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TUTORIAL REVIEW
Davin Tan and Felipe García
Main group mechanochemistry: from curiosity to
established protocols

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Main group mechanochemistry: from curiosity to established protocols†

Davin Tan and Felipe García ⓘ *

In the last few decades, mechanochemistry has become rapidly established as a powerful tool enabling environmentally-benign and sustainable chemical syntheses. Not only have these techniques been demonstrated as viable alternatives to traditional solution-based syntheses, but they have also received attention for their ability to enable new reactivity and "unlocking" novel compounds inaccessible by conventional methods. Reflecting the rising popularity of mechanochemistry, many excellent reviews highlighting its benefits have recently been published. Whilst the scope of most of these focuses on organic chemistry, transition-metal catalysis, porous framework materials, coordination compounds and supramolecular synthesis, few have addressed the use of mechanochemical ball milling for the synthesis of compounds containing s- and p-block elements. This tutorial review turns the spotlight towards mechanochemical research in the field of inorganic main group chemistry, highlighting significant advantages that solid-state inorganic reactions often possess, and the potential for these to drive the development of greener methodologies within the modern main group arena.

Key learning points
(1) Mechanochemistry and its historical background.
(2) Tools and parameters affecting mechanochemical syntheses.
(3) Solid and liquid additives in mechanochemistry.
(4) *In situ vs. ex situ* reaction monitoring.
(5) Key examples of mechanochemically synthesised main group compounds and complexes.

1. Introduction

Traditional solution-based methodologies have dominated in most synthetic research laboratories and industrial manufacturing protocols since modern chemistry was formulated in the 17th century whereas, despite its long history, the use of mechanochemical techniques in chemical synthesis has only experienced a vibrant renaissance over the last few decades.

The primary driving force for the current expansion of solid-state methodologies is the pressing need for cleaner, safer and more sustainable chemical transformations – particularly since raw materials are becoming ever scarcer. Moreover, the large amount of waste created by the generalised use of solvents throughout synthetic processes negatively affects both the environment and public health.

One strategy to address the need for cleaner, greener and more sustainable synthetic methods is to drastically minimise, or completely remove, solvent usage throughout synthetic routes, from laboratory set-ups to large-scale manufacturing. In this respect, solid-state mechanochemical methodologies offer great promise due to their ability to achieve solvent-free, or nearly solvent-free, synthetic routes to complex molecules.

1.1 Main group mechanochemistry

The synthesis of new and novel main group materials, compounds and frameworks is fundamental to the advancement of chemistry as a discipline, which, in turn, propels new developments within neighbouring fields, such as physical, materials, engineering and biomedical sciences.

For instance, main group Grignard and Wittig reagents have deeply influenced the field of organic synthesis, leading to key advancements in the chemical and pharmaceutical industries. Moreover, recent examples of main group species containing very low oxidation states, coordination numbers or unique

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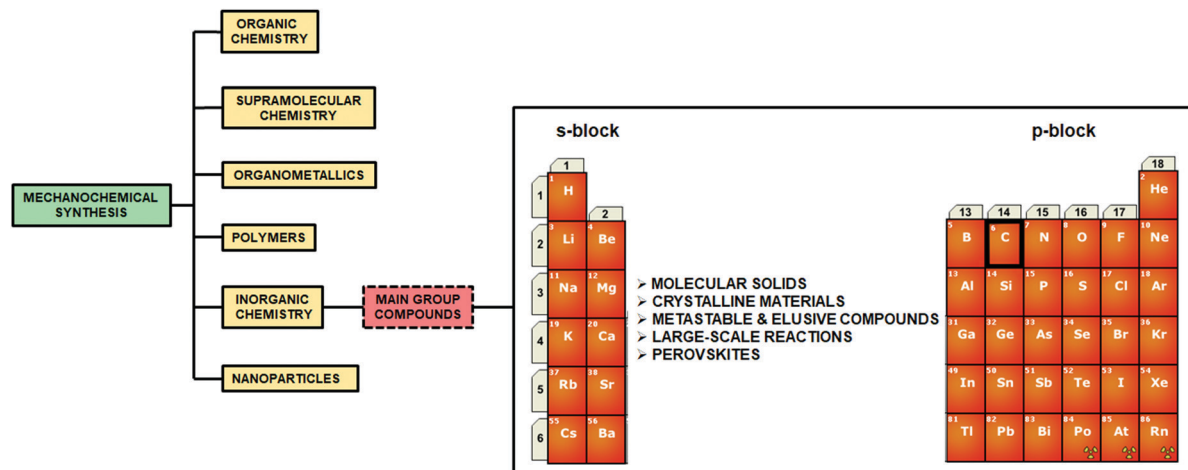
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Fig. 1 General overview of the field of mechanochemistry in organic synthesis, supramolecular synthesis, organometallics, nanoparticle synthesis, polymer synthesis and inorganic synthesis. The topic of main group mechanochemistry is highlighted in the orange box. All examples mentioned here are included and referenced in this review.

bonding motifs have begun to populate the new generation of mainstream chemistry textbooks.

While interest in the fundamental and applied aspects of main group chemistry continues to grow, the development and application of environmentally benign synthetic methodologies represents a burgeoning, yet still relatively niche field of research. This is particularly true in the case of mechanochemistry, despite sustained efforts towards its use in organic synthesis, catalysis and transformation reactions, about which several comprehensive reviews have recently been published.[1–5] Within the context of inorganic mechanochemistry, several reviews have focused on the formation of transition metal complexes, organometallic compounds, oxides, alloys and nano-materials (Fig. 1).[6–13] However, despite the many examples of both classical and modern mechanochemical routes to compounds comprising s- and p-block elements, these have not yet been comprehensively addressed.[11]

This review serves as a stepping-stone to new efforts towards mechanochemical methods within the main group arena, focusing on novel, rare and important compounds or materials that have been enabled by mechanochemistry. We also set out to demonstrate that mechanochemistry is a viable and often powerful tool for main group synthesis, particularly in an age where the need to develop more environmentally-benign chemical syntheses is greater than ever.
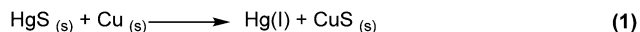
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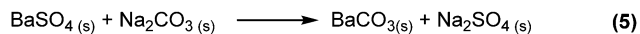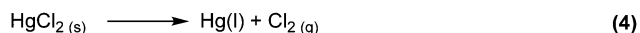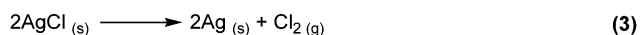
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Felipe García

Felipe García is originally from the coastal town of Gijón (Spain) and gained both his BSc and MSc degrees in Chemistry at the local Oviedo University. In 2001, he moved to the University of Cambridge to carry out his graduate studies on main group imides and phosphides as a Cambridge European Trust and Newton Trust Scholar under the supervision of Prof. Dominic Wright. He then gained a Junior Research Fellowship at Wolfson College (2005) and was appointed a College Lecturer in Inorganic Chemistry at Newnham and Trinity Colleges (2006) before moving to Nanyang Technological University (Singapore) in 2011 as an Assistant Professor. Felipe has published over 70 papers on Main Group Chemistry and maintains a strong interest in the synthesis of novel compounds for industrial and biological applications.

$$HgS_{(s)} + Cu_{(s)} \longrightarrow Hg(l) + CuS_{(s)} \quad \text{(1)}$$

$$AgCl_{(s)} + M_{(s)} \longrightarrow Ag_{(s)} + MCl_{(s)} \quad \text{(2)}$$
$$M= Zn, Sn, Fe \text{ and } Cu$$

$$2AgCl_{(s)} \longrightarrow 2Ag_{(s)} + Cl_{2(g)} \quad \text{(3)}$$

$$HgCl_{2(s)} \longrightarrow Hg(l) + Cl_{2(g)} \quad \text{(4)}$$

$$BaSO_{4(s)} + Na_2CO_{3(s)} \longrightarrow BaCO_{3(s)} + Na_2SO_{4(s)} \quad \text{(5)}$$

Scheme 1 Early inorganic mechanochemical reactions that were performed in a mortar and pestle. (1) Metal displacement of HgS and Cu which formed elemental Hg by Theophrastus of Eresus. (2) Redox reaction between AgCl and various metals in the solid state by Faraday. Decomposition of (3) AgCl and (4) $HgCl_2$ into its elemental components by grinding, as reported by Carey Lea. (5) Salt metathesis reaction of $BaSO_4$ and Na_2CO_3 by Spring.

1.2 What is mechanochemistry?

Mechanochemical reaction is defined as: a chemical reaction that is induced by the direct absorption of mechanical energy. The mechanical energy can be imparted into the system by different modes of mechanical action (*i.e.*, impact, compression, shearing, stretching, grinding, *etc.*). This mechanical action can result in particle size reduction, creation of active sites for chemical reactivity – or the generation of fresh active surfaces – for other particles to contact, coalesce and react.[1–15]

1.3 Overview and history of mechanochemistry

Early historical beginnings of mechanochemistry find their roots in primitive Stone Age technologies (*e.g.*, to process building materials such as clay, or the grinding of seeds and wheat). Within this context, a piece of equipment synonymous with both alchemy and modern mechanochemistry that has appeared consistently throughout the history of mankind is the mortar and pestle.[4,5,10,13,16]

The mortar and pestle is a universal tool found across many cultures worldwide and in most modern laboratories. Traditionally, the mortar and pestle has been used to pound and grind solids together as observed in food ingredients, medicines and materials. According to Takacs,[12] who described the chronological development of mechanochemistry, one of the earliest written records of a mechanochemical reaction dates back to 315 BC in the book De Lapidibus (On Stones) by Theophrastus of Eresus. Described was a method to obtain

quicksilver (*i.e.*, mercury) by grinding cinnabar – a bright scarlet to brick-red form of mercury(II) sulfide (HgS) – using a copper or bronze mortar and pestle. This process involved the reduction of HgS by the material of the mortar and pestle, to form elemental Hg and cupric sulfide (CuS) (Scheme 1, eqn (1)). Takacs also described the addition of small amounts of vinegar to serve as a lubricant and to accelerate the reaction. The use of a liquid additive to the solid-state grinding process anticipates the modern technique of liquid-assisted grinding (LAG) – which will be discussed in later sections of this review. Inadvertently, the first written record of mechanochemistry may also be the first written evidence of an inorganic chemical reaction, highlighting historical ties between inorganic and mechanochemistry.

From *ca.* 300 BC to the 18th century, records of mechanochemical grinding to induce chemical reactions are negligible compared to its use for transformations associated with metal mining, alloying, and metallurgical operations, as well as to process grains, minerals, building materials, *etc.*[7,12] During this period, it is plausible that some mechanochemical reactions occurred while manual grinding of two or more solids together. However, without any written records, it is difficult to determine whether any sort of systematic mechanochemistry or research in the area ever occurred.

In the 19th century, several milestones in mechanochemistry were reported.[7,12] Similar to Theophrastus's reaction, Faraday described the "dry way" of reducing silver chloride (AgCl) by grinding with zinc, tin, iron, and copper in a mortar (Scheme 1, eqn (2)). This sparked the beginning of systematic scientific studies on mechanochemistry, and several organic and inorganic transformations induced by manual grinding followed. Another major contributor to the early systematic development of mechanochemistry was Carey Lea. He observed that heating mercuric chloride ($HgCl_2$) and silver chloride (AgCl) led to phase transformations (*i.e.*, sublimation and melting, respectively) without decomposition. However, at room temperature both solids rapidly decomposed upon grinding (Scheme 1, eqn (3) and (4)). His observations not only illustrated that mechanical action could induce chemical changes, but also that these changes may be unique from those produced by thermally-induced reactions. This work is often highlighted as one of the first, and perhaps the most significant, demonstrations of the differences between thermochemical
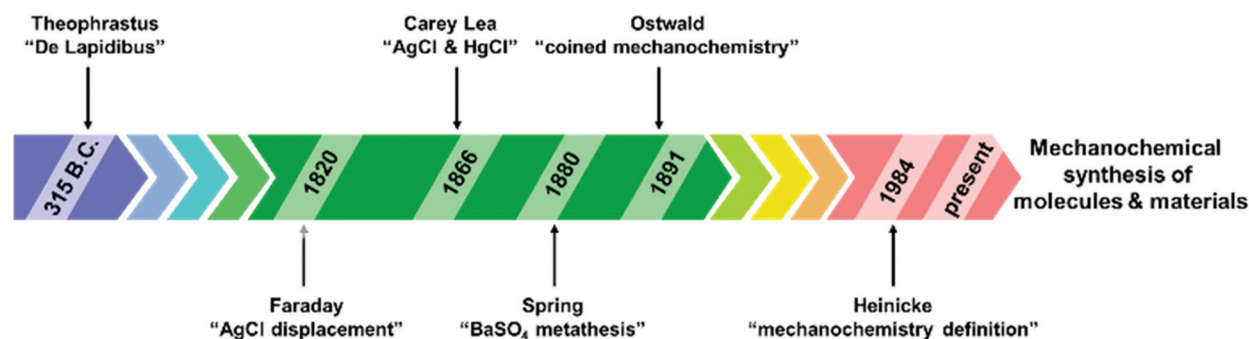

Fig. 2 Chronological timeline of the historical development of mechanochemistry.

and mechanochemical processes, earning Lea the mantle of "the father of mechanochemistry".[12]

In 1880, Spring studied the salt metathesis reaction between barium sulfate ($BaSO_4$) and sodium carbonate (Na_2CO_3) induced by repeated compression and pulverization of their solids. Importantly, this reaction is an early example of a process difficult to achieve in aqueous solution, due to the poor solubility of $BaSO_4$ – but readily accomplished by manual grinding in the solid state. This work underscored the benefit of mechanochemistry for chemical transformations involving poorly soluble compounds, which is further echoed by more modern examples discussed later in this text. Interestingly, this study potentially represents the first example of mechanochemical transformations of main group compounds.[11,12] However, the term mechanochemistry was not officially coined until 1891, when Ostwald included it in his terminology of chemical science, along with photochemistry, thermochemistry, electrochemistry and other types of chemical transformations. Later in 1984, Heinicke formulated the current and widely established definition of mechanochemistry (Fig. 2).

1.4 Tools, symbols and techniques

1.4.1 Mechanochemical nomenclature. Recent efforts have been made to unify and establish a "common language" to describe mechanochemical reactions.[1–12] Several groups have redefined certain terms and specific jargon to describe such techniques. This refers to whether the reaction performed is solvent-free, also known as neat grinding, or solvent-assisted in which small amounts of liquids additives are added to the grinding mixture, also known as kneading (*vide infra*).

In the same way that thermal, sonochemical, microwave and photochemical reactions are often designated by generally accepted symbols, a symbol comprising three circles arranged in a triangular fashion was recently proposed by Hanusa *et al.* to denote a mechanochemical reaction (Scheme 2).[6] This symbol not only applies to the use of mechanical mills, but also to other related techniques (*e.g.*, manual grinding) and allows mechanochemical reactions to be readily distinguished from their solution counterparts.

1.4.2 Mechanochemical tools and instruments. Despite its ubiquity and ease of operation, traditional mortar and pestle (Fig. 3a) grinding for conducting mechanochemical reactions is susceptible to variable factors, both human and environmental.[1] Manual grinding reactions are affected by the manual force exerted, which will inevitably vary between individuals and with time. In addition, due to the nature of the setup atmospheric conditions such as ambient humidity may negatively influence the reaction outcome, especially in the case of air- and/or moisture-sensitive reagents, which are commonly used in main group chemistry.[2] These variables are largely difficult to control and frequently render results obtained by mortar and pestle unreproducible.[1–6]

In the 20th century with the arrival of automation, a paradigm shift in the development of mechanochemical tools began to transform how laboratory-scale solid state reactions were conducted.[1–4] Nowadays, mechanochemical reactions are preferentially conducted using automated ball mills, a basic type of grinder, comprising a closed reaction vessel (jar) charged with ball bearings. They carry out a similar function to grinding with a mortar and pestle, but in a reproducible manner. In addition, mechanical automation, unlike manual hand grinding, allows for longer reaction times (*i.e.*, several hours) which are sometimes required to achieve very small particle sizes and amorphization of reagents.[1,4–6,9,12]

There are two main types of ball mills: shaker or vibration mills, and planetary mills (Fig. 3b and c, respectively). In shaker mills, the reaction jar is rapidly oscillated from side to side causing the enclosed ball bearing/s to shear and grind the reagents together (Fig. 4a). On the other hand, in planetary mills, the reaction vessels are spun at high speed, counter-rotatory to the main spinning "sun wheel" (thus, the term planetary) which results in the balls grinding the solids within the jars (Fig. 4b).[1,5,6,10,19]

In addition to ball milling, twin-screw extrusion (TSE) is a recent addition to the family of mechanochemical tools (Fig. 3d).[17] In this setup solid reagents are ground together by a pair of counter-rotatory screws as the mixture is transported along the extrusion path through a barrel (Fig. 4c). Different sections or zones of the screw can be readily exchanged to enable distinct mechanical actions (*i.e.*, simple mixing, conveying or grinding). The reagent feed-rate, screw and barrel lengths, and screw rotating speed can be adjusted to optimize reaction conditions. As the mechanochemical reaction occurs in a continuous
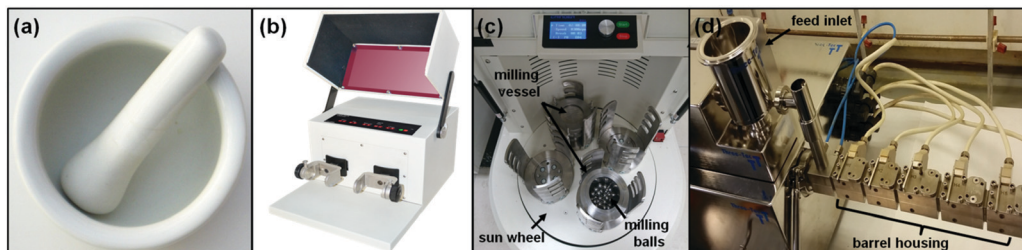
Scheme 2 Symbolic representation of (a) solvothermal, (b) sonochemical, (c) microwave irradiation, (d) photochemical and (e) mechanochemical reactions.

Fig. 3 Pictures of (a) mortar and pestle, (b) electric shaker mill, (c) planetary mill and (d) twin-screw extruder. Reproduced from ref. 18 with permission from the RSC, copyright 2007.
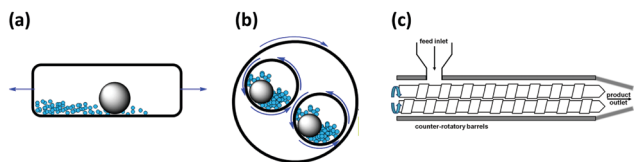
Fig. 4 Schematic representation illustrating the mode of motion of the cross-section of a (a) shaker and (b) planetary mill, and (c) twin-screw extruder.

process, TSE can be considered as a solid-state equivalent to solution-based flow-reactors.[13]

1.4.3 Milling media, frequency and ball-to-reagent-mass-ratio.

The milling media (*i.e.*, the balls and jars),[1–12] can be made from a variety of materials, such as stainless-steel, tungsten carbide, zirconia, Teflon *etc.* Since milling media vary in their density and hardness, they are a straightforward means of controlling energy input and, hence, reactivity. For example, tungsten carbide milling balls (ρ = 15.6 g cm^{-3}) carry greater kinetic energy during the milling process than Teflon (ρ = 2.3 g cm^{-3}). Milling media also differ in their chemical resistance and, thus, the appropriate milling material must be carefully chosen.[1,2,5,6,9] For instance, stainless-steel milling media will corrode in contact with strong acids. Furthermore, chemical leaching of metal ions (*e.g.*, Fe, Co, *etc.*) or metal contamination resulting from wear and tear during prolonged milling could impact the reaction outcome. On the other hand, milling media made from chemically resistant materials such as perfluorinated plastics (*e.g.*, Teflon) can circumvent these issues; however, being much softer, the Teflon milling media displays faster wear and tear rate (Fig. 5).[5–8]

Another method to control a ball milling reaction is by changing the operational vibrational frequency or rotation speed of the mills.[1,5,11] This allows the energy input into the reaction system to be controlled, thus enabling optimal manipulation and reproducibility over reaction conditions. Mack *et al.* have shown that similar to solution-based reactions, ball milling energetics in mechanochemical reactions are linked to the Arrhenius' equation. Adjusting the frequency or speed of milling directly affect the motion of the ball bearings, which in turn influence reaction kinetics and reaction outcomes.[6,14]

Ball-to-reagent-ratio (BRR) is another important variable to consider in ball milling reactions,[1–4] and is defined as the total mass of the ball bearings in the media divided by the total mass of the reagents in the reaction. The BRR is an experimental

Fig. 5 Milling media jars and balls. Reproduced with permission from FormTech Scientific.

parameter which has been shown to influence reaction kinetics and can be varied to fine-tune and optimize a mechanochemical reaction.

1.4.4 Liquid-assisted grinding (LAG) and milling auxiliaries.

When liquid additives are used in mechanochemical reactions,[1–12] they mainly act as lubricants, enhancing overall mixing and reaction kinetics, as well as improving the amorphization of products – a common problem encountered when milling "soft" organic solids.[1–12] Within this context, it is important to note that the amount of liquids added are in very small relative quantities, hence do not constitute as bulk solvent use.[15]

In early reports of mechanochemistry, the volumes of liquid additives incorporated into mechanochemical reactions were poorly described and/or quantified – with experimental protocols vaguely describing from "adding one or two drops of solvent" to "a few drops of liquid". Furthermore, the terminologies used to describe such techniques were also inconsistent, varying from "kneading", "solvent-drop grinding" and "solvent-assisted grinding" to describe analogous processes.[3,7,12,15]

Recently, the term liquid-assisted grinding (LAG) was proposed to unify and describe mechanochemical reactions in which a defined volume of liquid is added.[16] A LAG parameter (η) – defined as the ratio of liquid (in μL) to the combined weights of solid reactants (in mg) – was introduced. This parameter permits a systematic cross comparison of the various grinding techniques such as neat grinding (*i.e.*, $\eta = 0$) or LAG ($0 < \eta \leq 1$). Higher η values correspond to the formation of slurries and homogenously dissolved reactions (Fig. 6).[3,4]

Using the LAG concept, other grinding techniques have emerged, such as ion- and liquid-assisted grinding (ILAG), vapour-assisted grinding (VAG) and polymer-assisted grinding (POLAG).[1,3,12,16] Similarly, these techniques involve the addition of sub-stoichiometric amounts of additives to the grinding process, as a means to afford better control over chemical reactivity and selectivity.[1–3,11]

In some cases, the addition of inert milling auxiliaries (*e.g.*, NaCl salts), can be used as a means of "diluting" the mechanochemical action and influencing reaction kinetics.[1,5,8,11,12,16] These milling auxiliaries are sometimes added in stoichiometric amounts (1–5 equivalents) to assist the breakdown of aggregated clumps of solids. This is particularly useful in preventing formation of sticky or viscous reaction mixtures which may hinder the adequate motion of the ball bearing(s) during the milling process. With the addition of the milling auxiliary, a more "powder-like" milling environment can be generated, improving the overall mixing and homogeneity of the reagents, and hence, promoting reactivity.[1]
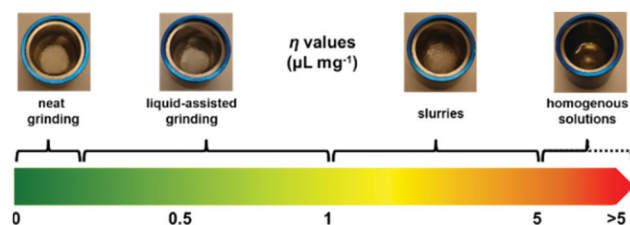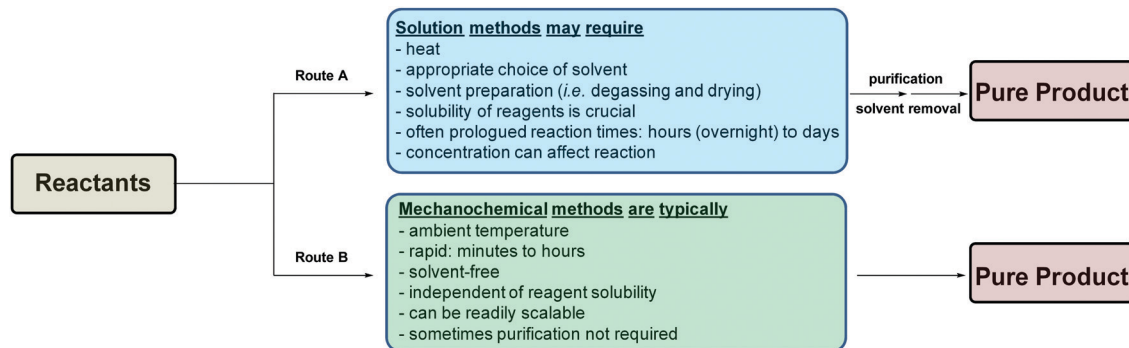

Fig. 6 Range of η values and appearance of the reagents.

Scheme 3 Variables associated with solvent-based and mechanochemical methodologies *via* route A and route B, respectively.

1.4.5 Solution *vs.* mechanochemical methods. There are several distinctions between the reaction conditions required for mechanochemical and solution-based synthetic methods. Although some solution-based reactions can be performed at room temperature (Scheme 3), this is an almost-stereotypical feature of a mechanochemical reaction. Indeed, even in cases where prolonged grinding results in the production of frictional heat, this is negligible compared to most solution-based refluxing conditions.[1,5,11]

In many solvent-based inorganic syntheses, the solvent quality can adversely affect the reaction outcome. Hence, solvent-free mechanochemical reactions not only circumvent any possible solubility issue, but avoid the need for thorough solvent conditioning (*e.g.*, distilling, degassing and drying) – which is often labour, time and energy-intensive.

Another advantage of mechanochemistry over traditional solution-based methodologies is its ability to enable the use of reagents that are typically assumed to be inert or highly insoluble (*e.g.*, carbonates, oxides *etc.*).[2,4–7,11]

However, it is important to note at this point, that mechanochemistry is not a panacea to all synthetic problems, for solution-based methods offer certain advantages over solid-state synthesis. For instance, control over reaction kinetics, aid in dispersing heat in exothermic reactions, and creating homogenous reaction mixtures.[4,5,7,11] Hence, certain compounds and product distributions can only be achieved by the used of conventional solution-based methods.[2,5–7,11]

1.4.6 Mechanochemical reactions mechanisms: *in situ vs. ex situ* monitoring. Chemical transformations induced by mechanochemical means have often been rationalized by reduction of particle size, creation of surface defects, mass transfer and diffusion of surface molecules, *etc.*[4,5,7,9] Other mechanistic considerations such as friction-induced magma-plasma (*i.e.*, hot spot theory), and liquefaction of the reagents through an amorphous phase or formation of eutectic melts, have also been proposed.[12,14,16] All these mechanisms, have already been extensively discussed in previous reviews and will not be addressed here.[4,7,9,12] Instead, characterization tools which have shed light onto the mechanisms, dynamics and kinetics of mechanochemistry will be discussed.

In order to understand how mechanochemical reactions proceed, a variety of solid-state characterization techniques are typically employed. These techniques are used either individually or in combination to monitor and assess product formation throughout.[3,4,7,8,12]

The characterization of crystalline powders relies heavily on powder X-ray diffraction (PXRD), a powerful technique that allows quick, qualitative analyses of reaction mixtures by a straightforward comparison of the reagent and product diffraction patterns (diffractograms).[3,4,7,8,15,17] Comparison of these diffractograms is generally done in conjunction with previously obtained diffraction data deposited in international databases such as the Cambridge Structural Database (CSD).

An important advantage of PXRD is its ability to determine the structures of reaction products – or even intermediates – without the need to grow diffraction-quality single crystals. This can be extremely useful with dealing with "material-like" compounds, examples of which are discussed later. Furthermore, PXRD allows for the structural characterization of compounds that are either sensitive or unobtainable in solution and cannot be characterized using solvent-dependent analytical techniques.[4,7,16]

However, PXRD alone cannot entirely rationalise mechanochemical reactions, as it is only adequately sensitive to transformations of highly crystalline materials. Prolonged grinding often results in complete or partial amorphization, leading to a loss of diffraction signal or reduction in overall quality of the data obtained, respectively.[16,17]

Fourier-transform infrared spectroscopy (FTIR) and Raman spectroscopy are two spectroscopic techniques independent of compound crystallinity that directly measure the relative energies (stretching frequencies) of chemical bonds.[3,9,15,17] Both FTIR and Raman spectroscopy qualitatively assess changes in covalent bonding interactions, either by bond scission or bond formation, as characteristic FTIR and Raman bands can be readily identified. Whilst Raman spectroscopy requires a specialized Raman laser probe, FTIR spectroscopy can be found in most laboratories and is thus more readily accessible.[17]

Further characterisation methods such as solution and solid-state nuclear magnetic resonance spectroscopy (ssNMR), ultra-violet and visible light spectroscopy (UV-vis) and Mössbauer spectroscopy can also be used to monitor and analyse mechanochemical reactions. Examples illustrating the use of these techniques will be highlighted in later sections.

In general, these measurements are performed *ex situ* or in a stepwise manner (Fig. 7). *Ex situ* measurements have the
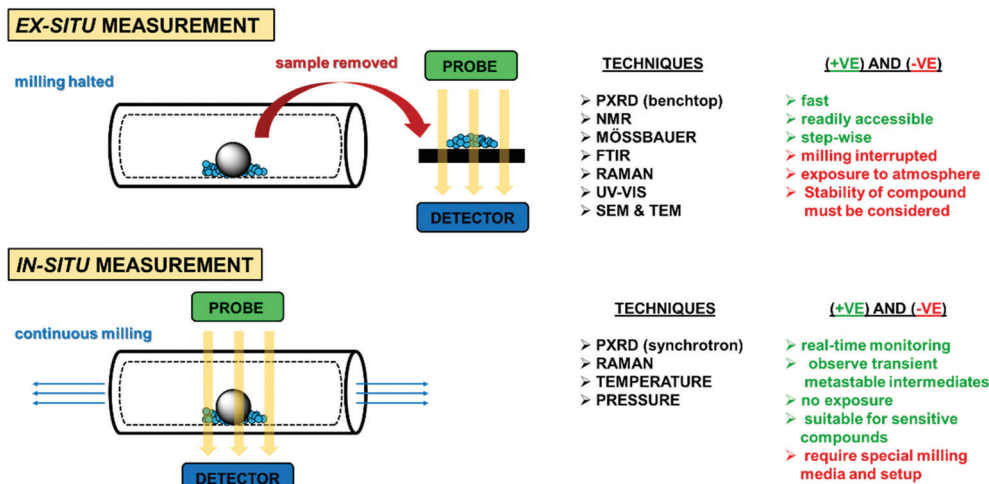
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Fig. 7 Comparison of *ex situ* and *in situ* characterization techniques for mechanochemical reactions.

advantage of simplicity and ease of implementation but require intermittently stopping the grinding or milling process and sampling the jar content for analysis. This frequent interruption and exposure of the reaction mixture to the open atmosphere may affect the reaction outcomes. Furthermore, these measurements rely on the assumption that the reaction ceases once milling is stopped, which is not always the case. Hence, these issues should be considered and accommodated for to prevent inconsistencies or data misinterpretation.[16,17]

Recently, extensive efforts have been made to develop platforms to conduct *in situ* measurements. In this case, the reaction mixture can be characterised without any interruption of milling process, allowing for real-time monitoring and characterization of the products and transient metastable phases formed. Furthermore, *in situ* techniques enable accurate kinetic measurements to be obtained, providing better insights into the mechanism of the mechanochemical process. Whereas *in situ* PXRD measurements require access to penetrative synchrotron X-ray radiation source, *in situ* Raman measurements can be performed using more readily available benchtop Raman spectrometers.[17] Apart from diffraction and spectroscopic techniques, *in situ* temperature and pressure monitoring can also be conducted using customised jars with inbuilt temperature and barometric sensors.[3,9,17]

Despite these recent developments, the *in situ* monitoring of mechanochemical reactions is still limited, and the development of commercially available integrated systems comprising milling and monitoring capabilities remains a pressing need.

## 2. From molecules to materials: s-block

For ease of reading, we have organized this review according to progression across the periodic table: starting from s-block hydrides, alkaline (Group 1) and alkaline earth metals (Group 2), to the p-block elements boron (Group 13), carbon (Group 14), pnictogens, chalcogens and halogen (Group 13–17, respectively). To the best of our knowledge, the use of mechanochemistry to

functionalize or react with noble gases (Group 18) remains unexplored. We have further separated each section into the areas of molecular compounds, materials, and composite nanoparticles.

2.1 Molecular species of the s-block

In this section, we will explore the use of mechanochemistry for the synthesis of s-block molecular compounds, beginning with hydrides and alkaline metals (Group 1) and subsequently considering alkaline-earth metals (Group 2).

2.1.1 Group 1: hydrides and alkaline metals. Hydrides are generally considered as sacrificial reducing reagents, especially in synthetic organic chemistry. For instance, $NaBH_4$ and $LiBH_4$ are common reagents for the reduction of unsaturated compounds, such as ketones to alcohols. Within this context, Mack *et al.* have demonstrated the use of highspeed ball milling for the *in situ* generation of $LiBH_4$. A solid-state salt metathesis reaction between $NaBH_4$ and $LiCl$ produced $LiBH_4$ which, as a stronger reducing agent than $NaBH_4$, was used to reduce esters to alcohols (Scheme 4a). This reaction not only represents the first solvent-free ambient method for the reduction of esters,[18] but also enabled the formation of highly reactive hydride
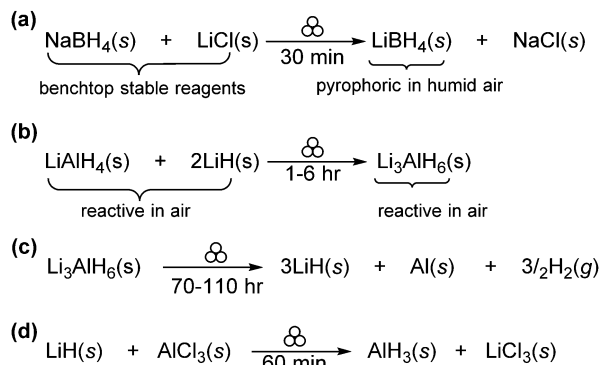
Scheme 4 (a) Formation of reactive $LiBH_4$ from $NaBH_4$ and $LiCl$, (b) solid-state synthesis of the alane Li_3AlH_6 from $LiAlH_4$ and LiH, (c) degradation and release of H_2 gas by prolonged milling of Li_3AlH_6, (d) formation of AlH_3 by salt metathesis of LiH and $AlCl_3$.

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species (*i.e.*, LiBH$_4$) from readily-accessible bench-top reagents, circumventing the need for inert-atmosphere techniques.

Beyond their use as reducing agents, hydride-based compounds have also been explored as candidates for high capacity energy storage materials for fuel-cell applications. In particular, alanates (*e.g.*, NaAlH$_4$ and LiAlH$_4$) and borohydrides, have been proposed as high capacity hydrogen storage materials. Reversible reactions between different Li–Al-hydride species are of particular interest due to their high theoretical capacity for hydrogen storage (*e.g.*, Li$_3$AlH$_6$ → LiH and LiAlH$_4$ → Li$_3$AlH$_6$ 5.5 and 7.9 wt%, respectively). Pecharsky *et al.* studied the solid-state mechanochemical transformations of aluminium hydrides under inert atmosphere conditions (Scheme 4b),[19] finding that stoichiometric milling of LiAlH$_4$ with LiH for 1 h readily afforded their desired Li$_3$AlH$_6$ product. However, due to the catalytic effect of iron present in the stainless-steel milling media, Li$_3$AlH$_6$ decomposed to LiH, elemental Al, and H$_2$ gas when milled for extended periods (*i.e.*, 110 hours). The catalytic role of iron was further confirmed by the increased rate of decomposition of Li$_3$AlH$_6$ in the presence of iron powder or iron salts, reinforcing the importance of selecting appropriate milling media.

Further expanding on the idea of mechanochemical salt metathesis, they also reported the neat mechanochemical synthesis of alanes from LiH and AlCl$_3$ under ambient conditions (Scheme 4d).[20] Traditionally, these species require the use of donor solvents (*i.e.*, diethyl ether) for their syntheses, leading to the formation of solvate adducts. The application of mechanochemistry bypasses unstable intermediates – formed in solution – that readily decompose into elemental Al and hydrogen, enabling the quantitative formation of adduct-free alane species.

2.1.2 Group 2: alkaline-earth metals. Most mechanochemical reactions comprising alkaline-earth metals (Group 2) are centred on "bench-top" stable and commonly available Mg, Ca and Ba salts, similar to the salt metathesis reaction described by Spring in the 19th century.[12] Mechanochemistry has also been used to synthesise less stable Group 2 organometallic complexes. One recent example by Hanusa *et al.*, demonstrated the assembly of a tris(allyl)beryllate complex (Fig. 8).[21] Milling BeCl$_2$ with the potassium salt of 1,3-bis(trimethylsilyl)propene, under inert atmosphere in a 1:1 ratio, yielded the desired potassium tris-bis(trimethyl-silyl)propylberyllate complex in almost quantitative
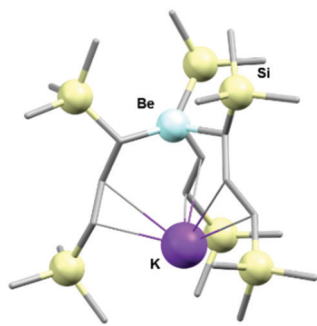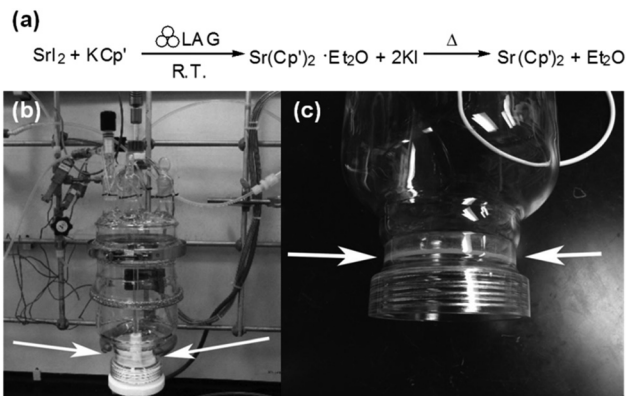

Fig. 9 (a) Synthesis of the Sr(Cp′)$_2$ organometallic complex by LAG and thermal removal of the Et$_2$O solvate. (b) Picture of the custom mechanochemical reactor assembly is based on commercially available large-scale glassware. (c) The arrows show gradual wear and tear from the milling media on the sides of the glass reactor, yet no metal contaminants were found in the product. Reproduced from ref. 22 with permission from the RSC, copyright 2014.

yields in only 15 minutes. In solution, comparable yields were only obtained after a 16 hour reflux in diethyl ether.

Another example within the organometallic family is the synthesis of a strontium complex that can act as a chemical vapor deposition (CVD) precursor to strontium-based semiconductors.[22] In solution, Sr(Cp′)$_2$ (Cp′= *n*-propyltetramethylcyclopentadiene) is typically synthesised *via* a salt metathesis reaction between alkali metal cyclopentadienides (*i.e.*, KCp′) and metal halides (*e.g.*, SrI$_2$). However, this reaction is hindered by the low solubility of strontium iodide in solvents compatible with the air- and water-sensitive nature of reagents and products (*i.e.*, Cp′ salts). Furthermore, typical polar solvents such as tetrahydrofuran (THF) and dimethyl ether (DME) form stable adducts with the SrCp$_2$′ product, ultimately compromising the integrity of the semiconductor obtained through CVD.

Both these issues of solubility and the formation of stable adducts can be circumvented *via* LAG in ether in a custom-made attrition glass reactor fitted with a PTFE paddle and stainless-steel balls (Fig. 9).[22] In this way, the product was obtained in high yields within a few hours (88% isolated yield) and was readily scalable (up to 500 g); although the steel-on-glass reactor used showed signs of erosion upon prolonged milling.

This work not only serves to demonstrate the compatibility of mechanochemistry with manufacturing air-sensitive semiconductor precursors in large scales, but again reiterates the increasingly pressing need to develop better and more appropriate mechanochemical tools and set-ups for synthetic purposes.

2.2 Materials containing s-block elements

2.2.1 Group 1: hydrides and alkaline metals. Research into the efficient synthesis of new mixed metal borohydrides has recently garnered attention for their potential as hydrogen storage materials. Filinchuk and Jensen have reported the stoichiometrically controlled synthesis of a series of alkali-metal cadmium borohydrides[23] by milling Li/Na/K BH$_4$ with

Fig. 8 Molecular structure of the potassium tris–bis(trimethylsilyl)propyl-beryllate as determined by X-ray diffraction crystallography. Hydrogen atoms are omitted for clarity.
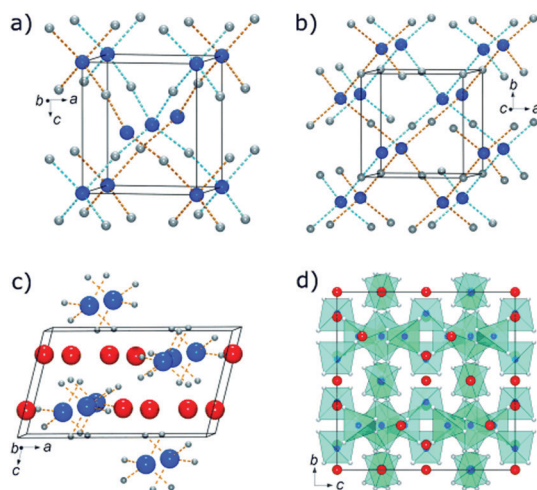
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Fig. 10 Crystal structures of (a) α-Cd(BH$_4$)$_2$, (b) β-Cd(BH$_4$)$_2$, (c) K$_2$Cd-(BH$_4$)$_4$, and (d) KCd(BH$_4$)$_3$. Hydrogen atoms are omitted for clarity. The following colouring scheme is used: Cd (blue), K (red), B (light grey). Reproduced from ref. 23 with permission from Willey, copyright 2012.

CdCl$_2$ – in 1:1, 2:1, 3:1 and 4:1 molar ratios – affording a mixture of different adducts and their respective salt by-products. In addition, four new metastable borohydride compounds were observed and characterised using *in situ* PXRD. Two possessing both possessing framework structures – α-Cd(BH$_4$)$_2$ and β-Cd(BH$_4$)$_2$ – and the potassium salts of $[\{Cd(BH_4)_3\}_n]^{n-}$ and $[Cd(BH_4)_4]^{2-}$, which display polymeric and isolated complex anions, respectively (Fig. 10).

In addition to solid–solid mechanochemical reactions, heterogeneous solid–gas reactions are also possible. Cuevas and *et al.* performed the ball-milling reduction of solid Li$_3$N by elemental H$_2$ in a reaction comprised of two main steps. First, lithium imide was formed, followed by the subsequent formation of lithium amide, with LiH formed as a byproduct in both (Fig. 11).[24] A combination of *in situ* pressure and temperature measurements with *ex situ* PXRD studies provided insights into the reaction mechanism.
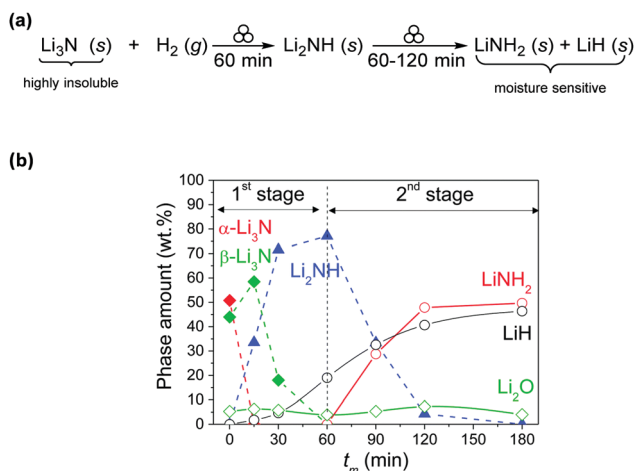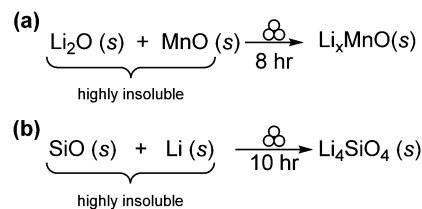

Fig. 11 (a) Solid-gas reaction for the step-wise mechanochemical reduction of Li$_3$N by H$_2$. (b) Evolution of phase amounts during ball milling of Li$_3$N powder under hydrogen gas. Reproduced from ref. 24 with permission from the RSC, copyright 2015.

Scheme 5 (a) Synthesis of Li$_x$MnO spinels for ion batteries. (b) Synthesis of composite Li$_4$SiO$_4$ materials for lithium ion-batteries.

Temperature measurements revealed that the reaction equilibrates at 49 °C within 30 minutes of milling, accompanied by a fast absorption of hydrogen by Li$_3$N to form Li$_2$NH. Upon prolonged milling (up to 2 hours), further hydrogenation of Li$_2$NH occurred producing LiNH$_2$. Interestingly, despite the reaction scheme being similar to the previously described thermally driven process, the formation of an intermediate Li$_4$NH phase is not observed during the mechanochemical process.[24]

Another research area gaining momentum is use of mechanochemistry in the synthesis of Li-ion materials. For such applications, low temperature pure-phase synthesis without compromising electrochemical properties is greatly desired. Tarascon *et al.* reported the mechanochemical synthesis of Li–Mn–O spinels for lithium battery anodes (Scheme 5a).[25] Milling a stoichiometric mixture of Li$_2$O and MnO$_2$ for 8 hours afforded a spinel-type material, whose electrochemical performance rivalled that of LiMn$_2$O$_4$ ceramic materials obtained at elevated temperatures.

Similarly, Yang *et al.* reported the mechanochemical reduction of SiO with Li metal under inert atmosphere conditions, to form Li$_4$SiO$_4$ after 10 hours of milling (Scheme 5b). Compared with pure SiO and pure silicon as anode materials, the prepared composite demonstrated larger capacity and superior cyclability. These functional enhancements were attributed to the uniform distribution of nanoparticles obtained throughout the mechanochemical process.[26] These two examples highlight that Li-ion based electrodes for battery materials with enhanced properties are readily obtained using mechanochemical methods.

2.2.2 Group 2: alkaline-earth metals. Another advantage of mechanochemistry is the ability to access metastable phases which are not achievable by conventional solution-based methods. In this respect, Wilkening *et al.* reported the mechanochemical synthesis of mixed metal fluoride, Ba$_{1-x}$Sr$_x$LiF$_3$ ($0 < x \leq x_{max} \approx 0.4$), containing a metastable inverse perovskite structure analogous to BaLiF$_3$.[27] Importantly, the Ba$_{1-x}$Sr$_x$LiF$_3$ quaternary mixed fluorides are highly sensitive to heat-treatment.

Mechanochemistry hereby provides a soft synthetic route to highly pure isostructural Ba$_{1-x}$Sr$_x$LiF$_3$ species avoiding the need for high temperature by ball milling stoichiometric mixtures of BaF$_2$, SrF$_2$ and LiF together in a zirconia milling media (*i.e.*, milling jars and milling balls). *Ex situ* PXRD and ultrafast ^{19}F ssNMR spectroscopy revealed a series of different local environments for the F$^-$ anions – a quaternary fluoride – which rapidly decompose under elevated temperatures. This quaternary fluoride phase is only isolatable under mechanochemical treatment and is inaccessible by any other synthetic methods.
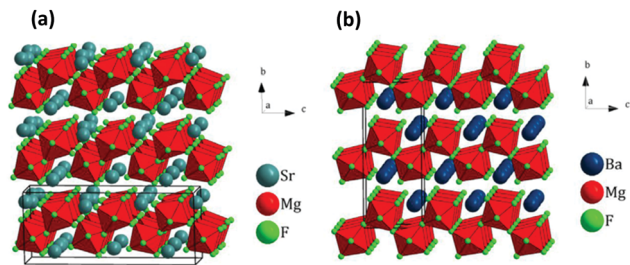
Fig. 12 Crystal structures of (a) SrMgF$_4$, (P$_{21}$) and (b) BaMgF$_4$, (Cmc21). Unit cells are indicated by black lines. Mg is in the middle of the red octahedra. Reproduced from ref. 28 with permission from Elsevier, copyright 2015.

Related work by Scholtz *et al.* demonstrated that Group 2 mixed metal ternary fluoride composites, MgF$_2$–MF$_2$ (M = Ca, Sr, B) – *e.g.*, SrMgF$_4$ and BaMgF$_4$ (Fig. 12), can be readily obtained by mechanochemistry. Ball milling fluorine-free precursors (*i.e.*, carbonate, acetate or hydroxide salts) with ammonium fluoride in a planetary ball mill for 4 hrs afforded the desired ternary fluoride products without significant phase impurities.[28] Here, mechanochemistry bypassed the use of toxic and highly reactive metal fluoride species for their synthesis.

In both previous cases, mechanochemistry provides good stoichiometric control to generate well-defined and highly pure products with enhanced ionic conductivity in a convenient one-step mechanochemical preparation techniques.

3. p-Block compounds: from the "air-sensitive" boron, carbon and pnictogen groups, to stable chalcogens and halogens

In the previous section, the benefits of mechanochemistry for the synthesis of s-block compounds have been articulated. The merits of mechanochemistry extend to the formation and reactions of Groups 13 to 17 compounds.

3.1 Molecular synthesis and transformations

3.1.1 Group 13: the boron group. Many group 13 molecular species are air- and moisture sensitive, necessitating the use of inert atmosphere conditions using solution-based Schlenk techniques for their synthesis. In particular, aluminium organometallic complexes readily react with water and air to form aluminium hydroxide and oxide decomposition products. Classically, their syntheses are performed using coordinative solvents, such as THF, to stabilize their Lewis acidic nature by forming stable adducts. Hence, obtaining coordinatively unsaturated aluminium compounds is often difficult with literature examples being sporadic and few. Despite these challenges, the Hanusa group has demonstrated the potential of mechanochemistry to enable their syntheses.[29] They synthesised a long sought unsolvated tris(allyl)aluminium complex by ball milling AlI$_3$ with the potassium salt of the 1,3-bis(trimethylsilyl)allyl anion (A$^-$) in the solid state, followed by extraction of the crude
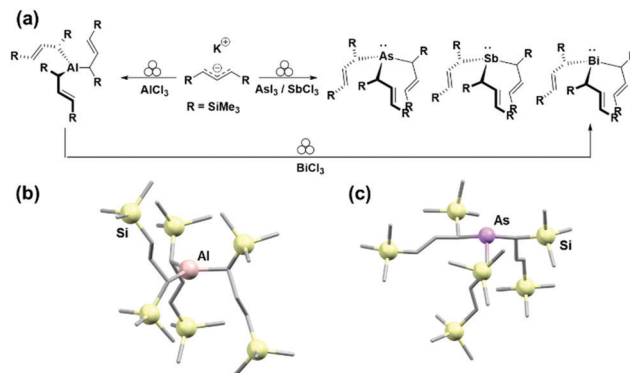

Fig. 13 (a) Mechanochemical formation of the coordinatively unsaturated aluminium-, arsenic-, antimony- and bismuth-tris(trimethylsilyl)propyl complexes (for groups 15 compounds *vide infra*). Molecular structures of the (b) aluminium- and (c) arsenic tris(trimethylsilyl)propyl organometallic complexes as determined by X-ray diffraction crystallography. Hydrogen atoms are omitted for clarity.

mixture with hexanes, affording the pure desired complex in high yields (Fig. 13). This is in stark contrast to solution-based methods, where their attempts to obtain the unsolvated complex were unsuccessful.[29] Notably, the reaction was conducted using a conventional round bottom flask loaded with steel ball bearings, connected to a rotary evaporator as a milling device, which illustrates that mechanochemical methodologies are possible using standard laboratory equipment.

With regards to heavier Group 13 compounds, indium(III) complexes are of particular interest since they have relatively low toxicities, are highly water-stable and have been shown to be capable of acting as catalysts for organic reactions. Furthermore, recent reports have indicated that in the presence of appropriate ligands, these species can undergo metal-to-ligand charge transfer and exhibit long-lived excited states – and thus potentially function as light photosensitizers.

In this aspect, a two-step mechanochemical synthesis of indium(III) bis(imino)acenaphthene (BIAN) complexes by neat grinding in a vibrational mill, has been recently reported.[30] In this case, the first step involved an acid catalysed condensation reaction between acenaphthenequinone with functionalised anilines in a 1:2 stoichiometric ratio, in the presence of acetic acid or trifluoroacetic acid to afford the desired BIAN ligand. In contrast, conventional solution methods often require the use of templating agent (*i.e.*, ZnCl$_2$) and overnight reflux in toluene to obtain these BIAN ligands.

Mechanochemical synthesis readily affords the BIAN compounds, bypassing the use of toxic transition metal as templates. Subsequently, milling the ligand with InCl$_3$ produced the desired indium complexes in good yields (Fig. 14). Notably, reactions performed at 180 °C in the same vessel without milling led to decomposition over a 4 hour time course, indicating that the reaction required mechanical energy to proceed, rather than residual heat produced during the milling process.[30]

The authors also demonstrated a rare example of a multistep mechanochemical synthesis of In–BIAN complexes performed

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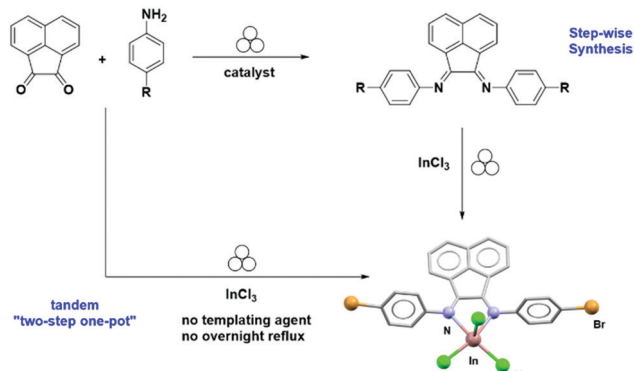*Chem. Soc. Rev.*, 2019, **48**, 2274–2292 | 2283

Fig. 14 Tandem two-step one-pot mechanochemical formation of In–BIAN complex with molecular structure of the product, as determined by X-ray diffraction crystallography. Hydrogen atoms are omitted for clarity.

Scheme 6 Comparison of the mechanochemical and solution methods to achieve organo-germane compounds.

in a one-pot two-step manner – without ligand isolation, unlike previously reported examples.

3.1.2 Group 14: the carbon group. Apart from the functionalisation of carbon- and silicon-based compounds that belong to the organic chemistry arena, examples of the use of mechanochemistry for the synthesis of Group 14 compounds and materials are still rare. Indeed, there are no examples of Si–R bonds mechanochemically produced.

With regards to germanium compounds, mechanochemical methodologies have been employed as a more benign and mild method to access organo-germanium compounds through the processing of germanium ores or germanium metal – avoiding the use of metal chlorides.

Standard industrial processing of metal ores requires the extensive use of chlorine-containing compounds (*i.e.* gaseous chlorine or concentrated hydrochloric acid) for the extraction and refinement of metals and metal oxides into metal chloride salts. Such harsh chemical treatment has many environmental and health risks – in terms of storage, transportation and exposure. Moreover, the large-scale manufacturing of these inorganic metal chloride salts is highly energetically intensive, and their downstream manipulation involves stringent regulation as these salts are corrosive and often moisture-sensitive (*i.e.*, they easily revert to the metal oxide when in contact with water).

Glavinovic *et al.* have recently used mechanochemistry to process germanium and germanium oxide into organogermane compounds by treatment with redox active organic compounds such as *o*-quinones and catechols, respectively (Scheme 6).[31] Under LAG conditions, milling of germanium oxide with two equivalents of 3,5-di-*tert*-butylcatechol and a monodentate ligand (*e.g.*, pyridine) afforded a bench-top stable Ge(IV) bis-catecholate complex in 3 hours. Similarly, the desired product can be formed by grinding germanium powder with *o*-quinones (used as a two-electron oxidizing agent). Further reaction of the Ge(IV) biscatecholate complex with Grignard reagents generate a series of organo-germane GeR$_4$ species.

This chlorine-free mechanochemical protocol circumvents the formation of corrosive and moisture-sensitive GeCl$_4$ – the conventional entry point to the synthesis of a diverse range of
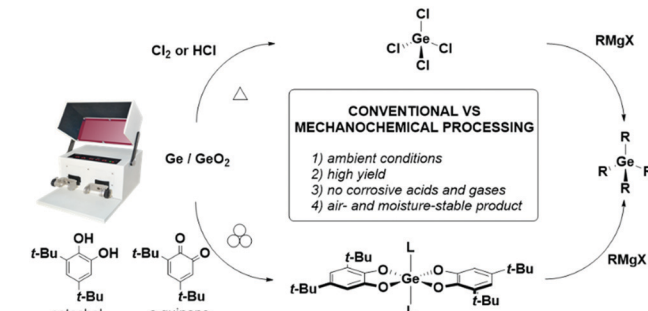
organo-germane species – and presents an environmentally benign route to Ge(IV) compounds from raw germanium metal and its ores.

On descending the group, Chandrasekhar *et al.* prepared a series of organotin Sn(IV) complexes, clusters, and coordination polymers (Fig. 15) *via* mortar and pestle grinding. These species are attractive targets as they display a large structural diversity and have found applications in catalysis.[32]

Traditional syntheses of organotin cages and clusters require the use of harsh reaction conditions (*i.e.*, high-boiling solvents under refluxing conditions) and several synthetic steps. Moreover, these species are generally difficult to synthesise and often require the use of high dilution methods or a Dean–Stark apparatus for the removal of water formed during the condensation reactions.

However, these species can be readily obtained by manually grinding organic protic acids (*e.g.*, carboxylic, phosphinic and sulfonic acids), with organotin solid precursors for 20–60 minutes at ambient temperatures in a solventless manner (Fig. 15) affording the desired products in near quantitative yields.

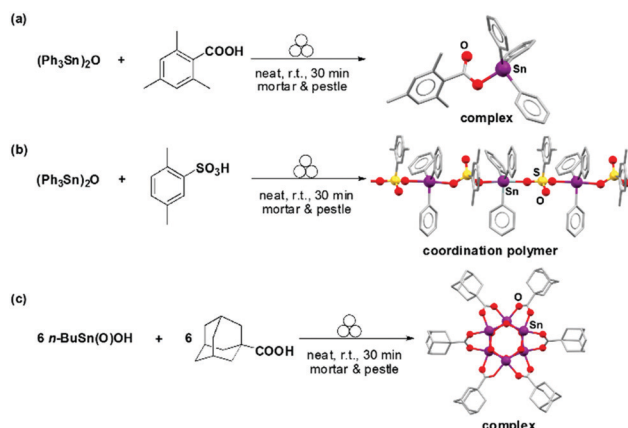More recently, the power of mechanochemistry to access otherwise inaccessible species has been demonstrated in

Fig. 15 Formation of (a) molecular complex and (b) 1D coordination polymer by grinding (Ph$_3$Sn)$_2$O with different organic acids in a mortar and pestle. (c) Formation of a hexameric Sn-cluster using polymeric organo-tin precursors and adamantyl-carboxylic acid. Hydrogen atoms are omitted for clarity.

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organotin chemistry. Ball milling potassium trisallyl anion A^- (see Fig. 13) and SnCl$_2$ in a 2:1 ratio for 5 minutes leads to the formation of a tris(allyl) stannate polymer (i.e., $[SnA'3K]_\infty$), whereas longer grinding (ca. 15 minutes), or the use of a 3:1 ratio of reagents, produces sterically crowded tetra(allyl)tin species $[SnA'_4]$. The latter quickly decomposes (<1 hour) in solution. In stark contrast, they are stable for several months in the solid state due to intramolecular London dispersion forces. Notably, none of these species are attainable from solution-based methods.[33]

3.1.3 Group 15: pnictogens. There has been significant research interest in developing mechanochemical protocols for the synthesis of Group 15 pnictogenic compounds, particularly nitrogen- and phosphorus-based compounds such as phosphazanes, phosphonium salts, phosphorus ylides and phosphine sulphides and selenides.

Seminal work by Pecharsky and Balema demonstrated the first mechanochemical synthesis of phosphorus ylides by grinding phosphines with organo-bromides in the presence of excess K$_2$CO$_3$ under inert atmosphere, and subsequent Wittig reactions to form olefins in a one-pot two-step manner (Scheme 7).[34] The same year, they also demonstrated the first mechanochemical synthesis of phosphonium salts by neat grinding of triphenylphosphine with alkyl bromides.[35]

Ball milling has been successfully used for the synthesis of a series of chalcogenide (sulfide and selenide) oxidised tertiary phosphines, aminophosphines and bisphosphines in quantitative yields, significantly simplifying the isolation of highly pure products compared to solution-based methods. Mechanochemistry offers a readily scalable, atom economic (100%) method with ideal E-factors (E = 0) to access these versatile families of phosphorous based compounds.[36]

Inorganic ring structures comprising main group element backbones have also been synthesised mechanochemically. Cyclodiphosphazanes – cyclic P$_2$N$_2$ rings containing alternating trivalent phosphorus and nitrogen atoms – are topologically diverse species possessing unique chemical versatility that are notoriously arduous to synthesise and isolate due to their air- and moisture-sensitivity, and the incompatibility of their halogenated precursors with protic solvents.
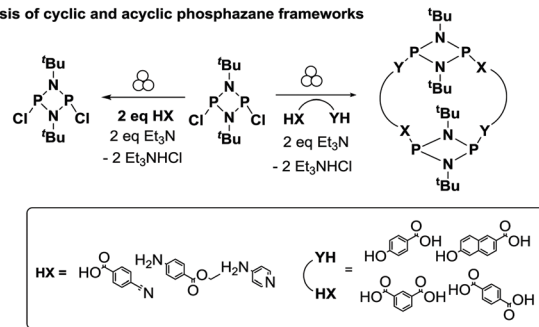
García et al. have demonstrated that mechanochemical routes to cyclophosphazane species can circumvent solvent compatibility issues, simplify the tedious processes associated with the use of strict anhydrous solvents, and minimise unwanted side-products (Scheme 8).

For instance, reacting dichlorocyclodiphosph(III)azanes with various N- and O-type nucleophiles to form a series of cyclic and acyclic phosphazane species (Scheme 8a);[37] as well as the one-pot orthogonal nucleophilic addition and chalcogenic
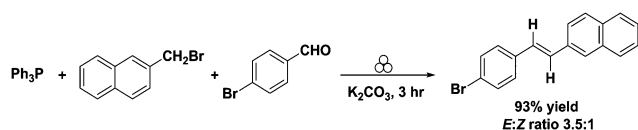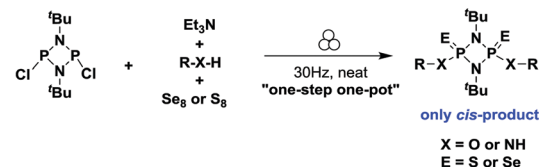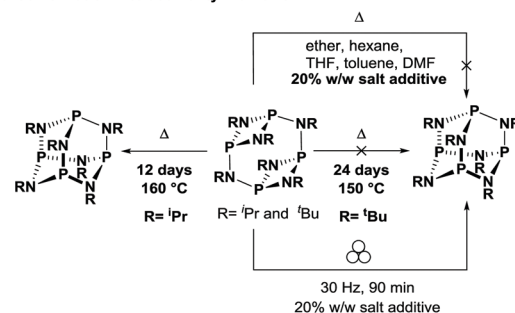

Scheme 8 (a) Mechanochemical synthesis of cyclic and acyclic phosphazane frameworks. (b) Orthogonal nucleophilic substitution and chalcogenic oxidation of cyclodiphosph(III)azanes. (c) Isodesmic rearrangement of the tert-butyl macrocyclic bis-cyclodiphosphazane into its adamantoid structure, enabled only by ball milling.

oxidation reaction to form substituted cyclodiphosph(V)azanes in the ball mill (Scheme 8b).[38] These multi-component reactions selectively form the cis-oxidized products in high yields and effectively truncate the two-step reaction, into a "one-step one-pot" manner. This is in stark contrast to solution methods, where oxidation reactions typically result in a mixture of cis/trans isomers.

Furthermore, the steric demand of the nitrogen substituent controls the stability and accessibility of different cyclophosphazane isomers that can interconvert under suitable experimental conditions. A textbook example is the adamantoid P$_4$(NR)$_6$ frameworks, which can be obtained by isomerization of their less thermodynamically-stable macrocyclic $[\{P(\mu-NR)\}_2(\mu-NR)]_2$ counterparts upon heating. However, its tert-butyl (^{t}Bu) analogue does not isomerise even after prolonged heating – which has been rationalised over the last few decades by its highly sterically-encumbered nature.

Milling the tert-butyl bearing macrocycle for just 90 minutes under ILAG conditions readily yielded the adamantoid isomer, which is in stark contrast to previous efforts involving prolonged heating (24 days at 150 °C) or under reflux in a range of solvents with identical amounts of salt additive (Scheme 8c).[39]

Scheme 7 One-pot Wittig reaction via in situ formation of the phosphorus ylide by mechanochemistry as reported by Pecharsky.

These developments in main group element frameworks illustrate the impact that switching from a solution to mechanochemical environment can have on established chemical syntheses.

With reference to heavier elements within the group, Hanusa *et al.* extended the family of tris-allyl complexes and expanded their scope to Group 15 elements. The group mechanochemically synthesised As-, Sb- and Bi-tris(trimethylsilyl)allyl organometallic complexes in a one-step manner, directly or by using their previously obtained Al complex as a precursor in a two-step synthetic route (Fig. 13).[29]

3.1.4 Group 17: halogens. In addition to the halide exchange metathesis reactions described previously, another important reaction involving Group 17 elements are solid-state halogenation reactions. Solid halogenating reagents such as metal or ammonium halide salts (*e.g.*, *N*-halo-succinimides and Selectfluor) are relatively stable and easy to handle. These species are generally preferred to their liquid and gas counterparts (*e.g.*, halogenic acids (HX) or elemental halogens), which are toxic and corrosive.

The mechanochemical route offered several other advantages. Firstly, excess oxone could be readily removed from the reaction mixture due to its water-soluble nature, facilitating purification of the desired product. Furthermore, stereoselectivity could be controlled by simply changing the metal halide source, favouring the formation of one isomer over the other (*i.e.*, *cis* vs. *trans*). Lastly, metal halide salts are less toxic than standard halogenation reagents (*e.g.*, Br_2, pyridinium bromide, *etc.*).[40]

The same authors also reported a five-component, "one-pot" sequential telescoping synthesis of an organometallic TMEDA triscarbonyl-fluoro Re(I) complex, starting from $Re_2(CO)_{10}$ (Fig. 16b).[41] Their synthetic route comprised several orthogonal steps namely, oxidation using oxone, iodination using NaI, halide exchange using AgF, and decarbonylative chelation using TMEDA as a bidentate ligand (Fig. 16b).

These two examples in combination with the complexes described in previous sections, illustrate the use of mechanochemistry as a powerful and straightforward methodology for the synthesis organometallic compounds.

3.2 Materials containing p-block elements

3.2.1 Group 13. The chemistry of boron compounds (*e.g.*, such as boranes, boride, borazines and borates, *etc.*) is vast and wide. We will highlight how mechanochemistry has been used within boron chemistry to produce new boron-based materials.
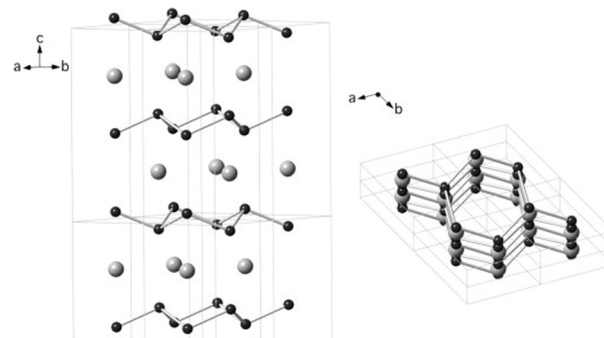

Fig. 17 Crystal structure of hexagonal OsB_2. Osmium atoms are the larger gray spheres, and boron atoms are the smaller black spheres. Reproduced from ref. 42 with permission from Elsevier, copyright 2014.

Orlovskaya *et al.* reported the mechanochemical synthesis of a novel hexagonal OsB_2 phase by milling elemental Os and B under an inert atmosphere, using tungsten carbide milling media.[42] The most commonly studied OsB_2 is the thermodynamically stable orthorhombic form, which is generally produced by high temperature sintering and annealing. On the other hand, mechanochemical synthesis exclusively produced the new hexagonal phase at ambient temperature, without requiring thermal treatment (Fig. 17).

The milling reaction was conducted over 20 hours, with interruptions every 30 minutes to allow the reaction to equilibrate to room temperature. *Ex situ* PXRD monitoring demonstrated that initial amorphization of the Os and B metals was accompanied by formation of hexagonal OsB_2, which crystallises upon prolonged grinding (12 hours). The formation of the metastable hexagonal OsB_2 phase was attributed to the stress and strain induced by high energy ball milling.

Amidoboranes are a class of nitrogen and boron containing compounds typically obtained *via* deprotonation of the aminoborane N atom with alkali or alkaline earth metal bases. Within this family, mixed metal amidoboranes, have attracted attention as hydrogen storage materials with "tuneable" properties. Their dehydrogenation properties can be modulated by varying the type of metal incorporated.

These species can be readily prepared in a quantitative manner by ball milling.[43] However, the monitoring and optimisation of these reactions can be challenging and generally disruptive since milling has to be stopped and the vessel frequently opened
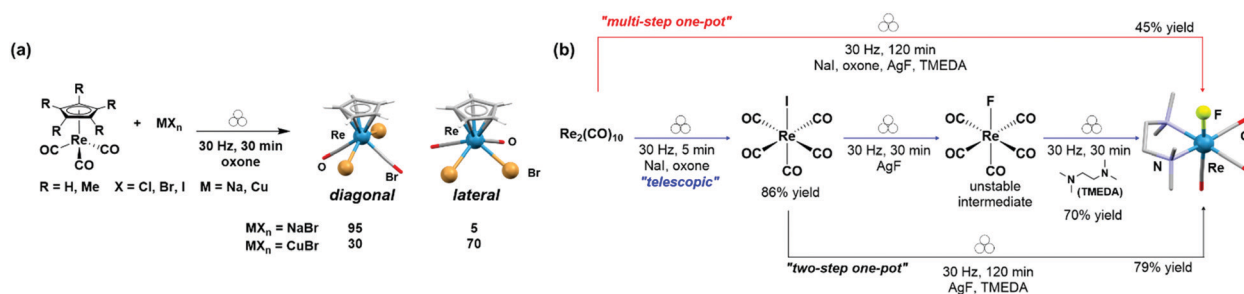

Fig. 16 (a) Mechanochemical bromination of organometallic rhenium complexes using oxone and NaBr or CuBr.[40] (b) Multistep mechanochemical transformation of $Re_2(CO)_{10}$ to mono-rhenium complexes. Hydrogen atoms are omitted for clarity.[41]

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(a)

$$NH_3BH_3 \ (s) \ + \ MgH_2 \ (s) \ + \ MH \ (s) \ \xrightarrow[120 \ min]{} \ M_2Mg(NH_2BH_3)_4 \ (s)$$

M = Li, Na

$$\longrightarrow MNH_2BH_3 \cdot NH_3BH_3 \longrightarrow$$

observed intermediate
by *in situ* PXRD and Raman
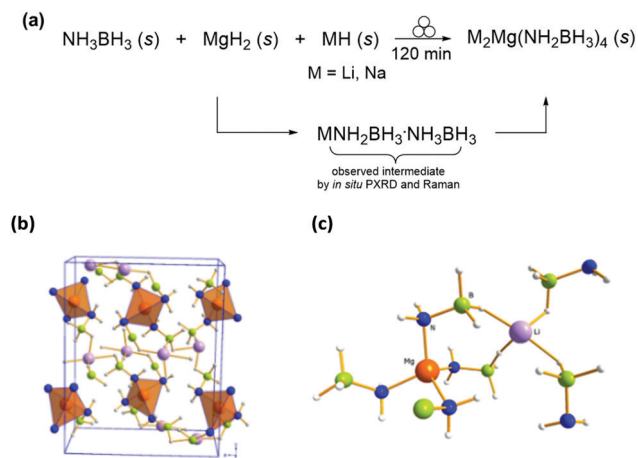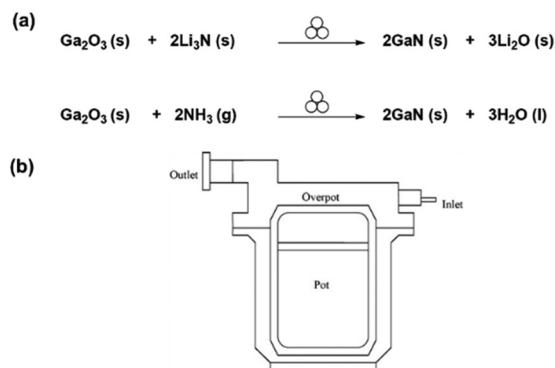
(b)   (c)

Fig. 18 (a) Mechanochemical formation of mixed metal amido-boranes. (b) Crystal packing and (c) bonding environment of DLMAB. Each Mg^{2+} is bound to four N− forming a tetrahedron with NH_2BH_3− groups, and each Li^+ is octahedrally coordinated through six hydride H atoms of NH_2BH_3− moieties. Reproduced from ref. 43 with permission from Willey, copyright 2017.

(a)

$$Ga_2O_3 \ (s) \ + \ 2Li_3N \ (s) \ \xrightarrow{} \ 2GaN \ (s) \ + \ 3Li_2O \ (s)$$

$$Ga_2O_3 \ (s) \ + \ 2NH_3 \ (g) \ \xrightarrow{} \ 2GaN \ (s) \ + \ 3H_2O \ (l)$$

(b)

Scheme 9 (a) Mechanochemical reaction between Ga_2O_3 with Li_3N and NH_3, to form GaN. (b) Illustration of ZrO_2 reactor with Ga_2O_3 and Li_3N sample mixture within the overpot and gas flow arrangement. Reproduced from ref. 44 with permission from Elsevier, copyright 2008.

for sampling. This process is therefore especially tedious when working with air- and moisture-sensitive compounds.

Addressing this challenge, Biliškov *et al.* recently reported the real-time *in situ* monitoring of the synthesis of two bimetallic amidoboranes $M_2Mg(NH_2BH_3)_4$ (M = Li and Na) (Fig. 18).[43] These species were prepared by grinding NH_3BH_3, MgH_2 and MH (M = Li or Na) in a transparent jar on a shaker mill equipped with a Raman probe. Their *in situ* measurements revealed a two-step mechanism, in which the metal hydride reacts with the NH_3BH_3 to form a $MNH_2BH_3 \cdot NH_3BH_3$ intermediate that further reacts with MgH_2 to afford the $M_2Mg(NH_2BH_3)_4$ product. This work further highlights the importance of *in situ* measurements to understand reaction mechanisms and kinetics for solid-state hydrogen storage materials.

Descending the group, although there are many known gallium-based molecular species and materials, the most widely studied compound is gallium nitride (GaN). This is largely owing to its unique semiconducting properties that have been exploited in several technological applications, including as light-emitting diodes and blue laser devices. Commonly, bulk GaN powders are obtained by heating Ga_2O_3 under a NH_3 gas atmosphere at high temperatures and pressures.

In 2008, Kano *et al.* reported a direct multi-gram synthesis of GaN from Ga_2O_3 and Li_3N under NH_3 atmosphere in a planetary mill using a customized zirconia jar (Scheme 9).[44] A major advantage of their method is that the reaction completes within 2 hours and does not require high reaction temperatures and pressures. Interestingly, during the milling process, two reactions occurred simultaneously – a homogenous solid–solid salt metathesis reaction between Ga_2O_3 and Li_3N, and a heterogenous solid–gas reaction between Ga_2O_3 and NH_3 – both yielding the desired GaN product.

3.2.2 Group 14: the carbon group. Recent developments in mechanochemistry have involved the synthesis of perovskites of formulae MM'X_3 (M = metal or organic cation, M′ = Sn and

Pb, and X = halide), popular semiconducting materials whose optoelectronic properties are highly sensitive to the methodology used for their syntheses.

Lewiński *et al.* demonstrated the ball milling synthesis of a hybrid inorganic–organic $CH_3NH_3PbI_3$ ($MAPbI_3$) perovskite material that was implemented in photovoltaic devices.[45] Grinding CH_3NH_3I with PbI_2 in a mortar and pestle in a 1:1 stoichiometric ratio resulted in incomplete conversion, however, the desired perovskite was formed in a shaker mill within 30 minutes, as evidenced by *ex situ* PXRD studies. In contrast to solvothermal methods which require a 5% molar excess of CH_3NH_3I to enable complete conversion to the perovskite, mechanochemistry allows for exact stoichiometric synthesis of perovskites. The perovskite was used in a simple solar cell device *via* a one-step deposition method, and its power conversion efficiency compared with their solvothermally synthesised counterparts.

Evaluation of their photovoltaic properties revealed that, although the photon to electron conversion efficiency of the mechanochemically synthesised perovskite was slightly lower (*i.e.*, 1 mA cm^{-2} lower current density), its open circuit voltage was higher (100 mV, with a 4% higher fill factor), resulting in better device performance overall.[45]

In addition, comparison of their current–voltage forward and backward sweep showed no hysteresis for the mechanochemically synthesised material, suggesting a lower presence of defects. The exact stoichiometric control avoided the creation of Pb ion vacancies, which can act as electron traps, resulting in a hysteresis-free device with enhanced performance. Direct access to perovskite-based photovoltaic devices illustrates the potential of mechanochemistry for the fabrication of solar cells with enhanced performance (Fig. 19).

In another account, de Miguel *et al.* reported the formation of hybrid perovskites by ball milling methylammonium (MA), formamidinium (FA) and guanidinium (Gua) iodide with PbI_2 in stoichiometric ratios.[46] In this manner, 1D, 2D, and 3D hybrid perovskites ($GuaPbI_3$, Gua_2PbI_4 and $MAPbI_3$ and $FAPbI_3$, respectively) were obtained and characterised by *ex situ* PXRD analysis. Their procedure offers a simple, efficient and highly reproducible route to polycrystalline materials on a multigram
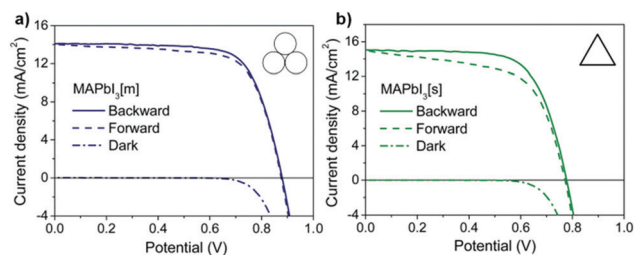
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Fig. 19 Current–voltage measurements of the MAPbI$_3$ perovskite devices prepared synthesised (a) mechanochemically and (b) by solution methods, to compare the hysteresis effect. Reproduced from ref. 45 with permission from the RSC, copyright 2015.

Fig. 21 Fragment of a bismuth disalicylate sheet highlighting different bonding modes of doubly deprotonated sal (green) and singly deprotonated Hsal (purple) anions. Reproduced from ref. 48 with permission from Willey, copyright 2011.

scale for use in optoelectronic applications. These two examples highlight the ability of mechanochemistry to enable precise stoichiometric control over the composition and formation of perovskite materials for manufacturing of devices.

Combining ligand capping nanoparticle (NP) strategies with bulk perovskite synthesis, Wang *et al.* recently reported the synthesis of main group CsPbX$_3$ perovskite quantum dots (QDs).[47] These QDs exhibited high fluorescence quantum yield and high photostability, with tuneable spectral range, representing good candidates for use in optoelectronic devices (*i.e.*, such as photodetectors, solar cells *etc.*). NP-Sized CsPbBr$_3$ was obtained by ball milling CsBr and PbBr$_2$, with oleylamine as a surface capping agent. In addition, by altering the stoichiometry of the starting materials, a series of mixed halide perovskites CsPbX$_3$ (X = Cl, Br or I) with varying optical properties were obtained (Fig. 20). This stoichiometric control afforded by mechanochemistry enables the straightforward fine-tuning of optical properties (Fig. 20), opening new avenues towards novel inorganic perovskite nanomaterials.

3.2.3 Group 15: the pnictogens. Mechanochemical routes to compounds containing light pnictogen elements are largely comprised of small molecules (discussed in earlier sections), whereas the heavier As and Bi compounds largely relate to nanoparticle synthesis and sulphide minerals. Bismuth salicylate compounds have been widely investigated for their therapeutic properties, specifically bismuth mono-, di- and tri-salicylate. Friščić *et al.* demonstrated a series of bismuth salicylates by milling salicylic acid with Bi$_2$O$_3$ in varying stoichiometric ratios under ILAG conditions.[48] Notably, this method avoided the need to use more reactive triphenylbismuth or toxic bismuth chloride and enabled the first crystal structure of a bismuth salicylate without organic auxiliaries to be determined (Fig. 21).
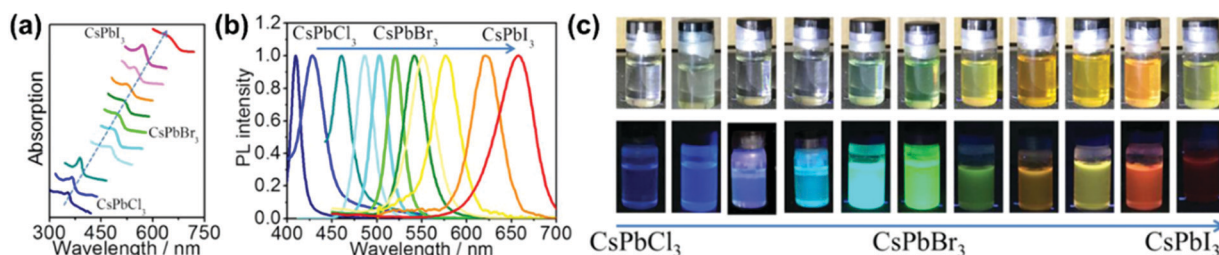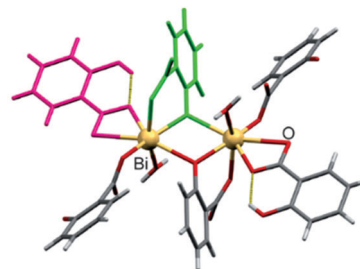
Generally, mechanochemical reactions between solids/solids phases/powders are thought to occur through one of two mechanisms, either (i) gradual reactions induced by non-thermal deformation and mixing, or (ii) reactions promoted by exothermic processes that result in an autocatalytic self-propagation of the reaction.

Humphry-Baker *et al.* described a third type of mechanochemical reaction mechanism that shares several characteristics of both (i) and (ii) in which the heat released by mechanical work leads to localised melting triggering local chemical reactions. In this case, the impact force exerted by a stainless-steel ball in a ball drop reactor was used to produce bismuth telluride (Bi$_2$Te$_3$) from a stoichiometric powdered mixture of elemental Bi and Te (Fig. 22).[49] Similarly to mechanism (i), there is an initial deformation produced by the impact however, in this case, localised pinpoint heating and melting occurs, triggering the reaction. Although there is liquefaction, it is restricted to individual particles and does not classify as a mechanically-induced self-propagating reaction as in (ii). Furthermore, a combination of SEM and *in situ* temperature monitoring determined that the process is not gradual as it would have been in a type (i) mechanism.

3.2.4 Group 16: chalcogens. Mechanochemistry has been extensively used recent in the synthesis of nanocrystalline binary, ternary and quaternary chalcogenides and their nanocomposites.[50] Within this field, Baláž *et al.* demonstrated the large scale mechanochemical synthesis of potential chalcogenide solar cell absorbers based on quartenary sulphides.[51] The reaction was conducted using an industrial sized eccentric vibrational mill, in a 5 L milling chamber charged with 35 mm diameter tungsten carbide balls (Fig. 23). The kilogram scale synthesis of mixed metal sulphide, Cu$_2$F$_2$SnS$_4$, was performed

Fig. 20 (a) Stacked UV-vis absorption spectra and (b) normalized fluorescence spectra of the mechanosynthesised CsPbX$_3$. (c) QDs with varying halide ratios. Reproduced from ref. 47 with permission from the ACS, copyright 2017.
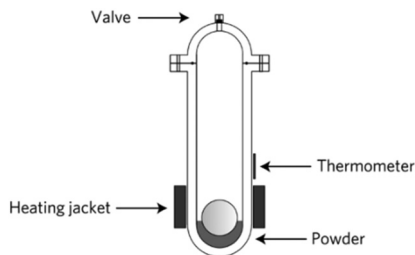
Fig. 22 Diagram depicting the ball drop reactor for the impact force induced formation of Bi_2Te_3. Reproduced from ref. 49 with permission from the NPG, copyright 2016.

Fig. 23 Pictures of the eccentric vibratory mill with attached closed satellite and open satellite filled with balls. Reproduced from ref. 51 with permission from the ACS, copyright 2018.

by reacting powdered metals (*i.e.*, Fe, Cu, Sn, S) or milling natural-occurring chalcopyrite ($CuFeS_2$) with CuS and SnS.

Ex situ PXRD analysis revealed full conversion of the chalcopyrite after only 120 minutes of milling. In addition, their protocol was used to synthesise kesterite, Cu_2ZnSnS_4, from its elemental solids. This report emphasizes how mechanochemistry can be employed for the low-cost scaling and manufacturing of technologically relevant material from raw components.

Although the use of mechanochemistry to synthesis transition metal-based NPs and composite materials has already been covered in previous reviews,[4,7,9,10] we will highlight a few examples of mechanochemically synthesised nano-sized materials comprising s- and p-block main group elements.

4. Synthesis of nanoparticles containing main group elements

4.1 Top-down approach to nanoparticles

Boron carbide (B_4C) is characterised by its low density, high melting point and hardness, properties that are desirable in a wide range of engineering applications. Generally, B_4C is synthesised by reduction of cheap and readily accessible boron oxide, B_2O_3. In contrast to the traditional reduction of B_2O_3 by carbon (which is highly endothermic and energy intensive), ball milling B_2O_3 in the presence of magnesium and carbon under inert atmosphere conditions affords B_4C in good yield.[52] *In situ* temperature and *ex situ* PXRD monitoring revealed an initial size reduction of the reaction mixture without product formation after 60 hrs (confirmed by SEM, Fig. 24). Upon milling for 80 hours, an exothermic reduction reaction occurred in a self-propagating combustion process, type
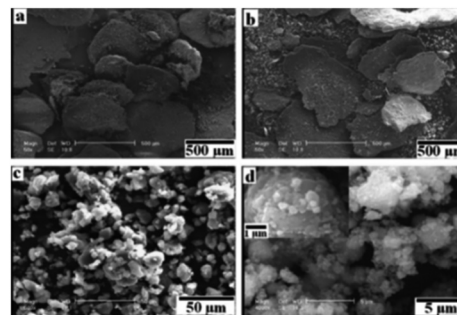

Fig. 24 SEM images of the powders after (a) 2 hours, (b) 20 hours (c) 60 hours and (d) 80 hours of milling times, for the reaction between Mg, C and B_2O_3 to form B_4C. Reproduced from ref. 52 with permission from Elsevier, copyright 2011.

(i) mechanism, to form B_4C and MgO by-products, which are readily removed by washing with mild acids.

Main group metal oxides, such as stannates, have gained significant interest due to their potential applications in photoelectrical devices, anode materials in Li-ion batteries, *etc.* Šepalák *et al.* reported the synthesis of nanocrystalline Ca_2SnO_4 *via* high-energy milling of CaO with SnO_4 at low temperatures in a single step,[53] representing both a novel and sustainable approach to their production. Noteworthy, is the combination of ^{119}Sn-MAS-NMR, [119]Sn Mössbauer spectroscopy, PXRD and TEM to study the mechanically-induced formation of Ca_2SnO_4 Their comprehensive structural studies showed a fully ordered orthorhombic core with disordered near-surface layers where the tin(IV) atoms displayed a distorted octahedral geometry.

As previously discussed, the addition of inert milling auxiliaries to grinding mixtures helps convert viscous mixtures into "powder-like" solids. These milling auxiliaries comprise organic polymers, salts (*e.g.*, NaCl) and inert oxides (*e.g.*, silica). However, despite their "chemically innocent" nature, the addition of milling auxiliaries can be regarded as "diluting" the mechanochemical reaction. Their addition can influence the kinetics of milling reactions, act as an abrasive to induce surface defects or promote amorphization and reduction of particle size.

Blair *et al.* reported the size-controlled synthesis of zirconium silicides (*i.e.*, $ZrSi_2$) by ball milling of $ZiCl_4$ and CaSi, using $CaCl_2$ as a milling auxiliary.[54] By varying the loadings of the $CaCl_2$ auxiliary acting as a diluent they were able to fine-tune the size of the $ZrSi_2$ crystallite. The "effective" concentration of this reaction can be defined as moles of reagent per
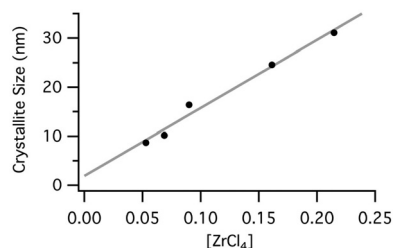

Fig. 25 Correlation between the particle size and the effective concentration of $ZrCl_4$, as expressed in terms of moles per litre of free volume 53.
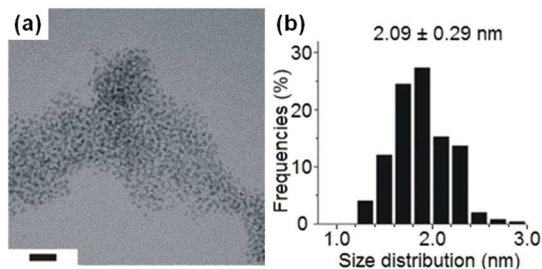
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Fig. 26 (a) TEM images and (b) size distribution histograms of the oleylamine-capped Bi_2S_3 NPs synthesised using a combination of mechanical milling and activation, and ageing. Scale bars in the TEM image represent 20 nm. Reproduced from ref. 55 with permission from the ACS, copyright 2017.

litre of free volume of the vessel (volume of the vessel excluding the volume of the milling media and reactants). PXRD analysis revealed a linear correlation between $ZrCl_4$ concentration and the $ZrSi_2$ crystallite size (Fig. 25).

4.2 Bottom-up approach to nanoparticles

The bottom-up approach to synthesising NPs can often occur under mild milling conditions. In such cases, ball milling the reagents for a few minutes provides sufficient "mechanical activation" to enable reactions to progress to completion without further input of energy to the system.

Bismuth sulfide, Bi_2S_3, NPs are promising nanomaterials for biomedical purposes as they can be used as contrast agents for computed tomography (CT) imaging. Recently, Malca *et al.* reported the synthesis of ultrafine Bi_2S_3 NPs by a short mechanical activation followed by aging, whereby a solid mixture is allowed to sit (or "age") under controlled ambient conditions without agitation or external input of energy.[55]

The Bi_2S_3 NPs were obtained by ball milling commercially available $Bi(NO_3)_3 \cdot 5H_2O$ with L-cysteine, sources of bismuth and sulfur respectively, in the presence of capping agents (*i.e.*, oleylamine or 6-aminohexanoate). TEM analysis revealed the formation of a highly disperse and narrow Bi_2S_3 NP size distribution (2–3 nm), which is the smallest reported to date (Fig. 26). Interestingly, the same ultrafine NP distribution can also be obtained by manual grinding for a few minutes followed by ageing overnight. Subsequently, the authors demonstrated that multi-gram scale synthesis of the Bi_2S_3 NPs can be performed by using a planetary ball mill and ageing in air for 48 hours, highlighting the straightforward scalability of their solvent-free methodology.

5. Conclusions and outlook

In summary, this tutorial review serves as an introduction to the fast-emerging field of main group mechanochemistry. Although many examples were beyond the scope of this review, we have showcased a variety of seminal work and unique examples in the field, along with the various techniques involved in their analysis.

Whilst we do not suggest that mechanochemistry will ever fully replace solution-based methods, it is clearly a powerful and environmentally-benign synthetic tool that should be better exploited. Its rapid renaissance has been realised by a group of pioneering researchers from a variety of fields who have transformed mechanochemistry from a mere curiosity to a well-established research area within the chemical and materials sciences.

However, and in spite of its many benefits, the application of mechanochemistry in the main group arena still represents an underutilised alternative to solution-based methods, and its adoption by the main group community remains a significant challenge.

Many main group compounds are air- and moisture-sensitive and hence, require special handling, manipulation and storage. Solution-based techniques (*i.e.*, Schlenk techniques) have been developed for their handling, however, despite accumulating examples of the same species being produced mechanochemically, the latter trails behind, lacking standardised protocols, especially for large-scale continuous flow processes (*i.e.*, TSE).[13]

Advancement of current mechanistic understanding of mechanochemistry is vital to enabling its incorporation as a mainstream methodology for synthetic and materials chemists alike. Recently, significant efforts have been placed towards understanding the fundamental mechanisms underlying mechanochemical reactions.[4,5,7] However, further enhancement of current monitoring techniques and development of new approaches for *in situ* measurements are required to fully comprehend mechanochemical transformations and allow for better reaction control.

Both the air-sensitive apparatus and the development of more sophisticated *in situ* measurement will require interdisciplinary research efforts between chemists, materials scientists, physicists and engineers sharing a common vision of "engineering mechanochemical technologies" and we foresee many more collaborative advancements in these areas in the next few years.

On a longer term, we anticipate that the implementation of disruptive technologies such as automation, robotics, machine learning and artificial intelligence to mechanochemistry will transform the way it is executed in a similar way it has revolutionised the way new molecules are discovered in solution. This, in our humble opinion, is the next frontier of mechanochemistry.

Conflicts of interest

There are no conflicts of interest to declare.

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