



Cite this: *Chem. Commun.*, 2019, 55, 9066

Received 10th June 2019,  
Accepted 15th July 2019

DOI: 10.1039/c9cc04445k

rsc.li/chemcomm

## Ring-opening metathesis polymerization-induced self-assembly (ROMPISA)

Spyridon Varlas,  Jeffrey C. Foster \* and Rachel K. O'Reilly \*

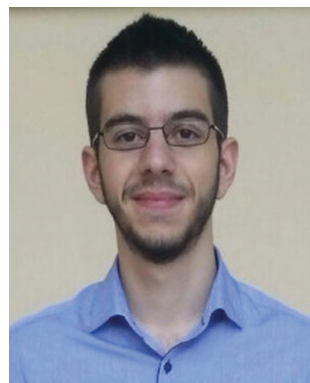
Polymerization-induced self-assembly (PISA) has simplified the preparation of polymeric nanoparticles, expanding their commercial importance. Recently, PISA mediated *via* ring-opening metathesis polymerization (ROMPISA) has emerged as a powerful alternative to existing PISA methodologies. ROMPISA can be conducted under air in minutes, producing nano-object morphologies with unique characteristics. Herein, we highlight recent advances in this field.

In recent years, a rapidly expanding methodology for the facile and reproducible fabrication of block copolymer nano-objects has emerged – termed polymerization-induced self-assembly (PISA).<sup>1–8</sup> Contrary to conventional block copolymer self-assembly processes, where multiple laborious post-polymerization steps under dilute conditions ( $[\text{solids}] \leq 1\% \text{ w/w}$ ) are generally required for the development of self-assembled nanostructures, the high efficiency and broad applicability of PISA lies in the fact that polymerization and self-assembly occur simultaneously in a single synthetic step at high solids concentration (typically 10–30% w/w).<sup>9</sup> Fundamental studies on the PISA mechanism revealed that *in situ* self-assembly of amphiphilic block copolymers is achieved upon chain-extension of a solvophilic corona-forming

polymer using appropriately selected core-forming monomers such that, after a critical point, the growing polymer chains become insoluble in the reaction medium, resulting in particle micellization (Scheme 1). Morphological evolution toward higher-order nanostructures, such as worm-like micelles and polymersomes, is commonly observed during PISA and is dictated by continuous alterations of the relative volume fractions (*i.e.*, packing parameter) between the corona- and core-forming blocks upon increasing the degree of polymerization (DP) and/or total solids content.<sup>1,10</sup> Importantly, the resulting PISA morphologies can also be tuned through a plethora of additional parameters, such as the length of the stabilizer block, core-block hydrophobicity, solvent composition, stimuli-responsiveness, and copolymer architecture.<sup>11,12</sup>

In the majority of PISA reports thus far, reversible-deactivation radical polymerization (RDRP) techniques including atom

School of Chemistry, University of Birmingham, Edgbaston, Birmingham, B15 2TT, UK. E-mail: J.C.Foster@bham.ac.uk, R.O'Reilly@bham.ac.uk



**Spyridon Varlas**

the University of Birmingham (UK) under the supervision of Prof. Rachel K. O'Reilly focusing on the development of functional polymersome nanoreactors *via* RAFT- and ROMP-mediated polymerization-induced self-assembly (PISA).

Spyridon Varlas received his BSc in Chemistry from the National and Kapodistrian University of Athens (Greece) in 2014. He then continued his studies at the same institution under the supervision of Prof. Hermis Iatrou, where he obtained a 1st class MSc in Polymer Science in 2016, studying the self-assembly behavior of stimuli-responsive polypeptide-based nanostructures for drug delivery applications. Currently, he is pursuing a PhD in Chemistry at

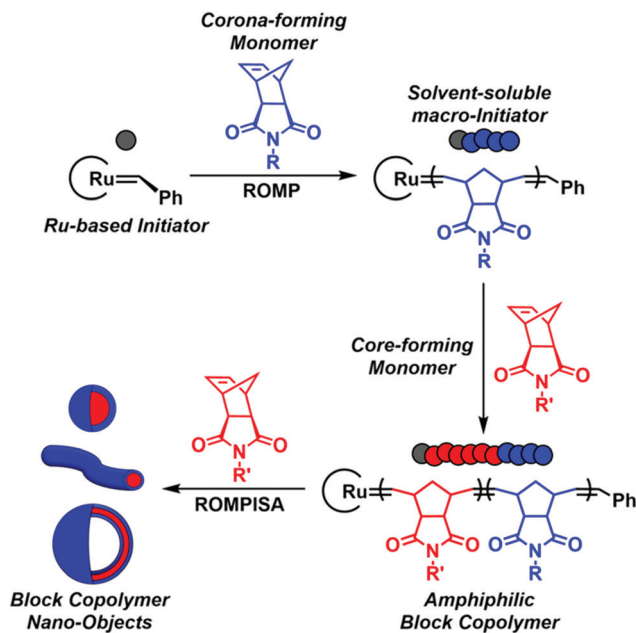


**Jeffrey C. Foster**

use of metathesis chemistry for polymer-based applications in aqueous milieu.

Jeffrey C. Foster obtained his BS and MS degrees from California Polytechnic State University, San Luis Obispo in 2010 and 2012, respectively, and his PhD in Chemistry at Virginia Tech under the supervision of Prof. John Matson. After a postdoctoral fellowship at the University of Warwick (UK) with Prof. Rachel K. O'Reilly, he was promoted to the position of Group Leader at the University of Birmingham (UK). His research focuses on the





**Scheme 1** Schematic representation of ROMPISA mechanism mediated by a Ru-based initiator for *in situ* formation of block copolymer nano-objects of various morphologies.

transfer radical polymerization (ATRP),<sup>13,14</sup> reversible addition-fragmentation chain-transfer (RAFT) polymerization,<sup>3,15–17</sup> nitroxide-mediated polymerization (NMP),<sup>18,19</sup> and organometallic-mediated

radical polymerization (OMRP)<sup>20</sup> are utilized for the preparation of block copolymer nano-objects under dispersion or emulsion polymerization conditions.<sup>9,21</sup> In addition to traditional thermally initiated RDRP approaches, a significant number of studies have focused on visible light-initiated PISA (photo-PISA) mediated by wavelength-specific photoinitiators and special photoredox catalysts or *via* the “photoiniferter” mechanism of chain transfer agents for the development of well-defined nano-objects at ambient reaction temperatures with biologically relevant applications.<sup>22–27</sup>

Recently, ring-opening metathesis polymerization-mediated PISA (ROMPISA) has been established as an alternative non-radical methodology for the synthesis of polynorbornene (PNB)-based nano-objects of various morphologies in both organic and aqueous milieu owing to the robustness and functional group tolerance (alcohols, ethers, carbonyl compounds, disulfides, thioethers, imines, tertiary amines, and others are tolerated) of Ru-based catalysts that also allow for ROMPISA under mild reaction conditions.<sup>28–30</sup> ROMPISA can be carried out under air on the timescale of minutes, and interesting backbone chemistries (*i.e.*, degradable linkages) can be more readily introduced through the use of functional cyclic monomers compared to radical polymerization strategies. In addition, the excellent molecular weight control afforded by ROMP can allow for the synthesis of PNB copolymers with high blocking efficiencies over a wide range of architectures, number of blocks (multi-block copolymers with  $\geq 10$  blocks have been reported), and molecular weight (up to  $10^6$  Da).<sup>31,32</sup> However, study of aqueous ROMPISA has been limited due the lack of water-soluble and highly active metathesis catalysts as well as the small number of reported core-forming ROMPISA monomers. We believe that this field will greatly expand in the near future as new catalysts developed for aqueous metathesis of small molecules and the identification of new core-forming monomers have provided a roadmap toward overcoming these key challenges.<sup>33,34</sup>

To the best of our knowledge, the first study introducing the concept of *in situ* preparation of block copolymer nano-objects *via* ROMPISA was reported by Xie and coworkers.<sup>35</sup> In this early report, a solvent-soluble poly(2,3-bis(2-bromoisobutyryloxymethyl)-5-norbornene) (PBNBE) macroinitiator was first synthesized using  $(\text{PCy}_3)_2(\text{Cl})_2\text{Ru}=\text{CHPh}$  (**G1**) as the catalyst. Spherical micelles ranging from 140 to 200 nm were formed upon chain-extension of PBNBE macroinitiator in toluene using an oxanorbornene dicarboxylic acid dimethyl ester (ONBDM) monomer as the core-forming block. The same group extended this work by preparing micelles bearing photo-cross-linkable moieties within their cores *via* ROMPISA copolymerization of a cinnamyl-based ONB monomer and ONBDM in toluene, using a PBNBE macroinitiator.<sup>36</sup> UV irradiation resulted in core-cross-linked micelles, whilst the retention of their morphology after dissolution in a good solvent for all blocks was also confirmed.

Significant advancements in the field of self-assembled nanostructures *via* ROMPISA in organic media have also been demonstrated by Choi and coworkers. In a seminal study, a solvophilic polynorbornene (PNB) macroinitiator was chain-extended using cyclooctatetraene (COT) as the solvent-miscible

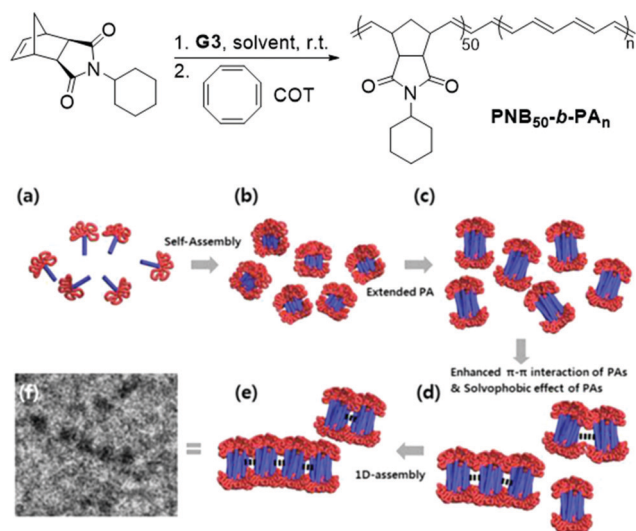


**Rachel K. O'Reilly**

*Rachel K. O'Reilly received her first degree from the University of Cambridge (UK), working with Professor Brian Johnson FRS for her Masters project. She then went on to complete her PhD at Imperial College London (UK) in 2003, working with Professor Vernon C. Gibson. Her PhD was in collaboration with BP and focused on organometallic catalysts for radical polymerization. She then moved to the US working as a postdoctoral fellow under the joint direction of Professors Craig J. Hawker (IBM Almaden) and Karen L. Wooley (Washington University in Saint Louis). In 2004, she was awarded a Royal Commission for the Exhibition of 1851 research fellowship which she held in the US for 1 year before returning to the UK in 2005. She then started her independent career in 2005 at the University of Cambridge (UK) as a Royal Society Dorothy Hodgkin Fellow. In 2009, she moved to the University of Warwick (UK) and in 2012 was promoted to full Professor. In January 2018, she took up a position of Chair in the School of Chemistry at the University of Birmingham (UK), and was appointed as Head of School later that year.*

*Rachel K. O'Reilly received her first degree from the University of Cambridge (UK), working with Professor Brian Johnson FRS for her Masters project. She then went on to complete her PhD at Imperial College London (UK) in 2003, working with Professor Vernon C. Gibson. Her PhD was in collaboration with BP and focused on organometallic catalysts for radical polymerization. She then moved to the US working as a postdoctoral fellow under the*





**Fig. 1** Preparation of  $\text{PNB}_{50}\text{-}b\text{-PA}_n$  diblock copolymer “nanocaterpillars” via a one-pot ROMPIISA process and proposed 1D self-assembly mechanism. Adapted with permission from ref. 37. Copyright 2012 American Chemical Society.

monomer for formation of a gradually insoluble polyacetylene (PA) block and  $(\text{H}_2\text{IMes})(\text{py})_2(\text{Cl})_2\text{Ru}=\text{CHPh}$  (**G3**) as the catalyst in various organic solvents under mild reaction conditions.<sup>37</sup> Interestingly, spontaneous self-assembly of the growing  $\text{PNB-}b\text{-PA}$  diblock copolymer resulted in the development of morphologies ranging from small micelles to progressively larger populations of long “nanocaterpillars” as the DP of the PA block increased (Fig. 1). The formation of the latter intriguing morphology was attributed to strong  $\pi\text{-}\pi$  interactions between adjacent spheres to minimize the solvent-exposed area of PA cores, offering enhanced stability to the otherwise unstable (in air) PA segments. Furthermore, tuning of the reaction temperature and the stereochemistry of the PA block eliminated the nanosphere population and resulted in uniform single-phase “nanocaterpillars” from diblock copolymers with *cis*-major PA cores that were possible to be converted to *trans*-major ones upon thermal isomerization.<sup>38</sup> Additionally, changing the shell of the assemblies from the more flexible coil-like PNB to a more rigid rod-like poly(tricyclo[4.2.2.0]deca-3,9-diene) (PTD) corona-forming block promoted stronger interactions between PA blocks and allowed for the 1D “nanocaterpillars” to undergo a further structural evolution to 3D nano- and microaggregates.<sup>39,40</sup> In a different study, the Choi group developed polysulfane-rich diblock copolymer micelles of tunable size and refractive indices upon ROMPIISA of a cyclic polysulfane norbornene-based monomer at high concentration in either DCM or THF, using a  $\text{PNB-G3}$  macroinitiator.<sup>41</sup>

More recently, Gianneschi *et al.* reported a one-pot ROMPIISA procedure utilizing an oligo(ethylene glycol) (OEG)-based NB monomer for formation of the steric stabilizer block and a NB monomer functionalized with a short protected peptide sequence for the solvophobic core-forming component, using **G3** under inert atmosphere in DMF/MeOH solvent mixtures.<sup>42</sup> Importantly, when a longer brush-like corona block was used,

morphological evolution was limited and only spherical micelles of varying size were developed, whereas a shorter corona block allowed for distinct higher-order nano-object morphologies of worm-like micelles and vesicles to also be accessed. Moreover, Delaittre and coworkers reported the fabrication of spherical micelles with tunable size (10–100 nm) bearing TEMPO units in their outer shell *via* an ultra-fast two-step ROMPIISA methodology in organic milieu.<sup>43</sup> A solvent-soluble random copolymer from OEG-NB and TEMPO-NB was first synthesized *via* ROMP using **G1** in THF. This was then used as the macroinitiator for chain-extension of PNB under inert atmosphere in EtOH/THF mixture leading to simultaneous amphiphilic block copolymer synthesis and self-assembly. The developed nitroxide-containing micelles could be readily transferred to aqueous media and were found to be both non-cytotoxic and efficient catalysts for a series of alcohol oxidation reactions with eminent recyclability.

Alternative approaches driven by other controlled metathesis processes (*i.e.*, ring-closing metathesis) for *in situ* self-assembly of block copolymer nano-objects of different morphologies in organic media have also been investigated mainly by the Choi and Xie groups.<sup>44–48</sup> In the majority of cases, they involve ROMP for the synthesis of a solvophilic stabilizer block using the highly efficient **G3** catalyst and tandem metathesis cyclopolymerization (MCP) of 1,6-heptadiyne-derived monomers bearing various functional groups for the formation of conjugated core-forming polymers resulting in nanostructured materials with enhanced dielectric properties.

Progress has also been made towards implementing ROMPIISA in aqueous systems, originating from initial studies on formation of PNB-based nanolatexes *via* aqueous emulsion ROMP.<sup>49,50</sup> According to popular belief, water and oxygen must be rigorously excluded from Ru-catalyzed olefin metathesis. Indeed, the vast majority of metathesis reactions are conducted in dry organic solvent under inert atmosphere to avoid catalyst deactivation. This belief is deeply rooted in the metathesis community, originating from the strong nucleophilicity of early metal alkylidene complexes based on W or Mo metal centers. However, modern Ru-based metathesis catalysts are highly stable, opening up the possibility for conducting ROMP and other metathesis transformations in aqueous media. Catalysts for aqueous metathesis have been reviewed extensively elsewhere and will not be discussed here.<sup>34</sup> It should be noted, however, that despite significant progress in the development of water-soluble Ru-based metathesis catalysts, few possess catalytic activity comparable to that of **G3** in organic solvent. Water-soluble **G3**-derivatives have been reported, but these generally require the use of additional additives such as Brønsted or Lewis acids to promote phosphine or pyridine dissociation.<sup>51–54</sup> As described above, the issues of catalyst solubility and activity must be addressed in order to conduct ROMP in aqueous media in a controlled manner. Hence, it is understood why aqueous ROMP-mediated PISA has only very recently emerged.

An increasing number of studies on aqueous ROMPIISA have been reported in the past two years, expanding the scope of PISA in aqueous solutions beyond RAFT polymerization and building toward the establishment of ROMPIISA as a powerful



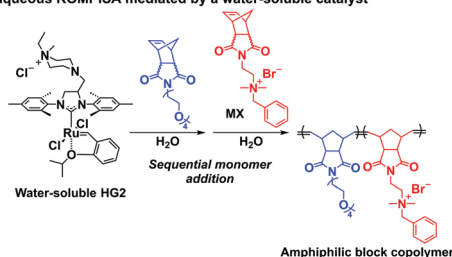
technique for development of block copolymer nano-objects. In particular, the rapid kinetics of ROMP coupled with the unique rigidity of PNBs are expected to provide specific advantages over RAFT formulations with respect to particle properties including: (1) ready access to out-of-equilibrium nano-objects *via* kinetic trapping; (2) enhanced particle stability resulting from high  $T_g$  values of PNBs; and (3) easier access to higher-order morphologies (*e.g.* worm-like micelles and vesicles) and *in situ* synthesis of multi-block copolymer nano-objects *via* sequential monomer additions.

In an initial study, Gianneschi and coworkers utilized a water-soluble NHC-modified  $(H_2IMes)(Cl)_2Ru=C(H)(C_6H_4OR)$  (**HG2**) catalyst for the synthesis of a corona-forming OEG-based PNB block *via* solution ROMP under inert atmosphere in water. One-pot aqueous ROMPISA was achieved upon subsequent chain-extension of the resulting macroinitiator under identical polymerization conditions using a water-miscible quaternary amine phenyl NB dicarboximide (**MX**) monomer for synthesis of the insoluble core-forming block and *in situ* preparation of self-assembled nanostructures with morphologies evolving from spherical and worm-like micelles to large unilamellar vesicles, upon increasing the DP of the second block (Scheme 2A).<sup>55</sup> Building on this concept, the same group prepared enzyme-responsive spherical micelles and phase-separated framboidal vesicles, following a similar one-pot aqueous-phase ROMPISA methodology.<sup>56</sup> In particular, a hydrophilic PNB block bearing a 15-peptide sequence was first synthesized using the same water-soluble **HG2** catalyst by open-to-air ROMP in water at ambient temperature. Nano-object formation was achieved *via* aqueous dispersion ROMPISA using **PMX** as the core-forming block, whilst enzymatic cleavage of the corona peptide pendant groups by the proteolytic enzyme thermolysin resulted in occurrence of morphological transitions toward

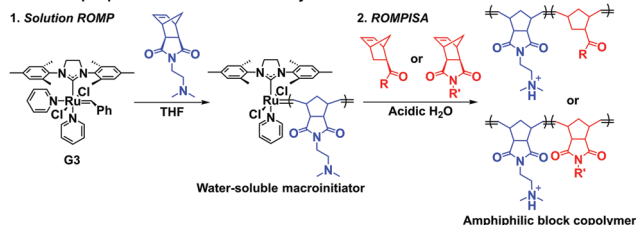
larger aggregates induced by changes in the packing parameter of the assemblies, highlighting their potential use in biomedical applications. In a later study, Gianneschi *et al.* extended their original protocol for aqueous ROMPISA by directly incorporating a cis-platin NB derivative into the core of non- and pH-responsive spherical nano-objects.<sup>57</sup> The effect of size and surface charge of Pt-loaded prodrug nanoparticles (NPs) on drug release behavior and *in vitro* cytotoxicity was investigated, revealing that smaller and positively-charged NPs showed enhanced cell uptake and increased cytotoxicity.

Recently, our group introduced an alternative two-step process for controlled open-to-air ROMP in aqueous media involving the synthesis of a hydrophilic PNB macroinitiator in a water-miscible organic solvent using commercially available **G3** at ambient temperature.<sup>54</sup> In this initial report, transfer of the prepared macroinitiator to an acidic solution of appropriately selected core-forming monomers allowed for ionization of the pendant tertiary amine groups of the macroinitiator to yield a steric stabilizer block and for *in situ* aqueous ROMPISA resulting in amphiphilic diblock copolymer nano-objects with common self-assembled morphologies (*i.e.*, spheres, worms, and vesicles) (Scheme 2B). In a fundamental PISA study, O'Reilly and coworkers reported an *in silico* methodology for identification of monomers suitable for use as either corona- or core-forming blocks in aqueous RAFT-mediated PISA that involves theoretical calculations of surface area (SA)-normalized octanol-water partition coefficients ( $\log P_{oct}/SA$ ) for their corresponding oligomeric models. The computational hydrophobicity evaluation method was also exploited for the reliable prediction of

#### A. One-pot aqueous ROMPISA mediated by a water-soluble catalyst

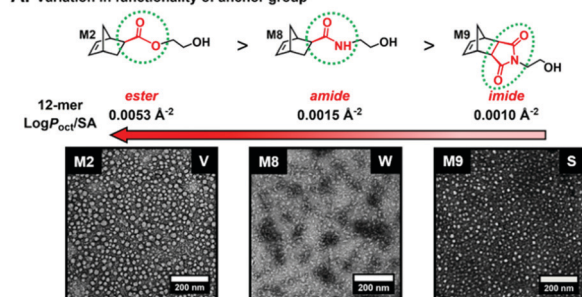


#### B. Two-step aqueous ROMPISA mediated by a water-soluble macroinitiator

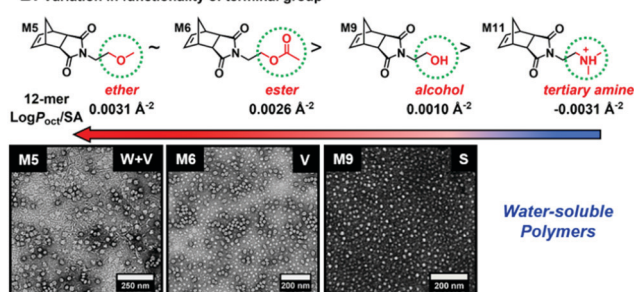


**Scheme 2** Reported synthetic strategies to conduct aqueous dispersion ROMPISA for fabrication of diblock copolymer nano-objects of various morphologies. (A) One-pot aqueous ROMPISA mediated by a water-soluble **HG2** catalyst, and (B) two-step aqueous ROMPISA mediated *via* a water-soluble PNB macroinitiator prepared in organic solvent using **G3**.

#### A. Variation in functionality of anchor group



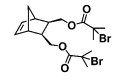
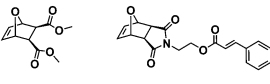
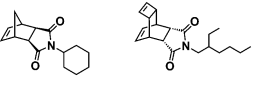




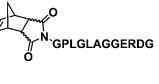
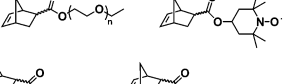

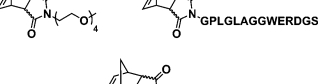
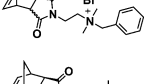

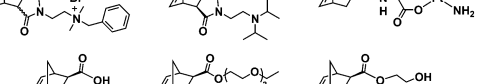

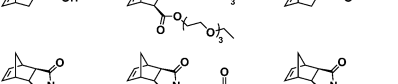
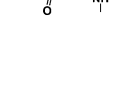
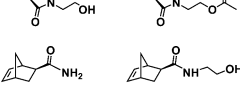
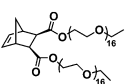

#### B. Variation in functionality of terminal group



**Fig. 2** Oligomer  $\log P_{oct}/SA$  values as a function of (A) anchor and (B) terminal group variations for NB-based monomers suitable for use as core-forming blocks during aqueous ROMPISA, and representative nano-object TEM images for corresponding diblock copolymers of approximately the same length. Adapted with permission from ref. 59. Copyright 2019 American Chemical Society.



**Table 1** Summary of corona- and core-forming monomers, catalysts, and solvents utilized for ROMPISA in either organic or aqueous media

Corona-forming monomer(s)	Core-forming monomer(s)	Catalyst	ROMPISA solvent	Ref.
		<b>G1</b>	Toluene	35 and 36
		<b>G3</b>	THF, toluene, DCM	37–40
		<b>G3</b>	THF, DCM	41
		<b>G3</b>	DMF/MeOH	42
		<b>G1</b>	EtOH/THF	43
		<b>Modified HG2</b>	H <sub>2</sub> O	55 and 56
		<b>Modified HG2</b>	H <sub>2</sub> O	57
		<b>G3</b>	Acidic H <sub>2</sub> O/THF	54 and 59
		<b>G3</b>	Acidic H <sub>2</sub> O/THF	54 and 59
		<b>Modified G3</b>	H <sub>2</sub> O	60

the resulting block copolymer nano-object morphology at a certain core block length.<sup>58</sup> Very recently, our group combined this predictive methodology with the above described two-step approach for aqueous ROMP to expand the selection pool of core-forming monomers for use in aqueous dispersion ROMPISA.<sup>59</sup> Through oligomer hydrophobicity calculations for a series of previously and newly reported NB-based monomers, a diverse set of core-forming ROMPISA monomers were able to be identified and validated experimentally. Moreover, important structure-hydrophobicity relationships were also determined that allowed for successful nano-object morphology prediction (Fig. 2).

An alternative pathway toward the preparation of diblock copolymer nano-objects *via* ROMPISA in aqueous media has been reported by Cunningham and coworkers.<sup>60</sup> In the first step, the synthesis of a hydrophilic steric stabilizer PNB-(PEG<sub>16</sub>)<sub>2</sub> block was carried out *via* homogeneous ROMP initiated by a water-soluble **G3** catalyst bearing PEGylated pyridine ligands under inert atmosphere at room temperature. Then, water-insoluble 1,5-cyclooctadiene (COD) monomer was added to the macro-initiator solution to allow for one-pot aqueous ROMPISA under emulsion polymerization conditions. Typical for heterogeneous emulsion PISA systems, stable (PNB-(PEG<sub>16</sub>)<sub>2</sub>)-*b*-PCOD diblock copolymer nanolatexes (*i.e.*, kinetically trapped spherical micelles) of ~200 nm size and low PD were obtained as judged by DLS and dry-state TEM analysis when a hydrophilic-to-hydrophobic

molar ratio of 30 : 70 mol% was maintained. Currently identified corona- and core-forming monomer structures along with the catalysts and solvents utilized for ROMPISA in either organic or aqueous media are summarized in Table 1.

In summary, ROMPISA represents a complementary strategy for the *in situ* preparation of nano-objects with specific advantages over RAFT or other radical polymerization mechanisms. ROMPISA is fast, achieves quantitative conversions, is broadly tolerant to monomer functionality (or other functional groups in solution), can be carried out under air, and allows for facile access to common nano-object morphologies such as spherical or worm-like micelles and vesicles. Similar to RAFT-mediated PISA, formulation parameters such as initial solids concentration or block ratio can be tuned to access these morphologies. Future studies will likely reveal unique self-assembly behavior and/or novel applications which exploit the distinctive rigidity of polynorbornene-based assemblies as compared to their (meth)acrylate/acrylamide-based counterparts. Degradable functionalities can also be more readily incorporated within the backbone of polymers produced by ROMPISA compared with other water-compatible polymerization mechanisms. With the development of different formulation approaches (*i.e.*, water-soluble catalysts *vs.* macroinitiator synthesis in organic solvent) and the recent identification of new core-forming monomers, ROMPISA has become more accessible, paving the way for research opportunities beyond the scope of radical



polymerization. Still, this burgeoning field is currently limited by the small number of commercially available ROMPISA monomers and the relatively high cost, innately poor solubility and/or rapid decomposition of most Ru-based metathesis catalysts, as well as the existing difficulty of quantitatively removing catalysts from the nano-object cores following polymerization. In addition, acid additives are often required to achieve catalyst activity in aqueous media that is comparable to that of organic solvent. Thus, the development of highly soluble and active metathesis catalysts suitable for use in either organic or aqueous ROMPISA processes represents a grand challenge to be overcome to expand the usefulness of ROMPISA, especially with regards to its commercial implementation.

## Conflicts of interest

There are no conflicts to declare.

## Acknowledgements

This work was supported by the ERC (grant number 615142) and the University of Birmingham.

## Notes and references

- 1 A. Blanazs, J. Madsen, G. Battaglia, A. J. Ryan and S. P. Armes, *J. Am. Chem. Soc.*, 2011, **133**, 16581–16587.
- 2 N. J. Warren and S. P. Armes, *J. Am. Chem. Soc.*, 2014, **136**, 10174–10185.
- 3 C. A. Figg, A. Simula, K. A. Gebre, B. S. Tucker, D. M. Haddleton and B. S. Sumerlin, *Chem. Sci.*, 2015, **6**, 1230–1236.
- 4 L. D. Blackman, K. E. B. Doncom, M. I. Gibson and R. K. O'Reilly, *Polym. Chem.*, 2017, **8**, 2860–2871.
- 5 G. Ng, J. Yeow, J. Xu and C. Boyer, *Polym. Chem.*, 2017, **8**, 2841–2851.
- 6 S. Y. Khor, N. P. Truong, J. F. Quinn, M. R. Whittaker and T. P. Davis, *ACS Macro Lett.*, 2017, **6**, 1013–1019.
- 7 M. Chen, J.-W. Li, W.-J. Zhang, C.-Y. Hong and C.-Y. Pan, *Macromolecules*, 2019, **52**, 1140–1149.
- 8 F. Lv, Z. An and P. Wu, *Nat. Commun.*, 2019, **10**, 1397.
- 9 S. L. Canning, G. N. Smith and S. P. Armes, *Macromolecules*, 2016, **49**, 1985–2001.
- 10 N. J. Warren, O. O. Mykhaylyk, D. Mahmood, A. J. Ryan and S. P. Armes, *J. Am. Chem. Soc.*, 2014, **136**, 1023–1033.
- 11 J. C. Foster, S. Varlas, B. Couturaud, Z. Coe and R. K. O'Reilly, *J. Am. Chem. Soc.*, 2019, **141**, 2742–2753.
- 12 S. Y. Khor, J. F. Quinn, M. R. Whittaker, N. P. Truong and T. P. Davis, *Macromol. Rapid Commun.*, 2019, **40**, 1800438.
- 13 G. Wang, M. Schmitt, Z. Wang, B. Lee, X. Pan, L. Fu, J. Yan, S. Li, G. Xie, M. R. Bockstaller and K. Matyjaszewski, *Macromolecules*, 2016, **49**, 8605–8615.
- 14 G. Wang, Z. Wang, B. Lee, R. Yuan, Z. Lu, J. Yan, X. Pan, Y. Song, M. R. Bockstaller and K. Matyjaszewski, *Polymer*, 2017, **129**, 57–67.
- 15 M. Williams, N. J. W. Penfold, J. R. Lovett, N. J. Warren, C. W. I. Douglas, N. Doroshenko, P. Verstraete, J. Smets and S. P. Armes, *Polym. Chem.*, 2016, **7**, 3864–3873.
- 16 E. Guégain, C. Zhu, E. Giovanardi and J. Nicolas, *Macromolecules*, 2019, **52**, 3612–3624.
- 17 G. Mellot, J.-M. Guigner, L. Bouteiller, F. Stoffelbach and J. Rieger, *Angew. Chem., Int. Ed.*, 2019, **58**, 3173–3177.
- 18 X. G. Qiao, M. Lansalot, E. Bourgeat-Lami and B. Charleux, *Macromolecules*, 2013, **46**, 4285–4295.
- 19 X. G. Qiao, P. Y. Dugas, B. Charleux, M. Lansalot and E. Bourgeat-Lami, *Polym. Chem.*, 2017, **8**, 4014–4029.
- 20 D. Cordella, F. Ouhib, A. Aqil, T. Defize, C. Jérôme, A. Serghei, E. Drockenmuller, K. Aissou, D. Taton and C. Detrembleur, *ACS Macro Lett.*, 2017, **6**, 121–126.
- 21 B. Charleux, G. Delaittre, J. Rieger and F. D'Agosto, *Macromolecules*, 2012, **45**, 6753–6765.
- 22 J. Yeow, J. Xu and C. Boyer, *ACS Macro Lett.*, 2015, **4**, 984–990.
- 23 J. Tan, H. Sun, M. Yu, B. S. Sumerlin and L. Zhang, *ACS Macro Lett.*, 2015, **4**, 1249–1253.
- 24 J. Yeow and C. Boyer, *Adv. Sci.*, 2017, **4**, 1700137.
- 25 L. D. Blackman, S. Varlas, M. C. Arno, Z. H. Houston, N. L. Fletcher, K. J. Thurecht, M. Hasan, M. I. Gibson and R. K. O'Reilly, *ACS Cent. Sci.*, 2018, **4**, 718–723.
- 26 S. Varlas, L. D. Blackman, H. E. Findlay, E. Reading, P. J. Booth, M. I. Gibson and R. K. O'Reilly, *Macromolecules*, 2018, **51**, 6190–6201.
- 27 S. Varlas, J. C. Foster, P. G. Georgiou, R. Keogh, J. T. Husband, D. S. Williams and R. K. O'Reilly, *Nanoscale*, 2019, **11**, 12643–12654.
- 28 C. W. Bielawski and R. H. Grubbs, *Angew. Chem., Int. Ed.*, 2000, **39**, 2903–2906.
- 29 S. Sutthasupa, M. Shiotsuki and F. Sanda, *Polym. J.*, 2010, **42**, 905.
- 30 A. Leitgeb, J. Wappel and C. Slugovc, *Polymer*, 2010, **51**, 2927–2946.
- 31 S. C. Radzinski, J. C. Foster, S. J. Scannelli, J. R. Weaver, K. J. Arrington and J. B. Matson, *ACS Macro Lett.*, 2017, **6**, 1175–1179.
- 32 M. L. Gringolts, Y. I. Denisova, E. S. Finkelshtein and Y. V. Kudryavtsev, *Beilstein J. Org. Chem.*, 2019, **15**, 218–235.
- 33 J. Tomasek and J. Schatz, *Green Chem.*, 2013, **15**, 2317–2338.
- 34 V. Sabatino and T. R. Ward, *Beilstein J. Org. Chem.*, 2019, **15**, 445–468.
- 35 L. Zhang, C. Song, J. Yu, D. Yang and M. Xie, *J. Polym. Sci., Part A: Polym. Chem.*, 2010, **48**, 5231–5238.
- 36 J. Liu, Y. Liao, X. He, J. Yu, L. Ding and M. Xie, *Macromol. Chem. Phys.*, 2011, **212**, 55–63.
- 37 K. Y. Yoon, I. H. Lee, K. O. Kim, J. Jang, E. Lee and T. L. Choi, *J. Am. Chem. Soc.*, 2012, **134**, 14291–14294.
- 38 K.-Y. Yoon, I.-H. Lee and T.-L. Choi, *RSC Adv.*, 2014, **4**, 49180–49185.
- 39 K. Y. Yoon, S. Shin, Y. J. Kim, I. Kim, E. Lee and T. L. Choi, *Macromol. Rapid Commun.*, 2015, **36**, 1069–1074.
- 40 S. Shin, K.-Y. Yoon and T.-L. Choi, *Macromolecules*, 2015, **48**, 1390–1397.
- 41 J. Lim, Y. Cho, E. H. Kang, S. Yang, J. Pyun, T. L. Choi and K. Char, *Chem. Commun.*, 2016, **52**, 2485–2488.
- 42 D. B. Wright, M. A. Touve, L. Adamiak and N. C. Gianneschi, *ACS Macro Lett.*, 2017, **6**, 925–929.
- 43 D. Le, M. Dilger, V. Pertici, S. Diabaté, D. Gimes, C. Weiss and G. Delaittre, *Angew. Chem., Int. Ed.*, 2019, **58**, 4725–4731.
- 44 J. Kim, E.-H. Kang and T.-L. Choi, *ACS Macro Lett.*, 2012, **1**, 1090–1093.
- 45 E.-H. Kang, S. Yang, S. Y. Yu, J. Kim and T.-L. Choi, *J. Polym. Sci., Part A: Polym. Chem.*, 2017, **55**, 3058–3066.
- 46 W. Liu, X. Liao, Y. Li, Q. Zhao, M. Xie and R. Sun, *Chem. Commun.*, 2015, **51**, 15320–15323.
- 47 J. Chen, Y. Wang, H. Li, H. Han, X. Liao, R. Sun, X. Huang and M. Xie, *Chem. Mater.*, 2018, **30**, 1102–1112.
- 48 J. Chen, R. Sun, X. Liao, H. Han, Y. Li and M. Xie, *Macromolecules*, 2018, **51**, 10202–10213.
- 49 J. P. Claverie, S. Viala, V. Maurel and C. Novat, *Macromolecules*, 2001, **34**, 382–388.
- 50 B. Ö. Öztürk, A. Kolberg and S. Karabulut Şehitoğlu, *Macromol. Chem. Phys.*, 2017, **218**, 1600594.
- 51 D. M. Lynn, S. Kanaoka and R. H. Grubbs, *J. Am. Chem. Soc.*, 1996, **118**, 784–790.
- 52 D. Samanta, K. Kratz, X. Zhang and T. Emrick, *Macromolecules*, 2008, **41**, 530–532.
- 53 D. M. Lynn, B. Mohr and R. H. Grubbs, *J. Am. Chem. Soc.*, 1998, **120**, 1627–1628.
- 54 J. C. Foster, S. Varlas, L. D. Blackman, L. A. Arkinstall and R. K. O'Reilly, *Angew. Chem., Int. Ed.*, 2018, **57**, 10672–10676.
- 55 D. B. Wright, M. A. Touve, M. P. Thompson and N. C. Gianneschi, *ACS Macro Lett.*, 2018, **7**, 401–405.
- 56 D. B. Wright, M. P. Thompson, M. A. Touve, A. S. Carlini and N. C. Gianneschi, *Macromol. Rapid Commun.*, 2019, **40**, 1800467.
- 57 D. B. Wright, M. T. Proetto, M. A. Touve and N. C. Gianneschi, *Polym. Chem.*, 2019, **10**, 2996–3000.
- 58 J. C. Foster, S. Varlas, B. Couturaud, J. R. Jones, R. Keogh, R. T. Mathers and R. K. O'Reilly, *Angew. Chem., Int. Ed.*, 2018, **57**, 15733–15737.
- 59 S. Varlas, J. C. Foster, L. A. Arkinstall, J. R. Jones, R. Keogh, R. T. Mathers and R. K. O'Reilly, *ACS Macro Lett.*, 2019, **8**, 466–472.
- 60 O. L. Torres-Rocha, X. Wu, C. Zhu, C. M. Crudden and M. F. Cunningham, *Macromol. Rapid Commun.*, 2019, **40**, 1800326.

