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Pinostrobin inhibits proliferation and induces apoptosis in cancer stem-like cells through a reactive oxygen species-dependent mechanism†

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Current treatments and targeted therapies for malignancies are limited due to their severe toxicity and the development of resistance against such treatments, which leads to relapse. Past evidence has indicated that a number of plant-derived dietary agents possess biological activity against highly tumorigenic and resistant cell populations associated with cancer relapse. These subpopulations, termed cancer stem-like cells (CSCs), have been targeted with plant-derived dietary flavonoids. The present study was undertaken to assess the anti-proliferative potential of pinostrobin, a dietary flavonoid, against CSCs. Sphere-forming cells were developed from HeLa cell lines using specific culture conditions. The existence of a CSC population was confirmed by the morphological examination and analysis of surface markers using confocal microscopy and flow cytometry. The effect of pinostrobin on the cell viability of the CSC population, evaluated through MTT reduction assays and the expression levels of surface markers (CD44⁺ and CD24⁺), was studied through various biological assays. HeLa-derived CSCs showed higher CD44⁺ and lower CD24⁺ expression. Pinostrobin inhibited the self-renewal capacity and sphere formation efficiency of CSCs in a dose-dependent manner. Increased ROS production, and decreased mitochondrial membrane potential and CD44⁺ expression indicated that pinostrobin promoted ROS-mediated apoptosis in CSCs. These results thus demonstrate the therapeutic potential and effectiveness of pinostrobin in the chemoprevention and relapse of cancer by targeting the CSC population. Thus, pinostrobin, in combination with currently available chemo and radiation therapies, could possibly be used as a safe strategy to alleviate adverse treatment effects, together with enhancing the efficacy.

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Introduction

In India, the prevalence of cervical cancer is the highest among all the cancer cases in females. It is the most common cancer among 15–44 aged females.¹ Compared to the urban population, the rural population is at a higher risk of developing cervical cancer. Despite great advances in targeted therapies and major steps toward customised therapy for cancer patients, there has yet not been a significant increase in survival rate for many individuals. Target cancer therapies show limited efficacy, due to the specific criteria of individuals. It has been observed in many patient cohorts that drug efficacy imbalance often arises due to the development of drug resistance through acquiring genetic and epigenetic alterations.² Survival rates can be increased, if the disease is diagnosed at an early stage, with improved treatment strategies.

Despite the availability of several therapies, a number of patients develop drug resistance and face tumour relapse, significantly contributing to a poor survival rate.³ It is now well established that cancer relapse and progression is influenced by a cell population within the cancerous tissue, termed as cancer stem-like cells or cancer stem cells (CSCs).^{4–6} These CSCs play a major role in determining tumor aggressiveness, heterogeneity, drug resistance and recurrence of the disease.^{5,7,8} Generally, conventional and targeted therapy target only mature, proliferating tumor cells without affecting the CSC population.^{9,10} Targeting the CSC population would possibly help in controlling disease progression and thus enhance the survival rate of cancer patients. If treatment results in the elimination of CSCs, it helps to reduce tumor growth and prevent relapse. Since CSCs adapt to different survival mechanisms, it is important to identify a molecule that could simultaneously modulate a number of cellular pathways/mechanisms.

Natural products such as curcumin, berberine and resveratrol have been reported to interact with a number of cellular molecules, controlling the proliferation of the CSC population.¹¹ These natural products play a crucial role in targeting the CSC population and its surface markers, and modulate critical signalling pathways that are essential for its

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maintenance and survival.^{12,13} Pinostrobin (P_N), extracted from several medicinal plants, belongs to the flavanone family of phytochemicals. The anti-leukemic and anti-cancer activities of P_N against different types of carcinomas have been reported.^{13–15} We have previously reported the cytotoxic activity of P_N in cervical cancer cells, without any cytotoxic effects on normal HEK293 cells, and demonstrated that it induced ROS-mediated cell death.¹⁶ In addition, we also demonstrated the direct interaction of P_N with topoisomerase I, an enzyme involved in DNA replication, and inhibited its activity.¹⁷ P_N from different sources has been reported to regulate a variety of cellular systems that are necessary for normal cellular function,¹⁸ by possibly affecting multiple cellular and molecular processes. Since it has shown anti-proliferative activity in cancer cells, it is hypothesized that it may have the potential to inhibit the proliferation of CSCs and induce cell death. In this study, we investigated if P_N is indeed able to target a HeLa-CSC population and affect their proliferation. We further investigated the possible mechanism underlying P_N -induced cell death in HeLa-CSCs.

Materials and methods

Reagents

Analytical grade chemicals were used in the present study. Pinostrobin (P_N), doxorubicin (D_x), *N*-acetyl cysteine (NAC) and fluorescent dyes used in the study such as 5,5',6,6'-tetrachloro-1,1',3,3'-tetraethylbenzimidazolyl-carbocyanine iodide (JC-1), 2',7'-dichlorofluorescein diacetate (DCFH-DA), hydroethidine (HE), Annexin V-FITC, propidium iodide (PI), verapamil, Hoechst 33342 dye and 10-*N*-nonyl acridine orange (NAO) were purchased from Sigma-Aldrich Chemical Co., USA. Epidermal growth factor and basic fibroblast growth factor (bFGF) were obtained from Invitrogen, USA. All buffers/solutions used in the study were prepared in Milli-Q water. P_N stock solution (20 mM) was prepared in triple solvent (TS, dimethyl formamide : acetonitrile : dimethyl sulfoxide, 1 : 1 : 1).¹⁹ Triple solvent was used as a vehicle control (VC). We included D_x as a reference control in all of the experiments as it has been shown to inhibit the cell proliferation of CSCs derived from human colon carcinoma HT29 cells²⁰ and ovarian carcinoma SKOV3 cells.²¹

Cell culture

HeLa cells (human cervical cancer cell line) were obtained from the National Centre for Cell Science (NCCS), Pune (India), cultured and maintained in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% foetal bovine serum (FBS), 100 U ml⁻¹ of penicillin and 100 µg ml⁻¹ of streptomycin (Biological Industries, Israel) at 37 °C in a 5% CO₂ incubator with a 95% air atmosphere, essentially as described previously.¹⁶

Identification of the side population

Sphere forming cells (SFCs) were also recognised as the side population (SP).¹⁹ For identification and validation of the SP in

the parent HeLa cell population, Hoechst 33342 staining in the presence or absence of verapamil, a calcium channel antagonist, was performed. The adherent parent HeLa cells were trypsinised (0.25%) and washed twice with 1 × PBS. The cells (1 × 10⁴/well) were incubated in pre-warmed DMEM (containing 2% fetal bovine serum (FBS), 1 mM HEPES, and 5 µg ml⁻¹ Hoechst 33342) for 90 min at 37 °C in the dark on a rocking platform shaker with slow agitation. The CSCs (1 × 10⁴ cells per well) were generated as described above and cultured in SFM. To obtain appropriate sized spheres, 100 µl of fresh SFM was added after every 48 h for 8 days. The cells were washed twice with pre-cooled 1 × PBS and centrifuged at 2000 rpm at 4 °C. The cells were then incubated with verapamil (50 µM) at 37 °C for 30 min after the addition of Hoechst 33342 stain, to check if the fluorescent efflux from the SP cells present in the HeLa population was blocked by verapamil. The cells were counterstained with propidium iodide (PI) (2 mg ml⁻¹) in the dark. Acquisition was performed using a FACS Calibur™ (Beckon Dickinson Immuno cytometry system, San Jose, USA) operated in dual wavelength mode, by measuring the fluorescence of the Hoechst 33342 dye and PI at 460 and 580 nm, respectively. The results were analysed by FCS Express.v5 Flow Cytometry data analysis software. A small number of cells that were capable to efflux Hoechst stain with low fluorescing were identified as the SP.

In vitro culture and passage of sphere forming cells

SFCs were generated from HeLa cells using the method developed by López *et al.*²² HeLa cells (1 × 10⁶ cells per ml) were cultured in 2 ml of serum-free media (SFM) supplemented with epidermal growth factor (EGF) and basic fibroblast growth factor (bFGF), (20 ng ml⁻¹ each) and bovine serum albumin (BSA) (0.4%) in a 35 mm culture dish at 37 °C in a 5% CO₂ atmosphere. The culture medium was replenished every 48 h after SFC generation for the next 8 days. After generation of 70–80% spheres, the SFCs were collected by gentle centrifugation (2500 rpm, 5 min). Each sphere was separated using 500 µl of EDTA (1.0 mM) and collected using a Pasteur pipette followed by gentle shaking at 2500 rpm for 5 min to achieve single-cell suspension. These SFCs were recognized as cancer stem-like cells (CSCs).²³

Morphological assessment of CSCs

The growth of the cells was monitored on days 1, 3, 6, 9, and 12. On day 12, the spheres were detached from the surface of the flask and floated in suspension as clumps/aggregates. The CSCs bodies thus collected, were visualized under a bright field microscope (Leica, DMIL, Germany), as described by Gu *et al.*¹⁹ Parent HeLa cells (1 × 10⁴ cells per well), included as a control, were cultured in complete DMEM at 37 °C in a 5% CO₂ incubator.

Identification of the CSC population

Confocal microscopy. The CSC population was confirmed by analysis of the expression of the surface markers CD24⁺/CD44⁺, as described by Gu *et al.*¹⁹ CSCs and parent HeLa cells were



cultured on a cover slip (1×10^4 cells per coverslip) and incubated for 24 h in SFM and constituted DMEM, respectively. The cells were subjected to P_N (50 and 100 μM) and D_X (10 μM) for 48 h. Cells were fixed with 2% paraformaldehyde for 20 min at room temperature (RT), washed twice with $1 \times$ PBS and stained with FITC (fluorescein isothiocyanate)-conjugated anti-CD44 and R-phycoerythrin (PE)-conjugated anti-CD24 antibodies (1 : 100) (Invitrogen, USA) for 30 min at RT. The cells were then washed once with $1 \times$ PBS and the morphology of the stained CSCs and parent HeLa cells was examined under an Olympus Fluoview FV1000 confocal laser-scanning microscope at $40 \times$ magnification using a 1.4NA oil objective lens at the Advanced Instrument Research Facility (AIRF), JNU, New Delhi (India). The size of the acquired images was 512×512 pixels (0.414 μm per pixel).

Quantification of the CD24⁺/CD44⁺ expression levels

Changes in the expression levels of CD24⁺/CD44⁺ in the CSC population and HeLa cells induced by different treatments, *i.e.* P_N , D_X , vehicle and in the untreated CSCs population, were quantified using a FACS Calibur™ at 488 nm (ex). The green and red fluorescence intensities were visualized in the FL1 and FL2 channels, respectively and analysed using FCS Express.v5 Flow Cytometry data analysis software.

Regeneration of the parent HeLa cells from the CSCs

Regeneration of the parent HeLa cells from the CSCs was carried out using the method of Gu *et al.* with minor modifications.¹⁹ CSCs (1×10^4 cells per well) were cultured in constituted DMEM in a 35 mm culture dish at 37 °C in a humidified 5% CO₂ incubator for 12 days and the morphology of the generated HeLa cells was assessed under a bright field microscope (Leica, DMIL, Germany).

Cell proliferation assay

CSCs were cultured (1×10^4 cell per well) in SFM, (as described above). Cells were seeded separately in 96 well plates and cultured at 37 °C in a 5% CO₂ incubator. The cytotoxic effect of P_N on the CSCs was evaluated by 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) reduction assay.²¹ CSCs were treated with different concentrations of P_N and D_X , as indicated in the legends to the figures, and corresponding volume of vehicle as a control for 24 and 48 h. MTT assay was also performed in the P_N -treated cells in the presence or absence of 5 mM NAC, an ROS-scavenger.²⁴ After treatment, MTT (0.5 mg ml⁻¹) was added to each well and incubated for the next 4 h in the dark at 37 °C in a CO₂ incubator. The medium was removed and formazan crystals were dissolved in 100 μl of dimethyl sulfoxide (DMSO) with gentle shaking. The amount of formazan crystals was measured at 570 nm using a TECAN ELISA reader (Tecan Sunrise™). The data are expressed as cytotoxicity (%) with respect to vehicle treated cells.

Sphere-forming efficiency (SFE) assay

The effect of P_N (50 and 100 μM) on the sphere forming efficiency (SFE) of sphere forming cells was investigated. Subconfluent sphere forming cells (1×10^4 cells per well) were dissociated using $1 \times$ EDTA (1.0 mM) to achieve a single cell suspension. Cells (1×10^4 cells per well) were seeded in a 6-well culture dish and cultured in SFM with the addition of 25 μl per well of fresh SFM after every 48 h. The numbers of spheres generated in each well were examined under a bright field microscope, as described by López *et al.*²²

Flow cytometric analysis

Determination of ROS production. The effect of P_N treatment on intracellular ROS production in CSCs was determined using fluorescent probes. The CSCs (1×10^4 cells per well) treated with P_N in the presence or absence of NAC, or D_X for 48 h, were stained with fluorescent probes, DCFH-DA (5.0 μM),²⁵ NAO (1 μM)²⁶ and HE (2.5 μM)²⁷ in Hank's balanced salt solution (HBSS). Cells were incubated with different probes for 30 min in the dark at 37 °C, washed with $1 \times$ PBS and resuspended in HBSS for data acquisition. Fluorescence was measured using a FACS Calibur™ with default settings. The green and red fluorescence intensities were acquired using the FL1 and FL2 channels with 10 000 events and analysis was performed by FCS Express.v5 Flow Cytometry data analysis software.

Assessment of the mitochondrial membrane potential ($\Delta\Psi_m$)

The effect of P_N on the mitochondrial membrane potential, a crucial event in caspase-dependent apoptosis, was measured as previously described.¹⁶ CSCs (1×10^4 cells per well) were treated with P_N or D_X for 48 h. The cells were then stained with JC-1 (1 $\mu\text{g ml}^{-1}$) for 20 min at 37 °C in the dark and washed once with $1 \times$ PBS after staining. Fluorescence of JC-1 aggregates (red), indicative of healthy cells with functional mitochondria, and of monomers (green), indicative of apoptotic or unhealthy cells with collapsed mitochondria were measured at 590 nm with excitation at 580 nm and 527 nm with excitation at 510 nm, respectively, using a FACS Calibur™. On average 10 000 events were recorded and analysed by FCS Express.v5 Flow cytometry data analysis software.

Annexin-V FITC staining

CSCs (1×10^4 cells per well) were treated with P_N in the presence or absence of NAC or D_X for 48 h to determine apoptotic population. After the treatment, CSCs were collected by centrifugation at 2000 rpm for 5 min at RT and washed once with $1 \times$ PBS. The cells were fixed in ice cold 4% paraformaldehyde (PFA) for 20 min, washed once in $1 \times$ PBS and suspended in 500 μl of $1 \times$ Annexin binding buffer [10 \times buffer composition: 0.1 M HEPES/NaOH (pH 7.4), 1.4 M NaCl, and 25 mM CaCl₂], stained with Annexin V-FITC reagent (5 μl ; 0.019 mg ml⁻¹) and incubated for 20 min at 37 °C in the dark.²⁸ Stained cells were washed once with $1 \times$ PBS. Fluorescence (10 000 events) was monitored using the FL1 channel by a FACS Calibur™ and



analysed using FCS Express.v5 Flow Cytometry data analysis software.

PI staining

CSCs cells (1×10^4 cells per well) were treated with P_N or D_X for 48 h to determine late apoptosis cell death in the total population. Vehicle treated cells were included as controls. Cells were fixed with 4% ice cold PFA for 20 min, washed with $1 \times$ PBS once and vortexed to remove clumping. The cells were suspended in 500 μ l of a PI master mix [prepared in $1 \times$ PBS buffer,

DNase-free RNase ($100 \mu\text{g ml}^{-1}$), PI ($40 \mu\text{g ml}^{-1}$) and 0.1% Triton $\times 100$]²⁹ and incubated for 30 min at 37°C in the dark. Fluorescence was measured using a FACS Calibur™ at a 485 nm excitation wavelength with 10 000 events, and analysed by FCS Express.v5 Flow Cytometry data analysis software.

Statistical analysis

GraphPad software (Chicago, USA) was used for statistical analyses. The levels of significance were calculated using a two-way analysis of variance (ANOVA) test (Dunnett's multiple

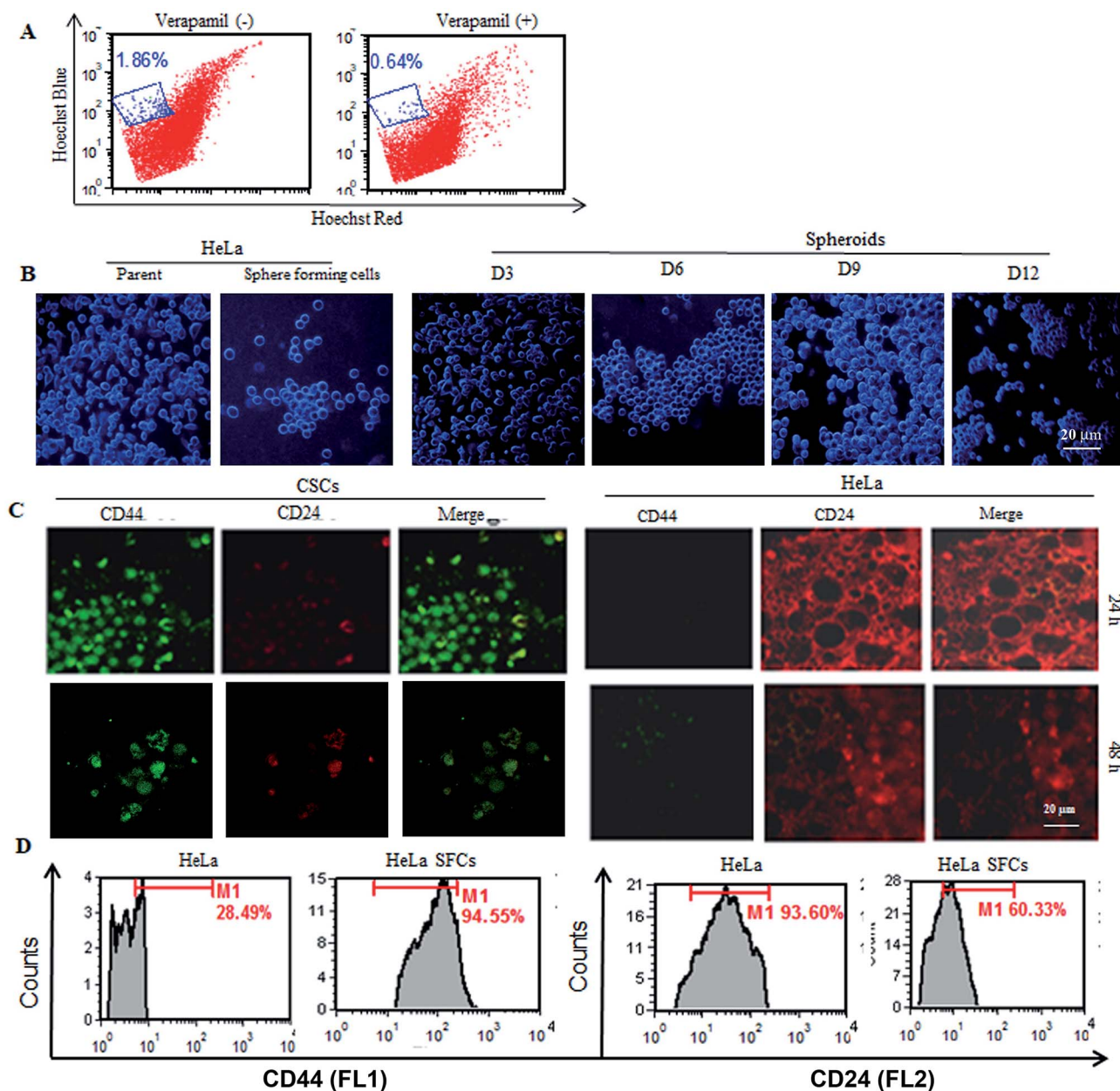


Fig. 1 Identification and validation of CSCs from HeLa cells. (A) Establishing the presence of the side population (SP) in HeLa cells. (B) Comparative morphological examination of sphere forming cells (SFC)/cancer stem-like cells (CSCs) and parent HeLa cells. Sphere forming cells derived from adherent populations of HeLa cells at different time intervals. (C) Expression analysis of cell surface markers (CD24⁺ and CD44⁺) in CSCs and HeLa cells after 48 h of seeding, visualized under a confocal microscope (40 \times). (D) Quantitative analysis of CD44⁺ and CD24⁺ expression on HeLa cells and CSCs by flow cytometry.



comparison test). A ' p ' value of less than 0.05 ($p < 0.05$) was considered as statistically significant with respect to the vehicle-treated group. The results are expressed as mean \pm SD from at least three independent experiments, performed in triplicate.

Results

Establishing the CSC population from the parent HeLa cells

In order to establish the CSC population from the HeLa cells, it was necessary to observe the presence of the side population in the HeLa cells. The CSC population comprises signature surface molecules such as ABC transporter (Ca^{2+} channel), which is extensively engaged in efflux action. The existence of a highly

tumorigenic SP in parent HeLa cells was established by Hoechst dye efflux assay in the presence or absence of verapamil, a Ca^{2+} channel blocker. Verapamil inhibited the efflux of the dye from the SP. Approximately, a 1.86% SP (low efflux fluorescence) among the total number of HeLa cells was observed in the absence of verapamil. However, the presence of verapamil significantly reduced the low efflux fluorescence population to 0.64% (Fig. 1A). Thus, the reduction in SP in the presence of verapamil confirmed the presence of a SP in the parent HeLa cells. The CSC population generated from parent HeLa cells was first established and optimized in the presence of SFM and growth factors. The CSCs are known to continuously differentiate and make a cluster of heterogeneous mature cells. The side

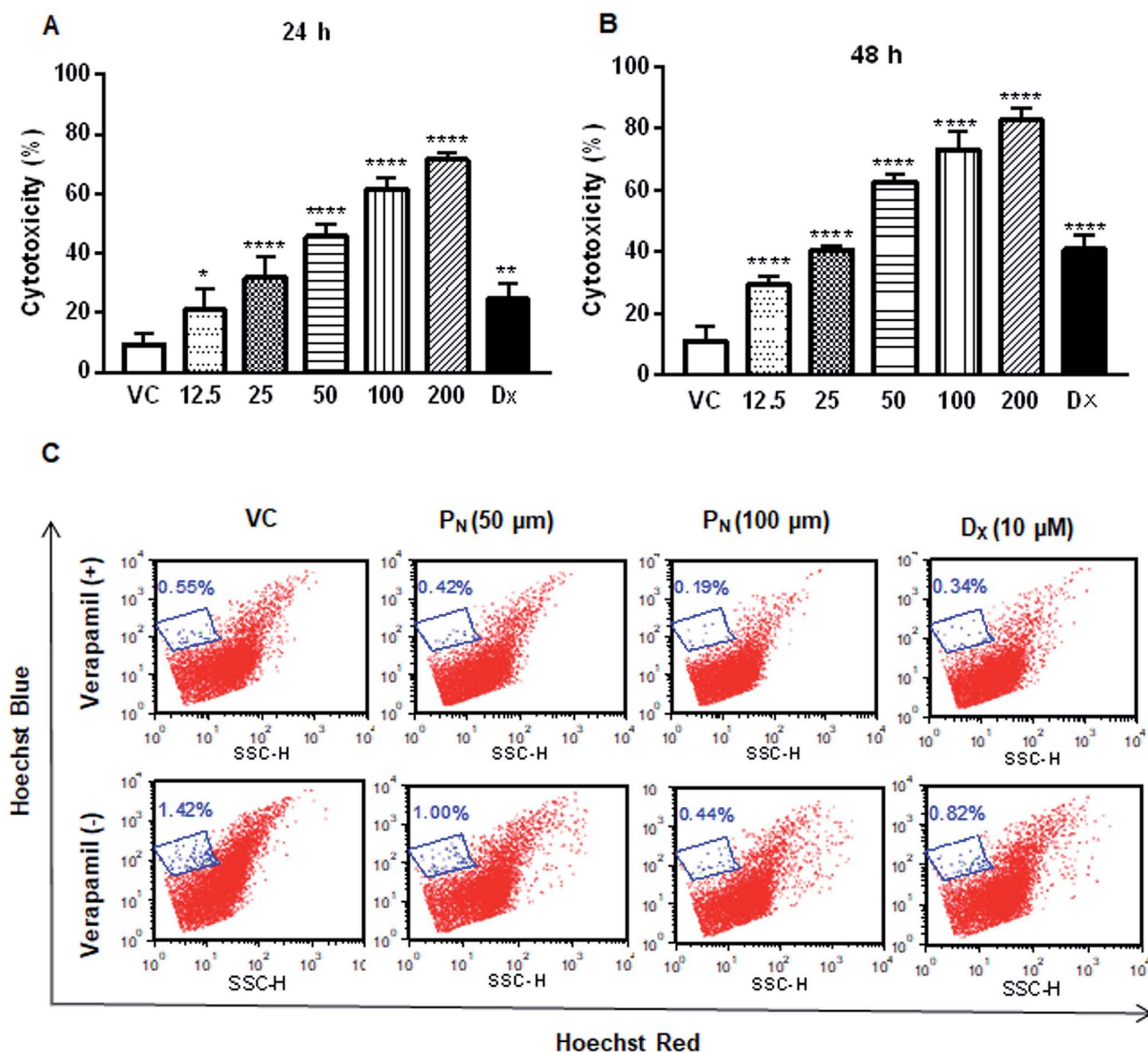


Fig. 2 Impact of P_N on the CSC population and side population. MTT reduction assay to determine the cytotoxicity of P_N in the CSC population at 24 h (A) and 48 h (B) post treatment. The data represent the mean \pm SD of three independent experiments, performed in triplicate. Two-way ANOVA (Dunnett's multiple comparisons) was performed to calculate the statistical difference among all of the treated groups with respect to the vehicle treated group. * = $p \leq 0.05$, ** = $p \leq 0.01$, and **** = $p \leq 0.0001$. (C) The effect of P_N on the SP in the presence and absence of verapamil analyzed using Hoechst 33342 staining by flow cytometry. VC, vehicle control; P_N , pinostrobin; Dx, doxorubicin.



population present in the HeLa cells was significantly transformed into a compact cluster of cancer sphere cells (Fig. 1B). Microscopic examination of the cells showed that the formation of clusters of cancer sphere cells was initiated within 3 days and a progressive increase in the size of the spheres was observed with time (Fig. 1B). As is evident from Fig. 1B, the HeLa-CSCs

continuously proliferated, made large number of clusters and differentiated into non-adherent spherical stem-like clusters. The CSCs generated from HeLa cells were also confirmed by expression analysis of cell surface markers on the CSC population (Fig. 1C). Furthermore, quantified high CD44⁺ expression (94.55%) and relatively lower CD24⁺ expression (28.94%)

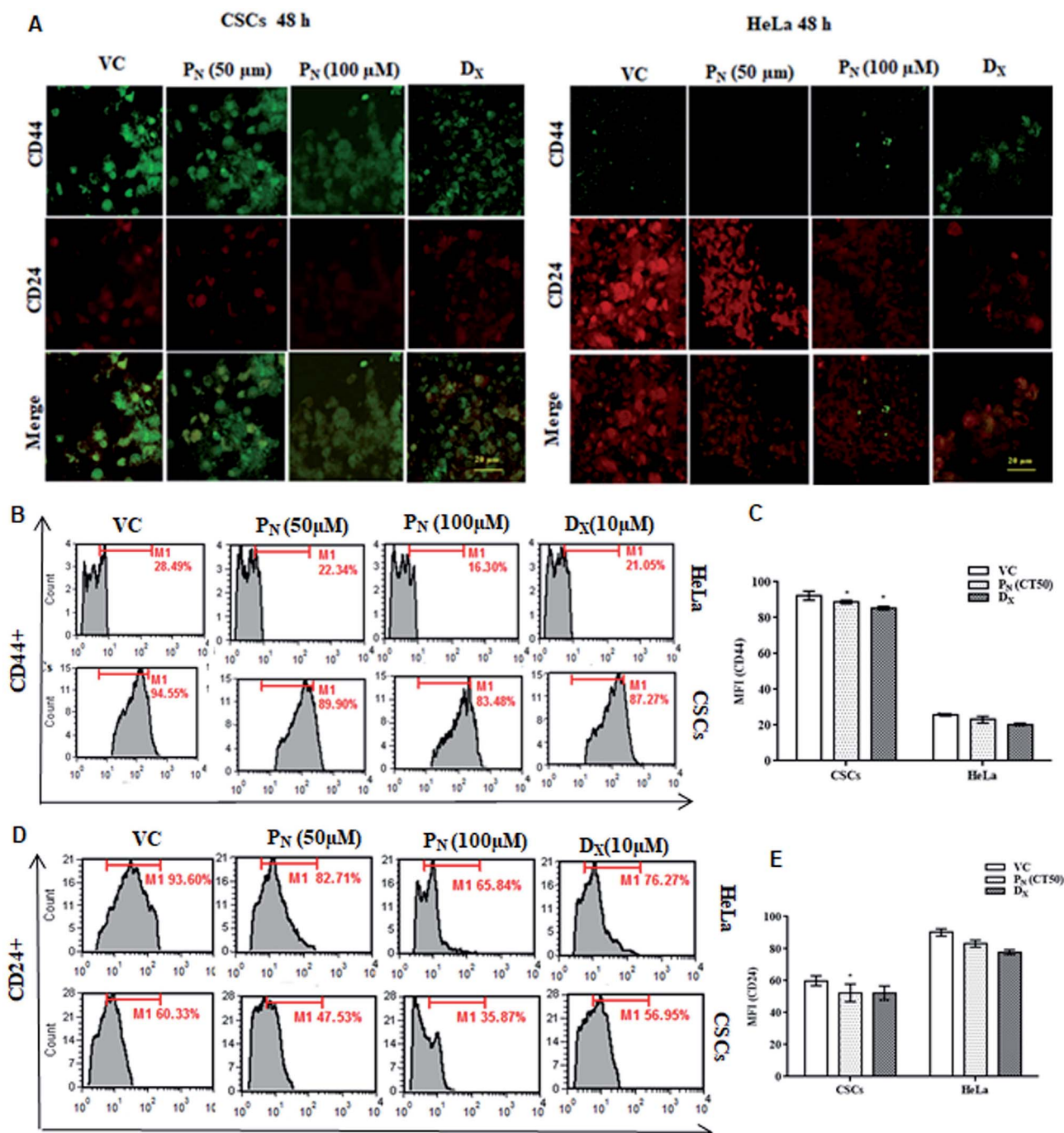


Fig. 3 Effect of P_N on CD44⁺ and CD24⁺ expression in CSCs and HeLa cells. (A) HeLa cells and CSCs, treated with the vehicle and different concentrations of P_N and D_X for 48 h, were stained with FITC-conjugated anti-CD44 and PE-conjugated anti-CD24 antibodies and visualized (40×) under a confocal microscopy. (B and D) Flow cytometric analysis of CD44⁺ & CD24⁺ expression in P_N-treated (50 μM, 100 μM) HeLa-CSCs at 48 h post-treatment. (C and E) Mean fluorescence intensity of CD44⁺ and CD24⁺ HeLa cells and CSCs treated with P_N. VC, vehicle control; P_N, pinostrobin; D_X, doxorubicin.



were observed on HeLa-sphere forming cells, whereas the parent HeLa cells showed low CD44⁺ (60.33%) and high CD24⁺ (93.60%) expression (Fig. 1D). These results confirmed the authenticity of the CSC cultures generated from the HeLa cells.

Regeneration of the HeLa cells from SFCs and spheroids

The authenticity of the CSCs was further confirmed by checking their ability to generate HeLa cells. The self-renewal ability of SFCs/CSCs and spheroids to regenerate parent HeLa cells was evaluated by growing them in constituted DMEM. The SFCs adhered to the surface of the culture flask, exhibiting a similar morphology to that of the parent HeLa cells within 5 days. Furthermore, the self-renewal activity of the SFCs was also validated by the formation of spheroids. Spheroids were formed

as a cluster of heterogeneous cells after long culturing of SFCs. When spheroids of 3 and 5 days were cultured in constituted DMEM, the cells quickly adopted that same morphology as that of the parent HeLa cells within 4 days (Fig. S1†). Thus, these results indicated that both SFCs and spheroids derived from them adopted parent HeLa cell morphology.

P_N decreases cell viability and modulates side population

The effect of P_N on the cell viability of CSCs was assessed by MTT assay. As shown in Fig. 2A, P_N treatment significantly inhibited CSC population cell viability in a dose-dependent manner at concentrations starting from 12.5 μ M (Fig. 2A). D_X treatment, included as a reference control, also resulted in decreased cell viability of the CSCs. Based on the cell viability

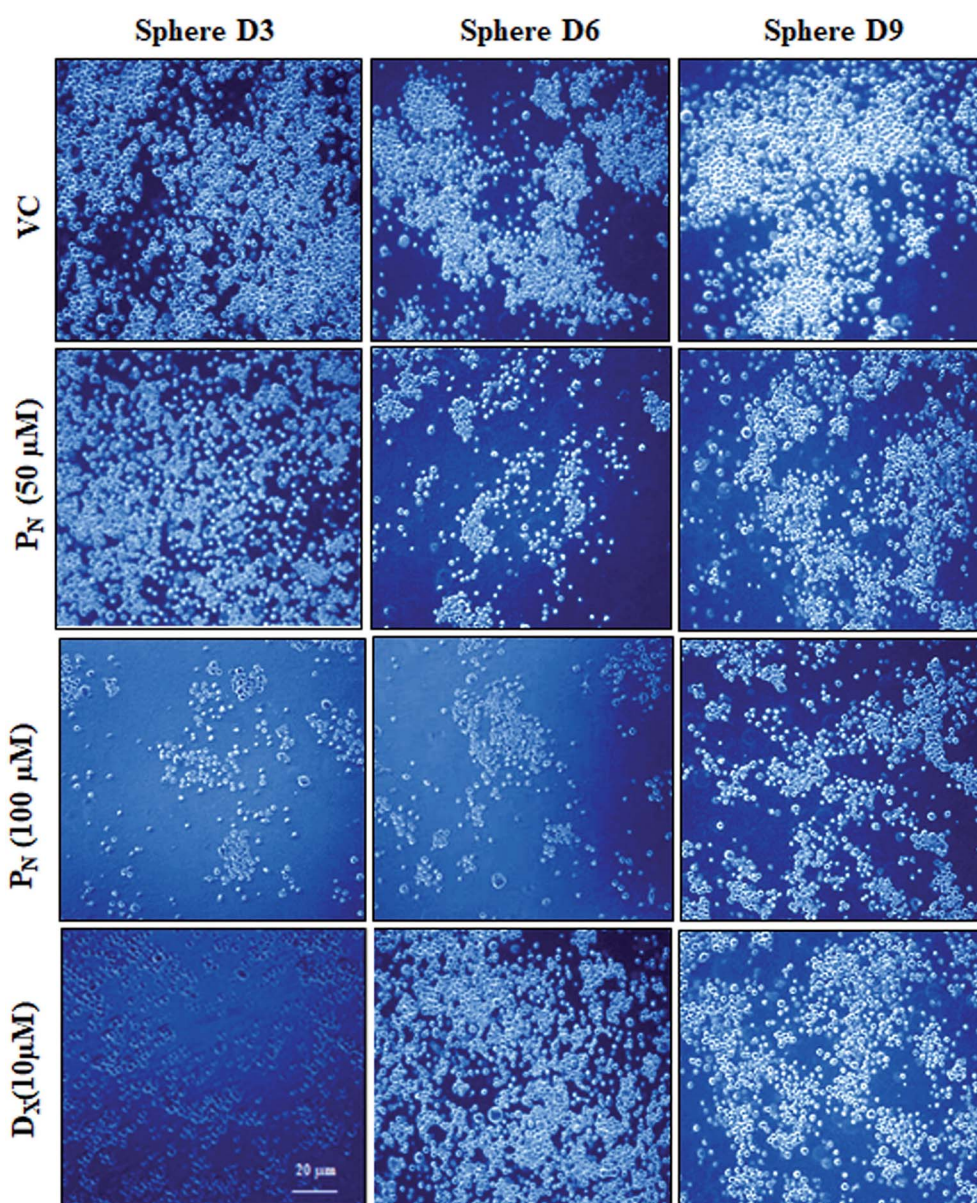


Fig. 4 Effect of P_N on sphere formation efficiency. The morphology and number of spheres were examined microscopically (20 \times) at different time points after P_N treatment. VC, vehicle control; P_N, pinostrobin; D_X, doxorubicin.



data of the P_N -treated CSCs, 50 μM of P_N was used for subsequent experiments. To establish if P_N affected the side population in the HeLa cells, the effect of P_N treatment on the SP in the HeLa cells in the presence or absence of verapamil was also investigated. P_N (50 μM & 100 μM) significantly reduced the SP to 1%, and 0.44% in comparison to that observed in vehicle treated cells ($\sim 1.42\%$) in the absence of verapamil. In the presence of verapamil, the percentage of SP was further reduced to 0.42% and 0.19% at 50 and 100 μM of P_N , respectively, as compared to the vehicle treated cells (0.55%) (Fig. 2C). Thus, P_N was competent in reducing the SP number, either in the absence or presence of verapamil in a dose-dependent manner.

P_N alters the expression of CSC cell surface markers

Cancer stem cells proficiently express unique surface markers, including $CD44^+$, $CD24^+$ and ATP binding cassette (ABC) transporters. A reduction in the number of viable CSCs by P_N , as evident from MTT assay, was confirmed by the analysis of the expression of cell surface markers on the CSC population. A higher expression of $CD44^+$ with negligible expression of $CD24^+$ is characteristic of CSCs, whereas HeLa cells express higher

$CD24^+$ with minimal $CD44^+$. Confocal microscopy of the treated cells clearly showed a decrease in the green fluorescence of FITC in the P_N -treated CSCs, indicating decreased expression of $CD44^+$ when compared to vehicle-treated CSCs (Fig. 3A). Likewise, a decrease in the red fluorescence of the PE stain indicated a decreased expression of $CD24^+$ in comparison to vehicle treated HeLa cells (Fig. 3A). The change in the expression of the surface markers on the CSCs and HeLa cells was also observed after 24 h with evident disintegration of the spheroids in the D_X treated cells (Fig. S2†). However, after 48 h, the change was prominent, as evident from the increased fluorescence on P_N exposure. Thus, P_N adversely affected both the HeLa cells and its CSCs.

Quantitative analysis of $CD44^+$ and $CD24^+$ on the CSCs and HeLa cells by flow cytometry further confirmed the microscopic results. As evident from Fig. 3, P_N (100 μM) reduced $CD44^+$ in both the CSCs and HeLa cells to 83.48 and 16.30% compared to vehicle treated CSCs (94.55%) and HeLa cells (28.49%) (Fig. 3B). A decrease in the $CD44^+$ CSC population was observed in P_N treated CSCs (Fig. 3C). The vehicle treated CSCs showed 60.33% $CD24^+$ cells, whereas in P_N -treated (100 μM) cells, their expression was reduced to 35.87%. Likewise, a decrease in the

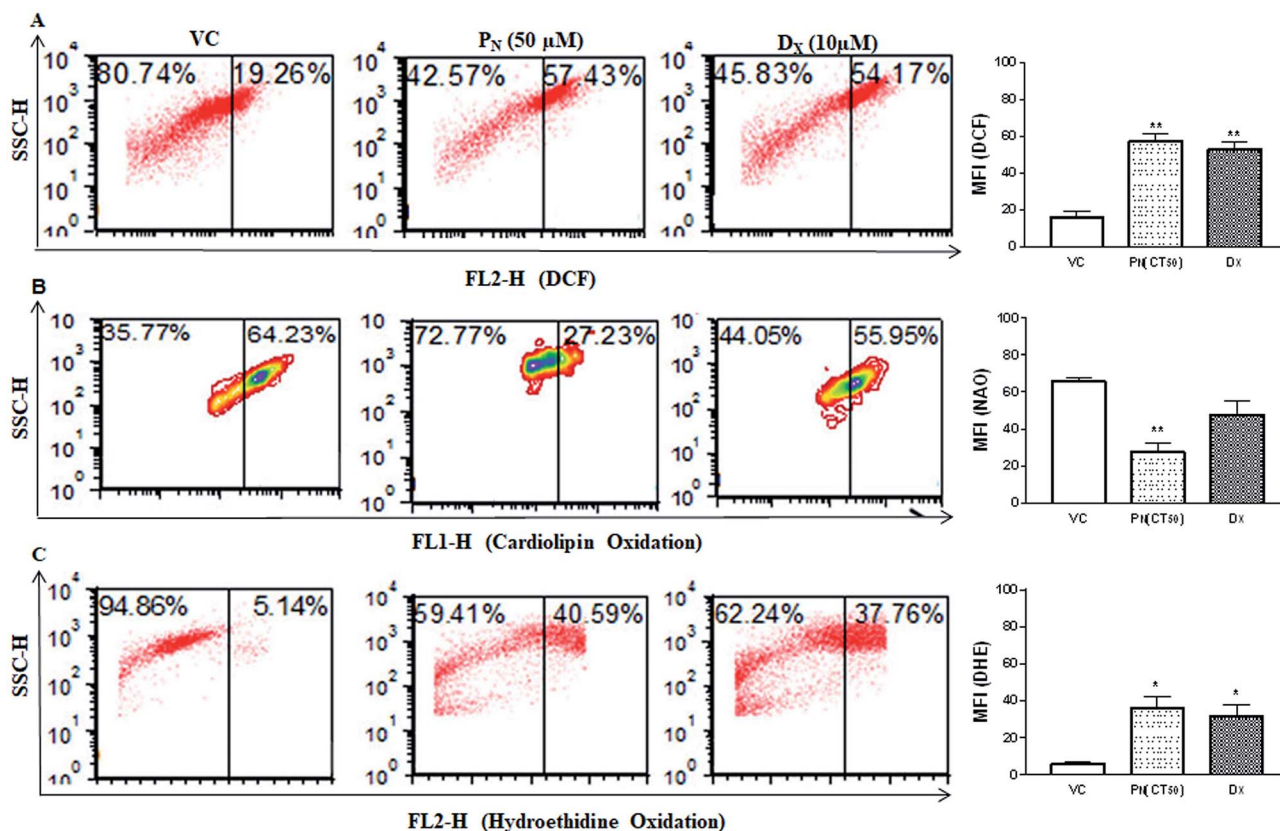


Fig. 5 Effect of P_N on ROS production, cardiolipin oxidation and DNA damage. (A) Flow cytometric analysis of the ROS production using DCFH staining in the P_N -treated CSC population. (B) Analysis of cardiolipin oxidation using 10-nonyl acridine orange (NAO) staining by flow cytometry in the P_N treated CSC population. (C) Flow cytometric analysis showing oxidation of hydroethidine (HE) by ROS in P_N treated CSCs. The figures show the representative dot plots for each analysis. The bar diagrams on the right show the mean fluorescence intensity of the respective fluorophore in the CSCs subjected to different treatments. Significance (p value) levels were calculated with respect to vehicle treated CSCs (VC) using two-way ANOVA (Dunnett's multiple comparisons) * = $p \leq 0.05$, ** = $p \leq 0.01$, *** = $p \leq 0.001$ and **** = $p \leq 0.0001$. VC, vehicle control; P_N , pinostrobin; D_X , doxorubicin.



expression of CD44⁺ and CD24⁺ was noted in P_N-treated HeLa cells. P_N exposure reduced the expression levels of CD44⁺ and CD24⁺ to 16.30 and 65.84%, respectively in HeLa cells in comparison to vehicle treated cells (CD44⁺ and CD24⁺, 28.49% and 93.60%, respectively) after 48 h (Fig. 3D and E). The expression of CD44⁺ and CD24⁺ was also found to be lower in D_X-CSCs and HeLa cells treated with D_X for 48 h, respectively.

P_N inhibits the sphere formation efficiency (SFE) of CSCs and alters the morphology of the spheres

Since CSCs form spheres that contain tumorigenic cells, it was of interest to know if P_N affected the sphere formation. For this, the effect of P_N on the sphere formation efficiency of the HeLa-CSCs was analysed at different time intervals. As evident from Fig. 4, there was an increase in the number of cell clusters/spheroids with time in the untreated/vehicle treated cells. P_N-treatment of CSCs resulted in a relatively lower number of cell clusters and decreased the sphere and spheroid formation when compared to the vehicle control. Likewise, D_X-treated CSCs also showed a relatively lower number of compact spheroids as compared to the vehicle treated group and the spheroids appeared to be disintegrated into smaller individual

spheres. Thus, the sphere formation efficiency was significantly reduced in P_N-treated CSCs when compared to vehicle treated cells. Morphological examination of the spheres showed a time-dependent increase in the size of the spheres and that they formed symmetric prototypical spheroids that indicated the self-renewal function of normal stem cells, in vehicle treated cells. On the other hand, in the P_N-treated CSCs as well as D_X-treated CSCs, a loss in the compact spheroid structure was observed. P_N-treatment resulted in complete disruption of the morphology of a single sphere with its outer cell membrane significantly disintegrated at 48 h. D_X-treated spheres also showed disintegration of the membrane integrity. Vehicle-treated CSCs showed intact spheres similar to those seen in untreated CSCs (Fig. 4).

P_N enhances ROS generation

Reactive oxygen species (ROS) production was analysed in P_N treated CSCs by DCFH-DA (Fig. 5A). P_N-treated (50 μM) CSCs exhibited higher fluorescence events of DCF (57.43 ± 3.54%) in comparison to vehicle-treated CSCs (19.26 ± 0.21%). Higher DCF fluorescence in P_N-treated cells is an indicator of ROS production in CSCs. The site of ROS production was analysed

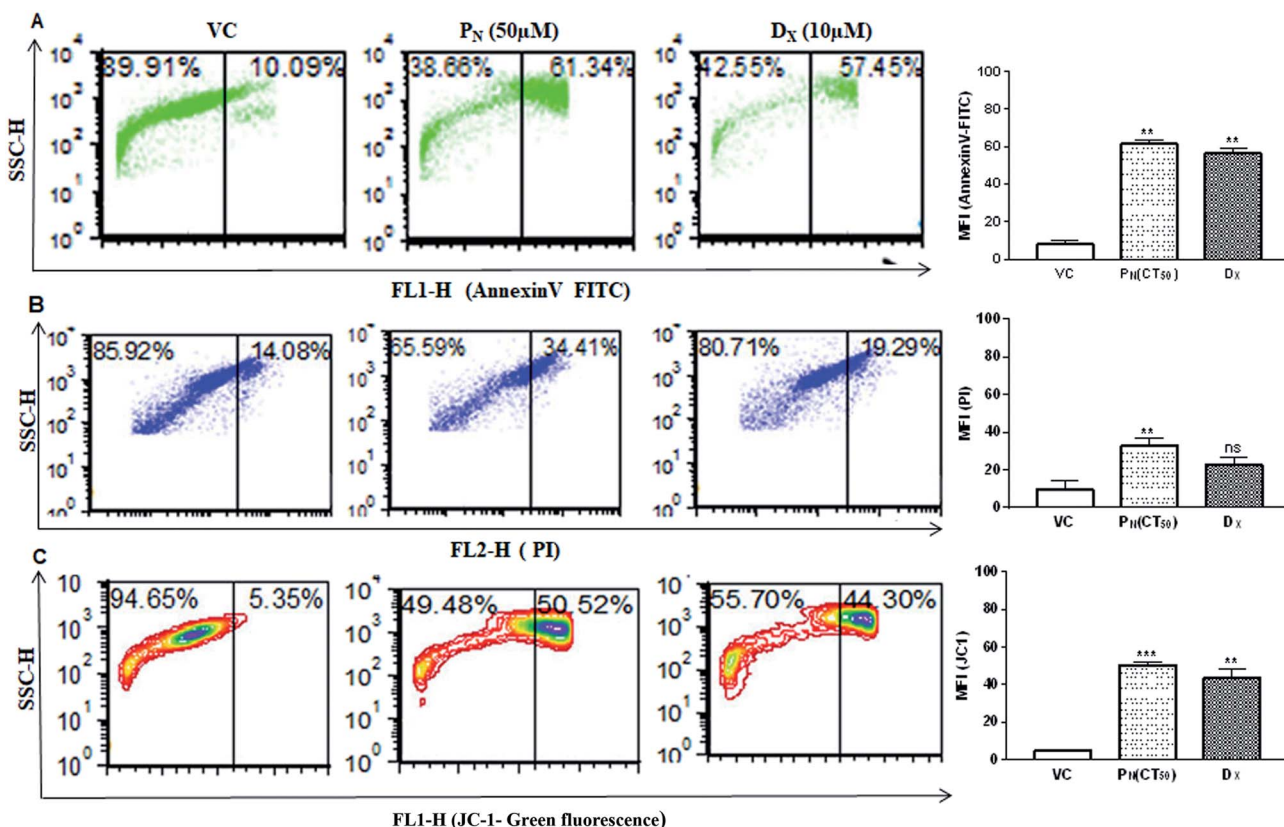


Fig. 6 Measurement of apoptotic/necrotic cell populations and change in the mitochondrial membrane potential in P_N-treated CSCs. (A) Annexin-V-FITC staining to determine apoptotic cell population in P_N treated CSCs population. (B) Flow cytometric analysis of PI stained CSCs to determine late apoptotic cell population. (C) Flow cytometric analysis of the change in the mitochondrial membrane potential ($\Delta\Psi_m$) in the P_N treated CSCs population using JC-1 probes. The bar diagrams on the right show the mean fluorescence intensity of the respective fluorophore in the CSCs subjected to different treatments. Significant difference (p value) was calculated using two-way ANOVA (Dunnett's multiple comparisons with respect to the vehicle treated group). * = $p \leq 0.05$, ** = $p \leq 0.01$, *** = $p \leq 0.001$ and **** = $p \leq 0.0001$. VC, vehicle control; P_N, pinostrobin; D_X, doxorubicin.



using 10-nonyl acridine orange (NAO) dye. P_N -treated CSCs showed lower binding affinity of NAO with cardiolipin ($27.71 \pm 4.40\%$) when compared to vehicle-treated CSCs ($64.23 \pm 2.0\%$) at 48 h of treatment (Fig. 5B). The consequences of ROS production in P_N -treated CSCs were analysed using HE. Fig. 5C shows the red fluorescence of ethidium bromide that binds to DNA of damaged cells. P_N -treated CSCs showed presence of DNA fragmentation indicated by greater red fluorescence events ($40.59 \pm 6.15\%$). DNA fragmentation was found to increase with time and increasing dose of P_N .

P_N treatment promotes apoptotic cell population and depolarization of the mitochondrial membrane potential ($\Delta\Psi_m$)

Cell membrane integrity is an indicator of a healthy cell. In apoptotic cells, phosphatidylserine, an inner cell membrane protein, is externalized from the inner side to the outer side of the cells, to which Annexin V is able to bind. In order to see if P_N affects the cell membrane integrity, FITC-Annexin V staining was carried out. P_N -treated cells showed greater phosphatidylserine exclusion in the form of Annexin V-FITC fluorescence events in CSCs ($61.34 \pm 3.37\%$) indicating early apoptotic cell population, in comparison to vehicle ($\sim 10\%$) treated cells at 48 h (Fig. 6A). Thus, externalization of phosphatidylserine was significantly increased in P_N -treated cells in a time dependent manner, indicating disruption of membrane integrity.

DNA fragmentation was analysed by PI staining to determine the late apoptotic cell population. CSCs exposure to P_N resulted in an increase in PI-stained nuclei also with red fluorescence events at $34.41 \pm 3.72\%$, compared to vehicle treated cells with PI fluorescence events at $14.08 \pm 4.43\%$ (Fig. 6B). The greater number of stained nuclei in P_N -treated CSCs indicated the disintegration of nuclear membrane. Integrity of the mitochondrial membrane is absolutely necessary for the normal metabolic functions of cells. Hence, the mitochondrial membrane potential was analysed using a cationic carbocyanine JC-1 probe in vehicle-treated and P_N treated CSCs. Fig. 6C shows that P_N -treated CSCs showed a higher number of JC-1 monomer fluorescence events (50.52 ± 1.71) in comparison to that observed in vehicle treated cells (fluorescence events $\sim 5\%$) at 48 h. D_x , used as a positive control, also resulted in the formation of JC-1 monomer fluorescence events ($\sim 44\%$) in CSCs. The vehicle-treated cells showed high $\Delta\Psi_m$ with intense red fluorescence and exhibited fewer JC-1 monomers with intact membranes.

NAC rescues P_N -induced ROS-mediated apoptosis in CSCs

To confirm the role of ROS in P_N -induced cell death, the ROS scavenger NAC was used. For this, the CSCs were incubated with 5 mM NAC for 5 h prior to the addition of $50 \mu\text{M}$ P_N and allowed to grow for a further 48 h. As is evident from the figure, pre-treatment with NAC resulted in $\sim 30\%$ reduction in

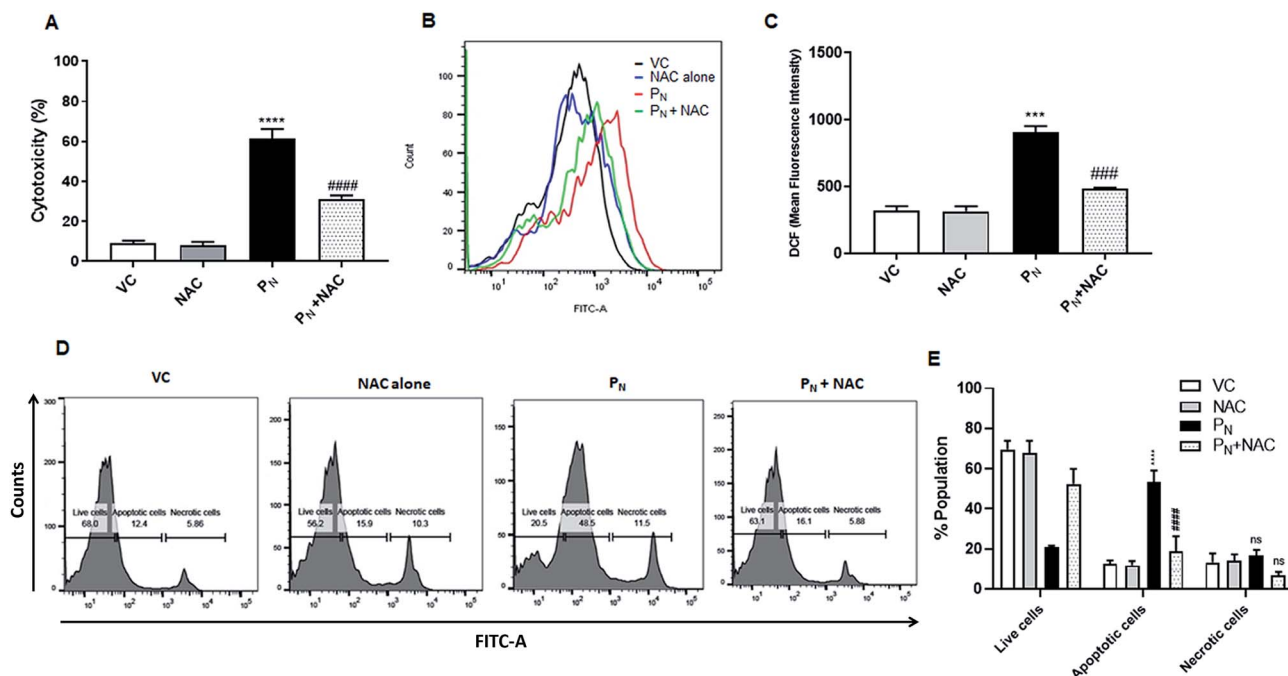


Fig. 7 Role of ROS in apoptosis induced by P_N . CSCs were pre-incubated with NAC (5 mM) for 5 h, followed by treatment with P_N ($50 \mu\text{M}$) for 48 h. (A) Cell toxicity (%) was measured by MTT assay. (B) Overlay histogram showing ROS generation in P_N -treated and NAC-treated groups. (C) Bar diagram representing the effect of NAC on P_N -induced ROS generation. (D and E) NAC reduced apoptosis resulting in a reduction of the P_N -treated CSC population using an Annexin-V-FITC apoptosis detection kit (Biovision), as per manufacturer's instructions. All of the FACS experiments were carried out on a BD FACSaria™ III cell sorter (BD Biosciences). Ordinary one-way ANOVA (Dunnett's multiple comparisons test) was performed to calculate the statistical difference ($p \leq 0.05$). (*) compared with vehicle control cells, whereas # represents the significance compared to P_N -treated cells. NS: non-significant, VC: vehicle control, P_N : pinostrobin, NAC: *n*-acetyl cysteine.



cytotoxicity (Fig. 7A) when compared to the cells treated with P_N alone ($\sim 60\%$). Since P_N treatment resulted in increased ROS production, ultimately leading to cell death, ROS production in the cells pre-treated with NAC was also estimated. Fig. 7B and C clearly show a 53.8% reduction in the ROS levels assessed by DCFH-DA staining in the cells pre-treated with NAC in comparison to those treated with P_N alone. A reduction in cell death accompanied by decreased ROS levels in the NAC-pretreated cells clearly indicate that NAC was able to rescue the CSCs from the ill effects of ROS generated due to P_N treatment. Apoptosis assay using FITC conjugated Annexin V also confirmed that NAC inhibited P_N -induced apoptosis in CSCs (Fig. 7D and E). Pre-treatment with NAC resulted in a significant decrease in the apoptotic cell population ($\sim 20\%$) when compared to the P_N -treated cells alone (52%). No significant changes in the necrotic population in the NAC pre-treated group were observed in comparison with the P_N -treated group. These data validated that P_N inhibited cell proliferation and caused ROS-mediated apoptosis in the CSC population.

Discussion

Despite the availability of various therapies such as chemotherapy, radiotherapy and surgical intervention for the treatment of cancer, the incidence of relapse and subsequent mortality due to various cancers have been reported to increase. The primary cause of this recurrence has been attributed to the SP of cancer cells recognised as the CSC population, which are often resistant to existing therapies. Therefore, it is hypothesized that successful treatment of cancer does not only depend on the main tumor mass, but also on highly resistant CSCs. The existence of CSCs suggests that tumor development and metastasis are driven by the SP of parent cancer cells, which are responsible for tumor initiation, growth and recurrence. Therefore, the targeting of CSCs is gaining attention in devising new treatment strategies for cancer. Indeed, combination therapies that target both stem cells and tumor cells have been proven to be more effective in the treatment of breast cancer.²⁹

Traditional medicines systems including Unani, Ayurveda and Siddha have used formulations derived from plants and marine sources for the treatment of different ailments with minimal toxicity. Indeed, a number of chemotherapeutic agents such as taxol and vinblastine, currently used for the treatment of cancer, are derived from plants.¹² The use of molecules/compounds derived from dietary substances that are part of the daily diet for the prevention and treatment of cancer would possibly provide an alternate strategy without the adverse effects associated with currently available therapies. With respect to targeting cancer cells, a number of compounds have shown selective toxicity to cancer stem cells in *in vivo* models.³⁰ A few of these compounds are present in our daily diet, including curcumin, resveratrol, epigallocatechin gallate (EGCG), vitamin A and its precursors, isothiocyanate–sulforaphane, and various other flavonoids.^{30–32} Curcumin and EGCG have been reported to downregulate the self-renewal ability of CSCs by modulating associated pathways in an *in vitro* model.³³ Similarly, resveratrol has also been reported to significantly reduce the nuclear localisation of β -catenin, important for normal signalling in CSC

maintenance.³⁴ Dietary agents have been reported to overcome CSC-dependent drug resistance.³⁵ Treatment with plant-derived quercetin showed greater inhibition of tumor growth, indicating the influence on drug resistant cells in comparison to control mice, suggesting a lower proportion of chemotherapy-resistant CSCs.³⁰ Some flavonoids show synergistic action in different cancer cells, whereas some show specific toxicity against certain types of cells.^{36–38} Thus, there is a need to search for molecules that have anti-cancer activity for a variety of cancer cells together with the ability to inhibit CSC proliferation.

P_N , a flavonoid present in a number of dietary compounds, has been shown to inhibit the growth and proliferation of a variety of cancer cells.^{13–16} Previous findings from our laboratory have demonstrated the anticancer potential of P_N through the inhibition of topoisomerase I activity, control of cell proliferation, and oxidative-stress induced cell death in HeLa cells.^{16,17} P_N efficiently induced apoptosis in HeLa cells through ROS-mediated activation of extrinsic and intrinsic signalling pathways, as well as ROS-mediated mitochondrial damage.¹⁶ Stem cells contain own signature molecules like ABC membrane transporter proteins that efflux certain lipophilic drugs and are recognized as the SP.³⁹ A few ABC membrane transporter proteins act as Ca^{2+} channels, increasing the cellular uptake of Ca^{2+} and activating Ca^{2+} dependent proteases (*e.g.* calpain) and endonuclease(s), which leads to DNA fragmentation and apoptosis.^{40,41} We first demonstrated the existence of highly tumorigenic CSCs or side population in parental HeLa cells by Hoechst staining in the presence of verapamil, a Ca^{2+} channel blocker, which would prevent the efflux of Hoechst dye from the SP.

Our results confirmed that the HeLa cells used in the study did contain a SP or CSCs. After confirming the presence of the SP or CSCs in the parental HeLa cells, sphere forming cells (SFCs) or CSCs were successfully established from HeLa cells *in vitro* to assess the effect of P_N on their self-renewal properties. Compact clusters of cancer sphere cells were non-adherent and spherical with a morphology different from that of the parent HeLa cells. A progressive increase in their diameter clearly indicated their high proliferative and self-renewal ability. Similar uniformity in sphere formation and maturation has also been reported in CSCs derived from breast cancer epithelial cell lines including MCF-7 and MDA-MD-231, and various sarcoma and brain tumors.^{42–44} P_N treatment showed significant cytotoxicity towards CSCs in a dose and time-dependent manner. This is evident from the reduction in the number and size of the spheroids and overall decrease in sphere formation efficiency. Our results suggest that HeLa cells contain a P_N -sensitive CSC population. Our results are in agreement with those of Tang *et al.*,⁴⁵ who showed that EGCG, another flavonoid, inhibited the growth of CSCs derived from human prostate cancer cells (PC-3 and LNCaP) in a dose-dependent manner. Likewise, a significant reduction in tumor volume in a MDA-MB-231 mammosphere model with a $CD44^{high}/CD24^{low}$ phenotype was observed after curcumin administration.³⁰

Like the CSCs derived from human colon carcinoma HT29 cells²⁰ and ovarian carcinoma SKOV3 cells,²¹ D_x also inhibited cell proliferation of the CSCs derived from HeLa cells in the present study. Previous studies have shown that CSC subpopulations can be identified, isolated from various different tumors by exploiting



cell-surface markers such as CD44⁺ and CD24⁺ in ovarian and mammospheres from breast cancer cell lines.⁵⁰ These specific signature molecules or cell surface markers have been correlated with disease determination.⁴⁶ The CD24⁺ population is involved in the formation of sphere-like bodies, cell proliferation, differentiation, promotion of tumour growth, and increases resistance towards chemotherapeutic drugs, whereas the CD44⁺ population is engaged in cancer promotion, metastasis and cancer cell growth.⁴⁷ Gu and his colleagues reported HeLa-SFC/CSC populations that expressed CD44^{high}/CD24^{low} cell-surface markers and showed drug resistance.¹⁹ A reduction in the CSC population upon P_N-treatment was therefore confirmed by analysis of CSC-specific cell surface markers on HeLa-CSCs. As expected, the HeLa-CSCs showed high CD44⁺ and low CD24⁺ expression, whereas the parental HeLa cells showed lower CD44⁺ and higher CD24⁺ expression.¹⁹ Thus, both the morphological examination and expression analysis of the cell surface markers confirmed the identity of the HeLa-CSCs and their stem-like properties. P_N-treatment resulted in a significant decline in the expression of CD44⁺ and CD24⁺ in HeLa cells as well as HeLa-CSCs, although the extent of reduction was more in CSCs than that observed in parent HeLa cells.⁴⁸ These data thus demonstrate the potential of P_N to inhibit the self-renewal activity of CSCs. The decreased expression of CSC-specific markers endorses cell death in P_N-treated cells and a decrease in the high CD44⁺ population would inhibit tumor growth, metastasis and cause relapse.⁴⁷ Phytochemicals capable of altering the expression of both CD44⁺ and CD24⁺ have been identified as anti-metastatic agents.⁴⁹ We further explored the possible effects of P_N exposure on the cytotoxicity, morphology, and expression levels of surface markers among the CSC population by analysing the changes in the CD24⁺ and CD44⁺ expression levels. Our previous findings clearly revealed that in parent HeLa cells,¹⁶ P_N was found to be very promotive towards modulating the cellular integrity and mitochondrial membrane potential, DNA fragmentation and ROS production. A reduction in the cytotoxicity, ROS production and apoptotic cell population by P_N in cells pre-treated with NAC, a ROS scavenger, further confirmed that generation of ROS is the key mechanism by which P_N inhibits cell proliferation and induces cell death in CSCs. In the present study, the results show enhanced production of ROS, DNA fragmentation, and depolarized mitochondrial membrane potential in the P_N-treated CSCs, which could lead them to cell death through an apoptotic pathway.

Conclusions

Overall, through the generation of *in vitro* CSC cultures from HeLa cancer cells, we demonstrated that P_N has the ability to inhibit CSC proliferation and spheroid formation, ultimately leading the CSCs to apoptotic cell death. These data clearly demonstrate that treatment with plant derived flavonoids such as P_N, which targets both cancer cells¹⁶ and cancer stem cells (present study), is likely to prove a promising therapeutic strategy, by reducing relapse and recurrence. The individual and combined effects of chemotherapies and flavonoids have been tested in various cancers. The anti-CSC activity of a combination of sulforaphane and dietary-derived flavonoid

quercetin has been examined in MIA-PaCa2 pancreatic cancer cells (high proportion of CSCs) using a xenograft model. Although both of these agents individually inhibited the growth of tumors, the combination led to complete eradication.⁴⁷ Similarly, P_N or other such compounds could possibly be used in combination with existing therapies for improved outcome.

In our study, the mechanism of P_N-induced cell death is probably associated with an increase in ROS generation and depolarization of the mitochondrial membrane potential in CSCs, which leads to downregulation of expressions of stem cell markers and regeneration capacity. However, further studies using *in vivo* models would confirm the potential of P_N for cancer treatment, either alone or in combination with existing therapies.

Conflicts of interest

The authors declare that no conflicting interests exist.

Abbreviation

BSA	Bovine serum albumin
CSCs	Cancer stem-like cells
DMEM	Dulbecco's modified Eagle's medium
EDTA	Ethylenediaminetetraacetic acid
FACS	Fluorescence-activated cell sorting
FBS	Fetal bovine serum
MMP	Mitochondrial membrane potential
MTT	3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide
PBS	Phosphate buffer saline
P _N	Pinostrobin
ROS	Reactive oxygen species
SP	Side population

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