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## Impact of a sustained consumption of grape extract on digestion, gut microbial metabolism and intestinal barrier in broiler chickens

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The effect of dietary supplementation with grape extract (GE) at 2.5 and 5.0 g kg<sup>-1</sup> of feed on intestinal utilization of polyphenols and gut health of broiler chickens was determined. The ileal digestibility of grape polyphenols was higher for flavan-3-ol monomers [(+)-catechin and (−)-epicatechin] than for dimers (Procyandins B1 and B2) and galloylated compounds [(−)-epicatechingallate] and no differences among 2.5 and 5.0 g GE per kg dietary treatments were observed. The excreta concentration of benzoic, phenylacetic, phenylpropionic, and cinnamic acids and phenyl- $\gamma$ -valerolactone phenolic metabolites was higher in birds fed GE, confirming hence the microbial metabolism of grape polyphenols to a relevant extent. Gut morphology and the total ileal mucin content were not modified by the dietary inclusion of GE, but a lower sialic acid concentration was observed in those birds fed a higher concentration of GE. *Escherichia coli* and lactic-acid bacteria ileal counts were reduced in birds fed GE. Overall, these results prove the extensive intestinal utilization and microbial metabolism of grape polyphenols in broiler chickens. Some antimicrobial and mucin-modulation effects were also observed after a sustained consumption of grape polyphenols during 21 days.

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## Introduction

In recent years, an increasing interest in the study of the antioxidant and antimicrobial effects of polyphenols, which constitute the main active substances found in many medicinal plants, has been observed. Grape extract (GE) provides an abundant source of polyphenolic compounds, mainly flavan-3-ol monomers and polymers (also called procyandins), and is widely considered as a human food supplement for health promotion and disease prevention.<sup>1</sup> These compounds present antioxidant properties, and have been linked with the prevention of various diseases associated with oxidative stress, such as cancer and cardiovascular, neurodegenerative and inflammatory diseases.<sup>2</sup>

The functional properties of these polyphenols have also been applied to animal nutrition. The dietary inclusion of

grape products rich in polyphenols such as GE and grape pomace (GP) obtained from the wine-making industry has been demonstrated as a strategy to enhance the oxidative stability of meat and to promote the proliferation of beneficial intestinal bacteria.<sup>3</sup> With regard to the mechanism underlying these antioxidant properties, we previously reported a reduction in plasma iron content and an increase in plasma  $\alpha$ -tocopherol concentration in broiler chickens fed GE<sup>4</sup> and GP.<sup>5</sup>

Biological effects of polyphenols depend on their availability, which is highly influenced by the degree of polymerisation. Monomeric flavan-3-ols and some oligomeric procyandins from GE have been found to be absorbed in the small intestine.<sup>6,7</sup> However, polymeric forms are poorly absorbed and are further catabolized by the intestinal microbiota into a wide array of low-molecular-weight aromatic acids such as phenylacetic, phenylpropionic, phenylvaleric, and benzoic acid derivatives.<sup>8,9</sup> These microbial-derived metabolites are more easily absorbed through the intestine, but might also remain in the gut, where they may play a role in the maintenance of intestinal health.

It is widely accepted that, beyond its primary functions in the digestion and absorption of nutrients, intestinal epithelium also plays an important role in controlling the passage of toxins and other metabolites of microbial origin

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towards the bloodstream preventing or mitigating thereby the incidence of digestive diseases.<sup>10</sup> To maintain the integrity of this defensive barrier, and hence a good health status in the intestine, it becomes important to reduce the impact of microbial injuries to the mucous layer covering the intestinal epithelium.<sup>11,12</sup> This protective mucous layer is predominantly composed of mucins, glycoproteins rich in threonine and serine synthesized and secreted by goblet cells. Intestinal microbiota has the ability to regulate the synthesis and composition of mucins, as it has been observed in chickens fed dietary probiotics and antibiotic growth promoters.<sup>13</sup> Other luminal factors such as unabsorbed nutrients might affect as well the amount and type of mucins secreted<sup>14</sup> by either a direct or indirect manner through the metabolites generated<sup>15</sup> by intestinal microbiota (e.g. short-chain fatty acids). In this sense, it has been observed that tea catechins led to an increase in the mucin ileal content in rats.<sup>16</sup> However, studies dealing with the effect of GE consumption on intestinal barrier traits, such as mucin composition and luminal microbial environment, are scanty.

Previous studies by our group using culture-based and molecular approaches indicated that the dietary intake of grape products increases the biodiversity degree of the intestinal microbiota of chickens as well as the antioxidant activity of ileal and excreta contents.<sup>17,18</sup> A reduction in meat lipid oxidation was also obtained in chickens fed grape products, suggesting therefore that these procyanidins or their metabolites might reach and remain active in tissues.<sup>17,19</sup>

Owing to the increasing interest in evaluating ingredients rich in polyphenols that could be used as dietary supplements in animal and human nutrition, the present study was designed to evaluate the effect of a sustained consumption of grape extract during 21 days on the intestinal health of broiler chickens. For this purpose, in this study we will evaluate: (1) the ileal and excreta digestibility of different grape polyphenolic compounds present in GE, (2) the intestinal microbial metabolites generated with the intake of GE, and (3) the effect of dietary GE on the microbial ecosystem, intestinal structure, and on the mucin type and content.

## Materials and methods

### Standards and the tested product

All solvents used for HPLC analysis were of liquid chromatography grade and the water ultrapure. Standards for catechin (C), epicatechin (EC) and epicatechin-O-gallate (ECG), procyanidin dimer B1 (PB1) and B2 (PB2) were purchased from Extrasynthèse (Genay, France). Orcinol and *N*-acetylneurameric acid were obtained from Sigma-Aldrich (St Louis, MO). Phenolic acid standards used in the study were purchased from Sigma-Aldrich Chemical Co. (St Louis, MO), PhytoLab (Vestenbergsgreuth, Germany), or Extrasynthèse (Genay, France). The compound 4-hydroxybenzoic 2,3,5,6-d4 acid, used as the internal standard (IS) for UPLC analysis, was purchased from Sigma-Aldrich Chemical Co. Acetone, butanol, isopro-

panol, hexane, acetonitrile and methanol were obtained from Panreac (Castellar del Vallés, Barcelona, Spain).

The powdered grape extract used (Nor-Grape 80) was purchased from Nor-Feed Sud, Angers (France) and it was obtained with water extraction and spray dried. The main phenolic compounds identified in GE were previously reported:<sup>20</sup> C (0.84 g per 100 g), EC (0.77 g per 100 g), PB1 (0.68 g per 100 g), PB2 (0.49 g per 100 g), ECG (0.097 g per 100 g), and GA (0.36 g per 100 g).

### Birds and diets

A total of 105 one-day-old male broiler Cobb chicks were housed in electrically heated starter batteries in an environmentally controlled room. The chicks were allocated to 21 pens, each pen containing five chicks, to receive three dietary treatments with seven replicates per treatment for 21 days. Diets in mash form and water were provided *ad libitum*. Experimental diets were as follows: (1) Wheat-soybean control diet (Control), (2) Control + 2.5 g of GE per kg of feed and (3) Control + 5 g of GE per kg of feed. Celite was added (10 g kg<sup>-1</sup> of feed) as an indigestible marker (IM) to the three diets. All diets were formulated to meet or exceed the minimum<sup>21</sup> requirements for broiler chickens and are reported in Table 1. At the end of the experimental period, birds were weighed and the feed consumption was determined. Experimental procedures were approved by the University Complutense of Madrid Animal Care and Ethics Committee in compliance with the Ministry of Agriculture, Fishery and Food guidelines for the Care and Use of Animals for Scientific Purposes.

**Table 1** Ingredients and nutrient composition of the control diet (g kg<sup>-1</sup> as fed)

Item	Control diet
<b>Ingredients</b>	
Wheat (12% crude protein)	534.0
Soybean (47% crude protein)	341.0
Sunflower oil	86.0
Monocalcium phosphate	13.0
Calcium carbonate	17.0
Salt	3.0
Vitamin-mineral premix <sup>a</sup>	5.0
DL-methionine	1.0
<b>Analysed composition</b>	
Crude protein	210.0
Lysine	13.57
Methionine	3.79
Cystine	2.93
Threonine	9.11
<b>Calculated composition</b>	
AME <sup>b</sup> (kcal kg <sup>-1</sup> )	3.050
Ca	10.0
Available P	4.5

<sup>a</sup> Vitamin and mineral mix supplied the following per kilogram of diet: vitamin A, 8250 IU; cholecalciferol, 1000 IU; vitamin E, 11 IU; vitamin K, 1.1 mg; vitamin B12, 12.5 µg; riboflavin, 5.5 mg; Ca pantothenate, 11 mg; niacin, 53.3 mg; choline chloride, 1020 mg; folic acid, 0.75 mg; biotin, 0.25 mg; ethoxiquin, 125 mg; DL-methionine, 500 mg; amprol, 1 g; Mn, 55 mg; Zn, 50 mg; Fe, 80 mg; Cu, 5 mg; Se, 0.1 mg; I, 0.18 mg; NaCl, 2500 mg. <sup>b</sup> AME: apparent metabolisable energy.



## Sample collection and measurements

At the 20th day, clean stainless steel collection trays were placed under each pen for collecting birds excreta for the next 24 h. Fresh excreta was collected per pen, placed in polyethylene bags and freeze-dried for the subsequent determination of IM, grape polyphenols (GPol) and their microbial-derived metabolites.

At 21 days of age, 15 birds per dietary treatment were randomly taken and euthanized using carbon dioxide and used for evaluating ileal polyphenol digestibility and changes in the mucin composition. The ileal contents of 3 birds out of the 15 were pooled to give 5 replicates per treatment. Pooled samples were then frozen, freeze-dried, ground (1 mm screen) and subsequently analysed for phenolic compounds and IM. In these ileal samples, mucins were extracted to determine their sialic acid concentration. Another 14 birds per treatment (7 replicates, 2 birds per replicate) were used for microbial analyses and jejunal morphology study. Fresh ileal contents from two birds (7 replicates/treatment) were aseptically removed and pooled. Then, ileal digesta was placed in sterilized plastic tubes to determine anaerobic (*Lactobacillus* and *Clostridium*) and aerobic (*Escherichia coli* and *Enterobacteriaceae*) colony-forming bacteria. In those same birds, 5 cm of the jejunum were taken to perform the gut morphology studies (villus height, crypt depth and goblet cells count). Tissues samples were placed in 4% formalin in 0.1 M phosphate buffer (pH = 7.0) for fixation.

## Polyphenolic content

The polyphenolic content was determined in GE, ileal and excreta samples after extraction with methanol/acetone/water.<sup>20</sup> Concentrations of phenolic compounds in the GE, ileal and excreta samples were analysed by HPLC-MS. An Agilent 1100 series LC, comprised of a quaternary pump with an integrated degasser, autosampler, thermostated column compartment and diode array detector (DAD), coupled with an Agilent G1946D Quadrupole mass spectrometer (Agilent Technologies, Waldbronn, Germany) was used. Ten microlitres of filtered samples were separated in a Gemini C18 5 µm 250 mm × 4.6 mm i.d. column (Phenomenex) and eluted with a mobile phase made of a mixture of deionized water and acetonitrile, both containing 0.1% formic acid, at a flow rate of 1 mL min<sup>-1</sup>. Ionization was achieved with an atmospheric pressure electrospray ionization (ESI) source, operated in the negative ion mode. The selected ion monitoring (SIM) scan type was used for quantification. Data acquisition and analysis were carried out with Agilent ChemStation Software. Phenolic yields were expressed as mg per 100 g DM.

## Microbial-derived phenolic metabolites

Concentrations of microbial-derived metabolites in the freeze-dried excreta samples were determined by UPLC-DAD-ESI-TQ MS.<sup>22</sup> Before the analysis, samples were weighed (0.5 g) in 50 mL sterile conical tubes. Five milliliters (5 mL) of sterile saline solution (NaCl, 0.9%; Fresenius Kabi, Spain) were added

prior to vortexing and storing the preparation in the fridge for hydration. Samples were then centrifuged (10 min, 1000 rpm, 4 °C) and the supernatant collected in 2 mL aliquots. Then, they were diluted 1 : 2 with acetonitrile/water (2 : 4, v/v) and filtered (0.22 µm). Samples (190 µL) were spiked (10 µL) with a stock IS solution (50 µg mL<sup>-1</sup> in acetonitrile/water (1 : 4, v/v)) to achieve a final IS concentration of 2.5 µg mL<sup>-1</sup>. An UPLC system, coupled to an Acquity PDA photodiode array detector and an Acquity TQD tandem quadrupole mass spectrometer equipped with the Z-spray electrospray interface (UPLC-DAD-ESI-TQ MS) (Waters, Milford, MA, USA), was used. Separation (2 µL) was performed on a Waters\_BEH C18 column (2.1 × 100 mm; 1.7 µm) at 40 °C. A gradient, composed of solvent A-water : acetic acid (98 : 2, v/v) and B-acetonitrile : acetic acid (98 : 2, v/v), was applied at flow rate of 0.5 mL min<sup>-1</sup> as follows: 0–1.5 min: 0.1% B, 1.5–11.17 min: 0.1–16.3% B, 11.17–11.5 min: 16.3–18.4% B, 11.5–14 min: 18.4% B, 14–14.1 min: 18.4–99.9% B, 14.1–15.5 min: 99.9% B, 15.5–15.6 min: 0.1% B, 15.6–18 min: 0.1% B. The DAD was operated in the 250–420 nm wavelength range at a 20 point/s rate and 1.2 nm resolution. The ESI parameters were: capillary voltage, 3 kV; source temperature, 130 °C; desolvation temperature, 400 °C; desolvation gas (N<sub>2</sub>) flow rate, 750 L h<sup>-1</sup>; cone gas (N<sub>2</sub>) flow rate, 60 L h<sup>-1</sup>. The ESI was operated in the negative mode, except for c-valerolactone which was operated in the positive mode. For quantification purposes, data were collected in the multiple reaction monitoring (MRM) mode, tracking the transition of parent and product ions specific for each compound and using external calibration curves. MRM transitions were those described for microbial phenolic metabolites.<sup>22,23</sup> Data acquisition (and processing) was carried out using MassLynx 4.1 software.

## Intestinal digestibility of grape polyphenols

The IM (Celite) was analysed in feed, ileal content and excreta. Celite, a source of acid insoluble ash, was measured after ashing the samples and treating the ashes with boiling 4 M HCl.<sup>24</sup>

The apparent ileal and excreta digestibility of grape polyphenols (GPol) was calculated with the following formula:

$$100 - [100 \times ((\text{IM in feed}/\text{IM in digesta}) \times (\text{GPol in digesta}/\text{GPol in feed}))]$$

## Microbiological analyses

One gram of the ileal content was blended with 9 mL of peptone water. All blended samples were vortexed and further diluted tenfold down to 10<sup>-10</sup> dilution. The first six dilutions were plated to enumerate *Clostridium perfringens*, *Escherichia coli* and *Enterobacteriaceae* whereas only 10<sup>-7</sup>, 10<sup>-8</sup>, 10<sup>-9</sup> and 10<sup>-10</sup> dilutions were plated for lactic-acid bacteria enumeration. *Clostridium perfringens* enumeration was performed according to the Standard 7937 (ISO, 1997). This technique analyses all the toxinotypes of *Clostridium perfringens*. The cultural medium was agar tryptose sulfite added with antibiotic d-cycloserine. Agar plates were incubated at 37 °C in anaerobic



jars for 18 h. *Escherichia coli* counts were determined following the Standard 9001 (ISO, 2000) by using the 3M™ Petrifilm™ *E. coli*/coliform count plate. The culture medium system contained Violet Red Bile nutrients, an indicator of glucuronidase activity and 5-bromo-4-chloro-3-indolyl-beta-D-glucuronide (BCIG). The 3M Petrifilm *Enterobacteriaceae* count plate was used for *Enterobacteriaceae* enumeration according to the Standard 9002 (ISO, 1994). The culture medium system contained modified Violet Red Bile Glucose nutrients. The latter Petrifilm plates also contained a cold-water-soluble gelling agent and a tetrazolium indicator that facilitated colony enumeration. All plates were incubated for 24 h at 37 °C. The enumeration of lactic-acid bacteria was performed following the Standard 15214 (ISO, 1998), plates were incubated in MRS (Man, Rogosa and Sharp, Merck, Germany) agar for 72 h at 30 °C. After incubation, all colonies appearing on agar and Petrifilm plates were observed and counted.

### Intestinal mucins and morphology

Crude mucin was analyzed in freeze-dried samples of the ileal content<sup>25</sup> with some modifications.<sup>26,27</sup> The sialic acid concentration was determined from the purified crude mucin samples according to the ferric orcinol assay.<sup>28</sup>

The jejunal samples were processed for 24 h in a tissue processor with ethanol as the dehydrant and samples were embedded in paraffin. Sections (5 µm) were made from the tissue and were stained with hematoxylin–eosin and a combination of the periodic acid–Schiff method (PAS staining). Histological sections were examined with a light microscope (Olympus BX40, Olympus Optical Co., Hamburg, Germany) to determine their morphometric index by computer-assisted image analysis (The ImageJ v 1.26 Wayne Rasband, National Institutes of Health, Bethesda, Maryland, USA). The variables measured were villus height, crypt depth and goblet cell number. A minimum of 10 intact well-oriented villus–crypt units were selected for each intestinal cross-section. Villus height (µm) was measured from the tip to the villus crypt junction, and crypt depth was defined as the depth of the invagination between adjacent villi. The number of stained goblet cells per villi was also counted.

### Statistical analysis

Data were analysed as a one-way ANOVA using the GLM procedure of SAS.<sup>29</sup> The linear effect of dietary inclusion of GE was also analysed. Significant differences among treatment means were determined at  $P < 0.05$  by Duncan's multiple-range test.

## Results

### Content and intestinal digestibility of grape polyphenols

Concentrations of monomeric and dimeric flavan-3-ols in ileal digesta and excreta of birds fed 2.5 and 5.0 g of GE per kg of feed are reported in Table 2. The ileal concentration of every compound studied was increased with the higher dietary supplementation of GE; C, EC, PB1 and PB2 ileal contents increased ( $P < 0.001$ ) by 65, 83, 35 and 63%, respectively. The same result, albeit at a lower extent, was observed for C (24%,  $P < 0.001$ ), EC (34%,  $P < 0.01$ ) and PB1 (5%,  $P < 0.05$ ) excreta concentrations. Based on these concentrations, data of apparent digestibility of these compounds were calculated (Fig. 1). The ileal digestibility of monomeric compounds (C and EC) reached values in the range of 84–87% in birds fed the GE diets. However, the digestibility of PB1 and PB2, and that of ECG were lower and ranged from 50 to 69%. For all these polyphenolic compounds, values for excreta digestibility were higher than those for ileal digestibility. No differences on ileal and excreta digestibility among 2.5 and 5.0 g GE per kg dietary treatments were observed.

### Phenolic metabolites in excreta

A total of 22 phenolic metabolites including benzoic, phenylacetic, phenylpropionic and cinnamic acids, as well as phenyl- $\gamma$ -valerolactones, were identified in the excreta samples of the chickens in the present work (Table 3). Among these phenolic acids, 3,4,5-trihydroxybenzoic acid, 5-(3',4'-dihydroxyphenyl)- $\gamma$ -valerolactone and m-hydrocinnamic acid were only identified in the excreta of chickens having been supplemented with GE. Likewise, the excreta concentrations of 2-hydroxybenzoic, 3-O-methylgallic, 4-O-methylgallic, 3-(4-hydroxyphenyl) propionic, and 3,4-dihydroxycinnamic acids were found to be higher

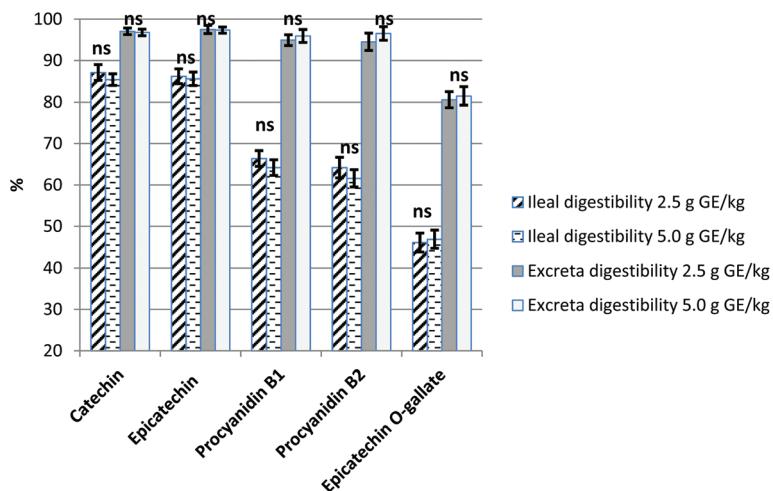
**Table 2** Quantification of phenolic compounds recovered in ileal digesta and excreta (mg per 100 g) from chicks supplemented with grape extract (GE; 2.5 and 5 g kg<sup>-1</sup> of feed)

	Ileal			Excreta			<i>P</i>	
	GE (g kg <sup>-1</sup> )		SEM <sup>a</sup>	<i>P</i> <sup>b</sup>	GE (g kg <sup>-1</sup> )			
	2.5	5.0			2.5	5.0		
(+)-Catechin	1.36	2.25	0.07	***	0.89	1.13	0.05	
(-)-Epicatechin	0.86	1.57	0.04	***	0.50	0.67	0.04	
Procyandin B1	3.27	4.43	0.05	***	2.75	2.89	0.05	
Procyandin B2	1.45	2.36	0.04	***	1.17	1.21	0.03	
(-)-Epicatechin <i>O</i> -gallate	0.36	0.48	0.05	ns	0.32	0.230	0.06	

<sup>a</sup> *n* = 5 replicates (3 birds per replicate). <sup>b</sup> Type of response due to dietary dose of GE: ns, no significant effect, \**P* < 0.05; \*\**P* < 0.01; \*\*\**P* < 0.001.

<sup>c</sup> *n* = 7 replicates (5 birds per replicate).





**Fig. 1** Ileal and excreta digestibility (%) of polyphenols in chickens fed 2.5 and 5 g kg<sup>-1</sup> of grape extract (GE). Data are means  $\pm$  standard deviation of 5 replicates per treatment (three birds per replicate) for ileal digestibility and 7 replicates per treatment (five birds per replicate) for excreta digestibility. No significant differences (ns) among treatments were considered when  $P > 0.05$ .

**Table 3** Microbial-derived phenolic metabolites ( $\mu\text{g g}^{-1}$ ) in excreta from chickens fed diets containing grape extract (GE)

	GE (g kg <sup>-1</sup> )			SEM <sup>a</sup>	$P^b$	
	0	2.5	5.0		Diet	Linear
<b>Benzoic acids</b>						
2-Hydroxybenzoic (salicylic) acid	0.11 <sup>b</sup>	0.79 <sup>a</sup>	0.68 <sup>a</sup>	0.15	**	ns
3-Hydroxybenzoic acid	11.0	9.12	9.55	1.59	ns	ns
4-Hydroxybenzoic acid	29.3 <sup>a</sup>	24.0 <sup>b</sup>	23.6 <sup>b</sup>	1.11	**	**
3,4-Dihydroxybenzoic (protocatechuic) acid	14.7	16.1	14.5	1.51	ns	ns
3,5-Dihydroxybenzoic acid	78.1	80.0	83.1	12.7	ns	ns
3,4,5-Trihydroxybenzoic (gallic) acid	nd	4.57 <sup>b</sup>	6.18 <sup>a</sup>	0.52	***	ns
3-O-Methylgallic acid	1.95 <sup>b</sup>	3.59 <sup>a</sup>	3.99 <sup>a</sup>	0.55	*	*
4-O-Methylgallic acid	0.03 <sup>c</sup>	1.61 <sup>b</sup>	2.95 <sup>a</sup>	0.29	***	***
4-Hydroxy-3-methoxybenzoic (vanillic) acid	11.1	12.0	9.85	0.99	ns	ns
3,5-Dimethoxy-4-hydroxybenzoic (syringic) acid	33.7	0.0	33.7	3.79	ns	ns
<b>Phenylacetic acids</b>						
3-Hydroxyphenylacetic acid	6.08	6.02	6.20	0.94	ns	ns
4-Hydroxyphenylacetic acid	112	101	106	17.1	ns	ns
2-Hydroxy-2-phenylacetic (mandelic) acid	2.85 <sup>a</sup>	1.36 <sup>b</sup>	1.11 <sup>b</sup>	0.30	*	**
4-Hydroxy-3-methoxyphenylacetic acid	5.29	6.44	6.28	0.74	ns	ns
4-Hydroxy-3-methoxymandelic acid	1.85	2.87	2.94	0.34	ns	ns
<b>Phenylpropionic acids</b>						
3-(3-Hydroxyphenyl)propionic acid	79.7	126	96.0	20.1	ns	ns
3-(4-Hydroxyphenyl)propionic acid	35.3 <sup>c</sup>	123 <sup>a</sup>	60.9 <sup>b</sup>	4.20	***	ns
<b>Phenyl-<math>\gamma</math>-valerolactones</b>						
5-(3',4'-Dihydroxyphenyl)- $\gamma$ -valerolactone	nd	0.37	1.38	0.53	ns	ns
<b>Cinnamic acids</b>						
<i>p</i> -Hydroxycinnamic (coumaric) acid	12.1	11.3	11.7	1.14	ns	ns
<i>m</i> -Hydroxycinnamic (coumaric) acid	nd	0.16	0.08	0.06	ns	ns
3,4-Dihydroxycinnamic (caffein) acid	1.60 <sup>b</sup>	3.15 <sup>a</sup>	4.0 <sup>a</sup>	0.43	**	**
4-Hydroxy-3-methoxycinnamic (ferulic) acid	11.3 <sup>a</sup>	8.74 <sup>b</sup>	8.72 <sup>b</sup>	0.66	*	**

<sup>a,b,c</sup>Means in a row with a different superscript differ ( $P < 0.05$ ). <sup>a</sup> $n = 7$  replicates (5 birds per replicate). <sup>b</sup>Type of response due to dietary dose of GE: ns, no significant effect, \*  $P < 0.05$ ; \*\*  $P < 0.01$ ; \*\*\*  $P < 0.001$ . nd: no detected.

( $P < 0.05$ ) in chickens fed GE than in those not being supplemented with GE. A linear increase ( $P < 0.05$ ) was also detected for the excreta concentration of 3-O-methylgallic, 4-O-methylgallic, and 3,4-dihydroxycinnamic acids.

By contrast, the intake of GE reduced ( $P < 0.05$ ) the excreta content of 4-hydroxybenzoic, 2-hydroxy-2-phenylacetic and 4-hydroxy-3-methoxycinnamic acids, and a linear response ( $P < 0.01$ ) was also detected for the latter acids.



## Microbiological analysis

The effect of including GE in the diet on ileal bacterial counts is summarized in Table 4. *Escherichia coli* and lactic-acid bacteria counts were decreased ( $P < 0.05$  and  $P < 0.01$ , respectively) in birds fed 5 g GE per kg of diet. A decreasing linear response ( $P < 0.05$ ) with the intake of GE was also detected for these bacteria and for *Enterobacteriaceae*. No differences were found in the ileal populations of *Clostridium perfringens* among dietary treatments.

## Intestinal mucins and gut morphology

The effect of dietary GE on total mucin and sialic acid content in ileal digesta and on jejunal morphology is reported in Table 5. Total mucin content (3.58 g DM per 100 g of dry ileal digesta, on average) was not significantly modified by the inclusion of GE in the diet. A reduction ( $P < 0.05$ ) in the sialic acid content and a linear response ( $P < 0.01$ ) were observed with the intake of GE.

No effect of GE inclusion in the diet was detected on villus height or crypt depth. The jejunal goblet cell number was not affected by the dietary inclusion of GE.

## Discussion

### Intestinal utilization of grape polyphenols

Polyphenols are considered anti-nutritional factors as the dietary incorporation of ingredients rich in tannins negatively affects nutrient efficiency and animal performance. In poultry, a considerable number of publications have shown the detrimental effect of a relatively high dietary inclusion of ingredients such as sorghum and faba bean.<sup>30–32</sup> However, current scientific evidence suggests that the dietary addition of moderate amounts of ingredients and additives containing certain classes of phenolic compounds might improve health status and animal product quality without compromising productive performance. Actually, the interest of including grape polyphenols in animal diets has recently been reviewed.<sup>3</sup> The inclusion of different commercial grape extracts in broiler chicken diets enhanced the oxidative stability of meat and promoted the proliferation of beneficial intestinal bacteria.<sup>18,33</sup> However, although GE was not detrimental when fed at 3.6 g kg<sup>-1</sup>, its dietary addition at 7.2 g kg<sup>-1</sup> reduced the weight gain by 12%.<sup>18</sup> Thus, in order to establish the optimal and practical inclusion level, in the present experiment we determined the highest concentration of GE that could be included in the chicken diet without affecting the growth performance and nutrient digestibility, as reported in a previous paper.<sup>4</sup> Our results showed that the dietary incorporation of GE up to 2.5 g kg<sup>-1</sup> in chicken diets did not affect the growth performance, whereas a dose of 5 g kg<sup>-1</sup> impaired the growth rate (by 5%) and digestibility of some essential and non-essential amino acids, with a particularly marked reduction for proline. In order to assess the impact of GE intake on intestinal health and correctly identify the microbial metabolites generated in the gut, in the present study we focused on the treatments presenting the higher doses of GE (2.5 and 5 g kg<sup>-1</sup>). The negative effect of feeding polyphenols on the digestibility of some nutrients, such as fat, protein and amino acids, has been widely addressed<sup>30,34</sup> but few studies have reported information about the rate of intestinal utilization of grape polyphenols themselves. In this sense, previous research conducted in our laboratory with chickens fed diets containing GE<sup>17,33</sup> showed a digestibility rate lower for non-extractable (14–47%) than for total extractable (58–66%) and hydrolizable (56–73%) fractions. With regard to human studies, there are also many references in the literature,<sup>35,36</sup> dealing with the composition and potential health benefits of grape polyphenols but there is a dearth of *in vivo* studies tackling the intestinal utilization of these bioactive substances.<sup>37,38</sup>

In the present study, we use the term digestibility, commonly used in animal nutrition, referring to the fraction of ingested grape polyphenolic compounds that disappear in the intestine, as a consequence of the digestive processes, and are potentially degraded, biotransformed or absorbed through the gut barrier. This term is equivalent to “disappeared ratio” and does not account for the metabolites generated and effluxed back into the intestinal lumen after intestinal and hepatic metabolism. Our findings indicate that, irrespective of the con-

**Table 4** Effect of dietary inclusion of grape extract (GE) on the ileal bacterial count expressed as the logarithm of colony-forming units per gram (log cfu per g)

	GE (g kg <sup>-1</sup> )			P <sup>b</sup>		
	0	2.5	5	SEM <sup>a</sup>	Diet	Linear
<i>Clostridium perfringens</i>	4.03	4.46	4.46	0.39	ns	ns
<i>Escherichia coli</i>	6.02 <sup>a</sup>	5.11 <sup>ab</sup>	4.85 <sup>b</sup>	0.34	*	*
<i>Enterobacteriaceae</i>	6.36	5.92	5.48	0.38	ns	*
Lactic-acid bacteria	7.58 <sup>a</sup>	7.19 <sup>ab</sup>	6.77 <sup>b</sup>	0.19	**	**

<sup>a</sup> n = 7 replicates (2 birds per replicate). <sup>b</sup> Type of response due to dietary dose of GE: ns, no significant effect, \*  $P < 0.05$ ; \*\*  $P < 0.01$ .

<sup>a,b</sup> Means in a row with different superscript differ ( $P < 0.05$ ).

**Table 5** Effect of dietary grape extract (GE) on the total mucin and sialic acid content in ileal digesta of chicks and jejunal morphology

	GE (g kg <sup>-1</sup> )			P <sup>c</sup>		
	0	2.5	5.0	SEM	Diet	Linear
<b>Ileal mucin content<sup>a</sup></b>						
Total mucin (g DM per 100 g)	3.64	3.55	3.55	0.12	ns	ns
Sialic acid (mg per 100 g)	31.7 <sup>a</sup>	26.8 <sup>ab</sup>	20.2 <sup>b</sup>	2.61	*	**
<b>Jejunal morphology<sup>b</sup></b>						
Villus height, $\mu\text{m}$	1116	1097	1106	61.8	ns	ns
Crypt depth, $\mu\text{m}$	170	177	176	12.3	ns	ns
Goblet cell number	100	114	86	12.1	ns	ns

<sup>a</sup> n = 5 replicates (3 birds per replicate). <sup>b</sup> n = 7 replicates (2 birds per replicate). <sup>c</sup> Type of response due to dietary dose of GE: ns, no significant effect, \*  $P < 0.05$ ; \*\*  $P < 0.01$ . <sup>a,b</sup> Means in a row with different superscript differ ( $P < 0.05$ ).



centration of GE included in the diet, extractable grape catechins disappeared extensively and/or were chemically modified along the intestinal tract, which led in consequence to a low recovery of these compounds. The digested fractions were higher for monomers, than for dimers, and galloylated forms. It was thus proved that the degree of polymerization and galloylation are factors affecting the intestinal utilization of flavan-3-ols.<sup>39,40</sup> We recently reported<sup>5</sup> similar monomeric and dimeric digestibility values for catechins present in grape pomace.

Due to their lower molecular weights and the fewer hydrogen bond donors in C and EC, these compounds are expected to be better used than the galloylated forms. In human subjects with an ileostomy,<sup>37,38,41</sup> similar low recoveries of ileal native monomerics C and EC (6.8–2.3% and 4.2–11%, respectively) and dimeric PB (22%) have been detected after the consumption of tea and fruit drinks containing polyphenols during 24 hours. Likewise, a higher recovery of the galloylated form of epicatechin (ECG, 45%) has also been reported. Another human study based on the use of the intestinal perfusion technique<sup>42</sup> showed a recovery of 46.8% for EC and of 1.7% for EC metabolites after the administration of 50 mg of pure EC into the proximal jejunum. All these studies agree that, regardless of the differences in the intestinal model used (ileostomy, perfusion, indigestible marker), the administration (acute or sustained consumption), the dose or the food matrix, ingested (not metabolized) catechins are recovered at a low concentration in the intestinal tract. Despite this limited recovery, a low bioavailability of grape polyphenols has also been reported in studies encompassing absorption and metabolism traits.<sup>7,37</sup> In this sense, in the ileostomy studies mentioned above, a high ileal and urine recovery of (*epi*) catechin metabolites (glucuronidized and sulfated) was also detected, reflecting hence an important reexcretion of intestinal and hepatic metabolites, which were not taken into account in the present study.

Polyphenols not being absorbed or being effluxed back in the intestine are further metabolized by the intestinal microbiota into phenolic acids and other metabolites.<sup>43</sup> This might contribute to explain why, in the present study, the excreta digestibility of grape polyphenols was higher than the ileal digestibility. There is an emerging consensus that the gut microbiota may play a crucial role in the potential health benefits of polyphenols.<sup>44,45</sup> The microbiota present in the intestinal tract could metabolize dietary polyphenols into more bioactive compounds with different physiological significance.<sup>46</sup> In this study, we identified a wide range of low-molecular-weight phenolic compounds in the excreta of all birds, either supplemented or not with GE. The latter may be related to the fact that experimental diets contained wheat and soya as main ingredients, which are also important sources of phenolic compounds.<sup>47</sup> Nevertheless, when comparing the excreta metabolites of birds fed control and GE diets, we observed differences in the amount and nature of the phenolic compounds identified, as a consequence of the GE intake. By examining these metabolites, we present here the first evi-

dence in poultry that grape polyphenols are degraded during their transit along the intestinal tract. Benzoic acids (3,4,5-trihydroxybenzoic or gallic acid, 2-hydroxybenzoic, 3-O-methylgallic and 4-O-methylgallic acids), propionic acids [3-(3-hydroxyphenyl) propionic and 3-(4-hydroxyphenyl) propionic acids], cinnamic acids (3,4-dihydroxycinnamic acid), as well as valerolactones derivatives [5-(3',4'-dihydroxyphenyl)- $\gamma$ -valerolactone], were found as the most relevant metabolites in the excreta of chickens supplemented with GE. Among them, gallic acid, m-coumaric acid and valerolactone derivatives were exclusively detected in birds fed GE, with the latter being one of the major metabolites generated during the microbial metabolism of procyanidin dimers.<sup>48</sup> The microbial origin of these metabolites has been demonstrated by the *in vitro* incubation of procyanidins with the rat caecal content<sup>49</sup> and human faecal microflora.<sup>9,22,50,51</sup> Similar results have also been obtained in the faeces and urine of rats that had been fed dimeric, trimeric and polymeric procyanidins.<sup>8,52,53</sup> Other phenolic metabolites with increased concentrations were 3-(3,4-dihydroxyphenyl)-propionic acid, 3,4-dihydroxyphenylacetic acid, 4-hydroxyhippuric acid, hippuric acid, and vanillic acid. Most of these metabolites are known to originate from the gut microbial fermentation of wine and grape polyphenols.<sup>22,54,55</sup> The biological activities of these microbial metabolites have not been systematically tested, except for a few reports in which products of the colonic degradation of flavonoids exhibited anti-inflammatory effects and antioxidant activity.<sup>56,57</sup> These aromatic acids might exert a protection against oxidative stress and account for some of the biological effects reported for proanthocyanidins and other high-molecular-weight polyphenols in animal and human studies. Many of these phenolic compounds can be absorbed and may accomplish their action in the colon, as well as in other target tissues, after absorption. Finally, our findings indicate that an important proportion of ingested grape polyphenols are metabolized along the intestinal tract and might contribute to explain the antioxidant effect demonstrated in chickens.<sup>19</sup>

### Grape polyphenols and intestinal microbiota

In recent years, the interest in studying interactions between polyphenols and gut microbiota has increased.<sup>58–60</sup> Polyphenols and their derived products might affect intestinal ecology by accumulation in the gut of undigested and unabsorbed compounds and phenol metabolites that stimulate and/or suppress the growth of certain members of the intestinal microbiota. Thus, in the present study we focused on the effect of GE dietary supplementation on several bacterial species relevant for intestinal health in chickens. Our results indicated that birds fed GE diets showed a reduction in the ileal counts of *Escherichia coli*, *Enterobacteriaceae* and lactic bacteria, whereas no response was observed for *Clostridium perfringens*. The antimicrobial activity of red wine grape pomace and grape seed extract against several pathogenic bacteria such as *E. coli*, *Salmonella* spp., among others, has also been documented.<sup>61,62</sup> *In vitro* studies have pointed out the potential of catechins and its metabolites to inhibit the growth



of *Clostridium difficile*, *E. coli* and *Salmonella*.<sup>63,64</sup> However, other groups such as probiotic-like bacteria *Lactobacillus* spp. were found to be relatively unaffected or even stimulated.<sup>65</sup> Moreover, *in vivo* studies have also demonstrated the potential of grape products to modify the intestinal microbial composition.<sup>66</sup> Thus, the addition of grape products in diets for pigs reduced *E. coli*-induced diarrhoea and decreased the counts of *Streptococcus* spp. and *Clostridium* in the faecal microbiota,<sup>67,68</sup> whereas feeding a diet supplemented with GE (0.15–0.45 g kg<sup>-1</sup>) to broiler chickens reduced ileal coliforms and *E. coli* populations.<sup>69</sup> On the other hand, grape polyphenols might also promote the growth of several bacteria groups as we previously reported<sup>18</sup> using T-RFLP techniques. In this sense, we observed a larger biodiversity and a higher frequency of detection of some known groups (*Actinobacteria*, *Bacillus/Paenibacillus* spp., *Desulfitobacterium* spp., *Pseudomonas/Acinetobacter* spp.), but also, and mainly, of unknown bacteria groups in birds fed grape polyphenols. The intestinal ecosystem of chickens remains largely unknown, and despite the advances made in the field of microbial metabolism of phenolics compounds in humans,<sup>60</sup> the specific bacterial species able to metabolize grape polyphenols in the gastrointestinal tract of chickens, the intermediate products and the enzymes involved are yet to be elucidated.

### Grape polyphenols and intestinal barrier mechanisms

The mucous layer and the amount and type of mucins that cover and protect the intestinal epithelium might be affected by luminal factors such as unabsorbed nutrients<sup>25</sup> and metabolites generated by intestinal microbiota. Our results indicate that supplementation with GE, irrespective of the inclusion rate, did not affect the crude ileal mucin content or the jejunal goblet cells number. Nevertheless, the addition of graded concentrations of GE in the chicken diets caused a linear decrease in the ileal concentration of sialic acid. A decrease in intestinal sialomucins was observed<sup>16</sup> in rats drinking a solution containing tea catechins at 0.5%.

These modifications on mucin composition generated with GE intake might be related to the changes observed on *Escherichia coli* and lactic bacteria populations. Changes in the chemical composition of intestinal mucins have been detected in response to alterations of gut microbiota.<sup>11</sup> Recently, a link between intestinal sialic acid and the overgrowth of *Enterobacteriaceae* such as *E. coli* and *Salmonella* has been reported.<sup>70</sup> The ability to use sialic acid confers an advantage to several bacteria, as *E. coli*, to overgrowth. The lower *Enterobacteriaceae* counts obtained in the present study in the chickens fed the highest concentration of GE (5 g kg<sup>-1</sup> of feed) may be related to the reduction in the proportion of sialic acid mucins.

Villus length and crypt depth are markers of intestinal functionality widely used by animal nutritionists. Changes in intestinal morphology may influence nutrient absorption and animal performance. It is assumed that a lengthening of villi leads to an improvement of digestive and absorptive functions in the intestine and to an increased body weight

gain.<sup>71</sup> Despite this, few reports have documented the effect of dietary polyphenols or related phenolics on the intestinal morphology and function and on the impact of these effects on broiler chicken performance. While Sell *et al.*<sup>72</sup> did not find any adverse effect of condensed tannins from sorghum on the intestinal tract morphology of chickens or laying hens, tannins from faba beans caused atrophy and shortening of villi in chickens in a further study.<sup>73</sup> Regarding the effects of grape polyphenols, we previously reported<sup>18</sup> a positive response on villus length in broiler chickens fed GP but shorter villi and shallower crypts, in parallel with a reduction (by 12%) of weight gain, were found in birds fed a high amount (7.2 g kg<sup>-1</sup>) of GE. In the present study, feeding 5 g kg<sup>-1</sup> of GE had no effect on the intestinal morphology of broiler chickens. Other authors<sup>69</sup> reported an increase in villus height in heat-exposed broiler chickens with doses of GE as low as 0.15–0.45 g kg<sup>-1</sup>. Differences among studies in the amount provided and in the composition of the GE tested, as well as in the health status of chickens, may explain such discrepancies. Advances in the knowledge of the interactions between bioactive feed compounds with intestinal barrier traits and luminal microbial environment could contribute to a better understanding of both positive and negative effects of GE on growth performance and intestinal functionality and on its practicality in animal nutrition.

### Conclusions

The results of the current study confirm that an important proportion of the ingested grape catechins disappear and/or are chemically modified throughout the intestinal tract of chickens, and consequently are recovered at a low rate. The digestibility of grape catechins is reduced with an increasing degree of polymerization and with gallic acid esterification. The identification of microbial-derived phenolic metabolites in the chicken excreta confirms that a portion of the ingested grape polyphenols is used by intestinal microbiota, which affects the composition of microbial populations and the type of intestinal mucins.

### Abbreviations

GE	Grape extract
GP	Grape pomace
C	Catechin
EC	Epicatechin
ECG	Epicatechin-O-gallate
PB1	Procyanidin dimer B1
PB2	Procyanidin dimer B2
GA	Gallic acid
BCIG	5-Bromo-4-chloro-3-indolyl-beta-D-glucuronide
IM	Indigestible marker
GPol	Grape polyphenols



## Conflicts of interest

There are no conflicts of interest to declare.

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