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# Novel polystyrene sulfonate–silica microspheres as a carrier of a water soluble inorganic salt (KCl) for its sustained release, *via* a dual-release mechanism†

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Herein we describe a novel type of organic–inorganic composite solid microsphere, comprised of polystyrene sulfonate and silica (PSS–SiO<sub>2</sub>), which has been synthesised from polystyrene sulfonic acid and tetraethyl orthosilicate. The microsphere can (i) encapsulate a low molar mass (<100 Da) inorganic salt (KCl), and (ii) provide sustained release (>48 hours) of the salt from the microspheres to an aqueous environment, which has hitherto not been possible. We propose a novel dual-release mechanism of the salt from the microspheres, which leads to the sustained release, and therefore has potential applicability for the controlled and prolonged release of other actives.

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Microencapsulation is an important technology providing a means to stabilise active ingredients, and/or control their release for a range of industrial sectors including printing, household care, beauty care, agrochemicals, and pharmaceuticals.<sup>1–3</sup> Various techniques have been developed, including interfacial polymerization, *in situ* polymerization, solvent evaporation and coacervation, to encapsulate different types of active ingredients, which can be oil-soluble, water-soluble, liquids or powders.<sup>4–8</sup> Microencapsulation of water-soluble active ingredients is usually achieved by creating a water/oil emulsion followed by chemical reaction and physical self-assembly at the interface of the two liquids.<sup>2,9</sup> Water soluble molecules ranging from large biomolecules (such as proteins, polysaccharides, enzymes) to small molecules (such as doxorubicin, carbamide peroxide, polyphenols), and inorganic salts have been encapsulated in microcapsules.<sup>9–15</sup> The significances of microencapsulation of water soluble inorganic salt include not only applications in making functional food products and controlling phase change for energy storage, but also in oral care and increasing the osmotic pressure inside microcapsules to control the release of organic molecule.<sup>16–19</sup> However, soluble inorganic salt in microcapsules tends to release to aqueous environment quickly, *e.g.* all potassium chloride (KCl) encapsulated in ethylcellulose and Eudragit microspheres of 250 to 595 μm in diameter was released within 6 hours.<sup>19–21</sup> To our best knowledge, it has not been possible to achieve sustained release of inorganic salt longer than 6 hours in terms of microencapsulation.

Herein, we report (i) a facile method to synthesize a novel type of microsphere from polystyrene sulphonic acid and tetraethyl orthosilicate (TEOS), which affords a polystyrene sulphonate–silica organic–inorganic composite (PSS–SiO<sub>2</sub>) with encapsulated KCl, as a model of low molar mass water soluble inorganic salt, (ii) together with the KCl release studies revealing sustained release over 48 hours, upon dispersion of the microspheres in water. The key to the sustained release of the salt was attributed to a dual mechanism in which the K<sup>+</sup> was released initially through PSS/K<sup>+</sup> complex being released from the microspheres over 1 h, and the subsequent slower release of K<sup>+</sup> directly from the microsphere from ~12 hours to >48 hours.

The PSS–SiO<sub>2</sub> microparticles were synthesized in the emulsion droplets, formed from an aqueous phase (3 mL) containing polystyrene sulfonic acid (0.6 g) and KCl (100 mg) and an oil phase (100 mL) (3 : 100 v/v) containing polyglycerol polyricinoleate (0.8 g), to which TEOS (0.7 mL or 1 mL) was added dropwise (4 hours). Thus, two samples of PSS–SiO<sub>2</sub> microparticles were synthesized, PSS–0.7SiO<sub>2</sub> and PSS–SiO<sub>2</sub>, respectively. The optical micrographs and size distributions of both particle samples are shown in Fig. 1a, b and c, respectively. The PSS–0.7SiO<sub>2</sub> microparticles revealed a non-spherical shape (Fig. 1a), whilst PSS–SiO<sub>2</sub> were essentially spherical (Fig. 1b). The size distributions illustrate that the volume weighted mean

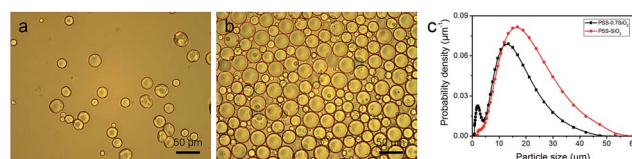


Fig. 1 Optical micrographs of the (a) PSS–0.7SiO<sub>2</sub> and (b) PSS–SiO<sub>2</sub> microparticles. (c) The size distributions (DLS) of PSS–0.7SiO<sub>2</sub> and PSS–SiO<sub>2</sub> microparticles.

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diameter ( $D_{32}$ ) were  $11.41 \pm 0.03 \mu\text{m}$  (SPAN  $1.35 \pm 0.02$ ) and  $17.15 \pm 0.04 \mu\text{m}$  (SPAN  $1.284 \pm 0.001$ ) for PSS-0.7SiO<sub>2</sub> and PSS-SiO<sub>2</sub>, respectively. The microparticle size distributions look wide, which was attributed to the fed-batch (aqueous phase in oil emulsification followed by dropwise addition of TEOS) process to prepare them, and was typical for similar processes.<sup>20</sup> Clearly, the amount of the tetraethyl orthosilicate in the synthesis influenced the morphology and size of the resulting particles. The PSS-SiO<sub>2</sub> microparticles displayed smoother surface, more compact structure and larger particle sizes. Presumably, the lower content of TEOS led to the obtained PSS-0.7SiO<sub>2</sub> microparticles not ripened fully, and hence afforded the cracked surface and fractured SiO<sub>2</sub> structure (Fig. 2). Meanwhile, the evaporation of the water phase during the formation and drying processes led to the PSS-0.7SiO<sub>2</sub> microparticles smaller than PSS-SiO<sub>2</sub>. In Fig. 2b, there were small particles on the surface of the microsphere, which might be ice particles since the image was taken by cryo-SEM, as also seen in the background.

The PSS-0.7SiO<sub>2</sub> microspheres revealed a fractured surface (Fig. 2a), whilst PSS-SiO<sub>2</sub> microspheres were relatively smooth and more spherical (Fig. 2b). The cross-section of the PSS-0.7SiO<sub>2</sub> microspheres revealed the fracturing was not limited to the surface (Fig. 2c); in contrast, the PSS-SiO<sub>2</sub> microspheres were solid throughout (Fig. 2d). Clearly, the concentration of initial silicon monomer (TEOS) affected the size, shape and morphology of the particles.

The phase of the PSS-SiO<sub>2</sub> microspheres was confirmed by XRD, which indicates an amorphous SiO<sub>2</sub> phase through the absence of diffraction peaks (Fig. 3a).<sup>21</sup> The Fourier-transform infrared (FT-IR) spectra of PSS-SiO<sub>2</sub> microspheres are shown in Fig. 3b. The absorption peaks at around 1077, 799 and 452 cm<sup>-1</sup> were attributed to the antisymmetric stretching, symmetric stretching and bending vibrations of Si-O-Si bonds, and the peak at around 940–960 cm<sup>-1</sup> corresponded to Si-OH stretching vibrations, respectively.<sup>22–25</sup> The absorbances at 1178 (1184), 1127 (1130), 1034 (1042) and 1006 (1011) cm<sup>-1</sup> were assigned to

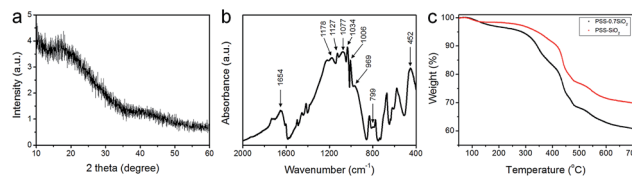


Fig. 3 (a) X-ray diffraction (XRD) pattern and (b) FT-IR spectra of PSS-SiO<sub>2</sub> microspheres. (c) Thermogravimetric analysis (TGA) curves of the PSS-0.7SiO<sub>2</sub> and PSS-SiO<sub>2</sub> microparticles.

the spectrum of PSS component in the PSS-SiO<sub>2</sub> composite (the values in brackets are neat PSS<sup>26</sup>). The shift to lower wavenumber compared to the spectrum of the neat PSS is presumably due to the conformationally more restrictive composite matrix and/or the sulphonic acid groups having undergone ion exchange with K<sup>+</sup>.<sup>27,28</sup>

Fig. 3c presents the TGA thermograms of PSS-0.7SiO<sub>2</sub> and PSS-SiO<sub>2</sub>, both revealing multistep weight loss. The first weight loss at ~100 °C was attributed to the loss of 'weakly' bound water, and the second loss (100–200 °C) was due to water which hydrates the -SO<sup>3-</sup>K<sup>+</sup> groups.<sup>29</sup> The third loss starting at ~320 °C was assigned to the degradation of sulfonate moiety in the PSS,<sup>29</sup> followed by the final decomposition of the 'polystyrene' from 420 to 490 °C.<sup>29</sup> It can be concluded from the thermograms that PSS-0.7SiO<sub>2</sub> microspheres contained a higher amount of water and PSS. The residual mass of the two samples were 61% and 70% for PSS-0.7SiO<sub>2</sub> and PSS-SiO<sub>2</sub>, respectively, which confirms that the silica content was higher for the PSS-SiO<sub>2</sub> microspheres, suggesting that this is the reason for the greater structural integrity of the PSS-SiO<sub>2</sub> microspheres, relative to PSS-0.7SiO<sub>2</sub> microspheres (Fig. 2).

The proposed formation mechanism of the PSS-SiO<sub>2</sub> microspheres is shown in Scheme 1. Initial ion exchange of the sulfonic acid protons for K<sup>+</sup> occurred during the water in oil emulsification step (Step 1, Scheme 1).<sup>30,31</sup> To this emulsion TEOS was added dropwise, leading to its hydrolysis (Step 2a, Scheme 1) and subsequent polymerization (Step 2b, Scheme 1) forming initially discrete SiO<sub>2</sub> particles intercalated into the PSS-K complex by ionic bonds in the aqueous microsphere,<sup>32</sup> which might be similar to the process of forming PSS-silica hybrids utilizing the ionic interactions between the amino groups and silica.<sup>33</sup> The SiO<sub>2</sub> particles ripened and grew (Step 3, Scheme 1) within the aqueous microsphere trapping the PSS/K<sup>+</sup> and free KCl. The reduced TEOS monomer synthesis affording PSS-0.7SiO<sub>2</sub> microspheres, which revealed defects within the structure (Fig. 2a and c), presumably could not ripen fully, and hence afforded the fractured SiO<sub>2</sub> texture.

The energy dispersive X-ray (EDX) analysis of a PSS-0.7SiO<sub>2</sub> microsphere revealed the elemental composition of both the surface (Fig. 4a) and inner core (Fig. 4b) contained Si, C, and S in similar ratios, which supports the proposed inclusion of PSS in the formation process. There was no evidence of K<sup>+</sup> in the EDX analysis, presumably because the concentration of K<sup>+</sup> (less than 0.3 mmol L<sup>-1</sup>) was lower than the limit of detection (1.2 mmol L<sup>-1</sup>) in the EDX experiment.<sup>34</sup> However, K<sup>+</sup> was observed in the release studies described below.

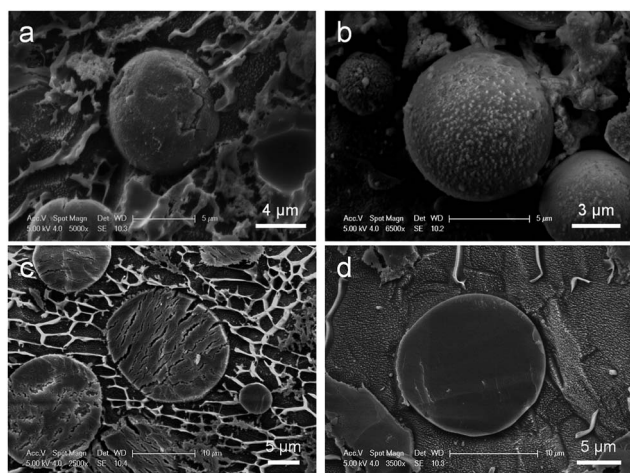
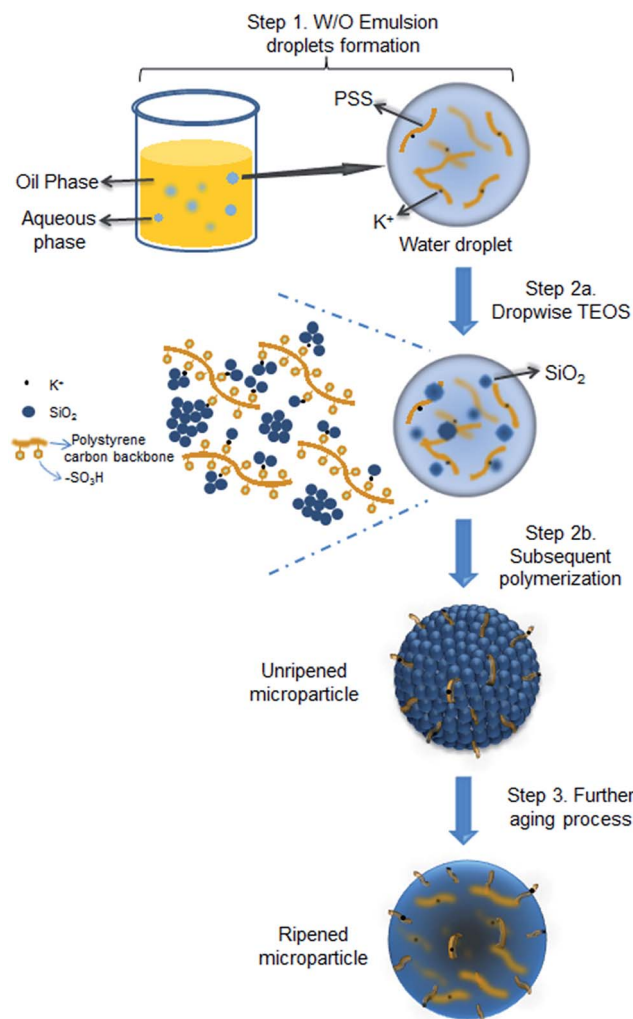


Fig. 2 Cryo-SEM images of the intact (a) PSS-0.7SiO<sub>2</sub>, and (b) PSS-SiO<sub>2</sub> microspheres, and the cross-section (freeze-fracture) (c) PSS-0.7SiO<sub>2</sub>, and (d) PSS-SiO<sub>2</sub> microspheres.





Scheme 1 Illustration of PSS-SiO<sub>2</sub> microspheres synthesis with KCl encapsulated *via* acid catalysed reaction.

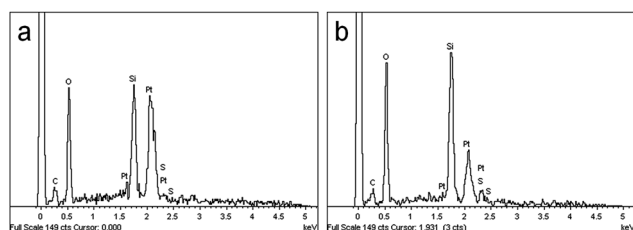


Fig. 4 EDX analysis of (a) the microsphere surface and (b) the inner core of PSS-0.7SiO<sub>2</sub> microspheres.

The microspheres were dispersed in water and the release of both K<sup>+</sup> and PSS from the microspheres was monitored, *via* removal of aliquots at extended time intervals over 48 hours, and analysis with flame photometry (K<sup>+</sup>) and UV/Vis spectroscopy (PSS). Interestingly, not only did PSS-0.7SiO<sub>2</sub> (Fig. 5a) release more K<sup>+</sup> (Fig. 5a) and PSS (Fig. 5b) than PSS-SiO<sub>2</sub>, but also had a prolonged release of K<sup>+</sup> (Fig. 5a): >48 hours relative to 1 hour for PSS-SiO<sub>2</sub>. For PSS-0.7SiO<sub>2</sub> microspheres the K<sup>+</sup> was initially released rapidly over 1 hour in a similar fashion to PSS-

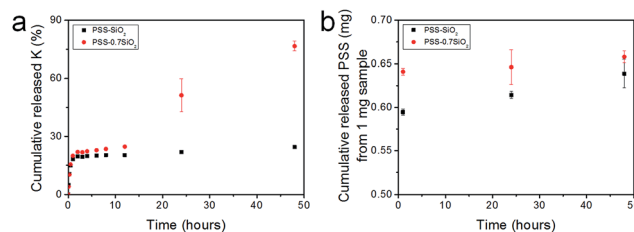
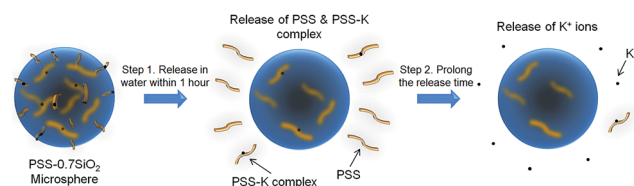


Fig. 5 *In vitro* release profiles of (a) K<sup>+</sup> and (b) PSS from PSS-SiO<sub>2</sub> and PSS-0.7SiO<sub>2</sub> microspheres dispersed in water at 37 °C with shaking at a speed of 150 rpm (each experiment was conducted at least 3 times and the error bars represent the standard error of the mean).

SiO<sub>2</sub> (Step 1, Scheme 2). This initial stage of K<sup>+</sup> release was coincident with the PSS release, suggesting the anion exchanged (H<sup>+</sup> for K<sup>+</sup>) PSS was the initial source of K<sup>+</sup> (Step 1, Scheme 2). However, unlike PSS-SiO<sub>2</sub> that showed a continuous plateau up to 48 hours with cumulative K<sup>+</sup> release <20%, the PSS-0.7SiO<sub>2</sub> initial plateau was somewhere between 12 and 24 hours, during which a second release of K<sup>+</sup> began over the timeframe up to and exceeding 48 hours (plateau not reached at 48 hours) with ~75% of the K<sup>+</sup> released, and with very little additional release of PSS. Given for both PSS-0.7SiO<sub>2</sub> and PSS-SiO<sub>2</sub> nearly all the PSS release was finished with 1 hour (Fig. 5b), the second stage of K<sup>+</sup> release must be from the microspheres. Presumably the higher content of SiO<sub>2</sub> in PSS-SiO<sub>2</sub> and the consequent defect free structure (Fig. 2b and d) prevented K<sup>+</sup> (and PSS) release from these microspheres, whilst the more open 'fractured' PSS-0.7SiO<sub>2</sub> microsphere structure (Fig. 2a and c) allowed the K<sup>+</sup> to be released directly from these microspheres on a longer timescale than the first release (Step 2, Scheme 2).

The payload of KCl in the microspheres was calculated using the equation in Experimental section of the ESI† and it reached 10.8 ± 1% and 9.5 ± 1%, and the encapsulation efficiency reached 93 ± 1% and 95 ± 1% for PSS-0.7SiO<sub>2</sub> and PSS-SiO<sub>2</sub>, respectively. The high encapsulation efficiency was attributed to the advantages of the method developed, namely, low solubility of polymer (PSS) in oil, high concentration of polymer in water, low solubility of the active ingredient (KCl) in oil phase and the ion exchange between the polymer (PSS) and ingredient (KCl).<sup>5</sup> Low solubility of PSS in the oil and highly concentrated PSS solution prevented the active ingredient from diffusion into the continuous phase, which probably resulted in fast solidification of microparticles. Moreover, low solubility of KCl in the oil phase and the ion exchange, limited the K<sup>+</sup> ions release from



Scheme 2 Schematic of the PSS-0.7SiO<sub>2</sub> microspheres dual-release process in an aqueous environment.



the microspheres during encapsulation, which was another reason to achieve high encapsulation efficiency.<sup>5</sup>

In summary, a novel and simple method was developed here to form novel inorganic–organic composite microspheres which encapsulated a water soluble inorganic salt (KCl), with an encapsulation efficiency of  $93 \pm 1\%$ . Notably, chemical modification of the microparticles enabled a sustained release of  $K^+$  exceeding 48 hours, when dispersed in an aqueous phase, which is >8 times greater than what has been achieved previously.<sup>25–27</sup> The proposed novel dual-release mechanism offers the opportunity for the prolonged release of other inorganic salts, offering new potential applications in the agrochemical, pharmaceutical, food and household/personal care industrial sectors.

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