1. Introduction

Perovskites containing Mn ions (i.e. La$_{1-x}$A$_x$MnO$_3$, A = Ca$^{2+}$, Ba$^{2+}$, Sr$^{2+}$ etc.) have been one of the hot areas of research in physics and materials chemistry because of their colossal magnetoresistance (CMR) property and its prospective applications.$^1$–$^3$ Researchers are intrigued by the rich distinctive physical properties of every member of the manganite-family. From a fundamental point of view, manganites show diverse phenomena such as ferromagnetism, antiferromagnetism, multifurroism, magnetically coupled or independent structural transitions, nano- meso- and micro-scale phase separation, insulator–metal (IM) transition, spin-, charge- and orbital ordering etc.$^4$–$^6$

LaMnO$_3$ (LMO) containing Mn$^{3+}$ (t$_{2g}^3e_g^0$) cations is a layered A-type antiferromagnetic (AFM) insulator with a Neel temperature ($T_N$) of 140 K. Substitution with divalent alkaline earth cations (A = Ca$^{2+}$, Sr$^{2+}$ etc.) at the La$^{3+}$ site transforms Mn$^{3+}$ into an equal amount of Mn$^{4+}$ (t$_{2g}^3e_g^0$) and introduces ferromagnetic (FM) spin ordering for $x = \sim 0.18$–0.45 in La$_{1-x}$A$_x$MnO$_3$.$^3$ Ferromagnetism and metallic conduction in the divalent ion doped manganites are understood in terms of Zener’s double exchange (DE) model.$^6$ Ferromagnetic metallic state can also be induced by substitution of monovalent cations such as Na$^{+}$, K$^+$ or Ag$^+$ for La$^{3+}$ which theoretically should introduce twice the number of holes (or Mn$^{4+}$) in the structure compared to the same concentration of divalent cation substitution and hence ferromagnetism can be obtained for a smaller amount of Na$^{+}$ or K$^+$ compared to any divalent ions.

Although thermal transport of hole doped LMO has been investigated in the past few years, the role of magnetic field on the thermal transport of Na$^{+}$ doped LMO system has been scarcely studied so far. Thermopower ($S$) is sensitive to band structure and also can probe majority charge carriers. Also $S$ is less affected by the grain boundaries and hence probe intrinsic electrical conduction within grains unlike dc resistivity whose magnitude and temperature dependence is severely modified by grain boundaries. Therefore, $S$ is an effective way to study the transport properties in polycrystalline samples.$^7$–$^9$ Both Shimura et al.$^{10}$ and Ahmed et al.$^{11}$ obtained a negative $S$ in La$_{1-x}$A$_x$MnO$_3$ ($x \approx 0.10$) above ferromagnetic transition temperature, but they did not shed light on the trend of thermopower or thermal conductivity under the influence of magnetic field. Studies show that the sign of $S(T)$ can be negative or positive both reflecting holelike or electronlike transport, depending on the temperature and the degree of elemental substitution. 10% Na doping is a critical composition form the point of view that in Ca$^{2+}$ or Sr$^{2+}$ doped compositions $S$ alters the sign with lowering temperature as Mn$^{4+}$ content becomes as high as $\sim 26$% (ref. 12) or $\sim 25$%,$^{13}$ respectively. La$_{0.9}$Na$_{0.1}$MnO$_3$ belongs to space group $R3c$ like the parent compound with a small decrease in Mn–O bond length and increase in (Mn–O–Mn) angle compared to undoped LMO.$^{14}$–$^{16}$ A doping level exceeding 20% changes the structure from rhombohedral to orthorhombic one.$^{16}$ Considering tight-binding approximation for ABO$_3$ structures, doping
Na$^{+}$ at La$^{3+}$ site affects charge-carrier (e$_g$ electron) bandwidth, $W$ ($\propto \frac{\cos \theta}{d_{\text{Mn-O}}}$), where $\theta = 180 - \langle \text{Mn-O-Mn} \rangle$ and $d_{\text{Mn-O}}$ is the Mn–O bond length) advancing DE interaction in the structure.\(^{17}\) $W$ rises rapidly with a small decrease in $\langle \text{Mn-O-Mn} \rangle$ angle or decrease in Mn–O length favoring the evolution of the insulator–metal transition\(^{18}\) which explains the enhancement of $T_C$ by $\sim 150$ K in only 10% Na doped LMO.\(^{18}\)

Recently, nearly 100% suppression of thermopower (negative magneto-thermopower) was reported in antiferromagnetic Nd$_{0.75}$Nd$_{0.25}$MnO$_3$.\(^{19}\) An interesting correlation between magneto-thermopower and magnetoresistance was also reported in the same. There has been no report on combined study of thermopower, thermal conductivity and resistivity in Na-doped LaMnO$_3$. In this work, we report simultaneous measurements of the dc electrical resistivity ($\rho$), thermal conductivity ($k$) and thermopower ($S$) of polycrystalline La$_{0.9}$Na$_{0.1}$MnO$_3$ as a function of temperature without and with an external magnetic field. In addition, magnetization, linear thermal expansion and field dependence of magnetostriction are also reported. Our investigation on temperature dependence of magnetization indicates paramagnetic (PM) to ferromagnetic transition at $T_C = 274$ K upon cooling. Magnetic ordering is accompanied by an insulator–metal transition identified by the peak in resistivity curve at $T_{\text{IM}} = 292$ K. Thermopower $S$ reveals a hole doping characteristics above and below $T_{\text{IM}}$. The theoretical fitting of $S(T)$ curve indicates that at the FM metallic region, diffusion; phonon drag; magnon drag all coexist whereas at low temperatures (below 80 K), magnon drag dominates the thermopower value. Temperature and field dependent measurements show dominant lattice contribution to the heat conductivity $k$.

2. Experimental details

Polycrystalline La$_{0.9}$Na$_{0.1}$MnO$_3$ sample was synthesized by solid-state method using high purity La$_2$O$_3$, MnO$_2$ and NaCO$_3$ powders. Stoichiometric amount of the well mixed powders was calcined at 1000 °C for 24 h followed by sintering at 1150 °C for 48 h in few steps of intermediate grinding. The Rietveld refinement of the XRD data reveals the sample belongs to space group $R3c$ of the rhombohedral crystal structure. Refined lattice constants of the unit cell are $a = b = 5.5226$ Å; $c = 13.3481$ Å. Magnetization measurements were performed using a Physical Property Measuring System (PPMS), equipped with a vibrating sample magnetometer. The temperature dependence of linear thermal expansion and field dependence of thermal expansion (Joule magnetostriction) were measured using a miniaturized capacitance dilatometer probe designed for PPMS.\(^{20}\) Four probe dc resistivity, thermopower and thermal conductivity were measured simultaneously at each stabilized temperature using the standard thermal transport option (TTO) for PPMS. In TTO, thermal conductivity ($k$) is measured directly from the applied heater power used to create temperature gradient ($\Delta T$) between two ends of the sample. Any heat loss during the measurement is also estimated by the software and the errors due to heat loss is excluded during calculation. However, for thermopower ($S$) the voltage drop ($\Delta V$) across the hot and cold thermometer probes is also monitored by the TTO system and measured once a stable temperature gradient is created across these two thermopower probes due to the application of heat. PPMS served as a platform to vary temperature and magnetic field. The error for $S$ is almost negligible, whereas, for $k$ it is $\pm 0.1\%$ at $T = 10$–100 K and $\pm 5\%$ at higher temperatures. Density of the pellet used for TTO measurement was estimated in the same. There has been no report on combined magneto-thermopower and magnetoresistance was also reported in antiferromagnetic Nd$_{0.75}$Nd$_{0.25}$MnO$_3$.\(^{21}\)

3. Results and discussion

3.1 Magnetic properties

Fig. 1 shows the temperature dependent magnetization ($M$) of polycrystalline La$_{0.9}$Na$_{0.1}$MnO$_3$ (LNMO) sample measured in an applied field of $\mu_0 H = 0.1$ T. The rapid increase of magnetization at $T = T_C$ indicates the onset of ferromagnetism. The ferromagnetic Curie temperature $T_C = 274$ K is determined from the minimum of $dM/dT$ curve as shown in the same figure. The temperature variation of inverse susceptibility ($1/\chi$) and high temperature Curie–Weiss fit, $1/\chi = C/(T - \theta_W)$ of the data points are shown in the inset (a) of Fig. 1. $C$ is the Curie constant given by $C = N\mu_B^2\mu_{\text{eff}}^2/[3k_B\theta_W]$, where $N$ is the total number of PM entities per cubic meter. Best fitting above $T_C$ in the linear region of $1/\chi$, gives effective moment $\mu_{\text{eff}} = 5.98 \mu_B$ and Weiss temperature $\theta_W$ of 279.3 K which is few kelvin higher than the
$T_C$ obtained from $M$–$T$ curve. The theoretical effective magnetic moment is calculated using the equation, $\mu_{\text{eff}} = g\sqrt{S(S+1)}\mu_B$ where, $g$ is the Lande factor and $S$ is the total spin quantum number. In La$_{1-x}$Na$_x$MnO$_3$, as we have both Mn$^{3+}$ and Mn$^{4+}$ spin, the modified $S$ will be, $S_{\text{avg}} = 2x \times S^{\text{Mn}^{3+}} + (1 - 2x) \times S^{\text{Mn}^{4+}}$. As both Mn ions are in the high spin state, i.e., $S^{\text{Mn}^{3+}} = 3/2$ and $S^{\text{Mn}^{4+}} = 2$, the theoretically estimated $\mu_{\text{eff}}$ is higher than the theoretically expected value of 4.68$\mu_B$, considering effective moment of non-interacting Mn$^{3+}$ and Mn$^{4+}$ ions are 4.89$\mu_B$ and 3.87$\mu_B$, respectively. Enhanced $\mu_{\text{eff}}$ indicates that spins are not completely independent in the PM state. It is reported that dynamical ferromagnetic nanoclusters do exists in many manganites such as in $(\text{Sm}_{0.65}\text{Sr}_{0.35})\text{MnO}_3$ and $\text{Pr}_{0.65}\text{Ca}_{0.25}\text{Ba}_{0.1}\text{MnO}_3$ above $T_C$.

As both Mn ions are in the high spin state, $\text{Manganese}$ such as in $(\text{Sm}_{0.65}\text{Sr}_{0.35})\text{MnO}_3$ and $\text{Pr}_{0.65}\text{Ca}_{0.25}\text{Ba}_{0.1}\text{MnO}_3$ above $T_C$. Therefore, the above mentioned findings (high values of $\mu_{\text{eff}}$ and $\theta_\text{p} > T_C$) indicate existence of small fraction of ferromagnetic cluster above $T_C$ in LNMO. Inset (b) of Fig. 1 shows field dependence of $M$ at 10 K. It shows soft FM behavior (coercive field = 58.05 Oe) with a maximum moment of 3.7$\mu_B$/f.u at 3 T field, which could reach the saturation value of 3.8$\mu_B$/f.u expected for 20% Mn$^{4+}$ doped LMO at higher magnetic field. Hence, 10% Na$^{4+}$ substitution doe\ns near 20% of Mn$^{4+}$ in the system.

### 3.2 Thermal expansion properties

Fig. 2 shows the linear thermal expansion ($\Delta L/L_0$) of LNMO upon cooling from 320 K to 200 K at an external magnetic field of $\mu_0H = 0$, 1 and 3 T. $L_0$ is the value of $L$ at 320 K (normalizing temperature), the maximum operating temperature of the capacitance dilatometer. At zero field, $\Delta L/L_0$ decreases with lowering temperature, which indicates a contraction in length of the sample. However, $\Delta L/L_0$ changes slope at the onset of paramagnetic–ferromagnetic transition similar to La$_{0.67}$Ca$_{0.33}$MnO$_3$. As the external field is applied, the value of $\Delta L/L_0$ decreases around $T_C$ and the change of slope also shifts towards higher temperature because $T_C$ itself increases with increasing strength of the magnetic field. The anomaly in $\Delta L/L_0$ around $T_C$ can be attributed to the localization–delocalization transition of magnetic polarons as in La$_{0.67}$Y$_{0.07}$Ca$_{0.33}$MnO$_3$ (ref. 23) as well as in La$_{0.67}$Ca$_{0.33}$MnO$_3$. Magnetic polaron is an entity in which Mn$^{3+}$ (d$^2$) spins are ferromagnetically aligned locally around a Mn$^{4+}$ (d$^3$) ions: eg carrier hops freely within these super-paramagnetic clusters. Due to Jahn–Teller nature of Mn$^{3+}$, lattice distortion also accompanies local spin polarization. Localization of magnetic polarons above $T_C$ causes extra contribution to thermal expansion, which is released when magnetic polarons collapses below $T_C$ leading to decrease in volume. Upon application of magnetic field above $T_C$, size of magnetic polaron expands and they start percolating which results in enhancement of $T_C$ and shift of the thermal expansion anomaly towards higher temperature. As the magnetic field strength exceeds a critical value, the anomaly is suppressed as the crossover between the low-volume FM and high-volume PM state disappears.

The inset of Fig. 2 shows the field dependence of longitudinal magnetostriction i.e., $\lambda_s = |L(H) - L(H = 0)|/L_0$ at selected temperatures covering both paramagnetic and ferromagnetic regions. At 10 K, $\lambda_s$ increases rapidly in the low magnetic fields and saturates above 0.5 T. However, in the proximity of $T_C$ (250–310 K), $\lambda_s$ decreases with increasing strength of the magnetic field and does not show saturation. $\lambda_s$ decreases continuously, reaches a minima of $-83 \times 10^{-6}$ near $T_C$ with a subsequent increase for higher temperatures indicating strong spin–lattice and charge–lattice coupling at $T_C$. The positive magnetostriction at 10 K is caused by increase in length (anisotropic in nature) due to spin–orbit interaction below $T_C$. However, negative magnetostriction at and above $T_C$ is due to the collapse of magnetic polarons.

The maximum volume magnetostriction is given by $\omega = \lambda_s + 2\lambda_\perp$, where $\lambda_s$ and $\lambda_\perp$ are the longitudinal and transverse components of magnetostriction. They are usually measured using strain gauge technique. It was not possible to measure $\lambda_\perp$ in our dilatometer probe as it can only measure magnetostriction along field direction, i.e., $\lambda_s$. In manganites, magnetostriction in the PM state and close to $T_C$ is isotropic, i.e., $\lambda_s \sim \lambda_\perp$. Therefore, $\omega$ near $T_C$ in LNMO can also be expressed as $\omega = 3\lambda_s$, which decreases at $T_C$ in zero field.

### 3.3 Electrical and thermal transport properties

Temperature dependence of the direct-current (DC) resistivity ($\rho$) at $\mu_0H = 0$ and 3 T magnetic fields are shown in Fig. 3(a). Upon lowering the temperature, $\rho(T, H = 0)$ initially increases as like a semiconductor and exhibits a sharp peak at $T_{IM} = 292$ K followed by metallic-like behaviour with lowering the temperature further. The insulator–metal (IM) transition temperature $T_{IM}$ i.e. the position of resistivity peak is higher than $T_C$ (= 274 K), determined from magnetization measurements, is similar to the report by Ye et al. The IM transition temperature is also higher than $\theta_\text{p}$ (= 279.31 K) estimated from the Curie–Weiss fitting with inverse magnetic susceptibility. Previous reports on similar compounds showed a broad...
maximum below the resistivity peak due to grain boundaries, those act as regions of enhanced scattering for the conduction electrons and such maximum is absent in our sample.\textsuperscript{15,16,18} The peak value of resistivity is reduced and $T_{IM}$ is shifted up under the application of magnetic field.

Fig. 3(b) and (c) show the temperature dependence of thermopower $S$ and thermal conductivity $\kappa$, respectively, measured together with dc resistivity. In zero field, sign of $S$ is positive throughout the whole temperature region, which reflects $e_g$ hole of Mn$^{4+}$: $t_{2g}^3e_g^0$ is the majority charge carrier. Shimura \textit{et al.}\textsuperscript{10} obtained a negative $S$ above $T_C$ for La$_{0.88}$Na$_{0.02}$MnO$_3$ and La$_{0.84}$Na$_{0.16}$MnO$_3$ which was attributed to doping induced alteration of conduction from charge transfer type to the Mott-type. In the PM state, $S(T)$ increases with lowering temperature and exhibits a peak at the IM transition and below which it decreases rapidly. However, in the FM state $S$ increases again and shows a broad maximum around 154 K. $S(T)$ shows a striking resemblance with $\rho$ in the presence of an external magnetic field. Applied magnetic field lowers $S$ value prominently in the vicinity of $T_{IM}$ and shifts the peak position to high temperature but it neither influences the value nor the position of the broad maximum at low temperature.

Thermal conductivity ($\kappa$) in the paramagnetic state decreases with decreasing temperature (i.e. $\partial \rho/\partial T > 0$) which is unusual for a crystalline compound showing insulating like behavior (Fig. 3(c)) but similar to other hole-doped manganites.\textsuperscript{26,27} $\kappa(T)$ shows a dip in the vicinity of the magnetic ordering and a few kelvins below the peak in $\rho(T)$ and $S(T)$. Within the FM state below $T_C$, $\kappa(T)$ increases down to ~43 K, where it reaches a peak and below that $\kappa$ decreases rapidly. The magnitude of $\kappa$ in the metallic region varies in the range of 2–4.13 W m$^{-1}$ K$^{-1}$ which is higher than the parent compound (<1 W m$^{-1}$ K$^{-1}$ below room temperature)\textsuperscript{28} but comparable with the divalent ion doped systems with similar Mn$^{4+}$ concentration ($\kappa \sim 2.3$ W m$^{-1}$ K$^{-1}$ in La$_{0.8}$Ca$_{0.2}$MnO$_3$).\textsuperscript{8} The behavior of $\kappa$ in the paramagnetic region is amorphous like i.e., $\kappa$ decreases with decreasing $T$. Such characteristic of $\kappa$ is attributed to the local anharmonic lattice distortions associated with small polarons or dynamical JT distortion in A-site doped manganites.\textsuperscript{29} In general, $\kappa$ has lattice component $\kappa_{\text{lattice}}$ due to phonon vibrations, electronic component $\kappa_e$ and the spin wave component $\kappa_{\text{m}} = \kappa_{\text{lattice}} + \kappa_e + \kappa_m$. Above $T_C$, $\kappa_m$ is negligible and the thermal conductivity is primarily due to the other two components. Measured value of $\kappa$ is used to calculate $\kappa_e$ using the Wiedemann–Franz law, expressed by $\kappa_e = L_0 T/\rho$, where $L_0 = \pi^2 k_B^2/3e^2$ is the Lorentz constant for metals where charge carriers behave like free-electrons (degenerate limit).\textsuperscript{29} The estimated $\kappa_e$ is two orders of magnitude smaller than the total $\kappa$ in the LNMO sample, which indicates phonon contribution to $\kappa$ (inset of Fig. 3(c)) is dominant than heat carried by electrical charges. Enhancement of $\kappa$ on entering the metallic state was argued due to the weakening of JT distortion and delocalization of the charge carriers.\textsuperscript{30} The pair distribution function based on the neutron scattering data shows that MnO$_6$ octahedra in La$_{1-x}$Ca$_x$MnO$_3$ ($x = 0.2$ and 0.25) has uniform Mn–O and O–O bond lengths at low-temperature and when the temperature rises towards 1M transition the disorder of Mn–O bond lengths increases followed by the formation of small polarons.\textsuperscript{31} Reduction of $\kappa$ under magnetic field should have increased $\kappa_e$ contribution, but in the whole temperature range $\kappa_e$ value is negligible. A dip in $\kappa(T)$ at $T_C$ or $T_N$ is also seen in other magnetic oxides such as MnO,\textsuperscript{32} and it is likely to be caused by decrease in scattering of thermal phonon by spin-fluctuations, which decreases with lowering temperature. The peak at the temperature ~ 43 K is due to transition from umklapp scattering to defect dominated scattering at lower temperatures.

Fig. 4 gives a clear picture of the influence of magnetic field on the physical properties of the system. MR increases with lowering temperature in the paramagnetic state and it reaches a peak value (~49%) at $T_C$. MR remains significant below $T_C$ and reaches ~40% at 10 K. In the ordered state, $\rho$ rises sharply due to narrowing band width which leads to localization of charges and the formation of small polarons. Application of external magnetic field reduces the relative angle between spins which increases the electron bandwidth and enhances mobility of electrons. In addition to this, destruction of magnetic polarons under applied magnetic field gives rise to a large negative MR.
However, MTEP observed here at comparatively low magnetic ordering collapses MTEP value enhances more than MR. the FMM state MR is higher than MTEP but as the magnetic single crystal La0.92Sr0.18MnO3 showing MTEP of almost 90% at 7
and T.

For $T \ll T_C$, the magnetoresistance is due to grain boundary effect: tunnelling of spin-polarized electrons between ferromagnetic grains via thin grain boundaries. MTEP curve (Fig. 4(b)) reveals very interesting fact that $S$ is affected by the external field mostly around IM transition temperature, whereas $S$ in the FMM region ($T < 260$ K) remains unaffected unlike $\rho(T)$. MTEP is much larger than MR in the temperature interval between $T_C = 274$ K and $T_{IM} = 292$ K where the spin ordering is destroyed. Unlike MR which is proportional to the density of states (DOS) at the Fermi level, MTEP depends on the asymmetry of DOS around the Fermi level due to the spin-up and spin-down states. Hence, in the FMM state MR is higher than MTEP but as the magnetic ordering collapses MTEP value enhances more than MR. However, MTEP observed here at comparatively low magnetic field ($61.5\%$ at 3 T) is comparable with the value ($\sim 80$–100%) reported for antiferromagnetic Nd$_{0.77}$Na$_{0.23}$MnO$_3$ system obtained at 5 T.\footnote{Yamamoto et al. have shown that in the weakly ferromagnetic CaRu$_{0.8}$Sc$_{0.2}$O$_3$ system, magnetic field suppresses $S$, with little influence on $\rho$. They have also showed a correlation between the spin entropy and magnetothermopower. A similar explanation was also put forward by Repaka et al. for the room temperature ferromagnet.} The magnitude of MTEP of LNMO is also close to the similar amount of hole doped La$_{0.8}$Ca$_{0.2}$MnO$_3$ which shows 80% change in thermopower but at 5.7 T magnetic field\footnote{Yamamoto et al. have shown that in the weakly ferromagnetic CaRu$_{0.8}$Sc$_{0.2}$O$_3$ system, magnetic field suppresses $S$, with little influence on $\rho$. They have also showed a correlation between the spin entropy and magnetothermopower. A similar explanation was also put forward by Repaka et al. for the room temperature ferromagnet.} and single crystal La$_{0.92}$Sr$_{0.18}$MnO$_3$ showing MTEP of almost 90% at 7 T.\footnote{Yamamoto et al. have shown that in the weakly ferromagnetic CaRu$_{0.8}$Sc$_{0.2}$O$_3$ system, magnetic field suppresses $S$, with little influence on $\rho$. They have also showed a correlation between the spin entropy and magnetothermopower. A similar explanation was also put forward by Repaka et al. for the room temperature ferromagnet.} Suppression of $S$ with magnetic field as in LNMO, is observed in few other oxides too.\footnote{Yamamoto et al. have shown that in the weakly ferromagnetic CaRu$_{0.8}$Sc$_{0.2}$O$_3$ system, magnetic field suppresses $S$, with little influence on $\rho$. They have also showed a correlation between the spin entropy and magnetothermopower. A similar explanation was also put forward by Repaka et al. for the room temperature ferromagnet.} There is a reason for this.\footnote{Yamamoto et al. have shown that in the weakly ferromagnetic CaRu$_{0.8}$Sc$_{0.2}$O$_3$ system, magnetic field suppresses $S$, with little influence on $\rho$. They have also showed a correlation between the spin entropy and magnetothermopower. A similar explanation was also put forward by Repaka et al. for the room temperature ferromagnet.} However in the present study, $\rho$ and $S$ both are significantly affected by the magnetic field around $T_{IM}$ (much above $T_C$). It appears that $S$ is affected by the change in magnetization to a larger extent than the resistivity. A possible explanation is the decrease in the magnitude of thermopower is partly from the suppression of spin entropy. Another possibility is that the magnetic field affects the spin-dependent band structure around the Fermi level and it is reflected in magnetothermopower as mentioned before. Theoretical modelling is certainly needed to have deeper understanding.

At first sight, thermal conductivity seemed to have very small dependency on external magnetic field (Fig. 3(c)). However, measurement of $\kappa(T)$ in magnetic field makes it easier to understand the influence of spins on the heat transport property of LNMO. Temperature dependence of $\kappa$ in the hole doped manganites is attributed to two different processes; first one is considered due to the scattering of phonons by Jahn–Teller (JT) distorted Mn$^{3+}$O$_6$ octahedra\footnote{Yamamoto et al. have shown that in the weakly ferromagnetic CaRu$_{0.8}$Sc$_{0.2}$O$_3$ system, magnetic field suppresses $S$, with little influence on $\rho$. They have also showed a correlation between the spin entropy and magnetothermopower. A similar explanation was also put forward by Repaka et al. for the room temperature ferromagnet.} and second is to the scattering of phonons by spin fluctuations.\footnote{Yamamoto et al. have shown that in the weakly ferromagnetic CaRu$_{0.8}$Sc$_{0.2}$O$_3$ system, magnetic field suppresses $S$, with little influence on $\rho$. They have also showed a correlation between the spin entropy and magnetothermopower. A similar explanation was also put forward by Repaka et al. for the room temperature ferromagnet.} At 3 T field, reduction of spin fluctuation facilitates heat flow in the material produces a positive MTC value of about 12.7% near $T_C$, suggesting spin–phonon scattering as a decisive factor in $\kappa$ (Fig. 4(c)). Under magnetic field, suppression of the dip in $\kappa$ around $T_C$ and marginal enhancement in conductivity can be attributed to the scattering of phonons by spin-wave. MR and MTC results unquestionably establish a strong electron–phonon–spin coupling in the Na doped LMO compound.

In manganites, high temperature transport mechanism is often analyzed using fitting of variable-range hopping or small-polaron hopping model with the $\rho(T)$ data. However, in some cases, it is difficult to reach to a satisfactory conclusion based on the fitting results of $\rho(T)$ alone, such as in electron doped La$_{0.9}$Te$_{0.1}$MnO$_3$ system\footnote{Yamamoto et al. have shown that in the weakly ferromagnetic CaRu$_{0.8}$Sc$_{0.2}$O$_3$ system, magnetic field suppresses $S$, with little influence on $\rho$. They have also showed a correlation between the spin entropy and magnetothermopower. A similar explanation was also put forward by Repaka et al. for the room temperature ferromagnet.} which makes it necessary to fit the $S(T)$ data as well. In our sample, high temperature ($T_{IM} \leq T \leq 370$ K) $\rho(T)$ and $S(T)$ data fitted well with the small-polaron hopping (SPH) model, given by

$$\rho(T) = \rho_0 T \exp(E_f/k_B T)$$

and

$$S(T) = k_B/\epsilon (E_f/k_B T + \alpha),$$

respectively, where $\rho_0$ and $\alpha$ are constants, $k_B$ is the Boltzmann constant, $\epsilon$ is the electron’s charge and $E_f$ and $E_s$ are the activation energy values obtained from resistivity and thermopower data fitting, respectively (inset of Fig. 3(a) and (b)). We found that $E_f$ (103.14 meV) is an order of magnitude higher than $E_s$ (6.13 meV). $E_f \gg E_s$ is a hallmark of electrical conduction by small polaron hopping between the neighboring sites.\footnote{Yamamoto et al. have shown that in the weakly ferromagnetic CaRu$_{0.8}$Sc$_{0.2}$O$_3$ system, magnetic field suppresses $S$, with little influence on $\rho$. They have also showed a correlation between the spin entropy and magnetothermopower. A similar explanation was also put forward by Repaka et al. for the room temperature ferromagnet.} $E_f$ corresponds to the hopping energy of carriers between energetically equivalent sites with Fermi level as a reference point for the entropy, while $E_p$ contains energy to create the carriers too. Obtained value of $E_f$ agrees well with the proper stoichiometric La$_{0.87}$Na$_{0.13}$MnO$_3$ compound studied by Malavasi et al.\footnote{Yamamoto et al. have shown that in the weakly ferromagnetic CaRu$_{0.8}$Sc$_{0.2}$O$_3$ system, magnetic field suppresses $S$, with little influence on $\rho$. They have also showed a correlation between the spin entropy and magnetothermopower. A similar explanation was also put forward by Repaka et al. for the room temperature ferromagnet.} Thus, the electrical conduction in LNMO is governed by hopping of small polarons with the energy given by $2(E_p – E_s) = 194.02$ meV.\footnote{Yamamoto et al. have shown that in the weakly ferromagnetic CaRu$_{0.8}$Sc$_{0.2}$O$_3$ system, magnetic field suppresses $S$, with little influence on $\rho$. They have also showed a correlation between the spin entropy and magnetothermopower. A similar explanation was also put forward by Repaka et al. for the room temperature ferromagnet.}
The thermal variation of resistivity below the upturn near \(T_C\) (\(T < 260\) K) is dominated by electron–electron scattering (\(T^2\) dependency)\(^4\) and electron–magnon or, spin wave scattering in the ferromagnetic phase (\(T^{4.5}\) dependency).\(^4\)\(^1\)\(^2\) We have fitted the present experimental data in the FMM phase using an expression of the form, \(\rho(T) = \rho_0 + AT^2 + BT^{4.5}\) nearly perfectly as shown by the solid line in Fig. 3(a), where \(\rho_0\) is the residual resistivity due to the temperature independent scattering processes. The fitting parameter \(A (\sim 2.17 \times 10^{-8} \ \Omega \ \text{cm} \ K^{-2})\) obtained for our samples is similar to that reported by Urushibara et al.\(^4\) for La–Sr–Mn–O system and suggests an important role of the electron–electron scattering process below 260 K in the resistivity. Value of \(B (\sim 4.73 \times 10^{-15} \ \Omega \ \text{cm} \ K^{-4.5})\), related to the \(T^{4.5}\) behavior suggests that electron–magnon scattering too strongly contributes to the electrical conduction in the FMM region and causes the observed trend in \(\rho\) at this temperature range.

The thermopower data in the low temperature metallic region is analyzed using an equation,\(^37\)

\[
S = S_0 + S_1 T + S_{3/2} T^{3/2} + S_3 T^3 + S_4 T^4
\]  

(3)

Here, the first term \(S_0\) is estimated from the high temperature data extrapolation at \(T = 0\) K. Second term represents contribution from diffusion, the third term of the equation denotes magnon drag or the single-magnon scattering processes, while the fourth term with \(T^3\) dependency is related to the phonon drag contribution and the last term represents the spin-wave fluctuation in the FM phase below \(T_C\). In general, \(S(T)\) of manganites in FM region is analysed without considering the diffusion and phonon drag terms which was quite logical considering the position of low temperature broad peak. Phonon drag peak in thermopower is usually observed near temperature \(\theta_D/5\), where Debye temperature \(\theta_D\) is about 320 K for LMO.\(^4\) Thus, the phonon drag contribution is supposed to show maximum around 60 K much below the observed thermopower peak here at 150 K. To ratify further, LNMO data below \(T < T_C\) was fitted with expressions considering (i) all the terms in eqn (3) and (ii) excluding the diffusion and phonon drag contribution terms in eqn (3). Fig. 5(a) shows a better fitting for the first case throughout a wide temperature range (49–260 K) whereas, the latter one fits the experimental data points only between 150–260 K. Best fitting results \(S_0 = 5.7 \ \mu\text{V K}^{-1}\), \(S_1 = -0.116 \ \mu\text{V K}^{-2}\), \(S_{3/2} = 0.013 \ \mu\text{V K}^{-3/2}\), \(S_3 = -2.77 \times 10^{-6} \ \mu\text{V K}^{-4}\) and \(S_4 = 4.06 \times 10^{-9} \ \mu\text{V K}^{-5}\) show \(S_{3/2} \gg S_1\), suggesting that the electron–magnon scattering strongly affects the broad peak in the \(S\) vs. \(T\) curve but phonon drag is not negligible either. However, in the temperature range below the broad peak (80–30 K) thermopower decreases rapidly showing a \(T^{3/2}\) dependence (inset of 4(a)) like in other hole doped manganites.\(^8\)\(^4\)\(^4\)

Fig. 5(b) shows the figure of merit \(ZT\), expressed by \(ZT = S^2 T / \kappa \rho\), a characteristic parameter for the thermoelectric materials. As \(ZT\) has a square term of thermopower, it shows a peak around the maxima of \(S(T)\). 10% Na doped LMO exhibits better value of \(ZT\) compared to \(\text{La}_{0.9}\text{Te}_{0.1}\text{MnO}_3\) at room temperature\(^37\) but it is still quite low to be useful for the practical purpose of a thermoelectric material for which \(ZT \geq 1\). In the inset of Fig. 5(b), the temperature variation of power factor \(\left(\text{P.F.} = \frac{S^2}{\rho}\right)\) shows a similar trend with decreasing temperature. It starts increasing rapidly below \(T_C\), goes through a maximum value and then decreases to zero. P.F. has highest value of 0.07 \(\mu\text{W cm}^{-1} \ \text{K}^{-2}\) around 47 K at 3 T field.

4. Conclusions

To conclude, effects of magnetic field on the thermal expansion, charge transport and thermal conduction mechanism for alicovalent \(\text{Na}^{1+}\) doped \(\text{LaMnO}_3\) were investigated. We have found anomaly in thermal expansion behavior around \(T_C\). Electrical resistivity and thermopower data analysis in the insulating region reveal that conductivity at high temperature is governed by small-polaron hopping mechanism in \(\text{La}_{0.9}\text{Na}_{0.1}\text{MnO}_3\). Anomaly of \(\kappa\) around paramagnetic–ferromagnetic transition
suggests coupling between thermal conductivity and magnetism. Application of magnetic field enhances thermal conductivity while suppresses the magnitude of thermopower and resistivity. The magnitude of magneto-thermopower (~61.5%) is larger than the magnetoresistance (~49%) and magneto-thermal conductivity (~12.7%).

Conflicts of interest

There are no conflicts to declare.

Acknowledgements

R. M. thanks the Ministry of Education for supporting this work (Grant no. MOE2014-T2-48/R144-000-349-112 and MOE2016-T2-2-098/R144-000-381-112).

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