

Cite this: *Analyst*, 2020, **145**, 7162

From single cells to complex tissues in applications of surface-enhanced Raman scattering

Gregory Q. Wallace* and Jean-François Masson *

As surface-enhanced Raman scattering (SERS) continues to grow in popularity, more work needs to be done to evaluate its compatibility with a wider scope of applications. With such a strong emphasis on SERS being used for biosensing, it is important to examine how SERS is used in bioanalytical nanoscience, and more importantly, look towards where SERS is heading. For many, the initial steps involve demonstrating *in vivo* sensing by SERS using cultures of live cells. To further and better demonstrate the capabilities of SERS as a technique in bioanalytical nanoscience, it is necessary to transition away from studies involving single cells or small quantities of cells. This means working with tissue, typically as an *ex vivo* slice or a spheroid, before moving onto *in vivo* animal models. Although working with tissue as opposed to single cells introduces new challenges, the types of approaches developed for single cell studies serve as the foundation for the more complex biomaterials. The aim of this tutorial review is to better facilitate the transition from single cells to complex tissues by demonstrating the similarities in the methodologies that have been used and how to overcome some of the challenges of working with tissue. Specifically, we explore how three of the most common methods of working with nanoparticles and cells have been adapted and incorporated for experiments involving different types of tissues. Overall, this review highlights a variety of methods that can be readily implemented for those wishing to perform SERS measurements with or in complex tissues.

Received 25th June 2020,
Accepted 21st September 2020
DOI: 10.1039/d0an01274b
rsc.li/analyst

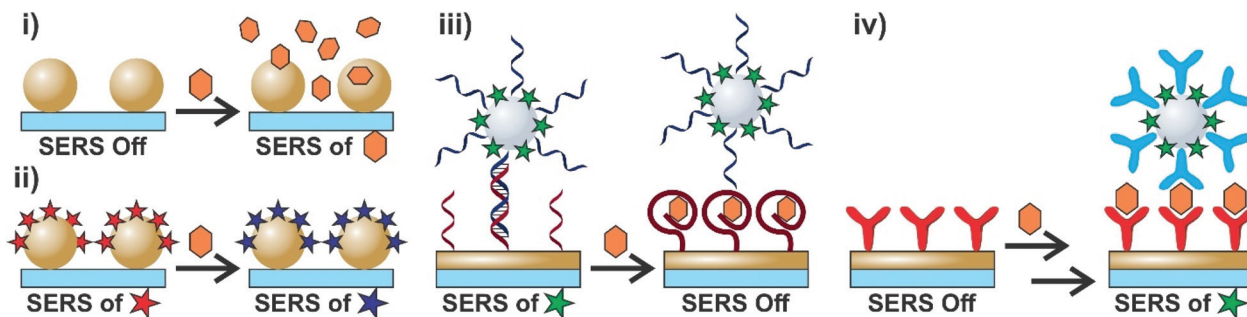
1 Introduction

The ability to accurately differentiate between molecular species at low concentrations and chemical environments in relatively short periods of time and by non-destructive means are important criteria for techniques looking to be used in biosensing. Vibrational spectroscopies, such as Raman scattering, can differentiate analytes based on their distinct vibrational spectra in a non-invasive manner. However, Raman scattering is an inefficient process with approximately only 1 in 10^6 – 10^8 photons being inelastically scattered.¹ As a result, some combinations of large quantities of material, long acquisition times, and high laser powers are often needed. These limitations can hinder the applicability of traditional Raman experiments with biosensing. The incorporation of conductive (typically metallic) particles with sub-wavelength geometries allows for an enhancement of the otherwise weak Raman signal for analytes adsorbed

onto or very near the surface of the nanoparticle. Surface-enhanced Raman scattering (SERS) relies on enhancements related to the opto-geometric properties of the nanostructure (electromagnetic enhancement) and the properties of the analyte (chemical and resonance enhancements).² The combination of these enhancement mechanisms allows for low quantities of analytes (down to single molecules) to be detected with rapid acquisition times and lower laser powers. As a result, SERS has emerged as a powerful tool throughout applications in analytical chemistry,³ including forensics,⁴ food safety,^{5,6} environmental science,⁷ and most notably biosensing.^{8–17}

The versatility of SERS arises from the ability to use different sensing schemes. Intrinsically, SERS is a label-free technique as it allows for the direct acquisition of an analyte's SERS spectrum. Depending on the analyte, this can however be rather challenging. As a result, alternative methods based on the use of Raman reporter molecules can be used. A summary of different sensing schemes applicable to biosensing are shown in Scheme 1. The simplest approach is to collect the SERS spectra of the analyte(s) (Scheme 1i). In order to better understand the results obtained using this method, subsequent use of machine learning algorithms is advised as these can be used to group and classify the obtained spectra.¹⁸

Département de Chimie, Centre Québécois des Matériaux Fonctionnels (CQMF), and Regroupement Québécois des Matériaux de Pointe (RQMP), Université de Montréal, C.P. 6128 Succ. Centre-Ville, Montréal, QC, H3C 3J7, Canada.
E-mail: gregory.wallace@umontreal.ca, jf.masson@umontreal.ca;
Tel: +1-514-343-7342



Scheme 1 Common SERS biosensing schemes. (i) Intrinsic SERS spectra of analytes are collected. (ii) Species present in the sample cause a chemical change in an adsorbed Raman reporter causing a chemical change in the reporter and a different SERS spectrum. (iii) A SERS nanoparticle with a Raman reporter is bound to a metallic surface (nanoparticle or film). When a specific analyte interacts with the adsorbed molecule (*i.e.* aptamer), that molecule undergoes a structural change and the reporter nanoparticle is released, causing a loss of the SERS signal. (iv) The target analyte binds to a molecule that is adsorbed onto the metal surface. Reporter functionalized nanoparticles are subsequently introduced that also interact with the analyte allowing for the SERS spectrum of the nanotag to be collected.

Alternatively, the surface of the nanoparticle can be functionalized with a SERS reporter molecule (identified as a star) that is capable of undergoing a chemical transformation as a result of the chemical environment or exposure to a specific analyte (Scheme 1ii). By comparing the SERS spectra obtained before and after exposure, it is possible to extract information about specific biological processes. Molecular interactions between species bound to different surfaces can be used to create hybrid nanostructures. Importantly, this hybrid structure must have a nanoparticle with a SERS reporter molecule either on the surface or protected within a core–molecule–shell structure. The sensing schemes using this approach can be based on the loss of or the gain in the SERS response. In the first case, one of the surface bound species, such as an aptamer, is selective for a target analyte. When the analyte is present, the hybridization between the surface and functionalized nanoparticles is lost (Scheme 1iii), resulting in a loss in the signal of the SERS reporter on the nanoparticle. The reverse process can also occur (Scheme 1iv) where the SERS response is obtained only after exposure to the target analyte. In this case, a two-step process is required where the analyte first interacts with the species bound on one surface before interacting with the other surface-bound molecule. These sensing schemes will be referred to and discussed in greater detail throughout this review.

The end goal for many SERS-based biosensing studies is to eventually demonstrate that they can be used for *in vivo* studies. SERS measurements involving single cells are a common means of demonstrating biosensing, specifically *in vivo* sensing. It is however necessary to recognize that there are physiological processes that involve complex organizations of cells. Examples of these phenomena include intercellular transmission and the progression of tumor microenvironments. Although some insight into intercellular communication can be gained by working with cell cultures, such as detecting the secreted molecules and biomaterials,^{19–21} the overall effect of the cell–cell signalling is difficult to explore at the single cell level. Likewise, the biochemical composition of tumor microenvironments is derived from the large quantities

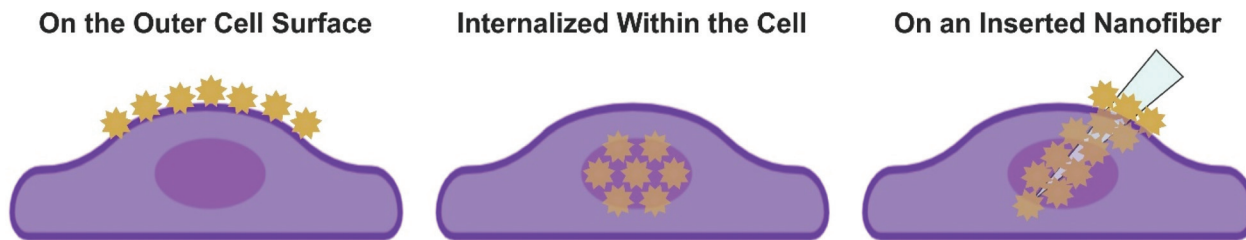
and different types of cells that compose the tumor.²² Therefore, to explore these and other physiological phenomena, it is necessary to work with tissue samples. One alternative is to use tissue spheroids (three-dimensional cell cultures) as they possess their own microenvironment and act as a better model than monolayer cultures.^{23–26}

Making the transition away from single cell studies can often be a significant challenge for many researchers as tissue samples bring their own unique set of difficulties. As the biochemical composition of the tissue can provide a large quantity of information, finding ways of extracting that knowledge is important. One way of gaining this insight is to extract the biochemical contents of the tissue, for example using mechanical methods (*i.e.* crushing, squeezing, poking, centrifugation). The subsequent addition of a colloidal nanoparticle solution and or plasmonic surface allows for the SERS spectra of the biochemical contents to be acquired. This can then be used to differentiate cancerous and normal tissue,^{27,28} and the grade of the cancer as was demonstrated for gliomas.²⁹ Alternatively, enzymatic digestion can be used to take the tissue and revert it to single cells.³⁰ The focus however of this tutorial review is to examine methods whereby the tissue remains intact during the experiment.

Given the depth of studies involving intact cells, we use how the nanoparticles are incorporated with or into the cell to provide the foundation needed to ease the transition to working with complex tissues. The three common approaches are shown in Scheme 2, where the nanoparticles are either on the outside of the cell, internalized within the cell, or adsorbed onto a nanofiber that is subsequently inserted into the cell. These three approaches can and have also be used for SERS measurements in tissue. Before demonstrating how this can be done, it is necessary to examine what role the tissue itself will play when performing these experiments.

2 Optical properties of tissue

Given the microscale height of cells, optical interference from the various biological components is considerably less than



Scheme 2 Three approaches for performing SERS experiments with cells, where the plasmonic nanoparticles can be located at the surface of the cell, internalized within the cell, or on a nanofiber that is then inserted into the cell.

that of tissue. For situations where the nanoparticles are within the tissue, the ideal scenario is for excitation photons to penetrate the tissue, reach the nanoparticles, excite the LSPR, reach the molecule of interest, inelastically scatter, excite the LSPR again, travel back through the tissue and reach the collection optics. Optical interference from the tissue can occur in a variety of ways including interface reflection, absorption, scattering, and autofluorescence,³¹ with the latter three occurring within the tissue, and happening before the photons reach the nanoparticles and after the photons have been inelastically scattered and reach the detector. Here, we emphasize losses due to absorbance and scattering. Although the chemical compositions of tissues have considerable variability, there are key components that can be used to create theoretical absorption spectra.³² These components are as follows:

B , average blood volume fraction; S , hemoglobin oxygen saturation of mixed arterio-venous vasculature; W , water content; F , fat content; M , melanosome volume fraction or molar concentration of melanin monomers; C_{bili} , bilirubin concentration; $C_{\beta\text{C}}$, β -carotene concentration; oxy , oxyhemoglobin; deoxy , deoxyhemoglobin; μ_a , absorption coefficient

$$\mu_a = BS\mu_{a,\text{oxy}} + B(1 - S)\mu_{a,\text{deoxy}} + W\mu_{a,\text{water}} + F\mu_{a,\text{fat}} + M\mu_{a,\text{melanosome}} + 2.3C_{\text{bili}}\epsilon_{\text{bili}} + 2.3C_{\beta\text{C}}\epsilon_{\beta\text{C}} \quad (1)$$

$$\mu_a = BS\mu_{a,\text{oxy}} + B(1 - S)\mu_{a,\text{deoxy}} + W\mu_{a,\text{water}} + F\mu_{a,\text{fat}} \quad (2)$$

Eqn (1) considers all these components, whereas eqn (2) uses a simplified version that only considers oxy- and deoxyhemoglobin, water, and fat as the contents for the other components appear in lower quantities. A series of theoretic absorption spectra based on eqn (2) are shown in Fig. 1A where the water and fat concentrations vary. The values for B , S , W , F , M will differ depending on the type of tissue. Here, we are only considering a generic tissue. In the visible region, there is almost no variation with changing water and fat content. This is because the absorbance in this region is from the oxy- and deoxyhemoglobin. Within this region, other components previously mentioned (melanin, bilirubin, and β -carotene) will also absorb photons. The absorption spectra for these components can be found in ref. 32. In the first near-infrared window (near-IR - I) the variation occurs as the relative amounts of water and fat change. Without any water present (purple spectrum of Fig. 1A), there is a distinct peak at

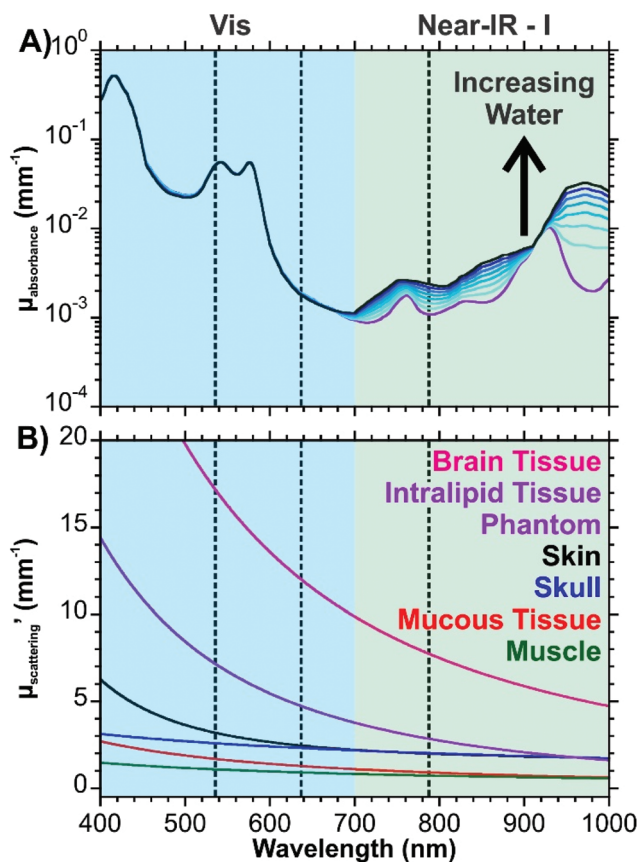


Fig. 1 Optical properties of tissue. (A) Theoretical absorption spectrum of tissue based on eqn (2). Parameters used are as follows: $B = 0.002$, $S = 0.75$, $F + W = 0.7$ (0.1 increments). Values for $\mu_{a,\text{oxy}}$ and $\mu_{a,\text{deoxy}}$ are from ref. 41, $\mu_{a,\text{water}}$ from ref. 42, and $\mu_{a,\text{fat}}$ from ref. 43. A logarithmic scale is used to better show the variation. (B) Wavelength dependent reduced scattering coefficients for different types of tissues using eqn (3)–(8). The dashed lines indicate common excitation wavelengths (532, 633, and 785 nm) used in Raman measurements.

930 nm attributed to the lipids. As the water content increases and the fat content decreases, this peak becomes dampened in favour of a broad band from 920 to 1000 nm.

The equations for the reduced scattering coefficient (mm^{-1}) for various tissues are provided in eqn (3)–(8).^{33–38}

$$\mu'_s(\text{brain tissue}) = 4.72(\lambda/\mu\text{m})^{-2.07} \quad (3)$$

$$\mu'_s(\text{1\% Intralipid tissue phantom}) = 1.6(\lambda/\mu\text{m})^{-2.4} \quad (4)$$

$$\mu'_s(\text{skin}) = 0.11(\lambda/\mu\text{m})^{-4} + 1.61(\lambda/\mu\text{m})^{-0.22} \quad (5)$$

$$\mu'_s(\text{skull}) = 1.72(\lambda/\mu\text{m})^{-0.65} \quad (6)$$

$$\mu'_s(\text{mucous tissue}) = 0.61(\lambda/\mu\text{m})^{-1.62} \quad (7)$$

$$\mu'_s(\text{muscle}) = 0.56(\lambda/\mu\text{m})^{-1.045} \quad (8)$$

These equations are based off results obtained from human (skin, skull, mucous, muscle), mouse (brain), and tissue phantom (Intralipid) samples. All the equations have an exponential decay, resulting in decreasing reduced scattering coefficients (μ'_s) with increasing wavelength (Fig. 1B). This figure shows that losses due to scattering will occur more frequently with brain tissue over the other tissues shown. Interestingly, the Intralipid tissue phantom has a spectrum that is closest to brain tissue. As a result, this type of sample may make for a decent mimic of brain tissue during the development of experimental protocols.

The results of Fig. 1 provide an insight into the “biological window” as it relates to the wavelength of the excitation photons and the Raman scattered photons. It is necessary to consider both types of photons as the optical interference from the tissue will occur as the photons reach the nanoparticles and after the photons are scattered. With regards to the absorption of photons, excitation wavelengths of 633 and 785 nm are comparable and are an order of magnitude less than that of 532 nm. Depending on the type of tissue, the scattering coefficients can be more similar between the excitation wavelengths, though as shown by brain and Intralipid tissue samples, longer excitation wavelengths are preferable due to the exponential decay. Biological chromophores, such as melanins, aromatic amino acid residues in proteins, NADH, heterocyclic flavins, and pigmented cellular structures will not only absorb photons, they will also contribute to the autofluorescence background.^{31,39} Taking into consideration that biological fluorophores and chromophores are most susceptible to visible excitations, it is preferable to work with an excitation wavelength in the near-IR to minimize the autofluorescence background of complex tissues.⁴⁰ In circumstances where this is not possible, a laser with as long of a wavelength in the visible region as possible would need to be used.

3 Nanostructures on the outer surface

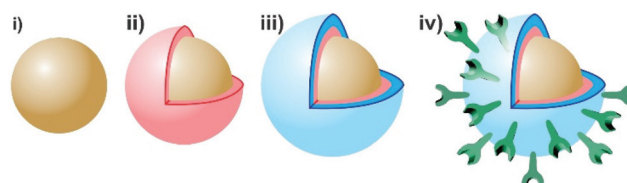
As was shown in Scheme 2, nanoparticles can be added to the surface of cells. Since the SERS enhancement only extends several nm's from the surface of the nanostructures, it is only sensitive to the membrane of the cell or the outermost layer of the tissue. However, as the SERS-active layer is nearer to the excitation source than the tissue, this method overcomes the optical properties of the tissue because the incident photons will not be absorbed or scattered by the tissue prior to reach-

ing the nanostructures. This allows for compatibility with a wider range of excitation wavelengths.

3.1 Targeted delivery of nanotags

The more commonly used approach is to locally deliver nanoparticles to the membrane of the cell or domains of the tissue that express a specific biomolecule, such as a protein. This requires the preparation of bio-orthogonal nanoparticles, herein referred to as nanotags. In the field of bio-SERS, a considerable amount of work has been and is consistently being done in the development of nanotags and are therefore constantly reviewed in greater detail.^{2,44–46} Here, we simply provide insight into the general design of nanotags and the types of SERS measurements that are often performed using them.

3.1.1 General design of nanotags for localized SERS measurements. A general approach to the preparation of SERS nanotags is shown in Scheme 3. In the initial step, metallic nanoparticles are synthesized. The shape and size of the nanoparticles are typically tuned to maximize the enhancement at the desired excitation wavelength. Once prepared, it is necessary to add a SERS-active molecule to the surface of the nanoparticle. The SERS spectrum of this molecule is what is used to identify the location of the SERS nanotags. Molecules used in this step typically exhibit one or more of the following spectral characteristics: (i) resonance enhancement with the excitation wavelength causing a surface-enhanced resonance Raman scattering (SERRS) effect; (ii) a strong SERS spectrum without resonance enhancement; (iii) SERS active vibrational modes that are positioned away from the vibrational modes of biomolecules. Generating SERRS enhancement is typically done by selecting a dye molecule that is in electronic resonance with the excitation wavelength. Continuing from the early development of SERS nanotags,⁴⁷ dye molecules remain a popular choice.⁴⁸ Aromatic thiols, notably derivatives of benzene thiol, exhibit strong SERS spectra due to the large Raman scattering cross-section of the aromatic ring.⁴⁹ Alternatively, aryl diazonium salts can be used instead of a thiol.⁵⁰ The ability to differentiate the SE(R)RS signal from the background signal is important, and as a result, evaluating multiple reporter molecules is a beneficial step.^{51,52} Simply relying on the strong signal is not always ideal, and therefore having a distinct peak in a region that is typically dormant



Scheme 3 Preparation of nanotags using (i) a gold nanoparticle as the plasmonic core. (ii) A Raman-active molecule is added to the surface of the metallic nanoparticle. (iii) An outer shell is added that is subsequently functionalized with a biomolecule (i.e. antibody) that binds with a membrane-bound receptor.

(1800–2400 cm^{-1}) is helpful in this regard. Alkynes, nitriles, and azides are ideal functional groups as their vibrational modes lie within this region.⁵³ Transition metal carbonyls can also be incorporated into SERS nanotags as they can have vibrational modes at Raman shifts greater than 1800 cm^{-1} .^{54,55} By using a dye or aromatic thiol with a nitrile group (Prussian Blue or 4-mercaptobenzonitrile respectively) it is possible to obtain both a strong signal and a peak that lies within the dormant domain.^{56,57} An outer shell is then added, with a chemical composition that is designed to minimize aggregation of the nanoparticles in the biofluid and non-specific interactions with the cells or tissue. Furthermore, the formation of a protein corona around the nanoparticle upon exposure to biological media will occur, and can therefore be minimized or prevented using shorter peptides as opposed to long chain polymers.⁵⁸ It is possible to combine this layer with the reporter layer. For example, ethylene glycol-modified Raman reporter molecules can be used during the preparation of the nanotags.⁵⁹ As well, a metallic shell can also be prepared to create a stronger enhancement in the nanoscale gap between the metallic core and shell.⁶⁰ However, it is important to recognize that the use of a silver layer alone is often harmful to cells.⁶¹ The final step in the preparation of nanotags is to incorporate a means of targeting a specific biomarker, such as a protein.

3.1.2 Use of external SERS nanotags in cell and tissue studies. The purpose of the nanotags is to use the outermost biomolecule to target a specific membrane structure, and then use the internalized Raman reporter to evaluate the distribution of the membrane structure across the surface of the cell and various cell types, most commonly cancer cells. Although the common approach is to use the add the nanotags to the cells, nanotags immobilized onto a planar surface can also be used to capture cells that express the desired target.⁶² As opposed to going into detail about the specific targets that nanotags have been developed for, we want to briefly discuss one of the greatest advantages that SERS nanotags provide, the capability of readily performing multiplexing measurements. To perform these experiments, it is necessary to develop nanotags with distinct “flavours”. This is done by preparing a series of nanotags with each nanotag using a different Raman reporter molecule for each target.^{53,63–66} It is therefore important that the Raman reporters have distinct SE(R)R spectra. Depending on the desired approach, this can be done by using distinct dyes, or variations on the same principal structure. Though the latter approach most often requires that each type of molecule be synthesized, it allows for the same functional group (*i.e.* alkyne) to act as the reference peak (Fig. 2A–C).⁶⁶ The multiplexing experiments can be used to differentiate types of cells by looking at the expression of different proteins, using an approach resembling that of flow cytometry.^{67–69} Alternatively, on the same cell, the expression of the various target proteins can be mapped. As examples, folate receptors and luteinizing hormone-releasing hormone receptors are overexpressed in cancer cells. By creating SERS nanotags that are functionalized with the corresponding molecules, it is possible to image their distributions (Fig. 2D).⁶⁶

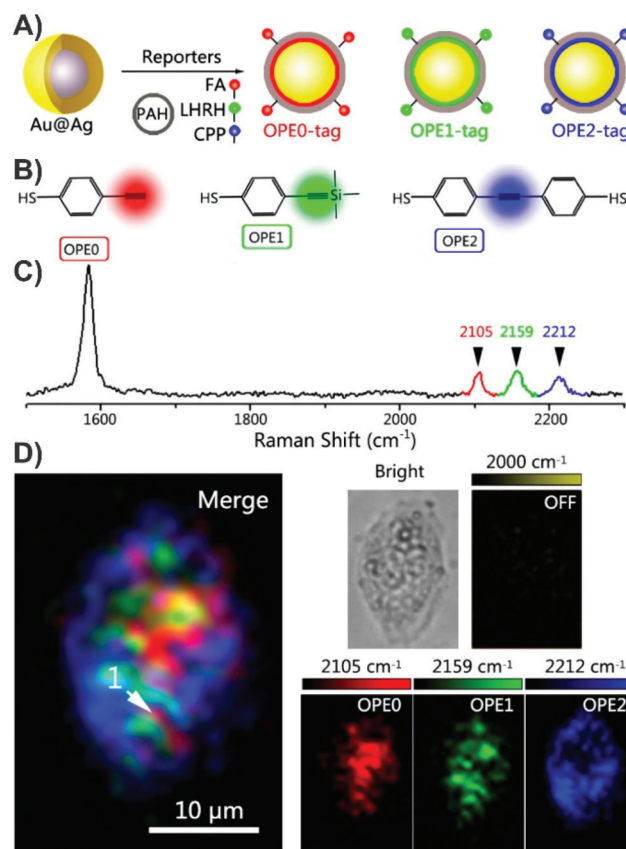


Fig. 2 (A) The schematic diagram for the polyaromatic hydrocarbon (PAH) coated and peptide/small-molecule modified alkyne-based SERS nanotags. (FA = folate, LHRH = luteinizing hormone-releasing hormone, CPP = CALNNR₈ (polypeptide)). (B) Structures of the 4-ethynylbenzenethiol-derivatives used as Raman reporters. (C) Normalized Raman spectra of the alkyne SERS nanotags. (D) Three-colour SERS imaging using the alkyne SERS nanotags in the same live HeLa cell. Adapted with permission from *Anal. Chem.*, 2016, **88**, 6115–6119 (ref. 66). Copyright (2016) American Chemical Society.

The use of SERS nanotags can be extended to complex tissues by working with tissue biopsies (thin tissue slices). Immunohistochemistry, a staining process, is typically used to evaluate the expression of various receptors within a biopsy. However, for each receptor, a different slice is needed, thereby increasing both the preparation and acquisition time. Since the nanotags are individualized to a specific type of receptor, they act as a pseudo-stain when the vibrational mode of interest is investigated. By assigning each vibrational mode, and therefore nanotag, a different colour, a false-colour map is generated showing the distribution of the receptors within the tissue sample. As the tissue slice can be exposed to all the nanotags simultaneously, only one staining step is needed, and so long as the spectral range of vibrational modes meets the requirements of the instrument, all the SERS spectra can be recorded in a single mapping experiment. The outcome of this process is shown in Fig. 3 for three biopsies taken from different breast cancer patients. In the first biopsy, only the HER2 and EGFR nanotags were present (Fig. 3B). For biopsies

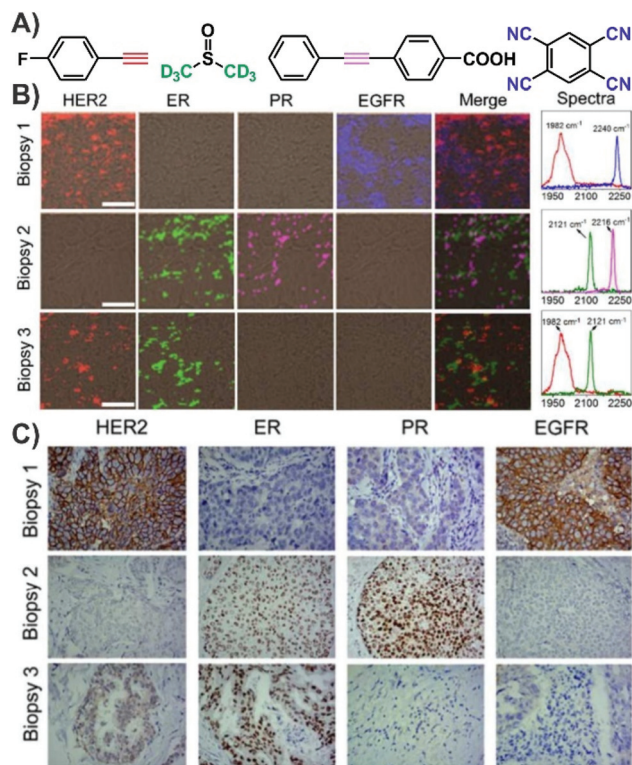


Fig. 3 (A) Structures of the various Raman reporters. (B) Four-colour SERS mapping of three tissue biopsies exposed to various SERS nanotags with different Raman reporters for different targets (HER2 = human epidermal growth factor receptor 2, ER = estrogen receptor, PR = progesterone receptor, EGFR = epidermal growth factor receptor). SERS spectra from the maps indicating the presence of vibrational modes in the biologically silent window. Scale bar = 50 μm . (C) Expression of HER2, ER, PR, and EGFR in the biopsies measured by immunohistochemistry (brown = stained biomarker, purple = nucleus). Adapted from ref. 52 with permission from The Royal Society of Chemistry.

2 and 3, ER and PR, and HER2 and ER receptors were observed. Importantly, these results matched what was found using classical immunohistochemistry methods (Fig. 3C), where brown colours indicate the presence of the receptor and purple corresponds to the nuclei of the cells within the tissue slice. This process of using classical techniques in correlation with SERS is important in validating the SERS results.

3.2 Non-targeted delivery of nanoparticles for tissue studies

Unlike cell studies where nanotags are predominantly used, complex tissue studies involving thin slices can also benefit from other approaches. As opposed to having to prepare the nanotags, simple colloidal nanoparticles can be drop-casted directly onto the tissue and allowed to dry. As the nanoparticles lack a means of targeting a specific membrane-bound biomarker, a SERS-active coating will form at the surface of the tissue (Fig. 4A).⁷⁰ This non-specific approach is most adapted for differentiating between normal and diseased tissue, such as cancer. Tissue samples from liver,^{70,71} breast,⁷² thyroid,⁷³ esophageal,⁷⁴ nasopharyngeal,⁷⁵ and brain⁷⁶ cancers have been studied using this method. To account for sample-

to-sample variability, it is necessary to have multiple tissue slices from both normal and diseased states. The difference spectrum obtained by subtracting the average SERS spectra of the diseased and normal tissue provides insight into how the composition of the tissue varies between the states (Fig. 4B).⁷⁰ Based on tentative assignments of these peaks, the variations can be attributed to the influence of the metabolic rate changing the biochemical composition of the tissue. By incorporating multivariate analyses, it can become possible to predict if an acquired SERS spectrum comes from a normal or diseased sample.¹⁸ In addition to studying animal tissues, nanoparticles can be easily drop-casted onto plant-based tissues, such as leaves.^{77,78} Since some of the nanoparticles will also enter into the tissue, this approach allows for probing molecules (*i.e.* pesticides) both at the surface of and inside of leaves. As opposed to drop-casting the nanoparticles, it is also possible to immerse fixed tissue in a solution of the nanoparticles.⁷⁹ This method is favourable for larger and complex tissue samples where having an electrostatic interaction-based distribution of nanoparticles is beneficial. This was demonstrated for fixed brain tissue slices that were immersed in a solution of black phosphorus-gold nanosheets (Fig. 4C–E). The SERS spectra of Fig. 4C collected from four encephalic regions (CTX, cerebral cortex; HYP, hypothalamus; TH, thalamus; Hi, hippocampus) showed that the cerebral cortex and thalamus had the strongest intensity, with the hippocampus and hypothalamus having weaker signals. This variation was attributed to difference in the density of cells within these regions and different affinities for the local biochemicals to the nanosheets. The different hemispheres showed some variation (Fig. 4D and E), but nowhere near as dramatic as the differences seen with normal and diseased tissue (Fig. 4B). These minor differences can be attributed to variation in the local biochemical environments.

Instead of coating the surface of the tissue with the nanoparticles, it is also possible to place the tissue onto a SERS-active surface. Such surfaces have two main requirements: (i) to be larger than the size of the tissue that is to be placed onto it, and (ii) exhibit as uniform enhancement as possible over the surface. Studies involving cells have used these types of surfaces, and have been prepared using Langmuir-Blodgett films of nanoparticles,⁸⁰ and different lithographic techniques.^{81,82} Although these types of surfaces may be applicable to tissue, another fabrication method has been used. This is driven by the need for having coverage over a large surface area. Instead, glass substrates are initially coated with a thin layer of aluminum and boiled to form boehmite (Fig. 5A). Gold is then deposited onto the boehmite substrate to form structures described as gold nanocoral (Fig. 5B),⁸³ or gold nanofève⁸⁴ depending on the angle of the gold deposition. Mouse brain slices were taken from normal brains and ischemic brains, with ischemia caused by a unilateral middle cerebral artery occlusion. The occlusion allowed for one side of the brain to have the metabolism severely compromised with the other side being less affected. SERS spectra taken from the ischemic brain slices from the ischemic core and contralateral

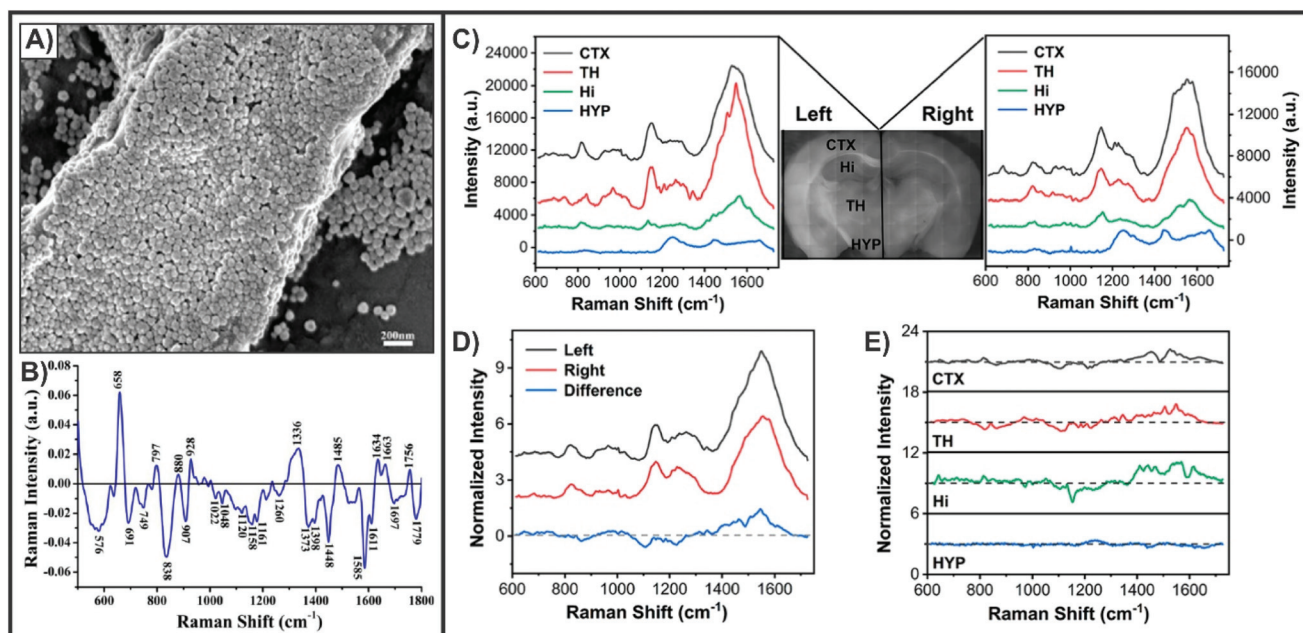


Fig. 4 (A) SEM image of a liver tissue slice covered with silver nanoparticles. (B) Difference spectrum of the mean SERS spectrum of cancerous liver tissue ($n = 56$) and the mean SERS spectrum of normal liver tissue ($n = 46$). Reprinted from ref. 70 with permission from Elsevier. Mean SERS spectra extracted from four encephalic regions in the left and right hemisphere for a fixed tissue slice coated with black phosphorus–gold nanosheets. (D) Mean SERS spectra acquired in the left and right hemispheres and the corresponding difference spectrum (left–right). (E) SERS difference spectra of the four encephalic regions (left–right). Reprinted from ref. 79, Creative Commons License (<https://creativecommons.org/licenses/by/4.0/> legalcode).

regions had variations in peaks at 518 and 736 cm^{-1} (Fig. 5C). By mapping the distributions of these peaks in both ischemic and normal brain slices (Fig. 5D), several key observations were made. In the normal tissue, only the peak at 518 cm^{-1} was observed. In the ischemic brain, the peak at 736 cm^{-1} was localized to the ischemic core and was more intense, while the 518 cm^{-1} peak was distributed throughout the remainder of the tissue. The origin of the peak 518 cm^{-1} was not ascertained, but it was known that adenine rings have a vibrational mode near 736 cm^{-1} . As ischemia causes a breakdown of ATP to other purine degraded metabolites, SERS spectra of these metabolites were acquired to try and ascertain the origin of the 736 cm^{-1} (Fig. 5E). Of the tested metabolites, xanthine did not have a peak near 736 cm^{-1} . As well, the sensitivity of the SERS substrate for the different metabolites varied (Fig. 5F). To better understand the distribution of the metabolites, quantitative imaging mass spectrometry was used (Fig. 5G). These images show that within the ischemic core, adenosine and inosine are present, and when coupled with the SERS measurements, shows that the detected xanthine in the ischemic core is hypoxanthine as it has a vibrational mode near 736 cm^{-1} . Given the different sensitivities of these techniques, combining them provides a more complete understanding of metabolic processes for diseased tissue.

Overall, coating the surface of a tissue biopsy with nanoparticles or adding the tissue to a plasmonic surface provides an excellent introduction to combining SERS with complex tissues. It demonstrates how tissue specific information can

be obtained, without the optical interference from the background causing significant issues. However, it is limiting as it does not provide any chemical information about the inside of the tissue, and more importantly, is not applicable to animal studies as the nanoparticles or plasmonic surfaces are only added once the tissue has been excised.

4 Internalized nanotags and nanoprobe

Although the cellular membrane or tissue surface can provide interesting information that can be helpful in distinguishing the origin of a sample (*i.e.* cancerous *vs.* non-cancerous), as the SERS enhancement is limited to only a few nanometers above the metal surface, no information about the internal chemical environment is obtained. In order to evaluate the intracellular environment, the nanoparticles must be uptaken by the cells. This is easier in studies involving single or small group of cells, whereas tissue studies often require that the nanoparticles be injected into an animal and allowed to accumulate within the tissue. We have used the term nanotags to describe nanoparticles that are designed to image the distribution of specific receptors. On the other hand, nanoprobe provide insight into the local chemical environment or specific analytes within the biological system. Where a nanotag is designed to have a constant SERS response, a nanoprobe will have a varying SERS signal (gain, loss, or change) upon being

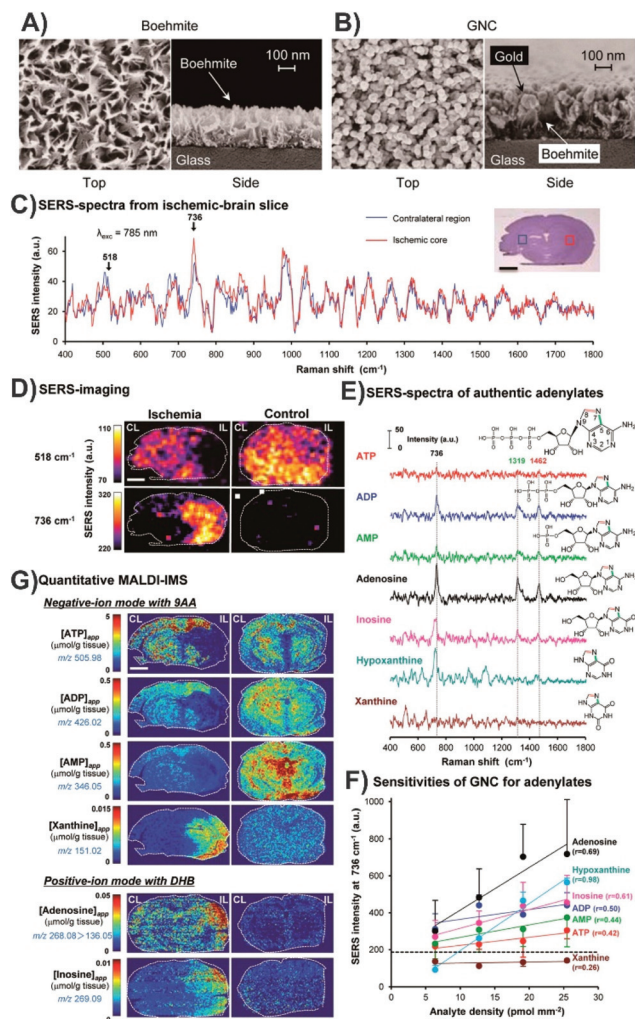


Fig. 5 SEM images of (A) boehmite and (B) gold nanocoral (GNC). (C) Average SERS spectra from an ischemic core (red) and its contralateral region (blue) of an ischemic brain slice. (D) SERS maps of the bands at 518 and 736 cm^{-1} for ischemic and control brain slices. (E) SERS spectra of various adenylates. (F) Relative sensitivity of the GNC substrates to adenine related compounds. (G) Quantitative imaging mass spectrometry showing the spatial distribution of apparent tissue contents of various adenylates from tissue slices taken from the same animal as the SERS images of (D). The scale bars in the images is 2 mm. Adapted with permission from *ACS Nano*, 2014, **8**, 5622–5632 (ref. 83). Copyright (2014) American Chemical Society.

internalized and exposed to the analyte or condition of interest.

4.1 Nanotags and nanoprobe internalized in cells

Even though this approach is the workhorse method, the mechanisms by which functionalized nanoparticles (*i.e.* nanotags and nanoprobe) enter the cell are still being evaluated.⁸⁵ Nanoparticles are uptaken by cells *via* different mechanisms including phagocytosis, micropinocytosis, clathrin- and caveolae-dependent and clathrin- and caveolae-independent endocytosis.⁸⁶ Geometric parameters including the shape^{87,88} and size⁸⁹ of the nanoparticles will influence the internalization,

as will the presence of targeted antibodies,⁹⁰ and experimental parameters such as incubation time and nanoparticle concentration.^{91,92} Owing to the shape of the cells, 3D SERS measurements can provide greater information about the distribution of the nanoparticles within the cell.⁹³

It is important to remember that even though nanoparticles functionalized with a self-assembled monolayer can enter cells,⁹⁴ the formation of a protein corona around the nanoparticles will influence its functionality.⁹⁵ Given the popularity of this approach, there is a wide range of studies that have been performed. Probing organelles, notably the nucleus^{96–98} and mitochondria,^{97,99–101} pH,^{99,102–105} and small molecules^{106–110} are common studies. Detecting other biomolecules,¹¹¹ such as peptides,¹¹² proteins,^{105,113–115} and miRNA^{116,117} is also popular. With such a wide range of applications, the sensing protocols (or variations of them) shown in Scheme 1 can be readily implemented.

As an example, spherical gold nanoparticles can be internalized by cells by endocytosis, and as a result be a non-specific nanoprobe. This approach was used to examine the effect of infecting live macrophage cells with *Leishmania-mexicana*.¹¹⁸ By performing SERS mapping measurements of the cells, representative SERS spectra could be collected (Fig. 6). Unsurprisingly, the spectra are complex and variable. Table 1 of ref. 118 provides tentative assignments for the various vibrational modes, with the assignments typically corresponding to either lipids or proteins. The use of a generalized approach is beneficial in its simplicity but challenging in the interpretation of the results. Given the variability in the spectra, careful analyses of the results are critical.

Alternatively, more nuanced nanoprobe can be prepared. Much like nanotags where the presence of a SERS signal indicates that the receptor is present, nanoprobe with a SERS “on” to SERS “off” or *vice versa* sensing scheme have a similar approach. The dramatic change in the observed spectra indicates the detection of the target analyte. However, verifying the complete preparation of the nanoprobe and validating the sensing scheme using a simple on-off approach may not be ideal. Instead, an on-off-on scheme has been developed and applied to the detection of a target viral RNA strand (Fig. 7A).¹¹⁹ In this method, gold nanostars were functionalized with thiolated PEG and a specific DNA strand that was chemically modified to have a cyanine-3 (Cy3) molecule to act as a SERS beacon. Under non-hybridized conditions, the Cy3 molecule was close enough to the surface of the nanostar so that a SERS spectrum could be recorded. Upon introducing the complementary strand of DNA, the conformation of the beacon DNA changed, and the Cy3 SERS spectrum was lost. Once a strand of RNA was introduced, one of two things happened. If the strand of RNA was the target strand, the previously added complementary strand hybridized with the RNA strand, resulting in the beacon DNA reverting to its hairpin geometry and a return of the Cy3 SERS spectrum. If a random RNA sequence was present, no SERS spectrum was observed. This approach was verified using HeLa cells transfected with a plasmid that would generate the desired target RNA strand as

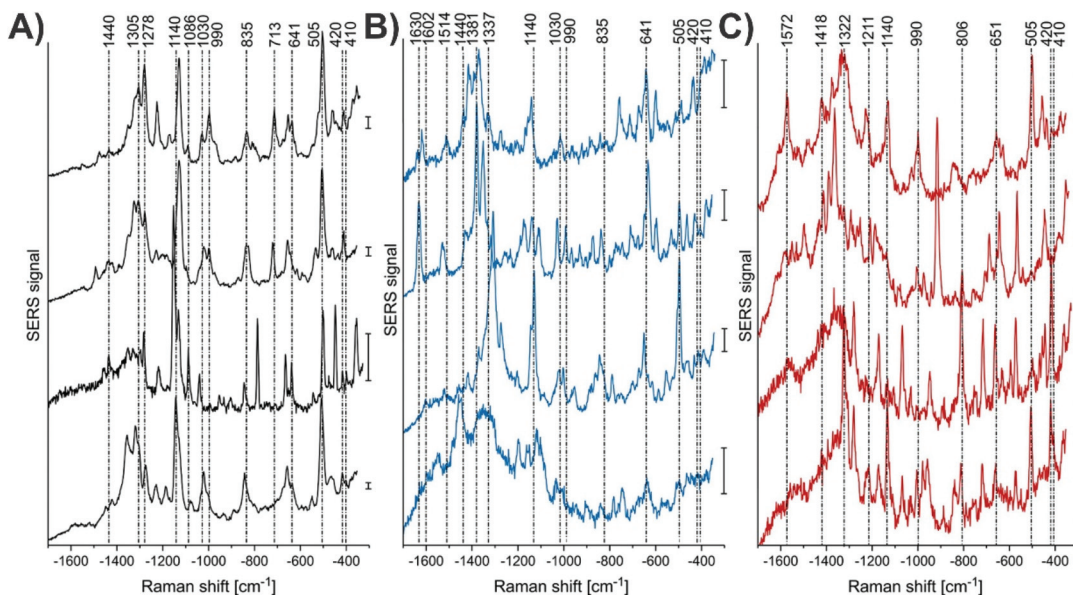


Fig. 6 Representative SERS spectra, extracted from the mapping data sets of several *L. mexicana*-infected primary macrophage cells from the areas of (A) parasite, (B) the parasitophorous vacuole, and (C) endolysosomes located in the cytoplasmic regions. Scale bar = 50 cps. Adapted with permission from *Anal. Chem.*, 2018, 90, 8154–8161 (ref. 118). Copyright (2018) American Chemical Society.

well as using various other controls (no transfection and transfected with different plasmid). Only with the HeLa cells transfected with the correct plasmid exhibited a return of the SERS spectrum (Fig. 7B).

4.2 Nanotags and nanoprobe within tissue

Depending on the type of tissue of sample and the purpose of the experiment, nanoparticles can be incorporated into the tissue in the same way as cells can. As a result, there is a great deal of cross-over between cell and tissue experiments involving nanotags and nanoprobe within tissue. When working with excised tissue, incubating the tissue with the nanoparticle solution can be used to introduce the nanoparticles into the tissue. Depending on the nanoprobe, events such as hypoxia¹²⁰ and hypoxia-induced acidification¹²¹ can be evaluated. It is also possible to synthesize the nanoparticles within the tissue and use the formation of an aggregate to collect SERS spectra of various analytes.¹²² Aggregating nanoparticles in solution can not only increase the electromagnetic enhancement as smaller junctions between adjacent nanoparticles are formed, target analytes can become trapped within the aggregation, leading to a stronger and more stable SERS response. The aggregation of amyloid beta ($A\beta$) in the brain has been related to the development of neurodegenerative diseases.^{123,124} In solution, upon the introduction of the monomer or the fibril to an aqueous solution containing the gold precursor followed by the introduction of ascorbic acid as a reducing agent,¹²² different nanostructures were observed. With $A\beta$ monomer, nanospheres were formed whereas nanofibrils resulted in the formation of nanowalnuts. The acquired SERS spectra of the monomers and fibrils were distinct from each other (Fig. 8A–D), and more importantly, were different

from other biomolecules tested that also formed aggregates (Fig. 8E). Specifically, distinct vibrational modes at 1268 and 1244 cm^{-1} were used to differentiate $A\beta_{40}$ monomers from $A\beta_{40}$ fibrils respectively. To induce the formation of $A\beta$ aggregates in brain tissue, mice were fed different diets. Upon excising brain tissue slices and exposing them to the gold precursor and the reducing agent, nanoparticles formed within the hippocampus (Fig. 8F–J). In a zinc rich diet, the $A\beta_{40}$ monomer was present in greater quantities than the $A\beta_{40}$ fibrils as shown by the stronger peak at 1568 cm^{-1} in Fig. 8Jiii. Given that this method prepares label-free nanoprobe, this could be an interesting approach for detecting other types of biomolecules that are present within tissue and ascertaining their distribution within the sample.

Alternatively, as opposed to incubating the tissue slice, nanoparticles can be injected directly into the tissue.^{125,126} This can be used as an early step before moving onto *in vivo* injections as was done to probe the metabolic composition of tumor microenvironments.¹²⁶ The use of intravenous injections is the most diagnostically relevant approach, as once injected, SERS nanoparticles, and more commonly nanotags, will distribute within different types of tissue, such as tumors. This process has helped to demonstrate the potential of Raman spectroscopy as a tool during for intra-operative margin analysis used to determine the location of tumors.¹²⁷ When performing these types of measurements, it is important to recognize how the nanoparticles will distribute throughout the animal. For Raman reporter functionalized nanoparticles coated with a silica shell, in the absence of any means of targeted delivery, the nanoparticles accumulated in the liver, spleen, and gallbladder of mice (Fig. 9A).¹²⁸ The accumulation of the nanoparticles in these organs is related to

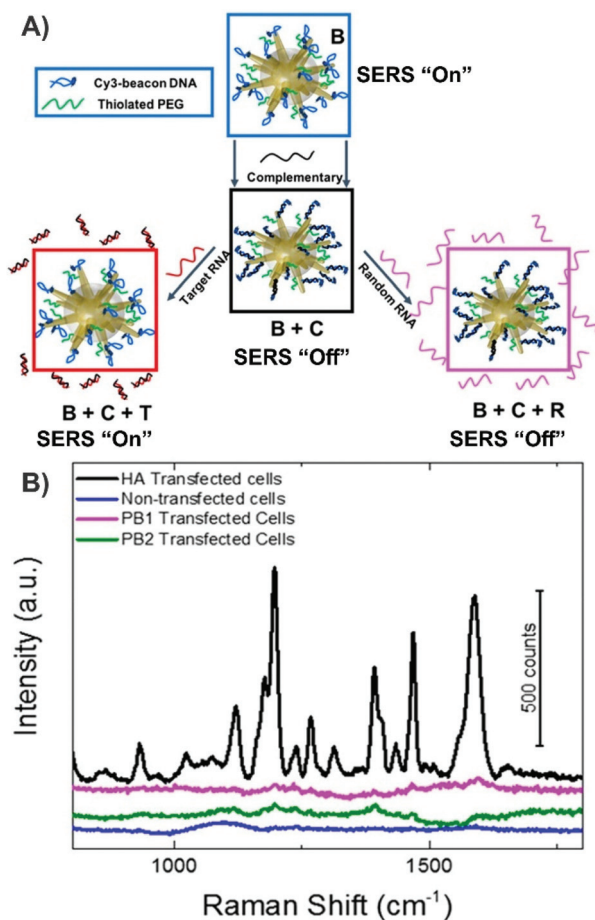


Fig. 7 (A) Fabrication of SERS-active nanostar probes functionalized with cyanine3-beacon DNA (B) that upon introduction of the complementary strand (C) causes the cyanine-3 to be displaced from the surface resulting in a loss in the SERS signal. The signal can be gained by introducing the target viral RNA (T) or remained loss if random viral RNA (R) is present. (B) SERS signals measured from the nanoprobes incubated in HeLa cells transfected with hemagglutinin (HA) coding plasmid, transfected with two control plasmids (PB1 and PB2), and non-transfected HeLa cells. Adapted with permission from *J. Phys. Chem. C*, 2020, **124**, 3211–3217 (ref. 119). Copyright (2020) American Chemical Society.

the high phagocytic activity within the reticuloendothelial system. However, in cancerous tissue, the phagocytic activity is lower. This results in fewer nanoparticles being present (Fig. 9B). As a result, when livers containing a series of tumors were imaged (Fig. 9C–H), it was possible to differentiate between normal and cancerous tissue as the normal tissue exhibited a SERS response of the Raman reporter due to the accumulation of the nanoparticles. Alternatively, when nanotags are used, such that they are delivered to the tumors that contain cells expressing a specific membrane receptor, the presence of a SERS signal is used to identify the location of the tumor as opposed to a significantly decreased signal. As was discussed when mentioning the use of nanotags with cells, by using different molecules, different types of tumors can be targeted for intra-operative experiments. This has been demonstrated for prostate,^{129,130} bladder,^{129–131} and brain¹³² tumors.

As opposed to targeting the tumor or relying on varying uptake between tissue types, pH sensitive nanoprobes that will enter both cancerous and normal tissue can be used to delineate a tumor margin.¹³³ This is possible because the pH in tumor extracellular microenvironments is acidified.¹³⁴ For brain tissue, it is necessary to overcome the blood brain barrier, and this was achieved using angiopep2 peptides adsorbed onto the nanoprobes.

The development of nanotags and nanoprobes for use in cells and tissue requires a long list of conditions to be considered. These range from minimizing aggregation (except when aggregation is the point) to more complex issues like biocompatibility. In the following section, we discuss the third approach of Scheme 1, the use of inserted nanosensors.

5 Inserted nanosensors

In the context of this review, nanosensors are the combination of a plasmonic structure on a substrate that is capable of being inserted into cells and/or tissue. Unlike the previous section where it was necessary to have the nanoprobes and nanotags uptaken by the cell/tissue for targeted delivery, nanosensors simply need to be inserted into specific domains of the cell or tissue. This is achieved using a micro-positioning system, such as a micromanipulator or a piezoelectric positioner typically used for AFM experiments. This method has started to have an increase in popularity and is therefore described in greater detail than the other sections.

5.1 Fabrication of nanosensors

Using methods developed for other techniques, such as electrophysiology, the most common approach involves the use of glass rods or capillaries with a laser puller.^{135–147} When the rod or capillary is heated and pulled, the resulting nanofibers have a pipette-like geometry, and by tuning the parameters, it is possible to vary the tip diameter. Other types of substrates that have been used include AFM tips,¹⁴⁸ optical fibers,^{149,150} and acupuncture needles.^{137,151–157} Owing to the dimensions of these different substrates, it is necessary to point out that unlike the nanofibers, some of these substrates are better suited for either cells or tissue. For example, the small size of the AFM probe may make it difficult to probe depths in tissue, and the wide tip diameter of an acupuncture needle is less suitable for piercing cells than it is for tissue.

The means by which SERS compatibility is introduced is often influenced by the desired sensing scheme. All the sensing schemes shown in Scheme 1 can and have been applied using nanosensors inserted into cells and tissue. The simplest approach to preparing SERS compatible nanosensors is to create a roughened metallic surface or a surface composed of metallic nanoislands (Fig. 10A).¹⁴⁴ Even though roughened silver surfaces were used in the earliest studies of SERS,^{158–160} these types of surfaces are still being prepared and evaluated for plasmonic activity.^{161–164} An alternative approach is to adsorb colloidal nanoparticles onto the surface

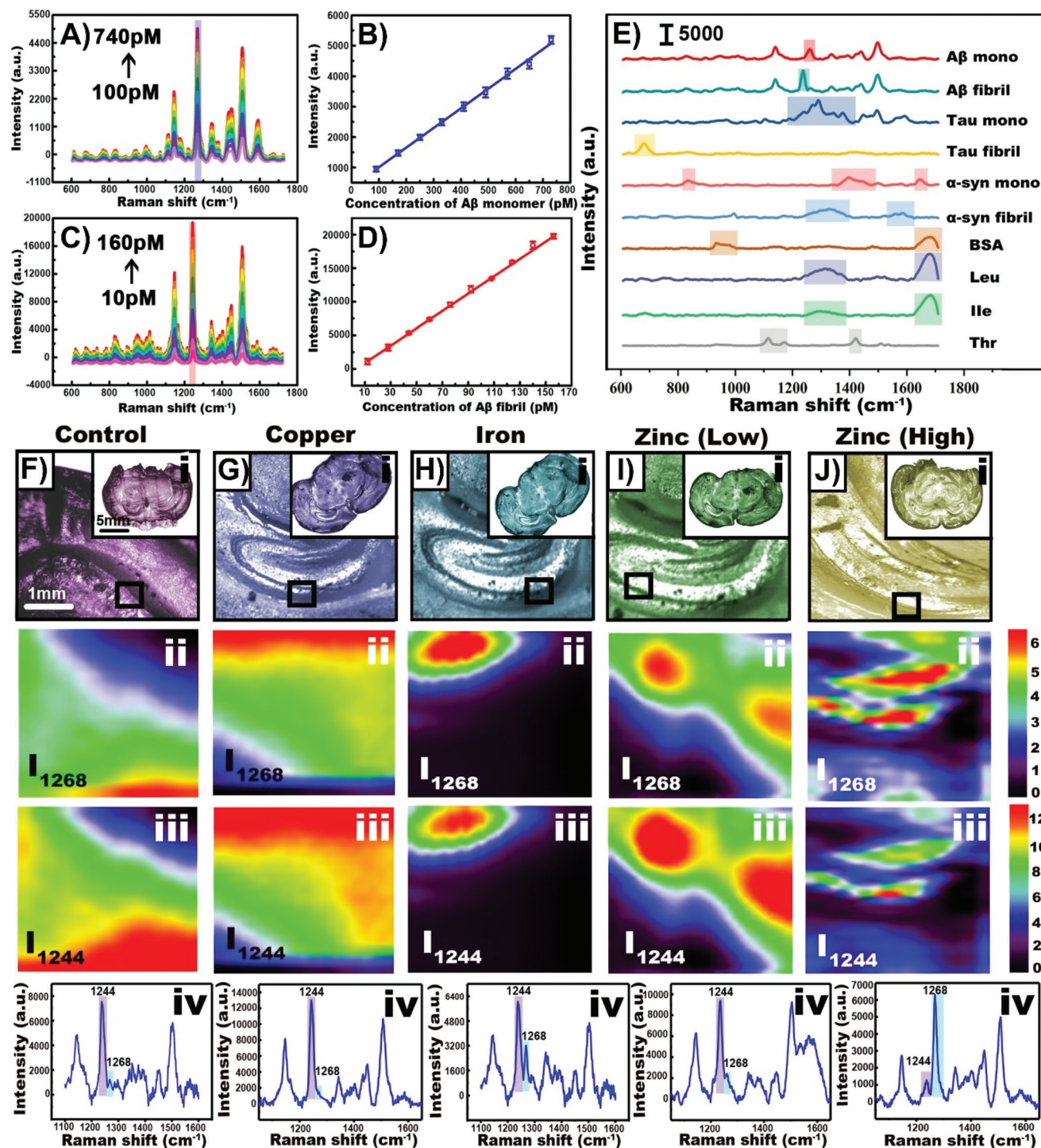


Fig. 8 (A) SERS spectra of gold nanoparticles synthesized with $A\beta_{40}$ monomer with concentrations ranging from 100 to 740 pM. (B) Plot of SERS intensity at 1268 cm^{-1} with varying monomer concentration. (C) SERS spectra of gold nanowalnuts synthesized with $A\beta_{40}$ fibril with concentrations ranging from 10 to 160 pM. (D) Plot of SERS intensity at 1244 cm^{-1} with varying fibril concentration. (E) SERS spectra obtained using various bio-molecules and the template method. (F–J) Results obtained for mice given different diets. (i) Bright-field images of tissue slices obtained from the treated transgenic mice. SERS imaging of $A\beta_{40}$ in the hippocampus in the tissue slices at (ii) 1268 cm^{-1} and (iii) 1244 cm^{-1} . (iv) SERS spectra of $A\beta_{40}$ in the hippocampus. Adapted with permission from *Anal. Chem.*, 2020, 92, 5910–5920 (ref. 122). Copyright (2020) American Chemical Society.

via electrostatic interactions. Although this is commonly done using aminosilane chemistry, a different approach involving a block copolymer of polystyrene and poly(4-vinylpyridine) has

been used to great success as well (Fig. 10B).¹⁴⁵ By tuning the synthesis of the nanoparticles (shape, size, material, capping ligand) it is possible to tune the plasmonic response of the

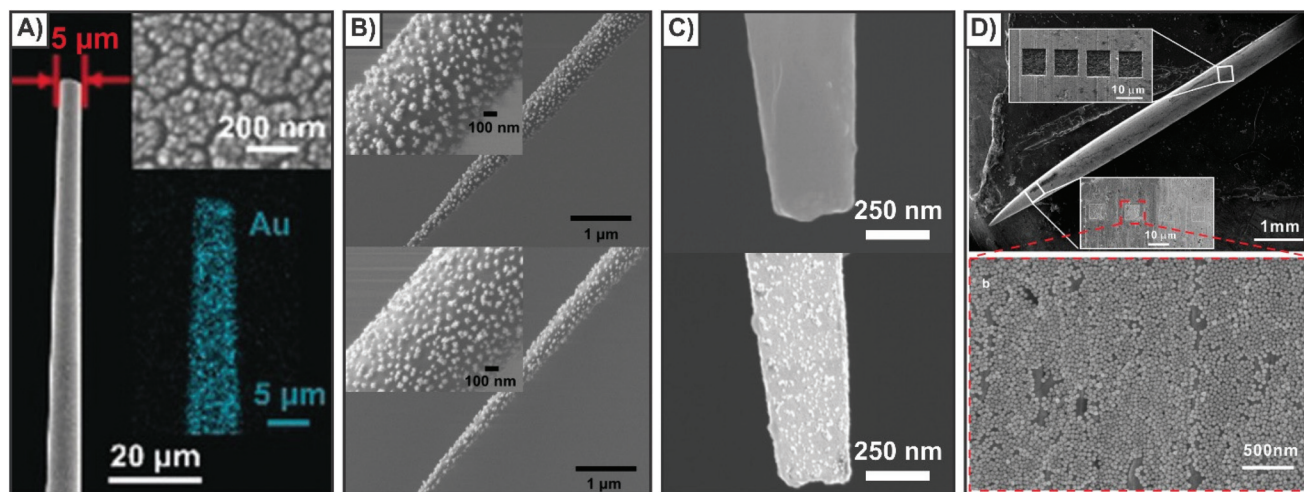


Fig. 10 SEM images of nanosensors fabricated by different methods. (A) Magnetron sputtering of a thin gold film resulting in the formation of nanoislands. Reprinted with permission from ref. 144. Copyright 2019, Wiley-VCH. (B) Gold nanoraspberries (top) and gold nanostars (bottom) deposited onto a nanofiber coated with a poly(styrene-*b*-4-vinylpyridine) copolymer brush layer. Adapted with permission from *ACS Sens.*, 2020, 5, 2155–2167 (ref. 145) Copyright (2020) American Chemical Society. (C) Aptamer functionalized gold-coated nanofiber (top) that is subsequently coated with silver nanoparticles functionalized with complementary DNA. Adapted with permission from *Anal. Chem.*, 2017, 89, 9911–9917 (ref. 139) Copyright (2017) American Chemical Society. (D) Silver acupuncture needle with a series of $10\ \mu\text{m} \times 10\ \mu\text{m} \times 1\ \mu\text{m}$ grooves milled into it using a focused ion beam (top). The nanoparticles then accumulated within those grooves (bottom). Adapted with permission from *ACS Appl. Nano Mater.*, 2019, 2, 2752–2757 (ref. 156) Copyright (2019) American Chemical Society.

ate.¹⁴⁴ Due to interactions involving the cyanide group, 4-mercaptobenzonitrile (4-MBN) is sensitive to free Fe^{3+} and oxyhemoglobin.¹⁴⁰ The conversion of adjacent 4-nitrothiophenol (4-NTP) molecules to 4,4-dimercaptoazobenzene (4,4-DMAB) can be driven under laser illumination, and is a quintessential example of a plasmon-mediated photocatalytic reaction.^{169–173} When performed in cells, this reaction is sensitive to the local reductive conditions.¹⁴³ The rapid growth of cancer cells is known to produce hypoxic (low oxygen) environments in tumor microenvironments requiring the cancer cells to alter their metabolism. To simulate this effect, three cell lines (MCF-10A (non-cancerous); MCF-7 (weakly metastatic); MDA-MB-231 (aggressive)) were grown under normal and hypoxic conditions. The conversion of 4-NTP to 4,4-DMAB is characterized by the presence of new bands at 1137, 1386, and $1432\ \text{cm}^{-1}$. The SERS spectra of Fig. 11B show that under normal oxygen conditions, only the MDA-MB-231 cells exhibited an internal reductive environment capable of aiding the conversion of 4-NTP on the inserted nanosensors. Under hypoxic conditions, all three cell lines exhibited increased conversion, with MDA-MB-231 once again having the greatest conversion. This demonstrates that using a SERS nanosensor to evaluate the local chemical environment within the cytosol can be used to differentiate general cell types.

There are two critical steps to the design of hybridized nanosensors. First and foremost is the selection of the target analyte as this will influence the choice of binding molecule, and therefore the sensing scheme. The second step is the same as to what was mentioned earlier in this review, the selection of an appropriate SERS reporter molecule. Here, we highlight two examples that detect two different molecules,

use opposite sensing schemes, and different SERS reporter molecules. Nucleolin plays a role in cell division and is found throughout the cell,^{174,175} with cancer cells having altered sub-cellular expression.¹⁷⁶ Due to its relevance, a DNA aptamer (AS1411) has been developed that is capable of binding to nucleolin. By working with a thiolated version of the aptamer, it will bind to the gold coated nanopipette.¹³⁹ Silver nanoparticles were used to introduce SERS compatibility, with the surface of the nanoparticles functionalized with the complementary DNA strand and 4-MBN. The C–N stretching mode of 4-MBN at $2223\ \text{cm}^{-1}$ was used to evaluate the detection of nucleolin. When the DNA strands interacted, a strong SERS response was observed (Fig. 11C), that was subsequently diminished when nucleolin was introduced. Three cell lines (MCF-10A, MCF-7, HeLa) and three domains within the cells were compared. The nanosensors were inserted into the cells, and left for 5 minutes before being removed, rinsed, dried, and having the SERS measurements taken. In all cases, nucleolin was observed in the nucleus as noted by the decrease in SERS intensity. Both the cytoplasm and cell surface of MCF-7 cells exhibited a comparable intensity to that of the nucleus, whereas only the cytoplasm did with the HeLa cells, though the intensity was still lower at the cell surface than in the blank ($\sim 47\%$). As opposed to working with an aptamer, monoclonal antibodies or synthetic antibodies produced by molecular imprinting can be adsorbed onto a gold coated nanofiber and used to collect the target analyte. These methods were demonstrated for survivin and alkaline phosphatase respectively.¹³⁷ Silver nanoparticles were prepared with a secondary antibody (survivin) or a boronic acid (alkaline phosphatase) as well as a SERS reporter (4-aminothiophenol and 4-mercapto-

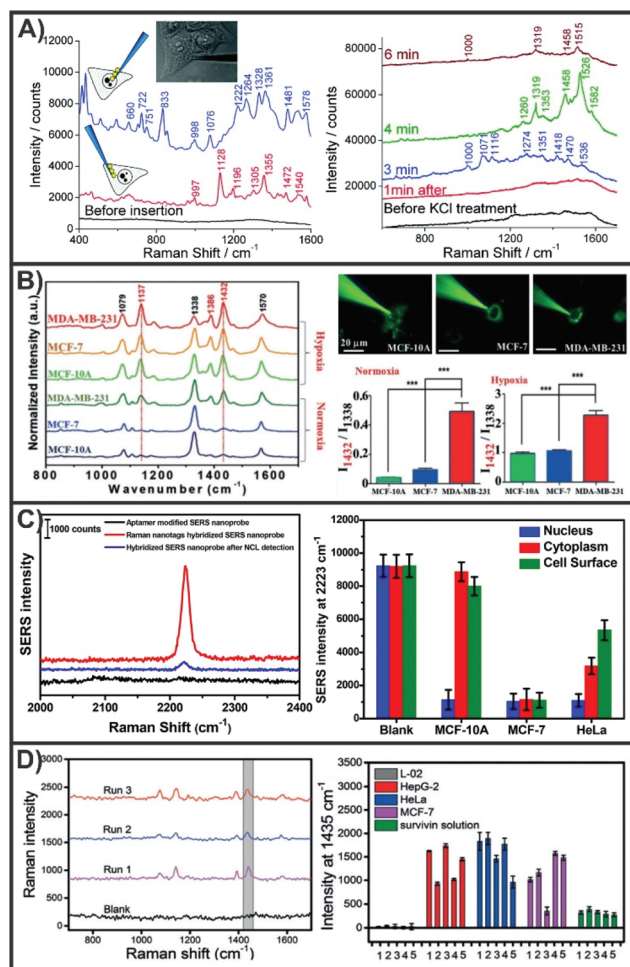


Fig. 11 (A) SERS spectra obtained with a nanosensor inserted in the nucleus (upper left spectrum) and cytoplasm (lower left spectrum) of a HeLa cell. SERS spectra obtained of a nanosensor inserted in the cytoplasm after exposure to 55 mM KCl after different times. Adapted with permission from *ACS Nano*, 2009, 3, 3529–3536 (ref. 135). Copyright (2009) American Chemical Society. (B) SERS spectra of 4-NTP functionalized nanosensor inserted into three different cell lines under normoxia and hypoxia incubation conditions. Images of the nanosensors being inserted into the different types of cells and the quantitative analysis of the intensity ratio of I_{1432}/I_{1338} . Reprinted with permission from ref. 143. Copyright 2019, Wiley-VCH. (C) SERS spectra of a hybridized nanosensor before and after addition of nucleolin. SERS intensities at different 2223 cm^{-1} for specific domains of different cell lines. Adapted with permission from *Anal. Chem.*, 2017, 89, 9911–9917 (ref. 139). Copyright (2017) American Chemical Society. (D) SERS spectra of hybridized nanosensors after having injected 100 fL of a $1.0 \times 10^{-10}\text{ M}$ survivin solution. Comparison of the SERS intensity 1435 cm^{-1} for hybridized nanosensors after having been inserted in different cell lines or exposed to a survivin solution ($5\text{ }\mu\text{L}$ of 10 pg mL^{-1}). Reprinted with permission from ref. 137. Copyright 2016, Wiley-VCH.

phenylboronic acid respectively). The SERS results for survivin are shown in Fig. 11D. As these are found in cancer cells, but are low expression proteins, initial tests were performed by injecting minute quantities into normal hepatic cells (L-02). After ~ 6 survivin molecules were injected, the antibody coated nanofiber was inserted into the cell and left for 3 minutes,

before moving on to the subsequent steps. These steps including rinsing the nanofiber and adding the functionalized nanoparticles. The SERS spectra exhibited the spectra of 4-aminothiophenol. Using the intensity of the 1435 cm^{-1} peak, a comparison was made between normal L-02 cells (no injected survivin) and a series of cancerous cells. The SERS measurements for nanosensors inserted in the cancerous cells had the 1435 cm^{-1} , but not the L-02 cell, indicating that survivin was present in the cancerous cells. The results also highlight an important aspect of working with biological samples. Within the same cell line, there was a considerable cell-to-cell variation due to cell microheterogeneity. This can be accounted for by performing measurements on large quantities of cells.

5.3 Use of SERS nanosensors in tissue

As was discussed in section 2, the optical interference from the tissue introduces new sets of challenges. Unlike inserted nanotags and nanoprobe where the nanoparticles must remain in the tissue during the SERS measurements, nanosensors can either be kept in or removed from the tissue for SERS measurements.

More so than in the previous sections, transitioning to tissue with an inserted nanosensor often will start with the use of a tissue mimic. When detecting analytes within a mimic, ensuring that the analyte is evenly distributed throughout the sample is important, otherwise the measurements will be based on gradients.¹⁵¹ It is very important to recognize that the optical properties of agar and agarose gel may not reflect those of the tissue. Therefore, if the goal is to keep the nanosensor in the tissue during the SERS measurement, how the tissue background influences the measurements is unlikely to be considered. By adding different absorbers and scatters into the sample, such as nigrosin and intralipid-20%, it is possible to better mimic tissue samples, like human skin.¹⁷⁷ This mimic could be prepared with known concentrations of glucose ($0\text{--}140\text{ mM}$), and by inserting an array of microneedles coated with silver, it was shown to be possible to detect the intrinsic SERS spectrum of glucose. However, agar does provide a good means of evaluating a proposed experimental methodology and sensing scheme prior to moving on to tissue samples and animals. In one study that used this combined approach,¹⁵² a tailored nanosensor was inserted into agarose gels spiked with either glucose, fructose, sucrose, or a combination of them. An acupuncture needle was decorated with gold nanoshells functionalized with 4-MBA and subsequently given a microporous polystyrene coating and exposed to glucose oxidase. As opposed to directly detecting glucose, the change in pH that occurs when glucose oxidase converted the diffused glucose to gluconic acid was monitored using changes in the SERS spectrum of 4-MBA (Fig. 12A and B). To facilitate the oxidation reaction, the nanosensor had to be removed from the sample. Only after having evaluated this method did the authors move to an animal model. Here, two nanosensors were inserted into the vastus lateralis tendon and an ear vein of a rabbit. After injecting the rabbit with a glucose solution, two other sensors were inserted into the same

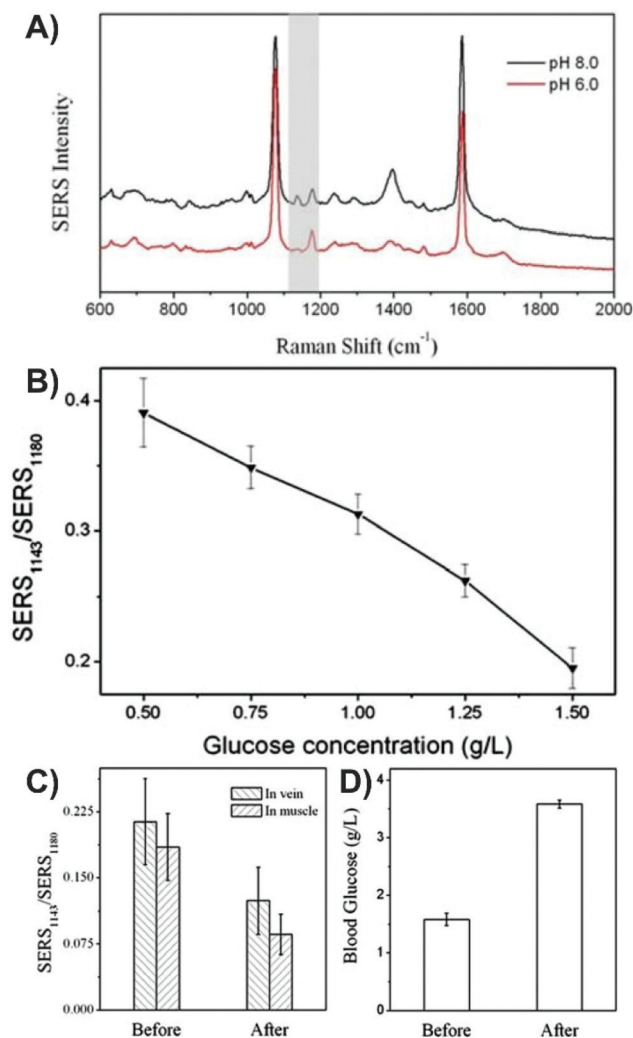


Fig. 12 (A) SERS spectra of 4-MBA on a SERS nanosensor at pH 8.0 and 6.0. The grey highlighted region indicates the peaks (1143 and 1180 cm^{-1}) used to evaluate the influence of pH. (B) Influence of glucose concentration on the ratio of the SERS intensities of the pH responsive vibrational modes. (C) Ratio for the intensity of SERS₁₁₄₃/SERS₁₁₈₀ before and after injection of glucose into a rabbit. (D) Blood glucose concentration of the rabbit before and after glucose injection using a commercial glucose test kit. Adapted from ref. 152 with the permission of the Royal Society of Chemistry.

locations and a blood sample collected. The ratio of the SERS intensities (Fig. 12C) changed upon the introduction of glucose and agreed with the results of a commercial blood glucose test kit that showed an increase in blood glucose concentration after injection.

If the desired approach is to insert the nanosensor into the tissue and then remove it for the SERS measurements, it is not always required to use a mimic, though it is helpful in verifying that the proposed method will work. It is also advisable that the analyte have a strong affinity for the nanosensor such that it is not removed after the nanosensor is taken out of the sample. In this regard, sandwich assays can be helpful as in order to introduce a SERS signal, the nanosensor must be

removed anyway to add the nanoparticles. Many studies involving glucose and fructose have used boronic acids as they form cyclic boronate esters with 1,2- and 1,3-diols.^{178–181} By incorporating boronic acids into the nanosensor design, this method was used to detect glucose at different depths within an apple,¹⁵³ with the highest concentration of the sugars being present in the pulp as opposed to the core or peel. Instead of using a capture-based method, it is also possible to rely on the affinity of the analyte with the metal surface. 6-mercaptapurine is used in the treatment of certain cancers and autoimmune diseases, and as it contains a thiol, will bind with gold nanoparticles. Although the authors had tested the nanosensors in agarose gel containing a dye to evaluate the compatibility of their approach, but not 6-mercaptapurine.¹⁵¹ Instead, anticoagulated blood was used. After injecting 6-mercaptapurine into a rabbit, a stronger SERS intensity was observed for a nanosensor inserted into a vein as opposed to a tendon. In addition to monitoring drug distribution with an animal, this approach can also be applied to monitoring contamination of wildlife. Malachite green, sometimes used as a biocide for fungal infections, is known to be carcinogenic and genotoxic.¹⁸² In the context of food safety, detection of malachite green within an animal, without causing harm to the animal is ideal.¹⁵⁶ To investigate this, the fish were incubated in a 10^{-6} M solution of malachite green for 60 minutes and rinsed thoroughly to remove malachite green from the surface of the fish that could otherwise contaminate the nanosensor. A nanosensor was subsequently inserted into the fish (Fig. 13A) and left for 10 minutes before being removed, rinsed, and placed under a Raman microscope (Fig. 13B). Spectra were collected every 2 mm along the length of the nanosensor (Fig. 13C–E), where the spectra of malachite green were easily observed, with the highest intensity observed at 14 mm inside the fish (Fig. 13D).

Another successful approach is to first evaluate a protocol with cell studies and then perform the same type of experiment with tissue. This step was taken for two of the highlighted studies involving cancer cells,^{137,143} with some measurements subsequently taken involving tumors on animals. To facilitate the transition, and to make it easier to insert the nanosensors, switching to an acupuncture needle as the substrate can be done.¹³⁷ There is a strong desire to also understand the physiological environment of live, healthy tissue (as well as disease state tissue). Fundamentally, this requires that the nanosensor be within the tissue during the SERS measurements. As has been stated, this will mean that the tissue will cause optical interference. However, if this can be overcome, near-real-time information about physiological environments and processes can be obtained. This was demonstrated for middle cerebral artery occlusion in the cortex of the brains of live mice.¹⁴⁴ Brain tissue is especially troublesome as it has strong optical scattering properties (Fig. 1B). The development of the nanosensor was done using cultured neurons. The nanosensor was functionalized with three molecules, 4-MBN, 1-(4-aminophenyl)-2,2,2-trifluoroethane (AT), and 4-MBA. The intensity of the peak at 2227 cm^{-1} is from the 4-MBN and was used as an internal standard. The

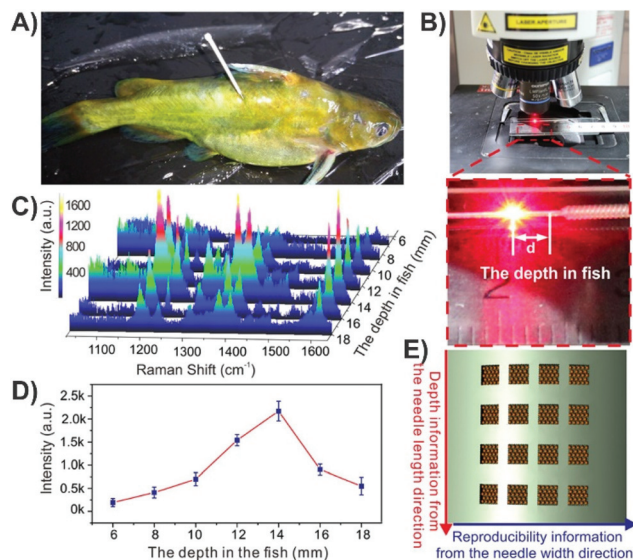


Fig. 13 Photos of (A) a malachite green treated fish with a nanosensor composed of a grooved silver acupuncture needle with gold nanoparticles inserted into it, and (B) acquisition of the SERS signal from a nanosensor after having been inserted in the fish. (C) SERS spectra obtained at different depths in the fish. (D) Intensity distribution of the 1169 cm^{-1} band of malachite green at different depths in the fish. (E) Schematic representation of how the array of grooves is used to measure depth information and signal reproducibility. Adapted with permission from *ACS Appl. Nano Mater.*, 2019, 2, 2752–2757 (ref. 156). Copyright (2019) American Chemical Society.

ring stretching mode of AT (1077 cm^{-1}) decreases in relative intensity when carbonate binds to adjacent AT molecules through hydrogen bonding. As the pH increases, the COOH for 4-MBA is converted COO^- and a band at 1395 cm^{-1} increases in relative intensity. This simple approach of functionalizing the metal surface of the nanosensor with three molecules provides multiplexing capabilities. The only difference in the nanosensor design from neurons to brain was increasing the tip diameter from 0.2 to $5\text{ }\mu\text{m}$. For the brain experiments, 8 nanosensors were inserted into the cortex of a sedated mouse, with the mouse subsequently placed on the stage of the Raman microscope (Fig. 14A). SERS spectra from all 8 nanosensors could be recorded in less than one minute. To evaluate the near-real-time SERS response, a middle cerebral artery occlusion operation was performed just prior to inserting the nanosensors. Compared to the signals obtained with the control measurement (no operation), the relative intensity of I_{1077}/I_{2227} increased and I_{1395}/I_{2227} decreased (Fig. 14B and C), meaning a decrease in carbonate concentration and a decrease in pH. The change in pH was caused by a lack of O_2 and ATP, leading to a build up of lactic acid. This caused a shift in the equilibrium towards bicarbonate instead of carbonate. The pH level and carbonate concentration reached equilibrium within 10 minutes (Fig. 14D). Upon reperfusion, the O_2 and ATP levels were restored, yielding a return to the pH and carbonate concentrations of the control experiment.

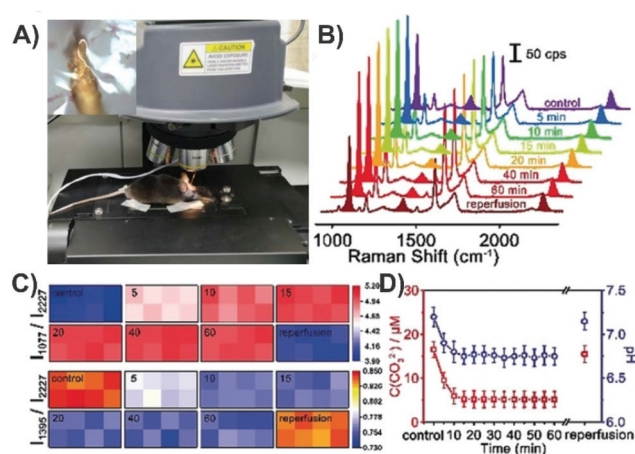


Fig. 14 (A) Photo of a live mouse on a mobile platform under the SERS laser lens for detection with an inserted SERS probe. The inset is of a single probe inserted in the cortex under the SERS laser lens. (B) SERS spectra of a microscope in the cortex of a mouse brain upon middle cerebral artery occlusion and reperfusion. (C) Matrix diagrams of the SERS mapping of the ratiometric peak intensities of I_{1077}/I_{2227} and I_{1395}/I_{2227} obtained with a microarray consisting of eight microprobes in the cortex upon middle cerebral artery occlusion and reperfusion. (D) Variation of the CO_3^{2-} concentration and pH value in the cortex upon middle cerebral artery occlusion and reperfusion ($n = 5$, S.D.). Reprinted with permission from ref. 144. Copyright 2019, Wiley-VCH.

It is not always feasible to work with a live animal under the Raman microscope, so instead, experiments can be performed using live tissue slices. Furthermore, none of the studies shown involve a scenario where the sensing scheme does not involve a surface-bound reporter molecule. This is a critical step in being able to study molecules secreted within the tissue. Due to our group's previous endeavours involving the SERS detection of neurotransmitters secreted from cultured neurons,^{141,146} we sought to make the transition to live brain tissue slices. Interestingly, the transition from cells to tissue appears to have skipped tissue slices and instead gone directly to tissue still within the animal. As such, we have developed a blueprint that provides various several methods for overcoming challenges associated with making this transition.¹⁴⁷

The first issue that was addressed was how to position and insert the nanosensor into the tissue. As the Raman microscope is equipped with a piezoelectric positioner (normally used to control an AFM tip), this was initially evaluated (Fig. 15A). In the current configuration, there is some concern about the vertical insertion of the nanosensor causing excessive damage to the tissue. To overcome this, a home-made Raman stage was built with an attached micromanipulator (Fig. 15B). To have the best possible control over the position of the nanosensor relative to the tissue and the laser beam, both the fluidic cell and micromanipulator are mounted on the same stage. The greatest challenge is how to focus on the sensor once it is inserted at the target depth (Fig. 15C). It is difficult to visualize the narrow nanosensor (derived from a laser-pulled glass rod) at this depth, and therefore difficult to

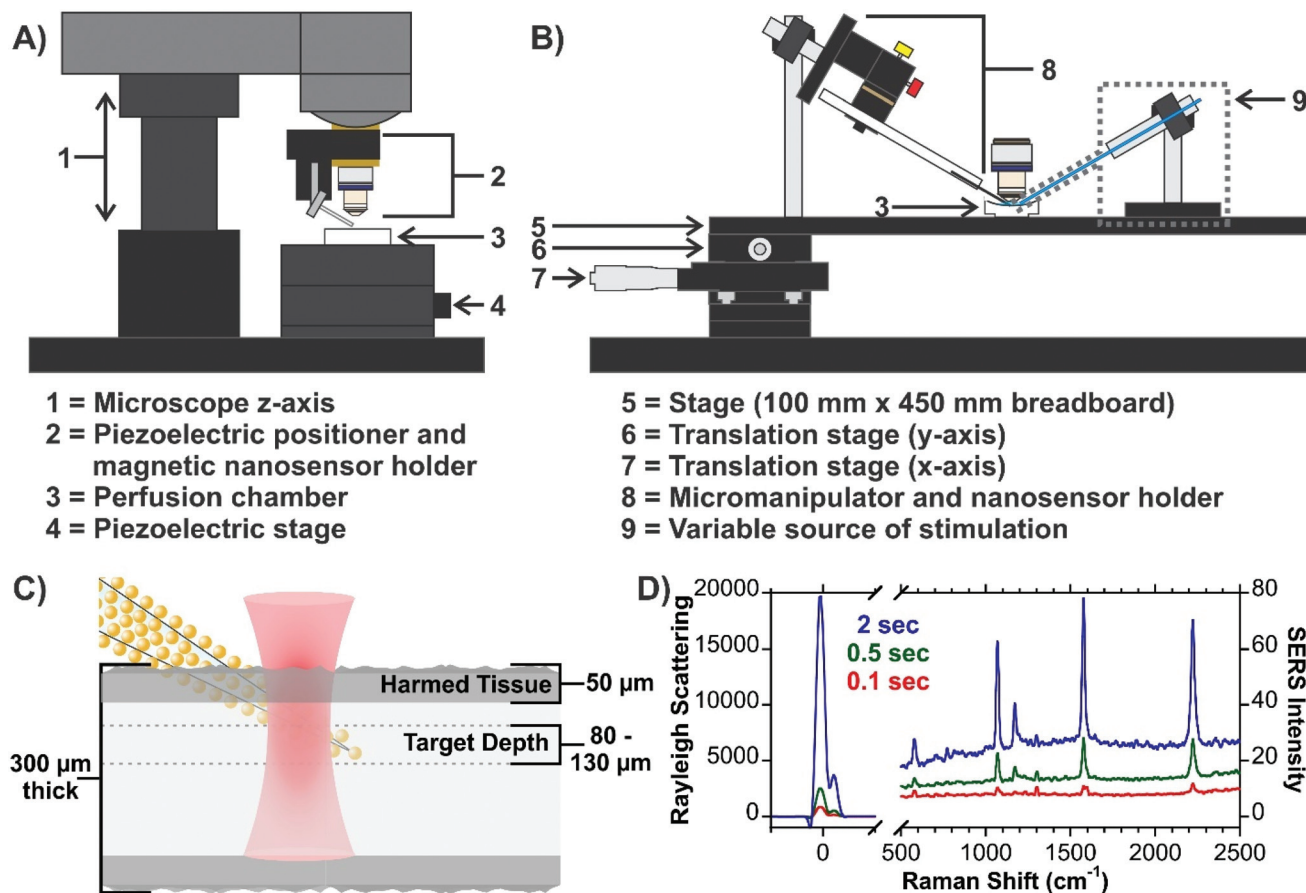


Fig. 15 (A) Scheme for a micromanipulator-based set-up for inserting SERS nanosensors into live tissue. The design can be configured to include a means of stimulating secretion of molecules, such as neurotransmitters in brain tissue. Included is an optical image of a nanosensor at a depth of 70 μm . (B) Scheme for live tissue SERS measurements indicating the target depth of the measurements. (C) SERS spectra of a hybrid nanosensor composed of gold nanoraspberries and core–molecule–shell nanoparticles illustrating different ways of focusing on the nanosensor once it is inserted into the tissue. Reprinted from *J. Chem. Phys.*, 2020, **153**, 124702 (ref. 147), with the permission of AIP Publishing.

focus on the nanosensor. To ensure that the laser beam is focused on the nanosensor we explored some creative options. Functionalizing the surface of the nanosensors with a SERS active molecule was viewed to be impractical. With the goal being to continue studying neurotransmitter secretion, it was thought that being able to observe as much of the SERS spectrum of the neurotransmitters as possible without spectral interference from molecules functionalized at the surface, would be critical. Although surface-bound molecules would make focusing straightforward, there is also concern about how the any potential functional groups will alter the interactions of the secreted molecules with the metal surface.¹⁸³ Given that core–molecule–shell nanoparticles are prevalent in SERS experiments in tissue, various types of these nanoparticles were also explored. The challenge once again being spectral overlap. This however can be minimized by working with a nanosensor that has different types of nanoparticles on the surface, with the core–molecule–shell nanoparticles only being present in low quantities. To achieve a SERS signal compatible with focusing on the nanosensor, longer acquisition times are required (Fig. 15D). Since shorter acquisition times

are needed to evaluate secretion events, the spectral interference should be dramatically reduced. As well, the Rayleigh scattering was also thought to be a potential avenue for focusing on the sensor and was found to have some merit. The blueprint provides a high degree of flexibility, allowing for specific pathways to be taken, or even combining approaches, such as using both the Rayleigh scattering and an internalized molecule. The Rayleigh scattering can offer real-time information during the measurement as there may not always be a molecule at the surface of the nanosensor. Furthermore, the use of an extended platform at the stage allows for a means of triggering secretion to be installed. The adaptability of the stage design offers considerable versatility across different types of experiments and microscope designs.

6 Overcoming the tissue barrier

Except for having the nanoparticles on the outer surface of the tissue, the other described methods suffer from the same issue, optical interference from the tissue. Simply removing

the tissue and replacing it with an optical window¹⁸⁴ is not often practical or possible. This is especially the case for *ex vivo* tissue samples. Alternatively, an optical clearing agent can be introduced as it reduces the scattering of turbid dermal tissue.¹⁸⁵ With this in mind, we briefly present alternative approaches that have been or potentially could be used to greatly reduce the negative effects associated with working with tissue.

6.1 Longer excitation wavelength

As was discussed in section 2, in the visible region, the scattering and absorbance of the tissue is high. As a result, it is preferable to use an excitation wavelength outside of this region. Typically, an excitation wavelength near 785 nm is used for bio-SERS experiments. It has been shown that biomedical imaging can benefit from using near-infrared fluorophores,³¹ in particular fluorophores that lie within the second near-infrared window (1000–1700 nm). Since similar challenges exist between fluorescence imaging and SERS measurements in tissue, it is thought that SERS can also benefit from making a transition to longer wavelengths.¹⁸⁶ Within this range, 1064 nm is commonly used.^{187–189} Longer excitation wavelengths, such as 1280 and ~1550 nm have also been used in SE(R)RS studies,^{190–193} with one of the applications being their use with designed SERRS nanotags.^{190,193} In addition to tuning the plasmonic properties of the nanostructure, the use of a longer excitation wavelength requires that the Raman set-up be modified, most notably the detector. Instead of using a silicon detector, an InGaAs camera is needed. It is also important to recognize that although the scattering from the components of the tissue is lower in the second near-IR window, water has an absorbance from ~1400–1600 nm from vibrational overtones that must also be considered (Fig. 16).^{31,194} Given the limited number of SERS studies involving these excitation wavelengths, there is considerable development that can be done to show the utility and applicability of these wavelengths.

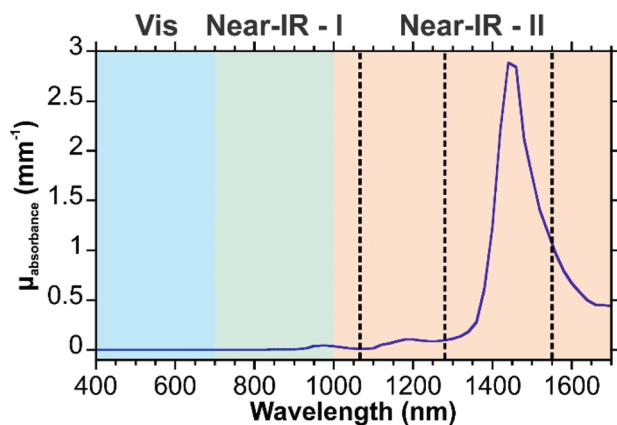


Fig. 16 Absorption spectrum of water in the visible and near-IR. Excitation wavelengths of 1064, 1280, and 1550 nm are indicated with dashed lines. Spectrum reproduced using the data of ref. 42.

6.2 Guided delivery of the excitation light into the tissue

Regardless of whether a Raman microscope or handheld Raman spectrometer is used, in most experiments, the excitation photons travel through the tissue to reach the plasmonic nanostructures and then the Raman scattered photons must travel once again through the tissue to reach the collection optics. By delivering the light directly into the tissue using an optical fiber, it is possible to eliminate one or both steps involving the photons travelling through the tissue. This can be done by having the optical fiber deliver the photons and collect the scattered photons, or by having additional collection optics (*i.e.* microscope objective) collect the scattered photons. Nanoparticles that are coated onto the surface of the optical fiber allow for the types of experiments shown in Scheme 1i–iii to be performed, allowing for the plasmonic optical fiber to act as a “lab-on-a-fiber”.^{195–198} As mentioned in the section on SERS nanosensors, this approach has been used for studies involving cells.¹⁵⁰ On a larger scale, this has been used in clinical settings with Raman endoscopes to probe nanoparticles^{199–201} or for local SERS sensing using functionalized plasmonic optical fibers.²⁰² Although it may be possible to insert fibers of their original diameter into the tissue to detect analytes or local environments, to minimize the damage to *ex vivo* tissue slices, tapered plasmonic optical fibers should be used as a starting point.

6.3 Deep Raman measurements

By tuning the composition of a SERRS nanotag, it was demonstrated that SERRS spectra can be recorded at a depth of 10 mm into a tissue sample using a handheld Raman spectrometer with an excitation wavelength of 785 nm.²⁰³ There is however another Raman-based technique that is highly suited to measurements deep within tissue. Spatially offset Raman scattering (SORS) considers the background contributions (Raman peaks, fluorescence) to extract spectral information from a target depth.^{204–206} This is done by collecting at least two spectra. The first spectrum is recorded with no offset (classical backscattering configuration). A second spectrum is then collected at a position that is offset from the excitation position. By varying the offset positions, different depths can be probed. Using scaled subtraction, the zero offset and offset spectra are subtracted from one another allowing for the signals not at the target depth to be suppressed. Like Raman scattering, SORS can benefit from surface-enhancement, yielding the technique SESORS.²⁰⁷ Although commonly used for probing SE(R)RS nanotags at a variety of depths within tissue samples,^{208–211} SESORS can also be used to collect spectra of analytes within the tissue.^{212–215} In these instances, precise controlling of the nanoparticle depth or a homogeneous distribution of the nanoparticles throughout the tissue is beneficial. In addition to being able to probe deep within tissue, a major advantage of SESORS is that spectra can be acquired behind a physical barrier, such as bone.^{216,217} For example, being able to probe the brain without removing any or all of the skull is an important step in the further development of surface-

enhanced Raman techniques.²¹⁸ As an example, this approach has been used to detect neurotransmitters that were added to brain tissue placed beneath bone.^{214,215} Although these have been proof-of-concept studies, they have demonstrated that SESORS can be an interesting alternative to SERS when the optical properties of the tissue and other biomaterials are difficult to overcome using other methods.

7 Conclusions and outlook

The transition from working with single cells to tissues can be daunting. It is however important to recognize that the developments that have been made and the approaches used for SERS experiments involving cells can be used with studies involving complex tissues. The important step is to recognize the desired outcome, as this will influence the approach that is employed. This can range from simply coating fixed tissue slices with nanoparticle or designing nanotags for targeted delivery within the tissue or the fabrication of nanosensors that can be inserted directly into the tissue. All these schemes have merit and have the potential to see greater use as the applications of SERS continue to grow. An interesting area that will likely continue to grow is combining SERS with other techniques, such as fluorescence. This requires the preparation of dual-mode nanotags.^{219–221} Dual-mode nanoparticles, and therefore nanotags, can also be designed for compatibility with diagnostic imaging and tomography.^{56,222–224} Similarly, SERS nanosensors can be fabricated with an electrode,²²⁵ leading to the possibility of performing simultaneous electrophysiology and SERS measurements. Developing means of combining SERS with the conventional methods that are used in our desired applications is an important step in broadening the usage of SERS, especially as a bioanalytical technique.

Conflicts of interest

There are no conflicts to declare.

Acknowledgements

This work was funded by the Fonds de Recherche du Québec – Nature et Technologies (FRQ-NT; J.-F. M.), – Santé (FRQS; G. Q. W.), and the Natural Science and Engineering Research Council of Canada (NSERC; J.-F. M.).

References

- 1 E. Smith and G. Dent, *Modern Raman Spectroscopy – A Practical Approach*, John Wiley & Sons, Ltd., Chichester, United Kingdom, 2005.
- 2 J. Langer, D. Jimenez de Aberasturi, J. Aizpurua, R. A. Alvarez-Puebla, B. Auguie, J. J. Baumberg, G. C. Bazan, S. E. J. Bell, A. Boisen, A. G. Brolo, J. Choo, D. Cialla-May, V. Deckert, L. Fabris, K. Faulds, F. J. Garcia de Abajo, R. Goodacre, D. Graham, A. J. Haes, C. L. Haynes, C. Huck, T. Itoh, M. Käll, J. Kneipp, N. A. Kotov, H. Kuang, E. C. Le Ru, H. K. Lee, J.-F. Li, X. Y. Ling, S. A. Maier, T. Mayerhöfer, M. Moskovits, K. Murakoshi, J.-M. Nam, S. Nie, Y. Ozaki, I. Pastoriza-Santos, J. Perez-Juste, J. Popp, A. Pucci, S. Reich, B. Ren, G. C. Schatz, T. Shegai, S. Schlücker, L.-L. Tay, K. G. Thomas, Z.-Q. Tian, R. P. Van Duyne, T. Vo-Dinh, Y. Wang, K. A. Willets, C. Xu, H. Xu, Y. Xu, Y. S. Yamamoto, B. Zhao and L. M. Liz-Marzán, *ACS Nano*, 2020, **14**, 28–117.
- 3 M. Fan, G. F. S. Andrade and A. G. Brolo, *Anal. Chim. Acta*, 2020, **1097**, 1–29.
- 4 M. A. Fikiet, S. R. Khandasammy, E. Mistek, Y. Ahmed, L. Halámková, J. Bueno and I. K. Lednev, *Spectrochim. Acta, Part A*, 2018, **197**, 255–260.
- 5 C.-C. Huang, C.-Y. Cheng and Y.-S. Lai, *Trends Food Sci. Technol.*, 2020, **100**, 349–358.
- 6 M.-L. Xu, Y. Gao, X. X. Han and B. Zhao, *J. Agric. Food Chem.*, 2017, **65**, 6719–6726.
- 7 T. T. X. Ong, E. W. Blanch and O. A. H. Jones, *Sci. Total Environ.*, 2020, **720**, 137601.
- 8 T. J. Moore, A. S. Moody, T. D. Payne, G. M. Sarabia, A. R. Daniel and B. Sharma, *Biosensors*, 2018, **8**, 46.
- 9 A. Chakraborty, A. Ghosh and A. Barui, *J. Raman Spectrosc.*, 2020, **51**, 7–36.
- 10 A. Merdalimova, V. Chernyshev, D. Nozdriukhin, P. Rudakovskaya, D. Gorin and A. Yashchenok, *Appl. Sci.*, 2019, **9**, 1135.
- 11 G. Kuku, M. Altunbek and M. Culha, *Anal. Chem.*, 2017, **89**, 11160–11166.
- 12 A. H. Nguyen, E. A. Peters and Z. D. Schultz, *Rev. Anal. Chem.*, 2017, **36**, 20160037.
- 13 X.-S. Zheng, I. J. Jahn, K. Weber, D. Cialla-May and J. Popp, *Spectrochim. Acta, Part A*, 2018, **197**, 56–77.
- 14 S. Laing, L. E. Jamieson, K. Faulds and D. Graham, *Nat. Rev. Chem.*, 2017, **1**, 0060.
- 15 L. Cui, D. Zhang, K. Yang, X. Zhang and Y.-G. Zhu, *Anal. Chem.*, 2019, **91**, 15345–15354.
- 16 J. Wang, K. M. Koo, Y. Wang and M. Trau, *Adv. Sci.*, 2019, **6**, 1900730.
- 17 N. Akkilic, S. Geschwindner and F. Höök, *Biosens. Bioelectron.*, 2020, **151**, 111944.
- 18 F. Lussier, V. Thibault, B. Charron, G. Q. Wallace and J.-F. Masson, *Trends Anal. Chem.*, 2020, **124**, 115796.
- 19 L. Wu, Z. Wang, Y. Zhang, J. Fei, H. Chen, S. Zong and Y. Cui, *Nano Res.*, 2017, **10**, 584–594.
- 20 Y.-F. Tian, C.-F. Ning, F. He, B.-C. Yin and B.-C. Ye, *Analyst*, 2018, **143**, 4915–4922.
- 21 W. Zhang, L. Jiang, R. J. Diefenbach, D. H. Campbell, B. J. Walsh, N. H. Packer and Y. Wang, *ACS Sens.*, 2020, **5**, 764–771.
- 22 U. E. Martinez-Outschoorn, M. Peiris-Pagés, R. G. Pestell, F. Sotgia and M. P. Lisanti, *Nat. Rev. Clin. Oncol.*, 2017, **14**, 11–31.

- 23 V. L. Camus, G. Stewart, W. H. Nailon, D. B. McLaren and C. J. Campbell, *Analyst*, 2016, **141**, 5056–5061.
- 24 L. E. Jamieson, V. L. Camus, P. O. Bagnaninchi, K. M. Fisher, G. D. Stewart, W. H. Nailon, D. B. McLaren, D. J. Harrison and C. J. Campbell, *Nanoscale*, 2016, **8**, 16710–16718.
- 25 M. Altunbek, D. Çetin, Z. Suludere and M. Çulha, *Talanta*, 2019, **191**, 390–399.
- 26 P. T. Sujai, M. M. Joseph, G. Saranya, J. B. Nair, V. P. Murali and K. K. Maiti, *Nanoscale*, 2020, **12**, 6971–6975.
- 27 Ö. Aydin, M. Kahraman, E. Kiliç and M. Çulha, *Appl. Spectrosc.*, 2009, **63**, 662–668.
- 28 Ö. Aydin, M. Altaş, M. Kahraman, Ö. F. Bayrak and M. Çulha, *Appl. Spectrosc.*, 2009, **63**, 1095–1100.
- 29 J. Li, C. Wang, Y. Yao, Y. Zhu, C. Yan, Q. Zhuge, L. Qu and C. Han, *Talanta*, 2020, **216**, 120983.
- 30 L. Shen, Y. Du, N. Wei, Q. Li, S. Li, T. Sun, S. Xu, H. Wang, X. Man and B. Han, *Spectrochim. Acta, Part A*, 2020, **237**, 118364.
- 31 G. Hong, A. L. Antaris and H. Dai, *Nat. Biomed. Eng.*, 2017, **1**, 0010.
- 32 S. L. Jacques, *Phys. Med. Biol.*, 2013, **58**, R37–R61.
- 33 N. G. Horton, K. Wang, D. Kobat, C. G. Clark, F. W. Wise, C. B. Schaffer and C. Xu, *Nat. Photonics*, 2013, **7**, 205–209.
- 34 A. N. Bashkatov, E. A. Genina, V. I. Kochubey and V. V. Tuchin, *J. Phys. D: Appl. Phys.*, 2005, **38**, 2543–2555.
- 35 A. N. BASHKATOV, E. A. GENINA and V. V. Tuchin, *J. Innovative Opt. Health Sci.*, 2011, **04**, 9–38.
- 36 A. Bashkatov, E. Genina, V. Kochubey and V. Tuchin, *Proc. SPIE*, 2006, **6163**, 616310.
- 37 H. J. van Staveren, C. J. M. Moes, J. van Marie, S. A. Prael and M. J. C. van Gemert, *Appl. Opt.*, 1991, **30**, 4507–4514.
- 38 G. Hong, S. Diao, A. L. Antaris and H. Dai, *Chem. Rev.*, 2015, **115**, 10816–10906.
- 39 M. S. Viegas, T. C. Martins, F. Seco and A. do Carmo, *Eur. J. Histochem.*, 2009, **51**, 59–66.
- 40 J. V. Frangioni, *Curr. Opin. Chem. Biol.*, 2003, **7**, 626–634.
- 41 S. A. Prael, *A compendium of tissue optical properties*, 1998 (<http://omlc.ogi.edu/spectra/hemoglobin>).
- 42 G. M. Hale and M. R. Querry, *Appl. Opt.*, 1973, **12**, 555–563.
- 43 R. L. P. van Veen, H. J. C. M. Sterenborg, A. Pifferi, A. Torricelli and R. Cubeddu, *OSA Annual BIOMED Topical Meeting*, 2004, p. SF4.
- 44 E. Lenzi, D. Jimenez de Aberasturi and L. M. Liz-Marzán, *ACS Sens.*, 2019, **4**, 1126–1137.
- 45 Z. Wang, S. Zong, L. Wu, D. Zhu and Y. Cui, *Chem. Rev.*, 2017, **117**, 7910–7963.
- 46 J. Kneipp, *ACS Nano*, 2017, **11**, 1136–1141.
- 47 W. E. Doering and S. Nie, *Anal. Chem.*, 2003, **75**, 6171–6176.
- 48 Q. Yu, Y. Wang, R. Mei, Y. Yin, J. You and L. Chen, *Anal. Chem.*, 2019, **91**, 5270–5277.
- 49 F. Sun, D. D. Galvan, P. Jain and Q. Yu, *Chem. Commun.*, 2017, **53**, 4550–4561.
- 50 Y. Luo, Y. Xiao, D. Onidas, L. Iannazzo, M. Ethève-Quellejeu, A. Lamouri, N. Félidj, S. Mahouche-Chergui, T. Brulé, N. Gagey-Eilstein, F. Gazeau and C. Mangeney, *Chem. Commun.*, 2020, **56**, 6822–6825.
- 51 M. Sánchez-Purrà, B. Roig-Solvas, C. Rodríguez-Quijada, B. M. Leonardo and K. Hamad-Schifferli, *ACS Omega*, 2018, **3**, 10733–10742.
- 52 J. Li, H. Liu, P. Rong, W. Zhou, X. Gao and D. Liu, *Nanoscale*, 2018, **10**, 8292–8297.
- 53 J. Wang, D. Liang, J. Feng and X. Tang, *Anal. Chem.*, 2019, **91**, 11045–11054.
- 54 K. V. Kong, Z. Lam, W. D. Goh, W. K. Leong and M. Olivo, *Angew. Chem., Int. Ed.*, 2012, **51**, 9796–9799.
- 55 T. Gong, Z.-Y. Hong, C.-H. Chen, C.-Y. Tsai, L.-D. Liao and K. V. Kong, *ACS Nano*, 2017, **11**, 3365–3375.
- 56 W. Zhu, M.-Y. Gao, Q. Zhu, B. Chi, L.-W. Zeng, J.-M. Hu and A.-G. Shen, *Nanoscale*, 2020, **12**, 3292–3301.
- 57 Y. Zhang, Y. Gu, J. He, B. D. Thackray and J. Ye, *Nat. Commun.*, 2019, **10**, 3905.
- 58 S. Sloan-Dennison, M. R. Bevins, B. T. Scarpitti, V. K. Sauvé and Z. D. Schultz, *Analyst*, 2019, **144**, 5538–5546.
- 59 Y. Zhang, X.-P. Wang, S. Perner, A. Bankfalvi and S. Schlücker, *Anal. Chem.*, 2018, **90**, 760–768.
- 60 J. Li, Z. Zhu, B. Zhu, Y. Ma, B. Lin, R. Liu, Y. Song, H. Lin, S. Tu and C. Yang, *Anal. Chem.*, 2016, **88**, 7828–7836.
- 61 N. Choi, H. Dang, A. Das, M. S. Sim, I. Y. Chung and J. Choo, *Biosens. Bioelectron.*, 2020, **164**, 112326.
- 62 M. Bhamidipati, H.-Y. Cho, K.-B. Lee and L. Fabris, *Bioconjugate Chem.*, 2018, **29**, 2970–2981.
- 63 B. R. Lutz, C. E. Dentinger, L. N. Nguyen, L. Sun, J. Zhang, A. N. Allen, S. Chan and B. S. Knudsen, *ACS Nano*, 2008, **2**, 2306–2314.
- 64 L. Sun, K.-B. Sung, C. Dentinger, B. Lutz, L. Nguyen, J. Zhang, H. Qin, M. Yamakawa, M. Cao, Y. Lu, A. J. Chmura, J. Zhu, X. Su, A. A. Berlin, S. Chan and B. Knudsen, *Nano Lett.*, 2007, **7**, 351–356.
- 65 D. Jimenez de Aberasturi, A. B. Serrano-Montes, J. Langer, M. Henriksen-Lacey, W. J. Parak and L. M. Liz-Marzán, *Chem. Mater.*, 2016, **28**, 6779–6790.
- 66 Y. Chen, J.-Q. Ren, X.-G. Zhang, D.-Y. Wu, A.-G. Shen and J.-M. Hu, *Anal. Chem.*, 2016, **88**, 6115–6119.
- 67 J. P. Nolan, E. Duggan, E. Liu, D. Condello, I. Dave and S. A. Stoner, *Methods*, 2012, **57**, 272–279.
- 68 C. M. MacLaughlin, N. Mullaithilaga, G. Yang, S. Y. Ip, C. Wang and G. C. Walker, *Langmuir*, 2013, **29**, 1908–1919.
- 69 A. Pallaoro, M. R. Hoonejani, G. B. Braun, C. D. Meinhart and M. Moskovits, *ACS Nano*, 2015, **9**, 4328–4336.
- 70 K. Zhang, C. Hao, B. Man, C. Zhang, C. Yang, M. Liu, Q. Peng and C. Chen, *Vib. Spectrosc.*, 2018, **98**, 82–87.
- 71 K. Lin, J. Xu, L. Li, F. Liao, X. Dong and J. Lin, *Laser Phys. Lett.*, 2018, **15**, 125601.
- 72 B. Brozek-Pluska, M. Kopec and J. Surmacki, *J. Spectrosc.*, 2018, **2018**, 4893274.
- 73 Z. Li, C. Li, D. Lin, Z. Huang, J. Pan, G. Chen, J. Lin, N. Liu, Y. Yu, S. Feng and R. Chen, *Laser Phys. Lett.*, 2014, **11**, 045602.

- 74 S. Feng, J. Lin, Z. Huang, G. Chen, W. Chen, Y. Wang, R. Chen and H. Zeng, *Appl. Phys. Lett.*, 2013, **102**, 043702.
- 75 D. Lin, G. Chen, S. Feng, J. Pan, J. Lin, Z. Huang and R. Chen, *Appl. Phys. Lett.*, 2015, **106**, 013701.
- 76 D. Bury, C. L. M. Morais, K. M. Ashton, T. P. Dawson and F. L. Martin, *Biosensors*, 2019, **9**, 49.
- 77 T. Yang, Z. Zhang, B. Zhao, R. Hou, A. Kinchla, J. M. Clark and L. He, *Anal. Chem.*, 2016, **88**, 5243–5250.
- 78 T. Yang, J. Doherty, H. Guo, B. Zhao, J. M. Clark, B. Xing, R. Hou and L. He, *Anal. Chem.*, 2019, **91**, 2093–2099.
- 79 T. Guo, F. Ding, D. Li, W. Zhang, L. Cao and Z. Liu, *Appl. Sci.*, 2019, **9**, 398.
- 80 S. K. Das, K. Pal, T. S. Bhattacharya, P. Karmakar and J. Chowdhury, *Sens. Actuators, B*, 2019, **299**, 126962.
- 81 M. Tabatabaei, G. Q. Wallace, F. A. Caetano, E. R. Gillies, S. S. G. Ferguson and F. Lagugn e-Labarthe, *Chem. Sci.*, 2016, **7**, 575–582.
- 82 V. Caprettini, J.-A. Huang, F. Moia, A. Jacassi, C. A. Gonano, N. Maccaferri, R. Capozza, M. Dipalo and F. De Angelis, *Adv. Sci.*, 2018, **5**, 1800560.
- 83 S. Yamazoe, M. Naya, M. Shiota, T. Morikawa, A. Kubo, T. Tani, T. Hishiki, T. Horiuchi, M. Suematsu and M. Kajimura, *ACS Nano*, 2014, **8**, 5622–5632.
- 84 M. Shiota, M. Naya, T. Yamamoto, T. Hishiki, T. Tani, H. Takahashi, A. Kubo, D. Koike, M. Itoh, M. Ohmura, Y. Kabe, Y. Sugiura, N. Hiraoka, T. Morikawa, K. Takubo, K. Suina, H. Nagashima, O. Sampetean, O. Nagano, H. Saya, S. Yamazoe, H. Watanabe and M. Suematsu, *Nat. Commun.*, 2018, **9**, 1561.
- 85 A. Kapara, V. Brunton, D. Graham and K. Faulds, *Chem. Sci.*, 2020, **11**, 5819–5829.
- 86 B. Yameen, W. I. Choi, C. Vilos, A. Swami, J. Shi and O. C. Farokhzad, *J. Controlled Release*, 2014, **190**, 485–499.
- 87 A. Sohrabi Kashani, S. Badilescu, A. Piekny and M. Packirisamy, *ACS Appl. Nano Mater.*, 2020, **3**, 4114–4126.
- 88 R. E. Darienzo, J. Wang, O. Chen, M. Sullivan, T. Mironava, H. Kim and R. Tannenbaum, *ACS Appl. Nano Mater.*, 2019, **2**, 6960–6970.
- 89 D. Y.  ztař, M. Altunbek, D. Uzunoglu, H. Yilmaz, D.  etin, Z. Suludere and M.  ulha, *Langmuir*, 2019, **35**, 4020–4028.
- 90 H. Gao, Z. Yang, S. Zhang, S. Cao, S. Shen, Z. Pang and X. Jiang, *Sci. Rep.*, 2013, **3**, 2534.
- 91 T. Mironava, M. Hadjiargyrou, M. Simon, V. Jurukovski and M. H. Rafailovich, *Nanotoxicology*, 2010, **4**, 120–137.
- 92 A. Albanese, P. S. Tang and W. C. W. Chan, *Annu. Rev. Biomed. Eng.*, 2012, **14**, 1–16.
- 93 D. Jimenez de Aberasturi, M. Henriksen-Lacey, L. Litt, J. Langer and L. M. Liz-Marz n, *Adv. Funct. Mater.*, 2020, **30**, 1909655.
- 94 M. Pannico, A. Calarco, G. Peluso and P. Musto, *Biosensors*, 2018, **8**, 87.
- 95 G. P. Szekeres, M. Montes-Bayon, J. Bettmer and J. Kneipp, *Anal. Chem.*, 2020, **92**, 8553–8560.
- 96 Y. Shen, L. Yang, L. Liang, Z. Li, J. Zhang, W. Shi, C. Liang, W. Xu and S. Xu, *Anal. Bioanal. Chem.*, 2019, **411**, 6021–6029.
- 97 G. Qi, Y. Zhang, S. Xu, C. Li, D. Wang, H. Li and Y. Jin, *Anal. Chem.*, 2018, **90**, 13356–13364.
- 98 J. Wang, G. Qi, X. Qu, X. Ling, Z. Zhang and Y. Jin, *Anal. Chem.*, 2020, **92**, 3735–3741.
- 99 J. Yue, Y. Shen, L. Liang, L. Cong, W. Xu, W. Shi, C. Liang and S. Xu, *Anal. Chem.*, 2020, **92**, 6081–6087.
- 100 J. Yue, Y. Shen, L. Liang, L. Cong, X. Guan, Z. Li, S. Xu, C. Liang, W. Shi and W. Xu, *J. Raman Spectrosc.*, 2020, **51**, 602–610.
- 101 G. Qi, B. Wang, Y. Zhang, H. Li, C. Li, W. Xu and Y. Jin, *Anal. Chem.*, 2019, **91**, 9571–9579.
- 102 X.-S. Zheng, C. Zong, X. Wang and B. Ren, *Anal. Chem.*, 2019, **91**, 8383–8389.
- 103 S.-S. Li, M. Zhang, J.-H. Wang, F. Yang, B. Kang, J.-J. Xu and H.-Y. Chen, *Anal. Chem.*, 2019, **91**, 8398–8405.
- 104 Z. Zhang, K. Bando, K. Mochizuki, A. Taguchi, K. Fujita and S. Kawata, *Anal. Chem.*, 2019, **91**, 3254–3262.
- 105 G. Qi, H. Li, Y. Zhang, C. Li, S. Xu, M. Wang and Y. Jin, *Anal. Chem.*, 2019, **91**, 1408–1415.
- 106 X. Qin, Y. Si, Z. Wu, K. Zhang, J. Li and Y. Yin, *Anal. Chem.*, 2020, **92**, 924–931.
- 107 H.-Y. Chen, E. Kouadio Fodjo, L. Jiang, S. Chang, J.-B. Li, D.-S. Zhan, H.-X. Gu and D.-W. Li, *ACS Sens.*, 2019, **4**, 3234–3239.
- 108 W.-S. Zhang, Y.-N. Wang and Z.-R. Xu, *Anal. Chim. Acta*, 2020, **1094**, 106–112.
- 109 P. Wang, L. Lux, M. Jin, Y. Wan, W. Wang, C.-T. Hung, F. H. Albaqami, A. M. El-Toni, M. S. Alhoshan, X. Li and F. Zhang, *ACS Appl. Bio Mater.*, 2019, **2**, 417–423.
- 110 L. Bai, X. Wang, K. Zhang, X. Tan, Y. Zhang and W. Xie, *Chem. Commun.*, 2019, **55**, 12996–12999.
- 111 A. P. Silwal and H. P. Lu, *ACS Omega*, 2018, **3**, 14849–14857.
- 112 C. Wei, X. Liu, Y. Gao, Y. Wu, X. Guo, Y. Ying, Y. Wen and H. Yang, *Anal. Chem.*, 2018, **90**, 11333–11339.
- 113 G. Qi, D. Sun, Y. Tian, C. Xu, Y. Zhang, D. Wang, K. Ma, S. Xu and Y. Jin, *Anal. Chem.*, 2020, **92**, 7861–7868.
- 114 X. Qin, M. Lyu, Y. Si, J. Yang, Z. Wu and J. Li, *Anal. Chim. Acta*, 2018, **1043**, 115–122.
- 115 J. Zhang, X. Ma and Z. Wang, *Anal. Chem.*, 2019, **91**, 6600–6607.
- 116 N. Zhang, S. Ye, Z. Wang, R. Li and M. Wang, *ACS Sens.*, 2019, **4**, 924–930.
- 117 C. Liu, C. Chen, S. Li, H. Dong, W. Dai, T. Xu, Y. Liu, F. Yang and X. Zhang, *Anal. Chem.*, 2018, **90**, 10591–10599.
- 118 V.  ivanovi , G. Semini, M. Laue, D. Drescher, T. Aebischer and J. Kneipp, *Anal. Chem.*, 2018, **90**, 8154–8161.
- 119 K. Dardir, H. Wang, B. E. Martin, M. Atzampou, C. B. Brooke and L. Fabris, *J. Phys. Chem. C*, 2020, **124**, 3211–3217.
- 120 X. Qin, Y. Si, D. Wang, Z. Wu, J. Li and Y. Yin, *Anal. Chem.*, 2019, **91**, 4529–4536.

- 121 D. Ma, J. Zheng, P. Tang, W. Xu, Z. Qing, S. Yang, J. Li and R. Yang, *Anal. Chem.*, 2016, **88**, 11852–11859.
- 122 Y. Zhou, J. Liu, T. Zheng and Y. Tian, *Anal. Chem.*, 2020, **92**, 5910–5920.
- 123 W. Qiang, W.-M. Yau, J.-X. Lu, J. Collinge and R. Tycko, *Nature*, 2017, **541**, 217–221.
- 124 M. G. Iadanza, M. P. Jackson, E. W. Hewitt, N. A. Ranson and S. E. Radford, *Nat. Rev. Mol. Cell Biol.*, 2018, **19**, 755–773.
- 125 J. K. Register, A. M. Fales, H.-N. Wang, S. J. Norton, E. H. Cho, A. Boico, S. Pradhan, J. Kim, T. Schroeder, N. A. Wisniewski, B. Klitzman and T. Vo-Dinh, *Anal. Bioanal. Chem.*, 2015, **407**, 8215–8224.
- 126 C. Zhang, X. Cui, J. Yang, X. Shao, Y. Zhang and D. Liu, *Chem. Sci.*, 2020, **11**, 6111–6120.
- 127 T. J. E. Hubbard, A. Shore and N. Stone, *Analyst*, 2019, **144**, 6479–6496.
- 128 C. Andreou, V. Neuschmelting, D.-F. Tschaharganeh, C.-H. Huang, A. Oseledchyk, P. Iacono, H. Karabeber, R. R. Colen, L. Mannelli, S. W. Lowe and M. F. Kircher, *ACS Nano*, 2016, **10**, 5015–5026.
- 129 Y. Zhang, Y. Qiu, L. Lin, H. Gu, Z. Xiao and J. Ye, *ACS Appl. Mater. Interfaces*, 2017, **9**, 3995–4005.
- 130 Y. Qiu, Y. Zhang, M. Li, G. Chen, C. Fan, K. Cui, J.-B. Wan, A. Han, J. Ye and Z. Xiao, *ACS Nano*, 2018, **12**, 7974–7985.
- 131 R. M. Davis, B. Kiss, D. R. Trivedi, T. J. Metzner, J. C. Liao and S. S. Gambhir, *ACS Nano*, 2018, **12**, 9669–9679.
- 132 H. Arami, C. B. Patel, S. J. Madsen, P. J. Dickinson, R. M. Davis, Y. Zeng, B. K. Sturges, K. D. Woolard, F. G. Habte, D. Akin, R. Sinclair and S. S. Gambhir, *ACS Nano*, 2019, **13**, 2858–2869.
- 133 W. Duan, Q. Yue, Y. Liu, Y. Zhang, Q. Guo, C. Wang, S. Yin, D. Fan, W. Xu, J. Zhuang, J. Gong, X. Li, R. Huang, L. Chen, S. Aime, Z. Wang, J. Feng, Y. Mao, X.-Y. Zhang and C. Li, *Chem. Sci.*, 2020, **11**, 4397–4402.
- 134 R. J. Gillies, Z. Liu and Z. Bhujwalla, *Am. J. Physiol.*, 1994, **267**, C195–C203.
- 135 E. A. Vitol, Z. Orynbayeva, M. J. Bouchard, J. Azizkhan-Clifford, G. Friedman and Y. Gogotsi, *ACS Nano*, 2009, **3**, 3529–3536.
- 136 J.-F. Masson, J. Breault-Turcot, R. Faid, H.-P. Poirier-Richard, H. Yockell-Lelièvre, F. Lussier and J. P. Spatz, *Anal. Chem.*, 2014, **86**, 8998–9005.
- 137 J. Liu, D. Yin, S. Wang, H.-Y. Chen and Z. Liu, *Angew. Chem., Int. Ed.*, 2016, **55**, 13215–13218.
- 138 F. Lussier, T. Brulé, M. Vishwakarma, T. Das, J. P. Spatz and J.-F. Masson, *Nano Lett.*, 2016, **16**, 3866–3871.
- 139 S. Hanif, H.-L. Liu, S. A. Ahmed, J.-M. Yang, Y. Zhou, J. Pang, L.-N. Ji, X.-H. Xia and K. Wang, *Anal. Chem.*, 2017, **89**, 9911–9917.
- 140 S. Hanif, H. Liu, M. Chen, P. Muhammad, Y. Zhou, J. Cao, S. A. Ahmed, J. Xu, X. Xia, H. Chen and K. Wang, *Anal. Chem.*, 2017, **89**, 2522–2530.
- 141 F. Lussier, T. Brulé, M.-J. Bourque, C. Ducrot, L.-É. Trudeau and J.-F. Masson, *Faraday Discuss.*, 2017, **205**, 387–407.
- 142 F. Lussier, D. Missirlis, J. P. Spatz and J.-F. Masson, *ACS Nano*, 2019, **13**, 1403–1411.
- 143 T. D. Nguyen, M. S. Song, N. H. Ly, S. Y. Lee and S.-W. Joo, *Angew. Chem., Int. Ed.*, 2019, **58**, 2710–2714.
- 144 W. Wang, F. Zhao, M. Li, C. Zhang, Y. Shao and Y. Tian, *Angew. Chem., Int. Ed.*, 2019, **58**, 5256–5260.
- 145 X. Zhao, S. Campbell, G. Q. Wallace, A. Claing, C. G. Bazuin and J.-F. Masson, *ACS Sens.*, 2020, **5**, 2155–2167.
- 146 H. Zhu, F. Lussier, C. Ducrot, M.-J. Bourque, J. P. Spatz, W. Cui, L. Yu, W. Peng, L.-É. Trudeau, C. G. Bazuin and J.-F. Masson, *ACS Appl. Mater. Interfaces*, 2019, **11**, 4373–4384.
- 147 G. Q. Wallace, B. Delignat-Lavaud, X. Zhao, L.-É. Trudeau and J.-F. Masson, *J. Chem. Phys.*, 2020, **153**, 124702.
- 148 P.-H. Liao, C.-Y. Tseng, Z.-Y. Ke, C.-L. Hsieh and K. V. Kong, *Chem. Commun.*, 2020, **56**, 4852–4855.
- 149 J. P. Scaffidi, M. K. Gregas, V. Seewaldt and T. Vo-Dinh, *Anal. Bioanal. Chem.*, 2009, **393**, 1135–1141.
- 150 J. Wang, Y. Geng, Y. Shen, W. Shi, W. Xu and S. Xu, *Sens. Actuators, B*, 2019, **290**, 527–534.
- 151 J. Dong, Q. Chen, C. Rong, D. Li and Y. Rao, *Anal. Chem.*, 2011, **83**, 6191–6195.
- 152 J. Dong, Q. Tao, M. Guo, T. Yan and W. Qian, *Anal. Methods*, 2012, **4**, 3879–3883.
- 153 P. Muhammad, J. Liu, R. Xing, Y. Wen, Y. Wang and Z. Liu, *Anal. Chim. Acta*, 2017, **995**, 34–42.
- 154 B. Zhou, M. Mao, X. Cao, M. Ge, X. Tang, S. Li, D. Lin, L. Yang and J. Liu, *Anal. Chem.*, 2018, **90**, 3826–3832.
- 155 S. Han, J. Sun, J. Wang, W. Qian and J. Dong, *J. Raman Spectrosc.*, 2018, **49**, 1747–1755.
- 156 B. Zhou, J. Shen, P. Li, M. Ge, D. Lin, Y. Y. Li, J. Lu and L. Yang, *ACS Appl. Nano Mater.*, 2019, **2**, 2752–2757.
- 157 P. Li, M. Ge, D. Lin and L. Yang, *Anal. Bioanal. Chem.*, 2019, **411**, 5669–5679.
- 158 M. Fleischmann, P. J. Hendra and A. J. McQuillan, *Chem. Phys. Lett.*, 1974, **26**, 163–166.
- 159 D. L. Jeanmaire and R. P. Van Duyne, *J. Electroanal. Chem.*, 1977, **84**, 1–20.
- 160 M. G. Albrecht and J. A. Creighton, *J. Am. Chem. Soc.*, 1977, **99**, 5215–5217.
- 161 R. M. Stöckle, V. Deckert, C. Fokas and R. Zenobi, *Appl. Spectrosc.*, 2000, **54**, 1577–1583.
- 162 J. Huang, Z. He, X. He, Y. Liu, T. Wang, G. Chen, C. Tang, R. Jia, L. Liu, L. Zhang, J. Wang, X. Ai, S. Sun, X. Xu and K. Du, *ACS Appl. Mater. Interfaces*, 2017, **9**, 28902–28910.
- 163 D. Gkogkou, T. Shaykhtudinov, C. Kratz, T. W. H. Oates, P. Hildebrandt, I. M. Weidinger, K. H. Ly, N. Esser and K. Hinrichs, *Analyst*, 2019, **144**, 5271–5276.
- 164 F. Zhou, M. Wang, L. Yuan, Z. Cheng, Z. Wu and H. Chen, *Analyst*, 2012, **137**, 1779–1784.
- 165 L. H. Kaufman, T. Cooper, G. Q. Wallace, D. Hawke, D. Betts, D. Hess and F. Lagugné-Labarthe, *Proc. SPIE*, 2019, **10894**, 108940B.
- 166 J. J. Niu, M. G. Schrlau, G. Friedman and Y. Gogotsi, *Small*, 2011, **7**, 540–545.

- 167 H.-L. Liu, J. Cao, S. Hanif, C. Yuan, J. Pang, R. Levicky, X.-H. Xia and K. Wang, *Anal. Chem.*, 2017, **89**, 10407–10413.
- 168 H. Liu, Q. Jiang, J. Pang, Z. Jiang, J. Cao, L. Ji, X. Xia and K. Wang, *Adv. Funct. Mater.*, 2018, **28**, 1703847.
- 169 D. A. Nelson and Z. D. Schultz, *J. Phys. Chem. C*, 2018, **122**, 8581–8588.
- 170 Q. Zhang, Y. Zhou, X. Fu, E. Villarreal, L. Sun, S. Zou and H. Wang, *J. Phys. Chem. C*, 2019, **123**, 26695–26704.
- 171 J.-J. Sun, H.-S. Su, H.-L. Yue, S.-C. Huang, T.-X. Huang, S. Hu, M. M. Sartin, J. Cheng and B. Ren, *J. Phys. Chem. Lett.*, 2019, **10**, 2306–2312.
- 172 R. M. Sarhan, W. Koopman, R. Schuetz, T. Schmid, F. Liebig, J. Koetz and M. Bargheer, *Sci. Rep.*, 2019, **9**, 3060.
- 173 F. Liebig, R. M. Sarhan, M. Bargheer, C. N. Z. Schmitt, A. H. Poghosyan, A. A. Shahinyan and J. Koetz, *RSC Adv.*, 2020, **10**, 8152–8160.
- 174 W. Qiu, F. Zhou, Q. Zhang, X. Sun, X. Shi, Y. Liang, X. Wang and L. Yue, *APMIS*, 2013, **121**, 919–925.
- 175 M. Fählning, A. Steege, A. Perlewitz, B. Nafz, R. Mrowka, P. B. Persson and B. J. Thiele, *Biochim. Biophys. Acta, Gene Struct. Expression*, 2005, **1731**, 32–40.
- 176 F. Pichiorri, D. Palmieri, L. De Luca, J. Consiglio, J. You, A. Rocci, T. Talabere, C. Piovan, A. Lagana, L. Cascione, J. Guan, P. Gasparini, V. Balatti, G. Nuovo, V. Coppola, C. C. Hofmeister, G. Marcucci, J. C. Byrd, S. Volinia, C. L. Shapiro, M. A. Freitas and C. M. Croce, *J. Exp. Med.*, 2013, **210**, 951–968.
- 177 C. Yuen and Q. Liu, *J. Biophotonics*, 2014, **7**, 683–689.
- 178 K. V. Kong, Z. Lam, W. K. O. Lau, W. K. Leong and M. Olivo, *J. Am. Chem. Soc.*, 2013, **135**, 18028–18031.
- 179 F. Sun, T. Bai, L. Zhang, J.-R. Ella-Menye, S. Liu, A. K. Nowinski, S. Jiang and Q. Yu, *Anal. Chem.*, 2014, **86**, 2387–2394.
- 180 G. Q. Wallace, M. Tabatabaei, M. S. Zuin, M. S. Workentin and F. Lagugn -Labarthe, *Anal. Bioanal. Chem.*, 2016, **408**, 609–618.
- 181 H. Yuan, W. Ji, S. Chu, S. Qian, F. Wang, J.-F. Masson, X. Han and W. Peng, *Biosens. Bioelectron.*, 2018, **117**, 637–643.
- 182 S. Srivastava, R. Sinha and D. Roy, *Aquat. Toxicol.*, 2004, **66**, 319–329.
- 183 N. Kim, M. R. Thomas, M. S. Bergholt, I. J. Pence, H. Seong, P. Charchar, N. Todorova, A. Nagelkerke, A. Belessiotis-Richards, D. J. Payne, A. Gelmi, I. Yarovsky and M. M. Stevens, *Nat. Commun.*, 2020, **11**, 207.
- 184 D. A. Stuart, J. M. Yuen, N. Shah, O. Lyandres, C. R. Yonzon, M. R. Glucksberg, J. T. Walsh and R. P. Van Duyne, *Anal. Chem.*, 2006, **78**, 7211–7215.
- 185 Y. Zhang, H. Liu, J. Tang, Z. Li, X. Zhou, R. Zhang, L. Chen, Y. Mao and C. Li, *ACS Appl. Mater. Interfaces*, 2017, **9**, 17769–17776.
- 186 L. A. Lane, R. Xue and S. Nie, *Curr. Opin. Chem. Biol.*, 2018, **45**, 95–103.
- 187 H. Kearns, F. Ali, M. A. Bedics, N. C. Shand, K. Faulds, M. R. Detty and D. Graham, *R. Soc. Open Sci.*, 2017, **4**, 170422.
- 188 M. Becucci, M. Bracciali, G. Ghini, C. Lofrumento, G. Pietraperzia, M. Ricci, L. Tognaccini, S. Trigari, C. Gellini and A. Feis, *Nanoscale*, 2018, **10**, 9329–9337.
- 189 A. S -nchez-Sol s, F. Karim, M. S. Alam, Q. Zhan, T. L pez-Luke and C. Zhao, *Opt. Lett.*, 2019, **44**, 4997–5000.
- 190 M. A. Bedics, H. Kearns, J. M. Cox, S. Mabbott, F. Ali, N. C. Shand, K. Faulds, J. B. Benedict, D. Graham and M. R. Detty, *Chem. Sci.*, 2015, **6**, 2302–2306.
- 191 K. A. Lynn, G. McNay, D. A. Eustace, N. C. Shand and W. E. Smith, *Analyst*, 2010, **135**, 1904–1905.
- 192 H. Huang, C. Shende, A. Sengupta, F. Inscore, C. Brouillette, W. Smith and S. Farquharson, *J. Raman Spectrosc.*, 2012, **43**, 701–705.
- 193 H. Kearns, M. A. Bedics, N. C. Shand, K. Faulds, M. R. Detty and D. Graham, *Analyst*, 2016, **141**, 5062–5065.
- 194 J. A. Curcio and C. C. Petty, *J. Opt. Soc. Am.*, 1951, **41**, 302–304.
- 195 H. Fleming, S. McAughtrie, B. Mills, M. G. Tanner, A. Marks and C. J. Campbell, *Analyst*, 2018, **143**, 5918–5925.
- 196 Y. Ran, P. Strobbia, V. Cupil-Garcia and T. Vo-Dinh, *Sens. Actuators, B*, 2019, **287**, 95–101.
- 197 J. Cao, D. Zhao and Y. Qin, *Talanta*, 2019, **194**, 895–902.
- 198 Q. Wang and L. Wang, *Nanoscale*, 2020, **12**, 7485–7499.
- 199 S. Harmsen, S. Rogalla, R. Huang, M. Spaliviero, V. Neuschmelting, Y. Hayakawa, Y. Lee, Y. Taylor, R. Toledo-Crow, J. W. Kang, J. M. Samii, H. Karabeber, R. M. Davis, J. R. White, M. van de Rijn, S. S. Gambhir, C. H. Contag, T. C. Wang and M. F. Kircher, *ACS Nano*, 2019, **13**, 1354–1364.
- 200 S. E. Bohndiek, A. Wagadarikar, C. L. Zavaleta, D. Van de Sompel, E. Garai, J. V. Jokerst, S. Yazdanfar and S. S. Gambhir, *Proc. Natl. Acad. Sci. U. S. A.*, 2013, **110**, 12408–12413.
- 201 E. Garai, S. Sensarn, C. L. Zavaleta, N. O. Loewke, S. Rogalla, M. J. Mandella, S. A. Felt, S. Friedland, J. T. C. Liu, S. S. Gambhir and C. H. Contag, *PLoS One*, 2015, **10**, e0123185.
- 202 D. Choudhury, M. G. Tanner, S. McAughtrie, F. Yu, B. Mills, T. R. Choudhary, S. Seth, T. H. Craven, J. M. Stone, I. K. Mati, C. J. Campbell, M. Bradley, C. K. I. Williams, K. Dhaliwal, T. A. Birks and R. R. Thomson, *Biomed. Opt. Express*, 2017, **8**, 243–259.
- 203 F. Nicolson, L. E. Jamieson, S. Mabbott, K. Plakas, N. C. Shand, M. R. Detty, D. Graham and K. Faulds, *Analyst*, 2018, **143**, 5965–5973.
- 204 P. Matousek, I. P. Clark, E. R. C. Draper, M. D. Morris, A. E. Goodship, N. Everall, M. Towrie, W. F. Finney and A. W. Parker, *Appl. Spectrosc.*, 2005, **59**, 393–400.
- 205 N. A. Macleod and P. Matousek, *Appl. Spectrosc.*, 2008, **62**, 291A–304A.
- 206 P. Matousek and N. Stone, *Chem. Soc. Rev.*, 2016, **45**, 1794–1802.

- 207 N. Stone, K. Faulds, D. Graham and P. Matousek, *Anal. Chem.*, 2010, **82**, 3969–3973.
- 208 P. Dey, W. Olds, I. Blakey, K. J. Thurecht, E. L. Izake and P. M. Fredericks, *J. Raman Spectrosc.*, 2013, **44**, 1659–1665.
- 209 F. Nicolson, L. E. Jamieson, S. Mabbott, K. Plakas, N. C. Shand, M. R. Detty, D. Graham and K. Faulds, *Analyst*, 2018, **143**, 5358–5363.
- 210 F. Nicolson, L. E. Jamieson, S. Mabbott, K. Plakas, N. C. Shand, M. R. Detty, D. Graham and K. Faulds, *Chem. Commun.*, 2018, **54**, 8530–8533.
- 211 N. Stone, M. Kerssens, G. R. Lloyd, K. Faulds, D. Graham and P. Matousek, *Chem. Sci.*, 2011, **2**, 776–780.
- 212 J. M. Yuen, N. C. Shah, J. T. Walsh, M. R. Glucksberg and R. P. Van Duyne, *Anal. Chem.*, 2010, **82**, 8382–8385.
- 213 K. Ma, J. M. Yuen, N. C. Shah, J. T. Walsh, M. R. Glucksberg and R. P. Van Duyne, *Anal. Chem.*, 2011, **83**, 9146–9152.
- 214 A. S. Moody, P. C. Baghernejad, K. R. Webb and B. Sharma, *Anal. Chem.*, 2017, **89**, 5688–5692.
- 215 A. S. Moody, T. D. Payne, B. A. Barth and B. Sharma, *Analyst*, 2020, **145**, 1885–1893.
- 216 B. Sharma, K. Ma, M. R. Glucksberg and R. P. Van Duyne, *J. Am. Chem. Soc.*, 2013, **135**, 17290–17293.
- 217 R. A. Odion, P. Strobbia, B. M. Crawford and T. Vo-Dinh, *J. Raman Spectrosc.*, 2018, **49**, 1452–1460.
- 218 F. Nicolson, B. Andreiuk, C. Andreou, H.-T. Hsu, S. Rudder and M. F. Kircher, *Theranostics*, 2019, **9**, 5899–5913.
- 219 S. Lee, H. Chon, S.-Y. Yoon, E. K. Lee, S.-I. Chang, D. W. Lim and J. Choo, *Nanoscale*, 2012, **4**, 124–129.
- 220 L. Xiao, A. K. Parchur, T. A. Gilbertson and A. Zhou, *Anal. Methods*, 2018, **10**, 22–29.
- 221 S. Ye, Y. Wu, F. Wan and Y. Li, *Chem. Commun.*, 2019, **55**, 9967–9970.
- 222 V. Amendola, S. Scaramuzza, L. Litti, M. Meneghetti, G. Zuccolotto, A. Rosato, E. Nicolato, P. Marzola, G. Fracasso, C. Anselmi, M. Pinto and M. Colombatti, *Small*, 2014, **10**, 2476–2486.
- 223 J. Reguera, D. Jiménez de Aberasturi, M. Henriksen-Lacey, J. Langer, A. Espinosa, B. Szczupak, C. Wilhelm and L. M. Liz-Marzán, *Nanoscale*, 2017, **9**, 9467–9480.
- 224 C. D. Ahrberg, J. Wook Choi and B. Geun Chung, *Sci. Rep.*, 2020, **10**, 1737.
- 225 D. Yang, G. Liu, H. Li, A. Liu, J. Guo, Y. Shan, Z. Wang and J. He, *Analyst*, 2020, **145**, 1047–1055.