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Introduction

Nowadays, air pollution and global warming trends largely accelerate the development of effective conversion and storage technologies for clean energy.1 It remains a key aim to develop energy storage devices with high capacities and high energy densities which also meet other requirements such as having environmentally friendly properties, low costs and long lifetimes.^{2,3} Supercapacitors have attracted much attention for their superior power densities and lifetimes in comparison with other batteries.4-6 However, the specific capacitance of a commercialized supercapacitor based on electrochemical double-layer (EDL) charge storage was much lower than peoples' expectations.6 In order to further increase the specific capacitance of supercapacitors, pseudocapacitive materials with reversible electrochemical redox reactions were tested as the electrodes of supercapacitors.⁷ These pseudocapacitive materials mainly include inorganic metallic compounds (oxides, hydroxides, sulfides and others)⁸⁻¹⁰ and conductive polymers.¹¹ Symmetric pseudocapacitive supercapacitors with the same pseudocapacitive material in both the positive and negative electrodes have



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Pseudocapacitive symmetric supercapacitors, where both the cathode and the anode have the same pseudocapacitive material, have been widely investigated for developing high-performance supercapacitors. However, being different from electrochemical double-layer (EDL) capacitive electrodes, the charge storage of pseudocapacitive materials relies on reversible redox reactions that change the ion valence status, which is not the case for EDL capacitors (EDLCs). In this research, as a typical inorganic pseudocapacitive material for supercapacitors, a manganese dioxide (MnO₂) based symmetric supercapacitor was carefully investigated by using a flexible and ultra-light carbon nanotube (CNT) film as the current collector and substrate for MnO₂ electrodeposition. The results indicated that the pristine active material on the positive electrode showed no change after cyclic charging/discharging, but only served as a stable counter electrode and reference electrode. Furthermore, the dissolved Mn²⁺ ions on the negative electrode were deposited onto the positive electrode, which induced an increase in mass of the positive electrode and a decrease in mass of the negative electrode. This research could give new insight into the working mechanism of MnO₂ electrodes and other pseudocapacitive materials in symmetric supercapacitors.

simple structures and could be easily assembled with higher specific capacitances than EDL capacitors (EDLCs), thus they have been widely used to exhibit the electrochemical capacitive performance of pseudocapacitive materials,¹²⁻²⁹ and they have a large potential as high-capacitance supercapacitors. Various pseudocapacitive materials such as polyaniline,¹²⁻¹⁵ manganese dioxide (MnO₂),¹⁶⁻²² Ni/Co based oxides and hydroxides (including NiO,²³ Co₃O₄,²⁴ NiCo₂O₄,^{25,26} NiMnO₄,²⁷ NiFe₂O₄,²⁸ CoMn hydroxide,²⁹ *etc.*) have already been tested for use in symmetric supercapacitors.

However, pseudocapacitive materials have different charge storage mechanisms than porous EDL materials, thus the working process of full cell symmetric supercapacitors based on pseudocapacitive electrodes has not been explained as simply as the process for EDLCs. The charge storage of pseudocapacitive materials relies on the reversible redox reaction of the electrode materials, such as the valence change of the metallic ions in metallic compounds.8 Therefore, the voltage increase of the symmetric supercapacitor in the charging process is dependent on the oxidation and reduction of the electrodes. However, for many metallic compounds such as metallic oxides, the metallic ion valences are at their highest or lowest values, and cannot be further oxidized or reduced. Typically, MnO₂, which has been widely used in the electrodes of pseudocapacitive symmetric supercapacitors, has the highest valence among manganese oxides, thus it cannot be further oxidized as the positive electrode, but can be reduced to Mn³⁺ compounds

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in negative electrodes.³⁰⁻³² Similarly, nickel compounds with Ni²⁺ ions (such as NiO and Ni(OH)₂) could be oxidized to Ni³⁺ and Ni⁴⁺, but cannot be further reduced.³³ As a result, it still remains an unanswered problem as to what role these metallic compounds serve in an electrode when they cannot be further oxidized or reduced.

In this research, the working process of a MnO₂ based symmetric supercapacitor was investigated by using a flexible carbon nanotube (CNT) film as the conductive substrate for MnO₂ electrodeposition. The results indicated that there was no obvious Mn compound precipitation in the electrolyte of the symmetric supercapacitor, which is largely different from MnO₂ based electrodes in a three-electrode system. Structure analysis revealed that there were no obvious redox reactions for pristine MnO₂ on the positive electrodes. In another word, pristine oxidation MnO2 on the positive electrode served only as a reference electrode that maintains a high oxidation status, while MnO₂ on the negative electrode was reduced to Mn³⁺ compounds during the charging process which increased the voltage of the device from 0 V to 1 V. Furthermore, soluble Mn²⁺ generated from the disproportionation reaction and the excessive reduction of Mn³⁺ could migrate from the negative electrode to the positive electrode and be oxidized to Mn³⁺ compounds and MnO₂ on the positive electrode, which could induce performance fading of the device. These results reveal the low utilizing efficiency of the materials and the fading mechanism of MnO₂ based symmetric supercapacitors, and are valuable for the design of pseudocapacitive symmetric supercapacitors.

Experimental

A flexible CNT film, prepared *via* a floating catalyst chemical vapour deposition (FCCVD) method (supplied by Suzhou Creative Nano Carbon Co., Ltd.), was chosen as the conductive substrate for the electrodeposition of MnO_2 onto it for the construction of a composite electrode. MnO_2 was deposited onto the CNT film by a typical galvanostatic electrodeposition method in a two-electrode system, in which a graphite sheet that had the same area as the CNT film in the electrolyte was both the counter electrode and the reference electrode,³⁴ and the current density was 5.0 mA cm⁻² with 20 min deposition. This CNT film substrate was chemically stable and light, thus it was an ideal material for the observation of MnO_2 on it with a high loading mass.

The morphologies and microstructures of the samples were systematically investigated by field emission scanning electron microscopy (FE-SEM, Quanta 400 FEG, FEI) and X-ray diffraction (XRD, D8 Advance Powder X-ray diffractometer, Bruker AXS). Electrochemical experiments were carried out on a CHI-660C electrochemical workstation and using LANHE CT2001A electrochemical cell test equipment. A three-electrode system was used to test the electrochemical performance of the electrode without any other current collectors, polymer binders or conductive fillers. A platinum wire was used as the counter electrode, and a calomel electrode was used as the reference electrode. 1 M Na₂SO₄ aqueous solution was chosen as the electrolyte. The symmetric supercapacitor test was carried out in a beaker with $1 \text{ M} \text{Na}_2 \text{SO}_4$ aqueous solution, and two pieces of CNT film with MnO_2 were immersed into the beaker to serve as the positive and negative electrodes. These open test conditions with abundant electrolyte were beneficial for the observation of the symmetric supercapacitor working process. This experimental design is shown in Fig. 1(a).

Results and discussion

The morphology of the pristine CNT film is shown in Fig. 1(b). The image reveals that the CNT film was formed by a dense CNT network with CNT bundles, which should be attributed to its special growth mechanism. These bundles contain thin CNTs with few wall numbers. The dense network with thin CNTs induced the high conductivity and excellent mechanical performance of the film. However, the hydrophobic surface of the film prevented the electrolyte from penetrating into the film, thus most of the MnO₂ was deposited on the surface of the film, which only served as a light and conductive film substrate without pores. The resultant MnO₂ nanostructure is shown in Fig. 1(c) and (d). The thin MnO₂ nanosheets assembled into a thick layer on the CNT film. These thin nanosheets with high surface areas can largely increase the utilization of MnO2 as a pseudocapacitive material.³⁵ The loading mass of MnO₂ on the composite film was about 90 wt% (27 mg per electrode). With the aim of increasing the practical capacitance of the electrodes, carbonous materials are better than metallic substrates as the current collector for MnO2 based electrodes in supercapacitors.³⁶ This composite film can be effectively used to investigate the electrochemical performance of the single electrode and the symmetric supercapacitor.

Fig. 2(a) shows a typical cyclic voltammetry (CV) curve of the symmetric supercapacitor at a scan rate of 2 mV s⁻¹. This curve reveals an excellent shape for supercapacitors, and is similar to the shape observed for EDLCs based on porous carbonous



Fig. 1 The scheme of the pseudocapacitive symmetric supercapacitor test design (a); SEM morphology of pristine CNT film (b) and the MnO_2 nanosheets coated on a CNT film substrate (c, d).



Fig. 2 CV curve (2 mV s^{-1}) (a) and charging/discharging curve $(0.5 \text{ mA} \text{ cm}^{-2})$ (b) of the MnO₂/CNT film based symmetric supercapacitor; XRD pattern comparison of the MnO₂ based positive and negative electrodes in their charging (c) and discharging (d) statuses.

electrodes, which should be attributed to the continuous oxidation/reduction of Mn^{4+}/Mn^{3+} in the oxide electrodes. As a typical pseudocapacitive metallic oxide, MnO_2 stores electrochemical energy in the following redox reactions:

$$MnO_2)_{surface} + C^+ + e^- \leftrightarrow (MnOOC)_{surface}$$
 (1)

$$MnO_2 + C^+ + e^- \leftrightarrow MnOOC$$
 (2)

 C^+ is the electrolyte cation (H⁺, Li⁺, Na⁺ and K⁺), and it is the cations but not the protons in the electrolyte that largely affect the practical capacitance of MnO_2 .³⁷ Eqn (1) and (2) are the two different mechanisms of the MnO_2 pseudocapacitive reactions that have been put forward to explain the energy storage mechanism of MnO_2 , and represent the surface faradaic reaction and the bulk faradaic reaction, respectively. The surface faradaic reaction mainly occurs on the surface of MnO_2 , while the bulk faradaic reaction relies on the intercalation or deintercalation of electrolyte cations in the bulk of the MnO_2 .³⁰ However, both of the mechanisms rely on the reduction of Mn^{4+} to Mn^{3+} . Experimental results revealed that the pseudocapacitive reaction happened in a very thin layer of MnO_2 ,³⁸ thus thin MnO_2 nanosheets grown on CNT film can exhibit higher practical capacitance than thick particles.

As is mentioned above, the oxidizing valences of the Mn ion in the positive and negative electrodes are both near 4+, which is the highest valence in MnO_x oxides; only a tiny valence difference resulted in a small voltage between the two electrodes (usually lower than 10 mV), which can be used to divide the two electrodes into the positive electrode and negative electrode. However, to charge the device with an enlarged voltage, there must be reversible reactions on the electrodes, which should induce a change in the crystal structures. An experiment was designed to investigate this change. Four pieces of composite electrodes with the same structure and MnO_2 content were

produced. The symmetric supercapacitor with two composite electrodes was charged to 1 V and subsequently the two electrodes were lifted out of the solution to be washed clean and then tested by XRD analysis. The other electrodes were charged to 1 V and discharged to 0 V, and then washed for XRD testing. The charging/discharging current density of the two tests was 0.5 mA cm^{-2} and the stop positions of the two tests are shown in Fig. 2(b), which also shows a typical charging/discharging curve of a supercapacitor, with a perfect triangle shape and an ultra-low IR drop. The XRD patterns of the positive and negative electrodes in their charging (1 V) and discharging (0 V) statuses are shown in Fig. 2(c) and (d), respectively. The results reveal that the crystal structure of MnO₂ on the positive electrode is similar to γ -MnO₂ with four typical diffraction peaks (2 θ : 37° for (100), 42° for (101), 56° for (102) and 67° for (110), ICDD/JCPDS PDF no. 30-0820). However, the pattern of the negative electrode in its charging status is largely different from that of the positive electrode as shown in Fig. 2(c), which indicated that a phase change happened only on the negative electrode and not on the positive electrode. All of the four main diffraction peaks of the MnO₂ negative electrodes moved to the left, which should be attributed to the enlargement of interplanar spacing induced by the intercalation of H⁺/Na⁺ in the electrolyte. Furthermore, new diffraction peaks were displayed for the negative electrode, which may correspond to MnOOH (2θ : 19° for (002) and 34° for (311), ICDD/JCPDS PDF no. 18-0804) and the remnant Na₂SO₂ from the electrolyte. This means that the voltage enlargement of the symmetric supercapacitor was achieved by the reduction of MnO₂ on the negative electrode, but no redox reactions occurred on the positive electrode. In the discharging status as shown in Fig. 2(d), the two electrodes have similar XRD patterns to γ-MnO₂, which indicates that Mn compounds on the negative electrode were oxidized back to MnO2. From these XRD pattern comparisons, it is clear that only MnO₂ on the negative electrode had an obvious redox reaction in the electrochemical charging/discharging process of the symmetric supercapacitors, and MnO₂ on the positive electrode served as a reference electrode with high valence Mn ions (4+). Certainly, the electrodeposited MnO₂ usually had a little lower valence than 4+, thus the charging process can further oxidize the Mn ions of MnO₂ on the positive electrodes to the highest Mn ion valence in MnO_x (4+). This reveals that only the capacity of one MnO_2 electrode was utilized, which limited the practical capacitance of the full device.

The optical observation of the MnO_2 based symmetric supercapacitor and the MnO_2 electrode in a three-electrode system also reveals an obvious difference, as shown in Fig. 3. The electrolyte of the symmetric supercapacitor remained clean even after more than 500 cycles of charging/discharging at a current density of 0.5 mA cm⁻² (see Fig. 3(a)). However, the same MnO_2/CNT composite in a three-electrode system (-0.1 to 0.8 V vs. SCE) exhibited serious Mn compound precipitation after fewer than 50 cycles of charging/discharging, as shown in Fig. 3(b). The precipitates should be the compounds of Mn^{3+} (MnOOH or MnOONa). In the three-electrode system, the dissolution of MnO_2 into the electrolyte is a common phenomenon, which largely induces the poor cyclic performance of the

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Fig. 3 The morphologies of a MnO_2/CNT composite electrode in a symmetric supercapacitor (a) and a three-electrode system (b); the precipitation of MnOONa in the position around the counter electrode (Pt wire) (c) and the MnO_x deposited on the Pt wire (d).

electrode, and can be optimized by the heat treatment of MnO_2 and using fresh electrolyte.³⁶ To further investigate whether the precipitate was separated from the MnO_2 electrode, observations were focused on the three-electrode system. The results are shown in Fig. 3(c) and (d). Fig. 3(c) reveals that the yellow/brown precipitate was generated beside the Pt wire counter electrode but not the MnO_2 electrode. Besides being a possible dissolution-re-deposition mechanism for MnO_2 pseudocapacitive energy storage,^{39,40} it is also an important side reaction for the disproportionation reaction of Mn^{3+} in MnO_2 when used as the electrode of supercapacitors.⁴¹ In this reaction, Mn^{3+} can convert to Mn^{4+} and Mn^{2+} as shown in the following equation, and the latter ion is soluble in the electrolyte:

$Mn^{3+} \Rightarrow Mn^{2+} + Mn^{4+}$

The excess reduction of Mn⁴⁺ may also generate Mn²⁺. The dissolved Mn²⁺ ions were mainly generated in the discharging process of this electrode, and could easily migrate towards the Pt wire in the electrical field which served as the positive electrode in the discharging process. The positive charge on the Pt wire can oxidize these Mn²⁺ ions to Mn³⁺ compounds and MnO₂. However, the low specific area of the Pt wire cannot provide enough surface area for continuous Mn compound deposition, thus some of the precipitate was separated from the Pt wire and moved into the electrolyte. Finally, the precipitate aggregated and was deposited into the bottom of a beaker as shown in Fig. 3(b). Fig. 3(d) shows the optical morphology of the Pt wire after the electrochemical charging/discharging cyclic tests. It exhibits a black color in the part of the Pt wire that was immersed in the electrolyte, which should be deposited MnO₂. This observation reveals that there exists mass migration from MnO₂ to the Pt wire. In the MnO₂ based symmetric supercapacitor, this mass migration may also exist in the charging/discharging process, and should be investigated in designed experiments.

A symmetric supercapacitor was also constructed as shown in Fig. 1(a). As stated above, the initial loading mass of MnO₂ on both of the two electrodes was 27 mg per electrode. The electrochemical capacitive performances of the positive and negative electrodes were tested in three-electrode systems by a CV method before and after 50 cycles of charging/discharging at 0.5 mA cm^{-2} for the full device, respectively. The results are shown in Fig. 4. Nearly the same CV curves are seen for the two electrodes at a scan rate of 5 mV s^{-1} before the cyclic test, as shown in Fig. 4(a). The specific capacitances can be calculated from the CV curves. According to Fig. 4(a), the initial specific capacitance of the single electrode at a 5 mV s⁻¹ scan rate was 89 F g⁻¹. However, after 50 cycles of charging/discharging, the cycle area of the CV curve for the negative electrode was much smaller than the cycle area for the positive electrode, while the latter exhibits an area similar to that of the electrode before the cyclic test (see Fig. 4(b)). This indicates the large capacitance fading of the negative electrode after the test, which may be attributed to the loss of mass of the negative electrode. In contrast, nearly no capacitance loss occurred on the positive electrode. The CV curves of the full supercapacitor for the first eight cycles are shown in Fig. 4(c). The initial specific capacitance of the symmetric supercapacitor was 22 F g^{-1} . These results reveal the fast capacitance fading in this process, which should be attributed to the capacitance fading of the negative electrode. However, there is no obvious precipitation in the electrolyte after the cyclic test as shown in Fig. 3(a), which means that at least most of the lost mass of the negative electrode was not dissolved into the electrolyte. The optical morphologies of the two electrodes after 50 cycles are shown in Fig. 4(d), in which the positive electrode seems much more black than the negative



Fig. 4 CV curves of positive and negative electrodes before (a) and after (b) 100 cycles of charging/discharging in the symmetric supercapacitor; CV curve change over a number of cycles (c) and the optical morphologies of the two electrodes (d) (left is the positive electrode and right is the negative electrode).

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electrode. Weighing the electrodes revealed that the mass of the positive electrode was 30 mg but that of the negative electrode was 24 mg, although the area of the positive electrode was even a little lower than that of the negative electrode. There surely existed a large mass difference between the two electrodes after the electrochemical cycles. Considering the capacitance fading of the negative electrode, this indicated that the mass on the negative electrode may have migrated onto the positive electrode in the electrochemical cyclic process.

Fig. 5 and 6 show the surface morphologies of the two electrodes after the cyclic test. Fig. 5 shows the morphologies of the positive electrode. Compared with its initial morphology as shown in Fig. 1(b), a new layer of MnO_2 was deposited on the positive electrode. The scale of the MnO2 nanosheets is much larger than on the pristine electrode, similar to the morphologies of the dissolution-re-deposition converted MnO₂ nanosheets in a three-electrode system.^{38,41} From the broken area of this layer, the pristine MnO₂ layer formed by thin nanosheets can be seen in Fig. 5(b). The morphology comparison of the new layer and the pristine layer is shown in Fig. 5(c) and (d), which reveals a large difference. The porous surface with large pores for the new MnO₂ layer made it black as shown in Fig. 4(d). It can be assumed that this new layer was electrodeposited onto the positive electrode, but not from the conversion of the pristine MnO₂ layer, because the latter layer was intact, as seen in the SEM images in Fig. 5(b) and (d). Furthermore, there were no Mn ions in the pristine Na₂SO₄ aqueous electrolyte. Thus this new layer may be from the negative electrode. The SEM images of the negative electrode as shown in Fig. 6 confirmed this suspicion. Wrinkles are exhibited on the negative electrode as shown in Fig. 6(a), and the depth of the cracks on the MnO₂ layer largely decreased. The CNT layer under MnO₂ can even be seen from the cracks as shown in Fig. 6(c) and (d). All of this evidence proved the loss of MnO_2 from the negative electrode, which was converted to a new rough layer on the positive electrode. Undoubtedly, this mass migration was the main reason for the performance fading of the symmetric supercapacitor.



Fig. 6 SEM morphologies of the negative electrode after 100 cycles.

According to the analysis above, a working mechanism of the MnO₂ based symmetric supercapacitor was developed and is exhibited in Fig. 7. In the charging process, MnO2 on the positive electrode shows no change, while MnO₂ on the negative electrode is reduced to Mn³⁺ compounds which enlarges the voltage, and some of these compounds are converted to soluble Mn^{2+} ions. These Mn^{2+} ions migrate to the positive electrode through the electrolyte by with the help of the electrical field force. In the recharging process, these Mn²⁺ ions in the electrolyte near the positive electrode are oxidized to MnO₂ on the positive electrode, thus achieving a migration of mass from the negative to the positive electrode. The pristine MnO₂ on the positive electrode shows no large change but is only being oxidized to complete 4+ valences in the charging process. As a result, in the cyclic charging/discharging process of the MnO₂ based symmetric supercapacitor, a new layer of MnO₂ is coated



Fig. 5 SEM morphologies of the positive electrode after 100 cycles.



Fig. 7 The working mechanism scheme of the $\ensuremath{\mathsf{MnO}_2}$ based symmetric supercapacitor.

on the pristine MnO_2 layer of the positive electrode, and the mass of MnO_2 on the negative electrode becomes less and less.

Conclusions

In summary, a pseudocapacitive symmetric supercapacitor based on a MnO_2 electrode only utilized the active materials on the negative electrode for the reversible redox reaction, thus its material utilization is lower than that of EDLCs. Furthermore, MnO_2 on the negative electrode can migrate onto the positive electrode through the diffusion of Mn^{2+} in the electrolyte, which induces a loss of mass from the negative electrode and the capacitance fading of the symmetric supercapacitor. These results reveal that the capacitance of the MnO_2 based symmetric supercapacitor is largely limited by the electrochemical charging/ discharging mechanism. Moreover, these results should be of interest to researchers for improving the stability of the negative electrode for enhancing the cyclic lifetime of the device.

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