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# A one-step rapid screening test of *Listeria monocytogenes* in food samples using a real-time loop-mediated isothermal amplification turbidity assay

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A rapid and specific, *hly*-based, loop-mediated isothermal amplification (LAMP) was applied for the detection of *Listeria monocytogenes* in food and food products, using a real-time turbidimeter platform (LAMP-turbidity). The principle behind this method relies on an increase in a DNA yield, which correlates with the production of magnesium pyrophosphate, and the results can be determined *via* an amplification curve within 1 h. The specificity test revealed that *L. monocytogenes* (DMST 17303) was observed from 34.1 to 38.3 min, while thirty strains of non-*L. monocytogenes* demonstrated no cross-reactions. The limits of detection for purified genomic DNA and pure culture were 800  $\mu\text{g } \mu\text{L}^{-1}$  and  $2.82 \times 10^3$  CFU  $\text{mL}^{-1}$ , respectively. Investigation on 200 raw chicken meat samples indicated that the specificity, sensitivity, and accuracy of LAMP-turbidity were 100%, 62.75%, and 90.50%, respectively. These data suggest that an *hly*-based, real-time, quantitative LAMP-turbidity assay can be an applicable tool for the epidemiological screening of *L. monocytogenes* in food and food products.

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## 1. Introduction

*Listeria monocytogenes* (*L. monocytogenes*) is an important food-borne pathogen that is found in raw and processed foods. Currently, there is increasing demand for ready-to-eat (RTE) foods, which are possible sources of *Listeria* infection.<sup>1</sup> Thus far, at least seven different species of the genus *Listeria* have been reported in the food industry.<sup>2</sup> Among them, three *Listeria* species, including *L. monocytogenes*, *Listeria ivanovii*, and *Listeria innocua*, are pathogenic. *L. monocytogenes*, which is a major Gram-positive food-borne pathogen in both human beings and animals, has already raised great concerns in several countries as a cause of meningitis, neonatal listeriosis, septicemia, and abortion of infected fetuses.<sup>3</sup> Although the occurrence of listeriosis is quite low, the hospitalization and fatality rates are high, at 94% and 12.8–17%, respectively.<sup>4</sup> Traditional culture-based methods for isolating and enumerating *L. monocytogenes* from raw food

samples generally involve the most probable number (MPN) technique. Although widely used, these methods involve labor-intensive steps and are very time-consuming (4–7 days). Some rapid detection methods for *L. monocytogenes*,<sup>5,6</sup> such as multiplex polymerase chain reaction (PCR) assay,<sup>7</sup> involve gel electrophoresis for analysis of PCR amplicons, which is tedious and time-consuming. Real-time PCR assays have been developed for the detection of *L. monocytogenes*, allowing for increased speed and sensitivity.<sup>8</sup> Nonetheless, these assays require a dedicated real-time PCR machine, which is rather expensive and complicated. Alternatively, a lateral flow, dipstick-based immunoassay has been developed and is available but results in a cross-reaction that may yield false-positive results.<sup>1,9</sup> These methods can achieve a high specificity and a low minimum detection limit for the detection of *L. monocytogenes*, but some of them may still produce false-positive results.<sup>1</sup> Therefore, the development of fast and specific detection approaches that enable the identification of food-borne pathogens is necessary.

Loop-mediated isothermal amplification (LAMP) has been applied for the detection and identification of many bacterial and viral agents.<sup>10,11</sup> The main advantages of the LAMP assay are the use of isothermal amplification and that no special apparatus is needed. A regular laboratory water bath or heating block is adequate for generating the single temperature needed for the synthesis of a large amount of DNA. In the LAMP reaction, a large amount of pyrophosphate ion by-product binds to magnesium ions, forming a white precipitate of magnesium

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pyrophosphate. This results in turbidity that increases in correlation with the DNA yield and can be quantified by a real-time measurement of turbidity.<sup>12</sup>

For gene-based detection, *hly* gene encoding for listeriolysin O (LLO) toxin is unique and is present as a single copy gene in genome of pathogenic for *L. monocytogenes*. The LLO toxin is necessary for virulence that shows LLO activity on blood agar and is used for species identification.<sup>13</sup>

Herein, the unique *hly* gene has been employed in the primer design to detect the presence of *L. monocytogenes*, using a real-time LAMP-turbidity platform. The limit of detection, sensitivity, specificity, and accuracy were investigated in comparison to standard culture and PCR methods.

## 2. Materials and methods

### 2.1. Bacterial isolates and culture conditions

A total of 35 bacterial isolates (Table 1) were obtained from the Department of Medical Science, the Ministry of Public Health, Thailand (DMST), the Department of Pathology, the Faculty of Medicine, Srinakharinwirot University, HRH Princess Maha Chakri Sirindhorn Medical Center, Thailand (DPSWU), and the Department of Biology, the Faculty of Science, Srinakharinwirot University, Thailand (DBSWU). These bacterial isolates were used for LAMP assay specificity tests. *L. monocytogenes* (DMST 17303) was used as the positive control in each test involving the sensitivity of LAMP and PCR.

The cultures of the aforementioned isolates were grown overnight in brain heart infusion (BHI) broth (BBL, Becton Dickinson Microbiology Systems, Cockeysville, MD, USA) at 37 °C.

### 2.2. DNA extraction

DNA was extracted from an overnight culture of the organism. Briefly, bacterial cells were pelleted by centrifugation at 13 000 rpm for 5 min and were re-suspended in 100 µL of sterile, deionized, nanopure water. Then, 100 µL of the suspension was heated at 100 °C for 10 min to extract DNA. After centrifugation at 13 000 rpm for 1 min, the supernatant was saved for use as the DNA template.

### 2.3. Primer design

The nucleotide sequences of *L. monocytogenes* listeriolysin O (*hly* [accession number HE999704]) were retrieved from GenBank. LAMP primers were designed through the Primer Explorer program (version 4; Fujitsu Limited, Tokyo, Japan). A set of four LAMP primers, including two inner primers (forward inner primer [FIP] and backward inner primer [BIP]) and two outer primers (F3 and B3) that recognized six distinct consensus regions of the target gene sequence, was used. The *hly* gene sequences of 12 *L. monocytogenes* serotypes (GenBank Accession numbers: FR733647, FR733646, FR733648, FR733650, FR733645, FR733649, FM211688, FR733642, FR733651, FR733643, FR733644, and FR720325) were aligned using the Clustal Omega program (<http://www.ebi.ac.uk/Tools/msa/clustalo/>). All primers were patented (Petty patent submission number 1601004755) and synthesized by Bio Basic Inc., Canada.

Table 1 Bacterial isolates for specificity test

Bacterial isolate	Source
<b><i>Listeria monocytogenes</i> (n = 5)</b>	
<i>L. monocytogenes</i> DMST 17303	DMST
<i>L. monocytogenes</i> DMST 20093	DMST
<i>L. monocytogenes</i> DMST 21164	DMST
<i>L. monocytogenes</i> DMST 23145	DMST
<i>L. monocytogenes</i> DMST 31802	DMST
<b>Non-<i>Listeria monocytogenes</i> (n = 3)</b>	
<i>L. innocua</i> DMST 9011	DMST
<i>L. ivanovii</i> DMST 9012	DMST
<i>L. welshimeri</i> DMST 20559	DMST
<b>Non-<i>Listeria</i> strains (n = 27)</b>	
<b><i>Salmonella</i> serovar (n = 10)</b>	
<i>S. typhimurium</i>	DMST
<i>S. enteritidis</i>	DMST
<i>S. stanley</i>	DMST
<i>S. agona</i>	DMST
<i>S. rissen</i>	DMST
<i>S. anatum</i>	DMST
<i>S. kedougou</i>	DMST
<i>S. paratyphi</i> A	DMST
<i>S. weltevreden</i>	DMST
<i>S. typhi</i>	DMST
<b><i>Shigella</i> species (n = 4)</b>	
<i>S. boydii</i>	DMST
<i>S. flexneri</i>	DMST
<i>S. sonnei</i>	DMST
<i>S. dysenteriae</i>	DMST
<b><i>Campylobacter</i> species (n = 4)</b>	
<i>C. jejuni</i> ATCC 33291	DMST
<i>C. coli</i> NCTC 11353	DMST
<i>C. lari</i> ATCC 43675	DMST
<i>C. fetus</i> ATCC 27374	DMST
<i>Escherichia coli</i> ATCC 25922	DPSWU
<i>Bacillus cereus</i>	DBSWU
<i>Staphylococcus aureus</i> ATCC 25923	DPSWU
<i>Pseudomonas aeruginosa</i> ATCC 27853	DPSWU
<i>Micrococcus luteus</i>	DBSWU
<i>Citrobacter diversus</i>	DBSWU
<i>Serratia marcescens</i>	DBSWU
<i>Enterobacter aerogenes</i>	DBSWU
<i>Klebsiella oxytoca</i>	DBSWU

### 2.4. Real-time quantitative LAMP reaction

The LAMP reaction mixture (25 µL) consisted of 1× ThermoPol reaction buffer (New England Biolabs, USA), 5.6 mM MgSO<sub>4</sub> (New England Biolabs, USA), 1.6 mM dNTPs (New England Biolabs, USA), 0.5 M Betaine (Sigma-Aldrich, USA), 2 µM LAMP inner primers (Lm*Hly* FIP and Lm*Hly* BIP), 0.2 µM LAMP outer primers (Lm*Hly*-F3 and Lm*Hly*-B3), 8U of Bst DNA polymerase (New England Biolabs, USA), and 2 µL of DNA template.

One positive control and one negative control were included in each LAMP run. The LAMP reaction mixtures were heated at 60 ± 2 °C for 60 min in a real-time LAMP turbidimeter (Mobilis Automata Co., Ltd., Thailand). Turbidity readings at 650 nm were obtained every second, and the time threshold (*T<sub>i</sub>*; in min) was determined when turbidity measurements increased



(differential values of moving averages of turbidity). After 60 min, aliquots (3  $\mu$ L) of the LAMP products were electrophoresed on a 2% agarose gel (AGE) for 60 min at 80 volts. A negative control reaction was performed using sterile, deionized, nanopure water instead of the DNA template.

### 2.5. PCR reaction

To compare the specificity of the LAMP assay, a conventional PCR assay was performed using LAMP outer primers. The PCR reagent mixture (25  $\mu$ L) contained 1 $\times$  supplied buffer, 1.0 mM MgCl<sub>2</sub> (Vivantis, Malaysia), 0.2 mM dNTPs, 0.3  $\mu$ M LAMP outer primers, 5U of Taq DNA polymerase (Vivantis, Malaysia), and 2  $\mu$ L of template DNA. The assay was conducted through an initial denaturation at 95  $^{\circ}$ C for 5 min, followed by 35 cycles of denaturation at 95  $^{\circ}$ C for 30 s, primer annealing at 50  $^{\circ}$ C for 30 s, extension at 72  $^{\circ}$ C for 30 s, and post-extension at 72  $^{\circ}$ C for 10 min in a C1000™ Thermal Cycler (Bio-Rad, USA). The PCR products were analyzed *via* 2% agarose gel electrophoresis.

### 2.6. LAMP specificity and sensitivity

DNA templates of the 30 bacterial isolates (Table 1) were prepared by heating at 100  $^{\circ}$ C for 10 min, as described previously. Aliquots (2  $\mu$ L) of each template were subjected to the LAMP assay.

LAMP sensitivity (the limit of detection) was determined by performing 10-fold serial dilutions of pure culture and purified genomic DNA of *L. monocytogenes* (DMST 17303). Aliquots (2  $\mu$ L) of each template were tested *via* both LAMP and PCR assays, and repeated three times each.

### 2.7. Real-time turbidity detection in raw food samples

200 raw chicken meat samples were randomly purchased from local delicatessens in Bangkok, Thailand. Twenty-five gram test portions of the raw chicken meat samples were placed in sterile filter bags (BagFilter®, Interscience, France) containing 225 mL of deionized, ultrapure water (sterile). The bagged samples were crushed and homogenized. The solution was then collected, followed by a 5 min centrifugation to pellet bacterial cells. After removing the supernatants, pellets were resuspended in 2 mL of deionized, ultrapure water (sterile). Aliquots (1 mL) of the mixtures were heated at 100  $^{\circ}$ C for 10 min and centrifuged again at 13 000 rpm for 1 min. Two microliters of the sample DNA extracts were subjected to both LAMP and PCR assays, which were repeated in triplicate. The suspended samples (1 mL) were identified as *L. monocytogenes* using the method outlined by the Bacteriological Analytical Manual (BAM) of the Food and Drug Administration (FDA).<sup>14</sup> Briefly, the *Listeria* enriched sample in selective medium broth was plated on Chromogenic agar. The positive colony was selected, isolated and identified by using Gram staining test, CAMP test on sheep blood agar, catalase test, motility test and biochemical test.

### 2.8. Data analysis

Turbidity profiles were recorded by using the LAMP-turbidity Plotter-MEMS LAB-NECTEC program on the monitor of a real-

Table 2 The cross tabulate for diagnostic tests in a 2  $\times$  2 table

		Number of reference samples	
		Known positive	Known negative
Test results	Positive	<b>True positive (TP)</b>	<b>False positive (FP)</b>
	Negative	<b>True negative (TN)</b>	<b>False negative (FN)</b>
		Diagnostic sensitivity TP/(TP + FN)	Diagnostic specificity TN/(TN + FP)

AMP turbidimeter. Means and standard deviations of  $T_t$  (time threshold for the real-time turbidimeter platform) for LAMP were calculated in Microsoft Excel (Microsoft, Seattle, WA). The detection limits were repeated three times and presented as the lowest DNA concentrations or lowest number of specific *L. monocytogenes* (DMST 17303) cells that could be detected by the assay. The statistic sensitivity, specificity, and accuracy of each assay as well as the prevalence of *L. monocytogenes* in raw chicken meat were calculated against the gold standard method with regard to the MEDCALC® easy-to-use statistical software ([https://www.medcalc.org/calc/diagnostic\\_test.php](https://www.medcalc.org/calc/diagnostic_test.php)) for 2  $\times$  2 cross tabulated diagnostic tests<sup>15</sup> (Table 2).

## 3. Results

### 3.1. LAMP optimization

Optimization of LAMP-turbidity was conducted at 60  $\pm$  2  $^{\circ}$ C for 60 min as a comparative analysis with 2% agarose gel electrophoresis (AGE). A positive LAMP-turbidity reaction was determined from an increase in a white magnesium precipitate generating a turbidity signal, while negative reactions remained clear (Fig. 1A and B). The data also revealed that a 60 min incubation time was sufficient to amplify a small amount of template DNA. This could be observed by the naked eye and *via* a turbidimeter (Fig. 1C).

A white magnesium precipitate was formed in the reaction tube (Fig. 1c) and revealed the typical ladder-like pattern on agarose gel electrophoresis (Fig. 1d), which is a LAMP characteristic.

### 3.2. LAMP analytical specificity

The specificity of the real-time *hly*-based LAMP-turbidity assay was determined by using *L. monocytogenes* (DMST 17303) and 30 non-*L. monocytogenes* strains as the positive and negative controls, respectively. The data indicated that the turbidity signal of *L. monocytogenes* (DMST 17303) was detectable from 34.1 to 38.3 min (Table 1). The signal was absent in other *Listeria* species (*L. innocua* DMST 9011, *L. ivanovii* DMST 9012, *L. welshimeri* DMST 20559) and non-*Listeria* spp. (*Salmonella* spp., *Shigella* spp., *Campylobacter* spp., *Escherichia coli* ATCC 25922, *Bacillus cereus*, *Staphylococcus aureus* ATCC 25923, *Pseudomonas aeruginosa* ATCC 27853, *Micrococcus luteus*, *Citrobacter diversus*, *Serratia marcescens*, *Enterobacter aerogenes*, and *Klebsiella oxytoca*). The data were then correlated with those of LAMP and PCR (Fig. 2).



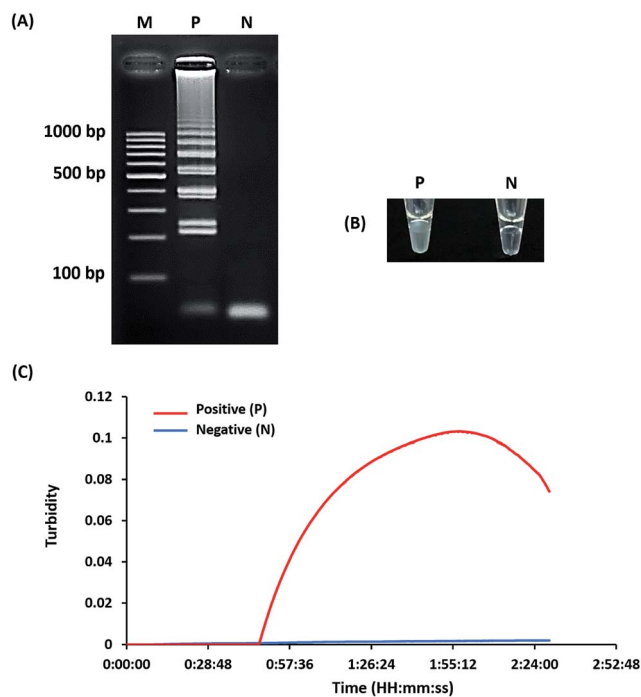


Fig. 1 Optimization of the LAMP reaction. The LAMP assay was assessed based on 2% agarose gel electrophoresis (A), turbidity noticeable by the naked eye (B) and real-time turbidimeter analysis (C). M, GeneRuler™ 100 bp DNA ladder marker (Thermo Scientific, USA); N, negative control (without the DNA template); P, positive control (with the DNA template of *L. monocytogenes* DMST 17303).

### 3.3. LAMP analytical sensitivity

The analytical sensitivity or detection limit of the *hly*-based LAMP-turbidity assay was determined through using 10-fold serial dilutions of *L. monocytogenes* (DMST 17303) template DNA and pure culture. The test revealed that the maximum  $T_t$  values for detection of minimum purified DNA and culture were 46.0 and 37.3 min, corresponding to 800 pg and  $2.82 \times 10^3$  CFU mL<sup>-1</sup>, respectively (Fig. 3 and 4). No turbidity signal was detected for the negative control.

### 3.4. Detection of *L. monocytogenes* in raw food samples

Direct examination of the 200 raw chicken meat samples (without enrichment) was performed by comparing LAMP-turbidity assay results to conventional PCR and LAMP results. According to this culture technique, 51 samples were positive, while 149 samples were negative. Among the 51 positive *L. monocytogenes* samples, 32 tested positive utilizing LAMP and LAMP-turbidity, while 36 samples tested positive utilizing PCR (Table 3).

The diagnostic specificity, sensitivity, accuracy, and detection time of PCR, LAMP and LAMP-turbidity for detection of *L. monocytogenes* (based on the *hly* gene) were calculated in comparison to standard culture. The data clearly demonstrated that all tests showed 100% diagnostic specificity. The diagnostic sensitivity of the PCR, LAMP and LAMP-turbidity assays was 70.59%, 62.75% and 62.75%, respectively (Table 3). The

accuracy of the PCR, LAMP and LAMP-turbidity assays was 92.50%, 90.50%, and 90.50%, respectively (Table 3). The prevalence of *L. monocytogenes* in raw chicken meat collected from local markets in Bangkok during the indicated time period was 25.50%. LAMP-turbidity of thirty representative raw food samples were achieved and displayed in Fig. 5.

## 4. Discussion

In this study, a one-step, qualitative, real-time, LAMP-turbidity assay was developed for the detection of *L. monocytogenes* from purified genomic DNA, in pure culture, and in the raw chicken meat samples. Many studies have evaluated the LAMP assay for large-scale screening of food-borne pathogens such as *E. coli* O157:H7, *Salmonella*, *Shigella*, and *Vibrio parahaemolyticus*.<sup>10,16–18</sup> Generally, amplified products have been evaluated through agarose gel electrophoresis and subsequent staining with ethidium bromide, revealing a ladder pattern of DNA bands under ultraviolet light. However, this assay has several drawbacks, such as the use of highly toxic ethidium bromide, which is hazardous to health and the environment.<sup>9</sup> Turbidity analysis of the magnesium pyrophosphate precipitate allowed for persistent monitoring of accumulative DNA synthesis in the LAMP reaction with a single tube.<sup>12</sup> Turbidity and dye color changes are normally used to check the progress of the LAMP reaction. Changes in turbidity are mainly due to the white, focal phosphatase precipitate generated during the reaction, but this can be difficult to detect at low levels. A color change is observed after adding calcein and SYBR Green I to the reaction mixture.<sup>19,20</sup> Hence, these two methods are employed in analysis to avoid the use of carcinogenic ethidium bromide. However, these dyes require equipment for observing illumination which may be an inconvenience for the user. Hence, LAMP combined with a turbidimeter can be considered as a one-step, qualitative, real-time method that can be manipulated within approximately one hour. Referring to our previous publication, the optimum LAMP was achieved at 60 min.<sup>21</sup> As the LAMP reaction progresses, pyrophosphate ions produced from deoxyribonucleotides (dNTPs) bind to magnesium ions and subsequently form a white precipitate of magnesium pyrophosphate.<sup>22</sup> The amount of the precipitate can be measured using a real-time turbidimeter, which is more appropriate for monitoring LAMP reactions because it can detect turbidity at low levels and presents no issues with aerosol contamination. In this study, it is noted that the signal and duration of turbidity are the keys of detection. Nevertheless, in certain samples of high DNA concentration or CFU, the turbidity starts to decline after a while. This may affect the excess formation of the magnesium pyrophosphate product which precipitates and settles down to the bottom of the tube after a while.

Therefore, this method is more reliable than other similar methods and is recommended for health management applications involving the prevention of food-borne outbreaks. This method is important and necessary to prevent the spread of *L. monocytogenes* in the food market, decrease mortality rates from human illness, and reduce the economic loss of farms.



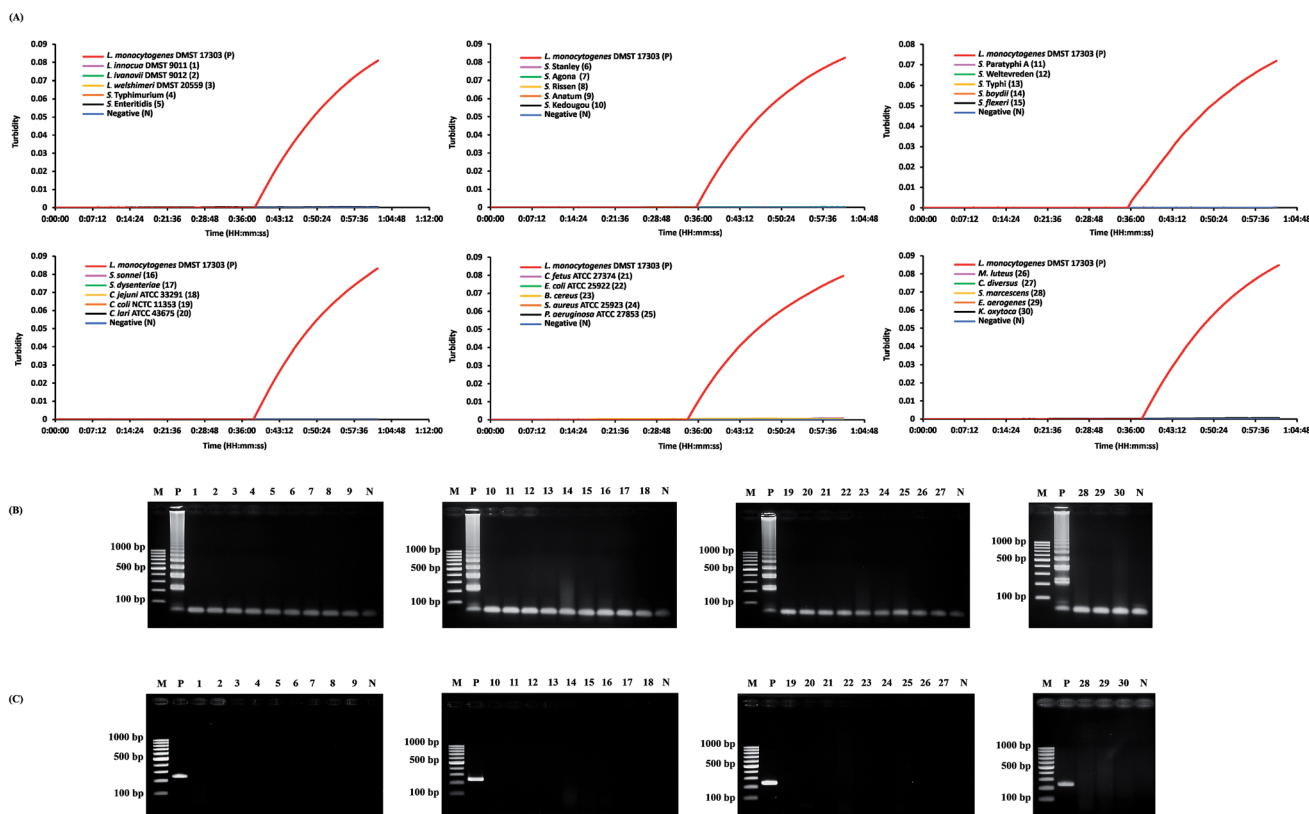


Fig. 2 Specificity of *hly*-based LAMP-turbidity, LAMP, and PCR assays. Assessment was based on real-time turbidimeter analysis (A) and 2% agarose gel electrophoresis analysis of both (B) the LAMP product and (C) the PCR product. M, GeneRuler™ 100 bp DNA ladder marker (Thermo Scientific, USA); N, negative control (without the DNA template); 1, *L. innocua* DMST 9011; 2, *L. ivanovii* DMST 9012; 3, *L. welshimeri* DMST 20559; 4, *S. typhimurium*; 5, *S. enteritidis*; 6, *S. stanley*; 7, *S. agona*; 8, *S. rissen*; 9, *S. anatum*; 10, *S. kedougou*; 11, *S. paratyphi* A; 12, *S. weltevreden*; 13, *S. typhi*; 14, *S. boydii*; 15, *S. flexneri*; 16, *S. sonnei*; 17, *S. dysenteriae*; 18, *C. jejuni* ATCC 33291; 19, *C. coli* NCTC 11353; 20, *C. lari* ATCC 43675; 21, *C. fetus* ATCC 27374; 22, *E. coli* ATCC 25922; 23, *B. cereus*; 24, *S. aureus* ATCC 25923; 25, *P. aeruginosa* ATCC 27853; 26, *M. luteus*; 27, *C. diversus*; 28, *S. marcescens*; 29, *E. aerogenes*; 30, *K. oxytoca*; P, positive control (with the DNA template of *L. monocytogenes* DMST 17303).

However, LAMP is less stable than PCR and carries a higher false-positive rate than PCR under a variety of experimental conditions. The cross-amplification of LAMP also produces magnesium pyrophosphate, leading to a false turbidity interpretation.

The *hly* gene, which encodes listeriolysin O of *L. monocytogenes*, was employed in the primer design due to its uniqueness, which was key for achieving specificity in the real-time, qualitative LAMP assay. Among 5 isolates of *L. monocytogenes*, 3 isolates of other *Listeria* species, and 27 isolates of non-*Listeria* spp., the one-step, real-time, *hly*-based LAMP-turbidity assay generated 100% inclusivity and 100% exclusivity. These results suggested that the *hly*-based LAMP-turbidity assay has both high diagnostic specificity and amplification efficiency. The analytical sensitivity of *hly*-based PCR was ten times more sensitive than that of *hly*-based LAMP and real-time LAMP-turbidity. However, LAMP and real-time LAMP-turbidity were rapid when compared to the PCR assay.<sup>21</sup> In addition, this closed tube method can minimize the problem of carry-over contamination in less controlled environments and is effective for concurrent testing of several samples.

Considering the direct detection of *L. monocytogenes* using LAMP-turbidity based on the *hly* gene without loop primers, the limit of detection was  $2.82 \times 10^3$  CFU mL<sup>-1</sup> which agrees with that of Shan X and coworkers ( $2.82 \times 10^3$  CFU mL<sup>-1</sup> or 6 CFU per reaction).<sup>23</sup> However, the authors noted that the false positive was observed due to the use of loop primers.<sup>23</sup> In our experiment, the intensity and length of turbidity are not related to the level of pathogen present. However, the minimum level of *L. monocytogenes* means that the limit of detection is the lowest quantity of a substance that can be distinguished from its absence. Regarding the limit of detection, *hly*-LAMP turbidity was almost 3 and 10 times less sensitive than those of Tang M. J. *et al.* ( $1.0 \times 10^3$  CFU mL<sup>-1</sup> or 2 CFU per reaction)<sup>24</sup> and Wang D. *et al.* (186 CFU mL<sup>-1</sup>).<sup>25</sup>

According to Tang M. J. and coworkers, the assay was accomplished by LAMP in the presence of calcein and observation of the calcein–magnesium complex under UV/VIS light encompassing 2 steps of detection.<sup>24</sup> Similarly, Wang D. and coworkers also demonstrated the 2-step assay of *L. monocytogenes* using LAMP of the *iap* gene and analyzed the LAMP products on agarose gel electrophoresis which involved carcinogenic ethidium bromide in the staining step.<sup>25</sup>



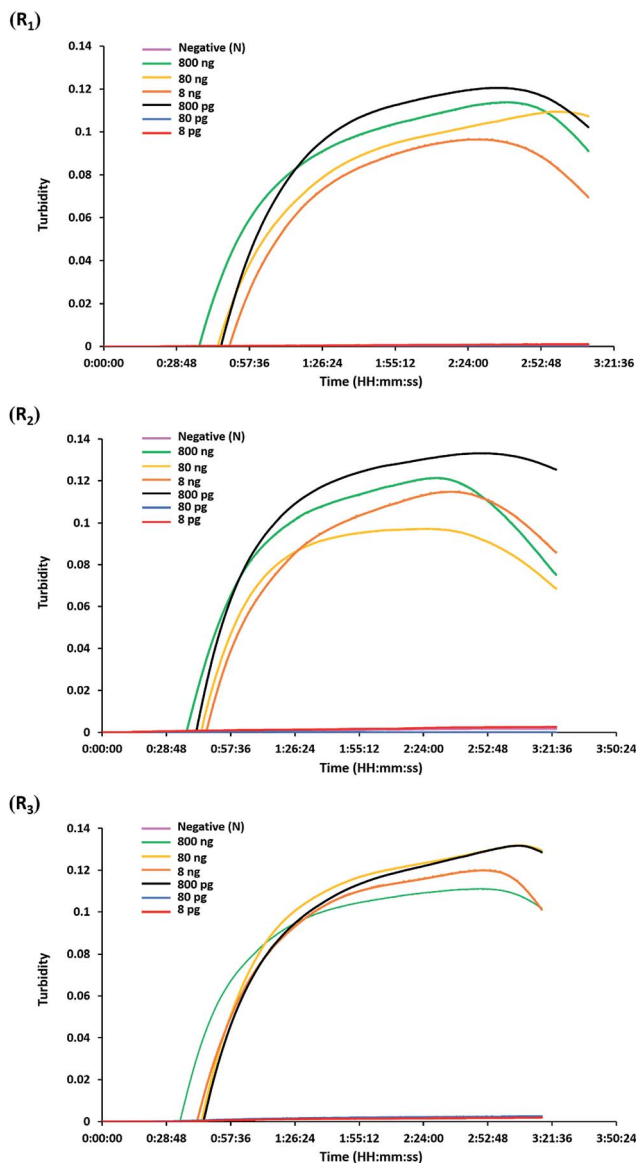


Fig. 3 Sensitivity of the LAMP-turbidity assay using purified genomic DNA. The turbidity graphs were displayed based on three repeats corresponding to 10-fold serial dilutions of *L. monocytogenes* DMST 17303 purified genomic DNA ranging from 800 ng to 8 pg. R<sub>1</sub>, repeat 1; R<sub>2</sub>, repeat 2; R<sub>3</sub>, repeat 3; N, negative control (without the DNA template).

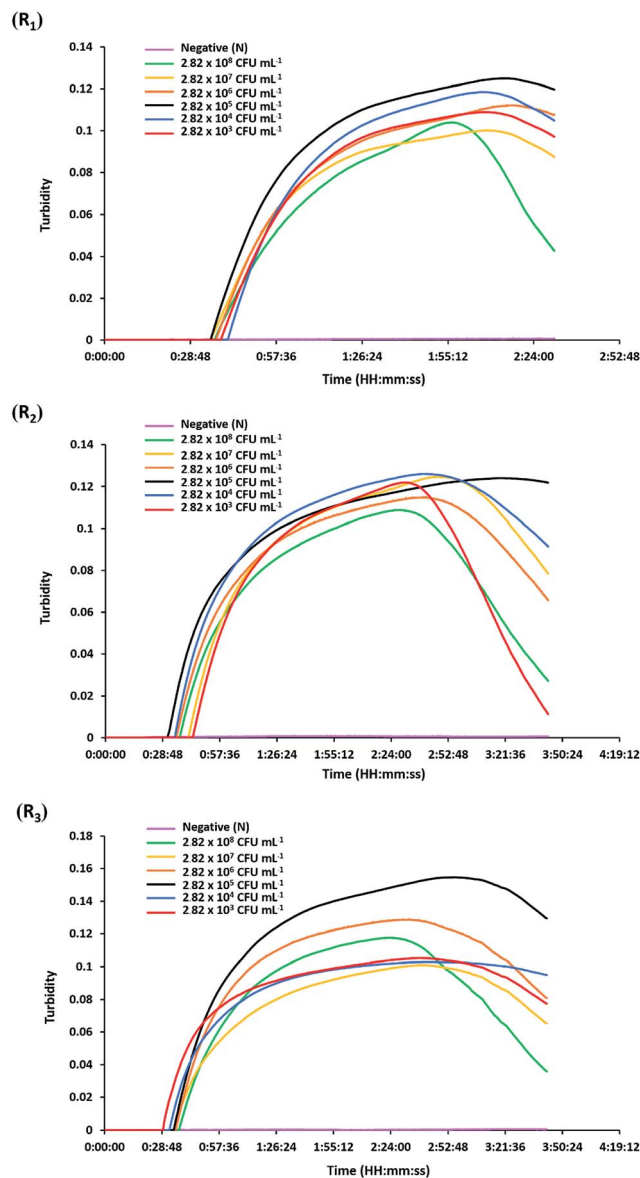


Fig. 4 Sensitivity of the LAMP-turbidity assay using cells from a pure culture. The turbidity graphs were displayed based on three repeats corresponding to 10-fold serial dilutions of *L. monocytogenes* DMST 17303 cells from a pure culture ranging from  $2.82 \times 10^8$  to  $2.82 \times 10^3$  CFU mL<sup>-1</sup>. R<sub>1</sub>, repeat 1; R<sub>2</sub>, repeat 2; R<sub>3</sub>, repeat 3; N, negative control (without the DNA template).

Referring to BAM of FDA's standard culture method, the 51 out of 200 raw food samples were *L. monocytogenes* positive. Among them, 32 tested positive utilizing LAMP and LAMP-turbidity, while 36 samples tested positive utilizing PCR. Regarding the *hly*-LAMP-turbidity of *L. monocytogenes* in the raw food samples, the diagnostic sensitivity was less than that of *hly*-PCR. According to our previous publication, the *hly*-PCR assay was 10 times more sensitive than the *hly*-LAMP assay.<sup>21</sup> It is possible that the 32 samples of both LAMP-turbidity and PCR positive contain bacteria in the range of detection whereas 4 real samples of discrepancy between the two techniques (PCR positive, LAMP negative) may contain the amount of DNA less than the limit of detection of *hly*-

LAMP. However, it was suggested that the pre-enrichment sample prior to the LAMP-turbidity assay can improve the sensitivity of the test. Nevertheless, this may not be suitable for use as a rapid screening test since it is time-consuming. As such, the direct detection of *L. monocytogenes* using LAMP-turbidity is convenient and easy to manipulate when compared to other assays. Furthermore, this method can be utilized as a point-of-care test since post-amplification analysis is not required. Therefore, this method is suitable for rapid screening of *L. monocytogenes* in food products and diminishes the risks associated with the consumption of these high-risk foods.



Table 3 Comparison of PCR, LAMP and LAMP-turbidity for detection of *L. monocytogenes* in the raw chicken meat samples

Diagnosis method	No. of positive results/total <sup>a</sup>	Sensitivity (%)	Specificity (%)	Prevalence (%)	Accuracy (%)	Total time of detection
<i>hly</i> -PCR-AGE	36/51	70.59	100	25.50	92.50	~2.30 h
<i>hly</i> -LAMP-AGE	32/51	62.75	100	25.50	90.50	~2 h
<i>hly</i> -LAMP-turbidity	32/51	62.75	100	25.50	90.50	~1.00 h

<sup>a</sup> The number of samples giving positive results in the diagnosis methods per the total number of positive results from the enrichment culture method as reference.

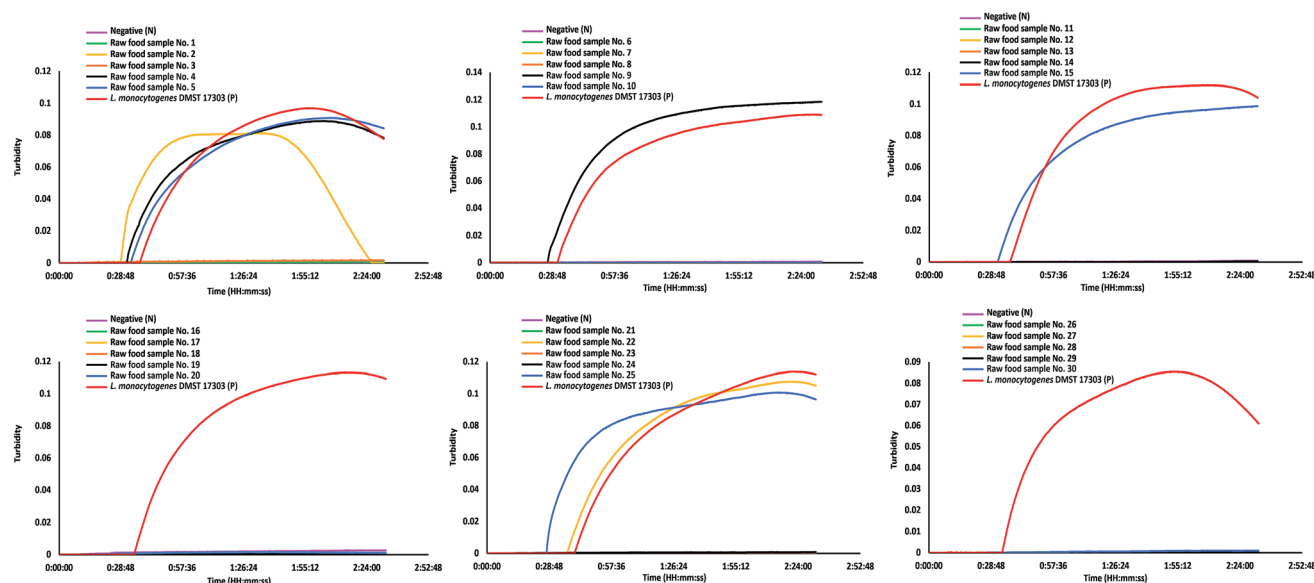


Fig. 5 LAMP-turbidity profiles of 30 representative raw food samples. N, negative control (without the DNA template); P, positive control (with the DNA template of *L. monocytogenes* DMST 17303).

## Compliance with ethical standards

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### Ethical approval

This article does not contain any studies with human participants or animals performed by any of the authors.

### Informed consent

Not applicable.

## Conflicts of interest

Sirirat Wachiralurpan declares that she has no conflict of interest. Thayat Sriyapai declares that he has no conflict of interest. Supatra Areekit declares that she has no conflict of interest. Pichapak Sriyapai declares that she has no conflict of interest. Dueantem Thongphueak declares that she has no

conflict of interest. Somchai Santiwatanakul declares that he has no conflict of interest. Kosum Chansiri declares that she has no conflict of interest.

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