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# Interfacial growth during closure of a cutaneous wound: stress generation and wrinkle formation

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A biomechanical growth model for the proliferation stage of cutaneous wound healing is developed emphasizing the emergence of stress and wrinkled skin during the healing process. The healing is assumed to be primarily driven by growth at the wound edge (i.e. the interface between the wound and the skin) leading to incompatible growth strains. A closed form solution of the boundary value problem is obtained using a Varga hyperelastic membrane model for both the skin and the wound. The nature of the solution is explored for various parametric values of the skin tension, healing rate, edge incompatibility, wrinkled region radius, and wound stiffness. The obtained results for the stress field, wrinkling, and rate of healing are qualitatively in good agreement with the existing experimental observations.

## 1 Introduction

Cutaneous wound healing is vital for restoring the integrity of damaged skin tissues.<sup>31</sup> The healing process is influenced by both growth factors (cytokines)<sup>36</sup> and mechanical stimuli (stresses/strains)<sup>2,10,46</sup> while undergoing four major stages: hemostasis, inflammation, proliferation, and remodeling.<sup>33</sup> During hemostasis, blood coagulates to form a fibrin clot which controls the loss of blood and body fluids, avoids exposure of the wound to the outer environment, and also acts as a provisional matrix for various cell migration processes. In the inflammatory stage, various white blood cells permeate into the wound to assist its cleansing from debris and unwanted bacteria. The macrophages formed in this stage help in the secretion of various growth factors required for wound repair. During the proliferation stage, the wound begins to resurface by means of reepithelialization (restoration of epidermis), collagen deposition (restoration of dermis), and restoration of vascular networks (angiogenesis). Additionally, the fibroblasts, which are otherwise responsible for the synthesis of collagen, elastin, and extracellular matrix (ECM), transform into myofibroblasts under mechanical influence so as to facilitate wound contraction. The final stage of healing is remodelling, which brings about structural changes (cellular and tissue level rearrangements) in the scar tissue after a complete closure of the wound; this is essential to improve the mechanical properties of the scar.<sup>21</sup>

“Fundamental to our understanding of wound-healing biology is knowledge of the signals that trigger relatively sedentary cell lineages at the wound margin to proliferate, to become

invasive, and then to lay down new matrices in the wound gap”.<sup>28</sup> The central role played by the wound edge during wound healing is taken as the basis of the model proposed in the present work. Our consideration is motivated by several experimental observations as summarised below. The wound edge is a site for active secretion of growth factors.<sup>28</sup> Both epithelial and non-epithelial cells therein have been observed to produce a large number of cytokines so as to assist in the formation of actin filaments which allows cell migration over the provisional matrix.<sup>36</sup> The proliferation of epithelial cells is encouraged by the absence of healthy cells adjacent to the wound edge.<sup>36</sup> Furthermore, it is observed that a narrow ring of fibroblasts is accumulated under the wound margin, which is responsible for closure of the wounds.<sup>18</sup> The migrating fibroblasts at the margin exert sufficient force for wound contraction, thereby transforming fibroblasts into myofibroblasts and consequently increasing the resistance to migration.<sup>16</sup> The experiments have also noted an increase in mitotic activity during epidermal migration in the 1 mm thick band near the newly formed epidermis with a maximal increase at the wound edge, where it is fifteen times higher than the normal epidermis.<sup>31</sup>

Several continuum mechanics based models of wound healing incorporating skin elasticity have been proposed in the literature; for a comprehensive review see chapters 9 and 10 in ref. 31. Most of these follow Tranquillo and Murray<sup>42</sup> in formulating the healing problem within a mechanochemical framework consisting of reaction-diffusion equations for fibroblasts, myofibroblasts, and growth factors, mass balance equations for ECM density evolution, and force balance equations for ECM displacements. While these models have made significant progress in understanding the nature of chemical kinetics associated with the wound healing process, they assume elastic strains to be infinitesimal and ignore the role of wound edge in

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the growth process. Moreover, they are single compartment models, wherein only the wound domain has been considered while ignoring the effect of the healthy skin adjacent to the wound (an exception is the two-compartment model of Murphy *et al.*<sup>30</sup>). The assumption on elastic strains is inappropriate due to the nature of skin elasticity; it results in unphysical stress magnitudes as well as prevents the possibility of instabilities such as wrinkling in the skin. More recently, Wu and Amar<sup>45</sup> have proposed a mechanistic model of growth which incorporates the nonlinear elasticity of skin and the proliferating wound. Restricting both growth and proliferation to an annular region of the wound in the neighborhood of healthy skin, but allowing for anisotropic growth, they have used this model to primarily investigate interfacial instability leading to the loss of circularity of wound edge under various material and geometric parameters.

Our model is fundamentally based on the theory of bio-mechanical growth where growth is regarded as the irreversible addition of mass which may or may not result in a change in form.<sup>8,9,14,25</sup> The mechanistic effect of growth is represented by a growth distortion tensor, whose incompatibility is related to the emergence of residual stress fields<sup>34,37</sup> (the notion of incompatibility is explained in Section 2.1). This naturally leads to a kinematics involving multiplicative decomposition of deformation gradients,<sup>34</sup> analogous to formulations of elastoplasticity and thermoelasticity.<sup>27</sup> However, unlike the models of bulk growth, we propose a framework where mass addition, as well as incompatibility in growth distortion, is restricted to sharp interfaces within the solid.<sup>19</sup> A similar interfacial growth model, but one which neglects incompatibility at the interface, has been proposed by Ciarletta and co-authors.<sup>6</sup> On the other hand, the incompatibility of growth distortion has been incorporated in some recent models of bulk growth, see *e.g.* ref. 29 and 45, mainly towards explaining emergence of interfacial instabilities. We introduce our growth model by developing a novel formulation of the wound healing phenomenon where wound and skin, both considered to be two-dimensional hyperelastic membranes (with wound having lower stiffness), are treated as different domains separated by a sharp interface. Our framework is suitable for deep partial thickness injuries,<sup>35</sup> which normally heal with fibroplasia and contraction ending up with scar formation. We restrict our attention to the proliferation stage alone, ignoring retraction of the wound immediately after the injury as well as remodelling. We also ignore skin anisotropy and any interaction with substrates; these can be included in a straightforward manner in our model. An important aspect of our work is to predict wrinkling of skin in the vicinity of the wound margin and relate it to the nature of interfacial growth. The formation of wrinkles during wound healing has been observed experimentally,<sup>5,26</sup> but it has not been accounted for in any of the available models of wound healing. Wrinkle formation in unwounded skin has however been studied extensively, see *e.g.* ref. 5, 7 and 11. In this paper, we have used the tension field theory, following Pipkin and Steigmann,<sup>32,39,40</sup> to model wrinkles in nonlinear elastic skin membranes.

The interfacial growth model for cutaneous wound healing is formulated in Section 2. In doing so we depart from the

established growth models by considering mass addition and deformation incompatibility at a non-material interface in the body. The model is kept simple enough to derive analytical solutions, which we discuss in detail in Section 2.5; a comparison with relevant experimental data is also given therein. Finally, in Section 4 we conclude our study.

## 2 A model for cutaneous wound closure

The wound healing problem that we are concerned with involves growth of the healthy skin and annihilation of the wound driven by a mass source at the wound edge. For analytical convenience, we consider the wound to be a thin circular disc surrounded by skin (in the form of an annular circular disc) such that the thickness  $h$  (possibly nonuniform) of the arrangement is much smaller than the wound radius. Both wound and skin are assumed to behave as Varga hyper-elastic membranes with nonlinear responses (see Section 2.3 for details). The wound-skin configuration at a certain time instant  $t$  is shown as  $\mathcal{B}_t$  in Fig. 1, where  $a$  denotes the wound radius and  $b$  the outer radius of the skin. We also consider an axisymmetric traction distribution over the skin edge and assume the skin region surrounding the wound to be large enough such that the traction forces at the boundary are obtainable from the internal stress values in the unwounded skin. We assume body forces and inertia to be negligible. The deformation is assumed to be axisymmetric so that the wound-skin arrangement remains in the form of a circular disc as skin grows radially towards the wound center. In this section, we provide details of our model and use it to obtain closed form solutions for the stress field and wrinkling instability in the skin region during healing.

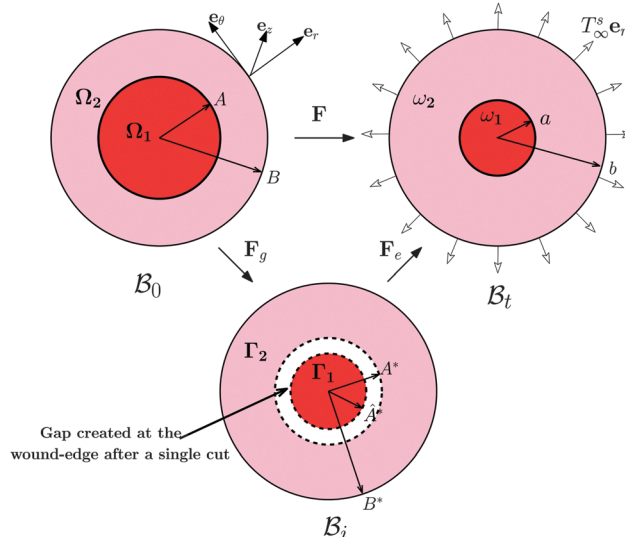


Fig. 1 Kinematics of growth during wound closure. Here,  $\mathcal{B}_0$  is the reference configuration with  $\Omega_1$  (wound) and  $\Omega_2$  (skin),  $\mathcal{B}_t$  is the intermediate grown configuration with  $\omega_1$  (wound) and  $\omega_2$  (skin), and  $\mathcal{B}_i$  is the current configuration with  $\Gamma_1$  (wound) and  $\Gamma_2$  (skin).



## 2.1 Kinematics

The deformation of the wound and the skin is measured with respect to a fixed reference configuration  $\mathcal{B}_0$ , taken to be the initial state of the wounded domain, see Fig. 1. In this configuration, the wound and the skin regions are of radius  $A$  and  $B$ , respectively. For a contracting wound we require  $a < A$ . The thickness  $H$  of the disc in  $\mathcal{B}_0$  is assumed to be uniform such that  $H \ll A$ . The thickness  $h$  of the deformed disc in  $\mathcal{B}_t$  is taken to be a function of only the radial distance. The wound-skin arrangement has residual stresses, whose nature can be determined by unloading the body to a zero stress state. Presently, we assume that in order to unload the body  $\mathcal{B}_t$  we will have to cut it along the wound edge, in addition to removing the traction force at the skin edge. Such a consideration is to emphasize the role of the wound edge in driving the closure of the wound. As we shall see, growth at the wound edge leads to a residually stressed state in the body which provides the driving force for wound healing. We call the stress-free configuration as the intermediate relaxed configuration and denote it as  $\mathcal{B}_i$ , see Fig. 1. As expected the wound edge and the internal edge of the skin are no longer coincident in  $\mathcal{B}_i$ , but are separated by an axisymmetric gap (the axisymmetry of the gap is an additional assumption on the nature of the growth, see the following paragraph). The wound in  $\mathcal{B}_i$  has a radius  $A^*$ . The annular skin region in  $\mathcal{B}_i$  is of inner and outer radius  $A^*$  and  $B^*$ , respectively.

The current and the reference configuration are related by a continuous bijective map which transforms position vector  $\mathbf{X} \in \mathcal{B}_0$ , given in terms of polar coordinates as  $\mathbf{X} = R\mathbf{e}_r(\theta) + Z\mathbf{e}_z$  (with  $0 \leq R \leq B$ ,  $0 \leq \theta \leq 2\pi$ , and  $-H/2 \leq Z \leq H/2$ ), to  $\mathbf{x} \in \mathcal{B}_t$  where  $\mathbf{x} = r\mathbf{e}_r(\theta) + z\mathbf{e}_z$  (with  $0 \leq r \leq b$ ,  $0 \leq \theta \leq 2\pi$ , and  $-h/2 \leq z \leq h/2$ ) such that  $r = r(R)$ ,  $\theta = \theta$ , and  $z = (h(R)/H)Z$  (we do not restrict  $h$  to be continuous at  $R = A$ ). Here  $\mathbf{e}_r$ ,  $\mathbf{e}_\theta$  and  $\mathbf{e}_z$  are unit basis vectors along radial, circumferential, and axial directions, respectively of the polar coordinate system. The deformation gradient  $\mathbf{F} := \partial_{\mathbf{X}}\mathbf{x}$  is then given by

$$\mathbf{F} = r'(R)\mathbf{e}_r \otimes \mathbf{e}_r + \frac{r}{R}\mathbf{e}_\theta \otimes \mathbf{e}_\theta + \frac{h}{H}\mathbf{e}_z \otimes \mathbf{e}_z, \quad (2.1)$$

where  $\partial_{\mathbf{X}}$  denotes the partial derivative with respect to  $\mathbf{X}$  and the superscript prime is used to denote the derivative with respect to  $R$ . The tensor product  $\mathbf{a} \otimes \mathbf{b}$  between two vectors  $\mathbf{a}$  and  $\mathbf{b}$  is defined such that for any third vector  $\mathbf{c}$ ,  $(\mathbf{a} \otimes \mathbf{b})\mathbf{c} = (\mathbf{b} \cdot \mathbf{c})\mathbf{a}$ , where  $\mathbf{b} \cdot \mathbf{c}$  denotes the Euclidean dot product between vectors  $\mathbf{b}$  and  $\mathbf{c}$ . On the other hand, position vector  $\mathbf{X}^* \in \mathcal{B}_i$  is related to  $\mathbf{X}$  by a piecewise continuous map such that  $\mathbf{X}^* = R^*\mathbf{e}_r(\theta^*) + Z^*\mathbf{e}_z$ , where  $R^* = R^*(R)$ ,  $\theta^* = \theta$ , and  $Z^* = Z$ . This characterises the nature of growth kinematics in our model. We will assume a piecewise linear form for  $R^*$  given by  $k_1 R$  if  $0 \leq R \leq A$  and  $k_2 R$  if  $A \leq R \leq B$ , where  $k_1$  and  $k_2$  are constants (we will discuss more about them in the following). The growth distortion tensor  $\mathbf{F}_g := \partial_{\mathbf{X}}\mathbf{X}^*$  therefore is of the form

$$\mathbf{F}_g = k_a(\mathbf{e}_r \otimes \mathbf{e}_r + \mathbf{e}_\theta \otimes \mathbf{e}_\theta) + \mathbf{e}_z \otimes \mathbf{e}_z, \quad (2.2)$$

where  $k_a$  should be replaced by  $k_1$  and  $k_2$  for  $0 \leq R \leq A$  and  $A \leq R \leq B$ , respectively; it is clear that growth distortion is isotropic

in the plane. The elastic distortion tensor  $\mathbf{F}_e := \partial_{\mathbf{X}}\mathbf{x}$  satisfies the multiplicative decomposition  $\mathbf{F} = \mathbf{F}_e\mathbf{F}_g$ ,<sup>34</sup> and hence is given by

$$\mathbf{F}_e = \frac{r'(R)}{k_a}\mathbf{e}_r \otimes \mathbf{e}_r + \frac{r}{k_a R}\mathbf{e}_\theta \otimes \mathbf{e}_\theta + \frac{h}{H}\mathbf{e}_z \otimes \mathbf{e}_z. \quad (2.3)$$

We assume elastic deformation to be incompressible, i.e.  $\det \mathbf{F}_e = 1$ ; hence  $\det \mathbf{F} = \det \mathbf{F}_g$ , which yields

$$\frac{rr'}{R} = k_a^2 \frac{H}{h}. \quad (2.4)$$

This equation cannot be solved until we determine  $h(R)$  using equilibrium equations, as discussed below.

The distortions  $\mathbf{F}$ ,  $\mathbf{F}_e$ , and  $\mathbf{F}_g$  are compatible away from the wound edge since they can all be written as a gradient of a certain (position) vector field. On the other hand, we call the distortion, say  $\mathbf{F}$ , to be compatible on the wound edge if  $(\mathbf{F}^+ - \mathbf{F}^-)\mathbf{e}_\theta = \mathbf{0}$ , where  $\mathbf{F}^+$  is the limiting value of  $\mathbf{F}$  at the wound edge as it is approached from the skin side, and  $\mathbf{F}^-$  as it is approached from the wound side (this notation has also been used in subsequent sections). For a general discussion on compatibility, both in the bulk and at a singular interface, see ref. 19 and 20. It is clear from (2.1) that  $\mathbf{F}$  indeed satisfies this condition and is hence compatible at the wound edge. However,  $(\mathbf{F}_g^+ - \mathbf{F}_g^-)\mathbf{e}_\theta = (k_2 - k_1)\mathbf{e}_\theta$  and consequently the growth distortion is incompatible unless  $k_1 = k_2$ . This incompatibility manifests itself geometrically as a gap in the form of an annular region (between wound and skin) in  $\mathcal{B}_i$ ; in fact we require  $k_2 > k_1$ , otherwise the two domains will penetrate into each other in  $\mathcal{B}_i$ . The elastic deformation overcomes this radial incompatibility so as to make the total deformation compatible. As a result internal forces are generated at the wound edge. The biological origin of such forces is due to the presence of fibroblasts, myofibroblasts, and keratinocytes in the vicinity of the wound edge and their interaction with the surrounding cells in the skin.<sup>26</sup> These internal forces supplement external forces (due to skin tension and body movement) in driving the wound to its closure.<sup>2</sup> The preceding arguments provide physical basis for the introduction of incompatibility at the wound edge, here represented by non-vanishing of  $(k_1 - k_2)$ . The parameters  $k_a$  can of course be constitutively related to the biochemical processes governing the healing process; we discuss this briefly in the following subsection, but otherwise ignore the details in the present work. We note that unlike most of the existing theories of volumetric growth, where both growth and elastic distortions are incompatible in the domain, the incompatibility is restricted here to the interface at the wound edge, cf. ref. 29 and 45.

## 2.2 Mass balance

Consider an arbitrary part  $\omega$  (with thickness  $h$ ) of  $\mathcal{B}_t$  such that it intersects the wound edge on a surface  $s$ . Allowing for a mass source (represented by a density  $\pi$  per unit area) at the interface, the statement of balance of mass for  $\omega$  is given by

$$\frac{d}{dt} \int_{\omega} \rho dV = \int_s \pi dA, \quad (2.5)$$



where  $\rho$  is the mass density per unit volume of the current configuration and  $dV$  and  $dA$  represent the infinitesimal volume and the area in  $\mathcal{B}_t$ . In writing the above relation we have ignored the presence of any excess mass density at the interface as well as neglected any sources/sinks of mass in the bulk domain away from the interface. The mass source  $\pi$  can be attributed to the proliferation of various cells and growth factors at the wound edge. The global mass balance equation is equivalent to the following local relations:

$$\begin{aligned} \frac{\partial \rho_w}{\partial t} + \text{div}(\rho_w \mathbf{v}) &= 0 \quad \text{for } 0 \leq r < a, \\ \frac{\partial \rho_s}{\partial t} + \text{div}(\rho_s \mathbf{v}) &= 0 \quad \text{for } a < r \leq b, \quad \text{and} \\ u(\rho_s - \rho_w) - (\rho_s \mathbf{v}^+ - \rho_w \mathbf{v}^-) \cdot \mathbf{e}_r &= \pi \quad \text{at } r = a, \end{aligned} \quad (2.6)$$

where  $\rho_w$  and  $\rho_s$  are mass densities of the wound and the surrounding skin in the current configuration,  $u$  is the normal velocity of the wound edge in  $\mathcal{B}_t$ , and  $\mathbf{v}$  is the particle velocity;  $\text{div}$  stands for the divergence operator. According to the last of these equations, a mass source can be present at the interface only when there is a non-trivial difference in the reference densities of the neighboring domains and the interface is not stationary in the reference configuration; the latter requires the wound edge to be a non-material interface. The mass balance at the wound edge can be used to derive a relationship between  $k_a$ ,  $u$ ,  $\rho_0$  and  $\pi$ . Towards this end, let  $\rho_{0w}$  and  $\rho_{0s}$  be mass densities of the wound and surrounding skin with respect to  $\mathcal{B}_0$ . We have  $\rho = \rho_0 \det \mathbf{F}_g$  owing to incompressible elastic deformation. We assume a quasi-static evolution, where particle velocities have much small magnitudes than the wound edge velocity, so as to reduce (2.6)<sub>3</sub> to

$$u(k_2^2 \rho_{0s} - k_1^2 \rho_{0w}) = \pi. \quad (2.7)$$

This equation relates growth distortions to the mass addition and the evolution of the wound edge. It is clear that mass addition is possible even at a compatible interface but with discontinuous density.

### 2.3 Equilibrium relations and constitutive assumptions

For quasi-static deformations with no body force, and recalling the symmetry in the problem, we have only one non-trivial equilibrium condition for stress, *i.e.*<sup>24</sup>

$$\frac{(hT_{rr})'}{r'} + \frac{h(T_{rr} - T_{\theta\theta})}{r} = 0 \quad \text{for} \quad (2.8)$$

$$0 \leq R < A, \quad A < R \leq B \quad \text{and}$$

$$(h^+ T_{rr}^+ - h^- T_{rr}^-) = 0 \quad \text{at } R = A, \quad (2.9)$$

where  $T_{rr}(R)$ , *etc.* are components of the Cauchy stress with respect to the cylindrical coordinate system.

Skin is an anisotropic viscoelastic material exhibiting non-linear stress-strain response.<sup>13</sup> However, the viscoelasticity of skin can be neglected for the time scales involved in wound healing.<sup>22</sup> Moreover, since the dermis is much softer than the epidermis, skin easily slides over the substrate, allowing us to

model it as an elastic membrane.<sup>5</sup> For analytical simplicity we assume the membrane to behave like an incompressible Varga hyperelastic material whose strain energy density is given as

$$W(\lambda_1, \lambda_2, \lambda_3) = 2\mu(\lambda_1 + \lambda_2 + \lambda_3 - 3), \quad (2.10)$$

where  $\mu$  is a material constant and  $\lambda_i$  are principle stretches associated with elastic distortion. Elastic incompressibility requires  $\lambda_3 = 1/(\lambda_1 \lambda_2)$ , hence we introduce

$$\hat{W}(\lambda_1, \lambda_2) = W(\lambda_1, \lambda_2, 1/(\lambda_1 \lambda_2)). \quad (2.11)$$

For the wound a similar model can be assumed with a different material parameter. We assume wound to be less stiffer than skin since it has inferior properties. The granulating surface of the wound acts as a single contractile body, hence wound can be considered as a solid domain.<sup>3</sup> We note that ignoring the viscoelasticity of the wound is a strong assumption and it would be important to extend the present formulation to include this physical property and study its effect on stress generation and wrinkling.

The non-trivial components of the Cauchy stress for hyper-elastic response are given by<sup>24</sup>

$$T_{rr} = \lambda_1 \hat{W}_1, \quad \text{and} \quad T_{\theta\theta} = \lambda_2 \hat{W}_2, \quad \text{where} \quad \hat{W}_i = \frac{\partial \hat{W}}{\partial \lambda_i}. \quad (2.12)$$

For the Varga material

$$\begin{aligned} T_{rr} &= 2\mu\lambda_1 \left(1 - \frac{1}{\lambda_1^2 \lambda_2}\right) \quad \text{and} \\ T_{\theta\theta} &= 2\mu\lambda_2 \left(1 - \frac{1}{\lambda_1 \lambda_2^2}\right). \end{aligned} \quad (2.13)$$

Substituting these in equilibrium eqn (2.8), while recalling from (2.3) that  $\lambda_1 = r'/k_a$ ,  $\lambda_2 = r/(Rk_a)$ , and  $\lambda_3 = h/H$ , we get

$$r''rR + (r')^2R - r'r = 0 \quad \text{for } 0 \leq R < A \quad \text{and} \quad A < R \leq B. \quad (2.14)$$

### 2.4 Unwrinkled solution

Eqn (2.14) can be solved separately in the skin and the wound region to get

$$r^s = \sqrt{C_1 R^2 + C_2} \quad \text{and} \quad r^w = \sqrt{D_1 R^2 + D_2}, \quad (2.15)$$

respectively. Here, and in what follows below, we use superscripts 's' and 'w' to differentiate between skin side and wound side variables. Substituting these in (2.4) we can immediately see that  $h(R)$  is a piecewise constant, *i.e.*  $h^w = k_1^2 H/D_1$  and  $h^s = k_2^2 H/C_1$ .

The solution will be completed using the following boundary and interfacial conditions: (i)  $T_{rr}^s(B) = T_\infty^s (> 0)$ , where  $T_\infty^s$  is the magnitude of the far field stress in the skin (obtained from unwounded skin), (ii)  $r^w(0) = 0$  (therefore cavitation is not allowed), (iii)  $r^s(A) = r^w(A)$ , and (iv) stress equilibrium at the wound edge given by (2.9). The first condition will be considered assuming  $B \rightarrow \infty$ . In this limit  $T_{rr}^s = 2\mu^s(\sqrt{C_1}/k_2 - k_2^2/C_1)$  which is to be equated to  $T_\infty^s$  to solve





for  $C_1/k_2^2$ . It should be noted that, for  $T_\infty^s > 0$ , the cubic equation has only one real root as can be checked by calculating the discriminant; moreover, we should necessarily have  $C_1 > k_2^2$ . The second condition implies  $D_2 = 0$ , reducing (2.15)<sub>2</sub> to  $r^w = \sqrt{D_1}R$ . With this we readily obtain  $T_{rr}^w(R) = T_{\theta\theta}^w(R) = (2\mu^w\sqrt{D_1}/k_1)(1 - k_1^3/D_1^{3/2})$ ; the wound region therefore is in a constant hydrostatic stress state. The stresses are tensile if and only if  $D_1 > k_1^2$ . It is useful to interpret  $D_1$  in terms of the current position of the wound edge (given by  $a$ ) which is usually available from the experimental data (see for instance<sup>4</sup>). The velocity of healing or the rate of contraction is known to decrease with time.<sup>4</sup> This motivates us to take  $a = A\zeta^{d-1}$ , where  $\zeta$  is the healing constant ( $\zeta < 1$  for healing) and  $d$  is the number of days ( $d > 1$  assuming that there will be no proliferation of wound during the first day). We get  $\sqrt{D_1} = a/A = \zeta^{d-1}$ . The continuity of the deformation at the wound edge (third condition) is used to determine  $C_2$  in terms of  $C_1$  and  $D_1$  as  $C_2 = (D_1 - C_1)A^2$ . If we fix the value of parameters  $\mu^s, \mu^w, \zeta, d$ , and  $k_2$ , then the fourth condition simplifies to a fourth order equation which can be solved for  $k_1$ ; the selected value of  $k_1$  should satisfy  $k_1 < k_2$  and  $D_1 > k_1^2$ . Knowing reference densities, this will also determine the rate of mass addition  $\pi$  in (2.7), where  $u$  can be inferred from  $D_1$ . On the other hand, if we fix  $\pi$ , then we have to keep both  $k_1$  and  $k_2$  as unknown variables, to be solved using the fourth boundary condition and (2.7) while being restricted by various inequalities as discussed above.

## 2.5 Wrinkled solution using tension field theory

It is well known that elastic membranes remain stable only for non-negative stress fields.<sup>38</sup> The emergence of compressive stresses can be accommodated by buckling of the membrane in the form of infinitesimal wrinkles. As the wound heals the wrinkles are expected to appear only in the circumferential direction.<sup>5,12</sup> The radial stresses accordingly should remain positive throughout. In the wound region, the radial and the hoop stresses are both equal and hence no wrinkling is predicted. The positivity of stresses in the wound is guaranteed as long as  $D_1 > k_1^2$ ; this inequality is used as a restriction on the admissible values for  $k_1$  assuming that  $D_1$  is known from experimental data of wound contraction (see the discussion above). In the skin region we have  $T_{rr}^s(R) = 2\mu^s C_1 C_2 / (k_2 r^{s3})$  and  $T_{\theta\theta}^s(R) = 2\mu^s C_2 / (r^s k_2^2 R^2)$ . We have already seen that, for far field radial stress in the skin to be positive,  $C_1 > k_2^2$ . Observations of wrinkling during healing reveal that it is restricted to a finite region in the skin adjacent to the wound edge. Therefore, the hoop stress should increase as we go from the wound edge towards healthier skin. This requires  $C_2 < 0$  which is equivalent to  $D_1 < C_1$ . The wrinkled region has  $T_{\theta\theta}^s < 0$ . To find the size of this region (denoted by radius  $R_c$ ) we can use  $T_{\theta\theta}^s = 0$  which in the present case yields a nonlinear equation

$$C_1 \sqrt{C_1 R_c^2 + C_2} = k_2^3 R_c. \quad (2.16)$$

The limiting condition which ensures no wrinkling can be obtained by substituting  $R_c \leq A$  in the above equation to get  $k_2^3 \geq C_1 \sqrt{D_1}$ .

The solution in the preceding subsection assumes non-negative stress in the whole domain. In the presence of wrinkling the domain will be divided into three regions: wound ( $0 \leq R \leq A$ ), wrinkled regions ( $A \leq R \leq R_c$ ), and skin ( $R_c \leq R \leq B$ ). The solution (2.15) remains valid in the wound and the skin region. To solve the boundary value problem in the wrinkled region we will use the tension field theory as proposed by Pipkin and Steigmann<sup>32,39,40</sup> (see also ref. 24). For an annular region to lower its circumference below what would be in simple (radial) tension, compressive hoop stress would be required. The tension field theory instead postulates that the reduction of circumference is accomplished by wrinkling while keeping hoop stress to a vanishing value throughout the wrinkled region. The fine scale nature of the wrinkled pattern remains unresolved in this theory; in order to do so one would need to incorporate bending into membrane energetics.<sup>41</sup> The essential features of the tension field theory emerge as a consequence of a relaxed strain energy density.<sup>32</sup> Towards this end we first solve  $T_{\theta\theta} = 0$  from (2.13)<sub>2</sub> to obtain  $\lambda_2$  in terms of  $\lambda_1$ ; we get  $\lambda_2 = 1/\sqrt{\lambda_1}$ , the 'natural width' of the membrane.<sup>32</sup> The relaxed strain energy density for the incompressible Varga material is obtained by substituting this expression in place of  $\lambda_2$  in (2.10):

$$\widehat{W}(\lambda_1) = 2\mu^s \left( \lambda_1 + \frac{2}{\sqrt{\lambda_1}} - 3 \right). \quad (2.17)$$

In the wrinkled region, *i.e.*  $A \leq R \leq R_c$ ,  $\lambda_2 \leq 1/\sqrt{\lambda_1}$  and  $T_{\theta\theta} = 0$ . Using the latter in (2.8) reduces the stress equilibrium relation to

$$\frac{(hT_{rr})'}{r'} + \frac{hT_{rr}}{r} = 0 \quad \text{for } A \leq R \leq R_c, \quad (2.18)$$

which immediately implies that  $rhT_{rr}$  is constant. The radial stress  $T_{rr}$  can be written in terms of the relaxed energy density as  $\lambda_1 \widehat{W}'(\lambda_1)$ . With  $r = \lambda_2 R k_2$ ,  $h = \lambda_3 H$ , and  $\lambda_1 \lambda_2 \lambda_3 = 1$ , the stress equilibrium implies that  $R \widehat{W}'(\lambda_1)$  or, equivalently,  $R(1 - \lambda_1^{-3/2})$  is a constant in the wrinkled region. The use of  $\lambda_1 = r'/k_2$  and subsequent integration yields

$$r'(R) = \int \left( \frac{R}{R - \delta_1} \right)^{2/3} k_2 dR + \delta_2, \quad (2.19)$$

where  $\delta_1$  and  $\delta_2$  are constants; the superscript  $t$  is used to identify the variables in the tension field (wrinkled) region. The solution is completed using the following boundary and interfacial conditions: (i)  $T_{rr}^s(B) = T_\infty^s (> 0)$ , (ii)  $r^w(0) = 0$ , (iii)  $r^t(A) = r^w(A)$ , (iv)  $r^s(R_c) = r^t(R_c)$ , and (v)  $(h^t T_{rr}^t - h^w T_{rr}^w) = 0$  at  $R = A$ , and (vi)  $(h^s T_{rr}^s - h^t T_{rr}^t) = 0$  at  $R = R_c$ . As before, the first condition is used to solve for  $C_1/k_2^2$  and the second one implies  $D_2 = 0$ . Also, we can continue to interpret  $D_1$  in terms of the wound healing rate. Then, fixing the value of parameters  $\mu^s, \mu^w, \zeta, d$ , and  $k_2$ , we can use the rest of the conditions, in conjunction with (2.16), to find  $C_2, \delta_1, \delta_2, R_c$ , and  $k_1$ .



### 3 Discussion

Before venturing into a detailed parametric study we illustrate the nature of the solution for a typical choice of constants. We consider  $\mu^s = 6.5$  kPa,  $\mu^w = 0.7\mu^s$ ,  $\zeta = 0.95$ ,  $k_2 = 1.1$ , and  $T_\infty^s = 1$  kPa. The value for  $\mu^s$  is taken from the available experimental results<sup>13</sup> while  $\mu^w$  is chosen so as to ensure that wound is less stiffer than the skin. We have taken  $d = 2$  to investigate the nature of healing after the first day. The value of healing constant  $\zeta$  is motivated from the wound healing data given in ref. 4 for a 36 year old patient with a wound on the left iliac region. We converted the area of the wound, available from the study, into an equivalent circular wound and subsequently determined the radius. The decrease in normalized current wound radius  $r/A$  versus time is shown in Fig. 2. The value of  $k_2$ , which essentially provides the skin growth deformation, has been taken in the range of 1 to 1.3. A large value of  $k_2$  would signify a large opening at the wound edge after making an incision and vice-versa. Even though no experimental data is available for  $k_2$ , we solve our problem with data which does not create large openings. The considered skin tension value of 1 kPa is lower than the reported literature range of about 5.4 kPa to 90 kPa.<sup>10,13</sup> We are restricted to work with lower values of skin tension because we would otherwise get imaginary values for the constant  $D_1$  inside the wound. This restriction is an outcome of the simple hyperelastic model chosen for analytical convenience. The stresses in the skin region are plotted against the normalized radius  $R/A$  shown in Fig. 3. The critical wrinkle radius can be read as  $R_c = 1.424A$ . We have here illustrated a case of wrinkle formation which is inline with the literature.<sup>5,12</sup>

We will now investigate how stress generation and wrinkling are affected by varying skin tension, healing constants, incompatibility at the wound edge, the radius of the wrinkled region, and wound stiffness. In several of these studies we will fix the wrinkle radius and instead calculate the healing constant as a part of the solution. Fixing the wrinkle radius simulates the condition of the constrained boundary for

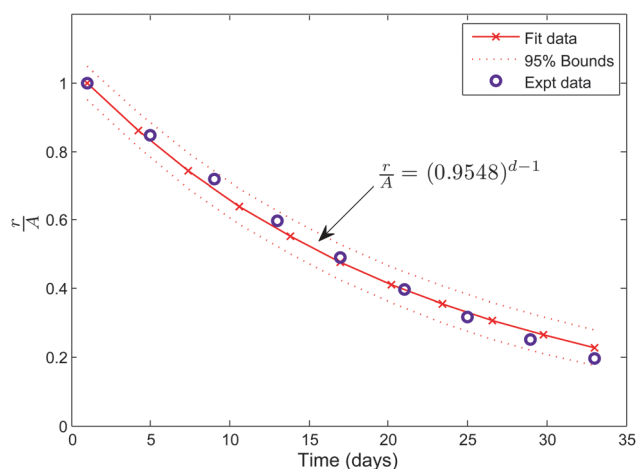


Fig. 2 The healing data for an open wound for patient no. 217 taken from ref. 4.

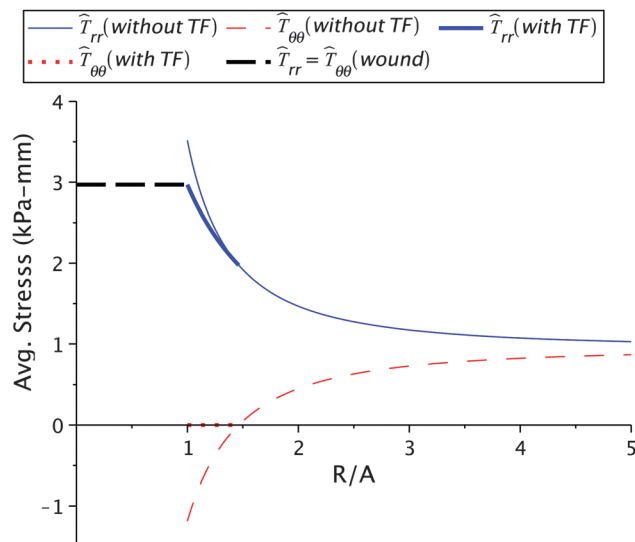


Fig. 3 Stress values in the skin region calculated for  $\mu^s = 6.5$  kPa,  $\mu^w = 0.7\mu^s$ ,  $\zeta = 0.95$ ,  $T_\infty^s = 1$  kPa, and  $k_2 = 1.1$ . Here, and in subsequent figures,  $\hat{T}_{rr} = hT_{rr}$  and  $\hat{T}_{\theta\theta} = hT_{\theta\theta}$ . 'TF' stands for the tension field.

instance during vacuum or adhesive bandage assisted healing. The variation of the wrinkle radius in this paper is considered in the range of 1 to 3. This range is inspired from the experimental results obtained in ref. 5 and 12.

#### 3.1 Effect of skin tension

The effect of the skin tension on the solution is given in Fig. 4 and 5, and in Tables 1(a) and 2(a). With a fixed healing constant, the wrinkle radius increases with decrease in the far field skin tension. This result is in agreement with earlier analytical studies<sup>23</sup> and experiments.<sup>5,12,15</sup> For higher tension smaller wrinkled regions will appear, in addition to higher stresses. This would also help the fibroblasts to transform into myofibroblasts, which furthers the contraction process.<sup>2,10,16</sup> Hence, wounds under large tensile forces show less apoptosis and promote fibrosis and fibroplasia leading to hypertrophic scars.<sup>1,2,10,44</sup> The evidence of abnormal scars appearing at mobile sites such as chest, shoulder muscles, abdomen and scapula, where the skin is frequently stretched due to respiration, upper limb movements, seating, and standing motions are some illustrations. Immobile sites like the scalp and the anterior low leg do not show such scars.<sup>2,43,44</sup> The results in Table 1(a) show that the stresses in the wound and the skin region decrease with decreasing skin tension; this is of course related to the incompatibility  $k_2 - k_1$  generated at the edge. The loss of tension during healing results in wound atrophy due to the disappearance of alpha-SMA (smooth muscle actin) and myofibroblasts from the wound site.<sup>2,17</sup> In another parametric study, we keep the wrinkle radius constant and vary the skin tension as shown in Fig. 5 and Table 2(a). In this case, the healing constant increased (slower healing) with loss in skin tension, and higher stresses in the wound and the surrounding skin appear as a result of higher skin tension. For normal



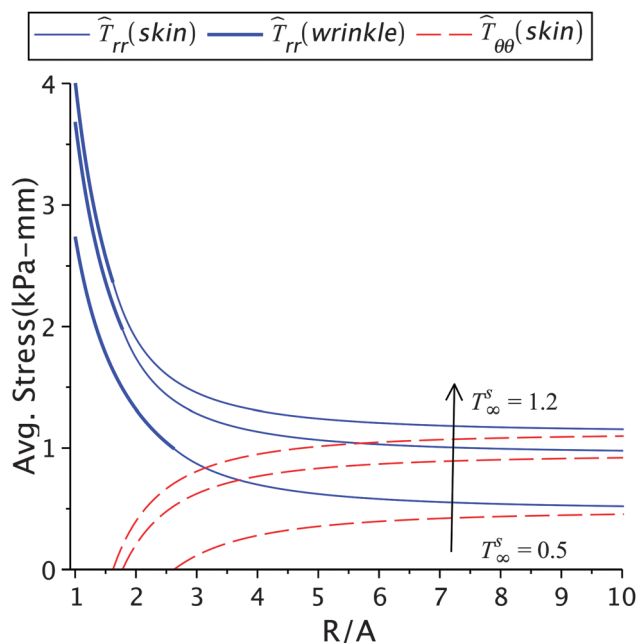


Fig. 4 The radial and circumferential stresses plotted for  $T_{\infty}^s = 1.2$  kPa, 1 kPa, and 0.5 kPa, with  $\mu^s = 6.5$  kPa,  $\mu^w = 0.7\mu^s$ ,  $k_2 = 1.2$ , and  $\zeta = 0.95$ .

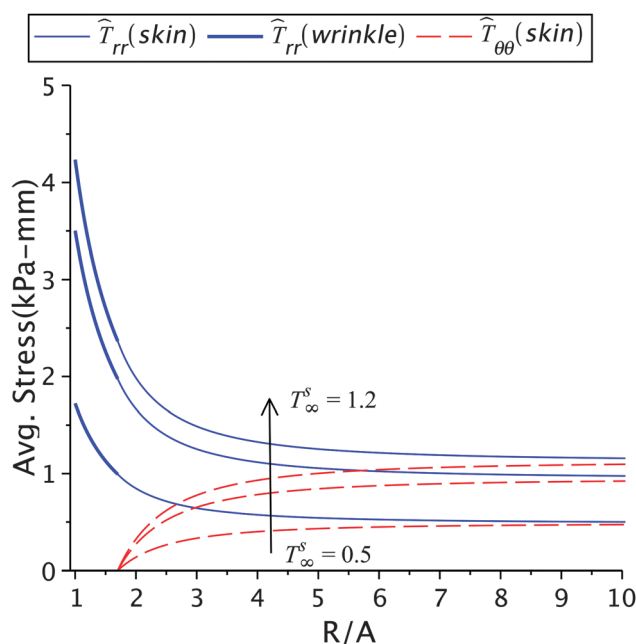


Fig. 5 The radial and circumferential stresses plotted for  $T_{\infty}^s = 1.2$  kPa, 1 kPa, and 0.5 kPa, with  $\mu^s = 6.5$  kPa,  $\mu^w = 0.7\mu^s$ ,  $k_2 = 1.2$ , and  $R_c = 1.7A$ .

wound healing an optimized tension is required to limit the spreading of scar and formation of wrinkles.<sup>5</sup>

### 3.2 Effect of healing constant

The effect of varying healing constant on the solution is shown in Fig. 6 and Table 1(b). Higher rates of contraction can be achieved through artificial means such as vacuum assisted closure, adhesive tapes, bandages, skin grafts, scaffolds seeded

**Table 1** Effect of various parameters on wrinkling, stresses, and incompatibility when healing constant ( $\zeta$ ),  $k_2$ ,  $\mu^s$ ,  $\mu^w$ , and  $T_{\infty}^s$  are known. The stress  $\hat{T}_{rr}(A)$  would be both the radial and hoop stress inside the wound

Parameter variation	Parameter values	$R_c/A$	$k_1$	$\hat{T}_{rr}$ [kPa mm] ( $R = R_c$ )	$\hat{T}_{rr}$ [kPa mm] ( $R = A$ )
(a) $\zeta = 0.95$ , $k_2 = 1.2$ , $\mu^s = 6.5$ kPa, $\mu^w = 0.7\mu^s$					
$T_{\infty}^s$ (kPa)	1.2	1.623	0.7	2.365	4.018
	1	1.78	0.746	1.976	3.685
	0.5	2.63	0.824	0.994	2.739
(b) $k_2 = 1.2$ , $\mu^s = 6.5$ kPa, $\mu^w = 0.7\mu^s$ , $T_{\infty}^s = 1$ kPa					
$\zeta$	0.9	1.948	0.6533		4.08
	0.95	1.78	0.7460	1.976	3.685
	0.99	1.637	0.811		3.359
(c) $\zeta = 0.95$ , $\mu^w = 0.7\mu^s$ , $\mu^s = 6.5$ kPa, $T_{\infty}^s = 1$ kPa					
$k_2$	1.05065	1.258	0.8377		2.522
	1.10065	1.463	0.8086	1.976	2.969
	1.20065	1.78	0.7456		3.685
(d) $\zeta = 0.95$ , $k_2 = 1.2$ , $\mu^s = 6.5$ kPa, $T_{\infty}^s = 1$ kPa					
$\mu^w$	0.7		0.746		
$\mu^s$	0.75	1.78	0.7708	1.976	3.685
	0.9		0.8158		

**Table 2** Effect of various parameters on healing constant, stresses, and incompatibility when wrinkle radius ( $R_c/A$ ),  $k_2$ ,  $\mu^s$ ,  $\mu^w$ , and  $T_{\infty}^s$  are known. The stress  $\hat{T}_{rr}(A)$  would be both the radial and hoop stress inside the wound

Parameter variation	Parameter values	Healing const. ( $\zeta$ )	$k_1$	$\hat{T}_{rr}$ [kPa mm] ( $R = R_c$ )	$\hat{T}_{rr}$ [kPa mm] ( $R = A$ )
(a) $R_c/A = 1.7$ , $k_2 = 1.2$ , $\mu^s = 6.5$ kPa, $\mu^w = 0.7\mu^s$					
$T_{\infty}^s$ (kPa)	1.2	0.9238	0.63075	2.365	4.235
	1	0.9726	0.7831	1.976	3.502
	0.5	1.0894	1.0095	0.994	1.722
(b) $k_2 = 1.2$ , $\mu^s = 6.5$ kPa, $\mu^w = 0.7\mu^s$ , $T_{\infty}^s = 1$ kPa					
$R_c/A$	1.5	1.026	0.867		3.052
	1.7	0.973	0.783	1.976	3.502
	2	0.884	0.614		4.202
(c) $R_c/A = 1.7$ , $\mu^s = 6.5$ kPa, $\mu^w = 0.7\mu^s$ , $T_{\infty}^s = 1$ kPa					
$k_2$	1.1	0.8915	0.7179		
	1.2	0.9726	0.7831	1.976	3.502
	1.3	1.0536	0.8484		
(d) $R_c/A = 1.7$ , $k_2 = 1.2$ , $\mu^s = 6.5$ kPa, $T_{\infty}^s = 1$ kPa					
$\mu^w$	0.7		0.7831		
$\mu^s$	0.75	0.9726	0.8044	1.976	3.502
	0.9		0.8448		

with stem cells, dampening the wound, and maintaining proper hygiene.<sup>2–3,10</sup> From our results we observe that lower values of the healing constant (faster healing) lead to higher stresses and larger wrinkled regions. This is in qualitative agreement with the available experimental results.<sup>5,12,15</sup> The lower values also lead to greater incompatibilities at the wound edge. A large incompatibility is related to high contractile forces being generated near the wound edge, as highlighted in the previous section. It should be noted that artificial wound control methods have to appropriately balance the skin tension and the natural healing rate. The formation of scars strongly depends on the contraction during healing,<sup>46</sup> which in turn is



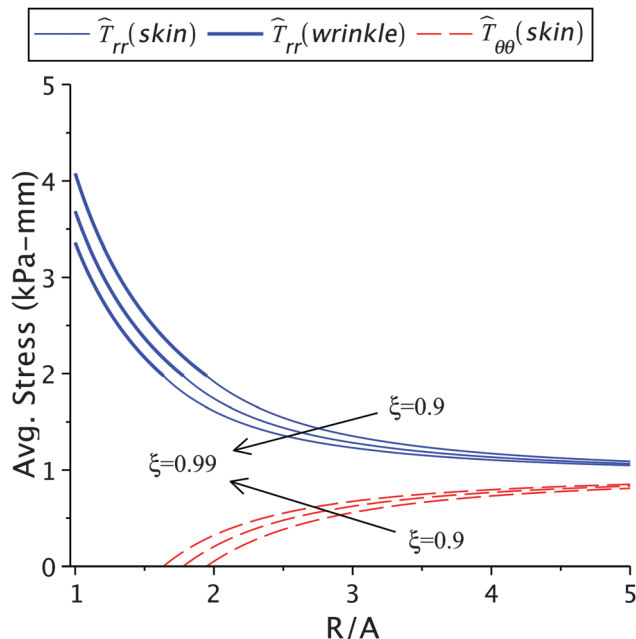


Fig. 6 The radial and circumferential stresses plotted for  $\zeta = 0.99, 0.95$ , and  $0.9$ ; here  $\mu^s = 6.5$  kPa,  $\mu^w = 0.7\mu^s$ ,  $T_\infty^s = 1$  kPa, and  $k_2 = 1.2$ .

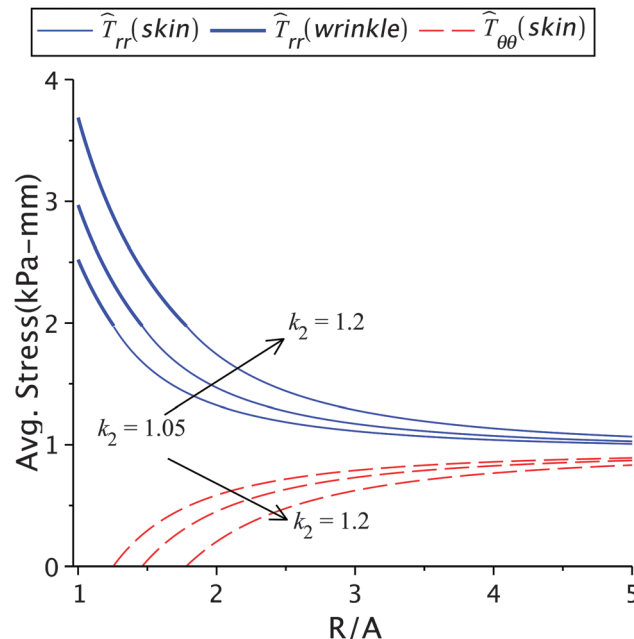


Fig. 7 The radial and circumferential stresses plotted for  $k_2 = 1.01, 1.05, 1.1$ , and  $1.2$ , with  $\mu^s = 6.5$  kPa,  $\mu^w = 0.7\mu^s$ ,  $T_\infty^s = 1$  kPa, and  $\zeta = 0.95$ .

related to the cellular densities inside the wound. These densities should decrease during the progression of wound healing to avoid the formation of an ugly scar.

### 3.3 The role of incompatibility in the wound edge

The variation of incompatibility, *i.e.*  $k_2 - k_1$ , controls the generation of internal stresses at the wound edge. A balance between the external and internal stresses is maintained for natural healing leading to normal scars.<sup>2</sup> The incompatibility also has a direct influence on the contraction rate. The effect of the skin growth factor  $k_2$  on healing and other parameters is shown in Fig. 7 and in Tables 1(c) and 2(c). For a fixed healing constant, an increase in  $k_2$  results in higher radial stress, lower hoop stress, and larger wrinkled regions. It also results in a lower value of  $k_1$  but a higher value of  $k_2 - k_1$ . Note that smaller values of  $k_1$  indicate large contraction, hence higher cellular densities with increased activities. On the other hand, when the wrinkle radius is kept constant, the effect of lowering  $k_2$  value (as reported in Table 2(c)) has an adverse effect on healing. It can be noticed that  $k_2 - k_1$  does not change appreciably in this case. The constrained wrinkling increases the value of  $k_1$  when  $k_2$  is increased, which means that the cellular activities in the wound are balanced out by the extracellular activities in the skin; as a result excessive internal stresses are not generated. The skin tension away from the wound remains constant in this case, implying that healing cannot be accelerated with constant external forces.

### 3.4 Effect of the radius of the wrinkled region

The dependence of the solution on the size of the wrinkled region is presented in Fig. 8 and Table 2(b). An increased wrinkle radius decreases the healing constant but increases

the stress and incompatibility at the wound edge. It is clear that the size of the wrinkled region has a strong effect on wound healing, especially on the quality of scars formed after healing.<sup>12</sup> For instance, when the large wrinkling radius is associated with small values of stress (as in Table 1(a)), the scar may no longer remain hypertrophic and can turn ugly.<sup>12</sup> However, when it is associated with high stress values (as shown in Table 2(b)) then the scar is hypertrophic. Sometimes keloids can be larger than

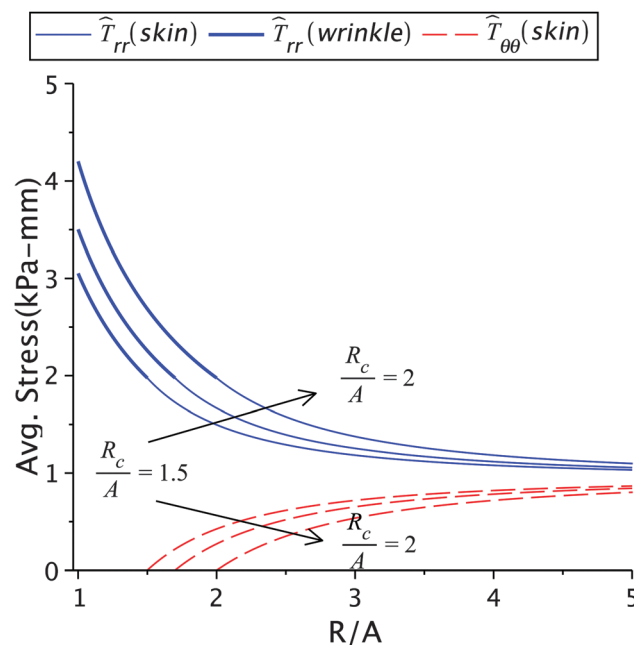


Fig. 8 The radial and circumferential stresses plotted for  $R_c = 1.5A, 1.7A$ , and  $2A$ ; Here  $\mu^s = 6.5$  kPa,  $\mu^w = 0.7\mu^s$ ,  $k_2 = 1.2$ , and  $T_\infty^s = 1$  kPa.





the initial wound, which can be considered as the after-effect of the large wrinkling radius associated with high stresses.<sup>3</sup>

### 3.5 Effect of wound stiffness

The effect of wound stiffness on wound healing is shown in Tables 1(d) and 2(d). In both the cases, a change in wound stiffness value does not bring any change in the average stresses generated in the skin (the mid-plane stress values do change). In fact, as is clear from the governing equations, an increase in  $\mu^w$  is accommodated by an increase in  $k_1$  for fixed values of  $\mu^s$ ,  $T_\infty$ ,  $k_2$ , and  $\zeta$  (or  $R_c$ ). This is expected since incompatibility should decrease with improved wound properties. The decreased incompatibility also decreases the (mid-plane) stress in the wound, making it favourable for scar control. Therefore, methods which improve wound properties, such as grafting, autologous seeding, stem cells, *etc.*, have a positive effect on healing and scars.

## 4 Concluding remarks

We have proposed a continuum mechanics based biomechanical growth model for cutaneous wound closure after an injury locally alters the stress state of the skin. The formation of scars is an outcome of such an altered stress state in the skin after healing. Our approach differs from the existing wound healing literature in the way we have incorporated mass addition and incompatibility at the wound edge, and their relation with the stress field generated and wrinkle formation in the wound and the adjoining skin area. The results of our model are in excellent qualitative agreement with the available experimental data. However, as noted in the previous section, the model works only for far field skin tension values which are significantly below actual values. This is due to the simplistic Varga hyperelastic model chosen from obtaining exact solutions. Numerical solutions with a more realistic Ogden hyperelastic model or including viscoelastic effects may allow us to use realistic tension values in the unwounded skin.

For the known properties of the skin, our model can be used for an *a priori* estimation of stresses developed during wound closure at various stages of healing. It has been shown that the stresses generated depend directly on the extent of healing. Therefore, cases of abnormal or rapid healing can be identified easily by altering various parameters based on the microscopic events. In particular, the stress states can be used to indicate the severity of the scar formed and a better wound treatment plan can be evolved to prevent cases of hypertrophic scars and keloids. Our simplistic model can be enriched in many ways to deal with realistic healing situations. For example, the microscopic equations for cell activity in the two compartment models can be used to evolve skin growth factors  $k_1$  and  $k_2$ . These factors can be related constitutively to various chemical (biochemical) and biological processes occurring during the healing process. On the other hand, we can modify the membrane model to include some bending energy, which can then be used to resolve finer features of the wrinkled skin.<sup>41</sup>

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