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# Highly photoluminescent and temperature-sensitive P, N, B-co-doped carbon quantum dots and their highly sensitive recognition for curcumin†

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Water-soluble P, N, B-co-doped carbon quantum dots (PNBCDs) synthesized using a convenient hydrothermal method exhibit many excellent features, such as strong fluorescence, excitation-independent emission, high monodispersity, good stability, and excellent water solubility with a fluorescence quantum yield of 21.95%. The as-prepared PNBCDs possessed remarkable selectivity and sensitivity towards curcumin with the linear range of 0–1.5  $\mu\text{mol L}^{-1}$  and the detection limit for curcumin was 68  $\text{nmol L}^{-1}$  ( $3\sigma/k$ ). Additionally, the wonderfully reversible and repeatable sensitivity to external temperature makes it possible that the PNBCDs could be used as a biocompatible fluorescent ink and for thermo-sensitive devices.

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## 1. Introduction

As a biologically active constituent of turmeric,<sup>1</sup> curcumin exhibits diverse biological and pharmacological activities such as anti-inflammatory,<sup>2</sup> antibacterial,<sup>3</sup> hepatoprotective,<sup>4</sup> anti-carcinogenic,<sup>5</sup> antioxidant<sup>6,7</sup> and antidyspeptic<sup>8</sup> properties. As a result, curcumin has been widely applied in pharmacology for many years. However, it also has been reported that curcumin can induce a significant increase in the frequency of chromosomal aberrations in Chinese hamster ovary (CHO) cells,<sup>9–14</sup> which required that more attention should be paid to figure out the properties of that with a high-efficiency detection for curcumin as a precondition. Many detection methods, such as high-performance liquid chromatography,<sup>15</sup> voltammetry,<sup>16</sup> liquid–liquid microextraction<sup>17</sup> and electrochemical techniques<sup>18</sup> have been applied but usually require expensive equipment, intricate sample pretreatment or time-consuming operation. More highly-effective, economical and sensitive methods for curcumin detection are still in urgent demand.

In recent years, carbon dots (CDs) as a novel photoluminescent nanomaterial have received extensive attention. Comparing with traditional semiconductor-based quantum dots with toxic heavy metals, CDs demonstrated many remarkable characteristics, such as high photostability, low toxicity, good biocompatibility as well as easy synthesis and

functionalization,<sup>19</sup> that have been applied in catalysis, chemical sensor, optoelectronic devices, bioimaging, *etc.*<sup>20–28</sup> The doping of hetero atoms could modulate effectively band gap and electronic density of CDs as well as enhance the fluorescent quantum yield (QY) of CDs.<sup>29</sup> Moreover, heteroatom-doped CDs also have shown great promises in various types of applications including cell imaging,<sup>30</sup> fluorescent probe.<sup>31</sup> Literatures have reported successful N and B doping in the CDs. The N atom is electron abundant and could act as a donor. On the other hand, the B atom is electron deficient, which is a good feature for being an acceptor. Thus, significant charge transfer is anticipated in the doped CDs. Moreover, the boron–carbon bond is longer than that of a carbon–carbon bond due to one less electron in bonding orbitals, resulting in weaker binding. Thus, a certain extent of chemical disorder could be expected, and the introduction of B renders fascinating optical properties and has wider scope of applications.<sup>32</sup> It is also reported that the n-type donor of CDs can be realized *via* doping phosphorus, which contains lone pair electron, into the  $\text{sp}^3$ -bonded carbon structure.<sup>33</sup> Thus, we suppose that through simultaneously doping B, N and P, manipulation of electronic characteristics for CDs could be achieved.

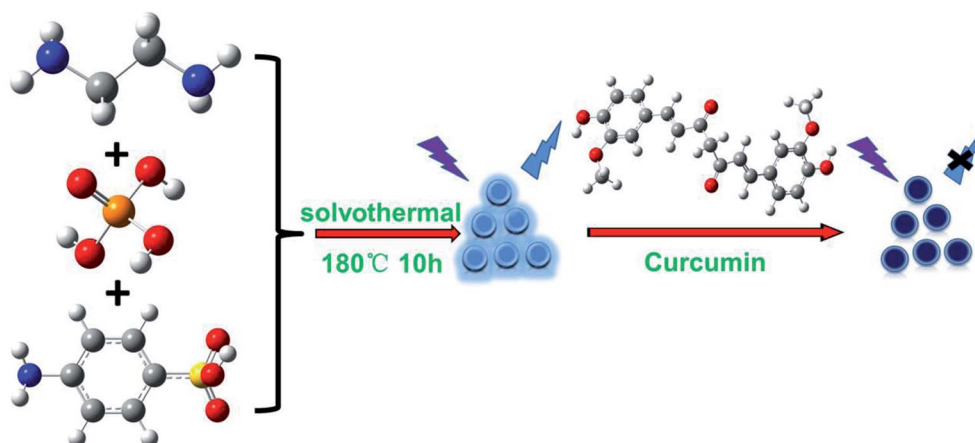
In our previous work, we reported a kind of N, P-co-doped CDs (PNCDs) with high fluorescent quantum yields of 25.47%, which could realize double detection of  $\text{Cr}(\text{vi})$  and dopamine (DA).<sup>34</sup> In this work, we further incorporating B atom into CDs to construct triple-doped CDs with tunable optical property for the first time, which was used as a fluorescent nanosensor for detecting curcumin. Unlike the previous carbon dots, we synthesized the N, P, B triple-doped carbon dots for the first time. Furthermore, compared to the previous few literatures on detection of curcumin, our carbon dots achieved ultra-high sensitivity to detection of curcumin (Scheme 1).

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Scheme 1 Diagrammatical explanation of fluorescence mechanism for curcumin based on IFE of PNBCDs.

## 2. Experimental section

### 2.1 Materials

Ethylenediamine (EDA), phosphoric acid ( $\text{H}_3\text{PO}_4$ ), curcumin ( $\text{C}_{21}\text{H}_{20}\text{O}_6$ ) and ascorbic acid (AA) were purchased from Aladdin Ltd. (Shanghai, China) and used without further purification. 4-Aminophenylboronic acid was obtained from Alfa Aesar (China) Chemical Co. Ltd and urea ( $\text{CH}_4\text{N}_2\text{O}$ ) procured from Sigma-Aldrich. All the other reagents were obtained from Sinopharm Chemical Reagent Co., Ltd (Shanghai, China). All the chemicals were of analytical grade. Ultrapure water was used throughout all experiments.

### 2.2 Synthesis of phosphorus/nitrogen/boron co-doped carbon quantum dots (PNBCDs)

The ethylenediamine (1 mL),  $\text{H}_3\text{PO}_4$  (1 mL) and 4-aminophenylboronic acid (0.2 g) were rapidly dissolved and mixed into 50 mL of ultrapure water in a 100 mL Teflon equipped stainless steel autoclave with vigorous stirring at room temperature to form a homogeneous solution for 30 min. After that, Teflon equipped stainless steel autoclave was placed in oven and heated at 180 °C for 10 h. After being cooled to room temperature, the products were purified using a 0.22  $\mu\text{m}$  filtration membrane to remove non-fluorescent deposits. The purification of the filtrate was dialyzed in dialysis bag with MWCO of 500 Da (Shanghai Baoman Biological technology Co., Ltd) for roughly 24 h to remove impurities. Finally, PNBCDs solution in medium brown were collected and lyophilized to obtain the dry PNBCDs product.

### 2.3 Characterization

The transmission electron microscopic (TEM) images were obtained on a JEOL JEM-2100F transmission electron microscopy (Tokyo, Japan). The X-ray photoelectron spectra (XPS) were recorded on a Kratos AXIS ULTRA DLD X-ray photoelectron spectrometer (Tokyo, Japan). The Fourier transform infrared spectra (FTIR) were acquired on a Bruker Tensor II FTIR spectrometer (Bremen, Germany). The UV-vis fluorescence spectra

of PNBCDs were performed on a Lambda 950 absorption spectrophotometer (PerkinElmer, Llantrisant, UK) and Hitachi F-4500 spectrofluorometer (Tokyo, Japan) which was coupled with a thermostatic bath to control the sample temperature with an accuracy of  $\pm 1$  °C (the temperature range investigated was from 25 °C to 60 °C), respectively. Nanosecond fluorescence lifetime assays were recorded by FLS 980 fluorescence spectrometer time-correlated single-photon counting (TCSPC) system (Edinburgh Instruments Ltd, England). The quantum yields (QYs) of the as-prepared carbon dots were examined using quinine sulfate in 0.1 M  $\text{H}_2\text{SO}_4$  (literature QYs: 54.6%) as the standard sample by comparing the integrated fluorescence intensities (excitation at 310 nm) and absorbance values at 310 nm of the carbon dots aqueous solutions with those of quinine sulfate, which was determined by FLS 980 spectrophotometer.<sup>35</sup>

### 2.4 Determination of curcumin with PNBCDs based fluorescent nanosensor

The concentration of PNBCDs in 0.01 M PBS buffer solution (pH 7.4) was 0.30  $\text{mg mL}^{-1}$ . The detection of curcumin was carried out in aqueous solution at room temperature when curcumin was dissolved in ethyl alcohol to form homogeneous solution and other metal ions and biological micromolecule stock solutions were prepared by dissolving appropriate amounts of metal salts in ultrapure water, respectively. Then different volume curcumin solutions were added into PNBCDs solution drop by drop and a series of calculated concentration (0, 0.2, 0.5, 0.7, 1, 1.5, 3, 5, 6, 7, 8, 9, 10, 12, 14, 16, 18, 20, 30, 40, 50, 60, 70, 80, 90, 100, 120  $\mu\text{M}$ ) were prepared. After solution mixed to equilibrium, the PL spectra were recorded ( $\lambda_{\text{ex}} = 311$  nm) when PL emission maintained stabilization. The relative fluorescence intensity  $(F_0 - F)/F_0$  versus curcumin concentration was used for calibration. Here,  $F_0$  and  $F$  are the fluorescence intensities of the PNBCDs in the absence and presence of curcumin, respectively. The selectivity of PNBCDs-based nanosensor for curcumin was assessed by adding other interferents containing ( $\text{Ca}^{2+}$ ,  $\text{Fe}^{3+}$ ,  $\text{Mg}^{2+}$ ,  $\text{Co}^{2+}$ ,  $\text{Cu}^{2+}$ ,  $\text{Ni}^{2+}$ ,  $\text{Ag}^+$ ,  $\text{Pb}^{2+}$ ,  $\text{Zn}^{2+}$ ,  $\text{Al}^{3+}$  and ascorbic acid,



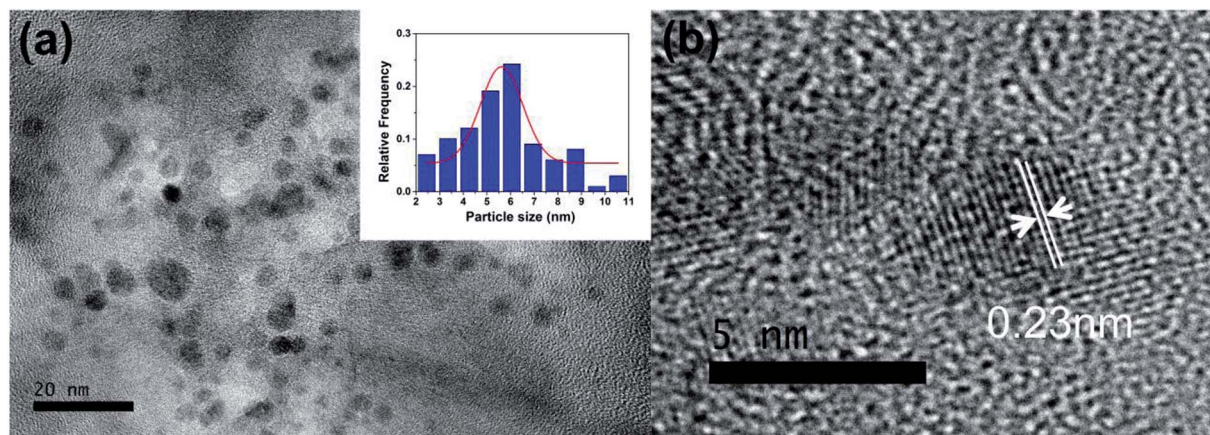


Fig. 1 (a) TEM image of PNBCDs; inset images are magnification of a single nanoparticle. (b) The particle size distribution histograms of PNBCDs.

glucose, glycine,  $\text{H}_2\text{O}_2$ , histidine, urea, vitamin B, vitamin D, ethylene glycol, arginine) instead of curcumin in a same way. The final concentration of all the metal ions and biological micromolecule were all 100  $\mu\text{M}$ .

### 3. Results and discussion

#### 3.1 Characterization of PNBCDs

Fig. 1a shows the TEM images of the as-made PNBCDs. The relatively monodisperse PNBCDs which are black spots in

Fig. 1a, are quasi-spherical with average diameter of 5.74 nm. Meanwhile, the high-resolution TEM (HRTEM) images (the inset images of Fig. 1b) show that PNBCDs sample possesses the crystalline structure with lattice spacing of 0.23 nm, which are very close to the (100) diffraction planes of graphite.<sup>36,37</sup> AFM image was displayed in Fig. S1a.† It can be seen that well-dispersed quantum dots were produced. The corresponding AFM image indicates that the PNBCDs are approximately 2.7 nm in diameter and quasi-spherical shape. The height

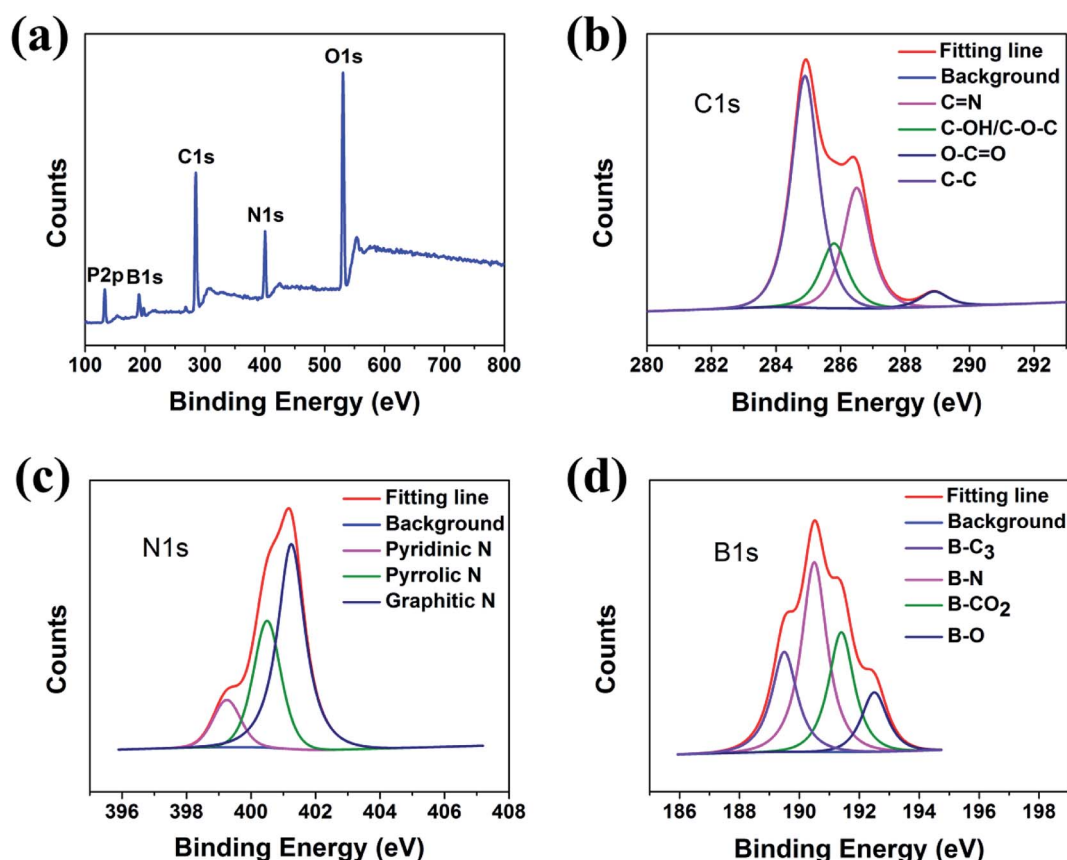


Fig. 2 (a) Full-scan XPS spectra of PNBCDs. High-resolution XPS spectra of C1s (b), N1s (c) and B1s (d) peaks for PNBCDs.



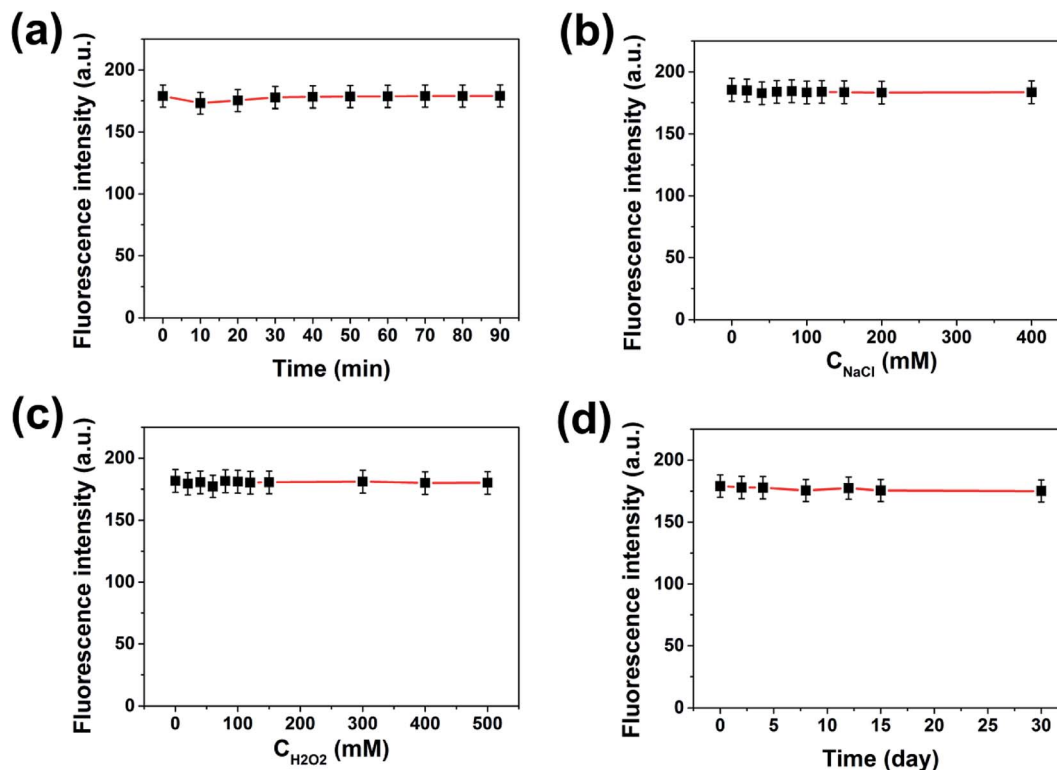


Fig. 3 (a) Effect of time intervals of irradiation with a UV lamp on fluorescence intensity of PNBCDs. (b) Effect of ionic strengths on the fluorescence intensity of PNBCDs (ionic strengths were controlled by various concentrations of NaCl in aqueous solution). (c) Effect of oxidant on the fluorescence intensity of PNBCDs. (d) Effects of storage time on the fluorescence intensity of the PNBCDs.

profile in Fig. S1b† shows that the mean typical topographic height of the PNBCDs is about 3.5 nm.

Chemical and structural information about the PNBCDs was further investigated from the FTIR spectra. Fig. S2† shows the FTIR spectrum of PNBCDs. Firstly, a strong and broad peak corresponding to a free O–H or N–H stretching vibration at  $3438\text{ cm}^{-1}$  for PNBCDs was observed, which originated in hydroxyl or amine groups on the surface.<sup>38,39</sup> Peaks at  $1569\text{ cm}^{-1}$ ,  $1659\text{ cm}^{-1}$  and  $2854\text{ cm}^{-1}$  displayed the existence of the C=N stretching vibrations, C=O or C=C stretching vibrations and C–H stretching vibrations, respectively.<sup>39,40</sup> Other characteristic peaks identified with phosphorus and oxygen-containing groups, such as P–OH bending ( $2495\text{--}2748\text{ cm}^{-1}$ ), hydrogen-bonded P=O ( $1141\text{ cm}^{-1}$ ) and P–O–C (aromatic) ( $1080\text{ cm}^{-1}$ ) were obtained.<sup>40–42</sup> The obvious absorption bands located at  $1204$  and  $1025\text{ cm}^{-1}$  could be in accord with the B–O–H bending vibration and the B–O–H deformation vibration, respectively.<sup>43</sup>

The XPS spectra showed that the PNBCDs samples both include mainly carbon, nitrogen, phosphorus, boron and oxygen (Fig. 2a), confirming introduction of N, P and B into the CDs. The C1s peak of PNBCDs-160 exhibited four predominant peaks at  $284.9\text{ eV}$ ,  $285.8\text{ eV}$ ,  $286.5\text{ eV}$ ,  $286.5\text{ eV}$  and  $289\text{ eV}$ , which are attributed to C=C/C–C, C–OH/C–O–C, C=N and O–C=O groups, respectively (Fig. 2b).<sup>44</sup> The N1s spectrum showed the characteristic peaks at  $399.2\text{ eV}$ ,  $400.4\text{ eV}$  and  $401.2\text{ eV}$  were associated with pyridinic, pyrrolic and graphitic N (Fig. 2c).<sup>45,46</sup>

The B1s spectrum of BNCDs in Fig. 2d displayed four distinct peaks at  $192.5\text{ eV}$ ,  $191.4\text{ eV}$ ,  $190.5\text{ eV}$ , and  $189.5\text{ eV}$  were assigned to B–O, B–CO<sub>2</sub>, B–N and B–C<sub>3</sub>, respectively.<sup>47,48</sup> The surface components of the PNBCDs characterized by XPS are in agreement with the FT-IR analysis, which convincingly suggest the successful synthesis of PNBCDs.

### 3.2 The stability of the as-prepared PNBCDs

When the carbon dots are used for practical sensing applications, good water solubility and fluorescence stability are quite necessary. XPS and FT-IR analysis have proved that the prepared PNBCDs were intrinsically water-soluble because of abundant oxygen-rich functional groups in the structures. To investigate the fluorescence stability, the influences of various conditions on the carbon dots were studied. As shown in Fig. 3a, their fluorescence intensities remained unchanged under UV irradiation for 90 min, indicating that the PNBCDs possessed excellent tolerance for photobleaching. Additionally, their fluorescence intensities did not change with increasing concentrations of NaCl in aqueous solution (up to 400 mM) in Fig. 3b, suggesting high stability of the PNBCDs even under the high ionic-strength conditions. For Fig. 3c, the antioxidant capacity of the PNBCDs was investigated by changing the concentration of H<sub>2</sub>O<sub>2</sub>, the results revealed that the as-made PNBCDs had very strong fluorescence intensity even if the concentration of H<sub>2</sub>O<sub>2</sub> was as high as 500 mM. Furthermore, there were also no fade significantly in color and fluorescence



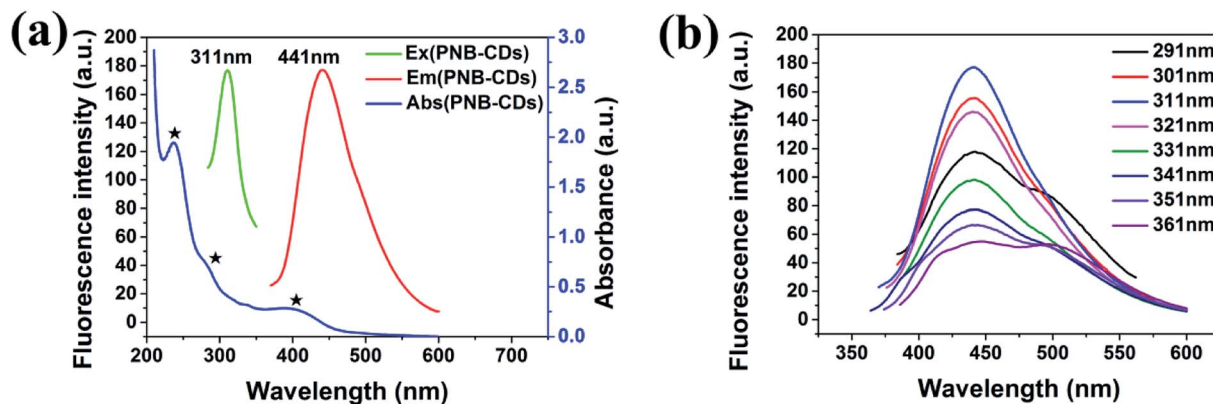


Fig. 4 (a) UV-vis absorption (blue line), PL excitation (green line) and emission (red line) spectra of PNBCDs in aqueous solution ( $0.30 \text{ mg mL}^{-1}$ ). (b) Excitation-dependent PL behavior of PNBCDs.

intensities for PNBCDs after 1 month storage at room temperature (Fig. 3d), showing their excellent photostability and chemical stability.

### 3.3 Optical properties of PNBCDs

To further explore the optical properties of PNBCDs, their optical properties were examined with their PL spectra and UV-Vis absorption spectra at room temperature. Fig. 4a-c revealed

the UV-Vis absorption spectra of PNBCDs and fluorescence emission spectra of PNBCDs. The UV/vis spectrum exhibited two absorption peaks centered at 237 and 283 nm, which were attributed to the  $\pi-\pi^*$  transition of the aromatic  $\text{sp}^2$  domains (Fig. 4a).<sup>49</sup> Simultaneously, the absorption peaks at 396 nm were probably ascribed to the  $n-\pi^*$  transition of the  $\text{C}=\text{O}/\text{C}=\text{N}$  groups on the surface of the PNBCDs.<sup>50</sup> In fluorescence spectra, the PNBCDs had maximal excitation and emission wavelengths at 311 nm and 441 nm. Moreover, the QYs of the as-prepared

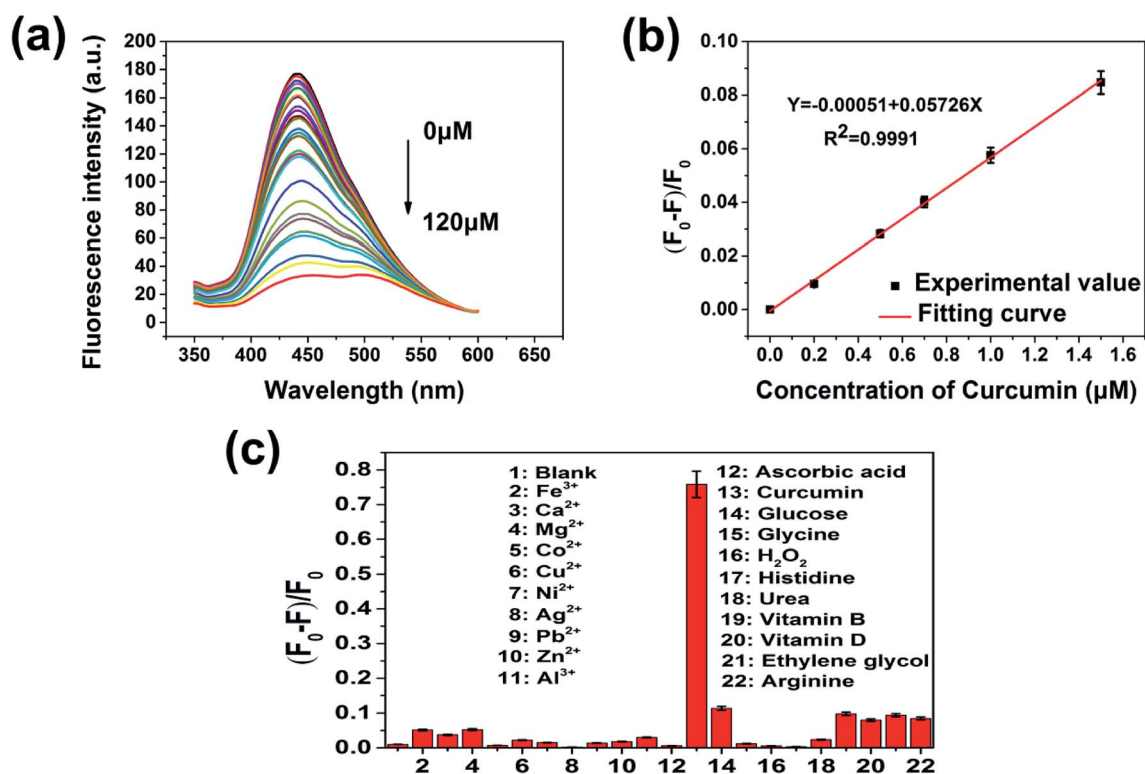


Fig. 5 (a) The fluorescence responses of the PNBCDs in PBS after the addition of different concentrations of curcumin (0, 0.2, 0.5, 0.7, 1, 1.5, 3, 5, 6, 7, 8, 9, 10, 12, 14, 16, 18, 20, 30, 40, 50, 60, 70, 80, 90, 100, 120  $\mu\text{mol L}^{-1}$ ). (b) Plot of the  $F_0 - F/F_0$  with the concentration of curcumin. (c)  $F_0 - F/F_0$  of the PNBCDs in PBS with 100  $\mu\text{M}$  different interfering substances.  $F$  and  $F_0$  correspond to the fluorescence intensities of the PNBCDs with and without 100  $\mu\text{M}$  of different interfering substances (the numbers 1 to 21 are corresponding to blank,  $\text{Ca}^{2+}$ ,  $\text{Fe}^{3+}$ ,  $\text{Mg}^{2+}$ ,  $\text{Co}^{2+}$ ,  $\text{Cu}^{2+}$ ,  $\text{Ni}^{2+}$ ,  $\text{Ag}^+$ ,  $\text{Pb}^{2+}$ ,  $\text{Zn}^{2+}$ ,  $\text{Al}^{3+}$  and ascorbic acid, curcumin, glucose, glycine,  $\text{H}_2\text{O}_2$ , histidine, urea, vitamin B, vitamin D, ethylene glycol, arginine).



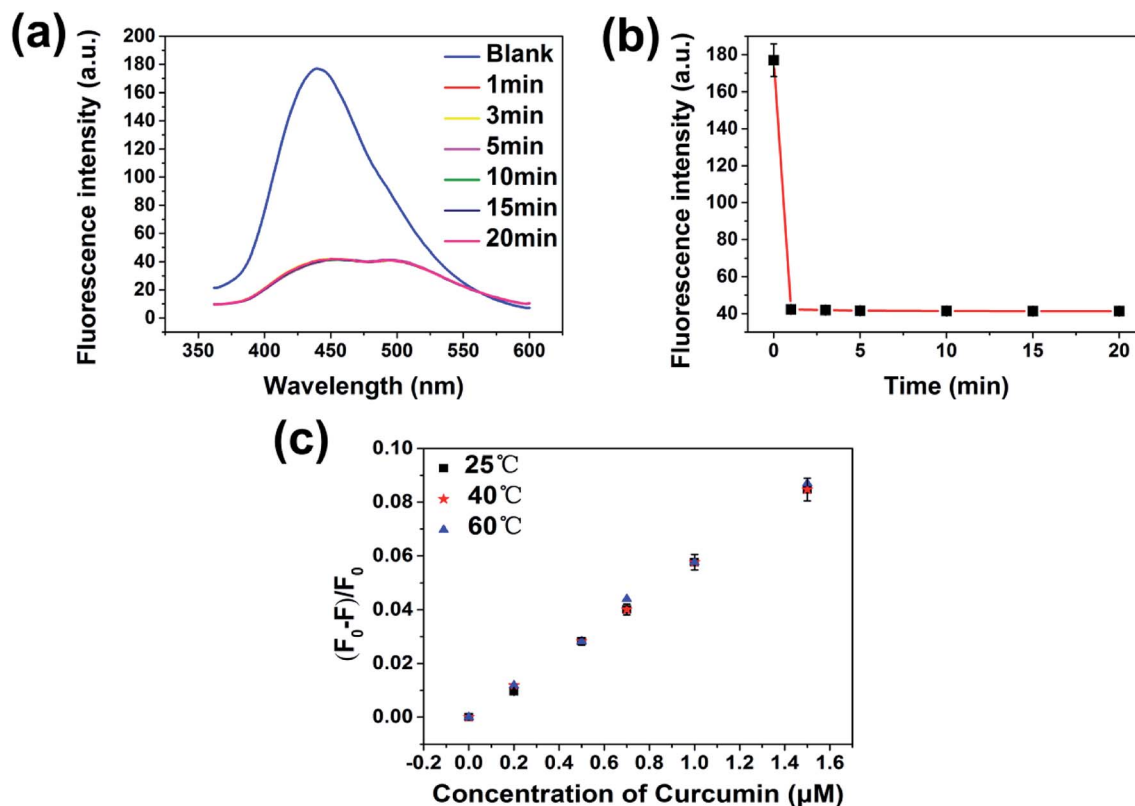


Fig. 6 (a and b) Fluorescence intensity of PNBCDs with curcumin ( $100 \mu\text{M}$ ) at different reaction time. (c) Stern–Volmer plots for the system of PNBCDs–curcumin under temperatures of 25, 40 and  $60^\circ\text{C}$ , respectively.

PNBCDs were calculated to be 21.95%.<sup>35</sup> Meanwhile, with the increasing excitation wavelength from 291 to 361 nm, the corresponding PL emission peaks kept unchanged for the PNBCDs, indicating that PL of PNBCDs was excitation-independent in Fig. 4b. This phenomenon may be due to the homogeneous distribution of same emissive trap sites, the high degree of consistency in particle size and small amount of multi fluorescence components in PNBCDs.

#### 3.4 Fluorescence response of PNBCDs towards curcumin

In view of the pH and ionic strength effect on the fluorescence response of PNBCDs towards curcumin, the pH and ionic strength influence on the PNBCDs responding to curcumin was investigated in Fig. S3.† As shown in Fig. S3a,† after addition of curcumin with concentration is  $20 \mu\text{mol L}^{-1}$ , quenching efficiency increased with pH increase and had a maximum value at pH 7, and then decreased as the pH increased above 7. Thus, the experiments that followed were set at pH 7.4. Additionally, in the same condition, quenching efficiency did not obviously change with increasing concentrations of NaCl in aqueous solution (up to 400 mM) in Fig. S3b,† suggesting high ionic-strength had barely effect on the response of PNBCDs to curcumin. To ensure the presented PNBCDs-based nanoprobe can be used for highly sensitive quantification of curcumin, the fluorescence responses were carried out with the PNBCDs in the PBS solution (pH = 7.4). A series of fluorescence emission

spectra were obtained upon the addition of curcumin ranging from  $0 \mu\text{M}$  to  $120 \mu\text{M}$ . Fig. 5a clearly illustrated that the fluorescence of PNBCDs solution decreased gradually with increase of curcumin concentration. There was an excellent linear relationship between the quenching efficiency ( $F_0 - F/F_0$ ) and the concentration of curcumin in the range from 0 to  $1.5 \mu\text{M}$  as shown in Fig. 5b with calibration equation as follows:  $F_0 - F/F_0 = -0.00051 + 0.05726[c]$  ( $R^2 = 0.9991$ ), where  $F_0$  and  $F$  are the fluorescence intensities of PNBCDs at  $\lambda_{\text{ex}}$  of 311 nm without and with curcumin, respectively. Meanwhile  $c$  ( $\text{mol L}^{-1}$ ) represents the concentration of curcumin. The limit of detection (LOD) was calculated to be 68 nM in a similar manner. ( $\text{LOD} = 3\sigma/S$ , where  $\sigma$  is represents standard deviation of the blank PNBCDs sample recorded ( $N = 10$ ) and  $S$  is the slope of the calibration curve). In order to evaluate the detection specificity of the proposed detection system, the selectivity of the PNBCDs toward curcumin was investigated in the PBS solution (pH = 7.4), to examine the interference of different metal ions and biological micromolecule. At the same concentration of  $100 \mu\text{M}$ , significant fluorescence quenching effect was observed with the addition of curcumin, whereas, other various metal ions and biological micromolecule ( $\text{Ca}^{2+}$ ,  $\text{Fe}^{3+}$ ,  $\text{Mg}^{2+}$ ,  $\text{Co}^{2+}$ ,  $\text{Cu}^{2+}$ ,  $\text{Ni}^{2+}$ ,  $\text{Ag}^+$ ,  $\text{Pb}^{2+}$ ,  $\text{Zn}^{2+}$ ,  $\text{Al}^{3+}$  and ascorbic acid, glucose, glycine,  $\text{H}_2\text{O}_2$ , histidine, urea, vitamin B, vitamin D, ethylene glycol, arginine) did not cause obvious fluorescence changes as shown in Fig. 5c. These results prove that this determination system displayed an outstanding selectivity toward curcumin sensing.



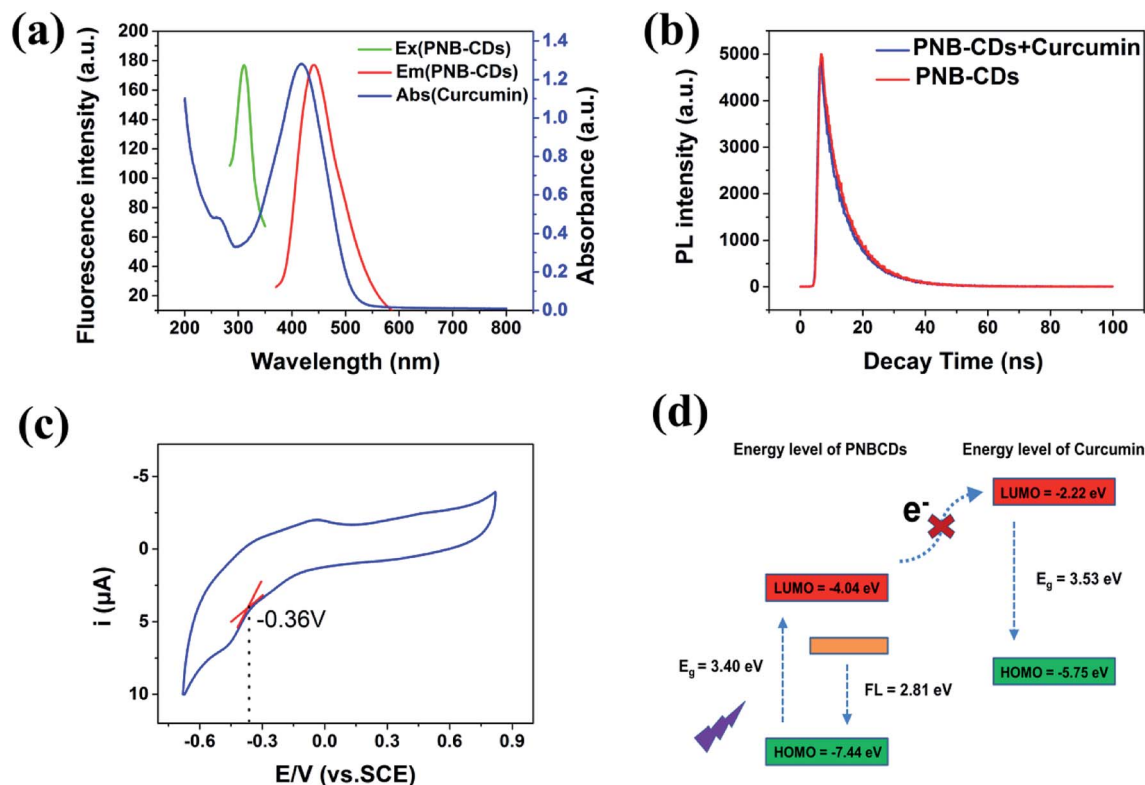


Fig. 7 (a) UV-vis absorption spectra of curcumin and the excitation and emission spectra of PNBCDs. (b) The time-correlated single-photon counting (TCSPC) of PNBCDs alone (red line), PNBCDs with curcumin (blue line). (c) The cyclic voltammogram of PNBCDs. (d) Energy levels of the LUMO and HOMO of PNBCDs and curcumin.

### 3.5 Mechanism of PNBCDs quenching

Kinetic studies show that the fluorescence quenching of curcumin is relatively fast; the fluorescence of the PNBCDs was almost completely quenched within 1 min after adding the curcumin into the system (Fig. 6). However, no time-dependent fluorescence changes were observed for the PNBCDs themselves in solution in the absence of curcumin, implying that the time-independent changes depicted in Fig. 6a and b originate from the curcumin-filtering fluorescence quenching of PNBCDs. In addition, the fluorescence intensity ratios at different temperatures were tested and are exhibited in Fig. 6c. As the reaction temperature increases, the fluorescence intensity ratios induced by different concentrations of curcumin almost keep unchanged, which further demonstrates the IFE-induced fluorescence quenching.

In order to figure out the PL quenching mechanism of PNBCDs against interfering substances, the possible mechanism was performed through a series of experiments. Usually, emission spectra of PNBCDs showed quite precise overlapping with the absorption band of curcumin so that curcumin could absorb the emission light of PNBCDs (Fig. 7a). The spectral overlapping suggested that the fluorescence change might be related to the energy transfer, IFE process, or electron transfer.<sup>51–53</sup> Both the decay curves fitted with third order exponential curve were shown in Fig. 7b. The calculated average lifetime of the PNBCDs in the absence and presence of 100 μM curcumin at

310 nm excitation is found to be all 8.21 ns. The almost no lifetime change of the PNBCDs indicated that there is no significant excited-state interaction between PNBCDs and curcumin (Fig. 7b), indicating that no energy transfer happened between PNBCDs and curcumin.<sup>54</sup> Also, curcumin is negatively charged, and electrostatic interaction could never take place between PNBCDs and curcumin. This can support our demonstration that the fluorescence sensing would be distinctly based on the IFE rather than other possible approaches.

To evaluate the Highest Occupied Molecular Orbital (HOMO) and Lowest Unoccupied Molecular Orbital (LUMO) energy levels of PNBCDs, cyclic voltammetry (CV) has been carried out by using a standard three electrode system, which was made up of glassy carbon as the working electrode, a Pt-wire counter electrode and an Ag/AgCl reference electrode. By using cyclic voltammetry with the potential sweeping between  $-1.5$  V and  $1.0$  V at a scan rate of  $0.1$  V  $s^{-1}$ , ECL signals of the PNBCDs ( $0.3$  mg  $mL^{-1}$ ) are recorded in DMF containing  $0.1$  M  $(Bu)_4NBF_4$  as the supporting electrolyte (Fig. 7c).

The HOMO and LUMO energy levels and the initial potentials for the oxidation ( $E_{Ox}$ ) and reduction ( $E_{Red}$ ) of BGQDs can be depicted by the empirical formula:<sup>55</sup>

$$E_{LOMO} = -e(E_{Red} + 4.4) \quad (1)$$

$$E_{HOMO} = -e(E_{Ox} + 4.4) \quad (2)$$



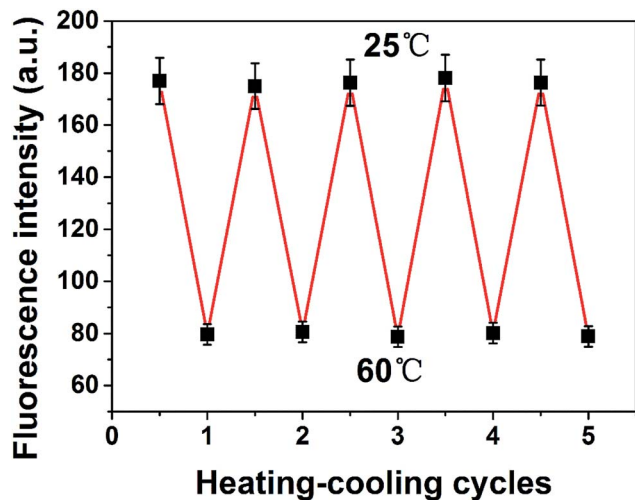


Fig. 8 PL intensity of the PNBCDs as a function of heating-cooling cycles between 25 and 60 °C.

Table 1 Analytical results for the detection of curcumin in mineral water and tap water

Sample	Spiked concentration ( $\mu\text{M}$ )	Total found ( $\mu\text{M}$ )	Recovery (%) $N = 3$	RSD (%) $N = 3$
Mineral water	0	Not found	—	—
	0.2	0.21	105	1.27
	0.5	0.52	104	1.73
	1	1.01	101	0.87
Tap water	0	Not found	—	—
	0.2	0.19	95	0.49
	0.5	0.51	102	0.96
	1	0.95	95	0.76

$$E_{\text{HOMO}} = E_{\text{LOMO}} - E_g \quad (3)$$

The  $E_{\text{Red}}$  was determined to be  $\sim 0.36$  V (vs. SCE) from the cyclic voltammogram of the BGQDs (Fig. 7c). The corresponding  $E_{\text{LOMO}}$  was calculated to be  $-4.04$  eV. The  $E_{\text{HOMO}}$  could not be estimated from eqn (2) due to the irreversible of the oxidation behaviour. However, the  $E_{\text{HOMO}}$  could be estimated using eqn (3). To determine the HOMO levels of PNBCDs, we combine  $E_{\text{Red}}$  with the optical energy band gap ( $E_g$ , resulting from the absorption edge in the absorption spectrum), which is estimated to be 3.4 eV. So the  $E_{\text{HOMO}}$  of PNBCDs is calculated to be  $-7.44$  eV. Meanwhile, the  $E_{\text{HOMO}}$  and  $E_{\text{LUMO}}$  of curcumin could be calculated as  $-5.75$  eV and  $-2.22$  eV obtained from DFT calculations. Obviously, as shown in Fig. 7d, it is impossible for the electron in the LUMO of the PNBCDs to transfer to the LUMO of the curcumin.

Moreover, the Stern-Volmer's model<sup>53</sup> was used to model the quenching kinetics of PNBCDs with curcumin.

$$F_0/F = 1 + K_{\text{sv}}[c] = 1 + K_q\tau_0[c] \quad (4)$$

Table 2 Comparison of the proposed and typical methods employed for curcumin detection

Materials	LOD ng mL <sup>-1</sup>	Linear range ng mL <sup>-1</sup>	Reference
N-doped carbon dots	44.80	0.74–5.18	57
N-doped carbon dots	44.80	0.0003–0.018	58
$\beta$ -Cyclodextrin	76.00	0–0.015	59
High-performance thin-layer chromatographic (HPTLC)	8000	0.05–0.3	60
P, N, B-co-doped carbon dots	25.01	0–0.006	This work

where  $F_0$  and  $F$  are the fluorescence intensities of the PNBCDs in the absence and in the presence of a quencher respectively.  $[c]$  is the concentration of the quencher,  $K_{\text{sv}}$  is the dynamic quenching constant, and in this work  $K_{\text{sv}} = 0.05726 \mu\text{M}^{-1}$  by taking the slope of the regression line in Fig. 5b according to the regression analysis above,  $K_q$  is the quenching rate constant and  $\tau_0$  is the fluorescence lifetime of CDs ( $\tau_0 = 8.21$  ns). The resulted  $K_q$  could be calculated as  $6.97 \times 10^{12} \text{ M}^{-1} \text{ s}^{-1}$ , revealing a static quenching rather than a dynamic quenching corresponding to that the rate constant of a dynamic quenching is usually less than  $1.0 \times 10^{10} \text{ M}^{-1} \text{ s}^{-1}$ , which convectively confirmed IFE mechanism.<sup>54</sup>

At the same time, considering the unshifted absorption band of curcumin in the presence of PNBCDs, no complex formation or energy transfer existed between PNBCDs and curcumin (Fig. S4†).<sup>56</sup> Consequently, IFE was the only possible dominated reason for the fluorescence quenching of PNBCDs induced by curcumin.

### 3.6 Construction of thermo-sensitive sensor based temperature-responsive reversibility and stable fluorescent ink

It is demonstrated that the reproducibility of PNBCDs fluorescence intensity corresponding to the temperature variation as shown in Fig. 8. After experiencing five cycles from heating (at 60 °C) to cooling (at 25 °C) cycles, PNBCDs show a temperature-dependent on-off PL property. Importantly, the intensity of PNBCDs can almost revert back to the original value. The good reversibility make PNBCDs present a bright future to be a thermo-sensitive sensor. This phenomenon is due to that with increased temperature, the movement of carbon dots in solution accelerated, increasing the probability of collision, which caused a plurality of carbon dots to agglomerate into large particles. Aggregation into large particles caused the fluorescence intensity to be quenched. Conversely, when the temperature was lowered to room temperature, the agglomerated large particles were dispersed into small carbon dots, so that the fluorescence intensity is restored. Moreover, application of PNBCDs as a fluorescent ink for display purposes was investigated in Fig. S5† and experimental result showed that PNBCDs ink is clear, permanent, pollution free, and easily washable.



Therefore, PNCDs ink might be an alternative and potential application for fluorescent pens.

### 3.7 Detection of curcumin in real samples

To deeply investigate the practicability, the sensing of curcumin in mineral water and tap water were performed. The real samples were spiked with curcumin at different concentration levels and then analyzed with the proposed method. As shown in Table 1, the recoveries for the selective detections of spiked curcumin in mineral water and tap water were in the ranges of 101% to 105% and 95% to 102%, respectively. Therefore, the proposed method with high sensitivity and selectivity can detect curcumin accurately in real samples.

Finally, we compared this work with the reported work for detecting curcumin as shown in Table 2. PNBCDs in our work showed excellent limit of detection (LOD) although linear range was less satisfying than that of others. But it is believed that excellent detection limit offers a good platform for an ultra-highly sensitive fluorescent probe for the quantitative determination of curcumin, which could broaden practical applications in detection of water and soil pollutants.

## 4. Conclusions

PNBCDs were successfully prepared in a one-step hydrothermal treatment of ethylenediamine,  $H_3PO_4$  and 4-aminophenylboronic acid. The prepared PNBCDs nanosensors possessing excellent optical and chemical properties were verified to be a highly sensitive and selective sensor for curcumin. Meanwhile, the PNBCDs show a reversible and repeatable sensitivity to external temperature, which display potential applications in thermo-sensitive devices.

## Conflicts of interest

There are no conflicts to declare.

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