



 Cite this: *RSC Adv.*, 2020, **10**, 38142

## Effects of ozone treatment on the antioxidant capacity of postharvest strawberry†

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Strawberries are highly popular around the world because of their juicy flesh and unique taste. However, they are delicate and extremely susceptible to peroxidation of their membrane lipids during storage, which induces water loss and rotting of the fruit. This study investigated the effects of ozone treatment on the physiological traits, active oxygen metabolism, and the antioxidant properties of postharvest strawberry. The results revealed that the weight loss (WL) and respiration rate (RR) of strawberry were inhibited by ozone treatment (OT), while the decline of firmness (FIR) and total soluble solids (TSS) were delayed. Ozone also reduced the generation rate of superoxide radical anions ( $O_2^{\cdot-}$ ), and the content of hydrogen peroxide ( $H_2O_2$ ) enhanced the activity of superoxidase (SOD), catalase (CAT), ascorbate peroxidase (APX), and monodehydroascorbate reductase (MDHAR), as well as promoted the accumulation of ascorbic acid (ASA), glutathione (GSH), and ferric reducing/antioxidant power (FRAP). In addition, a total of 29 antioxidant-related proteins were changed between the OT group and control (CK) group as detected by label-free proteomics during the storage time, and the abundance associated with ASA–GSH cycle was higher in the OT group at the later stage of storage, and the qRT-PCR results were consistent with those of proteomics. The improvement of the antioxidant capacity of postharvest strawberry treated with ozone may be achieved by enhancing the activity of the antioxidant enzymes and increasing the expression of the antioxidant proteins related to the ascorbic acid–glutathione (ASA–GSH) cycle.

 Received 24th July 2020  
 Accepted 23rd September 2020

DOI: 10.1039/d0ra06448c

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### 1. Introduction

Strawberries are rich in antioxidant active substances as well as flavonoids, anthocyanins, ascorbic acid, and phenols, which play an important role in their storage quality and good aspects for a healthy diet.<sup>1–3</sup> Strawberries have antioxidant capacity, possessing a positive effect on preventing tumors and improving chronic diseases.<sup>4–7</sup> Simultaneously, strawberry extracts, by activating redox-sensitive cellular signal molecules,

induce multiple pathways that allow them to participate in mitochondrial biosynthesis and antioxidant defense, and regulate ROS levels, DNA damage, protein and lipid metabolism, and improve physical conditions.<sup>8–11</sup> Improving the nutritional value of fruit has become a new goal of the biotechnology strategy. Therefore, the content of compounds related to human health in strawberries can be adjusted through the cultivation of new varieties, dietary collocation, and investigating the optimal eating time.<sup>12–14</sup> There are many factors that affect the quality of strawberries. In addition to the actual strawberry variety, other factors are related to the post-harvest processing methods, and environmental and agromonic factors.<sup>15–18</sup> Also, as a commercial crop, strawberries are widely cultivated in many parts of the world, including Europe and Asia.<sup>19</sup> However, the skin of the strawberry is susceptible to mechanical damage, water loss, and pathogen infection, while the nutritional quality can be easily and rapidly reduced during storage, causing serious economic losses.<sup>2,20</sup> Also, the traditional fresh-keeping bacteriostats are not suitable for the preservation of postharvest strawberries due to residual problems.

Ozone is a strong oxidant with bactericidal properties and no residue and has been widely used in the storage of agricultural products, as it can help maintain a higher storage quality of fruit in terms of firmness,<sup>21</sup> water loss,<sup>22</sup> total soluble solids and

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† Electronic supplementary information (ESI) available. See DOI: 10.1039/d0ra06448c



titratable acids,<sup>23</sup> respiration, and ethylene content.<sup>24</sup> This is because ozone not only effectively inhibits the growth of microorganisms and reduces pesticide residues,<sup>25,26</sup> but it also activates the antioxidant defense system of the fruit to remove active oxygen produced during physiological metabolism.<sup>27,28</sup> The ozone-activated fruit antioxidant defense is mainly manifested in both enzymatic and non-enzymatic reactions. On the one hand, this induces the accumulation of non-enzyme antioxidant active substances, such as ascorbic acid (ASA), glutathione (GSH), and flavonoids.<sup>29–31</sup> On the other hand, it enhances the activities of antioxidant enzymes, such as superoxide (SOD), catalase (CAT), and ascorbate peroxidase (APX).<sup>32–34</sup> Zhang *et al.* demonstrated that ozone treatment suppressed decreases in the ASA content and CAT enzyme activity to maintain the quality of postharvest strawberries.<sup>35</sup> Chen *et al.* also found that the content of total phenols, flavonoids, and anthocyanins was increased in ozone treatment compared with the CK group to extend the storage time of postharvest strawberries.<sup>36</sup> In addition, the content of ASA and the capacity of total antioxidants were increased in the OT group.<sup>37</sup> However, studies on the antioxidant effects of ozone on postharvest strawberries are still relatively rare, especially on the regulation of the active oxygen metabolism and improvement of the antioxidant capacity.

The development of omics technology has provided a great aid to study the mechanism of postharvest agricultural products,<sup>38–40</sup> especially the recent application of proteomics in fruit preservation, revealing the molecular level regulation mechanism of aging.<sup>41,42</sup> Pan *et al.* discovered 5 protein candidate genes of sweet orange involved in carotenoid biosynthesis and regulation based on proteome and transcriptome analyses.<sup>43</sup> Li used proteomics to study the aging mechanism of lychees and found that changed proteins were linked to active oxygen scavenging, glycolysis, tricarboxylic acid cycle, and ATP synthesis.<sup>44</sup> Also, Jiao revealed the molecular mechanism of postharvest soybean sprouts induced by sodium nitroprusside was related to proteins from antioxidant progress, lipid peroxidation, and flavonoid synthesis through iTRAQ proteomics.<sup>45</sup> Proteomics has an essential role to play in understanding the physiological and metabolic mechanisms of plants.

Our previous research also found that 10.72 mg m<sup>-3</sup> was a suitable ozone concentration to prolong the storage time of postharvest strawberry, and the phenylalanine metabolic mechanism, which was explained using label-free quantitative proteomics.<sup>36</sup> However, few studies have systematically elucidated the effects of ozone on the ASA–GSH cycle and reactive oxygen metabolism in postharvest strawberries. Therefore, the 'Jingtaoxiang' strawberry was used as an experimental material and was treated with ozone at 10.72 mg m<sup>-3</sup> concentration to investigate the antioxidant mechanism. The effects of ozone treatment on the weight loss (WL), respiration rate (RR), firmness (FIR), total soluble solids (TSS), superoxide anion (O<sub>2</sub><sup>-</sup>), hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), SOD, CAT, ferric reducing/antioxidant power (FRAP), and ASA–GSH cycles of strawberry fruit during storage were studied, and the active oxygen metabolism was investigated by unlabeled proteomics and verified by qRT-PCR technology.

## 2. Materials and methods

### 2.1. Plant material

Fresh strawberries (*Jingtaoxiang*) were picked at the Modern Agricultural Science and Technology Innovation Base (Tianjin, China) and delivered to the National Agricultural Products Preservation Engineering Research Center (Tianjin) laboratory within 1 h after harvesting. After harvesting, the strawberries were of the same size, with no disease, no mechanical damage, and all were seven-point cooked.

### 2.2. Treatments and storage conditions

A total of 36 boxes of picked strawberries, about 300 g per box, were divided into two groups: a control (CK) group and a 10.72 mg m<sup>-3</sup> ozone treatment (OT) group. The strawberries were placed in an ozone precision-controlled fumigation device (2 m × 1.5 m × 0.8 m, with a storage capacity of 1200 L) and treated for 10 h under different concentrations of ozone (0, 10.72 mg m<sup>-3</sup>) every 7 d at 4 ± 1 °C with 75–80% relative humidity (RH), which was independently developed by the National Agricultural Products Preservation Engineering Technology Research Center.<sup>46</sup> The storage period of the strawberries was 28 d, and samples were collected for physical and chemical detection after 0, 7, 14, 21, and 28 d, for protein analysis after 0, 7, and 21 d.

### 2.3. Measurement of weight loss, firmness, respiration rate, and total soluble solids

The weight loss (WL) was determined using the method of Souza *et al.*<sup>47</sup> First, 3 boxes of strawberries were randomly selected in each group at the initial time, and measurements were made at both the initial and storage time nodes. The percentage of WL was calculated according to the equation described by Souza *et al.*

The methods for assessing strawberry firmness (FIR) and respiration rate (RR) were performed as per our previous study.<sup>24</sup> The results of FIR are expressed in newton (N) and the RR as mg kg<sup>-1</sup> h<sup>-1</sup> CO<sub>2</sub>.

The content of total soluble solids (TSS) was detected according to the method of Fuggate,<sup>48</sup> and the TSS content is expressed as %.

### 2.4. Measurement of the superoxide anion generation rate

The superoxide anion (O<sub>2</sub><sup>-</sup>) generation rate was determined according to Wang's method with minor modifications.<sup>49</sup> A 1 g sample was homogenized with 5 ml of a buffer consisting of phosphoric acid (pH 7.8) 1.0 mM EDTA, 0.3% Triton X-100, and 2% polyvinylpyrrolidone (PVP). After centrifugation at 12 000 × g for 20 min, the supernatant (1.0 ml) was mixed with 1.0 mM hydroxylamine hydrochloride and 50 mM potassium phosphate buffer (pH 7.8), shaken at 25 °C for 1 h, and then 17 mM sulfamic acid and 7 mM *a*-naphthylamine were added. The reaction was allowed to take place for 20 min, and the absorbance was measured with an ultraviolet spectrophotometer at



a wavelength of 530 nm. The rate of superoxide anion formation on a fresh weight basis is expressed as  $U\ g^{-1}$ .

### 2.5. Measurement of hydrogen peroxide content

The hydrogen peroxide ( $H_2O_2$ ) content was quantified according to the method of Huang *et al.*<sup>50</sup> Fresh sample (1.0 g) was homogenized with 10 ml of cold acetone; then after centrifugation at  $12\ 000 \times g$  for 30 min, 0.1 ml of 5% titanium sulfate and 0.2 ml of ammonia were added to 1 ml of the extract, followed by centrifugation for another 10 min. The precipitate was dissolved in 3 ml of 1 mM sulfuric acid solution and then centrifuged at  $12\ 000 \times g$  for 10 min. The supernatant was measured for absorbance at 420 nm. The  $H_2O_2$  content of the sample was calculated using the standard curve of  $H_2O_2$ . The  $H_2O_2$  content is expressed as  $mmol\ kg^{-1}$ .

### 2.6. Measurement of ferric reducing/antioxidant power

The ferric reducing/antioxidant power (FRAP) was determined according to the total antioxidant capacity assay kit (FRAP method) produced by NanJing JianCheng Bioengineering Institute. Fresh samples were taken according to the procedures of the instructions, and the absorbance of the fresh samples at 593 nm was determined by using a microplate reader.

### 2.7. Measurement of the key antioxidant enzyme

The activity of superoxide dismutase (SOD, EC 1.15.1.1) was determined according to the method of Abdel *et al.*,<sup>51</sup> and the absorbance of the reactant was measured at a wavelength of 560 nm to determine the SOD activity. The amount of enzyme that SOD inhibited the reduction of nitro blue tetrazolium (NBT) by 50% was defined as 1 unit of SOD.

The activity of catalase (CAT, EC 1.11.1.6) was determined according to the method of Xu *et al.*<sup>27</sup> The CAT activity measured the absorbance of  $H_2O_2$  that reacted with the enzyme extract at 240 nm, and the enzyme activity of 1 unit of CAT was defined as the amount of enzyme that reduced the absorbance by 0.01 at  $240\ nm\ min^{-1}$ .

### 2.8. Determination of the key substances and enzyme activities in the ascorbic acid–glutathione (ASA–GSH) cycle

The activity of the ascorbate peroxidase (APX, EC 1.11.1.11) was determined according to the method of Xu *et al.*<sup>27</sup> The APX reaction solution included 2.6 ml of 50 mM PBS (pH 7.5), 0.1 ml of enzyme extract, and 0.3 ml of 2 mM  $H_2O_2$ . The change in absorbance was measured at 290 nm, and APX activity was defined as the amount of enzyme that reacted with  $1\ mol\ L^{-1}$  ASA in 1 min.

The ASA and GSH contents were determined according to the methods of Yin *et al.*<sup>52</sup> and Israr *et al.*,<sup>53</sup> respectively. The change in absorbance was measured at 525 nm to determine the ASA concentration, and the absorbance of GSH was determined at 412 nm. The contents of ASA and GSH were calculated according to the standard curve, and the unit is expressed as  $mg\ kg^{-1}$ .

The enzyme activity of monodehydroascorbate reductase (MDHAR) was determined according to the MDHAR test kit

produced by Shanghai Enzyme Biotechnology Co., Ltd. Fresh samples were taken according to the manufacturer's instructions, and the MDHAR activity was calculated by measuring the absorbance at 340 nm. One enzyme unit was defined as the amount of enzyme that oxidized 1 nmol of NADH per milligram of protein per minute at  $25\ ^\circ C$ .

### 2.9. Extraction of the protein

Detailed procedures for the extraction and identification of strawberry proteins, analysis, and validation of the data, and bioinformatics analysis are described in previously published articles.<sup>46</sup>

Strawberry peptides were analyzed on a Q-Exactive HF mass spectrometer (Thermo Scientific, Waltham, MA, USA) and Ultimate 3000 system (Thermo Scientific). Tandem mass spectra were searched against Mascot 2.0 (Matrix Science, London, UK) using a UniProt sequence database. Raw spectral data were processed using SEQUEST software to extract the peaks. The obtained peak lists were analyzed using the Proteome Discoverer (Thermo Scientific, version 1.4) against strawberry RNA-seq sequences combined with the sequences of common impurities. The false discovery rates (FDR) were set to 0.01. A database for strawberry and all plant protein sequences can be searched using the UniProt sequence database, including Blast and UniProt annotation information in the protein database.

### 2.10. RNA extraction and quantitative reverse transcription PCR (qRT-PCR) analysis

Based on the differential expression of proteins in functional categories, 29 key proteins were selected for expression verification using qRT-PCR. The specific primers were designed using Primer 3.0 (ESI Table 1†), and the method of detection was described in our previous study.<sup>46</sup> Total RNA was extracted from three independent samples using the MiniBEST Plant RNA Extraction Kit (TAKARA, Japan). Relative quantification of the candidate genes by qRT-PCR was carried out on an ABI StepOnePlus Real-Time PCR System and analyzed using the comparative  $C_t$  method with 18S rRNA (GenBank no. LOC101312917) as the internal control. The reaction was carried out using a green two-step qRT-PCR SuperMix (Thermo) following the manufacturer's instructions, and three repetitions were performed. Equation  $2^{-\Delta\Delta C_t}$  was used to calculate the relative transcription levels.

### 2.11. Data analysis

All the data statistics were analyzed as the mean  $\pm$  SD. One-way analysis of variance (ANOVA) was performed using IBM SPSS Statistics ver. 22 (SPSS Inc, Armonk, New York, USA) software. The differences between the mean values were analyzed by the least significant difference (LSD) method at 5% significance level ( $*p < 0.05$ ), 1% significance level ( $**p < 0.01$ ), and 0.1% significance level ( $***p < 0.001$ ), and  $*p < 0.05$  was considered to show statistical significance. Error bars represent the standard errors of the experimental data for three replicates.



### 3. Results and discussion

#### 3.1. Effect of ozone on the sensory physiological index

It can be seen from Fig. 1 that the strawberries stored for 0 d were less mature. On the 7th day, although the strawberries in the CK group had matured faster than in the OT, the strawberries in the two groups were not much different and were still a little green. By the 14th day of storage, all the strawberries of the CK group in the low-temperature storage had reached full ripeness, and the color had also turned dark red. However, the lower part of most strawberry pulp in the OT group turned red, and the skin of the leaf pedicle was slightly lighter. On the 21st day of storage, the strawberries in the control group had tended to rot and soften, while the strawberries in the treatment group were still fresh and bright red in color. At the end of storage, the CK group lost water and shrank, softened, and changed color. This may have been due to the evaporation of water in the tissues caused by the very thin skin of the strawberry and the strong respiration of the fruit, leading to them rotting. Although the strawberries in the treatment group tended to lose water, there was still a certain degree of hardness.

The respiration rate (RR), as an important indicator, reflecting the consumption of nutrients and the aging of the fruit, as shown in Fig. 2A. The change in the RR in strawberry fruit in the CK group and the OT group was consistent, but was suppressed in the OT group compared with the CK group, especially on day 7, where the RR of the OT group ( $2.32 \text{ mg kg}^{-1} \text{ h}^{-1} \text{ CO}_2$ ) was 42.57% lower than that of the CK group ( $4.04 \text{ mg kg}^{-1} \text{ h}^{-1} \text{ CO}_2$ ). A lower RR was also detected in ozone-treated papaya fruit (*Carica papaya* L.), cantaloupes, and coriander compared with the controls.<sup>24,27,34</sup>

Weight loss (WL) is a key sensory feature for evaluating vegetable and fruit quality,<sup>22</sup> and is closely related to the

transpiration and respiration of postharvest vegetable and fruit.<sup>54,55</sup> In this study, the WL of both the CK and OT groups increased with the storage time, especially in the first 7 d, which may be related to the accelerated ventilation during refrigeration in the cold storage. Also, the OT group could effectively suppress the dehydration of the strawberry compared with the CK group during the whole storage, which may be why the respiration of fruit treated with ozone was inhibited and the energy embolism was reduced. Chen *et al.* also found a significant positive correlation between the reduction of respiration in their ozone-treated group and the WL of postharvest *Toona sinensis*, and the RR and WL were lower in the OT group compared with the CK group.<sup>22</sup>

Firmness (FIR) directly reflects the changes in the ripening and softening degree and storage quality of strawberry fruit after harvest because they are very susceptible to water loss and wilting.<sup>56</sup> The trend of FIR was a decrease during the whole storage time in both the CK and OT groups; however, the value in the OT group was always significantly higher than that in the CK group, except on day 28, indicating that the strawberry pulp after ozone treatment was firmer. Ali believed that ozone had the advantages of delaying maturity and maintaining hardness in papaya fruit.<sup>57</sup> The same phenomenon was also found in postharvest 'Jedzenu' apples.<sup>58</sup> Ioannis concluded that ozone treatment significantly reduced kiwi fruit pulp softening and cell wall disintegration.<sup>59</sup>

Total soluble solids (TSS) have a positive effect on the formation of flavor and nutrients of fresh fruit,<sup>60,61</sup> and the main component of these is sugars, followed by a small number of acids, vitamins, minerals, pectin, and some volatile compounds. Also, the decomposition of the TSS leads to a rapid decline in postharvest strawberry quality in middle and late storage.<sup>62</sup> As shown in Fig. 2C, the TSS of strawberry increased first and then decreased in both the CK and OT groups throughout the storage period, with a peak on day 7. However, the TSS of the CK group decreased rapidly after the peak time, while the content was maintained at a high level in the OT group. Tests on ozone-treated papaya and mulberry also reached the same conclusion.<sup>23,57</sup>

A lower RR contributes to the accumulation of TSS, maintenance of FIR, and reduction of WL in postharvest fruit, all of which contribute to the appearance of postharvest fruit.<sup>55,63–65</sup> A good appearance and retention of nutrients are not only beneficial to the market economic effects of postharvest strawberry, but also to the health of consumers. In this research, it was indeed found that ozone could inhibit the respiration of postharvest strawberry and maintain high quality based on the analysis of physical traits, but the mechanism of this was not clear. Gas exchange in the plant was limited under OT and this may be one of the reasons,<sup>66</sup> but the mechanism of ROS metabolism, one of the most important factors that affect the aging and quality of postharvest fruit as confirmed in many studies,<sup>67,68</sup> may be needed to unveil this phenomenon. Next, we explored the effect of OT on the key reactive oxygen species and their rate-limiting proteins.



Fig. 1 Effect of ozone treatment on the appearance of postharvest strawberry. The apparent quality of strawberries between the different treatment groups at 0, 7, 14, 21, and 28 d of storage, respectively.



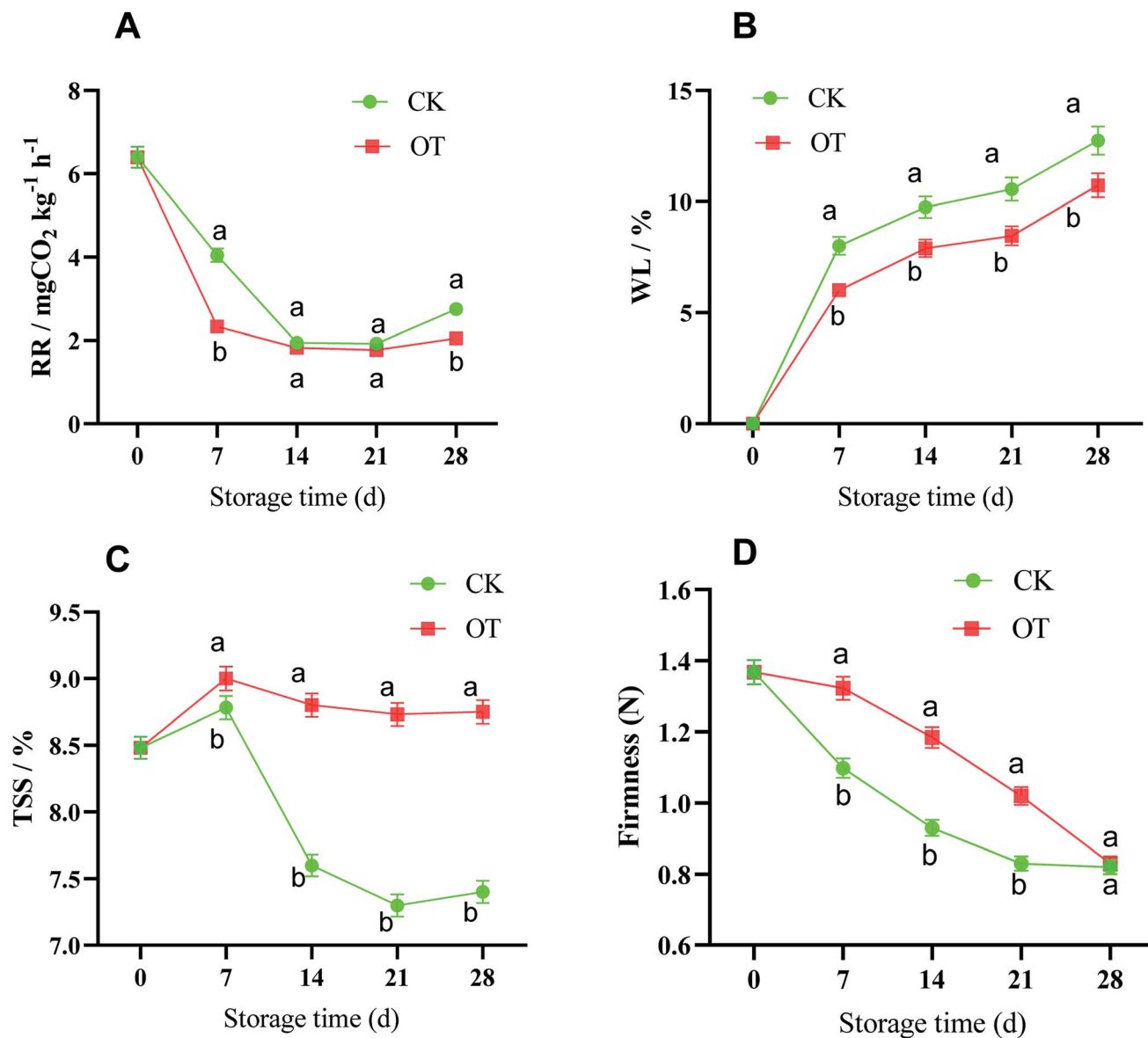


Fig. 2 Effect of ozone treatment on RR (A), WL (B), TSS (C), and FIR (D) during strawberry storage; the letters a and b represent significant differences on the same day between the different treatment groups ( $p < 0.05$ ), and the error bars represent the standard deviations of the three replicates.

### 3.2. Effect of ozone on active oxygen and on the activity of antioxidant enzymes

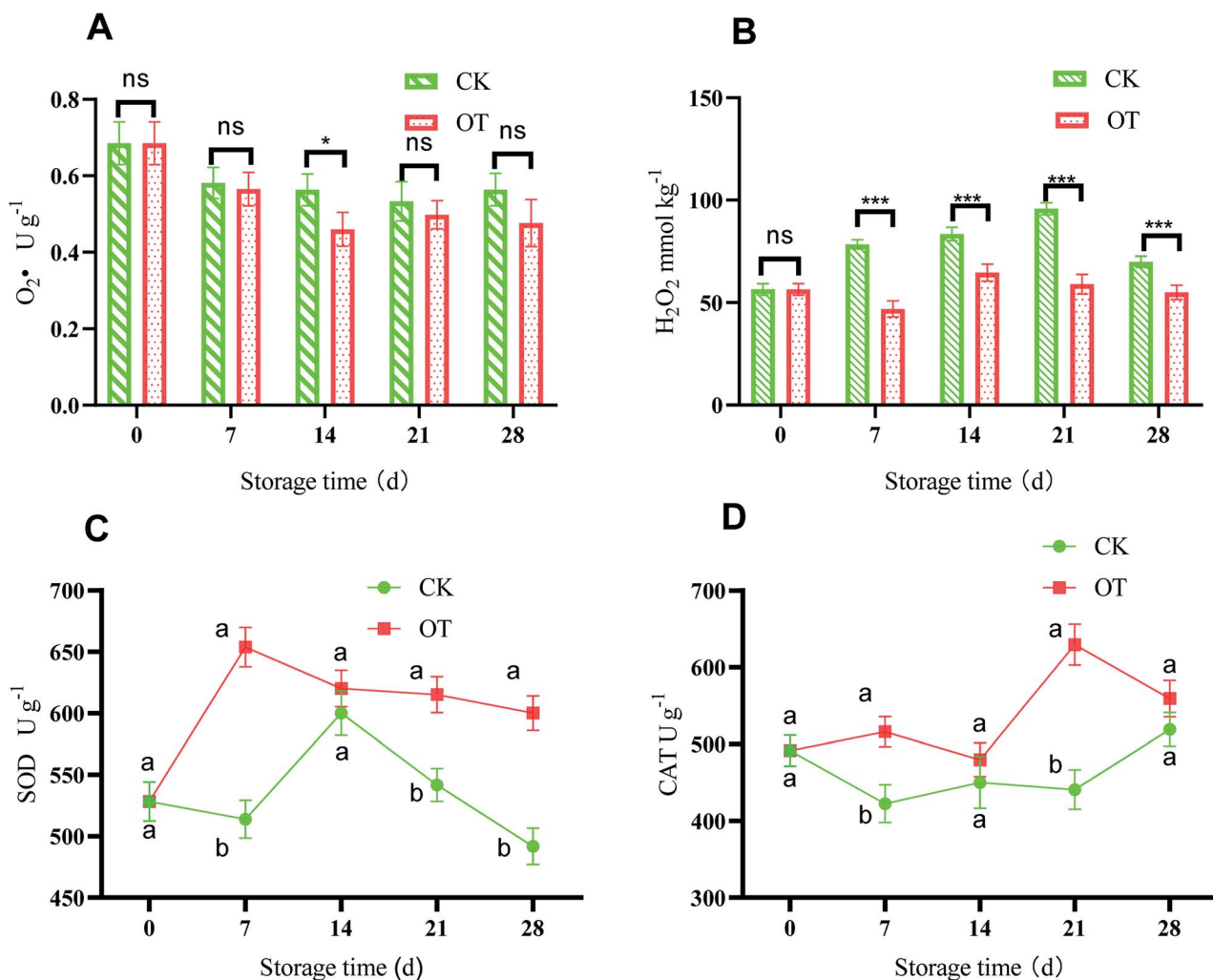
ROS is the fundamental process of energy production by photosynthesis and respiration,<sup>69</sup> and the accumulation of these is a response to various adverse environmental conditions.<sup>70</sup> The spoilage of harvested fruit and vegetables is closely related to the content of superoxide anions ( $O_2^-$ ), hydroxyl radicals ( $OH^\cdot$ ), hydrogen peroxide ( $H_2O_2$ ), and other ROS substances.<sup>68,71</sup> Also, high concentrations of hydrogen peroxide can damage the host cell membrane, lead to lipid peroxidation, and cause oxidative stress in plants.<sup>72</sup> Reducing the ROS content and improving the antioxidant properties have been reported to be the most effective method to extend the storage period and

maintain the nutritional quality of harvested fruit and vegetables.<sup>73,74</sup>

SOD, a dismutase that catalyzes  $O_2^-$  to  $H_2O_2$ , is the first line of defense to remove reactive oxygen species in plant cells,<sup>75</sup> and to maintain the balance of reactive oxygen species and protect the structure of the cell membrane.<sup>76</sup> CAT is a key enzyme for scavenging reactive oxygen species in plants, and can cooperate with POD to catalyze the decomposition of  $H_2O_2$  into water and oxygen.<sup>77</sup>

The changes in  $O_2^-$  and  $H_2O_2$  in different treatments are shown in Fig. 3A and B. The trend for the production of  $O_2^-$  was decreased in both the CK and OT groups at the beginning of storage, and the generation rate of  $O_2^-$  in the OT group was lower than that of the CK group during the entire storage period. At





**Fig. 3** Effect of ozone treatment on O<sub>2</sub>• (A), H<sub>2</sub>O<sub>2</sub> (B), SOD activity (C), and CAT activity (D) during strawberry storage; the letters a and b represent significant differences on the same day between the different treatment groups ( $p < 0.05$ ), and the error bars represent the standard deviations of the three replicates. Here, ns represent the not significant; \*, \*\*, and \*\*\* represent the significant differences ( $p < 0.05$ ,  $p < 0.01$ , and  $p < 0.001$ , respectively).

the same time, the content of H<sub>2</sub>O<sub>2</sub> in the CK group continued to increase in the first 21 d and was significantly higher than that in the OT group during the entire storage period. This showed that the production of O<sub>2</sub>• and H<sub>2</sub>O<sub>2</sub> in postharvest strawberry was inhibited by ozone treatment, which may be due to the induction of antioxidant enzymes by ozone to increase the metabolism of reactive oxygen species.

O<sub>2</sub>• and H<sub>2</sub>O<sub>2</sub> are the main active oxygen components in plants. The decrease in the O<sub>2</sub>• production rate in the treatment group and the CK group in the early storage period may be related to the low temperature. Kan *et al.* also found that low temperature can control the accumulation of active oxygen in peach to maintain quality.<sup>78</sup> The generation rate of O<sub>2</sub>• in the OT group was lower than that in the CK group, which may be due to ozone-induced higher SOD activity in the harvested fruit, which led to the conversion of O<sub>2</sub>• to H<sub>2</sub>O<sub>2</sub> under the catalysis of SOD. Tomasz *et al.* found that an appropriate concentration of ozone treatment could maintain higher SOD

activity in postharvest raspberry, and the O<sub>2</sub>• and H<sub>2</sub>O<sub>2</sub> produced by the fruit were significantly lower than those of the control.<sup>28</sup>

CAT and SOD are the criteria for evaluating antioxidant properties, and their high enzyme activity can help resist fruit aging. As shown in Fig. 3C, with the extension of storage time, the SOD activity of strawberry in the treatment group increased rapidly in the first 7 d and reached a maximum of 653.92 U g<sup>-1</sup> on day 7, which was significantly higher than for the control ( $p < 0.05$ ). After 7 d, the SOD activity of the treatment group decreased, but it was still significantly higher than that of the CK group. It can be seen that the SOD activity of strawberry was improved significantly in the OT group compared with the CK group and also its high peak appeared earlier. This may be because SOD is subjected to a certain degree of oxidative stress,<sup>79</sup> and the appropriate ozone concentration stimulates the enzyme activity. From a molecular point of view, the



increase of SOD activity may be due to the induction of the SOD gene and its isozyme gene expression by  $O_3$ .<sup>80</sup>

Fig. 3D shows that the activity of CAT in the OT group was higher than that in the CK group during the entire storage period, especially on day 21, where the CAT of the OT group was 1.45 times that of the CK group. This indicated that ozone treatment stimulated the catalase activity of postharvest strawberry during the storage period. Zhang *et al.* found that ozonation inhibited the decrease in CAT and POD activities during storage, and improved the storage quality and extended the storage life of strawberry.<sup>35</sup> Boonkorn *et al.* also found that the CAT activity of oranges treated with ozone was significantly higher than that of the CK group stored at room temperature for 3 d, which was consistent with our results, indicating that the CAT activity of postharvest strawberry could be enhanced by ozone.<sup>81</sup>

It can be seen from Fig. 4 that the total antioxidant capacity showed a trend of first increasing and then decreasing with the extension of storage time. The total antioxidant capacity of the treatment group was at a high level during days 7–28, and peaked on day 14 at  $46.61 \mu\text{mol FeSO}_4 \text{ g}^{-1}$ . Compared with the initial storage period, the OT group increased by 25.93%, and was significantly higher than that of the CK group of  $38.94 \mu\text{mol FeSO}_4 \text{ g}^{-1}$  ( $p < 0.05$ ). Except for the initial value, the total antioxidant capacity of the treatment group remained at between  $42.81$ – $46.61 \mu\text{mol FeSO}_4 \text{ g}^{-1}$ . The FRAP of the CK group appeared on day 7, and was  $49.48 \mu\text{mol FeSO}_4 \text{ g}^{-1}$ , which was significantly higher than for the OT group ( $p < 0.05$ ). As the FRAP of the CK group continued to decline, it was reduced to  $26.70 \mu\text{mol FeSO}_4 \text{ g}^{-1}$  at the end of storage, which was significantly lower than that of the OT group ( $p < 0.05$ ). OT can not only increase the FRAP of strawberry fruit, but also delay the time when the peak appears, especially at the end of storage, thus showing certain advantages. Althman *et al.* also reached a similar conclusion.<sup>82</sup> Fresh-cut pineapple and bananas were

treated with ozone for more than 20 min, which significantly increased the total phenol and total flavonoids content of the fruit, which enables the fruit to obtain higher DPPH free radical scavenging capacity and FRAP. This conclusion was also supported by Sudheer *et al.*<sup>83</sup>

### 3.3. Effect of ozone treatment on the ASA–GSH cycle of postharvest strawberry

The ASA–GSH cycle is considered an important antioxidant system to scavenge ROS in plants, especially when CAT is insufficient, while  $H_2O_2$  produced in cells is mainly eliminated by the ASA–GSH cycle.<sup>84,85</sup> ASA can directly remove  $H_2O_2$  to water under the catalysis of APX,<sup>86,87</sup> while at the same time, ASA is oxidized to monodehydroascorbic acid (MDHA) and dehydroascorbic (DHA).<sup>88</sup> Monodehydroascorbate reductase (MDHAR) catalyzes MDHA to ASA under the condition of electrons provided by the reduced form of nicotinamide-adenine dinucleotide (NADH) or nicotinamide-adenine dinucleotide phosphate (NADPH), which can promote ASA regeneration. Also, DHAR catalyzes the oxidized DHA to ASA under the action of GSH.<sup>89</sup> Further, the oxidized glutathione (GSSG) is converted to GSH with an electron provided by NAD(P)H under the action of GR.<sup>90</sup> Therefore, the balance between ROS production and elimination in the plant is maintained by enzymatic and non-enzymatic systems.<sup>91</sup>

ASA with the function of eliminating various reactive oxygen plays a key role in improving antioxidant capacity.<sup>92</sup> As shown in Fig. 5A, with the extension of storage time, the ASA content of strawberry in the CK group did not change much, while it first increased and then decreased in the OT group. Besides, the ASA content in the OT group was significantly higher than that in the CK group on days 21 and 28 during the storage ( $p < 0.05$ ). Therefore, ozone treatment can significantly promote the production of ASA in strawberries during the storage, especially on days 21 and 28 ( $p < 0.05$ ), which is beneficial to the cycle of ASA. The results of Ali were consistent with ours, and the peak value of ASA content in papaya treated with  $O_3$  was also delayed.<sup>57</sup> Pérez *et al.* also found that the content of ASA in postharvest strawberry treated with ozone was increased compared with in their CK group.<sup>93</sup>

As a rich antioxidant in plant tissues, GSH participates in the detoxification of active oxygen, and  $H_2O_2$  can be eliminated through the ASA–GSH cycle.<sup>94</sup> As shown in Fig. 5B, with the extension of storage time, the GSH content in the OT group first increased and then remained stable, and it was higher than that in the CK group, indicating that production of GSH in postharvest strawberry was induced by ozone. Dumont also found that the total ASA and GSH contents of the three *Euramerican poplar* genotypes increased under the action of ozone.<sup>95</sup> Also, the contents of ASA and GSH in the passion fruit liana were also stimulated by fumigation with ozone.<sup>96</sup>

APX is a key enzyme to eliminate large amounts of  $H_2O_2$  in plants, and catalyzes ASA to MDHA under the oxidation of  $H_2O_2$ .<sup>97</sup> Pang showed that the ASA–GSH cycle is an important part of a plant's active oxygen scavenging system, and APX is the key enzyme of the ASA–GSH cycle.<sup>90</sup> As shown in Fig. 5C, the APX

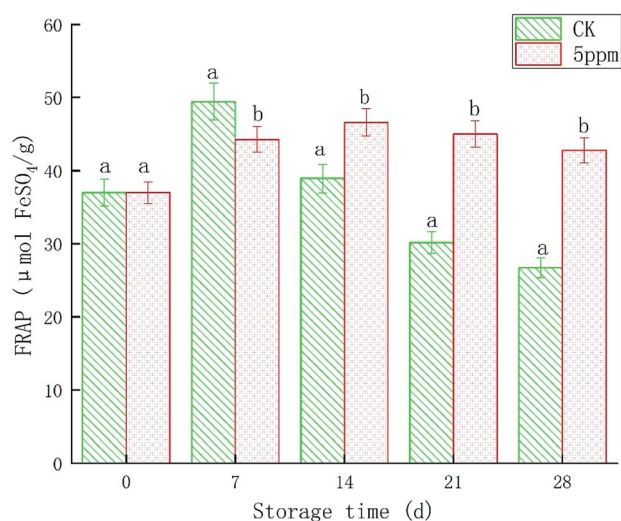


Fig. 4 Effect of ozone treatment on FRAP during strawberry storage; the letters a and b represent significant differences on the same day between the different treatment groups ( $p < 0.05$ ), and the error bars represent the standard deviations of the three replicates.



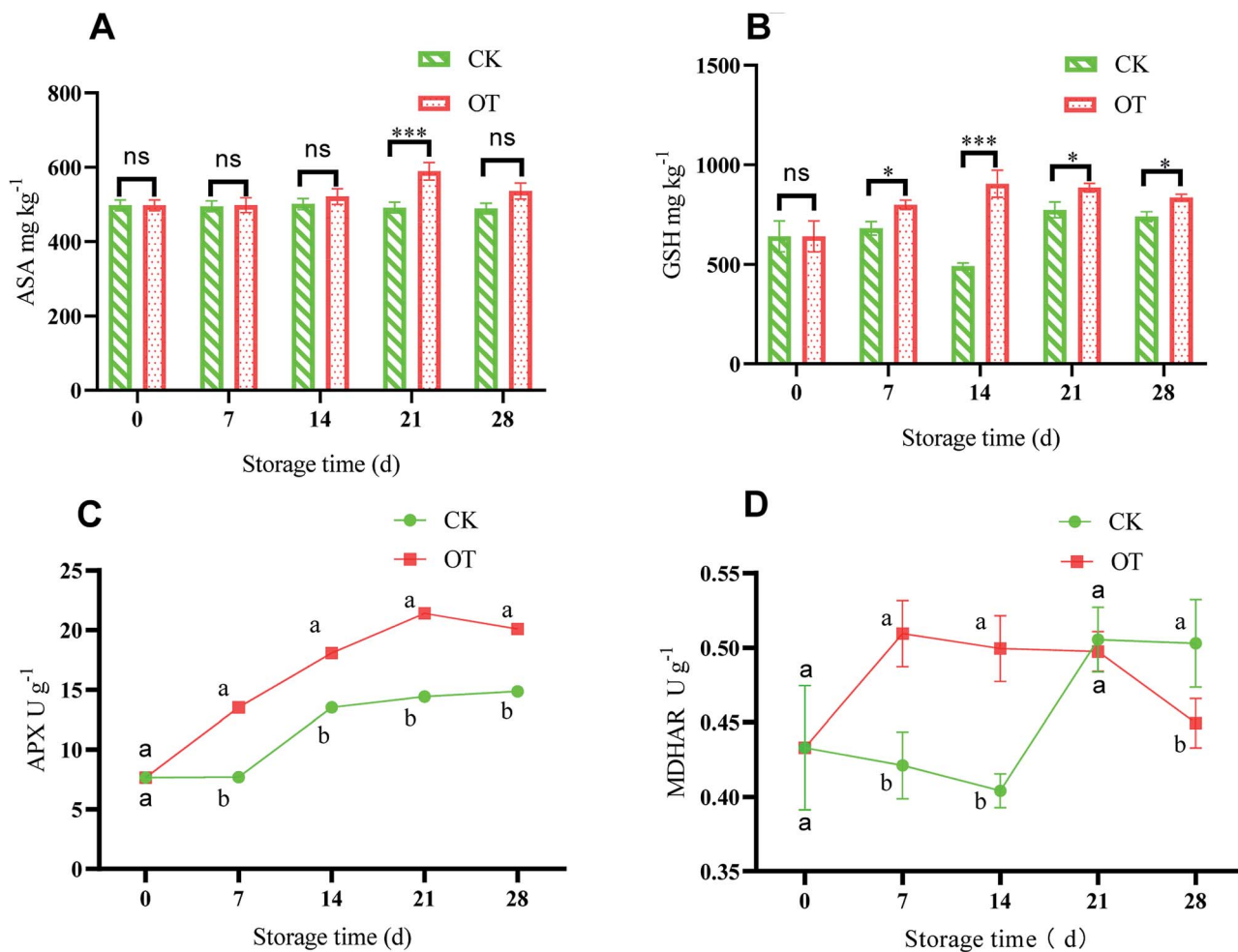


Fig. 5 Effect of ozone treatment on ASA (A), GSH (B), APX activity (C), and MDHAR activity (D) during strawberry storage; the letters a and b represent significant differences on the same day between the different treatment groups ( $p < 0.05$ ), and the error bars represent the standard deviations of the three replicates. Here, ns represent the not significant; \*, \*\*, and \*\*\* represent the significant differences ( $p < 0.05$ ,  $p < 0.01$ , and  $p < 0.001$ , respectively).

activity of the OT group continued to increase at first and reached a maximum of  $21.41 \text{ U g}^{-1}$  at day 21, which was significantly higher than that in the CK group ( $p < 0.05$ ). Although the APX activity showed an increasing trend with storage time in the CK group, this was significantly lower than that of the OT group during the entire storage period. This indicated that  $\text{O}_3$  treatment could improve the APX activity and induce the cycle of ASA–GSH

of postharvest strawberry. Goffi found that gradual cooling and ozone treatment increased APX activity levels in kiwifruit, and the activity of APX was positively correlated with the content of ASA.<sup>33</sup> The APX activity of tangerine was also increased after ozone fumigation of tangerine.<sup>81</sup>

MDHAR is an important member of ASA metabolism. ASA is oxidized to MDHA, and MDHA is reduced to ASA by MDHAR.<sup>98</sup>

Table 1 Extraction quality data for the strawberry samples<sup>a</sup>

Sample	Weight (g)	Optical density	Protein concentration (g L <sup>-1</sup> )	Total volume (μL)	Total protein (μg)	Volume of electrophoresis (μL)
CK 0	$0.8 \pm 0.01$	$1.026 \pm 0.014$	$1.74 \pm 0.04$	150	$261 \pm 6$	$14.43 \pm 0.33$
CK 7	$0.8 \pm 0.02$	$1.054 \pm 0.031$	$1.88 \pm 0.06$	150	$287 \pm 9$	$12.55 \pm 0.39$
OT 7	$1.0 \pm 0.05$	$1.213 \pm 0.062$	$2.86 \pm 0.13$	150	$423 \pm 19.5$	$9.01 \pm 0.42$
CK 21	$0.8 \pm 0.01$	$1.059 \pm 0.019$	$1.98 \pm 0.08$	150	$297 \pm 12$	$12.57 \pm 0.51$
OT 21	$1.0 \pm 0.03$	$1.177 \pm 0.052$	$2.64 \pm 0.12$	150	$414 \pm 18$	$9.43 \pm 0.41$

<sup>a</sup> Values are mean  $\pm$  standard deviation of three replicates; where CK 0 is the initial time, and CK 7 and CK 21 are the CK group at day 7 and day 21; OT 7 and OT 21 are the OT group at day 7 and day 21.



Table 2 Differentially expressed proteins of the strawberry proteome after 7 d and 21 d of storage in the CK group and OT group<sup>a</sup>

Accession	Blast-hit	Blast-hit-description	FC(CK 7/CK 0)	FC(CK 21/CK 0)	FC(OT 7/CK 0)	FC(OT 21/CK 0)	FC(OT 7/CK 7)	FC(OT 21/CK 21)
DN109795_c0_g1_i1	A0A0B2QF7	L-Ascorbate oxidase like	0.958	0.711	0.802	0.935	0.837	1.316
DN19493_c0_g1_i1	A0A0V0IGF6	Putative L-ascorbate oxidase-like	1.108	0.882	0.857	1.192	0.774	1.352
DN36897_c0_g1_i1	A0A1S4AXF2	L-Ascorbate oxidase homolog	1.450	1.225	1.500	1.388	1.034	1.133
DN36641_c0_g5_i2	A0A067XJ96	Cytosolic ascorbate peroxidase	0.850	0.783	0.647	1.183	0.761	1.511
DN36823_c1_g1_i2	M9QZ26	Chloroplast ascorbate peroxidase (fragment)	0.651	0.761	0.936	0.642	1.437	0.843
DN36897_c1_g1_i1	O48919	Cytosolic ascorbate peroxidase	0.650	0.515	0.610	0.767	0.938	1.489
DN19892_c0_g1_i1	M9QZ14	Dehydroascorbate reductase (fragment)	0.650	0.453	0.654	1.119	1.006	2.473
DN31799_c0_g1_i1	S4VM76	Dehydroascorbate reductase	0.721	0.574	0.644	0.618	0.894	1.077
DN38776_c1_g3_i2	A0A1S4CLG2	Monodehydroascorbate reductase 5, mitochondrial-like isoform X2	1.102	1.086	1.345	1.686	1.221	1.552
DN32674_c0_g1_i1	M9R5M8	Mitochondrial ascorbate peroxidase (fragment)	1.000	0.541	0.553	0.794	0.553	1.467
DN32233_c0_g1_i1	M5WVT4	Glutathione peroxidase	1.059	0.510	0.696	1.324	0.657	2.596
DN39358_c2_g1_i2	K9LWY5	Glutathione reductase	0.968	1.018	1.144	2.113	1.182	2.076
DN23459_c0_g2_i1	A0A061G4E6	Glutathione peroxidase	1.065	1.261	1.196	1.717	1.122	1.362
DN2672_c0_g1_i1	W9S5P8	Putative glutathione S-transferase	0.322	0.238	0.253	0.244	0.785	1.025
DN29932_c0_g1_i1	A0A193KWW8	Glutathione S-transferase U22	1.589	1.267	1.456	1.678	0.916	1.325
DN31667_c0_g1_i2	A0A061FY71	Glutathione S-transferase tau 9	1	1	1	1	1.485	2.884
DN31742_c0_g1_i1	M5WTI5	Glutathione S-transferase Riant1	0.932	0.770	1.114	1.136	1.195	1.475
DN33837_c0_g2_i1	A0A1C7A0M2	Phi class glutathione S-transferase	1.000	1.064	1.000	1.191	1.000	1.120
DN33837_c0_g2_i2	A0A1C7A0M2	Phi class glutathione S-transferase	0.754	0.895	1.200	1.486	1.591	1.660
DN34043_c0_g3_i1	A0A061FH05	Glutathione S-transferase TAU 19	ND	0.195	0.592	0.535	ND	2.738
DN34784_c0_g1_i4	W9QWL1	Glutathione S-transferase L3	0.992	1.088	0.976	1.248	0.984	1.147
DN35540_c0_g2_i1	A0A1J6IGD0	Putative glutathione S-transferase	0.692	0.670	0.850	0.546	1.228	0.815
DN38823_c1_g1_i2	A0A0X9LENO	Glutathione S-transferase 1	2.241	2.184	1.770	4.759	0.790	2.179
DN31956_c2_g2_i2	B2CP37	Superoxide dismutase [Cu-Zn]	2.400	2.160	2.060	4.100	0.858	1.898
DN36339_c0_g2_i1	M9R044	Superoxide dismutase (fragment)	0.695	0.644	0.678	0.622	0.976	0.966
DN36722_c0_g2_i1	H9TEU1	Superoxide dismutase [Cu-Zn]	1.701	1.896	1.753	1.922	1.031	1.014
DN38604_c0_g1_i4	M9R036	Catalase (fragment)	0.718	1.154	0.611	0.309	0.850	0.267
DN34619_c0_g1_i1	M5W6X8	Peroxidase	0.479	7.041	0.562	3.858	1.172	0.548
DN4691_c0_g1_i1	M5WIIW4	Peroxidase	1.268	1.049	0.894	1.244	0.705	1.186

<sup>a</sup> Where the accession is the number of proteins, and the Blast-hit protein is the most homologous protein obtained by comparison with the nonredundant database of the National Center for Biotechnology Information (NCBI); CK 0 is the initial time, and CK 7, OT 7, CK 21, and OT 21 are for the CK group and OT group on day 7 and 21, respectively.

As shown in Fig. 5D, the activity of MDHAR in the early storage period was significantly higher in the OT group than in the CK group, but there was no significant difference at the later stage of storage. This indicated that MDHAR activity in the post-harvest strawberry was induced by ozone at first, which was beneficial to the ASA–GSH cycle in the early storage time. The increased MDHAR activity was beneficial to the maintenance of ASA content in tomato fruit.<sup>99</sup>

On the whole, the productions of O<sub>2</sub><sup>•</sup> and H<sub>2</sub>O<sub>2</sub> in the OT group were lower than in the CK group, and the ROS-removal enzyme activity and the content of antioxidants in the OT group were higher than those in the CK group. Ozone treatment improved the ability of eliminating ROS by promoting post-harvest strawberry antioxidant systems. This may be due to the increase in free radicals produced by the appropriate concentration of ozone that could induce the strawberry antioxidant system. Huan also found that the antioxidant enzyme system was induced by the production of ROS.<sup>74,100</sup> At the same time, the activity of antioxidant enzymes, such as APX and MDHAR, produced more non-enzymatic antioxidants, such as ASA and GSH.<sup>101</sup> However, it is unknown whether the expression levels of these key enzymes are also induced by ozone.

### 3.4. Effect of ozone treatment on antioxidant-related proteins of postharvest strawberry

The extraction quality data for the strawberry samples are shown in Table 1.

The antioxidant capacity of plants is not only related to the activity of antioxidant proteins as many studies have proved that the increased expression of antioxidant genes and proteins could also improve the antioxidant capacity of plants. Wang *et al.* found that the specific PbrSODs mRNA expression levels of PbrCDS5, PbrCDS6, PbrFSD1, and PbrMSD2 after pear ripening are considered to be positively correlated with SOD activity. Through 1-MCP fumigation, the expression levels of PbrCDS5 and PbrFSD1 were upregulated, while ethephon treatment inhibited their expression, which was consistent with the decrease in SOD activity and the increase in ROS levels.<sup>102</sup> It was also found that the SOD activity and the expression of the mSOD1 gene were high in the fruit of cucumber transferred with cassava mSOD1 compared with the CK group, which shows it played a defensive role against oxidative stress.<sup>103</sup> The expression level of CAT and enzyme activity in transgenic plants were increased under the regulation of transcription factor (PtrbHLH), leading to a decrease in ROS accumulation under low-temperature stress.<sup>104</sup> The overexpression of AO (ascorbate oxidase) in transgenic tobacco plants led to a decrease in H<sub>2</sub>O<sub>2</sub> content and induced increased levels of ASA cycle-related genes, such as APX, DHAR, and GR, to delay dark-induced senescence.<sup>105</sup> The activity and transcriptional abundance of APX and GR in cantaloupe were increased within 1 day post-spore-inoculation to activate the process of H<sub>2</sub>O<sub>2</sub> removal in the early stage of fruit treatment.<sup>106</sup> The relative expressions of MDHAR and DHAR were positively correlated with the accumulation of ASA in the peel and pulp of citrus fruit, respectively, which helped to increase the circulatory capacity of ASA–GSH.<sup>107</sup>

MDHAR allele was also considered as a candidate gene for increasing the ASA content in tomato.<sup>99</sup> Eltelib's group found that the expression of MDHAR could be detected in overripe acerola and the transcription level of DHAR was highest in the middle stage of the fruit maturity.<sup>108</sup> GSH can reduce H<sub>2</sub>O<sub>2</sub> to water under the catalysis of GPX.<sup>109</sup> Liang found that there were significantly more GST upregulated genes (28) than down-regulated genes (3) in kiwifruit under the treatment of exogenous melatonin, which may be due to the increase in the GST transcription level to reduce the generation of free radicals and to improve the plant's oxidation resistance.<sup>110</sup> The antioxidant capacity of tobacco was enhanced by the overexpression of GST and GR genes simultaneously.<sup>111</sup> The transcription levels of PpAPXs, PpMDHARs, PpDHARs, and PpGRs were upregulated and the accumulation of ASA was stimulated in postharvest peach fruit treated with melatonin to remove H<sub>2</sub>O<sub>2</sub> and to reduce oxidative damage.<sup>88</sup> In addition, Liang *et al.* showed that the pattern of ASA metabolism in kiwifruit was consistent with the changing pattern of mRNA expression levels of AO2, APX3, GR1, and DHAR1.<sup>112</sup> Different treatments improved the antioxidant capacity of fruits and vegetables, and there was a certain correlation between antioxidant enzymes and transcription abundance. The activity and transcription levels of SOD, CAT, APX, and GR, as well as the expression levels of AO, APX, DHAR, GR, and GST, increased, leading to a decrease in ROS accumulation. The regulation of AO, APX, GR, MDHAR, and DHAR mRNA expression levels was consistent with the change law for the ASA content. The upregulation of their transcription levels promoted the accumulation of ASA, eliminated H<sub>2</sub>O<sub>2</sub>, reduced the generation of free radicals, and enhanced the antioxidant capacity.

As shown in Table 2 and Fig. 6, a total of 29 antioxidant-related proteins were changed, of which 3 proteins were identified as L-ascorbate oxidase (L-AO); 4 proteins were identified as ascorbate peroxidase (APX); 2 proteins were dehydroascorbate reductase (DHAR); 1 protein was identified as mono-dehydroascorbate reductase (MDHAR); 2 proteins were glutathione peroxidase (GPX); 10 proteins were identified as glutathione S transferase (GST); 1 protein was identified as glutathione reductase (GR); 3 proteins were identified as superoxide dismutase (SOD); 1 protein was identified as catalase (CAT); and 2 proteins were identified as peroxidase (POD).

Compared with the initial time, the expressions of 9 proteins in the CK group were downregulated on the 7th day of storage, which comprised 2 APX proteins, 2 DHAR proteins, 2 GST proteins, and 1 SOD protein, 1 CAT protein, and 1 POD protein. Also, the expressions of 11 proteins were downregulated in the OT group on day 7 compared with the initial time, respectively: comprising 3 APX proteins, 2 DHAR proteins, 1 GPX protein, 2 GST proteins, 1 SOD protein, 1 CAT protein, and 1 POD protein. The abundances of DN34619\_c0\_g1\_i1 (POD), DN38604\_c0\_g1\_i4 (CAT), DN36339\_c0\_g2\_i1 (SOD), DN2672\_c0\_g1\_i1 (GST), DN31799\_c0\_g1\_i1 (DHAR) and DN36897\_c1\_g1\_i1 (APX) were lessened in both the CK and OT group on day 7. At the same time, the number of upregulated proteins in both the CK and OT groups that were the same was five, comprising: DN36722\_c0\_g2\_i1 (SOD), DN31956\_c2\_g2\_i2 (SOD), DN38823\_c1\_g1\_i2 (GST), DN29932\_c0\_g1\_i1 (GST),



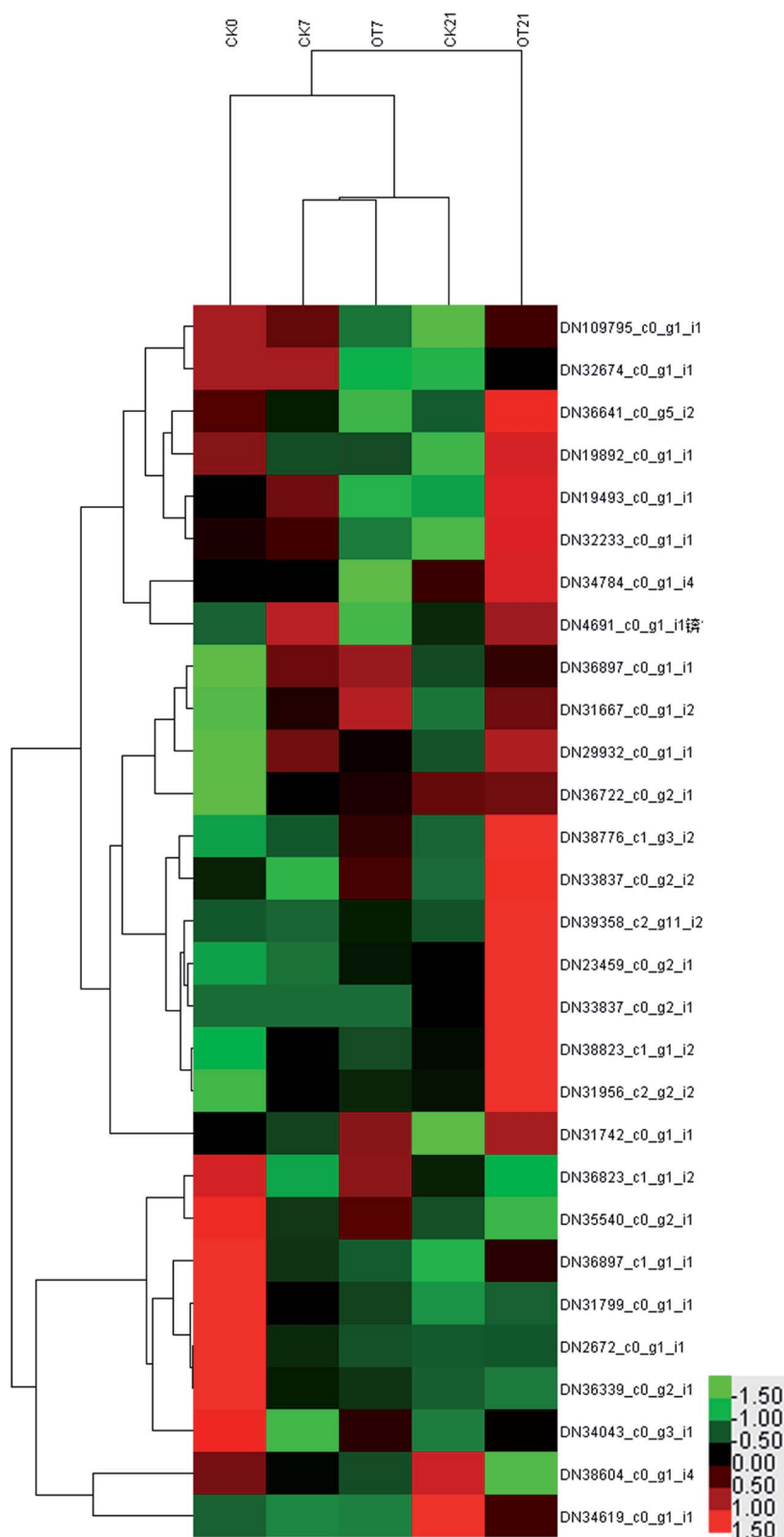


Fig. 6 Cluster heat map of the antioxidant-related proteins in postharvest strawberry.

DN36897\_c0\_g1\_i1 (AO). These results suggested that the expression of proteins related to antioxidant behavior significantly occurred during the early storage. Also, as shown in the trend clustering graph, the changed proteins between the OT group and

the CK group were not large during the early storage period, which can infer that the strawberry protein changes in the early storage period may be mainly caused by low temperature.



On the 21st day, there were 10 proteins and 7 proteins in the CK, and OT groups that were downregulated on day 21 compared with initial time, 5 of which were the same proteins. Also, 6 proteins identified as POD, SOD, GST, and GPX were upregulated in both the CK and OT groups, and the expressions of another 5 proteins related to ASA-GSH were found to be more abundant in the OT group compared with the initial time. The results indicated that the ozone mainly induced the ASA-GSH cycle-related proteins of postharvest strawberry at the end of the storage. In addition, as shown in Fig. 7C and Table 2, the expressions of 17 proteins were more abundant in the OT group compared with the CK group, while only 2 proteins were downregulated. Interestingly, the downregulated proteins in the OT group were CAT (DN38604\_c0\_g1\_i4) and POD (DN34619\_c0\_g1\_i1), while 16 of the upregulated proteins were related to the ASA-GSH cycle and another 1 protein was SOD; these results revealed that the expressions of CAT and POD of strawberry after harvest were inhibited, and ozone mainly activated the ASA-GSH pathway to reduce the accumulation of H<sub>2</sub>O<sub>2</sub>. This study thus demonstrated that the appropriate concentration of ozone treatment can stimulate the fruit ASA-GSH cycle to achieve the purpose of removing active oxygen.<sup>96</sup> H<sub>2</sub>O<sub>2</sub> itself is the reaction substrate of CAT and the content of H<sub>2</sub>O<sub>2</sub> is positively correlated with the expression of CAT,<sup>113,114</sup> which may be the reason for both the reduction of the H<sub>2</sub>O<sub>2</sub> content and the expression of CAT in the later storage period. Besides, POD not only had the ability to catalyze the removal of hydrogen peroxide but was also related to the decline of the fruit

quality and plant senescence.<sup>115,116</sup> Studies have shown that POD is one of the key enzymes for the browning of postharvest fruit,<sup>117</sup> and Ting *et al.* also found that both POD activity and POD genes were closely related to the browning of fresh-cut lotus root.<sup>118</sup> The changes of CAT and SOD protein and enzyme activity were not synchronized; indicating that the storage quality is regulated by both enzyme activity and protein expression.

On the whole, the expression of antioxidant proteins was changed with the storage time. On the 7th day of storage, there was no significant difference in the expression of antioxidant proteins between the CK group and the OT group. However, the abundance of most proteins related to the ASA-GSH cycle in the OT group was significantly high than that in the CK group on day 2, which was consistent with the trend of the expression of proteins related to phenylalanine metabolism in our previous study. This indicated that the ozone treatment has a positive effect on the expression of the ASA-GSH cycle proteins of postharvest strawberry in the late storage period, and that the changes in the expression of antioxidant proteins in the early storage may be related to low temperature.

### 3.5. Analysis of the q-RTPCR results of postharvest strawberry protein

As shown in Fig. 8, 34 antioxidant-related proteins were detected in the q-RTPCR verification experiment. DN109795\_c0\_g1\_i1, DN36897\_c1\_g1\_i1 and DN23459\_c0\_g2\_i1 were upregulated in

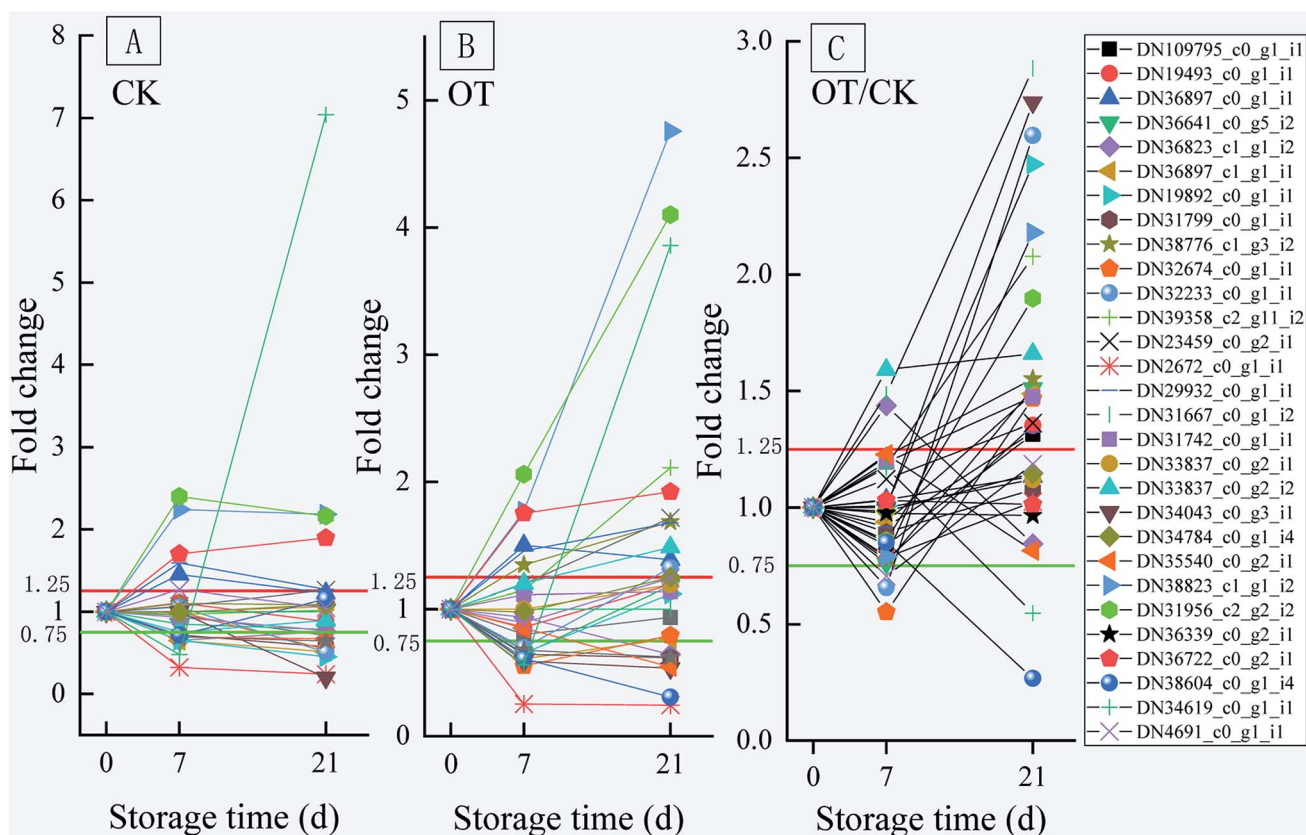


Fig. 7 Variation trend of the oxidation-related proteins in the OT group and CK group throughout the entire storage period; (A) is the CK group; (B) is the OT group; (C) is the OT group/CK group.



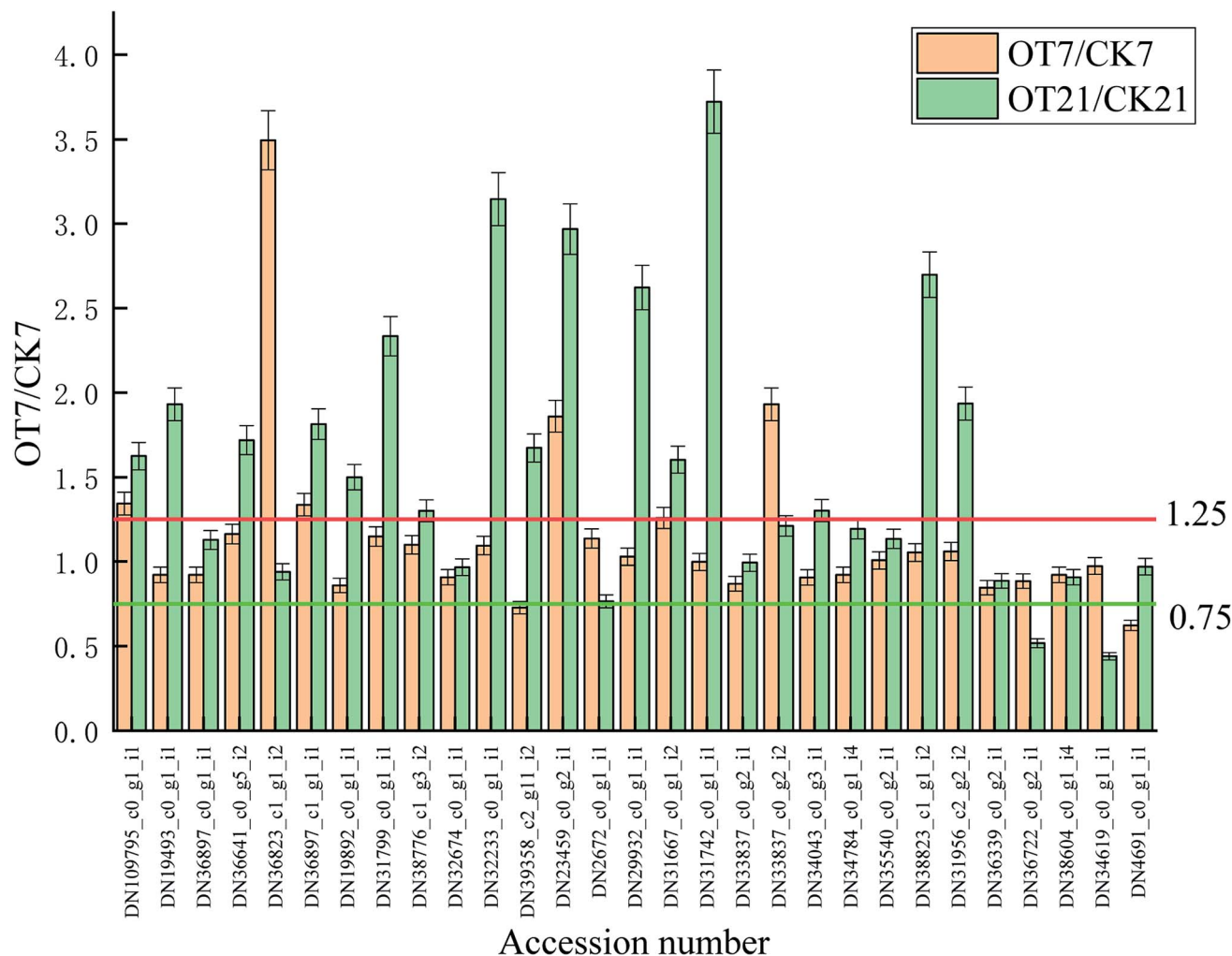


Fig. 8 Expression profiles of the 20 genes via qRT-PCR. Note: OT 7/CK 7 means the expression of the OT group/CK group on day 7; OT 21/CK 21 means the expression of the OT group/CK group on day 21; the error bars represent the standard deviations of three replicates.

the q-RTPCR results and not significantly changed in the proteomics data. DN38604\_c0\_g1\_i4 showed no change in mRNA expression on day 7 and day 21, while the abundance was off, which was downregulated in the proteome results. DN32233\_c0\_g1\_i1 and DN34864\_c0\_g1\_i1 were downregulated in the proteomic results and upregulated in the mRNA results. The abundance of DN33837\_c0\_g2\_i2 in the proteome data was increased on day 21, but the fold change in mRNA level was 1.22. In general, most results detected at the mRNA level were consistent with those of the proteomics.

## 4. Conclusion

Ozone effectively inhibited the increase in strawberry weight loss and respiration rate, maintained firmness, and delayed the decrease in the total soluble solids content to achieve post-harvest strawberries with high sensory and economic value, which may be related to ozone regulating the ROS metabolism level of the postharvest strawberries. The production of  $O_2$  and  $H_2O_2$  in the postharvest strawberries subjected to ozone were reduced compared with in the CK group, which may be because

ozone activated the antioxidant defense system of strawberry, including the activities of SOD, CAT, APX, MDHAR, and the contents of ASA and GSH. In addition, 17 proteins were more abundant in the OT group than in the CK group at the end of storage, 16 proteins of which were related to the ASA–GSH cycle, but the expression of CAT and POD in the antioxidant enzyme system was downregulated during the whole storage time, which indicated that ozone kept the ROS concentration of postharvest strawberry low mainly by activating the ASA–GSH cycle, especially in late storage.

## Conflicts of interest

The authors declare there is no competing financial interest.

## Acknowledgements

This work was supported by the National Key Research and Development Program of China (2019YFC1606504); National Natural Science Foundation of China Youth Science Fund Project (31501547); Innovation Team of the Tianjin Forestry & Pomology



Research System (ITTFPRS2018009, ITTFPRS2018010); Tianjin Innovative Experimental Project for Young Scientists (2020009); Key Laboratory of Storage of Agricultural Products, Ministry of Agriculture and Rural Affairs (kf2019006; kf2019008); Beijing Financial Support Characteristic High Level Vocational College Construction Special Project-Food Nutrition and Safety Application Technology Collaborative Innovation Center Project (PXM2020-157102-000025).

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