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A novel 5-FU/rGO/Bce hybrid hydrogel shell on a tumor cell: one-step synthesis and synergistic chemo/photo-thermal/photodynamic effect†

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In this study, a novel drug-loaded inorganic nanoparticle–biomolecule hybrid hydrogel shell containing fluorouracil (5-FU)/reduced graphene oxide (rGO)/*Brassica chinensis* extract (Bce) on tumor cells was firstly constructed through a facile one-step method. The Bce stems from a natural green vegetable for improving the bio-compatibility of 5-FU/rGO/Bce hydrogel and presents multi-functions in this system. As both a reducing and a cross-linking agent for GO, Bce is beneficial for the fast formation of a rGO/Bce hybrid hydrogel at body temperature (37 °C) before laser irradiation, as well as being an excellent photo-sensitizer for inducing the generation of cytotoxic singlet oxygen (¹O₂) to kill tumor cells by means of laser radiation. The rGO in the hybrid hydrogel possesses photothermal characteristic for the hyperthermia antitumor. After loading anticancer drugs, the formed 5-FU/rGO/Bce hybrid hydrogel shells encapsulated on the tumor cells *in situ* exhibit three competitive advantages, *i.e.*, retaining the high concentration of drugs around tumor cells to enhance the localized antitumor effect, reducing the side effects by hindering drugs from migrating to normal tissue, and displaying effectively synergetic chemo/photo-thermal/photodynamic therapies. This study provides a new strategy to exploit the multi-functions of hybrid hydrogel materials for effective biomedical applications.

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1. Introduction

The traditional drugs or treatments for cancer are extremely invasive to the human body, such as the large amount of pain of cancer patients through chemotherapy (CT), which could cause multiple complications, including hair loss, anemia and infertility at the same time.^{1,2} Therefore, new therapies that do not affect a wide range of body parts and only the cancer cells must be developed, which would be a significant improvement in the field of cancer research.^{3,4}

In recent years, some highly effective anti-cancer therapies with few or minimal undesired toxic effects have been studied, such as photo-thermal therapy (PTT) and photodynamic therapy (PDT). PTT^{5–8} with little damage from the near infrared (NIR) laser to the human body and a short treatment time of a matter of minutes could reduce the pain experienced by sufferers. However, PTT could hardly be used alone for cancer treatment due to the limited lethality. On the other hand, PDT^{9–13} exhibits good selectivity and can be repeated, which does not affect the

function of the hematopoietic and immune system. Nevertheless, improper selection of the photo-sensitizer can also cause adverse reactions of light allergy, such as a local skin rash or blisters.^{14–17} According to the above proposed obstacles, we aim to construct a suitable hydrogel carrier containing a photo-thermal agent and a photo-sensitizer combined with chemotherapeutic drugs on tumor cells for an effective and localized therapy, which proceeds in the following three main aspects.

Firstly, graphene oxide (GO)-based hydrogel,^{18,19} a kind of new material developed in recent years, has excellent mechanical properties and biocompatibility. The edge of the GO nanosheet is rich in carboxyl, hydroxyl and epoxy groups, which are very easy to directly combine with hydrophilic drugs. At the same time, the sp² conjugate region of the GO surface layer can also provide a platform for the loading of hydrophobic drugs,^{20,21} so the GO-based hydrogel can be used as a commendable drug carrier. In addition, GO and its chemical derivatives possess a certain photo-thermal conversion ability and also can be used in the PTT.^{22–24}

Then, the direct synthesis of multi-function biological medicine by using natural products instead of noxious chemicals, is a current research trend in the biological medicine field. For this purpose, our daily vegetables (or their extracts) are a great choice. For example, our group has used pepper extract to prepare Se and Ag nanoparticles;²⁵ some research groups^{26,27} use fresh alfalfa, lemon grass and citronella geranium leaves to synthesize gold

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and silver nanoparticles through a one-step method. Our group has also previously used amaranth extract (ARE) to prepare a GO-based hydrogel.²⁸ In this work, *Brassica chinensis*, a traditional green vegetable grown in China and Southeast Asia, has a long history of cultivation and mature cultivation techniques, and is not limited by the seasons compared to ARE, which was chosen as the novel raw material of cross-linking and reducing agent to prepare GO-based hydrogel through a one-step and facile method. In addition, Bce possesses extremely plentiful biomolecules containing chlorophyll, amino acids, sugars, vitamin C (Vc), folic acid and enzymes,^{29–31} which could transform the GO into reduced graphene oxide (rGO) along with the formation of a rGO/Bce hydrogel network through the main driving forces of redox, hydrogen bonding, π - π interaction, or electrostatic interaction between GO and Bce.^{28,32} In addition, Bce also can be used as a photo-sensitizer due to the enriched chlorophyll, leaf protein and reduced amino acids encapsulated in the hydrogel, which induced the release of singlet oxygen ($^1\text{O}_2$) under laser irradiation for the realization of PDT. This idea and practice has not been reported before.

Finally, recent research shows that a synthetic cell shell³³ that simulates other biological natural shell-like cocoons, diatoms, egg, *etc.*,^{34,35} has important significance and broad application prospects in the aspect of cell protection, storage, transportation and treatment. Inspired by these, to synthesize a smart drug loaded shell on the surface of the specific cancer cell is a novel idea for the application of tumor therapy with a high efficiency and low toxicity.

In our work, we report a convenient and green route for the three-dimensional self-assembly of GO nanosheets with Bce and 5-FU chosen as a model anticancer drug, and a novel multifunctional 5-FU/rGO/Bce hybrid hydrogel shell formed *in situ* on the cancer cells. In this hybrid hydrogel shell, the high concentration of drugs could be retained around tumor cells through the fast gelation of 5-FU/rGO/Bce at body temperature (37 °C) to enhance the effect of localized antitumor through synergetic chemo/photo-thermal/photodynamic therapy. This study provides a new strategy to exploit multi-functions of hybrid hydrogel materials for effective biomedical applications.

2. Experimental

2.1 Materials and methods

Fresh *Brassica chinensis* (Voucher specimen number 01232-012) was purchased from Hefei, Anhui (P. R. China). Graphite flakes and vitamin C (Vc) were purchased from Aladdin Chemical Reagent Co. (P. R. China). 1,3-Diphenylisobenzofuran (DPBF) was obtained from Acros Organics (Geel, Belgium, NJ). Fluorouracil (5-FU), *n*-dodecyl- β -D-maltoside (β -DM), 2,2,6,6-tetramethylpiperidine (TEMP), trimethylglycine (tricine), 3-(4,5-dimethyl-2-thiazolyl)-2-5-diphenyl-2*H*-tetrazolium bromide (MTT), Hoechst 33342 and propidium iodide (PI) were purchased from Sangon Company Limited (Shanghai, P. R. China). HeLa cells, immortal human cervical cancer cells used in scientific research and derived from Henrietta Lacks, and Chinese hamster ovary (CHO) cells were both obtained from Key Laboratory of Ecological Engineering and Biotechnology, School of Life Science, Anhui

University (Hefei, P. R. China). Concentrated sulfuric acid (H_2SO_4 , 96%), hydrochloric acid (HCl), potassium permanganate (KMnO_4), sodium nitrate (NaNO_3), hydrogen peroxide (H_2O_2 , 30%), *etc.*, were acquired from Chemical Shanghai Reagent Co. (P. R. China). All chemical reagents were of analytical grade and were used without further purification. Deionized (DI) water was gained from a Milli-Q water purification system and used for the experiments.

UV-Vis spectra of samples were obtained on a U-3900 UV spectrophotometer (Hitachi, Japan) in the range of 200–1000 nm. Scanning Electron Microscopy (SEM) images were taken by using an S4800 scanning electron microscope operated at 5 kV. X-ray Diffraction (XRD) patterns were performed on an XD-3 X-ray diffractometer using a Cu-K α radiation source ($\lambda = 1.5418 \text{ \AA}$). The atomic force microscopy (AFM) images were obtained by using a Veeco Multimode 8 scanning probe microscope in the tapping mode. Fourier transform infrared (FT-IR) spectra were acquired using a NEXUS-870 spectrophotometer (Thermo Fisher, USA, frequency range from 4000 to 500 cm^{-1}) with a KBr pellet. Electron spin resonance spectroscopy (ESR, BRUKER E500) was carried out with microwave frequency of 9.78 GHz, modulation frequency of 100 kHz, microwave power of 10 mW, modulation amplitude of 1 G, time constant of 40 milliseconds, field sweep of 100 G and center field of 3480 mT. Fluorescence images were recorded on a DMI3000B inverted fluorescence microscope (Leica, German). IR thermal imaging was performed with an IR thermal camera (Fluke, Everett, WA). Raman spectra of the samples were obtained using a Jobin Yvon Lab Ram HR 800 equipped with a 532 nm laser (Renishaw, UK). The OD values of MTT assay were measured by a RT-2100C spectro-photometric micro-plate reader (Rayto, Shenzhen, P. R. China). The chromatograms were obtained by high performance liquid chromatography (HPLC) equipment that consisted of a Waters Delta 600 solvent delivery system, a Waters 717 plus Autosampler, a Waters 2998 Photodiode array detector, a Waters 600 controller and a data acquisition/processing computer with EmpowerTM software (Waters, Milford, MA), and the analyses were performed in a SinoChrom ODS-BP 5 PoChrom OD (4.6 \times 250 mm) at ambient temperature with a mobile phase of phosphoric acid/methanol (98 : 2, v/v) at a flow rate of 1.0 mL min^{-1} . The injection volume was 20 μL . On-line UV spectra were recorded in the range of 190–600 nm and the λ 242 nm trace was used for the calculation of peak areas for all the samples.

2.2 Preparation of the GO and Bce

GO was prepared from graphite powder by a modified Hummers method following the literature procedure.³⁶ Fresh and green *Brassica chinensis* was cleaned and soaked in DI water for 1 h, followed by keeping in a cool and dry place, protected from light. Subsequently, the dry and chopped *Brassica chinensis* was put into a juicer for squeezing juice and then centrifuged at 4500 rpm for 10 min. Finally, the emerald green supernatant as Bce was collected and preserved in the dark for further use. The concentrations of as-prepared GO and Bce were both obtained by a drying and weighing method.



2.3 Preparation of the rGO/Bce hybrid hydrogel

The optimal conditions for the formation of an ideal rGO/Bce hybrid hydrogel were explored. (1) Different concentrations of GO (2, 4, 6, 8 mg mL⁻¹) or Bce (5.7, 11, 17, 34 mg mL⁻¹) for the various gelation time were tested. (2) Different mixed volume ratios of GO to Bce ($V_{GO} : V_{Bce}$ of 0.5 : 1, 1 : 1, 1.5 : 1 or 2 : 1) at different temperature (25 °C or 37 °C) for the various gelation states were investigated.

2.4 Measurement of ¹O₂ generation and photo-thermal effect

The generation of ¹O₂ was determined by monitoring the change of the absorption at 410 nm of DPBF before and after reaction. Briefly, DPBF (1 mL, 0.196 mg mL⁻¹) was mixed with 1 mL of various samples (GO, Bce or rGO/Bce), and 2 mL of the mixture was taken out for the measurement of the absorption intensities at 410 nm with a 650 nm laser at predefined time points (0 s, 5 s, 10 s, 15 s, and 20 s) using a UV-3900 spectrophotometer.

In addition, the generation of ¹O₂ could be also tested by an ESR method. β-DM (5.2 mg), TEMP (249.5 mg) and Bce (1.5 mg) were mixed with a tricine-NaOH buffer solution (50 mL, 50 mmol L⁻¹, pH 8.0) to the prepare sample. For the specific experimental methods, refer to our previous work.²⁸ The corresponding ESR spectra of Bce were recorded after illumination with a 650 nm red laser for 30 min. The experiments were independently repeated at least three times.

1 mL of DI water or rGO/Bce dispersion was added in a small bottle and then irradiated with an 808 nm NIR laser at a power density of 1.0 W cm⁻² at regular time intervals (1 min). The infrared (IR)-thermal images and photo-thermal heating curves of the above samples were collected by a Fluke Ti32 thermal IR camera for investigating the photo-thermal effect of the rGO/Bce hybrid hydrogel.

2.5 Loading of 5-FU in rGO/Bce

1 mL of 5-FU (1.0, 2.0 or 4.0 mg mL⁻¹) was added into the GO dispersion (4 mL, 8 mg mL⁻¹) with vigorous stirring, followed by the addition of a Bce dispersion (1 mL, 34 mg mL⁻¹) to get 5-FU/rGO/Bce. The centrifugal supernatant liquid was analyzed by UV-Vis spectroscopy after centrifugation at 8000 rpm. The amount of the loaded 5FU (loading efficiency, L.E., %) was obtained by formula (1).

$$\text{L.E. (\%)} = \frac{\text{amount of loaded 5FU}}{\text{original amount of 5FU}} \times 100\% \quad (1)$$

In addition, the effect of different volume ratios of 5-FU (2.0 mg mL⁻¹) loaded in GO to Bce ($V_{5-FU/GO} : V_{Bce} = 0.5 : 1, 1 : 1, 1.5 : 1, \text{ and } 2 : 1$) on the formation of the 5-FU/rGO/Bce hydrogel at room temperature (25 °C) and body temperature (37 °C) were studied.

2.6 5-FU release experiments

Various amounts of 5-FU with the concentrations of 1.0, 2.0 or 4.0 mg mL⁻¹ released from 5-FU/rGO/Bce was performed in

phosphate buffer (pH 7.4) at 37 °C. 5-FU/rGO/Bce was transferred into dialysis bags (MWCO 14 000 Da) and then submerged into 10 mL of phosphate-buffered saline (PBS) at 37 °C under continuous shaking. The drug released from the dialysis membranes into the PBS solution was collected at different time durations for analysis. The concentration of released 5FU was measured by UV-Vis absorption spectroscopy. All the release experiments were performed in triplicate. The release percentage (R.P., %) of 5FU was calculated according to formula (2).

$$\text{R.P. (\%)} = \frac{\text{amount of 5FU released}}{\text{amount of encapsulated 5FU}} \times 100\% \quad (2)$$

2.7 Cell viability assay

HeLa cells and CHO cells were seeded at a density of 5×10^3 cells per well into 96-well plates and incubated for 24 h (37 °C, 5% CO₂). The various samples (rGO/Bce and 5-FU/rGO/Bce) with specific concentrations were added to the plates, and incubated for a further 24 h. Some of the plates were kept in the dark, while others were exposed to laser light. The plates were returned to the incubator for 6 h (37 °C, 5% CO₂), and the cell viability was determined by MTT assay.^{28,37} All the experiments were repeated six times.

2.8 Fluorescence microscopic images

Fluorescence microscopic images were used to demonstrate the formation of a hydrogel shell on the surface of HeLa cells and the *in vitro* antitumor activities of the samples. HeLa cells were seeded at a density of 5×10^4 cells per well in 6-well plates and incubated for 24 h (37 °C, 5% CO₂). After preparation, 3 mL of fresh DMEM medium containing 0.6 mL of various samples was added into each well. For the laser light group, the plate was incubated for 6 h and exposed to laser light for 10 min. For the dark group, the plate was also incubated for 6 h but without irradiation. Then, HeLa cells were stained with 0.5 mL of Hoechst 33 342 (10 μg mL⁻¹) or 0.5 mL of PI (10 μg mL⁻¹) for 15 min in the darkness. Dual fluorescence-stained cultures were washed and the cells were observed and imaged using an inverted fluorescence microscope. All the experiments were carried out in triplicate.

To study the cellular uptake ability of 5-FU/rGO/Bce, HeLa cells (5×10^4 per well) were seeded in 6-well plates and cultured in medium for 24 h (37 °C, 5% CO₂). After complete adhesion, the cells were washed twice with serum-free medium. Then, 3 mL of fresh serum-free medium containing 1 mL mixture of 5-FU/rGO/Bce sol and fluorescein isothiocyanate (FITC)-dextran (1 mg mL⁻¹) was added and incubated at 37 °C for 1 h. The remaining steps are similar to our previous work.^{28,37}

3. Results and discussion

3.1 Synthetic condition exploration and characterization of rGO/Bce hybrid hydrogel

At the beginning of the experiment, we attempted to prepare novel and ideal rGO/Bce composites which could be preserved in the sol state at room temperature (25 °C) and transformed into a stable hydrogel quickly at body temperature (37 °C). Fig. 1 reveals the



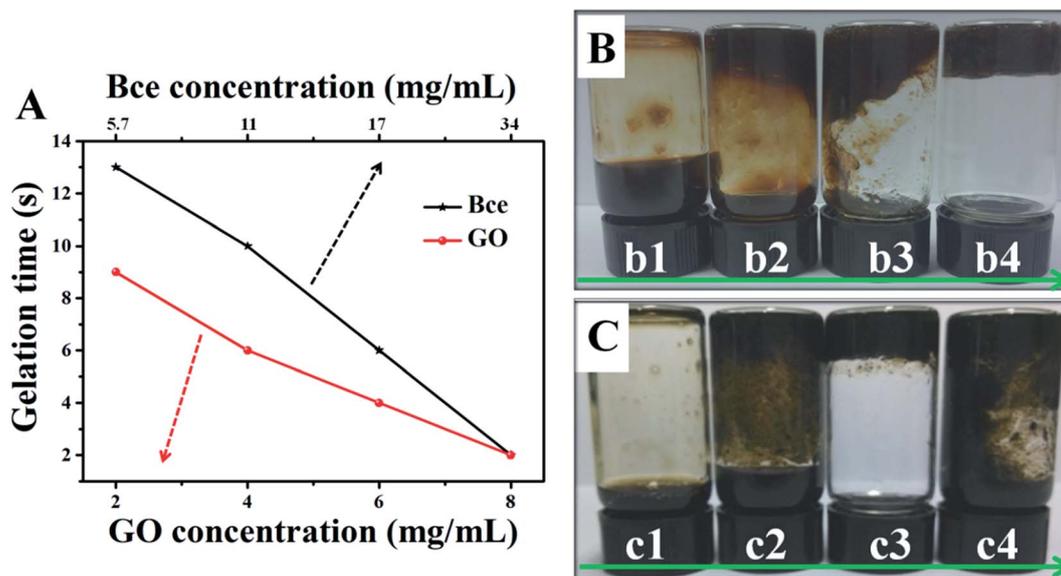


Fig. 1 (A) Effects of GO or Bce mass concentrations on the gelation time of rGO/Bce at 25 °C. Digital photos of rGO/Bce hybrid sol or hydrogel with different initial mixed $V_{GO} : V_{Bce}$ at (B) 25 °C and (C) 37 °C (before mixing, the concentrations of GO and Bce are 8 mg mL⁻¹ and 34 mg mL⁻¹, respectively). The $V_{GO} : V_{Bce}$ from (b1) or (c1) to (b4) or (c4) are 0.5 : 1, 1 : 1, 1.5 : 1, and 2 : 1, respectively).

effects of GO or Bce concentrations, $V_{GO} : V_{Bce}$ and temperature on the gelation time and the state of rGO/Bce hydrogel. From Fig. 1A, it is seen that the mixed systems have various gelation times with a change of the concentration of GO or Bce. While the GO mass concentration increased from 2 to 8 mg mL⁻¹ (Bce mass concentration was constant, 34 mg mL⁻¹), the gelation time decreased from 9 to 2 s. Similarly, when the Bce mass concentration increased from 5.7 to 34 mg mL⁻¹ with the GO mass concentration (8 mg mL⁻¹) unchanged, the gelation time varied from 13 to 2 s. These results demonstrate that an increase of GO or Bce amount would be beneficial for the formation of the hydrogel. Based on the above experimental results, GO with a mass concentration of 8 mg mL⁻¹ or Bce with a mass concentration of 34 mg mL⁻¹ was chosen for further experiment. From Fig. 1B and C, we can see the digital photos with different initial $V_{GO} : V_{Bce}$ at different temperatures. Obviously, the initial $V_{GO} : V_{Bce}$ also has an important effect on the production of hydrogel. We found that the optimum $V_{GO} : V_{Bce}$ is 0.5 : 1 (corresponding to the mass concentration ratio of 2 : 17) for the formation of a flowable rGO/Bce sol at 25 °C (Fig. 1B-b1) and 1.5 : 1 (corresponding to the mass concentration ratio of 6 : 17) for the formation of a fixed rGO/Bce hybrid hydrogel at 37 °C with the best morphological stability (Fig. 1C-c3). Thus, we could choose the relatively appropriate $V_{GO} : V_{Bce}$ in the range of 0.5 : 1 to 1.5 : 1.

The fast gelation of rGO/Bce may be ascribed to the strong interaction between GO and Bce, including amide bond, π - π stacking, hydrogen bonding, electrostatic attraction, *etc.*, accompanied by the reduction of GO to rGO contributed to by a vitamin such as Vc or reducing amino acids in Bce, which was confirmed by following the XRD patterns, FTIR spectra, Raman spectra, HPLC chromatograms and so on.

Fig. 2A gives the XRD patterns of GO (a), Bce (b) and rGO/Bce (c) hybrid hydrogel, respectively. As shown in Fig. 2A-a, pure GO reveals a sharp (002) diffraction peak at 2θ of 11.33°, relating to

a layer-to-layer stacking distance of 7.82 Å.³⁸ Fig. 2A-b shows the XRD pattern of the Bce, demonstrating that bio-molecules in Bce are amorphous. The broad (002) diffraction peak around 27.24° that appears in Fig. 2A-c indicates that the interlayer distance of rGO/Bce decreased to 3.34 Å, suggesting an ample reduction of GO by Bce.

The FT-IR spectra of GO, Bce, and rGO/Bce hybrid hydrogel are shown in Fig. 2B-a-c, respectively. In the case of GO (Fig. 2B-a), an intense and broad band is observed at about 3200–3400 cm⁻¹ due to the O–H stretching vibrations arising from hydroxyl groups in GO. The absorption at 1725 cm⁻¹ is the characteristic band of C=O groups in carbonyl and carboxyl moieties. The three characteristic absorbance peaks of Bce at 1636, 1520 and 1246 cm⁻¹ in Fig. 2B-b are assigned to the C–O stretching vibration of –NHCO– (amide I), the N–H bending vibration of –NH₂ (amide II) and the C–N bending vibration of –NHCO– (amide III),^{25,39} indicating the existence of proteins in Bce. The bands at 1079 cm⁻¹ and 1400 cm⁻¹ could be attributed to the C–O–C group of chlorophyll, reducing vitamin (Vc) and polypeptide amino acid, *etc.* After GO was mixed with Bce, the FTIR spectrum of the obtained rGO/Bce hybrid hydrogel from Fig. 2B-c reveals the disappearance of the –COOH group of GO at 1725 cm⁻¹, and the broadening of the amide I band at ~1636 cm⁻¹. Meantime, the peak intensity of the acetylated amino group –NHCO– (amide II and amide III) decreased. The above peak changes disclose that there were strong interactions between the polar groups of GO and Bce, which act as crosslink agents for the reduction of GO and the formation of the rGO/Bce hybrid hydrogel.

The Raman spectra of GO and the rGO/Bce hybrid hydrogel are shown in Fig. 2C, which could further demonstrate the reduction of GO and successful fabrication of the rGO/Bce hydrogel. Two strong peaks at 1355 cm⁻¹ and 1593 cm⁻¹ assigned to the typical D and G bands of GO⁴⁰ are shown in



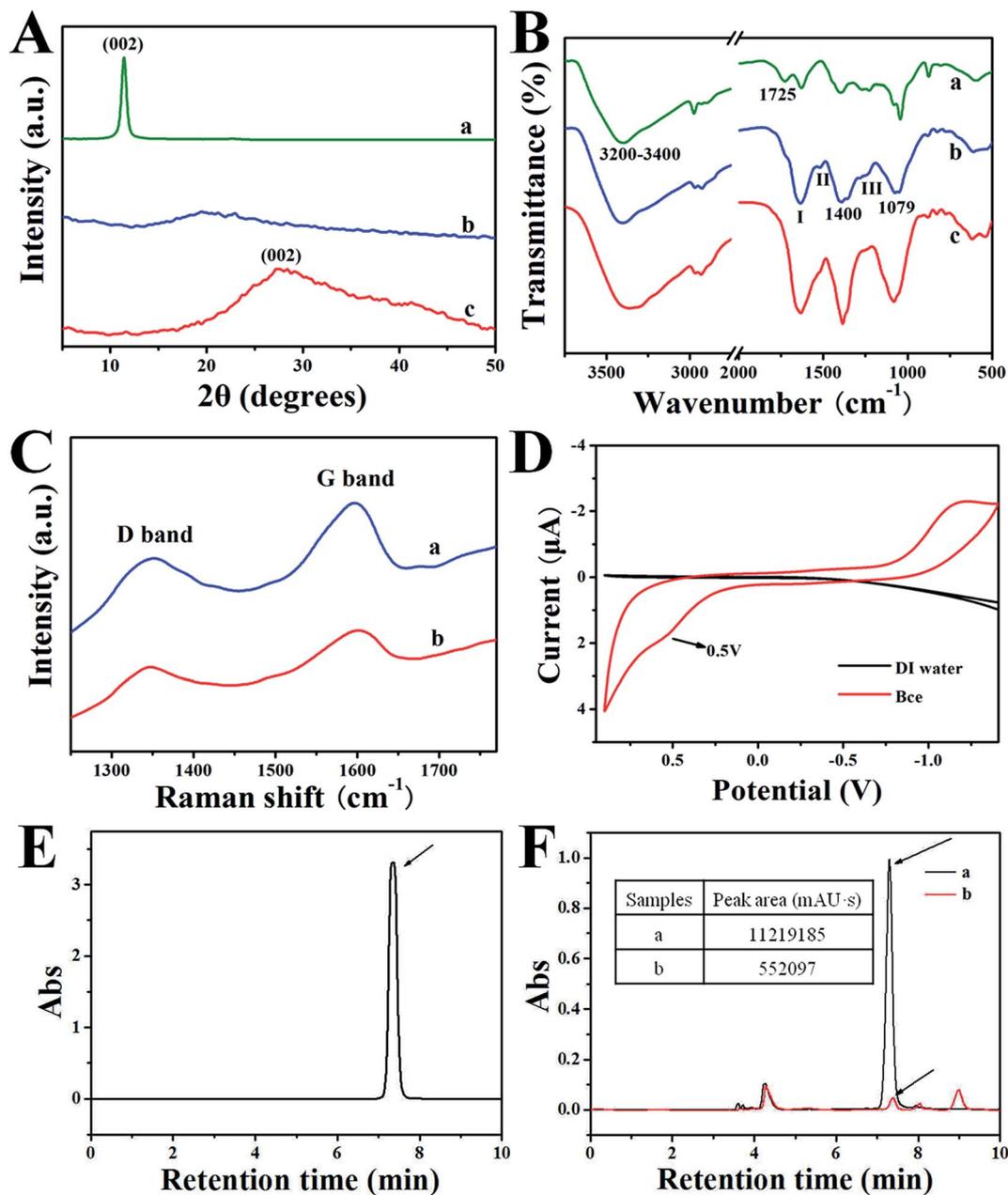


Fig. 2 (A) XRD patterns and (B) FT-IR spectra of GO (a), Bce (b) and rGO/Bce hydrogel (c). (C) Representative Raman spectra of (a) GO and (b) rGO/Bce hydrogel. (D) Cyclic voltammogram of Bce and pure water recorded at a scan rate of 0.02 V s^{-1} in the potential window between -1.50 and 0.90 V . (E) HPLC chromatogram of standard Vc. (F) HPLC chromatograms of (a) Bce and (b) rGO/Bce. The inset in (F) presents the peak areas of (a) Bce and (b) rGO/Bce. Arrows indicate the peaks from the Vc.

Fig. 2C-a. However, the corresponding two bands for the rGO/Bce hydrogel from Fig. 2C-b display a small red-shift to 1347 cm^{-1} and a small blue-shift to 1600 cm^{-1} .⁴¹ The spectral shifts could be ascribed to the disturbance of the GO structure caused by physical or chemical interactions between the epoxy, hydroxyl, and carboxyl moieties of GO and polar groups of Bce, such as the amino, carboxyl, acylamino and alkoxy groups. At the same time, the I_D/I_G value of the rGO/Bce hybrid hydrogel decreased from 0.81 to 0.78 in comparison with that of the GO (Fig. S1†). These results can be attributed to the processes of the relatively green and facile chemical reduction of GO compared

with solvothermal method⁴² and the strong bonding effect of GO and Bce.

We also examined the electrochemical behavior of Bce to determine the role of Bce as a reducing agent. Fig. 2D shows a typical cyclic voltammogram of the Bce, which was recorded at a scan rate of 0.02 V s^{-1} in the potential window between -1.50 and 0.90 V . It can be seen clearly from the black line in Fig. 2D that there is no redox activity at the Pt electrode in pure water in the potential range. However, an oxidation peak at the potential of about 0.50 V in the Bce can be seen,⁴³ indicating the occurrence of an oxidation reaction for Bce, which possibly arose



from the reducing activity of the hydrosulfuryl, hydroxyl and amino groups from vitamins such as Vc or reducing amino acids in the Bce. According to our investigations, Vc, as a strong reducing agent, has a similar electrochemical behavior to that of Bce (from a previous report).⁴⁴ Thus, we hypothesized that Vc may play a major role in the formation of a rGO/Bce hydrogel.

To further confirm the above speculation, a HPLC method was chosen to measure the changes of Vc content in Bce before and after the addition of GO. Fig. 2E shows an HPLC chromatogram of the Vc standard detected by the absorbance at 242 nm.⁴⁵ The retention time of the Vc was 7.3 min. A typical chromatogram of the Vc in Bce is also observed in Fig. 2F-a with a peak area of 11219185 mAU s. We can also see from Fig. 2F-a that the contents of other compositions in Bce are relatively much less than that of Vc. After the addition of a GO dispersion, the peak of Vc shown in Fig. 2F-b is greatly decreased compared with the peak area of 552 091 mAU s. Therefore, the reduction effect of Bce to GO is also demonstrated by the decrease in peak area of Vc detected at 242 nm. We can conclude that Vc played an important role in the formation of the rGO/Bce hydrogel.

By SEM observation (Fig. 3), we found that there were some obvious differences between the morphologies of GO and the rGO/Bce hybrid hydrogel. Fig. 3A shows a wrinkled paper-like morphology of GO. In addition, the AFM image of GO nano-sheets on the mica wafer is presented in Fig. S2-A,† showing that GO nanosheets have an irregular shape with the plane sizes in the range from tens to thousands of nanometers and an average thickness of ~ 1.3 nm (ref. 25) (Fig. S2-B†), which is the characteristic thickness of single-layer GO nano-sheets. Compared with pure GO, a 3-D porous network structure is found in the rGO/Bce hybrid hydrogel with an average pore size of ~ 30 μm (Fig. 3B and the corresponding inset (a)), which is attributed to the thicker layers of stacked GO nano-sheets through strong interactions between the GO and Bce.

3.2 Photodynamic and photothermal effect

As shown in Fig. 4A, the UV-Vis absorption spectra of GO, Bce, rGO/Bce and DPBF were measured for the exploration of rGO/Bce as a photodynamic agent. The peak of GO (black curve) at 233 nm corresponds to the $\pi \rightarrow \pi^*$ transition of the C=C bond. Bce (red curve) exhibits a characteristic absorption band of chlorophyll at 650–680 nm (ref. 46) and other components, such as Vc in Bce, could be attributed to the absorption band at 250–400 nm.⁴⁵ In the UV-Vis absorption spectrum of the rGO/Bce hybrid hydrogel (blue curve), we observe not only the

characteristic band of Bce, but also a change in the GO peak due to the reduction of GO, which confirms the presence of rGO and Bce in the hybrid hydrogel. The characteristic absorption peak of DPBF at 410 nm can be seen from the dark cyan curve in Fig. 4A, which is a non-overlapping peak compared with other reactants and available for monitoring the production of $^1\text{O}_2$.

The $^1\text{O}_2$ generation that may be induced by the GO, Bce and rGO/Bce systems is very important for PDT. DPBF reacts with $^1\text{O}_2$ irreversibly and undergoes a 1,4-cycloaddition reaction that is detected as a decrease in the absorption intensity of the DPBF at 410 nm.²⁵ The UV-Vis spectrum changes of the mixed GO/DPBF system are shown in Fig. 4B; it is seen that the DPBF absorption peak at 410 nm has no significant decline with laser irradiation (650 nm) for 20 s. However, we clearly observe that the absorption peak intensity of the Bce/DPBF (Fig. 4C) or rGO/Bce/DPBF (Fig. 4D) system at about 410 nm is rapidly weakened, demonstrating that $^1\text{O}_2$ was generated quickly and DPBF was consumed fast, suggesting that Bce/DPBF or rGO/Bce/DPBF used to determine the production of $^1\text{O}_2$ is available and the efficient generation of $^1\text{O}_2$ in the photosensitized process is mainly due to the contribution of Bce and not of GO. To further confirm the results of the DPBF experiments, ESR spin trapping spectroscopy for Bce was measured. $^1\text{O}_2$ can be measured by ESR because it can oxidize TEMPO to form the stable *N*-oxyl radical TEMPO. The characteristic symmetrical triplet of the paramagnetic TEMPO ESR spectrum⁴⁷ is obviously observed from Fig. 4E. The signal of $^1\text{O}_2$ production further indicates that Bce can be used in PDT. These results suggest that the rGO/Bce hybrid hydrogel can act as an effective photodynamic agent for the release of $^1\text{O}_2$ to kill tumor cells.

We also investigated the potential use of rGO/Bce as a photothermal agent. The red curve of rGO/Bce in Fig. 4F presents a rapid temperature increase during the initial irradiation for 4 min and a slow temperature variation from 4 to 10 min. The total temperature increase of rGO/Bce hydrogel is up to 17 $^\circ\text{C}$ within 11 min, whereas the water temperature increases by only 3 $^\circ\text{C}$ under the same laser exposure. The IR-thermal images of water and the rGO/Bce hybrid hydrogel exposed to the laser for 11 min are shown in insets (a) and (b) in Fig. 4F, which demonstrate the temperatures at 28 $^\circ\text{C}$ and 42 $^\circ\text{C}$, respectively. These results further confirm that the rGO/Bce hybrid hydrogel has a good photo-thermal effect and could serve as a synergistic platform for PDT/PTT with an efficient therapy.

3.3 Loading and release of 5-FU

The loading of 5-FU of different concentrations in a GO dispersion is demonstrated by the UV-Vis absorbance spectra of the samples (Fig. 5A), wherein the calibration curve (Fig. S3†) was obtained with 5-FU/HCl solutions at different 5-FU concentrations to calculate the L.E. As shown in Fig. 5A, the UV-Vis spectra of all the samples display a typical 5FU peak with different densities at 266 nm, which indicates the successful loading of 5FU in GO with different L.E.s through hydrophilic interaction or π - π cooperative interactions between 5FU and GO. The drug loading results show that the L.E. of GO for 5FU increased from 16.2% to 48.4% with increased 5-FU amounts

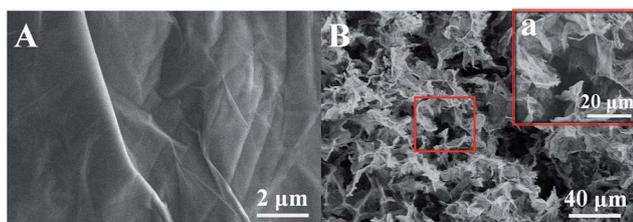


Fig. 3 SEM images of (A) GO and (B) the rGO/Bce hydrogel. Inset (a) in (B) is the corresponding partial high magnification version.



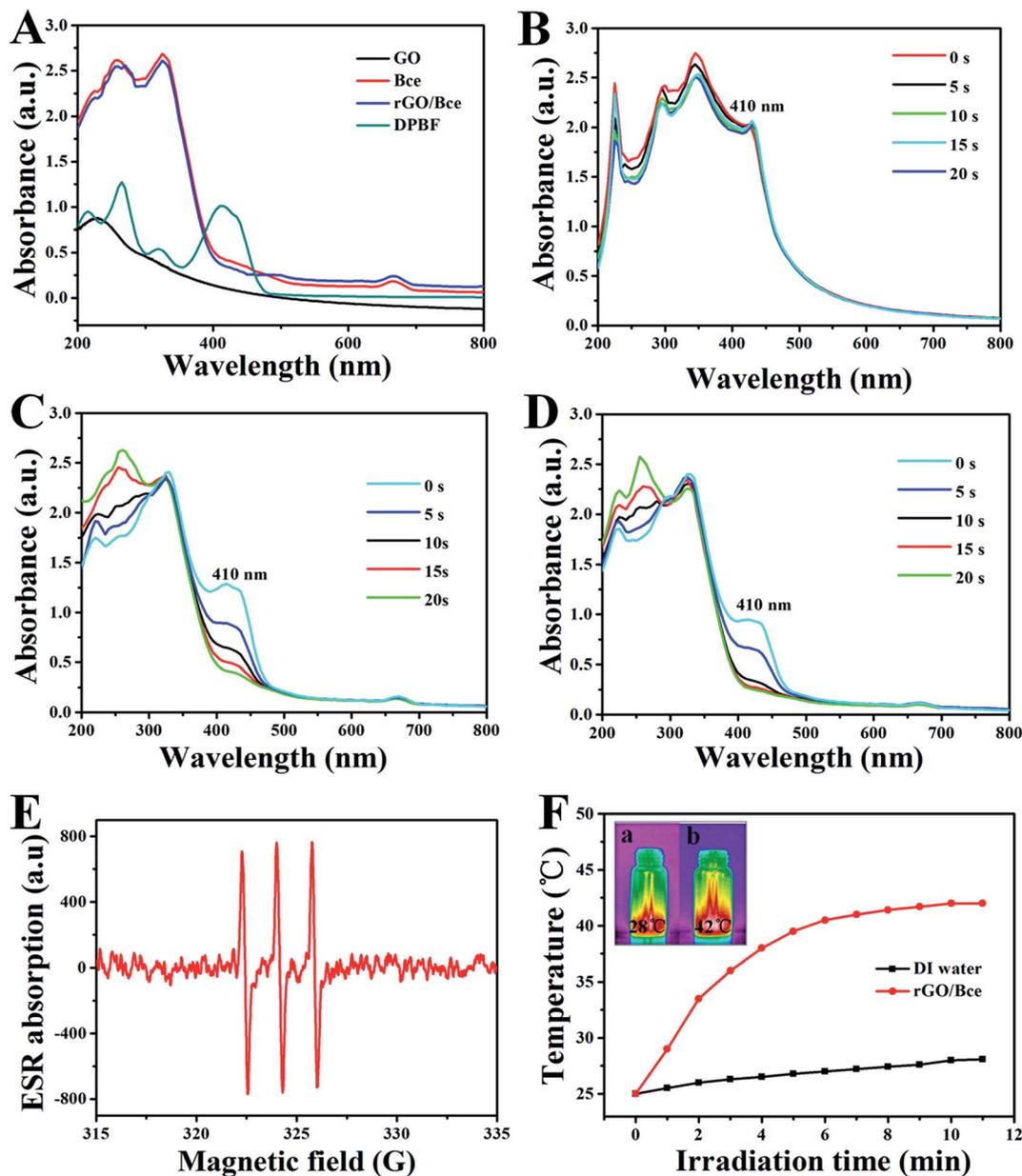


Fig. 4 (A) UV-Vis absorption spectra of GO, Bce, rGO/Bce and DPBF. Photobleaching of DPBF (0.196 g mL^{-1}) via the generation of $^1\text{O}_2$ in the presence of (B) GO, (C) Bce, and (D) rGO/Bce with different irradiation times at a wavelength of 650 nm. (E) ESR detection of $^1\text{O}_2$ for Bce. (F) Temperature changes of DI water and rGO/Bce with 808 nm laser irradiation at a power density of 1 W cm^{-2} for different lengths of time. The insets in (F) are the corresponding thermal infrared images of (a) DI water and (b) rGO/Bce after irradiation for 11 min under the same conditions.

from 1 to 4 mg mL^{-1} . For the hybrid hydrogel prepared with different 5-FU amounts, the *in vitro* release profiles of encapsulated 5-FU were investigated in phosphate buffer (pH 7.4) at $37 \text{ }^\circ\text{C}$, shown in Fig. 5B, which indicates a sustained 5-FU release behavior in every case. More importantly, the drug release rate is found to decrease with the increased 5-FU amount from 1 to 4 mg mL^{-1} , so it seems that the drug release behavior can be tuned easily by changing the amounts of 5-FU.

The initial volume ratio of $V_{5\text{-FU/GO}} : V_{\text{Bce}}$ was chosen to further investigate the influence of 5-FU loading on the stability of the hybrid sol or hydrogel. Fig. 6 reveals the state of the 5-FU/rGO/Bce hybrid sol or hydrogel with different initial

$V_{5\text{-FU/GO}} : V_{\text{Bce}}$ at room temperature ($25 \text{ }^\circ\text{C}$) and simulative body temperature ($37 \text{ }^\circ\text{C}$). Obviously, the optimum $V_{5\text{-FU/GO}} : V_{\text{Bce}}$ is 1.5 : 1 (corresponding to the mass concentration ratio of 6 : 17) for the formation of a 5-FU/rGO/Bce hybrid hydrogel at $37 \text{ }^\circ\text{C}$, which is similar to the results of Fig. 1. Comparing Fig. 1B or C with Fig. 6A or B, we can also find out that the loading of 5-FU to rGO/Bce has an inconspicuous effect on the stability of the 5-FU/rGO/Bce sol or hydrogel. Thus, we can directly inject the 5-FU/rGO/Bce sol with $V_{5\text{-FU/GO}} : V_{\text{Bce}}$ in the range 0.5 : 1 to 1.5 : 1 at room temperature into the lesion site to form a hydrogel through minimally invasive surgery at body temperature.



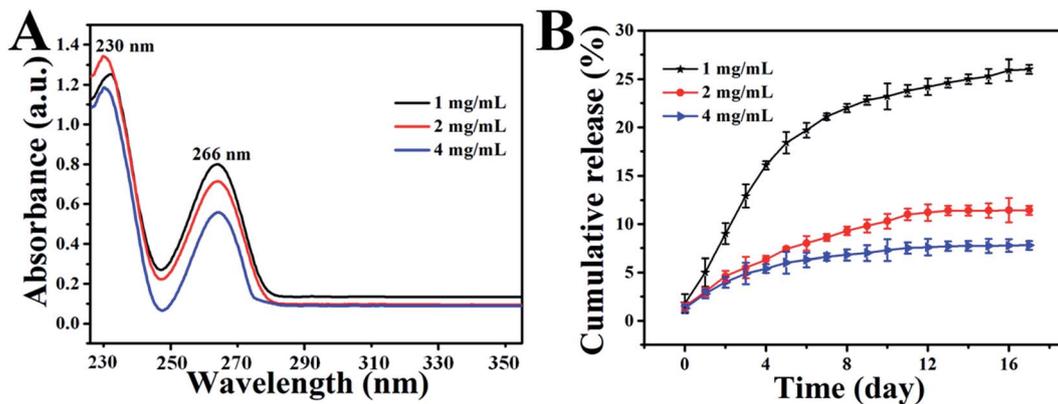


Fig. 5 (A) UV-Vis absorption spectra of 5-FU solutions of different concentrations after being loaded in a GO dispersion (8 mg mL^{-1}). (B) *In vitro* release profiles of loaded 5-FU from the 5-FU/rGO/Bce hybrid hydrogel prepared with different amounts of 5-FU in phosphate buffer (pH 7.4) at 37°C . Error bars are based on the standard deviation (SD) of triplicate samples.

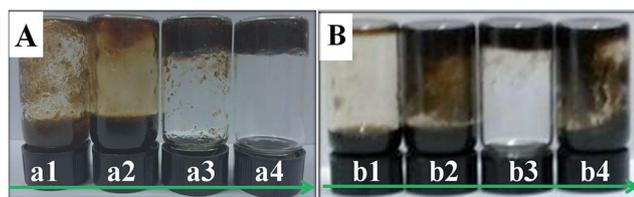


Fig. 6 Digital photos of the 5-FU/rGO/Bce hybrid sol or hydrogel with different initial mixed $V_{5\text{-FU/GO}} : V_{\text{Bce}}$ values at (A) 25°C and (B) 37°C (before mixing, the concentrations of the initial 5-FU, GO and Bce were 2 mg mL^{-1} , 8 mg mL^{-1} and 34 mg mL^{-1} , respectively. The $V_{5\text{-FU/GO}} : V_{\text{Bce}}$ from (a1) or (b1) to (a4) or (b4) are $0.5 : 1$, $1 : 1$, $1.5 : 1$, and $2 : 1$, respectively).

3.4 The formation and mechanism analysis of the hybrid hydrogel shell on the tumor cells

Combining the above experimental results, the formation process of the 5-FU/rGO/Bce hybrid hydrogel on the HeLa cell surface is illustrated in Scheme 1. The Bce as a crosslinking agent containing vitamins, multi-amino carbohydrates, amino acids or proteins can be combined with GO nanosheets through amide bond, hydrogen bonds, electrostatic attraction, *etc.*, and a reducing agent to reduce GO to rGO, which could be seen from the color change of the GO dispersion (brown) to rGO/Bce hydrogel (black). Firstly, a flowable 5-FU/rGO/Bce sol was fabricated at 25°C by stirring a mixture of 5-FU, GO and Bce. Subsequently, HeLa cells were cultured with the 5-FU/rGO/Bce sol at body temperature (37°C), and the stable hybrid hydrogel shells rapidly and easily formed on the surface of the cells *in situ*, which can both retain the concentration of chemotherapeutic drug (5-FU), photo-thermal agent (rGO) and photosensitizer (Bce) around the tumor cells, and prevent them from diffusing to normal tissue. Finally, the tumor cells are killed by the $^1\text{O}_2$ released from Bce and oxygen, the local increased temperature under NIR irradiation and 5-FU from the 5-FU/rGO/Bce hydrogel shell. The hybrid hydrogel shows prominent enhanced and synergistic antitumor effects with a combination of PDT, CT and PTT, and may be a potential

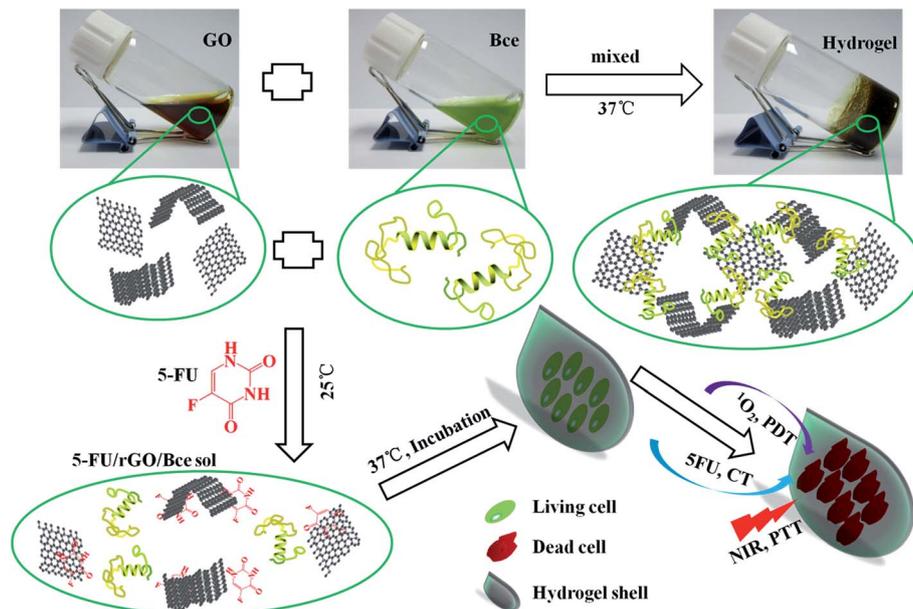
method for cancer treatment through successive and artificially controlled irradiation.

The formation of the hybrid hydrogel on the surface of HeLa cells *in situ* was investigated by optical microscope photos and fluorescence images (Fig. 7). The microscopic images of the HeLa cells in the absence or presence of 5-FU/rGO/Bce hybrid hydrogel encapsulation are shown in Fig. 7A and B. It can be seen from Fig. 7B that the surface of the HeLa cells is covered with a thin and semitransparent shell compared with those in Fig. 7A. Fig. 7C shows a fluorescence microscopy image of HeLa cells encapsulated with hydrogel shells stained by Hoechst 33342, and Fig. 7D presents the merged image of Fig. 7B and C. Thus, a firm and apparent hydrogel shell (indicated by red arrows) on the HeLa cells can be seen more clearly from Fig. 7D. The results indicate that the hydrogel shell can be easily and successfully formed on the HeLa cells *in situ*.

3.5 Cytotoxicity assay and uptake studies

The relative viabilities of HeLa cells and CHO cells cultured with rGO/Bce and the 5-FU/rGO/Bce hybrid hydrogel in the presence or absence of irradiation were examined *via* the standard MTT assay, as shown in Fig. 8. From Fig. 8A, as expected, the cell survival rates with all the samples show a downward trend as the concentration of the samples increased, indicating the dose-effect relation among them. When the dispersions of rGO/Bce and 5-FU/rGO/Bce were not diluted by culture medium with the concentration of *a* (34 mg mL^{-1}), the relative cell survival rates in the absence of irradiation were 95.3% and 86.5%, respectively. The above results indicate that rGO/Bce has low cytotoxicities and 5-FU can prompt the apoptosis of HeLa cells. However, after 5 minutes of sequential laser radiation, the relative viabilities of HeLa cells incubated with rGO/Bce and 5-FU/rGO/Bce hybrid hydrogel at the concentration of 34 mg mL^{-1} sharply decreased to 77.1% and 60.3%, respectively, revealing that the laser radiation can accelerate the death of HeLa cells due to the photodynamic effect of Bce and phototherapy of rGO, and the 5-FU/rGO/Bce hybrid hydrogel system can serve as a synergistic high-performance platform by





Scheme 1 Schematic diagrams of the fabrication process for the 5-FU/rGO/Bce hybrid hydrogel and the antitumor mechanism of the 5-FU/rGO/Bce hybrid hydrogel shell formed on the HeLa cells.

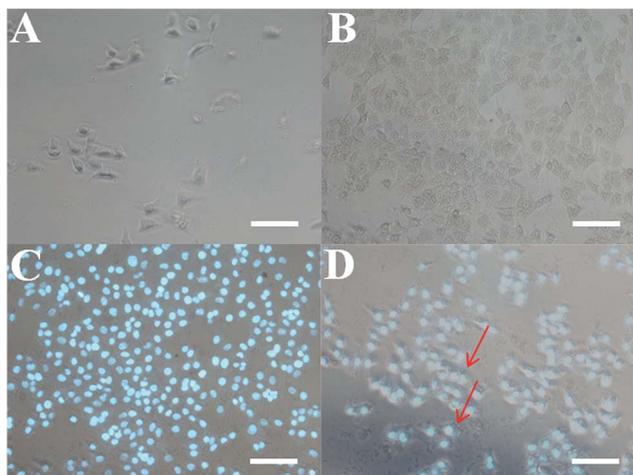


Fig. 7 Optical microscope images of (A) bare HeLa cells and (B) HeLa cells encapsulated with 5-FU/rGO/Bce hybrid hydrogel shells. (C) Fluorescence microscopy image of HeLa cells with Hoechst 33342 staining encapsulated with hybrid hydrogel shells. (D) Merged image of images (B) and (C); red arrows indicate hybrid hydrogel shells. The scale bars are 100 μm.

combining PDT, PTT and CT for cancer treatment. We also investigated the effect of samples to normal cells (CHO cells). From Fig. 8B, a similar dose dependent cytotoxicity behavior is observed on CHO cells, but the effect is smaller than that for HeLa cells, which also indicates that rGO/Bce is biocompatible with low cytotoxicity on normal cells. After irradiation for rGO/Bce, decreased viabilities of CHO cells were observed, indicating the similar anti-cell effect of PDT and PTT to CHO cells. However, for the 5-FU/rGO/Bce to CHO cells group, the side effects are smaller than those for the HeLa cells (Fig. 8A), which

may be attributed to the poor internalization ability of 5-FU/rGO/Bce into CHO cells with the absence of some receptor such as folate or an epidermal growth factor receptor on the CHO cell surface.⁴⁸ Obviously, the 5-FU/rGO/Bce is a promising injectable biomaterial and could rapidly form hydrogel shells around cancer cells through local injection to enhance the effect on a localized antitumor. The side effects for the normal tissues outside of the hydrogel shell would be reduced because the dense structure of hydrogel shell could hinder drugs from external leakage. As a result, the 5-FU/rGO/Bce could kill more cancer cells and reduce the damage to normal cells through the way of tumor injection.

Fluorescence images of HeLa cells under different conditions are shown in Fig. 9, which are used to further illustrate the bio-compatibility and antitumor activity of the hybrid hydrogel. For HeLa cells incubated with nothing or rGO/Bce without irradiation, cell deaths are both difficult to observe (essentially no red in Fig. 9A2 and B2) due to the favorable biocompatibility of the rGO/Bce hydrogel. Fig. 9C shows cells incubated with the 5-FU/rGO/Bce without irradiation; some cells appear stained by PI (red fluorescence in Fig. 9C2), indicating the toxicity of the released 5-FU from 5-FU/rGO/Bce, in agreement with the MTT results. More dead cells stained by PI (faint red fluorescence signals in Fig. 9D2) could be seen from the rGO/Bce experimental group with irradiation, which reveals that Bce and rGO irradiated by laser can induce the generation of $^1\text{O}_2$ and hyperthermia to kill HeLa cells together. Among Fig. 9C–E, the strongest red fluorescence images of HeLa cells incubated with 5-FU/rGO/Bce in the presence of laser irradiation can be observed in Fig. 9E2 and E3. Such a fact demonstrates that the antitumor effect of the 5-FU/rGO/Bce hybrid hydrogel under irradiation is much higher than that without irradiation, suggesting multimodel synergetic therapies, such as CT, PDT and PTT due to the coexistence of 5-FU, rGO and Bce, are superior to



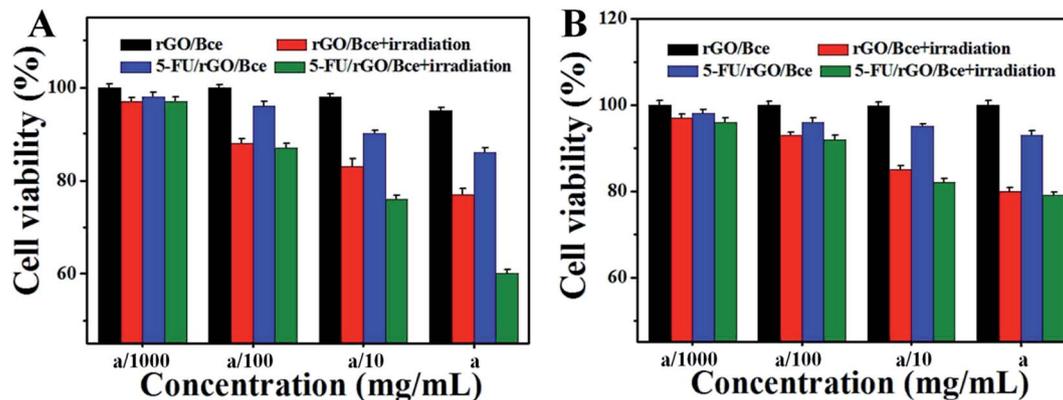


Fig. 8 Viabilities of (A) HeLa cells and (B) CHO cells in the presence of rGO/Bce and the 5-FU/rGO/Bce hybrid hydrogel with or without irradiation. The concentrations of Bce in rGO/Bce and in 5-FU/rGO/Bce are all a (34 mg mL^{-1}). Error bars are based on the standard deviation (SD) of triplicate samples.

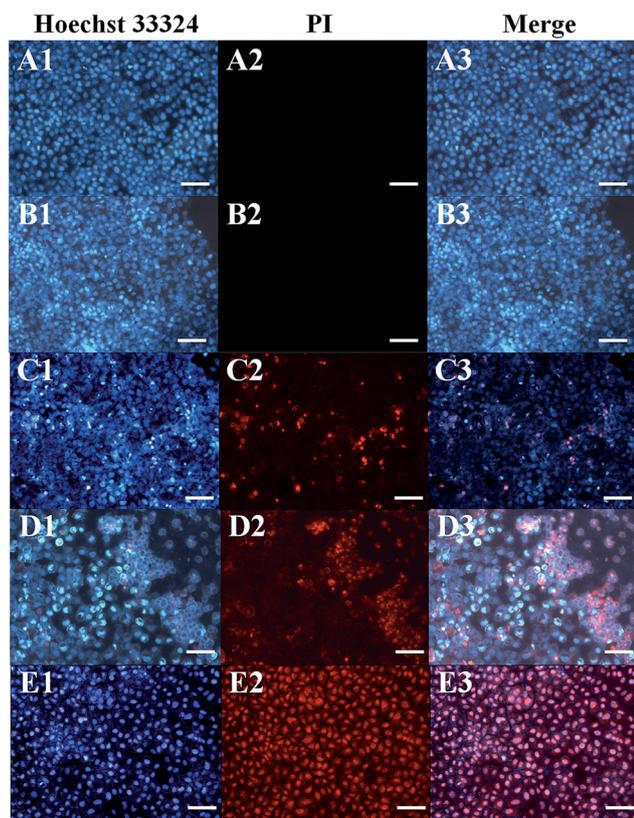


Fig. 9 Fluorescence microscopy images of HeLa cells incubated with (A) nothing, (B) rGO/Bce or (C) the 5-FU/rGO/Bce hybrid hydrogel without irradiation, and (D) rGO/Bce or (E) the 5-FU/rGO/Bce hybrid hydrogel after irradiation for 5 min. Each series can be classified by the cell nucleus dyed in blue by Hoechst 33342 (left), red by PI (middle) and the merged images of both the above (right). The scale bars are $100 \mu\text{m}$.

a single one for cancer treatment. As a result, the hydrogel system may be used in localized collaborative treatment for cancer.

FITC-dextran notation can monitor samples in and out of the cell membrane, so we use FITC-dextran to label the 5-FU/rGO/Bce hybrid hydrogel. Fig. 10A shows the image of

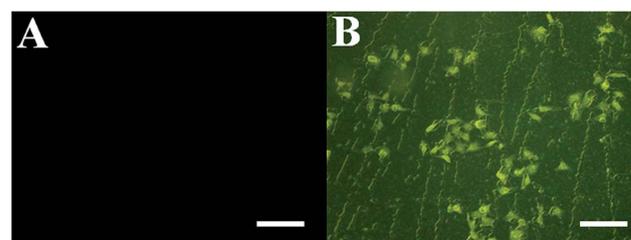


Fig. 10 Fluorescence microscopy images of (A) FITC-dextran with HeLa cells and (B) FITC-dextran labeled 5-FU/rGO/Bce hybrid hydrogel with HeLa cells. The scale bars are $50 \mu\text{m}$.

FITC-dextran with HeLa cells, there is almost no fluorescence within the cells. However, after incubation with the FITC-dextran-labeled 5-FU/rGO/Bce hybrid hydrogel, an intense green fluorescence is clearly visible in the entire cell with laser excitation (Fig. 10B). This contrast result could be explained by the multi-interactions (hydrogen bonding, van der Waals forces, hydrophobic interactions, *etc.*) between the 5-FU/rGO/Bce hybrid hydrogel and sugar chains or phospholipid molecules on the cell membrane, such that the 5-FU/rGO/Bce hybrid hydrogel can induce the destabilization of the lipid bilayer membrane and then act as a trans-membrane carrier to increase the internalization of 5-FU/rGO/Bce in the cells, which will be favorable for a dense distribution of drugs, including 5-FU, photosensitizers and photothermal agents, on lesions and hinder their migration to normal tissue at the same time, and thereby strengthen the therapeutic effect.

4. Conclusions

In the present study, a novel 5-FU/rGO/Bce hybrid hydrogel with effective localized and cooperative antitumor properties can be facilely synthesized by reduction and crosslinking of GO with Bce. The rGO/Bce hybrid hydrogel presents good biocompatibility due to the green and eco-friendly Bce and nontoxic rGO. The Bce could cause the release of $^1\text{O}_2$ as a photosensitizer while rGO could produce a laser-induced



thermal effect by laser irradiation, both characteristics that could be used to cooperatively kill tumor cells. In addition, this hybrid hydrogel also could load 5-FU to play the role of a CT for synergistic antitumors with PTT and PDT. The one-step synthesis of the bio-functional 5-FU/rGO/Bce inorganic-biochemical hybrid hydrogels reported here is completely green, eco-friendly and easy to scale up. This approach could be expanded to other anti-neoplastic agents for antitumor applications.

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