



Cite this: *RSC Adv.*, 2018, 8, 122

# Synthesis, characterization and assessment of hydrophilic oxidized carbon nanodiscs in bio-related applications

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Oxidation of industrially prepared carbon nanodiscs using a simple, versatile, and reproducible approach based on the Staudenmaier method yields a new hydrophilic form of nanocarbon. As a result of the strong acid treatment, which also enables the separation of carbon nanodiscs from the mixed starting material, the graphene planes detach from the discs, while the surface of the carbon nanodiscs is decorated with various oxygen-containing functional polar groups. Thus, the completely insoluble carbon nanodiscs are converted to a hydrophilic derivative dispersible in many polar solvents, including water. The new carbon structure is expected to have a wide range of applications in several fields including bioapplications. To this end, the functionalized carbon nanodiscs exhibit very low cytotoxicity, while they achieve high drug loadings, enabling their application as an effective drug nanocarrier. Furthermore, the carbon disks were evaluated as supports in nanobiocatalytic applications, increasing significantly the stability of the systems, due to carbon disks' nano-sized dimensions.

Received 11th October 2017  
 Accepted 12th December 2017

DOI: 10.1039/c7ra11045f

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## Introduction

There is no doubt that among the nanomaterials that have been synthesized or isolated in recent decades, carbon nanostructures hold the most prominent position. This is directly related to the intriguing capability of carbon to form many allotropes with bonds based on sp<sup>3</sup>, sp<sup>2</sup> and sp hybridization. Carbon nanomaterials include various low-dimensional forms such as 0D fullerenes, 1D carbon nanotubes and 2D graphene. The importance of their discovery is mirrored by two Nobel prizes awarded in the last two decades (Kroto, Smalley, Curl in 1996 for the discovery of fullerenes and Novoselov and Geim in 2010 for the discovery of graphene). Due to their structure, size, low density, high specific surface area, tunable pore structure, chemical stability together with excellent electronic, thermal and mechanical properties carbon nanostructured materials have been considered as promising candidates for a wide range

of applications including organic photovoltaics, biological and medical applications, catalyst supports, field emission devices, nanopores, sensors, semiconductor devices, composite materials (polymeric or ceramic), nanoelectronics, gas separations, supercapacitors, and energy storage materials.<sup>1–20</sup>

Carbon nanodiscs (CNDs) represent an interesting alternative to bulk graphite; they are produced through the so-called pyrolytic Kvaerner Carbon Black & H<sub>2</sub> (CB & H) process,<sup>21,22</sup> in which a continuous conversion of hydrocarbons (typically heavy oil) is decomposed into carbon and H<sub>2</sub> with the aid of an industrial-scale plasma torch generator, operating at a temperature around 2000 °C. CB & H method provides an unusual carbon product, consisting of different turbostratic graphitic microstructures, which may also exhibit disclination defects in their hexagonal network, resulting from the presence of pentagons in the specific seed from which they grew. Flat CNDs (no pentagons) are predominantly present in this mixture together with conical carbon structures (1–5 pentagons) and amorphous carbon (soot), with volume fractions around 82%, 5% and 13%, respectively.<sup>23,24</sup> CNDs can be isolated by subjecting the crude material to liquid phase oxidation because soot and conical structures are preferentially oxidized.<sup>24</sup>

CNDs are ultra-thin, quasi two-dimensional particles with diameter 1–4 μm, while the co-existing carbon cones are of similar size. A combined electron diffraction and electron microscopy study has indicated that both carbon materials exhibit multilayer structures with a graphitic core and outer

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non-crystalline layers.<sup>25</sup> More specifically, it has been proposed that CNDs may start to form during the pyrolytic process through the growth of a thin planar graphite crystal with regular facets, which is then progressively encapsulated by additional non-crystalline carbon layers. Although a different number of carbon layers may be deposited, depending on the local growth conditions, each CND is considered to have homogeneous thickness, typically in the range 10–30 nm.<sup>25</sup> The degree of graphitization can be greatly promoted by post heat-treatment at 2700 °C, under argon.<sup>26</sup> Indeed, AFM and XRD analysis of thermally treated nanodiscs and cones has shown that the annealing process under such conditions, leads to high structural organization with only few surface defects, not affecting the geometry (and the thickness) of the particles. Annealed CNDs and cones have appeared to be almost single crystalline in the *c*-direction and comprise a limited number of stacked graphene layers (usually <100). CNDs may thus be considered as the thinnest carbon structure after the well reported few layers graphene nanomaterial.

CNDs have similar features with the other carbon nanostructured materials like fullerenes, CNTs and graphene, due to the presence of fully conjugated  $\pi$ -electrons confined in either zero-, quasi-one- or two-dimensions.<sup>27</sup> However, their disc shaped structure differentiates significantly certain of CNDs' properties, enabling their applicability in new fields. Within this context CNDs, which are more close to graphene, differ from fullerenes' curved structure in both shape and wall thickness,<sup>28</sup> which in the case of CNDs may range from a few up to several tens of graphene layers. Additionally, the CNDs, due to their stacking properties possess a well-defined structure, which is associated with improved heterogeneous electron transfer rate at the graphene edges,<sup>29</sup> and are thus expected to exhibit improved electrochemical properties, compared to other graphitic materials.<sup>30</sup> Finally, regarding Carbon Nano Spheres (CNSs), which are widely used in catalysis, electrochemistry, energy storage and biomedical applications,<sup>31</sup> 1D and 2D carbon materials, like CNDs, exhibit enhanced graphitization degree and in some cases larger surface areas.<sup>32</sup>

Compared to graphene oxide (the analogous chemical derivative of graphene), oxidized CNDs (oxCNDs) possess a series of advantages including: (i) a significantly narrower size distribution,<sup>26</sup> coupled with a well-defined shape,<sup>33</sup> (ii) a lower C : O atomic ratio resulting to higher density of functional (oxygen-containing) surface groups, and, (iii) a higher population of highly-reactive structural sites (located mainly at the round edges of the discs) giving rise to enhanced functionalization potential and affording further doping capabilities with hetero-atoms.<sup>26,34</sup> Similarly, oxidized CNDs are expected to be superior to 1D oxidized carbon nanotubes and flexible graphene oxides when used as fillers to improve for instance barrier properties since they provide a rigid, flat, functional yet non-permeable surface.<sup>35</sup>

Up to day, and due to their unique combination of morphological and structural characteristics, CNDs have been proposed as very attractive candidate nanomaterials for applications relative to electrochemistry,<sup>26</sup> improvement of friction

properties,<sup>36</sup> magnetic properties<sup>28</sup> and fillers for composite materials.<sup>37</sup>

The particular size of these disc-like carbon nanoflakes is crucial for maintaining important properties, such as electrical conductivity and on the other hand, small enough or even ideal in some cases, for application in bionanotechnology, nanomedicine and drug delivery, micromanipulation, nanochemistry *etc.* Like all other carbon structures, CNDs are insoluble in polar solvents, and thus industrial processing is significantly hampered. An additional drawback hindering their applicability is their immiscibility with most media due to their high tendency to establish strong van der Waals and  $\pi$ - $\pi$  interactions. However, the chemical modification of CNDs' surface could improve their dispersability in both organic solvents and aqueous media, rendering them more compatible with other materials, and facilitating the development of composites. In order to address this technological gap, we report in this study a simple, versatile, and reproducible approach for the chemical oxidation of CNDs, based on the well-known Staudenmaier method<sup>38</sup> that has been applied with great success for the chemical oxidation of graphite.<sup>39,40</sup> As a result of the strong acid treatment, which also enables purification of CNDs from the mixed starting material, graphene planes detach from the discs, while the surface of the CNDs becomes decorated with various oxygen-containing functional polar groups such as hydroxyl, carboxyl and epoxy groups. Consequently the completely insoluble CNDs can be converted to a hydrophilic derivative, which is dispersible in many polar solvents including water, extending the range of their diverse applications in several fields such as chemical industry, pharmaceuticals, electronics, *etc.* Furthermore, a variety of analytic techniques was used to fully characterize the produced nanocarbons, namely Fourier transform infrared (FTIR), micro-Raman and X-ray photoelectron spectroscopy (XPS), X-ray diffraction (XRD), thermal analysis (differential thermal (DTA) and thermogravimetric analysis (TGA)), as well as atomic force (AFM), transmission electron (TEM) and scanning electron (SEM) microscopy. We further focus on representative case studies addressing cutting edge processes of great importance in biomedicine and biocatalysis, namely the applicability of the developed nanostructures as efficient drug delivery systems and as supports for nanobiocatalytic systems were evaluated.

## Experimental section

### Pristine material

The nanodiscs sample (also containing a small fraction of conical structures and amorphous carbon) produced from the CB & H process and further annealed at 2500–2700 °C was purchased from Strem Chemicals, Inc. (France). The predominance of nanodiscs in the material is demonstrated by the SEM image shown in Fig. 1.

### Oxidation of carbon nanodiscs – oxCNDs

Oxidization of carbon nanodiscs was achieved using a modified Staudenmaier method.<sup>39,40</sup> In a spherical flask, 500 mg of CNDs



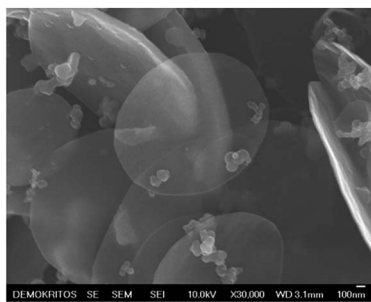


Fig. 1 SEM image of the as purchased pristine annealed CNDs sample.

were dispersed in a mixture of 20 mL  $\text{H}_2\text{SO}_4$  (95–97%) and 10 mL  $\text{HNO}_3$  (65%), while placed in an ice-water bath ( $0^\circ\text{C}$ ) and stirred for 20 minutes. 10 g of  $\text{KClO}_3$  were then added in small portions to the mixture under vigorous stirring and the reaction was completed after 18 hours. The oxidation product (oxCNDs) was separated by centrifugation (3500 rpm, 10 min) and washed several times with distilled water until a pH of 6 was reached. The resulting solid material was air-dried on a glass plate.

### Characterization techniques

XRD patterns were collected on a D8 Advance Bruker diffractometer by using  $\text{Cu K}\alpha$  (40 kV, 40 mA) radiation and a secondary beam graphite monochromator. The patterns were recorded in the 2-theta ( $2\theta$ ) range from  $2$  to  $80^\circ$ , in steps of  $0.02^\circ$  with a counting time of 2 s per step. Samples were in the form of films supported on glass substrates. For the preparation of the films, aqueous suspensions of oxCNDs were deposited on glass plates and the solvent was allowed to evaporate slowly at ambient temperature. FTIR spectra in the range  $400$ – $4000\text{ cm}^{-1}$  were measured with a Perkin-Elmer Spectrum GX infrared spectrometer, equipped with a deuterated triglycine sulphate (DTGS) detector. A total of 64 scans were averaged for each sample with  $2\text{ cm}^{-1}$ , using KBr pellets containing *ca.* 2 wt% sample. The spectra were obtained against a single-beam spectrum of the pure KBr pellet. Raman spectra were recorded with a micro-Raman system RM 1000 Renishaw, with excitation at  $532\text{ nm}$  (Nd-YAG), in the range  $1000$ – $2400\text{ cm}^{-1}$ . A power of 1 mW was concentrated in a  $1\text{ }\mu\text{m}$  focus spot in order to avoid photodecomposition of the samples. TGA and DTA were performed using a Perkin Elmer Pyris Diamond TG/DTA. Samples of approximately 5 mg were heated in air from  $25^\circ\text{C}$  to  $850^\circ\text{C}$ , at a rate of  $5^\circ\text{C min}^{-1}$ . For the XPS measurements, the samples were dispersed in water and after very short sonication a small droplet of the suspension was drop-casted onto a gold substrate and left to dry at room temperature. The samples were then introduced in an ultrahigh vacuum (UHV) system *via* a loadlock and kept under UHV for at least 12 h before measurement, allowing for the removal of volatile substances and/or solvents. The spectra were recorded using a SPECS GmbH system, equipped with a twin Al-Mg anode X-ray source and a multi-channel hemispherical sector electron analyzer (HSA-Phoibos 100). The base pressure in the spectrometer was  $9 \times 10^{-9}$  Torr during all measurements. The pass energy was set at 20 eV

providing a full-width at half maximum (FWHM) value of 1.1 eV and thus minimizing sample exposure to the X-ray beam (measuring time). The photoelectron take-off angle was  $90^\circ$ . All binding energies were referenced to the C 1s core level line of the C–C bond at 285.0 eV and are given  $\pm 0.1\text{ eV}$ .<sup>41</sup> Spectral analysis included a Shirley background subtraction and peak fitting using mixed Gaussian–Lorentzian functions in a least-squares curve-fitting program (Winspec) developed in the LISE laboratory of the University of Namur, Belgium. As substrates freshly evaporated gold films supported on mica were used; four points were measured on each sample in order to guarantee the reproducibility of the results. The stability of all analyzed samples against damage induced by the X-ray beam and by secondary electrons produced by photoemission in the underlying substrate was verified by monitoring the lineshape and relative intensity of the C 1s core-level as a function of irradiation time. No evidence of structural degradation was observed even when irradiation was continued twice as long as the acquisition time used for the obtained spectra. Scanning Electron Microscopy (SEM) images were recorded using a Jeol JSM 7401F Field Emission Scanning Electron Microscope equipped with Gentle beam mode. Gentle beam technology can reduce charging and improve resolution, signal-to-noise, and beam brightness, especially at low beam voltages (down to 0.1 kV). TEM images were recorded by a Philips CM12 microscope operating at 120 kV on samples prepared by drop casting a stable aqueous dispersion of oxCNDs over formvar/carbon copper grids (200 mesh). TEM images were recorded with a CCD camera (Gatan 791). Atomic force microscopy images were obtained in tapping mode with a 3D Multimode Nanoscope (Bruker), using Tap-300G silicon cantilevers with a tip radius  $<10\text{ nm}$  and a force constant of  $\approx 20$ – $75\text{ N m}^{-1}$ . Samples were deposited onto silicon wafers (P/Bor, single side polished, Si-Mat) by drop casting of aqueous dispersions.

### Study of cytotoxicity *in vitro*

(a) **Loading of DOX onto oxCNDs.** Doxorubicin hydrochloride (DOX) was loaded onto oxCNDs by mixing 10 mL of DOX aqueous solution with a concentration of  $1\text{ mg mL}^{-1}$  and 10 mg oxCNDs using ultrasonication for 0.5 h. Subsequently, the mixture was stirred overnight at room temperature in the dark. The excess of DOX was removed by centrifugation at 14 000 rpm for 45 min, and repeated rinsing. The resulting oxCNDs-DOX was collected after lyophilization and then stored at  $4^\circ\text{C}$  until used. To estimate the DOX loading capacity, the supernatant was sampled and the concentration of unloaded DOX was determined using a Cary 100 Conc UV-visible spectrophotometer (Varian Inc.) at 480 nm with the standard absorbance–concentration calibration curve at the same wavelength.

(b)  **$\zeta$ -Potential measurements.** Measurements of  $\zeta$ -potential were conducted using ZetaPlus (Brookhaven Instruments Corp, USA). In a typical experiment, 200  $\mu\text{L}$  aqueous dispersions of oxCNDs or oxCNDs-DOX were diluted into 1.4 mL water. Ten measurements of  $\zeta$ -potential were obtained for each dispersion and the results were averaged.



(c) **Cell lines and culture conditions.** The cells used in this study were the human lung carcinoma cell line A549, which were purchased from the European Collection of Animal Cell Culture (Wiltshire, UK). The cells were cultured in high glucose D-MEM medium with L-glutamine (Biochrom) supplemented with 10% fetal bovine serum (Biochrom) and penicillin/streptomycin (Biochrom) 10 U mL<sup>-1</sup>/10 µg mL<sup>-1</sup>. Cells were maintained at 37 °C in a humidified 5% CO<sub>2</sub> incubator and were subcultured twice a week after detaching with 0.05% + 0.02% (w/v) trypsin + EDTA solution (BIOCHROM).

(d) **MTT toxicity tests.** *In vitro* cytotoxicity studies were performed using the MTT (3-[4,5-dimethylthiazol-2-yl]-2,5 diphenyl tetrazolium bromide) colorimetric method, according to the literature.<sup>42</sup> Briefly, exponentially growing A549 cells were seeded into flat bottomed 96-well plates at a concentration of 10<sup>5</sup> cells per well. The day after seeding, the medium was discarded and freshly prepared solutions of DOX and oxCNDs-DOX in D-MEM at drug concentrations of 1, 5 and 10 µM mL<sup>-1</sup> as well as CNDs solution (analogous concentration CNDs as for oxCNDs-DOX) were added. Cell-seeded wells with only D-MEM growth medium were used as controls. The mitochondrial redox function (translated as cell viability at  $t \geq 24$  h post-incubation) of all cell groups was assessed by the MTT assay at selected time points, namely 24 h, 48 h and 72 h post-incubation by replacing cell media with complete media containing 1 mg mL<sup>-1</sup> MTT and incubating at 37 °C in a 5% CO<sub>2</sub> humidified atmosphere for 4 h. MTT media were then removed from all cell groups and the produced formazan was solubilized with 100 µL isopropanol per well. The plates were subsequently shaken for 10 min at 100 rpm in a Stuart SI500 orbital shaker, the absorbance was measured for each well by a spectrophotometric [ELISA (enzyme-linked immunosorbent assay)] plate reader at 540 nm. Background absorption was measured at 620 nm and subtracted. Four replicates were used for each treatment and the experiment was repeated in triplicate.

(e) **Fluorescence microscopy in cells.** Cells inoculated on 22 mm coverslips housed in 6 per well plates at a concentration of  $4 \times 10^4$  cells per well, as elaborated in the cell culture section, were incubated for 5 h with DOX and oxCNDs-DOX (drug concentration 1 and 5 µM). After washing the cover slips with PBS (Dulbecco Biochrom AG), the cover slips were mounted with an antifade solution of *p*-phenylenediamine (PPD, Sigma) and inverted onto microscope slides. An Olympus BX-50 microscope coupled with an Olympus DP71 digital color camera was used to obtain both bright field as well as epifluorescence microscopy images of cells incubated with oxCNDs-DOX and DOX. Fluorescence excitation was facilitated by a Mercury USH 102D lamp (Ushio Electric), while fluorescence emission was imaged through an Olympus UPLFLN40× objective (NA 0.75), using a DAPI/FITC/TRITC filter (Chroma Technology Corp).

### Effect of oxCNDs on the catalytic characteristics of cytochrome c

(a) **Materials.** Cytochrome c from equine heart was purchased from Sigma-Aldrich (>95% pure, St. Louis, MO) and

used without further purification. 2-Methoxyphenol (guaiacol) was purchased from Sigma-Aldrich (St. Louis, MO) and hydrogen peroxide (30%, w/v) was obtained from Fluka.

(b) **Determination of cyt c activity.** The peroxidase activity of cyt c was determined using the chromogenic substrate guaiacol. H<sub>2</sub>O<sub>2</sub> (10 mM) was added to give a final assay mixture (containing 25 µg mL<sup>-1</sup> cyt c, 25 mM guaiacol). The activity of cyt c was monitored by measuring the increase of the absorbance at 470 nm, due to guaiacol oxidation, at 40 °C.

(c) **Stability of cyt c.** The stability of cyt c in the presence and absence of CNDs was investigated. Nanomaterial dispersions (25 µg mL<sup>-1</sup>) in a phosphate buffer (50 mM, pH 7.0) containing guaiacol (25 mM) or H<sub>2</sub>O<sub>2</sub> (10 mM) were pre-incubated at 40 °C and cyt c was added for a final concentration of 25 µg mL<sup>-1</sup>. Samples were withdrawn at regular time intervals in order to determine the remaining peroxidase activity of cyt c, by adding the second substrate. All experiments were repeated in triplicate. The half-life times ( $t_{1/2}$ ) were calculated as described elsewhere.<sup>43</sup>

## Results and discussion

The strong oxidation of carbon nanodiscs is expected to generate a derivative similar to graphene oxide, with oxygen-containing groups covalently attached to its layers. In detail, the oxidized carbon nanodiscs are expected to exhibit a lamellar structure with randomly distributed unoxidized aromatic regions (sp<sup>2</sup>-carbon atoms), six-membered aliphatic regions (sp<sup>3</sup>-carbon atoms) as a result of oxidation together with a high concentration of oxygen-containing functional groups, such as hydroxyl, epoxy, and carboxyl, grafted to layers and edges. A first indication for the successful oxidation arises from the exceptional solubility of the functionalised nanodiscs in water Fig. 2(a and b). Further proof for the successful oxidation of the carbon nanodiscs is the Tyndall scattering effect for a clear oxCND aqueous colloid (2 mg mL<sup>-1</sup>) using the beam of a laser pointer as shown in Fig. 2-right. The laser beam becomes visible passing through the liquid because of the light scattering by the highly dispersed nanoparticles. The oxygen-containing groups attached to the surface of the discs and to its edges impart an enhanced dispersability in water and other polar solvents.

FTIR and XPS spectroscopies were employed to confirm the presence of oxygen-containing functional groups covalently

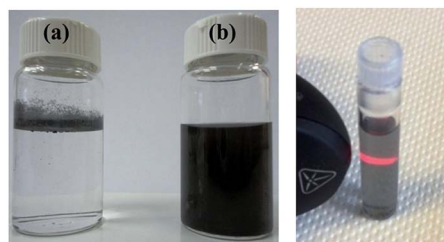


Fig. 2 Left panel: photographs of pristine carbon nanodiscs (a) insoluble in water and of water-dispersible oxidized carbon nanodiscs (b); right panel: photograph of an aqueous colloidal dispersion (2 mg mL<sup>-1</sup>) of oxCND (right) showing the Tyndall scattering effect.



attached to the oxCNDs. The FTIR spectra of pristine and oxidized carbon nanodiscs are shown in Fig. 3 (Left panel). The untreated CNDs does not show any peaks in all the frequency range. On the contrary, the oxidized carbon nanodiscs present intensive vibrational bands in the region of  $1000\text{--}1750\text{ cm}^{-1}$  as well at around  $3400\text{ cm}^{-1}$  due to the oxygen containing functional groups. More specifically, the band at  $1060\text{ cm}^{-1}$  is assigned to stretching vibrations of C–O groups, while the peak at  $1412\text{ cm}^{-1}$  is attributed to bending vibrations (deformation) of hydroxyl groups C–OH groups.<sup>44–46</sup> The bands at  $1630\text{ cm}^{-1}$  and  $1733\text{ cm}^{-1}$  are due to C=O stretching vibrations of the –COOH groups.<sup>44–47</sup> The weak band at  $1224\text{ cm}^{-1}$  is assigned to asymmetric stretching of C–O–C bridges in epoxy groups and/or to deformation vibrations of O–H in the carboxylic acid groups. Finally, the appearance of the peak at  $3424\text{ cm}^{-1}$  is ascribed to the hydroxyl stretching vibrations of C–OH groups.<sup>44–46</sup> The presence of all these characteristic peaks confirms the successful oxidation of the pristine carbon nanodiscs. XPS results further support the formation of an oxygen-rich derivative. Fig. 3 (Right panel) shows the C 1s core level region of the XPS spectrum of oxCNDs. The spectral analysis entailed mathematically reconstructing the spectrum with a minimum number of peaks consistent with the raw data and the molecular structure. Four major contributions to the carbon 1s core-level region can be identified. The first peak at a binding energy of 285 eV is assigned to the C–C bonds of the graphitic framework<sup>48,49</sup> and accounts for 28% of overall carbon intensity. A second peak at 286.1 eV is due to C–O bonds and corresponds to 16% of the overall intensity.<sup>50,51</sup> Additional contributions at 287.2 eV and 288.4 eV stem from C=O bonds<sup>52,53</sup> (43% of the total C 1s intensity) and O–C=O bonds<sup>54,55</sup> (13% of the overall intensity) respectively. It is important to highlight that similar contributions from hydroxyl, epoxy, carbonyl and carboxylate groups are widely reported in the corresponding XPS spectra of graphene oxide sheets produced *via* acidic treatment of pristine graphite similar to the one applied here to the CNDs.<sup>56–60</sup>

The successful oxidation of pristine CNDs was further supported by Raman spectroscopy. The Raman spectra of pure and oxidized carbon nanodiscs are shown in Fig. 4. Pristine and oxidized CNDs show the characteristic first-order G and D bands at around  $1600$  and  $1350\text{ cm}^{-1}$ , respectively. The G-band originates from the doubly degenerate zone center  $E_{2g}$  mode, associated with  $sp^2$ -hybridized carbon atoms. On the other

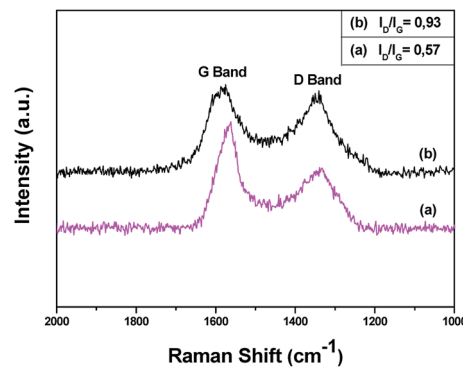


Fig. 4 Raman spectra of (a) pristine (CNDs) and (b) oxidized carbon nanodiscs (oxCNDs).

hand, the D band, which is correlated with  $sp^3$  hybridized carbon, requires a defect for its activation, by double resonance. Thus, it indicates the presence of lattice defects and distortions.<sup>61,62</sup> The ratio between the D and G band intensities ( $I_D/I_G$ ) is indicative of the quality of the graphitic lattice and was found to be equal to 0.57 for pristine CNDs. Upon oxidation, the CND sheets show a noticeable increase in the D/G ratio from 0.57 to 0.93, which is attributed to the change in hybridization of the carbon atoms from  $sp^2$  to  $sp^3$  when oxygen-containing groups (hydroxyl, carboxyl or epoxide) are created. This is in line with the obtained by FTIR and XPS.

Thermogravimetric analysis (TGA) and thermal analysis (DTA) measurements were performed on pristine and oxidized carbon nanodiscs and the results are shown in Fig. 5. For pristine CNDs, a sharp exothermic peak at  $635\text{ °C}$ , followed by the complete decomposition of the material, indicates the thermal destruction of the graphitic network. In the case of oxidized carbon nanodiscs a rather continuous weight loss upon heating is observed in the temperature range between  $140$  and  $320\text{ °C}$  which can be attributed to the removal of the oxygen containing groups (hydroxyl, carboxyl, epoxy) covalently attached to the graphitic layers. The loss in the mass is estimated to be 30 wt%, indicating the high degree of functionalization that has occurred upon oxidation of the pristine CNDs. Moreover, the decomposition of graphitic lattice, identified by the sharp exothermic peak at  $440\text{ °C}$  takes place at significantly lower temperatures compared to pristine CNDs. This can be attributed to the presence of oxygenated species and defects that facilitate the combustion of the graphitic network of the

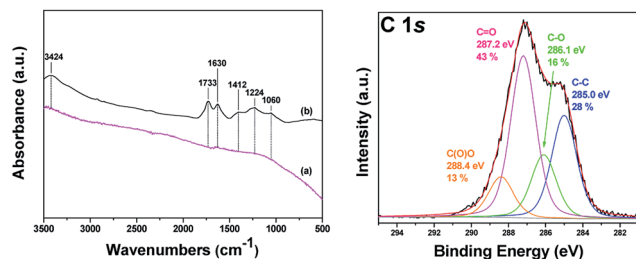


Fig. 3 (Left panel) FT-IR spectra of (a) pristine and (b) oxidized carbon nanodiscs (oxCNDs). (Right panel) XPS spectrum and fit of the C 1s core level region of oxidized carbon nanodiscs (oxCNDs).

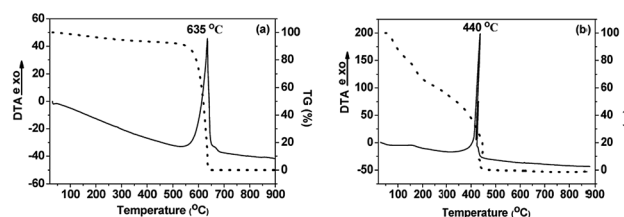


Fig. 5 DTA/TG curves of (a) pristine (CNDs) and (b) oxidized carbon nanodiscs (oxCNDs).



oxidized CNDs. From the weight loss up to 120 °C, the percentage of adsorbed water was estimated to be ~20 wt%, which is a very high value for carbonaceous materials. Finally, the amount of adsorbed water deduced from the TGA data points to the largely increased hydrophilic nature of these novel oxidized CNDs, compared to pristine material.

The X-ray diffraction patterns of pristine and oxidized carbon nanodiscs are presented in Fig. 6. Pristine CNDs display a well-defined peak, which is attributed to the 002 reflection of the graphite lattice (HOPG) at 26.6° and corresponds to a  $d_{002}$  spacing of 3.4 Å. After oxidation, this diffraction peak disappears and a new sharp one emerges at lower angles (~11.7°). The latter is due to the principal 001 reflection and corresponds to a basal spacing of  $d_{001} = 7.5$  Å, consistent with the successful oxidation of graphitic layers and the creation of oxygen-containing groups that are randomly distributed on the basal planes and the edges of the oxidized nanodiscs.

The morphology of the oxidized nanodiscs was examined thoroughly with a combination of SEM, TEM and AFM microscopies (Fig. 7). Isolated disc-like nanoflakes with a mean diameter in the range of 1 and 2 µm are clearly visible in both TEM and SEM micrographs. The majority of these nanodiscs have a uniform round shape while some of them are decorated by carbon nanoparticles presumably produced during the synthesis of the pristine nanodiscs that endured the oxidation process. Moreover, as a result of the strong acid treatment, single graphene layers have detached from the discs as evidenced by AFM images (see, for instance Fig. 7g together with the topographical height profile). Isolated single layer graphene nanodiscs like this one with thickness 0.8 nm can be seen all over the scanned area. However, nanodiscs with thicknesses between 2 and 5 nm are also present indicating that exfoliation of few layer graphene discs also occurs during the oxidation process.

In view of possible applications for these new hydrophilic nanocarbons we tested the ability of oxCNDs to be used as effective drug delivery system. Doxorubicin hydrochloride (DOX), which is a widely used anticancer drugs,<sup>63</sup> was employed as a model drug in order to investigate the loading capacity of oxCNDs. Due to the structural similarities of oxCNDs with

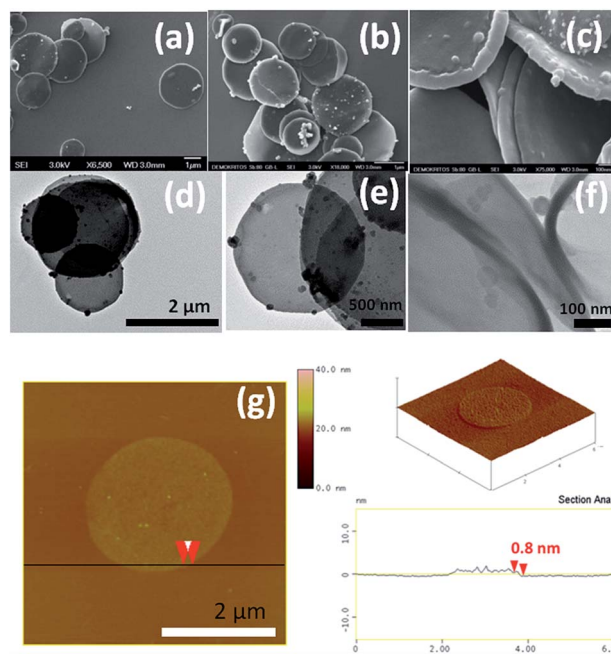


Fig. 7 SEM (a–c), TEM (d–f) and AFM (g) micrographs of oxCNDs.

graphene oxide, it is expected that DOX can be effectively loaded on oxCNDs.<sup>64</sup> Specifically, it is known that strong  $\pi$ - $\pi$  stacking interactions between quinone part of DOX and the graphitic layers<sup>65</sup> are formed. Further ionic interactions between the carboxyl groups of GO and the amino groups of DOX, enhances doxorubicin loading capacity of GO.

The loading of DOX onto oxCNDs was determined from the absorbance of the unloaded drug in the supernatant, by employing UV-vis spectroscopy. The DOX-loading capacity was consistently found to be *ca.* 45% w/w, which is much higher than that of other widely used drug carriers, such as liposomes,<sup>66</sup> where the loading capacity is usually below 10%. DOX loading also affected the  $\zeta$ -potential of oxCNDs. Indeed, while the  $\zeta$ -potential value of unloaded oxCNDs was found to be  $-24 \pm 1$  mV, for the DOX-loaded oxCNDs a value of  $20 \pm 1$  mV was derived, as the binding of doxorubicin induces a positive charge on oxCNDs [isoelectric point of DOX = 8.25].<sup>67</sup>

Following physicochemical characterization, we proceeded with the administration of oxCNDs-DOX to A549 cells. Our first aim was to prove that the nanocarriers effectively deliver the DOX cargo to the cells. To achieve this, we employed optical fluorescence microscopy and exploited the inherent fluorescence of DOX. The representative images of fluorescence microscopy on A549 cells incubated with DOX and oxCNDs-DOX are shown in Fig. 8. Cells incubated with free DOX (Fig. 8, left) as well as with oxCNDs-DOX (Fig. 8, Right) clearly show DOX-fluorescence in their nuclei. Therefore, oxCNDs did not inhibit DOX to internalize into cells and also DOX was efficiently delivered to the cell nuclei, where it is expected to retain its action.<sup>68</sup>

We also investigated the anti-tumor efficacy of oxCNDs-DOX on A549 cells. For this purpose, A549 cells were incubated with oxCNDs-DOX and free DOX in various concentrations. Standard

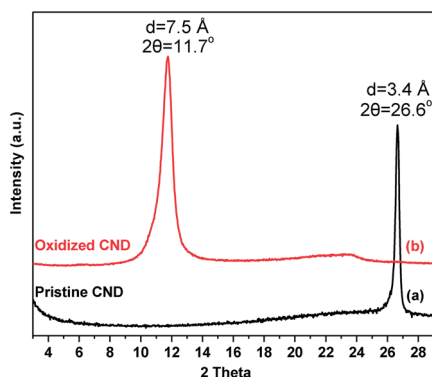


Fig. 6 X-ray diffraction patterns of (a) pristine CNDs and (b) oxidized CNDs (oxCNDs).



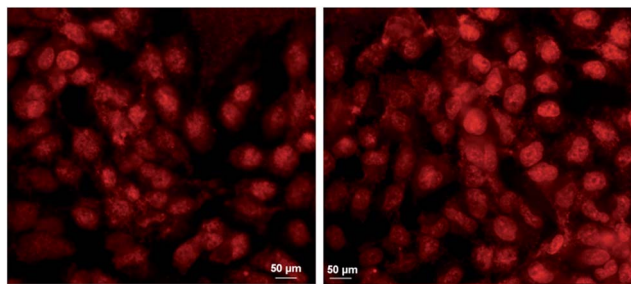


Fig. 8 A549 cells incubated with free DOX (left) and oxCNDs-DOX (Right) for 5 h; the DOX concentration was 5  $\mu\text{M}$  in both cases.

MTT assays were employed to assess the viability of the cells at 24, 48 and 72 h post incubation. The cell viability was found to be dose dependent for both oxCNDs-DOX and free DOX as shown in Fig. 9. The MTT cell viability assay confirmed that both oxCNDs-DOX and DOX efficiently kill A549 cancer cells *in vitro*. The toxicity of both oxCNDs-DOX and free DOX increased gradually with the concentration and the post incubation time. It was found that the maximum cytotoxic activity of free DOX is  $\sim 80\%$  ( $\sim 20\%$  survival) for a 10  $\mu\text{M}$  concentration and 72 h post incubation, while oxCNDs-DOX at the same concentration (10  $\mu\text{M}$ ) and after the same post incubation time (72 h) exhibited significantly higher toxicity (4% survival) compared to free DOX. Thus, it is obvious that the use of oxCNDs for efficient delivery of DOX enhanced its cytotoxic activity. Additionally, unloaded oxCNDs was found to be almost non-cytotoxic for A549 cells since in Fig. 9 showed that oxCNDs exhibited high cell viability ( $\sim 90\%$ ) against A549 cells even at high concentration (7  $\mu\text{g mL}^{-1}$ ) and 72 h post incubation. It is known that drug nanocarriers should fulfill some requirements, among others low toxicity, loading efficiency and reduced drug toxicity, in order to be characterized as efficient drug delivery systems.

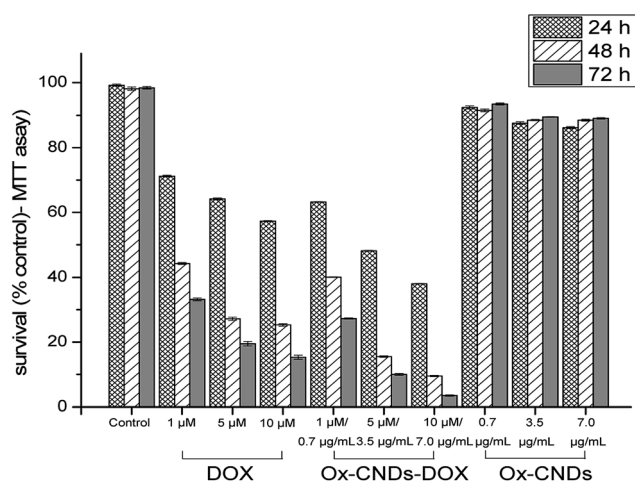


Fig. 9 Comparative cytotoxicity of oxCNDs, free DOX and oxCNDs-DOX. The cytotoxicity was assessed at 24, 48 and 72 h post-incubation by standard MTT assay. The survival rates are relative to media only controls. MTT data are shown as means of at least twelve independent values with error bars representing one standard deviation.

Therefore, based on our results, oxCNDs is a very promising new material able to be used as potential drug delivery system.

Another potential application of oxCNDs involves their use as supports for the development of nanobiocatalytic systems. In this case, cytochrome c (cyt c) was used as a model protein to investigate the effect of oxCNDs on the catalytic behavior (peroxidase activity and stability) of the protein. Cyt c is a small heme protein, present in mitochondria, which is related with the respiratory chain. In the presence of an electron acceptor, such as hydrogen peroxide, it is able to catalyze peroxidase-like reactions, *in vitro*. Due to its excellent catalytic attributes,<sup>69</sup> cyt c is among the best characterized redox proteins and appears to be an excellent model protein to quantitatively assess the effect of carbon nanomaterials on the structure and the catalytic behavior of proteins and enzymes.<sup>70</sup>

To study the effect of oxCNDs on the stability and peroxidase activity of cyt c, the protein was incubated at 40  $^{\circ}\text{C}$  in a buffer solution containing guaiacol (25 mM) and the remaining peroxidase activity was estimated at predetermined time intervals, by addition of  $\text{H}_2\text{O}_2$  and monitoring the oxidation of guaiacol. As seen in Fig. 10a, the presence of oxCNDs significantly increases the thermal stability of cyt c. A denaturation half time of 40 h was calculated for cyt c in the presence of oxCNDs. This is almost 4-fold higher than the denaturation half time observed in the absence of the nanomaterials. The stabilizing effect of oxCNDs was even more pronounced when cyt c was incubated in the presence of  $\text{H}_2\text{O}_2$ . It is well known that cyt c is rapidly deactivated by an excess of  $\text{H}_2\text{O}_2$  in the absence of any reducing substrate.<sup>71</sup> As seen in Fig. 10b, in the presence of oxCNDs, cyt c almost totally retained its peroxidase activity after 30 min of incubation with  $\text{H}_2\text{O}_2$ , while in the absence of oxCNDs, the remaining activity of cyt c was less than 20%. Similar stabilizing effects by various carbon nanomaterials for different enzymes have recently been observed and attributed to specific electrostatic and hydrophobic interactions between protein molecules and nanomaterials.<sup>70,72,73</sup> It is interesting to note that the stabilizing effect observed for the small oxCNDs is higher than that observed for significantly larger GO nanomaterials<sup>70</sup> indicating that the size of nanomaterials is crucial for this effect. Compared to GO, the small-sized oxCNDs are expected to interact stronger (due to higher number of active sites) with cyt c molecules and these interactions could lead to a more rigid structure of the protein molecule and thus to an increased stability.<sup>74,75</sup>

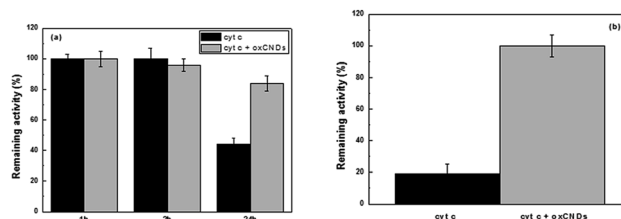


Fig. 10 Effect of oxCNDs on the (a) thermal stability of cyt c after incubation up to 24 hours at 40  $^{\circ}\text{C}$  and (b) stability of cyt c against  $\text{H}_2\text{O}_2$  after incubation for 30 min at 40  $^{\circ}\text{C}$ . 100% indicates the activity at  $t = 0$  min.



## Conclusions

Insoluble carbon nanodiscs produced through the so-called pyrolytic Kvaerner Carbon Black & H<sub>2</sub> process were successfully oxidized using a simple, versatile and reproducible approach based on the well-known Staudenmaier method. The strong acid treatment, which also leads to a partial purification of CNDs (*i.e.* removal of nanocones and soot found in the starting material), enables the decoration of CNDs surface with various oxygen-containing functional polar groups such as hydroxyl, carboxyl and epoxy groups. Thus, the completely insoluble CNDs can be transformed into a hydrophilic derivative, which is dispersible in many polar solvents, including water. X-ray diffraction in conjunction with FTIR, XPS and Raman spectroscopies were successfully applied to confirm the chemical functionalization and the presence of oxygen-containing functional groups, covalently attached to the oxCNDs. Thermogravimetric and differential thermal analysis illustrated that a high degree of functionalization can be achieved upon oxidation of the pristine CNDs. Light scattering confirmed the increased hydrophilic nature of these novel oxidized nanodiscs compared to pristine CNDs, which show negligible hydrophilicity. The percentage of adsorbed water in oxCNDs was estimated to be high (20 wt%) for carbonaceous materials, revealing the hydrophilic character of oxCNDs. The morphology of the derived oxidized nanodiscs was examined thoroughly with a combination of SEM, TEM and AFM techniques. The abundance of isolated round graphene layers with a mean diameter in the range of 1 and 2 μm and thickness of 0.8 Å indicates that the oxidation occurs together with partial exfoliation. These hydrophilic nanostructures were tested as a potential nanocarrier for the efficient delivery of doxorubicin. High doxorubicin loading efficiency (45%) was achieved due to the strong interactions between the drug and the graphitic structure of oxCNDs. DOX-loaded oxCNDs enhanced cell proliferation inhibition compared to free DOX, while pristine oxCNDs showed almost non-cytotoxic activity on A549 cells, indicating that the oxidized carbon nanodiscs is a very promising non-toxic material suitable to be used as an effective drug delivery system. Finally, oxCNDs were tested as supports for the development of nanobiocatalytic systems. The oxCNDs was found to increase the thermal stability of cytochrome c as well as the stability in the presence of H<sub>2</sub>O<sub>2</sub>. The stabilizing effect observed by the small-sized oxCNDs is even higher than that observed for significantly larger oxidized graphite-based nanomaterials (GO) reported in the literature indicating that the size of nanomaterials is crucial for this stabilization effect.

## Conflicts of interest

There are no conflicts to declare.

## Acknowledgements

This work was co-financed by the European Union (European Social Fund – ESF) and Greek national funds through the Operational Program “Education and Lifelong Learning” of the

National Strategic Reference Framework (NSRF) – Research Funding Program: THALES. Investing in knowledge society through the European Social Fund. This work was also supported by the “Graphene based electronics” research program of the Stichting voor Fundamenteel Onderzoek der Materie (FOM), part of the Nederlandse Organisatie voor Wetenschappelijk Onderzoek (NWO). G. P. acknowledges the Ubbo Emmius Program for a PhD fellowship. M. P. is very thankful to the IKY Foundation for the post-doc financial support.

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