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# Chrysin attenuates myocardial ischemia–reperfusion injury by inhibiting myocardial inflammation

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The aim of this study was to investigate the effects of chrysin (CH) on myocardial ischemia–reperfusion injury. Cytokines were reduced by CH in coronary artery occlusion-induced rats and also in H9C2 cells. The ST segment was also restored by CH. Triphenyltetrazolium chloride (TTC) staining and pathological analysis showed that CH could alleviate myocardial injury. Results in H9C2 cells showed that CH improved heart injury in hypoxia/reoxygenation (H/R) of H9C2 cells. In addition, the expressions of the HMGB1-related inflammation pathway in rats and H9C2 cells were significantly decreased by CH. The present study shows the protective effects of CH on myocardial injury *via* inflammation.

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## 1. Introduction

Cardiovascular diseases (CVDs) remain the leading cause of mortality around the world. Theoretically, restoring the blood after ischemic myocardium will relieve the symptoms of ischemia. However, it may aggravate myocardial damage which is induced by ischemia/reperfusion (I/R) injury.<sup>1</sup> The myocardial ischemia/reperfusion injury will cause plenty of diseases such as functional impairment of the heart, arrhythmia and apoptosis.<sup>2</sup> Inflammation also participates in the process of I/R lesions in isolated hearts.<sup>3</sup> Several researchers have reported that anti-apoptosis and anti-inflammation action can ameliorate the progress of I/R.<sup>4</sup>

High mobility group box-1 (HMGB1) is generally known as a non-histone DNA binding protein, which is involved in the stabilization of DNA and the promotion of transcription. Recently, HMGB1 has been found to be passively released by necrotic cardiomyocytes in response to ischemia and it also acts as an early mediator of inflammation following I/R injury.<sup>5</sup> Moreover, HMGB1 is also actively secreted by immune cells such as monocytes, macrophages and dendritic cells, which further enhances the inflammatory reaction. More importantly, clinical data indicate that increased circulating HMGB1 levels

are associated with cardiac and neurological outcomes, and even increased mortality, in cardiac disease patients.<sup>6,7</sup>

Chrysin is one of a large class of polyphenolic compounds present in the diet and many herbal products, which have long been associated with a variety of important biochemical and pharmacological activities in cancer prevention and health promotion.<sup>8–10</sup> However, there has been little research exploring whether CH is beneficial for myocardial injury. Therefore, our study aimed to evaluate the effect of CH on myocardial injury.

## 2. Materials and methods

### 2.1 Reagents

CH was purchased from Sigma-Aldrich (St Louis, MO, USA). All the antibodies were provided by Cell Signaling Technology (Danvers, USA).

### 2.2 Animals

Thirty adult Sprague-Dawley rats (250–300 g) which were obtained from Sun Yat-sen University were fed in a controlled environment (23 ± 2 °C and 12 h light/dark cycle) for one week before the experiment. During the time of habituation, water and food were provided *ad libitum*. Rats were randomly divided into 3 groups as follows ( $n = 10$ ): control group, model group (I/R), and CH group (I/R + CH, 50 mg kg<sup>-1</sup>). CH was administered intragastrically for 5 days once a day before the operation, and the other group were administered with the same volume of vehicle (saline). All the experimental procedures were performed according to the National Institutes of Health Guidelines for the Care and Use of Laboratory Animals.

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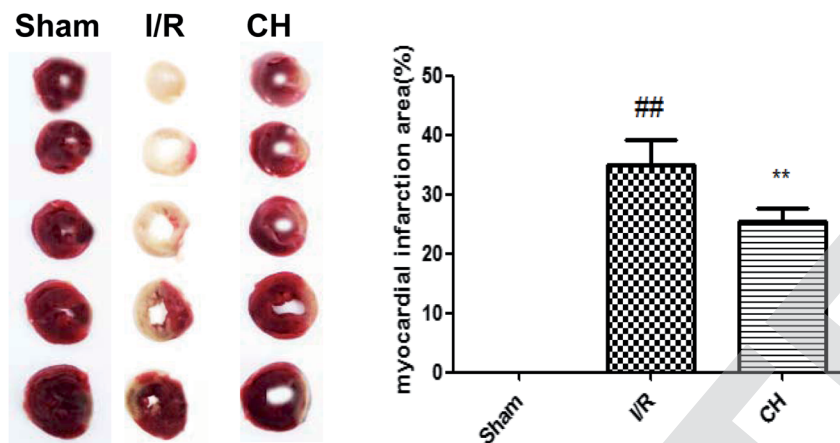


Fig. 1 Effect of CH on myocardial infarct size in I/R-induced isolated hearts. The data are expressed as mean values  $\pm$  SDs.  $^{\#}p < 0.05$ ,  $^{\#\#}p < 0.01$  compared with the control group.  $^*p < 0.05$ ,  $^{**}p < 0.01$  compared with the I/R group.  $n = 10$ .

Ethical standards statement: all animal operations performed according to the ethical committee of the First Affiliated Hospital of Sun Yat-sen University.

### 2.3 Experimental protocol of the left coronary artery ligation

Rats were anesthetized and then restrained on the fixator. The trachea was incised and stitched with catgut for further use. A positive pressure respirator was used on the experimental rats. When we became conscious of a regular heart rhythm, we opened the skin above the heart, and made a blunt-dissection of the ribs under the skin. Meanwhile, we tied a line on the left anterior descending coronary for induction of coronary artery occlusion for 30 min. ST elevation was then used to confirm the ischemia. After that, the suture was untied for reperfusion. Then, the thoracic cavity was carefully sutured. The control group of rats was not tied. Rats were euthanized 24 h after the operation. Blood samples were collected from the carotid artery and centrifuged at 3500 g for 15 min, and the supernatant was stored at  $-80^{\circ}\text{C}$  for further analysis. Then the hearts of the rats were collected for other analysis.

### 2.4 Electrocardiogram (ECG) measurement

ECG was detected throughout the operation by a BL-420S Biologic Function Experiment system (Chengdu, China). ST

segment elevation was deemed to be the symbol of ischemia which was recorded by ECG.

### 2.5 Determination of myocardial infarct size

The cardiac infarct area was evaluated using TTC (Sigma, St. Louis, MO, USA) staining. Generally, the heart was kept at  $-20^{\circ}\text{C}$  for 15 min and chopped into 5 pieces parallel to the coronary sulcus. All slices were incubated with PBS with 2% TTC at  $37^{\circ}\text{C}$  for 15 min in the dark. TTC stained and non-TTC stained areas were analyzed with Image-Pro Plus image analysis software (Version 4.1, Media Cybernetics, LP, USA). The ratio of infarcted myocardium to the risk region was calculated as the whole myocardial tissues (infarct area/whole heart area)  $\times$  percentage.

### 2.6 Cell culture

Rat cardiomyocyte H9C2 cells were obtained from the American Type Culture Collection and cultured with Dulbecco's modified Eagle's medium (DMEM, NanJing KeyGen Biotech Co., Ltd) containing 10% fetal bovine serum (FBS, Gibco),  $100\text{ IU mL}^{-1}$  penicillin, and  $100\text{ IU mL}^{-1}$  streptomycin in a humidified incubator at  $37^{\circ}\text{C}$  under 5%  $\text{CO}_2$  atmosphere, with passage at preconfluent densities by use of 0.25% trypsin solution (Gibco) every 2 to 3 days.

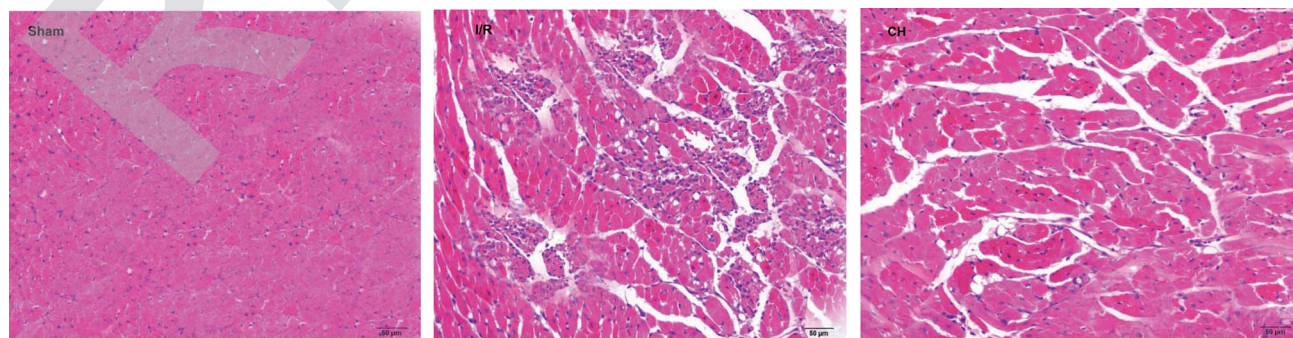


Fig. 2 Effect of CH on myocardial histology. Original magnification ( $\times 200$ ).  $n = 10$ .



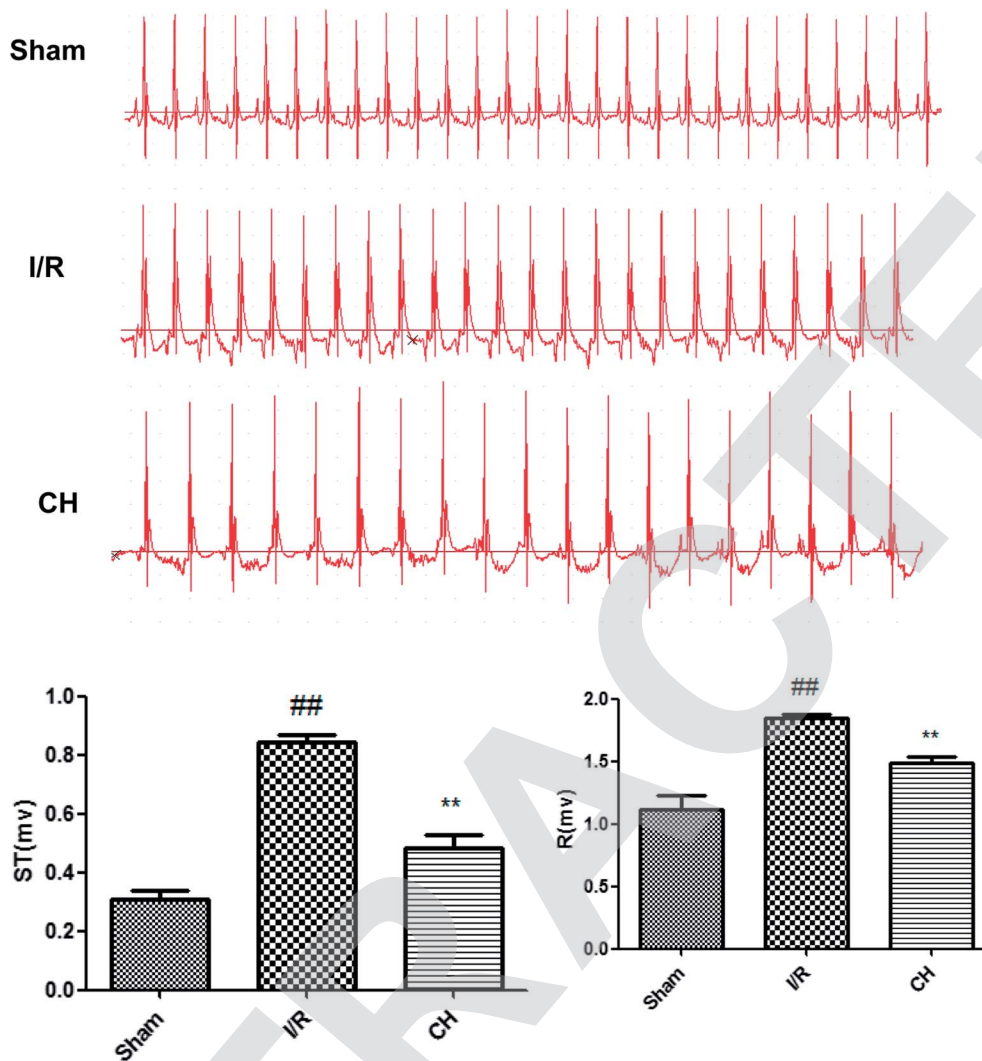


Fig. 3 Effects of CH on ST-segment elevation.  $n = 10$ .

### 2.7 Hypoxia/reoxygenation (H/R) injury model *in vitro*

H9C2 cells were incubated in a hypoxic/ischemic chamber (Anaerocult® A mini, Merck) in serum-free and low-glucose DMEM at 37 °C for 10 h in a humidified atmosphere of 5% CO<sub>2</sub> and 95% nitrogen, and then incubated with fresh medium and restored to 95% nitrogen/5% CO<sub>2</sub> for 2 h reoxygenation. At the onset of hypoxia, cardiomyocytes were randomly treated with 40 μM CH with Tyrode buffer as a vehicle. H9C2 cells cultured under normal conditions in a CO<sub>2</sub> incubator served as negative controls.

### 2.8 Determination of inflammatory cytokines in serum and cell supernatant

The contents of IL-6, IL-1β and TNF-α in the serum and cell supernatant were measured using ELISA kits according to the manufacturer's instructions. The concentrations of the cytokines were quantified by reference to standard curves. The optical density (OD) of each well was read at 450 nm.

### 2.9 Determination of cardiac marker enzymes

The concentrations of troponin-I (Tn-I) and Tn-T, as well as CK and LDH activities in the obtained serum, were assayed by commercial kits according to the manufacturer's instructions.

### 2.10 Histological examination of myocardium

The hearts were harvested and fixed in 10% (v/v) neutral buffered formalin solution. They were embedded in paraffin and cut into 4 μm thick slices. The tissues were stained with H&E and observed by light microscopy (Nikon, Tokyo, Japan).

### 2.11 Immunohistochemistry staining

The expressions of HMGB1 and p-NF-κB in the heart were evaluated by immunohistochemistry staining. Briefly, the liver tissues were fixed with 4% paraformaldehyde (PFA), embedded in paraffin and sectioned. The paraffin sections were dewaxed in xylene and dehydrated ethanol, microwaved in sodium citrate buffer and washed with PBS. Endogenous peroxidase



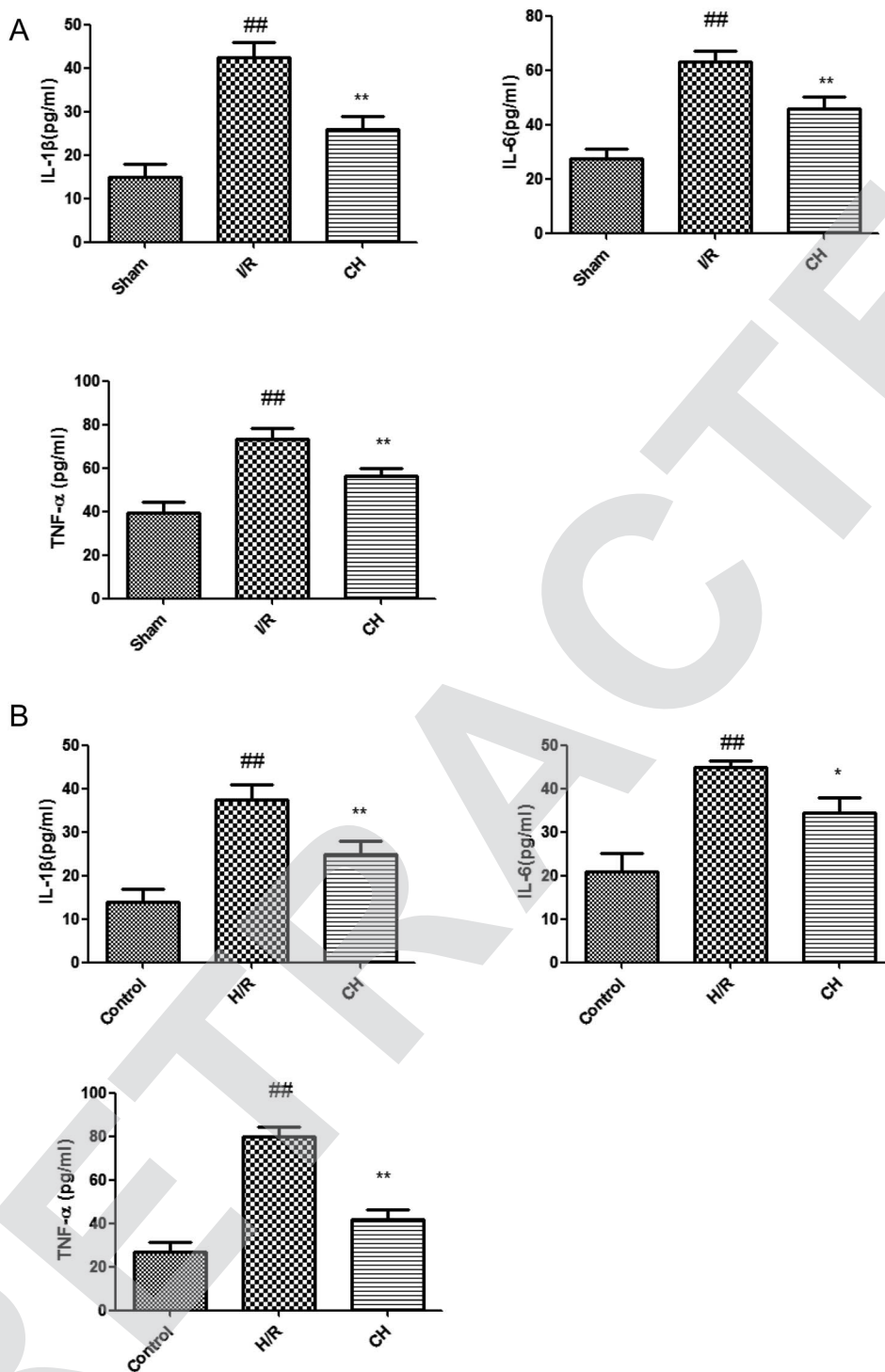


Fig. 4 Effects of CH on inflammatory cytokines in serum (A) and cell supernatant (B) the data are expressed as mean values  $\pm$  SDs. # $p$  < 0.05, ## $p$  < 0.01 compared with the control group. \* $p$  < 0.05, \*\* $p$  < 0.01 compared with the I/R group.  $n$  = 10.

activity was blocked by 3% hydrogen peroxide for 20 min. Each sample was blocked with 5% goat serum for 20 min and then treated with primary antibodies at 4 °C overnight. Next day, after washing three times with PBS, each sample was treated with goat anti-rabbit IgG secondary antibody for 20 min and then incubated with a horseradish enzyme tag chain enzyme

avidin working fluid for 20 min, and washed three times with PBS. Then, samples were stained with 3,3'-diaminobenzidine (DAB) and restained with hematoxylin. After dehydrating and drying, the sections were mounted with neutral gum and observed under a microscope.



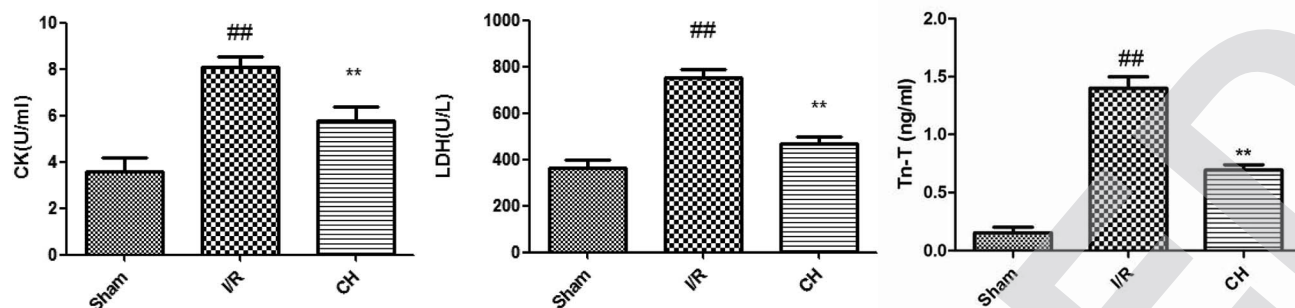


Fig. 5 Effects of CH on cardiac marker enzymes. The data are expressed as mean values  $\pm$  SDs. <sup>#</sup> $p < 0.05$ , <sup>##</sup> $p < 0.01$  compared with the control group. <sup>\*</sup> $p < 0.05$ , <sup>\*\*</sup> $p < 0.01$  compared with the I/R group.  $n = 10$ .

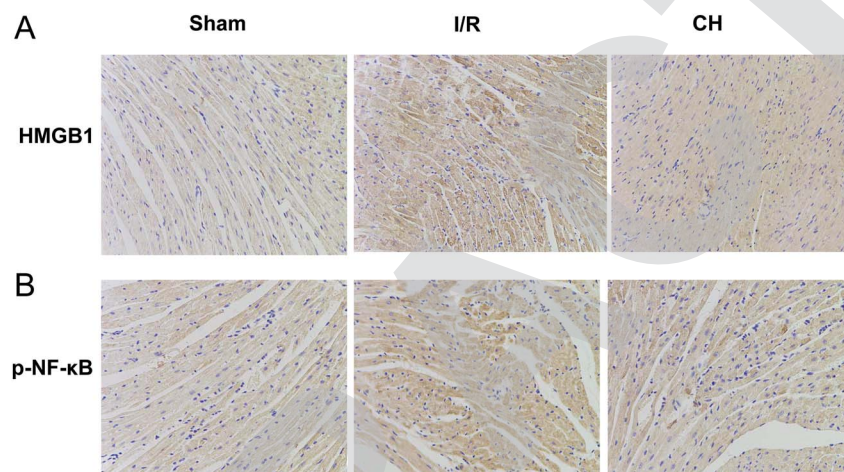


Fig. 6 Effects of CH on HMGB1 (A) and p-NF- $\kappa$ B (B) by immunohistochemistry.  $n = 10$ .

## 2.12 Western blot

The heart and cells were homogenized and lysed in a RIPA buffer (Beyotime, Nanjing, China). Then, the tissues were centrifuged at 12 000 rpm for 20 min and the supernatant collected. The concentration of the protein was determined by a BCA protein assay (Beyotime, Nanjing, China). The samples were separated by 10% sodium dodecyl sulphate polyacrylamide gels and then transferred onto nitrocellulose membranes. The membranes were blocked with 5% skim milk for 2 h and incubated with specific antibodies at 4 °C for a whole night. After washing the membranes 4 times on the second day, the blots were incubated with horseradish peroxidase-conjugated secondary antibodies for 2 h. The content of the protein was shown by a gel imaging system (Tanon Science & Technology Co., Ltd., China).

## 2.13 Statistical analysis

Data are expressed as means  $\pm$  SDs of at least three separate experiments. Statistical comparisons between experimental groups were performed by ANOVA with a Tukey multiple comparison test. A value of  $P < 0.05$  was considered statistically significant.

## 3. Results

### 3.1 Effect of CH on myocardial infarct size

TTC staining was an important index for the development of ischemic injury. As shown in Fig. 1, there was a very low percentage of infarct in the control group, whereas the infarct size in the I/R group was increased over that in the control group. In contrast, treatment with CH notably reduced the infarct size.

### 3.2 Effect of CH on myocardial histology

As can be seen in Fig. 2, the tissues in the control group showed an integrated myocardial membrane, a well-balanced myofibrillar structure and a continuous adjacent myofibril. However, the hearts which suffered from ligation exhibited plenty of inflammatory cells, myocardial cell swelling or degeneration, cardiac necrosis and loss of transverse striations. CH significantly ameliorated the above pathological changes.

### 3.3 Effects of CH on ST-segment elevation

The results of the electrocardiographs are revealed in Fig. 3. The ST-segment was elevated and the R-amplitude was



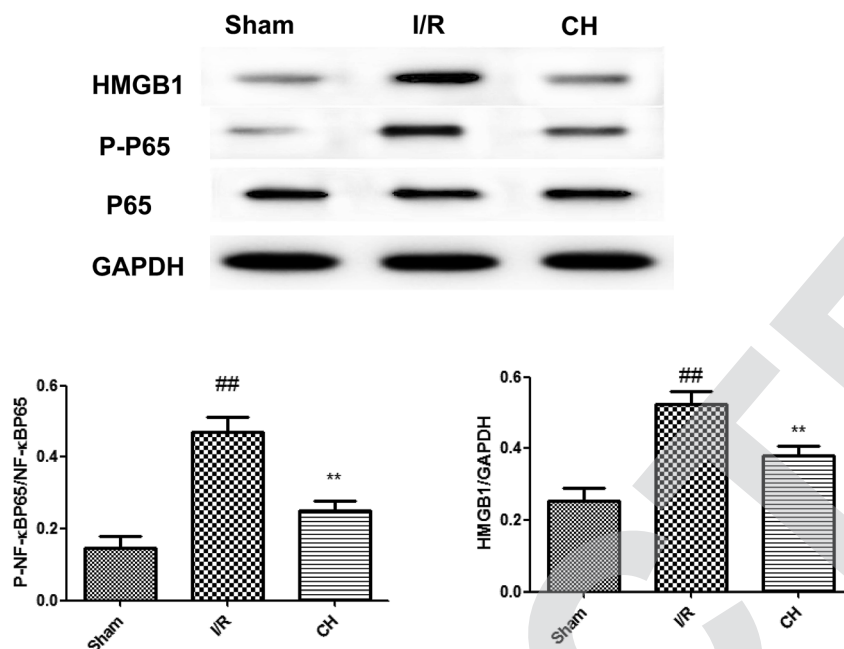


Fig. 7 Effects of CH on the HMGB1/NF- $\kappa$ B pathway in coronary artery ligated rats. The data are expressed as mean values  $\pm$  SDs. <sup>#</sup> $p < 0.05$ , <sup>##</sup> $p < 0.01$  compared with the control group. <sup>\*</sup> $p < 0.05$ , <sup>\*\*</sup> $p < 0.01$  compared with the I/R group.  $n = 10$ .

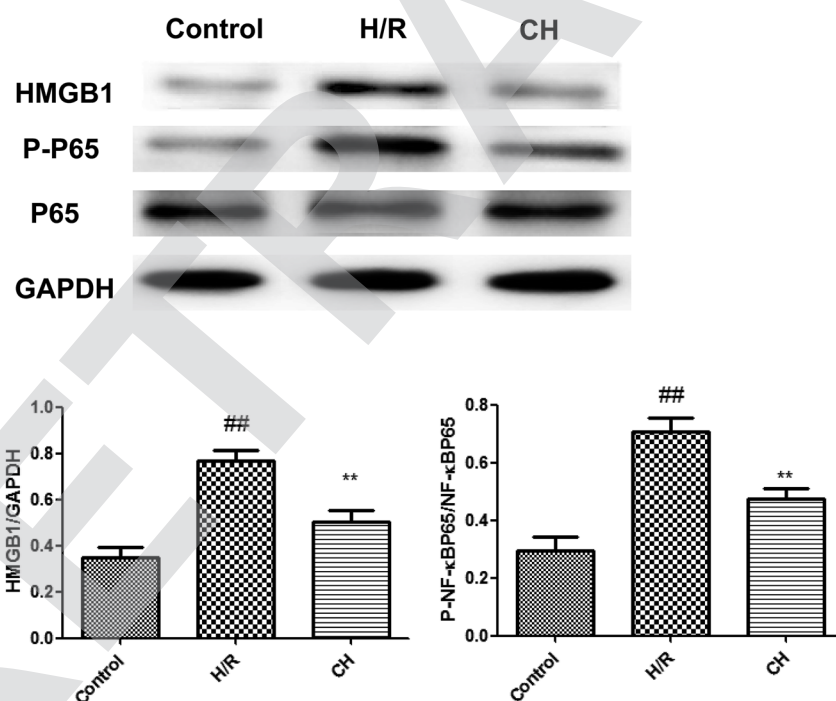


Fig. 8 Effects of CH on HMGB1/NF- $\kappa$ B in H9C2 cells. The data are expressed as mean values  $\pm$  SDs. <sup>#</sup> $p < 0.05$ , <sup>##</sup> $p < 0.01$  compared with the control group. <sup>\*</sup> $p < 0.05$ , <sup>\*\*</sup> $p < 0.01$  compared with the H/R group.  $n = 10$ .

decreased in the I/R group compared with those in the control group. CH obviously ameliorated the above changes, which provides partial evidence of its protective effects.

#### 3.4 Effects of CH on inflammatory cytokines in serum and cell supernatant

The serum and cell supernatant levels of TNF- $\alpha$ , IL-6 and IL-1 $\beta$  were assessed. It was proved that there were significant



increases in the serum and cell supernatant levels of TNF- $\alpha$ , IL-6 and IL-1 $\beta$  in the I/R group. In contrast, the serum and cell supernatant levels of TNF- $\alpha$ , IL-6 and IL-1 $\beta$  contents were effectively decreased in the CH-treated group compared with those in the I/R group rats. Our results indicated that CH reduced the inflammatory cytokine contents in the serum of I/R injury rats as well as in the cell supernatant (Fig. 4).

### 3.5 Effects of CH on cardiac marker enzymes

The levels of CK, LDH and Tn-T in serum were measured in order to detect myocardial injury. As depicted in Fig. 5, the activities of CK, LDH and Tn-T were obviously increased in the I/R injury group compared with those in the control group. As expected, CH significantly decreased the levels of CK, LDH and Tn-T compared with the I/R group.

### 3.6 Effects of CH on HMGB1 and p-NF- $\kappa$ B by immunohistochemistry

As shown in Fig. 6, we found that the expressions of HMGB1 and p-NF- $\kappa$ B in the heart were significantly upregulated in heart tissues after I/R stimulation in coronary artery ligated rats. However, treatment with CH obviously inhibited the levels of HMGB1 and p-NF- $\kappa$ B.

### 3.7 Effects of CH on the HMGB1/NF- $\kappa$ B pathway in I/R-induced heart tissue

As shown in Fig. 7, we found that the expressions of the HMGB1/NF- $\kappa$ B pathway were significantly up-regulated in heart tissues after I/R stimulation in rats. However, treatment with CH obviously ameliorated these situations. The obtained results demonstrated that CH successfully reduced the expressions of the HMGB1/NF- $\kappa$ B pathway.

### 3.8 Effects of CH on HMGB1/NF- $\kappa$ B in H9C2 cells

As shown in Fig. 8, we found that the expressions of the HMGB1/NF- $\kappa$ B pathway were significantly up-regulated in H9C2 cells. However, treatment with CH obviously inhibited the expressions of the HMGB1/NF- $\kappa$ B pathway.

## 4 Discussion

Currently, there have been various interventions in cardiovascular diseases including thrombolytic therapy and coronary artery bypass grafting. However, the curative effect on I/R injuries with these treatments is not good. Thus, the treatment of I/R injury needed further research.

CH is an important type of flavone which can be found in many herbal products. It has been reported that CH exerts beneficial effects on the cardiovascular function, with anti-oxidant and anti-inflammation activity. Previous work has proved that CH could reduce ischemia-reperfusion injury in a Langendorff-perfused rat heart model (Testai *et al.* 2013).<sup>11</sup> However, the rat acute myocardial infarction model which is established by LAD occlusion (at least 30 minutes) with reperfusion is much more stable and suitable for clinical research.

Therefore, we investigated the protective effective effects of CH on myocardial ischemia-reperfusion injury and its underlying mechanism.

HMGB1, a chromosomal protein with high electrophoretic mobility, has distinctive roles depending upon cell location: in the nucleus, it promotes nuclear transcription, replication, recombination and DNA repair.<sup>12</sup> On other hand, translocation of HMGB1 from the nucleus to the cytoplasm or the extracellular phase makes it act as a cytokine.<sup>13</sup> Much evidence confirms that the HMGB1 mediated inflammatory reaction could be mediated through NF- $\kappa$ B, resulting in downstream danger signaling activation.<sup>14,15</sup> The interaction of HMGB1-NF- $\kappa$ B leads to a trigger inflammatory reaction.<sup>16</sup> NF- $\kappa$ B governs the mediation of inflammatory cytokine production, oxidative stress and apoptotic reaction.<sup>17</sup> HMGB1-TLRs interaction can activate the NF- $\kappa$ B signaling pathway, and activated NF- $\kappa$ B plays a significant part in inflammatory phenotypic changes in endothelial dysfunction and various heart diseases.<sup>18</sup> Our results confirmed that CH successfully inhibited the expression of HMGB1/NF- $\kappa$ B, which might be conducive to the suppression of NF- $\kappa$ B activation.

In conclusion, the present study investigated the cardioprotective role of CH on I/R injury-induced isolated heart tissues and tried to elucidate the potential mechanism of HMGB1/NF- $\kappa$ B induced apoptotic pathogenesis. Further detailed research is warranted in the future.

## Conflicts of interest

All authors have no conflict of interest statement.

## Acknowledgements

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