Molecular docking, molecular dynamics simulation, biological evaluation and 2D QSAR analysis of flavonoids from Syzygium alternifolium as potent anti-Helicobacter pylori agents†

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The present study was carried out with the specific aim to evaluate anti-Helicobacter pylori (Hp) and urease inhibitory activities of three flavonoids, namely 5-hydroxy-7,4’-dimethoxy-6,8-di-C-methylflavone (1), kaempferol-3-0-β-D-glucopyranoside (2) and kaempferol-3-0-α-L-rhamnopyranoside (3), of Syzygium alternifolium fruits. These flavonoids were examined for anti-H. pylori activity against two Hp strains, Hp 26695 and Hp P12, through a microbroth dilution assay with a time kill kinetics study and also the evaluation of their ability to lower H. pylori colonization with AGS (gastric epidermal cells). In addition, a urease inhibition assay was performed with these compounds, followed by 2D QSAR, molecular docking and molecular dynamics simulations on these compounds with target proteins, urease and cytotoxin associated gene (Cag A). The in vitro studies showed that compounds 2 and 3 show significant anti-H. pylori activity whereas compound 1 exhibits moderate activity when compared to amoxicillin and that these compounds also show strong bactericidal kinetics in a time dependent manner. These compounds potentially reduce the H. pylori colonization with a significant loss of its adhesion with AGS cells and inhibit the Hp urease activity. 2D QSAR analysis reveals that these compounds exhibit an acceptable correlation of RMSE = 0.905 and \( R^2 = 0.820 \) with the biological assays. The compounds show strong inhibitions by forming H-bonding interactions with the active pocket residues of the target proteins as evidenced by 10 ns molecular dynamics simulations. Hence, the current investigation will provide a new vision for the discovery of potent antimicrobial agents from natural sources against H. pylori infections.

1. Introduction

Helicobacter pylori is a Gram negative, spiral-shaped flagellated microaerophilic bacteria which causes gastric infection, induces gastric pathologies, such as chronic gastritis, peptic ulcer and long term chronic infections, and increases the risk of gastric adenocarcinoma.1,2 The prevalence of H. pylori infection is about 40% in developing countries.3 H. pylori colonizes the surface of the gastric mucosa of human stomachs and it is one of the most adapted microbial pathogen. The rate of colonization of H. pylori varies by geographic location and economic status.4 H. pylori typically infects the individual in early life after colonization of bacteria and can remain dormant for months, years or decades without inducing any noticeable clinical symptoms.5,6

H. pylori adapts and resides in the mucous layer and establishes an attachment with gastric epithelial cells which leads to persistent colonization in the stomach and evasion of an immune response. The maintenance of H. pylori mediated chronic inflammation and mechanism of controlling the induction is not well understood.7 The complete eradication of H. pylori colonization and treatment of gastrointestinal disorders usually involves antibiotic therapy with the combination of two or three drugs such as amoxicillin (AMX), clarithromycin (CLR) and metronidazole (MNX)8 and the administration of proton pump inhibitors such as lansoprazole or omeprazole to
cure gastrointestinal disorders. The incessant usage of these antibiotics against *H. pylori* infection leads to the development of resistance and treatment becomes more complicated.

Many bacterial virulent factors such as Cag A (cytotoxin-associated gene A), Vac A (vacuole-associated gene A) and urease have been linked to the development of peptic ulcer diseases and gastric adenocarcinoma. Among these Cag A is considered to be the primary oncogenic protein, associated with the increased virulence and risk of gastric cancer. Cag A, a protein with 120 to 140 kDa encoded by the gene “cag A” in the cag PAI cytotoxin-associated gene pathogenicity island, is translocated in the host cell by a type IV secretion system (T4SS) after bacterial attachment.\(^6\) The injected Cag A within the host cell is phosphorylated at the tyrosine residue in a small sequence motif of glutamate–proline–isoleucine–tyrosine–alanine (EPIYA) by intracellular tyrosine phosphorylation or is believed to be the same.

*H. pylori* is characterized by significant urease activity that converts urea to ammonia, which counters the stomach acids and creates a neutralizing environment for protecting *H. pylori* from the acid in the stomach, which contributes to the pathogenesis of *H. pylori* induced peptic ulcers.\(^4\) Hence, the specific inhibition of urease activity has been proposed as a possible strategy to eradicate *H. pylori* colonization.\(^5\) Urease (urea amidohydrolase EC 3.5.1.5) is the largest heteropolymeric enzyme, consisting of UreA (M\(_r\) 30 000) and UreB (M\(_r\) 66 000) subunits and the active site contains two Ni\(^{2+}\) ions.\(^6\) The active site amino acids of *H. pylori* urease are principally conserved in all known ureases. Hence, the catalytic mechanism of the enzyme is believed to be the same.\(^7\)

Enduring usage of synthetic drugs to eradicate *H. pylori* infections associated with peptic ulcer and gastric cancer is complicated and has significant adverse side effects. Hence, traditional and alternative modes of treatment are now being addressed with the investigation of new sources of drugs or bioactive compounds derived from natural medicinal plants to eradicate *H. pylori* colonization and to prevent gastrointestinal disorders.

Earlier studies have reported that many natural plant derived extracts/compounds possess anti-ulcer, anti-*H. pylori*, and anti-gastric cancer activity. Phenolic phytochemicals from oregano and cranberry have been reported to exhibit anti-bacterial activity against *H. pylori* and its urease and proline dehydrogenase inhibitory activity.\(^8\) The ethanolic extract of *Rosmarinus officinalis* L. was reported to demonstrate anti-gastric ulcer activity against ethanol-induced gastric ulcers in rats.\(^9\) Grape extract has been reported to display anti-bacterial activity against *H. pylori* and eradicate the colonization of bacteria in gastric epithelial cells.\(^10\) The antibacterial efficacy of compounds from *Indigofera barbari* has also been reported against multidrug resistant Gram negative bacterial infections.\(^11\)

Except for few reports on *Syzygium* species, no systematic investigations were carried out on *Syzygium alternifolium*, the endemic plant located in the Seshachalam hill ranges of Tirumala-Tirupati hills of Andhra Pradesh, South India, with particular reference to its anti-*H. pylori* activity. Keeping in mind the ethnopharmacological importance of natural medicines, the present paper aims to evaluate anti-*H. pylori* activity of flavonoids (1-3) isolated from *S. alternifolium*, coupled with *in silico* analysis using molecular docking and MD simulations.

2. Materials and methods

Chemicals and reagents

Amoxicillin, bovine serum albumin (BSA), fetal calf serum (FCS), horse serum, MTT (3-(4,5-di methyl thiazol 2-thiazol 2-yl) 2,5 diphenyltetrazolium bromide) and Hams F12 K media were purchased from Sigma-Aldrich.

Plant material

5-Hydroxy-7,4'-dimethoxy-6,8-di-C-methylflavone (compound 1), kaempferol-3-O-β-D-glucopyranoside (compound 2) and kaempferol-3-O-α-L-rhamnopyranoside (compound 3) (Fig. 1) were isolated from the fruits of *S. alternifolium* as previously described.\(^22\)

Culture of *Helicobacter pylori*

*H. pylori* strains Hp 26695 and Hp P12, were used for *in vitro* studies routinely cultured either on GC agar plates containing 10% horse serum, supplemented with vancomycin (10 \(\mu\)g mL\(^{-1}\)), nystatin (2 \(\mu\)g mL\(^{-1}\)) and trimethoprim (2.5 \(\mu\)g mL\(^{-1}\)) or brucella broth containing 10% fetal calf serum under a microaerophilic environment (10% CO\(_2\), 85% N, 5% O\(_2\) and >95% relative humidity) at 37 °C for 48 hours.

Cell culture

The AGS (human gastric adenocarcinoma) cell line was procured from the National Center for Cell Sciences, Pune, India. The cells were maintained as a monolayer culture in a 95% air and 5% CO\(_2\) humidified atmosphere at 37 °C. Hams F12 K media supplemented with 10% fetal calf serum and 1% penicillin–streptomycin were used for routine sub-culturing and for all *in vitro* experiments.\(^21\)

Microbroth dilution assay

*H. pylori* susceptibility testing was performed using a microbroth dilution assay method with a 96 well micro titer plate. Compounds 1, 2 and 3 were dissolved in 10% DMSO. Sterile double-distilled water was used for further serial dilutions of the dissolved compound with a concentration range of 5–100 \(\mu\)g. The samples were suspended in 100 \(\mu\)L of brucella broth supplemented with 5% fetal calf serum in a 96 well micro titer plate. A 3 day old *H. pylori* liquid culture was diluted with brucella broth and 100 \(\mu\)L of this was incubated into each well to give a final concentration of 1 × 10\(^{6}\) CFU per well. The plates were incubated for 3 days in a microaerophilic atmosphere at 37 °C. Amoxicillin was used as a positive control since *H. pylori* is susceptible to amoxicillin and 0.9% saline was used as a negative control. After the incubation period, *H. pylori* growth was assayed by measuring the absorbance at 625 nm. The
minimum inhibitory concentration (MIC) was defined as the least concentration in μg to restrict the growth by measuring the absorbance at 625 nm (no macroscopic visible growth).

Time dependent killing kinetics

Time dependent killing kinetic analyses of compounds (1–3) against *H. pylori* strains, Hp 26695 and Hp P12, were performed at 0.5×, 1× and 2× the MIC, as determined previously, and the assay was initiated with a concentration of 1 × 10^6 CFU per well. After incubation for 6, 12, 18 and 24 hours at different MICs of the compounds, the absorbance was measured at 625 nm. The *Hp* culture treated without the compound was treated as the control. The experiment was performed in triplicate. The rate and extent of killing were expressed as mean log CFU mL⁻¹ against time.

Infection of AGS cells with *H. pylori* culture pre-treated with flavonoid compounds (1–3) from *S. alternifolium*

*H. pylori* strains, Hp 26695 and Hp P12, were cultured overnight to get final concentrations of 5 × 10⁵ CFU mL⁻¹ which were pre-treated with compounds 1, 2 and 3 in the concentration range of 5–100 μg mL⁻¹ in a 96 well plate as per the above protocol and incubated for 12 and 24 hours. After the incubation period, the *Hp* culture was centrifuged at 3500 g for 10 min, the pellet was collected and washed twice with phosphate buffer saline (PBS). The pellet was re-suspended with fresh culture media of brucella broth.

AGS cells were grown in Hams F-12 K medium, supplemented with 10% fetal bovine serum, incubated at 37 °C in 5% CO₂, 100% humidity and 90% confluence. The cells were washed with PBS (pH 7.4) and detached using 0.25% trypsin–EDTA. AGS cells were coated in a 96-well plate and incubated overnight to allow for adherence. *H. pylori* cultures (26695, P12) were pre-treated with different concentrations ranging from 5–100 μg mL⁻¹ of amoxicillin as a positive control and PBS as a negative control, which were distributed to each well at a multiplicity of infection (MOI) of bacteria to AGS cell ratio of 100 : 1. After overnight incubation, the culture medium was replaced with RPMI 1640 and washed with PBS to remove non-adherent cells. AGS cell proliferation was monitored by adding the tetrazolium salt 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) and the absorbance was read at 570 nm using a micro plate reader and standardized against the AGS cell control.

Extraction of *H. pylori* urease

For the urease inhibition assay, 50 mL of *H. pylori* broth culture containing 10⁶ cells per mL were centrifuged (5000 × g, 4 °C) for 5 min to collect bacteria and the removed pellet was re-suspended in 30 mM Tris·HCl, (pH 8.1). The resultant suspension was re-centrifuged (10 000 × g) at 4 °C for 10 min. The pellet was vortexed with 20% sucrose in Tris·HCl and cells were re-suspended in phosphate buffer at pH 7 and incubated on ice with 30 mg L⁻¹ protease inhibitor for 30 min. Furthermore, these cells were disturbed by sonication for 60 s. Soluble
and insoluble fractions were separated by centrifugation for 15 min (15,000 × g, 4 °C). The obtained supernatant was used as the *H. pylori* urease source.

**Urease inhibition assay**

The reaction mixture, comprising of 25 μL of Hp urease solution, 55 μL of phosphate buffer solution (3 mM, 4.5 pH) and 100 mM urea was incubated with 10 μL of compound in various concentrations (5-100 μMoles) for 15 min at 30 °C in a 96 well micro titer plate. The amount of ammonia produced was used to determine the urease activity by an indophenol method.24 After the incubation period, 40 μL of phenol reagent, containing a mixture of 1% phenol, 0.005% of sodium nitroprusside and an appropriate amount of NaOH, were added to each well.

The increasing absorbance at 630 nm was measured using a microplate reader after incubation for 50 min at 37 °C. The percentage of inhibition was calculated from the formula 100 – (OD test well/OD control) × 100. Acetohydroxamic acid (AHA) was used as the standard inhibitor.

**2D QSAR study**

Quantitative structure activity relationship (QSAR) is an application of combinatorial chemistry to analyze experimental data and build numerical models of the data for prediction and interpretation. 2D QSAR analysis was performed for 19 flavonoid compounds collected from literature, and their biological activity corresponding to Hp urease was collected from the literature, and build numerical models of the data for prediction and interpretation. Quantitative structure activity relationship (QSAR) is an application of combinatorial chemistry to analyze experimental data and build numerical models of the data for prediction and interpretation.

**Homology modeling of Cag A**

The oncogenic protein, Cag A (accession no. 400261222), of *H. pylori* was modeled with the selected template structure, N-terminal of Cag A protein ABC crystal (PDB ID. 4DVY), through a homology based method using Modeller 9.12v.27 Since no complete crystal structure was available to carry out MD simulations due to the intrinsically disorder nature, the final obtained model was used for the evaluation of the stereochemical quality by various structure validation programs. PROCHECK was used to verify the stereochemical quality of amino acids in a given PDB structure through Ramachandran plot calculations.28 ERRAT, a program used to analyze the statistics of non-bonded interactions between atom types and plot values of the error function verses residues in a sliding window,29 Verify 3D, a program adopted to analyze the compatibility of an atomic model (3D) with its own amino acid sequences, where each residue is assigned a structural class based on its local and environment (beta, loop, polar, non-polar etc.).30

**Molecular docking analysis**

Molecular docking studies were carried with *H. pylori* urease and the modeled Cag A protein with compounds 1–3, the reference drug, acetohydroxamic acid, and the antibiotic, amoxicillin, using the docking module implemented in MOE 2010.12 (Molecular Operating Environment).31 Initially the protein structures were protonated with the addition of polar hydrogens, followed by energy minimization with the MMFF94x force field, in order to get the stable conformer of the proteins. Flexible docking was employed, the inhibitor binding site residues were softened and highlighted through the “Site Finder” module implemented in the MOE software. The grid dimensions (Å) were predicted as X: 39.27, Y: 29.13, Z: 28.51 and X: 27.84, Y: 25.0, Z: 30.89 for urease and Cag A respectively. The docking was carried out with the default parameters i.e., placement: triangle matcher, recording 1: London dG, refinement: force field, and a maximum of 10 conformations of each compound were allowed to be saved in a separate database file in a .mdb format.

After the docking process, the binding energy and binding affinity of the protein–ligand complexes were calculated using a molecular mechanics generalized Born interactions/volume integral (MM-GB/VI) implicit solvent method in the LigX module implemented in MOE.32

**Molecular dynamics simulations**

A 10 ns molecular dynamics simulation was performed using GROMACS 5.0.233 with the AMBER 99SB-ILDN force field.34 MD simulations of the protein–ligand complexes were performed to elucidate the facts behind the effectiveness of these compounds in the inhibition of Cag A. The protein topology for Cag A was created in the Gromacs program, the ligand topology parameterization of compounds 1–3 and selected hits were performed using the PRODRG2 server.35 The unliganded Cag A, as well as Cag A liganded with compounds, was immersed in the center of...
a cubic box of a simple point charge (SPC) water model, with a minimum distance of 1.0 nm between the wall and any part of the protein set up at the initial stage of the simulation. The solvated system was neutralized with an aqueous environment of 0.1 M ionic strength by the addition of Na\(^+\) (sodium) and Cl\(^-\) (chloride). The minimized system was then heated to desired temperatures for 1 ns under an isothermal ensemble by soft coupling with the Berendsen thermostat (NVT).\(^{37}\) The van der Waals cutoff was 14 Å. The integration time step was 1 femtosecond (fs), with the neighbor list being updated every fifth step using the grid option and a cutoff distance of 12 Å. Periodic boundary conditions were used with a constant number of particles in the system, constant pressure, and constant temperature simulation criteria (NPT). In this simulation, the systems were coupled with Parrinello–Rahman barostat\(^{38}\) to equilibrate at 1 bar pressure for 1 ns. Production simulations of 10 ns were performed. In total five simulations were performed and are represented as follows.

(1) Cag Aa: model structure of Cag A without ligand.

(2) Cag Ab: model structure of Cag A complexes with compound 1.

(3) Cag Ac: model structure of Cag A complexes with compound 2.


(5) Cag Ae: model structure of Cag A complexes with amoxicillin.

All the MD runs were executed on an Intel xenon processor with 8 GB RAM, running an Ubuntu v14.041 Linux operating system on a HP Z230 workstation, Bioinformatics Infrastructure Facility, Department of Zoology, Sri Venkateswara University, Tirupati, India.

3. Results and discussion

Microbroth dilution assay

The anti-\(H.\ pylori\) activity was determined for compounds 1–3 through a microbroth dilution assay against two clinical isolations of \(H.\ pylori\), strains Hp 26695 and Hp P12. The Minimum Inhibitory Concentration at 50\% (MIC\(_{50}\)) in \(\mu g\) mL\(^{-1}\) of the compounds was calculated against the above \(H.\ pylori\) strains. The results showed that compound 1 has moderate inhibition on both the strains of \(H.\ pylori\) with a MIC\(_{50}\) of 54.5 ± 5.4 and 64.8 ± 4.9 \(\mu g\) mL\(^{-1}\), respectively. Compound 2 has significant inhibition of the growth of Hp 26695 and Hp P12 strains of \(H.\ pylori\) with a MIC\(_{50}\) of 36.7 ± 5.4 and 37.6 ± 3.2 \(\mu g\) mL\(^{-1}\), respectively. Similarly, compound 3 showed significant bactericidal activity against \(H.\ pylori\) strains of Hp 26695 and Hp P12 with a MIC\(_{50}\) of 46.2 ± 5.2 and 52.53 ± 10.2 \(\mu g\) mL\(^{-1}\), respectively, with reference to the positive antibiotic amoxicillin with a MIC\(_{50}\) of 18.2 to 23.4 \(\mu g\) mL\(^{-1}\).

Previous reports on other polyphenols such as querctin, protocatechuic acid, naringene and epicatechin have shown a marked effect on \(H.\ pylori\) growth. Quercetin has shown a MIC value in the range of 124–64 \(\mu g\) mL\(^{-1}\),\(^{39}\) whereas protocatechuic acid, naringene and epicatechin have shown MIC values of 128, 256 and 512 \(\mu g\) mL\(^{-1}\), respectively.\(^{40}\)

The overall results reported in the present study show that the natural flavonoids (1–3) derived from the traditional medicinal plant \(S.\ alternifolium\) are effective against \(H.\ pylori\) growth when compared to earlier studies.

Killing kinetics

The rate and extent of killing of \(H.\ pylori\) by compounds 1, 2 and 3 were assessed against Hp strains 26695 and P12 at various time intervals viz., 0, 6, 12 and 18 and 24 hours, to monitor their effectiveness as bactericidal agents. An initial stock culture consisting of \(1 \times 10^6\) CFU mL\(^{-1}\) was used for the time dependent kinetic studies.

The control group showed slow growth up to 12 h, thereafter it showed exponential growth up to 24 h and reached \(~1 \times 10^8\) CFU mL\(^{-1}\). From the time dependent kinetic study, we observed that the compounds exhibited a marked effect on both of the strains of \(H.\ pylori\). Compound 1 at 0.5× MIC showed no significant effect on Hp 26695 up to 18 h and thereafter it showed a slow decline up to 24 h. At 1× and 2× the MICs it showed a moderate effect and the rate of killing also increased with the increase in incubation time and reached \(~1 \times 10^8\) and \(~1 \times 10^9\) CFU mL\(^{-1}\), respectively. Compound 2 at 0.5× MIC showed mild activity. At 1× MIC it showed significant bactericidal activity and the rate of killing gradually increased with increasing time. Complete killing occurred at 2× MIC after 24 h (Fig. 2A–C).

Time-kill curves were also performed for these compounds against the Hp P12 strain. Compound 1 at 0.5× MIC showed no significant activity throughout the 24 h incubation and it showed modest activity at 1× and 2× the MIC. Compounds 2 and 3 showed a more or less similar kind of killing kinetics at 0.5×, 1× and 2× the MIC, as shown in Fig. 2D–F.

Eradication of the \(H.\ pylori\) colonization

Compounds 1–3 were evaluated for their ability to eradicate \(H.\ pylori\) colonization with AGS gastric epithelial cells. AGS cell growth was monitored after the addition of the \(H.\ pylori\) culture pre-treated with compounds 1, 2 and 3 in concentrations of 25, 50, 75 and 100 \(\mu g\) mL\(^{-1}\) and incubated for 12 and 24 hours. The results showed that treatment with compounds 1–3 significantly decreased the \(H.\ pylori\) attachment with AGS cells when compared with the control, which caused increased cell proliferation. In this study, compound 3 was more effective against \(H.\ pylori\) and increased the AGS cell proliferation in \textit{in vitro} tests with 84.2 ± 4.0 and 83.7 ± 3.0\% of cell growth at 12 hours. Similarly 90.3 ± 2.0 and 88.0 ± 4.0\% cell growth against Hp 26695 and Hp P12 stains, respectively, were seen for 24 hours incubation (Table 1). Hence, all these compounds have shown anti-\(H.\ pylori\) activity and reduced the \(H.\ pylori\) colonization with gastric epithelial cells in a dose-dependent manner. Compound 1 exhibited moderate anti-\(H.\ pylori\) activity by eradicating the \(H.\ pylori\) population in the AGS cell line and compounds 2 and 3 showed significant inhibition of the \(H.\ pylori\) growth in AGS cell lines (Fig. 3).

It is well documented that bacteria attaches to gastric epithelial cells, which is considered to be the first step of \(H.\ pylori\) colonization in the gastric mucosa. The attachment process is mediated by the \(H.\ pylori\) surface protein Cag A (cytotoxin-associated gene A) and subsequent infection is associated with the bacterial translocation of the effector proteins through the AGS cell membrane. In the present study, we investigated the effect of the compounds on the Cag A proteins. The results showed that compounds 1–3 inhibited the Cag A protein activity in a dose-dependent manner. The results showed that compounds 1–3 inhibited the Cag A protein activity in a dose-dependent manner. The results showed that compounds 1–3 inhibited the Cag A protein activity in a dose-dependent manner.
pylori-induced gastritis/gastric cancer. The reduced proliferation of *H. pylori* in the AGS cell line during the treatment with these compounds might be attributed to the interference of these compounds in the mechanism of adhesion of bacteria with the AGS cells by inhibiting the factors involved in adhesion. It is also recorded that the pre-treatment of the *H. pylori* culture with the compounds caused a significant loss of attachment of *H. pylori* to AGS cells in a concentration-dependent manner. In addition, it is also observed that the rate of AGS cell proliferation is directly proportional to the concentration of the compounds resembling the control (without *H. pylori* treatment) which suggests that higher concentrations of compound reduced the influence of *H. pylori* on the AGS cell proliferation.

**Table 1** AGS cell proliferation following infection with *H. pylori* strains 26695 and P12 and pre-treated with compounds, 1–3

<table>
<thead>
<tr>
<th>S. no</th>
<th>Concentration in µg</th>
<th>12 hours</th>
<th>24 hours</th>
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<tr>
<td></td>
<td></td>
<td>26695</td>
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<tr>
<td>Compound 1</td>
<td>25</td>
<td>18.6 ± 1.5</td>
<td>19.5 ± 1.5</td>
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<td></td>
<td>50</td>
<td>42.2 ± 3.6</td>
<td>31.3 ± 3.6</td>
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<td></td>
<td>75</td>
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<td></td>
<td>100</td>
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<td>72.6 ± 4.5</td>
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*The assay was performed in triplicate and values are reported as mean ± SD.*
Earlier studies on quercetin against Hp urease have shown a marked inhibition of urease activity with an IC50 of 11.2 μM, whereas kaempferol has shown an IC50 of 105 μM. In the present study the conjugated sugar moiety in compounds 2 and 3 has enhanced the urease inhibition twice when compared to aglycone kaempferol.

2D QSAR analysis

In order to validate the in vitro bioassays and docking studies on Hp urease, the 2D QSAR analysis was performed to identify potential ligand molecules. The 2D QSAR model was constructed for these compounds with experimentally derived pIC50 values, system predicted pIC50, SPRED and standard 2D descriptors. Furthermore, the regression graph was plotted for pIC50 vs. SPRED. A linear correlation resulted from the regression analysis for all the compounds against H. pylori urease and it exhibited excellent linearity [SPRED = 0.937 (pIC50) + 0.248] with RMSE = 0.905, R2 = 0.820 (Fig. 4A).

The Z-Score was predicted for all the compounds, wherein a Z-score value of 2.5 and above can be considered to indicate the molecules which are outliers to the fit. Compounds 2 and 3 showed significant Z-scores of 0.614 and 1.478 respectively. Compound 1 had a moderate value of 2.095 when other flavonoids were collected from literature (Table S1†).

Principal component analysis was carried out using three eigenvectors, viz. PCA1, PCA2 and PCA3, and a 3D graphical plot was created, which included 98% of variance. In the plot, all the values were found to lie in the range of −3 to +3 and are shown with different colored spots which correspond to the pIC50 of compounds (Fig. 4B).

Bioavailability

Pharmacokinetic studies and ADME properties are important conditions and major factors for the evaluation of bioavailability of compounds. Whatever compound is designed/isolated that is going to be a drug, it should satisfy the ADME properties and only then will it be approved as drug in clinical trials.

In the present study, the bioavailability was assessed for 19 flavonoids and compounds 1–3 by calculating the properties, viz., human intestinal absorption (HIA), in vitro Caco-2 permeability, in vitro MDCK cell permeability, in vitro plasma binding protein and in vivo blood brain barrier (BBB) penetration. The results showed that all the compounds have a good HIA percentage, among them compound 1 showed the highest HIA of 95.97%. All the compounds showed medium Caco-2 cell permeability, among them tangeretin, compound 1, liquiritigenin, compound 2 and naringenin showed satisfactory values of 53.60, 42.68, 21.04, 11.45 and 10.52 nm s⁻¹, respectively. Many of the compounds have medium MDCK permeability, among them luteolin and baicalein have the highest values of 182.90 and 101.90.

The binding of the drug with plasma proteins has greatly influenced drug availability and drug action. Usually, the unbound drug with plasma proteins will be easily diffuse or transport across the cell membrane and be available for interacting with the specific molecular target. The compounds,
liquiritigenin, naringenin, and luteolin show a strong binding to plasma proteins of 100% and dihydromyricetin, baicalein, myricetin, apigenin, chrysin, quercetin and compound 1 have satisfactory values of 99.90, 98.98, 96.98, 97.25, 95.04, 93.23 and 90.51% respectively. The compounds, compound 1, 2, myricitrin and hesperetin show weak binding to plasma proteins, 57.17, 65.99, 65.41, 68.721% respectively, and rest of the compounds have moderate binding.

In addition, in vitro BBB penetration capacity was predicted for all the compounds, showing medium absorption to the central nervous system (CNS). Many of the compounds have shown moderate absorption, among them liquiritigenin, chrysin and luteolin have shown significant values of 1.786, 0.935 and 0.873, respectively. Whereas low absorption to the CNS was observed for formononetin, hesperetin, myricitrin, tangeretin, luteolin glycoside, and compound 2 and 3 with values of 0.063, 0.086, 0.035, 0.027, 0.035, 0.036 and 0.042, respectively. All the predicted ADME values are summarized in the Table S2.

Some of the natural compounds have shown low bioavailability and also reported marked bioactivity and binding affinity with target proteins. Natural products and their derivatives are
structurally complex, planner and cover a much larger space and also have more chiral centers, rings and functional groups, which allow for higher bioactivity. These features are not satisfied by combinatorial and synthetic compounds even though they satisfied all ADME conditions.

**Molecular modeling and docking analysis**

The constructed model of *H. pylori* Cag A has been verified through the PROCHECK server. The results showed that 90.5, 8.2, 0.4 and 1.0% of residues are located in most favored, additional, generously allowed and disallowed regions, respectively. The environmental profile for Cag A was computed with verify 3D, which showed that it was mostly above zero, 70%. The non-bonded interactions between the atoms were also computed with the ERRAT program, which showed the overall quality factor of 75.54 (Fig. 6).

In order to strengthen the *in vitro* bioassay, docking analysis was carried out for compounds 1, 2 and 3 with selective pharmacological targets such as urease and cytotoxin-associated gene A (Cag A) protein of *H. pylori* which are involved in the pathogenesis and induction of gastric adenocarcinoma.

The crystal structure of *H. pylori* (PDB id: 1E9Y) was retrieved from the protein data bank, it has complexes with the reference drug acetohydroxamic acid (AHA). The active pocket of urease is assembled with basic and polar amino acids, two Ni²⁺ ions, one of which forms ionic bonds with Asp362 and KCx219, and the

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**Fig. 5** Molecular and Lig plot interactions of compound 2 (A and B) with the active site residues of *H. pylori* urease enzyme and comparison with the reference drug acetohydroxamic acid (C).
second Ni$^{2+}$ ion interacts with His248 and KCx219. These supramolecular assemblies of the enzyme will offer protection from acid inactivation by hydrolyzing urea and produce ammonia, which develops a neutral coating over the molecular surface. The reference drug AHA interacts with the helix–turn–helix motif and it opens the active site when the inhibitor is bound and closes it in the absence of inhibitor. AHA forms one H-bond with His221 by accepting an electron pair and two ionic bonds with two Ni$^{2+}$ ions. In the low physiological pH conditions (pH 3), the Ni-chelating histidine residue is protonated at the epsilon and delta positions of the imidazole ring, which triggers the dissociation of the nickel ions from the catalytic site and is attributed to the loss of enzyme.

The docking results of Hp urease showed that compounds 2 and 3 have significant binding modes, with dock scores of $-36.3$ and $-34.62$ respectively, and compound 1 has a moderate dock score of $-14.5$, when compared with the control drug acetohydroxamic acid.

Compound 2 forms three H-bonds and one ionic bond with the Ni$^{2+}$ ions in the active site of Hp urease. Among them, the 7-OH of compound 2 forms two H-bonds, one with OQ of KCx219 and another one with NE of His274 by donating an electron pair. The 3"'-OH of the glucose moiety in compound 2 forms one H-bond with OD of Asp223 by donating an electron pair (Fig. 5).

Compound 3 forms two H-bonds and one ionic bond. In the same manner, the 7-OH group forms two H-bonds one with OQ of KCx219 and another one with NE of His274 by donating an electron pair. Whereas compound 1 shows only one H-bond with NH of Arg338 by accepting an electron pair, when compared with the control drug AHA which showed two ionic bonds with two Ni$^{2+}$ ions and one H-bond with His221 (Fig. S1†). The H-bonds, binding affinities and energy profiles of compounds 1–3 towards the active site amino acids of the enzyme are summarized in Table 2. The binding modes of compounds 2 and 3 suggested that they fitted more stably into the urease binding pocket by interacting with Ni$^{2+}$ ions and key residues KCx219, Asp223, His274 and Asp362 and mimicked the binding mode of the reference drug AHA. Thus these interactions provide support for the significant decrease in urease activity.

Previous reports on other flavonoids, quercetin, baicalein and scutellarin, have shown a stable non-competitive mode of inhibition of Hp urease with significant H-bond interactions with the same binding pocket as compound 2 and 3. Quercetin has shown a quite different style of binding mode by forming a cleft beside the same binding pocket with a $K_i$ value of 9.34 μM and it also forms stable H-bond interactions with Val320, Cys321, Met366 and Gly367. The recent reports on baicalein and...
Table 2  Bonding characterization of flavonoid compounds 1–3 of Syzygium alternifolium against H. pylori urease and Cag A protein

<table>
<thead>
<tr>
<th>S. no</th>
<th>Compound</th>
<th>Dock score (S)</th>
<th>Binding energy (kcal mol⁻¹)</th>
<th>Binding affinity</th>
<th>Bonding interaction</th>
<th>Bond length (Å)</th>
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<td>H-acc</td>
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scutellarin suggest that it inhibits Hp urease by interacting with the key residue Cys321 located in the mobile flap through S-H π interactions with binding energies of −10.12 and −8.09 kcal mol⁻¹ respectively and no interaction with the Ni²⁺ ions.⁴⁴

For the Cag A protein, the results show that compound 3 has the highest dock score of −20.62 with the highest binding energy of −15.32 kcal mol⁻¹ and a binding affinity (pK₆) of 7.15. Compound 2 shows a dock score of −17.28 with −13.46 kcal mol⁻¹ and 6.80 being the binding energy and binding affinity values, respectively.

Compound 1 shows moderate activity with a dock score of −12.24. It has a binding energy of −11.52 kcal mol⁻¹ with a binding affinity value of 6.20 when compared with the reference antibiotic amoxicillin which showed a −17.88 dock score and a binding energy of −11.64 kcal mol⁻¹ with a binding affinity (pK₆) of 7.00 (Table 2). These findings prompted us to perform MD simulations of the docked protein-ligand complexes to elucidate the dynamic behavior of compounds against Cag A.

Molecular dynamics simulations

The inhibition of Cag A by the compounds was demonstrated by performing MD simulations of the protein and protein-ligand complexes with comprehensive analysis of the dynamic trajectories i.e., root mean square deviation (RMSD), RMS fluctuations (RMSFs), radius of gyration (Rₛ), solvent accessible surface area (SASA), H-bond profiling of Cag A and its docked complexes with compounds (1-3) as well as antibiotic, amoxicillin. These are represented as Cag Aa, Cag Ab, Cag Ac, Cag Ad and Cag Ae as reported in the methodology.

The results from the calculated RMSD, root mean square fluctuation (RMSF) and radius of gyration (Rₛ) for the backbone Cₙ atoms show a wide range of variations in the liganded Cag A protein when compared to the unliganded Cag A. The RMSD values of the Cₙ atoms in Cag Aa with respect to the initial model and during the 10 ns time scale were plotted and show a sharp increase up to 1 ns followed by being at equilibrium at around 2.5 ns with a more moderate increase up to 5 ns. The structure is equilibrated up to 8.2 ns and then there is an immediate increase up to 10 ns of the MDS (Fig. 7A).

The RMSD values of each liganded Cag A were plotted in order to elucidate the effect of the compounds on the structural stability and integrity. From this plot, Cag Ab showed a sharp increase in the RMSD up to 2 ns and was then optimized up to 4 ns at 0.3 nm, then it increased throughout the 10 ns and reached 0.6 nm. Cag Ac shows a sharp increase of the RMSD up to 2.5 ns which is maintained at equilibrium until 6.5 ns and the structure shows a slow increase up to 10 ns. Cag Ad, however, shows a sharp increase of the RMSD up to 0.32 nm at 1 ns, with a sudden decrease towards 0.28 nm and then maintains the equilibrium up to 2.5 ns. Subsequently the structure shows a slow increase of the RMSD and reaches to 0.45 nm at 4.5 ns, followed by a slow decrease towards 0.35 nm and then it maintains the equilibrium up to 10 ns with minor fluctuations.

In addition to these complexes, Cag Ae, the protein liganded with the antibiotic amoxicillin, was subjected for a 10 ns MDS. Cag Ae showed a sharp increase of the RMSD up to 0.4 nm at 2.5
ns and structure then maintained equilibrium up to 6 ns, then there was a slow increase towards 0.5 nm followed by a slow decrease of the RMSD up to 10 ns (Fig. 7A). The conformational changes of the ligand molecules in the binding pocket were determined throughout the time period of the MDS. Compounds 1, 2, 3 and amoxicillin showed the conformational changes with average RMSDs of 0.075, 0.22, 0.12 and 1.175 nm respectively (Fig. 7B). The Solvent Accessible Surface Area (SASA) of the docked poses of the ligand molecules were analyzed during the 10 ns MDS. The results from the SASA analysis indicated that compounds 2 and 3 were exposed to the solvent region with an average area of 6.5 nm². Based on the molecular weight and complexity of the molecules, compound 1 shows an average area of 5.4 nm², similar to the antibiotic amoxicillin (Fig. 8B).

A comprehensive study of the RMSF profile of the unliganded Cag A protein and Cag A bound with the ligand molecule was conducted and the analyzed results demonstrate the fluctuations of amino acids in the catalytic and non-catalytic sites. The resultant RMSF profile showed fluctuations in the range of 0.1 to 0.25 nm at the catalytic site of Cag A protein. In this study no significant fluctuations were observed at the ligand binding site in the protein–ligand complexes when compared with the unliganded Cag A protein. Whereas a high level of mobility with fluctuations ranging between 0.2 to 0.98 nm were observed at the non-catalytic site, this is not being considered as significant for the present study since our major focus is on the dynamic behavior of catalytic site of Cag A (Fig. 7C).

In addition, the radius of gyration ($R_g$) was also determined for the unliganded Cag A and ligand-bound Cag A. The radius of gyration demonstrates the compactness of the protein with protein folding and unfolding through thermodynamic principals during the 10 ns of the MDS. $R_g$ values for the unliganded protein and the protein–ligand complexes are shown in Fig. 8A. Among them unliganded Cag A has maintained the equilibrium with the average $R_g$ value of 3.12 nm. All the protein–ligand complexes show a huge variation when compared with the unliganded protein.

The $R_g$ values of Cag Ab initially started from 3.05 and was equilibrated up to 2.5 ns, thereafter the structure showed a gradual increase of the $R_g$ value and reached 3.25 nm at 10 ns. Cag Ac showed a sharp increase of $R_g$ up to 3.12 nm at 1.0 ns then an immediate decrease of the $R_g$ value towards 3.02, it increased again towards 3.1 nm at 2.0 ns then the structure showed a gradual decrease of $R_g$ towards 2.85 nm at 10 ns. Cag
Ad showed an equilibrium $R_g$ value of 3.12 nm up to 4.0 ns, then the structure showed a gradual increase of $R_g$, reaching 3.20 nm at 8.0 ns followed by equilibrium towards 10 ns. Whereas for Cag Ae an average $R_g$ value of 3.10 nm was recorded with small fluctuations. The above results demonstrate that the radius of gyration ($R_g$) values were higher for protein–ligand complexes when compared with unbounded Cag A. Hence, it is evident that the binding of ligands with Cag A might have caused a marked alteration in the microenvironment of the Cag A protein, leading to conformational changes in the protein structure. The results indicate that compound 3 shows significant inhibition of Cag A with a higher $R_g$ value of 3.12 nm when compared with the reference antibiotic amoxicillin which showed an average $R_g$ value of 3.0 nm during the 10 ns of MD simulations (Fig. 8A). Protein and solvent interactions were also quantified for the unliganded Cag A as well as liganded Cag A during 10 ns of MD simulation (Fig. 8C).

**Protein–ligand interactions during MD simulations**

The ligand interactions with the active site amino acid residues of Cag A, viz. Cag A–compound 1, Cag A–compound 2, Cag A–compound 3 and Cag A–amoxicillin, were analyzed during the 10 ns MD simulations.

The H-bond profile of compound 1 exhibits two H-bonds, one is stable and another one is weak throughout the 10 ns MD simulation. It is evident that different amino acid residues, such as Lys, Phe and Asn, have developed H-bond interactions with compound 1. Among these, the carbonyl oxygen of Phe277 forms one stable bond with the hydrogen atom of compound 1 by donating an electron pair with a 1.85 Å bond length. Compound 1 also formed one weak H-bond with the ND of Asn405 by accepting an electron pair with a 3.19 Å bond length.

Compound 2 forms 2~3 H-bonds, among them one is stronger and the other two are weaker. Compound 2 forms one H-bond with the carbonyl oxygen of Ser271 by donating an electron pair with a bond length of 1.56 Å, compound 2 also
Fig. 9  Snapshots of the docking pose of compound 3 (A) and the total H-bond intensity at various time intervals in the 10 ns complex MD simulations with Cag A (B). Docking pose of the reference drug amoxicillin the with H-bond profile plot (C). Black squares indicate the presence of H-bond and white ones correspond to the absence of H-bond throughout the time scale of 10 ns MD simulations.
forms two bonds with ND and NH of Asn405 and Arg413 by donating an electron pair with bond lengths of 2.98 and 2.92 Å, respectively.

Compound 3 forms 2–4 H-bonds with the amino acids histidine, lysine, phenyl alanine, arginine and aspartic acid. Among them 2 bonds are stronger and 2 bonds are weaker during the 10 ns MD simulations (Fig. 9A and B). Compound 3 forms one H-bond with the carbonyl oxygen of His272 by donating an electron pair with a bond length of 1.81 Å, another H-bond with the carbonyl oxygen of Lys729 by donating an electron pair with a bond length of 1.72 Å. Compound 3 also forms one weaker H-bond with the carbonyl oxygen of Phe277 by accepting an electron pair with a bond length of 2.68 Å.

The reference antibiotic amoxicillin forms 3–5 H-bonds with the amino acids lysine, phenyl alanine, alanine and asparagine. Among them, 2 bonds are stronger and 3 are weaker throughout the 10 ns MD simulations (Fig. 9C). Amoxicillin forms one H-bond with the carbonyl oxygen atom of Lys729 by donating an electron pair with a bond length of 1.49 Å. Another H-bond with the nitrogen atoms of Phe277 by accepting an electron pair with a bond length of 2.44 Å. Based on the present computational experiments on Cag A, we found that the observed binding energies and dock scores of the compounds and the antibiotic amoxicillin towards Cag A have shown significant correlation with the results obtained through bioassays. Hence, the present in silico investigation has demonstrated that the docked conformers of compounds (1–3), the positive drug AHA and amoxicillin were able to adapt a suitable orientation and H-bond interactions with the binding pocket residues, viz., KCx219, Asp223, His274, Arg338 and Asp362 of Hp urease and Ala535, Phe537, Lys539, Ala541, Asn625 and Arg625 of Cag A respectively.

4. Conclusions

In conclusion, the flavonoid compounds 1, 2 and 3 from S. alternifolium significantly inhibited the growth of H. pylori by eradicating the colonization with AGS cells during its infection, determined through time dependent kinetic analysis, and also they have also shown marked urease inhibition. Furthermore, we have carried out computational studies using 2D QSAR, molecular docking and MD simulations on these compounds against urease and Cag A which are involved in the pathogenesis.

The results of the in vitro experiments reveal that compounds 2 and 3 have exhibited significant anti-H. pylori activity as evidenced by the time dependent kinetic analysis of the urease inhibition. Whereas compound 1 has shown moderate inhibition when compared with amoxicillin. The 2D QSAR studies on these compounds have shown that the predicted pIC50 values of the compounds have acceptable correlation with the experimental values from the generated regression and principal component analysis (PCA) plots. Docking and binding energy calculations on these compounds reveal the highest dock score against target proteins. Furthermore, the MD simulations of these protein–ligand complexes have demonstrated the conformational changes of ligand binding with active site residues and their molecular interactions. These might have been caused by the destabilization of the activity profile, as evidenced by the comprehensive analysis of the dynamic trajectories and H-bond profiles during the 10 ns MD simulations. Hence, the present investigation helps to screen a new class of antibiotics from natural product remedies against H. pylori infections with improved efficacy, specificity and fewer side effects.

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References


