Spatially-confined lithiation–delithiation in highly dense nanocomposite anodes towards advanced lithium-ion batteries

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Spatially-confined electrochemical reactions are firstly realized in a highly dense nanocomposite anode for high performance lithium ion batteries. The spatially-confined lithiation–delithiation effectively avoids inter-cluster migration and perfectly retains full structural integrity. Large reversible capacity, high rate capability and superior cycling stability are achieved simultaneously. This spatially-confined lithiation–delithiation offers novel insight to enhance cycling performance of high capacity anode materials.

The coming decades will see an explosive demand for rechargeable lithium-ion batteries (LIBs) with higher energy and stronger power, which greatly extends enormous usages in various electric vehicles (xEVs) and energy storage systems (ESSs). High capacity anode materials, classified by alloying or conversion reactions, are under intense research for potential upgradation of the state-of-the-art graphite anode. Despite high gravimetric/volumetric capacity of these novel materials in bulk, they suffer from lithium-induced drastic volume change and micro-scale sluggish kinetics, resulting in serious capacity fading and poor rate capability (Fig. 1a). To address the huge volume change during lithiation-delithiation processes, there is a general strategy of reserving a large amount of void space by fabricating porous/nanostructured anode materials, including nanospheres, nanowires, yolk–shell nanoarchitectures and nanosheets. They have been demonstrated to accommodate the volume change and shorten the diffusion length, which bring about longer cycling life and higher rate capability compared with bulk counterparts (Fig. 1a). Unsatisfactorily, the practical application of such nanoscale powder materials has been generally hindered by their relatively low packing density (packing factor: 0.2–0.3 or less), which severely lowers the volumetric capacity of electrodes (Table S1, ESI†) and has actually been long neglected in the research of LIBs.

**Broader context**
High capacity anode materials have been wandering around the corner of commercialization for advanced lithium-ion batteries. Nanostructuring these electrochemically active materials through reserving large void spaces has been extensively utilized to extend the cycling stability in terms of the volume change view. However, the ultra-low volumetric capacity associated with the loosely-packed nano-sized materials is a critical disadvantage for the practical applications of high capacity materials. Here in a highly dense nanocomposite anode, we successfully eliminate the cycling failure of high capacity anodes by suppressing atom migration during lithiation-delithiation, demonstrating a novel approach of spatially-confined electrochemical reactions through which the atoms/clusters can be rapidly lithiated-delithiated at their original sites. The spatially-confined lithiation-delithiation effectively avoids inter-cluster migration and perfectly retains full structural integrity during prolonged cycling. Impressively, a volumetric capacity as high as 6034.5 mA h cm\(^{-3}\) (1206.9 mA h g\(^{-1}\), 86.4% of the first discharge capacity) can still be maintained after 200 stable cycles and 4704.0 mA h cm\(^{-3}\) (940.8 mA h g\(^{-1}\)) is retained at an ultra-high current density of 20 A g\(^{-1}\). This spatially-confined lithiation-delithiation offers novel insight to enhance the cycling performance of high capacity anode materials.

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Furthermore, if we deeply investigate the morphology evolution after long cycling in the reported literature, we will find that the electrode morphology after the cycling test greatly changed, by showing denser structure/particle aggregation instead of pristine porous/nanoscale structures.\textsuperscript{15–18} The study on phase evolution of NiO nanosheet electrodes clearly showed that the heterogeneous phase conversion prevails in charge reactions, which is likely caused by preferential nucleation at grain boundaries and inevitably results in atom migration from the interior of the grain.\textsuperscript{19} The de-alloying study of Li–Sn alloys also demonstrated the significant solid-state diffusive transport, leading to the remarkable morphology evolution.\textsuperscript{20} Fundamentally speaking, there is enormous spontaneous atom migration during lithiation–delithiation processes; in other words, the delithiation reaction sites are different from the lithiation ones, resulting in atom migration and hence electrode structure disintegration. In terms of structural integrity, atom migration during lithiation–delithiation processes might be the fundamental cause for the cycling failures of high capacity anodes.

Herein, from the point of atom migration and structural integrity view, we propose a novel approach of spatially-confined electrochemical reactions to enhance the cycling stability. During lithiation–delithiation processes, the atoms/clusters are largely confined at their original sites with little migration and therefore the electrode structural integrity is well retained, which is critical for the prolonged cycling behavior. A highly dense nanocomposite anode, composed of multi-oxide nanoclusters uniformly and alternately, is utilized to realize the proposed spatially-confined electrochemical reactions. Our designed anode architecture can undergo rapid lithiation–delithiation through local stepwise electrochemical reactions, leading to little migration of inter-nanoclusters and facilitated lithium kinetics. Based on the close-to-theoretical density, high volumetric capacity and superior electrochemical performance are achieved simultaneously for the first time (Fig. 1a). The dense SnO\textsubscript{2}–Fe\textsubscript{2}O\textsubscript{3}–Li\textsubscript{2}O nanocomposite anode exhibits an initial volumetric discharge capacity of 6984.9 mA h cm\textsuperscript{3} (gravimetric capacity of 1396.8 mA h g\textsuperscript{-1}), and maintains 6034.5 mA h cm\textsuperscript{3} (1206.9 mA h g\textsuperscript{-1}, 86.4% of the first discharge capacity) after 200 cycles, which has been the highest volumetric capacity value reported so far. Equally impressively, as high as 4704.0 mA h cm\textsuperscript{3} (940.8 mA h g\textsuperscript{-1}) is retained even when cycling at an ultra-large current density of 20 A g\textsuperscript{-1}.

A novel strategy of pulsed spray evaporation chemical vapor deposition (PSE-CVD) was applied to fabricate such a highly dense nanocomposite anode of uniformly and alternately distributed multi-oxide nanoclusters, which is schematically presented in Fig. 1b.\textsuperscript{21,22} For the dense SnO\textsubscript{2}–Fe\textsubscript{2}O\textsubscript{3}–Li\textsubscript{2}O films, three different precursors dissolved in ethanol were injected as a fine spray into the reactor alternately with a spacing interval in between (see the Experimental section in the ESI*). The as-deposited nanocomposite film is uniform over a large area (\( \Phi > 4 \) cm) and highly dense as evidenced in the scanning electron microscopy (SEM) image (Fig. 1a, insets). Furthermore, pure SnO\textsubscript{2} films were also deposited via a similar process for comparison. Fig. S1 (ESI*) shows that both pure SnO\textsubscript{2} and SnO\textsubscript{2}–Fe\textsubscript{2}O\textsubscript{3}–Li\textsubscript{2}O films are composed of closely packed nanoparticles, resulting in
high densities of $\sim 6.1 \text{ g cm}^{-3}$ for pure SnO$_2$ and $\sim 5.0 \text{ g cm}^{-3}$ for SnO$_2$–Fe$_2$O$_3$–Li$_2$O. It is worth noting that such close-to-theoretical densities are crucial for acquiring high volumetric capacity of electrodes. X-ray photoelectron spectroscopy (XPS) investigation demonstrates that three components in the film are in the form of SnO$_2$, Fe$_2$O$_3$, and Li$_2$O (Fig. S2, ESI†), the weight ratio of which is around 59.0 : 36.6 : 4.4 based on inductively coupled plasma atomic emission spectroscopy (ICP-AES) analysis. X-ray diffraction (XRD) patterns (Fig. S3, ESI†) show that both films are X-ray amorphous, indicating the amorphous/nanocrystalline nature of as-deposited films. Transmission electron microscope (TEM) images and selected area electron diffraction (SAED) patterns (Fig. S4, ESI†) clearly demonstrate the densely packed morphology and amorphous/nanocrystalline structure of the SnO$_2$–Fe$_2$O$_3$–Li$_2$O film. In a further step, an advanced spherical aberration-corrected scanning transmission electron microscope (STEM) was used to identify the refined morphology, microstructure and elemental distribution. The high-angle annular dark field (HAADF) and energy dispersive X-ray spectroscopy (EDS) mapping images shown in Fig. 2a clearly demonstrate that both Sn and Fe species are homogeneously distributed in a staggered manner over nanometer sized areas, which indicates that SnO$_2$ and Fe$_2$O$_3$ are effectively separated from each other without any aggregation. Although light element Li cannot be detected by the EDS mapping, we can still infer that the distribution of Li is also homogeneous according to the overlay mapping images of Sn and O, and Fe and O (Fig. S5, ESI†). Additionally, the spatial distribution of these three components was further identified in detail by high resolution TEM (HRTEM) as shown in Fig. 2b–d, where three characteristic areas were chosen for investigations. Interestingly, Fig. 2b demonstrates the existence of SnO$_2$–Fe$_2$O$_3$ nano heterostructures, where the lattice spacings of 0.33 nm and 0.27 nm are in good agreement with the (110) planes of SnO$_2$ and the (104) planes of α-Fe$_2$O$_3$, respectively. A similar heterostructure has also been reported previously for other SnO$_2$–Fe$_2$O$_3$ composites. Another typical feature is observed in Fig. 2c in which a 10 nm particle consists of several 2–5 nm continuous nanoclusters. Supported by the fast Fourier transformation (FFT) patterns, it can be inferred that these nanoclusters belong to different phases with a $d$-spacing of 0.333 nm corresponding to the (110) planes of SnO$_2$ and of 0.273 nm to the (104) planes of α-Fe$_2$O$_3$. Similarly, at the edge of the selected area shown in Fig. 2d,
a d-spacing of 0.264 nm can be assigned to the (101) plane of SnO$_2$ and of 0.253 nm to the (110) plane of $\alpha$-Fe$_2$O$_3$. However, no lattice fringes of Li$_2$O can be found probably due to the noncrystalline nature of low temperature deposition. All of the above analyses reveal advantageous features that the 2–10 nm nanoclusters of SnO$_2$, Fe$_2$O$_3$, and Li$_2$O distribute alternately with special interfacial relation among them (e.g. coherent boundary), which exhibits a uniform and dense structure of anodes. Fig. S6 (ESI†) shows TEM images of SnO$_2$ films for comparison. Similarly, the SAED pattern (diffuse halos) implies the amorphous nature of pure SnO$_2$ films (Fig. S6a and b, ESI†). HRTEM images (Fig. S6c and d, ESI†) illustrate that ultra-small nanoparticles (~5 nm) are densely packed, which is consistent with the SEM image (Fig. S1, ESI†). Corresponding to the SAED result, the deposited film is largely disordered with a small part of regions which show poor crystallinity (Fig. S6c and d, ESI†).

The as-deposited dense films, as working electrodes directly without using conductive carbon and a binder, were subsequently assembled into 2025-type coin cells. Cyclic voltammetry (CV, Fig. 3a) was firstly performed to characterize the electrochemical properties of the dense SnO$_2$–Fe$_2$O$_3$–Li$_2$O electrode in the voltage range of 0.005–3 V (versus Li/Li$^+$) at a scan rate of 0.10 mV s$^{-1}$. During the initial sweeping at 5 mV, four well-defined reduction peaks are observed at 1.21 V, 0.78 V, 0.49 V and 0.15 V, respectively. The peak at 1.21 V can be attributed to the reduction of SnO$_2$ to metal Sn and the intercalation of lithium into Fe$_2$O$_3$ (Li$_2$Fe$_2$O$_4$). The second peak at 0.78 V corresponds to the further reduction of Li$_2$Fe$_2$O$_4$ to metal Fe and the formation of a solid electrolyte interphase (SEI) layer. The other two peaks are associated with Li–Sn alloying. When sweeping back to 3 V, the peak centered at 0.48 V appears due to the dealloying of Li$_x$Sn, while the oxidation peak at 1.28 V is most likely due to the reversible oxidation from Sn to SnO$.^9$ The strong wide peak at around 1.82 V can be ascribed to the further oxidation of SnO and Fe$_2$. Additionally, the CV peaks reappear well during the subsequent cycles, indicating good reversibility of the electrochemical reactions. The CV curves clearly show that SnO$_2$ and Fe$_2$O$_3$ are electrochemically reacted at different potentials; in other words, when one metal oxide anode is electrochemically engaged, the surrounding one is inactive and acts as a buffering matrix. In accordance with the multi-peaks observed during CV scans, the voltage profiles of the SnO$_2$–Fe$_2$O$_3$–Li$_2$O electrode present sectional sloping lines during both charge and discharge processes, as displayed in Fig. 3b. The discharge and charge capacity for the first cycle is 1396.8 and 1146.8 mA h g$^{-1}$, respectively,
representing an ultra-high Coulombic efficiency (CE) of around 82.1%. In comparison, only 64.4% (CE) inserted lithium ions are extracted reversibly for the pure SnO$_2$ electrode (Fig. S7, ESI†). Such multi-oxide configuration and nanocomposite nature of the SnO$_2$–Fe$_2$O$_3$–Li$_2$O electrode can effectively facilitate the reversible electrochemical reactions and reduce the lithium consumption in the irreversible formation of the SEI layer. More impressively, benefited from the close-to-theoretical density of the SnO$_2$–Fe$_2$O$_3$–Li$_2$O electrode, it exhibits an initial volumetric discharge and charge capacity of 6984.9 and 5734.6 mAh cm$^{-3}$.

Fig. 3c presents the cycling performance of the two electrodes cycled at 200 mA g$^{-1}$ in the range of 0.005–3 V versus Li/Li$^+$. In order to make the measurements more accurate, a bare steel substrate was also tested as shown in Fig. S8 (ESI†), the capacity of which is quite low and ignorable. After 200 stable cycles, as high as 6034.5 mAh h cm$^{-3}$ (1206.9 mAh g$^{-1}$) representing 86.4% capacity retention is sustained for the SnO$_2$–Fe$_2$O$_3$–Li$_2$O nanocomposite electrode. To the best of our knowledge, the nanocomposite electrode. To the best of our knowledge, the performance of Fe$_2$O$_3$, SnO$_2$–Fe$_2$O$_3$ and SnO$_2$–Li$_2$O electrodes are demonstrated in Fig. S9 (ESI†). Similar to pure SnO$_2$, pure Fe$_2$O$_3$ also suffers from poor cycling stability due to large volume change and unavoidable aggregation (Fig. S9a, ESI†). The SnO$_2$–Fe$_2$O$_3$ composite demonstrates improved cycling stability with high reversible capacity compared to bare SnO$_2$ or Fe$_2$O$_3$ (Fig. S9b, ESI†). Nevertheless, as huge volume change occurs in both SnO$_2$ and Fe$_2$O$_3$ anodes during charge–discharge processes, the improvement of cycling stability in the SnO$_2$–Fe$_2$O$_3$ electrode is still limited. Although there is a great improvement in cycling stability in the reported SnO$_2$–graphene and SnO$_2$–carbon composite electrodes, the incorporation of Li$_2$O is compulsory as both the Li-ion diffusion pathway and the buffering matrix in such a dense composite system.

Besides the stirring volumetric capacity and cycling behaviors, the SnO$_2$–Fe$_2$O$_3$–Li$_2$O anode also possesses outstanding rate capability, as shown in Fig. 3d. At high current densities of 5, 10 and even 20 A g$^{-1}$, the SnO$_2$–Fe$_2$O$_3$–Li$_2$O anode can retain high reversible capacities of 5398.5, 5097.0 and 4704.0 mAh h cm$^{-3}$ (1079.7, 1019.4 and 940.8 mAh g$^{-1}$), respectively. All of these values are much higher than the theoretical capacity of the commonly used graphite anode material (837 mAh h cm$^{-3}$, or 372 mAh g$^{-1}$). Moreover, when the SnO$_2$–Fe$_2$O$_3$–Li$_2$O composite electrodes were tested at high current densities directly, large capacities of 5754.0 mAh cm$^{-3}$ (1150.8 mAh g$^{-1}$) at 0.5 A g$^{-1}$ after 100 cycles, 4791.5 mAh cm$^{-3}$ (958.3 mAh g$^{-1}$) at 1 A g$^{-1}$ after 100 cycles, 4971.5 mAh cm$^{-3}$ (994.3 mAh g$^{-1}$) at 5 A g$^{-1}$ after 50 cycles and 4530.0 mAh cm$^{-3}$ (960.6 mAh g$^{-1}$) at 10 A g$^{-1}$ after 50 cycles can still be maintained (Fig. S10, ESI†). Such a remarkable high-rate performance has never been observed before for carbon-free SnO$_2$-based anode materials, which is even much better than that of SnO$_2$–CNT composite or SnO$_2$–graphene composite electrodes (Fig. 3e). Contrarily, for the pure SnO$_2$ anode, the capacity drops rapidly upon increasing the current density, dropping to 4559.8 mAh h cm$^{-3}$ (747.5 mAh g$^{-1}$) at 5 A g$^{-1}$, which is only about 47.9% of the capacity at 0.1 A g$^{-1}$ (Fig. 3f). Moreover, the discharge capacity of the pure SnO$_2$ anode could not recover when the current density was reduced from 5 to 0.2 A g$^{-1}$. It is worthy of note that the present SnO$_2$–Fe$_2$O$_3$–Li$_2$O (59.0:36.6:4.4 of weight ratio) demonstrates the most satisfying results in view of the cycling stability and specific capacity. Upon increasing the content of SnO$_2$, the SnO$_2$–Fe$_2$O$_3$–Li$_2$O (70.0:25.6:4.4) electrode shows worse cycling stability though the capacity improved (Fig. S11a, ESI†). However, the specific capacity decreases to only 1000.0 mAh g$^{-1}$ when the content of Li$_2$O is increased (the weight ratio of SnO$_2$, Fe$_2$O$_3$ and Li$_2$O is 50.2:31.1:18.7), even though better cycling stability can be maintained (Fig. S11b, ESI†).

The electrode micro-morphology was further characterized to understand the difference of local mechanical behaviors between dense nanocomposites and pure SnO$_2$: after cyclic lithium-ion–delithiation processes. The SEM observations present a state of aggregated nanoparticles with surface cracks after 100 cycles for the pure SnO$_2$ film (Fig. 4a and b), whilst an improved rate capability and good cycling performance are found for SnO$_2$–Fe$_2$O$_3$–Li$_2$O without any notable surface fractures after 200 cycles (Fig. 4c and d). For the pure SnO$_2$ electrode, a schematic diagram in Fig. 4e illustrates the generation and evolution of fractures. Sn particles firstly nucleate in the Li$_2$O matrix during the lithiation process. When the lithiation process continues, the Li-Sn alloy is formed followed by the coarsening of Li$_x$Sn and depletion of Sn, resulting in a wider size distribution of Li$_x$Sn particles. As for the delithiation, the extraction of lithium occurs in energetically-favored sites (e.g. grain boundaries, surfaces) instead of the previous Sn/SnO$_2$ sites, which leads to the microscopic transfer of Sn atoms in the whole electrode. Such a so-called ex situ delithiation process causes the aggregation of active materials and the disintegration of electrodes. The particle size of SnO$_2$ increases during the cyclic lithiation–delithiation processes, due to the aggregation via viscous flow or diffusive bonding between SnO$_2$ particles. Larger particle size increases the Li diffusion length and leads to higher diffusion-induced stress, therefore, the crack initializes easier. Furthermore, voids start to form during the initial delithiation process because of the large volumetric shrinkage and stresses generate in the big Li$_x$Sn particles as a result of the nonsynchronous reactions between the interface and the center. After certain cycles, with a further increase in the number and size of the voids and continuous generation of stresses, pulverization and cracks occur inevitably, resulting in low capacity and poor stability.

For the SnO$_2$–Fe$_2$O$_3$–Li$_2$O nanocomposite electrode as illustrated in Fig. 4f, on one hand, nanoclusters ranging from 2–10 nm (Fig. 2) can greatly reduce the diffusion length for Li-ions and accelerate the local lithiation–delithiation reaction even at high current densities. Meantime, highly uniformly...
distributed nanoclusters could effectively relieve the stress generated in lithium insertion–extraction processes, keeping the electrode structure stable under long cycling. Recent study on silicon alloy anodes suggested a critical size (~10 nm) for ensuring a stable structure for the electrode exhibiting the optimal electrochemical performance. On the other hand, a stepwise electrochemical reaction could be induced by the different reactive potential of SnO2 and Fe2O3 as indicated in CV scans. With the alternatively 'Chessboard' staggered state of multi-oxide nanoclusters as shown in Fig. 1a, the nano-sized periodic lithiation–delithiation zone could be formed as the electrochemically engaged anode nanoclusters are surrounded by the temporarily inactivated ones, where they act as buffer matrices or isolators to prevent the direct chemical-contact between the active nanoclusters. Most importantly, the dense microstructures offer boundaries to limit the diffusion freedom of active atoms/clusters, leading to spatially-confined lithiation–delithiation reactions and full electrode integrity, thus improving the macroscopic structure stability by preventing the formation of voids. The elemental mapping (Fig. 4g) images (20 nm scale) after completing 200 cycles clearly verify that Sn and Fe species are still homogeneously distributed in a staggered manner and similar to the pristine film.

In addition, although there is no conductive medium inside the nanocomposite films, the generated Fe metal (Fig. S12a, ESI†) during the conversion reaction of Fe2O3 at low voltages could provide a fast pathway for electron transport. Such an enhancement in conductivity contributes to the reversibility of Sn to SnO2 in majority (Fig. S12b, ESI†), which could improve the reversible capacity to some extent. Overall, benefited by the unique design of the nanostructure, the dense SnO2–Fe2O3–Li2O nanocomposite electrode can charge–discharge under space confinement with little migration and aggregation, which maintain sub 10 nm scale nanostructures, resulting in improved cycling stability and a faster charge–discharge rate.
in the current state of close-packed nanoparticles. Based on the above features, the dense SnO$_2$–Fe$_2$O$_3$–Li$_2$O nanocomposite can simultaneously achieve large volumetric capacity and high cycling stability (Fig. 5).

To better understand the spatially-confined lithiation–delithiation mechanism, in situ TEM characterization was performed to directly observe the relationship between the electrochemical performance and microstructure of the active materials. The in situ TEM setup is based on previous studies and a half-cell LIB was constructed inside TEM using the SnO$_2$–Fe$_2$O$_3$–Li$_2$O nanocomposite as the working electrode and Li metal as the counter electrode. The vivid displays of lithiation–delithiation processes are presented in Movies S1–S6 (ESI†). TEM images at different charge–discharge stages were captured from these videos, as shown in Fig. 6 and Fig. S13 (ESI†). The time (such as 0 s, 5 s and 10 s) indicates the degree (state) of lithiation–delithiation. Fig. 6a demonstrates the TEM images of the time series of the lithiation process. Obvious volume expansion occurred and full lithiation can be completed in a short time of 10 s. As marked by the red dashed line, the nanoclusters expanded outward due to the volume change. After the lithiation process, a positive bias was applied to conduct the delithiation process as demonstrated in Fig. 6b. Contrary to the lithiation process, volume contraction occurs as the blue line implies. The subsequent second cycle repeated the processes of the first cycle (Fig. 6c and d). As expected, the superfine nanoparticles (black spots) are still confined at their original sites with little migration during the lithiation–delithiation processes. As demonstrated in Fig. 5, all the nanoparticles show synchronous movement without aggregation in the different states.

Fig. 5 Performance comparison of various materials. Our dense nanocomposite anode shows the highest volumetric capacity with longer cycle life compared with other materials, such as commercial graphite, Cu$_6$Sn$_5$–TiC–C, SiNP–PANI (including the mass of PANI), Si pomegranate, SiNW–PG, Co$_3$O$_4$ (EPD), t-Si@G NW, SnO$_2$, SnO$_2$–Se. (This work) (0.15–0.25 mg cm$^{-2}$).

Fig. 6 In situ TEM characterization. (a) Lithiation process and (b) delithiation process of the 1st cycle. (c) Lithiation process and (d) delithiation process of the 2nd cycle.
states of charge–discharge processes, which is consistent with the illustration in Fig. 4f. Furthermore, the lithiation–delithiation processes can be completed in a short time without occurrence of cracks and pulverization, indicating that the nanoparticles can effectively accommodate the large stress associated with volume changes and accelerate the electrochemical reactions due to a shortened Li$^+$ diffusion path. Fig. S13 (ESI†) displays morphology evolutions of the subsequent 3rd–6th cycles to further validate the cycling stability. Impressively, the nanoparticles are still confined at their original sites without migration and aggregation. Combined with the elemental mapping images showing that the homogeneous distribution of SnO$_2$ and Fe$_2$O$_3$ is maintained during battery testing (Fig. 4g), spatially-confined electrochemical reactions can be realized, which maintain the integrity of the structure as illustrated in Fig. 4f.

In conclusion, a unique spatially-confined lithiation–delithiation reaction in a highly dense nanocomposite anode is proposed, successfully achieving the structural integrity during cycling through local, independent, rapid and step-by-step electrochemical reactions. Furthermore, the present design of architecture takes full advantages of nanomaterials in volume change/lithium ion diffusion and a highly dense structure in tap density, which assure superior cycling performance and ultra-high volumetric capacity simultaneously. The nanocomposite electrode maintains about 6034.5 mA h cm$^{-2}$ after 200 extremely stable cycles, which has been the highest volumetric capacity even after long cycling so far. More inspiringly, the nanoparticles are still confined during battery testing (Fig. 4g), spatially-confined electrochemical reactions can be realized, which maintain the integrity of the structure as illustrated in Fig. 4f.

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