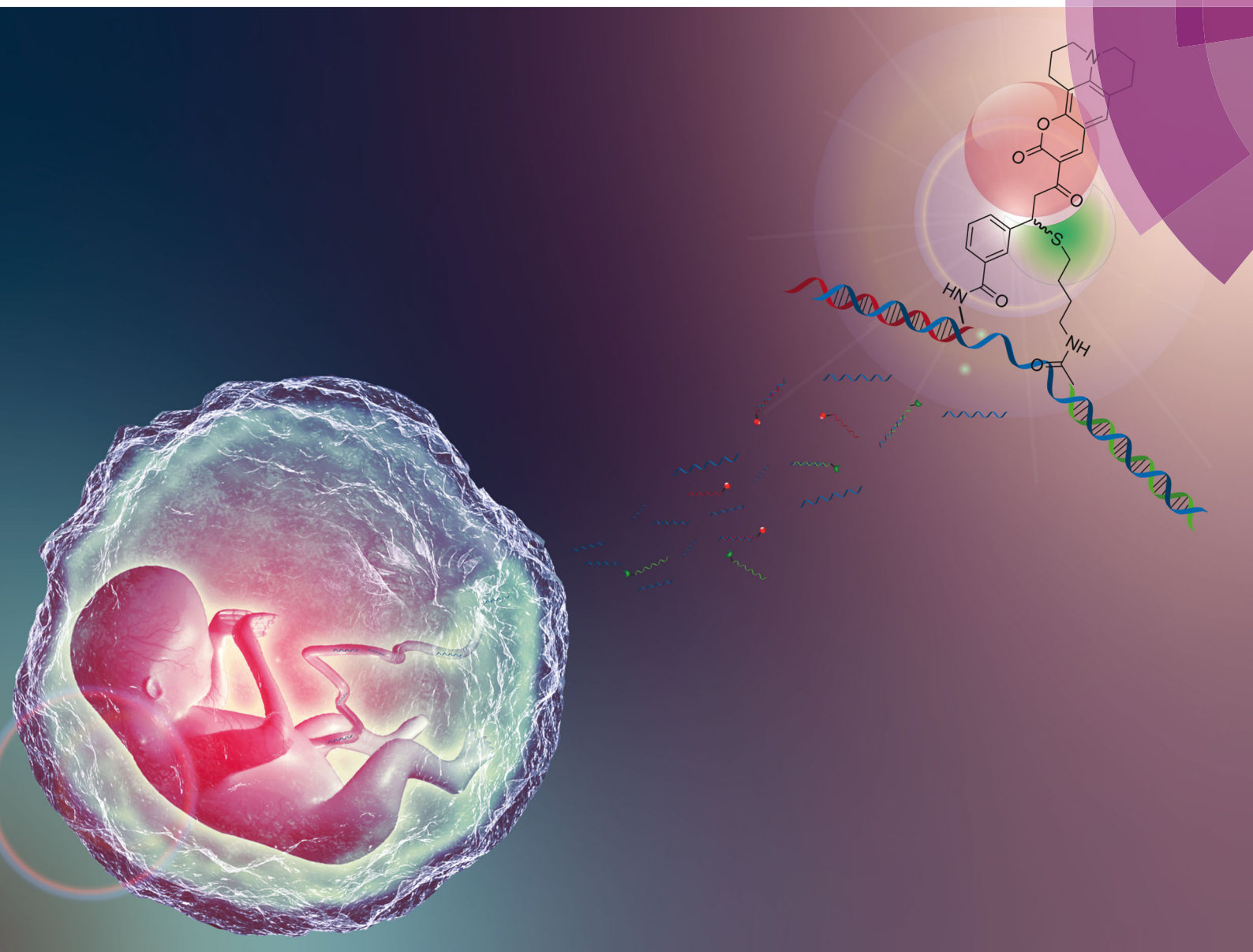


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Oligonucleotide-templated lateral flow assays for amplification-free sensing of circulating microRNAs†

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Herein we demonstrate the first example of oligonucleotide-templated reaction (OTR) performed on paper, using lateral flow to capture and concentrate specific nucleic acid biomarkers on a test line. Quantitative analysis, using a low-cost benchtop fluorescence reader showed very high specificity down to the single nucleotide level and proved sensitive enough for amplification-free, on-chip, detection of endogenous concentrations of miR-150-5p, a recently identified predictive blood biomarker for preterm birth.

Circulating cell-free nucleic acids (cfNAs) in blood have recently emerged as clinically useful and minimally invasive diagnostic and predictive tools for a broad range of pathologies, including cancers¹ and prenatal disorders.² Among them, non-coding microRNAs (or miRNAs) are frequently found to be up-regulated or down-regulated in bodily fluids and have great potential as novel blood-based molecular fingerprints.³ Because of their complexity and cost, current gold-standards for microRNA detection (*e.g.* RT-qPCR, nCounterTM) remain unsuitable for point-of-care testing.

Sensing strategies based on bio-orthogonal oligonucleotide-templated chemistries have recently emerged as highly promising tools for *in vitro* or *in vivo* detection of endogenous nucleic acids (NAs).⁴ Widespread in nature, oligonucleotide-templated reactions (OTRs) use a DNA or RNA strand as a template to catalyse a highly unfavourable bimolecular chemical reaction by significantly increasing the effective molarity of two molecules,

which would otherwise be present in solution at concentrations too low to react with each other.⁵ NA sensing technologies can be engineered whereby the product of a DNA (or RNA) templated-reaction is detected optically, providing both qualitative (sequence specificity) and quantitative (absolute concentration) information about a given NA target. OTRs based on peptide nucleic acid (PNA) probes⁶ are particularly powerful for sensing short NAs, such as miRNAs, which are typically challenging to detect using conventional oligonucleotide hybridisation probes such as TaqManTM probes.⁷ To date, and despite its proven excellent sensitivity and specificity, OTR sensing has been restricted to laboratory use due to the absence of suitable hosting platforms. Tethering OTR probes onto solid supports (either during the sensing process or post-reaction to facilitate detection) could translate this cumbersome solution-based approach into a portable device format, and pave the way to the next generation of low-cost Nucleic Acid Tests (NATs).

With the introduction of home diagnostic tests for pregnancy, lateral flow assays (LFAs) gained wide popularity as a simple low-cost testing platform for molecular diagnostics.⁸ A vast number of lateral flow-based serological immunoassays have since been developed towards a wide range of biological and environmental targets.⁹ Recently, Winssinger *et al.* reported the design of an LFA for rapid detection of the products of oligonucleotide-templated chemical ligations of two PNA probes.¹⁰ It is noteworthy however that the OTR was first carried out in solution before loading the equilibrated mixture onto an LFA strip used here to facilitate detection only. This was successfully applied for sensing specific miRNAs in crude cell lysate using anti-fluorescein isothiocyanate (FITC) antibody labelling.

In this work, we report the first example of a fluorogenic OTR carried out directly on paper (a nitrocellulose LFA), which is amenable to incorporation into portable devices and can be analysed quantitatively with a small benchtop reader (Scheme 1). Pre-functionalising the LFA test line with one of the probes minimises unspecific reactions between the two probes that can only interact with each other on paper, at the level of the test line, when simultaneously hybridised to their NA target. As a proof-of-

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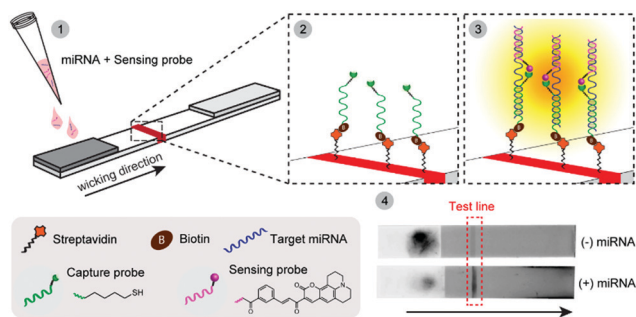
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† Electronic supplementary information (ESI) available: Including experimental information, PNA synthesis, coumarin probe concentration, optimization of the LFA parameters and information on the clinical samples. See DOI: 10.1039/c9cc05607f



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Scheme 1 Schematic of the OTR-based lateral flow assay. Biotinylated PNA thiols (capture probe, green) are immobilised on a streptavidin test line (red) on a paper strip (panel 2). A mixture of PNA coumarin (sensing probe, red) and miRNA target (blue) is then added to the sample loading pad (dark grey, panel 1). Upon wicking, the miRNA of interest is retained on the test line *via* hybridisation to the capture thiol, whilst also hybridising to the sensing probe (panel 3). The excess of sensing probe and all non-complementary miRNAs are then eluted off. Fluorescence, resulting from the product of the Michael addition OTR, is then measured using either a benchtop reader or a fluorescence scanner (panel 4).

concept study, we developed a NAT for early prediction of preterm birth based on the detection of a recently identified and clinically validated biomarker present in the mother's blood: miR-150-5p.¹¹

The assay was technically validated by analysing clinical plasma samples from pregnant women, and comparison to a reference nCounter™ technology. Building on earlier studies from our group,¹² two 7-mer PNA probes were designed and synthesised containing either a butane thiol (at the C-terminus) or a quenched coumarin (at the N-terminus) (ESI† S2). Biotin was also inserted at the N-terminus of the thiol-modified probe to enable its immobilisation on streptavidin-modified LFA test lines. In this new design, the biotinylated PNA thiol was used as a “capture probe” and pre-immobilised onto the streptavidin-coated test line. The PNA coumarin, or “sensing probe” was then added to the sample loading pad, thus spatially separating both probes and preventing their ability to react with each other until the assay is initiated and the sensing probe migrates to the test line. As an initial proof-of-concept, LFAs were performed in the presence and in the absence of a miR-150-5p DNA target. Note, all quoted quantitative analyses herein (*i.e.* *F*, fluorescence intensities) represent the integrated peak area obtained from the benchtop reader. A 16-fold increase in fluorescence intensity was observed at the test line when DNA was present ((+) DNA, 0.5 μM), compared to the control without any target ((-) DNA, Fig. 1). It is noteworthy that the residual fluorescence at the test line without DNA (58.1 ± 8.1 AFU, $n = 3$) was comparable to that observed on blank strips with only buffer added (Blank, 58.4 ± 8.3 AFU, $n = 3$) suggesting it originates from the strip manufacturing process.

Background noise in solution-phase OTRs typically originates from (i) the residual fluorescence of unreacted probes (in this case from the excess of unreacted PNA coumarin) and (ii) fluorescence from the product of unspecific reactions between probes, in the absence of template. In this LFA setting, no background noise was observed from the excess of the lightly fluorescent PNA coumarin probe, which is washed away during the process, and from unspecific reactions between probes due to the very limited time

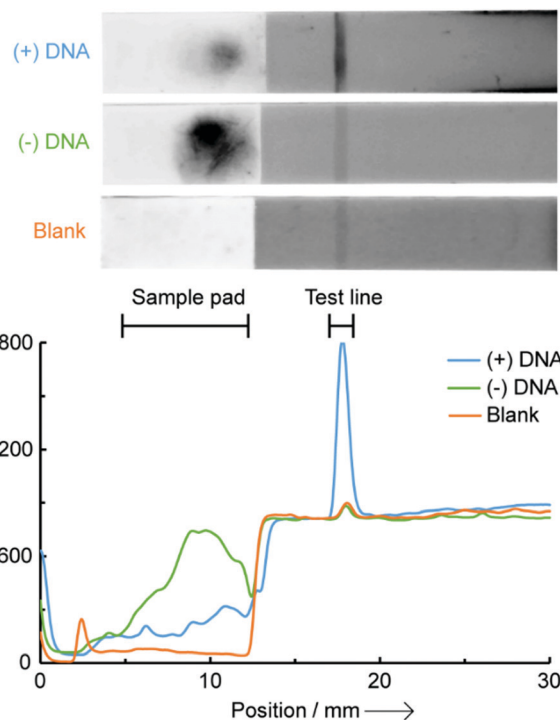


Fig. 1 Fluorescence scanned images (top) and traces (bottom) of LFA strips for OTR in the presence (blue, (+) DNA) and absence (green, (-) DNA) of 0.5 μM miR-150-5p DNA, and a blank strip with only buffer added (orange, Blank). The dark spot on the (-) DNA sample loading pad is background fluorescence from the excess of PNA coumarin which remains adsorbed to the paper unless hybridized to a complementary DNA.

(< 5 min) they are in contact with each other without a template oligonucleotide present. A large background fluorescence at the level of the sample pad is observed on the (-) DNA strip, and a small fluorescence for the (+) DNA strip (Fig. 1). These are likely the result of the highly hydrophobic, and poorly water-soluble, PNA coumarin probe remaining adsorbed onto the nitrocellulose fibres unless it is hybridised to a complementary oligonucleotide. No such effect was observed however with the significantly more water-soluble PNA thiol, enabling its straightforward loading onto the test line.

An optimal signal-to-noise ratio (SNR) was obtained with a 1 μM concentration of PNA coumarin (ESI† S3) and the maximum fluorescence intensity was obtained after complete drying of the LFA strips (150 min passive drying at rt). Importantly, similar fluorescence intensities were achieved when actively drying the LFA strips with a hair dryer for 7 min reducing the time-to-analysis to within 10 min (Fig. S4, ESI†). To assess the assay sensitivity, strips were loaded with increasing concentration of miR-150-5p DNA (0 to 1 μM) whilst keeping all other parameters constant (Fig. 2). A limit of detection of 9 nM was found ($3 \times$ standard deviation + mean of NTR fluorescence), which is ~6-fold lower than that previously reported by us for a similar OTR in solution.^{12a} A linear correlation was also observed between fluorescence intensity and DNA concentration in the range of 10–200 nM (Fig. 2b inset and Fig. S5, ESI† for scanned images). Above 200 nM, the fluorescence appears to tail off,



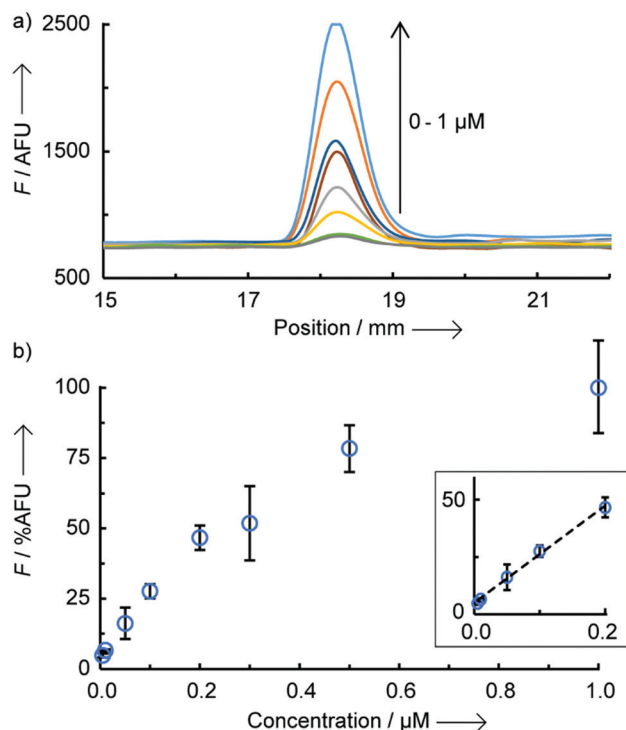


Fig. 2 Fluorescence intensity as a function of miR-150-5p DNA concentration (0, 0.01, 0.05, 0.1, 0.2, 0.3, 0.5 and 1 μM), (a) raw data from benchtop reader and (b) calibration curve of relative fluorescence (%AFU) versus concentration ($n = 3$ per concentration, error bars are standard deviation), limit of detection = 9.05 nM, slope 175%AFU/ μM , intercept 5.08 AFU, $R^2 = 0.9962$.

which is likely due to the LFA strip test line reaching saturation. A similar effect was also observed when loading increasing concentrations of dual-labelled (3'-biotin, 5'-FITC) DNA oligonucleotides onto the same LFA strips (Fig. S6, ESI†).

A recurrent challenge when trying to sense short oligonucleotides, such as miRNAs, is the high sequence homology between naturally occurring family members.³ To avoid any risk of false positives it is therefore essential to develop sensing technologies that can discriminate between DNA targets differing by as few as one or two bases. To assess the assay's specificity, probes directed against miR-150-5p were exposed to DNA sequences containing either 1 or 2 base pair mismatches, as well as a non-complementary DNA (Fig. 3). Single point mutations on the DNA sequence complementary to the sensing probe (coumarin) or the capture probe (thiol) led to significant reductions in relative fluorescence intensity of 85% and 98%, respectively, when compared to the signal observed with the perfectly matched target. Double mutations in the DNA target resulted in 88–99% reduction in fluorescence, regardless of their position (side-to-side or split mutations), with absolute intensities similar to background levels observed in the absence of target or in the presence of a non-complementary target (here, miR-141 DNA). Addition of a 1 \times or 10 \times excess of competitor miR-141 DNA led to a moderate reduction of fluorescence intensity by 29% and 39% respectively, likely due to unspecific electrostatic interactions between the sensing probe and competitor DNA partially preventing specific hybridisation to the

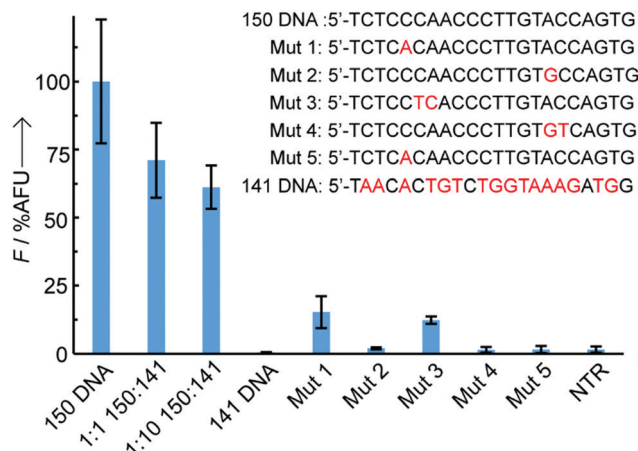


Fig. 3 Specificity testing, where Mut 1 and Mut 3 have single and double mutations respectively on the thiol PNA part of the target sequence, Mut 2 and Mut 4 have single and double mutations on the coumarin PNA part of the sequence and Mut 5 has a single mutation on both the thiol PNA and coumarin PNA sections, $n = 3$ per sequence, all sequences are 1 μM , error bars are standard deviation. Competition experiments were also carried out in the presence of 1 \times or 10 \times miR-141 DNA.

target miRNA. The remarkable overall selectivity can be explained by an on-chip double selection process: (1) the PNA coumarin sensing probes only travel through the paper strips if hybridised to a complementary DNA and (2) the time given to the PNA:DNA binary complex to hybridise to the catch probe at the test line is limited, adding extra selection pressure.

Next, the OTR-LFA approach was applied as a technological solution to a problem that affects 15 million women worldwide every year, namely preterm birth (PTB). PTB is the largest cause of death of children under five worldwide.¹³ Birth before 26 weeks associates with 80% mortality, 25% severe handicap, and 75% overall morbidity in survivors. The majority of PTBs are to women with no identifiable risk factors, making cases extremely hard to predict at an early stage, when the mother would benefit the most from medical treatment.¹¹ Low-cost, paper-based blood tests for early prediction of PTB could provide a valuable alternative to current approaches which could improve neonatal outcomes.¹⁴ Total miRNAs were extracted from the plasma of over 500 pregnant women and profiling analyses were performed using the nCounter nanostring technology.¹¹ The best predictor biomarker for PTB (and cervical shortening) was found to be miR-150-5p, yielding a 100% true positive rate and a 50% false positive rate when measured at 12 weeks. Excess concentrations of this specific miRNA in blood was also shown to rise from 12–15 through 15–18 to 19–22 weeks (3-fold, 6-fold, 10-fold) in women who deliver preterm.¹¹

To validate our technology, eighteen total miRNA extracts from plasma samples previously used for a biomarker discovery study and collected between 11th and 19th weeks of pregnancy were also tested through our LFA-OTR approach (Fig. 4). Ten samples were from pregnant women who at the time of collection had low levels of miR-150-5p and delivered at term. Eight others were from women who delivered preterm and had abnormally high levels of miR-150-5p at the time of collection (ESI,† S7). Importantly, all samples tested produced



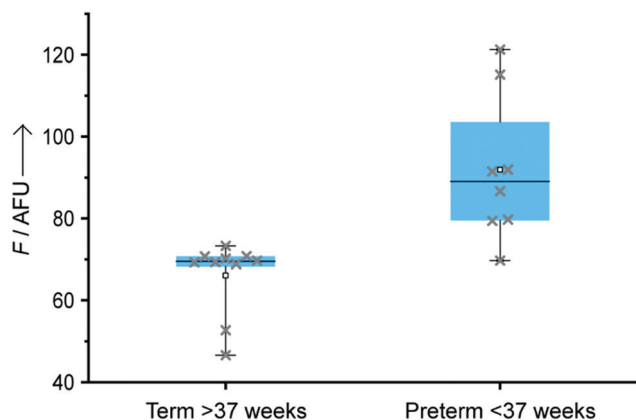


Fig. 4 Box plot of clinical samples (5 μ L, $n = 10$ samples for term and $n = 8$ for preterm) extracted from the plasma of pregnant women using a Norgen Biotek extraction kit and analysed by our LFA-OTR ($n = 2$ LFA per sample). Whiskers represent the maximum and minimum values of each set.

a fluorescent signal above background noise, demonstrating the ability of our technology to detect endogenous concentrations of circulating miR-150-5p, without the need for any amplification steps. As shown in Fig. 4, samples from pre-term patients gave a statistically significantly higher fluorescence than those from term patients (unpaired t -test P value = 0.0006, and Mann-Whitney P value = 0.0021).¹⁵ Finally, a good correlation was observed between our approach and a reference method (nCounter) as described in ESI† (Table S1).

In conclusion, this work reports the first example of a direct OTR on paper for detection of endogenous concentrations of circulating microRNAs extracted from blood, using a low-cost benchtop reader and without amplification. This strategy addresses several limitations of solution based OTRs including complex sample handling, high background noise, and expensive detection methodologies. The use of a PNA “capture probe” immobilised at the test line contributes (1) to an increase in specificity by fishing out the biomarker of interest, but also (2) to an increase in sensitivity by concentrating the signal at the test line and reducing background noise resulting from either excess probes (as with solution OTR) or non-templated, unspecific reactions. The background signals are further reduced by the coumarin probe not flowing through the paper unless hybridised to a complementary DNA or RNA.

Our proof-of-concept preterm birth screening test was able to distinguish term and preterm patients based on miR-150 concentrations in plasma. This represents an attractive alternative to cervical length scans or foetal fibronectin tests which are conducted later in pregnancies and are unsuitable for repeated analyses as required for longitudinal monitoring. Work is ongoing to translate our miRNA sensing platform into a portable, low-cost, fully automated device to detect miRNAs directly from whole blood and can be used in a GP's clinic.

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Conflicts of interest

There are no conflicts to declare.

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