



JAAS

Exploring the Working Range of Automated Standard Dilution Analysis of Nutrient Elements in Foods by Inductively Coupled Plasma Optical Emission Spectrometry

Journal:	<i>Journal of Analytical Atomic Spectrometry</i>
Manuscript ID	JA-ART-10-2022-000346.R2
Article Type:	Paper
Date Submitted by the Author:	05-Feb-2023
Complete List of Authors:	Carter, Jake; US Food and Drug Administration, CFSAN Gray, Patrick; US Food and Drug Administration, CFSAN/CCB Todorov, Todor; US Food and Drug Administration, Food Safety and Applied Nutrition

SCHOLARONE™
Manuscripts

1
2
3 **Exploring the Working Range of Automated Standard Dilution**
4 **Analysis of Nutrient Elements in Foods by Inductively Coupled**
5 **Plasma Optical Emission Spectrometry**
6
7
8
9
10
11
12
13

14 Jake A. Carter*, Patrick J. Gray, Todor I. Todorov
15

16
17
18 U.S. Food and Drug Administration, Center for Food Safety and Applied Nutrition, Office
19 of Regulatory Science
20
21

22
23 5001 Campus Drive, College Park, MD, 20740, USA
24
25

26 *Corresponding author: jake.carter@fda.hhs.gov
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Abstract

Inductively coupled plasma optical emission spectrometry (ICP-OES) is an important tool for measuring nutrient elements in food. ICP-OES methods typically determine analytical concentrations using external standard calibration, but can be susceptible to matrix effects. The method of standard additions does not suffer from matrix effects but is time consuming and labor intensive. Automated standard dilution analysis (SDA) allows for online matrix matched calibration without preparing individual standard additions for each sample matrix. This approach may solve both time and matrix issues and has been described in the literature as an attractive alternative to standard additions. The working range of the method for nutrient elements, however, is an understudied feature of SDA that may be a potential drawback to routine analysis of foods.

We evaluated automated SDA performance through the analysis of 10 reference materials and four fortified (i.e., spiked) foods spanning the AOAC food triangle. We evaluated the working range, accuracy, and precision for analyses of nutrient elements in foods. Accepted accuracy (80–120% recovery) was achieved for 10 nutrient elements, Ca, Cu, Fe, K, Mg, Mn, Na, P, S, and Zn, when the analytical solution concentration to standard concentration ratio was less than 10. This equates to a working range for each element spanning at least two orders of magnitude. Removing outliers, Z scores ($n = 95$) ranged from -1.8 to 0.88, and the average recovery ($n = 85$) from fortification experiments was $97 \pm 12\%$ (2σ). Therefore, automated SDA applied to ICP-OES may be used for nutrient elemental analyses in samples with difficult matrices such as foods.

Introduction

The foods and beverages people consume have a profound effect on human health, and a healthy diet can help reduce the risk of chronic disease.¹ The U.S. Food and Drug Administration's (FDA) mission to maintain a safe and nutritious food supply is met in part by monitoring food and dietary supplements for both toxic and nutritional elements.² Elemental analysis of food provides data that FDA uses to make science-based decisions in support of its mission to ensure safety. These data are necessary,

1
2
3 whether the elements are called nutrients, metals, chemicals, ingredient, native, etc.,
4 and whether the levels are considered deficient, healthy, toxic, normal, added, etc.²

5
6 The FDA uses inductively coupled plasma optical emission spectrometry (ICP-
7 OES) to measure nutrient element concentrations in foods.^{3, 4} The current, routine
8 method for nutrient element analysis of foods involves closed vessel microwave
9 assisted digestion and the analysis of 23 total elements by ICP-OES.⁵ This method
10 uses external standard calibration to determine solution concentrations and cautions
11 that matrix matching by standard additions may be necessary for complex matrices.⁶ In
12 addition to the FDA method, several validated inductively coupled plasma-based
13 methods exist and are used for regulatory analysis of nutrient elements in foods.⁷⁻¹²
14 These methods also feature external standard calibration and may be susceptible to
15 matrix effects, especially when the method is applied to sample types not included in
16 the method validation. As a result, there is a need for developing and validating
17 accurate and efficient matrix matched approaches to calibration for nutrient elements in
18 foods because preparing standard additions is a labor- and time-intensive process.

19
20 Standard dilution analysis (SDA) is an alternative calibration approach to
21 standard additions that combines internal standardization and matrix matched
22 calibration.¹³ SDA was first introduced using two solutions per sample replicate, solution
23 one (S1) and solution two (S2), where both solutions were composed of equal amounts
24 of sample, and S1 and S2 were made up with standard and internal standard solution
25 and blank solution, respectively. S2 was added to S1 manually, and time resolved data
26 were collected using the instrument software.¹³ Recently, efforts have been made to use
27 the instrument autosampler to automatically prepare and mix S1 and S2.¹⁴ The
28 preparation and mixing of S1 and S2 during automated SDA were initially carried out
29 with a homemade mixing chamber and later optimized using a simple two channel pinch
30 valve.^{14, 15}

31
32 SDA or automated SDA has been successfully applied to the analysis of
33 beverages and wines, foodstuffs, concentrated acids, pharmaceutical samples, and
34 samples prepared with complex matrices (e.g., elevated levels of easily ionizable
35 elements).¹⁴⁻¹⁹ These reports describe how SDA is comparable to standard additions
36 and often outperforms internal standardization and external calibration depending on
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 the complexity of the matrix.^{13, 14, 17, 20} To the authors' best knowledge, however, SDA
4 has yet to be validated on matrices spanning the 9 sectors of the AOAC food triangle
5 defined according to fat, carbohydrate, and protein content. Additionally, the working
6 range of automated SDA has yet to be defined or studied for nutrient elements.
7
8
9

10 In this work, automated SDA was performed similar to what was described by
11 Jones et al.,¹⁵ where the working range, precision, accuracy, and limits of quantitation of
12 the method were evaluated.²¹ The automated SDA approach with a simple pinch valve
13 allows for immediate matrix matched calibration and analysis of sample digests without
14 separate preparation of standard additions for every sample matrix. Method optimization
15 and discussion of results were based on 10 nutrient elements, Ca, Cu, Fe, K, Mg, Mn,
16 Na, P, S, and Zn in ten reference materials and four fortified foods that span the AOAC
17 food triangle.²² The working range of the method was explored relative to trends
18 observed from the ratio of analytical solution concentration to standard concentration.
19
20
21
22
23
24
25
26

27 **Materials and Methods**

28 **Reagents and instrumentation**

29 Nitric acid, hydrochloric acid, and hydrogen peroxide (Optima grade) were
30 purchased from ThermoFisher Scientific (Waltham, MA, USA). Single element and
31 custom blend, multielement standard solutions were purchased from Inorganic Ventures
32 (Christiansburg, VA, USA) or High Purity Standards (North Charleston, SC, USA). All
33 solutions were prepared gravimetrically using deionized water (MilliQ Element, Millipore,
34 Billerica, MA, USA).
35
36
37
38
39
40

41 Samples were homogenized with a knife mill (GM 300, Retsch, Haan, NRW,
42 Germany) or a disposable grinding chamber (IKA, Wilmington, NC, USA). Microwave
43 digestion was performed using a CEM MARS 6 system (CEM Corporation, Matthews
44 NC, USA). Digests were analyzed using an Agilent 5900 ICP-OES (Agilent
45 Technologies, Santa Clara, CA, USA). Automated SDA was performed using a 12V
46 three-way solenoid pinch valve fitted for tubing with 1/32" ID × 3/32" OD (Cole-Palmer,
47 Vernon Hills, IL, USA). Table 1 lists instrumental and automated SDA parameters.
48
49
50
51
52
53
54

55 **Microwave assisted digestion**

1
2
3 Homogenized samples and reference materials were digested according to
4 Elemental Analysis Manual 4.7.^{23, 24} Briefly, 0.5 g sample portions were digested with 8
5 mL HNO₃ and 1 mL H₂O₂. Temperature was ramped to 200°C over 25 minutes followed
6 by a 15-minute hold at temperature and then cooled to room temperature. For vegetable
7 oil, 0.25 g sample portions were taken to avoid excessive pressure buildup from the
8 digestion of a 100% fat sample. Digests were gravimetrically diluted to approximately
9 100 mL for a final acid concentration of approximately 5% HNO₃ and 0.5% HCl, with a
10 nominal 200x dilution factor, except for vegetable oil digests with a nominal 400x
11 dilution factor. Table 2 lists samples used in this study and their position in the AOAC
12 food triangle.
13
14
15
16
17
18
19
20
21

22 **Fortified samples**

23
24 Fortified analytical portions (FAP)s were prepared at three levels in triplicate at
25 approximately 50, 100, and 250% the native concentration for each of the 10 elements
26 evaluated in the study. Fortifications (i.e., spikes) were added prior to digestion. When
27 native concentrations were below the LOD, samples were fortified at approximately 5×,
28 10×, and 25× LOD. The native concentrations and LODs used to determine appropriate
29 fortification concentrations were based on results from external standard calibration
30 analyses performed prior to automated SDA experiments. Results in this study are
31 shown for analytical solution concentrations greater than the analytical solution
32 quantitation level (ASQL) determined using automated SDA.
33
34
35
36
37
38
39
40

41 **Automated standard dilution analysis**

42
43 Standard concentrations were prepared in solution one (S1) at 50 mg/kg for K
44 and Na, 10 mg/kg for Ca, Mg, P, and S, and 1 mg/kg for Cu, Fe, Mn, and Zn. Standard
45 concentrations were chosen to match the middle point of the external standard
46 calibration curve from our in-house method for nutrient element analysis by ICP-OES.
47 This procedure was similar to selecting a fortification (i.e., spiking) concentration for
48 samples with unknown concentrations.²³ Lu was prepared as internal standard one
49 (IS1) in S1, and In was prepared as internal standard 2 (IS2) in solution 2 (S2). IS1 and
50 IS2 were prepared at a concentration of 1 mg/kg, and S1 and S2 were made up to 1L
51
52
53
54
55
56
57
58
59
60

1
2
3 for a final acid concentration of 5% HNO₃ and 0.5% HCl. Accurate results have been
4 shown for manual standard dilution analysis with In as the internal standard at a
5 concentration of 1 mg/kg. Varying the internal standard concentration from 1 to 5 mg/kg
6 in manual standard dilution analysis did not significantly affect the accuracy.¹⁷
7
8

9
10 Therefore, we selected 1 mg/kg as the concentration of our two internal standards for
11 automated standard dilution analysis and did not evaluate accuracy as a function of
12 varying internal standard concentration.
13
14

15 Throughout the instrumental analysis, the autosampler continually drew up
16 sample solution, and S1 or S2 were sequentially added via a y-joint in the pump tubing,
17 diluting the sample 1:1 with increasing and decreasing amounts of standard and blank.
18 All signals for analytes and internal standards were collected simultaneously by the
19 polychromator. The alternating addition of S1 and S2 was accomplished with a 12V
20 solenoid pinch valve timed to close one port at a time every 60s.¹⁵ A 120V AC to 12V
21 DC transformer plugged into an automatic timer supplied power to the switch valve at
22 60s intervals (Fig. 1). Raw intensity data were exported with instrument software. Data
23 processing was carried out with R and *Tidyverse* packages.^{25, 26} All R code and relevant
24 output is provided in the supplementary material.
25
26
27
28
29
30
31
32
33

34 Theory

35 Automated standard dilution analysis theory

36 Solution concentrations were determined according to eq. 1,¹⁴ where C_A^{soln} , C_A^{std} ,
37 and S_I^{max} , is the concentration of the analyte in the sample solution after digestion, the
38 concentration of the analyte in the standard solution, and the maximum signal of IS1,
39 respectively. The *intercept* and *slope* in eq. 1 were determined from the linear
40 regression model generated from plotting the signal of the analyte against the signal of
41 IS1. S_I^{max} was determined from plotting the signal of IS1 against the signal of IS2, fitting
42 a linear regression model, and generating the y-intercept.¹⁴
43
44
45
46
47
48
49

$$50 C_A^{soln} = \frac{\text{intercept } C_A^{std}}{\text{slope } S_I^{max}} \quad (\text{eq. 1})$$

51
52
53

54 Reference material Z score determinations

55
56
57
58
59
60

Z scores were determined according to eq. 2,²⁷ where X_{meas} is the measurement result, X_{ref} is the reference value found on the certificate of analysis, and $\sigma = (\sigma_{meas}^2 + \sigma_{ref}^2)^{1/2}$ where σ_{meas} is the uncertainty of the measurement and σ_{ref} is the uncertainty of the reference value. Reference material measurement results were compared with certified values given on the certificates.

$$Z = \frac{(X_{meas} - X_{ref})}{\sigma} \quad (\text{eq. 2})$$

The total standard uncertainty for reference material certified values (σ_{ref}) was obtained from the certificate. Because the uncertainties were listed as expanded uncertainties at the 95% confidence level, they were divided by the coverage factor listed on the certificate (e.g., 2) to obtain standard uncertainties at approximately a 67% confidence level for use in Z score calculations. Total standard uncertainty for measurement results (σ_{meas}) was defined at 10% when greater than the LOQ.

Results and Discussion

Determining automated standard dilution analysis parameters

The online mixing of standard and blank with the sample provides 100 matrix matched calibration data points according to the 100 instrumental readings taken per analysis (Table 1). The periodic profile from the gradual increase and decrease of analytical signal due to the alternating additions of S1 and S2 was repeatable across an instrumental sequence (Fig. 2a). For each nutrient element, the values for *slope*, *intercept*, and S_I^{max} are used to determine the concentration of the analyte in the sample solution according to eq. 1. Time resolved data from automated standard dilution analysis of NIST 1577c are displayed for Zn in Fig. 2a-c. The RSDs (n = 9) for *slope*, *intercept*, and S_I^{max} , were 1.8, 5.2, and 1.1%, respectively. This confirms automated SDA, with a simple pinch valve, is a repeatable calibration method. The variation in *slope* and *intercept* may be attributable to differences in dilution factors from the digestion in addition to variation from the instrument and the introduction of solution with the automated SDA rig.

Limits of detection and quantification

1
2
3 Limits of detection (LOD)s and limits of quantification (LOQ)s were determined
4 according to the analysis of 30 method blanks from three separate digestions. One
5 blank for Fe was discarded due to contamination. The analytical solution detection limit
6 (ASDL) and ASQL were defined as 3σ and 10σ , respectively, where σ is the standard
7 deviation of the blank concentration equivalents (Table 3). LODs and LOQs were
8 determined assuming a dilution factor of 200 from the digestion. The LODs for the 10
9 nutrient elements ranged from 0.39 mg/kg (Zn) to 110 mg/kg (Na), and LOQs ranged
10 from 1.3 mg/kg (Zn) to 370 mg/kg (Na) (Table 3).
11

12 The LODs are similar for elements with the same standard concentration (e.g.,
13 Cu, Fe, Mn, and Zn; Ca, Mg, P, and S; and K and Na), and LODs are higher when
14 standard concentrations are higher (e.g., Ca, Mg, P, and S compared to Cu, Fe, Mn,
15 and Zn). According to Jones et al., the varying of limits of detection as a function of the
16 concentration of the standard solution is due to the fact a higher concentration standard
17 leads to more uncertainty in values near zero. At lower concentrations of standard, the
18 estimate of the noise level as the detection level is approached is better sampled
19 because the maximum concentration in the SDA calibration is lower.¹⁵ For the purposes
20 of this study, the LODs and LOQs for the target analyte concentrations in foods were
21 adequate to evaluate the working range of the method for the 10 selected nutrient
22 elements.
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37

38 **Defining the working range of automated standard dilution analysis**

39 At elevated levels of analytical solution concentration, there is little change in
40 analyte signal during automated SDA. When the concentration of the analyte in the
41 sample solution is significantly higher than the standard concentration, the SDA region
42 of the plot looks more like a constant plateau than a dynamic change in signal from the
43 oscillating addition of standard and blank in S1 and S2 respectively. Conversely, when
44 the standard concentration is much higher than the concentration of the analyte in the
45 sample solution, the change in analytical signal is exaggerated, matching the decrease
46 and increase of the IS1 signal, where the signal reaches an equilibrium at normalized
47 intensities near 0.
48
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 Consider Zn in three different samples: NIST 1566b, NIST 1577c, and a fortified
4 analytical portion (FAP) of vegetable oil (Fig. 3). The native concentration of Zn in
5 vegetable oil was below the LOD. The certified values for Zn in NIST 1566b and NIST
6 1577c are 1424, and 181.1 mg/kg, respectively, and the vegetable oil sample was
7 fortified with Zn at a concentration of 2.6 mg/kg. Given the digestion dilution factor of
8 approximately 400, the analytical solution concentration of Zn in the fortified vegetable
9 oil sample should be approximately 0.007 mg/kg. With dilution factors of approximately
10 200, the analytical solution concentrations for Zn in NIST 1566b and NIST 1577c should
11 be approximately 7 and 0.9 mg/kg, respectively.
12
13
14
15
16
17
18

19 The heights of the signal plateaus reached after the addition of blank from S2
20 represents the decreasing order of analytical solution concentrations (Fig. 3). The two
21 extremes, NIST 1566b and the fortified vegetable oil sample, illustrate analytical
22 solution concentrations outside the working range for the Zn standard concentration
23 used in the study. Analytical recoveries for Zn in NIST 1566b, NIST 1577c, and the
24 fortified vegetable oil sample were 162 +/- 24% (2σ), 110 +/- 3% (2σ), and 61 +/- 6%
25 (2σ), respectively. The poor recovery for the fortified vegetable oil sample was due to an
26 analytical solution concentration at the ASQL and a large difference in standard and
27 analytical solution concentration where the standard concentration was approximately
28 200 times greater than the analytical solution concentration. The poor recovery for NIST
29 1566b was due to a large difference between the standard and analytical solution
30 concentrations where the analytical solution concentration was approximately 13 times
31 greater than the standard solution concentration. A simple parameter representing the
32 working range of automated SDA would prove useful to avoid manually going through
33 every SDA plot generated to confirm the analysis is performed within the working range
34 of the method.
35
36
37
38
39
40
41
42
43
44
45
46
47

48 **Determining a metric for the working range of automated standard dilution** 49 **analysis** 50

51 To determine a representative parameter for the working range of automated
52 SDA, the accuracy of fortified (i.e., spiked) foods and reference materials were
53 compared to the ratio of analytical solution concentration to standard concentration.
54
55
56
57
58
59
60

1
2
3 There's a positive trend between analytical recovery and the ratio of analytical solution
4 concentration to standard concentration (Figs. 4a–b). Based on these data, a threshold
5 ratio of 10 was set as the cap of the working range for automated SDA. This suggests
6 accurate results are obtainable at ratios below 10.
7
8

9
10 Consider results for Zn, where S2 was prepared with a Zn concentration of 0.98
11 mg/kg. Accurate results were found for Zn ratios between 0.01 and 3.7. This equates to
12 solution concentrations of 0.0098 and 3.6 mg/kg, a range spanning three orders of
13 magnitude, and recoveries of 94 +/- 24% (2σ) and 101 +/- 4% (2σ), respectively (Table
14 4). Similar results were observed for Fe, where S2 was prepared to have a standard
15 concentration of 0.98 mg/kg. Accurate results were observed at ratios between 0.022
16 and 7.0. This equates to analytical solution concentrations of 0.022 and 6.9 mg/kg, and
17 recoveries of 91 +/- 12% (2σ) and 108 +/- 9% (2σ), respectively (Table 4).
18
19

20
21 Exceptions for this trend, where recoveries were outside the 80–120% range,
22 include the following elements and samples: Ca in two fortified (i.e., spiked) corn flakes
23 samples; K in a fortified vegetable oil sample and NIST 1568b; Mn in NRC Dorm-4; Na
24 in a fortified vegetable oil sample; P in a fortified vegetable oil sample; and Zn in a
25 fortified vegetable oil sample. These results had analytical solution concentrations
26 ranging from 1 to 3 \times ASQL, and analytical solution concentration to standard
27 concentration ratios ranging from 0.01 to 0.1. This suggests results near the ASQL, with
28 low analytical solution concentration to standard concentration ratios, may need to be
29 reevaluated by lowering the standard concentration in S1.
30
31
32
33
34
35
36
37
38
39
40

41 **Accuracy of automated standard dilution analysis for 10 nutrient elements**

42
43 The accuracy of automated SDA was determined according to the analysis of a
44 suite of reference materials and spiked (i.e., fortified) food samples spanning the AOAC
45 food triangle (Tabs. 2, S1, S2, Figs. 5, 6). Reference material Z scores for all elements
46 with an analytical solution to standard concentration ratio less than 10 ($n = 102$) ranged
47 from -4.2 to 1.7 with a median Z score of -0.16 (Table S1, Fig. 5). Removing seven
48 outliers resulted in a range from -1.8 to 0.88 and a median of -0.16. Outliers were
49 identified as Z scores outside 1.5 times the interquartile range above the upper quartile
50 and below the lower quartile (i.e., points outside the whiskers of the boxplot in Fig. 5b).
51
52
53
54
55
56
57
58
59
60

1
2
3 Accounting for outliers, all Z scores were between -2 and 2, at 10% total uncertainty.
4 Therefore, the described method with automatic standard dilution analysis features an
5 uncertainty no worse than 10% for the sample matrices evaluated.
6
7

8 Fortification recoveries for all elements with an analytical solution to standard
9 concentration less than 10 (n = 92) ranged from 54 to 110%, and the average recovery
10 was 95 +/- 18% (2 σ) (Table S2, Fig. 6). Removing seven outliers resulted in a range
11 from 82 to 110%, and an average recovery of 97 +/- 12% (2 σ). Outliers were identified
12 as fortification recoveries outside 1.5 times the interquartile range above the upper
13 quartile and below the lower quartile (i.e., points outside the whiskers of the boxplot in
14 Fig. 6b).
15
16
17
18
19

20 Contamination and sample inhomogeneity during sample preparation was the
21 largest contributor to imprecision (Fig. 6d). Another contributing factor was noise when
22 determining concentrations at the LOQ. Contamination is a lab-specific issue that
23 affects all methods. Although the contamination was unfortunate, it is not indicative of a
24 specific weakness for automated SDA. For example, 11 of the 19 FAP sample results
25 with RSDs greater than 10% were from a breaded chicken fortification (Table S2, Fig.
26 6d). Of these 11, 9 were from the level 1 breaded chicken fortification. Consider Fe as a
27 specific example, the amount of Fe fortified was 4.9, 5.8, and 3.8 mg/kg for replicate 1,
28 2, and 3, respectively, and the LOQ was 3.7 mg/kg (Table 3). A combination of
29 contamination and operating near the LOQ led to the lack of precision (RSDs > 20%).
30
31
32
33
34
35
36
37

38 Except for K in Dorm-4 with an analytical solution concentration of 59.5 mg/kg
39 and an analytical solution to standard concentration ratio of 1.2, the identified outliers
40 from the reference material and fortification analyses were a result of low analytical
41 solution to standard concentration ratios and analytical solution concentrations near the
42 ASQL. Therefore, a proposed workflow for analyzing samples with unknown
43 concentrations would include selecting a standard concentration similar to what was
44 used in this study (Table 4), determining the method ASDL and ASQL, then measuring
45 the analytical solution concentration and comparing the concentration to the standard
46 concentration. Based on the results of this study, no further modifications are necessary
47 if the solution concentration is greater than the ASQL and the ratio is between 0.1 and
48 10 (Figs. 4a–b). However, if the ratio is greater than 10, then the procedure should be
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 repeated using a higher standard concentration. Similarly, if the ratio is less than 0.1,
4 then the procedure may need to be repeated using a lower standard concentration.
5
6 Ultimately, at trace concentrations, the method will be limited to the sensitivity of the
7
8 technique itself no matter the concentration of the standard.
9

10 11 **Time and labor advantages of automated standard dilution analysis**

12
13 The reference material and fortification results suggest automated SDA is an
14 accurate method for nutrient element analysis of foods. Automated SDA is a suitable
15 alternative to standard additions for matrix matched analysis of foods, with an added
16 labor and time advantage of automatic online calibration. To illustrate these advantages,
17 consider the time it took to run the samples presented in this study. Three batches of 40
18 digestions were run on one instrument sequence. The total time to run all 120 solutions
19 was 14 hours, and the time required to run one solution was 6 minutes. Once samples
20 were digested, the only additional sample preparation required was preparing S1 and
21 S2 and setting up the instrument. Considering time estimates for sample uptake (35
22 seconds), plasma stabilization (15 seconds), read time (10 seconds), and rinse (30
23 seconds) to run one solution on the instrument using a conventional instrumental setup,
24 a typical 4-point standard addition curve for one sample replicate would take
25 approximately 6 minutes. This is equal to the time required to run one sample replicate
26 by automated SDA which provides 100 standard additions based on the oscillating
27 addition of standard and blank (Fig. 2). The time and labor advantages of automated
28 SDA is obvious when taking into account the effective elimination of preparing standard
29 addition curves prior to instrumental analysis.
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44

45 **Conclusions**

46 Automated SDA is an efficient, accurate, and precise matrix matched approach
47 to calibration. The working range of automated SDA and ICP-OES spans at least two
48 orders of magnitude for 10 nutrient elements: Ca, Cu, Fe, K, Mg, Mn, Na, P, S, and Zn.
49 In addition to eliminating matrix effects, automatic SDA effectively eliminates the
50 preparation of calibration curves. This may significantly improve sample throughput for
51
52
53
54
55
56
57
58
59
60

1
2
3 routine analyses. Therefore, automated SDA and ICP-OES may prove useful for
4 regulatory analysis of nutrient elements in foods.
5
6
7

8 **Conflicts of interest**

9
10 The authors declare no competing interests.
11
12
13
14
15

16 **Acknowledgements**

17 J.C. acknowledges his support from the Research Participation Program at the U.S.
18 Food and Drug Administration administered by the Oak Ridge Institute for Science and
19 Education through an interagency agreement between the U.S. Department of Energy
20 and the U.S. Food and Drug Administration.
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

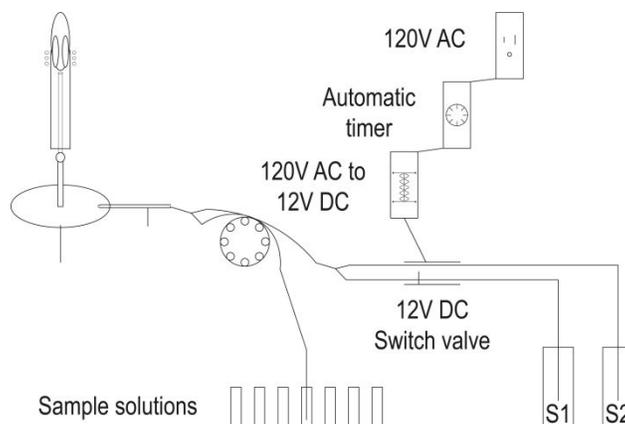


Figure 1. Schematic of the sample introduction for automated standard dilution analysis.

(8.3 cm width, single column)

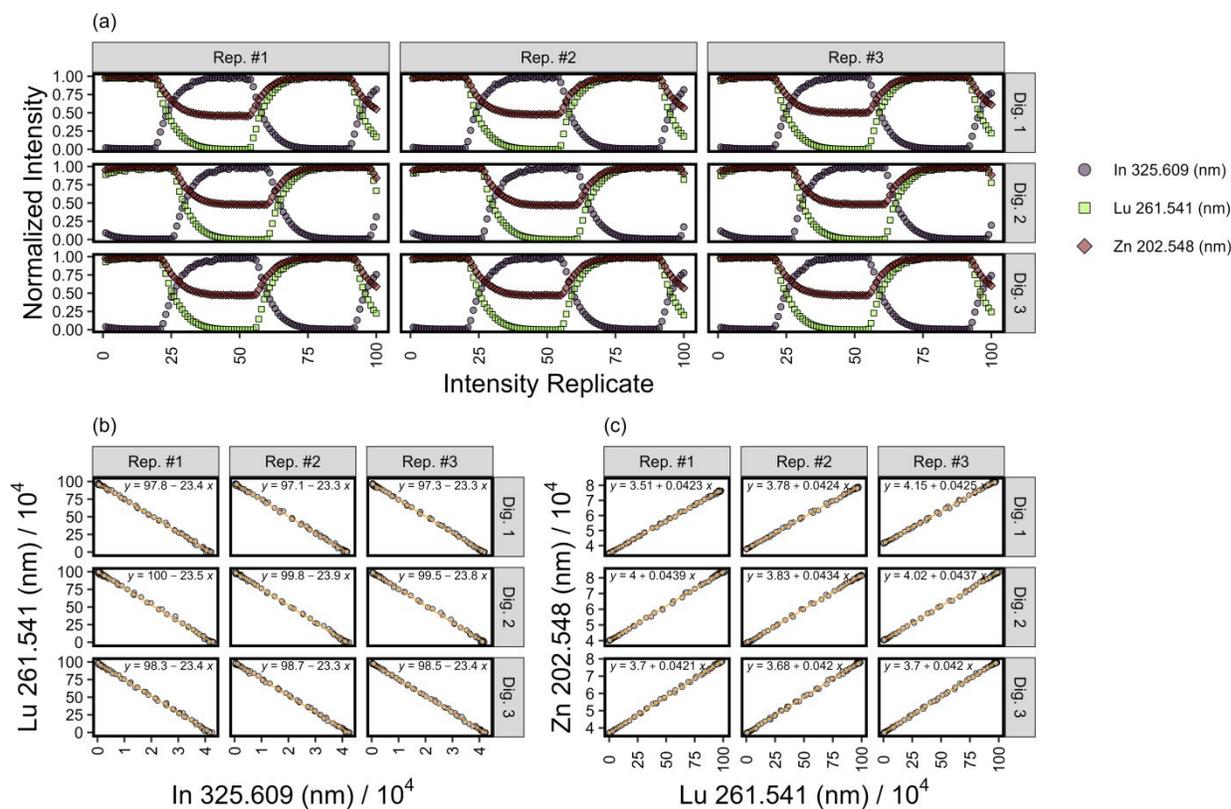


Figure 2. Time resolved data from automated standard dilution analysis of NIST 1577c. Three digestions were analyzed in triplicate. All replicates were analyzed during one instrumental sequence. Signals for Zn are shown as the analyte, and Lu and In are IS1 and IS2, respectively. (a) Time-resolved intensity data for In, Lu, and Zn. The intensity replicates are the 100 1 s read time replicates. Signals were normalized to the max intensity during the individual analysis. (b) IS1 vs. IS2 plots for each replicate and relevant regression parameters. The intensity was scaled by 10⁴. (c) Analyte vs. IS1 for each replicate and relevant regression parameters. The intensity was scaled by 10⁴.

(17.1 cm width, full page)

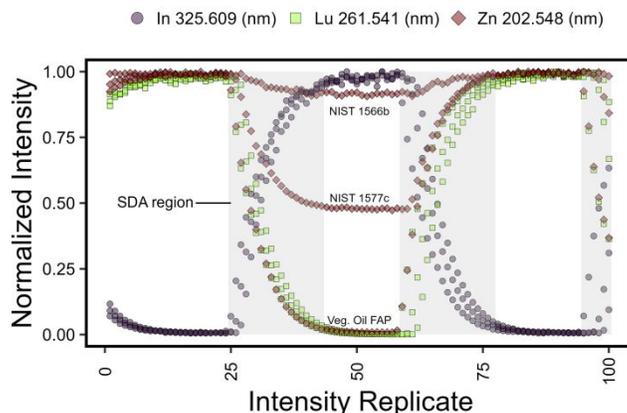


Figure 3. Overlaid time resolved data from automated standard dilution analysis of a single digestion replicate of NIST 1566b, NIST 1577c, and a fortified analytical portion (FAP) of vegetable oil. Shaded regions represent time periods of mixing between sample solution with S1 and S2, i.e., “SDA region”.¹³ Signals were normalized to the max intensity during the analysis.

(8.3 cm width, single column)

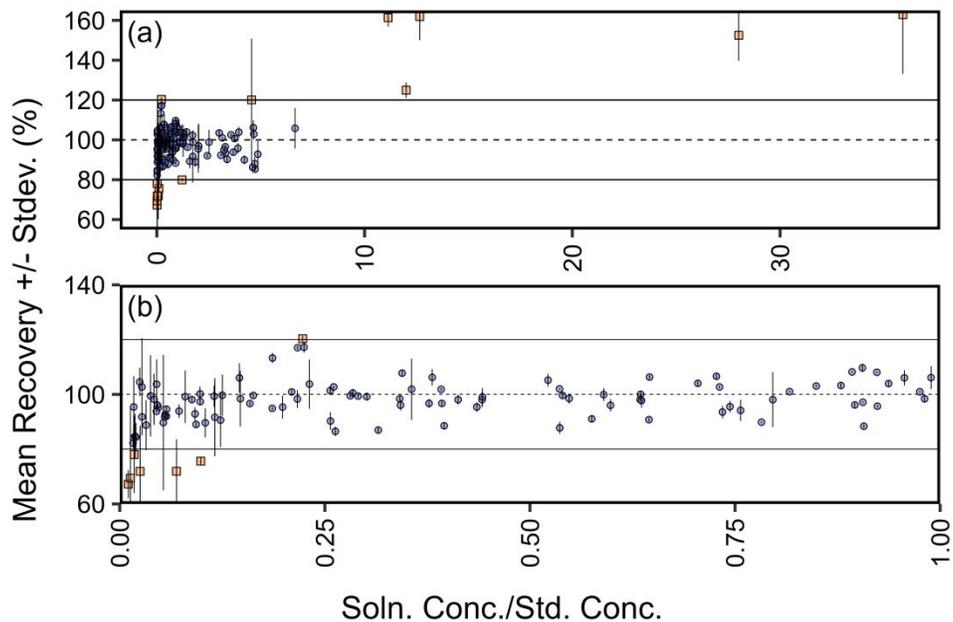


Figure 4. Analytical recovery for all elements from the analysis of reference materials and fortified (i.e., spiked) samples viewed as a function of (a) the ratio of analytical solution concentration to standard concentration, (b) the ratio of analytical solution concentration to standard concentration, focusing on ratio values from 0 to 1. Circles and squares represent analytical recoveries within and outside 80–120%, respectively.

(12.7 cm width, 1.5 column)

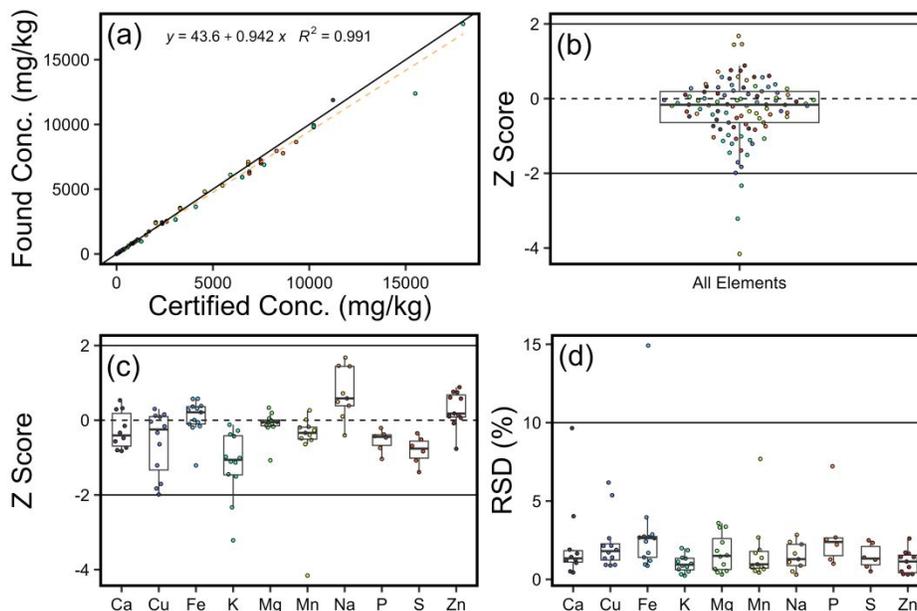


Figure 5. Results ($n = 102$) from the analysis of 10 different reference materials. (a) Relevant regression parameters from plotting sample concentrations determined using automated standard dilution analysis against reference material certified values. (b) Summary statistics for Z scores from all elements described by a boxplot. (c) Summary statistics for Z scores described by a boxplot for each element. (d) Relative standard deviation (RSD) summary statistics described by a boxplot according to each element.

(12.7 cm width, 1.5 column)

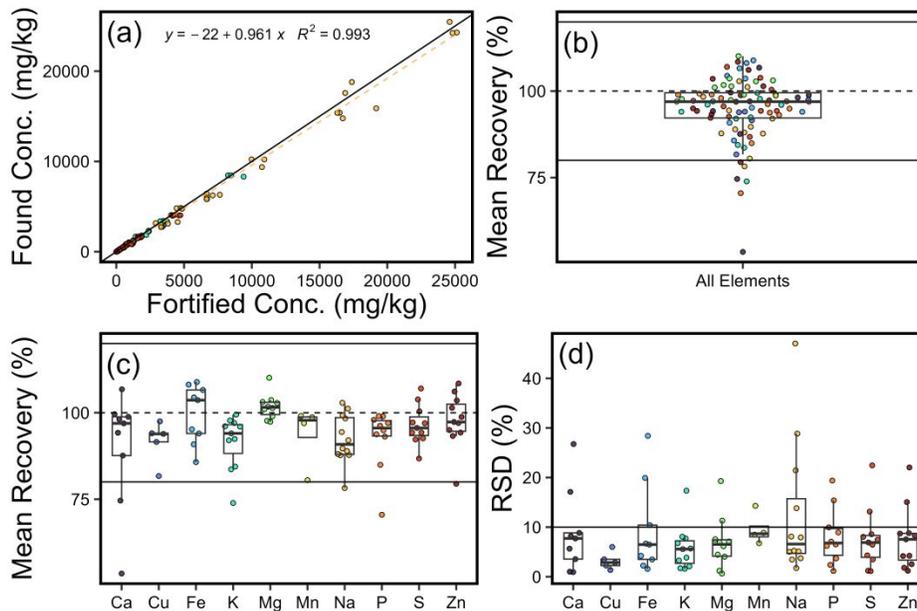


Figure 6. Results from the analysis of four different fortified foods spiked at three levels each. (a) Relevant regression parameters from plotting sample concentrations from individual replicates ($n = 277$) determined using automated standard dilution analysis plotted against fortified concentrations. (b) Summary statistics ($n = 92$) for analytical recoveries from all elements described by a boxplot. (c) Summary statistics for analytical recovery described by a boxplot for each element. (d) Relative standard deviation (RSD) summary statistics described by a boxplot according to each element.

(12.7 cm width, 1.5 column)

Table 1. Relevant instrumental and automated standard dilution analysis parameters.

Instrumental parameter	Operating condition
Radio frequency power (kW)	1.20
Sample uptake delay (s)	100 ^a
Rinse time (s)	30 ^a
Stabilization time (s)	30
Nebulization gas flow rate (L/min)	0.70
Plasma gas flow rate (L/min)	12.0
Auxiliary gas flow rate (L/min)	1.00
Spray chamber	Cyclonic, double pass (glass)
Nebulizer	Flow blurring, OneNeb™
Viewing	SVDV
Read/integration time (s)	1
Instrument replicates	100
Background correction	Fitted background correction (FBC) Ca 315.887, Cu 327.395, Fe 238.204, K 766.491, Mg 279.800, Mn 257.610, Na 588.995, P 213.618, S 181.972, Zn 202.548
Elements and wavelengths (nm)	213.618, S 181.972, Zn 202.548
Pump tubing	White/white; 1.02 mm I.D.
Switch valve time (s)	60
^a Slow pump	

Table 2. Sample and reference materials according to their position in the AOAC food triangle.

Reference Material or Food Sample	AOAC Food Triangle Sector
NIST 1566b Oyster Tissue	7 ²⁸
NIST 1568b Rice Flour	5 ²⁹
NIST 1577c Bovine Liver	8 ²⁹
NIST 1845a Whole Egg Powder	4 ²⁹
NIST 2976 Mussel Tissue	8 ²⁹
NIST 3233 Fortified Breakfast Cereal	5 ²⁹
NIST 3290 Dry Cat Food	8 ²⁹
NRC DOLT-4 Dogfish Liver	NA ^a
NRC DORM-4 Fish Protein	NA ^a
FDA Cocoa Powder	NA ^a
Breaded Chicken	7
Corn Flakes	5
Italian Dressing	2
Vegetable Oil	1

^aFat, carbohydrate, and protein content were not provided on the certificate of analysis and no reference could be found for the position on the AOAC triangle. Therefore, the position on the AOAC food triangle could not be determined

Table 3. Figures of merit rounded to two significant figures. The limits of detection (LODs) and limits of quantification (LOQs) were determined assuming a dilution factor of 200.

Element and wavelength (nm)	ASDL (mg/kg)	ASQL (mg/kg)	LOD (mg/kg)	LOQ (mg/kg)
Ca 315.887	0.029	0.095	5.8	19
Cu 327.395	0.0034	0.011	0.70	2.3
Fe 238.204	0.0055	0.018	1.1	3.7
K 766.491	0.52	1.7	110	350
Mg 279.800	0.051	0.17	10	35
Mn 257.610	0.0021	0.0069	0.42	1.4
Na 588.995	0.54	1.8	110	370
P 213.618	0.029	0.096	5.9	20
S 181.972	0.067	0.22	14	45
Zn 202.548	0.0019	0.0064	0.39	1.3

Table 4. Defined accurate working ranges for 10 nutrient elements.

Element	Standard conc. (mg/kg)	Minimum ratio^a	Maximum ratio^b	Minimum solution conc. (mg/kg)	Maximum solution conc. (mg/kg)	Minimum sample conc. (mg/kg)	Maximum sample conc. (mg/kg)
Ca	9.8	0.039	6.7	0.38	66	76	13000
Cu	0.98	0.013	1.3	0.013	1.3	2.5	250
Fe	0.98	0.022	7.0	0.022	6.9	4.3	1400
K	49	0.061	1.7	3.0	83	600	17000
Mg	9.8	0.026	3.0	0.25	29	51	5900
Mn	0.98	0.0083	0.41	0.0081	0.40	1.6	80
Na	49	0.049	3.8	2.4	190	480	37000
P	9.8	0.076	4.9	0.74	48	150	9600
S	9.8	0.023	3.4	0.23	33	45	6700
Zn	0.98	0.010	3.7	0.0098	3.6	2.0	730

^aMinimum analytical solution concentration to standard concentration ratio observed with a recovery from a fortified (i.e., spiked) sample or reference material within 80–120% recovery

^bMaximum analytical solution concentration to standard concentration ratio observed with a recovery from a fortified (i.e., spiked) sample or reference material within 80–120% recovery

References

1. U.S. Department of Agriculture and U.S. Department of Health and Human Services, Dietary Guidelines for Americans, https://www.dietaryguidelines.gov/sites/default/files/2021-03/Dietary_Guidelines_for_Americans-2020-2025.pdf, (accessed 2022/07/21).
2. U.S. FOOD & DRUG ADMINISTRATION, Elemental Analysis (EAM) for Food and Related Products, <https://www.fda.gov/food/laboratory-methods-food/elemental-analysis-manual-eam-food-and-related-products>, (accessed 06/30/2022, 2022).
3. U.S. FOOD & DRUG ADMINISTRATION, FDA Total Diet Study (TDS), <https://www.fda.gov/food/science-research-food/fda-total-diet-study-tds>, (accessed 2022/07/21).
4. U.S. FOOD & DRUG ADMINISTRATION, FDA Total Diet Study (TDS): Analytes and Analytical Methods, <https://www.fda.gov/food/fda-total-diet-study-tds/fda-total-diet-study-tds-analytes-and-analytical-methods>, (accessed 2022/07/21).
5. S. P. Dolan and S. G. Capar, *J. Food Compos. Anal.*, 2002, **15**, 593-615.
6. W. R. Mindak and S. P. Dolan, Elemental Analysis Manual 4.4 Inductively Coupled Plasma-Atomic Emission Spectrometric Determination of Elements in Food Using Microwave Assisted Digestion, <https://www.fda.gov/media/95162/download>, (accessed 2022/07/21).
7. R. F. Suddendorf and K. K. Cook, *J. Assoc. Off. Anal. Chem.*, 1984, **67**, 985-992.
8. E. Poitevin, M. Nicolas, L. Graveleau, J. Richoz, D. Andrey and F. Monrad, *J AOAC Int*, 2009, **92**, 1484-1518.
9. E. Poitevin, *J AOAC Int*, 2012, **95**, 177-185.
10. H. Cruijssen, E. Poitevin and S. L. Brunelle, *J AOAC Int*, 2019, **102**, 1845-1863.
11. J. J. Thompson, L. Pacquette and S. L. Brunelle, *J AOAC Int*, 2015, **98**, 1711-1720.
12. L. H. Pacquette, J. J. Thompson, I. Malaviole, R. Zywicki, F. Woltjes, Y. Ding, A. Mittal, Y. Ikeuchi, B. Sadipiralla, S. Kimura, H. Veltman and A. Miura, *J AOAC Int*, 2018, **101**, 536-561.
13. W. B. Jones, G. L. Donati, C. P. Calloway and B. T. Jones, *Analytical Chemistry*, 2015, **87**, 2321-2327.
14. J. T. Sloop, H. J. B. Bonilla, T. Harville, B. T. Jones and G. L. Donati, *Talanta*, 2019, **205**, 120160.
15. W. B. Jones, G. L. Donati, C. P. Calloway and B. T. Jones, *J. Anal. At. Spectrom.*, 2020, **35**, 178-187.
16. D. A. Goncalves, T. McSweeney, M. C. Santos, B. T. Jones and G. L. Donati, *Anal Chim Acta*, 2016, **909**, 24-29.
17. A. Virgilio, D. Schiavo, J. A. Nobrega and G. L. Donati, *J. Anal. At. Spectrom.*, 2016, **31**, 1216-1222.
18. A. Virgilio, D. Schiavo, L. M. Costa, J. A. Nobrega, B. T. Jones and G. L. Donati, *Talanta*, 2016, **161**, 826-829.
19. A. G. Althoff, C. B. Williams, T. McSweeney, D. A. Goncalves and G. L. Donati, *Appl Spectrosc*, 2017, **71**, 2692-2698.
20. M. Garcia, M. A. Aguirre and A. Canals, *J. Anal. At. Spectrom.*, 2020, **35**, 265-272.
21. U.S. FOOD & DRUG ADMINISTRATION, Guidelines for the Validation of Chemical Methods in Food, Feed, Cosmetics, and Veterinary Products, <https://www.fda.gov/media/81810/download>, (accessed 2022/07/21).
22. W. R. Wolf and K. W. Andrews, *Fresenius' Journal of Analytical Chemistry*, 1995, **352**, 73-76.
23. P. J. Gray, W. R. Mindak and John Cheng, Elemental Analysis Manual 4.7 Inductively Coupled Plasma-Mass Spectrometric Determination of Arsenic, Cadmium, Chromium, Lead, Mercury, and Other Elements in Food Using Microwave Assisted Digestion, <https://www.fda.gov/media/87509/download>, (accessed 2022/07/21).
24. P. J. Gray and W. Cunningham, *J AOAC Int*, 2019, **102**, 590-604.

- 1
 - 2
 - 3
 - 4
 - 5
 - 6
 - 7
 - 8
 - 9
 - 10
 - 11
 - 12
 - 13
 - 14
 - 15
 - 16
 - 17
 - 18
 - 19
 - 20
 - 21
 - 22
 - 23
 - 24
 - 25
 - 26
 - 27
 - 28
 - 29
 - 30
 - 31
 - 32
 - 33
 - 34
 - 35
 - 36
 - 37
 - 38
 - 39
 - 40
 - 41
 - 42
 - 43
 - 44
 - 45
 - 46
 - 47
 - 48
 - 49
 - 50
 - 51
 - 52
 - 53
 - 54
 - 55
 - 56
 - 57
 - 58
 - 59
 - 60
25. R Core Team, *R Foundation for Statistical Computing*, 2022.
26. Wickham et al, *The Journal of Open Source Software*, 2019, **4**, 1686.
27. International Union of Pure and Applied Chemistry, *Pure and Applied Chemistry*, 1993, **65**, 2123-2144.
28. S. A. Wise and M. M. Phillips, *Anal Bioanal Chem*, 2019, **411**, 97-127.
29. M. M. Phillips, K. E. Sharpless and S. A. Wise, *Anal Bioanal Chem*, 2013, **405**, 4325-4335.