparation of MnO<sub>2</sub>/[Ru(dpp)<sub>3</sub>]Cl<sub>2</sub> hybrid

A specified concentration (20  $\mu$ g mL<sup>-1</sup>) of MnO<sub>2</sub> nanosheets and 50 µM of [Ru(dpp)<sub>3</sub>]Cl<sub>2</sub> were added to ethanol, ultrasonicated at room temperature for 30 min and left overnight. Then, they were centrifugated at 12 000 rpm for 15 min to remove the supernatant. The precipitates were dissolved in aqueous solution.

# 2.4. Characterizations

The X-ray powder diffraction (XRD) data were collected on an X'Pert MPD Philips diffractometer (CuKa X-radiation at 40 kV and 50 mA) with a scanning step of 0.02°. The transmission electron microscopy (TEM) observations were carried out using a JEOL 2200FS microscope. Samples for TEM investigations were prepared by first dispersing the particles in ethanol under assistance of ultrasonification and then dropping one drop of the suspension on a copper TEM grid coated with a holey carbon film. Fourier transform infrared (FT-IR) spectra (Mattson 5000) of the samples were measured in the range of 4000- $450 \text{ cm}^{-1}$  in transmission mode. The pellets were prepared by adding 0.8 mg of the sample powder to 80 mg of KBr. The powders were mixed homogeneously and compressed at a pressure of 10 KPa to form transparent pellets. X-ray photoelectron spectroscopy (XPS) analysis was performed using a PHI Quantera SXM (ULVAC-PHI) device operating at a pressure of  $10^{-8}$  torr. The photoelectron emission spectra were recorded

using a monochromatic Al Ka source (100 W). The angle between the X-ray direction and the emitted electron direction was 45°. The UV-vis absorbance measurements were carried out using a Schimadzu UV-2550 scanning spectrophotometer with a scan rate of 240 nm min<sup>-1</sup>. The zeta potential measurements were conducted on the same Malvern Nano ZS instrument. The fluorescent response and emission spectrum of the sensor were measured using a 1 cm glass cuvette at 25 °C in citrate buffer (pH 5.6) with a fluorescence spectrophotometer (Hitachi F-4500, Japan) equipped with a xenon lamp. All response curves were acquired with an excitation wavelength of 535 nm. The fluorescence intensity of  $MnO_2/[Ru(dpp)_3]Cl_2$  (10 µg mL<sup>-1</sup>) at 625 nm as a function of time was recorded by adding 30 µL of  $H_2O_2$  solution to 3 mL of  $MnO_2/[Ru(dpp)_3]Cl_2$  suspensions.

# 2.5. H<sub>2</sub>O<sub>2</sub> detection

H<sub>2</sub>O<sub>2</sub> detection was conducted in an open cuvette configuration. In a typical process of  $H_2O_2$  detection, 2 mL of  $MnO_2/[Ru(dpp)_3]$  $Cl_2$  solution (10 µg mL<sup>-1</sup>) was added to an open cuvette, and a given concentration of H<sub>2</sub>O<sub>2</sub> solution was then added slowly. After reaction 5 min, the emission spectrum of  $[Ru(dpp)_3]Cl_2$ was recorded immediately with an excitation of 535 nm.

#### 3. Results and discussion

# 3.1. Synthesis and characterization of MnO<sub>2</sub> nanosheets and MnO<sub>2</sub>/[Ru(dpp)<sub>3</sub>]Cl<sub>2</sub> hybrid

A template-free and one-step method was used to synthesize the MnO<sub>2</sub> nanosheets via a redox reaction of KMnO<sub>4</sub> and sodium dodecyl sulfate (SDS). The crystal structure of the synthesized product was characterized by XRD. The XRD profile shown in Fig. 1(a) exhibited four characteristic peaks at 2 theta =  $12.1^{\circ}$ , 24.2°, 36.7°, 66°, indicating a typical lamellar structure. All the diffraction peaks can be well indexed to  $\delta$ -MnO<sub>2</sub> phase (JCPDS no. 18-0802). Fig. 1(b) shows a TEM image of representative areas of the as-synthesized product. The sample was typically composed of ultrathin and transparent lamellar structure with ample graphene-like wrinkles and folds, displaying a typical 2D morphology of MnO<sub>2</sub> nanosheets.<sup>39</sup> The perceived average lateral dimension of the nanosheets is estimated to be  $\sim 200$  nm.

The FT-IR spectrum (Fig. 1(c)) provides further insight into the structure and surface state of synthesized MnO<sub>2</sub>. The peaks at 518, 473 cm<sup>-1</sup> are assigned to the characteristic absorption of the Mn-O stretching vibration of octahedral [MnO<sub>6</sub>] framework.<sup>40,41</sup> Two intense bands at 3420 and 1625 cm<sup>-1</sup> are attributed to the physically adsorbed water and the interlayer water in the MnO<sub>2</sub> nanosheets.<sup>40</sup> The low intensity of peaks in the 2922-2995  $\text{cm}^{-1}$  region are assignable to the asymmetric and symmetric -CH2 and -CH3 stretching due to the use of SDS in the synthesis.42

XPS was used to make a qualitative analysis of chemical valence and binding of the element for the synthesized MnO<sub>2</sub>. Two characteristic peaks centered at 642.2 and 654.1 eV correspond to Mn 2p3/2 and Mn 2p1/2 of MnO2, respectively (Fig. 1(d)).<sup>40,43</sup> The spin-energy separation of  $\sim$ 11.9 eV is also

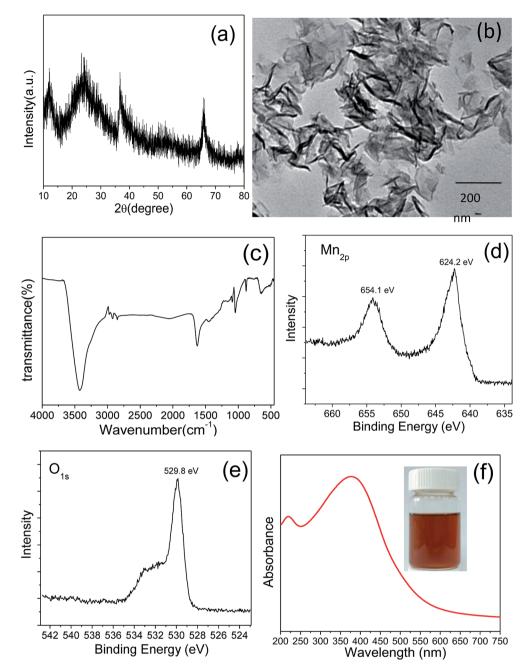


Fig. 1 XRD pattern (a), TEM image (b), FT-IR spectrum (c), XPS spectra of  $Mn_{2p}$  (d) and  $O_{1s}$  (e), and UV-vis absorption spectrum (f) of the synthesized  $MnO_2$  nanosheets.

consistent with those previous reports by other research groups.<sup>40,44</sup> No additional signals attributed to  $Mn_2O_3$  and  $KMnO_4$  were found in the XPS spectrum, indicating the generation of pure  $MnO_2$ . The XPS spectrum of oxygen exhibits two peaks centered at 529.8 and 532.7 eV (Fig. 1(e)), which are assigned to the lattice oxygen of [ $MnO_6$ ] octahedra and the oxygen in the interlayer  $H_2O$  or  $H_3O^+$ , in good agreement with the FTIR result.<sup>40</sup>

The UV-vis absorption spectrum (Fig. 1(f)) of the synthesized  $MnO_2$  solution exhibits a broad absorption band around  $\sim$ 375 nm, which is attributed to the d–d transition of Mn(v) in

the octahedral [MnO<sub>6</sub>] unit. The wavelength and intensity of the absorbance are in line with the previous findings of single-layer MnO<sub>2</sub> nanosheets by other groups.<sup>45-47</sup> The colloidal suspension of single-layer MnO<sub>2</sub> nanosheets shows good stability and remains stable at 4 °C in the dark for more than 15 days without any precipitates.

The dye  $[Ru(dpp)_3]Cl_2$  was linked onto the MnO<sub>2</sub> nanosheet surface *via* an electrostatic interaction. In order to verify the interaction between MnO<sub>2</sub> nanosheets and  $[Ru(dpp)_3]Cl_2$ , the zeta potential of MnO<sub>2</sub> nanosheets was measured. The zeta potential of MnO<sub>2</sub> nanosheets was 57.2 mV (pH = 7), while it decreased to 36.5 mV as  $MnO_2$  nanosheets were treated with  $[Ru(dpp)_3]Cl_2$ . This indicates that there exists an electrostatic interaction, leading to the conjugation of  $[Ru(dpp)_3]Cl_2$  at the surface of  $MnO_2$  nanosheets. This indicates that  $[Ru(dpp)_3]Cl_2$  could be linked onto the  $MnO_2$  nanosheets *via* an electrostatic interaction.

#### 3.2. Design of dual-signal assay for $H_2O_2$ in a single probe

The present sensor for H<sub>2</sub>O<sub>2</sub> detection consists of MnO<sub>2</sub> nanosheets and an oxygen responsive fluorescent transducer,  $[Ru(dpp)_3]Cl_2$ . The as-synthesized MnO<sub>2</sub> nanosheets were firstly incubated with the dye  $[Ru(dpp)_3]Cl_2$ , and the dye  $[Ru(dpp)_3]Cl_2$ was linked onto the surface of MnO2 nanosheets by an electrostatic interaction. Upon the addition of H<sub>2</sub>O<sub>2</sub>, MnO<sub>2</sub> nanosheets interact with  $H_2O_2$  via a redox reaction following the eqn (1), resulting in the dissolution of  $MnO_2$  nanosheets, which makes the solution fade gradually, enabling the colorimetric detection of  $H_2O_2$ . Meanwhile, the *in situ* generated  $O_2$  in the reaction of MnO2 with H2O2 quenches the luminescence of [Ru(dpp)<sub>3</sub>]Cl<sub>2</sub> that is an O<sub>2</sub>-sensitive phosphorescent dye.<sup>48</sup> The changes of oxygen concentration induced by H2O2 addition can be transformed into a fluorescence signal using an oxygen responsive transducer, enabling the fluorimetric detection of  $H_2O_2$ . Therefore, the present  $MnO_2$ -[Ru(dpp)<sub>3</sub>]Cl<sub>2</sub> system enables a dual optical detection of H<sub>2</sub>O<sub>2</sub>, performing the dual readout assay in a single probe.

$$MnO_2 + H_2O_2 + 2H^+ = Mn^{2+} + O_2 + 2H_2O$$
(1)

# 3.3. Optimization of the sensing system

To verify whether the above dual readout sensing principle for  $H_2O_2$  detection is feasible, we conducted a preliminary experiment that a small amount of  $H_2O_2$  was tentatively added to the  $MnO_2$ -[Ru(dpp)<sub>3</sub>]Cl<sub>2</sub> system. The fading of  $MnO_2$  solution was observed; meanwhile, the luminescence of [Ru(dpp)<sub>3</sub>]Cl<sub>2</sub> was decreased, indicating the feasibility of sensing strategy.

The sensing performances can be influenced by several factors, such as reaction pH value, incubation time of  $MnO_2$  and  $[Ru(dpp)_3]Cl_2$  and so on. Therefore, these experimental parameters should be systematically optimized for  $H_2O_2$  detection. The effect of the incubation time of  $MnO_2$  and  $[Ru(dpp)_3]Cl_2$  on  $H_2O_2$  detection was investigated. In the preparation process, the  $MnO_2$  nanosheets were first incubated with the dye  $[Ru(dpp)_3]Cl_2$ , and then centrifugated. The incubation time has significant influence on the numbers of  $[Ru(dpp)_3]Cl_2$  molecule linked onto the surface of  $MnO_2$  nanosheets. With the increase of incubation time, the luminescence of  $[Ru(dpp)_3]Cl_2$  increases. Up to 30 min, the luminescence was no longer increased. Thus, the incubation time of 30 min was chosen for the preparation of  $MnO_2$ - $[Ru(dpp)_3]Cl_2$  sample.

The reactivity of  $MnO_2$  with  $H_2O_2$  was found to be strongly dependent on the solution pH value. To demonstrate the effect of solution pH on the reactivity of  $MnO_2$  with  $H_2O_2$ , the experiments were conducted as below. The equivalent quantities of

MnO<sub>2</sub> were dispersed in 5 mL citrate buffer with different pH values ranging from 4.8 to 6.5 and MilliQ water with pH 7.4, respectively. Then, 50  $\mu$ L of H<sub>2</sub>O<sub>2</sub> solution (100  $\mu$ M) was immediately added and reacted at room temperature for 3 min. The supernatant was immediately moved to a quartz cuvette for UV-vis absorption measurement. The absorbance of MnO<sub>2</sub> solution with the addition of H2O2 decreases remarkably with the decrease of pH value (Fig. 2). For a parallel comparison, we also measured the absorption spectra of MnO<sub>2</sub> solution under different pH conditions, but without the addition of H<sub>2</sub>O<sub>2</sub>. We can see that the absorbance of MnO2 solution without the addition of H2O2 decreases slightly with the decrease of pH values ranging from 7.4 to 4.8, indicating a slight decomposition of MnO2 nanosheets under an acidic condition. In contrast, the absorbance of  $MnO_2$  solution with the addition of  $H_2O_2$ decreases remarkably (Fig. 2). The above results indicate that an acidic reaction condition benefits the reaction of MnO<sub>2</sub> nanosheets with  $H_2O_2$ , and that the presence of  $H_2O_2$  remarkably accelerates the decomposition of MnO<sub>2</sub> in acidic solution. It is also considered that the speed of O<sub>2</sub> release cannot be too fast during H<sub>2</sub>O<sub>2</sub> detection. Here, the citrate buffer of pH 5.6 was chosen for H<sub>2</sub>O<sub>2</sub> detection.

#### 3.4. Colorimetric detection of H<sub>2</sub>O<sub>2</sub>

Fig. 3 shows the UV-vis absorption spectra of  $MnO_2$  solution after reaction upon the addition of various concentrations of  $H_2O_2$  at pH 5.6. All UV-vis absorption spectra exhibited a broad band around 375 nm that originates from the d–d transition of Mn(w) in the octahedral [ $MnO_6$ ] unit.<sup>38</sup> With an increase of  $H_2O_2$ concentration, the absorbance of the solution decreases gradually due to the reduction of  $MnO_2$  to  $Mn^{2+}$  by  $H_2O_2$ . Indeed, the variation of color depth of the solution as a result of the change of  $H_2O_2$  concentration added can be observed directly by the naked eyes, as shown in the photographs taken for samples treated with various concentrations of  $H_2O_2$  (inset of Fig. (2)). With the increase of  $H_2O_2$  concentration added, the solution

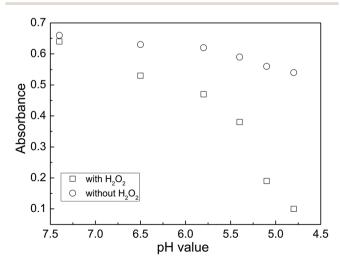


Fig. 2 A comparison of the  $MnO_2$  solution absorbance with and without the addition of  $H_2O_2$  under the reaction conditions with different pH values. The reaction time was fixed at 3 min.

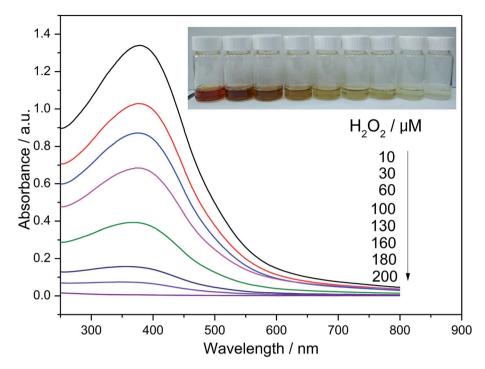


Fig. 3 UV-vis absorption spectra of  $MnO_2$  solution upon the addition of  $H_2O_2$  solution with various concentrations. The inset shows the corresponding photographs of the reaction solution.

faded gradually. The absorbance exhibits a good linear relationship against  $H_2O_2$  concentration in the range of 0–200  $\mu$ M. By a linear fitting, the regression equation for  $H_2O_2$  was  $A = 1.464 - 7370[H_2O_2]$  (M), where *A* represents the absorbance of the resulting solution at a given  $H_2O_2$  concentration added. Thus, this colorimetric method provides a simple, low-cost and convenient assay for  $H_2O_2$  since the synthesis of MnO<sub>2</sub> nanosheets is quite simple and this method does not need expensive instruments and complicated operations.

# 3.5. Fluorimetric detection of H<sub>2</sub>O<sub>2</sub>

**3.5.1.** Fluorescence response toward  $H_2O_2$ . When  $H_2O_2$  was added to the MnO<sub>2</sub>-[Ru(dpp)<sub>3</sub>]Cl<sub>2</sub> system, the luminescence of [Ru(dpp)<sub>3</sub>]Cl<sub>2</sub> sensitive to O<sub>2</sub> was gradually quenched under 535 nm excitation due to the generation of O<sub>2</sub>. To know the overall luminescence response process with time after the addition of H<sub>2</sub>O<sub>2</sub> to MnO<sub>2</sub>-[Ru(dpp)<sub>3</sub>]Cl<sub>2</sub>, the emission of [Ru(dpp)<sub>3</sub>]Cl<sub>2</sub> at 625 nm was monitored continuously in a cuvette by a general fluorometer as a function of time. Fig. 4 shows the time-scanning curves of the emission intensities of  $[Ru(dpp)_3]Cl_2$  at 625 nm upon addition of various concentrations of H<sub>2</sub>O<sub>2</sub>. It is clearly seen that the luminescence change of  $[Ru(dpp)_3]Cl_2$  depends on time after adding H<sub>2</sub>O<sub>2</sub>. Overally, the emission intensity of [Ru(dpp)<sub>3</sub>]Cl<sub>2</sub> decreased gradually upon time when a certain concentration of H2O2 was added to MnO2- $[Ru(dpp)_3]Cl_2$  system. The luminescence change is fast at first, and then slows down. Also, the luminescence response is dependent on H<sub>2</sub>O<sub>2</sub> concentration. We can see that the increase of H<sub>2</sub>O<sub>2</sub> concentration accelerates the response of sensor. Indeed, it is not difficult to understand for time and  $H_2O_2$ 

concentration dependent fluorescence change. As we know, the luminescence decrease of  $[Ru(dpp)_3]Cl_2$  origins from its luminescence quenching by O<sub>2</sub> produced *via* the reaction of MnO<sub>2</sub> with H<sub>2</sub>O<sub>2</sub>. When a certain concentration of H<sub>2</sub>O<sub>2</sub> was added, H<sub>2</sub>O<sub>2</sub> molecules immediately diffused toward the MnO<sub>2</sub> nanosheet surfaces. At starting, the diffusion of H<sub>2</sub>O<sub>2</sub> is fast due to a large driving force as a result of a large concentration gradient, so that more H<sub>2</sub>O<sub>2</sub> molecules can reach and interact with the MnO<sub>2</sub> nanosheet surfaces, which generates more O<sub>2</sub> to quench the fluorescence of [Ru(dpp)<sub>3</sub>]Cl<sub>2</sub>, leading to a higher degree of luminescence change. Upon the depletion of H<sub>2</sub>O<sub>2</sub>, the

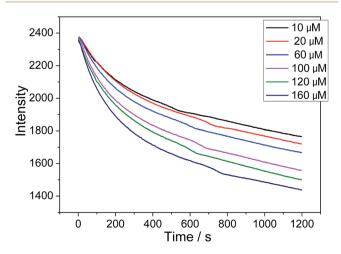


Fig. 4 Time and  $H_2O_2$  concentration dependent luminescence response of  $[Ru(dpp)_3]Cl_2$  under 535 nm excitation.

luminescence change slows down with time. Similarly, we can also explain  $H_2O_2$  concentration dependent fluorescence response, in that the addition of a higher concentration of  $H_2O_2$  results in a quicker fluorescence response (Fig. 4).

**3.5.2.** Stern–Volmer plots. On the basis of the response curves acquired from Fig. 4, the emission spectra of  $MnO_2$ – $[Ru(dpp)_3]Cl_2$  system treated with various concentrations of  $H_2O_2$  were recorded at the time point when the luminescence almost reaches an equilibrium after  $H_2O_2$  addition, as shown in Fig. 5(a). We can see that the emission intensities of  $[Ru(dpp)_3]Cl_2$  at 625 nm decrease gradually upon successive addition of  $H_2O_2$ . For a clear comparison, the emission intensity of  $[Ru(dpp)_3]Cl_2$  at 625 nm for  $MnO_2$ – $[Ru(dpp)_3]Cl_2$  treated with various concentrations of  $H_2O_2$  were collected in Fig. 5(b). Clearly, the emission intensity drops rapidly with  $H_2O_2$  concentration over the range of 0–200  $\mu$ M, indicating a quick quenching.

The quenching of luminescence in dilute solutions is described by the Stern–Volmer relationship, as shown in the eqn (2).<sup>49–51</sup>

$$F_0/F = 1 + K_{\rm SV}[Q]$$
 (2)

where  $F_0$  is the initial luminescence of MnO<sub>2</sub>-[Ru(dpp)<sub>3</sub>]Cl<sub>2</sub> system prior to H<sub>2</sub>O<sub>2</sub> addition, F is the luminescence of the solution with addition of any given concentration Q of analyte and K<sub>sv</sub> is the Stern-Volmer quenching constant. Providing the plot of  $F_0/F$  versus Q is linear,  $K_{SV}$  can be determined. Fig. 5(c) shows the Stern–Volmer plot of  $F_0/F$  against  $H_2O_2$  concentration. We can see that  $F_0/F$  exhibits a good linear relationship against H<sub>2</sub>O<sub>2</sub> concentration in the range of 0-200 µM with a correlation coefficient  $R^2 = 0.999$ , indicating a wide linear response for H<sub>2</sub>O<sub>2</sub> sensing. From the Stern-Volmer plot, K<sub>SV</sub> was calculated to be 22 520  $M^{-1}$  based on eqn (2) and the linear regression equation for  $H_2O_2$  was  $F_0/F = 0.99845 + 22520[H_2O_2]$ (M). The detection limit (LOD) was defined by the equation LOD  $= (3\sigma/s)$  at the signal-to-noise of 3, where  $\sigma$  is the standard deviation of the blank signals (n = 11) and *s* is the slope of the calibration curve. Based on this equation, the LOD for H<sub>2</sub>O<sub>2</sub> was calculated to be 0.18 µM. The relative standard deviation (RSD) was 4.7% and 3.8% for the determination of 8 µM and 68 µM of  $H_2O_2$  (n = 6), respectively. The above results indicate high reproducibility and reliability of this method for H<sub>2</sub>O<sub>2</sub> sensing.

**3.5.3.** Sensing selectivity. The selectivity of the sensor is essential for detecting an analyte accurately. To demonstrate the sensing selectivity of  $MnO_2$ –[Ru(dpp)<sub>3</sub>]Cl<sub>2</sub> toward H<sub>2</sub>O<sub>2</sub>, several bio-active molecules with reducing ability, such as glucose, fructose, glutathione (GSH), and uric acid were used to check whether their presence interfere with the H<sub>2</sub>O<sub>2</sub> determination (Fig. 6). Although these molecules with reducing ability reacts with  $MnO_2$  *via* a redox reaction, no O<sub>2</sub> can release. Therefore, their existence cannot result in the luminescence quenching of [Ru(dpp)<sub>3</sub>]Cl<sub>2</sub>, indicating high selectivity of our designed sensor toward H<sub>2</sub>O<sub>2</sub> detection.

In addition, several common metal ions in biological fluids, such as Na<sup>+</sup>, K<sup>+</sup>, Mg<sup>2+</sup>, Ca<sup>2+</sup>, Cu<sup>+</sup> and Fe<sup>2+</sup> were added to examine their influence on sensing properties (Fig. 6). The luminescence

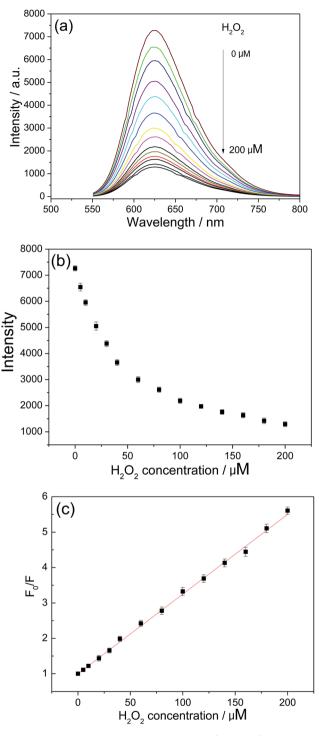


Fig. 5 (a) The emission spectra of  $MnO_2-[Ru(dpp)_3]Cl_2$  colloidal solution treated with various concentrations of  $H_2O_2$  with 535 nm excitation. (b) The emission intensities of  $[Ru(dpp)_3]Cl_2$  at 625 nm as a function of  $H_2O_2$  concentration. (c) Stern–Volmer plot of  $H_2O_2$  sensing over the range of 0–200  $\mu$ M  $H_2O_2$ . The error bars represent the standard deviation.

of  $[Ru(dpp)_3]Cl_2$  was almost unaffected by the extra addition of a certain amount of Na<sup>+</sup>, K<sup>+</sup>, Mg<sup>2+</sup> and Ca<sup>2+</sup>. Even if several biologically relevant redox active metal ions, such as Cu<sup>+</sup> and Fe<sup>2+</sup>, were introduced into this sensing system, the

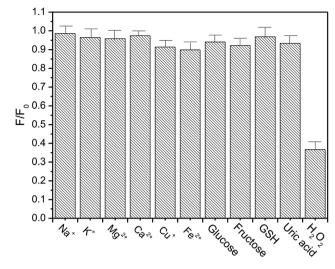


Fig. 6 The luminescence of  $MnO_2 - [Ru(dpp)_3]Cl_2$  solution (50  $\mu$ M) upon the addition of various antioxidants and bio-active metal ions. Na<sup>+</sup>, K<sup>+</sup>, Mg<sup>2+</sup> and Ca<sup>2+</sup>, 100  $\mu$ M; Cu<sup>+</sup>, Fe<sup>2+</sup>, 50  $\mu$ M; glucose, fructose and uric acid, 100  $\mu$ M; H<sub>2</sub>O<sub>2</sub> and GSH, 50  $\mu$ M. In the vertical coordinate, *F*/*F*<sub>0</sub> refers to a ratio, where *F*<sub>0</sub> is the initial luminescence of MnO<sub>2</sub>-[Ru(dpp)<sub>3</sub>]Cl<sub>2</sub> prior to any addition, *F* is the luminescence of the solution with addition of any given concentration of interfering substance.

Table 1 Determination of H<sub>2</sub>O<sub>2</sub> in serum samples

Sample numbers	Added (µM)	Obtained by our sensor (µM)	Recovery (%)
1	20	22.5	112.5
2	50	48.1	96.2
3	100	92.5	92.5

luminescence shows only a slight change, compared with the case of added  $H_2O_2$ . The above results indicate that the response of our present sensor toward  $H_2O_2$  is highly selective.

**3.5.4.** Detection of  $H_2O_2$  in biological samples. To demonstrate the practical application of our present sensor, the determination of  $H_2O_2$  in the serum samples was also performed. Three concentrations of  $H_2O_2$  were added into the serum samples. After incubation with  $MnO_2$ -[Ru(dpp)<sub>3</sub>]Cl<sub>2</sub>, the fluorescence signals were detected and analyzed. The  $H_2O_2$  concentrations in the serum samples were obtained according to the linear regression equation, and the resulting results were also listed in Table 1. The recoveries of the  $H_2O_2$  concentration ranged from 92.5% to 112.5%, thus demonstrating the potential applicability of  $MnO_2$ -[Ru(dpp)<sub>3</sub>]Cl<sub>2</sub> based probe for the quantitative detection of  $H_2O_2$  in biological fluids.

# 4. Conclusions

2D MnO<sub>2</sub> nanosheets were synthesized by a template-free redox route, and the dye  $[Ru(dpp)_3]Cl_2$  was linked onto the MnO<sub>2</sub> nanosheet surface *via* an electrostatic interaction. The formed MnO<sub>2</sub>- $[Ru(dpp)_3]Cl_2$  hybrid was used for a dual optical detection of  $H_2O_2$ . Upon addition of  $H_2O_2$ , the fading of  $MnO_2$  solution enables the colorimetric detection for  $H_2O_2$  owing to the decomposition of  $MnO_2$ . Simultaneously, the produced  $O_2$  quenches the luminescence of  $[Ru(dpp)_3]Cl_2$ , enabling the fluorescent detection of  $H_2O_2$ . This sensing system responds linearly and quickly in a wide  $H_2O_2$  concentration range of 0–200  $\mu$ M, and achieves a detection limit of 0.18  $\mu$ M and a relative standard deviation lower than 4.7%. The devised dual-readout sensor here could thereby be a reliable option to quantitatively detect  $H_2O_2$  in biological and environmental samples due to additional signal correction from each other, which validated its efficiency in on-site application.

# Conflicts of interest

There are no conflicts to declare.

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