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Many reactions in complex fluids, *e.g.* signaling cascades in the cytoplasm of living cells, are governed by a diffusion-driven encounter of reactants. Yet, diffusion in complex fluids often exhibits an anomalous characteristic ('subdiffusion'). Since different types of subdiffusion have distinct effects on timing and equilibria of chemical reactions, a thorough determination of the reactants' type of random walk is key to a quantitative understanding of reactions in complex fluids. Here we introduce a straightforward and simple approach for determining the type of subdiffusion from single-particle tracking data. Unlike previous approaches, our method also is sensitive to transient subdiffusion phenomena, *e.g.* obstructed diffusion below the percolation threshold. We validate our strategy with data from experiment and simulation.

### Introduction

A wide class of reactions in complex fluids, e.g. signaling cascades and protein complex formation in the cytoplasm of living cells, are governed by a diffusion-mediated encounter. For diffusion-limited reactions in three dimensions, a constant reaction rate  $k \sim D_{\rm r}$  in terms of the reactants' relative diffusion constant D<sub>r</sub> was derived by Smoluchowski as early as 1916.<sup>1</sup> Yet, this famous result becomes invalid if fluids have viscoelastic characteristics or if the accessible space in the fluid has a fractal dimension: under these circumstances the reactants' random walk becomes compact, and a proper reaction constant cannot be defined any more.<sup>2</sup> Indeed, Smoluchowski's construction crucially relies on the fact that normal diffusion (Brownian motion) features a two-dimensional random walk so that motion in three-dimensional bulk fluids is noncompact. However, diffusion in viscoelastic fluids or in porous media may be governed by compact random walks and, as a consequence, the reaction coefficient k may become time-dependent.<sup>3,4</sup>

Random walks are commonly evaluated by inspecting the mean square displacement (MSD) of molecules. For normal

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# Probing the type of anomalous diffusion with single-particle tracking

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Brownian diffusion MSD ~ *Dt*, whereas diffusion in viscoelastic media or in fractal geometries (*e.g.* percolation clusters) typically shows a sublinear scaling, MSD ~  $\Gamma t^{\alpha}$  ( $\alpha < 1$ , 'subdiffusion') with a generalized diffusion coefficient  $\Gamma$ . Diffusion anomalies have been observed in many complex fluids with a high concentration of macromolecules ('crowders'), *e.g.* in living cells<sup>5–12</sup> or in artificial fluids.<sup>13–17</sup> Defining subdiffusion *via* the MSD's scaling, however, does not reveal the molecules' type of random walk that may feature distinct consequences on chemical reactions.

As of yet, three general types of subdiffusive random walks have been invoked to explain experimental observations of subdiffusion in complex/crowded fluids. Despite a common sublinear scaling of the MSD, they describe very different physical scenarios with quite different effects on chemical reactions. Here, we only give a brief overview and refer the reader for details to a very recent and extensive review by Höfling and Franosch.<sup>18</sup>

The first model relies on hindering free diffusion by randomly placing immobile obstacles in space (obstructed diffusion, OD). If the density of obstacles approaches the percolation threshold, tracer particles are forced to move in a fractal subspace which is reflected in a transient subdiffusion over several orders of magnitude in time.<sup>19</sup> At the percolation threshold, a single scale-free cluster of obstacles emerges, and subdiffusion is seen on all time-scales.<sup>19</sup> In two dimensions, the anomaly is then  $\alpha \approx 0.69$ , and fractal reaction kinetics are required to adequately describe chemical reactions.<sup>3,20</sup>

The second model violates the Markovian property of normal Brownian motion in that successive steps are anti-correlated. This so-called fractional Brownian motion (FBM) models a particle's motion in viscoelastic fluids,<sup>18</sup> and reactions may show significant changes due to an enhanced rebinding of reactants.<sup>4,21</sup> Please note that FBM in general also allows for correlated steps that lead to superdiffusion (not considered here).

The third model is based on assigning power-law distributed waiting times to a particle between periods of free Brownian motion (continuous time random walk, CTRW).<sup>22</sup> If the normalizable distribution of waiting times has a divergent mean and

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divergent higher moments, subdiffusion can be observed over extended time scales. The more time has elapsed since starting an ensemble of tracers, the more particles have been assigned extraordinary long waiting times, and as a consequence more and more particles become immobilized. This aging effect, *i.e.* an increasing amount of 'frozen' particles, and the associated subdiffusive spreading is a property of the ensemble. In contrast, the time-averaged MSD of a single tracer particle shows no signs of anomalous diffusion.<sup>23,24</sup> This discrepancy between single particles and an ensemble has been named *weak ergodicity breaking* and distinct effects on reactions are to be expected here (see, *e.g.*, ref. 18 and 25 for an introduction).

Given these different types of subdiffusion and their distinct impact on chemical reactions, it is clear that elucidating the type of random walk of nanometer-sized objects is key for a quantitative understanding of reactions in crowded/complex fluids. Several reports have touched on this issue before by exploiting statistical features of the recorded random walk beyond the scaling of the MSD.<sup>17,26–32</sup> Yet, a conclusive test that can be applied quickly to individual experimental trajectories while being capable of reporting also on the nature of transient subdiffusion phenomena has been lacking so far. In fact, most tests even have been limited to separating CTRW-like random walks from stochastic processes with a stationary distribution of increments like OD or FBM.

Here, we introduce a straightforward yet decisive test for the type of subdiffusive random walk in complex fluids from single-particle trajectories. Validating our approach with experimental trajectories obtained for nanobeads diffusing in complex fluids and simulations on transient subdiffusion of the OD type, we find that our approach is particularly more sensitive in reporting on transient subdiffusion phenomena than previously considered methods.

# Materials and methods

Single particle tracking of fluorescent beads in sucrose and dextran solutions was done as described earlier.<sup>33,34</sup> In brief, a cycling-orbit strategy<sup>35</sup> was used to follow the center of mass of fluorescent nanobeads (diameter 20 nm), *i.e.* the diffusive motion of the bead was detected by changes in the fluorescence amplitude and phase. The diffusive motion was compensated by a piezo element. This setup allowed for a spatiotemporal resolution of trajectories in the 4 ms/10 nm range and trajectories of >10<sup>5</sup> positions could be recorded. We would like to note that the bead is only twofold larger than apoferritin, a cellular protein complex that has been studied in crowded media before.<sup>15</sup> Moreover, a cycling-orbit tracking strategy can, in principle, also be applied to smaller beads. A too rapid diffusion and bleaching, however, may limit the number of recorded photons per time, hence increasing the positional uncertainty.

Simulations of obstructed diffusion were performed on a twodimensional square lattice (2000 × 2000 sites, periodic boundaries) using the blind ant algorithm: at each step, the particle blindly attempts to move to one of the four next-neighbor sites, and the move is accepted unless the site is blocked by an obstacle. A fraction  $0 \le \phi \le 0.35$  of randomly chosen lattice sites was made inaccessible for random walkers, hence leading to transient subdiffusion. To meet the scales of the experiment, the lattice constant was chosen as  $\Delta x = 10$  nm and the free diffusion constant was set to  $D_0 = 1 \ \mu\text{m}^2 \ \text{s}^{-1}$ . Particle positions were recorded every 4 ms, and trajectories of  $10^5$  positions were acquired for each particle. For each value of  $\phi = 0, 0.2, 0.35, 20$ random obstacle configurations with a single diffusing particle were chosen to obtain 20 trajectories for each condition. Simulations therefore had comparable length and time scales and similar statistics as our experimental data. While increasing the number of trajectories certainly will enhance the statistics, we have refrained from doing so to have the same statistical fluctuations as seen in the experimental data.

## Results

In order to highlight its applied nature, we outline our test for the type of subdiffusion by directly applying it to experimental single-particle tracking data recorded in sucrose and dextran solutions. We have shown previously that these data are governed by normal and fractional Brownian motion, respectively.<sup>17,36</sup>

In order to determine the type of subdiffusive random walk, one first needs to separate diffusion processes with stationary distributions of increments (*e.g.* OD and FBM) *vs.* those with nonstationary distributions (*e.g.* CTRW). Given that a CTRW-type of motion is related to an ageing process, one may employ the recently reported emergence of a weak ergodicity breaking<sup>23,24</sup> for this: for CTRW-like random walks, the ensemble-averaged MSD shows a diffusion anomaly  $\alpha < 1$  whereas the time-averaged MSD of single trajectories follows the scaling of a normal Brownian motion ( $\alpha = 1$ ). The ensemble-averaged MSD of j = 1, ..., M trajectories is defined as

$$\left\langle r(t)^{2} \right\rangle_{e} = \frac{1}{N} \sum_{j=1}^{M} \left( r_{j}(t) - r_{j}(t=0) \right)^{2},$$
 (1)

while the time-averaged MSD of a single trajectory with *N* positions and a temporal resolution  $\Delta t$  reads

$$\left\langle r(\tau)^{2} \right\rangle_{t} = \frac{1}{N-k} \sum_{i=1}^{N-k} (r_{i} - r_{i+k})^{2}.$$
 (2)

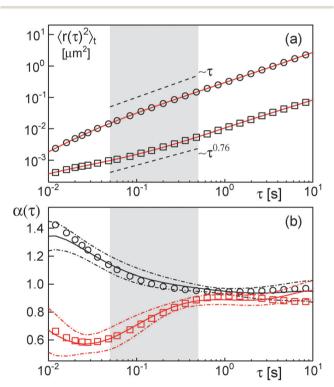
Here,  $r_i = r(t = i\Delta t)$  and  $\tau = k\Delta t$ . If one observes  $\langle r(\tau)^2 \rangle_t \sim \tau^{\alpha}$  with a significant  $\alpha < 1$  over at least one decade, one can hence infer that particles undergo an anomalous diffusion that is not of the CTRW type. Alternative measures like the mean-maximal excursion method<sup>28</sup> or the so-called p-variation method<sup>26</sup> may be engaged as a somewhat more sophisticated means to further support this conclusion. The latter, however, may have only limited significance for noisy data.<sup>37,38</sup>

When evaluating the time-averaged MSD, one needs to infer the degree of anomaly on the time scales of interest. A straightforward approach to reveal the local diffusion anomaly value is given by the MSD's logarithmic derivative:

$$\alpha(\tau) = \frac{\mathrm{d}\ln\left(\left\langle r(\tau)^2 \right\rangle_t\right)}{\mathrm{d}\ln(\tau)}.$$
(3)

Evaluating this expression for experimental MSDs, however, is plagued by strong numerical fluctuations. In order to avoid these spurious features, we smoothed each experimental MSD curve by fitting it with an eight-order polynomial. Polynomials of lower order deviated significantly from the experimental MSD at very small and very large times, whereas higher-order polynomials did not yield a significant improvement for determining the local anomaly. Using the fit parameters, we then calculated the analytical derivative of eqn (3). This approach yielded smoothly varying results for  $\alpha(\tau)$  (see representative curves in Fig. 1).

In agreement with our previous results on the same trajectories,<sup>17,36</sup>  $\alpha(\tau)$  reported a vanishing diffusion anomaly, *i.e.*  $\alpha \approx 1$ , for large time scales for the motion of nanobeads in sucrose solutions (Fig. 1b). A slight superdiffusive signature for small times is due to inertial and statistical effects: Compensating for the particle's motion by moving the piezo element required a relaxation to the resting state. This contributed a non-diffusive signal to the



**Fig. 1** (a) Representative time-averaged MSD curves [eqn (2)] of single trajectories of nanobeads diffusing in solutions containing 60% sucrose (circles) or 30% dextran (squares). Full red lines are best fits of an 8th order polynomial. Fitting the MSD in the grey-shaded region (50–500 ms in accordance with our previous evaluation<sup>17</sup>) revealed an anomalous diffusion for dextran ( $\alpha \approx 0.76$ ) but not for sucrose solutions ( $\alpha \approx 1$ ). Dashed lines indicate the respective scaling. (b) Local diffusion anomaly [eqn (3)] for the same curves as determined *via* the polynomial fit (symbols as before). Full lines represent the mean anomaly (averaged over 21 trajectories) for sucrose (black) and dextran (red) solutions. Dash-dotted lines indicate the corresponding standard deviation of the mean. After an apparent superdiffusion due to inertial and statistical effects (*cf.* main text),  $\alpha \approx 1$  for sucrose solutions. For dextran solutions, however, a clear subdiffusive regime is visible ( $\alpha \approx 0.8$ , grey shaded region) that converges asymptotically towards normal diffusion.

MSD on the scale of few milliseconds.<sup>17</sup> In addition, the unavoidable motion of particles during photon acquisition, *i.e.* position determination, adds a negative constant to the MSD that imitates a superdiffusive motion on short time scales (see ref. 39 for details).

In contrast, diffusion in dextran solutions was clearly subdiffusive for small times as judged on the basis of  $\alpha(\tau)$  (Fig. 1b). For about one order of magnitude, the anomaly value was significantly lower than unity, while  $\alpha(\tau)$  converged towards unity for large time scales. This result is in favorable agreement with earlier observations on subdiffusion of nano-particles in dextran solutions.<sup>6,14,15</sup> Given that  $\alpha(\tau)$  reports a subdiffusive characteristic in the time-averaged MSD, trajectories taken in crowded dextran fluids cannot be a consequence of a CTRW-like random walk. In fact, we have shown earlier that the very same trajectories have all the features of FBM.<sup>36</sup> Thus, inspecting the time-averaged MSD indeed yields a first test of whether random walk models with stationary or non-stationary increment distributions are to be considered.

To probe which random walk model with a stationary increment distribution might underlie single-particle tracking data, we quantify the trajectory's Gaussianity *via* 

$$g(\tau) = \frac{2\left\langle r(\tau)^4 \right\rangle_t}{3\left\langle r(\tau)^2 \right\rangle_t^2} - 1 \tag{4}$$

with the trajectory's quartic moment

$$\left\langle r(\tau)^{4} \right\rangle_{\iota} = \frac{1}{N-k} \sum_{i=1}^{N-k} (r_{i} - r_{i+k})^{4}.$$
 (5)

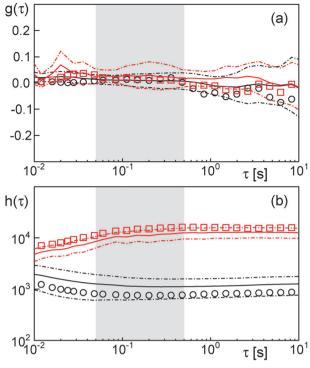
For normal Brownian motion, and more general for any random walk with a Gaussian statistics of increments (*e.g.* FBM), the Gaussianity  $g(\tau)$  should be strictly zero, whereas significant deviations from zero are expected for other diffusion models.<sup>18</sup> Indeed, in line with our previous results<sup>17,36</sup> we observed  $g(\tau) \approx 0$ for our experimental trajectories in sucrose and dextran solutions (Fig. 2a). This result further underlines that subdiffusive trajectories in dextran solutions are due to Gaussian random walks (here: FBM).

To crosscheck the information on the type of random walk delivered by the Gaussianity, we inspected the scaling of a recently introduced quantity:<sup>31</sup>

$$h(\tau) = s(\tau) / \langle r(\tau)^2 \rangle_t \sim \tau^{\delta}.$$
 (6)

Here,  $s(\tau)$  is the number of distinct sites visited within a period  $\tau$ , while the denominator is simply the time-averaged MSD. Due to different scaling laws of  $s(\tau)$  for different types of random walks,  $\delta = 0$  was predicted for FBM, whereas  $\delta < 0$  for OD. Indeed, our experimental data are consistent with a scaling exponent  $\delta = 0$  (Fig. 2b), hence confirming the conclusions drawn from the Gaussianity.

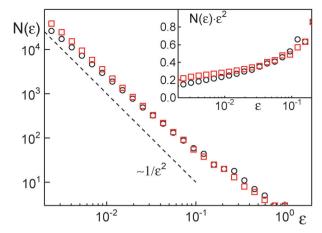
Despite the favorable agreement between both approaches, we would like to highlight the advantages of an analysis in terms of the Gaussianity over the scaling approach [eqn (6)]. First of all, our approach does not require to specify and to vary a box size for coarse graining. Briefly, for the scaling approach coarse graining is needed for defining the number of distinct



**Fig. 2** (a) The Gaussianty  $g(\tau)$  [eqn (4)] fluctuates around zero for trajectories measured in sucrose (black) and dextran fluids (red). Hence, both data sets are due to Gaussian random walks. Symbols refer to the representative trajectories shown in Fig. 1 a, full lines are the mean of 21 trajectories, and dash-dotted lines indicate the corresponding standard deviation of the mean. (b) As expected from the Gaussianity,  $h(\tau)$  [eqn (6)] is essentially constant in time ( $\delta = 0$ ) for trajectories in sucrose (black) and dextran fluids (red). Symbols and lines as before.

vistited sites,  $s(\tau)$ , of a trajectory segment of (temporal) length  $\tau$ . The most straightforward approach is to superimpose the trajectory with square boxes of edge length  $\varepsilon$ , and to count the number of non-empty boxes (= distinct visited sites),  $N(\varepsilon)$ . If  $\varepsilon$  is too small, then each position of the trajectory will have its 'own' site, whereas a too large  $\varepsilon$  masks local features of the random walk. Both extremes are unfavorable for  $s(\tau)$ . As a matter of fact, the quantity  $N(\varepsilon)$  is the central quantity of a box-counting algorithm with which one can estimate the fractal dimension  $d_f$  of an object via the scaling  $N(\varepsilon) \sim 1/\varepsilon^{d_f}$ . Yet,  $N(\varepsilon)$ does not show a unique scaling for typical experimental trajectories (Fig. 3), *i.e.* the value of  $d_f$  depends on the choice of the box size  $\varepsilon$ . As the scaling exponent  $\delta$  in eqn (6) depends crucially on  $d_{\rm fr}^{31}$  the choice of  $\varepsilon$  is crucial for a proper analysis. Being aware of this, the authors of ref. 31 therefore proposed to vary the trajectory's coarse graining via  $\varepsilon$  to reveal the smallest  $\delta$ possible for the trajectory, which, however, makes the analysis of experimental data considerably more laborious.

A second and more severe problem of the scaling approach is its intrinsic insensitivity to transient subdiffusion phenomena. Given that a proper determination of  $\delta$  requires determination of the scaling of  $h(\tau)$ ,  $\delta$ -values are only meaningful when being extracted/averaged over at least one order of magnitude in time. Thus, transient and incomplete subdiffusion phenomena may be missed. To highlight this sensitive point, we have performed



**Fig. 3** The number of boxes with edge length  $\varepsilon$  that are visited at least once by trajectories in sucrose (circles) and dextran solutions (squares) show an asymptotic approach to the anticipated scaling  $N(\varepsilon) \sim 1/\varepsilon^2$  (dashed line) for small  $\varepsilon$ . Yet, the apparent scaling exponent varies considerably as a function of  $\varepsilon$  (highlighted in more detail in the inset by dividing out the leading order). Thus, the scaling of the number of distinct visited sites that enters  $h(\tau)$  depends strongly on the coarse graining of the trajectory. See main text for more details.

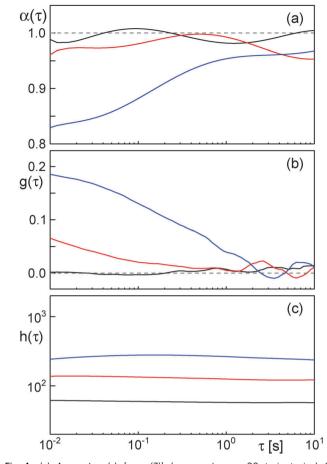
simulations of obstructed diffusion with  $\phi = 0, 0.2, 0.35$ . While  $\phi = 0$  represents free diffusion,  $\phi = 0.2$  and  $\phi = 0.35$  represent an OD scenario that is well below the percolation threshold, *i.e.* only a weak and transient subdiffusion can emerge.<sup>19</sup>

As expected, evaluation of the temporal anomaly  $\alpha(\tau)$  [eqn (3)] revealed no significant subdiffusion for  $\phi = 0$ . Also for  $\phi = 0.2$  no significant subdiffusion was visible, whereas a considerable transient anomaly is seen for  $\phi = 0.35$  (Fig. 4a). Evaluation of  $g(\tau)$  clearly marked the free Brownian motion at  $\phi = 0$  as a Gaussian process whereas  $\phi = 0.35$  is clearly detected as a non-Gaussian process on short time scales (Fig. 4b). Even the random walk at  $\phi = 0.2$ , albeit not showing a significant subdiffusion, is highlighted as a transient non-Gaussian process. This result clearly demonstrates the sensitivity of  $g(\tau)$  for transient and even incomplete subdiffusion processes. In contrast, the scaling of  $h(\tau)$  did not show major changes when inreasing the obstacle fraction from  $\phi = 0$  to  $\phi = 0.2$  or  $\phi = 0.35$ (Fig. 4c). This result underlines that the scaling of  $h(\tau)$  may be a good measure for asymptotic subdiffusion processes whereas transient subdiffusion, maybe even combined with experimental noise, may not be detected. The Gaussianity, however, is a straightforward and sensitive quantity that can report on transient anomalous diffusion.

As a result of the above, we propose the following three-step protocol to uncover the anomalous random walk model from single-particle tracking data:

1. Check if the ensemble-averaged MSD [eqn (1)] deviates significantly from normal diffusion. If a subdiffusive characteristics, *i.e.*  $\alpha < 1$ , is seen you can proceed with the next step.

2. Check if  $\alpha(\tau)$  [eqn (3)] of the time-averaged MSD [eqn (2)] shows subdiffusion. If a significant anomaly is visible then particles most likely do not undergo a CTRW and you can proceed with the next step. If  $\alpha(\tau) \approx 1$ , a CTRW may be the most meaningful model for the particles' random walk.



**Fig. 4** (a) Anomaly  $\alpha(\tau)$  [eqn (3)] (averaged over 20 trajectories) for obstructed diffusion with different volume fractions of obstacles. While for  $\phi = 0$  (black) and  $\phi = 0.2$  (red) no significant anomaly is observed, a significant transient subdiffusion is seen for  $\phi = 0.35$  (blue). (b) The averaged Gaussianity  $g(\tau)$  clearly depicts the transient non-Gaussian nature of the random walk at  $\phi = 0.35$  (blue) for short time scales, whereas free diffusion at  $\phi = 0$  (black) is reported to be a Gaussian process. Interestingly, the Gaussianity already reports significant deviations from a normal Brownian walk at  $\phi = 0.2$  (red) while no significant subdiffusion has been detected *via*  $\alpha(\tau)$ . (c) Albeit the simulated OD scenarios for  $\phi = 0.2$  (red) and  $\phi = 0.35$  (blue) have been clearly marked by the Gaussianity as non-Gaussian (sub)diffusion processes, the scaling of  $h(\tau)$  does not significantly differ from that of normal Brownian motion at  $\phi = 0$  (black). Please note the same time axis for all plots.

3. Calculate the trajectory's Gaussianity [eqn (4)]. If  $g(\tau) \approx 0$  then FBM is the most reasonable model, whereas positive values are a signature for obstructed diffusion.

Notably, for the case of mixed processes, *e.g.* CTRW in combination with OD<sup>40</sup> or with FBM,<sup>12</sup> a non-zero value of the Gaussianity due to the CTRW contribution is anticipated at least asympotically.<sup>18</sup> The contribution of OD will then be superimposed on smaller time scales. However, a CTRW contribution will already be highlighted during the second point in the above to-do list. Given that diffusion processes with spatially smoothly varying diffusion constants<sup>41</sup> or spatio-temporally changing temperature fields<sup>42</sup> are in part reminiscent of a CTRW process,<sup>41</sup> it is likely that only small modifications will be needed in the above approach to also clearly report on such processes. In summary, we have proposed and conducted here a quick and versatile test for the type of subdiffusion that does not involve complex data handling. As seen above, our approach can even reveal transient and incomplete types of subdiffusive random walks within a few, easy steps. We therefore suggest this test as a helpful toolbox especially for evaluating experimental single-particle tracking data.

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