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# Reconstitution properties of biologically active polymersomes after cryogenic freezing and a freeze-drying process†

Robert Ccorahua,<sup>‡a</sup> Silvia Moreno,<sup>‡b</sup> Hannes Gumz,<sup>bc</sup> Karin Sahre,<sup>b</sup> Brigitte Voit<sup>\*bc</sup> and Dietmar Appelhans<sup>‡b</sup>

Reconstitution of biologically active polymersomes from the frozen or solid state into any fluid state is still a challenging issue for the design of new biological experiments and for the formulation of therapeutic agents. To gain knowledge about the reconstitution of pH-responsive and photo-crosslinked polymersomes, surface-functionalized and enzyme-containing polymersomes were cryogenically frozen (−20 °C) or freeze-dried with inulin as the lyoprotectant (0.1% w/v) and stored for a defined time period. Reconstituting those polymersomes in solution by thawing or a re-dispersing process revealed their original physical properties as well as their function as a pH-switchable enzymatic nanoreactor.

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## Introduction

Over the last two decades, polymersomes have been used as a supramolecular platform to mimic artificial organelles and cells and to imitate cell membrane functions for the communication/transport between compartments. Moreover, they are also usable as versatile materials in the field of drug delivery, bio-imaging, diagnostics, and theranostics.<sup>1–11</sup> The great interest in them, fabricated by the assembly of amphiphilic block copolymers, is derived from the higher mechanical stability of polymeric membranes compared to their natural counterparts, the phospholipid bilayers, also named liposomes.<sup>1,2,10,11</sup>

Generally, these polymeric vesicles possess versatile properties for successful use in biomedical applications. Studies on the surface functionalization of polymersomes have been carried out, while the loading of drugs, proteins and enzymes by polymersomes' cavity and membrane is also possible.<sup>1–20</sup> Furthermore, various kinds of polymersomes address the required biological and pharmacological properties for *in vitro* and *in vivo* studies. However, the encapsulation of enzymes without deactivation by polymersomes and their long-term use for biomedical applications are still challenging issues.<sup>2,10,11,15,17,20</sup> For example, the process of lyophilization is often used to prepare pharmaceutical

formulations with easy handling, allowing reconstitution into solution when it is necessary.<sup>21</sup> It is important to have a biologically active material of desirable quality that retains its physico-chemical characteristics after lyophilization, storage and reconstitution. During the freezing step of some samples, undesired processes can happen such as membrane rupture of polymeric vesicles, deformation of shapes or tight sticking of several polymeric vesicles, which may result in non-completely re-dispersion or uncontrolled aggregation processes afterwards. To avoid such lyophilization stresses, lyoprotectant molecules are added to solutions before freeze-dried process starts.<sup>22,23</sup> This also increases the long-term stability upon storage. Molecules such as inulin and mannitol have been previously explored as lyoprotectant molecules for the re-dispersion of polymersomes.<sup>19,20</sup> The lyoprotectant molecules have shown to retain the stability and diameter of previously formed polymersomes after lyophilization.

Until now, in our group several enzymes (*e.g.*, myoglobin or glucose oxidase) have been encapsulated by pH-switchable and photo-crosslinked polymersomes and their multicompartments.<sup>14,17</sup> It was shown that the encapsulation provides an enhanced enzyme stability over time. Moreover, those polymersomes are also addressable for host–guest interactions with glycodendrimers as protein mimics ( $\varnothing \leq 6$  nm) at the inner and outer sphere of polymersome membrane. These supramolecular assemblies and hybrid architectures are excellent candidates for different bio-related studies.<sup>16,17,20,24</sup> Therefore, the goal of this study was to investigate the reconstitution of biologically active, pH-responsive and photo-crosslinked polymersomes from frozen or solid state to fluid state (Fig. 1, 2 and 4). For this cryogenic freezing (−20 °C) and lyophilization processes, combined with long/short-term storage, have been applied and the influence of lyoprotectant molecules on the

<sup>a</sup>Department of Mechanical Engineering, Pontificia Universidad Católica del Perú, Lima 32, Peru

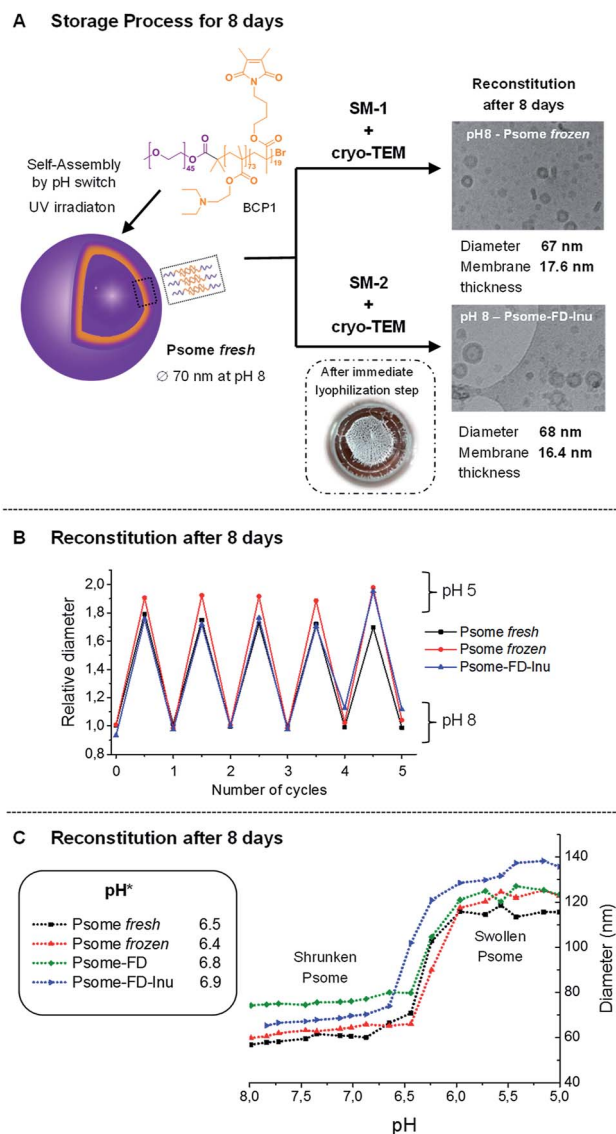
<sup>b</sup>Leibniz-Institut für Polymerforschung Dresden e.V., Hohe Straße 6, 01069 Dresden, Germany. E-mail: applhans@ipfdd.de; voit@ipfdd.de

<sup>c</sup>Technische Universität Dresden, Faculty of Science, Department of Chemistry and Food Chemistry, 01069 Dresden, Germany

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‡ Equal contribution of both authors.





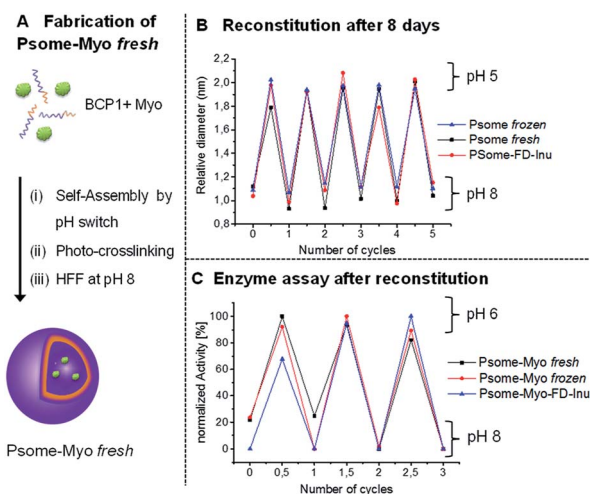
**Fig. 1** Reconstitution of photo-crosslinked polymersomes (Psome) after the application of storage methods SM-1 (stored at  $-20^{\circ}\text{C}$  for 8 days) and SM-2 (stored at  $4^{\circ}\text{C}$  for 8 days after freeze-drying process). (A) SM-1 and SM-2 – preparation, storage, stability and reconstitution of Psome, shown by cryo-TEM study. (B) Reconstitution – swelling-shrinking cycles of pH-responsive polymersomes between pH 5 and pH 8 studied by DLS. (C) pH-dependent DLS measurements after reconstitution – determination of pH\* (half power of Psome swelling) for Psome fresh, Psome frozen, Psome-FD (FD = freeze-dried) and Psome-FD-Inu (Psome-FD + 0.1% Inu).

reconstitution of pure polymersomes (Fig. 1). This also included the study on enzyme loaded polymersomes as nanoreactors (Fig. 2). Moreover, biohybrid architectures, composed of human serum albumin-(HSA)-modified polymersomes (Psome-HSA), were also used and validated (Fig. 4).

## Experimental part

### Materials

If not stated otherwise, all chemicals were used as received. All chemicals, anhydrous tetrahydrofuran (THF, Sigma-Aldrich),



**Fig. 2** (A) *In situ* encapsulation of myoglobin by the fabrication of polymersomes (Psome-Myo). (B) Swelling-shrinking cycles of reconstituted Psome-Myo between pH 5 and pH 8, studied by DLS after applied storage methods SM-1 (stored at  $-20^{\circ}\text{C}$  for 8 days) and SM-2 with 0.1% w/v of inulin (stored at  $4^{\circ}\text{C}$  for 8 days after freeze-drying process; Psome-Myo-FD-Inu); comparison with freshly prepared sample (Psome-Myo fresh). (C) Enzyme (Myo) activity of reconstituted of Psome-Myo after applied storage methods SM- and SM-2 with 0.1% w/v of inulin at pH 8 and pH 6 studied by UV-Vis; comparison with freshly prepared sample (Psome-Myo fresh).

anhydrous 2-butanone (Fluka) and triethylamine (Fluka) were stored over a molecular sieve. Poly(ethylene glycol) methyl ether (MeO-PEG-OH;  $M_n = 2000 \text{ g mol}^{-1}$ ;  $M_w/M_n = 1.05$ ), albumin from human serum (HSA), diethylaminoethyl methacrylate (DEAEM), 2,2'-bipyridine, 2-bromoisobutyl bromide, 2-aminoethanol, 4-aminobutanol, methacryloyl chloride, copper(I)-bromide, aluminum oxide (neutral, activated), myoglobin from equine skeletal muscle (Myo, essentially salt-free, lyophilized powder), guaiacol, phosphate buffered saline (tablet), (1*R*,8*S*,9*S*)-bicyclo[6.1.0]non-4-yn-9-ylmethyl *N*-succinimidyl carbonate (COD), inulin from chicory, D-mannitol, fluorescein-5(6)-isothiocyanate (FITC), albumin from human serum (HSA), sodium hydroxide and magnesium sulfate were purchased from Sigma-Aldrich. 3,4-Dimethylmaleic acid anhydride, THF, toluene, chloroform-*d* and ethyl acetate were purchased from Acros Organics. From Merck (Germany) *n*-hexane, hydrochloric acid (37%) and silica gel were purchased. 6-Monodeoxy-6-monoamino- $\beta$ -cyclodextrin was purchased from Cyclodextrin Shop (Division of AraChem, Netherlands).

### Devices

**Size exclusion chromatography (SEC).** The molar mass distributions ( $\bar{M}$ ) of block copolymers were measured using SEC equipped with a MALLS detector (MiniDAWN-LS detector, Wyatt Technology, USA) and a viscosity/refractive index (RI) detector (ETA-2020, WGE Dr Bures, Germany). The pump (HPLC pump, Agilent 1200 series) and the column (PL MIXED-C with a pore size of  $5 \mu\text{m}$ ,  $300 \times 7.5 \text{ mm}$ ) were from Agilent Technologies (USA). The eluent was THF (stabilized with 0.025% BHT) with a flow rate of  $1 \text{ mL min}^{-1}$ . The calibration was based on polystyrene standards ranging from 1300 to  $377\,400 \text{ g mol}^{-1}$ .



**Nuclear magnetic resonance spectroscopy (NMR).**  $^1\text{H}$  NMR (500.13 MHz) spectra were recorded using Bruker Avance III 500 spectrometer (Bruker Biospin, Germany) with  $\text{CDCl}_3$  as a solvent at room temperature. Chemical shifts are expressed in ppm and referenced to corresponding solvent signals ( $\text{CDCl}_3$ :  $\delta = 7.26$  ppm).

**Matrix-assisted laser desorption/ionization time of flight mass spectrometry (MALDI-TOF MS).** The MALDI-TOF experiments were performed on an Autoflex Speed TOF/TOF system (Bruker Daltonics GmbH). The measurements were carried out in a linear mode and positive polarity by pulsed smart beam laser (modified Nd:YAG laser). The ion acceleration voltage was set to 20 kV. For the sample preparation, the polymers were mixed with sinapinic acid as matrix both dissolved in a mixture of acetonitrile and 1% aqueous formic acid in a ratio of 1 : 1 by volume. The preparation was done without salt.

**Dynamic light scattering (DLS).** DLS studies of aqueous polymersome solutions ( $\leq 1$  mg  $\text{mL}^{-1}$ ) were carried out over a range of pH at 25 °C using a Zetasizer Nano-series instrument (Malvern Instruments, UK) equipped with Dispersion Technology Software (version 5.00). The data were collected using the NIBS (non-invasive back-scatter) method using a helium-neon laser (4 mW,  $\lambda = 632.8$  nm) and a fixed angle of 173°. The peak size given is the z-average. The data evaluation was carried out by using Malvern Software 7.11.

**Zeta-potential measurements.** Zeta potential ( $\zeta$  potential) of the polymersomes (1 mg  $\text{mL}^{-1}$ ) was determined at pH 5 and 8 by Zetasizer Nano-series instrument (Malvern Instruments, UK) through electrophoretic light scattering. The data evaluation was carried out by using Malvern Software 7.11.

**Hollow fiber filtration (HFF).** HFF was carried out using KrosFlo Research Iii System equipped with a separation module made of polyethersulfone membrane (MWCO: 500 kDa, SpectrumLabs, USA). The transmembrane pressure was 150–180 mbar with a flow rate of 15  $\text{mL min}^{-1}$ . The shear-forced separation of unbounded macromolecules (enzyme or HSA) was performed by washing the samples continuously with phosphate buffer at pH 8 for several cycles until no residues were observed in the waste solution by UV-Vis Spectroscopy or enzyme assay.

**Ultraviolet-visible (UV-Vis) spectroscopy.** UV-Vis analysis was performed using Specord 210 Plus double beam UV-Vis spectrophotometer (analytik jena, Germany). Samples were measured at desired wavelength range in semi-micro cuvettes (Brand GmbH).

**Cryogenic transmission electron microscopy (cryo-TEM).** Cryo-TEM images were acquired using Libra 120 microscope (Carl Zeiss Microscopy GmbH, Oberkochen, Germany) at an acceleration voltage of 120 kV. Samples were prepared by dropping 2  $\mu\text{L}$  of polymersome solution (1 mg  $\text{mL}^{-1}$ ) on copper grids coated with holey carbon foil (so-called Lacey type). A piece of filter paper was used to remove the excess water; the sample was then rapidly frozen in liquid ethane at  $-178$  °C. The blotting with the filter paper and plunging into liquid ethane was done in a Leica GP device (Leica Microsystems GmbH, Wetzlar, Germany). All images were recorded in bright field at

$-172$  °C. The diameter and membrane thickness of the polymersome were determined from cryo-TEM images by using TEM Image Processing Software. Several polymersome particles were analyzed at pH 8 state. The polymersome diameter was measured from images taken at more than 6000 $\times$  magnification, while the membrane thickness was measured from images taken at 16 000 $\times$  magnification ahead. The average was calculated by analyzing 250 particles for each sample.

**Intensity of fluorescence.** Fluorescence spectra were measured on a Fluorolog 3 (Horiba JobinYvon, USA) fluorescence spectrophotometer. Samples were measured at desired wavelength range in semi-micro cuvettes ( $C_{\text{PS}} = 0.25$  mg  $\text{mL}^{-1}$ ).

## Synthesis of the compounds

**(a) Synthesis of the compounds in order to get the block copolymer.** The first step was to synthesize the required block copolymer (Fig. ESI-1†) having methoxy (BCP1) end groups at their hydrophilic poly(ethylene glycol) (PEG) segment by using our previous published approach<sup>15,20</sup> through atom transfer radical polymerization (ATRP) and identical use of monomer ratio<sup>25</sup> for the fabrication of BCP1. The composition of BCP1 was determined by  $^1\text{H}$ -NMR and SEC-MALLS. Table ESI-1† shows the corresponding results.

### (b) Synthesis of modified labelled HSA

**Stock solutions.** (1R,8S,9S)-bicyclo[6.1.0]non-4-yn-9-ylmethyl *N*-succinimidyl carbonate (COD) (2 mg in 200  $\mu\text{L}$  DMSO), fluorescein-5(6)-isothiocyanate (FITC) (2 mg in 200  $\mu\text{L}$  DMSO).

**HSA-COD.** Albumin from human serum (HSA) (10 mg, 0.15  $\mu\text{mol}$ ) was dissolved in 500  $\mu\text{L}$  carbonate buffer (pH 10) and stirred for 30 min before adding COD solution in DMSO (14  $\mu\text{L}$ , 0.47  $\mu\text{mol}$ ).<sup>26</sup> After 20 hours of stirring at room temperature, the mixture was extensively dialyzed against 1 mM PBS for 2 days (dialysis membrane: 3.5–5 kDa MWCO) to remove all unbounded molecules. Finally, the purified mixture was freeze dried overnight and the white product was isolated. MALDI-TOF-MS: 67 500  $\text{g mol}^{-1}$  (3–4 COD groups attached to HSA).

**HSA- $\beta$ CD.** HSA-COD (10 mg, 0.15  $\mu\text{mol}$ ) was dissolved in 500  $\mu\text{L}$  in carbonate buffer (pH 10) and stirred for 30 min before adding mono-(6-azido-6-desoxy)- $\beta$ -cyclodextrin (1 mg, 0.9  $\mu\text{mol}$ ).<sup>27</sup> After 48 hours of stirring at room temperature, the mixture was extensively dialyzed against 1 mM PBS for 2 days (dialysis membrane: 3.5–5 kDa MWCO) to remove all unbounded molecules. Finally, the purified mixture was freeze dried overnight and the white product was isolated. MALDI-TOF-MS: 69 900  $\text{g mol}^{-1}$  (2COD groups + 2 $\beta$ CD groups attached to HSA).

**HSA- $\beta$ CD-FITC.** HSA- $\beta$ CD (10 mg, 0.15  $\mu\text{mol}$ ) was dissolved in 500  $\mu\text{L}$  in carbonate buffer (pH 10) and stirred for 30 min before adding fluorescein 5(6)-isothiocyanate solution in DMSO (35  $\mu\text{L}$ , 0.9  $\mu\text{mol}$ ). After 20 hours of stirring at room temperature, the mixture was extensively dialyzed against 1 mM PBS for 2 days (dialysis membrane: 3.5–5 kDa MWCO) to remove all unbounded molecules. Finally, the purified mixture was freeze dried overnight and the yellow product was isolated. MALDI-TOF-MS: 71 200  $\text{g mol}^{-1}$  (2COD groups + 2 $\beta$ CD groups + 3 FITC groups attached to HSA). This sample is stored at a known concentration in PBS at 4 °C ( $C_{\text{stock}} = 1.8$  mg  $\text{mL}^{-1}$ ).





## Formation and characterization of polymersomes

**(a) Formation and cross-linking polymersomes.** Polymersomes were fabricated by the self-assembly of BCP1 using the so-called pH switch method. A solution of 1 mg mL<sup>-1</sup> copolymer in acid (pH 2) water was prepared and stirred until the copolymer was dissolved. The final solution was passed through a 0.2 μm nylon filter to remove any impurities. The self-assembly process was triggered by increasing the pH slowly to pH 9 through the addition of 1 M and 0.1 M NaOH. Finally, polymersomes were formed after four days of stirring in dark condition.

Photo-crosslinking of polymersomes was performed using Omnicure S2000 (Lumen Dynamics Group Inc., Canada) device equipped with a high pressure mercury lamp (0.35 W cm<sup>-2</sup>, UV light between 320–500 nm). The polymersome solution was passed through a 0.8 μm nylon filter and then irradiated for 3 min to trigger the crosslinking. The irradiation procedure was carried out with 2 mL of polymersome solution.<sup>16,20,28</sup>

### **(b) Preparation of frozen (Psome frozen) and freeze-dried (Psome-FD) polymersomes solutions and re-dissolving procedure**

**Psome frozen.** Samples were frozen at -20 °C for different time periods (1, 7, 14 and 30 days) and slowly thawed to room temperature for carrying out DLS measurements, pH-titration experiments, cyclic pH switches and cryo-TEM study.

**Psome-FD.** Empty and loaded-polymersomes solutions (1 mg mL<sup>-1</sup>) were freeze-dried in presence of either mannitol (0.1% wt) or inulin (0.1% wt). First, the aqueous polymersome samples were frozen with liquid nitrogen. Then, they were placed in a freeze-drier overnight, and after freeze-drying process the samples were stored at 4 °C until re-dissolving. For re-dissolving procedure ultrapure water was added to the samples, reaching the same previous polymersome solution concentration before freeze-drying. Then, the pH is slightly lowered to pH 6.5 with PBS buffer while the sample is stirred at 200 rpm. After stirring for 30 min the pH was raised again to pH 8 and the characterization was carried out.

The same procedures were carried out with non-crosslinked polymersomes and were stored for 8 days. These samples were analysed by DLS to study the influence of crosslinking on the stability of the polymersomes.

**(c) Reversible swelling upon repeated changes in pH.** A crosslinked polymersome solution was prepared and small amounts of 1 M HCl or 1 M NaOH were added to reach pH 5 or 8, respectively. This cycle was repeated 5 times. This experiment was carried out with pure polymersome solution and polymersome-encapsulated myoglobin solution.

**(d) Study of pH\*.** The vesicles were titrated from basic to acidic conditions while simultaneously measuring their size by dynamic light scattering (DLS) by adding of HCl 0.1 M to determine the pH\* ( $C_{\text{Psome}} = 1 \text{ mg mL}^{-1}$ ).

## Functionalized polymersomes

**(a) Polymersome-encapsulated myoglobin.** For *in situ* encapsulation of myoglobin (Myo) and activity assay a method of Gräfe *et al.* has been adopted and modified.<sup>20</sup> 5 mg of Myo are dissolved in 5 mL of 1 mM PBS buffer ( $C_{\text{Myo}} = 1 \text{ mg mL}^{-1}$ ) and

25 mg of BCP1 is dissolved in 20 mL of 10 mM hydrochloric acid (pH 2) ( $C_{\text{BCP}} = 1.25 \text{ mg mL}^{-1}$ ). Both solutions are combined after complete dissolving and after pass through a 0.2 μm nylon filter. Then, the pH was adjusted to pH 9 by adding NaOH slowly. The final block copolymer concentration must be of 1 mg mL<sup>-1</sup> and the Myo concentration of 0.2 mg mL<sup>-1</sup>. Then, the solution was stirred for 4 days. To receive cross-linked polymersome-encapsulated Myo, the solution was placed in the UV-chamber which was irradiated for 180 s. The resulting solution was cleaned from non-enclosed enzyme using HFF. The transmembrane pressure is kept close to, but slightly below 180 mbar during the whole process. The separated washing (=waste) solution was checked for decreasing Myo activity that non-encapsulated Myo was completely separated from polymersome-encapsulated Myo solution.

**Myoglobin activity assay.** The assay for determining enzymatic activity of myoglobin was adopted from Gräfe *et al.* with very slight modifications.<sup>20</sup> Thus, 300 μL of sample solution are transferred into a micro-cuvette and 8 μL of hydrogen peroxide solution (1 M in PBS) and 8 μL of guaiacol solution (0.1 M in PBS) are added. A lid is placed on top of the micro-cuvette, the mixture is vigorously shaken and placed in the UV/Vis spectrometer. The absorbance at 470 nm is measured every 12 s for a duration of 400 s. Each assay is executed in triplicates.

**(b) Functionalization of polymersome with HSA-βCD-FITC.** To a 0.25 mg mL<sup>-1</sup> polymersome solution at pH 5 (11.25 mL) was added 0.75 mL of HSA-βCD-FITC solution ( $C_{\text{stock}} = 1.8 \text{ mg mL}^{-1}$ ), and the mixture was stirred overnight at room temperature. Subsequently, the purification of unbounded HSA-βCD-FITC was performed by using HFF. The transmembrane pressure is kept close to, but slightly below 150 mbar during the whole process. The separated washing (=waste) solution was checked for decreasing of HSA by UV-Vis ( $V_{\text{waste}} = 150 \text{ mL}$ ).

## Results and discussion

### Reconstitution properties of empty polymersomes after cryogenic freezing and freeze-drying process

To carry out the above-mentioned study, our well established block copolymer system (BCP1, Fig. 1A) was synthesized by atom transfer radical polymerization (ATRP),<sup>25</sup> using the previously published approach.<sup>15,20</sup> This block copolymer has a methoxy end groups at the hydrophilic poly(ethylene glycol) (PEG) segment, while the hydrophobic part consists of pH-sensitive 2-(diethylamino)ethyl methacrylate (DEAEM) and photo-crosslinker, 3,4-dimethyl maleic imidobutyl methacrylate (DMIBMA). Then, polymersomes were fabricated by the self-assembly of BCP1, using the so-called pH switch method.<sup>29</sup> Afterwards polymersomes were crosslinked by UV irradiation for 180 s. The final goal of our work was to optimize storage methods and stability of functionalized polymersomes loaded with proteins of biological interest. However, first experiments with empty polymersomes have been carried out.

Depending on the type of polymersome application that is aimed for at a later stage, two storage methods SM-1 and SM-2 have been investigated: SM-1 – a cryogenic freezing process of polymersomes at -20 °C for 8 days followed by thawing



reconstitution process to room temperature; and SM-2 – a lyophilization process in presence and absence of lyoprotectant molecules followed by a storage at 4 °C for 8 days and a reconstitution in selected solvent. It is important that the reconstitution of any lyophilized formulation, prepared by SM-2, should be easy in practice and should only take a minimal time.<sup>30</sup>

To apply the SM-2 method, it is important to know the necessary minimum concentration of lyoprotectant molecule which smoothly preserves all desirable characteristics (colloidal stability with defined diameter; cyclic pH switches; pH\* = turning point which presents the half power on polymersomes' swelling) of pH-responsive polymersomes. Therefore, an optimization process with lyoprotectant molecules such as inulin (Inu) and mannitol (0.1, 1% and 5% w/v) were carried out. From these preliminary tests, it was not possible to reconstitute the polymersomes at 5% and 1% w/v Inu, high tendency towards aggregation was observed due to the interaction of H-bond-active inulin as polysaccharide with polymersome entities. However, at 0.1% w/v Inu and 1% w/v mannitol very promising results were obtained (Table 1). Finally, 0.1% w/v Inu was chosen for the following experiments. The results indicated that this concentration is sufficient to protect the colloidal stability of photo-crosslinked polymersomes (=reconstitution) when applying SM-2. However, to dissolve our lyophilized polymersomes completely, it was necessary to lower the pH to 6.5 with PBS buffer and stirring of the corresponding solution for 30 minutes was needed. With this knowledge about the optimum concentration of lyoprotectant molecules (using only Inu with 0.1% w/v) we started our first experiment series with both storage methods SM-1 and SM-2 to study the colloidal stability (=hydrodynamic diameter ( $D_h$ )) of reconstituted photo-crosslinked polymersomes (Psome) by DLS and compared them with freshly prepared Psome sample. Fig. 1 presents the characteristics of photo-crosslinked polymersome samples depending on the applied storage methods SM-1 and SM-2, including results from cyclic pH-switches from dynamic light scattering (DLS), cryo-TEM study and pH-dependent titration experiments for determining diameters of various polymersomes. To get a visual impression on lyophilized sample after immediate freeze-drying process (FD), a photograph of the lyophilized sample in the presence of inulin is presented in Fig. 1A (bottom). The lyophilized samples are solid materials.

Table 1 summarizes the validated  $D_h$ s obtained from SM-1, SM-2 and freshly prepared Psome sample (Psome fresh). For shrunken Psome at pH 8 for Psome fresh  $D_h$  of 67 nm has been found, as expected from previous results. For samples after SM-2 with Inu (Psome-FD-Inu)  $D_h$  increased slightly to 78 nm and to 89 nm after SM-1 (Psome frozen), and  $D_h$  of 85 nm resulted for SM-2 in absence of Inu. For the swollen Psome samples at pH 5 validated  $D_h$ s also scatter from 127 nm for Psome fresh up to 144 and 145 nm for Psome-FD without Inu and Psome frozen, respectively. The  $D_h$  of swollen Psome-FD-Inu (132 nm) is close to the sample of Psome fresh (127 nm). Generally, the polydispersity (PDI) of all these samples are in the range of 0.15 and 0.22 as found in our previous studies.<sup>16,17,20,28</sup>  $D_h$  data from DLS always respect the contribution of water shell surrounding Psome and, thus, are always larger than the geometrical diameter of shrunken Psome investigated by cryo-TEM.<sup>16,17,20,28</sup> This observation is also made in the present study, exemplified for Psome frozen and Psome-FD-Inu. Data from cryo-TEM study (Table 1) outline that the average  $D_h$  (67–68 nm) and membrane thickness (16.4–17.6 nm) for Psome frozen and Psome-FD-Inu is similar, but smaller against data validated by DLS measurements (Table 1). Cryo-TEM images for Psome frozen and Psome-FD-Inu are presented in Fig. 1A.

With these promising results for the colloidal stability of differently stored Psome, the next experiment series of selected samples (Psome fresh, Psome frozen and Psome-FD-Inu) was started. Here the aim was to determine the potential of reconstituted Psores as enzymatic nanoreactors with pH dependent membrane permeability, needed for the control of the uptake and release of small molecules. Again, the differently stored Psome smoothly show repeatedly swelling and shrinking cycles upon pH switch between pH 5 and 8 (5× times) (Fig. 1B). Moreover, pH switch cycles were also carried out with SM-1 samples stored at –20 °C for 1, 2, 7, 14 and 30 days (Fig. ESI-2†). There is no difference in the pH switches for Psome fresh, Psome frozen and Psome-FD-Inu. A final experiment was performed to compare the pH-dependent titration of differently stored Psome followed by DLS measurements (Fig. 1C). The validated pH-dependent diameters and pH\* (half power of Psome swelling) for Psome fresh, Psome frozen, Psome-FD and Psome-FD-Inu confirm the same performance as found in

**Table 1** Diameters and polydispersity of pH-responsive polymersomes at pH 5 and pH 8 studied by DLS, comparing freshly prepared (PS fresh), frozen at –20 °C for 8 days (Psome frozen), freeze-dried and stored at 4 °C for 8 days (Psome-FD), freeze-dried with 0.1 wt% mannitol (Mann) and stored at 4 °C for 8 days (Psome-FD-Mann), and freeze-dried with 0.1 wt% inulin (Inu) (Psome-FD-Inu) samples. Diameters and thickness at pH 8 were studied by Cryo-TEM

| Sample                  | Diameter <sup>a</sup> (nm) |                      | Polydispersity <sup>a</sup> |                      | Diameter <sup>b</sup> (nm) | Thickness <sup>b</sup> (nm) |
|-------------------------|----------------------------|----------------------|-----------------------------|----------------------|----------------------------|-----------------------------|
|                         | Shrunken <sup>c</sup>      | Swollen <sup>d</sup> | Shrunken <sup>c</sup>       | Swollen <sup>d</sup> | Shrunken <sup>d</sup>      | Shrunken <sup>d</sup>       |
| Psome fresh             | 67                         | 127                  | 0.146                       | 0.152                | —                          | —                           |
| Psome frozen            | 80                         | 144                  | 0.214                       | 0.217                | 67                         | 17.6                        |
| Psome-FD                | 85                         | 145                  | 0.214                       | 0.217                | —                          | —                           |
| Psome-FD-Inu (0.1 wt%)  | 78                         | 132                  | 0.221                       | 0.168                | 68.4                       | 16.4                        |
| Psome-FD-Mann (0.1 wt%) | 88                         | 145                  | 0.213                       | 0.200                | —                          | —                           |
| Psome-FD-Mann (1 wt%)   | 84                         | 136                  | 0.233                       | 0.220                | —                          | —                           |
| Psome-FD-Mann (5 wt%)   | 120.3                      | 142.4                | 0.282                       | 0.187                | —                          | —                           |

<sup>a</sup> The DLS measurements. <sup>b</sup> Cryo-TEM measurements. <sup>c</sup> pH 8 shrunken. <sup>d</sup> pH 5 swollen.



a previous study.<sup>28</sup> A slight difference is recognizable that pH\* of Psome-FD and Psome-FD-Inu is shifted to slightly higher values (6.8 and 6.9) than of Psome fresh (6.4). This difference is negligible, when comparing the slight variation of pH\* for different Psome fresh in a previous study.<sup>28</sup>

Overall, we can conclude from all presented results that there is no negative influence of the used storage methods SM-1 and SM-2 on the reconstitution of frozen and freeze-dried Psome samples in various solutions. This enables us to retain the pH-switchable characteristics and vesicular shape for polymersomes. Thus, both storage methods may provide a simple handling of our samples for future biological experiments.

This previous study has been carried out with crosslinked polymersomes, therefore, this high stability for reconstituted polymersomes could be due to the crosslinking process.<sup>31</sup> To prove this, some experiments were performed with non-crosslinked polymersomes. Once the assembly process was completed, SM-1 and SM-2 methods were applied in the presence and absence of inulin. Afterwards, all these samples were compared with a fresh sample by DLS. The results showed that none of the samples maintained their properties. In fact, in some samples the disassembly process can be observed (Fig. ESI-3†). Finally, it can be concluded the importance of crosslinking process for this type of polymersome fabricated by the assembly of BCP1 (Fig. 1A).

### Reconstitution properties of polymersomes-encapsulated myoglobin after cryogenic freezing and freeze-drying process

To further extend the applicability of our long-term stable and pH-switchable Psomes towards biological experiments or the fabrication of complex biohybrid structures,<sup>17,32</sup> there is a need to validate the storage, stability and reconstitution of our Psomes loaded with enzymes producing enzymatic nano-reactors.<sup>16,17,20</sup> For fabricating polymersome-encapsulated myoglobin (Psome-Myo) our previously reported protocol has been adopted and further modified (Fig. 2A).<sup>20</sup> Then, variation in size and enzymatic activity of the enzyme-loaded Psomes after (i) a cryogenic freezing process (at  $-20\text{ }^{\circ}\text{C}$ ) or (ii) a lyophilization process in presence of inulin has been studied. Psome-Myo was stored as described before for SM-1 and SM-2: (i) at  $-20\text{ }^{\circ}\text{C}$  for 8 days; and (ii) lyophilized in presence of inulin (0.1% w/v) followed up by the storage at  $4\text{ }^{\circ}\text{C}$  for 8 days.

Results from DLS measurements suggest that the differences in  $D_h$  and their resulting polydispersity are insignificant (data points at 0 and 0.5 cycles in Fig. 2B). Moreover, samples Psome-Myo fresh, Psome-Myo frozen and Psome-Myo-FD-Inu show the expected stability in the Psome-Myo diameters for repeated swelling and shrinking cycles upon pH switches ( $5\times$  times) (Fig. 2B). The main aim of this experiment was to know if the enzyme retains its activity after the cryogenic freezing and lyophilization process, including their storage at different temperatures. Thus, several cycles of enzymatic activity at pH 6 and pH 8 were also studied by UV-Vis spectroscopy, demonstrating a high retention of the enzyme activity after both storage processes SM-1 and SM-2 (Fig. 2C).

### Reconstitution properties of HSA-modified polymersomes after cryogenic freezing and freeze-drying process

Another possible application of Psomes is as drug delivery systems or as artificial organelles.<sup>10,11,17,33</sup> For that it would be interesting to see if also protein-modified Psome can be reconstituted. Therefore, polymersomes were decorated with human serum albumin (HSA), knowing that protein-carriers for the drug delivery are also validated as nontoxic, non-immunogenic, biocompatible and biodegradable.<sup>34</sup> In this work, HSA, modified with  $\beta$ -CD and FITC (HSA- $\beta$ CD-FITC), has been prepared and characterized for the decoration of the polymersome surface (Fig. 3A).<sup>27,35</sup> Here we made use of the fact that PEG chains interact with the  $\beta$ -CD cavity. The different HSA derivatives, HSA- $\beta$ CD and HSA- $\beta$ CD-FITC, were characterized by matrix-assisted laser desorption/ionization time of flight mass spectrometry (MALDI-TOF). Differences in molecular weights allowed us to determine the number of  $\beta$ -CD and FITC groups on the HSA protein (Fig. 3).

The interaction of  $\beta$ -CD modified HSA with the membrane of Psome through the outer PEG shell<sup>27</sup> was performed in diluted solution at pH 5 to avoid any aggregation process of HSA-modified polymersomes (Psome-HSA). While we usually work with  $1\text{ mg mL}^{-1}$  of polymersome for conjugating smaller molecules modified with  $\beta$ -CD,<sup>27</sup> in the case of Psome-HSA it is necessary to work at  $0.25\text{ mg mL}^{-1}$ . Then, the excess non-conjugated HSA- $\beta$ CD-FITC protein was separated from our biohybrid structure Psome-HSA by HFF method at pH 5 (Fig. 4A).

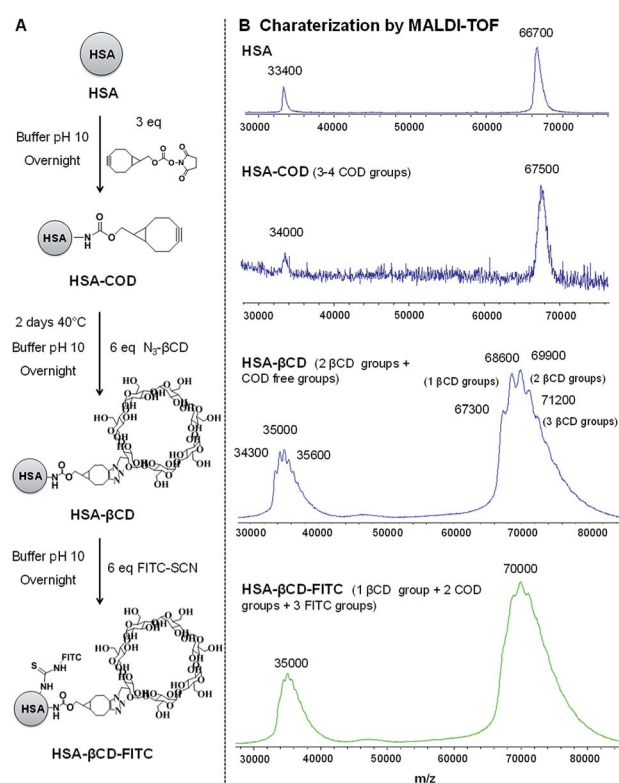
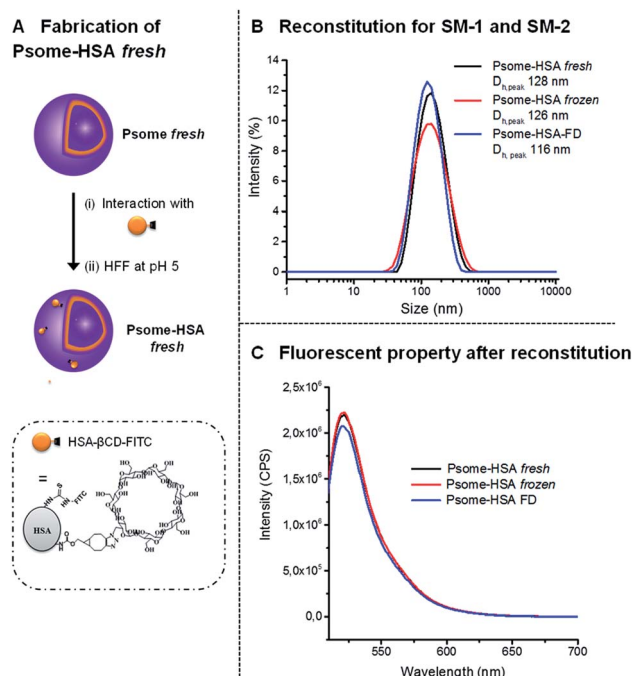


Fig. 3 (A) Reaction scheme and (B) MALDI-TOF spectrum of HSA- $\beta$ CD-FITC used in the preparation of functionalized polymersomes.







**Fig. 4** (A) Docking events on the surface of polymersomes through the interaction of the outer PEG shell with human serum albumin modified with  $\beta$ CD and FITC (HSA- $\beta$ CD-FITC) (Psome-HSA); bottom: simplified chemical structure of human serum albumin (HSA) with FITC and  $\beta$ CD. (B) Diameter of the reconstituted Psome-HSA studied by DLS after applied storage methods SM-1 (stored at  $-20^{\circ}\text{C}$  for 8 days) and SM-2 without inulin (stored at  $4^{\circ}\text{C}$  for 8 days after freeze-drying process). (C) Fluorescence intensity of reconstituted Psome-HSA after applied storage methods SM-1 and SM-2 without inulin.

Psome-HSA, freshly purified at pH 5, were also stored as before, using SM-1 and SM-2: (i) at  $-20^{\circ}\text{C}$  for eight days; and (ii) lyophilized in absence of Inu followed up by the storage at  $4^{\circ}\text{C}$  for 8 days. The preservation of diameter and fluorescence intensity for Psome-HSA has been studied. By DLS, there is no significant difference in  $D_{hs}$  of the reconstituted Pomes-HSA when compared with freshly prepared Psome-HSA (Psome-HSA fresh) (Fig. 4B). The resulting  $D_{hs}$  are around 125 nm at pH 5 for Psome-HSA fresh and frozen sample, while  $D_h$  for freeze-dried sample (Psome-HSA-FD) is 116 nm. The lower value for Psome-HSA-FD can be explained with a densification and/or a reorganisation of the polymersome membrane that may occur during the freeze-drying process. Analysing fluorescence results (Fig. 4C), similar results can be observed for Psome-HSA frozen and Psome-HAS-FD sample in comparison with Psome-HSA fresh sample. Then, it is important to note that the fluorescence is not affected by these storage methods.

## Conclusions

In summary, we demonstrated that after reconstitution (biologically active) polymersomes can retain their physicochemical properties (diameter, membrane thickness, cyclic pH-switches and re-dispersion) and cyclic switch off and on membrane permeability controlling the activity of loaded enzymes after (i) lyophilization or (ii) cryogenic freezing, both

combined with long/short-term storage. For the lyophilization and subsequent storage process, the use of inulin as a lyoprotectant (0.1% w/v) was necessary to provide the desired solubility and stability of (biologically active) polymersome solutions after reconstitution. Therefore, this work opens the avenue to store enzymatic nanoreactors or protein-polymersome hybrid architectures in a solid state at a temperature between  $-20$  and  $4^{\circ}\text{C}$  for at least 8 days. This allows easy handling and storage of polymersomes between experiments, safe transport, and in general this makes them suitable for technical use in a reproducible way. Finally, these reconstitution experiments in aqueous solution may also facilitate the fabrication of complex multicompartment with controllable concentration of biologically active entities.

## Conflicts of interest

There are no conflicts to declare.

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