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1. Introduction

Iron(III) ion is an essential element of hemoglobin. It is vitally important for the environment to develop efficient detection technologies with high selectivity and sensitivity toward Fe^{3+} .¹ Over the past several years, a large number of Fe^{3+} detection technologies have been rapidly developed,² including flame atomic absorption spectroscopy (FAAS), atomic emission spectroscopy (AES), inductively coupled plasma mass spectrometry (ICPMS), and electrochemical sensors.

Recently, carbon dots (CDs) have become an attractive candidate as fluorescent probes for Fe^{3+} detection because of their outstanding physical, chemical, and optical properties (e.g., high photostability, water solubility, good biocompatibility, eco-friendly preparation, and widely available precursors).³⁻⁹ In the past few years, significant efforts have been devoted to the synthesis of fluorescent carbon dots for Fe^{3+} detection by many different research groups. Qu *et al.* first prepared fluorescent CDs by using a simple hydrothermal

treatment on dopamine; the resulting CDs could serve as Fe^{3+} sensors with a detection limit as low as 0.32 μM .⁸ Chen *et al.* presented a facile electrochemical strategy for graphene quantum dots (GQDs) from monolithic 3D graphene. The GQDs show an optical selectivity and sensitivity towards Fe^{3+} with a detection limit of 7.22 μM .⁹ However, the CDs or GQDs, without surface-passivation, possess multiple disadvantages, including an unsatisfactory Fe^{3+} detection limit and a relatively low quantum yield.¹⁰

Previous studies showed that the oxygen-containing functional groups of CDs play an important role in the recombination or separation of electron-hole pairs, which affects the fluorescence properties.¹¹⁻¹³ Specifically, the carboxyl groups can form nonradiative recombination centres that act as electron acceptors, thus lowering fluorescence.¹⁴⁻¹⁶ In contrast, the hydroxyl groups, which act as electron donors, facilitate fast carrier mobility, which would be of benefit to the fluorescence emission.¹² Thus, the surface chemistry of the CDs is a key parameter for the luminescence performance.^{15,17,18} According to previous studies, the hydroxyls on the surface of CDs form complexes with Fe^{3+} , owing to coordination interaction.¹⁹ The formed Fe-CDs complexes could facilitate charge transfer and restrain exciton recombination, leading to significant fluorescence quenching.^{20,21}

Thus, in order to improve the fluorescence intensity and the detection sensitivity, we report a simple synthetic route to prepare hydroxyl functionalized fluorescent carbon dots. In this experiment, we utilize the hydroxyl group of ethylene glycol and the carboxyl on the surface of the CDs to synthesize hydroxyl functionalized fluorescent carbon dots through mono-esterification. The schematic illustration of the synthesis of the CDs and the detection mechanism are shown in Scheme 1. First, the CDs for hydroxyl functionalized were synthesized *via*

^aSchool of Materials Science and Engineering, Tianjin University, Tianjin 300072, P. R. China. E-mail: weifeng@tju.edu.cn

^bCollaborative Innovation Center of Chemical Science and Engineering (Tianjin), Tianjin 300072, P. R. China

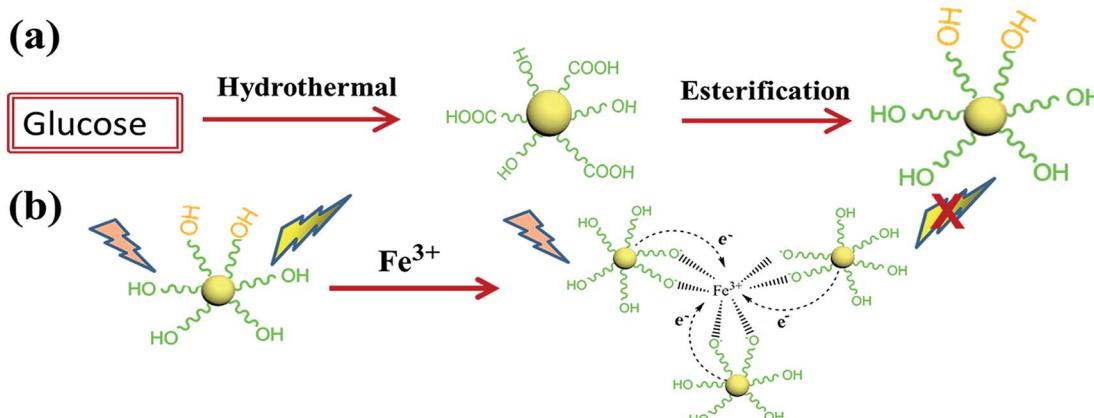
^cKey Laboratory of Advanced Ceramics and Machining Technology, Ministry of Education, Tianjin 300072, P. R. China

^dTianjin Key Laboratory of Composite and Functional Materials, Tianjin 300072, P. R. China

† Electronic supplementary information (ESI) available: The fluorescence spectrum of CDs and H-CDs at different concentrations, the PL spectra of the CDs solutions in the presence of Fe^{3+} when excited at different wavelength, the Stern-Volmer relationship of CDs between the PL intensity and the concentration, the standard deviations of the detection limit and selectivity for H-CDs. See DOI: 10.1039/c6ra25465a

‡ Contributed equally.





Scheme 1 A schematic illustration of (a) the synthesis procedure of the H-CDs and (b) the formation process between H-CDs and Fe^{3+} for the chelate compound.

a hydrothermal reaction. Then, we chose MeSO_3H and Al_2O_3 as catalytic agents to synthesize hydroxyl functionalized carbon dots (H-CDs) through monoesterification with ethylene glycol. The microstructures of the CDs and H-CDs were characterized by high-resolution transmission electron microscopy (HRTEM). Fourier transform infrared (FTIR) spectroscopy and X-ray photoelectron spectroscopy (XPS) were used to measure the chemical structures of the CDs and H-CDs. The optical properties were investigated by UV-vis absorption and photoluminescence (PL) spectra. Furthermore, we demonstrate the proof of concept that CDs with hydroxyls covered surfaces can be used as a very effective fluorescent sensing platform for selective detection of Fe^{3+} .

2. Experimental

2.1 Materials

Glucose and MeSO_3H were obtained from Aladdin chemistry Co. Ltd. (Shanghai, China). Al_2Cl_3 , ZnCl_2 , FeCl_2 , CuCl_2 , NiCl_3 , CrCl_3 , PbCl_2 , CoCl_2 , FeCl_3 and AgNO_3 were purchased from J&K Chemical Company (Beijing, China). Anhydrous ethanol and deionized water were obtained from Tianjin Guangfu technology development Co., Ltd. All the chemicals were analytical grade reagents and used without further purification.

2.2 Preparation of CDs

The initial CDs for hydroxyl functionalization were synthesized *via* a hydrothermal reaction, together with a mount of reagent for the formation of the CDs. In a typical experiment, 1000 mg of glucose was dispersed in 80 ml of ethanol by sonication for 10 min using an ultrasonic generator. Next, the mixture was transferred into a 150 ml Teflon lined autoclave and heated at 180 °C for 18 h. After that, the products were then allowed to cool to ambient temperature naturally. The obtained solution was collected by removing the impurities through centrifugation at 16 000 rpm for 15 min.

2.3 General procedure for H-CDs

In a typical experiment, MeSO_3H (1 ml, 15 mmol) and Al_2O_3 (270 mg, 3 mmol), which were the catalytic agents, were added to the above CDs (20 ml). The mixture was stirred and heated at 80 °C for 8 h.²² Next, the solution was centrifuged at 16 000 rpm for 15 min to separate out the catalytic agents. Finally, the obtained H-CDs were dialyzed in water through a dialysis membrane (500 MWCO) for 72 h.

2.4 Fluorescent sensing of Fe^{3+}

In a typical assay, 1.00 ml of the CDs solution (1 mg ml^{-1}), which were dispersed in deionized water, was placed in a 10 ml colorimetric tube, and 1.00 ml of a phosphate buffer saline (PBS, 10 mM, pH = 7) solution was added to keep the system under a neutral pH condition. Following this, different concentrations of Fe^{3+} solution (10 μl), which were obtained by dispersing FeCl_3 in deionized water, were added. The FL spectra were recorded after reaction for 5 min. The selectivity of Fe^{3+} was confirmed by adding other metal ions solutions (Al_2Cl_3 , ZnCl_2 , BaCl_2 , FeCl_2 , CuCl_2 , NiCl_3 , CrCl_3 , PbCl_2 , CoCl_2 and AgNO_3) in place of FeCl_3 in a similar way. All experiments were performed at room temperature.

2.5 Determination of fluorescence quantum yield

The quantum yield (QY) of H-CDs was calculated according to a previously reported procedure.^{23,24} The optical densities were obtained on a UV-vis spectrophotometer. Quinine sulfate was dissolved in 0.1 M H_2SO_4 as a reference standard. Absolute values were measured using the standard reference sample, which has a fixed fluorescence quantum yield value (0.54 at 360 nm). The QY of the CDs was calculated by the following equation with five different concentrations.

$$Q_s = Q_R (K/K_R) (\eta/\eta_R)^2 \quad (1)$$

where the Q is the quantum yields, K is the slope determined by the curves, and η is the refractive index of the solvent.²⁵ For these aqueous solutions, the refractive index for the solvents is



1.33. The subscript “R” refers to the standard with known quantum yields. In order to minimize re-absorption effects, the absorbance in a 10 mm fluorescence cuvette should not exceed 0.1 absorbance units during the UV-vis spectrum measurement.

2.6 Characterization

The microstructures of the CDs and H-CDs were recorded by TEM (Philips Tecnai G2F20). FTIR spectra were obtained on Bruker Tensor 27 spectrometer, XPS analysis was completed with a PERKIN ELMZR PHI 3056 spectrometer with an Al anode source operated at 15 kV and an applied power of 350 W. UV-vis absorption and PL were studied using a spectrophotometer (UV-3600, Shimadzu) and a spectrofluorometer (Fluorolog3, HORIBA, Jobin Yvon), respectively.

3. Results and discussion

The oxygenic functional groups in the glucose molecule and the high temperature and pressure conditions make it easy for a dehydration reaction to occur during the hydrothermal reaction. *Via* the dehydration reaction, the glucose molecules were pyrolyzed, cross-linked, and finally converted into carbon dots.^{26,27} Various oxygenic groups were introduced along the surface of the carbon dots in the hydrothermal reaction process. Normally, glucose cannot dissolve in ethanol; however, through the hydrothermal reaction process, the glucose is dissolved in the solution and a change in colour occurs (*e.g.*, from transparent to dark brown) as a result of the formation of CDs. Moreover, after modification, the colour of CDs turns from dark brown to yellow. This is because the carboxyl moieties on the CDs changed to hydroxyl groups and thus significantly increased the amount of hydroxyl groups on the surface of CDs.

Fig. 1 shows the TEM images of the CDs and H-CDs. The prepared CDs and H-CDs were mostly spherical in shape and monodispersed without agglomeration. The distributions of particle sizes are shown in the insets, indicating that the carbon dots were uniformly distributed. It is worth noting that the H-CDs exhibit a narrower size distribution. As shown in these figures, the diameters of the H-CDs are in the range of 1–3 nm (average of 2.0 nm), which is smaller than CDs (average of 3.5 nm). This feature is attributed to the etching of CDs surface by

the ligand.^{28–30} HRTEM images (insets) of CDs and H-CDs show well-resolved lattice fringes with an in-plane lattice spacing of 0.28 nm and 0.21 nm, respectively, which are consistent with the (020), (100) diffraction facets of graphite carbon, respectively.^{31,32}

Fig. 2 shows the FTIR and the XPS data of the CDs and H-CDs. From the FT-IR spectra of the CDs, the obvious absorption peak centred at 1652 cm^{−1}, which is caused by C=C stretching vibration, can be observed. Moreover, the bending vibration of C-H at 937 cm^{−1} and 2965 cm^{−1} further confirmed the existence of C=C. During the hydrothermal reaction process, the precursor molecules were dehydrated to form C=C which is the elementary unit of the as-prepared CDs.²⁶ From the FT-IR spectra of H-CDs, an obvious absorption peak at 1719 cm^{−1}, which is caused by C=O stretching vibration, can be observed. In Fig. 2a, the peaks at 1197 cm^{−1} and 1057 cm^{−1} are ascribed to the stretching vibrations of the ester group on the surface of H-CDs. This feature is indicative of the change from –COOH to –OH by an esterification reaction on the surface of H-CDs.

To further confirm the type of functional groups on the surfaces of the as-prepared CDs and H-CDs, XPS characterization was carried out. As shown in Fig. 2b, the CDs only show C and O signals. This implies that the carbon dots contained only oxygenic groups. The C1s spectra of the as-prepared CDs and H-CDs are shown in Fig. 2c and d, respectively. The measured spectra of the “pure” CDs (Fig. 2c) can be deconvoluted into five surface components, corresponding to sp^2 (C=C) at the binding energy of 284.5 eV, sp^3 (C-C and C-H) at 285.5 eV, C-OH at 286.6 eV, C-O-C at 287.2 eV, and C=O at 288.6 eV.³³ The intensity of C-OH for the H-CDs shows a significant increase compared with the CDs. This feature arises from the increasing number of hydroxyl groups on the surface of the CDs. The XPS results imply that the amounts of oxygen-groups present on the surface of the CDs and H-CDs were different. These results determined by the XPS are in good agreement with FTIR results. These demonstrate that the hydroxyl of ethylene glycol has already grafted onto the surface carboxyl of the CDs.

Optical properties were investigated by UV-vis absorption and photoluminescence (PL) spectra. Ultraviolet-visible (UV) absorption spectrum results (Fig. 3a) show that the CDs and H-CDs exhibit two deep UV absorption peaks. The absorption peaks at 222 and 207 nm for the CDs and H-CDs, respectively, resulted from the $\pi-\pi^*$ transition of C=C, and the absorptions at 280 and 272 nm for the CDs and H-CDs, respectively, correspond to the $n-\pi^*$ transition of the C=O bond.^{34,35} The observed deviations in the UV absorption indicate that the different kinds and amounts of the oxygen-containing groups can affect the optical properties of CDs.³

The PL emission spectra were primarily investigated under excitation wavelengths. The PL emission spectra show that both the CDs and H-CDs exhibit the strongest PL emission peak when excited at 360 nm. Fig. 3b and c indicate that the emission of the CDs and H-CDs are highly dependent on the excitation energy and the emission red-shifts with increasing excitation wavelength. Moreover, the PL intensities (Fig. 3d and S1†) of the H-CDs are greatly enhanced in comparison with the CDs by reducing the amount of nonradiative recombination centres

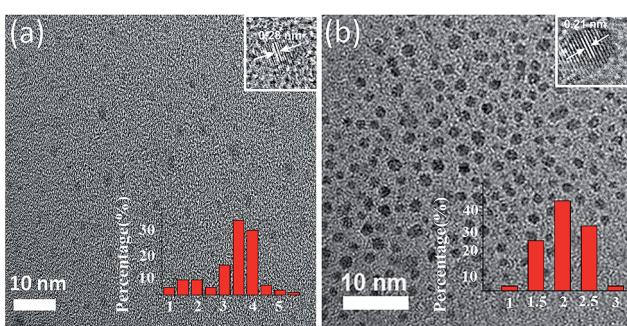


Fig. 1 TEM images of (a) the CDs and (b) H-CDs, the top insets are HRTEM images of these CDs and the lower insets show the size distribution calculated based on 50 nanoparticles.



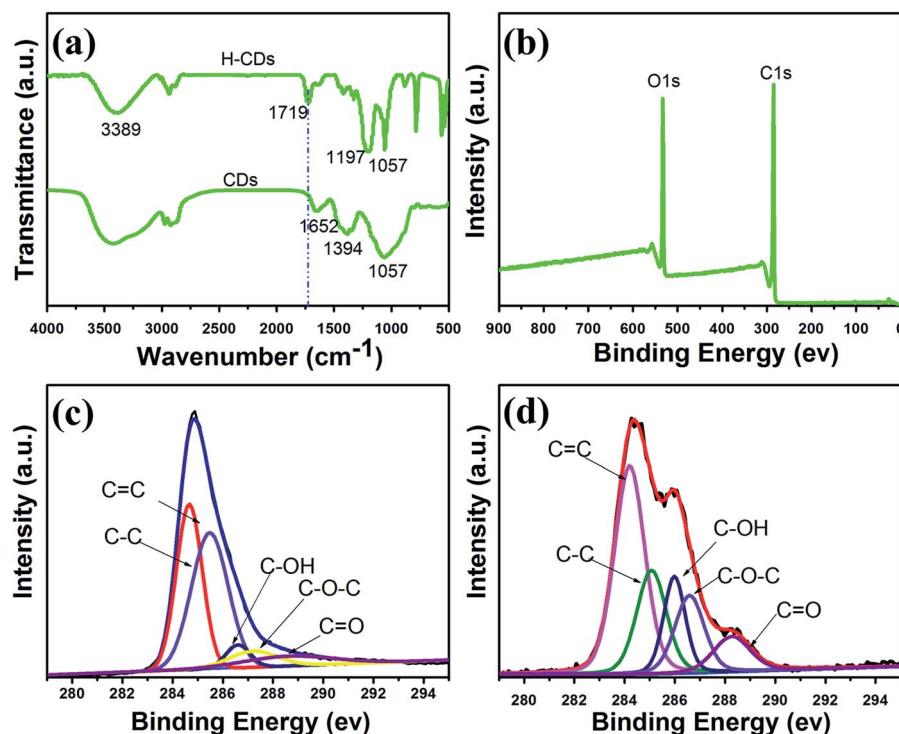


Fig. 2 FTIR spectra (a) of CDs and H-CDs; the full XPS spectrum (b) of CDs; the C1s XPS spectrum of CDs (c) and H-CDs (d).

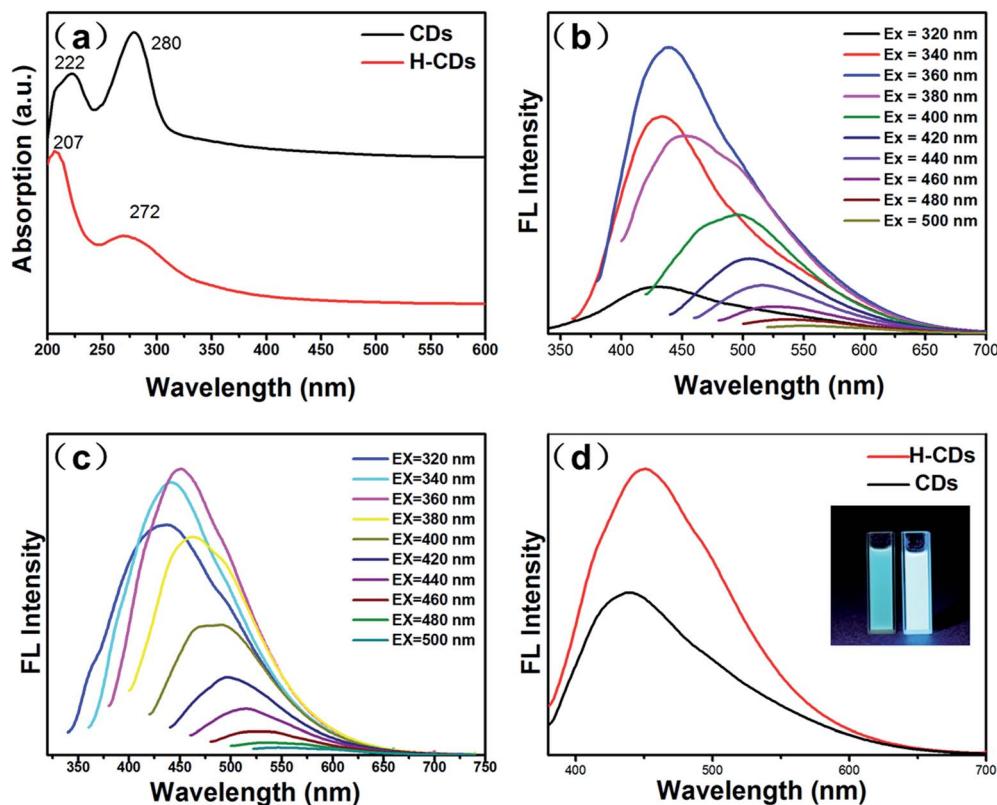


Fig. 3 (a) UV absorption of CDs and H-CDs, photoluminescence spectra of (b) CDs and (c) H-CDs from 320 nm to 500 nm excitation with a 20 nm increase in each step, (d) the fluorescence spectrum of CDs and H-CDs ($\lambda_{\text{ex}} = 360$ nm). The inset is a photograph of CDs (left) and H-CDs (right) in aqueous solutions when excited at 360 nm.

caused by the carboxyl groups and increasing the amount of the hydroxyl groups, which contribute to enhancing the fluorescence intensity.³³

It is worth pointing out that these as-prepared CDs also exhibit considerable photostability. No obvious aggregation could be observed even after storage at room temperature for several months, which is attributed to the electrostatic repulsions between the CDs resulting in electrostatic stabilization of the “pure” CDs and H-CDs in aqueous solution. The QYs of the H-CDs is 13% which were calculated according to the above-mentioned rules, which is higher than that of the CDs (7%). This indicates that the increase in surface hydroxyls on the CDs can improve the QYs.

The FTIR spectroscopy and XPS results show that we successfully synthesized H-CDs terminated with hydroxyl groups on the surface using the reaction described above. According to previous studies, hydroxyls on the surface of CDs could form complexes with Fe^{3+} ions owing to coordination interaction.¹⁹ During the complexation process, electrons in the excited state of the H-CDs can transfer to the unfilled Fe^{3+} orbital, leading to nonradiative electron/hole recombination which results in fluorescence quenching.³⁶ Therefore, we further investigated the PL spectra of the H-CDs and CDs solutions in the presence of Fe^{3+} at different concentrations.

Fig. 4a and S2† reveal that the PL intensities of the CDs solution are sensitive to Fe^{3+} concentration and decrease with an increase in Fe^{3+} concentration. Fig. 4b and S3† show the dependence of FL intensity on Fe^{3+} ions concentrations. Here, $(I_0 - I)/I_0$ indicates a decrease in the FL intensity, where I and I_0 represent the FL intensities of CDs at 360 nm in the presence and absence of Fe^{3+} , respectively. The relationship between the concentration of Fe^{3+} and the PL intensities of CDs and H-CDs can be well fitted to the Stern–Volmer equation: $I_0/I = 1 + K_{\text{sv}}[Q]$, where $[Q]$ is the concentration of Fe^{3+} and K_{sv} is the Stern–Volmer constant.³⁷

The Stern–Volmer quenching curves (the inset of Fig. 4b and S3†) show a good linearity with $K_{\text{sv}} = 1.9147787 \times 10^7 \text{ M}^{-1}$ and $6.107 \times 10^3 \text{ M}^{-1}$, indicating that the dynamic quenching processes occur in this sensor system. Moreover, the detection limit for H-CDs is estimated to be 2.56 nM based on $3S_b/k$ (here S_b was the standard deviation of the blank for 11 replicate measurements and k was the slope of the calibration curve in the linear range), which is superior to the detection limit of the pure CDs (7.4 μM). In order to guarantee the accuracy of our experimental results for the detection limit, we have repeated 11 times of experiments with the concentration of Fe^{3+} range from 0–100 nM. We calculated the detection limit of H-CDs for Fe^{3+} in these repeated experiments, respectively. And then the

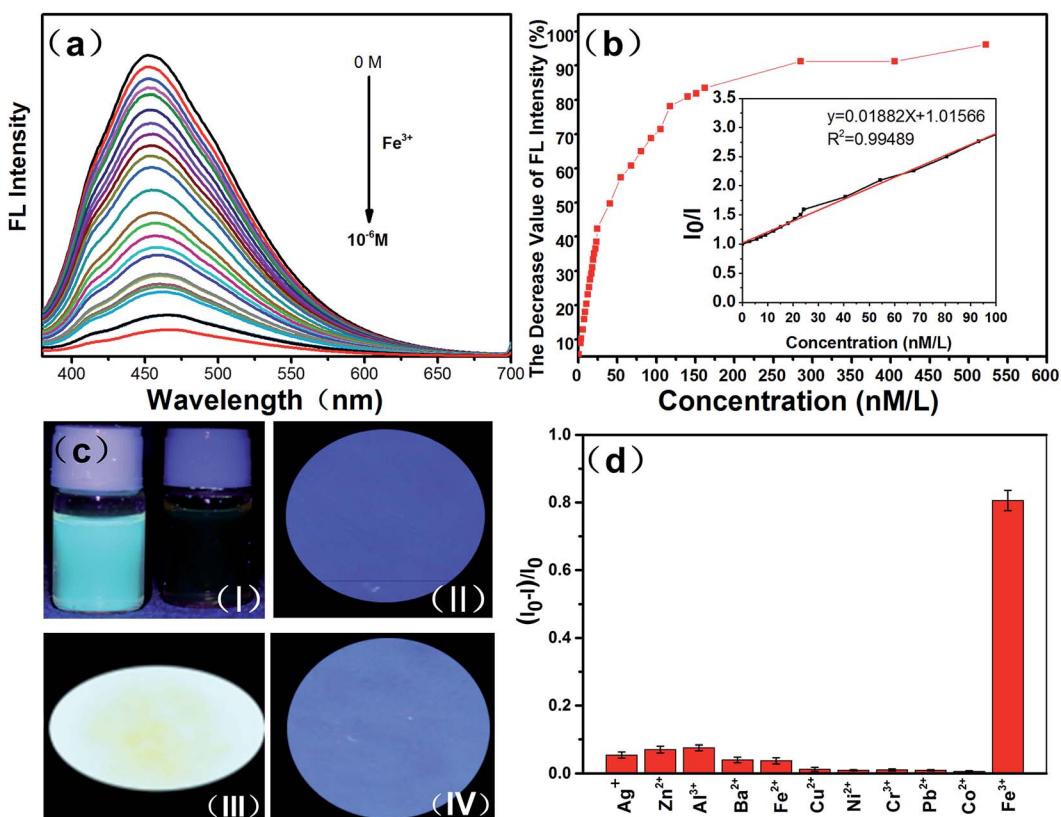


Fig. 4 (a) PL intensity of H-CDs in the presence of different concentrations of Fe^{3+} ; (b) Stern–Volmer relationship between the PL intensity and the concentration. The inset displays a linear Stern–Volmer plot over a low Fe^{3+} concentration range; (c) photographs of (I) the H-CDs solution in the presence (right) and absence (left) of Fe^{3+} , the filter paper under 360 nm lamp without any treated (II) and after immersion in the solution of H-CDs in the absence (III) and presence (IV) of Fe^{3+} , respectively; (d) the ratio of decrease in PL intensity for H-CDs with the addition of different metal ions.



standard deviation of these detection limits was figured out. The detection limits for these experiments were shown in Table S1.[†] After calculation, the standard deviation of the detection limit for H-CDs is 0.0773 nM. These indicate that the H-CDs show a great promise in the field of detecting Fe^{3+} .

Li *et al.* have reported that the fluorescence of sulfur-doped graphene quantum dots (S-GQDs) could be effectively quenched by Fe^{3+} with a detection limit of 4.2 nM.³⁸ Doping with S can effectively modulates the electronic local density of GQDs, which contribute to the coordination interaction between Fe^{3+} and hydroxyl groups on the edge of S-GQDs thus leading to significant fluorescence quenching. In this paper, we hold that the carboxyl groups can form nonradiative recombination centres that act as electron acceptors, thus lowering fluorescence, whereas the hydroxyl groups act as electron donors, facilitating fast carrier mobility and increasing fluorescence. Furthermore, the hydroxyls on the surface of CDs form the complexes with Fe^{3+} owing to the coordination interactions. The hydroxyls on the surface of CDs have a significant influence on the interaction with Fe^{3+} . Thus, we utilize ethylene glycol to react chemically with the carboxyl groups of the CDs through glycol monoesters. In this way, we can reduce the content of carboxyl groups and increase the amount of hydroxyls on the surface of H-CDs. This not only enhanced the fluorescence intensity of the H-CDs but can also increase the number of reaction sites with Fe^{3+} . The formed Fe-CDs complexes could facilitate charge transfer and restrain exciton recombination, leading to significant fluorescence quenching. The increased reaction sites with Fe^{3+} resulting in an increase of the limit of detection. The remarkable fluorescence quenching of the H-CDs shows great promise in detecting Fe^{3+} . The complex formation is illustrated in Scheme 1. Furthermore, the H-CDs can also be used in paper-based detection of Fe^{3+} as shown in Fig. 4c. First, the filter paper was immersed in the solution of H-CDs with a concentration of 1 mg ml⁻¹. After 6 h, the paper was taken out of the H-CDs solution and then dried in air at room temperature. We found that the H-CDs in filter paper can still maintain a good fluorescence (Fig. 4cIII). Moreover, when we added a few drops of Fe^{3+} to the filter paper, the fluorescence of the filter paper disappeared (Fig. 4cIV). This shows that the H-CDs can also shows a high sensitivity toward Fe^{3+} even in solid form.

To evaluate the sensitivity of H-CDs toward other metal ions, we further examined the PL intensity changes upon addition of other metal ions, including Ag^+ , Zn^{2+} , Al^{3+} , Ba^{2+} , Fe^{2+} , Cu^{2+} , Ni^{2+} , Cr^{3+} , Pb^{2+} , Co^{2+} , under the same conditions. As is shown in Fig. 4d, no tremendous decrease in PL intensity was observed for H-CDs in the presence of the above metal ions (1 mM) except for Fe^{3+} . The concrete data of error bars for the selectivity of H-CDs was shown in Table S2.[†] The data of error bars are the standard deviation of the decrease value FL intensity during the repeated 11 times experiments. This indicates that the H-CDs have higher selectivity and sensitivity for Fe^{3+} , whereas the other metal ions have little influence on the sensing system. Thus, the H-CDs could be applied in the field to the determine the presence of Fe^{3+} . The reason why the H-CDs are so sensitive to Fe^{3+} *versus* the other cations is that the valence electrons of

Fe^{3+} are $4s^23d^5$. The five d orbits are half-filled. The electrons of the complexes formed between Fe^{3+} and H-CDs are easily transferred to the half-filled 3d orbits of Fe^{3+} , leading to a quenching of the fluorescence.³⁹

4. Conclusions

In summary, we have prepared hydroxyl functionalized carbon dots by monoesterification. The FTIR and XPS results show that the surface chemical composition of the CDs and H-CDs. The as-prepared H-CDs exhibit a narrower size distribution in the range of 1–4 nm (average of 2.0 nm). The PL intensities of the H-CDs are greatly enhanced owing to the decrease in particle size and the change in the surface states. The fluorescence emission of the H-CDs can be quenched by Fe^{3+} both in aqueous solution and solid form with a detection limit as low as 2.56 nM.

Acknowledgements

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