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## Changes of mineralogical characteristics and osteoblast activities of raw and processed pyrites

L. Liu, <sup>†a</sup> G. H. Zhao, <sup>†a</sup> Q. Q. Gao, <sup>a</sup> Y. J. Chen, <sup>c</sup> Z. P. Chen, <sup>ab</sup> Z. S. Xu <sup>\*d</sup> and W. D. Li <sup>\*ab</sup>

Pyrite, a commonly used mineral medicine in traditional Chinese medicine (TCM), is normally prescribed in the form of calcined or processed pyrite to ensure clinical safety and efficacy. We herein compared the changes of mineral phase characteristics of raw and processed pyrites and their effects on osteoblast proliferation. Processed pyrite was fragile and crispy compared to the raw one. Its main component changed from  $\text{FeS}_2$  to  $\text{Fe}_7\text{S}_8$ . After calcination and quenching in vinegar, the concentrations of Fe and Zn increased in the decoction of processed pyrite, whereas that of As decreased. Serum containing processed pyrite enhanced the alkaline phosphatase activity of osteoblasts compared to blank serum, and serum containing raw pyrite also increased such activity. The osteogenesis-enhancing function of processed pyrite was manifested as increased numbers and areas of formed mineralized nodules. The findings are helpful to unveil the clinical mechanism of processed pyrite which has commonly been used to treat bone fracture in TCM practice.

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### Introduction

Pyrite, an isometric crystal ore, belonging to sulfide ores in mineralogy. Its main mineralogical component is  $\text{FeS}_2$  (ref. 1). Referred to as “Zi Ran Tong” in Chinese, it has been used as a mineral medicine in China for thousands of years. It has mainly been used to promote bone formation, to heal bone fractures, to remove blood stagnation and to alleviate pain.<sup>2</sup> However, clinical use of raw pyrite is strictly restricted because it contains poisonous elements such as arsenic (As), lead (Pb), cobalt (Co) and nickel (Ni). These poisonous elements can incur chronic toxicity and damage patient health upon accumulation. Therefore, raw pyrite should be appropriately processed. In traditional Chinese medicine (TCM) practice, raw medicinal materials should be processed properly before use, aiming to reduce toxicity, to enhance efficacy, or even to change original clinical functions.<sup>3,4</sup> There are a variety of traditional processing methods in TCM, such as calcination, frying with sand or oil, and steaming with water or rice wine.<sup>5</sup> These techniques are based on the TCM processing theory, and all called “Pao Zhi” in Chinese. According to the Chinese Pharmacopoeia, raw pyrite

should be used after calcination and quenching in vinegar.<sup>1</sup> According to the TCM processing theory, after being calcined at high temperature and quenched in vinegar as soon as possible, pyrite can be easily crushed, accompanied by reduction of toxic elements and dissolution of effective components in decoction. The surface features of pyrite are changed and toxic elements are reduced after being calcined and quenched in vinegar.<sup>6</sup> However, previous studies only focused on the changes of mineral phase characteristics of pyrite before and after processing. To the best of our knowledge, the changes of mineral phase characteristics of processed pyrite, or its effects on osteoblast proliferation and differentiation have never been studied hitherto.

Bone fractures are common medical conditions in which the continuity of bones is damaged. Fracture healing is normally a spontaneous process, which can be briefly divided into inflammation, formation of soft and hard calluses, and finally bone remodelling.<sup>7</sup> If this process does not happen, as in the case of compromised fracture healing or segmental bone defect, surgical or medicinal intervention is required. Medicinal intervention can improve the local environment by providing osteoprogenitor cells, structural substrates and bone-inducing proteins.<sup>8</sup> New bone formation is primarily mediated by osteoblasts, and bone resorption predominantly depends on the function of osteoclasts. Therefore, during fractured bone remodeling, increasing osteoblast proliferation can enhance bone formation.

We herein aimed to investigate the changes of mineral phase characteristics and mineralogical compositions of processed pyrite, and its effect on osteoblast proliferation. Raw pyrite was

<sup>a</sup>College of Pharmacy, Nanjing University of Chinese Medicine, 138 Xianlin Avenue, Nanjing, China. E-mail: liweidong0801@163.com

<sup>b</sup>Engineering Center of State Ministry of Education for Standardization of Chinese Medicine Processing, Nanjing University of Chinese Medicine, Nanjing, China

<sup>c</sup>Modern Analysis Center of Nanjing University, Nanjing, China

<sup>d</sup>Wuhu Pure Sunshine Natural Medicine Company Limited, Wuhu, China. E-mail: xuzisheng@hotmail.com

<sup>†</sup> L. Liu, G. H. Zhao contributed equally to the project and are considered as co-first authors.



processed at optimized temperature for optimized calcination time to prepare processed pyrite. Scanning electron microscopy (SEM) was applied to detect the variation of microstructure, and the change of mineral phase composition was measured by powder X-ray diffraction (XRD) and infrared (IR) spectroscopy. Magnetic characteristics analysis showed the magnetic changes and magnetic mineral contents of raw and processed pyrites. Inductively coupling plasma atomic emission spectrometry (ICP-AES) was applied to quantify metal elements. In addition, *in vitro* cell experiment was also conducted to detect osteoblast proliferation, alkaline phosphatase (ALP) activity and bone mineralization activity after treatment with different pyrite samples prepared by various processing methods.

## Experimental

### Sample preparation

Raw pyrite was purchased from Nanjing Haichang Chinese Medicine Group Corporation (Nanjing, China). Sample authentication was conducted by Professor Jianwei Chen of Nanjing University of Traditional Chinese Medicine. Raw pyrite was pulverized into granules with diameters of about 13–16 mm. Processed pyrite was prepared according to the Chinese Pharmacopoeia (2015). In brief, raw pyrite with the thickness of 2–3 cm was calcined at 600 °C for 2 h and then quenched in vinegar (100 : 30, pyrite/vinegar, w/w). Raw and processed pyrites were dried at 80 °C for 1.5 h and then stored in desiccator.

### Microstructure of pyrite

The granules of raw and processed pyrites were detected by using SEM to observe microstructural differences.

### Mineralogical characteristics of pyrite

Ore microscope was employed to observe the internal mineralogical changes before and after processing.

### Phase composition of pyrite

**Preparation of raw and processed pyrite samples for XRD determination.** To analyze the phase composition change of processed pyrite, raw and processed pyrites were separately crushed to powders with diameters of less than 0.074 mm. The phase composition and phase change of raw and processed pyrites were detected by using XRD under the following conditions: Cu  $\text{K}\alpha 1$  radiation, graphite monochromator, 40 kV tube voltage, 200 mA tube current, 2 theta scanning of 5–85°, scan speed of 5°  $\text{min}^{-1}$ , DS (slit) launch = SS (scattering slit prevention) = 1°, and RS (receiving slit) = 0.15 mm.

**Preparation of raw and processed pyrite samples for IR analysis.** Raw and processed pyrites were separately crushed into powders with diameters of less than 0.074 mm. The obtained powders were mixed with KBr respectively in a ratio of 1 : 200, ground to smooth, and finally compressed to a transparent sheet before IR detection in the range of 4000–400  $\text{cm}^{-1}$ . Each sample was scanned 16 times. OMNIC 32.0 was used to process the data.

**Preparation of raw and processed pyrite samples for magnetic characteristics analysis.** Raw and processed pyrites were separately crushed to powders with diameters of less than 0.074 mm. For each sample, 5 mg was applied on the sealing tape and detected by using a vibrating samples magnetometer in the range of  $-10^4$  Oe to  $10^4$  Oe. The sensitivity was set at  $10^{-7}$  emu.

### Trace element determination

Pyrite mainly contains  $\text{FeS}_2$ . In the meantime, it also contains scarce amounts of magnesium, calcium and zinc, and trace amounts of nickel, arsenic, manganese, barium, copper, etc.<sup>2</sup> In this study, ICP-AES was utilized to quantify the 6 metal elements in powders and water decoctions of raw and processed pyrites. The working conditions of ICP-AES were set as follows: sampler system was pneumatic atomizer; power was 1.3 kW; cooling gas was Ar at 15  $\text{L min}^{-1}$ ; plasma gas was Ar at 0.2  $\text{L min}^{-1}$ ; carrier gas was Ar at 0.8  $\text{L min}^{-1}$ ; sample pump flow velocity was 1.5  $\text{mL min}^{-1}$ ; flush time was 20 s; integration time was 5 s; detection wavelength was 259.939 nm for Fe, 193.696 nm for As, 206.200 nm for Zn, 220.353 nm for Pb, 257.610 nm for Mn, and 327.393 nm for Cu.

**Digestion of raw and processed pyrite powders.** The obtained raw or processed pyrite powders (0.1 g each) were put into a tetrafluoroethylene tank, into which 2 mL of  $\text{HNO}_3$ , 6 mL of HCl and 2 mL of HF were then added. The tanks were put into a microwave oven for digestion. The gradient digestion conditions were set as follows: 0–5 min, 120 °C, 15 MPa; 5–10 min, 160 °C, 20 MPa; 10–25 min, 190 °C, 25 MPa; 25–35 min, 210 °C, 35 MPa.

**Preparation of raw and processed pyrite decoctions.** Raw or processed pyrite granules, 50.0 g each, were soaked in 250 mL of distilled water for 1 h, decocted for 40 min before filtration, added 200 mL of distilled water and decocted for another 30 min. The filtrates of decoctions of raw and processed pyrites were independently collected, mixed, concentrated and adjusted to the final volume of 50 mL.

### Cell experiments

**Preparation of raw and processed pyrite aqueous extracts.** Raw or processed pyrite granules, 150.0 g each, were soaked in 800 mL of distilled water and decocted for 60 min before filtration. Another 800 mL of distilled water was added into the residue and decocted for 60 min before filtration. The filtrates were collected and concentrated to a level that 1 mL of solution was equivalent to 0.75 g of raw or processed pyrite. The final solutions were stored in a 4 °C refrigerator before use.

**Preparation of drug-containing sera.** Thirty male Sprague-Dawley rats weighing 180–220 g, which were provided by Experimental Animal Center of Nanjing University of Chinese Medicine, were randomly divided into 3 groups ( $n = 10$ ). These rats were housed with free access to laboratory food and water, but deprived of food for 12 h with water available prior to the experiment. One group was orally administrated with 0.9% saline as blank control. The other two groups were given raw and processed pyrite decoctions at the same dose of 1.0 mL 100



$\text{g}^{-1}$  body weight respectively. All groups were orally administered with the decoctions twice a day for 3 successive days and once on the 4th day. On the 4th day, the rats were anesthetized with 10% chloral hydrate (0.3 g  $\text{kg}^{-1}$  body weight) through intraperitoneal injection 1 h after oral administration of decoction. Then serum samples were collected from the abdominal aorta and centrifuged at 3600 rpm for 10 min. Each supernatant was harvested and inactivated in 56 °C water bath for 30 min as drug-containing serum. The resulting serum samples were filtered steriley and stored in a -80 °C refrigerator before use.

**Cell culture.** Primary osteoblasts were isolated from the calvarium of Sprague Dawley rat pups. After sacrifice, the calvarium was harvested immediately and all adhering soft tissues were removed. The cleared calvarium was exposed to 0.25% trypsin for 30 min of primary digestion. Then, the calvarium was washed 3 times with phosphate buffer saline, cut into pieces of 1  $\text{mm}^3$  and further digested with 0.1% collagenase II for 2 h. The cells were collected by centrifugation, and washed with  $\alpha$ -modified Eagle's medium (MEM) supplemented with 10% fetal bovine serum (FBS). The supernatant was removed and the bottom cells were cultured in  $\alpha$ -MEM which was supplemented with 15% FBS and 1% penicillin/streptomycin. The cells were seeded in 25  $\text{cm}^2$  cell culture flask at the density of  $1 \times 10^5$  cells per  $\text{cm}^3$  and cultured in humidified atmosphere of 5%  $\text{CO}_2$  at 37 °C for several days until 80% confluence was reached. The cells were harvested with 0.25% trypsin-EDTA solution and seeded in tissue culture plates for various assays. All the above procedures were performed under sterile conditions.

**Cell proliferation assay.** Cell proliferation was evaluated by cell counting kit-8 (CCK-8). Osteoblast suspension (100  $\mu\text{L}$ ) was plated in 96-well plates,  $10^4$  cells each well. After 24 h of culture, the cells in various wells were treated with drug-containing serum samples which were mixed with nutrient solutions at concentrations of 2%, 5% and 10%. FBS was set as blank control. After 24 h of incubation, 10  $\mu\text{L}$  of CCK-8 was added to each well and incubated at 37 °C for another 2 h. The plate was read at 450 nm by using a microplate reader (Bio-Rad, Model 550).

$$\text{Proliferation rate (\%)} = \frac{[(\text{OD}_{\text{sample}} - \text{OD}_{\text{blank}})/(\text{OD}_{\text{control}} - \text{OD}_{\text{blank}}) - 1] \times 100\%}{}$$

**Measurement of ALP activity.** ALP is one of the early markers for osteoblast differentiation. Primary osteoblasts were seeded at the density of  $10^5$  cells per well in 24-well plates with 10% FBS. After incubation for 24 h, the cells in various wells were treated by drug-containing serum mixed with nutrient solutions at concentrations of 2%, 5% and 10%. ALP activity was measured by using an ALP assay kit (Beyotime, Shanghai, China). After 72 h of incubation, 20  $\mu\text{L}$  of supernatant was transferred to a 96-well plate. ALP activity of the supernatant was measured in accordance with the kit's instructions. The plate was read at 405 nm by using a microplate reader (Bio-Rad, Model 550).

**Determination of mineralized nodules with alizarin red staining.** Calcium accumulations in osteoblasts were detected by alizarin red staining. Osteoblasts were seeded in 24-well plates,  $10^5$  cells each well. After incubation for 24 h, the cells in various wells were treated with drug-containing sera at concentrations of 2%, 5% or blank serum. Meanwhile, 10% FBS was set as blank control. After culture for 14 days, the plates were stained according to the instruction of alizarin red staining kit and photographed under an inverted microscope to count mineralized nodules. To quantify the stained nodules, the stain was solubilized with 1 mL of 100  $\text{mmol L}^{-1}$  hexadecylpyridinium chloride for 1 h at room temperature.<sup>9</sup> An aliquot of 150  $\mu\text{L}$  solubilized stain was transferred to a 96-well plate, and the plate was read at 570 nm by using a microplate reader (Bio-Rad, Model 550).

### Statistical analysis

All tests were conducted in triplicate independently. Statistical analyses were carried out with SPSS 16.0 software using one-way analysis of variance and student's *t*-test. All data were expressed as mean  $\pm$  standard deviation. Difference was considered statistically significant when  $P < 0.05$ .

## Results and discussion

Pyrite has been used to treat fracture healing problems for hundreds of years in China.<sup>10,11</sup> With some toxic components, it is commonly calcined before clinical use to enhance efficacy and to reduce toxicity. In this study, a calcination-quenching method was employed to process raw pyrite. The quality of processed pyrite is affected by calcination temperature, time and quenching time.<sup>12</sup> Our group has previously reported that the optimum processing procedure was 2 h of calcination at 600 °C and quick quenching once. Herein, processed pyrite was prepared under the optimized conditions.

The surface properties, mineral phase characteristics and mineralogical compositions of raw and processed pyrites were compared. According to the TCM processing theory, calcination and quenching can make processed pyrite fragile, easily crushable and readily dissolvable in decoction. Microstructural observation showed that raw pyrite was dense internally whereas processed pyrite was loose inside. Metal elements in processed pyrite were more prone to release and dissolution into decoction. Mineralogical characteristics analysis suggested that the lattice form of raw pyrite changed after processing. Phase composition was mainly converted into pyrrhotite and some hematite after being calcined at 600 °C for 2 h and quenched quickly in vinegar.

### Microstructure of pyrite

The SEM images of raw and processed pyrites are shown in Fig. 1 and 2. Fig. 1 shows that the particle size of raw pyrite exceeds that of processed pyrite. Fig. 2 exhibits that raw pyrite has a compact interior, with sediments in the middle and exterior. In contrast, processed pyrite has a loose interior, with many honeycombs, bubble-like protrusions and faults in the



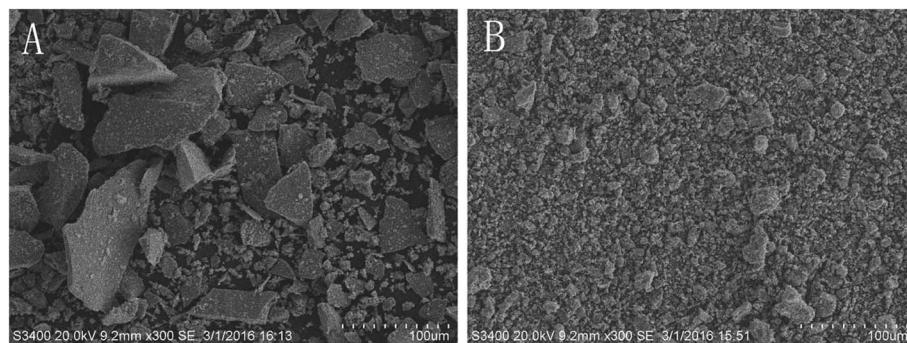


Fig. 1 SEM spectra of surface features of raw (A) and processed (B) pyritum (scanning radius of 100  $\mu\text{m}$ ).

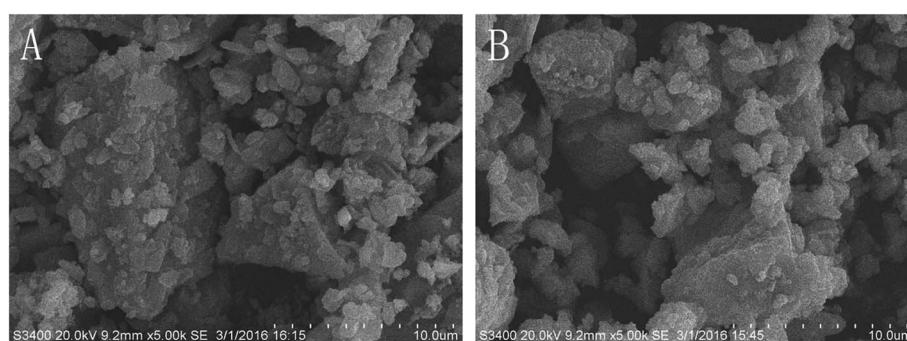


Fig. 2 SEM spectra of surface features of raw (A) and processed (B) pyritum (scanning radius of 10  $\mu\text{m}$ ).

exterior. Therefore, processed pyrite was obviously more fragile than raw pyrite, allowing easy crushing and dissolution in decoction.

#### Phase compositions of pyrite

Powder XRD was employed to analyze the mineralogical composition changes of pyrite (Fig. 3). The obtained standard

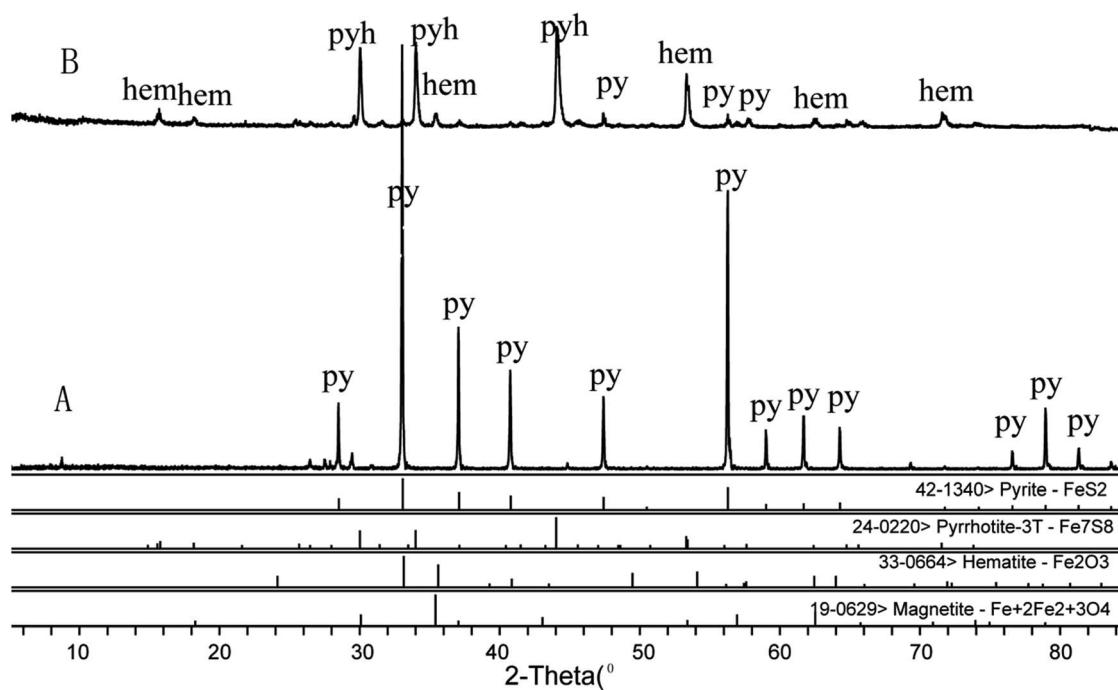


Fig. 3 X-ray diffraction patterns showing the phase change of raw pyritum (A) and processed pyritum (B) p: pyrite, pyh: pyrrhotite, hem: hematite.



XRD data were further processed by X'Pert HighScore Plus software for semi-quantitative phase analysis. The calculated phase compositions of raw and processed pyrites are presented in Table 1. The main component of raw pyrite was  $\text{FeS}_2$  which changed to pyrrhotite, hematite and a small amount of  $\text{FeS}_2$  after processing at  $600^\circ\text{C}$  for 2 h and quenching in vinegar. In contrast, the main component of processed pyrite was pyrrhotite, accounting for 87% of all phase components. Hematite and  $\text{FeS}_2$  only accounted for about 6.2% and 4.6% respectively.

### FTIR analysis of pyrite

It is well-documented that the IR absorption peaks of  $\text{FeS}_2$  and  $\text{Fe}_3\text{O}_4$  are located at around  $420\text{ cm}^{-1}$  and  $565\text{ cm}^{-1}$  respectively, those of  $\text{Fe}_7\text{S}_8$  are at around  $470\text{ cm}^{-1}$  and  $540\text{ cm}^{-1}$ , and those of  $\text{Fe}_2\text{O}_3$  are at around  $480\text{ cm}^{-1}$ ,  $619\text{ cm}^{-1}$ ,  $794\text{ cm}^{-1}$  and  $1090\text{ cm}^{-1}$ . As presented in Fig. 4, the absorption peak of raw pyrite is located at about  $411\text{ cm}^{-1}$ , suggesting that the main

phase was  $\text{FeS}_2$ . The absorption peaks of processed pyrite are at  $426\text{ cm}^{-1}$ ,  $469\text{ cm}^{-1}$ ,  $539\text{ cm}^{-1}$  and  $1094\text{ cm}^{-1}$ , corresponding to  $\text{Fe}_7\text{S}_8$ ,  $\text{Fe}_3\text{O}_4$  and  $\text{Fe}_2\text{O}_3$  respectively. The results are consistent with those of XRD.

### Magnetic characteristics

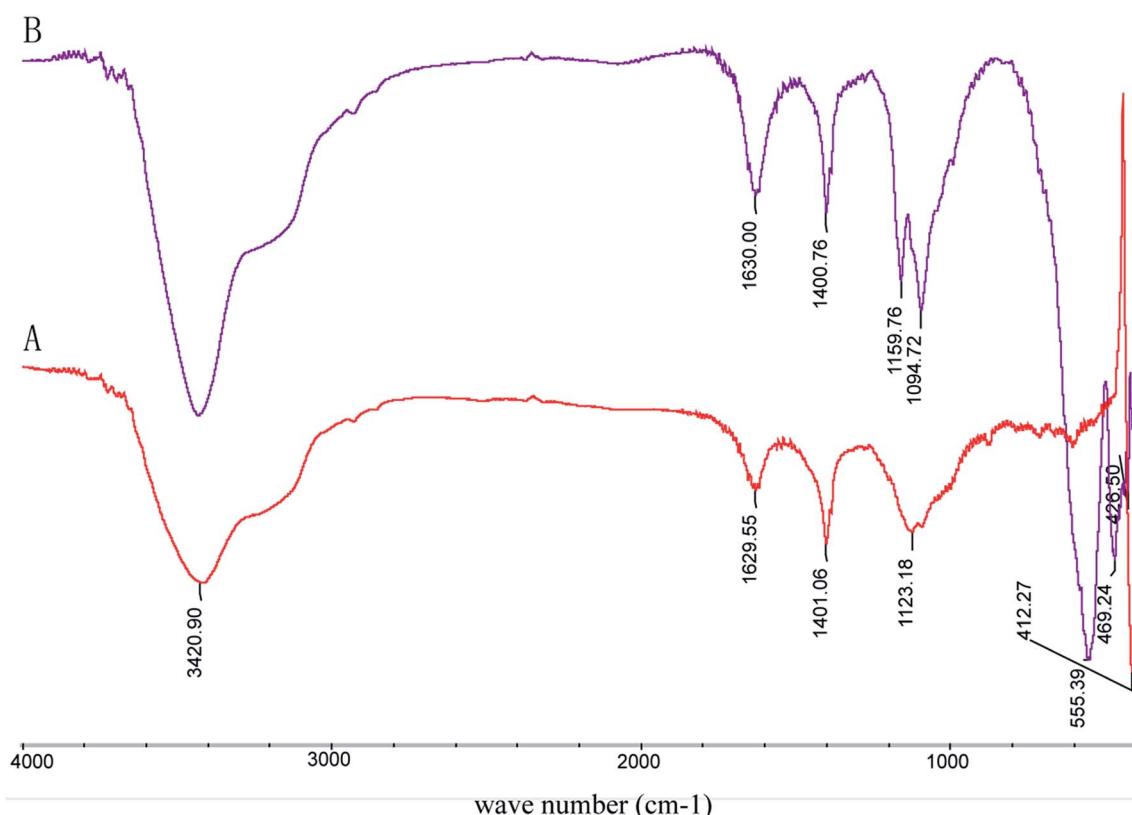
The magnetic characteristics of raw and processed pyrites are presented in Fig. 5. The saturation magnetization increases with enhanced additional magnetic field. When the additional magnetic field intensity increases to  $10^4\text{ Oe}$ , the magnetic strength is saturated, also known as saturation magnetization. Saturation magnetization is an important parameter of magnetic characteristics, which is related to the type of ferromagnetic material. The saturation magnetization of raw pyrite was  $2 \times 10^{-5}\text{ emu mg}^{-1}$ , while that of processed pyrite was  $1085 \times 10^{-5}\text{ emu mg}^{-1}$ . The magnetic susceptibilities follow a descending order of  $\text{Fe}_3\text{O}_4 > \text{Fe}_7\text{S}_8 > \text{Fe}_2\text{O}_3 > \text{FeS}_2$ . Considering XRD results simultaneously, the main phase component of raw pyrite was  $\text{FeS}_2$ , but processed pyrite was mainly composed of  $\text{Fe}_7\text{S}_8$ , with small amounts of  $\text{FeS}_2$ ,  $\text{Fe}_3\text{O}_4$  and  $\text{Fe}_2\text{O}_3$ .

**Table 1** Semi-quantitative phase compositions of raw and processed pyrites

Processing method	Phase composition (%)				
	$\text{FeS}_2$	$\text{Fe}_7\text{S}_8$	$\text{Fe}_3\text{O}_4$	$\text{Fe}_2\text{O}_3$	$\text{SiO}_2$
Raw	92.3	—	—	—	7.6
Processed	4.6	87.0	6.2	2.1	—

### Iron and metal elements in pyrite

ICP-AES has been widely used for trace element analysis due to low detection limit, high precision and multi-elements determination. In this study, the contents of 6 metal elements in pyrite powders and decoctions were determined (Tables 2 and 3). Fe, Zn and Mn, especially Zn, increased significantly in the



**Fig. 4** The infrared spectrum of raw pyritum (A) and processed pyritum (B).



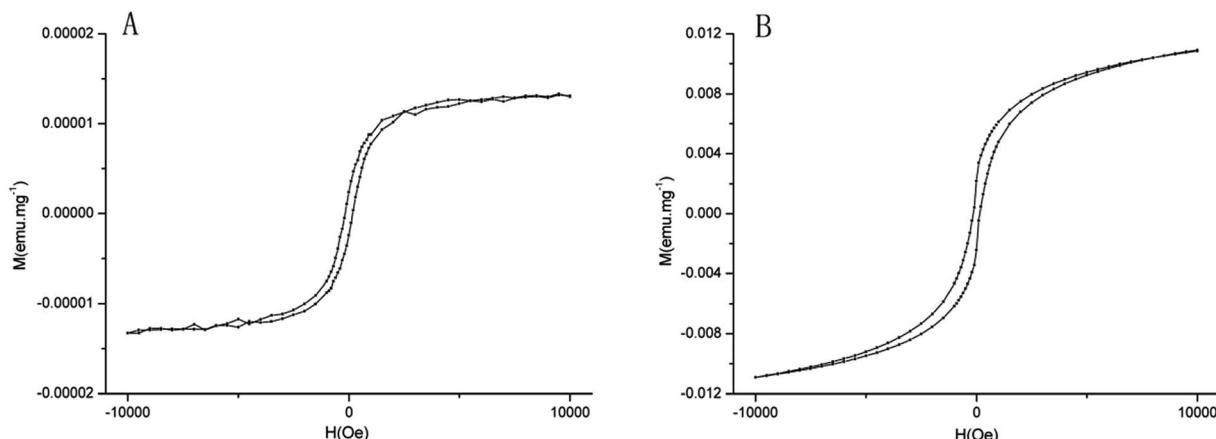


Fig. 5 Hysteresis loop of raw pyrite (A) and processed pyrite (B).

Table 2 Trace element concentrations of raw and processed pyrites

Sample (pyrite)	Element (mg kg <sup>-1</sup> )					
	Fe	Zn	Cu	Mn	As	Pb
Raw	473 400	14.2	8.3	31.5	89.5	52.5
Processed	568 740	144.3	13.3	97.5	4.5	61.5

Table 3 Trace element concentrations in raw and processed pyrite decoctions<sup>a</sup>

Sample (pyrite)	Element (mg L <sup>-1</sup> )					
	Fe	Zn	Cu	Mn	As	Pb
Raw	506.56	6.08	ND	14.59	ND	ND
Processed	18 096.19	15.81	ND	15.19	ND	19.00

<sup>a</sup> ND means not detected.

powder and decoction of processed pyrite as a result of calcination and quenching, whereas the content of As in powder decreased sharply. Pb and Cu in pyrite hardly changed after processing. Gao *et al.*<sup>13</sup> found that the concentrations of Fe, Zn, Mn, Mg, Ca, Co and Ni all increased in various degrees but Pb decreased in processed pyrite decoction. Similarly, Tie<sup>14</sup> reported that the content of As in processed pyrite was about 1/10 of that in raw pyrite.

As is a poisonous element that exists in pyrite. It can directly harm human brain cells and cause congenital shallow of the cerebral sulcus. Hwang *et al.*<sup>6</sup> found that arsenopyrite did not disappear even after five processing cycles at 450 °C, but vanished after only one processing cycle at 650 °C, which may be ascribed to the oxidation of arsenic compound at higher temperature and then dissolution in vinegar.

The contents of Cu and As in the decoctions of raw and processed pyrites were under detection limits. The content of Pb in the decoction of processed pyrite reached 0.01900 mg g<sup>-1</sup> which was higher than that of raw pyrite decoction. Nevertheless, according to the standard of World Health Organization,

the maximum permissible daily intake of Pb should be less than 0.214 mg for adults. Considering that the maximum daily dose for pyrite is 10.0 g for adults,<sup>1</sup> the actual intake of Pb is only 0.19 mg, as a safe dose accordingly.

### Morphological observation of osteoblasts

Fig. 6 exhibits that osteoblasts are spherical and suspending in the medium. Within 24 h of incubation, the cells grew logarithmically and spread on the well bottom (Fig. 6a). Matured osteoblasts grew against the wall of flask and displayed fibroblastic morphology with many projections. The cells were generally triangular or polygonal monocytes, containing 1–3 nucleoli each (Fig. 6b). Overlapped cell growth caused collagen synthesis, calcium deposition, and finally formation of mineralized nodules (Fig. 6c). After incubation for 15 days, the cells formed opaque mineralized nodules which were stained dark red in the center with alizarin red (Fig. 6d).

### Effects of various drug-containing sera on osteoblast proliferation

Osteoblast proliferation was examined by the MTT method, using 10% FBS as blank control. The activities of sera containing raw and processed pyrites as well as blank serum against osteoblast proliferation are presented in Fig. 7. Sera containing 2% and 5% processed pyrite exhibited high activities (100% and 120% respectively). The activities of sera containing raw pyrite at concentrations of 2% and 5% were 80% and 100%, respectively. There was no significant difference among the three groups. In short, sera containing raw and processed pyrites had no effect on osteoblast proliferation activity.

### Effect of drug-containing serum on ALP activity

ALP is synthesized and secreted by osteoblasts. The effects of various drug-containing serum samples on ALP activity were assessed (Fig. 8). The serum containing 2% raw pyrite barely affected ALP activity compared to blank serum did, whereas processed pyrite-containing serum significantly enhanced the activity compared to blank serum ( $p < 0.001$ ) and raw pyrite-



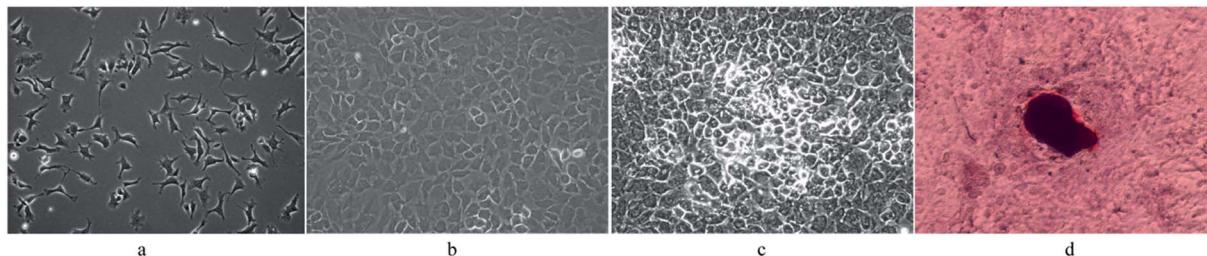


Fig. 6 Morphological changes of osteoblasts in rats under inverted phase contrast microscope at different culture times. (a) 1 day; (b) 5 days; (c) 10 days; (d) 15 days.

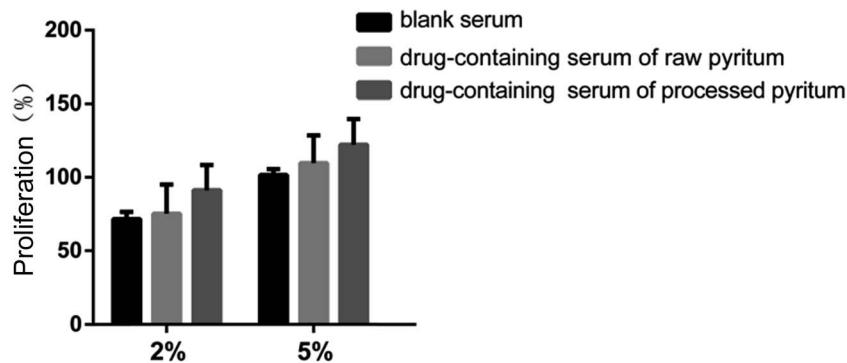


Fig. 7 Effects of drug-containing serum on osteoblasts proliferation after treating 48 h.

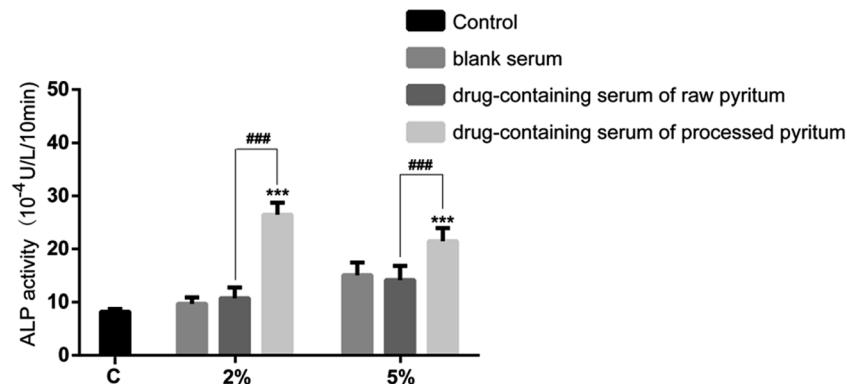


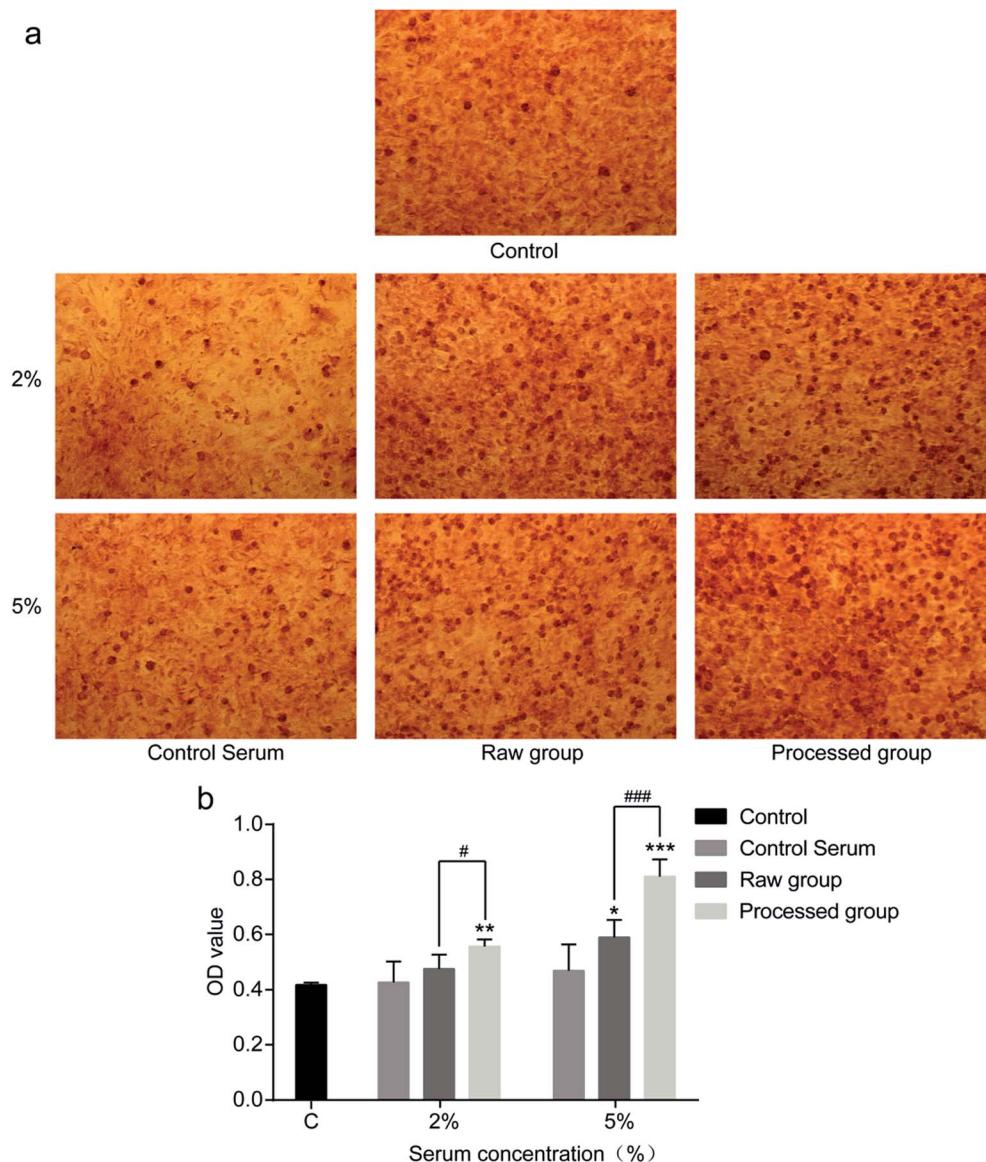
Fig. 8 Effects of various drug-containing serum on osteoblasts ALP activity. Note: data is presented as mean  $\pm$  SD in three parallel experiments. Significance: vs. blank serum: \*\*\* $p$  < 0.001; vs. drug-containing serum of raw pyritum: ## $p$  < 0.001.

containing serum did ( $p$  < 0.001). At the concentration of 5%, the ALP activity was similar between raw pyrite-containing serum and blank serum, but processed pyrite-containing serum significantly augmented the activity compared to blank serum ( $p$  < 0.001) and raw pyrite did ( $p$  < 0.001). Collectively, processed pyrite but not raw pyrite remarkably boosted the ALP activity of osteoblasts.

#### Effects of various drug-containing sera on the formation of osteoblast mineralized nodules

After culture for 2 weeks, mineralized nodules formed in the colony center of osteoblasts, which were stained orangish red by

alizarin red (Fig. 9a). Small mineralized nodules were sparsely distributed in blank control and blank serum. When sera containing 2% and 5% raw or processed pyrite were added to the culture medium, more mineralized nodules formed than those of blank serum. The mineralized nodule density of processed pyrite exceeded that of raw pyrite. According OD values (Fig. 9b), at the concentration of 2%, processed pyrite-containing serum formed more mineralized nodules than raw pyrite-containing serum ( $p$  < 0.05) and blank serum did ( $p$  < 0.01). At the concentration of 5%, sera containing raw pyrite ( $p$  < 0.01) and processed pyrite ( $p$  < 0.001) formed more mineralized nodules than blank serum did, and the processed product was better than the raw material ( $p$  < 0.001). Accordingly, sera containing



**Fig. 9** Effect of various drug-containing serum on the formation of osteoblast mineralized nodules. Note: data is presented as mean  $\pm$  SD in three parallel experiments. Significance: vs. control serum: \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ ; vs. raw group: # $p < 0.05$ , ## $p < 0.001$ .

both raw and processed pyrites were able to promote the formation of mineralized nodules, with the latter being more effective.

This study compared the changes of osteoblast proliferation, differentiation and mineralization-stimulating activities of sera containing raw and processed pyrites, unlike previous studies only focusing on promoted fracture healing of animals. Xu *et al.*<sup>15</sup> reported that the contents of Fe, Zn, Mn and Cu in callus were higher in pyrite-administrated group. As a bank for metal elements, pyrite contains Fe, Zn, Mn, Mg, Ni and so on. These elements play important roles in human body growth and tissue repair. In this study, the contents of Fe and Zn in the processed pyrite decoction were about 36- and 2.5-fold those of the raw one respectively.

Fe is a vital element. Bone remodeling is susceptible to changes in iron homeostasis, and both iron deficiency and iron

excess affect bone health in humans and rodents.<sup>16</sup> Iron is an essential element for the formation of hemoglobin. Previous *in vitro* studies have revealed that excess iron influenced osteoblastic metabolism, thus increasing intracellular ROS level by affecting oxidative stress,<sup>17-19</sup> and deficiency of iron influenced the activity of ribonucleotide reductase.<sup>20</sup> Dietary iron is positively associated with bone mineral density in healthy postmenopausal women.<sup>21</sup> The rats with iron deficiency have low bone mass due to reduced bone turnover.<sup>22</sup> Iron can enhance the proliferation and differentiation of osteoblasts, and Wnt5a has been identified as a key target for the pro-osteogenic effects of iron chelation on osteoblast progenitors.<sup>16</sup> Iron also affects the expressions of RANKL/OPG genes and proteins in osteoblasts.<sup>23</sup> However, the mechanism by which iron affects the ALP activity and mineralization activity of osteoblasts remains unclear, which may be the direction of future research. As

a cofactor of ALP, zinc is also involved in the stimulation of bone formation, ALP activity, and mineralization in both calvarial organ cultures and osteoblast cultures.<sup>24,25</sup>

We found that processed pyrite-containing serum enhanced ALP activity more effectively than raw pyrite-containing serum and blank serum did. Besides, it also promoted osteoblast mineralization. Thus, Fe and Zn in processed pyrite-containing serum were beneficial to osteoblast on ALP activity. These results not only proved the importance of processing to raw pyrite, but also provided scientific evidence for the efficacy and safety of clinical use of processed pyrite.

However, this study still has some limitations. We only determined trace elements in powders and decoctions, but the mechanisms for their influences on osteoblast activity have not been clarified. Furthermore, traditional processing technology has no standard for the supply of vinegar. We herein found that vinegar affected the contents of trace elements in processed pyrite, so it is necessary to research the standardization of vinegar.

## Conclusions

In summary, pyrite was loose inside, and the main component of pyrite changed from  $\text{FeS}_2$  to a mixture of  $\text{FeS}_2$ ,  $\text{Fe}_7\text{S}_8$ ,  $\text{Fe}_3\text{O}_4$  and  $\text{Fe}_2\text{O}_3$  after processing. The contents of Fe and Zn in processed pyrite powder and their dissolution in decoction were significantly higher than those in raw ones. Though the content of Pb in processed pyrite decoction was higher than that of raw pyrite decoction, it was within the maximum permissible daily intake. Processed pyrite-containing serum increased osteoblast ALP activity and promoted the formation of mineralized nodules compared to raw pyrite-containing serum and blank serum did.

## Live subject statement

All experiments were performed in compliance with the Guidance Suggestions for the National Institutes for the Care and Use of Laboratory Animals (Laboratory Animal Management Regulations). The study was approved by the ethics committee of Nanjing University of Chinese Medicine.

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