

Cite this: *Nanoscale*, 2016, 8, 18204

Strong and tuneable wet adhesion with rationally designed layer-by-layer assembled triblock copolymer films†

 Andrea Träger,^{*a} Samuel A. Pendergraph,^a Torbjörn Pettersson,^{a,b} Tobias Halthur,^{c,d} Tommy Nylander,^e Anna Carlmark^a and Lars Wågberg^{*a,b}

In this study the wet adhesion between Layer-by-Layer (LbL) assembled films of triblock copolymer micelles was investigated. Through the LbL assembly of triblock copolymer micelles with hydrophobic, low glass transition temperature (T_g) middle blocks and ionic outer blocks, a network of energy dissipating polymer chains with electrostatic interactions serving as crosslinks can be built. Four triblock copolymers were synthesized through Atom Transfer Radical Polymerisation (ATRP). One pair had a poly(2-ethyl-hexyl methacrylate) middle block with cationic or anionic outer blocks. The other pair contained the same ionic outer blocks but poly(*n*-butyl methacrylate) as the middle block. The wet adhesion was evaluated with colloidal probe AFM. To our knowledge, wet adhesion of the magnitude measured in this study has not previously been measured on any polymer system with this technique. We are convinced that this type of block copolymer system grants the ability to control the geometry and adhesive strength in a number of nano- and macroscale applications.

 Received 18th July 2016,
Accepted 7th October 2016

DOI: 10.1039/c6nr05659h

www.rsc.org/nanoscale

Introduction

Block copolymers have attracted wide attention over the last decades.^{1–6} The interest arises from the ability of these molecules to micro-phase separate in bulk and self-assemble in selective solvents due to chemically distinct polymer blocks which are covalently bonded.⁴ There are several well established uses of block copolymers, such as styrene-butadiene rubbers in tires⁷ and compatibilisers in composite materials.^{8,9} Block copolymers containing blocks with different surface energies can be used to reduce the interfacial tension between two materials in a blend.^{3,10} There are also several emerging application areas for block copolymers, including templates for nanolithography^{2,11} and vehicles for controlled drug delivery.^{1,3} Block copolymers can be designed

to self-assemble in aqueous solution to micelles with a hydrophilic corona and hydrophobic core, and the latter can as an example be loaded with a hydrophobic drug.^{12,13} These block copolymer micelles can be tuned to partly or fully disassemble to release the drug based on various parameters such as temperature, pH or the presence of a targeted receptor.^{3,14,15} Block copolymers have also been introduced into Layer-by-Layer (LbL) assembled thin films.^{14,16}

LbL assembly enables excellent control of the thickness and composition on a nano-metre scale.¹⁷ Since it garnered wide attention in the early 1990s, this technique has been used to assemble a broad variety of molecular systems.^{16–19} A few of the investigated areas are thermoresponsive drug delivery systems and other biomedical applications,^{14,20–23} flame-retardant paper,²⁴ and energy storage devices.^{25–27} In our group, an LbL system with poly(allylamine hydrochloride) (PAH) and hyaluronic acid (HA) has previously been studied.^{28–30} These studies showed that paper sheets made from LbL modified pulp with nanometre-thin (<25 nm) layers of these polymers adsorbed onto the fibres exhibited significantly larger tensile strength and strain at failure, compared to sheets prepared from neat pulp fibres.²⁸ In a subsequent study of the interactions between PAH/HA in LbL thin films, it was found that the wet adhesion of this LbL system as measured by colloidal probe atomic force microscopy (AFM) was 20 times higher than that of collagen and bone.²⁹ This previous

^aKTH Royal Institute of Technology, School of Chemical Science and Engineering, Department of Fibre and Polymer Technology, Teknikringen 56, SE-100 44 Stockholm, Sweden. E-mail: wagberg@kth.se

^bKTH Royal Institute of Technology, Wallenberg Wood Science Centre, Teknikringen 56, SE-110 44 Stockholm, Sweden

^cCR Competence AB, SE-221 00 Lund, Sweden

^dMalmö University, Faculty of Health and Society, Department of Biomedical Science, SE-20506 Malmö, Sweden

^eDepartment of Physical Chemistry, Lund University, SE-221 00 Lund, Sweden

†Electronic supplementary information (ESI) available: Additional characterisation of the synthesised materials. See DOI: 10.1039/c6nr05659h



work concluded that LbL assembled thin films can be used as efficient adhesive joints between fibres to modify the mechanical properties of the papers made from the same, and that a strong wet-adhesion was measured for the system. Motivated by these previous results, we sought to investigate whether the characteristics of the adhesive joints can be fine-tuned by a more detailed tailoring of the polymers used. It would also be desirable to design a system which could obtain adhesion comparable with that of the previously studied systems, but with a lower number of layers added in the LbL assembly. Through the LbL assembly of triblock copolymer micelles with long, hydrophobic, low T_g middle blocks and short, alternately charged outer blocks we built a thin film consisting of a network of flexible, energy dissipating polymer chains with electrostatic interactions between the polyelectrolyte blocks as linkages. In this study, we have investigated the adhesion of LbL assembled films of triblock copolymer micelles, opening up yet another application area for block copolymers – as nanometre thin adhesive films with tailored thickness and softening properties.

Four triblock copolymers (ABA type) were synthesized and studied, two with poly(2-ethyl-hexyl methacrylate) (PEHMA) and two with poly(*n*-butyl methacrylate) (PBMA) as middle block. Ionic endblocks were augmented onto the periphery of the precursor hydrophobic middle block to form a cationic or anionic triblock copolymer. The cationic polymers had quaternized poly(dimethyl aminoethyl methacrylate) (QPDMAEMA) as outer blocks and the anionic ones poly(methacrylic acid) (PMAA). PEHMA has a T_g of around -10°C (ref. 31) and PBMA of around 20°C .³² These two were chosen to compare copolymers with middle blocks having glass transition temperatures below and at room temperature, respectively. Furthermore, all of the polymers were polymerised through Atom Transfer Radical Polymerisation (ATRP), where the living chain ends of the middle blocks were utilized as initiators for the outer blocks. ATRP enables good control over molecular architecture.³³

Experimental

Detailed synthesis and characterisation of the synthesised polymers are found in the ESI,† along with a description of the preparation of cellulose model surfaces. The four triblock copolymers will be denoted PEHMA+ (for the QPDMAEMA-PEHMA-QPDMAEMA copolymer), PEHMA– (PMAA-PEHMA-PMAA), PBMA+ (QPDMAEMA-PBMA-QPDMAEMA) and PBMA– (PMAA-PBMA-PMAA), respectively, throughout the text.

Micelle dispersion preparation

10 mg of triblock copolymer PEHMA+ or PBMA+ were dissolved in 2 g of DMF. This solution was then added dropwise, slowly to 18 g of MilliQ water. The resulting dispersion was dialyzed in a 2 L beaker with mild agitation against MilliQ water which was replaced 3 times a day for 3 days. Micelle

preparation for the PMAA containing block copolymers followed the same procedure but with 10 mg of polymer dissolved in 4 g of DMF and then added to 36 g of MilliQ water. All micelle dispersions were diluted to 0.1 mg mL^{-1} , filtered through a $1.2\text{ }\mu\text{m}$ filter (Supor® membrane, Acrodisc® filter, Pall Corporation) and then used without further adjustments unless otherwise stated.

Preparation of layer-by-layer films

A freshly cleaved mica surface or cellulose model surface, was placed in the micelle dispersion for 15 min, and washed by dipping in three consecutive baths of MilliQ water. The surfaces were dried by $\text{N}_2(\text{g})$, or placed in the next micelle dispersion, repeating the adsorption – washing cycle until the desired number of bilayers was reached. For AFM measurements in wet state, the layers were assembled *in situ* with 15 minutes of micelle adsorption followed by rinsing with MilliQ water before each measurement, *i.e.* without drying. For Colloidal Probe AFM, the substrates were a flat mica surface and a silica sphere.

Characterisation

Micelle dispersions. Dynamic Light Scattering (DLS) and Zeta potential measurements were performed with a Malvern Zetasizer NanoZS. Polyelectrolyte titration (PET) was performed using a Stabino Particle Charge Mapping, Microtrac Europe GbmH, with KPVS (Potassium Polyvinyl Sulphate) as anionic, and PDADMAC (PolyDiAllylDiMethyl Ammonium Chloride) as cationic titrant. Cryo-TEM analysis was performed with a Zeiss TEM Libra 120 instrument (Carl Zeiss NTS, Germany). The instrument was operated at 80 kV in zero-loss bright-field mode. Digital images were recorded under low dose conditions with a TRS slow scan CCD camera system (TRS GmbH) and iTEM software (Olympus Soft Imaging Solutions GmbH). An underfocus of $1\text{--}3\text{ }\mu\text{m}$ was used in order to enhance contrast. The preparation procedure has also been described in detail elsewhere.³⁴ Specimens for examination were prepared in a climate chamber with temperature and humidity control (temperature 25°C and relative humidity close to saturation). Thin films of sample solution were prepared by placing a small droplet of the sample on a copper grid supported perforated polymer film, covered with thin carbon layers on both sides. After the droplet was blotted with filter paper, thin sample films ($10\text{--}500\text{ nm}$) spanned the holes in the polymer film. Immediately after blotting, the samples were vitrified by plunging them into liquid ethane, held just above its freezing point. Samples were kept below -165°C and protected against atmospheric conditions during both transfer to the TEM and examination. Several images were taken of each sample studied and a representative example is presented in the ESI.†

Adsorption behaviour. QCM-D measurements were performed with a Quartz Crystal Microbalance with Dissipation Monitoring E4 from Q-Sense AB with a continuous flow of $100\text{ }\mu\text{L min}^{-1}$. AFM imaging measurements were performed with a Bruker Multi Mode 8 in tapping mode with TAP150 cantilevers (Bruker).



Oxidized silicon surfaces used for ellipsometry were prepared from silicon wafers (Okmetic OY, Espoo, Finland). The surfaces were gently boiled first in an alkaline solution (NH_4OH , H_2O_2 and water, 1 : 1 : 5 by volume) for 5 min, rinsed three times in water, and then gently boiled in an acidic solution (HCl , H_2O_2 and water, 1 : 1 : 5 by volume) for 5 min. Finally, the surfaces were rinsed in water three times and then in ethanol twice and stored in ethanol. Directly before ellipsometric measurements the cleaned silica surfaces were put in a alkaline NaOH solution for 30 minutes, then rinsed in water, dried by $\text{N}_2(\text{g})$ and cleaned in a plasma oven for 5 min.

Adsorption of the micelle dispersions to silica surfaces was monitored *in situ* to obtain time-resolved values of the thickness and refractive index of the films. Theoretical principles are described in literature,³⁵ and the experimental setup was based on null ellipsometry according to the principles of Cuyper.³⁶ The instrument used was a Rudolph thin film ellipsometer (type 436, Rudolph Research) automated according to the concept of Landgren and Jönsson.³⁷ The instrument was equipped with a xenon arc lamp as the light source. Measurements were performed at 401.5 nm and an angle of incidence of 67.87°. The 5 mL trapezoid cuvette was equipped with a magnetic stirrer and thermostated to 25 °C. Determination of the complex refractive index of the silicon and the thickness and refractive index of the silicon oxide layer was performed using air and the aqueous phase as ambient media,³⁷ and four zone measurements were conducted to reduce systematic errors.

The measurement was performed in a liquid cell with an adsorption step followed by rinsing before the next adsorption. Each reported value of film thickness or refractive index was an average of between 50–100 data points from one measurement during and after rinsing, when the liquid cell was filled with MilliQ water. Any change in refractive index of the solution in the liquid cell during adsorption did not affect the measured values, since the reported data was only collected when the liquid cell was filled with MilliQ water. The measurement was performed twice for each polymer system with the same trend during both measurements.

Adhesion measurements. Colloidal probe AFM³⁸ measurements were performed in liquid state with a MultiMode IIIa with PicoForce extension (Veeco Instruments Inc.) using tipless cantilevers (NSC12, MicroMasch with a nominal length of 110–130 μm) with a silica particle (diameter approximately 10 μm , Thermo scientific) glued onto them. The spring constants were selected according to the literature³⁹ and determined using AFM Tune IT v 2.5 software (ForceIT).^{40,41} Micelle dispersions were adsorbed to the probe and the flat substrate (freshly cleaved mica surface) *in situ* for 15 minutes followed by rinsing before measurement. The results were evaluated using AFM Force IT v 2.6 software (ForceIT). The deflection sensitivity factor used to convert the measured deflection to force was determined on the neat mica surface prior to adsorption. The probe was retracted over a distance of 1 μm in z-direction, at a velocity of 200 nm s^{-1} . The velocity was chosen to minimise hydrodynamic drag forces.

Results

Neat polymers

The middle block, either PEHMA or PBMA, was synthesized from a difunctional ATRP initiator with a five carbon spacer between the two initiating groups, to enable some distance between the bulky monomers, in particular 2-ethyl-hexyl methacrylate. These polymers were then used as macroinitiators for the subsequent ATRP of the outer blocks, either PDMAEMA or Pt-BMA. The PDMAEMA blocks were then quaternized to yield cationic charges, the Pt-BMA blocks were deprotected to methacrylic acid units, respectively. Reaction schemes of the synthesized triblock copolymers are shown in the ESI.† The properties of the four different triblock copolymers are summarized in Table 1. The molecular weights measured by SEC were smaller than the ones calculated from NMR spectra. The SEC was calibrated with polystyrene standards, and the synthesised polymers were unlikely to behave identically to polystyrene in solution. The true molecular weight of the block copolymers are therefore likely closer to the values calculated from NMR spectra.

The polymers had substantially longer middle blocks than outer blocks with DPs close to the targeted values, as shown through $^1\text{H-NMR}$. SEC of the protected or unquaternized precursors of the final triblock copolymers showed low molar-mass dispersities and monomodal curves, which indicate that the chain extensions were successful. The T_g of the PEHMA and PBMA homopolymers were measured to -11 °C and 33 °C, respectively, using DSC.

Micelle dispersions

The properties of micelle dispersions prepared from the four triblock copolymers are presented in Table 2. No significant change in hydrodynamic diameter of the micelles (d_{hyd}) was detected with 5 or 10 mM NaCl added to the dispersions. Cryo-TEM showed spherical micelles for all four dispersions.

Adsorption behaviour

Fig. 1 shows a representative graph of a QCM-D measurement of neat PEHMA+ and PEHMA– dispersions (in the QCM figure denoted “+” and “–”, respectively) adsorbed onto a cellulose model surface. The dissipation decreased for the first adsorbed layer, which was likely the result of expulsion of

Table 1 Properties of neat polymers

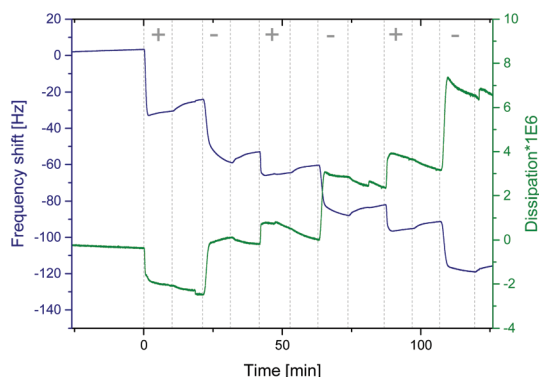
Polymer	DP _{respective block}	M_n (NMR) [g mol ⁻¹]	M_n (SEC) [g mol ⁻¹]	D
PEHMA homopolymer	176	34 900	24 600	1.17
PEHMA+	9-176-9 ^a	38 000 ^a	24 400 ^b	1.15 ^b
PEHMA–	15-176-15 ^a	36 200 ^a	29 500 ^b	1.17 ^b
PEHMA homopolymer	212	30 200	24 800	1.19
PBMA+	10-212-10 ^a	33 600 ^a	27 000 ^b	1.15 ^b
PBMA–	15-212-15 ^a	32 700 ^a	28 800 ^b	1.18 ^b

^a Calculated for the final polymers from $^1\text{H-NMR}$ spectra of the protected or unquaternized precursors. ^b SEC results for the precursors.



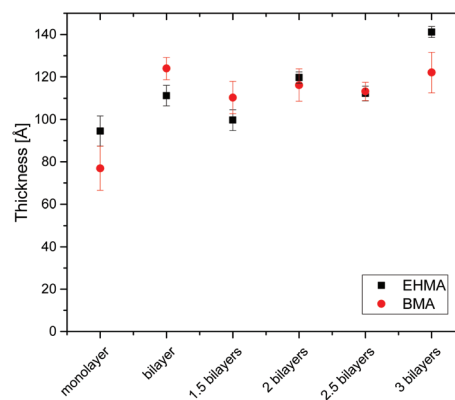
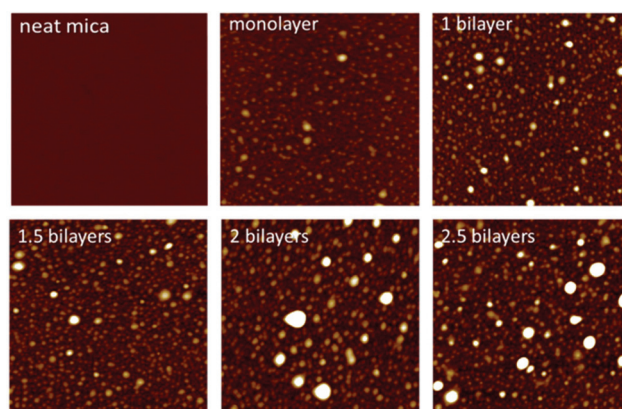
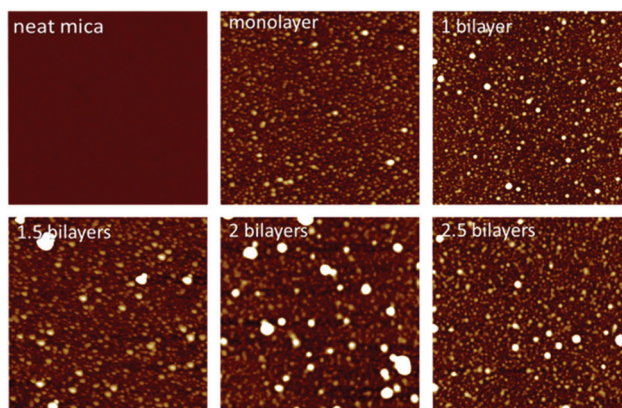
Table 2 Properties of micelle dispersions in MilliQ water with un-adjusted pH

Triblock copolymer	d_{hyd} [nm]	Zeta potential [mV]	Charge density [$\mu\text{eq g}^{-1}$]	Unadjusted pH
PEHMA+	70	45	120	6.4
PEHMA−	170	−40	120	6.5
PBMA+	66	44	350	6.6
PBMA−	35	−40	320	6.8

**Fig. 1** QCM-D measurement the LbL assembly of PEHMA+ (denoted "+" in the figure) and PEHMA− ("−") on a cellulose model surface. Between each adsorption step ("+" or "−" in the figure) was a rinsing step with MilliQ water. The normalised frequency $f_3/3$ (left) is a measurement of the adsorbed amount (including any immobilized liquid) and the dissipation reflects the viscoelastic properties of the adsorbed layer.

water from the cellulose film when the mainly hydrophobic polymer chains are adsorbed onto it. One of the intended applications for these polymer systems was the modification of cellulose fibre–fibre joints. Therefore QCM-D measurements were performed both on spin coated cellulose surfaces and the neat silica surface of the QCM crystal, with a similar adsorption behaviour for both substrates. The aforementioned decrease in dissipation when the first layer was adsorbed was only seen when cellulose was used as substrate. QCM-D measurements were performed with both triblock copolymer micelle systems, PEHMA+/PEHMA− and PBMA+/PBMA−, which showed that both micelle systems did adsorb in multi-layers onto the neat silica surface of the QCM crystal as well as cellulose model surfaces spin coated onto the crystal. Additional QCM graphs can be found in the ESI† Ellipsometry showed that the increase in thickness was slight after the initial monolayer (Fig. 2), and not linearly correlated to the adsorbed mass. Rather than forming an increasingly thicker layer, the film apparently becomes denser during the LbL build-up, which was also reflected in an increasing film refractive index (see ESI† for graphs).

In Fig. 3, AFM images in dry state of PEHMA+/PEHMA− adsorbed onto mica are shown. The surfaces were prepared as described under "Preparation of layer-by-layer films". The structures seen on the monolayer image were roughly 4 nm in

**Fig. 2** Wet thickness of LbL assembled films measured by ellipsometry, with standard deviation shown as error bars.**Fig. 3** AFM images captured in dry state of PEHMA+ and PEHMA− adsorbed onto mica. The images are $2 \times 2 \mu\text{m}$ in size and the z-range is 18 nm.**Fig. 4** AFM images captured in dry state of PBMA+ and PBMA− adsorbed onto mica, the images are $2 \times 2 \mu\text{m}$ in size and the z-range is 16 nm.

height and 80 nm in width. These structures were caused by the collapse of adsorbed micelles during drying. Fig. 4 shows AFM images in dry state of a monolayer of PBMA+ and a bilayer of PBMA+/PBMA− adsorbed onto a mica surface. Here,



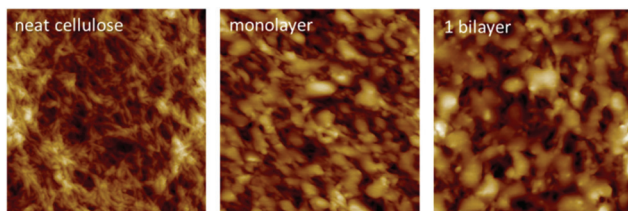


Fig. 5 AFM images captured in dry state of PEHMA+ and PEHMA– adsorbed onto cellulose. The images are $1 \times 1 \mu\text{m}$ in size and the z-ranges is 44 nm.

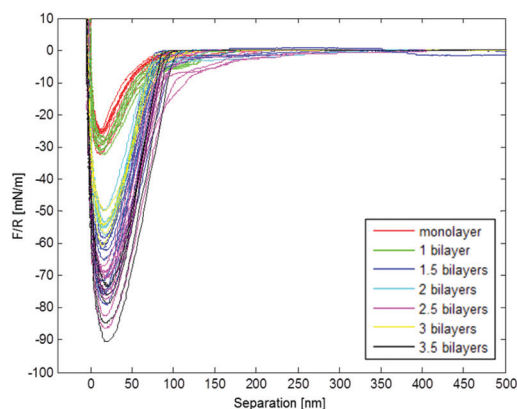


Fig. 6 Normalised force vs. separation graph for PEHMA+/PEHMA– obtained from Colloidal Probe AFM.

the structures seen were roughly 7 nm high and 50 nm in width. Fig. 5 shows the PEHMA system adsorbed onto cellulose model surfaces. The morphology of the cellulose surface changed when polymer was adsorbed to it, but the adsorbed structures no longer appeared spherical in shape.

Adhesion measurements

Fig. 6 shows a representative force vs. separation curve from colloidal probe AFM of multilayers of PEHMA+ and PEHMA–. When 3.5 bilayers were adsorbed to the mica surface and the silica probe, the pull-off force was around 90 mN m^{-1} . In Fig. 7, the average energy dissipation is shown for each adsorbed layer.

Results from Colloidal Probe AFM measurements of the PBMA system, Fig. 7 and 8, showed the opposite trend compared to PEHMA+/PEHMA–, with the pull-off force and energy dissipation decreasing as more layers were adsorbed.

The adsorption increases with salt present, and a higher pull-off force was obtained with fewer adsorbed layers of polymer, shown in Fig. 9.

Discussion

The synthesis and micellisation yielded triblock copolymer micelle dispersions, which were adsorbed as multilayers on various negatively charged surfaces (mica, silica, cellulose).

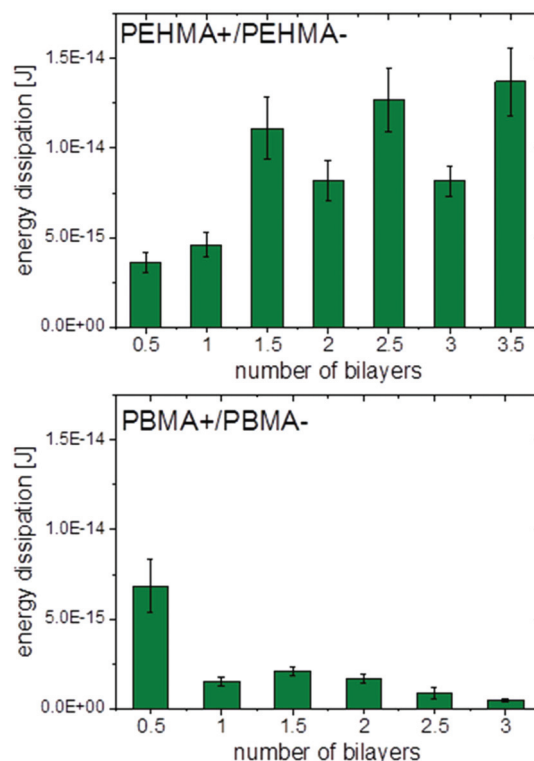


Fig. 7 Energy dissipation for PEHMA+/PEHMA– (top) and PBMA+/PBMA– (bottom) obtained from Colloidal Probe AFM with standard deviation shown as error bars.

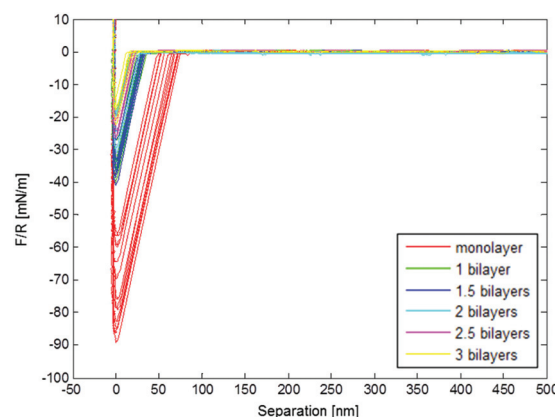


Fig. 8 Normalised force vs. separation for PBMA+/PBMA– obtained from Colloidal Probe AFM.

Once the micelle dispersions of the triblock copolymers were formed, all handling of the polymers was conducted in water. This provided environmentally friendly processing conditions using a non-volatile solvent. Water as dispersant was essential for the subsequent step where an electrostatically associated film is created through the LbL assembly procedure. The main driving force for the adsorption of the micelles to the charged substrates was the increase in entropy caused by the release of counterions.⁴² Most organic solvents do not solvate ions as



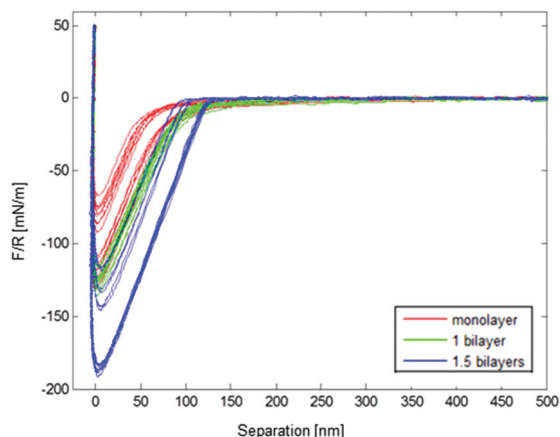


Fig. 9 Normalised force vs. separation graph for PEHMA+/PEHMA– with 5 mM salt present during adsorption, obtained from Colloidal Probe AFM.

effectively as water, and hence do not facilitate the same entropy gain due to counterion release.

In a previous study of the PAH/HA system, a normalised pull-off force of $\sim 16 \text{ mN m}^{-1}$ was reached in colloidal probe AFM experiments, with three bilayers adsorbed and a surface delay of 10 s,²⁹ *i.e.* the probe was kept in contact with the surface for 10 seconds before retraction. The normalised pull-off force with the PEHMA system was more than 400% higher than the 16 mN m^{-1} without any surface delay. Had surface delay been used, the pull-off force would likely have been even higher, since the polymer chains on the two surfaces would have had more time to entangle and form interactions before separation. A comparison with the PAH/HA system is of particular interest to us, since it has been shown that the PAH/HA system can be used to modify cellulose to produce a paper material with improved mechanical properties, such as increased strainability. To further put the present results into context, a comparison of our adhesion results with literature is found as a table in the ESI†. To our knowledge, wet adhesion of the magnitude measured in this study has not previously been measured on any polymer system with colloidal probe AFM.

The work of adhesion was, with the exception of the first bilayer, stronger with PEHMA+ as outer layer than with PEHMA–. This trend was similar to the PAH/HA system, where a higher work of adhesion was seen with PAH than HA as external layer.²⁹ There was a more than twofold increase in the work of adhesion between 1 bilayer and 1.5 bilayers. This was likely due to an increase in the number of molecular contacts between the two surfaces. After 1.5 bilayers the increase in work of adhesion starts to level off, with a $\sim 14\%$ increase from 1.5 to 2.5 bilayers and $\sim 8\%$ increase from 2.5 to 3.5 bilayers, suggesting that we are approaching the maximum contact reachable between the two surfaces with the present chemical system. The standard deviations for the three aforementioned samples are between 10–14%, *i.e.* the increases in work of adhesion seen between the same were within the respective standard deviations, graphically represented in Fig. 7.

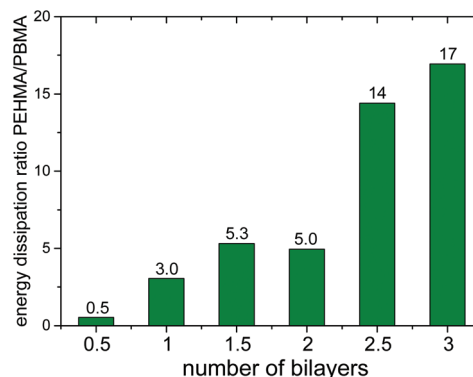


Fig. 10 Ratio of the energy dissipation for the PEHMA system over the PBMA system.

We suggest that the opposite trend for adhesive strength with increasing number of layers in the PBMA system compared to the PEHMA one was the result of the lower flexibility of PBMA due to its higher T_g .³² These observed results are in accordance with previous literature where model films were solvent casted onto mica.⁴³ The normalised pull-off force with 3 bilayers of PBMA+/PBMA– adsorbed was comparable with the PAH/HA system, *i.e.* the PBMA system still exhibited strong adhesion compared to previously studied systems, but lower than the PEHMA system. For a monolayer of PBMA+, the normalised pull-off force was more than double that of the PAH/HA system with 3 bilayers of the latter adsorbed.²⁹ Fig. 10 shows a comparison of the work of adhesion between the PEHMA and PBMA systems. A monolayer of PBMA+ yielded higher adhesion than a monolayer of PEHMA+. However, beyond one layer, the PEHMA system yielded a substantially higher adhesion than the PBMA system. The micelles containing the PEHMA core were able to conform to the substrate or the underlying layer better than PBMA, enabling the formed films to obtain a high number of electrostatic linkages and van der Waals interactions on the time scale of contact time.⁴⁴ The PBMA chains were less mobile which limits their ability to form electrostatic and van der Waals contacts under the same timescale. Under our experimental conditions we found the chain mobility to be more critical than having a more rigid polymer at the joint, in order to obtain strong adhesion between the modified surfaces.

The failure when probe and surface were separated was more abrupt for the PBMA system and occurred at a separation of only a few nanometres. The same failure was more gradual for the PEHMA system and occurs at a separation of around 20 nm, with a full loss of adhesion occurring at a distance between probe and surface of around 100 nm. In some cases, interaction was still seen at a separation of 200 nm. This behaviour is in concurrence with the previous discussion of the relatively rigid nature of the PBMA chains, compared to PEHMA. An estimate of the length of a fully extended and uncoiled chain of PEHMA– would give a value of $\sim 50 \text{ nm}$ (the calculation is available in the ESI†). Of course it is unlikely to



find the chains this extended in water with regard to the hydrophobic character of PEHMA, but it gives an indication of the theoretical maximum length of a chain. Since the distance over which we see an interaction was at least 100 nm, it cannot be single chains bridging the gap between the probe and surface. Several interacting polymer chains are needed to obtain an adhesion at the distances seen in Fig. 6.

To our knowledge, the highest pull-off force measured by colloidal probe AFM in wet state on polyelectrolyte homopolymers assembled with LbL is in the range of 15–20 mN m⁻¹. The PEHMA system gave, as previously mentioned, a several times higher adhesion with a smaller number of layers added. This indicates that our system, with block copolymers having both hydrophobic and charged blocks adds to the adhesion in a way polyelectrolyte homopolymers cannot. One explanation is that more material may be added in each layer since we adsorb polymeric micelles instead of single polymers chains. Another is that there is both the possibility of electrostatic interactions between oppositely charged entities, and interactions between hydrophobic block with low surface tension, which interact unfavourably with the surrounding liquid medium – water. Furthermore, the soft block (*i.e.* above T_g) likely dissipated energy leading to the system tolerating a higher load before adhesive contact was lost.

The two studied systems have shown that our design of LbL films assembled from triblock copolymers with long, hydrophobic middle blocks and short, charged outer block yielded films with high wet adhesion. This concept can be extended to other chemistries of both outer and middle block, suitable for the application in mind. By choosing appropriate polymers, a stiffer or more strainable joint can be achieved. More than an order of magnitude in adhesive strength can be controlled by adjusting the number of layers deposited. We began this work with the aim of identifying a suitable additive to manipulate fibre-fibre joints in cellulosic materials to enhance their mechanical properties, such as increased strainability. However, we are convinced that their utility is not limited to this area. Our block copolymer LbL films provide a unique method to grant precise control of the thickness and the adhesion. We anticipate that these results can provide insight into applications demanding precise control of the adhesion and the release characteristics. The ability of these coatings to maintain a robust adhesion underwater enables the use in applications such as marine coatings or biomedical glues.

Conclusions

Triblock copolymers with short, charged outer blocks and long, hydrophobic middle blocks with different glass transition temperatures were synthesized through ATRP and the polymers formed micelles in aqueous dispersion. The micelles readily adsorbed in multilayers to cellulose, mica and silica surfaces. The PEHMA copolymer system yielded increasingly higher adhesion with a higher number of layers adsorbed. The trend for the PBMA polymers was the opposite; the higher T_g

of the middle block caused decreasing adhesion of the LbL film. LbL films of PEHMA copolymers exhibited stronger adhesion with PEHMA+ as outer layer than with PEHMA– as outer layer. These two systems, PEHMA+/PEHMA– and PBMA+/PBMA– have shown that our basic concept of LbL films assembled from triblock copolymers with relatively long, hydrophobic middle blocks and short, charged outer blocks yielded films with very strong wet adhesion. This adhesive strength was several times higher than the wet adhesion measured in previous studies of PAH/HA, and between collagen and human bone.^{29,45,46} We are convinced that this type of block copolymer systems grant the ability to control the geometry and adhesive strength in a number of nano- and macro-scale applications.

Acknowledgements

The Swedish Research Council VR (Vetenskapsrådet) is gratefully acknowledged for funding this research project. Lars Wågberg and Torbjörn Pettersson also acknowledge Wallenberg Wood Science Centre at KTH for funding.

References

- 1 R. Duncan, *Nat. Rev.*, 2003, **2**, 347–360.
- 2 R. A. Register, *Nat. Nanotechnol.*, 2013, **8**, 618–619.
- 3 F. H. Sacher, P. A. Rupar and I. Manners, *Angew. Chem., Int. Ed.*, 2012, **51**, 7898–7921.
- 4 F. S. Bates, *Annu. Rev. Phys. Chem.*, 1990, **41**, 525–557.
- 5 S. F. Bates, M. A. Hillmyer, T. P. Lodge, C. M. Bates, K. T. Delaney and G. H. Fredrickson, *Science*, 2012, **336**, 434–440.
- 6 T. Ueki, R. Usui, Y. Kitazawa, T. P. Lodge and M. Watanabe, *Macromolecules*, 2015, **48**, 5928–5933.
- 7 H. Lin, T. Bengisu and Z. Mourelatos, *Dynamic Properties of Styrene-Butadiene Rubber for Automotive Applications*, SAE Technical Paper 2009-01-2128, 2009.
- 8 S. Utsel, A. Carlmark, T. Pettersson, M. Bergström, E. E. Malmström and L. Wågberg, *Eur. Polym. J.*, 2012, **48**, 1195–1204.
- 9 T. Gegenhuber, A. H. Gröschel, T. I. Löbbling, M. Drechsler, S. Ehlert, S. Förster and H. Schmalz, *Macromolecules*, 2015, **48**, 1767–1776.
- 10 S. Utsel, C. Bruce, T. Pettersson, L. Fogelström, A. Carlmark, E. Malmström and L. Wågberg, *ACS Appl. Mater. Interfaces*, 2012, **4**, 6796–6807.
- 11 T. Li, Z. Wang, L. Schulte and S. Ndoni, *Nanoscale*, 2016, **8**, 136–140.
- 12 Q. N. Bui, Y. Li, M.-S. Jang, D. P. Huynh, J. H. Lee and D. S. Lee, *Macromolecules*, 2015, **48**, 4046–4054.
- 13 S. Hassanzadeh, X. Feng, T. Pettersson and M. Hakkarainen, *Polymer*, 2015, **74**, 193–204.
- 14 J. Zhou, M. V. Pishko and J. L. Lutkenhaus, *Langmuir*, 2014, **30**, 5903–5910.



- 15 X. Liu, B. Chen, X. Li, L. Zhang, Y. Xu, Z. Liu, Z. Cheng and X. Zhu, *Nanoscale*, 2015, **7**, 16399–16416.
- 16 B. Qi, X. Tong and Y. Zhao, *Macromolecules*, 2006, **39**, 5714–5719.
- 17 G. Decher and J. Schlenoff, *Multilayer Thin Films: Sequential Assembly of Nanocomposite Materials*, John Wiley & Sons, 2nd edn, 2012.
- 18 G. Decher, *Science*, 1997, **277**, 1232–1237.
- 19 H. Lee, R. Mensire, R. E. Cohen and M. F. Rubner, *Macromolecules*, 2012, **45**, 347–355.
- 20 D. T. Haynie, L. Zhang, J. S. Rudra, W. Zhao, Y. Zhong and N. Palath, *Biomacromolecules*, 2005, **6**, 2895–2913.
- 21 L. J. De Cock, S. De Koker, B. G. De Geest, J. Grooten, C. Vervaet, J. P. Remon, G. B. Sukhorukov and M. N. Antipina, *Angew. Chem., Int. Ed.*, 2010, **49**, 6954–6973.
- 22 P. T. Hammond, *Adv. Mater.*, 2004, **16**, 1271–1293.
- 23 K. M. Gattás-Asfura and C. L. Stabler, *ACS Appl. Mater. Interfaces*, 2013, **5**, 9964–9974.
- 24 O. Köklükaya, F. Carosio, J. C. Grunlan and L. Wågberg, *ACS Appl. Mater. Interfaces*, 2015, **7**, 23750–23759.
- 25 L. Shao, J.-W. Jeon and J. L. Lutkenhaus, *J. Mater. Chem. A*, 2014, **2**, 14421–14428.
- 26 M. Hamed, E. Karabulut, A. Marais, A. Herland, G. Nyström and L. Wågberg, *Angew. Chem., Int. Ed.*, 2013, **52**, 12038–12042.
- 27 S. H. Lee, J. R. Harding, D. S. Liu, J. M. D'Arcy, Y. Shao-Horn and P. T. Hammond, *Chem. Mater.*, 2014, **26**, 2579–2585.
- 28 A. Marais, S. Utsel, E. Gustafsson and L. Wågberg, *Carbohydr. Polym.*, 2014, **100**, 218–224.
- 29 T. Pettersson, S. A. Pendergraph, S. Utsel, A. Marais, E. Gustafsson and L. Wågberg, *Biomacromolecules*, 2014, **15**, 4420–4428.
- 30 A. Marais, S. A. Pendergraph and L. Wågberg, *ACS Appl. Mater. Interfaces*, 2015, **7**, 15143–15147.
- 31 H. Eslami and S. Zhu, *Polym. Chem.*, 2006, **44**, 1914–1925.
- 32 J. H. Lee and S. C. Kim, *Polym. J.*, 1984, **16**, 453–459.
- 33 K. Matyaszewski and J. Xia, *Chem. Rev.*, 2001, **101**, 2921–2990.
- 34 M. Almgren, K. Edwards and G. Karlsson, *Colloids Surf., A*, 2000, **174**, 3–21.
- 35 R. M. A. Azzam and N. M. Bashara, *Ellipsometry and Polarized Light*, North-Holland Amsterdam, 1977.
- 36 P. A. Cuypers, Ph.D., Rijksuniversiteit Limburg, 1976.
- 37 M. Landgren and B. Jönsson, *J. Phys. Chem.*, 1993, **97**, 1656–1660.
- 38 W. A. Ducker, T. J. Senden and R. M. Pashley, *Nature*, 1991, **353**, 239–241.
- 39 E. Thormann, T. Pettersson and P. M. Claesson, *Rev. Sci. Instrum.*, 2009, **80**, 093701.
- 40 J. E. Sader, J. M. Chon and P. Mulvaney, *Rev. Sci. Instrum.*, 1999, **70**, 3967.
- 41 T. Pettersson, N. Nordgren, M. W. Ruthland and A. Feiler, *Rev. Sci. Instrum.*, 2007, **78**, 093702.
- 42 B. Kronberg, K. Holmberg and B. Lindman, in *Surface Chemistry*, John Wiley & Sons, Ltd., 2014, ch. 11, pp. 217–225.
- 43 G. Luengo, J. Pan, M. Heuberger and J. N. Israelachvili, *Langmuir*, 1998, **14**, 3873–3881.
- 44 C. Creton and L. Leibler, *J. Polym. Sci., Part B: Polym. Phys.*, 1996, **34**, 545–554.
- 45 J. B. Thomson, J. H. Kindt, B. Drake, H. G. Hansma, D. E. Morse and P. K. Hansma, *Nature*, 2001, **414**, 773–775.
- 46 G. E. Fantner, T. Hassenkam, J. H. Kindt, J. C. Weaver, H. Birkedal, L. Pechenik, J. A. Cutroni, G. A. G. Cidade, G. D. Stucky, D. E. Morse and H. K. Paul, *Nat. Mater.*, 2005, **4**, 612–616.

