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Elemental characterisation of the pyramidal neuron layer within the rat and mouse hippocampus[†]

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A unique combination of sensitivity, resolution, and penetration make X-ray fluorescence imaging (XFI) ideally suited to investigate trace elemental distributions in the biological context. XFI has gained widespread use as an analytical technique in the biological sciences, and in particular enables exciting new avenues of research in the field of neuroscience. In this study, elemental mapping by XFI was applied to characterise the elemental content within neuronal cell layers of hippocampal sub-regions of mice and rats. Although classical histochemical methods for metal detection exist, such approaches are typically limited to qualitative analysis. Specifically, histochemical methods are not uniformly sensitive to all chemical forms of a metal, often displaying variable sensitivity to specific "pools" or chemical forms of a metal. In addition, histochemical methods require fixation and extensive chemical treatment of samples, creating the strong likelihood for metal redistribution, leaching, or contamination. Direct quantitative elemental mapping of total elemental pools, *in situ* within ex vivo tissue sections, without the need for chemical fixation or addition of staining reagents is not possible with traditional histochemical methods; however, such a capability, which is provided by XFI, can offer an enormous analytical advantage. The results we report herein demonstrate the analytical advantage of XFI elemental mapping for direct, label-free metal quantification, *in situ* within ex vivo brain tissue sections. Specifically, we definitively characterise for the first time, the abundance of Fe within the pyramidal cell layers of the hippocampus. Localisation of Fe to this cell layer is not reproducibly achieved with classical Perls histochemical Fe stains. The ability of XFI to directly quantify neuronal elemental (P, S, Cl, K, Ca, Fe, Cu, Zn) distributions, revealed unique profiles of Fe and Zn within anatomical sub-regions of the hippocampus *i.e.*, cornu ammonis 1, 2 or 3 (CA1, CA2 or CA3) sub-regions. Interestingly, our study reveals a unique Fe gradient across neuron populations within the non-degenerating and pathology free rat hippocampus, which curiously mirrors the pattern of region-specific vulnerability of the hippocampus that has previously been established to occur in various neurodegenerative diseases.

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Significance to metallomics

Metals such as Fe, Cu, and Zn are essential for brain function, and imbalance in metal levels is observed during many brain diseases and neurological conditions. The significance of the research presented herein, is that it describes a detailed characterisation of metal content within specific populations of cells in the hippocampus. The hippocampus is central to spatial memory and learning, but, is highly vulnerable to brain disease. The regional specific variation in metal content we observe, will be built upon in future studies to determine mechanistic roles of metal ions, in specific hippocampal sub-regions, during brain disease.

Introduction

Tremendous progress in functional neuroanatomy has been made over many decades using techniques that employ staining reagents in combination with light, electron, or fluorescence microscopy.^{1–4} However, traditional methods typically reveal little on the chemical (molecular and elemental) composition of neurons themselves. A major reason for this is that chemical stains and chemical fixation procedures often remove, re-distribute or even add chemical content to biological samples.^{5–10} Consequently, it has only been through the recent advances in direct, label free elemental mapping techniques, which have provided the opportunity to examine the elemental composition of neurons, or other brain cells such as glia,^{11–18} with respect of their anatomical location and brain function.

The hippocampus is the main centre of spatial learning and memory formation in the mammalian brain.^{19,20} Although elemental characterisation of neuron populations within hippocampal sub-regions has remained lacking to now, the relationships between neuron structure, biochemical composition and anatomy in relation to function have been studied extensively. The hippocampus is comprised largely of pyramidal neurons within the Cornu Ammonis sub-regions 1–3 (CA1, CA2 and CA3), while the dentate gyrus (DG) is comprised of a different type of cell, the smaller granule cells.^{21,22} Pyramidal neurons in different CA sub-regions (CA1, CA2, CA3) are physically different in terms of morphology and patterns of physical connection with other neurons/brain structures, however, chemical differences between pyramidal neurons located in the different CA sub-regions are only a relatively recent discovery. It is also known that differential gene and protein expression occurs across pyramidal neurons of CA1, CA2 and CA3 sub-regions.^{23–26} This has helped put to rest the long-standing debate regarding whether neurons within the CA2 sub-region exist as functionally and chemically distinct, or if the CA2 sub-region is simply a transition zone with a mixture of CA1 and CA3 neurons.^{27–29} Recent *in situ*-hybridization and immunohistochemical data has demonstrated that CA2 neurons contain greater concentration of specific proteins or have specific gene expression not found in neurons of either CA1 or CA3 sub-regions.^{23–26,29–31} Such information has opened the door to numerous studies investigating how the distinct chemical differences between CA1, CA2 and CA3 neurons may affect function of the hippocampus during health and disease. For example, immuno-histochemistry^{30,31} and the use of DNA microarrays and *in situ*-hybridization^{32–34} have recently enabled examination of the differential distribution or relative concentration of

specific proteins or genes between hippocampal sub-regions during normal and pathological states.^{23–26,35}

An intriguing feature of the hippocampus is that various sub-regions of the hippocampus display selective vulnerability to damage.^{11,36,37} While CA1 pyramidal neurons are highly vulnerable to degeneration after ischemic insult, CA3 neurons can withstand prolonged exposure to ischemic conditions.^{38–40} Within the CA1 sub-region, medial CA1 neurons (those more distant from the CA2 and CA3 sub-regions) are more vulnerable to ischemic insult relative to neurons in lateral CA1 sub-regions.^{37,41} Further, CA1 neurons appear to be more vulnerable to damage during ageing and neurodegenerative diseases of ageing, such as Alzheimer's disease.²⁹ In contrast, seizures experienced during epilepsy cause pronounced damage to pyramidal neurons of the CA3 sub-region but not the adjacent CA2 sub-region.^{31,36} It has also been established that regional vulnerability to cell death within the hippocampus occurs following traumatic brain injury.⁴² These disparate responses to various brain injuries, none of them particularly well understood, clearly indicate a strong requirement for increased comprehension of the "baseline" biochemical and elemental composition of neurons in the CA1, CA2 and CA3 hippocampal sub-regions in the non-degenerating brain. Such knowledge will complement current understanding of gene and protein expression, and may provide insight into the biochemical pathways that underlie the selective vulnerability to neurodegeneration within these hippocampal sub-regions.

Classical histochemical methods exist for metal detection such as Timms' and Dancher methods for Zn,^{43,44} Perls and Turnbull's stains for Fe,^{45,46} and rhodamine for Cu,⁴⁷ along with a variety of modern fluorescent metal sensors (*i.e.* TSQ for Zn).⁴⁸ Unfortunately, classical histochemical approaches are typically confined to qualitative analysis, and even so, present several drawbacks with interpretation of the staining pattern.⁴⁹ Such limitations of histochemical methods include non-uniform sensitivity to all chemical forms of a metal, since often drastically increased or decreased sensitivity to specific "pools" or chemical forms of a metal exist.⁴⁹ For example, heme Fe is not detected by Perls methods.^{45,46,49} In addition, histochemical methods require fixation and extensive chemical treatment of samples, creating the strong likelihood for metal redistribution, leaching, or contamination.^{45,46} Recent advances in metal-sensing has provided a range of fluorescence sensors to detect labile metal pools.^{14,50,51} At this stage, such approaches are typically confined to cell culture, with limited application to rodent animal models, nonetheless, the value of sensing labile metal pools in living cell culture should not be understated.^{14,50,51}



One promising analytical technique to directly quantify elemental composition of biological samples at the cellular level, without the use of endogenous stains or sensors, is X-ray fluorescence imaging (XFI), also known as X-ray fluorescence microscopy (XFM). Application of XFI to image biological samples at third generation synchrotron facilities enables sub micro-molar detection at micron or several-micron spatial resolution, with data collection rates on the order of milliseconds per pixel.^{14,52-57} For these reasons, XFI has found increasing use within the field of neuroscience, to study elemental alterations that correlate with anatomical structure,^{58,59} or occur as a consequence of diseases such as Alzheimer's disease,⁶⁰⁻⁶⁴ Parkinson's disease,^{65,66} damaging events that occur during epilepsy,⁶⁷⁻⁶⁹ traumatic brain injury,⁷⁰ and stroke.^{17,71,72} XFI has also been used to study the elemental phenotype of individual cells and neurons within *in vitro* cultures,^{64,73-76} and to study the elemental distribution of the rat hippocampus,^{12,67-69,77} but detailed characterisation of elemental signatures of cells within CA1 medial, CA1 lateral, CA2 or CA3 sub-regions has not been previously undertaken.

In this investigation, we have used XFI to characterise the elemental composition of medial CA1, lateral CA1, CA2 and CA3 neuronal sub-regions of rat and mouse hippocampus. The distribution of the elements P, S, Cl, K, Ca, Fe, Cu, and Zn was quantified at 3 μm spatial resolution (semi-quantitative for lighter elements; see Methods). The measurements reveal 4 unique insights into region specific elemental distribution: (1) individual cells within CA1, CA2 and CA3 sub-regions of the rat can be differentiated based on unique Fe and Zn areal densities, providing further support that CA2 neurons are a chemically distinct subset of pyramidal neurons. In the murine hippocampus, a similar observation of elevated Fe content is observed in neurons within the CA1 sub-region, relative to CA2 and CA3 sub-regions, however, neurons within CA3 and CA2 sub-regions cannot be differentiated; (2) a lateral-to-medial trend for increasing Fe areal density occurs across the CA1 region in the non-degenerating pathology free rat and murine hippocampus. This observation parallels the trend of increasing susceptibility to delayed neurodegeneration that is known to occur within this region following ischemic insult; (3) the mossy fibres of the CA3 sub-region, which although well established to contain high Zn levels (Timm's and TSQ methods),^{43,48} are also enriched in Fe within the rat hippocampus, but not murine hippocampus; and (4) the unique insights into cellular Fe content provided by XFI, could not be identified by routine histochemical detection of Fe using the classic histochemical Perls stain.

Materials and methods

Animal models

Tissue was used from healthy (sham operated) male, 8-week old Sprague-Dawley rats ($n = 5$). These animals form part of a larger study investigating chemical pathways involved in neurodegeneration following global brain ischemia.⁷⁸ The subset of animals used in this study had been subjected to the sham

surgery (*i.e.*, healthy control animal) associated with the 2-vessel occlusion model of global brain ischemia model, as previously reported from our laboratory.⁷⁸ Brain tissue was obtained from the rats 2 days after sham surgery ($n = 5$ animals). Although these animals have undergone a sham surgery, which could potentially induce mild systemic inflammation, there is no evidence to suggest brain biochemistry is altered 48 hours after sham surgery, nor have we ever observed cell death or markers of neurodegeneration in the brain of these sham-operated animals.^{78,79} Many models that produce brain injury or neurodegeneration for example modelling stroke, traumatic brain injury, or vascular dementia, use a surgical model, with surgery operated sham controls. Therefore, the baseline elemental composition of hippocampal neurons from sham animals will be more readily comparable to other studies reporting on sham control animals, than would naïve animals. This work was approved by the University of Saskatchewan's Animal Research Ethics Board, and adhered to the Canadian Council on Animal Care guidelines for humane animal use.

Wildtype, male, 12 week old C57 BL/6 mice ($n = 5$) were housed in standard cages in a temperature controlled (21 °C) colony room on a 12/12 h light/dark cycle with standard rodent maintenance chow and water available *ad libitum*. All experimental procedures were conducted in accordance with Curtin University Animal Ethics Guidelines.

Tissue collection and sample preparation

All rat tissue was prepared at the University of Saskatchewan and all mice tissue was prepared at Curtin University. Sample preparation procedures were identical between rats and mice. To avoid introduction of chemical artefacts that can result during sample preparation of brain tissue,^{5,8,10} all rats were anaesthetized with isoflurane, and humanely sacrificed through decapitation, with the head immediately frozen by dropping into liquid nitrogen, as described previously.¹⁰ The frozen brain was chiselled out from the head on dry ice. A 20 μm -thick coronal brain section (−3.3 to −2.7 mm anterior to Bregma in rats, and −1.3 to −2.2 mm anterior to Bregma in mice) was cut with a cryo-microtome at −18 °C and was melted onto a: (rat samples) silicon nitride substrate 10 × 10 mm² silicon frame, 200 μm thick, 5 × 5 mm² silicon nitride membrane, 200 nm thick, (Norcada, Edmonton, AB, Canada); or (mouse samples) silicon nitride substrate 10 × 10 mm² silicon frame, 200 μm thick, 5 × 5 mm² silicon nitride membrane, 1 μm thick, (Melbourne Centre for Nanofabrication, MCN), for imaging at the X-ray fluorescence microscopy beamline at the Australian Synchrotron. An additional two sections for each brain, 10 μm -thick, was mounted onto a regular glass microscope slide, air-dried and post-fixed with immersion for 2 minutes in 10% buffered formalin solution, for routine histology staining with cresyl violet, and Perls Fe histochemistry, as previously described.⁷¹

Synchrotron imaging

Elemental mapping was performed at the X-ray fluorescence microscopy beamline at the Australian Synchrotron.⁸⁰ A monochromatic incident beam of 12.7 keV was focused to a 1 μm



(1-sigma) spot with a Kirkpatrick–Baez mirror pair. X-ray emission spectra from the sample were collected in event-mode using the low-latency, 384-channel Maia detector.⁸¹ Data were collected with the sample orientated normal to the incident beam and with the detector positioned in backscatter geometry. The sample was raster scanned through the beam with an effective dwell time of 0.1 ms and an effective step (pixel) size of 1 μm . To increase signal to noise (S/N) to highlight subtle but important differences and improve chemical contrast, elemental maps presented in Fig. 4 were processed with a 3-point moving average. Elemental foils (Micromatter, Canada), were scanned in the same geometry and used as references for elemental quantification. Elemental maps were reconstructed from the full emission spectra with GeoPIXE v6.6j. (CSIRO, Australia), which uses a linear transformation matrix for spectral deconvolution.⁸² Quantification was performed with calibration against elemental foils of known composition, taking into account the composition and density of the silicon nitride substrate and the approximate composition of the sample. The composition of the tissue sample was approximated to equal dried organic material ($\text{C}_{22}\text{H}_{10}\text{N}_2\text{O}_4$), with a density of 1.42 g cm^{-3} , as previously reported.¹⁶ The sample was approximated to have shrunk perpendicular to the section plane, by a factor of ~ 3 during air-drying, to a final thickness of 7 μm . The nominal sample composition and thickness estimate is used to provide a first-order self-absorption correction, and inaccuracies have negligible impact on the quantitative concentrations of the first-row transition metals in these thin tissue sections, as reported by several groups.^{83–85} Lighter element such as S and P are presented for distributional purposes only; absolute quantification of these elements is difficult and subject to significant errors from the assumption of matrix composition, thickness and density. Quantitative data were extracted as tiff files of quantitative per-pixel elemental area density in ng cm^{-2} , which were then imported into ImageJ v1.48, as described previously.¹⁶ All regions of interest and the average elemental areal density were calculated using ImageJ. The approximate radiation dose received by the samples during the experiment was calculated using the method of Jones *et al.*,⁸⁶ and was found to be 5.39 kGy, which is more than 2 orders of magnitude below the limit at which Jones *et al.*, reported radiation-damage-induced elemental redistribution to occur.⁸⁶

Data analysis

All results are represented as group means \pm standard deviation (S.D.). Average elemental concentrations of P, S, Cl, K, Ca, Fe, Cu, and Zn were determined for 10 individual cells within the CA1, CA2, and CA3 sub-regions of the hippocampus, for five rats ($n = 5$) and five mice ($n = 5$). Regions of interest were drawn, using ImageJ software, for the soma of each cell body, using the K signal and the established fact that cell bodies are enriched in K.⁵³ The elemental concentration for neurons of each hippocampal sub-region, was determined from the average of the 10 individual cells per animal. In this study we have not attempted to directly compare quantitative metal content between mice and rats, since tissue sections were cut

at different times, on different cryo-microtomes, and the assumption of constant thickness between different instruments could not be made. Elemental data were considered as continuous quantitative data. Statistical analysis was performed with SPSS software, SPSS version 23. A one-way ANOVA was performed to determine if there was a significant effect of anatomical location on elemental content of neurons in each region. When the results from ANOVA indicated a significant effect, a two-tailed Tukey's *post hoc* test was performed. The 95% confidence limit was used ($p < 0.05$).

Results and discussion

Conventional histochemical Perls Fe staining does not routinely detect Fe in hippocampal pyramidal neurons or in the “Mossy Fibre” sub-region

The reaction of Fe^{3+} with Perls reagent (potassium ferrocyanide) to yield the insoluble Prussian blue pigment (*i.e.*, the Perls stain), is a widely used and accepted method to detect Fe in biological samples. Unfortunately, the results from the method are highly variable, and intrinsically linked to sample preparation.^{46,49,87,88} It is widely recognised that heme-bound Fe is not detected by Perls, however, less recognition is given to the fact that mobile and labile Fe pools will also not be reproducibly detected, by virtue of redistribution or removal from tissue sections during staining.⁴⁹ Early studies of the Perls method revealed that perfusion of living animals with the Perls stain produced mild staining of neuronal cytoplasm in addition to dense staining of macrophages, astrocytes and oligodendrocytes.^{46,49,87,88} Application of the stain *ex vivo* results in intense staining of macrophages, astrocytes and oligodendrocytes but only mild or no staining of neuronal cytoplasm.^{46,49,87,88} *In vivo* perfusion of Perls reagent into a living animal is not trivial, and carries substantial ethical considerations. Further, under pathological conditions, there is substantial Fe increase due to increased Ferritin stores within oligodendrocytes, astrocytes and macrophages. Thus, it is not surprising that *ex vivo* Perls staining has been adopted as standard practice to detect Fe during pathological conditions, but unfortunately, this does not enable robust analysis of neuronal Fe stores. The use of dilute acid in the Perls protocol is likely to liberate loosely coordinated Fe from proteins, enzymes and RNA. Specifically, the pool of Fe that exists as co-factors for enzymes or that is in a labile form within a cell cytoplasm is unlikely to be accurately detected by the Perls stain. This is highlighted by the results of this study (Fig. 1), in which Perls staining fails to stain Fe within the cell cytoplasm of neurons in the hippocampal CA1 layer of a representative rat, whereas XFM elemental mapping revealed this layer was enriched in Fe (Fig. 1). While neurons did not stain positive for Fe, Perls staining shown in Fig. 1 did indicate the presence of Fe within smaller cell bodies. These are likely to be glial cells, such as astrocytes or oligodendrocytes, which are known to contain abundant pools of Ferritin that are easily detected with Perls methods.^{46,49,87,88}

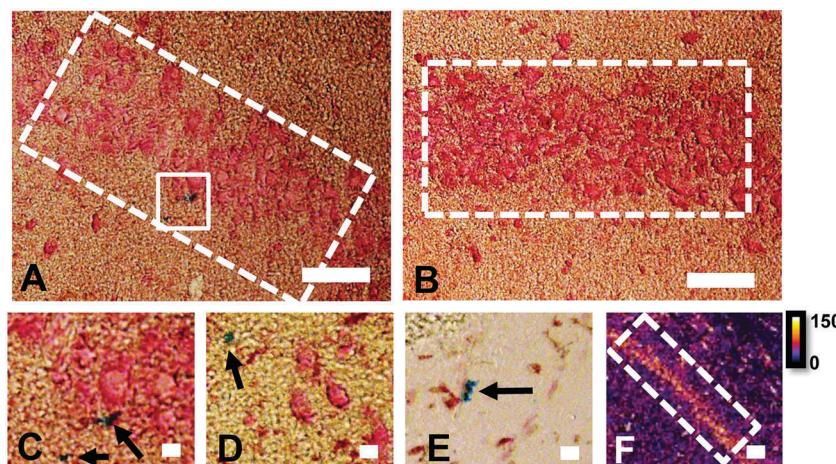


Fig. 1 Comparison of Perls histochemical Fe detection and XFI elemental maps in hippocampal CA1 cell layers in a representative rat. (A and B) over view images of CA1 layer (white dashed rectangle) reveals little positive Perls staining. Any positive staining (C and D) was highly localized staining outside of neuronal cytoplasm and likely to be positively stained glial cells. Similar staining patterns were observed in glia rich brain regions, in a white matter of corpus callosum (E). In contrast to Perls staining, elemental maps by XFI (F) revealed prominent Fe content within the CA1 cell layer. Scale bars 100 µm in A and B, 20 µm in C-E, 200 µm in F. Intensity scale in ng cm⁻².

XFI elemental maps of K and Zn demarcate the anatomical locations of the CA1, CA2, or CA3 sub-regions of the hippocampus

Elemental mapping at the cellular level (3 point moving average applied to data collected at 1 µm pixel resolution) provides rich chemical and anatomic insight. As shown in Fig. 2, a tri-colour overlay of K, Fe and Zn distribution reveals substantial anatomical detail within the rat hippocampus, which is similar to that previously reported for the hippocampus of an accelerated ageing mouse strain.¹⁸ In this study, the XFI elemental map of K was used to define the anatomical boundaries of individual cells, similar to previous reports.⁵³ As can be seen in Fig. 3, the ability to visually identify the location of the cell layer and cell bodies with K elemental maps, is similar to that which can be observed with cresyl violet histology (Fig. 3A, B, D and E) *i.e.*, a map of K distribution can be used to identify the neuronal layer of the hippocampus. Routine histology, microscopy and Zn histochemistry is well established to identify several well-characterized anatomical differences between neurons of the CA1, CA2 and CA3 sub-regions.^{21,27} Specifically, these characteristics are: (i) neurons of the CA1 sub-region have a small

soma and their dendrites contain minimal “spiny processes”, which are not rich in histochemically detectable labile Zn. Even though the dendrites are not visible at this spatial resolution with XFI, their localisation to specific sub-regions allows identification of tissue sub-regions in which the dendrites reside;^{21,27,89} (ii) the CA1 pyramidal neuron cell layer is thinner than CA2 or CA3 layers; (iii) neurons of the CA3 sub-region have a relatively large soma (compared to CA1 neurons), and their dendrites which are confined to the mossy fibre layer have numerous “spiny processes”, which are rich in histochemically detectable labile Zn. Although the individual fibers can not be identified, the mossy fiber sub-region can be identified through the Zn enrichment in this location;⁸⁹ and (iv) neurons of the CA2 sub-region seem to have properties intermediate between those of CA1 and CA3 neurons, and are characterized by relatively large soma that resemble CA3 neurons, but the dendrites of CA2 neurons contain few spiny processes that are not rich in histochemically detectable labile Zn, and resemble more closely the dendrites of the CA1 neuron.^{21,27,89} In this study, cells of the pyramidal CA3 sub-region (Fig. 3D and E) appear larger than cells of the CA1 sub-region (Fig. 3D and E) in

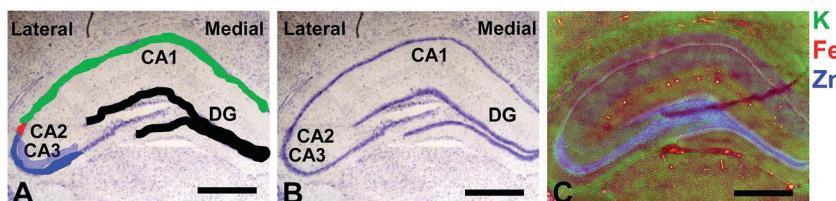


Fig. 2 Cresyl violet histology (A and B) and XFI tri-colour elemental maps of K, Fe, Zn (C) of hippocampus in a representative rat. The major hippocampal sub-regions, CA1, CA2, CA3, DG, and lateral to medial orientation, are annotated in A and B, with location of neurons in each sub-region colour coded in A (CA3 = blue, CA2 = red, CA1 = green), DG = black). Neurons in CA3, CA2 and CA1 are pyramidal neurons, neurons in DG are granule cells. The cells that are not shaded in A, running from CA3 into the DG, are a mixture of pyramidal neurons and interneurons of the hilus (sometimes referred to as “CA4”), but not discussed in this manuscript. The dendritic layer of the CA3 region (the mossy Fibres), known to be rich in a pool of labile or chelatable Zn, is shaded in partially transparent blue, in A. Scale bar = 500 µm.



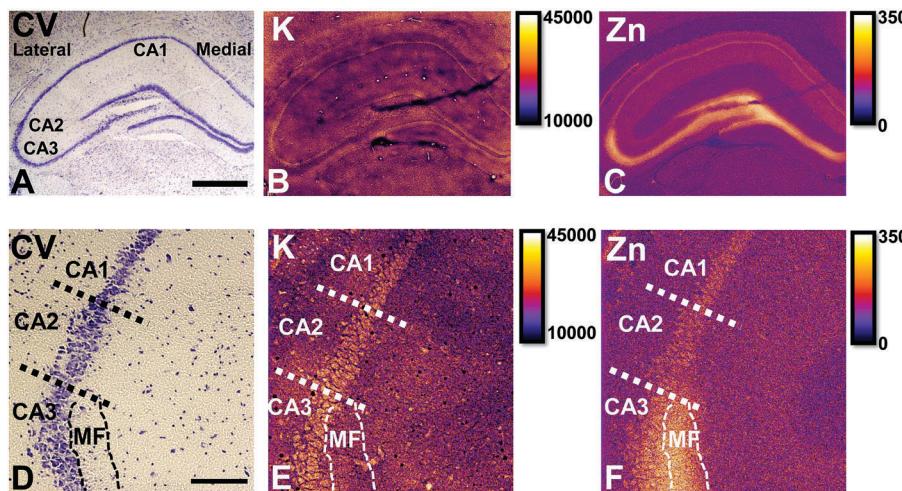


Fig. 3 Cresyl violet histology (A) and XFI elemental maps of K (B) and Zn (C) of hippocampus in a representative rat. Enlarged view of CA1/CA2/CA3 and CA3 dendrite layer (mossy Fibre, MF) boundaries in cresyl violet histology (D), K (E) and Zn (F). Scale bar = 500 μ m (A–C), 100 μ m (D–F). Intensity scales in ng cm^{-2} .

both the XFI elemental K maps and in cresyl violet histology, consistent with the known morphology of these cells. The thickness of the CA3 layer is also greater than that of the CA1 layer, which is evident in both XFI K elemental maps and cresyl violet histology. Further, the tissue region immediately adjacent to the CA3 pyramidal neuron layer, which contains neuron dendrites, is enriched in Zn, confirming the location of the mossy fibres, and thus, the CA3 layer (Fig. 3C and F). At the spatial resolution used in this study, we cannot conclusively confirm localisation of the Zn to individual dendrites, although, the distribution closely resembles the well established Zn distribution known to occur in the dendrite rich “mossy fibre” sub-region.⁴³ A distinct region exists between the CA3 and CA1 layer that contains larger neuron soma and a thicker cell layer (observed in CV histology and XFI K elemental maps), however no elevation of Zn is observed in the nearby dendrite rich tissue sub-layer. These observations are consistent with the location of the CA2 sub-region. Therefore, XFI elemental maps of K and Zn, in combination with cresyl violet histology allows

approximate identification of the CA1, CA2 or CA3 sub-regions of the rat hippocampus (Fig. 3).

In this study no attempt has been made to demarcate any differences between the most medial extent of the CA1 region that extends into the subiculum. To avoid reporting data for medial CA1 neurons that are actually neurons of the subiculum, a conservative location was chosen for measurements of medial CA1 neurons (lateral side of the crack in the tissue section shown in Fig. 2B and C). Likewise, quantitative analysis of neurons from CA1, CA2 and CA3 sub-regions purposefully avoided selection of neurons at the interface between sub-regions.

Hippocampal sub-regions display differential Fe and Zn content in the rat, and differential Fe content in the mouse

There are several well-characterised anatomic and functional differences between the CA1, CA2 and CA3 hippocampal sub-regions, as already described above. Although there is little argument that a functionally distinct sub-region exists between the CA1 and CA3 sub-regions (*i.e.*, the CA2 sub-region), it has

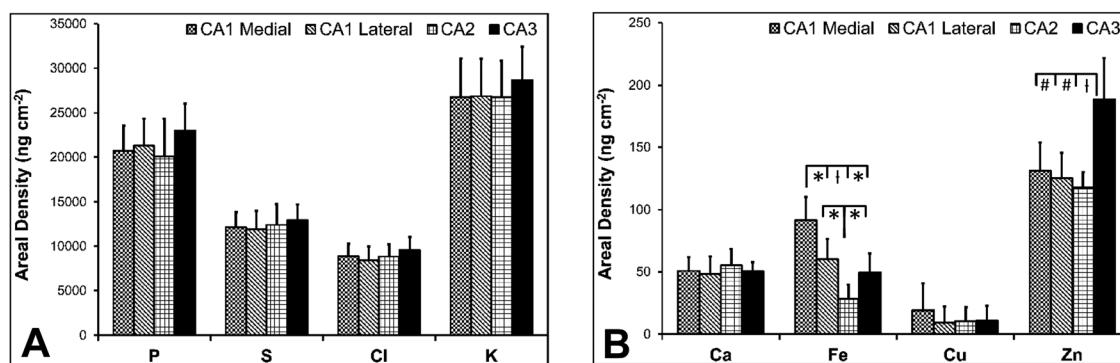


Fig. 4 Rat elemental concentrations (mean \pm SD) for neurons in CA1 medial, CA1 lateral, CA2 and CA3 hippocampal sub-regions, P, S, Cl, K (A) and Ca, Fe, Cu, Zn (B). A one-way ANOVA revealed a statistically significant difference in Fe and Zn content between the different anatomical locations ($F = 13.966, p < 0.001$ for Fe, $F = 12.381, p < 0.001$ for Zn). The results of individual Tukey's post hoc tests on Fe and Zn content for CA1 medial, CA1 lateral, CA2 and CA3 sub-regions is shown. * = $p < 0.05$, t = $p < 0.005$, # = $p < 0.001$.



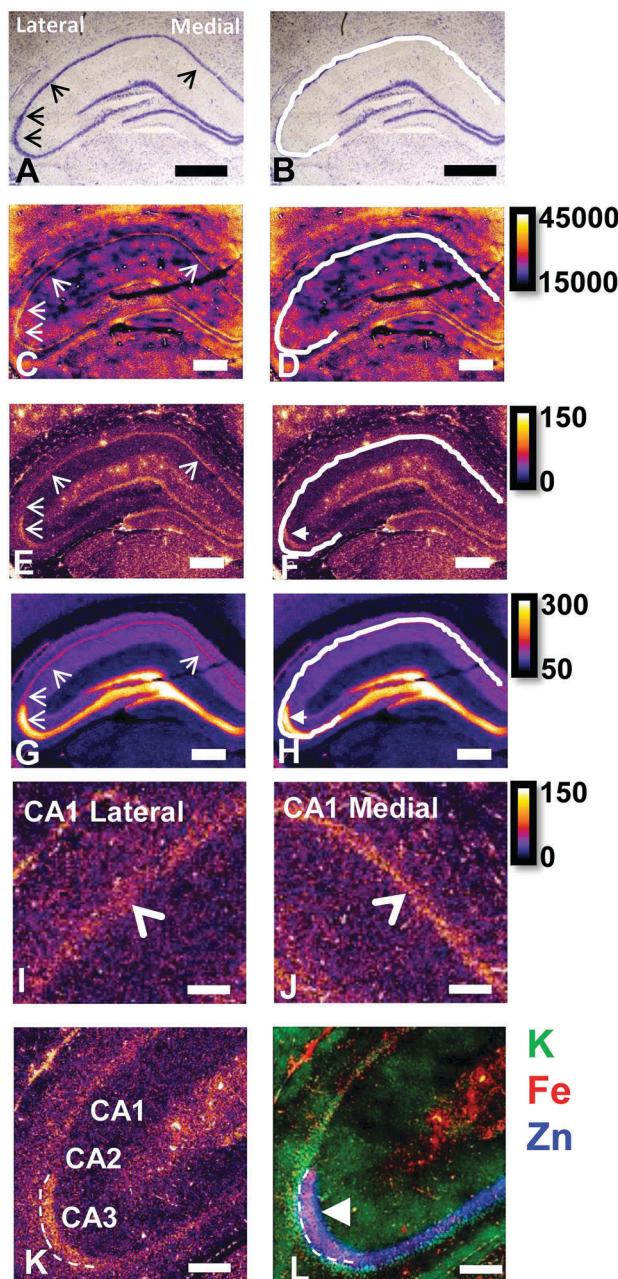


Fig. 5 Rat cresyl violet (A and B) and XFI elemental maps of K (C and D), Fe (E and F), Zn (G and H), close up view of Fe in CA1 lateral sub-region (I) and CA1 medial sub-region (J), refined view of Fe at CA1/CA2/CA3 boundary (K), and K/Fe/Zn tri-colour overlay of the same region shown in L (L). Scale bar in A = 500 μ m (A–H on same scale), scale bar in I–L = 200 μ m. B, D, F and H show the same image as A, C, E and G with the addition of the white line outlining the location of pyramidal neurons of the CA1, CA3 and CA3 sub-regions. Thin arrow heads in A, C, E, G, I indicate location of hippocampal sub-regions, from bottom left in the image, rotating clockwise: CA3, CA2, CA1 lateral, CA1 medial (CA1 medial not shown in K and L). Thick arrow head in F, H and L shows region of enriched and co-localised Fe and Zn (magenta in L) in CA3 mossy fibre region (dendrite layer). This region does not co-localise with the CA3 cell bodies which is shown by the white line in B, D, F and H, and which appears as green colour in the tri-colour overlay in L. Arrow head in I and J indicates location of Fe enriched CA1 cell layer. A 3 pixel moving average was applied to all elemental maps to enhance contrast and optimise the noise content at the required resolution, aiding discrimination between hippocampal sub-sub-regions. Intensity scales in ng cm^{-2} .

been long debated if neurons within this sub-region comprise a distinct population of unique cells, or if the sub-region is simply a transition tissue zone, containing a mixed population of CA1 and CA3 neurons.^{27–29} The morphology of neurons within this region appear to be a hybrid between CA1 and CA3 neurons, as the soma resemble CA3 neurons, and the dendrites resemble CA1 neurons.^{27–29} However, recent *in situ* hybridization studies have shown that CA2 neurons express a unique RNA and protein profile, and display several proteins that are not expressed in CA1 and CA3 neurons.^{23–26} Therefore, the *in situ* hybridization evidence appears to have resolved this long-standing question, and strongly suggests the CA2 neurons are indeed a unique subset of pyramidal neurons. Our study further validates that in the rat hippocampus CA2 neurons are chemically different from CA1 and CA3 neurons. XFI elemental mapping was used to compare the elemental composition of cells within each of the CA1, CA2, and CA3 sub-regions of the rat and murine hippocampus. As can be seen in Fig. 4 and 5, Fe and Zn content of neurons (but not P, S, Cl, K, Ca or Cu) was found to be significantly different between sub-regions of the rat hippocampus (One Way ANOVA details, Fig. 4). In the murine hippocampus (Fig. 6 and 7) a significant difference in the elemental content of cells, between sub-regions was only observed for Fe (One way ANOVA details, Fig. 6). *Post hoc* testing indicates that a statistically significant difference in Fe content exists between all hippocampal sub-regions in the rat, with the CA1 sub-regions containing the highest Fe content, and the CA2 sub-region containing the lowest (Fig. 4). In mice the CA1 sub-regions were found to have the greatest Fe concentration, but differences between CA2 and CA3 regions was not observed (Fig. 6). These differences are further supported by inspection of Fe *versus* Zn scatterplots of the elemental content of the individual neurons in each animal (Fig. 8 and 9). The scatterplots highlight that a unique Fe and Zn signature exists for neurons within each sub-region of the rat hippocampus, enabling visual discrimination between the cells of each sub-region (Fig. 8). However, in the murine hippocampus, no differentiation between CA2 and CA3 neurons is observed, but CA1 neurons appear separated from CA2 and CA3 neurons (Fig. 9). Importantly, cells from the CA2 sub-region in the rat hippocampus do not appear in the scatterplot as a transition between cells of the CA1 and CA3 sub-regions, suggesting that CA2 neurons are elementally distinct from CA1 and CA3 neurons in the rat hippocampus. Additional replicate images supporting Fig. 5 and 7 are presented in Fig. S1 (rat) and Fig. S2 (mouse) (ESI†).

As already discussed, tissue regions in which the dendrites of CA3 neurons are found (mossy fibre layer), are enriched with Zn, in both mice and rats, which is consistent with previous XFI and histochemical studies of Zn within the hippocampus.^{67,68,90} In addition, in this study we show a relatively high Zn content within the cell bodies of neurons within the CA3 sub-region, and not just the mossy fibre layer. This finding was only observed in rats, and not mice. Zn content within the soma of CA3 neurons in rats was found to be significantly greater than Zn levels in the soma of neurons in

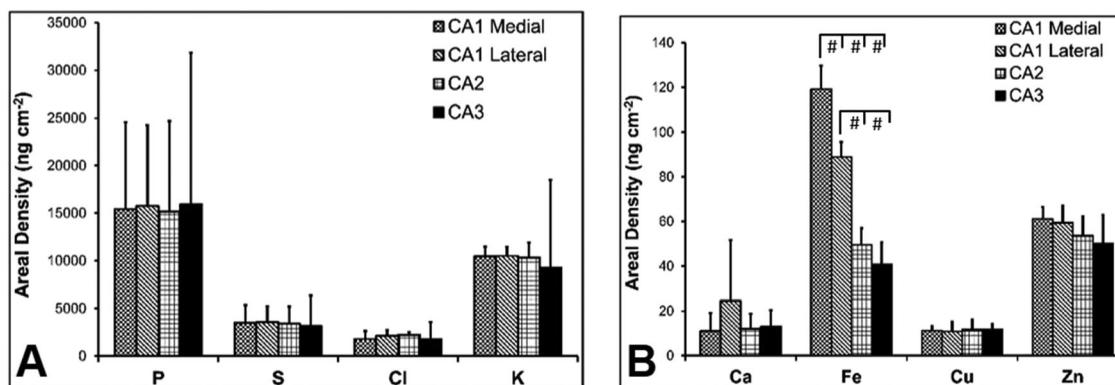


Fig. 6 Mouse elemental concentrations (mean \pm SD) for neurons in CA1 medial, CA1 lateral, CA2 and CA3 hippocampal sub-regions, P, S, Cl, K (A) and Ca, Fe, Cu, Zn (B). A one-way ANOVA revealed a statistically significant difference in Fe content between the different anatomical locations ($F = 88.957$, $p < 0.001$). The results of individual Tukey's post hoc tests on Fe content for CA1 medial, CA1 lateral, CA2 and CA3 sub-regions is shown. * = $p < 0.05$, † = $p < 0.005$, # = $p < 0.001$.

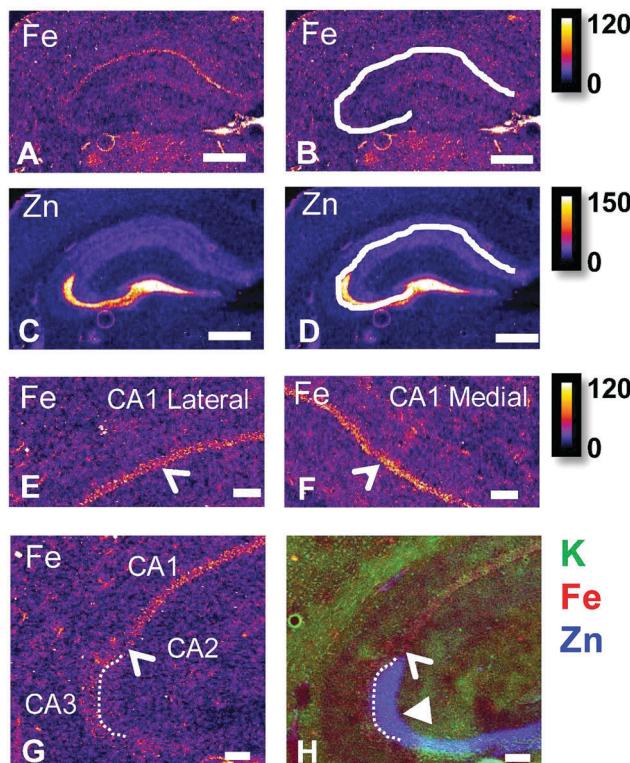


Fig. 7 Mouse XRF elemental maps of Fe (A and B), Zn (C and D), close up view of Fe in CA1 lateral sub-region (E) and CA1 medial sub-region (F), refined view of Fe at CA1/CA2/CA3 boundary (G), and K/Fe/Zn tri-colour overlay of the same region shown in K (H). Scale bar in A = 500 μ m (A-D on same scale), scale bar in E-L = 200 μ m. B and D, show the same image as A and C, with the addition of the white line outlining the location of pyramidal neurons of the CA1, CA3 and CA3 sub-regions. Thin arrow heads in E, F and G indicate location of hippocampal cell layer (CA1 in E and F, CA2 in G and H). Thick arrow head in H shows CA3 mossy fibres and shows the lack co-localised Fe and Zn no magenta in H. A 3 pixel moving average was applied to all elemental maps to enhance contrast and optimise the noise content at the required resolution, aiding discrimination between hippocampal sub-sub-regions. Intensity scales in ng cm^{-2} .

the CA1 or CA2 sub-regions (Fig. 4, 5 and 8). While this is not unexpected given the high content of Zn in the adjacent mossy fibre sub-region, which contains the dendrites of the CA3 neurons, most studies that report the histochemical detection of labile Zn do not normally indicate the presence of Zn within the soma of CA3 neurons.^{43,91} This suggests that the neuronal Zn may not be labile, or, can not be detected by Zn-sensitive fluorophores which may not penetrate cell membranes *in vivo*. Immuno-histochemistry has revealed that the soma of neurons within the CA3 sub-region are enriched in Zn transport proteins, particularly ZnT-1 and ZnT-3,^{59,92-95} which may help explain the high Zn content observed within the neurons in this study. At this stage we have no explanation as to why CA3 neuron with elevated Zn content relative to CA2 and CA1 neurons is observed in the rat, but not mouse hippocampus (Fig. 6, 7 and 9). The findings may suggest a higher Zn demand in the rat hippocampus, consistent with the higher memory functions of rats compared to mice; however, clearly more studies are required.

This study did not identify any other significant differences for elements other than Fe and Zn. Distinct patterns of Cu distribution in tissue regions that surround the hippocampus, specifically the lateral ventricle sub-ventricular zones and corpus callosum, have been reported by others,^{11-13,16,96} and differences in the distribution of Cu in these regions, between mice and rats, have been shown.^{11,13} Although not a focus of this study, our elemental maps support the recently published findings, and indicate the presences of numerous Cu enriched cells (reported to be a sub-set of astrocytes) in the corpus callosum of rats, but not mice (Fig. S3, ESI†).

The mossy fibre CA3 sub-region is enriched in Fe, not just Zn, in rats, but not mice

It is well established that the dendrites of CA3 neurons – the “mossy fibres” – contain a substantial pool of labile Zn, which can be detected with histochemical methods.^{43,44} However, the co-localisation of other metals within this hippocampal sub-region, such as Fe, has not previously been reported, to the



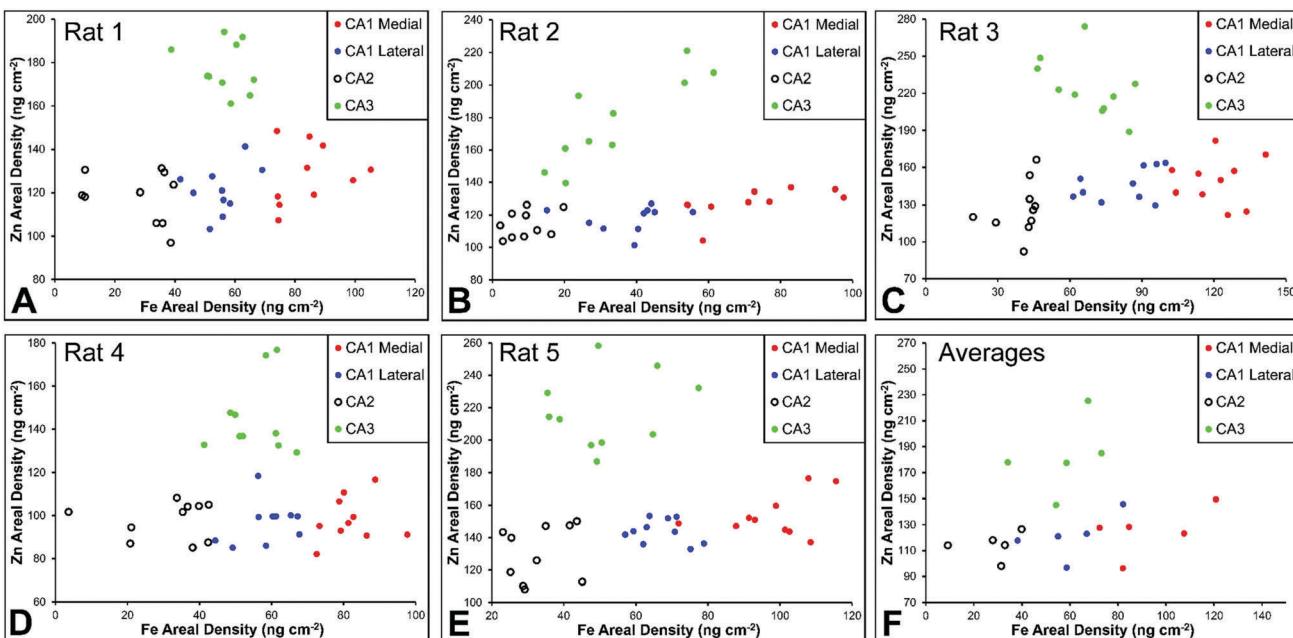


Fig. 8 Rat Fe vs. Zn scatterplots (A–E) for individual neurons from CA1 medial, CA1 lateral, CA2 and CA3 hippocampal sub-regions in rats ($n = 5, 10$ neurons per sub-region analysed per animal), shown for each individual animal and (F) for all rats combined (average shown for each animal).

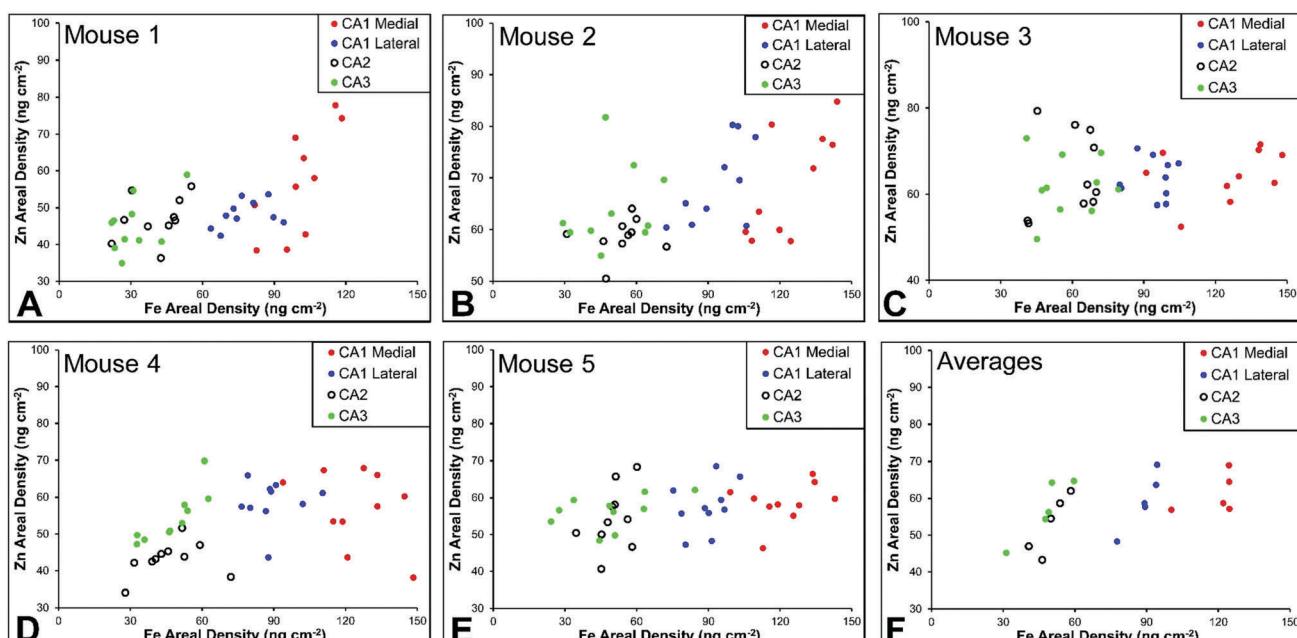


Fig. 9 Mouse Fe vs. Zn scatterplots (A–E) for individual neurons from CA1 medial, CA1 lateral, CA2 and CA3 hippocampal sub-regions in mice ($n = 5, 10$ neurons per sub-region analysed per animal), shown for each individual animal and (F) for all mice combined (average shown for each animal).

best of our knowledge. XFI analysis of Zn and Fe, in combination with routine histology in this investigation has revealed that the “mossy fibre” region of the hippocampus contains both Fe and Zn, as shown by the magenta co-localisation of Zn (blue) and Fe (red) in Fig. 5 and Fig. S1 (ESI[†]). Interestingly, no such co-localisation was observed in the mouse hippocampus, *i.e.* mossy fibres zone appears blue, not magenta (Fig. 7 and Fig. S2, ESI[†]). Line plots of K, Fe and Zn content through the

CA3 cell layer and the mossy fibre zone provide further support of the Fe co-localisation with Zn in the mossy fibre region of rats, but not mice (Fig. 10). Specifically, the highest K content (CA3 cell layer) does not co-localise with the highest Fe or Zn content, but the highest Fe and Zn content does co-localise in line plots of elemental content in the rat (Fig. 10A, and Fig. S4, ESI[†]). In contrast, in the mouse, K and Fe co-localise in the CA3 cell layer, but with less Fe observed in the Zn rich mossy fibre

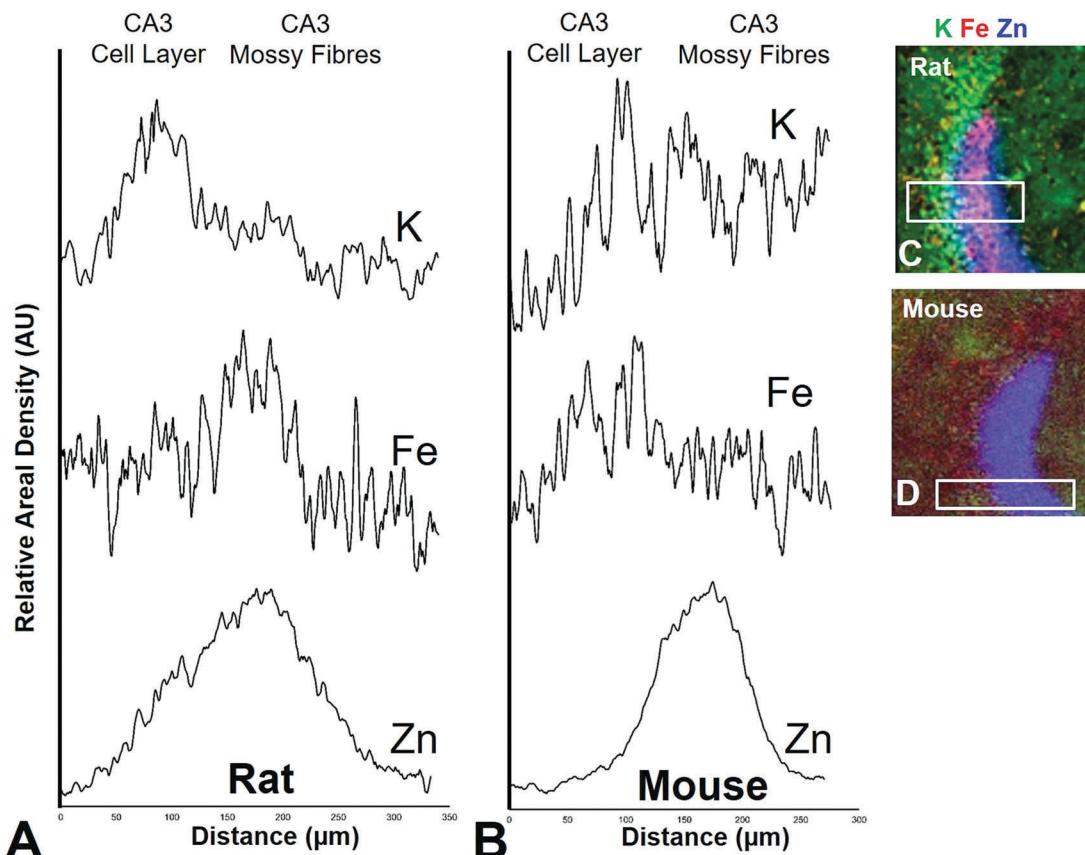


Fig. 10 Rat (A) and mouse (B) K, Fe, and Zn profiles (line-plots) of a cross section through the CA3 pyramidal neuron cell layer and mossy fibre region. Correspond XFI tri-colour overlay (green = K, red = Fe, blue Zn) for rat (C) and mouse (D) is shown. Additional profiles are shown in Fig. S4 (ESI†).

sub-region (Fig. 10B and Fig. S4, ESI†). The chemical form of the Fe within the mossy fibre sub-region of the rat hippocampus is as yet unknown. Previous studies that have used methods to precipitate or chelate labile metals within this region have failed to demonstrate the presence of Fe, despite the existence of substantial levels of Zn.^{44,97} This would suggest that the Fe within this sub-region is not in a labile form. It is possible that the Fe within this zone is in fact not contained within the dendrites themselves, but it could also be contained within the processes of glial cells that occur in this zone. Future sub-cellular XFI analysis at sub-micron resolution will be required to investigate this result further.

A lateral-to-medial trend in Fe content exists across the CA1 sub-region of rats and mice

Numerous studies of global brain ischemia have demonstrated that a lateral-to-medial trend in cell death occurs within the CA1 sub-region of the hippocampus, with medial cells being the most susceptible.^{37,41} Therefore, in this investigation of healthy control rats (*i.e.*, non-degenerating hippocampus), we sought to determine if CA1 neurons contained an elemental signature distinct from neurons of the CA2 and CA3 sub-regions, and if there was a lateral to medial trend in the elemental content of CA1 neurons, which may underlie the enhanced vulnerability of this region. As discussed above, the Fe *versus* Zn scatterplot shows

CA1 neurons are distinct from both CA2 and CA3 neurons, in the rat and mouse hippocampus. Specifically, neurons within the CA1 sub-region contain increased Fe content relative to CA2 and CA3 neurons. In addition, it can be seen that medial CA1 neurons contain significantly more Fe than lateral CA1 neurons, both the rat (Fig. 4, 5 and 8) and mouse (Fig. 6, 7 and 9) hippocampus. The lateral to medial Fe gradient across the CA1 sub-region, is intriguing, as it reflects the same pattern of cell death that is established to occur in this region during neurodegenerative disease. Therefore, the findings of this study open the door for future investigations of the role that the endogenous Fe within the CA1 sector may play in neurodegeneration. At this stage we can only speculate if such a role exists, however, due to the known involvement of Fe in the production of free radicals through Fenton chemistry, increased Fe levels in the medial CA1 neurons may generate greater oxidative stress under ischemic conditions, which could cause increased cell death within this region. Future studies are required to determine the bioavailability, chemical form and oxidation state of Fe in this hippocampal sub-region.

Conclusions

This study further contributes to a growing body of work that demonstrates the immense potential for application of XFI to the field of neuroscience, as an analytical tool for studying the



elemental composition of individual cells, *in situ*, within tissue sections. Our data has revealed key characteristics of metal distribution within the hippocampus that appears conserved across both mice and rats, in addition, more subtle differences between species was found to exist within the CA3 sub-regions. Specifically, our data has revealed for the first time that cells within the CA2 sub-region of the rat hippocampus have a distinct elemental signature, which differentiates these cells from those in the CA1 and CA3 sub-regions. Further, in healthy rats and mice, cells in the CA1 sub-region of the hippocampus contain the highest Fe content, compared to CA2 and CA3 sub-regions, and a lateral-to-medial trend in Fe concentration is observed across CA1 sub-region in both mice and rats. The lateral to medial trend matches the unexplained vulnerability to cell death that has been reported for this region, highlighting future studies should investigate the chemical form and oxidation state of Fe within the CA1 sector, to help determine if it could be a contributing factor to selective degeneration. Lastly, this study identified that the mossy fibre sub-region of the rat hippocampus, a region known to be rich in labile Zn, also contains substantial levels of Fe.

Author contributions

Ashley Hollings (PhD student): assisted with sample preparation of mouse samples and performed detailed data analysis of mouse data set. Sally Caine (post-doctoral fellow, co-investigator): generated rat tissue samples, assisted with sample preparation and collection of XFI elemental maps. Performed histology of rat tissue sections. Brian E. Bewer (Research Associate, co-investigator): assisted in collection of XFI data, analysis of XFI data (data fitting) and design of statistical methods. Michael Jones (Beamline Scientist, co-investigator): assisted with XFI experiments at Australian Synchrotron, including optimisation of beamline, essential for analyses of dilute elemental concentrations in thin biological samples. Martin de Jonge (Beamline Scientist, co-investigator): assisted in XFI data collection and data analysis at the Australian Synchrotron. Ryu Takechi (Research Fellow, co-investigator). MJH/RT/JCLM designed mouse experiment. RT assisted with collection of mouse XFI data. John C. L. Mamo (co-investigator), co-supervisor of AH. MJH/RT/JCLM designed mouse experiment. JCLM edited manuscript, pertaining to mouse data. Mariam A. Alaverdashvili (co-investigator). Provided expertise in neuroanatomy of the hippocampus. Phyllis G. Paterson (co-investigator), Supervisor of MJH when MJH was a postdoctoral fellow. Provided key expertise in fundamental function of the hippocampus and use of rat animal models. Ingrid J. Pickering (co-investigator), supervisor of MJH when MJH was a postdoctoral fellow. Provided key expertise in XFI experimental design. Graham N. George (co-investigator), supervisor of MJH when MJH was a postdoctoral fellow. Responsible for design of rat experiments (experiments designed by MJH, GNG, IJP and PGP).

Conflicts of interest

There are no conflicts to declare.

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