Showcasing work from the groups of Matthias Epple and Christian Mayer at the University of Duisburg-Essen.

Title: Nanocapsules of a cationic polyelectrolyte and nucleic acid for efficient cellular uptake and gene transfer

Nanoparticulate systems are prepared and analyzed with respect to a biological application. Herein, nanocapsules with a shell of DNA were used to transfer genes into living cells.

As featured in:

Nanocapsules of a cationic polyelectrolyte and nucleic acid for efficient cellular uptake and gene transfer

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Polyelectrolyte nanocapsules, consisting of poly(allylamine hydrochloride) (PAH) and a nucleic acid, either DNA or siRNA, were prepared with calcium phosphate nanoparticles as template. This inorganic core was removed by a combination of acid treatment and dialysis, leading to capsules with a diameter of about 140 nm. These capsules were well taken up by HeLa cells and led to an efficient gene transfer, i.e. transfection by DNA and gene silencing by siRNA. They behaved clearly different from unstructured aggregates of DNA and PAH, i.e. polycplexes, underscoring the effect of their internal structure.

Experimental

Synthesis of calcium phosphate nanoparticles and capsules

The PAH-coated nanoparticles were prepared according to Schwertz et al.\textsuperscript{14} by simultaneously pumping aqueous solutions of 5 mL (NH₄)₂HPO₄ (Sigma; $c = 10.8$ mM), 5 mL calcium lactate (Sigma; $c = 18$ mM), and 5 mL poly(allylamine hydrochloride) (PAH; Sigma, $M = 56$ kDa; $c = 2$ g L$^{-1}$) into 20 mL of water. The total volume of the dispersion was 35 mL. The resulting dispersion of CaP/PAH nanoparticles was dialysed for 2 days to remove non-adsorbed PAH. The particles were then coated first with nucleic acid and then with another layer of PAH (Sigma, $M = 56$ kDa) and DNA as described in the following.

Three different kinds of nucleic acids were used. Model DNA from herring sperm from Aldrich ($\leq 50$ b.p.) was used for experiments on the preparation and mechanical stability of the capsules ($M = 10 000$–$30 000$ g mol$^{-1}$). Plasmid DNA (pcDNA3-EGFP) (6160 base pairs, $M = 4.0 \times 10^5$ Da) which encodes for enhanced green fluorescent protein (EGFP) was purified from Escherichia coli using NucleoBond® endotoxin-free plasmid DNA (Macherey-Nagel, Düren, Germany). Desalted, double-stranded siRNA from invitrogen (Paisley, UK), sense, transfection of cells by transfection.
5'-GCAAGCUGACCCU-GAAGUUCAU-3'; antisense, 5'-AUGAA CUCUAGGGU-CAGCUCUGC-3', was used for gene silencing experiments \((M = 14,021.4 \text{ Da})\).

For the second shell, we diluted 100 \(\mu\text{L}\) of the CaP/PAH nanoparticle dispersion with 700 \(\mu\text{L}\) ultrapure water and added 50 \(\mu\text{L}\) of a nucleic acid solution (either DNA or siRNA; \(c = 1 \text{ g L}^{-1}\)). In preceding experiments, this amount was found to be sufficient to reverse the surface charge of the nanoparticles, i.e. the amount of free (dissolved) DNA should be minimal. For plasmid DNA, the optimum amount was 10 \(\mu\text{L}\) \((c = 1 \text{ g L}^{-1})\), probably due to the higher molecular weight than siRNA. This led to CaP/PAH/nucleic acid nanoparticles.

For the third shell, 30 \(\mu\text{L}\) PAH solution (2 \(\text{g L}^{-1}\)) was added to the CaP/PAH/nucleic acid dispersion to obtain CaP/PAH/nucleic acid/PAH nanoparticles. After preceding experiments, this amount was found to be optimal for charge reversal. To prepare the empty capsules, the pH of the dispersion of CaP/PAH/nucleic acid/PAH nanoparticles was lowered to 3 with HCl. The dispersion was subjected to dialysis in a QuixSep® microdialysis capsule covered with a Nadir® dialysis tube (Roth, pore size 25–30 Å) for one day in the presence of a cation exchanger (Serva, Serdolit Red) and then for one day in the presence of an anion exchanger (Serva, Serdolit Blue). Thereby, the dissolved calcium and phosphate ions were removed from the system, and the empty capsules remained within the dialysis tube. By Energy-dispersive X-ray spectroscopy (EDX), we analysed the composition of the nanocapsules after dialysis and ensured the complete removal of calcium phosphate.

For cell uptake experiments, we used also FITC-labelled PAH (Sigma, \(M = 15 \text{ kDa}\)) to form a fluorescent outer layer.

Polyplexes, i.e. unstructured aggregates of PAH and nucleic acid, were prepared as control by simply mixing the same amounts in water: 800 \(\mu\text{L}\) PAH \((35.7 \mu\text{g L}^{-1})\) plus 50 \(\mu\text{L}\) nucleic acid \((1 \text{ g L}^{-1})\) plus 30 \(\mu\text{L}\) PAH \((2 \text{ g L}^{-1})\).

To estimate the particle concentration in the dispersion, the amount of hydroxyapatite was calculated. An amount of 0.054 mmol \((\text{NH}_4)_2\text{HPO}_4 \text{ (5 mL, 10.8 mmol)}\) equates to 0.18 mmol hydroxyapatite with \(n(\text{Ca}(\text{PO}_4)\text{OH}) = n(\text{NH}_4)_2\text{HPO}_4)/3\). This equates to a mass of 502 g mol\(^{-1}\) \(\times\) 0.018 mmol = 9 \(\times\) 10\(^{-6}\) kg. A typical yield for this synthesis is 68.2\(^{22}\) which leads to a mass of 6.12 \(\times\) 10\(^{-6}\) kg in 35 mL. With a density of 3160 kg m\(^{-3}\) this equates to a volume of 1.9 \(\times\) 10\(^{-9}\) m\(^3\). One particle has a diameter of 120 nm (Fig. 4). The volume of one particle is \(4/3\pi \times 60\text{ nm}^3\) = 9 \(\times\) 10\(^{-22}\) m\(^3\). In the dispersion (35 mL), there are 1.9 \(\times\) 10\(^{-9}\)/9 \(\times\) 10\(^{-22}\) = 2.2 \(\times\) 10\(^{12}\) particles, corresponding to 2.2 \(\times\) 10\(^{12}/35\text{ mL}\) = 6.3 \(\times\) 10\(^{9}\) particles per mL.

For cellular uptake and gene silencing experiments, we diluted 100 \(\mu\text{L}\) of the dispersion with 700 \(\mu\text{L}\) of water 10 \(\mu\text{L}\) of DNA and 30 \(\mu\text{L}\) of the PAH solution. The particle concentration was 7.5 \(\times\) 10\(^6\) \(\mu\text{L}^{-1}\). For the experiments, we added 50 \(\mu\text{L}\) dispersion \((3.75 \times 10^6\text{ particles})\) to 25 000 cells. This leads to a concentration of 15 000 particles per cell. The amount of DNA was 10 \(\mu\text{g}/840 \mu\text{L} \times 50 \mu\text{L} = 0.57 \mu\text{g per cell, corresponding to 0.57 \mu g per 25 000 cells} = 0.023 \text{ ng cell}^{-1}\).

Characterization techniques

Scanning electron microscopy (SEM) was carried out with an ESEM Quanta 400 FEG instrument (FEI, gold–palladium [80 : 20]-sputtered samples), equipped with an energy-dispersive X-ray spectrometer (Genesis 4000, SUTW-Si(Li) detector).

Dynamic light scattering (DLS) and zeta potential determinations were carried out with a Zetasizer nanoseries instrument (Malvern Nano-ZS, laser: \(\lambda = 633 \text{ nm}\)).

Atomic force microscopy (AFM) was performed with a Nanowizard AFM standard version from JPK. The diluted dispersions were dried at room temperature on a glass microscope slide. Intermittent contact mode was used with an NCH tip from Nanoworld (silicon tip with a radius of 8 nm, spring constant 42 N m\(^{-1}\), resonance frequency 320 kHz, scan rate 1.0 Hz).

Indentation measurements were carried out in the force spectroscopy mode. The tip was horizontally positioned over the centre of the capsule and moved down 400 nm with 80 nm s\(^{-1}\) and then returned at the same rate to its origin position. After each indentation, the deformed capsule was again visualized in order to study the induced structural damage.

Cell experiments

For cell uptake studies, HeLa cells (human epithelial cervical cancer cell line) were cultivated in DMEM, supplemented with 10% fetal calf serum (FCS) and 100 U mL\(^{-1}\) penicillin/streptomycin at 37°C under 5% CO\(_2\) atmosphere, according to standard cell culture protocols. Approximately 24 h before the experiment, the cells were trypsinized and seeded in 24-well plates with a density of 5 \(\times\) 10\(^4\) cells per well in 0.5 mL of cell medium.

The incubation with CaP/PAH/DNA/PAH-FITC nanoparticles, the corresponding capsules and DNA/PAH-FITC polyplexes was carried out as follows. A 50 \(\mu\text{L}\) aliquot of each dispersion was added to the well, which corresponded to a 1 : 11 dilution. The cells were incubated for 3 h, then the cell culture medium was removed. The cells were washed three times with phosphate-buffered saline (PBS). The uptake of the nanoparticles, capsules or polyplexes was determined by fluorescence and transmission light microscopy (Zeiss Axiosvert 40 CFL).

For gene silencing experiments, a HeLa–EGFP cell line was used where the cells showed a stable expression of EGFP. The cells were incubated and seeded as described above, except that the number of the cells was 2.5 \(\times\) 10\(^4\) per well. The cells were incubated together with nanoparticles, capsules or polyplexes for 7 h. The amount of siRNA was 2.84 \(\mu\text{g per well. The cell culture medium was removed and fresh medium (0.5 mL)}\) was added to each well. After 48 h of further incubation, the efficiency of gene silencing was computed as follows:
[(Percentage of not fluorescing cells after transfection) − (percentage of not fluorescing cells in the control)]/(percentage of fluorescing cells in the control) × 100%

HeLa-EGFP cells cultured in cell culture medium with no additives were used as control. At least 100 cells were counted in each case.

For transfection experiments, the HeLa cells were incubated and seeded as described above for gene silencing experiments, except that the incubation time after cell medium change was extended to 72 h. The amount of DNA was 0.57 µg per well. The transfection efficiency of the nanoparticles, capsules or polyplexes was determined by fluorescence and transmission light microscopy.

The transfection efficiency was calculated by the ratio of the cells in which EGFP was expressed (green fluorescence) to the total number of cells.

The cell viability was determined by the MTT assay according to the standard protocol for transfection and gene silencing experiments. Briefly, MTT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide; Sigma, Taukirchen, Germany) was dissolved in PBS (5 mg mL⁻¹) and then diluted to 1 mg mL⁻¹ in the cell culture medium. HeLa cells were seeded and incubated as described above for transfection or gene silencing experiments. After 48 and 72 h, the cell culture medium of the treated cells was replaced by 300 µL of the MTT solution and incubated for 1 h at 37 °C under 5% CO₂ in humidified atmosphere. Then the MTT solution was removed from the wells and 300 µL of DMSO were added to the cells. After 30 min, 100 µL aliquots were taken for spectrophotometric analysis with a Multiscan FC (Thermo Fisher scientific, Vantaa, Finland) at λ = 570 nm. The absorption of treated cells was normalized to that of control (untreated) cells, thereby indicating the relative level of cell viability.

For statistical analysis of the data, we used the ANOVA test (Analysis of Variance). p-values below 0.05 were considered as significant.

**Results and discussion**

We used nanoparticles of calcium phosphate as templates for the synthesis of hollow capsules, consisting of three layers: PAH, nucleic acid, and again PAH. The capsules are held together by the electrostatic interaction between the polyelectrolyte chains. The presence of alternating layers can be demonstrated by monitoring the ζ-potential which is positive when PAH is on the outside and negative when DNA is on the outside (Fig. 1). The particle size of the calcium phosphate nanoparticles increased only moderately from 160 to 190 nm, indicating dense polyelectrolyte layers on the particle surface (Fig. 2). The polydispersity index for all samples was between 0.15 and 0.18, indicating a good monodispersity of the particles.

It was possible to remove the calcium phosphate core by dissolution in acid and absorption of the released calcium and phosphate ions by solid ion exchangers. The resulting capsules had a positive ζ-potential (+35 mV) and were only slightly smaller than the original particles (140 nm; Fig. 3).

In the scanning electron microscope, the capsules were well visible as spherical objects with a diameter of 120 ± 40 nm (Fig. 4). However, it is likely that some shrinking had occurred during the drying process and in the high vacuum in the SEM. The EDX spectrum showed no signals for calcium and phosphorus (Fig. 5), confirming the quantitative removal of the calcium phosphate core.

Atomic force microscopy (AFM) is better suited to study such “moist” objects. Tapping-mode AFM showed spherical particles before and after removing the calcium phosphate. Nanoindentation in the AFM showed compact CaP/PAH/DNA/PAH particles (Fig. 6) and PAH/DNA/PAH capsules (Fig. 7), confirming the hollow nature of the capsules.

For comparison, we have also studied PAH/DNA polyplexes with the same ratio of PAH and DNA by dynamic light scattering. Such complexes are established in cell biology as easy-to-handle gene delivery agents (especially polyethyleneimine; PEI)24,25 despite concerns about their cytotoxicity.26 In the DLS...
study, the polyplexes were a highly polydisperse system of cationic aggregates with no defined structure as in the case of the capsules. Thus, we conclude that the capsules do have an internal structure that is different from an unstructured assembly of the polyelectrolytes. Fig. 8 depicts the architecture of the nanocapsules with and without solid core and also of the polyplexes.

The nanoparticles, the capsules and the polyplexes were all tested with cells to elucidate whether they are taken up by cells. To this end, they were fluorescently labelled with PAH-FITC which gives a green fluorescence. Both nanoparticles and capsules were easily taken up by the cells, in contrast to polyplexes which showed a more diffuse distribution (Fig. 9).

The gene silencing efficiency was tested with EGFP-expressing HeLa cells. In this case, particles and capsules showed the efficiency of more than 75% and polyplexes up to 50% (Fig. 10).
The cell viability was tested by the MTT test. Particles, capsules and polyplexes showed no cytotoxicity, compared to untreated cells (100% viability) (Fig. 11).

The transfection experiments were carried out on HeLa cells. Note that there was no difference in transfection efficiency between particles and capsules. The transfection efficiency of PAH/DNA polyplexes was significantly lower (Fig. 12). Cell viability in all cases was near 100% related to untreated cells, which indicates no toxic effects after transfection with such agents (Fig. 13).

In summary, we have shown that coated calcium phosphate nanoparticles and the nanocapsules that remain after the removal of the inorganic core have the same transfection and gene silencing efficiency. This demonstrates that a "hard core" is not necessary for cellular uptake and that nanocapsules can serve as well-defined delivery systems into cells. Kastl et al. have...
recently studied the cellular uptake of microcapsules in detail and followed their intracellular localization.\(^{27}\) This indicates a different biological effect compared to nanoparticles and polyplexes and may explain the different performance, compared to unstructured polyplexes. Mechanistically, we assume that capsules and particles are both taken up by endocytosis, ending up first in an endosome and then in a lysosome where the proton-sponge effect of PEI and calcium phosphate leads to lysosomal escape and release of the nucleic acids into the cytoplasm.\(^{28}\)

**Conclusions**

Calcium phosphate nanoparticles were successfully functionalized by two layers of PAH and one layer of DNA or siRNA and used for transfection and gene silencing. The calcium phosphate core was removed with HCl. Particles and capsules used for transfection and gene silencing. The calcium phosphate nanoparticles were successfully function-

**Notes and references**