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Tussah silkworm pupae improve anti-tumor properties of *Cordyceps militaris* (L.) Link by increasing the levels of major metabolite cordycepin[†]

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Silkworms have been reported to promote the growth and production of the stromata of *C. militaris* (L.) Link as a parasite insect medium and may improve its metabolites. The effects of Tussah silkworm pupae (TG group) and rice (RG group) on the metabolic profile of *C. militaris* (L.) Link were compared by metabolomics. Meanwhile, the profile of natural *C. sinensis* (NG group) was also analyzed. The functions of these metabolites from different groups and cordycepin were tested using breast cancer cells and an animal model. 292 metabolites were detected, including 51, 31 and 23 unique metabolites from the TG, RG and NG groups, respectively. The level of 3-deoxyadenosine (cordycepin with anti-tumor activity) was highest in the TG group. Tussah silkworm pupae induced the biosynthesis of cordycepin and unsaturated fatty acids, which may be beneficial in the prevention of breast cancer. The TG group and cordycepin had significant inhibitory activities on breast cancer cells and in animal models when compared with the two other groups. Tussah silkworm pupae improved the metabolic profile of *C. militaris* (L.) Link, which has more pharmaceutical metabolites than *C. sinensis*.

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1. Introduction

Cordyceps sinensis, a kind of traditional Chinese medicine, exerts many health-promoting properties. The phagocytic activities of the mononuclear phagocytes increase during bacterial infection. *C. sinensis* can improve phagocytic activities of the phagocytes by increasing the levels of interferon-gamma, interleukin (IL)-12, and tumor necrosis factor- α , but not IL-1 β , IL-6, or IL-8.¹ The extracts of *C. sinensis* had anti-metastatic activities by preventing the hepatocyte growth factor-mediated tumor invasiveness of melanoma cells.² *C. sinensis* could reduce carbon tetrachloride-induced liver inflammation and fibrosis by activating natural killer cells and reversing artisanal small-scale gold mining-1-mediated depletion of hepatic natural killer cells.³ *C. sinensis* has been reported to improve the health-related quality of life of the patients with asthma and inflammatory symptoms.⁴ A *C. sinensis* exopolysaccharide-conjugated selenium nanoparticles exerted high-antioxidant for O²⁻ and the radical cation 2,2'-azinobis-(3-ethylbenzothiazoline-6-sulfonate).⁵ *C. sinensis* can be used as raw materials of some functional foods to improve and regulate the sub-health status of

humans. Nevertheless, the production of the *C. sinensis* is still low and the species cannot be cultured in a large scale.

Cordyceps militaris (L.) Link, another *Cordyceps* species, has been widely cultured manually and also has numerous potential medicinal properties including antitumor activity.^{6,7} A mono-carbohydrate, xylitol, isolated from *C. militaris*, could induce apoptotic death of malignant melanoma but not in normal human fibroblasts, suggesting that *C. militaris* extract was a potential anti-tumor agent.⁷ Silkworm has been reported to promote the growth and production of stromata of *C. militaris* (L.) Link as parasite insect media.⁸ However, their metabolites have never been compared between *C. sinensis* and *C. militaris* (L.) Link. Thus, it is necessary to compare their metabolites to exploit the pharmaceutical values.

Metabolomics is an emerging and rapidly developed technology that can help us to comprehensively understand the metabolite profiles of the two species. Therefore, to obtain more information on metabolites, metabolome was used to compare the difference for the metabolite profiles of two species. Meanwhile, the effects of the different media Tussah silkworm pupae and rice on the metabolite profile of *C. militaris* (L.) Link was also investigated.

2. Materials and methods

2.1. Materials

C. militaris (L.) Link and *C. sinensis* was purchased from Dalian Qiyun Health pharmacy (Dalian, China). Tussah silkworm

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pupae was purchased from Guizhou Sericulture Institute (Zunyi, China). Rice was purchased from local supermarket (Dalian, China).

2.2. The culture of *C. militaris* (L.) Link

C. militaris (L.) Link was inoculated in a 10 mL liquid medium containing 0.3% potassium dihydrogen phosphate, 0.15% magnesium sulfate and 2% rice, at 25 °C for 7 d. One-mL of the seeding *C. militaris* (L.) Link were inoculated into sterilized rice medium (RG group, 100 g) at 18–22 °C with 12 h light daily and 90% humidity for 50 d. One-mL seeding species were inoculated into Tussah silkworm pupae (TG group, 100 g total) and cultured with above situation.

2.3. Preparation of *Cordyceps* extracts

The mycelium of *C. militaris* (L.) Link (about 40 g and 50 g biomass from rice and Tussah silkworm pupae, respectively) and natural *Cordyceps sinensis* (NG group, 50 g) were collected, frozen under liquid nitrogen, and ground with a pestle and a mortar. The powder was extracted with 400 mL, 500 mL and 500 mL 80% MeOH for 2 d under reflux, respectively. The collected extracts were centrifuged at 12 000g × 10 min and filtered with a 10 kDa cut-off filter (Millipore Corp., Bedford, MA, USA). Finally, all the extracts were concentrated to dry in a rotary evaporator at 50 °C.

One-milligram of purified cordycepin and standard, were mixed with 100 mg potassium bromide, ground finely, compressed, and then were scanned at wave number 4000–400 cm⁻¹. The IR spectra were compared between purified cordycepin and standard.

2.4. GC/MS-based metabolomic analyses

Thirty-mg samples were transferred to a 1.5 mL sterilized Eppendorf tube. 360 μL of cold methanol and 40 μL of 2-chloro-L-phenylalanine (0.3 mg mL⁻¹) were added to the tube, and stored at –80 °C for 2 min. The mixtures were ultrasonicated at 25 °C for half an hour. 200 μL of chloroform was added to the samples, and the mixtures were vortexed, and 400 μL water was added. Samples were centrifuged at 12 000g, 4 °C for 10 min. 500 μL of supernatant was dried in a glass vial in a freeze concentration centrifugal dryer (Chennai L&T Corporate, Tamil Nadu, India). 80 μL of 15 mg mL⁻¹ methoxylamine hydrochloride in pyridine was subsequently added. The resultant mixture was vortexed vigorously for 2 min and incubated at 37 °C for 90 min. 80 μL of BSTFA (with 1% TMCS) and 20 μL *n*-hexane was added into the mixture, which was vortexed vigorously for 2 min and then evaporated at 70 °C for 60 min. The samples were placed at 25 °C for 30 min before GC-MS analysis. The dried samples were analyzed on an Agilent 7890B gas chromatography system coupled to an Agilent 5977A MSD system (Agilent, CA, USA). A DB-5MS fused-silica capillary column (30 m × 0.25 mm × 0.25 μm, Agilent J & W Scientific, Folsom, CA, USA) was utilized to separate the derivatives. Helium (>99.999%) was used as the carrier gas at a constant flow rate of 1 mL min⁻¹ through the column. The injector temperature was maintained at 260 °C. Injection volume was 1 μL by split mode (split ratio

4 : 1). The initial oven temperature was 60 °C, ramped to 125 °C at a rate of 8 °C min, to 210 °C at a rate of 4 °C min, to 270 °C at a rate of 5 °C min, to 305 °C at a rate of 10 °C min, and finally held at 305 °C for 3 min. The temperature of MS quadrupole, and ion source (electron impact) was set at 150 and 230 °C, respectively. The collision energy was 70 eV. Mass data was acquired in a full-scan mode (*m/z* 50–450), and the solvent delay time was set to 5 min. The QCs were injected at regular intervals (every 6 samples) throughout the analytical run to provide a set of data from which repeatability can be assessed.

2.5. Fatty acid analysis

Fatty acid is one of the important active ingredients in *C. sinensis*.⁹ The fatty acids were analyzed in three groups. Above samples were placed in 15 mL centrifuge tube, and following chemicals were added, including 2 mL of 5% hydrochloric acid and methanol (1 : 1, v/v), 3 mL chloroform-methanol, and methyl decanoate (internal standard solution, 10 μg mL⁻¹) 100 μL. The mixture was incubated in a water bath at 85 °C for 1 h. One-mL *n*-hexane was added and shaken for 2 min. The final solution was filtered through 0.45 μm microporous membrane and stored at 4 °C. The GC-MS method was established to simultaneously determine the tetradecanoic acid (C14.0), pentadecanoic acid (C15.0), palmitic acid (C16.0), palmitoleic acid (C16.1), heptadecanoic acid (C17.0), heptadecenoic acid (C17.1), octadecanoic acid (C18.0), methyl oleate (C18.1N9C), linoleic acid (C18.2N6C), arachidic acid (C20.0), arachidonic acid (C20.1), arachidonic acid (C20.2), eicosatrienoic acid (C20.3N6), twenty-one carbonic acid (C21.0), behenic acid (C22.0), twenty-three carbonic acid (C23.0), and wood taric acid (C24.0). The contents of fatty acids were compared among three groups. Mixed fatty acid methyl ester (batch number: CDAA-251019M, purity: >99%) and methyl decanoate (batch number: S2257B21589, purity: >99%) were purchased from Nu-Chek Company (Elysian, MN, USA).

The following chromatographic condition was used: a Thermo Scientific TG-5MS capillary column (30 m × 0.25 mm × 0.25 μm); carrier gas, nitrogen; flow rate, 1.2 mL min⁻¹; inlet temperature, 290 °C; splitless injection; valve opening time, 1 min; injection volume, 1 μL. The standards were precisely weighed, placed in a 10 mL volumetric flask, and diluted with *n*-hexane to prepare a series of mixed reference solutions with fatty acid methyl ester concentrations of 10, 50, 100, 300, and 500 μg mL⁻¹, respectively. One μL of above mixed control solutions was measured according to the above conditions. Linear regression was performed with the fatty acid methyl ester mass concentration (*x*, μg mL⁻¹) as the abscissa and the ion signal relative intensity (*y*) as the ordinate. The regression equation and linear range were shown in Table 1. The limit of quantitation was obtained when the signal-to-noise ratio was 10 : 1, the detection limit was obtained when the signal-to-noise ratio was 3 : 1.

The following mass spectrometry situation was performed: electrospray ionization source; ion source temperature/transmission line temperature, 280 °C; column temperature, initial temperature 80 °C, programmed temperature 80 °C for



Table 1 Regression equations, linear ranges, limits of quantification and limits of detection in fatty acid analysis

Fatty acid	Regression equation	r	Linear range, $\mu\text{g mL}^{-1}$	Limit of quantitation, ng mL^{-1}	Limit of detection, g mL^{-1}
C14.0	$y = 0.082x + 0.521$	0.9998	1.420–44.530	64.29	19.34
C15.0	$y = 0.187x + 0.226$	0.9997	2.591–93.721	73.92	22.28
C16.0	$y = 0.169x + 1.453$	0.9982	3.146–85.852	33.96	10.29
C16.1	$y = 0.122x + 0.444$	0.9987	1.664–62.444	80.21	24.06
C17.0	$y = 0.129x + 0.483$	0.9995	1.773–64.983	87.98	26.39
C17.1	$y = 0.136x + 0.421$	0.9997	1.781–68.421	76.73	29.42
C18.0	$y = 0.110x + 0.606$	0.9998	1.706–55.606	84.03	25.21
C18.1N9C	$y = 0.095x + 0.489$	0.9996	1.439–47.984	41.67	12.50
C18.2N6C	$y = 0.133x + 0.408$	0.9996	1.738–66.909	99.67	29.90
C20.0	$y = 0.188x + 0.206$	0.9995	2.086–94.208	122.45	36.73
C20.1	$y = 0.089x + 0.467$	0.9994	1.356–44.966	118.11	35.43
C20.2	$y = 0.113x + 0.315$	0.9997	1.444–56.814	129.87	38.96
C20.3N6	$y = 0.104x + 0.336$	0.9998	1.375–52.335	108.69	32.61
C21.0	$y = 0.120x + 0.372$	0.9995	1.512–60.312	154.64	46.39
C22.0	$y = 0.119x + 0.260$	0.9993	1.450–59.760	211.27	63.38
C23.0	$y = 0.117x + 0.267$	0.9995	1.427–53.757	343.23	103.00
C24.0	$y = 0.116x + 0.109$	0.9993	1.269–56.109	626.67	205.00

1 min, at a rate of $10\text{ }^{\circ}\text{C min}^{-1}$ to $200\text{ }^{\circ}\text{C}$; increasing to $250\text{ }^{\circ}\text{C}$ at $5\text{ }^{\circ}\text{C min}^{-1}$; ramping to $270\text{ }^{\circ}\text{C}$ at $2\text{ }^{\circ}\text{C min}^{-1}$ for 3 min; ionization voltage, 70 eV; solvent delay time, 5 min and scan mass range, m/z 30–400.

2.6. Screening for different metabolites

The multi-dimensional analysis and single-dimensional analysis were used to screen the differential metabolites between groups. The screening standard was VIP value > 1 of a consensus orthogonal partial least squares discriminant analysis (OPLS-DA) model.¹⁰ The difference for the changes of metabolites was compared in the fold change (FC) between two groups. The fold change was the ratio of the average content of the difference metabolites in both groups. FC > 1 was up-regulation, and FC < 1 was down-regulation.

2.7. Heat-map analysis

In order to show the difference of the up-regulation and down-regulation of metabolites, the heat-map quantitative analysis of the shared metabolites was performed among three groups. R language (version 3.1.1) was used to draw the cluster heat map.

2.8. Network analysis

A string database, which is a functionally relevant database that searches for systems of known and predicted molecule interactions,¹¹ was used to perform network analysis uses. This interaction includes both direct and indirect physical interactions between molecules. The network figure was drawn by combining top ten paths of the KEGG (Kyoto encyclopedia of genes and genomes) databases and tools.¹²

2.9. Anti-breast-tumor test

This study was performed in strict accordance with the NIH guidelines for the care and use of laboratory animals (NIH Publication no. 85-23 Rev. 1985) and was approved by the

Institutional Animal Care and Use Committee of Liaoning Academy of Agricultural Science (Shenyang, China). Human breast cancer cell lines (MCF-7) were stored in our lab; 3 week BALB/c mice (16–18 g) were purchased from Dalian Medical University Experimental Animal Center (Dalian, China). RPMI1640 medium was purchased from GIBCO Company (NY, USA). Fetal bovine serum was purchased from Lanzhou Minhai Biological Engineering Co., Ltd (Lanzhou, China). Human breast cancer cells (MCF-7) were removed from liquid nitrogen at $-196\text{ }^{\circ}\text{C}$, routinely resuscitated, and cultured in RPMI-1640 medium (pH 7.2–7.4) supplemented with 10% fetal bovine serum at $37\text{ }^{\circ}\text{C}$, 5% CO_2 incubator. The cells were grown for 3 days and then sub-cultured. MCF-7 cells were treated with different components and cordycepin for further 72 hour culture. The cells divided into 6 groups: control group, $20\text{ }\mu\text{L L}^{-1}$ normal saline (CG group); 200 mg L^{-1} extracts of natural *Cordyceps sinensis* (NG group); 200 mg L^{-1} extracts of *Cordyceps militaris* (L.) Link cultured on rice (RG group); 200 mg L^{-1} extracts of *Cordyceps militaris* (L.) Link cultured on Tussah silkworm pupae (TG group); 30 mg L^{-1} cordycepin (LG group); and 90 mg L^{-1} cordycepin (kg d^{-1}) (HG group). Morphological changes of cells were observed under an inverted microscope (Olympus, Japan). The ultrastructural changes of cells were observed under transmission electron microscope JEM-1010 (JEOL, Japan).

Under sterile conditions, sarcoma-180 ascites tumor-bearing mice were inoculated for 10 days to disinfect the abdominal skin of the animal. Five-mL disposable sterile syringe was used to penetrate the abdominal cavity to absorb the tumor cells. In ascites, the ascites was placed in a sterile Erlenmeyer flask, placed on an ice box, and the ascites was diluted with physiological saline to adjust the tumor cell concentration to $1 \times 10^7\text{ mL}^{-1}$.

0.2 mL tumor cell suspension was inoculated subcutaneously into the right forelimb axilla of BALB/c mouse (the number of tumor cells was about $2 \times 10^6\text{ mL}^{-1}$). The



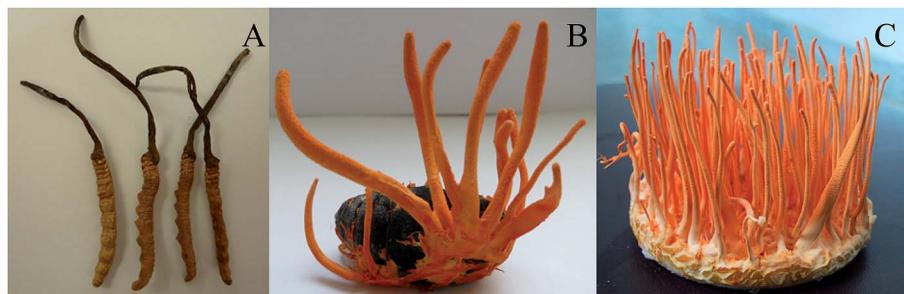


Fig. 1 The comparison of the mycelial morphology between *C. militaris* (L.) Link and *C. sinensis*. (A) *Cordyceps militaris* (L.) Link cultured on Tussah silkworm pupae. (B) *Cordyceps militaris* (L.) Link cultured on rice. (C) *Cordyceps sinensis*.

experiment was divided into 6 groups, 10 mice in each group, and the number of male and female was equal. Tumor-bearing mice control group, 20 μL (kg d^{-1}) normal saline (CG group); 200 mg (kg d^{-1}) extracts of natural *Cordyceps sinensis* (NG group); 200 mg (kg d^{-1}) extracts of *Cordyceps militaris* (L.) Link cultured on rice (RG group); 200 mg (kg d^{-1}) extracts of *Cordyceps militaris* (L.) Link cultured on Tussah silkworm pupae (TG group); the extract of low-dose cordycepin 30 mg (kg d^{-1}) (LG group); and high-dose cordycepin 90 mg (kg d^{-1}) (HG group). Feeding regular feed and free drinking water during the experimental period, the tumor recombination was calculated for 10 days, and the mice were sacrificed the next day, and the tumor was weighed.

2.10. MTT assay

MTT assay was performed to determine the effect of cordycepin on the growth of MCF-7 cells according to a previous report.¹³ MCF-7 cells were treated with different concentration of

cordycepin. The cells were then seeded in a 96-well plate and further cultivated for 3 d before MTT assay.

2.11. Statistical methods

Data were expressed as mean values \pm S.D. All data were analyzed by variance analysis *via* SPSS 20 software, and $P < 0.05$ was considered significant.

3. Results

3.1. The comparison of the mycelial morphology between *C. militaris* (L.) Link and *C. sinensis*

C. sinensis and *C. militaris* belong to ascomycete of the Ascomycetes subfamily, but they are not a same genus. For TG group, carcass was oval with 1.5–2 cm long and 5–10 mm wide and the color was purplish purple; the mycelial was 4–12 cm in length, and 2–4 mm in width and the color was orange (Fig. 1A). For RG group, mycelial 2–8 cm long, and 1–2 mm wide color, and the color was orange (Fig. 1B). For the NG group, the worm

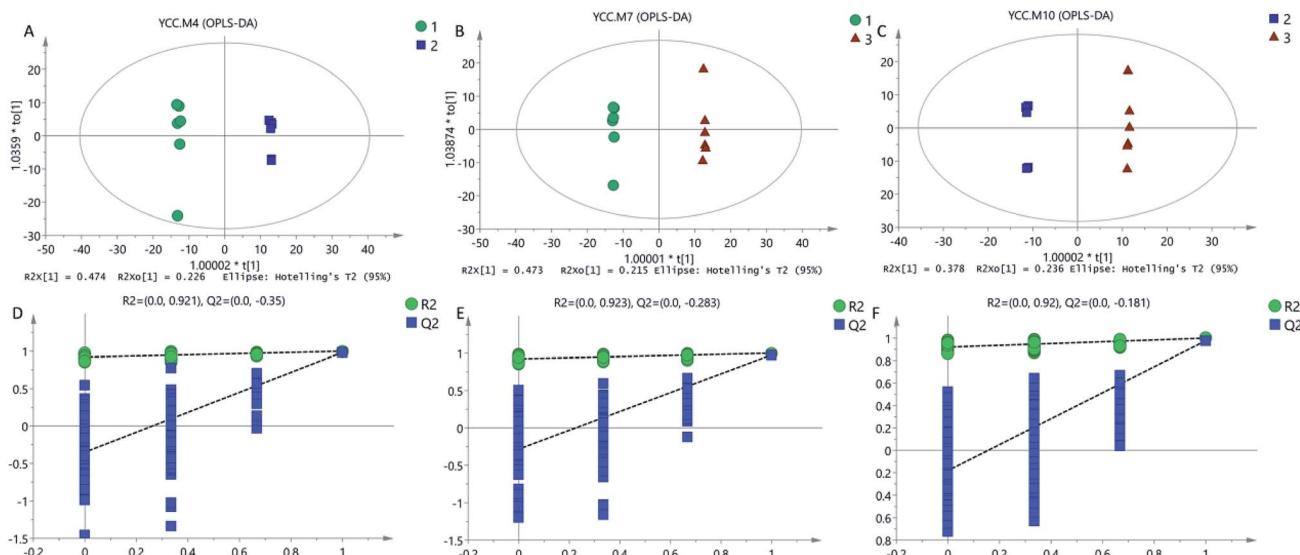


Fig. 2 OPLS-DA score plots and model validation among different groups. (A) OPLS-DA score plots of TG and RG. (B) OPLS-DA score plots of TG and NG. (C) OPLS-DA score plots of RG and NG. (D) OPLS-DA model validation of TG and RG. (E) OPLS-DA model validation of TG and NG. (F) OPLS-DA model validation of RG and NG. TG, *Cordyceps militaris* (L.) Link cultured on Tussah silkworm pupae. RG, *C. militaris* (L.) Link cultured on rice. NG, *C. sinensis*.



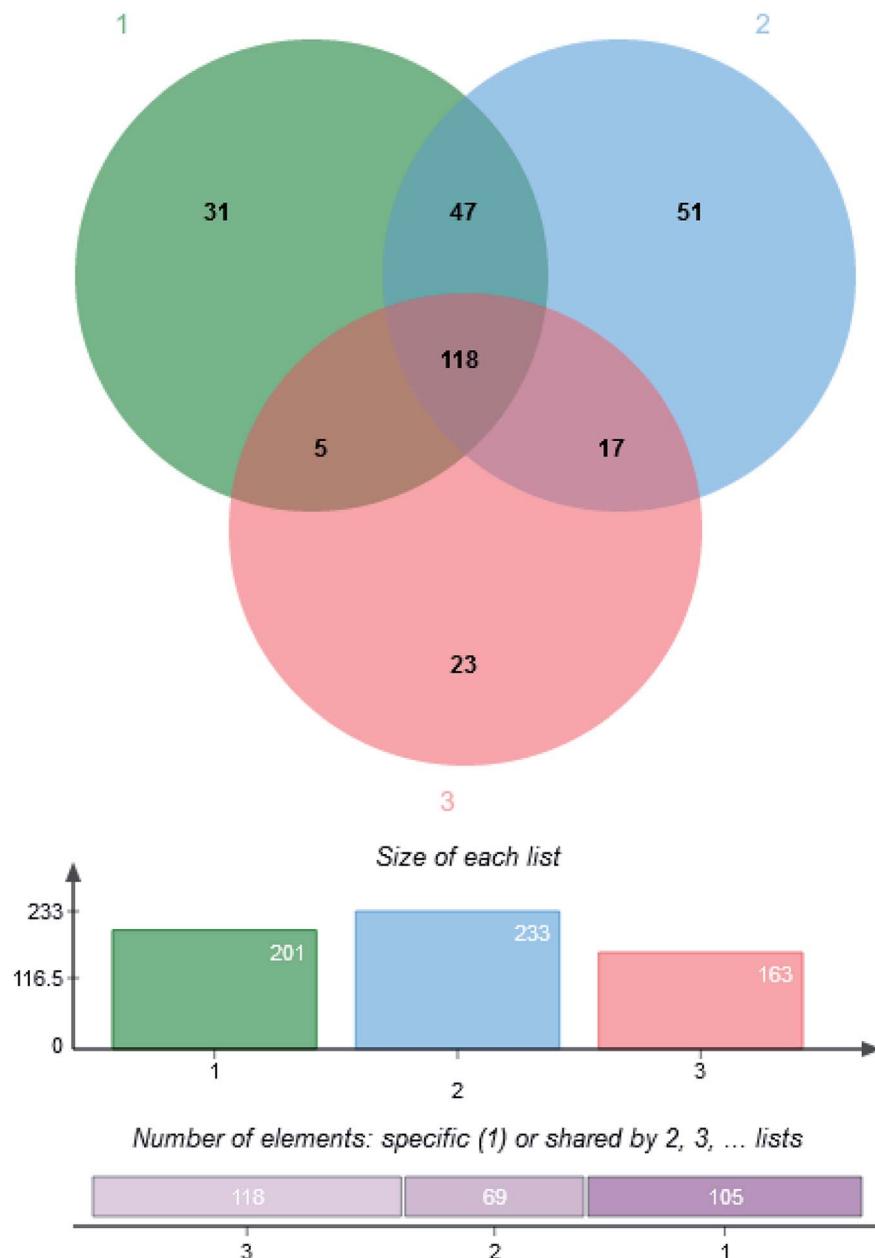


Fig. 3 Venn diagram of metabolite distribution among three groups. (1) *Cordyceps militaris* (L.) Link cultured on rice. (2) *Cordyceps militaris* (L.) Link cultured on Tussah silkworm pupae. (3) *Cordyceps sinensis*.

was 3–5 cm long and 3–10 mm wide, and the color was brownish-yellow; *C. sinensis* grew from the head of the worm, and the color was brown or tan. The mycelium was 4–10 cm long and 1.54 mm thick.

3.2. The comparison of metabolite constituents among different groups

A multivariate analysis method was performed to discriminate the ions that contributed to the classification of different samples. OPLS-DA was employed for classification analyses and there was significant variation for *Cordyceps militaris* (L.) Link cultured on between Tussah silkworm pupae and rice (Fig. 2A), between *C. militaris* (L.) Link cultured on Tussah silkworm

pupae and *C. sinensis* (Fig. 2B), and between *C. militaris* (L.) Link cultured on rice and *C. sinensis* (Fig. 2C). In the validated model, the slope coefficient of R^2 (0.0, 0.921) and Q^2 (0.0, -0.350) (Fig. 2D), R^2 (0.0, 0.923) and Q^2 (0.0, 0.283) (Fig. 2E), and R^2 (0.0, 0.920) and Q^2 (0.0, -0.181) (Fig. 2F), indicated that the established model was fit for analysis of different metabolite constituents among different groups.

3.3. *C. militaris* (L.) Link has more metabolites than *C. sinensis*

GC-MS data were extracted by using XCMS online metabolomics and the metabolites were matched. 292 kinds of metabolites were detected in the mycelium of *C. militaris* (L.) Link and *C.*



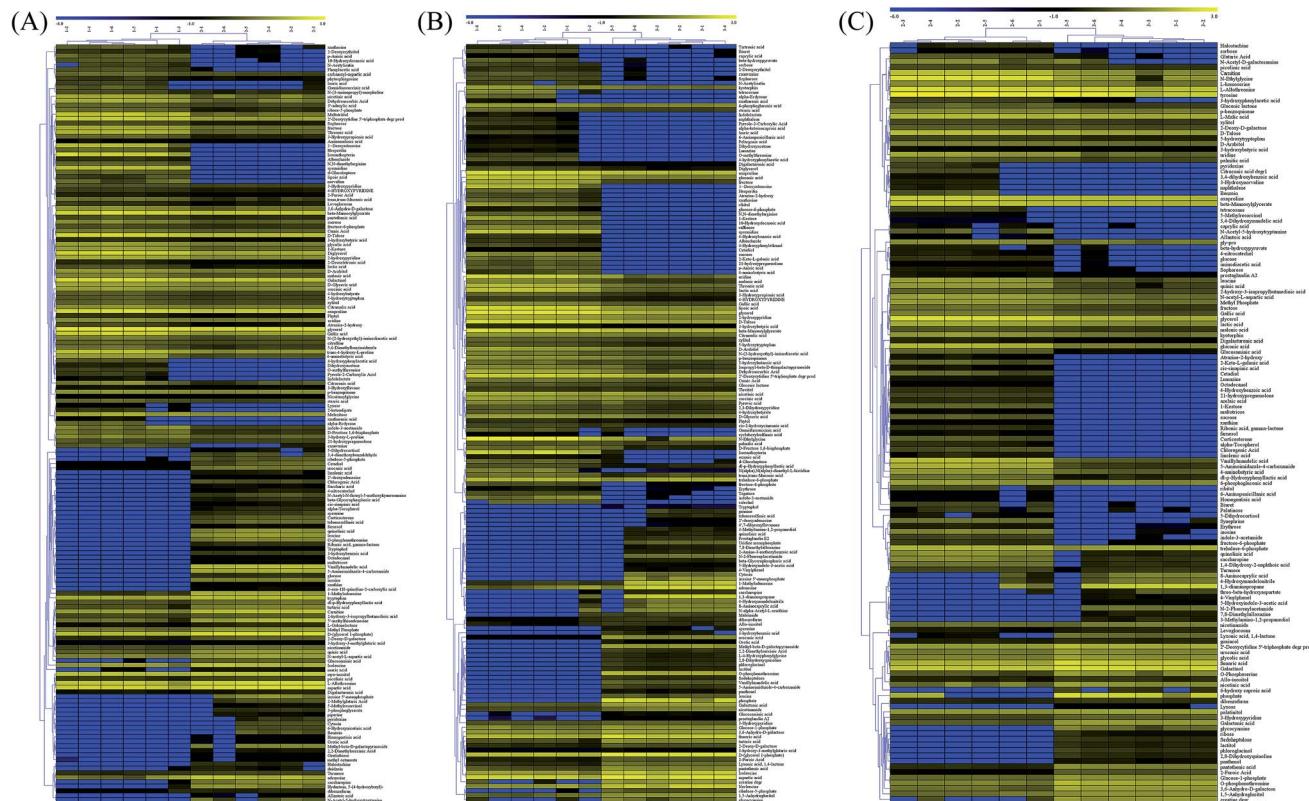


Fig. 4 Heatmap analysis of metabolite changes among three groups. (A) The comparison between TG and RG groups. (B) The comparison between TG and NG groups. (C) The comparison between RG and NG groups. Row-by-row represented metabolites and column represented the samples from different groups. The left-hand tree represents the relationship of between metabolites. The data were the average values of the difference metabolites in individual group, and the data were Z-score scaled. TG, *Cordyceps militaris* (L.) Link cultured on Tussah silkworm pupae. RG, *Cordyceps militaris* (L.) Link cultured on rice. NG, *Cordyceps sinensis*.

sinensis, including 118 metabolites (8 alcohols, 47 acids, 3 alkanes, 15 sugar, 7 esters, 2 ketones, 14 amino acids, 2 amines, 3 adenosines and 17 other substances) shared by three groups, and 51, 31 and 23 unique metabolites from TG, CG and NG groups, respectively (Fig. 3).

3.4. Analysis of metabolite profiles among the three groups

Among the detected metabolites, there were 90 upregulated and 79 downregulated metabolites in the TG group when compared with the RG group (Fig. 4A). There were 102 upregulated and 66 downregulated metabolites in the TG group when compared with the NG group (Fig. 4B). There were 97 upregulated and 42 downregulated metabolites in the RG group when compared with the NG group (Fig. 4C). 3-Deoxyadenosine was produced at the highest level in TG group and has been reported to inhibit tumor proliferation and induces tumor apoptosis¹⁴. KEGG analysis showed that there were 48, 6 and 9 unique metabolite pathways in TG, RG and NG groups, respectively. Among these pathways, the pathway involving with insulin secretion and biosynthesis of unsaturated fatty acids were induced in TG when compared with other two groups (Table S1†). Metabolome revealed that Tussah silkworm pupae improved the metabolic profile *C. militaris* (L.) Link when compared those cultured on rice medium (Fig. 4). *C. militaris* (L.) Link had more metabolites

than *C. sinensis*. Additionally, some potential pharmaceutical products such as 3-deoxyadenosine, hesperitin, 3-hydroxyflavone and glycerol were up-regulated in the TG group, carnitine and alpha-tocopherol were up-regulated in the RG group, and gentiobiose and tartaric acid were upregulated in the NG group.

3.5. Metabolic network analysis

The comparison between TG and RG indicated that the metabolites pathways involving with sucrose, spermidine, glycerone, xanthosine, ribitol and naphthalene were induced (Fig. 5A). The comparison between TG and NG indicated that the metabolites pathways involving with sucrose, spermidine, xanthine, maltotriose, alpha-tocopherol, orthophosphate, 3,4-dihydroxymandelate, 3,4-dihydroxybenzoate, pyridoxine, *N*-acetylserotonin and naphthalene were induced (Fig. 5B). The comparison between RG and NG indicated that the metabolites pathways involving with spermidine and lipoate were induced (Fig. 5C).

3.6. Tussah silkworm pupae increased the contents of unsaturated fatty acids in *C. militaris* (L.) Link

Table 2 showed that there were 16 kinds of fatty acids were shared among three groups. The content of oleic acid

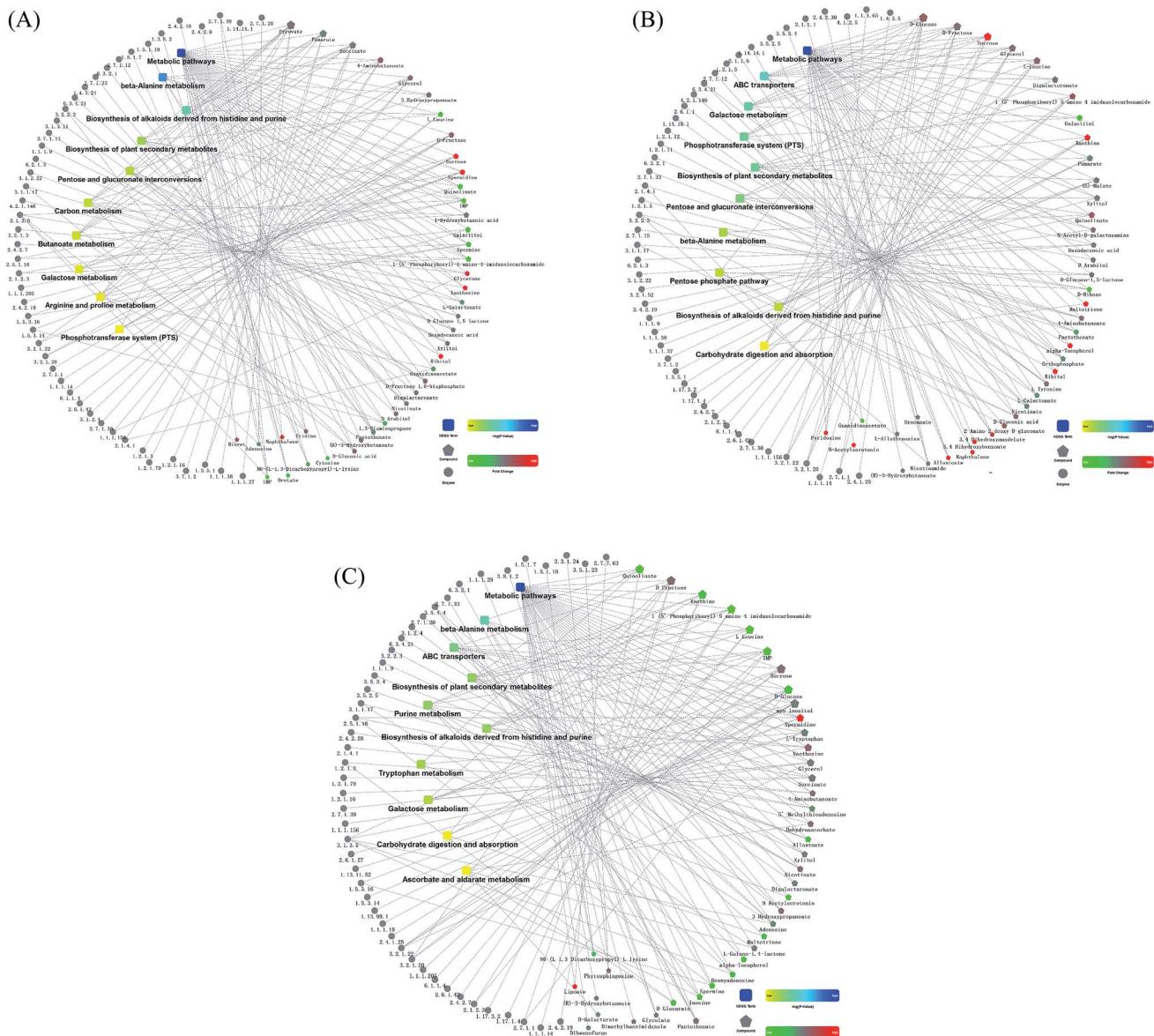


Fig. 5 Comparison analysis of metabolic network among three groups. The dotted line has been reported relevant verification. The KEGG pathway represented the molecular interaction of enzyme (with EC number) and compound. Red represented up-regulation, green represented down-regulation, yellow and blue represented significant changes from low to high. (A) The comparison between TG and RG groups. (B) The comparison between RG and NG groups. (C) The comparison between TG and NG groups. TG, *Cordyceps militaris* (L.) Link cultured on Tussah silkworm pupae. RG, *Cordyceps militaris* (L.) Link cultured on rice. NG, *Cordyceps sinensis*.

(C18.1N9C) was highest, followed by linoleic acid (C18.2N6C). Relative contents of unsaturated fatty acid were highest in TG (almost 80% of fatty acids), middle in RG (55% of fatty acids) and lowest in NG (49% of fatty acids). The results suggested that Tussah silkworm pupae improved the contents of unsaturated fatty acids of *C. militaris* (L.) Link when compared with the RG group.

3.7. Cordycepin identification

The contents of cordycepin reached 1863 mg kg^{-1} and 105 mg g^{-1} of the extracts of *C. militaris* (L.) Link cultured on Tussah silkworm pupae. The cordycepin sample purified by this process was 92.6% pure compared to the cordycepin standard (Fig. 6A and B). The cordycepin standard and the purified sample were scanned in the

infrared spectrum of $4000\text{--}400 \text{ cm}^{-1}$ respectively. The spectral characteristics of the infrared spectrum of the cordycepin standard and the purified sample were consistent, and the characteristic spectra were the same (Fig. 6C and D).

3.8. Anti-breast-tumor activity

MCF-7 cells were observed under an inverted microscope: cells grew well, spindle-shaped and uniform size with high-level cell division in CG, NG and RG groups (Fig. 7A–C). The cells grew slowly in TG and LG Groups (Fig. 7D and E). Cell growth was significantly inhibited, cells become rounded, cell membranes became wide, cell contents were darkened, and cell shape became irregular in HG group (Fig. 7F). The cellular structure of MCF-7



Table 2 The contents of fatty acid ($n=3$, mg kg $^{-1}$)^a

Fatty acids	TG	RG	NG
C14.0	39.08	68.10	68.00
C15.0	213.28	499.10	70.70
C16.0	11594.65	12299.25	14096.40
C16.1	379.45	444.58	966.45
C17.0	417.88	1495.50	174.33
C17.1	74.43	392.08	73.55
C18.0	4007.95	4418.90	2479.03
C18.1N9C	36859.00	1630.45	2188.40
C18.2N6C	25225.45	20308.55	12589.50
C20.0	26.88	37.90	40.33
C20.1	18.43	32.05	121.50
C20.2	17.88	49.10	196.63
C21.0	24.63	29.90	10.18
C22.0	42.63	56.48	24.83
C23.0	207.05	152.90	18.03
C24.0	24.10	27.88	16.05
Total amount	79172.73	41942.70	33133.88
Saturated fatty acid	16598.10	19085.90	16997.85
Unsaturated fatty acid	62574.63	22856.80	16136.03
Saturated fatty acid ratio%	20.96	45.50	51.30
Unsaturated fatty acid%	79.04	54.50	48.70
Linoleic acid%	31.86	48.42	38.00
Oleic acid%	46.56	3.89	6.60
Palmitic acid%	14.64	29.32	42.54
Stearic acid%	5.06	10.54	7.48

^a TG, *Cordyceps militaris* (L.) Link cultured on Tussah silkworm pupae. RG, *Cordyceps militaris* (L.) Link cultured on rice. NG, *Cordyceps sinensis*.

was observed under transmission electron microscope. The cell membrane was intact, and the nucleus and organelle structure were intact (Fig. 8A–C). The nuclear chromatin edge of MCF-7

cells in the treatment group was concentrated, and the endoplasmic reticulum became loose. Vacuoles was fused with the membrane, and apoptotic cells were with typical crescent nucleus, nuclear pyknosis and intact membrane but foaming (Fig. 8D). The nuclear chromatin edge of MCF-7 cells was concentrated, the cytoplasm was concentrated, and the endoplasmic reticulum became loose (Fig. 8E). The nuclear chromatin of the cells aggregated to the periphery, the cytoplasm was concentrated, the endoplasmic reticulum became loose, and fused with the membrane to form vacuoles (Fig. 8F).

MTT assay showed that cordycepin exerted inhibitory function for the growth of MCF-7. With the increase in the concentration of cordycepin, the growth rate of MCF-7 was reduced (Fig. 9, $P < 0.05$). Thus, cordycepin inhibited the growth of MCF-7 cells in a dose-depend way.

In this experiment, the anti-tumor effect of different groups on tumor-bearing mice was observed by establishing a model of S180 tumor-bearing mice, and the anti-tumor pharmacological effects of different groups were studied. TG showed anti-tumor activities when compared with other groups (CG, NG and RG, $P < 0.05$, Fig. 10). 30 mg kg $^{-1}$ cordycepin had a good anti-tumor effect on breast-tumor models. With the increase of dosage, anti-tumor effect was enhanced (Fig. 10). The inhibitory rate reached the highest levels with more than 60% in the HG group when compared with the CG group (Fig. 10).

4. Discussion

Cordyceps species is a medicinal fungus with anti-tumor, anti-oxidant, anti-aging, anti-radiation, antibacterial and antiviral properties with few side effects. Meanwhile, it can improve

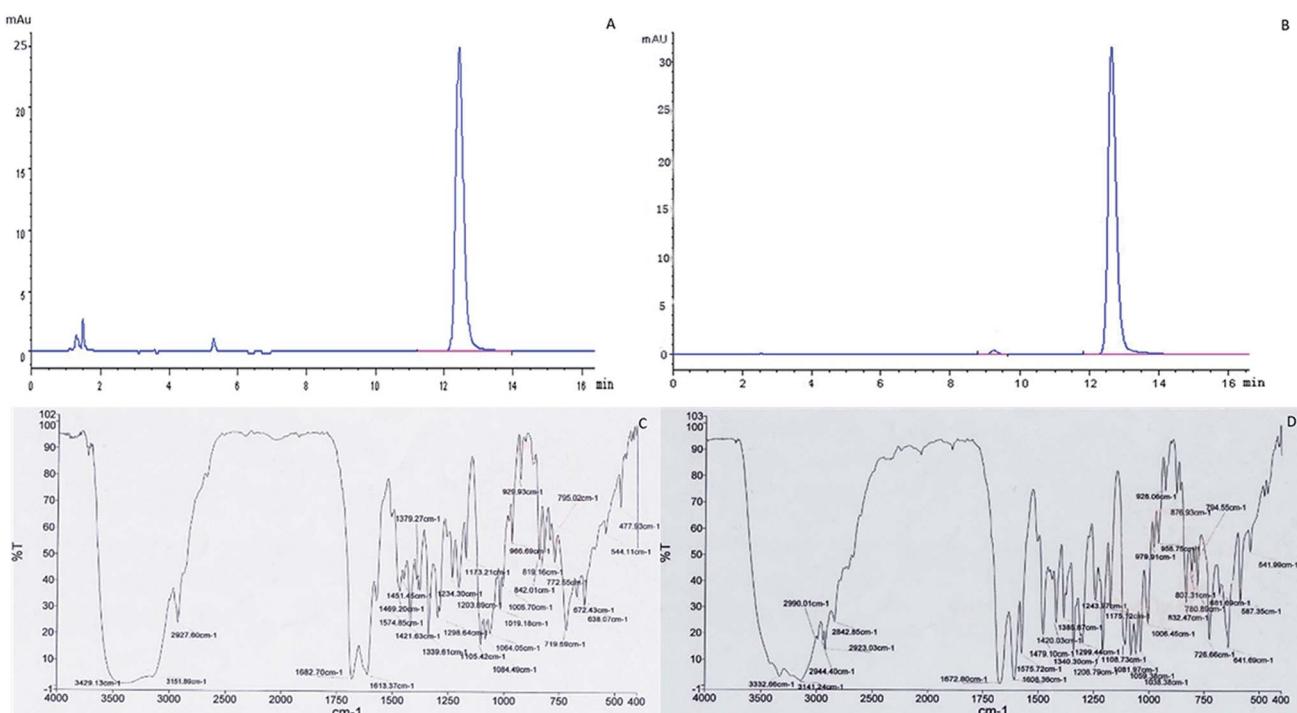


Fig. 6 Analysis of purified cordycepin. (A) HPLC analysis of purified cordycepin. (B) HPLC analysis of cordycepin standard. (C) Transform infrared spectroscopy (FTIR) spectra analysis of purified cordycepin. (D) FTIR spectra analysis of cordycepin standard.



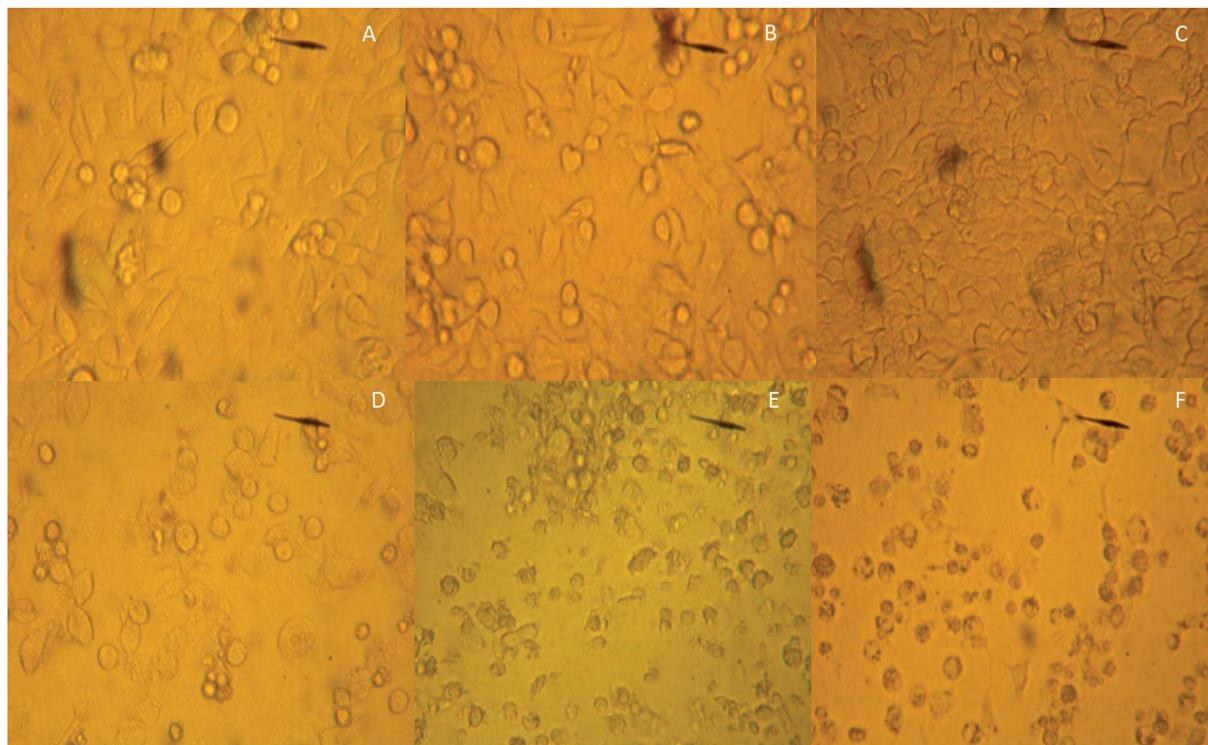


Fig. 7 The comparison of the effects of different groups on the cellular morphology of breast cancer cell line MCF-7. (A) The control group of MCF-7 cells. (B) The effects of *C. sinensis* on MCF-7 cells. (C) The effects of *Cordyceps militaris* (L.) Link cultured with rice on MCF-7 cells. (D) The effects of *Cordyceps militaris* (L.) Link cultured with Tussah silkworm pupae on MCF-7 cells. (E) The effects of 30 mg kg^{-1} cordycepin on MCF-7 cells. (F) The effects of 90 mg kg^{-1} cordycepin on MCF-7 cells.

immune system, nervous system, cardiovascular system, respiratory system and renal function. *C. militaris* (L.) Link is a perfect substitute for wild *Cordyceps sinensis* with potential pharmaceutical values.

3-Deoxyadenosine (cordycepin), hesperitin, and 3-hydroxyflavone were up-regulated in the TG group (Fig. 4). 3-Deoxyadenosine is an active component of *C. militaris*, which can improve cardiovascular and has been identified to have anti-metastatic effect on tumor progression.¹⁵ Cordycepin has been reported to improve the efficacy of conventional chemotherapy for Epstein-Barr-virus-positive tumors.¹⁶ Cordycepin is a major anti-tumor agent in *C. militaris*⁷ and was found to be increased on the medium with Tussah silkworm pupae in the present study. The results provided a simple method to improve the contents of cordycepin in *C. militaris*. The present findings suggested that Tussah silkworm pupae may increase anti-breast-tumor properties of *C. militaris* via its major metabolite cordycepin (Fig. 8 and 9).

Hesperitin is a compound derived from hesperidin, which is a natural flavanone glycoside that has anti-inflammatory, anti-oxidant and anti-angiogenic activities¹⁷. Flavonoids are naturally occurring phenolic compounds. Among them, 3-hydroxyflavone contains a 3-hydroxyl group with its 4-keto group and double bond between 2- and 3-carbon atoms, has multiple pharmacological properties, including antiviral, antitumor, anti-inflammatory and antioxidant activities.¹⁸ Tussah silkworm pupae induced biosynthesis of unsaturated fatty acids (Table

S1†), which may be beneficial for preventing breast cancer.¹⁹ Unsaturated fatty acids can promote the multitarget retinoic acid activity against human breast cancer cells.¹⁹ The contents of oleic acid were highest in the TG group. Oleic acid had a protective role against progression of pancreatic ductal adenocarcinoma in those with higher body mass index possibly through influencing hyperinsulinaemia.²⁰ Metabolic network analysis showed that Tussah silkworm pupae induced metabolites pathways involving with the upregulation of sucrose, spermidine, glycerone, xanthosine, ribitol and naphthalene. An increase in the uptake of the spermidine has been found to be related to the decrease in overall and cancer-specific mortality.²¹ Naphthalene derivatives had higher toxicity towards cancer cell lines and may be a potential anti-cancer lead molecule, especially for breast cancers.²²

Lactic acid was more than 4-fold upregulated in the TG group when compared with the RG and NG groups. The acid suppresses the uptake of ¹⁸F-fluorodeoxyglucose in the micro-environment of tumor cells.²³ Lactic acid has been reported to increase the cytotoxicity of natural killer cells to myelogenous leukemia and colorectal tumor cells.²⁴ Aminobutyric acid was more than 5-fold and 10-fold upregulated in TG when compared with RG and CG groups, respectively. Gamma-aminobutyric acid has been found to exert anti-tumor properties and regulate tumor growth by affecting JNKs signaling pathway.²⁵ Succinic acid was more than two-fold upregulated in TG when compared with two other groups. The acid has been found to

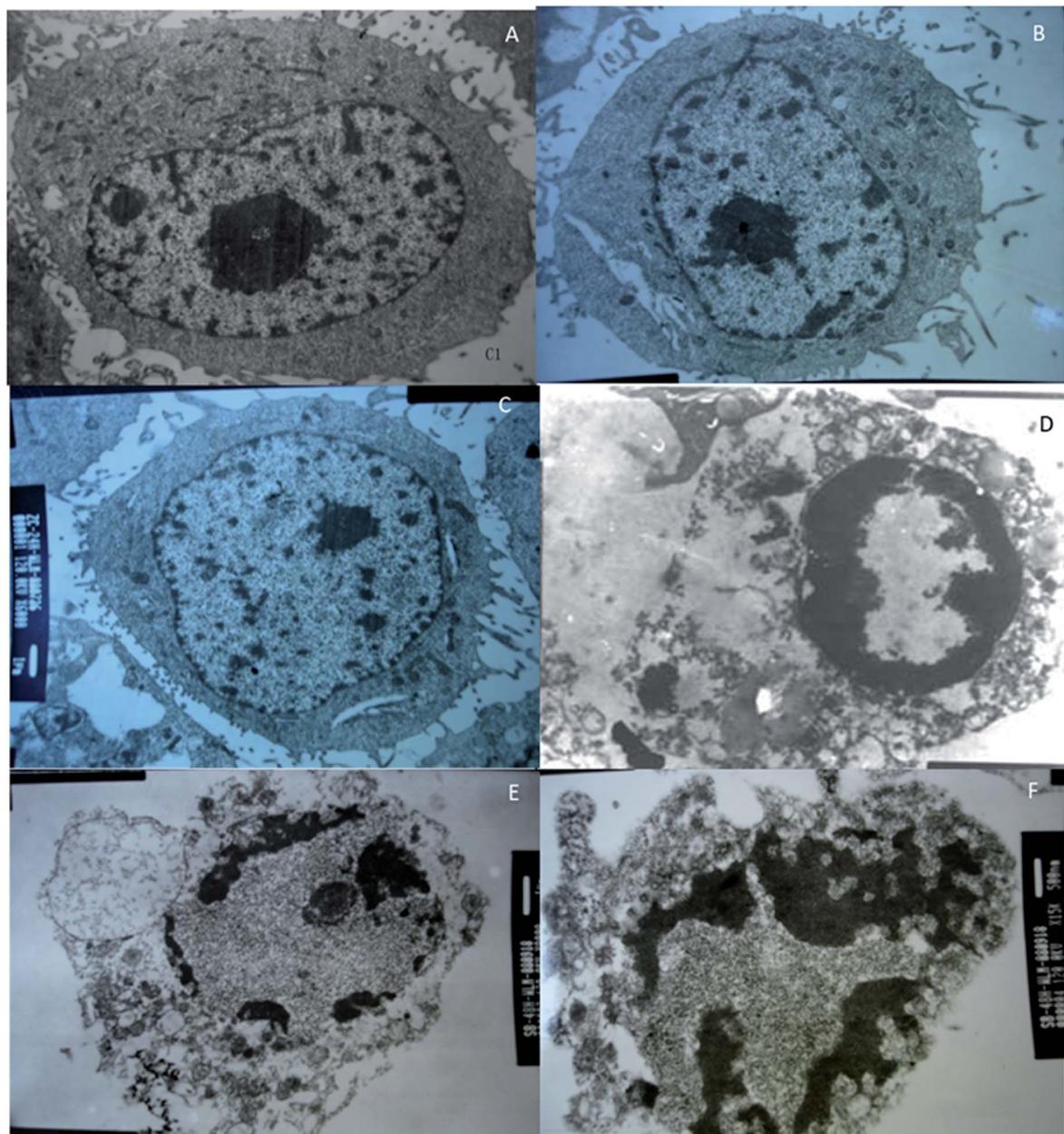


Fig. 8 Transmission electron microscopy (TEM) analysis of the effects of different groups on the cellular structure of breast cancer cell line MCF-7. (A) The control group of MCF-7 cells. (B) The effects of *C. sinensis* on MCF-7 cells. (C) The effects of *Cordyceps militaris* (L.) Link cultured with rice on MCF-7 cells. (D) The effects of *Cordyceps militaris* (L.) Link cultured with Tussah silkworm pupae on MCF-7 cells. (E) The effects of 30 mg kg^{-1} cordycepin on MCF-7 cells. (F) The effects of 90 mg kg^{-1} cordycepin on MCF-7 cells.

show inhibitory function for tumor cells.²⁶ Gallic acid was more than two-fold and three-fold upregulated in TG when compared with RG and NG groups, respectively. The natural phenol can induce apoptosis in human lung cancer cell lines.²⁷ All the results suggest that Tussah silkworm pupae may improve anti-breast-tumor properties of *C. militaris*.

Carnitine and alpha-tocopherol were upregulated in the RG group (Fig. 4). Carnitine has been regarded as to reduce plasma levels of lipids and has antioxidant potential.²⁸ Alpha-tocopherol has the potential for preventing and treating of oxidative- or inflammatory diseases.²⁹ Gentiobiose and tartaric

acid were up-regulated in the NG group (Fig. 4). Gentiobiose has been reported to have anti-fatigue and vasoprotective effects and is potential agent for controlling fatigue- and related syndrome.³⁰ Tartaric acid has been widely used in the pharmaceutical industry but scarcely exists in nature.³¹

There were some limitations in the present work. Other components and their function were not compared among TG, RG and CG groups although the metabolomics of *Cordyceps* fungi was performed. Small size of an animal population may lead to cases of bias. Metabolomics analyses and network analysis provided large data in this paper, but additional

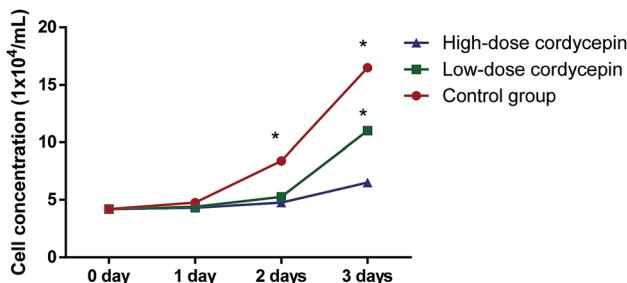


Fig. 9 The effects of cordycepin on the growth of MCF-7. Low-dose, $30 \mu\text{g mL}^{-1}$ cordycepin and high-dose, $90 \mu\text{g mL}^{-1}$ cordycepin. $*P < 0.05$ vs. a control group.

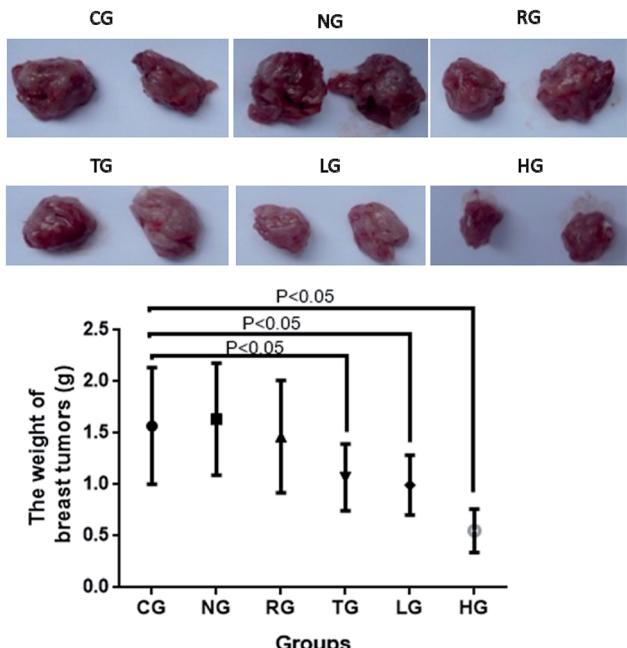


Fig. 10 Anti-breast-tumor effect of different groups on tumor-bearing mice. Tumor-bearing mice control group, $20 \mu\text{L} (\text{kg d})^{-1}$ normal saline (CG group); $200 \text{ mg} (\text{kg}^{-1} \text{ d})$ extracts of natural *Cordyceps sinensis* (NG group); $200 \text{ mg} (\text{kg d})^{-1}$ extracts of *Cordyceps militaris* (L.) Link cultured on rice (RG group); $200 \text{ mg} (\text{kg d})^{-1}$ extracts of *Cordyceps militaris* (L.) Link cultured on Tussah silkworm pupae (TG group); the extract of low-dose cordycepin $30 \text{ mg} (\text{kg d})^{-1}$ (LG group); and high-dose cordycepin $90 \text{ mg} (\text{kg d})^{-1}$ (HG group).

experiments are still highly demanded to confirm the conclusion. Further work should be performed to confirm the potentially valuable components among three groups in the future.

5. Conclusions

At present, the research on the metabolomics of *Cordyceps* fungi is still less,³² and more focuses on the optimization of the known active ingredient content, function and culture conditions. Metabolomics analysis provides more comprehensive information for the biological metabolism of *Cordyceps* species. Therefore, metabolomics of *C. militaris* (L.) Link and *Cordyceps*

sinensis can help us to better understand and utilize the resources of *C. militaris* (L.) Link and optimize the culture medium. Tussah silkworm pupae improved anti-breast-tumor properties of *C. militaris* via its major metabolite cordycepin in an animal model. However, the research on metabolomics is still in the initial stage and the functions of many metabolites remain unknown. Therefore, further work is highly demanded to identify various metabolites and construct metabolite databases.

Conflicts of interest

There are no conflicts to declare.

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