

Cite this: *RSC Adv.*, 2018, 8, 9812

# A pH and magnetic dual-response hydrogel for synergistic chemo-magnetic hyperthermia tumor therapy†

Xiaohan Zhou,<sup>a</sup> Longchen Wang,<sup>b</sup> Yanjun Xu,<sup>b</sup> Wenxian Du,<sup>c</sup> Xiaojun Cai,<sup>b</sup> Fengjuan Wang,<sup>a</sup> Yi Ling,<sup>b</sup> Hangrong Chen,<sup>b</sup> Zhigang Wang,<sup>a</sup> Bing Hu<sup>\*ab</sup> and Yuanyi Zheng<sup>ib</sup>

To overcome the toxicity of chemotherapy, increasing attention has been paid to local drug delivery systems (DDSs). pH-Sensitive hydrogels have emerged as promising DDS materials in the biomedical field due to their remarkable characteristics. However, the pH environment in tumor varies from person to person, which makes the applicability of systems based on pH challenging. In this study, we developed a contractible hydroxypropyl methyl cellulose (HPMC)/Fe<sub>3</sub>O<sub>4</sub> hydrogel with dual-response pH and magnetic properties aiming to overcome the limitations of pH-sensitive hydrogel drug delivery systems and further increase their efficiency in tumor therapy. The HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel could act as a drug delivery system that combines pH-sensitive triggering and magnetic dual-response drug release for synergistic chemo-magnetic hyperthermia therapy. The drug delivery profile of the HPMC/Fe<sub>3</sub>O<sub>4</sub>/doxorubicin hydrochloride (DOX) hydrogel was determined *in vitro* and revealed a remarkable pH-sensitive performance. After synergistic chemo-magnetic hyperthermia treatment, mice with 4T1 breast cancer xenografts recovered without any recurrence or metastasis, demonstrating the synergistic effect of chemotherapy and magnetic hyperthermia therapy. Meanwhile, reduced toxicity and superior anticancer effects were achieved due to the combined effect of the pH and magnetic hyperthermia response properties. This study demonstrated the high efficacy and low toxicity of the improved design of HPMC/Fe<sub>3</sub>O<sub>4</sub> for drug delivery, which may provide a promising approach for the application of chemo-magnetic hyperthermia cancer therapy.

Received 8th January 2018

Accepted 2nd March 2018

DOI: 10.1039/c8ra00215k

rsc.li/rsc-advances

## 1. Introduction

Many efforts have been made over the past few decades to improve the available treatment options for cancer, but, to date, chemotherapy remains one of the most common approaches.<sup>1,2</sup> However, traditionally available anticancer drugs frequently cause severe systemic side effects due to a lack of ability to differentiate cancer cells from normal cells. The toxicity of chemotherapy drugs and the compliance of patients limit the dose that can be delivered, leading to a reduction in the therapeutic efficacy.<sup>3–5</sup> To overcome these drawbacks, increasing

attention has been paid to local drug delivery systems (DDSs). Hydrogels, which are hydrophilic polymers swollen by water,<sup>6</sup> have emerged as promising DDS materials in the biomedical field<sup>7</sup> due to their remarkable characteristics, such as their high biocompatibility, fabrication versatility, and similarity to the native extracellular matrix. In recent years, hydrogels employing newly developed polymers that respond to pH, temperature, light and electric fields, inducing on-demand or environmentally specific release kinetics, have achieved significant progress as drug delivery systems.<sup>8</sup> Among these characteristics, the ability to respond to pH has attracted increasing attention. It is well known that one of the internal biological features of solid tumor microenvironments is acidosis.<sup>9</sup> It has been demonstrated that the extracellular tumor pH values are between pH 5 and 7 because of the high rate of glycolysis in the bloodstream.<sup>10,11</sup> Moreover, endosomes and lysosomes inside tumor cells exhibit much lower pH values, in the range of pH 4.5–5.5.<sup>12,13</sup>

Thus, pH-sensitive hydrogels may be appropriate biomaterials for drug release *in situ* to achieve drug release only in the tumor and to minimize drug leakage to normal tissue. However, pH-sensitive hydrogels have some limitations. For example, release is triggered by the acidic tumor microenvironment and

<sup>a</sup>Chongqing Key Laboratory of Ultrasound Molecular Imaging, State Key Laboratory of Ultrasound Engineering in Medicine Co-Founded by Chongqing, The Ministry of Science and Technology, Second Affiliated Hospital of Chongqing Medical University, Chongqing, 400010, PR China. E-mail: zhengyuanyi@163.com

<sup>b</sup>Shanghai Jiao Tong University Affiliated Sixth People's Hospital, Shanghai, 200233, PR China

<sup>c</sup>State Key Laboratory of High Performance Ceramic and Superfine Microstructures, Shanghai Institute of Ceramics, Chinese Academy of Sciences, Shanghai, 200050, PR China

† Electronic supplementary information (ESI) available. See DOI: 10.1039/c8ra00215k



the pH may vary from person to person, which makes the applicability of systems based on pH challenging.<sup>14</sup> It is also well known that some hydrogels respond to temperature.<sup>7,15</sup> Therefore, finding a pH and temperature dual-response hydrogel and changing the temperature to enhance the drug release might improve the results based on individual differences.

There are many strategies to change the local temperature of a tumor, such as hyperthermia ablation, a tumor therapy strategy that produces heat that contributes to tumor ablation.<sup>16</sup> Among hyperthermia ablation strategies, magnetic hyperthermia treatment is a technique by which magnetic nanoparticles absorb energy from a magnetic field and convert the electromagnetic energy to heat, resulting in tumor ablation.<sup>17,18</sup> Recently, an injectable and contractible hydroxypropyl methylcellulose (HPMC)/Fe<sub>3</sub>O<sub>4</sub> hydrogel has been developed for magnetic hyperthermia treatment of tumors *in vivo*,<sup>19</sup> which has many advantages. First, the high water content of the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel contributes to its biocompatibility,<sup>20</sup> Second, the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel has a high thermal response, so its magnetic hydrothermal effects may enhance its drug delivery.<sup>16,21,22</sup> Third, in a previous study, we found that the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel is pH-sensitive, which is quite appropriate for the acidic tumor microenvironment, indicating it may be a good drug delivery system for the selective release of antineoplastic drugs, without hurting normal tissues. Finally, the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel is safe for medical use, since all the contents of this hydrogel have been used in clinical applications or in the biomedical field.<sup>23–29</sup>

However, the pure HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel still has some limitations in tumor therapy. It has been reported that after a heat shock, all cell types show increased thermoresistance and the required temperatures could not be achieved effectively under clinical conditions.<sup>30</sup> Additionally, the increasing temperature required by hyperthermia may be followed by aggravated pain, which may reduce the compliance of patients, limiting the therapeutic efficacy.

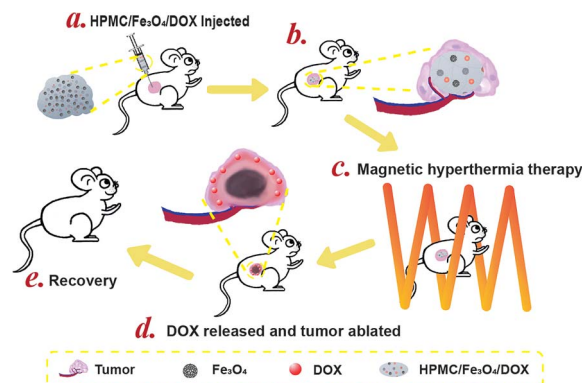
Based on consideration of the above limitations and studies that have shown that hyperthermia temperatures can provoke an increase in the tumor blood flow and make cells more sensitive to chemotherapy for increased drug delivery by higher perfusion,<sup>31,32</sup> we thought that the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel might provide an ideal strategy for the synergistic chemotherapeutic and magnetic hyperthermia treatment of tumors.

In this study, we investigated the drug delivery profile of the HPMC/Fe<sub>3</sub>O<sub>4</sub>/doxorubicin hydrochloride (DOX) hydrogel *in vitro* and its therapeutic efficiency for synergistic magnetic hyperthermia treatment *in vivo* (Scheme 1). Furthermore, we employed spherical Fe<sub>3</sub>O<sub>4</sub> particles instead of Fe<sub>3</sub>O<sub>4</sub> nanoparticles to further improve the dispersibility of the Fe<sub>3</sub>O<sub>4</sub> particles in the hydrogel, resulting in higher safety at increasing temperatures, enabling further clinical applications.

## 2. Experimental section

### 2.1. Preparation of spherical Fe<sub>3</sub>O<sub>4</sub> and synthesis of HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel

Fe<sub>3</sub>O<sub>4</sub> spheres were prepared *via* a modified solvothermal reaction.<sup>33</sup> 1.350 g of iron(III) chloride hexahydrate (Sigma-



**Scheme 1** pH-Sensitive and magnetic response HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX for chemo-thermal tumor therapy. (a) HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX was injected into the mouse tumor. (b) The injected hydrogel was in the center of the tumor. (c) The mouse with the tumor injected with HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX was placed in the middle of a coil for magnetic hyperthermia therapy. (d) After magnetic hyperthermia therapy, DOX was released from the hydrogel and the tumor area around the hydrogel was ablated. (e) After the magnetic hyperthermia treatment, the health of the mouse recovered.

Aldrich Co. LLC. USA CAS: 10 025-77-1) and 3.854 g of ammonium acetate (Sinopharm Chemical Reagent Co., Ltd China CAS: 631-61-8) were dispersed in 70 mL of ethylene glycol (Sinopharm Chemical Reagent Co., Ltd China CAS: 107-21-1) to homogeneity. Then, the solution was transferred into a hydrothermal reactor and heated to 200 °C for 16.5 h. After cooling to room temperature, the black Fe<sub>3</sub>O<sub>4</sub> spheres were washed with ethanol using an ultrasonic cleaner. All the Fe<sub>3</sub>O<sub>4</sub> spheres were collected by centrifugation and lyophilized to store. The HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel was synthesized by following the reported method.<sup>19</sup> Four components were used to prepare the thermally responsive HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel: Fe<sub>3</sub>O<sub>4</sub> spheres, hydroxypropyl methyl cellulose (HPMC, Sigma-Aldrich Co. LLC. USA CAS: 9004-65-3) and polyvinyl alcohol (PVA, fully hydrolyzed; Sigma-Aldrich Co. LLC. USA CAS: 9002-89-5). 0.087 g of Fe<sub>3</sub>O<sub>4</sub> spheres and 0.163 g of HPMC were mixed in a beaker, then placed in an orbital shaker incubator (37.0 °C, 120 rpm, 24 h) until totally blended. The DOX and PBS solutions were sterile when purchased. Before the preparation of the hydrogel, UV irradiation was used to sterilize all the components of the hydrogel for 30 min. Then, the hydrogel was prepared on a laminar flow bench. PVA was dissolved in axenic PBS at a solid-liquid (S/L) ratio of 0.04 and doxorubicin hydrochloride (J&K Scientific Co., Ltd., China CAS: 25 316-40-9) was dissolved in the axenic PVA solution at a concentration of 3 mg mL<sup>-1</sup>. The final solution was stored in the dark at 4 °C. The prepared HPMC/Fe<sub>3</sub>O<sub>4</sub> was mixed thoroughly with the PVA/DOX solution to synthesize the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel loaded with Dox. 1 mL of the final hydrogel contains 0.087 g Fe<sub>3</sub>O<sub>4</sub>, 0.163 g HPMC, 0.04 g PVA, 0.003 g DOX and 1 mL of a PBS solution.

### 2.2. Characterization

**2.2.1. Morphological and structural analysis.** The morphology of the Fe<sub>3</sub>O<sub>4</sub> spheres was observed by TEM imaging



(JEOL Japan Electronics Co., Ltd, JEM-2100F) and the morphology of the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel was observed by SEM imaging. To prepare samples for TEM, appropriate amounts of particles were suspended in ethanol and loaded onto a copper grid for observation. The samples for SEM were dried at 37 °C in an oven overnight while compressed with glass slides to make the surface smooth.

**2.2.2. Thermogravimetric analysis.** The amounts of inorganic and organic phases of the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel before and after AMF (alternating magnetic field) were measured using Thermogravimetric Analysis (NETZSCH STA 449C).

**2.2.3. Swelling capacity.** 60 µL of the HPMC/Fe<sub>3</sub>O<sub>4</sub> or HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX hydrogel was set in the center of a 25 mL beaker with 10 mL fetal bovine serum or normal saline. Each sample was weighed at 0 h and 24 h. The swelling capacity ratio was calculated with the formula  $R = W_{24}/W_0$ , where  $W_{24}$  is the weight of the hydrogel at 24 h and  $W_0$  is the weight of the hydrogel at 0 h.

**2.2.4. Rheological properties.** The proper amount of injectable HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel was set on the plate of an RS150 rheometer (Thermo-Haake, Germany) with a 20 mm parallel plate (Ti, gap 0.3 mm) at  $22 \pm 1$  °C. The shearing rate used was from 0 to 1000 per minute. The interfacial shear viscosity and shear stress were recorded by the instrument.

### 2.3. Heating efficiency of the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel

HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogels with different concentrations of Fe<sub>3</sub>O<sub>4</sub> spheres were placed in the center of the coil. An AMF was induced using a custom-built magnetic hyperthermia machine (frequency: 400 kHz; output power: 7.2 kw, coil diameter: 10 cm). An infrared thermal imaging instrument (Fortric Technology, Fortric225) was used to acquire the real-time temperature on the surface. All the images captured by infrared thermography were analyzed using the FOTRIC AnalyzIR software. The longest and shortest diameters of the HPMC/Fe<sub>3</sub>O<sub>4</sub> in the AMF were measured using Vernier calipers to calculate the volume to estimate the change in volume of the hydrogel in the AMF at different times. The formula used to calculate the volume is  $V = D_L D_S^2/2$ ,<sup>34,35</sup> where  $D_L$  is the longest diameter and  $D_S$  is the shortest diameter of the tumor measured by a Vernier caliper.

### 2.4. *In vitro* drug release

To investigate the DOX release *in vitro*, 60 µL of HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX was placed in a dialysis bag (8000–14000) with 940 µL phosphate buffered saline (PBS) at pH 5.5 or pH 7.4. Then, the whole dialysis bag was placed in a 50 mL centrifuge tube with 29 mL PBS added afterwards. The centrifuge tube was transferred to an incubated shaker to perform the release at 37 °C and 120 rpm. At 0.5 h, 1 h, 2 h, 4 h, 6 h, 8 h, 10 h, 12 h, and 24 h, 1 mL samples were taken from the tube and an additional 1 mL of pure PBS was added to maintain the medium volume. The tubes in the experimental group were exposed to AMF in the center of the coil for 1 min at 1 h, 4 h, 8 h, and 12 h. To investigate the efficiency of the DOX release, all the samples were measured using a UV-Vis spectrometer (Shimadzu UV-3600, Japan). The cumulative amount of DOX released from

the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel with time was calculated. As a control, the DOX release without AMF exposure was performed using the same method.

### 2.5. *In vitro* and *in vivo* biosafety

Human umbilical vein endothelial cells (HUVEC) were from Chongqing Medical University and cultivated in 96-well plates (number of cells per orifice, approximately  $1 \times 10^4$ ) in an incubator (37 °C, 5% CO<sub>2</sub>). The HPMC/Fe<sub>3</sub>O<sub>4</sub> suspension at concentrations of 100 µg mL<sup>-1</sup>, 200 µg mL<sup>-1</sup>, 300 µg mL<sup>-1</sup>, 400 µg mL<sup>-1</sup>, 500 µg mL<sup>-1</sup>, 600 µg mL<sup>-1</sup>, 700 µg mL<sup>-1</sup> and 800 µg mL<sup>-1</sup> were sterilized using ultraviolet light. After culturing for 24 h, 100 µL of the prepared suspension at different concentrations was added in the experimental group. After incubating with the suspension for 24 h, the 96-well plates were rinsed with PBS and the previous medium was replaced with Dulbecco's modified eagle medium (DMEM) with 10 µL of cell-counting kit-8 solution (DOJINDO Molecular Technologies, INC.) for the experimental group. No HPMC/Fe<sub>3</sub>O<sub>4</sub> suspension was added to the DMEM for the cell culture in the control group. For the blank group, there were no cells or HPMC/Fe<sub>3</sub>O<sub>4</sub> suspension. After incubating for an additional 0.5 h, a microplate reader was used to detect the absorbance of each sample with an optical filter at 450 nm. The cell inhibition rate was calculated using the formula  $R = (OD_s - OD_b)/(OD_c - OD_b)$ , where OD<sub>c</sub>, OD<sub>s</sub> and OD<sub>b</sub> represent the optical density values of the control group, the experimental group and the blank group, respectively.

The safety of HPMC/Fe<sub>3</sub>O<sub>4</sub> *in vivo* was evaluated using biochemical assays of mice serum at different dosages (1, 2, and 4 mg kg<sup>-1</sup>) of the HPMC/Fe<sub>3</sub>O<sub>4</sub> suspension. The suspension was injected into a vein and blood samples were taken at different time points (7 and 14 days). To reflect the liver and renal functions, some serum biochemical indicators were detected including total protein (TP), alkaline phosphatase (ALP), aspartate aminotransferase (AST), alanine aminotransferase (ALT), albumin (ALB), blood urea nitrogen (BUN) and serum creatinine (sCr). The serum of the mice was analyzed using an automated biochemical analyzer (Rayto chemray 240, China).

### 2.6. Ablation efficiency in excised bovine liver

Different volumes (40, 60 and 80 µL) of HPMC/Fe<sub>3</sub>O<sub>4</sub> were injected into prepared excised bovine liver under ultrasound guiding and then exposed to AMF for different time periods (3, 5, 7 and 10 min). Additionally, the volumes of HPMC/Fe<sub>3</sub>O<sub>4</sub> were measured by ultrasound. Otherwise, elastography was used to detect rigidity changes in the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel after AMF ablation. The ablation distance of the bovine liver was macroscopically measured from the border of the implant to the edge of the necrotic area.

### 2.7. The nude mouse 4T1 mouse breast cancer xenograft model

The 4T1 mouse breast cancer cell line was purchased from the Type Culture Collection of the Chinese Academy of Sciences, Shanghai, China and cultured following the guidance with purchase. The cells were collected by digestion, centrifugation





and dispersed in axenic PBS at the concentration of  $1 \times 10^7$  cell per 0.1 mL. 40 female SPF nude mice at a mean weight of  $20 \pm 0.3$  g were injected with 0.1 mL of 4T1 cell suspension per mouse in the back near the right hind leg. All the animal experiments were approved by the Animal Welfare Ethics Committee of the Shanghai Sixth People's Hospital.

## 2.8. In vivo therapeutic efficiency

The HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX hydrogel was injected into anesthetized mice in the center of the tumor *in situ* under the guidance of real-time ultrasound. A far-infrared thermometer (Fortric Technology, Fortric225) was applied to monitor the peak surface temperature of the tumors continuously. Moreover, the tumor volumes and the weight of mice were macroscopically measured each day. The tumor volumes were estimated using the formula  $V = D_1 D_s^2 / 2$ . After the magnetic hyperthermia treatment, all the mice were fed to observe their health status and the recurrence of the tumors and then euthanized. Two of each group were randomly chosen to be dissected to obtain the heart, liver, spleen, lung and kidney for hematoxylin and eosin staining (H&E staining) to observe the difference between the normal nude mice and the tumor-bearing mice. The survival ratio of the tumor-bearing mice was calculated using the formula  $R_s = N_s / N_t$ , where  $N_s$  is the number of mice that survived and  $N_t$  is the total number of mice. In addition, the tumor inhibition ratio of chemo-thermal therapy was calculated using the formula  $R_{\text{inhibition}} = (1 - r_{\text{chemo}} \times r_{\text{thermal}}) \times 100\%$ ,  $r_{\text{treatment}} = V_{\text{treatment}} / V_{\text{control}} \times 100\%$ , where  $r$  is the relative tumor growth rate after treatment and  $V$  is the relative tumor volume.<sup>36,37</sup>

## 2.9. Statistical analysis

Statistical analysis was performed using the Origin 9.0 software (OriginLab Corporation, Northampton, Massachusetts, USA). All values are expressed as the mean  $\pm$  standard deviation, except for the calculated ratio and mechanical test. At the level  $\alpha = 0.05$ , significance was established for all of the significance tests.

# 3. Results and discussion

## 3.1. Synthesis and Characterization

To investigate the heating efficiency of different concentrations of Fe<sub>3</sub>O<sub>4</sub> spheres in the hydrogel in alternating magnetic fields, five concentrations of Fe<sub>3</sub>O<sub>4</sub> spheres, from 0% to 40% with the corresponding different concentrations hydroxypropyl methyl cellulose (HPMC), were prepared. Additionally, Fe<sub>3</sub>O<sub>4</sub> nanoparticles were used to prepare another HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel to compare the heating efficiency of Fe<sub>3</sub>O<sub>4</sub> spheres and Fe<sub>3</sub>O<sub>4</sub> nanoparticles. As shown in the TEM and SEM images of the sample (Fig. 1a–d), uniform Fe<sub>3</sub>O<sub>4</sub> spheres were formed. The rough surface of the spheres indicates that the spheres are made up of Fe<sub>3</sub>O<sub>4</sub> grains.<sup>38</sup> The average diameter of the spheres obtained from the TEM and SEM images was  $200 \pm 26$  nm. To observe the dispersity of the two types of Fe<sub>3</sub>O<sub>4</sub>, the samples were made from Fe<sub>3</sub>O<sub>4</sub> nanoparticles and Fe<sub>3</sub>O<sub>4</sub> spheres,

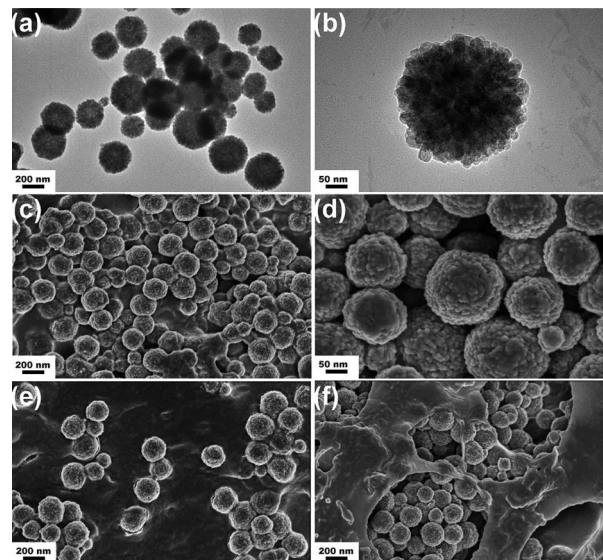


Fig. 1 TEM and SEM images of uniform spheres of Fe<sub>3</sub>O<sub>4</sub>. (a) Typical TEM image of Fe<sub>3</sub>O<sub>4</sub>. (b) Detailed TEM image of Fe<sub>3</sub>O<sub>4</sub> spheres showing the grains gathering into a sphere. (c) Typical SEM image of uniform spheres of Fe<sub>3</sub>O<sub>4</sub>. (d) Detailed SEM image of Fe<sub>3</sub>O<sub>4</sub> spheres showing the rough surface. (e) Fe<sub>3</sub>O<sub>4</sub> spheres dispersed homogeneously in HPMC/Fe<sub>3</sub>O<sub>4</sub> before exposure to the alternating magnetic field (AMF). (f) Fe<sub>3</sub>O<sub>4</sub> spheres gathered after exposure to the AMF, with retention of the rough surface.

respectively. The SEM images of the two samples revealed that the Fe<sub>3</sub>O<sub>4</sub> sphere sample was more homogeneous than the Fe<sub>3</sub>O<sub>4</sub> nanoparticles in the hydrogel (Fig. S1c†). The SEM image of the samples before and after exposure to the alternating magnetic field (AMF) demonstrated that the rough surface of the Fe<sub>3</sub>O<sub>4</sub> spheres was retained, so AMF did not change the structure of the Fe<sub>3</sub>O<sub>4</sub> spheres. Additionally, the Fe<sub>3</sub>O<sub>4</sub> spheres that were homogeneously dispersed before the AMF were gathered together after the AMF process. This may be why the temperature increased more rapidly in the latter half of the heating process, since the heating efficiency is proportional to the thermal power per unit mass for magnetic materials.<sup>39</sup>

To investigate the contents of the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel and any loss in the heating process, a thermogravimetric analysis was conducted. The thermogravimetric curves (Fig. 2a) shows that before exposure to the AMF, the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel contained 66.8 wt% of absorbed water, 20.8 wt% of organics, and 12.4 wt% Fe<sub>3</sub>O<sub>4</sub>, whereas after exposure to the AMF the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel consisted of 48.1 wt% of absorbed water, 39.2 wt% of organics and 12.7 wt% Fe<sub>3</sub>O<sub>4</sub>. Thus, the thermogravimetric curves indicate that the weight loss during the magnetic hyperthermia treatment is mainly due to the absorbed water. The swelling capacity ratio was determined to estimate the water absorption. Fig. 2b shows that the swelling capacity ratios of the HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX and HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogels are approximately ( $P > 0.05$ ), which demonstrates there is no significant difference between the two groups. The swelling capacity ratio of the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel in fetal bovine serum, which simulated the internal environment, showed an increase in the water content. As has been reported previously,



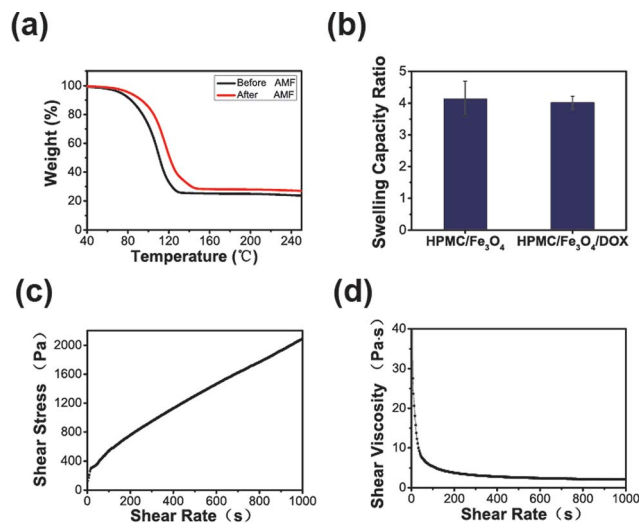


Fig. 2 (a) Thermogravimetric curves of the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel before and after exposure to an AMF for 5 min, showing the changes in the contents of the AMF. (b) The swelling capacity ratio of the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel with and without DOX in fetal bovine serum, showing water absorption. (c) and (d) As shear rate increased, the shear stress increased and the shear viscosity decreased, demonstrating the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel is a pseudoplastic fluid and can be injected.

a high water content provides physical similarity to tissues and can give hydrogels excellent biocompatibility and the capability to easily encapsulate hydrophilic drugs.<sup>15,40,41</sup> To determine whether HPMC/Fe<sub>3</sub>O<sub>4</sub> is injectable, its rheological properties were tested. The rheological property curve (Fig. 2c and d) shows the shear-thinning character of the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel. Shear-thinning hydrogels flow like low-viscosity fluids under shear stress during injection, but quickly recover their initial stiffness after the removal of shear stress in the body.<sup>42</sup> During the injection process, the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel was injected into the body *via* the application of shear stress. The shear-thinning properties of the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel demonstrates that in the process of injection, as the stress strengthened, the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel gets thinner, which indicates that it can be injected into the body.

### 3.2. Heating efficiency of the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel

To select the optimal concentration of Fe<sub>3</sub>O<sub>4</sub> spheres in the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel, samples with different concentrations were placed in a glass culture dish at the center of the coil with a thermography recording the temperature. As shown in Fig. 3a and b, the temperature at the surface of the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel increased with Fe<sub>3</sub>O<sub>4</sub> content and heating time. The slope of the curve shows the speed of the temperature increase. 30% Fe<sub>3</sub>O<sub>4</sub> displayed a steady increase in heating that can be easily controlled. Considering the therapeutic effect and safety, 30% Fe<sub>3</sub>O<sub>4</sub> was selected for the following experiments due its rapid and stable increase in temperature. The volume change of the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel was estimated. After exposure to an AMF for 120 s, 37% of the volume of 30% Fe<sub>3</sub>O<sub>4</sub> remained, while that of 0% Fe<sub>3</sub>O<sub>4</sub> did not change significantly. In Fig. 3c, the

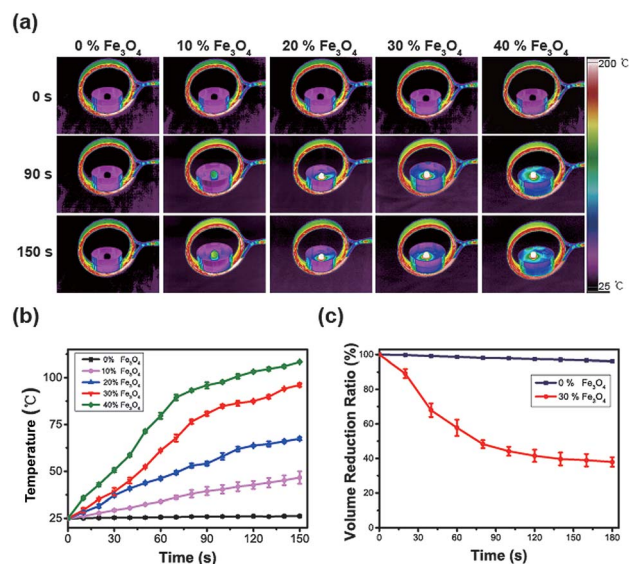


Fig. 3 (a) Thermo-images of different Fe<sub>3</sub>O<sub>4</sub> particle contents in HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogels at different time points. (b) The heating time–temperature curves of different contents of Fe<sub>3</sub>O<sub>4</sub> particles in HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogels. (c) The volume loss of HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogels with and without 30% Fe<sub>3</sub>O<sub>4</sub> in the AMF.

volume of the 30% Fe<sub>3</sub>O<sub>4</sub> in HPMC/Fe<sub>3</sub>O<sub>4</sub> changes while there is little change in the HPMC hydrogel, indicated that the heat generated by the coil itself is not the main cause of the shrinking of the hydrogel. Instead, the heat produced by the Fe<sub>3</sub>O<sub>4</sub> spheres in the AMF results in the loss of volume. Since Fe<sub>3</sub>O<sub>4</sub> spheres were used in HPMC/Fe<sub>3</sub>O<sub>4</sub>, the relative heating efficiencies of Fe<sub>3</sub>O<sub>4</sub> nanoparticles and Fe<sub>3</sub>O<sub>4</sub> spheres were measured. The temperature increases for Fe<sub>3</sub>O<sub>4</sub> spheres in the hydrogel and for Fe<sub>3</sub>O<sub>4</sub> nanoparticles showed no significant difference (Fig. S1a and b†). Different volumes (40, 60, and 80 μL) of the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel were heated in the AMF. In Fig. S1d,† it can be seen that the temperature increase is positively correlated with the volume, while there was no significant difference between the 60 μL and 80 μL volumes. Therefore, 60 μL was tentatively selected as the volume for ablation. Further experiments are required to select the injection volume.

### 3.3. In vitro drug release

To investigate the pH and magnetic dual-response of the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel, four sets of conditions were tested: in PBS at pH 7.4, in PBS at pH 5.5, in PBS at pH 5.5 with exposure to the AMF and in PBS at pH 7.4 with exposure to the AMF. UV-Vis spectroscopy was used to measure the absorbance of the samples over time due to DOX. The PBS at pH 5.5 group released more than the PBS at pH 7.4 group without exposure to the AMF. Meanwhile, at 1 h, 4 h, 8 h, and 12 h, the groups with exposure to the AMF were exposed to the AMF for 1 min. The absorbance of each sample obviously increased after exposure to the AMF. To summarize, the cumulatively released DOX was 57.6% with the AMF and 32.3% without the AMF in 24 h at pH 7.4. Meanwhile, the AMF was applied to the PBS at pH 5.5 group. The cumulatively released DOX was 78.8% with the AMF



and 41.7% without the AMF. Two factors contributed to the pH-response: the solubility of DOX at acidic pH values<sup>43–45</sup> and the higher solubility of the HPMC/PVA hydrogel at lower pH values.<sup>46</sup> At pH 5.5, the hydrogel starts to be soluble and aids the increased release of DOX. The trend (Fig. 4a) in the PBS at pH 5.5 with AMF group is the same as for the PBS at pH 7.4 with AMF group. HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX released a significant amount of DOX after being exposed to the AMF and at lower pH, while it released little without the AMF and at pH 7.4. The corresponding digital photos of the cumulative release of DOX are shown in Fig. 4b. The increasing color of the tubes shows the accumulation of DOX in different environments. These results confirm that the HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX hydrogel releases DOX in response to the AMF and the pH. It has been previously reported by many studies that the tumor pH is lower than the pH in normal tissues. Therefore, the pH and magnetic hyperthermia response release behavior triggers the release of the therapeutic anti-cancer drug, DOX, in the acidic tumor microenvironment with little release in neutral environments.

### 3.4. *In vitro* and *in vivo* biosafety

Human umbilical vein endothelial cells (HUVEC) were cultured to estimate the cell viability *via* cell count-kit 8 (CCK8). This is a common cell detection method that is often used to assess cytotoxicity in drug testing. As shown in Fig. 5a, the cell viability was  $97.0 \pm 1.6\%$  in the control group while the value in the  $800 \mu\text{g mL}^{-1}$  group was  $81.9 \pm 3.3\%$ . The cell experiment indicates that the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel has no significant toxic effects on HUVECs. The serum biochemical indexes of mice were detected at different dosages (0, 1, 2, and  $4 \text{ mg kg}^{-1}$ ) and different time points (7 and 14 days). The indicators of liver and renal function, including TP, ALP, AST, ALT, ALB, LDH, BUN, and sCr, reveal no significant statistic differences ( $P > 0.05$ ) compared with the control group at 7 days and 14 days after injection (Fig. 6). The heart, liver, spleen, lung, and kidney of each mouse were prepared for hematoxylin and eosin staining (H&E staining) to observe their cells (Fig. S2† and 5b). No differences between the experimental group and the control group were observed. The experiments *in vitro* and *in vivo* demonstrate the high biological safety of the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel.

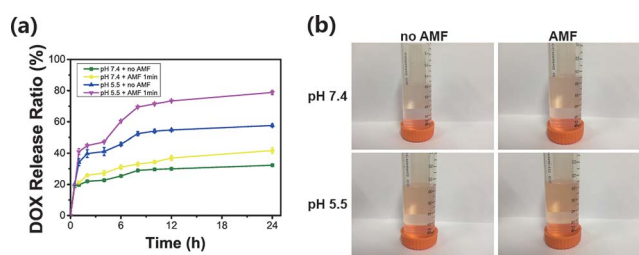


Fig. 4 (a) *In vitro* release profiles of HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX at different pH values (pH 7.4 and pH 5.5) with or without the AMF, showing that DOX was released at pH 5.5 after exposure to the AMF for 1 min. (b) The corresponding digital photos of the cumulative release of DOX *in vitro* at 24 h.

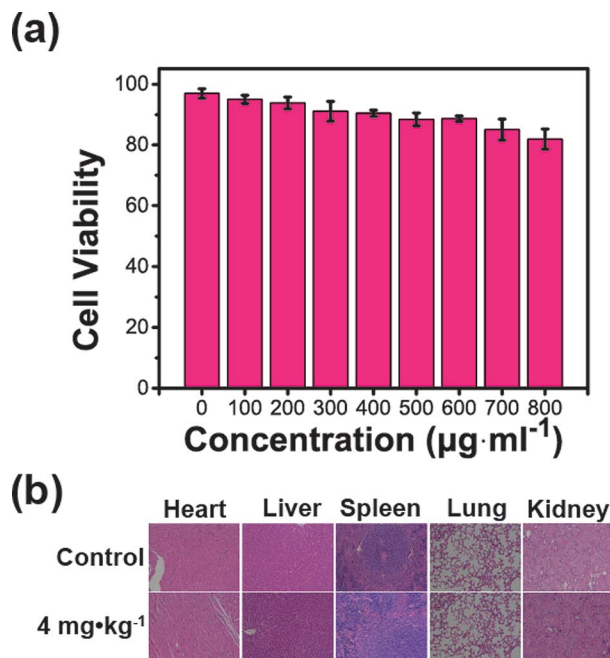


Fig. 5 (a) Cell viability-concentration histogram from the CCK8 assay for different HPMC/Fe<sub>3</sub>O<sub>4</sub> suspension injection dosages. (b) H&E staining of the heart, liver, spleen, lung, and kidney of a mouse 14 days after injection of the HPMC/Fe<sub>3</sub>O<sub>4</sub> suspension at different concentrations (0,  $4 \text{ mg kg}^{-1}$ ).

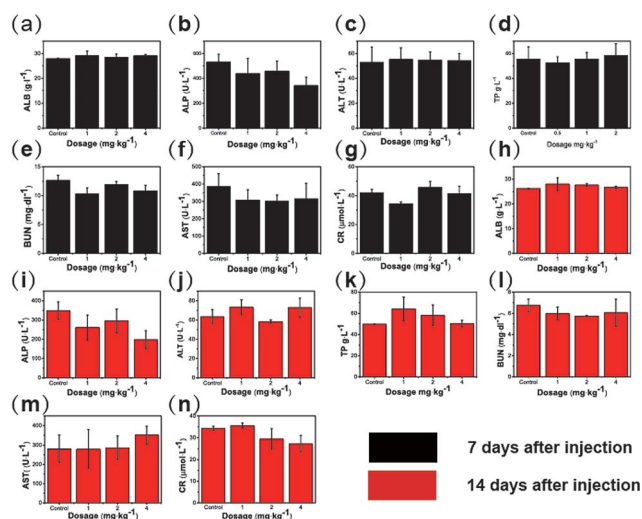


Fig. 6 Biochemical indexes of mice 7 or 14 days after injection of the HPMC/Fe<sub>3</sub>O<sub>4</sub> suspension at different concentrations.

### 3.5. Ablation efficiency in the excised bovine liver

The ablation range in excised bovine liver was macroscopically measured (Fig. 7a). Considering the larger ablation range and the smallest dosage of the injected HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel, an injection dosage of  $60 \mu\text{L}$  with 10 min of heating time, which caused an ablation radius of 5 mm, was selected for the following *in vivo* experiments. The macrophotographs of the excised bovine liver were captured (Fig. 7b) and show that the





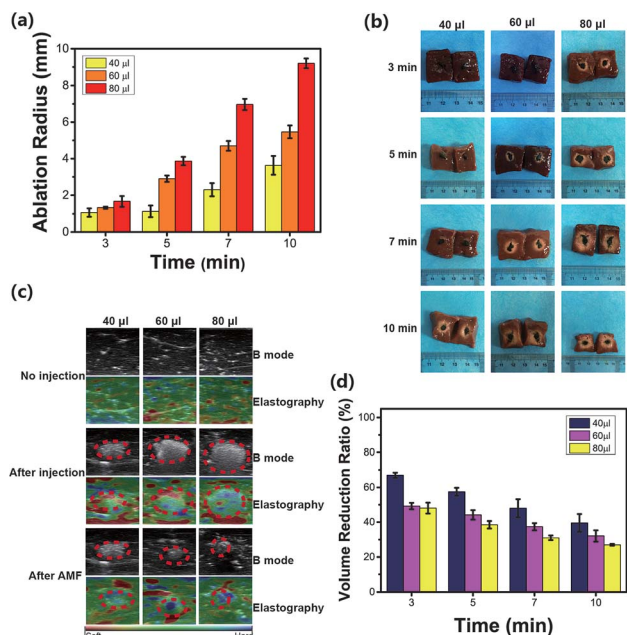


Fig. 7 (a) The ablation radius generated by HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX in the AMF. (b) Transsection macrograph of excised bovine liver after the AMF ablation at different time points (3, 5, 7, and 10 min). (c) Ultrasound elastography and B mode images showing the HPMC/Fe<sub>3</sub>O<sub>4</sub> reduction and hardening after magnetic hyperthermia. (d) The volume reduction of different injected volumes of HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX measured by ultrasound.

ablation range elongated with longer heating time and with higher injection dosages. The time–ablation distance curves showed increasing ablation distances with increased heating times and increased injection dosages. This can provide guidance for the appropriate heating time in the AMF and appropriate dosage for further *in vivo* experiments depending on the tumor size to achieve the best ablation effect without damage to normal tissue. As shown in Fig. 7c, the grey values of the magnetic hydrogel detected by ultrasound are different from normal tissue. After exposure to the AMF, the cross-sectional area of the HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX hydrogel decreased. The volumes of the 40, 60, and 80  $\mu$ L injections of the magnetic hydrogel decreased after exposure to the AMF for 10 min (Fig. 7d). These results are not identical to the results obtained *in vitro*. The change in the volume of the hydrogel depends on the temperature change and the excised bovine liver contains moisture, which affects the increase in temperature. Ultrasound elastography was used to detect the phase transition. In Fig. 7c, the red area is soft while the blue area is hard. It is obvious that the HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX hydrogel is harder than the tissue and after exposure to AMF the blue region increased in the injection area. It can be inferred that the HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX hydrogel solidified in the tissue. However, the temperature of the material could not be directly detected because the HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX hydrogel was injected inside the excised bovine liver. However, the temperature was detected in the previous experiment. Therefore, the combination of ultrasound measurements and elastography may be a potential method to detect the temperature in deep tissue.

### 3.6. The establishment of the 4T1 mouse breast cancer xenograft model and *in vivo* therapeutic efficiency

To validate the therapeutic efficacy of the HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX hydrogel *in vivo*, a 4T1 mouse breast cancer xenograft model was employed. The breast cancer model had been successfully established with a diameter  $10 \pm 0.5$  mm on the back near the right hind leg of nude mice. 40 tumor-bearing mice were randomly divided into the following 4 groups: mice without any treatment as a control, mice exposed to the AMF with free DOX injection *in situ*, mice exposed to the AMF with an intratumoral HPMC/Fe<sub>3</sub>O<sub>4</sub> injection and mice exposed to the AMF with an intratumoral HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX injection. With the guidance of ultrasound, HPMC/Fe<sub>3</sub>O<sub>4</sub> was injected into the center of the tumor (Fig. S3a†). A thermal imager was applied to monitor the temperature changes on the surface of the tumor over time (Fig. 8a, b and S3b†). It has been reported that tumor coagulation necrosis occurs at temperatures above 47 °C after a few minutes of exposure.<sup>28,47,48</sup> The temperature on the surface of the center of the tumor above the injected site increased rapidly until it reached  $48 \pm 1.2$  °C in 1 min. After the hyperthermia expanded to the whole tumor surface, the temperature increased slowly to 68 °C during the remaining treatment

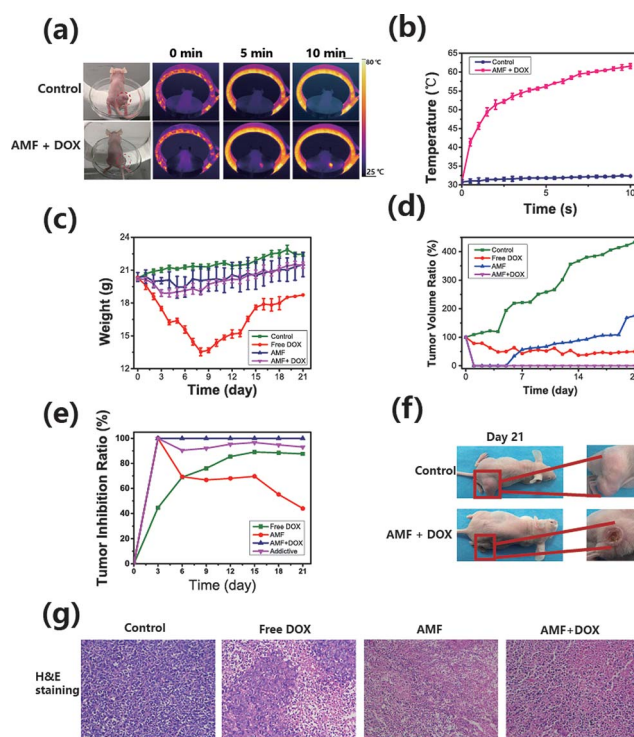


Fig. 8 (a) Infrared thermal imaging of the exposure of mice to the AMF. (b) Temperature increase curves during the exposure of mice to the AMF. (c) The weight of the mice in each group during the whole observation period. (d) The relative tumor volumes of the mice after treatment. (e) Relative tumor inhibition ratios of each group and additive tumor inhibition ratio of chemo-thermal therapy. (f) The digital photographs of mice 21 days after treatment. (g) H&E staining of tumors in each group 3 days after treatment, showing tumor necrosis in the free DOX group, the HPMC/Fe<sub>3</sub>O<sub>4</sub> group and the HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX group, with no necrosis in the control group.



process. In brief, the temperature of the tumor increased gently during the magnetic hyperthermia treatment process after the rapid temperature increase in the first min. This may be due to the release of liquid by the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel to control the heat rising in the tumor tissue and temperature exchanges directly between the injection site and the tumor tissue. To investigate the ablation of the tumor, on the 3<sup>rd</sup> day after treatment, 1 mouse in each group was randomly chosen to be euthanised for tumor H&E staining to investigate the necrosis caused by the treatment. As shown in Fig. 8g, obvious cell necrosis, such as nuclear fragmentation, pyknosis and karyolysis, was observed in the free DOX group, the AMF group and the AMF + DOX group. Normal tumor cells were observed in the free DOX group while no normal tumor cells were observed in the AMF group and the AMF + DOX group, indicating that some tumor cells still survived in the free DOX group. The macrograph (Fig. S3d†) shows a normal tumor in the control group and a smaller tumor in the free DOX group than in the control group, while macroscopic ablation tissue is observed in the AMF and the AMF + DOX groups. The HPMC/Fe<sub>3</sub>O<sub>4</sub>, which had been injected into the tumor, was also found to be gelated into a solid due to the lost water during the AMF heating process. To further demonstrate the therapeutic efficacy, the weight and the tumor volume of each mouse was measured on each day (Fig. 8c, d and S3e†). The tumor volume of the control group increased rapidly, with increasing weight due to the tumor growth. As the tumor grew rapidly, emaciation occurred in the control group and the weight of the mice increased. The tumor volume of mice in the free DOX group was reduced in 7 days together with weight loss, and the spine protruded outward, which suggested that the mice were not healthy due to the effects of the chemotherapy drug DOX. The mice in the free DOX group died successively from the 4<sup>th</sup> day after treatment until 1 mouse remained on the 21<sup>st</sup> day, emaciated and in poor spirits. However, the tumor volume in the free DOX group stopped decreasing on the 4<sup>th</sup> day, with ongoing weight loss, indicating that unitary chemotherapy did not stop the development of the tumor and its damage the organism. It has been widely reported that DOX causes severe side effects such as acute nausea and vomiting, stomatitis, gastrointestinal disturbances, alopecia baldness and cardiotoxicity.<sup>49–51</sup> Due to the serious side effects of DOX, only one mouse in the free DOX group survived. As shown in Fig. S3c,† the survival ratio of DOX group significantly decreased, with no decrease in any other group, which indicates it is DOX that accelerates deaths of the mice. Moreover, the mice in the AMF group and in the AMF with DOX group lost little weight after the tumor ablation treatment. This illustrates the ability of the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel to diminish the toxicity of DOX, since it has been reported that the character of DOX does not change under the hyperthermia<sup>52</sup> treatment, indicating that the treatment efficiency of DOX is retained during the magnetic hyperthermia treatment. In addition, the AMF enhanced the drug release in the tumor. In this way, the damaging effect of DOX on the normal organism has been limited, while the therapeutic efficacy has been enhanced.

Although no surviving tumor cells were observed in the section from the AMF group, 3 recurrences occurred on the 5<sup>th</sup> day, which shows that with longer observation, single magnetic

hyperthermia does not inhibit the recurrence of tumors (Fig. 8g and S3e†). On the 21<sup>st</sup> day, the mice in the AMF + DOX group recovered to a healthy state and there was no recurrence (Fig. 8g and S3e†), which indicates that chemo-magnetic hyperthermia therapy can treat tumor without recurrence and with lower DOX toxicity. In addition, the measured tumor inhibition ratio of the AMF + DOX group is much higher than that of the other groups, and significantly higher than the calculated values (additive group) after 5 days (Fig. 8e), confirming the efficiency of the chemo-thermal synergistic therapy *in vivo*. To investigate the health of the mice from each group, the heart, liver, spleen, lung and kidney of mice were obtained for H&E staining. No significant differences can be observed between the normal tissue and the tissue from tumor-bearing mice, indicating that there is no tumor metastasis to the internal organs (Fig. S4†).

To summarize, free DOX reduced the tumor growth over a period time but damaged the organism and the HPMC/Fe<sub>3</sub>O<sub>4</sub> hydrogel with the AMF could ablate the tumor to some extent but did not prevent recurrence. Combining DOX with the magnetic hyperthermia treatment decreased the tumor recurrence with less damage to the organism.

## 4. Conclusion

In this study, an injectable HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX hydrogel was developed and used for chemo-magnetic hyperthermia tumor therapy. The resulting HPMC/Fe<sub>3</sub>O<sub>4</sub>/DOX hydrogel has pH-sensitive and magnetic response capabilities with high biosafety. As shown by the preliminary results for DOX release in acidic environments and triggered by magnetic hyperthermia, these unique properties provide a significant step towards tumor therapy applications. More importantly, no tumor recurrences occurred in the chemo-thermal therapy group, while recurrences occurred in the thermal therapy group within 21 days after the magnetic hyperthermia treatment, which demonstrated the high therapeutic efficacy of chemo-thermal therapy. This result may be due to enhanced DOX release during magnetic hyperthermia treatment, leading to a synergistic treatment. We believe that this material combined with DOX chemotherapy could improve the therapeutic effects and promote the efficiency, controllability and safety of magnetic hyperthermia treatments, representing a step forward towards clinical applications.

## Ethical statement

All animal procedures were performed in accordance with the Guidelines for Care and Use of Laboratory Animals of Shanghai Jiaotong University affiliated Shanghai sixth people's hospital and approved by the Animal Ethics Committee of the Institutional Animal Care and Use Committee (IACUC) of Shanghai Jiaotong University affiliated Shanghai sixth people's hospital.

## Conflicts of interest

There are no conflicts to declare.





## Acknowledgements

The authors thank Prof. Yaopeng Zhang from DongHua University for help with this study. We acknowledge financial support from 973 project (2014CB744500), the National Science Foundation for Distinguished Young Scholars (NO. 81425014), the National Natural Science of China (NO. 81720108023, 31630026), and Shanghai Key Discipline of Medical Imaging (2017ZZ02005).

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