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## Amorphous polyphosphate, a smart bioinspired nano-/bio-material for bone and cartilage regeneration: towards a new paradigm in tissue engineering

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Recent developments in the field of biomaterials for tissue engineering open up new opportunities for regenerative therapy and prevention of progression of osteo-articular damage/impairment. A key advancement was the discovery of the regenerative activity of a group of physiologically occurring high-energy polymers, inorganic polyphosphates (polyP). These bio-polymers, in suitable bioinspired formulations, turned out to be capable of inducing proliferation and differentiation of mesenchymal stem cells into osteogenic or chondrogenic lineages through differential gene expression (morphogenetic activity). Unprecedented is the property of these biopolymers to deliver high-energy phosphate in the extracellular space to promote anabolic processes including extracellular matrix synthesis in bradytrophic tissues such as cartilage and mineralized bone. This review summarizes the biological effects of these unique bio-polymers, not yet met by other biomaterials and depending on their specific formulation as smart amorphous nanoparticles/microparticles with different counterions. In addition, polyP in combination with other, hydrogel-forming polymers provides the basis for the fabrication of hardenable bio-inks applicable in additive manufacturing/3D printing and 3D cell bioprinting of regeneratively active patient-specific osteo-articular implants. The future prospects of this innovative technology are discussed.

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# 1. Introduction

Osteo-articular impairments, especially of the joints, are major health problems in the aging society of the 21st century and pose complex challenges in research within the field of regenerative medicine. In 2010, about 10 million individuals over age 50 were estimated to suffer from osteoporosis in the United States, and another 43 million to have low bone mass; these values will increase by 2020 to 12 million cases of osteoporosis and over 52 million cases of low bone mass.<sup>1</sup> Focusing only on knee replacement surgery the number of surgical interventions by 2030 is expected to jump nearly to 3.5 million surgeries per year.<sup>2,3</sup> Besides autologous bone grafts, the bone implants used today are made of bioinert titanium or ceramics and with an increasing percentage of biomaterials. Presently biologization of inorganic implant materials with biomaterials is being successfully developed.<sup>4</sup>

In the coming years it can be expected that new generations of bone implant materials will be developed, which are based on the biological properties and features of any multicellular organism, the “regeneration”. Therefore, new biomaterials, in particular “smart biomaterials” are needed that “actively participate in the formation of functional tissue”.<sup>5</sup> The present day research activities in the field of regenerative medicine in orthopedics are focused on therapy (mainly cell therapy, or acellular) and their applications (orthopedic and musculoskeletal disorders, as well as oncology).<sup>6</sup> In addition, the future implants will become personalized which refers to the application of the respective implant for an individual patient.

The underlying processes that lead to the development and formation of bones and joints are complex and comprise multi-component systems, such as the musculoskeletal system built of interfaces between different tissues, soft and hard. The soft tissue comprises osteotendinous junction(s) (bone–ligament/tendon) and osteochondral junction(s) (bone–cartilage) and

the hard tissue consists of mineralized calcium phosphate (hydroxyapatite). Also the composition of the hard tissue is highly complex since gradual interfaces of sequentially increasing degrees of mineralization of bone within the bone matrix exist. Based on these anatomical/morphological findings biological/biochemical deciphering of the organic, inorganic/organic and inorganic pathways turns out to be challenging.

A thorough understanding of the processes of regeneration is crucial for the successful transformation of the scientific principles and findings to applied research, with respect to biomedical applications. All multicellular animals (metazoans) comprise immortal stem cells that have the potency to generate an unlimited number of progenitor cells.<sup>7</sup> Cells can self-renew and/or produce differentiated cells basically through the following two ways; first, by proliferation of stem cells producing differentiated cells, by de- and subsequently by re-differentiation or by trans-differentiation, and second, by proliferation of adult-derived pluripotent progenitor cells producing differentiated progeny cells or by different lineage-restricted progenitor cells each of them producing different differentiated cells.<sup>8</sup> The application of these findings has advanced the field of regenerative biology which aims to restore in adult organisms the form and function of damaged tissues. At present three restrictions/drawbacks are formulated.<sup>8</sup> First, the elucidation of the mechanistic aspects of embryonic development is still in the stage of basic research; second, the results gathered from adult tissue turnover and replacement in evolutionary distant vertebrate species only slowly contribute to a further advancement of the deciphering of the mechanism of regeneration in later evolved mammals; and third, despite the huge scientific and public interest in the importance of stem cells in regenerative medicine, their clinical application is still limited.<sup>9–11</sup>

It is imperative to mention that bone and cartilage, and here especially osteo-articular tissue that can be affected by bone and joint disorders, comprise only a small percentage of cells. Bone, as a hard calcified tissue, comprises both inorganic and organic extracellular components that form the structural scaffold. In contrast, the semi-rigid cartilage is built, in addition to water (75%), exclusively of organic macromolecules like aggrecan and proteoglycans (10%); among them collagen fibers are dominant (20%).<sup>12</sup> The dominant cellular constituents of bone tissue are the osteoblasts (forming the bone material), osteocytes (present within the mature bone tissue and living as long as the organism itself), osteoclasts (degrading bone) and lining cells (involved in coupling bone resorption to bone formation). In cartilage tissue chondroblasts (perichondrial cells which develop to chondrocytes) and chondrocytes (producing and maintaining the cartilaginous matrix) are dominant.<sup>12</sup> Both cell lineages, osteoblasts and chondrocytes, originate from osteochondroprogenitor cells which arise from mesenchymal stem cells [MSC] in the bone marrow. They differentiate into osteoblasts or chondrocytes, depending on the signaling molecules they are exposed to. Recent studies have shown the inherent potential of MSCs, the healing capability, to differentiate either into bone, cartilage or fat tissue, by improving angiogenesis and preventing fibrosis.<sup>13</sup> Even more, they exhibit an anabolic role in tissue repair and tissue regeneration, especially during small



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bone-healing problems and early stages of local bone defects, but also for osteo-articular diseases.<sup>14</sup>

Preclinical and clinical studies support the application of MSCs in the therapy of adult osteo-articular disorders like as in nonunion of smaller fractures, of bone cysts and during osteonecrosis.<sup>15</sup> Encouraging are also studies that report the beneficial use of bone marrow MSCs, bone marrow aspirates and platelet lysates, in both chondral and meniscus repair in two limited case studies.<sup>16</sup> Persuading was the report which summarized that after MSC therapy only 7% of the patients requiring total knee replacement had to receive the implant.<sup>17</sup> The major hurdles to be overcome prior to applying the MSC in a safe way for therapeutic use in tissue regeneration are, first, the lack of cost-effective bioprocesses for the upscaling of the cells and, second, patient-oriented protocols for the cell culture systems.<sup>18</sup> With respect to the latter issue, the major difficulty is the growth restriction of cells at high cell densities in the culture. Generally, the cell viability is better maintained, and the cell–cell signaling is strongly promoted in high-density cultures, like  $7.5 \times 10^6$  to  $10 \times 10^6$  cells per ml. However, in those cultures the restricted nutrient and energy supply to the cells is a serious limitation.<sup>19</sup> The MSCs are supplied to the patients *via* the intra-articular or the intravenous route.<sup>20,21</sup> Furthermore, the MSC engraftment techniques, used today, are still prone to problems in optimization; therefore, intra-femoral injection has been applied and found to have the potency to allow efficient regeneration of MSCs.<sup>22,23</sup> In these approaches the cells are suspended in medium (e.g., Dulbecco's Modified Eagle's medium) or phosphate-buffered saline prior to injection. It might be stressed here that it is still under debate whether articular cartilage has an own endogenous stem/progenitor cell population, since the *in vivo* data with those cells show only marginal healing capacities.<sup>24</sup>

## 2. Bone mineral deposition

Bone is a biomineral. The term “biomineralization” was coined by H. K. Erben during the first meeting on biomineralization, held in Mainz.<sup>25</sup> This process should explain the biochemical and colloid-chemical secretion steps during the formation of the inorganic deposits onto the organic template. Later on, this concept was substantially advanced.<sup>26–28</sup> The crucial issues of the active participation both of enzymes and of the energy balance have not been addressed.

In the last few years a change in the understanding of the processes involved in biomineralization has occurred. It has been disclosed that not only the metabolic processes that lead to the synthesis of organic metabolites but also the processes that result in inorganic depositions in the body follow the same rules. This means that the exergonic reactions during biomineral formation proceeding in the living system can also be controlled by the level of activation energy which is lowered by the participation of enzymes.

### 2.1 Enzymes and their pathways: biochemical processes resulting in osteo-articular tissue formation

It has been highlighted that the formation of the mineral phase is not a passive deposition of the minerals directly from a saturated

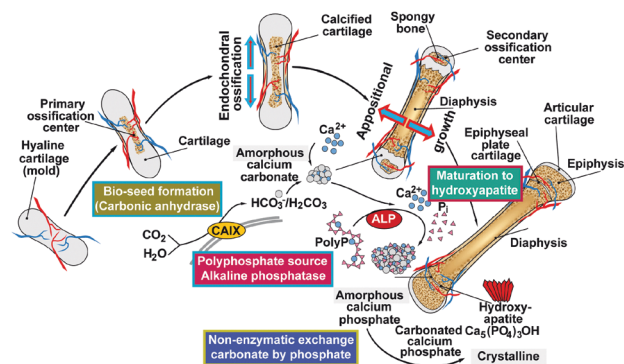
solution onto an organic template, but a highly controlled process starting from the unstable amorphous phases and processed, again onto organic template(s), into crystalline mature product(s). Based on these paradigms it has been successfully attempted to explain mammalian bone formation as a highly complex interaction between organic and inorganic components/layers and is described by up to 7 hierarchical levels of organization.<sup>29</sup> Skeletogenesis is genetically controlled and involves a series of specific transcription factors and growth hormones/cytokines (see: ref. 30 and 31) and contains two distinct tissues, cartilage and bone, and three specific cell types, chondrocytes in cartilage and osteoblasts and osteoclasts in bone. It is interesting to note that the osteoblasts, the chondroblasts and also the tenocytes, forming the tendons, develop (most likely) from MSCs (see: ref. 32 and 33).

Basically the process of bone formation can proceed *via* two different mechanisms. In most skeletal structures, it occurs through endochondral ossification, a process during which mesenchymal cells accumulate and differentiate into chondrocytes to build the cartilage template for future bone. Subsequently, this organic template is replaced in parallel with the vascular invasion by bone cells which initiate mineral deposition (endochondral ossification). In a few other skeletal elements, like a part of the clavicle and of the skull, the mesenchymal cells directly differentiate into bone-forming osteoblasts, a process called intramembranous ossification. The latter process is seen also during natural healing of bone fractures (Fig. 1).

During endochondral ossification bone develops by replacing hyaline cartilage. However, the cartilage is not transformed into bone, but serves as a template for new bone formation. Hence, endochondral ossification takes much longer than intramembranous ossification. Vertebrate bone, as a biomineral, is composed of a mineral phase (Ca-deposits; 60 to 70% w/w) and an organic matrix (mainly collagen;  $\approx 20$  to 30% w/w) and 10% of water (reviewed in ref. 34–37). This mineralic scaffold in the bone is tunely regulated in an interplay between the bone-forming cells (osteoblasts) and the bone-resorbing cells (osteoclasts) which are organized around the complex organic extracellular (fibrillar) mesh of macromolecules forming a three dimensional porous scaffold. Again in the extracellular space the collagen matrix undergoes mineralization primarily around collagen fibrils that function as the basic building blocks of the bone. In addition to those fibrillar proteins, non-collagenous proteins act as a second framework in a regulatory way during the mineralization process. Looking at the evolutionary origin of the metazoan skeleton the hard mineral fraction consisting mainly of calcium carbonate was used over millions of years (500 MYA) to build the skeleton of marine animals;<sup>36</sup> later, this mineral was replaced by calcium phosphate [Ca-P], finally in the form of calcium hydroxyapatite [HA] ( $\text{Ca}_5[\text{PO}_4]_3[\text{OH}]$ ) (reviewed in ref. 37 and 38). However, also in vertebrates bone mineral contains, in addition to Ca-P, around 5% w/w carbonate, such as carbonate-fluorapatite (francolite).<sup>39</sup> The carbonate units were proposed to exist in the apatite crystal lattices as  $\text{CO}_3^{2-}$  ions, most likely by substituting for  $\text{PO}_4^{3-}$  and/or  $\text{OH}^-$  ions (reviewed in ref. 40). Topographically, carbonate has also been localized *in vivo* within the crystalline calcium carbonate ( $\text{CaCO}_3$ ) within







**Fig. 1** Steps during bone formation. During endochondral ossification the hyaline cartilage acts as a template mold for the initial mineralization, most likely of calcium carbonate. In parallel an ingrowth of blood vessels occurs, followed by the formation of the primary ossification centers in the diaphysis. Later, spongy bone is also formed in the epiphyses at the secondary ossification centers, with two regions of the hyaline cartilage remaining on the surface of the epiphysis (articular cartilage) and the epiphyseal plate (growth region) between the epiphysis and the diaphysis. Appositional growth of the bone proceeds in the absence of a cartilage template. Mineral deposition involves two enzymes; first, carbonic anhydrase and second, alkaline phosphatase [ALP]. This process can be subdivided into four stages. Phase I: bio-seed deposition catalyzed by carbonic anhydrase; it is postulated that the product is amorphous calcium carbonate. Phase II: hydrolytic cleavage of polyP by ALP allowing, phase III: the released phosphate units to be transferred non-enzymatically to the calcium carbonate under conversion to amorphous calcium phosphate. Phase IV: maturation of the calcium phosphate to crystalline hydroxyapatite. (Partially from ref. 36 [with permission].)

the medullary bone.<sup>41</sup> Within the bone  $\text{CO}_2$  compartment fractions of 30% bicarbonate ( $\text{HCO}_3^-$ ) and 70% carbonate ( $\text{CO}_3^{2-}$ ) have been determined.<sup>42</sup> Furthermore, in humans/mammals, besides the Ca-phosphate-based skeletal elements, biomineral deposits exist that are predominantly formed of  $\text{CaCO}_3$ , e.g., the biomineralized otoliths in the vestibular labyrinth of the ear.<sup>43,44</sup> Interestingly enough the different phases of carbonates in the otoliths are stabilized by organic axes, like the otolin or the otoconins.<sup>45</sup>

The basic principle in biochemistry, and this holds true also for the biomineralization process in a given organ, is that the formation of (almost) any stable/covalent linkage identified in living systems is catalyzed by enzymes. This is a general rule for organo-chemical reactions.<sup>46</sup> However, until the turn of this millennium no enzyme was identified that accelerates the reaction velocity of inorganic reactants (substrates to product). In the process of the disclosure of the earliest body plan of a metazoan organism<sup>47</sup> we have been stuck with the enzymatic basis for the skeleton formation of the phylogenetically oldest animals, the siliceous sponges. During the elucidation of the enzyme cathepsin in the sponge *Geodia cydonium*,<sup>48</sup> we, together with the group of Morse,<sup>49–51</sup> disclosed an enzyme, existing in the axial canal of the sponge *Suberites domuncula*, termed silicatein, that crucially participates in the polycondensation of silicic acid to bio-silica, the inorganic skeletal framework of the skeletal elements of the sponges the spicules. Applying an extraction procedure, omitting hydrofluoric acid that has been

initially used, we discovered that silicatein is a genuine enzyme with a Michaelis–Menten constant [ $K_m$ ] and the maximal reaction velocity ( $V_{\max}$ );<sup>52</sup> the enzyme has been patented.<sup>53</sup> The parameters of silicatein have been worked out with a temperature optimum of 20–25 °C; the temperature coefficient ( $Q_{10}$ ) decreases by 2.5-fold above 25 °C and decreases by 2.9-fold below 25 °C. Using a bis(*p*-aminophenoxy)-dimethylsilane substrate the  $K_m$  was determined to be 22.7  $\mu\text{M}$ . The turnover value for silicatein in the silica esterase assay (molecules converted per enzyme molecule per second) was 5.2; in comparison the corresponding value for the human cathepsin L enzyme was determined to be 20 (reviewed in ref. 54 and 55). These data, listed here, convincingly show that the silicatein-mediated bio-silica formation is enzyme driven.

Bone formation can be subdivided into four phases, as sketched in Fig. 1 (see legend) and described in the following.

## 2.2 Bio-seed formation: calcium carbonate–carbonic anhydrase

Based on the published data suggesting that calcium carbonate exists within the HA-based bone scaffold we searched for an enzyme that might be involved in the initial mineral deposition onto the bone-like SaOS-2 cells. Inspired by our finding that calcium carbonate is formed, again in sponges in the Calcarea group, we disclosed that the prime candidate is carbonic anhydrase.<sup>56</sup> In these cells mineralization is strongly upregulated by bicarbonate and the enzyme carbonic anhydrase becomes upregulated.<sup>57</sup> In a detailed study the enzyme has been pinpointed with the membrane-associated carbonic anhydrase IX<sup>58</sup> and a hypothesis was coined that the enzymatic product of this carbonic anhydrase is amorphous calcium carbonate around which calcium phosphate becomes deposited.<sup>59</sup> Next we had to elucidate by which mechanism amorphous calcium carbonate, acting as a bio-seed, becomes transformed into amorphous calcium phosphate.

## 2.3 Non-enzymatic exchange of carbonate by phosphate in amorphous calcium carbonate

Both Ca-phosphate formation<sup>60</sup> and Ca-carbonate deposition<sup>61</sup> are exergonic processes. However, in contrast to amorphous calcium carbonate formation, which is enzymatically driven, the exchange of carbonate by phosphate in amorphous calcium carbonate occurs even under physiological conditions without the participation of an enzyme;<sup>62</sup> the reaction is an exergonic one. If amorphous calcium carbonate is exposed to phosphate buffer a transfer of phosphate to amorphous calcium carbonate proceeds resulting in the formation of amorphous calcium phosphate. In turn, the latter material sequentially undergoes a phase transition to HA.<sup>62</sup>

## 2.4 Origin of the phosphate in bone mineral: inorganic polyphosphate

Subsequently, the question has to be solved about the source of phosphate, required for HA formation. Initially it has been proposed that organic phosphate, in particular  $\beta$ -glycerophosphate, is the source of phosphate for the mineralization at least under





cell culture conditions.<sup>63</sup> However, this compound will rapidly undergo de-phosphorylation in the extracellular space, where it is also not sufficiently present to serve as a source for bone formation. In the search for a suitable origin of phosphate acting as a source we proposed polyphosphate [polyP],<sup>64</sup> a substrate which is now well accepted.<sup>65</sup> This polymer, polyP, exists in a polymerized state, as inorganic polyP both in a free state in serum and intracellularly in blood platelets (reviewed in ref. 65). The interesting feature of polyP is that besides providing phosphate units for Ca-phosphate mineralization, this polymer delivers chemically useful energy during enzymatic hydrolysis by alkaline phosphatase [ALP] (see below). This is the enzyme which likewise occurs also in the extracellular space and readily degrades polyP.<sup>66</sup>

Following our initial observation on the presence of higher levels of polyP in bone and bone cells,<sup>64,67</sup> it has subsequently been shown that polyP induces differentiation of osteoblasts.<sup>68,69</sup> In turn, polyP has been fabricated as a crystalline and then as an amorphous  $\text{Ca}^{2+}$  salt as a scaffold for bone tissue engineering, as outlined below.<sup>70,71</sup>

### 2.5 Maturation of calcium phosphate to HA

Until now it has been under dispute whether amorphous calcium phosphate is indeed the precursor for the formation of crystalline HA (reviewed in ref. 28). *In vitro* studies suggested a transformation cascade from amorphous calcium phosphate to octacalcium phosphate and finally to carbonate hydroxylapatite;<sup>72</sup> this pathway has been rejected for *in vivo* bone formation.<sup>73,74</sup> Likewise the view that poorly crystalline carbonate hydroxyapatite acts as a precursor, needs further substantiation. In earlier studies<sup>75</sup> the presence of an amorphous calcium carbonate (ACC) precursor phase was demonstrated *in vitro*.

A schematic representation of the (potential) steps during bone formation is given in Fig. 1. There, also the enzymatic hydrolysis of polyP by ALP is outlined.<sup>66,76</sup>

## 3. Polyphosphate: a physiological inorganic polymer in higher eukaryotic cells

The physiological polymer polyP is an inorganic linear molecule which is composed of a few up to hundreds of inorganic orthophosphate monomeric units ( $\text{P}_i$ ) linked by high-energy phosphoanhydride bonds.

### 3.1 Occurrence

The natural existence of polyP, identified in yeast, is attributed to Liebermann<sup>77</sup> and Ascoli,<sup>78</sup> in 1890 and 1899, respectively. These authors showed that nuclear extracts contain a fraction which could be precipitated with barium salts at acidic pH, and it was termed metaphosphate. Later, this polymer was identified in bacteria, protista, flowering plants and Metazoa.<sup>79–82</sup> Soon after the identification and characterization of ATP Lohmann, later together with Langen,<sup>83</sup> recognized polymeric phosphate, the polyP.<sup>84–86</sup> Only years later was the functional

characterization of this molecule, especially in bacteria, pushed mainly by the groups of Holzer/Lynen, Kulaev/Belozerskij, Langen/Liss, and Kornberg.<sup>87–90</sup> The functional characterization started with the identification of first enzymes that catalyze the reversible exchange of phosphate between polyP and ATP/ADP<sup>90–92</sup> in bacteria. Then, again in these organisms and later in yeast a series of anabolic and catabolic polyP enzymes was discovered.<sup>93,94</sup> While in bacteria polyP is stored in volutin granules,<sup>95</sup> this polymer accumulates in metachromatic granules, in the acidocalcisomes, in eukaryotes. Those granules have been discovered in trypanosomes and also in human platelets.<sup>96</sup> Besides forming salts with inorganic cations ( $\text{Ca}^{2+}$ ,  $\text{Mg}^{2+}$ ,  $\text{Zn}^{2+}$ ,  $\text{Fe}^{2+}$ ,  $\text{Na}^+$ , and  $\text{K}^+$ ) polyP forms complexes with organic molecules, like basic amino acids or polyamines. Operationally, and based on the extraction methods used for the isolation of polyP, this polymer has been arbitrarily divided into short-chain (from 3 to 300  $\text{P}_i$ ) and long-chain (from 300 to 1000  $\text{P}_i$ ) polymers.<sup>80</sup> Important to note is that in human platelets polyP exists as a 50 to 100 phosphate units long polymer.<sup>65</sup>

The structural evidence and also the fate of polyP during the preparation can be conveniently documented by using Fourier-transform spectroscopy (FTIR) and X-ray powder diffraction (XRD).<sup>71,97</sup> As an example the absorption spectrum, determined by FTIR, for the amorphous microparticles of the  $\text{Ca}^{2+}$  salt of polyP [Ca-polyP-MP] *versus* calcium phosphate is given in Fig. 2. The signatures for polyP are found at the wavenumbers of asymmetric ( $906\text{ cm}^{-1}$ ) and symmetric ( $730\text{ cm}^{-1}$ ) vibrations. In comparison, the asymmetric ( $1046\text{ cm}^{-1}$ ), symmetric ( $988\text{ cm}^{-1}$ ) and symmetric ( $899\text{ cm}^{-1}$ ) vibrations are indicative of the phosphate salt.

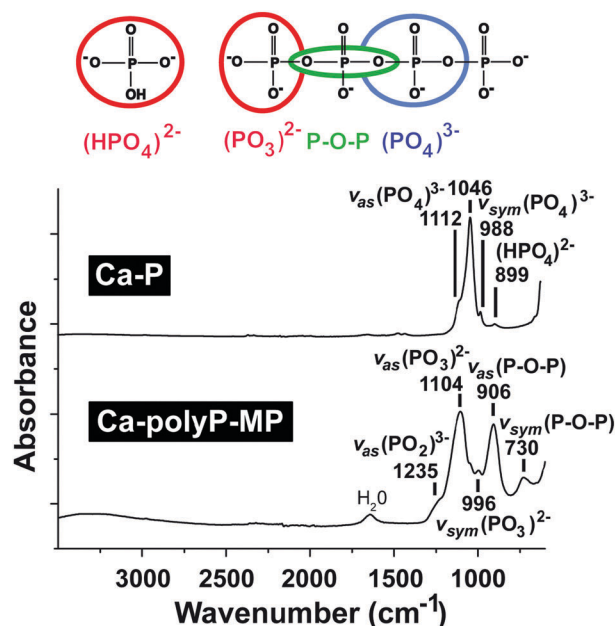


Fig. 2 The FTIR spectral characteristics of the  $\text{Ca}^{2+}$  phosphate salt (Ca-P) as well as the amorphous  $\text{Ca}^{2+}$  polyP microparticles (Ca-polyP-MP). The typical signal peaks with their wavenumbers are given.



### 3.2 Polyphosphate metabolic enzymes

While the anabolic and catabolic routes of polyP in bacteria are well understood<sup>81,82</sup> only a few enzymes have been identified in eukaryotes, *e.g.* the major polyP-anabolic enzyme known from bacteria, polyphosphate kinase (PPK), has been identified also in the slime mold *Dictyostelium discoideum*.<sup>98</sup> A polyP anabolic enzyme has been isolated with the vacuolar transporter chaperone 4 (Vtc4) in the eukaryotic yeast *Saccharomyces cerevisiae*.<sup>99</sup> In mammals polyP has been identified as a substrate for the synthesis of NADP<sup>+</sup> through phosphorylation of NAD<sup>+</sup>, a reaction which is catalyzed by mitochondrial NAD kinase.<sup>100</sup> Then, it has been shown that in mammals post-translational modifications include polyphosphorylation events.<sup>101</sup> Finally, data have proven that in mammals polyP is enzymatically hydrolyzed by ALP, an exopolyphosphatase, starting the cleavage from the terminal phosphate of the polyP chain with the release of P<sub>i</sub>.<sup>66</sup> It could be established that the ALP in the bone-tissue associated epiphyseal cartilage is able to cleave both phosphorolytically and pyrophosphorolytically within phosphate esters as well as within ATP and also inorganic pyrophosphate.<sup>102</sup> Finally, a human exopolyphosphatase has been described, the DHH superfamily human protein h-prune, a binding ligand of the metastasis suppressor nm23-H1 protein; this enzyme degrades polyPs of all chain lengths.<sup>103</sup> Even though the underlying enzyme has not been isolated, experimental results indicate that polyP is degraded in the human blood or plasma both by exo- and by endopolyphosphatase(s).<sup>104</sup>

### 3.3 Polyphosphate nano-/microparticles

Solid evidence exists that polyP is intracellularly stored as amorphous Ca<sup>2+</sup>-polyP granules in the evolutionary highly conserved intracellular granules.<sup>105,106</sup> In a biomimetic approach our group succeeded in preparing amorphous Ca-polyP microparticles (Ca-polyP-MP).<sup>71</sup> The concentration ratio between Ca<sup>2+</sup> and polyP was found to be crucial for obtaining those particles; the weight ratio between Ca<sup>2+</sup> and polyP should be  $\geq 2$ -fold. In addition the pH must be maintained throughout the preparation at 10. The final drying temperature of the particles is performed between 60 °C and 80 °C. In more detail, 28 g of CaCl<sub>2</sub>·2H<sub>2</sub>O (Sigma, Taufkirchen; Germany;  $\geq 99\%$ ), dissolved in 250 ml of water (pH 10), are added to 10 g of Na-polyP, with an average chain length of 40 phosphate units (Chemische Fabrik Budenheim, Budenheim, Germany; developmental product, for use in foodstuff-powder E 452 food grade). Then the microparticles formed are collected by filtration, washed three times with ethanol and subsequently dried in an oven at 60 °C.

The X-ray diffraction [XRD] spectrum for Ca-polyP<sub>40</sub> indicated that the particles are amorphous (Fig. 3). However, if for the preparation of the microparticles Na-polyP is replaced by Na-phosphate (Sigma; 96%) or by Na-tripolyphosphate (Sigma; 85%) the resulting particles, Ca-P<sub>1</sub> and Ca-polyP<sub>3</sub>, are crystalline. The dominant, characteristic peaks<sup>107</sup> are marked in the recorded pattern (Fig. 3).

It should be noted that the formation of crystalline Ca-phosphate is a pathological process especially in the joints

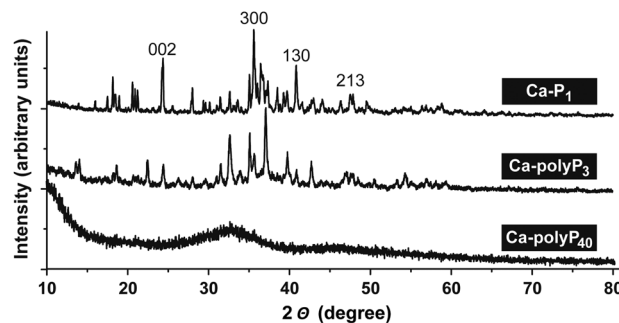


Fig. 3 The X-ray diffraction (XRD) pattern of the different calcium phosphates, prepared at pH 10 with a 2-fold weight excess of CaCl<sub>2</sub> over the respective Na-phosphate source. Samples of Ca<sup>2+</sup> (mono)-phosphate [Ca-P<sub>1</sub>], Ca<sup>2+</sup> tripolyphosphate [Ca-polyP<sub>3</sub>] and Ca<sup>2+</sup> polyP with an average chain of 40 phosphate units [Ca-polyP<sub>40</sub>] were analyzed.

and led to the use of the term “crystal deposition disease”.<sup>108,109</sup> Physiologically crystal formation in the human body is prevented by proteins present in the plasma.<sup>110</sup> As an example, fetuin-A, a well-known circulating serum glycoprotein, is a potent systemic calcification inhibitor; those proteins inhibit crystal formation by binding to Ca<sup>2+</sup> phosphate.

Analysis of the Ca<sup>2+</sup> deposits formed by the different phosphates, using a scanning electron microscope [SEM], shows that the Ca-P<sub>1</sub> particles (Fig. 4A and B) have a size of around 25 nm, while those of Ca-polyP<sub>3</sub> have a size of approximately 40 nm (Fig. 4C and D). In contrast the amorphous Ca-polyP particles show no signs of crystal formation (Fig. 4E and F). Their size varies between 80 and 200 nm;<sup>71</sup> a close range can be obtained by an exact setting of the desired pH value between 9.0 and 10.0. From studies with Ca<sup>2+</sup> phosphate and carbonate nanoparticles it is known that the crystallization can pass through a gelly-like phase, the coacervate.<sup>111,112</sup> Such a phase is formed during an electrostatically-driven liquid-liquid transition phase, resulting from the association of oppositely charged (macro)-ions, the negatively charged polyP and the water layer. Those coacervate assemblies can measure  $>100 \mu\text{m}$  and are formed from their soluble precursors of less than 200 nm.<sup>113</sup> The amorphous Ca-polyP particles, with a chain length of around 40 P<sub>i</sub> units, are not solid but comprise a porous internal structure with a labyrinth-like canal system of  $\approx 20 \text{ nm}$  dimensions. If particles are formed from MgCl<sub>2</sub>·6H<sub>2</sub>O or SrCl<sub>2</sub>·6H<sub>2</sub>O, respectively, the morphologies of the polyP particles are less homogeneous.<sup>114,115</sup> As shown in Fig. 4G and H the Mg-polyP particles can reach sizes of 1  $\mu\text{m}$  or 50 nm; a similar size range is seen for Sr-polyP (Fig. 4I and J). A more narrow distribution of the particles is obtained if the pH in the aqueous system is strictly adjusted to 10 using a pH-stat system. The amorphous particles prepared from polyP have a similar size-distribution to those particles seen in the acidocalcisomes and are also amorphous like them.<sup>116</sup>

### 3.4 Amorphous Ca<sup>2+</sup> orthophosphate particles

The salt from Ca<sup>2+</sup> and orthophosphoric acid is crystalline.<sup>117,118</sup> Interesting enough the group of Tas described a procedure to fabricate amorphous Ca-phosphate spheres by introducing a



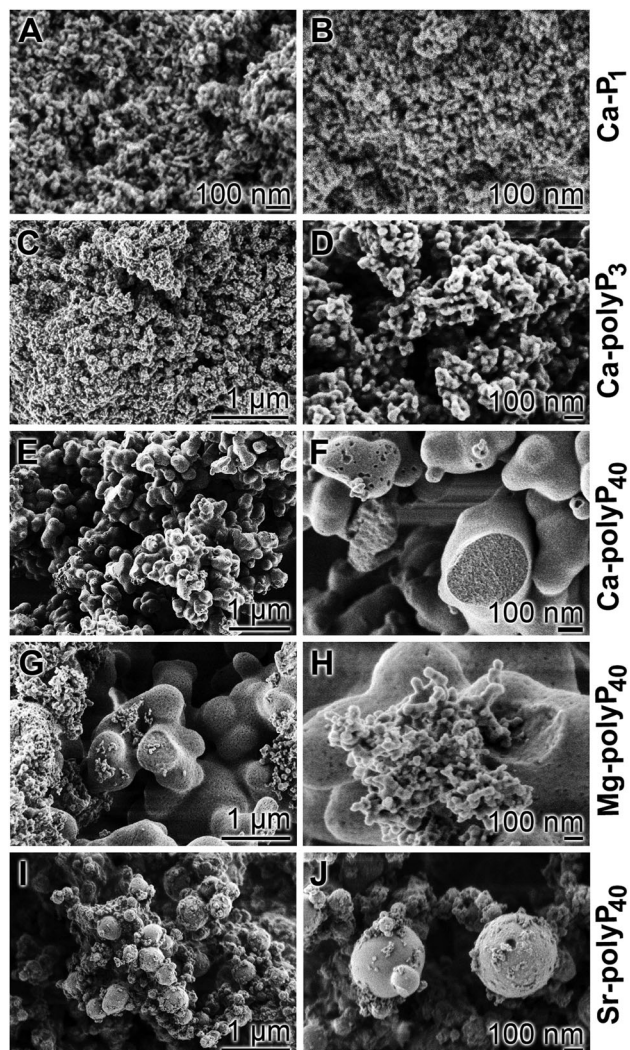


Fig. 4 Morphology of different phosphate/polyP  $\text{Ca}^{2+}$  deposits; SEM. Under otherwise identical preparation conditions (A and B)  $\text{Ca-Pi}$ , (C and D)  $\text{Ca-polyP}_3$  and (E and F)  $\text{Ca-polyP}_{40}$  salts were prepared (2-fold weight excess of  $\text{Ca}^{2+}$  over phosphate/polyP). Furthermore, the (G and H)  $\text{Mg}^{2+}$  and the (I and J)  $\text{Sr}^{2+}$  salts were prepared, starting from solid  $\text{MgCl}_2 \cdot 6\text{H}_2\text{O}$  and  $\text{SrCl}_2 \cdot 6\text{H}_2\text{O}$ , respectively.

procedure including simulated/synthetic body fluid (ref. 119, reviewed in ref. 120). In this “physiological” approach they added to  $\text{CaCl}_2 \cdot 2\text{H}_2\text{O}$  the hydrogen phosphate  $\text{Na}_2\text{HPO}_4$  in a 2 : 1 weight ratio in the presence of an excess of  $\text{NaCl}$  and  $\text{MgCl}_2$  and also of lactic acid. They adjusted the pH to 7.4 and kept the processing temperature below 70 °C. After stirring and washing they collected amorphous particles of size 245 nm. This procedure allowed the inclusion of gelatin which also gave amorphous microparticles.<sup>119</sup> This novel approach allowed also the inclusion of other ions, like  $\text{Mg}^{2+}$ , present in large amounts in the blood plasma. Those amorphous Ca-phosphate particles have been proposed to build with collagen fibrils biocompatible hybrid scaffolds, following the biomimetic route.<sup>120</sup>

With these data at hand studies will next be initiated to prepare polyP microparticles from Na-polyP and  $\text{CaCl}_2$  but also co-adding additional ions like  $\text{Mg}^{2+}$  and lactate. This rational is

also based on the pioneering studies of Bachra *et al.* that disclosed artificial/simulated biological fluids of pH 7.3 and ionic strength 0.16 M to facilitate the formation of amorphous Ca-phosphate deposits. The transformation into cryptocrystalline material is controlled by  $\text{Mg}^{2+}$  and  $\text{HCO}_3^-$ .<sup>121–124</sup> Even more this group reported the first studies on the co-preparation of amorphous Ca-phosphate particles with collagen.<sup>125,126</sup>

## 4. Polyphosphate: an extracellular store of metabolic energy

All living systems have to maintain a steady-state which is characterized by a thermodynamic cycle in which the entropy of the system is lower than that of its nonliving environment which proceeds with an increase in entropy.<sup>127</sup> Furthermore, all forms of transformations of energy, including entropy and free energy at a given temperature, follow the laws of thermodynamics.<sup>128</sup> In turn, to understand the process of energy transformation two arms have to be considered that are required to drive metabolism in living systems: (1) energy conservation and (2) energy dissipation. It is inherent that during these processes a portion of energy is lost as heat. The term free energy ( $\Delta G$ ; Gibbs free energy) describes the gain or the loss of energy during a reaction and is calculated as  $\Delta G = \Delta H - (T \times \Delta S)$  [where  $H$  is the enthalpy,  $T$  is the temperature and  $S$  is the entropy]. Following the basic reflections by Lippman<sup>129</sup> the free energy that is produced in a living system during catabolic metabolic reactions is stored in energy-rich compounds, like ATP. In turn, the stored free energy can subsequently be re-used to drive endergonic reactions required to run and maintain anabolic reactions. The breakdown of “foodstuffs” results in the formation of “free energy”, a special kind of chemical energy, which is then converted into other forms of energy, for example, mechanical work (muscle), osmotic work (secreting glands) or heat (fat tissue). This scientific evidence implies that during enzymatic hydrolysis of high-energy phosphate bond(s) in ATP [e.g. by ATPase(s)], or ADP [e.g. ADPase(s)] biochemically useful/convertible energy is released, while a portion is converted into heat.

### 4.1 Generation of ADP/ATP

The formation of bone mineral deposits occurs mainly or exclusively in the extracellular space.<sup>130</sup> In this compartment ATP-consuming kinases are crucially involved in the control of certain metabolic events, for example, phosphorylation of secreted proteins controlling biomineralization, not only intracellularly, but also extracellularly; among them is the extracellular Fam20C kinase that phosphorylates S-x-E/pS motifs in the ECM (extracellular matrix) of bones.<sup>131</sup> In addition, a secreted protein tyrosine kinase, VLK, has been identified that phosphorylates essential proteins during embryonic development.<sup>132</sup> No distinct motif for this class of enzymes has been identified yet. In general terms, the binding sites for ATP or ADP follow the very common and ancient signatures existing from the origin of life; with GxGxxG and GxxGxxG and ending with a distinct signature for the specific ligands.<sup>133</sup>



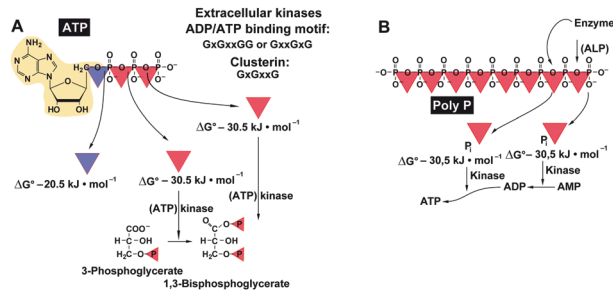


Fig. 5 Energy-rich bonds. (A) ATP comprises two high-energy phosphoanhydride bonds (red triangles) and one ester phosphoester bond (blue triangle). This nucleotide can bind to enzymes (like kinases), while ADP with its ADP-binding motif can (potentially) react with the chaperon clusterin. (B) In the linear inorganic polyphosphate (polyP) up to 1000 phosphate ( $P_i$ ) residues are likewise linked with high-energy phosphoanhydride bonds. Those bonds are prone to hydrolysis by enzymes (like the ALP) with the release of the "stored" energy ( $\Delta G^\circ: -30.5 \text{ kJ mol}^{-1}$ ), which in turn can mediate the transfer of the high-energy phosphate to other metabolites. (Partially from ref. 141 [with permission].)

Interestingly enough, clusterin an extracellular chaperone that is involved in the sequestration of the oligomeric forms of the  $A\beta_{1-40}$  peptide<sup>134</sup> also shares this motif.<sup>135</sup> Finally, extracellular ATP acts as an excitatory transmitter during synaptic transmission after binding, e.g., to purinergic receptors, ecto-ATPases or through phosphorylation *via* ecto-protein kinases<sup>136</sup> as in blood platelets.<sup>137</sup> Then, ATP has been shown to be involved in the modulation of cell-cell spreading of  $Ca^{2+}$  signals between mast cells (see: ref. 138) and also in blood platelet aggregation.<sup>139</sup>

Like ATP, polyP contains high-energy phosphate units, linked *via* energy-rich phosphoanhydride bonds;<sup>76,140</sup> Fig. 5. In order to screen for a potential pathway that allows the generation of ATP from polyP, adenylate kinase ([AK]; EC 2.7.4.3) has been addressed at first.<sup>76</sup> AK is known to act with phosphotransferase activity that catalyzes the interconversion of adenine nucleotides and plays an important role in cellular energy homeostasis. Seven AK enzyme isoforms have been described in mammals (reviewed in ref. 142), among them are the muscle AK1 and AK2 isoforms which are located at the inner and outer cytosolic and mitochondrial membranes, AK3 which is a GTP:AMP phosphotransferase of intra-mitochondrial AMP, and AK4 and AK5 which are located in the mitochondrial matrix of neuronal and pancreas cells. In addition, AK6 which has been identified in the cell nucleus exists that might have a role in the nuclear energy provision, and finally AK7 which occurs in epithelial cells. The most likely candidate for the extracellular phosphotransferase reaction is AK1 which undergoes secretion into the extracellular space.<sup>143</sup> This enzyme, most likely the isoform AK1 $\beta$ , has also been proposed to mediate the synthesis of ATP which acts as a crucial mediator of chemosensory transduction.<sup>144</sup> Experimental evidence has been presented showing that AK1 secretion is required for the accumulation of extracellular ATP, as in myotubes.<sup>143</sup>

As mentioned, polyP is enzymatically hydrolyzed by an ALP.<sup>66</sup> In turn, and following the Lippman concept of free energy, the energy stored in the energy-rich phosphoanhydride

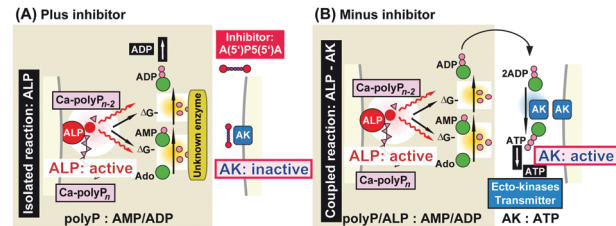


Fig. 6 Schematic outline of the proposed polyP-driven phosphorylation of AMP to ATP via ADP. (A) In the uncoupled reaction (in the presence of the AK [adenylate kinase] inhibitor A(5')P5(5')A) the polymer undergoes extracellular hydrolysis *via* ALP [alkaline phosphatase] under simultaneous increase of the ADP pool. (B) In the absence of A(5')P5(5')A the polymer is hydrolyzed by ALP and the metabolic energy, released during cleavage, is stored in ADP which is then converted to ATP and AMP. (Partially taken from ref. 76 [with permission].)

bonds formed during the anabolic and energy-dependent reactions<sup>145</sup> will be released as free energy and subsequently transformed into chemical energy (bond energy), prior to be converted into other forms of energy, such as mechanical work in muscle or osmotic work in secreting glands.<sup>146</sup> Based on our findings that polyP upregulates both intracellularly and also extracellularly the ATP and ADP pool size in the bone-related SaOS-2 cells<sup>140</sup> we dissected the extracellular enzymatic energy flow by using the natural inhibitor of the AK enzyme(s), A(5')P5(5')A.<sup>147</sup> Under these conditions, the extracellular ATP pool size decreases in the presence of the inhibitor in favor of ADP;<sup>76</sup> Fig. 6A. Considering the finding that ATP is released by bone cells *via* vesicular exocytosis,<sup>148</sup> the experiments were performed in the presence of *N*-ethylmaleimide and brefeldin A,<sup>149,150</sup> inhibitors which did not change the results significantly. In the absence of A(5')P5(5')A, polyP caused a strong upregulation of the ATP pool;<sup>76</sup> Fig. 6B. From these experiments we deduce/postulate that the ALP-mediated hydrolysis of the anhydride bonds results in a phosphorylation of AMP to ADP, *via* an enzyme not yet known, and subsequently a further AK-driven phosphorylation of ADP to ATP.<sup>76</sup>

With these data gathered it appears that a gap in the understanding of the energy balances has been closed. With the discovery/identification of mitochondria,<sup>151</sup> the identification and characterization of the triphosphate ATP<sup>84,85</sup> and finally the transport mechanisms of ADP and ATP with their carriers from the mitochondria (reviewed in ref. 152) it became overt that the balance between energy production and expenditure is linked with ATP; the ratio of the adenylate pools determines the energy charge of the cell.<sup>153</sup>

In the extracellular space the ATP concentration, as a signaling molecule in mammals, is comparably low. While in the cytosol the ATP concentration is in the range of 3–10 mM, the extracellular level – under basal conditions – is approximately  $10^6$  times lower.<sup>154</sup> Studies suggested that the cytosolic ATP provides the source for extracellular ATP.<sup>155</sup>

## 4.2 The extracellular store

The mechanism of ATP release from the cells is not sufficiently understood; a wide range of stimuli have been proposed



(reviewed in ref. 156). However, a thorough calculation of the energy consumption in the extracellular space has to be performed and the turn-over rate of ATP in this compartment needs to be studied. In this context a comparison between the level of extracellular ATP and polyP should be given. The highest concentration of polyP is found in the blood platelets (average chain length of 70–75  $P_i$  units); there, polyP is synthesized with a concentration of 0.74 nmol/ $10^8$  platelets (reviewed in ref. 157). If this figure is used to calculate the total concentration of polyP in those cells a value of approximately 1.1 mM results. By this, the level of polyP is 10 to 20 times higher than those measured in other mammalian cells.<sup>158</sup> Intracellularly polyP is concentrated almost completely in “dense granules” organelles that share morphological and biochemical similarities with acidocalcisomes. In turn, the concentration of polyP in those granules is 130 mM, if expressed in terms of orthophosphate ( $P_i$ ). The polymer is released from the platelets after activation of these cells<sup>105,159</sup> and becomes accumulated in the blood at a concentration (human) of 1 to 3  $\mu$ M (a total of 5.5 to 16.6  $\mu$ moles in human blood). In turn, the absolute concentration of polyP in the blood is considerably higher than that of ATP. In two general schemes (Fig. 7) it is outlined that the intracellular energy is,

generally speaking, provided by ATP as high-energy phosphate, while glucose and others, like lactate, are the energy stores (Fig. 7A). In the blood the exchange of high-energy phosphate to the effector organs is insignificant. In contrast, in the extracellular space polyP is dominant as an energy-rich polyP over ATP and transported *via* the blood platelets (Fig. 7B).

## 5. Smart biomaterials

As outlined above the basis of any kind of regeneratively active biomaterial, to be applicable for implant formation, should be a material that “actively participates in the formation of functional tissue”.<sup>5</sup> However, it should be distinguished between a biomaterial itself and a scaffold which is qualified by the label “smart”.

A smart scaffold can be a hybrid material, functioning by adjustment of the physical properties of the scaffolds, inclusion of ECM motifs in the scaffolds and finally the inclusion of active substances into those, largely inert scaffolds.<sup>160</sup>

It is indicative that blood platelets have been used since years to treat patients with thrombocytopenia to restore hemostasis. Furthermore, platelets have been implicated in immune responses and tissue repair, *e.g.* wound repair, associated with inflammation, cell proliferation and differentiation, and remarkably also in tissue regeneration. Special focus has been placed on the interactions with progenitors and control of apoptosis/cell survival. Based on an overwhelmingly large volume of data on the effect of platelet-rich plasma on any kind of tissue repair it has been concluded that platelets are fundamentally involved in repair and regeneration of damaged tissues and preservation of organ function (reviewed in ref. 161 and 162). The major elements within the platelets causing this beneficial effect during regeneration have been seen – surely well-founded – in the effects of the biologically active organic mediators which are released by those cells into the environment like the various cytokines, chemokines, and growth factors. With the discovery that polyP, as one major, even inorganic, polymer of the platelets being functionally active during bone regeneration,<sup>64</sup> growing evidence has been presented that this bio-inorganic polymer has the potential to gain an increasingly dominant position in regenerative medicine.<sup>79,157</sup> Basically, polyP is a structurally very simple linear polymer composed of  $P_i$  units that are linked by high-energy phosphoanhydride bonds. At neutral pH the phosphate units are monovalently negative charged; the polyanion can form salts, among them are the physiological cations  $Ca^{2+}$ ,  $Mg^{2+}$  and  $Sr^{2+}$  (reviewed in ref. 80). Commercially available, on a large scale, is Na-polyP. As outlined below the biological activity, as well as the application of polyP, are strongly dependent on the cation used for salt formation (Fig. 8).

Ca-polyP-MP are degraded by the enzyme ALP.<sup>71</sup> Those particles are smart since the degradation rate can be expected to be different in non-regeneration bone regions *versus* actively regenerating zones. This conclusion can be drawn from the observation that ALP is upregulated during regeneration.<sup>163</sup> Besides this dynamic adaptation of the release kinetics, followed

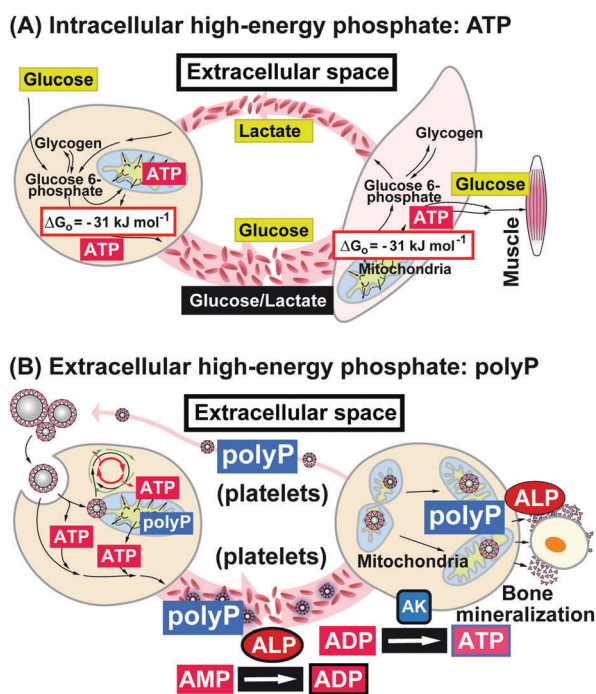
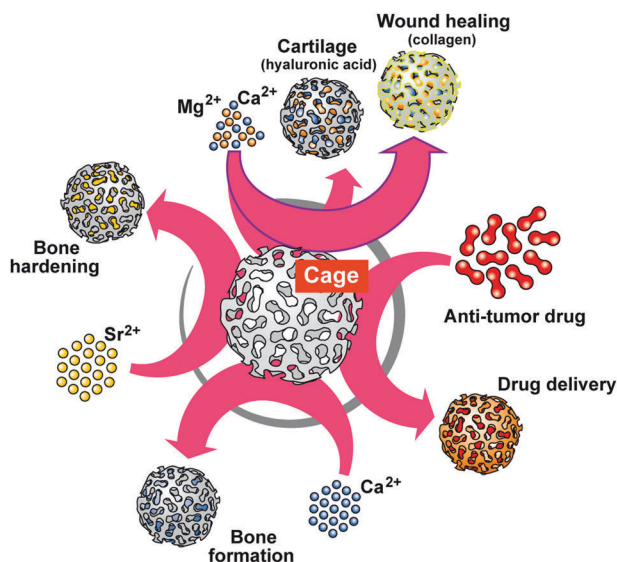


Fig. 7 Generation and transport of high-energy phosphates in the two compartments. (A) Focusing on the intracellular distribution, the metabolites, *e.g.* glucose or lactate (besides lipids or carbohydrates), are transported via the bloodstream and are shuttled between the primary, secondary and finally the effector cells; there they are metabolized intracellularly as a source for high-energy phosphates, ATP; this metabolite remains (almost) completely in the cells. (B) In contrast, polyP is the extracellular high-energy phosphate and shuttles like this between cells within the acidocalcisomes, especially in the blood platelets. In the extracellular compartment metabolic energy transfer from polyP to ATP *via* ADP is mediated by ALP (release of metabolic energy from the acid anhydride hydrolysis) and AK. (Partially taken from ref. 157 [with permission].)





**Fig. 8** PolyP as a genuine smart nano/micro biomaterial. The introduction of the technology to form amorphous nano/microparticles under over-stoichiometric ratios between different cations ( $\text{Mg}^{2+}$ ,  $\text{Ca}^{2+}$  or  $\text{Sr}^{2+}$ ) and the polyanion polyP disclosed that  $\text{Mg}^{2+}$ -polyP accelerates wound healing and cartilage formation,  $\text{Ca}^{2+}$ -polyP strongly induces bone formation, and  $\text{Sr}^{2+}$ -polyP stimulates mineralization. Furthermore, polyP can act as a basket/cage for encapsulation of drugs, such as zoledronic acid.

by a modulation of the energy release and phosphate provision, processes required for bone formation, the particles can be loaded with polymer salts comprising the different counter-cations. By this, the “smart scaffold” to be implanted can be adjusted from bone ( $\text{Ca}^{2+}$  or  $\text{Sr}^{2+}$  polymer) to cartilage ( $\text{Mg}^{2+}$  salt), according to the environment in which it is used, either with more osteogenic or more chondrogenic differentiation activity to the stem cells. Thus the “smartness” of the polyP-based biomaterial is not only restricted to surface modifications, like a shift to nanoparticles or the addition of ECM-like molecules,<sup>164</sup> but is a genuine property of the biomaterial *in toto*, initiating and maintaining the natural regenerative process at the damaged site.

## 6. Amorphous polyP particles (microparticles/nanoparticles) in tissue engineering

The majority of the studies with amorphous Ca-polyP microparticles, as well as nanoparticles, have been performed with a formulation, prepared from Na-polyP, with a chain length of 40  $\text{P}_i$  units and  $\text{CaCl}_2$  at a pH of 10. Those smart particles, prepared in a bioinspired way, were tested for their applicability as implants in the field of tissue engineering with a special focus on osteo-articular tissues.

In tissue engineering strong attempts have been made to functionalize scaffolds with biological ligands that enhance the biocompatibility and bioinducibility of the usually synthetic, largely biologically inert scaffolds or matrices. Those materials had to be used since the natural materials, even though biocompatible

and provided with suitable adhesive sequences supporting cell adhesion and cell differentiation, possess inadequate mechanical properties, are rapidly degraded and have variable properties, depending on the extraction procedure used (reviewed in ref. 165). Furthermore, they possess the inherent risk of contamination and have high production costs. In contrast, synthetic materials can be fabricated with suitable mechanical properties, are of highly reproducible chemical and mechanical compositions, of low production cost and elicit only low immune responses. Their disadvantages are that they have only low biocompatibility and are prone to biodegradation with concomitant side effects.<sup>165</sup>

Among the existing scaffolds, the polymer polyP has many advantages as it:

- is natural,
- is bioinorganic,
- is of low cost,
- can be prepared in a standardized production line,
- is biodegradable,
- has mechanical properties of the physiological hard/semi-hard tissue,
- is biocompatible,
- elicits no immune reactions,
- is morphogenetically active,
- can be used for bioprinting,
- can be additionally functionalized with bioactive peptides,
- can be used as cage for drug delivery.

A few key characteristics might be mentioned here.

### 6.1 Biodegradability

As any bio-polymer polyP is degradable. It is prone to the enzyme ALP which is required for the release of the metabolic energy of the high-energy acid anhydride linkages.<sup>76</sup> The important issue here is that the polyP particles have high stability in water or solutions, supplemented with mineral components. Only if in contact with organic fluids, like blood plasma, do the dissolved peptides/proteins cause an accelerated hydrolysis.

In order to prevent a fast enzymatic decay during *in vivo* experiments the polyP particles can be encapsulated into PLGA [poly(D,L-lactide-co-glycolide)].<sup>166</sup>

### 6.2 In situ hardening

As a polyanion polyP is negatively charged under physiological conditions and hence can be combined with hydrogels, like alginate or hyaluronic acid,<sup>115,167</sup> and processed. After the fabrication step the organic-inorganic hybrid material can be exposed to  $\text{Ca}^{2+}$  ions that link the polymers together *via* non-covalent ionic linkages. Based on the exposure time and the molarity to this cation the material can be hardened to strengths suitable to be used as implants for bones,<sup>166</sup> cartilages,<sup>115</sup> or organic mats.<sup>168</sup>

### 6.3 Biocompatibility and zeta potential

A basic and an absolutely essential property of implants/scaffolds for tissue engineering is their biocompatibility. The cells must have a strong tendency to adhere to the inserted





material and allow a normal functionality, including migration onto the surface, spreading, proliferation and differentiation.

In analogy to the dynamic biofouling process, occurring on the surface of hard/solid surfaces of synthetic polymers in the aqueous environment (reviewed in ref. 169), the steps of interaction between implants and biological fluids/tissues have been subdivided into six stages.<sup>170</sup> The osteoconductive<sup>171</sup> stage, a passive process during which the biomaterial becomes integrated by bone forming cells in the grafting area, proceeds in six stages at the interfaces between the implant and the bone defect; (i) nano-/microparticle and serum adsorption and deposition, (ii) cell attraction and recruitment, (iii) adhesion, migration as well as proliferation of osteogenic cells, (iv) cell differentiation and bio-seed formation, (v) matrix calcification, and finally (vi) bone remodeling. During phase 1, the key regulation of the subsequent colonization with cells, a conditioning layer is formed through adsorption of organic molecules by the fluid-exposed surface; in phase 2, the colonization/adsorption of bone cells, and also of microorganisms in pathophysiological situations, occurs. In phase 3, cell adhesion is primarily controlled by two properties, the surface characteristics of the respective biomaterials and the consecutive extracellular stimulation of the cells by the topography, functional groups, and wettability. In particular, in biomaterials with regeneration-inducing potency phases 4 to 6 become dominant and beneficial and induce cell differentiation and bio-seed formation, calcification, and bone remodeling.

The zeta ( $\zeta$ ) potential of the implant surface is crucially important for the process of cell interaction with an implant material. This highly dynamic parameter reflects the surface charge when an implant is brought into contact with the aqueous environment. The zeta potential is the resultant of the separation in charge between the solid phase of the implant or the bone and the aqueous surrounding milieu. It has been determined that the zeta potential of a biphasic calcium composite material is approximately  $-20.4$  mV<sup>172</sup> and of non-modified titanium around  $-10$  mV.<sup>173</sup> Usually it is accepted that the increase of the negativity of the zeta potential of an implant allows a more favorable integration of the material into the tissue (e.g. ref. 174). In the measurements, performed by us at pH 7 (not published), we found that hydroxyapatite shows a zeta potential of  $-5.09 \pm 1.2$  mV, while the nano-/microparticles prepared from Na-polyP reached a zeta potential of  $-42.3 \pm 5.3$  mV (hydrodynamic radius between 307 and 859 nm) and  $-33.6 \pm 2.3$  mV (61–198 nm). This finding implies that the polyP nano-/microparticles have a lower tendency to aggregate, compared to hydroxyapatite. The zeta potential is dependent on the presence of ionic polyelectrolytes. In any event, adsorbed polymeric macromolecules, like proteins, reduce the zeta potential concomitantly with a shift of the slipping plane from the solid surface of the particles. The effect of counter-ion displacement influences the zeta potential even to a higher degree and is also dependent on the charge of the colloidal particles.<sup>175</sup>

The zeta potential also controls the efficiency and the selectivity of the peptides that can be adsorbed by the respective particles.<sup>175</sup> During this process the zeta potential decreases,

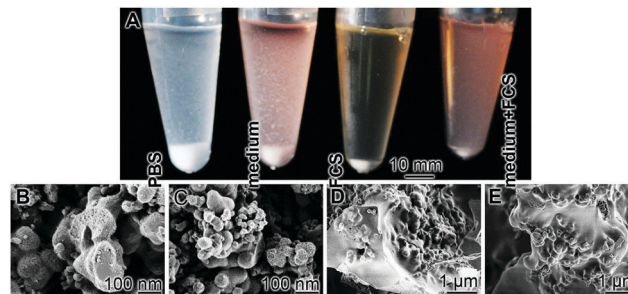


Fig. 9 Formation of coacervate aggregates from Ca-polyP particles in peptide/protein-rich media. Ca-polyP-MP (150  $\mu$ g) were suspended in 1 ml each of the following solutions: PBS, McCoy's medium, FCS, or McCoy's medium, supplemented with 10% FCS. (A) After an incubation period of 7 d almost the complete volume of solid particles is seen in the assays with PBS or medium; the particles sedimented to the bottom. In contrast, in the assays with FCS, or with medium + 10% FCS most of the particles disappeared. In a separate series of experiments the sediments were analyzed by SEM. While in the assays with (B) PBS or (C) McCoy's medium the individual particles can be distinguished, most of the particles in the assays with FCS, or with medium + 10% FCS fused to coacervate aggregates (D and E).

the particles aggregate, and coacervation can proceed. This process can be accelerated by a reduction of the dielectric constant by heat or e.g. by methanol.<sup>176</sup> Focusing on polyP these authors found that during water removal and the reduction of the dielectric constant, the approximation of the polyphosphate chains occurs resulting in the coacervation process. During this phase transition a destabilization of the aqueous layers between the polyP chains occurs resulting in a decrease of the electrostatic repulsion between the polyphosphate chains. In our studies (unpublished) we found that after transfer of Ca-polyP-MP into cell culture medium, supplemented with 10% fetal calf serum [FCS], the particles remove protein(s) out of the aqueous environment and hence the sedimented pellet increases in weight, followed by the coacervation phase (Fig. 9A); the duration of this study was 7 d. The Ca-polyP-MP cannot adsorb protein from a medium lacking FCS, or from PBS, and remain suspended. A subsequent transfer of the polyP-based coacervate to increased temperature (80 °C), followed by water removal, initiates nanoparticle formation. A SEM analysis supports this observation. After keeping the Ca-polyP-MP for 7 d either in PBS (phosphate buffered solution) or in medium, the microparticles remain in the isolated suspended state (Fig. 9B and C). In contrast, if the particles were suspended in FCS, or in medium with 10% FCS they fused to coacervate deposits (Fig. 9D and E), and almost no isolated particles could be detected in the solid material.

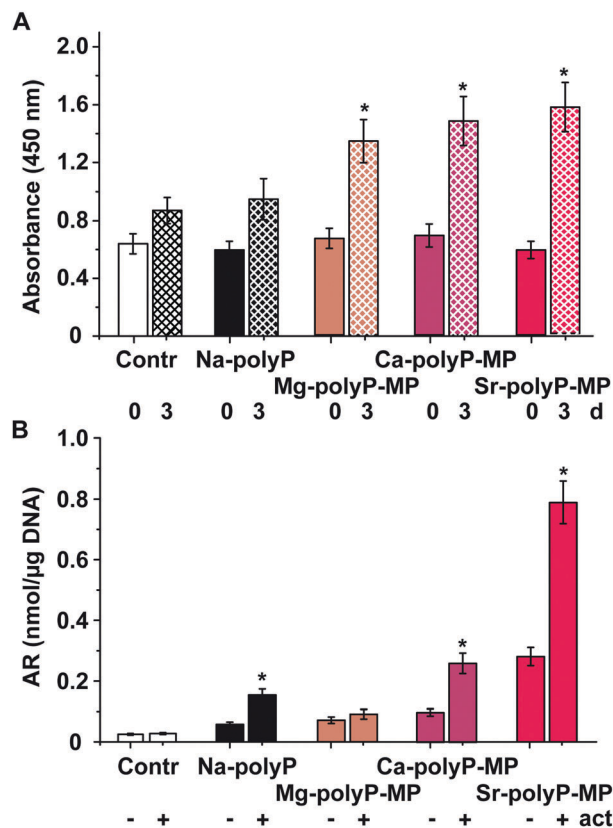
#### 6.4 Immune reactions

Until now no immune reactions have been reported for polyP. It has been proposed that polyP might elicit proinflammatory responses through the activation of the NF- $\kappa$ B pathway, perhaps reflecting the proinflammatory properties (proinflammatory mediators) of activated platelets.<sup>177</sup>

#### 6.5 Morphogenetic activity

The impressive and important property of the polyP microparticles, which distinguishes those particles from (almost all)





**Fig. 10** Effect of the different polyP preparations on viability/growth and mineralization of SaOS-2 cells. The cultures were incubated with  $10 \mu\text{g ml}^{-1}$  of Na-polyP ( $\text{Ca}^{2+}$ -complexed), Mg-polyP-MP, Ca-polyP-MP, Sr-polyP-MP; or they remained without polyP (Contr). (A) Effect on viability/growth, as determined by the XTT assay ( $A_{450}$  values). The incubation period was either 0 d (seeding) or 3 d (hatched bars). Ten parallel assays have been performed and the mean values ( $\pm$ SD) have been determined; (\* $p < 0.05$ ). (B) Effect on mineralization. The cells were incubated for 3 d in the absence of the activation cocktail (act) and continued to be cultured in the absence (–) or presence (+) of the cocktail for 4 d. The cocktail contained 5 mM  $\beta$ -glycerophosphate, 50 mM ascorbic acid and 10 nM dexamethasone. Then the amount of mineralization was determined by the Alizarin Red spectrophotometric assay, and normalized to the amount of cell DNA. Values represent the means ( $\pm$ SD) from 10 separate experiments each (\* $p < 0.05$ ).

other scaffold materials is that, in dependence on the type of the counterion (cation) [ $\text{Ca}^{2+}$ ,  $\text{Mg}^{2+}$  or  $\text{Sr}^{2+}$ ] used during the formation of the amorphous particles (Fig. 8), a more specific biological response could be determined. All four particles were found to be amorphous, as determined by XRD analysis.<sup>71,114,115</sup> The formation of nanoparticles is not only restricted to bivalent cations, but can also be extended to a trivalent gadolinium ion. Also this cation allows the formation of amorphous polyP nanoparticles/microparticles.<sup>178</sup> A comparative *in vitro* study with SaOS-2 cells is shown in Fig. 10.

SaOS-2 cells are bone-related tumor cells<sup>179</sup> that readily form hydroxyapatite *in vitro*.<sup>69</sup> As an activation cocktail for mineral deposition the components 5 mM  $\beta$ -glycerophosphate, 50 mM ascorbic acid and 10 nM dexamethasone were used.<sup>180</sup> At first the effects of the different particles,  $10 \mu\text{g ml}^{-1}$  of Na-polyP

( $\text{Ca}^{2+}$ -complexed), Mg-polyP-MP, Ca-polyP-MP or Sr-polyP-MP were assayed for viability/growth on SaOS-2 cells. In the controls, no polyP was added. As seen a significant effect on growth by the particles is found during an incubation period from time 0 (0 d) to day 3 (Fig. 10A). While for the assays with Na-polyP no significant increase in viability is seen with respect to the controls, the three assays, supplemented with Mg-polyP-MP, Ca-polyP-MP or Sr-polyP-MP showed a significantly enhanced growth compared to the polyP-free controls. Among the particle formulation themselves, no significant difference could be measured.

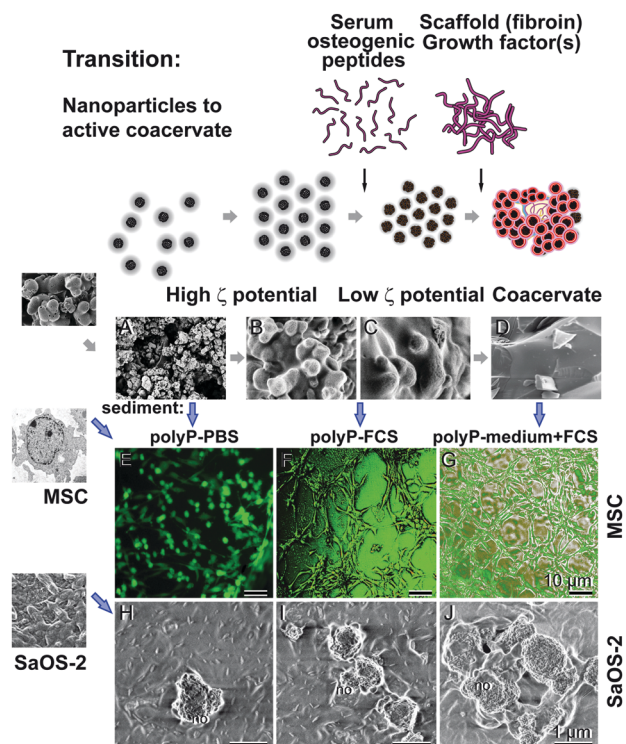
The inducible effect is not only restricted to the viability/growth of the cells but also to the activity of mineral deposition. Mineral deposition was determined by the spectrophotometric assay using Alizarin Red S stain.<sup>181</sup> The amount of bound Alizarin Red S was normalized to the total DNA in the samples. At first the cells were incubated again with  $10 \mu\text{g ml}^{-1}$  of Na-polyP ( $\text{Ca}^{2+}$ -complexed), Mg-polyP-MP, Ca-polyP-MP or Sr-polyP-MP, or remained without polyP (control) for an incubation period of 3 d. Then the activation cocktail was added to the cultures, which were subsequently incubated further for 5 d. Then the extent of mineralization was determined. Using this approach it is evident that a significant increase of mineralization occurred in the assays with Na-polyP ( $\text{Ca}^{2+}$ -complexed), Ca-polyP-MP or Sr-polyP-MP. Remarkable is the stimulatory effect displayed by Sr-polyP-MP (Fig. 10B).

Interestingly no significant effect is measured in the assays with Mg-polyP-MP (Fig. 10B). This finding, together with the observation that Mg-polyP-MP (Fig. 4G and H) have a broad size distribution and share similarity to the coacervate aggregates, led to the assumption that the coacervate state co-determines the biological effect of polyP. In turn, Ca-polyP-MP incubated for 7 d only in PBS, or in FCS, or in medium plus FCS was tested for the morphogenetic activity using MSC. After incubation the three samples were obtained by centrifugation and added at the same concentration ( $50 \mu\text{g ml}^{-1}$ ) to cultures of human MSC or SaOS-2 cells.<sup>182</sup> The polyP deposits remaining after incubation in PBS (polyP-PBS sediment) hardly changed the arrangement of the MSC on the plates during a 24 h-incubation (Fig. 11E). In contrast, the polyP aggregates, formed in the presence of FCS (polyP-FCS sediment) or in the assays with medium plus FCS (polyP-medium + FCS), prompted the cells to migrate and to form a pattern of attaching and communicating cells (Fig. 11F and G). Even more striking was the effect of the different polyP deposits on the mineralization activity of SaOS-2 cells. During an incubation period of 3 d in the presence of  $50 \mu\text{g ml}^{-1}$  of polyP-PBS only occasional mineral nodules are seen on the cells (Fig. 11H), while in cultures supplemented with either  $50 \mu\text{g ml}^{-1}$  of polyP-FCS or polyP-medium + FCS densely arranged mineral nodules are seen on the surface of the cells (Fig. 11I and J). This piece of study strongly suggests that polyP microparticles change their biological potency in dependence on the state, particle form or coacervate aggregate.

This described observation in the work leads to another important consequence. As outlined above, peptides and/or proteins added to polyP microparticles/nanoparticles, originating from

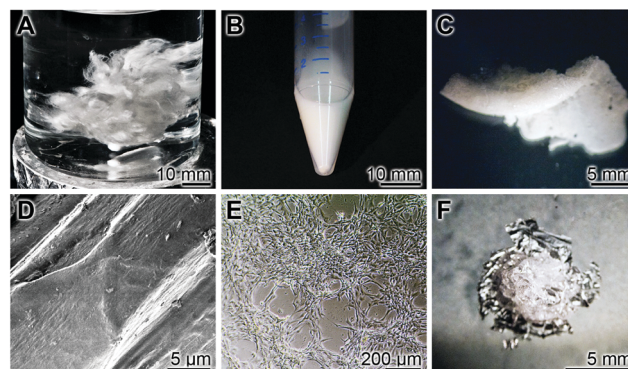






**Fig. 11** Transition of polyP microparticles/nanoparticles to coacervate aggregates in the presence of peptides [also like synthetic BMP-2 peptides] or proteins [like the structural scaffold fibroin]. During this process the  $\zeta$  potential decreases and allows the formation of coacervate aggregates. The SEM images of the polyP deposits, formed during a 7 d incubation in the presence of PBS (polyP-PBS sediment), or of FCS (polyP-FCS sediment), or in medium + 10 FCS (polyP-medium + FCS) are depicted (A, B, C and D). Addition of these polyP forms to MSC (E–G) or to SaOS-2 cells (H–J) changes the growth pattern and the mineralization potency of the cells. The increase of the nodule (no) abundance on the surface of the SaOS-2 cells in the presence of the coacervate *versus* the microparticle deposits is evident.

serum or in the form of synthetic peptides, like osteogenic peptides derived from BMP-2,<sup>183</sup> or structural scaffold materials like fibroin,<sup>184</sup> become readily incorporated into the particles due to their high  $\zeta$  potential (Fig. 11), resulting in the formation of coacervate deposits under physiological conditions (Fig. 11A–D). A likewise straightforward inclusion of structural proteins, like fibroin, can be achieved with Ca-polyP microparticles (Fig. 12). The fibroin is extractable from *Bombyx mori* raw silk fibers (Fig. 12A) purchased from Suzhou Silk Factory (Jiangsu; China). The fibers were degummed<sup>184</sup> using the  $\text{Na}_2\text{CO}_3$  procedure. The final soluble product was dialyzed against deionized water and added at a concentration of 3 wt% to a 20 wt% suspension of Ca-polyP microparticles (Fig. 12B). In addition, 1.5 g of solid  $\text{CaCl}_2$  was added. The resulting gum-like material was moldable (Fig. 12C); after thorough washing in PBS the plain surface (Fig. 12D) provided a suitable platform for MSC. After a 2 d incubation the cells attached and migrated to each other and proliferated (Fig. 12E). The fibroin internal scaffold is durable and could be released from the polyP surrounding material after a 7 d period (Fig. 12F).



**Fig. 12** Silk fibroin-based polyP coacervate aggregate. (A) Raw silk fibers were processed to degum and to release fibroin. (B) To soluble fibroin (3 wt%) Ca-polyP microparticles were added to give a final concentration of 20 wt%. (C) This material is moldable and stable after freeze-drying. (D) The surface of the material is plain and allows (E) the MSC to adhere, migrate and proliferate. (F) After incubation for 7 d period in medium + 10 FCS the polyP portion of the scaffold dissolved and exposed the fibroin internal scaffold.

The morphogenetic activities of the three major forms of the polyP microparticles/nanoparticles are outlined in the next section.

## 7. Studies on the potential use of amorphous polyP particles for bone/cartilage repair

Following our studies, summarized above which revealed that polyP apparently is used as a source material for the deposition of hydroxyapatite from amorphous Ca-phosphate it appeared to be reasonable to study first the potential application in orthopedic tissue engineering.

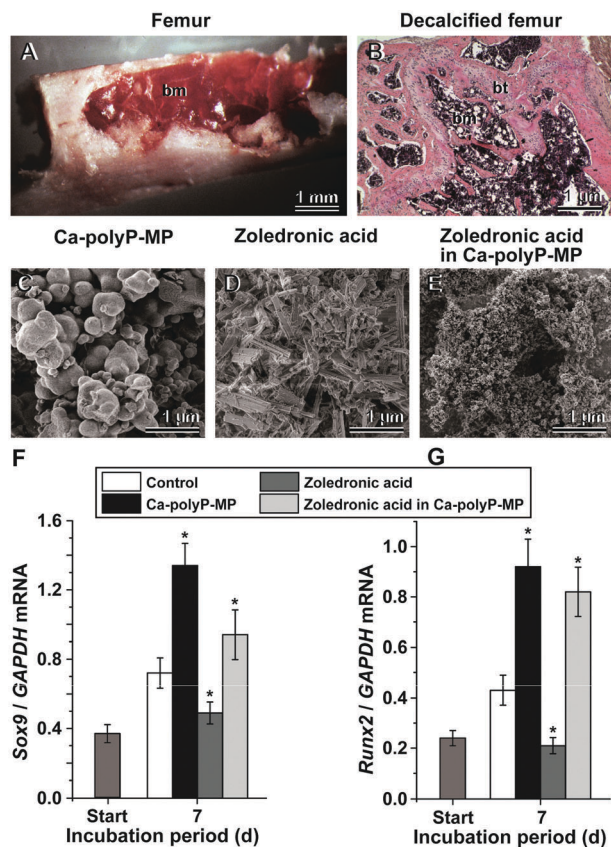
### 7.1 Activity of the various slowly soluble polyP salts in the long bone assay

The three salts of polyP from which amorphous nano/microparticles had been prepared have been further developed towards the application of bone and cartilage repair. The major cells involved in the repair of these hard/semi-hard tissues are the MSC from which the two cell lineages towards the osteoblasts for bone formation and chondrocytes for cartilage synthesis originate.<sup>185</sup> Besides these two finally differentiated cells, two further lines differentiate from the MSC: the tenocytes, which are elongated fibroblast type cells that give rise to the tendon cells, and the myocytes that form the muscles.<sup>186</sup> Depending on the signaling molecules they are exposed to<sup>186</sup> the inherent potential of the MSCs is to exhibit a positive role in tissue repair and tissue regeneration, especially in the field of bone-healing problems and early stages of osteo-articular impairments.<sup>187</sup>

Recently, an approach has been summarized to use almost complete femur explants from mice as an *in vitro* model to study the effect of amorphous polyP particles on the differentiation of







**Fig. 13** Application of polyP as a drug carrier in the long bone assay. The long bone, mouse femur, model was used to demonstrate the bi-functional effect of polyP, co-precipitated with zoledronic acid in the presence of  $\text{Ca}^{2+}$ . (A) Dissected and prepared mouse femur for *in situ* incubation of bone cells (bone marrow [bm]) within the femoral bone cavity. (B) The bone had been decalcified with EDTA (ethylene diamine tetra-acetic acid) and then stained with hematoxylin-eosin, to distinguish between the bone tissue (bt) and bone marrow (bm). Morphology of the polyP and zoledronic acid particles; SEM images: (C) amorphous Ca-polyP microparticles, (D) crystalline  $\text{Ca}^{2+}$  salt of zoledronic acid, (E) amorphous hybrid zoledronic acid in Ca-polyP microparticles. Steady-state-expression studies of bone marrow cells after exposure to amorphous Ca-polyP microparticles, crystalline  $\text{Ca}^{2+}$  salt of zoledronic acid, and amorphous hybrid zoledronic acid in Ca-polyP microparticles ( $30 \mu\text{g ml}^{-1}$  each): effect of the compounds on (F) chondrocyte differentiation [expression of the Sox9 marker gene] or on (G) osteogenic differentiation [Runx2 gene]. The expressions were determined by PCR after 7 d.<sup>188</sup> Standard errors of the means are shown ( $n = 6$  experiments per time point). The significant differences between the values in the controls and the respective treated samples are indicated with asterisks;  $* p < 0.01$ . (Partially taken from ref. 188 [with permission].)

the cells of the bone marrow in their natural microenvironment with major emphasis on the osteogenic and chondrogenic lineages (Fig. 13A and B). The expressions of the differentiation/transcription factor SOX9 (differentiation towards osteoblasts) and of the factor RUNX2 (chondrocyte differentiation) were used as markers;<sup>188</sup> Fig. 13. The steady-state-expression of both marker genes was found to be upregulated after exposure to Ca-polyP microparticles. Interestingly, the genes for the bone-catabolic enzymes in the osteoclast, cathepsin-K became down-regulated in this system. However, this system appears

not to be applicable for more detailed studies to determine the requirements of the polyP particles as a suitable scaffold in tissue engineering. Therefore, cell culture and animal experiments were performed with those materials.

## 7.2 Characteristics of Ca-polyP-MP for bone implants

The first form of the particles described and being amorphous has been obtained with the  $\text{Ca}^{2+}$  salts from polyP.<sup>71</sup>

**Biodegradability:** the particles are degradable *via* ALP in the same process as described for Na-polyP.<sup>66,71</sup>

**Biocompatibility:** the initial study was performed in rats<sup>166</sup> with amorphous Ca-polyP particles that had been encapsulated into PLGA. Those spheres were inserted into critical-size calvarial defects.<sup>166</sup> The results revealed that those particles are superior to  $\beta$ -tri-calcium phosphate ( $\beta$ -TCP) controls and initiated a faster regeneration.

**Regeneration activity** – including osteoinducibility [potency of the MSC to stimulate towards the bone-forming cell lineage (according to ref. 171)] and osteoconduction [facilitation of bony in-growth/guiding the reparative growth of the natural bone]: the animal/calvarial defect studies revealed that the polyP-based implant material is superior to microspheres filled with  $\beta$ -TCP controls.

**Osseointegration** [anchorage of an implant by the formation of bony tissue]: this property was met by the characteristics just described.

**Mechanical properties:** these properties are not crucial for the sphere (diameter  $\approx 800 \mu\text{m}$ )-based implants, applied for the small defects. The regeneration area (after the 12 week healing period) showed for the polyP-based implant a Young's modulus of 1.74 MPa, while for the  $\beta$ -TCP-controls only a value of 0.63 mPa was reached;<sup>166</sup> in parallel studies the modulus for the surrounding trabecular bone tissue was found to be only slightly higher with a value of 3.05 MPa.

**Morphogenetic activity** [control of cell growth and cellular differentiation through differential gene expression]: the ALP gene expression is considered as a major marker for a physiological bone mineralization process (reviewed in ref. 189). This gene becomes strongly upregulated in the presence of Ca-polyP particles.<sup>62</sup> In contrast, the expression of the membrane-associated *carbonic anhydrase IX*, an indicative gene for Ca-carbonate bioseed formation, remains unchanged.<sup>166</sup> A further gene anabolically implicated during bone formation, *collagen type I*<sup>190</sup> is also strongly upregulated in the presence of these particles, while  $\beta$ -TCP caused no effect.<sup>191</sup>

**Scaffold architecture:** for small defects the sphere technology has been applied until now. In anticipation of future animal studies a preparation technology has been introduced for larger implants. The freeze-extraction technology, using polyP together with collagen, was introduced to meet the requirements of a suitable architecture of scaffolds.<sup>192</sup> Such an implant material provides an interconnected pore structure with high porosity to allow cellular penetration and physiological diffusion of nutrients to the cells within the implant material.<sup>193</sup>

**Manufacturing technology:** the material, Ca-polyP microparticles/nanoparticles, is cost-effective. The starting polymer,



Na-polyP, is extensively purchasable and affordable (inquiry at: Chemische Fabrik Budenheim, Budenheim, Germany). Since it is a synthetic polymer it can be produced in a scalable process also achieving good manufacturing practice standards. The particles and the spheres are durable and can be used in practice with usual tools.

### 7.3 Acceleration of bone repair by Sr-polyP

Strontium cations serve as suitable counterions and allow the formation of Sr-polyP microparticles/nanoparticles;<sup>114,194</sup> again a 2-fold weight excess of  $\text{SrCl}_2 \cdot 6\text{H}_2\text{O}$  over Na-polyP allowed the formation of the 150 to 800 nm large amorphous microparticles (Fig. 4I and J). The resulting particles, Sr-polyP, strongly induced mineralization onto SaOS-2 cells *in vitro* and if encapsulated into PLGA also *in vivo*, using the rat critical-size calvarial defects as a model.<sup>114</sup> Implants, composed of PLGA and Sr-polyP particles, caused after a 12 week implantation almost totally a regeneration of the bone defect, and restored the hardness of the new tissue to normal. It might be noted that the regeneration capacity of these particles is, in this *in vivo* model, superior to Ca-polyP microparticles *in vitro* (Fig. 10) and *in vivo*.<sup>114</sup> The morphogenetic potency of the Sr-polyP *in vitro* is supported by the results that after exposure of SaOS-2 cells the steady-state-expression of ALP of BMP-2 (bone morphogenetic protein-2), as well as the expression of the *SOST* gene, encoding sclerostin which is considered to be an antagonist of BMP cytokines, is strongly to moderately modulated in SaOS-2 cells after exposure to Sr-polyP microparticles.

### 7.4 Potential use for cartilage repair: Mg-polyP

Magnesium is an abundant element in the crust of the Earth and is crucially involved in mineral deposition in the body.<sup>195</sup> An imbalance in the  $\text{Mg}^{2+}$  status, like hypomagnesaemia, often results in unwanted neuromuscular, cardiac or nervous disorders. Therefore, sintered, non-amorphous  $\text{Ca}^{2+}$ -polyP was prepared by melting at 1100 °C, and tested as cartilage implants with some success.<sup>196,197</sup> Our recent studies have not been performed with the  $\text{Ca}^{2+}$  salt in order to avoid and prevent  $\text{Ca}^{2+}$  crystal deposition in the synovial fluid, which is disadvantageous.<sup>198</sup> We have used the  $\text{Mg}^{2+}$  salt formulation of polyP instead for a (potential) application in cartilage repair.<sup>115,199,200</sup>

**Biodegradability:** no published data exist which directly showed that Mg-polyP-MP is degraded *in vitro* or *in vivo*. However, since the particles are biologically active and destroyed after incubation in the presence of ALP,<sup>71</sup> strong indirect evidence exists that Mg-polyP-MP also undergo enzymatic hydrolysis in the presence of ALP.

**Biocompatibility:** until now, only cell culture experiments with human chondrocytes<sup>115,200</sup> have been conducted; they revealed a significant upregulation of cell growth under the conditions used.

The regeneration activity has not yet been determined; animal experiments are under way.

**Mechanical properties:** these properties turned out to be very advantageous under *ex vivo* conditions. The material fabricated, especially together with hyaluronic acid,<sup>115,199,200</sup> turned out to

be very similar with respect to the strength and contractibility compared to physiological cartilage.

**Morphogenetic activity:** gene expression studies have been performed for *collagen type 3A1* and the characteristic transcription factor *SOX9* as well as for the *ALP*, *collagen 2A1* and *aggrecan*.<sup>115,199,200</sup> The steady-state-expression of these genes is significantly upregulated in the presence of Mg-polyP-MP.

**Scaffold architecture:** the architecture has been described. Importantly, it has been identified that the chondrocytes invade the Mg-polyP-MP-based implant material.<sup>199</sup> This observation suggests that this polyP formulation even attracts the cells.

**Manufacturing technology:** the characteristics are the same as those described for the Ca-polyP-MP.

### 7.5 Amorphous polyP particles as drug carriers: zoledronic acid

The anionic polymer Na-polyP can be readily co-precipitated with the anionic zoledronic acid, a drug frequently used in management of metastatic bone diseases<sup>201</sup> in the presence of  $\text{Ca}^{2+}$ .<sup>188</sup> During this process the mixed deposits Ca-polyP/zoledronic acid remain almost perfectly amorphous (Fig. 13E) like the Ca-polyP particles, in contrast to the deposits with pure zoledronic acid and  $\text{Ca}^{2+}$  which formed strong crystals (Fig. 13D). In turn, it can be postulated, and the *in vitro* data supported this view, that zoledronic acid encapsulated together with polyP shows a higher bio-availability. The gene expression studies revealed that the mixed amorphous particles still retain the morphogenetic activity of polyP *in vitro*, to induce the expression of the transcription factors *SOX9* (induction of MSC towards osteoblast differentiation; Fig. 13F) and of *RUNX2* (inducing chondrocyte differentiation; Fig. 13G) while simultaneously inhibiting cell growth, the zoledronic acid effect.

## 8. Types of application

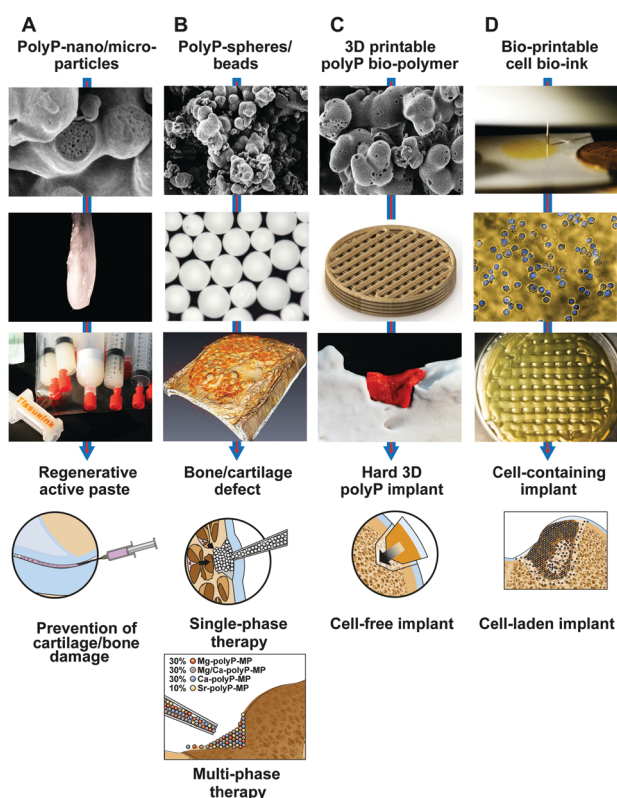
Based on the basic scientific information gathered until now, the major applied focus is put on the development of the polyP-based microparticles/nanoparticles for the prevention of osteo-articular cartilage and bone lesions and their eventual repair with implants. In particular, the cartilage and the bone tissue are characterized by a comparably low blood circulation paralleled with a low regeneration capacity of the cells. Even more, the overall percentage of cells present in bones and tissues is low and the proportion of regeneratively active cells, *e.g.* osteoblasts, amounts to about 4–6% of the total resident bone cells<sup>202</sup> or chondrocytes that constitute about 2% of the total volume of articular cartilage.<sup>203</sup> In order to exploit the properties of polyP, first that it is regeneratively active and second that it elicits metabolic energy during enzymatic hydrolysis, the polymer is not advisable to be applied as Na-polyP. As reported<sup>69</sup> Na-polyP chelates out  $\text{Ca}^{2+}$  from the physiological milieu, resulting in toxic effects. This can be prevented by the fabrication of only slightly soluble salts of polyP formed with  $\text{Ca}^{2+}$ ,  $\text{Sr}^{2+}$  or  $\text{Mg}^{2+}$  from the highly soluble Na-polyP. Initially those  $\text{Ca}^{2+}$  salts of polyP have been sintered,<sup>204</sup> converting the polymer into a crystalline state. In order to increase the



bioavailability of the polymer and to allow a controlled enzymatic disintegration amorphous polyP salts in the form of microparticles/nanoparticles have been prepared.<sup>71</sup> Those particles can be integrated into a paste or in bio-printed implants or processed to spheres by embedding the particles in an organic matrix like PLGA.<sup>166</sup>

### 8.1 Regenerative active paste

A hydrogel has to be combined with polyP particles in order guarantee a sustainable fluid/gel state. A successful paste was prepared with hyaluronic acid. This anionic, nonsulfated glycosaminoglycan is an established multifunctional polymer that is used as a component in design engineered hydrogels.<sup>205</sup> It can be used together with polyP to cross-link the two components with  $\text{Mg}^{2+}$ .<sup>200</sup> Also cross-linking with  $\text{Ca}^{2+}$  is possible; those mats have been shown to increase the steady-state-expression of the stromal cell-derived factor 1 [SDF-1 $\alpha$ ],<sup>168</sup> a signaling molecule that acts as a strongly chemotactic chemokine.<sup>206</sup> The paste can be readily sterilized in a syringe with ethylene oxide,<sup>207</sup> allowing versatile application as a sealant for smaller bone defects, e.g. after removal of a bone tumor or for sinus lifting (Fig. 14).



**Fig. 14** Selected application for the polyP-based material in tissue engineering. (A) Development of a  $\text{Ca}^{2+}$  polyP salt containing paste for a potential prevention of cartilage and bone damage. (B) Application of spheres prepared from polyP microparticles/nanoparticles for single-phase therapy (bone or cartilage), or multi-phase therapy (bone and cartilage). (C) Fabrication of customized implants using the inorganic polyP component and an organic polymer, like PLGA. (D) Cell-laden implants prepared in a process from bio-printing of polyP-supplemented bio-ink with cells and insertion as customized implants into the bone/cartilage defect.

A future aspect of the developments will also include an *in vivo* study to elucidate whether such a polyP-hydrogel paste can be applied into the synovial fluid with the objective of learning whether this formulation can support cartilage repair, while preventing a later occurring bone defect, as anticipated.<sup>208</sup>

### 8.2 Single-phase polyP-based spheres

An emulsion-based embedding<sup>209</sup> of the polyP particles into PLGA has been prepared with the formation of  $\approx 800 \mu\text{m}$  large spheres. Those spheres have been implanted into cranial defects and were shown to undergo dissolution during a 4-week period in rats.<sup>166,191</sup> This initial phase is accompanied by an invasion of new cells, comprising bone-mineralizing activity (Fig. 14). This biological regeneration-inducing function was found to be superior to the one caused by  $\beta$ -TCP controls.

It is hoped that this polyP particle/sphere approach can be established as a potential single-phase therapy using distinct polyP-based spheres for a specific disorder, bone or cartilage.

### 8.3 Multi-phase spheres

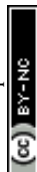
As a consequence, the difference in the  $\zeta$  potential of the polyP  $\text{Ca}^{2+}$ ,  $\text{Mg}^{2+}$  and  $\text{Sr}^{2+}$  salts of polyP (with a gradient from  $-50 \text{ mV}$  [ $\text{Sr}^{2+}$  salt] via  $-42.3 \text{ mV}$  [ $\text{Ca}^{2+}$  salt] to  $-20 \text{ mV}$  [ $\text{Mg}^{2+}$  salt]; to be published) and the morphological differences of the particles (Fig. 4), varying from total spherical (the  $\text{Sr}^{2+}$  and the  $\text{Ca}^{2+}$  polymers) to more fluffy, flat aggregates ( $\text{Mg}^{2+}$  polymer) suggest that the particles share a different tendency to form coacervates. This difference will surely also reflect not only different release kinetics of the respective counterion from the polymeric salt but also a phase-specific differential biological effect.

In turn, the polyP salts will be embedded into spheres and added to the cartilage/bone defect region as implants in a zoned arrangement. The objective of this approach would be a sequential and/or a regional repair of the damaged osteo-articular defect.

### 8.4 3D bio-printed implants

It is surely very correct and very scientifically based that a successful regenerative repair of a bone or cartilage region must also involve MSCs. However, here the progress can be advanced in two directions; either the cell-free implants should have the biological property to attract the MSC to the place of the defect, or, the cell-laden implants supply with the respective scaffold the MCS to the defect.

At present – and for a more short-term accomplishment of the objective to provide and fabricate customized implants – the cell-free printed implants appear to be more feasible. In recent years an increasing number of studies have been published that demonstrate the rapid progress in the field of 3D printing technology (reviewed in ref. 210). In a recent study polyP in the form of inorganic, amorphous  $\text{Ca}^{2+}$  polyP particles was embedded into an organic poly- $\epsilon$ -caprolactone [PCL] matrix and printed to tissue-like scaffolds, leaving space in the potential implant for a later invasion of cells.<sup>211</sup> The implants with their stacked architecture were determined to combine suitable biomechanical properties with polyP-based morphogenetic activity. Important to notice is again that this scaffold





showed the property to attract the SaOS-2 cells most likely *via* the chemokine SDF-1 $\alpha$ .

Future directions will include the optimization of the bio-mechanical stability of respective scaffolds in a regeneration-dependent manner. It should be attempted to fabricate a scaffold that matches the dissolution kinetics in the implanted region with the regeneration potential and hence the ingrowth efficiency of the regenerating tissue.

### 8.5 Cell-laden 3D bio-printed implants

Besides the potential ethical hurdles which might be anticipated, the major difficulty in the strategies is to develop suitable matrices allowing the embedding of the MCS at a lower concentration (<1 million cells per ml [g] of implant). This is a very serious difficulty, since the underlying constricting factors are complex (Fig. 14). First, the material must allow a sufficient supply of the cells with soluble nutrients/energy; then, the materials must be biocompatible and finally, the materials must allow and support proliferation and differentiation. Furthermore, both direct cell-cell contact through nurse cells<sup>212</sup> and even extracellular vesicles affect the differentiation direction of the MSC.<sup>213</sup> Those vesicles are abundantly present around SaOS-2 and HUVEC cells.<sup>214</sup> In addition, it has been shown that the topology of the surrounding matrices controls the gene expression systems within MSCs and in turn also the phenotype of the differentiated cells.<sup>215</sup> Surely a defined cocktail of growth factors will help overcome these challenges (reviewed in ref. 216); however, it is far from clear to outline which signals are sequentially expressed to direct the MSC towards the chondrogenic or osteogenic direction. Interestingly enough adenosine receptors have been implicated in the selection of those pathways;<sup>217</sup> the related purinergic receptors have been implicated in the signaling cascade of extracellularly applied polyP.<sup>218</sup>

In the studies performed by us we used Na-polyP, complexed with additional Ca<sup>2+</sup>, alginate and gelatin to stabilize a bio-ink that allowed printing of implants with bone-related SaOS-2 cells.<sup>219</sup> The cells showed a considerable proliferation capacity, even though the reduced Young's modulus for the hydrogel, reached a value of approximately 13–14 kPa. Basically as expected and also intended, the hardness dropped during a >5 d incubation period. The cells showed distinct mineralization potency. This direction of work demonstrated that polyP as a component of the printing matrix is essential for cells to grow in the hydrogel.

### 8.6 Scaffold architecture with hierarchical functionalization

The ECM has a multiscale hierarchical architecture from the macro-, micro- and nanoscale (reviewed in ref. 220 and 221). It is a natural composite containing both organic components (mainly type-I collagen, but also type-III, type-IV collagen and fibrillin) and also inorganic crystalline mineral (mainly hydroxyapatite). It resembles large churches like the Cologne cathedral constructed with hybrid materials, cement and mortar. In bones the macrostructure is built by osteons, again an organized entity of osteocytes, osteoclasts, osteoblasts, canaliculi, lamellae and lacunae. The structure giving organic fibers are

made of collagen fibrils (diameter of  $\approx 0.5 \mu\text{m}$ ) that are made of 1.5 nm fibers, enforced by nanocrystalline hydroxyapatite. These elements are made of collagen molecules, having a 2–3 nm periodicity. This hierarchical structure provides stability not only on the macroscale level but also down to the nanoscale structures. In particular, porosity is an important property providing stability to the bio-inorganic bone but also space for the infiltration of the circulation system. The porosity varies between 50 and 90%.<sup>221</sup> Therefore, osteo-articular implants should also mimic the hierarchical structure that follows native tissues. In the ECM self-assembled collagen fibrils contribute to the major scaffold elements also in the bone, and especially in the cartilage tissue. This polymer or a related organic fibrous material has been used since the beginning as a biomimetic scaffold to fabricate hierarchically organized structures, and generating support, in bone and cartilage tissue engineering applications.<sup>222–224</sup> Because this polymer comprises major problem as a scaffold for orthopedic tissue engineering due to the relatively poor mechanical properties,<sup>193</sup> the fibers have been functionalized and then used for building three-dimensional porous scaffolds providing an interconnected macroporous network with pore diameters that match the spacings required for vascularization and tissue ingrowth.

The physiological polymer polyP is an exceptionally suitable material to form a porous scaffold biomaterial (sketch in Fig. 15). According to the concentration of Ca<sup>2+</sup> and the duration of exposure Na-polyP can be printed together with a hydrogel

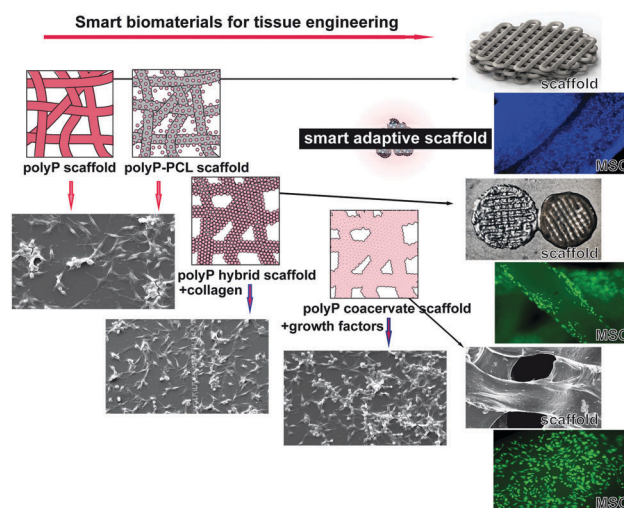


Fig. 15 Schematic outline of the polyP-based scaffold formation using the process of hierarchical functionalization in order to fabricate a smart biomaterial suitable for osteo-articular tissue engineering. From the left to the right: a polyP scaffold can be prepared, bio-printed by extruding Na-polyP, dissolved in a hydrogel, in a Ca<sup>2+</sup> containing medium. The polyP scaffold can be enforced with both an organic/synthetic polymer, with PCL as an example, or organic/physiological additives with collagen in order to further improve the biomechanical properties. After transfer of the polyP/collagen scaffold into physiological culture conditions (medium and serum), the particles undergo coacervation. If the organic/physiological hybrid material is used together with polyP, the cells can even be bio-printed into this matrix. Otherwise, as in the case of the organic/synthetic scaffold the cells attach to the surface of the matrix.



and subsequently hardened to a scaffold material useful for smaller implants.<sup>167</sup> This mono-material (non-composite) scaffold already exhibits morphogenetic activity. In order to improve and further adapt the polyP-based scaffold to the biomechanical characteristics of bone and cartilage, organic/synthetic and organic/physiological scaffold additives have been successfully evaluated. PCL is a versatile organic/synthetic since it can be formulated with different biomechanical characteristics as well as periods for biodegradation.<sup>225</sup> The property of PCL to be inert can be overcome with polyP, as demonstrated.<sup>211</sup>

We have applied the technique of freeze-extraction to process collagen, as an organic/physiological additive, together with polyP *via* a colloid formation, followed by  $\text{Ca}^{2+}$  cross-linking, and freeze-extraction to fabricate a macroporous hybrid biomaterial/bioscaffold material.<sup>192</sup> The scaffold has been composed in addition to collagen with chondroitin sulfate that could be likewise linked with  $\text{Ca}^{2+}$ . In the absence of polyP a fibrous collagen scaffold is seen that resembles the ECM (Fig. 16A and B). In the presence of polyP and after processing with  $\text{Ca}^{2+}$ , nanoparticles of Ca-polyP are formed around the collagen fibers that measure only  $\approx 50$  nm (Fig. 16C and D). Between this hierarchically formed scaffold, fibrous matrix

decorated and partially cavity-filling polyP nanoparticles, cavities/channels have been left open with a diameter of larger than  $75\ \mu\text{m}$  (Fig. 16C and D). The mechanical properties have been determined with a Young's modulus of 0.4 MPa. The biocompatibility of the polyP/collagen was proven both by cell proliferation experiments and with gene expression/PCR [polymerase chain reaction] studies. If this scaffold is submerged into medium plus FCS, the polyP particles fuse to extensive mat-like coacervate assemblies (Fig. 16E and F).

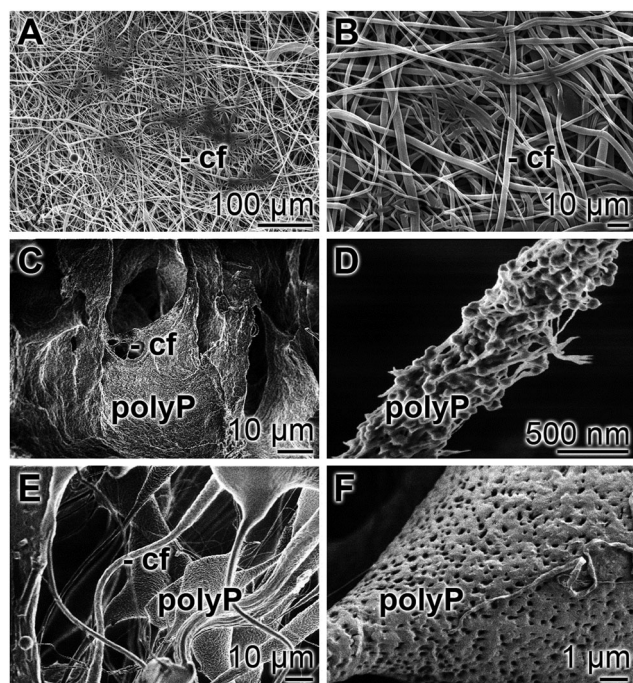
The suitability of the polyP matrix for bioprinting of cells within the matrix has been successfully demonstrated.<sup>219</sup>

As outlined, an interesting feature of polyP, if fabricated into particles at pH 10, the technique which has been applied for leaving the particles in an amorphous state,<sup>71</sup> is that the particles are in a coacervation phase. This phase, according to the available data, is the form which acts also physiologically in the cell culture and surely also *in vivo*, where the inorganic as well as organic constituents are dissolved in a proteinaceous environment (also depicted in Fig. 15). In the future, it will be studied if already during the process of particle formation the coacervate step can be passed through.

## 9. Conclusion and outlook

The clue during evolution to metazoan organisms was the successful development of an insoluble matrix that was transformed to a functionally active support through an integration of enzymatic and non-enzymatic biological molecules. It is obvious that the non-cellular ECM components of the cell microenvironment play a critical role in promoting cell activity, like adhesion, spreading or migration, invasion and metastasis (reviewed in ref. 226). The interactions between the cells and their associated ECM create dynamic mechanical and metabolic energy transmitting relationships that regulate those cellular processes. A perturbation in those biophysical dynamics between cell layers and the ECM potentiates signaling pathways that regulate tumor growth, invasion, and survival.<sup>227</sup> In the other extreme situation, a lack of any signals emanating from the ECM to the cells turns the proliferating cells to quiescent cells.<sup>228</sup> It is the cellular AMP-activated protein kinase that functions as the energy sensor for any kind of cellular activity<sup>229</sup> and the integrin/tensin system functions as a linker monitoring the extracellular energy status to this kinase.<sup>230</sup> The extracellular supramolecular architecture, composed (by non-covalent linkages) of laminins, nidogens, heparan sulfate proteoglycans, perlecan, agrin and collagens, needs metabolic energy to allow the self-association of the monomeric components; they are endothermic, primarily entropy-driven phase separation processes (reviewed in ref. 231). Spontaneous complex coacervation is characterized by a negative Gibbs free energy.<sup>232</sup>

As summarized in this review polyP is a physiological bioinorganic polymer undergoing coacervation after transfer of the particles (like the Ca-polyP microparticles/nanoparticles) from pH 10 to a physiological pH.



**Fig. 16** Morphology of the 3D hybrid macroporous polyP/collagen scaffold prepared by  $\text{Ca}^{2+}$  followed by subsequent centrifugation/freeze-extraction; SEM. Chondroitin sulfate accounted for the hydrogel characteristics in the material. (A and B) The collagen scaffold prepared in the absence of polyP. The collagen-based fibrillar structure mimics the physiological ECM organization, while the interspatial characteristics are different. (C and D) Fabrication in the presence of polyP resulted in the formation of Ca-polyP nanoparticles with a diameter of  $\approx 50$  nm. These particles are densely packed around the collagen fibers. (E and F) After incubation for 1 d in medium, supplemented with 10% FCS, the spherical appearance of the particles, decorating the collagen fibers, is changed and extensive mat-like polyP coacervate assemblies are seen.





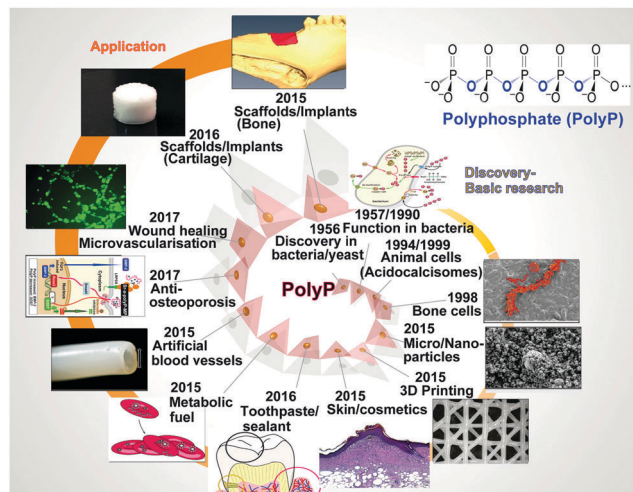


Fig. 17 Steps in the course of the basic and applied discoveries of polyP, especially in humans. (Partially from ref. 238 [with permission].)

After the initial studies on the polyP metabolism in bacteria and yeasts, and then in higher organisms<sup>89,158,233</sup> the potential applications for human hard tissue repair were proposed.<sup>64</sup> A growth of studies occurred after the introduction of the technology to fabricate Ca-polyP microparticles.<sup>71</sup> Subsequently, those particles had been included in scaffolds, microspheres or pastes for the application in skin,<sup>234</sup> teeth,<sup>235</sup> artificial blood vessels<sup>236</sup> and for wound healing.<sup>237</sup> In addition, due to the beneficial hardening characteristics as an implant material, a further momentum was reached, with respect to implant fabrications also in a personalized way, as well as a potential help in osteoporosis.<sup>114,167,211</sup> A schematic time course is sketched in Fig. 17.

Previously a series of naturally-derived biomacromolecules, like heparin or other polyanions, have been shown to improve the regenerative activity through their coacervation properties.<sup>239</sup> In turn, polyP provides a first coacervate-based biomaterial that has the potential to become successfully introduced in tissue engineering (Fig. 15). It has many advantageous properties. For example, it:

- is physiologically suitable
- is amorphous
- has metabolic energy required for the maintenance of the extracellular supramolecular architecture
- provides with monomeric phosphate units as essential building groups for bone (hydroxyapatite) formation
- can be coated around (bio-inert) scaffolds
- allows the integration of biologically active components, like peptides or drugs
- is not only a scaffold supporting cellular growth but promotes growth and differentiation of cells. By this, polyP is en route to follow the formulated forward-looking concept<sup>240,241</sup>
- is not only a solid, macroscopic polymer, designed “with robustness in mind” and “manufactured by conventional engineering routes” but is provided with the potential to self-assemble at the nanoscale in a dynamic process during which new biological functionalities are gained.

With these features a new paradigm in tissue engineering might become a reality.

The new technologies, especially of the biofabrication processes applying additive manufacturing-rapid prototyping-solid freeform fabrication allowing the production of customized implants will surely revolutionize the development also in the field of osteo-articular implantology. However, there are significant challenges to overcome as outlined.<sup>242</sup> The bone or cartilage implants can be fabricated in small dimensions – but for larger implants the central issues are suitable running systems for blood vessels, physiological supply with spatio-temporal biochemical and mechanical stimuli or the compliance/compatibility with the tissue environment. Also the manufacturing technology required for the preparation of the biomaterial has to be determined, since only then will a standardization of protocols for the fabrication and the application – from the manufacturer to the patient – become possible. Therefore, the biomaterials to be applied must be “smart”, meaning dynamic, rather than static and self-adaptable to the given tissue environment. Based on these prerequisites, skeletal stem cell biology has to be improved towards a further understanding of the signals, cytokines/chemokines and cellular interactions, directing the MSC to a functional and appropriate cell lineage. Finally the economical constraints cannot be forgotten.

The biopolymer polyP, especially being fabricated as amorphous microparticles/nanoparticles, will contribute with its described properties to develop a new generation of smart biomaterials, hopefully improving the quality of life in the aging populations worldwide.

## Conflicts of interest

There are no conflicts to declare.

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