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Native cardiac environment and its impact on engineering cardiac tissue

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Human pluripotent stem cell-derived cardiomyocytes (hPSC-CMs) generally have an immature fetal-like phenotype when directly compared to isolated CMs from human hearts, despite significant advance in differentiation of human pluripotent stem cells (hPSCs) to multiple cardiac lineages. Therefore, hPSC-CMs may not accurately mimic all facets of healthy and diseased human adult CMs. During embryonic development, the cardiac extracellular matrix (ECM) experiences a gradual assembly of matrix proteins that transits along the maturation of CMs. Mimicking these dynamic stages may contribute to hPSC-CMs maturation *in vitro*. Thus, in this review, we describe the progressive build-up of the cardiac ECM during embryonic development, the ECM of the adult human heart and the application of natural and synthetic biomaterials for cardiac tissue engineering with hPSC-CMs.

Introduction

Since the first isolation of human pluripotent stem cells (hPSCs), their remarkable capacity to self-replicate and differentiate into every cell type of the human body aroused great interest and has advanced the fields of human disease modeling and pre-clinical pharmacology. Particularly because of the limited regenerative capacity of the human heart, as well as the difficulty to propagate primary cardiomyocytes (CMs) *in vitro*, hPSC-derived CMs (hPSC-CMs) are increasingly acknowledged as an alternative and accessible cell source for disease modeling, as well as drug and safety pharmacology or regenerative cardiac repair.^{1,2,3–10,11–15} Protocols to generate distinct cellular subtypes of the human heart, which include ventricular,^{16,17} atrial^{18–21} and pacemaker CMs,^{22,23} as well as epicardial cells and epicardial-derived smooth muscle cells and fibroblasts^{24–26} and endothelial cells^{27,28} have been developed and are continuously optimized. Despite these significant advances in directing differentiation to multiple cardiac lineages, hPSC-CMs are generally characterized by an immature fetal-like phenotype and may therefore not accurately mimic all facets of healthy and diseased human adult CMs. In a direct comparison to human hearts, gene expression patterns and morphological and functional characteristics of hPSC-CMs resemble that of fetal hearts (Fig. 1).^{2,29–31} For a detailed overview about the immaturity of hPSC-CMs, we refer to other comprehensive reviews on this topic.^{32–35}

Various strategies have been applied to enhance maturity of hPSC-CMs *in vitro*, including prolonged time in culture, electrical or mechanical stimulation, addition of chemical or biological factors, co-culture with non-CMs, three-dimensional (3D) assembly into tissues and the use of specific scaffold materials (Fig. 1).^{32,33,36} Despite distinct improvements – those strategies often only induce some aspects attributed to cardiac maturity – hPSC-CMs never acquired an adult cardiac phenotype. Therefore, further progress necessitates the development of more advanced models, as for example engineering 3D cardiac tissue surrogates closely resembling the native cardiac microenvironment.

In this review, we describe the expression of extracellular matrix (ECM) proteins in the native microenvironment of human CMs with focus on developmental changes and respect to different heart compartments, such as atria and ventricles and also the right and left side of the heart. Moreover, we discuss the application of natural and synthetic biomaterials in the context of *in vitro* cardiac tissue engineering with hPSC-CMs and their effect on hPSC-CM maturity.

The native environment of CMs

Cells in their native environment are embedded within a network of ECM components, which are crucial for proper development and function of tissues and organs. The ECM delivers vital cues for various cellular responses, which include fate determination, migration, proliferation, morphology, cell arrangement, survival and maturation. The cardiac ECM additionally needs to provide a strong support and elastic anchorage for precisely aligned CMs and creates a specialized

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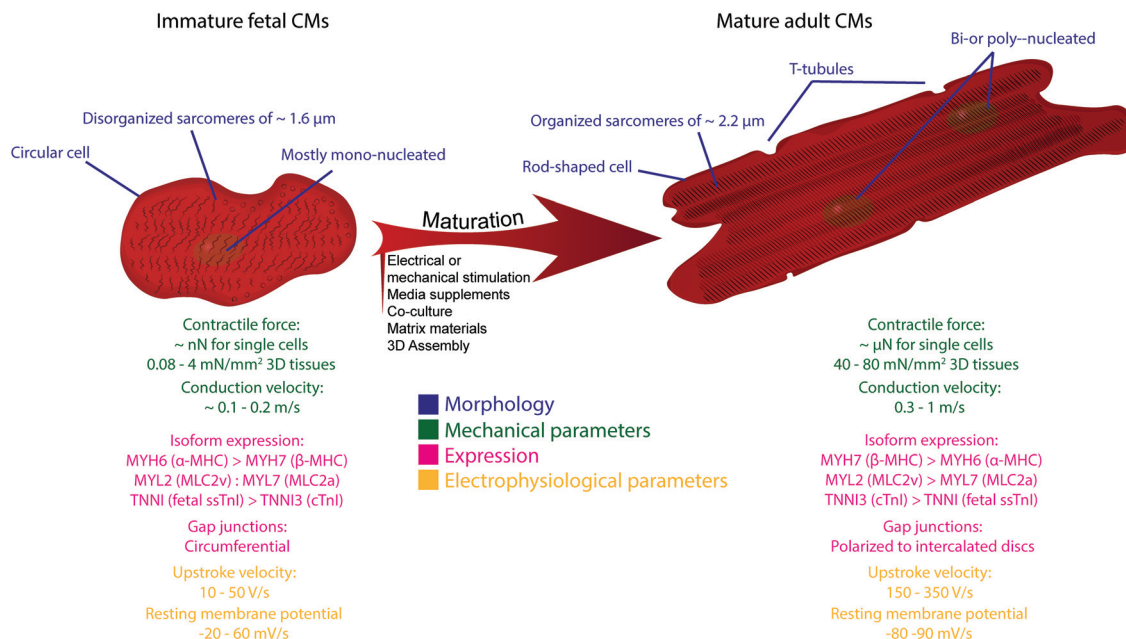


Fig. 1 Strategies to enhance the maturity level of hPSC-CMs.

environment to permit electrical coupling and cardiac impulse propagation between adjacent cells and transmission of contractile forces of CMs to the surrounding matrix for the repetitive blood pumping function of the heart.^{37–41}

The basic structural unit of the cardiac ECM is primarily composed of collagen, but also includes laminin, fibronectin, fibrillin and elastin, which are continuously secreted by different cell types and assembled into a hierarchically organized scaffold (Table 1).⁴²

Fibrillary collagens type I and type III form a complex fiber scaffold composed of thicker collagen I and thinner collagen III triple helical fibrils that have interconnected into larger fibers (fibril diameter depends on the tissue: in adult healthy cardiac tissue collagen I fibril diameter varies around 75 nm and collagen III fibrils around 45 nm ⁴³). Thicker collagen I fibers are important to convey the necessary rigidity and stability, while collagen III fibers support the elasticity of the cardiac ECM.⁴¹ Additional elastic flexibility of the cardiac wall is regulated by distribution and content of interspersed elastic fibers. Elastic fibers are primarily made from microfibrillary fibrillin with amorphous elastin as core protein.⁴⁴ Together with collagen type IV, laminin has a key role in linking CMs to their surrounding ECM and serves as cell adhesive protein.^{45–47} Similarly, fibronectin anchors cells to the ECM and transduces extracellular signaling to mediate cellular response.⁴⁸ In mice, knockout of fibronectin has been shown to result in differentiation of cardiac progenitors towards CMs while inhibiting proliferation of cardiac progenitor cells in the pre-cardiac mesoderm during cardiac morphogenesis.⁴⁹ Another key component of the ECM are glycosaminoglycans, which interact with several signaling molecules to regulate differentiation, protection against oxidative stress and also

cardiac remodeling after injury.⁵⁰ In human left and right atrial and ventricular walls, five different glycosaminoglycans have been identified: hyaluronic acid, heparan sulfate, dermatan sulfate, chondroitin-4-sulfate and chondroitin-6-sulfate.^{51,52}

Most ECM proteins interact with cells *via* transmembrane receptors, so-called integrins, which do not only function as principal anchor for the cells to their surrounding ECM, but also mediate bi-directional communication across the membrane to regulate cellular behavior *via* ligand binding on the outside (outside-in), or receptor activity by intracellular signaling (inside-out signaling). In the heart, integrins are also linked to the cytoskeletal protein α -actinin *via* talin and vinculin, thereby transmitting the mechanical forces from the inside of CMs to the ECM.^{53,54}

Native cardiac ECM during human heart development





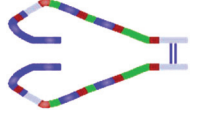
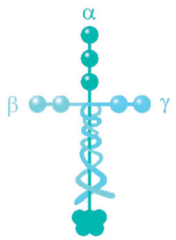
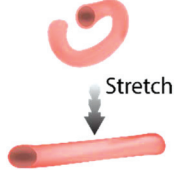
Composition of the ECM is dynamic throughout embryonic development and adulthood, thereby providing stage-dependent clues for maturation of CMs (Fig. 2).

Early during heart development, around the end of the first trimester of human development, laminin, fibronectin and most collagen fibers predominantly localize along the endocardial and epicardial layers.^{45,55} CMs within the myocardium are supported by a premature collagen network primarily build from thin, loose fibers of collagen type III only.⁵⁵

At the beginning of the second trimester with the onset of increased fetal growth and higher energy demands in the embryo, fibronectin and notably laminin become more widely distributed and strongly expressed within the myocardium.^{45,47} Laminin is particularly expressed in the basal membrane of CMs, but also smooth muscle and capillary endothelial cells.⁴⁶



Table 1 Proteins of the ECM in the heart. Expression, structure and function of most common ECM proteins

| | Expression | Structure | Function | Secreted by: | |
|-----------------------|---|--|---|--|---|
| Collagen I | Extra- and intracellularly in all tissues, but not in basement membrane | Triple-helical fibrils from fibrillary collagen | Structural support and strength | Fibroblasts |  |
| Collagen III | Extra- and intracellularly in all tissues, but not in basement membrane | Triple-helical fibrils from fibrillary collagen | Structural support and elasticity | Fibroblasts and smooth muscle cells |  |
| Collagen IV | Predominant protein in basement membrane | Rope-like, very long fibrils and sheet-like network | Cell-ECM interaction, connection to other ECM proteins | Fibroblasts, smooth muscle cells and CMs |  |
| Collagen VI | Extracellularly in all tissues, but not in basement membrane or intracellularly | Fine filaments in 90° orientation to other collagens | Adhesion and migration of cells, connection to other ECM proteins | Fibroblasts and smooth muscle cells |  |
| Fibronectin | Extra- and intracellularly in all tissues and plasma | Two chains connected by disulfide bridges | Cell-ECM interaction <i>via</i> cell surface receptors, such as integrins | Fibroblasts and smooth muscle cells |  |
| Laminin | Most prominent glycoprotein in basement membrane | Dimers connect into fibrils only <i>via</i> integrin receptors on cell surfaces Self-assemble into asymmetric planar sheets | Cell-ECM interaction <i>via</i> cell surface receptors, such as integrins | Fibroblasts, smooth muscle cells and CMs |  |
| Elastin and fibrillin | Extracellularly | Long, very hydrophobic protein No stretch: Circular compact Stretch: elongated interconnected strains | Elasticity | Fibroblasts and smooth muscle cells |  |

The basal membrane is a dense, highly organized layer that connects each cell with their surrounding ECM. Laminins are heteromerically formed by cell subtype-specific structural subchains, *e.g.* the A1-chain is primarily present in the basal membrane of vascular cells and not CMs, whereas the A2-chain is only present around CMs.^{45,47,56,57} Fibronectin is predominantly localized around blood vessels close to smooth muscle cells and the basal membrane of fibroblasts and along endo- and epicardial layers.^{45,47,56,57} Along with progressive build-up of the ECM, collagen fiber thickness increases and the premature collagen network quickly develops into a highly aligned, interconnected and intercoiled network with similar ratios of collagen type I and III, or at the most a small shift in favor of collagen I.^{41,46,55}

Postnatally, laminin strands have interconnected and built a fine, complex fibrillary network throughout the myocardium.^{45,47,56,57} Despite no differences in total laminin, cardiac A2-laminin, fibronectin and total collagen proportions

decrease immediately after birth, leading to a reduction of approximately 50% in the adult heart.^{41,45,56}

Less attention has been paid to the expression and distribution of less prominent collagens, such as collagen type IV and VI, as well as fibrillin and elastin in human myocardium during development. Moreover, little is known about expression of fibronectin isoforms in human fetal or adult cardiac tissues. However, in the mouse heart, three different isoforms of highly conserved fibronectin are generated by alternative splicing. Domains A and B, but not C of fibronectin are specifically expressed during embryonic development of the heart, but not in adult stages.⁵⁸

Native ECM in adult heart

In adulthood, collagen type III is twice more abundant than collagen type I.^{41,46} It is important to note that collagen is not evenly distributed throughout the adult heart, most of the collagen resides in the endo- and epicardium with a dense, thick



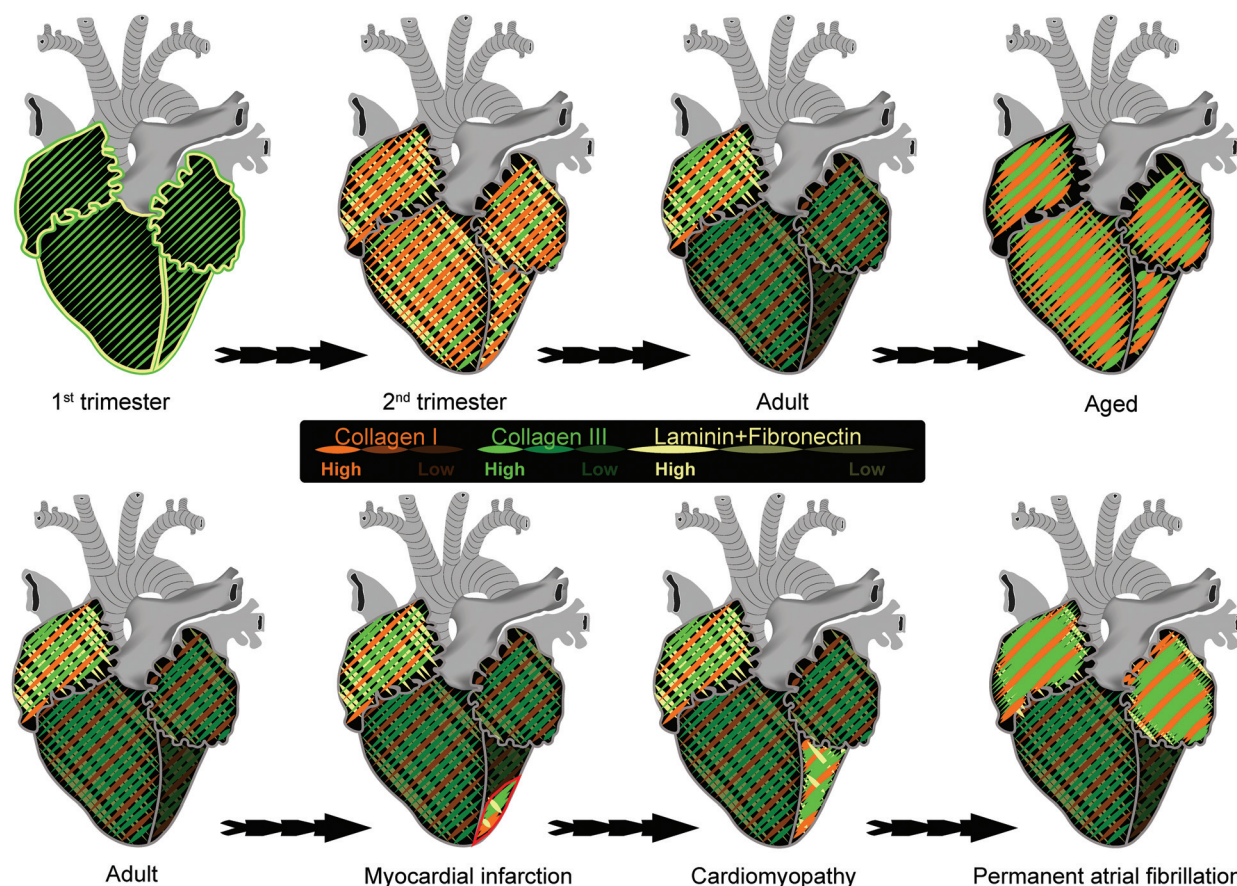


Fig. 2 Upper panel: Schematic representation of the dynamic changes of the expression of ECM proteins in the heart. During the first trimester, the ECM network is primarily composed of collagen III. Laminin and fibronectin localize to endo- and epicardial layers. In the second trimester, collagen I, as well as laminin and fibronectin become more widely expressed and collagen fiber thickness increases. The premature collagen network develops into a highly organized network. In postnatal and adult hearts, laminin strands have interconnected to form a complex fibrillary network. Collagen III is now twice more abundant than collagen type I. Additionally, collagen I and III are twice more abundant in the myocardium of both atria than ventricles and collagen I and III amounts are higher in the right heart compared to the left. With increasing age the ratio of thick, densely packed collagen, as well as the fiber thickness increase. Lower panel: Schematic representation of the ECM changes in the diseased heart. Post myocardial infarction around the infarct zone (marked in red in left ventricle) or in fibrotic scar tissue in cardiomyopathy (see left ventricle), enhanced deposition of collagen type I, III, IV and VI, as well as fibronectin and laminin has been observed. Similarly, permanent atrial fibrillation leads to an increase in collagen I, III and IV in both atria.

subendocardial network, which gradually changes to a thinner subepicardial network. Similarly a dense, thick network of collagen fibrils can be observed at the base of the heart, close to the atrioventricular valves below the papillary muscles, which gradually declines in thickness in the direction of the apex of the heart.⁵⁵ In conjunction with lower atrial pressures and less compliant atrial compared to ventricular muscle, collagen I and III are twice more abundant in the myocardium of both atria than ventricles.^{59,60} Similarly, collagen I and III content is higher in the right heart compared to the left.^{59,60} In contrast to intraventricular differences which are already obvious during the first trimester of human development,⁵⁵ differences in collagen expression between heart chambers only become apparent after birth, coinciding with the first respiration of the newborn and transition to independent systemic circulation resulting in pressure differences between the four cardiac chambers.⁵⁹

In adult hearts, collagen VI has an overlapping expression pattern with collagen I and III, although fibers are much finer. To assemble into a complex fibrillary network, collagen VI fibers orientate in perpendicular orientation to collagen I and III.⁴⁶ Collagen IV is the only collagen secreted by CMs and the majority of collagen IV associates with laminin and fibronectin in the basal membrane of single atrial or ventricular CMs.^{46,61–63} In human adult ventricular myocardium, collagen IV, laminin and fibronectin span the inner lining of the t-tubular network, thereby preventing collapse of t-tubules during cardiac contraction.^{45–47} In the adult heart, elastin fibers assemble into an irregular network with fibers parallel to the long axis of muscle fibers. Importantly, not only the elastin content, but also fiber length is at least twice as long in the ECM of the right atria and ventricle compared to that of the left heart compartments.^{60,64} Moreover, as opposed to irregular, less interconnected and more circular elastin in the left



atrium, straight, parallel elastic fiber strands interconnect into a highly organized fibrillary scaffold in the right atrium.⁶⁰ Differences between right and left atrium might be due to diverse biomechanical stimulation of cardiac fibroblasts or different cell origins, but need further investigation for clarification.⁶⁰

With increasing age the ratio of thick, densely packed collagen and elastin fibers increase in all chambers of the heart, but predominantly in the left ventricle.^{64–66}

The sinoatrial node is a specialized region in the posterior wall of the right atrium responsible for the initiation of the electrical impulse during each cardiac contraction cycle. The uniformly distributed bundles of collagen fibers are only sparsely dispersed within the human sinoatrial node during embryonic development, but comprise about 40% of the entire nodal volume after birth and up to ~70% in adult hearts to form a dense regular framework. In rats, fibroblasts in the sinoatrial node predominantly secrete collagen I and III,⁶⁷ but it is not confirmed which collagens predominate in the human sinoatrial node. The collagen network of the sinoatrial node, is key to the mechanical support of nodal CMs, which rely on extra support because of their underdeveloped contractile machinery when compared to CMs of the working myocardium. The dense collagen network, which isolates groups of sinus node cells plays a negative role in maturation by limiting contact between groups of sinoatrial CMs, as well as sinoatrial CMs and their adjacent atrial CMs.^{65,68,69} In combination with fatty tissues, collagen may also be important in insulating pacemaker automaticity from surrounding atrial CMs.⁷⁰

Matrix changes have not only been associated with cardiac development, but also various cardiac diseases. Post myocardial infarction around the infarct zone or in fibrotic scar tissue of hearts with cardiomyopathy, not only enhanced deposition of collagen type I, but also III, IV and VI, as well as fibronectin and laminin has been observed.^{59,71–76} Interestingly, also permanent atrial fibrillation leads to an increase in collagen I, III and IV in both atria.^{63,77} No gender differences in collagen content or distribution have been detected during development or later.^{41,59,65}

Desired biomaterial properties for cardiac tissue engineering and *in vitro* modeling of hPSC-CMs

CMs display a high sensitivity to environmental factors, such as elasticity, geometry and topography^{78,79} and extracellular substrates have already been shown to induce some aspects of cardiac maturity.^{32,36} In order to emulate the native cardiac environment, the preferred biomaterial needs to meet the following essential criteria:

- (1) Long-term elasticity and mechanical strength (suitable stiffness) to sustain the high repetitive mechanical stress and non-linear elasticity of contracting muscle
- (2) Adaptable biodegradability long enough to facilitate cell attachment and bear the proteolytic activity of diseased myocardium, while avoiding a persisting response against a foreign structure
- (3) Biocompatibility that is not toxic for the cells and supports cell survival
- (4) Structural facilitation of neovascularization and remodeling
- (5) Controllable electrical properties that do not interfere with the electrical conductance of the action potential
- (6) Outside-in-signaling enabling optimal CM attachment, survival, growth, maturation and function *in vitro*, and support of functional cardiac contraction and integration into the host tissue after implantation *in vivo*

Natural and synthetic biomaterials

Although a variety of biomaterials have been used for tissue-engineering replacements for different tissues, including bone, cartilage, tendon or skin, lungs and bladder,⁸⁰ the ability to utilize natural or synthetic biomaterials for cardiac repair has proven more challenging than originally anticipated.

The use of natural biomaterials for engineering of tissue constructs shows many obvious benefits for mimicking endogenous tissues and organs. Nonetheless, important drawbacks of natural materials are their limited availability and shelf life, as well as batch-to-batch variation and high costs.

Table 2 Selection of natural polymers

| | Structure | Origin | Properties |
|-----------------|-------------------------------|---|---|
| Gelatin | Fine fibrillary scaffold | Hydrolysis of collagen | Deforms rapidly, low tensile strength, rapidly bioresorbable |
| Matrigel | Hydrogel | Secretion by mouse sarcoma cells: Laminin, collagen IV, heparin sulfate proteoglycans, entactin/nidogen | Resistance against remodeling |
| Fibrin | Fibrillary scaffold | Plasma-glycoprotein for blood clotting Fibrinogen as precursor | Tunable properties and quickly remodeled |
| Vitronectin | Single or two chain structure | Plasma glycoprotein present in ECM and bone | Quick adsorption to surfaces, considerable charge heterogeneity |
| Hyaluronic acid | Long polymer of disaccharides | Non-sulfated glycosaminoglycan | Energetically stable |
| Alginate | Linear co-polymer | Polysaccharide isolated from the cell wall of algae | Hydrophilic and forms viscous hydrogel when bound to water. |



Table 3 Selection of synthetic polymers

| | | Approval for clinical application | Application | Properties |
|---------------|--|-----------------------------------|---------------------------------------|---|
| Poly-esters | Poly-glycolic acid (PGA) | Approved by the FDA | Re-absorbable suture material | Biodegradable, hydrophobic and processability |
| | Poly-lactic acid (PLA) | Approved by the FDA | Rigid thermoplastic materials | Biodegradable, hydrophobic and processability |
| | Co-polymers poly-lactic-glycolic acid (PLGA) | Approved by the FDA | Scaffold for controlled drug release | Biodegradable, hydrophobic and processability |
| Poly-lactones | Poly-caprolactone (PCL) | Approved by the FDA | Implantable drug delivery | Semi-crystalline, biodegradable, slow degradation and hydrophobic |
| | Carboxylated-PCL (cPCL) | | | Negatively-charged |
| Elastomers | Poly-dimethyl-siloxane (PDMS) | Approved by the FDA | Medical devices | Viscoelastic |
| | Poly-glycerol sebacate (PGS) | Approved by the FDA | Nerve and vascular tissue engineering | Bioresorbable, tunable elasticity |
| PEG | Poly-ethylene glycol | Approved by the FDA | PEGylated drugs | Biocompatible, hydrophilic, and repellent |

Even more importantly, reproducible scaffold design from pure natural materials often can be challenging. Alternatively, synthetic polymers have adjustable mechanical and degradation properties and unlimited availability. Nevertheless, in contrast to natural biomaterials, synthetic materials have reduced biocompatibility and may provoke adverse rejection responses. Especially for the *in vitro* generation of soft tissue, such as mechanically challenging cardiac tissue, only few synthetic materials with appropriate combination of biodegradability, biocompatibility and mechanical properties without compromising cellular function of CMs have been applied so far.^{80–82} Selection of natural and synthetic biomaterials for cardiac tissue engineering are presented in Tables 2 and 3, respectively.

Scaffold-mediated engineered cardiac tissues

Natural materials as ECM and multicellular approaches in human cardiac tissues engineered from hPSC-CMs

To generate cardiac tissues which include the natural ECM components in a developmentally and physiologically relevant organization, approaches have been undertaken to decellularize cardiac tissue, resulting in a 3D cell-free cardiac ECM meshwork, followed by repopulation with cardiac cells or their progenitors in order to study processes like survival, migration, proliferation, maturation and communication. Repopulation of a decellularized mouse heart with hPSC-derived KDR^{low}/C-KIT^{neg} cardiovascular progenitor cells (CPCs) with the capacity to differentiate into CMs, smooth muscle cells and endothelial cells allowed formation of a bioartificial heart suitable for analyzing ECG traces, contraction and drug response.⁸³ Here, stable interaction between the ECM of the decellularized heart allowed about 10–15% of the CPCs to be retained in the natural cardiac ECM meshwork. These CPCs formed a revascularized spontaneously beating tissue within

20 days after repopulation. Interestingly, endothelial cells formed a single layer along the endocardial surface, as well as the inner surface of small coronary vessels suggesting that the natural ECM effectively supported correct arrangement of *in situ* differentiated cardiac cells. Although these studies indicate the importance of a natural scaffold of ECM components for the formation of 3D cardiac tissue, alternative strategies are required for controlled production of cardiac tissues, since material source is limited and morphology is difficult to adjust to the desired shape of the tissue. Instead of using a complex ECM network, many approaches for generation of cardiac tissues are based on only a few components or a mixture thereof. Several features attributed to maturation of hPSC-CMs have been achieved in engineered 3D human cardiac tissues utilizing fibrin in combination with matrigel, a mixture of laminin together with collagen IV and proteoglycan derived from mouse sarcoma cells, as ECM material.^{84–89} Fibrin is an insoluble fibrous protein, involved in blood clotting and wound healing, with little presence in the healthy fetal or adult heart. Instead, increased plasma levels of fibrin have been acknowledged as important cardiovascular risk factor.⁹⁰ However, practical reasons, such as tunable physical and mechanical properties, as well as biodegradability, made fibrin the protein of choice for tissue engineering. Nevertheless, fibrin requires the combination with matrigel to support survival of CMs. Consistent with enhanced expression of genes important for cardiac contractile function and calcium handling, sarcomeres in cardiac tissues with fibrin as scaffold material were highly organized and evenly distributed with a longitudinal orientation along force lines and enhanced sarcomere length of approximately 1.6 μm ⁸⁶ and 2.1 μm .⁸⁸ Structural maturation led to a sustained contraction force of $\sim 0.15 \text{ mN}$ ⁸⁶ or $\sim 3 \text{ mN}$ ⁸⁸ and higher conduction velocities (10 cm s^{-1} up to 25 cm s^{-1} with increased hPSC-CM purity).⁸⁸ Interestingly, hPSC-CMs in heterogeneous cardiac tissues, typically consisting of hPSC-CMs mixed with fibroblasts and other non-CMs, developed immature t-tubular-like



structures.⁸⁶ T-tubules are a manifestation of CM maturation typically absent in hPSC-CMs. However, as evidenced by metabolic phenotype, sarcomeric organization, intercellular connection, electrical function and low sensitivity to calcium, 3D cardiac tissues failed to induce full maturation. Continuous electrical pacing^{29,87} or mechanical load^{89,91} by stretching had additive positive effect on CM morphology, as proven by sarcomeric organization, transcriptional profile and contraction force. Recently, it was shown that physical conditioning by electromechanical stimulation of early-stage hPSC-derived CMs in fibrin hydrogel cardiac tissues with supporting dermal fibroblasts induces maturation to an adult-like stage regarding gene expression, ultrastructural organization, such as physiological sarcomere length of 2.2 μm , density of mitochondria and t-tubules, as well as oxidative metabolism, positive force-frequency relationship and functional calcium handling. However, electromechanics did not reach maturity seen in adult human myocardium.⁹²

Since fibrin only has a minor role in the cardiac ECM and therefore may be less optimal as ECM component for CMs in engineered cardiac tissues, it is well possible that collagens may be more appropriate for cardiac tissue engineering based on cardiac expression of ECM proteins. However, in contrast to cardiac tissues with fibrin as scaffold, cardiac tissues with collagen require at least 25% of non-CMs.⁸⁶ Depending on the quantification method, the majority of non-CMs in the heart are either cardiac fibroblasts which play a key role in the production and remodeling of cardiac ECM proteins, including collagen I and III, fibronectin and laminin^{93,94} or endothelial cells.⁹⁵ Importantly, in scaffold-free cardiac tissues, only co-culture with adult cardiac fibroblasts, but not fibroblasts of dermal origin, successfully improved CM maturity, as evidenced by enhanced calcium signaling and amended contractile response to inotropic agents.⁹⁶ This indicates that the origin of cells plays an important role for proper CM function and suggests that co-culture with cardiac cells such as endothelial cells, smooth muscle cells and fibroblasts are required to closely mimic the native cardiac environment and induce CMs maturity. While the co-culture of hPSC-CMs with irradiated human foreskin fibroblasts or hPSC-derived fibroblasts yielded synchronously contracting engineered cardiac tissues based on collagen I in combination with matrigel,^{97,98} only treatment of hPSC-CMs with ascorbic acid in combination with mechanical stimulation yielded some degree of structural maturation with a contraction force of 4.4 mN mm^{-2} and a conduction velocity of up to 4.9 cm s^{-1} ;⁹⁷ similarly alignment of collagen I and electrical stimulation yielded some aspects of maturation, such as increased transcriptional activity of genes encoding for structural proteins and high conduction velocity (25 cm s^{-1}).⁹⁸

Not only the presence of fibroblasts, but also endothelial or smooth muscle cells has been demonstrated to advance structural or electrical maturity of hPSC-CMs.^{28,99,100} However, based on gene expression patterns and morphological characteristics, such as increased cell surface area with well-defined Z discs and nascent intercalated discs, the maturation of hPSC-CMs was only partially accomplished. hPSC-CMs matur-

ity was further enhanced by electrical stimulation as indicated by improved calcium handling. Nonetheless, hPSC-CMs did not develop crosslinking of myosin thick filaments, so-called M-bands, nor t-tubules.²⁹

Similarly, the inclusion of hPSC-derived vascular endothelial and mural cells (smooth muscle cells and pericytes) into collagen I-matrigel scaffold-based 3D cardiac tissues especially led to structural maturation in hPSC-CMs, which was indicated by organized mitochondria localized between myofibers and enhanced expression of structural proteins, such as β -MHC. Together this led to more organized myofibrillar structure with highly aligned, parallel sarcomeres that demonstrated distinct Z-lines between adjacent sarcomeres, thin filaments (I-bands) and thick filaments (A-bands), but no thick filament crosslinking (M-bands). This resulted in medium force generation (average force 0.62 mN mm^{-2}). Despite immature calcium signaling, structural maturation allowed multicellular engineered 3D cardiac tissues to sustain high frequency pacing by maintaining higher active force.¹⁰¹

Under defined culture conditions where all components are known and fully defined (without matrigel or serum), using a selected cocktail of growth factors, FGF-2, IGF-1, TGF- β , and extracellular calcium led to improved CM maturity in collagen I-based 3D cardiac tissues with hPSC-CMs and fibroblasts, as evidenced by increased sarcomeric organization with defined M-bands and a sarcomere size of 1.9 μm , yielding a positive force-frequency behavior with a contraction force of 6 mN mm^{-2} and N-cadherin-positive intercalated disc-like structures. However, despite some improvement, the transcriptional profile was comparable to fetal heart at 13 weeks of development. Unexpectedly, laminin and fibronectin failed to improve function of 3D cardiac tissues.¹⁰² Together this indicates that collagen I or fibrin may not be sufficient for mimicking the ECM in order to engineer cardiac tissues *in vitro*. See Table 4 for a summary of CM properties in tissues with natural materials.

Synthetic materials as supportive scaffold in human engineered cardiac tissues

A small range of synthetic materials has been tested as alternative for natural scaffold materials in engineered cardiac tissues from hPSC-CMs. Porous scaffolds engineered from poly(2-hydroxyethyl methacrylate-co-methacrylic acid) (pHEMA-co-MAA) enhanced selected survival and increased proliferation of hPSC-CMs in mixed cardiac tissues, but failed to induce maturity.¹⁰³ In combination with natural materials, such as collagen, gelatin, matrigel or vitronectin, for functionalization, synthetic polymers like PEG, PCL, c-PCL, PLGA, polyethylene and PGS successfully supported viability and permitted cell adhesion, spontaneous contraction and also migration of hPSC-CMs *in vitro* or after transplantation *in vivo*.^{104–109} Precisely aligned hPSC-CMs on micropatterned PLGA ($\sim 30 \mu\text{m}$), coated with gelatin, and matrigel-coated wrinkled poly-ethylene, exhibited accelerated conduction velocity (PLGA: velocity along transverse direction $4.60 \pm 1.91 \text{ cm s}^{-1}$; along longitudinal direction $2.31 \pm 0.95 \text{ cm s}^{-1}$) (poly-ethylene: velocity along transverse direction $3.10 \pm 0.6 \text{ cm s}^{-1}$; along longi-



Table 4 Properties of CMs in human cardiac tissues engineered with natural materials as ECM

| Biomaterial | | Fibrin + Matrigel | Collagen I | Collagen I + Matrigel | Collagen I + growth factors |
|---------------------------------|----------------------------|---|--|-------------------------------------|---|
| Morphology | Cell morphology | | | | Rod-shape |
| | Intercalated discs | | | | Present |
| | Sarcomere morphology | Highly organized with longitudinal orientation (M-bands after additional stimulation) | No M-bands | Highly organized, but no M-bands | Highly organized with M-bands |
| | Sarcomere length | 1.6–2.2 μm | | | 1.9 μm |
| Mechanical parameters | T-tubules | Immature (in presence of non-CMs) | No t-tubules | | |
| | Contractile force | $\approx 0.15\text{--}0.3\text{ mN}$ | 4.4 mN (with ascorbic acid) | 0.62 mN mm^{-2} | 6 mN mm^{-2} positive force-frequency behavior (Bowditch phenomenon) |
| Electrophysiological parameters | Conduction velocity | Up to 25 cm s^{-1} | 4.9 cm s^{-1} (after mechanical stimulation) 25 cm s^{-1} (after alignment of collagen and electrical stimulation) | | |
| | Isoform expression | Contractile function \boxtimes | Structural organization \boxtimes | Structural organization \boxtimes | Comparable to 13 weeks old fetal heart |
| Metabolics | | Calcium handling \boxtimes | | | |
| | Resting membrane potential | -70 mV after electromechanical stimulation | | | |
| Calcium handling | Glycolytic or oxidative | Oxidative after electromechanical stimulation | | | |
| | Mitochondria | Dense after electromechanical stimulation | | Organized | |
| Calcium handling | | | Improved | Immature | Intracellular calcium storage and release by the sarcoplasmic reticulum |

tudinal direction $5.40 \pm 1.40\text{ cm s}^{-1}$) and reduced predisposition to arrhythmia in optical mappings *in vitro*. Analogous results on PLGA¹⁰⁹ and poly-ethylene¹⁰⁸ suggest that the decreased sensitivity to arrhythmia can be attributed to the physical alignment of the CMs on micromolded grooves and not the substrate matrix. Interestingly, a co-polymer of 4% PEG and 96% PCL (coated with vitronectin), was able to induce expression of genes attributed to cardiac maturity and improved some functional aspects of cardiac maturation, such as organized sarcomeres, enhanced contraction force (221.9 nM) and mitochondrial function, as well as increased expression of structural proteins, intermediate filaments, isoform switch from the fetal ssTnI to the postnatal cTnI, mitochondrial function, calcium handling and contractility during *in vitro* culture.¹⁰⁶

Synthetic biodegradable, porous PLLA/PLGA scaffolds in combination with matrigel allowed survival and synchronous contraction of hPSC-CMs in engineered 3D human cardiac tissues.¹¹⁰ Importantly, inclusion of endothelial cells into the

tissue had an advantageous effect on CM proliferation. However, prominent vascularization occurred only in multicellular tissues with hPSC-CMs, endothelial cells and embryonic fibroblasts. Interestingly, hPSC-CMs within vascularized tissues exhibited features of maturation, such as increased sarcomeric organization and increased functional coupling.¹¹⁰

PEGylated fibrinogen is a biosynthetic and rapidly biodegradable hydrogel that photo-polymerizes in response to low intensity, long wave UV-light.^{80,111–113} Importantly, physical and mechanical properties, such as matrix stiffness, can accurately be regulated by the ratio of synthetic PEG to biological active fibrinogen or the amount of cross linker.^{80,111–113} PEGylated fibrinogen hydrogels were the first biosynthetic materials to promote survival and reorganization of isolated neonatal rat CMs, as well as hPSC-CMs into functional contracting tissues without negatively affecting their contractile phenotype even after several weeks.^{80,112,113} Typical response to chronotropic agents, carbamylcholine and the beta-adrenergic agonist isoproterenol, validated responsiveness to cardiac



drugs.⁸⁰ Engineered cardiac patches with PEGylated fibrinogen as scaffold for hPSC-CMs abridged adverse cardiac remodeling and proved beneficial for ventricular performance post myocardial infarction due to improved fractional shortening.¹¹³ By preserving contractile function, promoting some features of maturation in hPSC-CMs, PEGylated fibrinogen may serve as promising biosynthetic material for engineering 3D *in vitro* cardiac tissues.

Recent advances in the design of hydrated polymeric hydrogels renders them very useful for mimicking the native ECM environment and controlled tissue engineering either for *in vitro* applications or for *in vivo* tissue regeneration. In general, hydrogels have a high water content, a high biocompatibility and elasticity and consist of either natural materials such as hyaluronic acid, collagen and alginate, or synthetic polymers such as PEG. The chemical, mechanical and degradable properties of hydrogels can be modified and biological processes, such as proliferation, differentiation, migration and maturation can be influenced by incorporation and cross-linking of bioactive molecules, indicating the versatile nature of hydrogels. It goes beyond the scope of this review to discuss all the latest developments in hydrogel technology and their possible applications for regenerative medicine and *in vitro* assays. Excellent reviews on this topic have been published elsewhere.¹¹⁴

As mentioned before, it has become clear that it is important to mimic the 3D microenvironment of the native cardiac tissue, ensuring dynamic interplay between cardiac cells, ECM components, and bioactive molecules in an optimal structural architecture and topographic organization with appropriate biomechanical (elasticity and stiffness) and electrical conductive properties. Several innovative approaches have been followed in order to generate functional 3D cardiac tissues using engineered 3D fiber-based scaffolds or hydrogel-based. Recently, melting electrowriting, an electrohydrodynamic printing technology, was used to fabricate stretchable microfiber scaffolds with hexagonal microstructures using medical grade polycaprolactone as a polymer. Interestingly, these printed scaffolds supported and enhanced maturation of hPSC-derived CMs. Moreover, these scaffolds were also successfully applied on a beating porcine heart while maintaining their structure.¹¹⁵ Although these hexagonal structures clearly demonstrated advantages in comparison to rectangular scaffolds, the pores are much larger (approximately 20-fold) than the honeycomb structure of the heart. It remains to be seen whether these scaffolds will support correctly organized multicellular cardiac constructs for optimal cardiac function and intercellular communication. See Table 5 for a summary of CM properties in cardiac tissues with synthetic materials.

Table 5 Properties of CMs in human cardiac tissues engineered with synthetic materials as ECM

| Biomaterial | | Micropatterned PLGA, coated with gelatin | Matrigel-coated poly-ethylene | 4% PEG and 96% PCL coated with vitronectin | Porous PLLA/PLGA with Matrigel | PEGylated fibrinogen |
|-----------------------|----------------------|---|--|---|---|---|
| Morphology | Intercalated discs | | | | Presence of intercalated discs containing desmosomes and gap junctions | |
| | Sarcomere morphology | | | Organized | Organized | Typical sarcomeric striation |
| | T-tubules | | | | Presence of developing T-tubules associated with sarcoplasmic reticulum in some cells | |
| Mechanical parameters | Contractile force | | | 221.9 mN | | |
| | Conduction velocity | Transverse direction $4.60 \pm 1.91 \text{ cm s}^{-1}$; longitudinal direction $2.31 \pm 0.95 \text{ cm s}^{-1}$ | Transverse direction $3.10 \pm 0.6 \text{ cm s}^{-1}$; longitudinal direction $5.40 \pm 1.40 \text{ cm s}^{-1}$ | | | |
| Expression | Isoform expression | | | Troponin I isoform switch from the fetal ssTnI to the postnatal cTnI intermediate filaments \uparrow Structural genes \uparrow Calcium handling \uparrow MLC2v \uparrow | Increased expression of myosin light chain-2 V, troponin I, and cardiac α -actin | Expression of cardiac α -actin, actinin and connexin-43. |
| Metabolics | Mitochondria | | | Function \uparrow | | |



More advanced cardiac models

It is increasingly recognized that controlled and defined 3D tissue engineering, mimicking the native myocardial architecture and micro-environment lead to changes in morphological, molecular and functional characteristics that are more comparable to the adult human heart. In addition to the 3D organization of cardiac tissue, creating a functional hollow cardiac chamber, or a multi-chambered heart, capable of ejecting fluid against afterload pressure in synergy while receiving electrical signals from pacemaker cells, would be significant step closer to a functional human heart. As mentioned earlier, in a first attempt to create a human beating heart, hPSC-derived cardiac progenitor cells were able to repopulate and differentiate to contracting cardiomyocytes in perfused ECM scaffolds from decellularized mouse hearts.⁸³ Nevertheless, lack of a specific cardiac cell types (such as cardiac fibroblasts) and inappropriate cell composition may explain why generated mechanical force was not synchronized and insufficient to pump blood. As an alternative approach, hollow heart tubes were generated by using either chitosan, a biocompatible and biodegradable aminopolysaccharide derived from chitins, or a decellularized goat artery, as tubular structures.¹¹⁶ Cardiac tissues were generated from primary rat heart cultures mixed in a fibrin gel and seeded as a monolayer on PDMS. Anchoring points allowed compaction of cardiac tissues in defined shapes, which were subsequently wrapped around the tubular structure. These tissue-engineered heart pumps displayed rhythmic electrical activity and contractions and small intraluminal pressure peaks could be detected.^{117,118}

To generate highly advanced models more closely resembling cardiac geometry and to allow measurement of hemodynamic cardiac output, Li *et al.* created for the first time a human ventricle-like cardiac organoid chamber (hvCOC).¹¹⁹ In order to achieve this, dissociated hPSC-derived CMs and dermal fibroblasts (for compaction) were reaggregated in the presence of a mixture of collagen I and Matrigel and were transferred to an agarose mold with a centrally placed inflatable balloon, which allowed to form a 3D human engineered cardiac organoid. HvCOCs were able to pump fluid and ejection fraction and generation of pressure volume loops could be measured in these heart models. Although these results are very promising, cardiac maturation and function may be improved if cardiac fibroblasts will be used instead of dermal fibroblasts (*vide supra*). Macqueen and colleagues followed another approach to generate a ventricle-like tube.¹²⁰ In this study scaffolds were made by pull spinning a mixture of PCL and gelatin onto a mandrel in the shape of an ellipsoidal ventricle. Following sterilization by UV, scaffolds were coated with fibronectin for the attachment of hPSC-derived CMs. Following suturing of the ventricular engineered tissue on a tubing system ejection fraction and pressure volume loops could be measured and were responsive to pharmaceutical compounds. Although it is clear that further improvements are required, in this regard it is essential to mention that these ventricular tissues are only one cell layer thick which is an

important limitation of the study and does not resemble a human heart, it is promising that clinically relevant parameters could be measured in these ventricle-like tubes.

Advances in 3D bioprinting offers new opportunities to create 3D tissues by precise positioning of biomaterial and defined cell-types using scaffold-based or scaffold-free approaches building the cardiac tissue layer by layer or by printing 3D cardiac spheres in a spatially controlled manner.^{121,122} Increased knowledge of printing technologies, cell-interactive and stimuli-responsive hydrogels, viability of cardiac cells and defined differentiation and characterization of cardiac progenitor and cardiovascular cells facilitates the formation of native-like cardiac tissue over time, which will further support of 4D bioprinting approaches.

Conclusions and future directions

Although differences in experimental approaches, including timing, origin of cells, use of biomaterials, culture conditions, engineering technologies and endpoint evaluation, make it difficult to directly compare results from different studies, it is evident that the level of cardiomyocyte maturation can be further increased in more advanced 3D tissues when compared to standard monolayer or aggregate differentiation cultures. Nevertheless, even in multicellular 3D cardiac tissues, hPSC-CMs fail to acquire an adult phenotype. So far, little attention has been paid to mimic the native cardiac microenvironment. Instead the majority of cardiac tissues are based on fibrin or collagen I, a matrix which is far from comparable to native cardiac environment, consisting of a complex scaffold of collagen I, III, IV and VI and also laminin, fibronectin, fibrillin and elastin, as well as other components. Temporal and spatial cues from cardiac cells and their microenvironment during human cardiac development (from fetal to adult stages), exemplified by localized and progressive build-up of cardiac ECM components, are essential for a proper understanding of cardiomyocyte maturation. Mimicking the same dynamic stages with gradual assembly of matrix proteins recapitulating cardiac native environment may contribute to maturation of hPSC-CMs *in vitro*, which may be dependent on the self-organization of the engineered cardiac tissue in combination with physical factors such as mechanical load and electrical stimuli. In this context, it is intriguing to speculate that hPSC-derived cardiac cells, either progenitor cells or functional subtypes, and biomaterials may be positioned in the appropriate architecture by 3D-bioprinting technology as discussed above. Although many hurdles need to be overcome before functional vascularized cardiac tissues can be printed (including survival of cells and printing resolution), recent advances have shown the feasibility to generate viable organized tissues.^{122–124} Advances in differentiation, characterization and purification of hPSC-derived cardiac cells along with those in biomaterials, polymers and tissue engineering will facilitate controlled and defined construction of heart tissue, using fetal and adult stages of the human heart as a molecular, morpho-



logical and functional blueprint, which undoubtedly has a major impact on regenerative medicine. In addition, with this in prospect, we expect to gain insight to what level of organization and maturation of engineered heart tissues can be achieved *in vitro* and to what extent this will be sufficient to reveal key aspects of cardiac disease using patient-derived hPSCs. With the development of innovative smart hydrogels and other materials new opportunities have arisen for dynamic interaction with cells and tissues in a temporal and spatial manner. In combination with other recent advances in other fields such as microfabrication, nanotechnology, electrical engineering, biosensors, membranes, chemistry, membrane sciences, 3D printing, *etc.*, new opportunities have been created to mimic tissue or organ function in small (normally micrometre- or millimetre-sized) chambers or chip-like devices. In these so-called “organs-on-chips” the microenvironment can be controlled and biological and functional read-outs can be implemented in a flexible and multiplex manner.¹²⁵ Increased understanding of how ECM components and synthetic polymers affect biological responses and function under physiological and pathophysiological conditions, will facilitate development of predictable human *in vitro* models for safety pharmacology and drug discovery and generation of multicellular tissue constructs for clinical use.

Conflicts of interest

R. P. is a cofounder of Pluriomics (Ncardia).

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