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Band-edge oscillator strength of colloidal CdSe/CdS dot-in-rods: comparison of absorption and time-resolved fluorescence spectroscopy†

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We studied the oscillator strength f_{gap} of the band gap transition in heteronanocrystals (hNCs) with a spherical CdSe core embedded in an elongated CdS shell. A comparison with f_{gap} of core-only CdSe NCs confirmed a reduction of the electron–hole overlap in hNCs with a band gap larger than 2.05 eV or smaller than 1.98 eV. However, the decrease in f_{gap} is limited to about 50% when compared to CdSe NCs, suggesting that residual confinement still localizes the electron near the core. We correlated f_{gap} with the radiative lifetime obtained from multiexponential photoluminescence (PL) decay traces. The different components were attributed to radiative decay, or deep and shallow carrier trapping, respectively, using the PL quantum efficiency (QE) as a guideline. Our data highlight the challenges associated when extracting the radiative decay, and demonstrate the added value of absorption spectroscopy to obtain the band-edge oscillator strength and the associated radiative recombination rate in colloidal hNCs.

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Introduction

Narrow emission linewidths over a wide spectral range, together with the possibility to fine-tune their optical properties *via* size, shape and composition are key qualities that make semiconductor nanocrystals (NCs) frontier materials for optoelectronic applications, along with the versatility and low-cost nature of the colloidal synthesis routes employed to produce them. In the last few years several procedures have been developed to encapsulate the core into a shell made of a second semiconductor.^{1–4} The obtained hetero-structure NCs (hNCs) multiply the possibilities to control the optical properties, *via* the engineering of the conduction band (CB) and valence band (VB) alignment of core and shell. It is thus possible to obtain structures in which electrons and holes are

both confined to the same region, as in the case of type I CdSe/ZnS¹ core/shell NCs, or in which electrons and holes are confined to different materials, as in type II ZnSe/CdS,^{2,5} CdTe/CdSe,³ or CdSe/ZnTe⁴ NCs. CdSe/CdS NCs form a particular case. Because of the small offset in the CB of the two materials, the hole is localized in the core while the electron delocalizes into the CdS shell and remains bound to the hole *via* Coulomb interactions. For this reason, CdSe/CdS hNCs are usually referred to as quasi-type-II structures, and they are among the most studied hNCs to date.

The actual degree of delocalization still varies between different reports. Optical measurements and theoretical calculations^{6,7} have suggested that the electron can strongly delocalize along the CdS rod length, while scanning tunneling spectroscopy (STS) experiments have supported a type-I band offset with electrons and holes both confined to the CdSe core.⁸ More recent work suggested that the core diameter plays a distinctive role in the electron delocalization, as CdSe/CdS hNCs showed a transition from a type-I to a quasi-type-II regime when the core becomes sufficiently small.^{9–11} Processing hNCs into thin films may also affect the optical properties, as CdSe/CdS dot-in-rod (DiR) aerogels showed an increase of the electron delocalization due to DiR coupling.¹²

Measurements of the photoluminescence (PL) lifetime have often been used to support the quasi-type-II behavior of CdSe/CdS hNCs. Although in principle straightforward, the correlation of the electron–hole overlap with lifetime depends on several factors. Most importantly, the influence of nonradiative

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recombination that competes with the radiative relaxation channel must be taken into account, often accomplished *via* determination of the NC PL quantum efficiency (QE).

In this work we studied the band edge optical properties of wurtzite CdSe NCs and CdSe/CdS DiRs using optical absorption spectroscopy which, through the absorption cross section, allows us to access the band-edge oscillator strength, an intrinsic material property. Finite element simulations were performed to obtain the electric field profile inside the CdSe core, considering the non-analytical shape of the hNC – *i.e.*, a spherical core located at one side of a rod-shaped shell – and the presence of an organic ligand shell. The resulting band edge oscillator strength f_{gap} reveals a reduced electron–hole overlap only for DiRs with either a small (diameter smaller than about 3.5 nm) or a large (diameter larger than about 4.5 nm) CdSe core. The data are then compared to time-resolved PL spectroscopy, which allows us to reassess the role of the PL QE in determining the radiative recombination dynamics. As for the absorption measurements, both DiRs with a core diameter below 3.5 nm and above 4.5 nm show a reduced electron–hole overlap.

Experimental

Materials

Trioctylphosphine oxide (TOPO, 99%), trioctylphosphine (TOP, 97%), cadmium oxide (CdO, 99.999%), sulfur powder (99%), and selenium powder (99.99%) were purchased from Strem Chemicals. Cadmium oxide (CdO, 99.5%) was purchased from Sigma-Aldrich. Octadecylphosphonic acid (ODPA, 99%) and hexylphosphonic acid (HPA, 99%) were purchased from Polycarbon Industries.

Synthesis

To synthesize CdSe cores (QD1 to QD5 shown in Table S2†), TOPO (3 g), ODPA (0.280 mg), and CdO (0.060 g, Strem Chemicals) were mixed in a 25 mL three-necked flask and heated to *ca.* 120 °C for 1 hour.⁷ Then, under a nitrogen atmosphere, the solution was heated to 380 °C to completely dissolve the CdO. When the solution became colorless, 1.5 mL of TOP was injected and the temperature was allowed to recover to 380 °C. Se:TOP (0.058 g Se dissolved in 0.500 g TOP) was injected at 380 °C and the growth time was varied to obtain different sizes of CdSe NCs. After synthesis, the NCs were purified three times by precipitation and re-dispersion, using toluene as a solvent and methanol as a non-solvent. The sample was finally dispersed in 3 mL of toluene.

A second set of CdSe cores (QD6 to QD14 in Table S2†) was synthesized by mixing TOPO (3.0 g), ODPA (0.280 g) and CdO (0.060 g, Sigma-Aldrich) in a 50 mL flask. The mixture was heated to *ca.* 150 °C under vacuum for about 1 hour. Then, under a nitrogen atmosphere, the solution was heated to above 300 °C to dissolve the CdO until it turned optically clear. Next, 1.5 g of TOP was injected into the flask and the temperature was allowed to recover to 370 °C for the injection of the

Se:TOP solution (0.058 g Se with 0.360 g TOP). The reaction time was modified in order to synthesize CdSe NCs of different sizes. After the synthesis, the NCs were purified as described above. Both types of CdSe cores were used as seeds in the synthesis of CdSe/CdS DiRs, according to the procedure of Carbone *et al.*⁷

Characterization

Transmission electron microscopy (TEM) images were collected by drop casting a dilute suspension of NCs on a carbon coated 200 mesh copper grid and imaging them with a JEOL JEM 1011 TEM equipped with a thermo-ionic source (tungsten filament) operating at 100 kV. The diameter of the CdSe cores was calculated using the calibration curve proposed by Jasieniak *et al.*,¹³ while the dimensions of the CdSe/CdS DiRs were estimated from TEM images using about 100–200 NCs.

UV-Vis absorption spectra were obtained with a Varian Cary 300 UV-vis spectrophotometer. Photoluminescence measurements were performed with an Edinburgh Instruments FLS920 spectrofluorometer. Samples were dispersed in chloroform and excited by using a xenon lamp coupled with a monochromator set at 530 nm (10 nm bandwidth). PL decay traces were collected in time-correlated single photon mode. Samples were excited with a 50 ps, 405 nm pulsed laser, and the PL decay was measured in a region of typically 10 nm around the emission maximum. A pulse period of 2 μ s was chosen to ensure full decay between the pulses. The traces were fitted using a sum of three exponential functions. For each sample, we analysed the three time constants resulting from the fit to relate them to radiative processes, hole trapping in mid-gap states¹⁴ or delayed emission.¹⁵ Finally an area-weighted average lifetime τ_{avg} was calculated including only the components which were considered to constitute the radiative decay.

The PL QE was measured using an integrating sphere. Samples were excited at 530 nm with a xenon lamp, and the optical density at the excitation wavelength was adjusted to 0.1 or lower. The accuracy of the system was verified using a solution of Rhodamine 101 in ethanol.¹⁶ The obtained QE value of $94\% \pm 7\%$ is in close agreement with literature values.¹⁷ To analyse the relation between QE and radiative lifetime, for three representative samples additional PL QE measurements were performed with an excitation wavelength of 405 nm (the typical wavelength used for PL decay measurements), and in addition the PL decay was collected with a 510 nm pulsed laser (close to that of the 530 nm used in the QE measurements).

Finite element simulations

In the case of non-analytical shapes such as our CdSe/CdS DiRs that are composed of a CdSe core located near one end of an elongated CdS shell, numerical models are required to evaluate the dielectric screening.¹⁸ We performed 3D finite element numerical simulations (COMSOL multiphysics) to examine the near field optical properties of hNCs and calculate the electric field inside the CdSe core. The simulation domain



comprised a spherical volume representing a CdSe/CdS DiR embedded in chloroform. The refractive index of chloroform was taken from Samoc.¹⁹ We used a plane wave as external excitation, hence allowing for the employment of the scattered field formulation, where only the scattered solution needs to be computed. The wavelength $\lambda = 610$ nm has been chosen as a typical value for the first excitonic transition of our dataset. Perfectly matched layer (PML) boundary conditions were used to avoid undesired reflections. Based on the polarisation of the incident external electric field ($E_{\text{ext}} = 1 \text{ V m}^{-1}$), either parallel or perpendicular to the major axis of the nanorod which coincides with the CdSe/CdS *c*-axis in wurtzite NCs,^{7,20} appropriate dielectric constants for CdSe ($\epsilon_{\text{real},||} = 6.980$, $\epsilon_{\text{real},\perp} = 6.904$) and CdS ($\epsilon_{\text{real},||} = 6.627$, $\epsilon_{\text{real},\perp} = 6.625$) were selected. Values were taken from bulk data at the respective band edges (1.75 eV for CdSe,²¹ 2.42 eV for CdS²²), with the imaginary part of both set to zero, as we can assume $\epsilon_{\text{imag}} \ll \epsilon_{\text{real}}$ near the band edge,²³ and applying a reduction of 15% due to residual quantum confinement effects.^{18,24} We previously found that the dielectric function in CdSe/CdS hNCs is somewhat reduced compared to bulk at 4.2 eV.¹⁸ Since bulk ϵ_{real} is nearly flat in the energy range between 4.2 eV and the band edge,²⁴ we applied the same 15% reduction to the CdS and CdSe optical constants at the band edge. In our simulations, we considered a CdSe core diameter of 4 nm, with a total diameter of 5.5 nm, representative for the experimental samples used. We also added a 1.8 nm shell with a refractive index of 1.6 to account for the organic ligands.¹⁸ The DiR aspect ratio (AR) was varied between 1 and 25. In addition, we have also evaluated the influence of the position of the CdSe core on the electric field profile, by moving it from 10% (*i.e.*, near the DiR tip) to 50% (at the center of the DiR) of the total rod length. The resulting electric field profile was averaged over the CdSe core volume, from which the local field factor f_{LF} in the parallel and perpendicular directions was calculated as the ratio of this average value to the applied E_{ext} .

Results and discussion

At energies well above the band gap, the absorption spectrum of colloidal NCs is no longer significantly affected by quantum confinement,^{13,25–28} and the discrete optical transitions typical of a confined system pass into a bulk-like density of states. As a consequence, the absorption spectra of NCs of different sizes converge, and it has been shown for several materials²⁷ that an intrinsic absorption coefficient μ_i can be defined, which depends only on the NC volume fraction f in suspension:

$$\mu_i = \frac{\ln(10) \cdot A}{f \cdot L} \quad (1)$$

with A being the absorbance, and L being the optical path length.²⁷

In the case of CdSe/CdS DiRs, we showed in our previous work¹⁸ that μ_i also depends on the overall NC AR and on the volume ratio of the CdSe core and CdS shell. We proposed a

general function to calculate μ_i of CdSe/CdS hNCs at 4.2 eV that incorporates the effects of AR and the volume ratio. Here we make use of this function to calculate the intrinsic absorption spectra for all NCs as $\mu_{(v)} = (\mu_{4.2}/A_{4.2}) \cdot A_{(v)}$. Representative μ_i -spectra of CdSe/CdS DiRs are shown in Fig. 1a.

As μ_i depends on the core-to-shell volume ratio, band-edge absorption properties are more conveniently analyzed using the absorption cross section $\sigma_i = V_{\text{NC}} \cdot \mu_i$, since it expresses the properties of a single NC (V_{NC} equals the NC volume). The σ_i -spectra are shown in Fig. 1b. The energy-integrated absorption cross section σ_{gap} of the band edge transition is obtained by doubling the integral of the low energy half of the first absorption peak in the σ_i -spectra, as depicted in the inset of Fig. 1b, according to procedures applied previously to PbSe,²⁷ PbS²⁷ and PbSe/CdSe NCs.²⁹ If some scattering was present in the band edge region, we subtracted a linear background from the σ_i -spectrum before the integration.

The oscillator strength f_{gap} is related to σ_{gap} via the local field factor f_{LF} , which expresses the ratio between the electric field inside the particle and the external applied electric field:²⁷

$$f_{\text{gap}} = \frac{2\epsilon_0 n_s m_e c}{e^2 \pi \hbar} \cdot \frac{1}{|f_{\text{LF}}|^2} \cdot \sigma_{\text{gap}} \quad (2)$$

ϵ_0 is the vacuum permittivity, n_s is the refractive index of the medium, m_e is the free electron mass, c is the speed of light in a vacuum, e is the elementary charge, and \hbar is the reduced

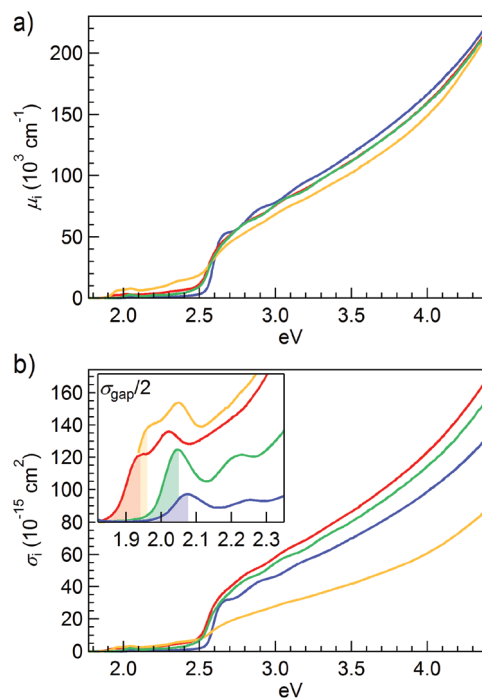


Fig. 1 μ_i (a) and σ_i (b) spectra of representative DiRs (NR7, NR10, NR20 and NR23 of Table S1,† plotted in blue, green, yellow and red lines, respectively). The inset in panel b shows a zoom of the core region. We highlighted the area under the low-energy half of the first absorption peak.



Planck's constant, expressed in eV s as σ_{gap} is expressed in $\text{cm}^2 \text{ eV}$.

First, we calculated σ_{gap} and f_{gap} for CdSe cores. We approximated them as spheres, which allows for an analytical calculation of f_{LF} ^{27,30} (see ESI, section 2.1†). With f_{gap} ranging from 2.4 to 8.1 for 2.3 nm to 6.1 nm NCs, the values follow the same trend as reported by Čapek *et al.*²³ for zinc blende CdSe NCs (see ESI, section 3† for detailed calculations). The somewhat lower f_{gap} obtained here stems mainly from the reduced CdSe optical constants used.

While the dielectric screening and thus f_{LF} of a concentric spheroid can be expressed in a closed form,^{31,32} a numerical finite-element simulation is needed when non-analytical shapes are involved.^{18,33–35} Since the band-edge absorption in our hNCs mainly takes place near the CdSe core, we calculated f_{LF} from the electric field E_{loc} inside the core. The NCs were modeled as cylinders capped by two hemispheres. Because of the symmetry of the structure, the polarization which builds up in response to an applied external field is parallel to it, and so is the resulting field inside the NC.¹⁸ Hence, it is sufficient to compute E_{loc} in the two cases where the external field is parallel and perpendicular to the major axis of the rod, and obtain the average field intensity as $|E_{\text{loc}}|^2 = (|E_{\parallel}|^2 + 2|E_{\perp}|^2)/3$. With an applied external field $E_{\text{ext}} = 1 \text{ V m}^{-1}$ in the finite-element simulation, the averaged $|E_{\text{loc}}|^2$ coincides with $|f_{\text{LF}}|^2$.

Different approaches have been reported in literature to estimate the position of the CdSe core in CdSe/CdS DiRs synthesized by seeded growth. Quantitative analysis on high-resolution TEM (HR-TEM) images performed by Carbone *et al.*⁷ situated the core at about 1/3–1/4 of the total rod length. This estimate was later confirmed by selective growth of gold onto the CdSe region of CdSe/CdS DiRs.³⁶ A more symmetric position of the core along the rod (about 45% of the total length) has been estimated recently by Diroll *et al.*³⁷ on the basis of annular dark field scanning TEM measurements, revealing that the actual core position may depend somewhat on the synthesis conditions. The core position also varies with the overall rod length, being closer to the NC center for short rods, and gradually shifting toward one tip for longer samples.^{38,39} In order to evaluate the influence of the core position on the electric field profile, we performed a finite element simulation in which the seed was moved from a position at 10% to 50% of the total rod length. The results show a 15% increase of $|f_{\text{LF}}|^2$ as the CdSe core is located closer to the rod center (see ESI, section 2.2†). Note that the changes in $|f_{\text{LF}}|^2$ are more pronounced near the tips, where we find the strongest non-uniformity of the electric field. $|f_{\text{LF}}|^2$ only changes by 3% when the position is varied from 30% to the center of the DiR.

Considering the above results, we located the core at 30% of the total length for further calculations. The simulated electric field magnitude along the rod is shown in Fig. 2a for a NC with AR = 7.5. As expected, the increasing AR leads to a larger $|f_{\text{LF}}|^2$ (Fig. 2b). Simulated data have been fitted using exponential functions $y = y_0 + A \exp(-Bx)$ ($|f_{\text{LF},\parallel}|^2$: $y_0 = 0.971$, $A = -0.882$, $B = 0.346$; $|f_{\text{LF},\perp}|^2$: $y_0 = 0.242$, $A = 0.227$, $B = 0.711$) to

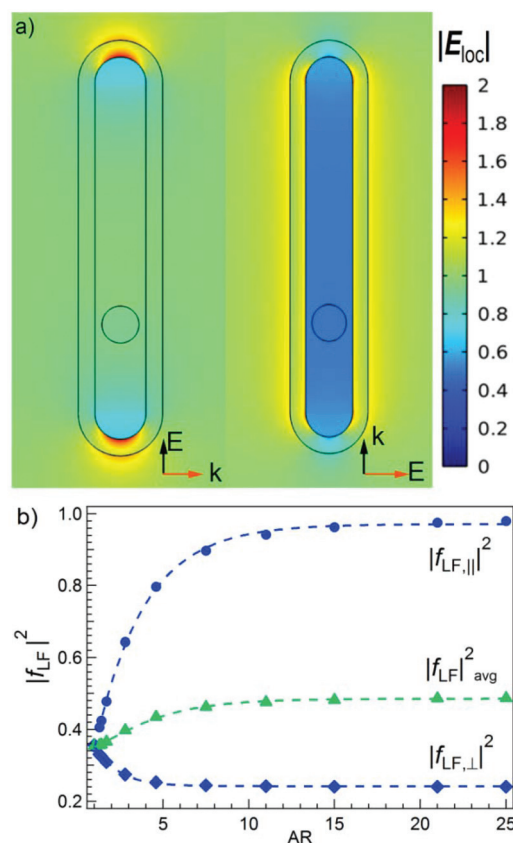


Fig. 2 (a) Magnitude $|E_{\text{loc}}|$ of the electric field which builds up inside the DiR in response to an external applied electric field E_{ext} of 1 V m^{-1} at 610 nm, when E_{ext} is parallel (left) or perpendicular (right) to the NC major axis (AR = 7.5). Consistent with literature, the CdSe core was located at 30% of the total NC length. (b) Values of $|f_{\text{LF}}|^2$ simulated for DiRs with ARs from 1 to 25 (markers) and fit to the data (dashed lines). Parallel and perpendicular components of $|f_{\text{LF}}|^2$ are plotted with blue circles and diamonds, respectively. The green triangles and line report $|f_{\text{LF}}|_{\text{avg}}^2$, the weighted average of the data and fit.

obtain $|f_{\text{LF}}|^2$ for each DiR sample and, through eqn (2), f_{gap} . The details of the calculation of f_{gap} are reported in the ESI, section 4.†

f_{gap} eliminates the role of f_{LF} and the associated shape-dependent σ_{gap} , and hence is more suitable to compare spherical core and rod-like core/shell NCs with respect to the electron–hole overlap. We plotted f_{gap} versus the band gap E_0 for DiRs (full circles) and CdSe NCs (open circles, see ESI, Tables S1 and S2† for E_0 values) shown in Fig. 3, which allows comparison of core and core/shell NCs that exhibit similar quantum confinement.⁴⁰ Indeed, as was demonstrated for CdSe and PbX (X = S, Se) quantum dots (QDs),²⁷ f_{gap} increases for larger sizes, which prohibits comparison on the basis of a similar core diameter. Additionally, f_{gap} is frequency-dependent, further motivating the use of E_0 as a reference.⁴¹ In DiRs with a core diameter below *ca.* 3.5 nm ($E_0 > 2.05 \text{ eV}$, see color bar in Fig. 3) a reduction of f_{gap} of about 50% can be appreciated. In an intermediate diameter regime ($3.5 \text{ nm} < d < 4.5 \text{ nm}$ or $1.98 \text{ eV} < E_0 < 2.05 \text{ eV}$, see color bar in Fig. 3), f_{gap} for DiRs



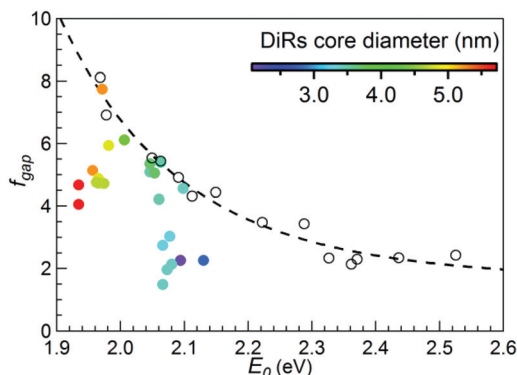


Fig. 3 Oscillator strength f_{gap} , calculated for CdSe/CdS DiRs (full symbols) and CdSe cores (empty symbols). The dashed line is a fit ($y = 1.6 + 5711x^{-10}$) to f_{gap} of CdSe NCs. The color code for DiRs indicates the diameter of the CdSe core. All values have been plotted with respect to the NC band gap E_0 .

is in line with the ones of CdSe cores. For particles with a core larger than 4.5 nm, the values fall again below the ones of CdSe NCs with the same absorption gap. Note that in DiRs with a large core, however, the first absorption peak is not clearly resolved, as is the case for smaller cores (see inset in Fig. 1, yellow and red curves), which could yield a slightly larger uncertainty for f_{gap} .

In samples with small cores strong quantum confinement, in combination with a reduced conduction band offset, allows the electron to delocalize into the shell, yielding the expected reduction in f_{gap} due to a quasi-type-II band alignment. The significant red shift of the band edge after shell growth supports this model (ESI, Fig. S3†). Large core samples however show a reduced f_{gap} despite a much smaller band edge red shift, suggesting that a different mechanism is responsible for the electron-hole separation. The results are in line however with the calculations of Segarra *et al.*,⁴² who showed that strain at the CdSe/CdS interface can lead to a reduced electron-hole overlap, which in this case can occur in the absence of a significant reduction of the NC band gap. Fig. 3 also shows considerable variation in the oscillator strength of

CdSe/CdS DiRs, even for samples with the same absorption gap and a similar core diameter (*e.g.* light blue points). In order to unveil a possible dependence on the DiR geometry (AR, NC diameter or shell thickness), we considered a subset of data with core sizes between 3.3 and 3.5 nm. Surprisingly, no clear trends were found (see ESI, section 6†). This indicates that the oscillator strength is determined not only by the core and shell geometry, the synthesis details and associated CdSe/CdS interface properties – *e.g.* strain⁴³ or interface barriers⁴⁴ – will lead to a further modification of f_{gap} . Indeed, literature studies showing delocalization effects are usually performed on samples synthesized using the same seed, or even prepared taking aliquots from the same synthesis, to improve consistency within the sample set.⁹

We therefore restricted our analysis to three subsets (distinguished by colors shown in Fig. 4a–c), each of them consisting of samples synthesized using the same core (cores up to 3.5 nm). For each of the three subsets, we have grown an increasingly thicker CdS shell. The larger CdSe/CdS diameter measured by TEM is confirmed by the corresponding red shift of the CdS absorption gap around 500 nm, as was also observed by Adel *et al.*⁴⁵ (Fig. 4a, see also ESI, section 7† for details of the calculation). One sample showed an unexpectedly small CdS band gap (indicated with an arrow) and is reported in the subsequent panels but not considered further in the analysis of f_{gap} . The increasing diameter also leads to a reduced band gap (Fig. 4b) and for each of the core diameters we observed a concomitant reduction of f_{gap} (Fig. 4c). Both trends confirm that the electron delocalizes into the CdS shell, and suggest that the delocalization and thus the electron-hole overlap are mainly determined by the overall diameter of the DiR, as was also observed by Rainò *et al.*⁴⁶ using time-resolved PL spectroscopy.

The absorption oscillator strength f_{gap} , or more directly the absorption cross section σ_{gap} of the band-edge transition can be related to the spontaneous emission rate τ_{rad}^{-1} via Fermi's golden rule:⁴⁷

$$\tau_{\text{rad}}^{-1} = \frac{e^2}{2\pi\epsilon_0 c^3 m_e} n_s \omega^2 |f_{\text{LF}}|^2 \frac{f_{\text{gap}}}{g} = \frac{1}{\pi^2 c^2 \hbar} n_s^2 \omega^2 \frac{\sigma_{\text{gap}}}{g} \quad (3)$$

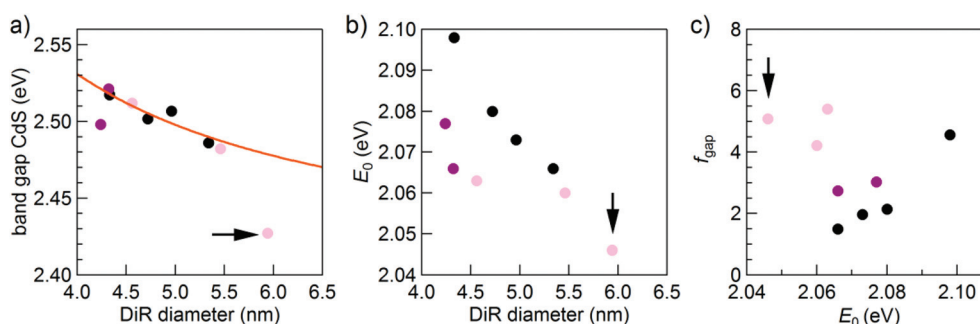


Fig. 4 Analysis of three subsets of core/shell DiRs synthesized from the same cores (purple: core diameter of 3.3 nm, black: 3.4 nm, and pink: 3.5 nm). (a) The red shift of the shell absorption onset is in agreement with the larger hNC diameter measured by TEM, except for the sample indicated by the arrow. (b) For each of the three subsets, a larger shell diameter corresponds to a smaller band gap. (c) A smaller band gap also leads to a reduced f_{gap} .



$\omega = E_0/h$ is the frequency of the transition and g is the band gap degeneracy, commonly considered to be 8 for Cd chalcogenides. The PL decay rate has been a subject of investigation since early studies on CdSe/CdS DiRs.^{7,48,49} However, the interpretation of the experimental PL decay traces of CdSe cores or CdSe/CdS DiRs is not straightforward, as the decay typically has to be fitted with a sum of several exponential functions.^{7,40} Understanding which of these components contribute to the radiative emission is crucial if we want to compare the experimental results with the decay rate calculated theoretically *via* the absorption cross section. In this respect, the QE has often been used to calculate the radiative decay τ_{rad} from the measured PL decay τ_{PL} as $\tau_{\text{rad}} = \tau_{\text{PL}}/\text{QE}$.^{6,7,48,49} However, Gao and Peng¹⁴ showed that, in CdSe QDs that have multi-exponential decays, the component corresponding to the intrinsic radiative decay channel is about 26–27 ns and independent of the QE, while the changes in QE are associated with the appearance of additional fast decay channels. These components correspond to the formation of mid-gap states which function as hole traps. In addition, a relatively slow decay component can often be discerned and is associated with shallow electron traps on the NC surface that are in thermal equilibrium with the band-edge state.^{14,15} In contrast to the nonradiative hole trapping, this delayed emission does not necessarily lead to a substantial reduction of the PL QE.¹⁵ A scheme of possible carrier relaxation pathways is depicted in Fig. 5a.

To verify the influence of the QE on the radiative lifetime, we measured the PL decay of 3 representative samples, exciting them at both 405 nm – which is the typical excitation wavelength used throughout our measurements – and 510 nm, a wavelength below the CdS band gap that directly excites CdSe core states. The resulting curves were fitted with a multi-exponential function using three decay constants. In Fig. 5b, while the QE changes by almost a factor of 2 between 405 nm and 530 nm, the decay traces exciting at 405 and 510 nm diverge only in the long tail. Assigning the first two components to the radiative recombination (*cf.* analysis below and in the ESI, section 9†), the lifetimes calculated are almost identical, yielding 22.8 ns and 20.4 ns when exciting at 405 nm and 510 nm, respectively (Table 1). Other samples show a similar behavior (see ESI, section 8†). It confirms that the QE of CdSe/CdS DiRs, excited at 405 nm, is mainly determined by nonradiative recombination of charge carriers in the CdS shell,³⁸ and the recombination dynamics of core excitons is largely independent of the excitation wavelength (and thus of the PL QE). The PL QE is not unity even when exciting the DiRs at 530 nm, yet this may be due to the existence of a dark fraction of NCs.⁵⁰ Hence, in the subsequent analysis we do not rely on the QE as a conversion factor between the measured and the radiative lifetime and use it only to classify the DiRs and understand the PL decay dynamics.

We measured the PL QE ($\lambda_{\text{ex}} = 530$ nm, *i.e.*, excitation below the CdS absorption edge), and collected the decay traces of several DiR samples ($\lambda_{\text{ex}} = 405$ nm), which were then again fitted with a multi-exponential function with three com-

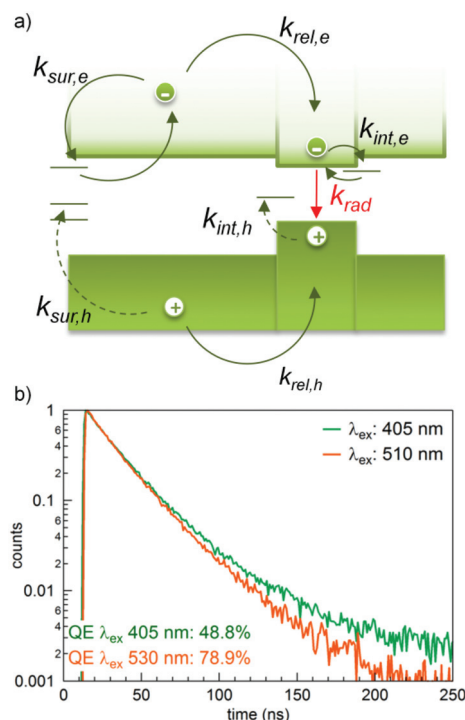


Fig. 5 (a) Scheme of the carrier relaxation pathways, highlighting the relaxation processes that lead to radiative emission (full arrows) and the non-radiative recombination (dashed arrows). k denotes the rates at which each process occurs. (b) PL decay traces of a representative DiR (NR12 in Table S1†) upon excitation at 405 nm (green trace) and 510 nm (orange trace). QE values at 405 nm and 530 nm are also reported.

ponents. By analyzing the lifetime and their relative weights, we attributed these individual components to either radiative decay, fast hole trapping, or shallow electron trapping that induces a long-lifetime tail. A detailed discussion of the analysis is reported in the ESI, section 9.† Briefly, when the PL QE falls below 60%, some DiRs show a low-weight PL component with a lifetime below 10 ns, which we considered to be due to nonradiative trapping. On the other hand, independent of the PL QE almost all samples revealed a long-lifetime component with a lifetime above 100 ns, which was assigned to delayed emission.¹⁵ The remaining component(s) were used to calculate τ_{rad} . A plot of the lifetime components against PL QE, with open symbols marking trapping and closed symbols marking radiative processes, is shown in Fig. 6a. Note that, with respect to the dataset used for the oscillator strength calculation (see above), one sample has been discarded because of a PL QE below 3% (NR22 in Table S1†).

Table 1 Lifetime components (and corresponding weights) obtained from the fit of the decay traces shown in Fig. 5, and the radiative lifetime τ_{rad} , calculated considering only the first two decay components

λ_{ex}	$\tau_1 (w_1)$	$\tau_2 (w_2)$	τ_{rad}	$\tau_3 (w_3)$
405 nm	15.8 ns (46%)	29.6 ns (48%)	22.8 ns	203.4 ns (6%)
510 nm	10.8 ns (15%)	22.2 ns (79%)	20.4 ns	79.9 ns (6%)



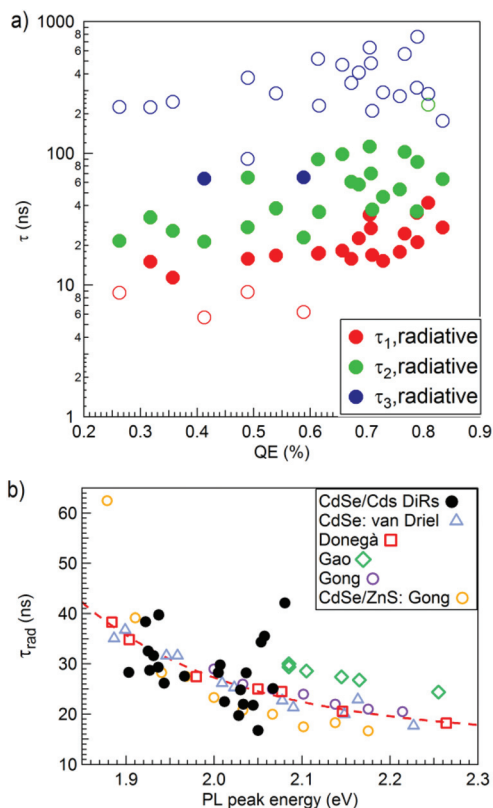


Fig. 6 (a) Lifetime components obtained from the multi-exponential fit of the DiRs, plotted with respect to the PL QE. Closed (open) symbols represent components which have been attributed to radiative (trapping) processes. (b) Comparison of τ_{rad} calculated for our DiRs with literature data on CdSe NCs.

τ_{rad} is compared with literature data for CdSe cores^{14,51–53} shown in Fig. 6b (see ESI, section 10† for details). As for the analysis of f_{gap} , the CdSe cores compare well with DiRs between 1.98 and 2.05 eV, in agreement with a negligible electron delocalization. Note that, depending on the AR, the lifetimes of DiRs can even be faster (up to 38%) than CdSe QDs with a similar band gap, due to a larger average local field factor for anisotropic particles (Fig. 2, green triangles). On the other hand, for small and large cores, with a band gap above 2.05 eV or below 1.98 eV, respectively, τ_{rad} exceeds the CdSe core-only QDs. However, with overall values below 50 ns, τ_{rad} is almost one order of magnitude smaller than in spherical CdSe/CdS giant shell NCs, where τ_{rad} can extend to 500 ns.^{20,54} This highlights the importance of the NC size and shape in determining the electron–hole overlap in CdSe/CdS quasi-type-II hNCs *via* quantum confinement, more specifically strong 2D electron confinement along the radial direction in DiRs *vs.* residual weak 3D confinement in giant-shell dot-in-dots (DiDs), and the shape-dependent electron–hole Coulomb interactions and dielectric screening.^{20,54}

Using eqn (3), we obtained the emission oscillator strength $f_{\text{gap,PL}}$ from τ_{rad} , which we compared with f_{gap} calculated from the absorption cross section (denoted as $f_{\text{gap,abs}}$ in Fig. 7a).

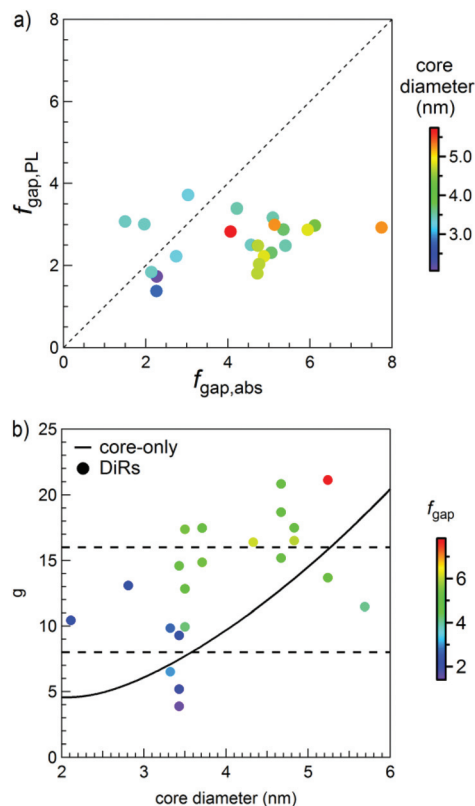


Fig. 7 (a) Comparison of the oscillator strength values $f_{\text{gap,abs}}$ obtained from the absorption cross section with $f_{\text{gap,PL}}$ calculated from the radiative lifetimes, assuming a band gap degeneracy of 8. (b) Effective degeneracy of the band edge transition calculated from the ratio between $f_{\text{gap,abs}}$ and $f_{\text{gap,PL}}$ for DiRs (full symbols, with the colour representing $f_{\text{gap,abs}}$). Similar results for CdSe NCs (solid black line, derived from the fitted curves to the CdSe data shown in Fig. 3 and 6b).

While reasonable agreement between the two is obtained for samples with a small core using $g = 8$, a clear deviation is observed for other samples. By assuming that the total oscillator strength of the transitions involved in the band-edge absorption and emission should be equal, we can derive an effective degeneracy g of the transition. As shown in Fig. 7b, g can reach values ranging from 4 up to 21 for DiRs (full symbols). The deviation from $g = 8$ is not specific to CdSe/CdS DiRs, as we also calculated a continuous increase with core diameter for CdSe QDs (solid line). Likely, it is due to the energy separation between the bands, which in both cases is strongly reduced for larger QDs, resulting in a larger manifold of states located under the first absorption peak. This was also reported by Gong *et al.*,⁴⁰ who demonstrated that a thermal population of the $1p_{3/2}$ hole level has to be taken into account at room temperature, as the energy distance between the $1s_e-1s_{3/2}$ and $1s_e-1p_{3/2}$ states is in the range of 21 to 57 meV for particles from 5.5 to 2.5 nm. These values are comparable with the typical FWHM of the first absorption peak of our samples (see ESI, Table S1†). A similar conclusion was drawn for CdTe NCs by Kamal *et al.*,⁵⁵ where good agreement



between experimental and measured data was found only when assuming $g = 16$.

Conclusions

We combined absorption and PL spectroscopy to study the band-edge optical properties of CdSe/CdS hNCs. To this end, f_{gap} is a most convenient quantity, as it directly correlates with the electron-hole overlap and hence gives insight into the degree of electron delocalization into the CdS shell. We obtained f_{gap} for CdSe cores through a calibration of the NC absorbance spectra at high energy and analytical calculation of the electric field inside the core, while finite element simulations were needed for the DiRs, as the rod-like shape of the shell leads to a non-uniform internal electric field. The comparison of f_{gap} for CdSe NCs and CdSe/CdS DiR hNCs shows a reduced electron-hole overlap both in the limit of small (below 3.5 nm) and large (above 4.5 nm) CdSe core diameters. While in the first case this is the result of electron delocalization into the CdS shell, with the extent of delocalization mainly determined by the rod diameter, in the latter it is possibly enabled by strain at the core/shell interface.⁴² Independent results are obtained when $f_{\text{gap,PL}}$ is calculated from the radiative lifetimes *via* Fermi's golden rule. Here, contributions to the decay traces were separated into radiative processes and nonradiative trapping, and we observed that the PL QE cannot be used to directly extract τ_{rad} from the measured PL decay time. $f_{\text{gap,PL}}$ obtained from the DiR radiative decay corroborated the results from absorption spectroscopy. Different from spherical giant-shell CdSe/CdS DiDs, where radiative lifetimes can reach 500 ns,^{20,54} radiative lifetimes remain overall shorter than 50 ns in DiRs, making them ideal candidates for applications where a high absorption cross section and PL QE need to be combined with fast recombination rates.^{56,57}

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