Cite this: *Metallomics*, 2017, 9, 1447

Subcellular compartmentalisation of copper, iron, manganese, and zinc in the Parkinson's disease brain†

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Elevated iron and decreased copper levels are cardinal features of the degenerating substantia nigra pars compacta in the Parkinson's disease brain. Both of these redox-active metals, and fellow transition metals manganese and zinc, are found at high concentrations within the midbrain and participate in a range of unique biological reactions. We examined the total metal content and cellular compartmentalisation of manganese, iron, copper and zinc in the degenerating substantia nigra, disease-affected but non-degenerating fusiform gyrus, and unaffected occipital cortex in the *post mortem* Parkinson's disease brain compared with age-matched controls. An expected increase in iron and a decrease in copper concentration was isolated to the soluble cellular fraction, encompassing both interstitial and cytosolic metals and metal-binding proteins, rather than the membrane-associated or insoluble fractions. Manganese and zinc levels did not differ between experimental groups. Altered Fe and Cu levels were unrelated to Braak pathological staging in our cases of late-stage (Braak stage V and VI) disease. The data supports our hypothesis that regional alterations in Fe and Cu, and in proteins that utilise these metals, contribute to the regional selectivity of neuronal vulnerability in this disorder.

Received 21st August 2017,
Accepted 13th September 2017

DOI: 10.1039/c7mt00244k

rsc.li/metallomics

Introduction

The brain contains some of the highest concentrations of iron (Fe), copper (Cu), zinc (Zn) and manganese (Mn) in the human body.¹ These metals are responsible for numerous cellular functions including synaptic transmission, myelinogenesis, energy production and regulation of oxidative stress. Many of these biochemical processes rely on metals for transfer of electrons *via* redox chemistry, neuronal excitation, protein

structure and enzymatic function.² Alterations in the levels and distribution of these transition metals are consistently reported in the Parkinson's disease brain,^{3,4} with the best documented change being elevated levels of Fe in the substantia nigra pars compacta (SNc). Abnormal deposition of Fe in the Parkinson's disease brain was first reported in 1924;⁵ since then numerous studies have identified significantly increased Fe levels within vulnerable brain regions in this disorder beyond those observed in healthy aged-matched brains.^{6,7}

Additionally, a concomitant decrease in Cu concentration has also been reported in degenerating regions of the Parkinson's disease brain,^{8,9} while data regarding Zn levels are conflicting.^{3,10} Occupational exposure to Mn alone has been demonstrated to cause parkinsonism,¹¹ highlighting the necessity for tight Mn regulation in the brain.

To date, most studies have described regional alterations in total metal levels (typically Fe) in whole tissue samples.^{3,6,12,13} While such studies are useful to identify the neuroanatomical location of changes in specific metals, alterations at the cellular and subcellular level in the Parkinson's disease brain are less well understood. Determining the cellular compartment in which these changes occur may aid in determining the underlying cause of these alterations, and the pathological effects subsequently produced in their subcellular environment.

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† Electronic supplementary information (ESI) available. See DOI: 10.1039/c7mt00244k

In this study, we examined the subcellular compartmentalisation of Mn, Fe, Cu and Zn in three regions of the Parkinson's disease brain displaying varying degrees of neurodegeneration and proteinopathology. We separated tissue samples into three fractions representing the 'soluble', 'membrane-associated' and 'insoluble' tissue components respectively, to identify the specific cellular compartment in which metal alterations are most marked. We also examined whether total metal levels were altered according to late-stage Braak pathology.

Experimental

Ethics, consent and permissions

Human ethics for this study was granted by the University of Sydney (ID: 2015/202) and the University of Melbourne (ID: 1136882).

Human brain tissue

In total, fresh frozen human post-mortem brain tissue was obtained from 13 Parkinson's disease (PD) subjects and 11 age-matched controls (Ctrl). Three specific regions were analyzed: substantia nigra (SN; encompassing both pars reticulata and pars compacta regions; $n_{PD} = 9$, $n_{Ctrl} = 8$), fusiform gyrus (FUS; $n_{PD} = 9$, $n_{Ctrl} = 8$) and occipital cortex (OCx; $n_{PD} = 11$, $n_{Ctrl} = 11$) were obtained from the New South Wales and Sydney Brain Banks. Demographic details for these cases are shown in Table 1. All Parkinson's disease cases were receiving levodopa at the time of death; other anti-parkinsonian medications prescribed ($n = 1$ case per medication) were a COMT inhibitor, a MAO inhibitor, a drug trial of Sarizotan (a 5-HT_{1A} agonist and D₂ dopamine receptor antagonist), and a dopamine agonist.

Tissue preparation

Tissue preparation was adapted from our previously published methods.^{14–17} Tissue samples (11.6–22.5 mg wet weight) were homogenised with a hand-held dounce (Omni BioMasher, Georgia, USA) in 3× tissue weight of Tris buffered saline (TBS: 50 mM Tris; 150 mM NaCl; pH 8.0) containing EDTA free protease inhibitors (Roche, NSW, Australia). Samples were centrifuged at 16 000g for 15 min at 4 °C before the supernatant fraction was collected and stored at –80 °C. This was termed the 'soluble fraction', and represented all cytosolic proteins and the interstitium. The remaining tissue pellet was resuspended in 3× tissue weight of urea buffer (7 M urea; 2 M thiourea, 4% 3-[(3-cholamindopropyl) dimethylammonio]-1-propanesulfonate (CHAPS); 30 mM Bicine; pH 8.5; Sigma, NSW, Australia) and centrifuged 16 000g for 30 min at 4 °C and the resultant supernatant was collected and stored at –80 °C. This was termed the 'membrane fraction', representing both membrane-bound proteins and those encased within cellular organelles. The final pellet was resuspended in 3× tissue weight of 70% formic acid overnight before being centrifuged at 16 000g for 30 min and the resultant supernatant collected and stored at –80 °C. This was termed the 'insoluble fraction', and represented all material not previously extracted. No observable material remained following the final preparation step.

Inductively coupled plasma-mass spectrometry (ICP-MS)

ICP-MS analysis was performed according methods previously reported.¹⁸ Each fraction was randomised before being thawed on ice and diluted 1:20 with 1% HNO₃ (v/v; Suprapur grade, Merk Millipore, VIC, Australia) prior to analysis. Total metal

Table 1 Demographic details for experimental tissue. PD = Parkinson's disease; PMI = post-mortem interval; SEM = standard error of mean; NA = not available

Case	Age	Sex	Disease duration	Primary cause of death	Tissue pH	Braak staging of PD	PMI
PD1	82	M	5	Cardiorespiratory failure	6.72	V	NA
PD2	82	F	15	Cerebrovascular accident	6.95	V	NA
PD3	83	F	14	Pneumonia	6.69	V	7
PD4	69	M	17	Bronchopneumonia	5.99	V	NA
PD5	90	M	7	Respiratory failure	6.25	V	NA
PD6	85	F	17	Cerebrovascular accident	6.58	V	26
PD7	74	M	8	Cerebrovascular accident	5.86	VI	NA
PD8	83	F	14	Cardiorespiratory failure	6.2	V	32
PD9	79	M	17	Septicaemia	6.7	VI	42
PD10	88	M	23	Cardiorespiratory failure	6.6	V	5
PD11	82	M	22	Cardiorespiratory failure	6.4	VI	19
PD12	82	M	8	Cardiorespiratory failure	6.3	VI	22
PD13	77	M	15	Aspiration pneumonia	6.4	V	15
<i>Mean (SEM)</i>	<i>81.23 (2.36)</i>	<i>9M:4F</i>	<i>14 (2.37)</i>	—	<i>6.43 (0.56)</i>	<i>9V:4VI</i>	<i>21 (3.52)</i>
Ctrl1	85	F	—	Pneumonia	6.4	—	23
Ctrl2	79	M	—	Pulmonary embolism	6.7	—	8
Ctrl3	84	F	—	Cardiorespiratory failure	6.5	—	6
Ctrl4	89	F	—	Metastatic adenocarcinoma	6	—	23
Ctrl5	91	M	—	Cardiorespiratory failure	5.9	—	13
Ctrl6	89	M	—	Cardiorespiratory failure	6.1	—	33
Ctrl7	102	F	—	Acute renal failure	5.92	—	NA
Ctrl8	89	M	—	Cardiorespiratory failure	6.7	—	22
Ctrl9	88	F	—	Cardiorespiratory failure	6.2	—	31
Ctrl10	49	M	—	Cardiorespiratory failure	6.5	—	47
Ctrl11	41	M	—	Cardiorespiratory failure	7	—	48
<i>Mean (SEM)</i>	<i>80.55 (4.30)</i>	<i>6M:5F</i>	—	—	<i>6.36 (0.60)</i>	—	<i>25.4 (3.82)</i>

levels in each fraction were measured using an Agilent Technologies 7700× ICP-MS system with a Teflon MiraMist concentric nebuliser and Scott-type double-pass spray chamber (Glass Expansion, VIC, Australia). Helium (3 mL min^{-1}) was used as a collision gas for removal of polyatomic interferences. Measured mass-to-charge (m/z) ratios were 55 (Mn), 56 (Fe), 63 (Cu) and 64 (Zn). External calibration was performed using multi-element standards (Sigma) diluted in 1% HNO_3 and yttrium (Y; $m/z = 89$; Accustandard, Connecticut, USA) was used as reference element *via* online introduction with a Teflon T-piece.

Statistical analysis

Statistical analyses were performed using Prism v6.0h (GraphPad, California, USA) for absolute metal levels, and SPSS v22.0 (IBM), and CoDaPack for compositional data.¹⁹ A Student's two-tailed *t*-test was performed to confirm age-matching, and a chi-squared test for sex-matching and comparing Braak stage. Tissue samples were background corrected according to their respective buffers, adjusted for dilution factors and standardised against original wet sample weights to obtain concentrations in microgram per gram ($\mu\text{g g}^{-1}$) of wet tissue weight. Samples below instrument limit of detection were excluded from analysis.²⁰ Outliers were identified using the combined robust regression and outlier removal (ROUT) method with a maximum false discovery rate of 5%.²¹ Total metal levels were calculated as the sum of the metal content in each fraction. Metal concentrations in each fraction for control and Parkinson's disease groups were compared using one-way analysis of variance (ANOVA) followed by Sidak *post hoc* correction for multiple comparisons, or a Student's two-tailed *t*-test, as noted in the results. For analysis of metal distribution within fractions between control and Parkinson's disease groups, centered-transformations²² were performed in CoDaPack and the subsequent compositional data was compared using multi-variate ANOVA in SPSS. All charts were drawn using Prism. A significant difference was defined as $p < 0.05$.

Results

Regional distribution of total metal levels in the healthy and diseases substantia nigra, occipital cortex and fusiform gyrus

Copper concentrations were regionally varied in the healthy brain with significantly higher levels of Cu in the healthy SN compared with the OCx and FUS (+153% *vs.* OCx, $p < 0.01$; +233% *vs.* FUS, $p < 0.001$; one-way ANOVA; Fig. 1a). The concentration of Cu in the Parkinson's disease SN was approximately half that of control SN (−54%, $p < 0.05$; Student's two-tailed *t*-test), resulting in the significant difference between nigral Cu concentration and that in the OCx and FUS observed in the healthy brain being absent in Parkinson's disease tissue.

As expected, Fe was significantly higher in the healthy SN compared with FUS (+106%, $p < 0.05$) and OCx (+61%, $p < 0.05$; Fig. 1b). In Parkinson's disease brain, this greater concentration of nigral Fe was more pronounced, with nigral concentrations representing more than twice (+210%) that of the

Fig. 1 Biometal distribution in the occipital cortex (OCx) fusiform gyrus (FUS) and substantia nigra (SN) of healthy aged controls and Parkinson's disease. (a) The concentration of Cu in control tissue was highest in the SN, though in the Parkinson's disease brain Cu concentrations decreased to levels equivalent to that in the control SN. (b) In control brains, the concentration of Fe in the SN was also significantly higher than the FUS and OCx regions. Iron concentrations were further elevated in the Parkinson's disease SN. (c) Zinc concentrations were lowest in the OCx, and (d) Mn was highest within the SN. Neither Zn or Mn were altered in the Parkinson's disease OCx, FUS or SN. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ (*vs.* control regions); # $p < 0.05$, ### $p < 0.001$ (control *vs.* Parkinson's disease SN). All concentrations are $\mu\text{g g}^{-1}$ wet weight of tissue.

Parkinson's disease OCx ($p < 0.001$) and three times (+338%) that of the Parkinson's disease FUS ($p < 0.001$; all one-way ANOVA), reflecting an accumulation of Fe within the Parkinson's disease SN (+105% *vs.* control SN, $p < 0.05$; Student's two-tailed *t*-test). Both the Parkinson's disease OCx and FUS did not show significant changes in Fe concentration when compared to healthy controls. Zinc levels were unaltered in the Parkinson's disease brain in the three regions analysed, though the control OCx contained less Zn than both the healthy FUS (−24%, $p < 0.01$) and SN (−22%, $p < 0.01$; one-way ANOVA; Fig. 1c). Manganese concentrations were significantly higher in both healthy and diseased SN, compared with the FUS (+40%, $p < 0.01$) and OCx (+32%, $p < 0.01$; Fig. 1d). Like Cu and Fe, Mn was more

concentrated in the healthy SN than the OCx (+38%, $p < 0.01$) and FUS (+49%, $p < 0.01$; one-way ANOVA; Fig. S1b, ESI†), though no changes were observed within regions according to disease state.

Transition metal alterations in cellular compartments of the Parkinson's disease substantia nigra

In the Parkinson's disease SN, the decreased Cu concentration was confined to the soluble fraction (−53%; $p < 0.01$; Fig. 2a). No detectable Cu was observed in the insoluble fraction in control brains, but was detected in four of seven of the Parkinson's disease SN samples. Similarly, in this region, we observed elevations in total Fe levels in the Parkinson's disease

SN that were also attributable to the soluble fraction (+124%, $p < 0.01$; Fig. 2b). Although total zinc levels were unchanged in the Parkinson's disease SN, the membrane-associated fraction exhibited a significant decrease in this metal confined to this brain region (−34%; $p < 0.01$; Fig. 2c; Student's two-tailed t -tests). Manganese levels did not differ in any fraction between controls and Parkinson's disease tissue (Fig. 2d).

The percentage distribution of Cu, Fe, Zn and Mn (Table 2) in the insoluble, membrane-associated and soluble fraction was not altered in any brain region between the healthy aged-control and Parkinson's disease brain. This suggests that intrinsic metal dyshomeostasis (*i.e.* decreased Cu and increased Fe levels) is not merely a redistribution of available metals, but instead remains distributed equivalently, with only absolute levels markedly altered in the Parkinson's disease SN.

Are altered metal levels in the Parkinson's disease substantia nigra related to late Braak staging?

All cases assessed were late-stage Parkinson's disease, and at *post mortem* all were classified as either Braak stage V and four stage VI, per the established pathological criteria.²³ No significant difference in total metal levels were observed in any of Parkinson's disease tissue from three regions assessed, other than a slight, non-significant decrease in Fe levels in the FUS (−12%, $p = 0.055$) (Fig. S2, ESI†). A significantly higher Fe concentration in the membrane fraction of the SN (+392%; $p < 0.05$), and lower Fe concentration in the soluble phase of the OCx (−31%; $p < 0.01$; Fig. 3), was observed in stage VI cases compared to stage V, though the small sample size and large variance within the SN suggests these data should be interpreted with caution (see Discussion).

Discussion

The regions selected in this study represent three distinct pathological states in the Parkinson's disease brain. The SN is the primary site of dopaminergic neurodegeneration which results in the clinical movement disorder.²⁴ The dopaminergic FUS displays synucleinopathy and atrophy²⁵ and is associated with visual hallucinations and Parkinson's disease with dementia, albeit in the absence of neurodegeneration.²⁶ Finally, the OCx represents an 'internal control', in that this region exhibit neither Lewy pathology nor degeneration in Parkinson's disease.

The region-specific distribution of total Cu and Fe in the three measured regions of the healthy brain we report here was consistent with previous reports.^{27–29} In the Parkinson's disease brain, significant differences in metal levels were confined to the SN, specifically a decrease in total Cu and increase in total Fe. Our group has previously reported a −45% change in total SN Cu levels,⁸ while others have reported similar decreases (−51% by Ayton *et al.*³⁰ and −34 to 45% in Dexter *et al.*'s landmark study from 1989³¹). Increased nigral Fe is a well-established feature of Parkinson's disease from numerous observational studies, and was further supported by a recent meta-analysis of these reports.⁷

Fig. 2 Within both the Parkinson's disease and control SN, the majority of (a) Cu, (b) Fe, and (c) Zn was present in the soluble fraction, followed by the membrane and insoluble fractions, respectively. (d) For Mn, equivalent amounts were distributed between the soluble and membrane-bound fractions. In the Parkinson's disease SN, the observed reduction in total Cu and increase in total Fe are confined to the soluble fraction, and a decrease in Zn within the membrane-associated fraction was also observed, although total Zn levels were not altered. ## $p < 0.01$, (control vs. Parkinson's disease). All concentrations are $\mu\text{g g}^{-1}$ wet weight of tissue.

Table 2 Percentage distribution of Cu, Fe, Zn and Mn in insoluble, membrane-bound and soluble fractions of control and Parkinson's disease brain. All data mean $\pm$ 1SD

	OCx		FUS		SN	
	Control	PD	Control	PD	Control	PD
Cu						
Insoluble	0.66 $\pm$ 1.57	0.16 $\pm$ 0.54	>0.01	>0.01	>0.01	2.04 $\pm$ 5.30
Membrane	21.41 $\pm$ 7.88	19.92 $\pm$ 9.78	20.49 $\pm$ 3.93	22.13 $\pm$ 5.56	14.94 $\pm$ 4.97	11.14 $\pm$ 5.63
Soluble	77.93 $\pm$ 7.28	79.92 $\pm$ 9.67	79.51 $\pm$ 3.93	77.87 $\pm$ 5.56	85.06 $\pm$ 4.97	86.82 $\pm$ 7.15
Fe						
Insoluble	5.10 $\pm$ 3.48	6.16 $\pm$ 2.97	3.64 $\pm$ 3.12	3.48 $\pm$ 2.52	5.60 $\pm$ 3.71	6.50 $\pm$ 3.55
Membrane	36.60 $\pm$ 12.68	35.04 $\pm$ 12.16	44.56 $\pm$ 8.31	41.13 $\pm$ 4.39	37.93 $\pm$ 8.48	26.56 $\pm$ 14.32
Soluble	58.30 $\pm$ 10.23	58.79 $\pm$ 12.36	51.80 $\pm$ 6.50	55.40 $\pm$ 4.89	56.47 $\pm$ 8.89	66.94 $\pm$ 14.44
Zn						
Insoluble	7.16 $\pm$ 3.78	6.47 $\pm$ 2.08	7.37 $\pm$ 3.95	6.66 $\pm$ 3.46	4.45 $\pm$ 1.20	7.33 $\pm$ 3.66
Membrane	43.19 $\pm$ 7.85	44.34 $\pm$ 10.02	48.24 $\pm$ 4.43	51.83 $\pm$ 4.01	40.40 $\pm$ 4.69	29.96 $\pm$ 6.62
Soluble	49.65 $\pm$ 5.63	49.20 $\pm$ 9.58	44.39 $\pm$ 5.46	41.51 $\pm$ 2.97	55.15 $\pm$ 5.16	62.71 $\pm$ 4.41
Mn						
Insoluble	2.24 $\pm$ 2.55	6.47 $\pm$ 6.67	2.48 $\pm$ 3.71	2.22 $\pm$ 2.39	2.46 $\pm$ 3.37	4.49 $\pm$ 2.80
Membrane	45.05 $\pm$ 12.58	44.83 $\pm$ 17.92	54.13 $\pm$ 7.49	51.67 $\pm$ 5.22	44.71 $\pm$ 4.03	38.73 $\pm$ 14.37
Soluble	52.71 $\pm$ 11.72	48.70 $\pm$ 15.65	43.39 $\pm$ 5.20	46.12 $\pm$ 4.85	52.83 $\pm$ 4.46	56.77 $\pm$ 12.37

Fig. 3 Concentration of (a) Cu, (b) Fe, (c) Zn, (d) and Mn in cellular fractions according to Braak staging in the Parkinson's disease OCx, FUS and SN. Only Fe shows any significant change in concentration between Braak stage V and VI, with a decrease in the soluble fraction of OCx and increase in the membrane-bound fraction in the SN in stage VI. # $p < 0.05$; ## $p < 0.01$. I = insoluble, M = membrane, S = soluble.

For the first time, we have isolated these changes to the 'soluble' cellular fraction, which represents the interstitium and cytoplasm.¹⁷ Within this fraction are aqueous proteins including antioxidant enzymes, as well as free metals present in the tissue. Membrane-associated metal-protein complexes likely comprises of protein channels and pumps involved in transfer of metals across cell plasma membrane, and metals found within membrane-bound organelles. Despite moderate metal concentrations in the membrane-associated fractions

(~35% total Fe, ~20% total Cu and ~45% total Zn; Table 2), similar changes in Cu and Fe observed in the soluble fraction were not observed. Metal-protein interactions for the purpose of transport across the plasma membrane or directed transport within the cells are likely to be transient however, and thus only a small proportion of membrane-associated transport proteins are likely to have been metal-bound at the time of extraction. A more stable pool of metals may be represented by plasma bound organelles such as mitochondria, which internalise Fe, Cu, Mn and Zn for both specific biological function or the synthesis of metalloproteins such as Fe-sulfur complexes or cytochrome *c* oxidase. Although mitochondrial dysfunction, and resulting effects on metal levels, are proposed to contribute to neuronal death in Parkinson's disease,³² the fractionation technique used here may have masked subtle changes in mitochondrial metal levels and specific isolation of mitochondria from other membrane-encapsulated metals in Parkinson's disease and control samples would be required.

The purpose of the current study was to establish the specific subcellular compartments in which known alterations in biometals occur. In doing so, we can then narrow the scope of future proteomic studies targeting these specific subcellular compartments using high-throughput shotgun proteomics methods,³³ which are currently underway in our laboratory. In addition, as both α -synuclein and SOD1 are demonstrated to aggregate in Parkinson's disease,³⁴ determining the subcellular fraction where these metal changes occur allows us to then identify whether these alterations are associated with the soluble forms of these proteins, or the aggregated form which would reside in the insoluble fraction.

The insoluble component of SN homogenates represented only a small proportion of total metal levels and we observed no changes in metals in this fraction in any brain region. Within the healthy SN, the insoluble fraction is likely to comprise of the insoluble macromolecules neuromelanin and lipofuscin,

cellular pigments which accumulate in the aging human brain³⁵ and associate with metals, including Fe, Cu, Zn and Mn.^{28,29,35,36} These pigments are highly abundant in the aged human brain, for example neuromelanin fills almost 50% of the volume of SN dopaminergic soma in individuals in their eighth decade of life.³⁷ Using *in situ* subcellular chemical imaging, we have previously reported increased Fe and decreased Cu associated with neuromelanin in the SNc neurons from the Parkinson's disease brain,⁸ although here these changes may have been obscured by the presence of other equally abundant, but not disease-related, metal-binding biomolecules, such as lipofuscin, in this tissue fraction. The insoluble fraction of the Parkinson's disease SN is also likely to include a smaller proportion by mass of small insoluble proteinaceous deposits, including Lewy bodies²⁴ and SOD1 aggregates.³⁴ While metals have been suggested to induce α -synuclein oligomerisation and aggregation *in vitro*,³⁸ it is unclear whether Lewy bodies retain metal ions. We recently demonstrated that SOD1 aggregates recently identified in Parkinson's disease share pathological similarities with the deposited protein in familial amyotrophic lateral sclerosis spinal cord and SN,³⁴ and this class of aggregate has been shown to be deficient in Cu.³⁹ The different populations of insoluble protein aggregates in degenerating regions of the Parkinson's disease brain may thus display metal associations that differ from that in the normal soluble protein, a hypothesis that could be tested using, for example, biochemical imaging analysis at the single aggregate level.

The disease-affected, but non-degenerating, FUS exhibited no evidence of perturbed metal levels supporting the hypothesis that metal dyshomeostasis, and associated oxidative stress, are restricted to specific degenerating regions of the Parkinson's disease brain.^{40,41} This poses an interesting question regarding the toxicity of synucleinopathy pathways in brain regions where metal levels are normal. *In vitro* evidence suggests that metal ions interact with α -synuclein to promote oxidative stress and neuronal death,⁴² however, we report here that the FUS, which features accumulation of α -synuclein in Parkinson's disease in the absence cell death does not exhibit altered metal levels. Maintenance of metal homeostasis may thus be sufficient to mitigate cell death, despite proteinopathy. Further, no measurable increase in Fe within the FUS compared to control implies that increased oxidative stress arising from the Fe/dopamine/ α -synuclein axis does not occur within this brain region.⁴³ The FUS has recently been established as a site of marked glial activation in Parkinson's disease⁴⁴ which suggests that neuro-inflammatory processes are not contributing to an increased amount of total Fe.

Given that many transition metals pose a significant oxidative threat to tissues, the proportion of free, or 'labile' metals present is limited and highly regulated.⁴⁵ In the healthy cell, the majority of Fe is present in the cytoplasm as the reduced ferric species⁴⁶ and as part of a redox-silenced protein complex, which may utilise the metal for a specific biological function (e.g. Fe-catalysed activity of aromatic amino acid hydroxylases) or provide a mechanism for safe storage (e.g. ferritin). For instance,

labile Fe present in a typical cell is estimated to account for around 3–5% of total cellular iron ($\sim 1\text{--}3\ \mu\text{g g}^{-1}$), and labile Cu in the human cortex has been empirically measured at a similar concentration.⁴⁷

Elevated Fe in the Parkinson's disease SN has long been associated with neurotoxicity *via* various mechanisms such as oxidative,⁴⁸ ferroptosis,⁴⁹ and deleterious interactions between dopamine and Fe.^{43,50} It has long been argued whether Fe accumulation in the Parkinson's disease SN is a potential upstream cause of disease^{51,52} or merely an effect of inflammation.^{53,54} Despite this however, both inflammatory responses, and increased intraneuronal Fe and altered intracellular Fe-regulating systems have been implicated Fe dyshomeostasis in neuronal loss in the PD brain. The importance of brain Fe changes in the aetiology of Parkinson's disease may best be demonstrated by removal of excess levels of this metal. Iron chelation therapy using deferiprone to lower brain iron levels has showed promise in pilot clinical studies⁵⁵ and is now in Phase IIa trials in recently-diagnosed Parkinson's disease patients (FAIR PARK II; ClinicalTrials.gov identifier: NCT02655315).

Dysfunction in a range of Fe regulatory pathways have been associated with its neuronal accumulation in Parkinson's disease,⁵⁶ which we show here is primarily present in the soluble tissue fraction. These changes include decreased activity of the ferroxidase ceruloplasmin, an extracellular protein responsible for reducing Fe(II) to Fe(III) for transferrin loading after neuronal export,⁵⁷ due to a lack of its required Cu cofactor.³⁰ Modulation of ceruloplasmin has been proposed as a potential therapeutic strategy for Parkinson's disease.⁵⁸

An additional cuproprotein potentially affected by a reduction in cytosolic Cu is the antioxidant conferring enzyme superoxide dismutase-1 (SOD1). Recent data has demonstrated increased SOD1 protein levels, yet a marked decrease in enzymatic activity in the Parkinson's disease SN,³⁴ proposed to result due to a lack of an essential Cu-association with this protein. Given the key bioactive role for Cu-mediated antioxidant activity in the brain, Cu modulation is a potential therapeutic avenue for Parkinson's disease,⁵⁹ and the repurposed positron emission tomography agent copper(II) diacetylbis(*N*(4)-methylthiosemi-carbazonato), or Cu^{II}(atms), has shown efficacy in transgenic and neurotoxin mouse models of Parkinson's disease.⁶⁰

The Braak staging scale used to describe the severity of Lewy pathology in the Parkinson's disease brain does not necessarily reflect the more restricted pattern of neuronal loss in this disorder;²⁴ nevertheless this method is considered the pathological standard for assessing Parkinson's disease progression and severity. Braak staging refers to the progressive pattern of synucleinopathy deposition which originates in the brainstem and olfactory regions and spreads throughout the brain, classified according to six distinct stages at autopsy.²³ Lewy pathology is first observed in the SN at stage III, and by stage VI it has spread throughout the neocortex. As *post mortem* Parkinson's disease cases are typically retrieved at end-stage disease, our analysis was limited to Braak stage V and VI cases. We did not observe any consistent progression in the alterations in Cu or Fe levels between the two stages, suggesting that metal dyshomeostasis

within the Parkinson's disease SN occurs during earlier stages of the disease. This is consistent with reports of elevated Fe and Cu reductions in the SN of patients with incidental Lewy body disease,⁸ considered a prodromal form of Parkinson's disease.⁶¹ A larger scale study examining metal levels in the SN and other degenerating, and non-degenerating brain regions, from Parkinson's disease cases representing all six pathologically confirmed Braak stages would assist in determining possible relationships between metal dyshomeostasis and disease progression.

Conclusions

Although decreased Cu and elevated Fe levels in the Parkinson's disease SN have been observed in numerous studies over the past few decades, we present here evidence that these changes are primarily present within the soluble component of this primary site of neurodegeneration. Further, no differences between Braak staging indicates that these alterations are likely to occur early in the disease process and are not merely a redistribution of metals within cellular fractions. In line with our previous studies, we postulate that disturbed levels of Fe and Cu within the Parkinson's disease SN results in increased oxidative stress from excessive labile Fe, as well as an inadequate cellular response to increased oxidative load by Cu-deficient, dysfunctional cuproproteins. Combined, these two factors may represent key mechanisms contributing to neuronal death, but also practical targets for next-generation therapies.

Author contributions

SG: designed and performed experiments, analyzed data, wrote drafts of manuscript. BRR: designed experiments. APG: performed experiments. GMH: provided materials support. SJGL: provided materials support. HJB: analyzed data. DJH: designed experiments, analyzed data, wrote and edited manuscript, administered project. KLD: designed experiments, analysed data, wrote and edited manuscript, administered project. All authors read and approved the manuscript.

Conflicts of interest

B. R. R. and D. J. H. receive material support from Agilent Technologies.

Acknowledgements

We acknowledge funding from the Victorian Government's Operational Infrastructure Support Program, Parkinson's NSW and the University of Sydney (Biomedical Science, BRIG). DJH is supported by a National Health and Medical Research Council Industry Career Development Fellowship (1122981) in partnership with Agilent Technologies, GMH is the recipient of a National Health and Medical Research Council (Australia) Senior Principal Research Fellowship (1079679). We wish to thank the New South Wales and Sydney Brain Banks, the

donors and their families. Tissues were received from the New South Wales Tissue Resource Centre at the University of Sydney supported by the National Health and Medical Research Council of Australia, Schizophrenia Research Institute and the National Institute of Alcohol Abuse and Alcoholism (NIH (NIAAA) R24AA012725) and from the Sydney Brain Bank which is supported by Neuroscience Research Australia, the University of New South Wales and the National Health and Medical Research Council of Australia.

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