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## Poly(amidoamine)-coated magnetic particles for enhanced detection of *Schistosoma* circulating anodic antigen in endemic urine samples

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Accurate and sensitive point-of-care diagnostic tools are critical for schistosomiasis control and elimination. The existing ultrasensitive lateral flow assay for the detection of *Schistosoma* circulating anodic antigen (CAA) has demonstrated excellent sensitivity but is time-consuming and requires significant laboratory infrastructure that limits its applicability at the point of care. To address this challenge, we sought to develop an alternative sample preparation method to concentrate CAA from large-volume urine samples requiring little-to-no laboratory equipment. The developed method relies on electrostatic interactions between the negatively-charged CAA biomarker and positively-charged poly(amidoamine) (PAMAM) dendrimers functionalized to the surface of magnetic particles. After CAA capture on the surface of the PAMAM-functionalized magnetic beads, the supernatant was removed, and CAA was eluted into a small-volume, high-salt elution buffer. This concentrated eluate was subsequently applied to the existing lateral flow assay. The PAMAM-functionalized magnetic bead-based CAA concentration method was extensively characterized for its robustness, evaluated on a set of endemic urine samples, and compared to spin filter-based concentration methods. The novel bead-based sample preparation method used only disposable laboratory materials, resulted in a 200-fold improvement in CAA limits of detection, and performed just as well as infrastructure-intensive and high-cost spin filter methods. Additionally, the functionalized beads were robust to variations in sample pH and storage conditions. The PAMAM-functionalized magnetic bead-based CAA concentration method represents a promising step toward ultrasensitive schistosomiasis diagnosis at the point of care.

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## Background

Over 700 million people live in areas with risk of schistosomiasis transmission, and over 206 million people require treatment for the disease.<sup>1</sup> Because of this widespread and immense burden, schistosomiasis is one of the most socio-economically devastating parasitic diseases, second only to malaria.<sup>2</sup> In 2012, the World Health Organization established the following goals: (1) control morbidity due to schistosomiasis by 2020, (2) eliminate schistosomiasis as a public health problem by 2025, and (3) interrupt transmission of schisto-

somiasis in select regions and countries by 2025.<sup>3</sup> Accomplishing these goals, particularly transmission interruption, will rely heavily on the development of accurate and field-deployable schistosomiasis diagnostics. Precise mapping of *Schistosoma* prevalence will be necessary to identify foci for targeted interventions. Strong surveillance will be needed to evaluate the success of these interventions, and as prevalence decreases, detecting low-burden asymptomatic cases will become increasingly important.<sup>4</sup>

Egg microscopy is the most commonly employed tool for schistosomiasis diagnosis. The Kato-Katz technique is used most often to prepare stool samples for inspection for schistosome eggs, and urine filtration methods are used to concentrate eggs from large urine volumes before inspection by microscopy. Both of these methods can be cumbersome and labor-intensive and lack the sensitivity to detect low-burden infections, which can contribute to ongoing transmission.<sup>5</sup> Additionally, egg counts are highly susceptible to day-to-day variation in egg output and can be unreliable even for identifying high-intensity infections.<sup>6</sup>

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Paper-based lateral flow assays (LFAs) are attractive alternatives to microscopy because they are easy-to-use, low-cost, and disposable. Two antigens generated by schistosomes have proven useful for urine and blood-based detection by LFA: the circulating cathodic antigen (CCA) and the circulating anodic antigen (CAA). These heavily glycosylated proteoglycans are named for their overall positive and negative charges, respectively, at physiological pH. A urine-based CCA-specific LFA (POC-CCA) developed by van Dam *et al.* is now commercially available and has been extensively evaluated in the field, demonstrating good sensitivity for the detection of *S. mansoni* infections compared to Kato-Katz.<sup>7–16</sup> In this format, a urine sample is deposited onto a conjugate pad, where target-specific antibodies conjugated to gold nanoparticles bind to CCA in the sample. Running buffer then carries these complexes down a nitrocellulose membrane, and they reach a line of immobilized capture antibodies, resulting in a visible line of gold nanoparticles only when CCA is present. Although the POC-CCA is a useful alternative to microscopy for monitoring and evaluating *S. mansoni* control, the sensitivity of the test remains too low to be applied in elimination campaigns in low-transmission settings.<sup>8</sup>

Recently, a more sensitive schistosomiasis LFA has been developed for the detection of CAA, which is present in the serum and urine of patients with *Schistosoma* infections of all known species and can be used as a direct measure of worm burden.<sup>17–19</sup> This assay is formatted similarly to a conventional lateral flow assay, with the exception that up-converting nanoparticles (UCPs) are used as signaling elements rather than gold nanoparticles. These 400 nm  $\text{Y}_2\text{O}_2\text{S}:\text{Yb}^{3+}, \text{Er}^{3+}$  nanoparticles, which are excited with infrared light (980 nm) and emit green light (550 nm), are advantageous because this high anti-stokes shift does not occur in nature.<sup>20</sup> Thus, background autofluorescence typically associated with biological samples and assay components is effectively eliminated. The UCP-based LFA for CAA (UCP-LF CAA) was shown to be more sensitive than a laboratory-based enzyme-linked immunosorbent assay (ELISA) for CAA.<sup>17</sup> To further increase the analytical sensitivity of the test, Corstjens *et al.* added a pre-concentration step to the sample preparation method.<sup>21</sup> Using centrifugal spin-filters, CAA in urine samples as large as 7.5 ml was concentrated to just 20  $\mu\text{l}$  before running the UCP-LF CAA assay. This resulted in an improvement in the limit of detection of up to 333-fold; the test was capable of detecting 0.03  $\text{pg ml}^{-1}$  CAA in urine, 100 times lower than serum CAA levels predicted for a single worm pair.<sup>21</sup> This ultrasensitive method has been successfully applied to 2 ml endemic urine samples from high- and low-transmission areas, indicating prevalences much higher than those measured by microscopy.<sup>21–24</sup> Additionally, the ultrasensitive UCP-LF CAA assay has demonstrated promise for sample pooling strategies that would allow for large-scale testing, enabling precision mapping for targeted interventions while decreasing overall assay cost.<sup>25</sup>

In the shift from morbidity control to elimination, detection of low-burden *Schistosoma* infections at the point of care will become increasingly important. As such, there is a press-

ing need for highly sensitive schistosomiasis detection tools to be applicable in low-resource settings. The ultrasensitive UCP-LF CAA test requires laboratory infrastructure to carry out the assay, particularly sample concentration. Centrifugation steps are needed in order to perform the TCA extraction and concentrate large-volumes of urine. For samples 2 ml and greater, temperature-controlled centrifugation is needed to prevent overheating due to extended centrifugation times. This restricts the utility of the ultrasensitive UCP-LF CAA assay in its current format to well-equipped reference laboratories or tertiary facilities. Thus, the utility of the ultrasensitive assay at the point of care depends on the development of alternative methods for concentration of CAA from urine samples.

To address this need, we developed an alternative large-volume urine sample preparation method for the UCP-LF CAA assay that requires little-to-no laboratory equipment. The new method relies on electrostatic interactions between magnetic particles functionalized with positively-charged poly(amidoamine) (PAMAM) dendrimers and highly negatively-charged CAA in urine. Once CAA was captured on the surface of the PAMAM-functionalized magnetic beads, which could be manipulated with an external magnet, the supernatant was removed, and CAA concentrated into a small volume with a high-salt elution buffer. This concentrated, CAA-containing eluate was subsequently applied to the UCP-LF CAA assay. The PAMAM bead-based sample concentration method achieved full theoretical enhancement compared to the unenhanced UCP-LF CAA protocol. Additionally, the method was successfully applied to a panel of 15 patient samples and demonstrated equal performance compared to the laboratory-based spin column method.

## Materials and methods

### Materials and reagents

Dynabeads® MyOne™ Carboxylic Acid magnetic particles were purchased from ThermoFisher Scientific (65012). All poly (amidoamine) dendrimers were purchased from Sigma-Aldrich. Proprietary mouse monoclonal anti-CAA antibodies ( $\alpha$ -CAA; clone 147-3G4-A) were available from the Department of Parasitology, Leiden University Medical Center.<sup>26</sup> Horseradish peroxidase (HRP<sub>x</sub>) was conjugated to  $\alpha$ -CAA ( $\alpha$ -CAA:HRP<sub>x</sub>) using EZ-Link™ Plus Activated Peroxidase Kit (ThermoFisher Scientific 31489). CAA standards were derived from the TCA-soluble fraction of *Schistosoma* Adult Worm Antigen (AWA-TCA), which contains approximately 3% w/w CAA.<sup>27</sup> TMB One was purchased from Promega (G7431). A Cole-Palmer vortex mixer (UX-04726-01) with a modified ThermoFisher 15mm tube-holder (88880122) was used for all vortexed incubations. Absorbance was measured on a Biotek Synergy H4 microplate reader (Vanderbilt University) or a MultiSkan™ FC Microplate Photometer (Leiden University Medical Center). All other reagents and materials were purchased from either Fisher Scientific or Sigma Aldrich.



## Bead preparation

Dynabeads® MyOne™ Carboxylic Acid magnetic particles (1 ml, 10 mg ml<sup>-1</sup>) were washed three times with 0.1 M 2-(*N*-morpholino)ethanesulfonic acid (MES) pH 5. On the final wash, the supernatant was removed, and a 1 ml solution of 78 mM NHS, 31 mM EDC, and 78 μM PAMAM generation 4.0 in 0.1 M MES pH 5 was added to the beads, which were then vortexed and incubated on a rotisserie for 2 hours at room temperature. Next, the beads were washed 3 times with 1 ml of MES pH 5 before a 15-minute incubation with 10 mM hydroxyl amine in MES pH 5. Finally, the beads were washed 3 times and re-suspended in MES pH 5 with 0.1% Tween-20.

## CAA enzyme-linked immunosorbent assay (ELISA)

The ELISA protocol for CAA detection was based on previous reports.<sup>28,29</sup> Briefly, MaxiSorp plates (Thermo Scientific 430341) were coated with 75 μl of 2 μg ml<sup>-1</sup> mouse monoclonal α-CAA (147-3G4-A) in 1× phosphate buffered saline (PBS). The plate was then washed with 4 times with 150 μl 20× diluted PBS before blocking with 100 μl 0.33 mg ml<sup>-1</sup> BSA in 1× PBS. After washing 4 times, 50 μl samples were added to the plate. Next, the plate was washed 4 times, and incubated with 50 μl of 1 μg ml<sup>-1</sup> α-CAA:HRP. After washing, 100 μl of TMB One Solution was added to the plate, and the reaction was quenched with 100 μl 2 M H<sub>2</sub>SO<sub>4</sub> after 10 minutes. Absorbance was measured at 450 nm. Unless noted otherwise, all reagents were diluted in PBS with 0.3% Tween-20 and 0.1% bovine serum albumin (PBST with 0.1% BSA). All incubation steps were carried out on a heated plate shaker for 15 minutes. Standard curves consisting of serial dilutions of AWA-TCA were included on each plate to enable CAA quantitation.

## UCP-LF CAA assay (UCAA10)

The UCP-based lateral flow assay for CAA was performed as previously described.<sup>17</sup> Briefly, 50 μl 4% w/v trichloroacetic acid (TCA) was added to an equal volume of urine in a 1.5 ml microcentrifuge tube, vortexed, incubated for 5 minutes, and subsequently centrifuged for 5 min at 13 000 rpm. The mouse monoclonal (147-3G4-A) α-CAA-functionalized 400 nm Y<sub>2</sub>O<sub>3</sub>:Yb<sup>3+</sup>,Er<sup>3+</sup> UCP particles were sonicated and diluted to 1 μg ml<sup>-1</sup> in UCP-LF CAA running buffer (200 mM Tris pH 8, 270 mM NaCl, 0.5% Tween-20, 1% BSA). Next, 20 μl of the clear TCA extraction supernatant was combined with 100 μl of the prepared UCP particles in a 96-well plate and incubated on an orbital shaker at 37 °C for 1 h. Lateral flow strips with mouse monoclonal (147-3G4-A) α-CAA test lines and α-mouse IgG control lines were added to the wells. The strips were allowed to develop and dry before scanning on a Packard FluoroCount microplate reader adapted with an IR laser (980 nm) modified to scan lateral flow strips. Emission was measured at 550 nm.

## Enhancement of UCP-LF CAA assay with PAMAM-functionalized magnetic beads

To perform the bead-based enhancement protocol, 400 μl of 12% w/v TCA was added to a 2 ml urine sample in a 5 ml

microcentrifuge tube. The sample was then filtered through a 0.45 μm cellulose acetate syringe filter (VWR 28145-479) and neutralized with 200 μl 0.5 M Na<sub>3</sub>PO<sub>4</sub>. Next, 50 μl of prepared PAMAM-functionalized magnetic beads (10 mg ml<sup>-1</sup>) was added to the sample and vortexed for 5 minutes. Using a custom 3D-printed adaptor, a MagnaRack™ (Invitrogen) was used to separate magnetic particles and remove the supernatant. Next, 70 μl of UCP-LF CAA running buffer was added to the beads, which were then vortexed for 5 minutes for CAA elution. The resulting supernatant was then run according to the UCP-LF CAA protocol as described above, with the exception that 50 μl of 2 μg ml<sup>-1</sup> UCP particles was combined with the 70 μl magnetic bead eluate before subsequent incubation and addition of the lateral flow strips.

## Patient samples

The patient urine samples analyzed in this study were collected in 1989–1990 for a previous study<sup>29</sup> and have since been stored at –20 °C. Informed consent was obtained from all individuals who provided samples. In total, 15 patient samples were evaluated for the present study. All patients were Egyptian males and fell within the age range of 10–49 years of age.

## Analysis of patient samples

All patient samples were processed using the bead enhancement protocol described above with the exception that samples were diluted 10-fold with DI water after neutralization. Thus, PAMAM-functionalized beads were added to 2 ml of 10× diluted samples (200 μl of urine total). In addition to the bead enhancement protocol, all samples were processed using the standard UCAA10 protocol as well as a spin filter-based concentration protocol (UCAA200) for comparison purposes. For the latter, 200 μl of 4% TCA was added to an equal volume of urine, and the supernatant resulting from the TCA extraction was placed in a 0.5 ml spin filter with a 10 kDa molecular weight cut-off (Amicon Ultra, Millipore Sigma UFC5010BK). After concentration (15 min at 14 000g), 20 μl of concentrate was combined with 100 μl of 1 μg ml<sup>-1</sup> UCP particles, and the UCP-LF CAA protocol was performed as usual. For all three protocols applied to patient samples, standard curves of AWA-TCA spiked in non-endemic control urine were processed simultaneously to calculate CAA concentrations. Additionally, urine reagent strips (LW Scientific URS-10) were used to determine the specific gravity of all patient samples.

## Data analysis

For optimization experiments (signal measured by ELISA), CAA concentrations were interpolated from the line of best fit based on standard curves run on each plate. All standard curves run on the UCP-LF CAA assay were fit with 4-parameter logistic curves, regardless of sample preparation method employed. Limits of detection were calculated as the concentration at which the assay signal was signal<sub>blank</sub> + 3SD<sub>blank</sub>. All error bars represent the standard error of measurement.



## Results

### Optimization of PAMAM-functionalized magnetic beads

Several parameters of the PAMAM-functionalized beads were optimized to maximize CAA capture and recovery. For all optimization experiments, the CAA ELISA was used to measure biomarker capture and recovery. Capture efficiency was determined by measuring the difference in CAA concentration between the original AWA-TCA-spiked sample and the supernatant after incubation with PAMAM-functionalized particles. Percent recovery was calculated based on the ratio of CAA eluted from the beads in UCP-LF CAA running buffer and the original sample. Each ELISA plate also contained standard curves in the appropriate sample matrices, and CAA-negative controls were run for each condition tested during optimization.

The first parameter optimized was the size of PAMAM conjugated to the magnetic particles. The size of these iteratively synthesized and radially symmetric polymers is defined by generation (G), which is directly related to the number of terminal functionalities ( $n$ ), where  $n = 2^{G+2}$ . Thus, optimization of dendrimer size was performed by evaluating CAA capture efficiency of a panel of magnetic particles with PAMAM of varying generations, the concentrations of which were normalized to the number of terminal functionalities during bead functionalization. A constant bead volume (20  $\mu$ l) was incubated with 1 ml of 4 ng ml<sup>-1</sup> CAA in PBST with 0.1% BSA for 5 minutes. As shown in Fig. 1A, the smallest PAMAM size required for maximal CAA capture was G 4.0.

Next, the concentration of PAMAM G 4.0 in the bead conjugation reaction, and therefore the degree of bead surface functionalization, was optimized. Both CAA capture and elution were evaluated. As shown in Fig. 1B, PAMAM G 4.0 maintained optimum capture efficiency at nearly all concentrations of dendrimer. However, recovery of CAA in the elution step was optimal at low PAMAM 4.0 concentrations. Thus, the lowest PAMAM concentration tested, 78  $\mu$ M, was chosen as the optimal dendrimer concentration for particle functionalization.

Finally, the total volume of beads required to fully capture and recover CAA from 2 ml of spiked, non-endemic control

urine was determined. For this experiment, beads were functionalized with PAMAM G 4.0 at the optimum conditions determined above. Results confirm that 50  $\mu$ l of PAMAM-functionalized magnetic beads achieved full capture and recovery in 2 ml urine samples containing 1 ng ml<sup>-1</sup> CAA (Fig. 1C).

### Characterization of PAMAM bead robustness and stability

The stability and robustness of the PAMAM-functionalized magnetic beads were investigated in order to evaluate their applicability to point-of-care settings and tolerance of sample matrix variation. First, the stability of the PAMAM-functionalized beads in solution (MES pH 5 0.1% Tween-20) was studied over time for room temperature and 4  $^{\circ}$ C storage conditions. The functionalized particles effectively captured all CAA spiked into buffered solutions for the duration of time study (46 days) at both storage temperatures, demonstrating remarkable solution stability, even in ambient conditions (Fig. 2A).

Next, the particle performance in variable matrices was determined, since urine is known to have variable pH values between 5 and 7, as well as a wide osmolality range of 38–1400 mOsm kg<sup>-1</sup> H<sub>2</sub>O. These variables, in particular, would be expected to influence the electrostatic interactions between positively-charged PAMAM and negatively-charged CAA. To determine the tolerance of the PAMAM-functionalized magnetic particles to changes in pH, AWA-TCA was spiked into phosphate buffers (10 mM) with pH values ranging from 4 to 10. As shown in Fig. 2B, capture was maintained across all pH values tested. The good performance in basic solutions can be attributed, in part, to the high pK<sub>a</sub> of 9.32 on the terminal amines on PAMAM G 4.0.<sup>30</sup> Additionally, while the pI of CAA has not been measured, the predicted pK<sub>a</sub> of the  $\beta$ -D-glucopyranuronic acid portion of the disaccharide repeating unit on the proteoglycan biomarker is 2.78, which would account for the good performance observed in acidic solutions (ACD/Labs Software V11.02). Finally, the effect of increasing salt concentration on CAA capture was evaluated by adding NaCl into non-endemic control urine spiked with AWA-TCA. As shown in Fig. 2C, when the salt concentration of urine was increased by 0.5 M or more, the capture efficiency of the PAMAM-functionalized magnetic particles was markedly decreased. However, it should be noted that an increase of 0.5 M NaCl corresponds to



Fig. 1 Optimization of PAMAM-functionalized magnetic particles. (A) Optimal dendrimer size was determined to be PAMAM G 4.0 for full CAA capture. (B) Extent of particle functionalization was found to significantly impact CAA elution, with lower surface densities more readily releasing CAA. (C) In 2 ml spiked urine samples, 50  $\mu$ l of magnetic beads was required to fully recover CAA from solution.





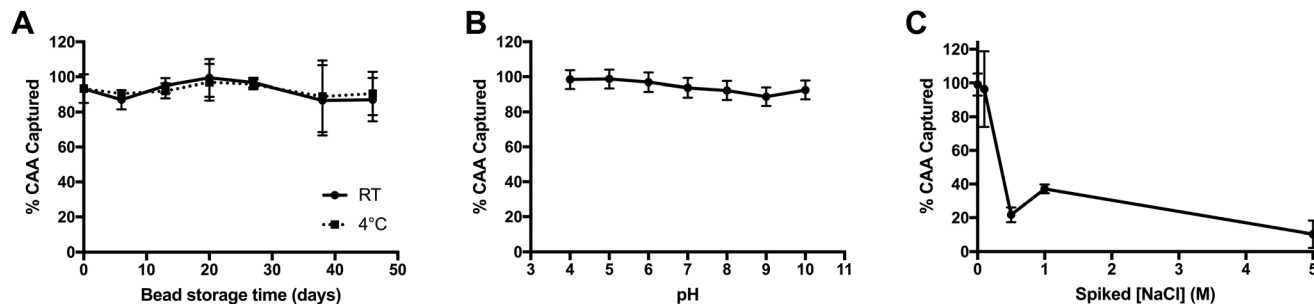


Fig. 2 Evaluation of the stability and robustness of PAMAM-functionalized magnetic particles. (A) After 46 days of storage in solution at RT and 4 °C, the beads maintained full CAA capture efficiency. (B) The PAMAM-based CAA capture was robust to variable pH. (C) High salt concentrations decreased CAA capture efficiency.

an increase in osmolality of 1000 mOsm kg<sup>-1</sup> H<sub>2</sub>O. Although the osmolality of the original urine sample is unknown, salt concentrations above the 0.5 M spiked sample would likely be considered abnormal.

### Performance of magnetic bead-based CAA concentration protocol

After optimization and characterization, the PAMAM-functionalized magnetic particles were integrated with the UCP-LF CAA. This workflow required minimal laboratory equipment and could be completed with just 10 minutes of total incubation time. The performance of the bead-based CAA concentration was evaluated against the UCAA10 method in AWA-TCA-spiked non-endemic control urine samples. Similar to Corstjens *et al.*, we found the limit of detection of the UCAA10 protocol to be 10 pg ml<sup>-1</sup>.<sup>21</sup> Integration of the optimized PAMAM bead-based CAA concentration protocol resulted in a limit of detection of 0.050 pg ml<sup>-1</sup>, achieving the full theoretical 200-fold enhancement expected (Fig. 3).

### Patient sample analysis

Fifteen patient samples from Egypt were analyzed using three sample preparation methods: (1) the original UCAA10 protocol, (2) spin filter-based concentration (UCAA200), and (3) PAMAM magnetic bead-based concentration protocol. Because the

average specific gravity, which is known to correlate well with urine osmolality, of the patient samples (1.020 ± 0.007) was significantly greater than the non-endemic control urines (1.005) (*P* < 0.0001), patient samples were diluted 10-fold before the magnetic bead-based concentration protocol was performed.<sup>31,32</sup> Because of this dilution, the theoretical enhancement possible for the bead-based protocol was 20-fold. As shown in Fig. 4A, the full theoretical improvement of the LOD was achieved. Additionally, the standard curves for both the bead-based and spin-filter concentration methods aligned as expected, indicating that the two methods are equal in performance despite the large difference in procedure, hands-on time, and laboratory infrastructure required.

Using the PAMAM magnetic bead protocol, UCP-LF CAA signal was enhanced compared to the UCAA10 for all but three

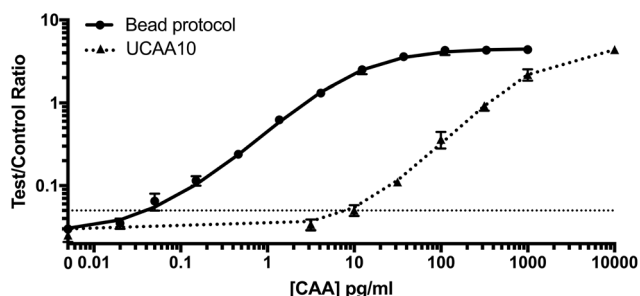


Fig. 3 Performance of magnetic bead-based CAA concentration protocol. Standard curves for the UCAA10 and the PAMAM magnetic bead enhancement method, which successfully concentrated CAA from spiked 2 ml urine samples, achieving full theoretical improvement in LOD of 200x.

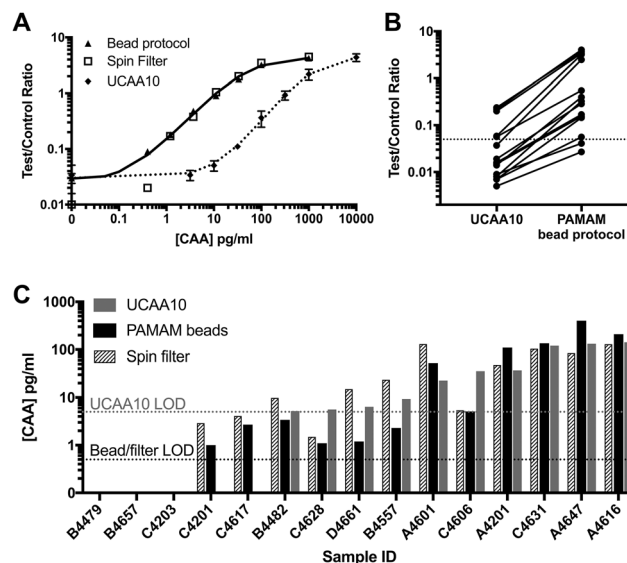


Fig. 4 PAMAM-functionalized magnetic particles successfully concentrated CAA from patient samples. (A) The bead-based protocol performed similarly to spin filter methods in 10x diluted samples. (B) UCP-LF CAA signal was enhanced for all patient samples analyzed with an average enhancement factor of 22x. (C) Results from the bead-based CAA concentration method agreed with the spin filter method developed by Corstjens *et al.*<sup>21</sup>

patient samples tested (Fig. 4B). The average signal enhancement factor was  $22 \pm 5$  across all samples, confirming the theoretical concentration limits of the system were reached. The 3 samples that were not enhanced were negative by UCAA10 and remained below the LOD after PAMAM-based concentration. Two UCAA10-negative samples were found to be positive after CAA concentration using the magnetic beads. Additionally, 4 patient samples with CAA concentrations at or near the UCAA10 LOD were found to be definitively positive after employing the magnetic bead concentration protocol. All PAMAM bead-based concentration results were confirmed using spin filters in a manner similar to previous reports,<sup>21</sup> and good agreement was found between the two methods (Fig. 4C).

## Discussion

Schistosomiasis diagnostic tests capable of detecting low-intensity infections are critical for accurate surveillance and precision mapping of infection prevalence. The UCP-LF CAA is a promising schistosomiasis diagnostic tool that derives its extremely high analytical sensitivity from three components: (1) high-affinity CAA-specific monoclonal antibodies, (2) upconverting phosphor particle labels that effectively eliminate background signal, and (3) a sample preparation step that concentrates CAA from a large volume sample into a smaller volume that can be applied to the test. However, the current protocol for CAA concentration is time-consuming and employs spin filters, requiring laboratory infrastructure that prevents use of the UCP-LF CAA assay at the point of care.

To address this challenge, we have developed and optimized a field-friendly method for CAA concentration from large-volume urine samples. The protocol relies on electrostatic interactions between the negatively-charged CAA biomarker and positively-charged PAMAM dendrimers functionalized to the surface of magnetic particles. These charge-based interactions occur in less than 5 minutes, after which an external magnet is used to remove the CAA-PAMAM-magnetic particle complexes from the large-volume (2 ml) sample and into a small-volume elution buffer. High salt concentration in the elution buffer disrupts the charge-based interactions between CAA and PAMAM, releasing CAA into solution. This concentrated CAA solution is then applied to the UCP-LF CAA test.

During optimization, we observed that increasing PAMAM concentration in bead synthesis beyond the optimum  $78 \mu\text{M}$  resulted in decreased CAA recovery, even though CAA capture remained high. This is likely because increasing PAMAM concentration led to a higher density of positive charges on the surface of the beads, resulting in a greater number of interactions between the beads and negatively-charged CAA and making it harder to elute the biomarker. The PAMAM-functionalized magnetic beads were found to be extremely stable in solution in varied storage conditions, and the protocol tolerated variation in sample pH. When applied to 2 ml CAA-spiked urine samples, the bead-based concentration protocol improved the detection limit of the UCP-LF CAA assay

from  $10 \text{ pg ml}^{-1}$  to  $0.05 \text{ pg ml}^{-1}$ , achieving the full theoretical 200-fold enhancement factor and performing just as well as the more resource-intensive spin filter method.

The developed magnetic bead-based assay was then applied to 15 patient samples from Egypt. In order to achieve UCP-LF CAA signal enhancement, we found that the patient samples had to be diluted 10-fold. We hypothesize that high salt concentrations in undiluted endemic patient samples relative to non-endemic control urine disrupted the electrostatic interactions between PAMAM and CAA. Indeed, the average specific gravity, which correlates with urine osmolality,<sup>31,32</sup> of the endemic patient samples was significantly higher than that of non-endemic control urine. Nonetheless, in 10 $\times$ -diluted patient samples, the PAMAM-functionalized magnetic particles successfully concentrated CAA, resulting in an average UCP-LF CAA signal enhancement factor of 22 $\times$ , indicating that this equipment-free protocol reached its full theoretical potential. Additionally, the bead-based concentration method identified 2 positive samples that were otherwise negative according to the unenhanced UCAA10 protocol and provided definitively positive results for 4 samples which had CAA concentrations at or below the detection limits of the UCAA10. These data demonstrate that electrostatic interactions between positively-charged PAMAM dendrimers and the negatively-charged *Schistosoma* CAA biomarker can be leveraged for equipment-free enhancement of the UCP-LF CAA assay. This robust, magnetic-bead based strategy eliminates the need for laboratory infrastructure for urine sample preparation, bringing the ultrasensitive schistosomiasis detection one step closer to application at the point of care.

Limitations of this study include the relatively small patient sample population tested and the lack of non-CAA-based measurements of disease burden in patient samples. Thus, in the future, the developed protocol must be validated on a larger set of fully-characterized samples in order to fully assess its diagnostic sensitivity and specificity. Although the developed CAA concentration protocol adds to the cost of the UCP-LF CAA assay ( $\sim \$3.00/\text{test}$ ), the magnetic bead-based biomarker concentration is more affordable than the infrastructure-intensive spin filter concentration step ( $\sim \$4.00/\text{test}$ ). Additionally, while the use of magnetic beads eliminates the need for laboratory equipment for CAA concentration, the protocol requires many user steps. A device that fully integrates sample preparation step the lateral flow assay, similar to those developed by Ricks *et al.* and Bauer *et al.*, could fill the need to further simplify CAA concentration at the point of care.<sup>33,34</sup> Finally, PAMAM-functionalization of paper membranes (e.g. cellulose) could open the door to paper fluidic devices that combine the advantages of sample preparation and sensitive detection into a single, affordable, and integrated device applicable in a field setting.

## Conclusion

We have developed a robust and equipment-free sample preparation method for concentration of the CAA biomarker for



schistosomiasis that leverages electrostatic interactions between positively-charged PAMAM dendrimers and the negatively-charged proteoglycan biomarker. When coupled with the highly sensitive UCP-LF CAA assay, this sample preparation method resulted in a 200-fold improvement in CAA detection, performing just as well as infrastructure-intensive spin filter methods. The developed method demonstrated full theoretical enhancement in patient samples, identifying 2 samples as positive that otherwise would have been negative on an unenhanced test. Thus, the PAMAM-functionalized magnetic bead-based CAA concentration method represents a promising step toward ultrasensitive schistosomiasis detection at the point of care.

## Conflicts of interest

There are no conflicts to declare.

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