

## REVIEW

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# Metallic nanomaterials in Parkinson's disease: a transformative approach for early detection and targeted therapy

Amira Mansour,<sup>†</sup> Mariam Hossam Eldin<sup>†</sup> and Ibrahim M. El-Sherbiny<sup>ID\*</sup>

Parkinson's disease (PD) is a progressive neurodegenerative disorder characterized by substantial loss of dopaminergic neurons in the substantia nigra, leading to both motor and non-motor symptoms that significantly impact quality of life. The prevalence of PD is expected to increase with the aging population, affecting millions globally. Current detection techniques, including clinical assays and neuroimaging, lack the sensitivity and specificity to sense PD in its earliest stages. Despite extensive research, there is no cure for PD, and available treatments primarily focus on symptomatic relief rather than halting disease progression. Conventional treatments, such as levodopa and dopamine agonists, provide limited and often temporary relief, with long-term use associated with significant side effects and diminished efficacy. Nanotechnology, particularly the use of metallic-based nanomaterials (MNMs), offers a promising approach to overcome these limitations. MNMs, due to their unique physicochemical properties, can be engineered to target specific cellular and molecular mechanisms involved in PD. These MNMs can improve drug delivery, enhance imaging and biosensing techniques, and provide neuroprotective effects. For example, gold and silver nanoparticles have shown potential in crossing the blood–brain barrier, providing real-time imaging for early diagnosis and delivering therapeutic agents directly to the affected neurons. This review aims to reveal the current advancements in the use of MNMs for the detection and treatment of PD. It will provide a comprehensive overview of the limitations of conventional detection techniques and therapies, followed by a detailed discussion on how nanotechnology can address these challenges. The review will also highlight recent preclinical research and examine the potential toxicity of MNMs. By emphasizing the potential of MNMs, this review article aims to underscore the transformative impact of nanotechnology in revolutionizing the detection and treatment of PD.

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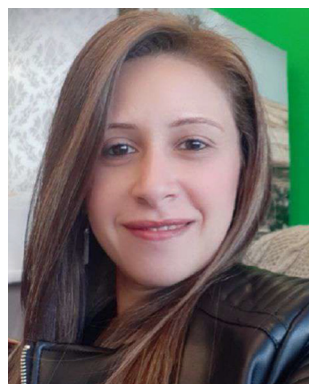
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Nanomedicine Laboratories, Center for Materials Science, Zewail City of Science and Technology, 6th October City, 12578 Giza, Egypt.

E-mail: [ielsherbiny@zewailcity.edu.eg](mailto:ielsherbiny@zewailcity.edu.eg)

<sup>†</sup> These authors contributed equally to this work.



**Amira Mansour**

*Amira Mansour is a pharmacist, graduated from Misr International University (MIU). She obtained her PhD in Nanoscience (Nanomedicine) from Zewail City of Science and Technology, Egypt, in 2023. Her research focused on the biomedical applications of diverse nanomaterials, especially in the treatment of breast and hepatic cancers. Currently, she is an Adjunct Assistant Professor at the Nanoscience Program and a Senior Researcher at the CMS in Zewail City.*



**Mariam Hossam Eldin**

*Mariam HossamEldin is a Master's student in Nanoscience/Nanomedicine and a teaching assistant in Chemistry and Nanoscience Program in Zewail City of Science and Technology. She holds a bachelor's degree in Nanoscience (Nanomedicine Concentration) along with a minor in drug design and development. Her research work is specialized in nanoformulations exploited for drug delivery in a pulmonary route. She has also investigated the use of metal nanoparticles in colorimetric biosensors for the detection of hepatitis C virus (HCV) and developed a prototype.*



# 1. Introduction

Parkinson's disease (PD) is a public debilitating progressive neurodegenerative disorder primarily affecting the elderly. It ranks second in prevalence after Alzheimer's disease. The prevalence of PD has increased over the past 40 years compared to previous periods, reaching about 9% among the elderly population over 60 years, with a higher incidence in males. This gender-related occurrence is thought to be due to the potential neuroprotective effects of estrogen.<sup>1,2</sup> According to the WHO, the population affected by PD is expected to rise to about 2 million by 2030.<sup>3,4</sup> Although the etiology of PD is not yet fully understood, it is attributed to both non-genetic factors, such as dietary imbalances and pesticides, and genetic mutations related to  $\alpha$ -syn and dopamine, which are more prevalent in patients under 40 years of age.<sup>3,5</sup> To achieve a definitive diagnosis and efficient therapy, the pathophysiology of PD should be elucidated. While the PD etiology remains unclear, ongoing research aims to provide a coherent and substantial mechanistic explanation.

The dopaminergic neurons of the substantia nigra (SN) provide dopamine to the striatum. In PD, the substantia nigra pars compacta (SNpc) neurons, which are responsible for motor functions, are disrupted, leading to a depletion of extracellular dopamine in the synapse. This results in striatal malfunction and induces motor disability.<sup>6–9</sup> Other coherently pertinent factors that exacerbate the PD ailment include altered mitochondrial function, triggered cerebral inflammatory response, exacerbated ROS generation and activation of microglia.<sup>10–12</sup>

Remarkably, the aggregation of  $\alpha$ -synuclein ( $\alpha$ -syn) and the formation of Lewy bodies within the dopaminergic neurons of

the substantia nigra are some of the main hallmarks. The  $\alpha$ -syn protein is composed of 140 amino acids divided into 3 regions; N-terminal, amyloid-binding central domain and C-terminal. The first region is responsible for the protein's aggregation where the phosphorylation of serine-129 within the last region abrogates this event.<sup>13–15</sup> The aggregation of  $\alpha$ -syn contributes to the dissipation of dopaminergic neurons within the SNpc leading to dopamine deficiency.<sup>16,17</sup>

The PD development and progression are mostly explained by the Braak hypothesis that divides the disease into six stages, where the symptoms start with olfactory disorders and end with cognitive impairment.<sup>18,19</sup> PD symptoms can be classified as motor and non-motor symptoms as well (Fig. 1). Neuromotor disability is mainly observed as tremors at rest and bradykinesia. The latter class is heterogeneous and includes cognitive disorders in addition to the fast movement of the eye and some non-PD-specific symptoms. All these symptoms culminate in declined life quality and can occasionally embarrass the patients.<sup>20–23</sup> The focus of this review is on the inciting development of metallic nanomaterial (MNM)-based detection techniques, therapeutics and theranostics. Furthermore, toxicity, biocompatibility, challenges, and future outlook are delineated.

## 2. Detection of PD

PD clinical diagnosis remains a challenge as it is misleading in most cases due to the overlap of its symptoms with other neurodegenerative disorders. Intriguingly, the accumulation of misfolded  $\alpha$ -syn protein clumps and the development of Lewy bodies in various parts of the brain are evident to be the primary pathogenic hallmarks of PD. These  $\alpha$ -syn aggregates, as well as DA, levodopa (LD), and miRNAs, form essential biomarkers for the early identification and control of this disease.<sup>26–29</sup> Current diagnostic platforms involve enzyme-linked immunosorbent assay (ELISA), fluorescence and electrochemical immunoassays, high-performance liquid chromatography (HPLC), real-time polymerase chain reaction (rt-PCR) and neurobiosensors.<sup>26,30,31</sup> ELISA is the most widely used method for the detection of



Ibrahim M. El-Sherbiny

*Ibrahim M. El-Sherbiny (BSc-Hons, MSc, PhD, DSc, FAAS) is a Tenured Professor of Nanotechnology and Nanomedicine, the Founding Chairman of Nanoscience Program, and Director of the Center of Materials Science (CMS) at Zewail City of Science and Technology. El-Sherbiny's research focuses on the design and development of new classes of smart nano- and nano-in-micro matrices using advanced nanotechnology techniques and evaluating these new structures as*

*potential candidates in various biotechnological, pharmaceutical and biomedical applications, including targeted and controlled drug delivery, tissue engineering, regenerative medicine, and biosensing. El-Sherbiny's achievements have garnered widespread global recognition, with over 70 national and international awards, including the Order of Egyptian Republic in Science and Arts and State Award for Excellence in Advanced Sciences. He has been honored by several esteemed organizations worldwide, showcasing his global impact and influence in the fields of Nanotechnology and Nanomedicine.*

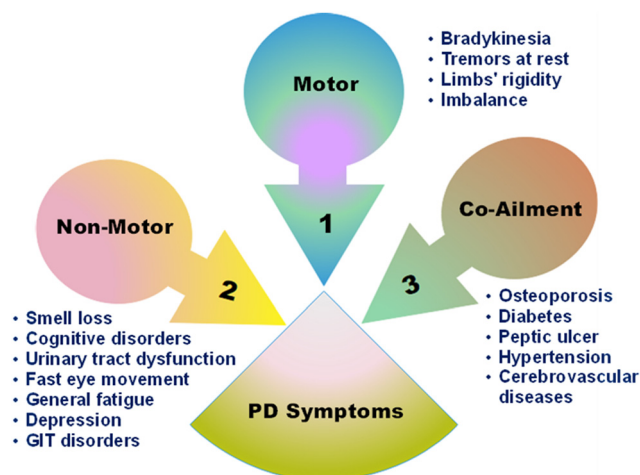


Fig. 1 Summary of the symptoms of PD.<sup>20,24,25</sup>



markers such as PS65-Ub, indicating any mitochondrial dysfunction, and  $\alpha$ -syn, especially in CSF because its levels are higher than those in biofluids.<sup>32</sup> Other methods, such as electrochemiluminescence and immunomagnetic reduction are becoming more common and undergo more developments to detect extremely low levels of biomarkers.<sup>33</sup> These conventional techniques are used to selectively detect and quantify the levels of DA and  $\alpha$ -syn in body fluids such as blood and urine.<sup>34</sup> However, they suffer from several limitations, as they can be complex, expensive, time-consuming, and inaccurate, providing false results, and requiring result interpretation.<sup>34,35</sup>

Molecular imaging techniques are also implemented in PD diagnosis; they include magnetic resonance imaging (MRI), single-photon emission computed tomography (SPECT), positron emission tomography (PET), transcranial ultrasound imaging and their advancements. They provide quantitative information about structural changes in the brain according to their modalities and computer algorithms, and utilize tracers and contrast agents to bind to specific targets and markers.<sup>36–38</sup> Nevertheless, they are still expensive and labor-intensive techniques, and this limits their accessibility for PD patients.

### 2.1. Artificial intelligence (AI)-based PD detection

With the urgent need for development and advancements of PD differential diagnosis techniques, scientists have implemented and integrated artificial intelligence (AI) and machine learning (ML) in this process. They have employed data analytics to accurately diagnose PD in the early stages and it is showing promising results. AI holds a great potential for the automation of diagnosis and accessibility in remote areas with high

demands.<sup>39,40</sup> They mainly depend on using different models and algorithms to process inputs according to well-established libraries. These inputs can be medical history, genetic information, symptoms or PET images that need expertise to be analyzed. Such inputs are provided to AI systems possibly through wearable devices (WDs), so that they can detect patterns and anomalies indicating PD incidences with remarkable precision. Even breath patterns, as shown in Fig. 2, were proved to have a link with PD, where a study was conducted on nocturnal breath signals to predict the disease.<sup>41</sup> The developed model achieved specificity and sensitivity of 82.83% and 86.23%, respectively using wireless signals. While ML uses algorithms to enable computers to process data without being programmed, deep learning (DL) exploits more sophisticated multi-layered neural networks for more complex data analysis and accurate predictions.<sup>39</sup> This allowed expanding the sample size, reaching remote places, early decision making, and optimizing more algorithms to outperform human expertise. Moreover, WDs emerged as a promising tool that allows the non-invasive detection and continuous monitoring of PD. They have advanced sensors that capture motion patterns and physiological signals in real time, and collect data to analyze motor functions indicative of PD. The design of these devices was integrated with AI to aid in data interpretation and highlight any deviation from normal motor functions.<sup>42</sup> AI also facilitates the continuous improvement of WDs and adaptation through learning from any new inputs for further enhancement of the accuracy.<sup>43</sup> Besides, different types of sensors such as inertial, acoustic, optical, electrical, and force sensors were exploited in WDs. Once the patient uses the device, it begins retrieving and

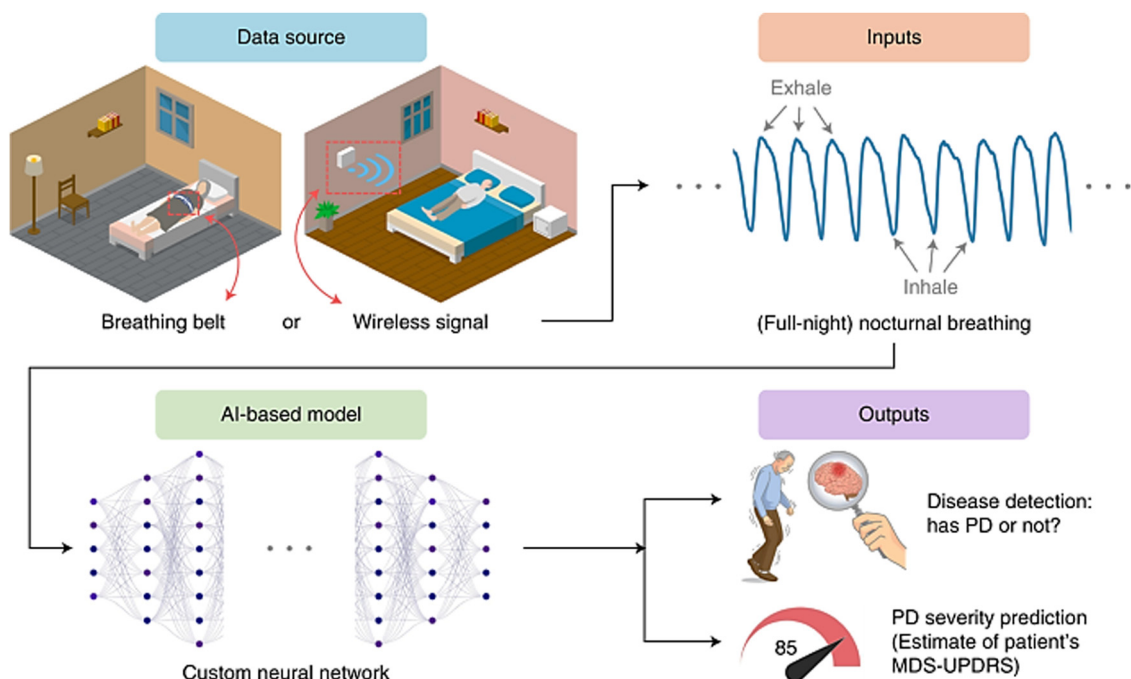


Fig. 2 Scheme of AI-based diagnosis process for PD. Breathing patterns are collected through signals or wearable devices and processed using AI models. Based on the analysis, PD is predicted if present, and its severity is determined according to the movement disorder society unified Parkinson's disease rating scale (MDS-UPDRS) questionnaire. Reproduced from ref. 41.





collecting specific data to be processed and analyzed using different AI and DL or ML models and algorithms.<sup>44</sup> However, this technology suffers from several drawbacks; ML models implemented in the studies lack full description of findings or techniques. Moreover, the number and kind of subjects and their medical history are not accurately reported and assessed, while DL models are limited due to difficulty in handling their datasets.<sup>45,46</sup>

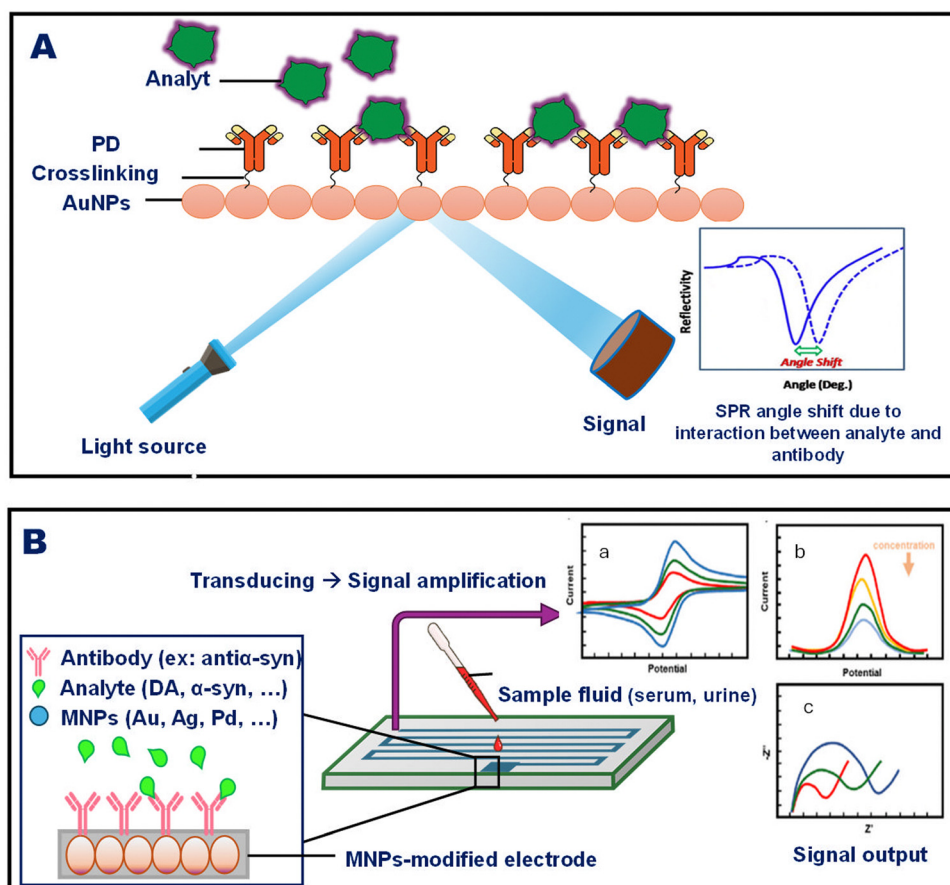
## 2.2. MNM-based biosensors for the detection of PD

Nanotechnology holds great potential to overcome the aforementioned challenges and confer revolutionary advances in developing diagnostic assays to enable the early detection of this incurable neurological disorder. Although the mechanism of nanomaterials in biosensing remains unclear, they are currently being explored for their ability to offer high sensitivity, specificity and low limit of detection (LOD).<sup>47</sup> Metal nanoparticles (MNPs) such as gold and silver nanoparticles (NPs) exhibit unique tunable electronic and optical properties, which make them applicable for the imaging of PD. They can interact with incident light and form characteristic absorption signals that shift depending on their sizes and shapes.<sup>48</sup> Moreover, they can be functionalized with specific chemical moieties to be able

to cross the blood–brain barrier (BBB) and act as contrast agents or bind to any desired biomarker and quantify it with high sensitivity.<sup>49–51</sup> Different metals can be used to develop diagnostic assays for the detection of PD depending on their properties and the type of sensors.<sup>52,53</sup> For instance, a study was conducted to develop an immunosensor based on electrochemical impedance spectroscopy. They used an electrode system modified with palladium nanoparticles (PdNPs) to enhance the signals and conductivity. This PdNP-plated electrode was functionalized with  $\alpha$ -syn antibodies to quantify the levels of  $\alpha$ -syn and epinephrine in clinical serum samples. It showed linear response in phosphate buffer and serum samples with LOD values of  $0.13 \mu\text{g mL}^{-1}$  and  $1.3 \mu\text{g mL}^{-1}$ , respectively.<sup>54</sup> Based on that, research has recently focused mainly on exploiting MNMs to enhance the sensitivity and performance of different types of biosensors. Biosensors can be categorized into immunosensors, DNA- and enzyme-based biosensors, and piezoelectric and thermal biosensors.<sup>35,55</sup> This review focuses mainly on different MNMs such as zinc, platinum, gold, silver, cerium, and iron in the fabrication of biosensors for the detection and imaging of PD.

### 2.2.1. Gold nanoparticle (AuNP)-based biosensors for the detection of PD.

The nanoparticles of the noble metal gold



**Fig. 3** (A) Schematic of the SPR phenomenon of AuNPs and its implementation in a diagnostic platform, where the interaction between the antibody and the analyte (target) causes a shift in the SPR signal, indicating the presence of the target. (B) Schematic of an electrochemical biosensor exploited in PD diagnosis. The antibodies are linked to an electrode, and the presence of the analyte alters the electrical signal output, which may be observed in the form of (a) cyclic voltammetry (CV) signal, (b) differential pulse voltammetry (DPV) signal, or (c) electrochemical impedance spectroscopy (EIS) signal.



(AuNPs) are extensively used for the detection of PD owing to the ease of fabrication, their inert nature, large surface area, and high affinity to biomolecules.<sup>56</sup> In addition, they are biocompatible and good conductors of electricity, and they have unique optical properties manifested in their surface plasmon resonance (SPR). SPR is related to the oscillation of conducting electrons, resulting in a distinguished absorption profile that depends on the shape and size of AuNPs. On account of this phenomenon, they are considered as signal transducers, as shown in Fig. 3(A).<sup>57,58</sup> Moreover, they have been used in different structures to construct simple and sensitive biosensing platforms to enable the rapid and early detection of biomarker of PD, as shown in Fig. 3(B). For instance, biotinylated antibody-conjugated AuNPs combined with graphene were used to design an electrochemical immunosensor to linearly detect the concentration of  $\alpha$ -syn antigen in plasma. This nanocomposite enabled immobilization of the antibody, enhanced the conductivity, sensitivity, and specificity of the immunosensor, and produced a higher current peak of 5.5  $\mu$ A. Moreover, its electrochemical performance was investigated using square wave voltammetry (SWV) and showed linear detection of the antigen from 4 to 128 ng mL<sup>-1</sup> with an LOD of 4 ng mL<sup>-1</sup>. However, the immunosensor stability and reproducibility were still under investigation before it can be used as a point-of-care device.<sup>31</sup>

Another research work was performed using activated charcoal modified with AuNPs to detect the levels of LD in synthetic serum, urine, and river water. This nanocomposite was deposited on a glassy carbon substrate to fabricate an electrode that measures the electrochemical response of LD by square-wave adsorptive anodic stripping voltammetry. Various factors were also studied according to the Doehlert experimental matrix to assess their impact on the electrode performance. The results indicated the linear detection of LD and LOD of 50 nmol L<sup>-1</sup>–10  $\mu$ mol L<sup>-1</sup> and 8.2 nmol L<sup>-1</sup>, respectively.<sup>34</sup>

Several studies were also conducted using the same integrated nanocomposite with different carbon allotropes to construct an electrochemical immunosensor. The reason is that it proved to have high surface area and conductivity, unique electronic properties, and biocompatibility. For example, recent work was conducted using multi-walled carbon nanotubes with AuNP-doped indium tin oxide electrodes. This electrode was developed to detect levels of DJ-1 protein as a biomarker of PD in cerebrospinal fluids and saliva. The analysis of the biosensor efficiency was performed by electrochemical impedance spectroscopy (EIS), single-frequency impedance, and cyclic voltammetry (CV), and it showed the detection range and LOD of 4.7–4700 fg mL<sup>-1</sup> and 0.5 fg mL<sup>-1</sup>, respectively.<sup>59,60</sup>

Carbon nanotubes were also used in another work as single-walled (SWCNTs) to fabricate interdigitated electrodes functionalized chemically with anti- $\alpha$ -syn-conjugated Au nanourchin.<sup>56</sup> This electrode was designed to detect the levels of  $\alpha$ -syn, and the results were confirmed by ELISA technique. Due to the integration of Au nanomaterials into electrodes, higher sensitivity and selectivity were achieved because they can detect low currents. Therefore, the LOD was enhanced from 1 pM using the bare SWCNT electrode to 1 fM after applying conjugated gold nanourchin.<sup>56</sup>

A different study was conducted using labelled gold nanobipyramids (GNBPs) to construct a lab-on-a-chip diagnostic system based on surface-enhanced Raman scattering (SERS). This nanostructure was anisotropic, which offered sharp tips and edges, and consequently, enriched the plasmonic hot points. In addition, it was functionalized with hairpin DNA and Raman reporter moieties which caused GNBPs to aggregate if the analyte was present. This platform enabled the detection of altered expression of miR-221 and miR-214 as biomarkers of PD through amplified SERS signals due to aggregation.<sup>61</sup>

SERS technique was also implemented in another study conducted on AuNPs. However, this study aimed to image DA in retinal tissues and live cells. AuNPs were labelled with modified thiol molecules due to their high affinity to the Au surface where DA-positive samples result in the aggregation of functionalized AuNPs. The positive response was detected by the Raman scattering signals due to formed plasmonic hot spots, and it is speculated that this technique can be further applied in the detection of DA in live cells in PD patients.<sup>62</sup> Furthermore, the biodistribution of administered gold nanoclusters (AuNCLs) was studied as a function of the route of administration in mice as the animal model. Intravenous, intraperitoneal, intranasal, and intragastric routes were assessed, and it was found that AuNCs were mostly located in the brain in the case of intraperitoneal administration. This implies that they had the ability to cross the BBB, and therefore, can be further investigated to use such nanoparticles in the imaging of PD upon irradiation along with treatment.<sup>63</sup> Besides, Adam *et al.* focused on developing a AuNP-based interdigitated tetraelectrode to detect  $\alpha$ -syn in the fibril formation process. This electrochemical biosensor was investigated using a cyclic and differential pulse voltammeter, and the results showed a linear range of 1 aM–1 pM and an LOD of 100 aM.<sup>64</sup> All these biosensing models will enable the early detection and monitoring of PD once they are well developed and pass the stages of the clinical trials.

**2.2.2. Silver nanoparticle (AgNP)-based biosensors for the detection of PD.** Silver nanoparticles (AgNPs) were reported in the literature for the detection of PD by biosensing different PD biomarkers.<sup>65</sup> Like Au, Ag has unique SPR properties, good chemical stability and biocompatibility, and enables Raman spectroscopy. For example, Ma *et al.* exploited silver nanoclusters (AgNCLs) functionalized with 5-mercapto-2-nitrobenzoic acid (MNBA) to fabricate a photoelectrochemical biosensor to detect the levels of DA and glutathione (GSH), simultaneously in PD-bearing animal models with different stages. The cell structure was designed using Ag electrodes as multi-channels for the detection of multiple analytes through changes of photocurrent. AgNCLs were further integrated with hybrid nanomaterials such as graphene oxide (GO), carbon dots (CDs), and AgNPs to enhance the photoelectric activity, sensing performance, and the selectivity. The results indicated that the biosensor hybrid with AgNPs and GO achieved an LOD and linear range of DA of 53 nM and 0.16–6  $\mu$ M, respectively, whereas the biosensor hybrid with CDs reported an LOD and linear range of GSH of 34.3 nM and 0.1–1  $\mu$ M, respectively.<sup>26</sup>



Another work employed AgNPs to fabricate label-free SERS platform as a sensitive and robust diagnostic assay to detect 5-S-cysteinyl-DA, which is an important metabolite in PD. The results indicated that this technique allowed the detection of the metabolite in the synthetic cerebrospinal fluid with low concentrations of about 10 nM, and 100 nM in simulated urine.<sup>66</sup>

The same technique was implemented in another work to detect the levels of DA *in situ* using AgNPs where the label-free SERS measurements were conducted with a laser of wavelength 488 nm. The results displayed the reproducibility of SERS spectrum when using citrate-reduced AgNPs upon binding to DA through surface adsorption.<sup>67</sup> Besides, Rouhani *et al.* worked on developing a biosensing electrode made of AgNPs with GO as a nanocomposite to detect LD in serum and urine samples. The performance of the modified electrode was measured through CV, and it showed enhanced oxidation-reduction peaks. Different parameters such as concentration of GO, pH, and accumulation time were optimized, and the results showed that this accurate assay achieved an LOD of 0.76 nM and a linear range of 0.003–10  $\mu\text{M}$  of LD.<sup>68</sup>

**2.2.3. Iron oxide nanoparticles (ION)-based biosensors for the detection of PD.** Avowedly, iron oxide nanoparticles (IONS) are extensively used in the bioimaging and biosensing of neurodegenerative diseases due to their inherent biocompatibility, biodegradability, and small tunable sizes.<sup>69</sup> They also exhibit unique SPR properties and high refractive index; therefore, they can cross the BBB and serve as excellent MRI contrast agents in clinical bioimaging. Moreover, they can be functionalized with specific chemical moieties for enhancing the active targeting and bypassing BBB. Superparamagnetic IONS (SPIONS) align and become magnetic in the presence of external magnetic field, and this property can be employed for sustained drug release, controlling the targeting and avoiding the clearance.<sup>57</sup> Furthermore, SPIONS have also been used to tag, track, and monitor stem cells and their spatial distribution *via* MRI.<sup>70</sup> An *et al.* managed to synthesize ultra-small IONS functionalized with polyacrylic acid (PAA) and polyethylene glycol (PEG) to prevent protein corona formation and reduce the immunogenic response *in vivo*. These particles acted as effective MRI agents with a relaxation rate of 84.65  $\text{s}^{-1} \text{mM}^{-1}$ , and they enabled labeling and tracing of primary human adipose-derived stem cells for up to 3 weeks.<sup>71</sup> This can be further implemented as a diagnostic technique to trace potentially therapeutic stem cells in PD patients.

Another study employed PEGylated SPIONS conjugated to a W20 antibody as the MRI probe to detect amyloid oligomers in PD transgenic mice. The results proved the BBB penetration of these small SPIONS and showed high magnetic resonance relaxation and significant contrast in  $T_2$ -weighted image. Therefore, this system was able to detect amyloids at the early stages because of its high sensitivity and biocompatibility.<sup>72</sup> Additionally, magnetic IONS were exploited in the biosensing of different biomarkers of PD due to the ease of their functionalization and their high sensitivity. For instance, Yang *et al.* developed a sensitive immunosensor depending on immunomagnetic reduction (IMR) of magnetic IONS labelled with anti- $\alpha$ -syn.

The IMR signals in plasma samples were detected using a magnetosusceptometer, and the results showed that they achieved an LOD and range of  $\alpha$ -syn concentration of 0.3  $\text{fg mL}^{-1}$  and 0.1–100  $\text{pg mL}^{-1}$ , respectively.<sup>73,74</sup> Another work was done using anti- $\alpha$ -syn-functionalized ION hybrids with GO to construct Mg-based micromotors for the detection of  $\alpha$ -syn in whole-blood samples. This sensitive electrochemical biosensor enabled the effective capturing of the biomarker in 100 s and its concentration was inversely proportional to the signal amplification capability of the developed biosensor.<sup>75</sup> Besides, Zhang *et al.* investigated ION-based interdigitated electrode for the identification of  $\alpha$ -syn through using both the aptamer and the antibody to sandwich the analyte. They enhanced the performance of this biosensor by modifying it with AuNPs where the current changed as a response to binding to the target in a linear manner. The results recorded an LOD of 10 aM and a linear range of 10– $10^7$  aM with  $R^2 = 0.9729$ , thereby enabling the sensitive and accurate detection of  $\alpha$ -syn (Fig. 4).<sup>76</sup> Table 1 summarizes the main studies of MNM-based biosensors of PD.

These MN-based electroanalytical techniques have advantages over conventional ones as they require a small volume of sample and exhibit high sensitivity and specificity. They also allow multiplexing where one electrochemical biosensor can be functionalized with various ligands for the detection of multiple analytes simultaneously, and this, as a return, enhances the accuracy of the result. As for the imaging techniques, contrast agents such as IONS enabled higher resolution in MRI and easy penetrability due to their ultra-small sizes, and they can detect any minor changes in the brain structure. However, using MNPs may encounter some limitations where they can be expensive to manufacture, complex according to the design, and difficult in standardization because of the low reproducibility and high reactivity of the nanoparticles. These hurdles require more advanced research and optimization in implementing nanotechnology in diagnostic techniques to overcome such limitations and enhance the nanoparticle applicability.

### 3. Treatment of PD

BBB is a semi-permeable membrane that surrounds the central nervous system including the brain. It confers selective permeability that constrains the passage of pathogens and toxins but passively transport the essential nutrients for survival and homeostasis.<sup>82</sup> On the other hand, this semi-permeability constrains the treatment as only 1% of the therapeutic doses reaches the brain. However, increasing the doses is stumbled by the severity of the adverse effects.<sup>16,83</sup> PD is irremediable and the available therapy is mainly palliative for both the motor and non-motor symptoms. Therefore, the patients' plight is ameliorated through the easiness of the symptoms by increasing the intra-neuronal dopamine (DA) or enhancing DA receptors.<sup>20</sup> Due to the noted DA deficiency in the PD patient's brains, the efforts lead to the development of a DA precursor, levodopa (L-3,4-dihydroxyphenylalanine, known as L-dopa). L-Dopa is characterized by its ability to penetrate the BBB and get converted into DA when



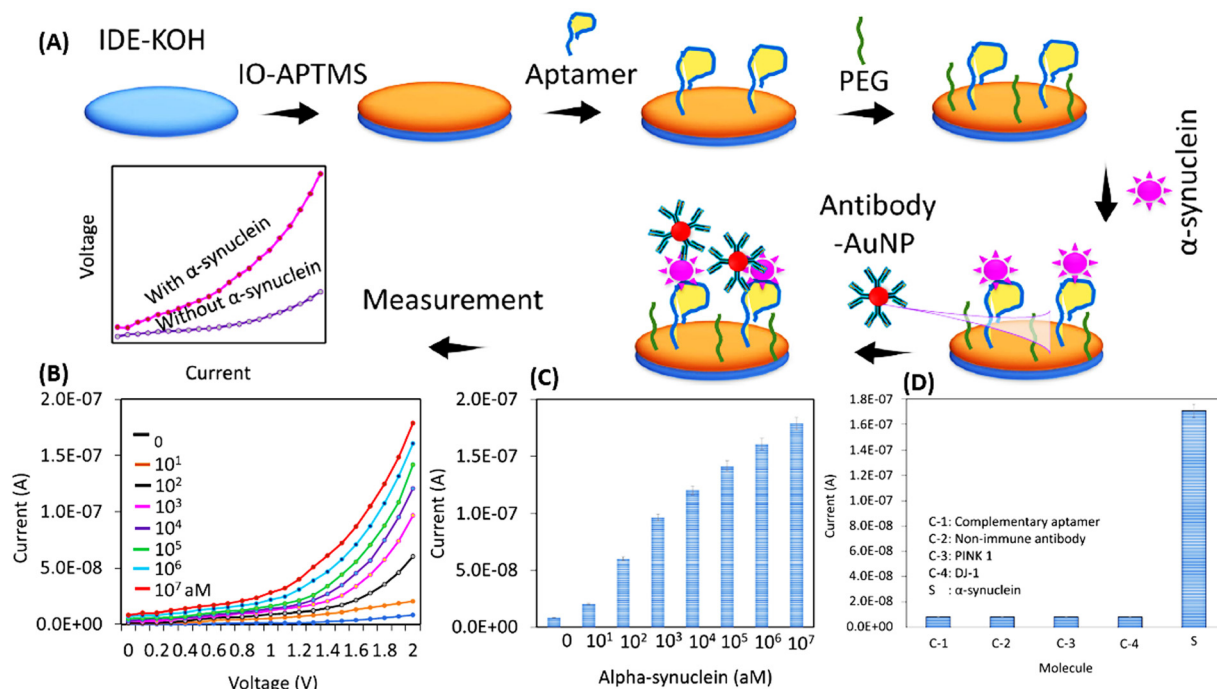


Fig. 4 (A) Scheme of the biosensor construction. Iron oxide (IO)-modified aptamers and polyethylene glycol (PEG) were immobilized on the surface of interdigitated di-electrode (IDE), where  $\alpha$ -syn is sandwiched between the anti- $\alpha$ -syn aptamer and antibody-AuNPs (B) and (C) quantitative detection of  $\alpha$ -syn at various concentrations and (D) selective detection of  $\alpha$ -syn in the presence of other analytes. Reproduced from ref. 76.

Table 1 Summary of the main studies reporting the development of MNM-based PD biosensors

Target	Targeting ligand	Sample type	Detection method	Nanomaterial	Linear range	LOD	Ref.
$\alpha$ -syn	Rabbit Ab138501 mAb	Serum	Label-free SPR	Iron oxide ( $\text{Fe}_3\text{O}_4$ ) NPs	$0.01\text{--}100\text{ pg mL}^{-1}$	$5.6\text{ fg mL}^{-1}$	30
$\alpha$ -syn	Specific antibodies	Synthetic cerebrospinal fluid	Electrochemical impedance spectroscopy	Palladium (Pd) NPs	$1.5\text{--}15\text{ }\mu\text{g mL}^{-1}$	$0.13\text{ }\mu\text{g mL}^{-1}$	54
Epinephrine	—	Live human nerve cells	Enzyme-less electrochemical biosensor (CV)	NiAl layered double hydroxides nanosheets integrated with GO	$0.75\text{--}100\text{ }\mu\text{mol L}^{-1}$	$0.051\text{ }\mu\text{mol L}^{-1}$	77
DA	—	Live human nerve cells	Enzyme-less electrochemical biosensor (CV)	NiAl layered double hydroxides nanosheets integrated with GO	$0.1\text{--}97\text{ }\mu\text{M}$	2 nM	77
$\alpha$ -syn	Anti- $\alpha$ -syn	Diluted human sera	Label-free electrochemical immunoassay	Cysteamine-functionalized fluorine-doped tin oxide NPs	$10\text{--}1000\text{ ng mL}^{-1}$	$1.13\text{ ng mL}^{-1}$	78
	Anti- $\alpha$ -syn	Human plasma	Electrochemical immunoassay	Gold nanostars-decorated zinc oxide (ZnO) nanowires	$0.5\text{--}10\text{ pg mL}^{-1}$	$0.08\text{ pg mL}^{-1}$	79
	Monoclonal antibody	Plasma and serum	Immunomagnetic reduction assay	Magnetic $\text{Fe}_3\text{O}_4$ NPs	ND	In plasma: $3.60 \pm 2.53\text{ pg mL}^{-1}$ In serum: $0.03 \pm 0.04\text{ pg mL}^{-1}$	80
	Thiolated aptamer	Diluted serum	Electrochemiluminescence (ECL)	AuNPs@Metal organic frameworks (MOFs) composite	$2.43\text{ fM--}0.486\text{ pM}$	0.42 fM	81
	Carboxylated aptamer	Diluted serum	Electrochemiluminescence (ECL)	AuNPs@Metal organic frameworks (MOFs) composite	$1.39\text{ fM--}0.243\text{ pM}$	0.38 fM	81

absorbed by the nerve cells. Hitherto, the DA precursor, L-dopa, is the indispensable choice for the treatment and it exerts its effect through replenishing the deficiency. L-Dopa can be undesirably converted to DA in the peripheral nerves; therefore, carbidopa (peripheral dopa-carboxylase inhibitor) is co-administered with L-dopa.<sup>84</sup> However, DA does not exert efficient remedial effect on the non-motor symptoms as

hallucination and can culminate dopaminergic “type A” adverse effects.<sup>85</sup> There are some drug classes that were proven to have anti-PD effects as monoamine oxidase-B (MAO-B) inhibitors and catechol-O-methyltransferase (COMT) inhibitors. However, they may also induce the dopaminergic “type A” adverse effects.<sup>85</sup> Different treatment mechanisms are illustrated in Fig. 5.



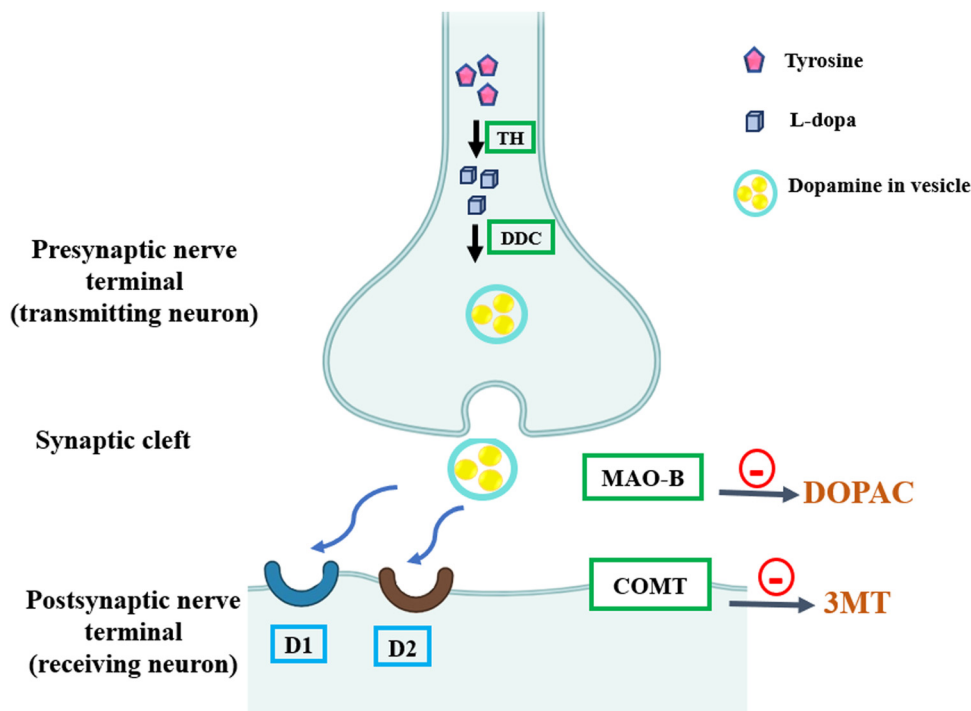


Fig. 5 Classes of anti-PD drugs affecting the DA (dopamine) synapse. In the presynaptic nerve terminal, tyrosine is converted to L-dopa by tyrosine hydroxylase (TH) and then to DA by L-dopa-decarboxylase (DDC). Monoamine oxidase-B (MAO-B) inhibitors prevent DA breakdown, and catechol-O-methyltransferase (COMT) inhibitors prevent the peripheral degradation of L-dopa. D1 and D2 are DA agonists, specifically non-ergot agonists. DOPAC, dihydroxyphenylacetic acid; 3MT, 3-methoxy-tyramine. Recreated from ref. 86.

The resistance-dependent debilitating ability of the neurons to maintain the DA in addition to the limited plasma half-life of L-dopa aggravates the PD motor stability. For instance, the DA level fluctuates causing on/off cycles of akinesia and dyskinesia. Therefore, non-ergot DA agonists such as ropinirole and pramipexole are currently used as long-acting treatments available for PD.<sup>21,86</sup> In order to sequester the limitations of PD, the application of nanotechnology and the development of nano-based therapeutics emerged as efficient and probable definitive treatment. Nanomaterials can penetrate the BBB, interact with the cells, encapsulate and deliver drugs to obtain desirable drug release rate while dissipating off-targeting of the drugs.<sup>87,88</sup> Intriguingly, many studies have shown the ability of the MNMs to overcome this permeability obstacle and effortlessly penetrate the BBB.<sup>89</sup> Consequently, the MNMs' effect is potentiated to play a crucial role in the development of central nervous system (CNS) novel treatments (Fig. 6). Other classes of nanostructures are described in elsewhere in the literature as liposomes,<sup>90</sup> nanoemulsions<sup>91</sup> and polymeric nanoparticles.<sup>92</sup>

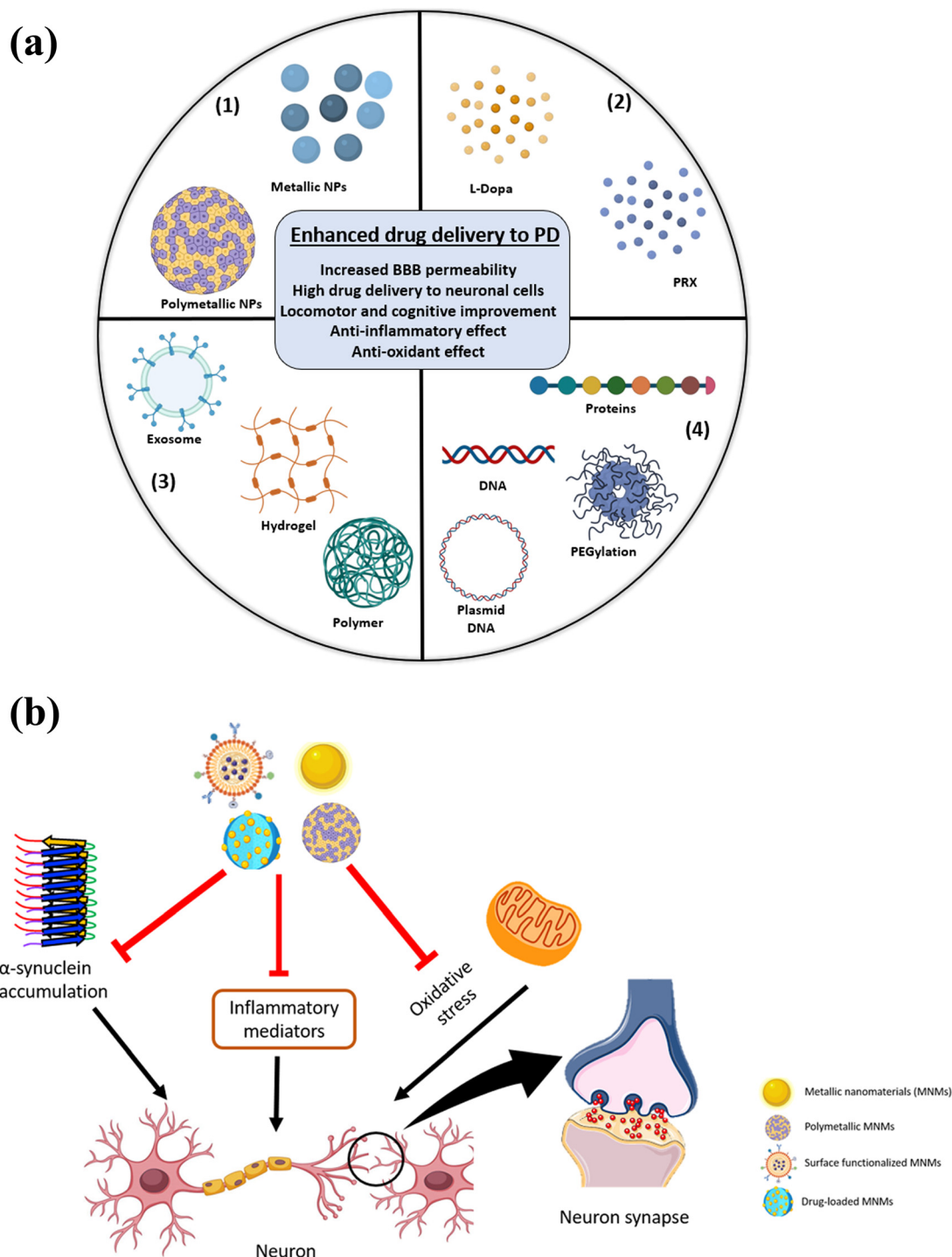
### 3.1. MNMs-based treatment of PD

**3.1.1. Gold nanoparticles (AuNPs)-based systems for the treatment of PD.** Gold-based nanostructures have been extensively exploited in biomedical applications due to their biocompatibility, inertness and the presence of versatile well-established preparation approaches. Several factors govern the use of AuNPs such as the size, shape, charge, incorporation within nanoformulations and the use of specific surface-

modified ligands, DNA or proteins. Concerning the CNS specifically, AuNPs gained specific interest due to their capability to cross the BBB and their antioxidant and anti-inflammatory effects without significant toxicity.<sup>89</sup> To consolidate the importance of size, Gao and coworkers reported the inversely proportion relation between the size of the AuNPs and the intensity of A $\beta$  fibrillation. For instance, relatively bigger AuNPs (36 and 18 nm) enhanced the fibrillation, while small AuNCs (6 nm) constrained this process. Intriguingly, even smaller AuNCs (1.9 nm) showed utter fibrillation.<sup>93</sup> Ultrasmall nanoclusters (AuNCs, <3 nm) were used to develop remedial nanoformulations for PD,<sup>94–96</sup> due to their remarkable penetration of the BBB.<sup>97</sup> For example, Ma *et al.* formulated AuNCs coated with peptides that are either positive or negative. Both types bind to 20S proteasome. Nonetheless, the AuNC(–) preferentially conferred cellular neuroprotective effects simultaneously with the decreasing  $\alpha$ -syn.<sup>95</sup> This study highlighted the impact of different surface charges on PD manifestations and the shape also represented a controversial aspect in terms of its effect. Wang *et al.* compared Au nanospheres (AuNSs) and Au nanocubes (AuNCs) of the same size (20 nm) and found that AuNSs induce more fibrillation of amyloid- $\beta$  peptide (A $\beta$ (1–40)) more than {100}-faceted AuNCs owing to the greater chemical activity of the surface atoms.<sup>98</sup> Additionally, the stabilizers of the AuNPs were found to have a potentiation effect. Citrate-stabilized AuNPs were reported to decrease the membrane potential by binding to glia neurotransmitters receptors, and thus, neutralize the astrocyte activation.<sup>99</sup> Their release causes diverse neurological disorders







**Fig. 6** (a) Schematic of several protocols for the implementation of MNMs in developing PD-based drug delivery platforms. MNMs can be prepared from a single metal or multiple metals (1), loaded with drugs (2), impeded into nanoformulations (3) and functionalized with different classes of surface-attached targeting ligands (4). (b) Scheme of how MNMs exert their anti-PD effects by decreasing  $\alpha$ -syn levels, blocking inflammation and reducing oxidative stress to normalize neuronal function.

as PD through the activation of astrocytes by surface-attached receptors.<sup>100</sup>

Naturally derived AuNPs were found to be promising for effective treatment of PD,<sup>101,102</sup> and can ameliorate the induced neurotoxicity through exerting protective effects from destructive

oxidation, inflammation and cell death.<sup>103</sup> For instance, AuNPs derived from *Hibiscus sabdariffa* have been reported to have remedial effects on PD by preventing the aggregation of  $\alpha$ -lactalbumin.<sup>101</sup> AuNPs (30–50 nm) derived from *Cinnamomum verum* neutralized the oxidative activity and neuromotor



dysfunction in the MPTP-induced PD model in addition to mitigated tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), Interleukin-1 $\beta$  (IL- $\beta$ ) and Interleukin-6 (IL-6) levels and normalized TLR/NF- $\kappa$ B signal.<sup>104</sup> Hu *et al.* adopted gene drug delivery for the treatment of PD using a nanocomposite based on chitosan and AuNPs loaded with plasmid DNA and nerve growth factor (CTS@GNP-pDNA-NGF) (Fig. 7). The NGF facilitated the cellular endocytosis into the PC12 cells in the *in vitro* model. Moreover, the MPP<sup>+</sup>-based apoptosis was inhibited by the nanocomposite as proven by confocal microscopy due to the suppressed overexpression of  $\alpha$ -syn. These results resembled those obtained from the Western blot analysis, which proved that CTS@GNP-pDNA-NGF deteriorated the expression level of  $\alpha$ -syn. Additionally, in the PD *in vivo* model induced in C57bl/6 mice by MPTP, CTS@GNP-pDNA-NGF nanocomposite improved the body weight, healed the substantia nigra density, crossed the BBB and were cleared from the body through the spleen after exerting its therapeutic effect.<sup>105</sup>

AuNPs were exploited as neuronal drug delivery cargoes for the most efficient therapies of PD. Nanoflowers of multi-branched AuNPs were prepared and used as transposing carriers of L-DOPA to penetrate the BBB.<sup>106</sup> A novel AuNP-based platform for the cerebral drug delivery of L-DOPA and DA was developed. The AuNP surface was functionalized by three different amantadine derivatives due to their ability to bypass the BBB and their biocompatibility.<sup>87,107,108</sup> The surface-functionalized AuNPs were compared to polyethylene glycol-coated AuNPs (PEG-AuNPs). L-DOPA or DA were attracted to the AuNPs by several potential surface interactions. The developed systems were investigated in the presence of bovine serum albumin (BSA) as it is the most abundant protein in the body that may form a protein corona hindering the drug's release. Peptidoglycan monomer-AuNPs (PGM-AuNPs) was proved to be the most successful drug delivery tool as it had the highest drug

cargo especially from the DA. Additionally, the impact of the BSA on pharmacokinetics and pharmacodynamics was almost diminished.<sup>87</sup> However, neither *in vitro* assessments nor *in vivo* studies were performed to further reveal the anti-PD activity and efficiency. AuNPs were reported to be incorporated with other therapeutic agents to exploit the beneficial characters of the AuNPs. For example, it acted as the conductive component in the self-healing hydrogel that exerted anti-inflammatory effects.<sup>109</sup> Another hydrogel was also prepared using AuNP conductive properties to design an injectable implant in the brain for PD treatment.<sup>110</sup> Additionally, AuNPs acted as a drug carrier through electrostatic interactions,<sup>87</sup> as NIR-responsive agents,<sup>111</sup> gene carriers and<sup>112</sup> for CT imaging.<sup>113</sup> Diverse applications of AuNPs for the treatment of PD are listed in Table 2.

**3.1.2. Silver nanoparticles (AgNPs)-based systems for the treatment of PD.** AgNPs are widely distributed to multiple organs. However, it is cleared from all the organs after 8 weeks of the initial exposure except from the testis and remarkably, the brain, as they have the ability to cross the BBB.<sup>117–119</sup> They were reported to stimulate inflammation, especially in the first 24 h of exposure.<sup>117,120</sup> However, based on a comparative study, several *in vitro* assays were comparing biogenically prepared AgNPs and AuNPs by *Acacia auriculiformis* leaves. AgNPs decreased the fluorescence and absorption magnitude in the *in vitro* assessments in addition to the enhanced anti-oxidant effect. Thus, AgNPs were speculated to have superior inhibitory effects in comparison to the Au counterparts.<sup>121</sup> Gonzalez-Carter *et al.* proved that the citrate-capped AgNP-induced immune response enhanced the microglia ability to upregulate anti-inflammatory enzymes and reduce ROS. Following AgNP microglial internalization, AgNPs induced the expression of cystathionine- $\gamma$ -lyase (CSE) that detained the release of Ag<sup>+</sup> ions.

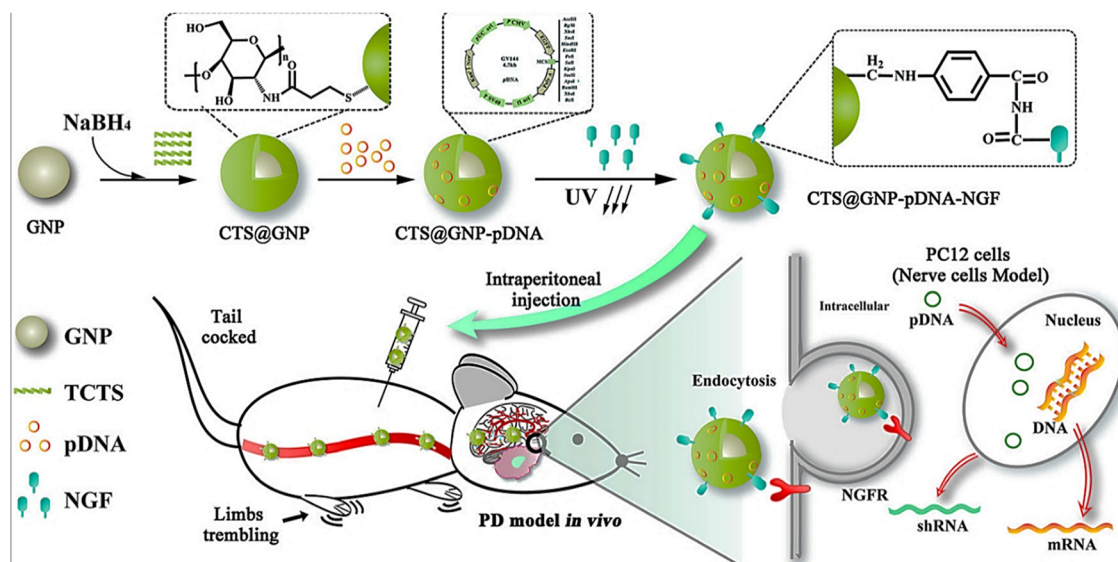


Fig. 7 Schematic of the preparation of the nanocomposite, coated with pDNA (plasmid DNA) and nerve growth factor (NGF). The NFG-driven endocytosis into PC12 cells resulted in enhanced cellular and dopaminergic neuron proliferation. *In vivo* models of PD showed BBB permeability and inhibition of  $\alpha$ -syn overexpression. Adapted from ref. 105 with permission from Elsevier, copyright 2018.





**Table 2** AuNP-based PD drug delivery systems, biological assessments, outcomes and the mechanisms of action

Nanoformulation	Size (nm)	Zeta potential (mV)	Biological assessment	Efficacy outcome	Mechanism of action	Ref.
Electroconductive hydrogel using dialdehyde polyurethane as nanocrosslinker, AuNPs (CDAH)	15	$-26.2 \pm 2.7$	<i>In vitro</i> cytotoxicity by neural stem cells and <i>in vivo</i> by oxidopamine (6-OHDA)-induced rat model	CDAH2 hydrogel was found to be biocompatible by quantifying M2/M1 macrophages. The ratio of the CDAH2 group was double the control one. In the <i>in vivo</i> model, there was significant functional recovery	The hydrogel neutralized the ROS production, decrease inflammation of neurons and delay dopaminergic neurons degradation in SNpc, striatum glial fibrillary acidic protein (GFAP+) astrocytes were limited	109
AuNPs-pDNA loaded into liposomes, NGF and docosahexaenoic acid linked to the liposomes surface as targeting ligands to develop AuNPs(pDNA)-Lipo-NGF-DHA	20–40 nm of the AuNPs, increased to 200 nm	–15	Cell viability test of SH-SY5Y cells and methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) <i>in vivo</i> model	1- AuNPs-(pDNA)-Lipo-NGF-DHA significantly enhanced the cell viability relative to the control but not a significant difference compared to AuNPs(pDNA), in PD disease model, TH was increased, improved bradykinesia, improvement in the cognitive impairment and motor dysfunction	AuNPs (pDNA)-Lipo-NGF-DHA conferred protection of the dopaminergic neurons by elevating the TH and constrain the overexpression of $\alpha$ -syn, opposed long-term potentiation (LTP) inhibition	112
AuNCs functionalized with dihydroliipoic acid (DHLLA-AuNCs)	$1.87 \pm 0.14$	—	Cytotoxicity and microglial protein-inflammatory response on BV2 cells, cytotoxicity, neuronal differentiation and axonal growth assay on N2a cells, <i>ex vivo</i> organotypic brain slice model	Inhibited proinflammation in BV2 cell, improved neurogenesis in N2a cells and in <i>ex vivo</i> brain slice stroke model	Stimulated polarization near to the M2-like phenotype in addition to enhanced anti-oxidant effect and decreased NF- $\kappa$ B signal, prohibited apoptosis that led to enhanced cell viability, limited astrogliosis	94
Hybrid nanoassembly of AuNPs decorated with thiolated amphiphilic $\beta$ -cyclodextrin incorporated with DA; AuNPs@SC16SH/DA	150–300 nm, size of AuNPs was 20–30 nm	—	Estimation the rate of DA release after the additions of stimulants by CV	Release of 70% of the DA amount through half an hour as the AuNPs@SC16SH/DA acted as stimuli responsive nanocarrier	Thiolated-compounds dependent redox responsive drug delivery system for the DA, $\beta$ -cyclodextrin acted as carrier for the DA by forming a complex with it, AuNPs allowed the monitoring of the DA release intracellularly followed the penetration of the BBB	114
AuNPs coated with brain-targeting exosomes functionalized with rabies viral glycoprotein (RVG)	AuNPs: 48 $\pm$ 1.5 and AuNPs/exosomes: 105 $\pm$ 10.1	About 7	<i>In vitro</i> binding efficiency using bEnd.3 mouse brain endothelial cell line, C6 rat glioma cells, or HeLa cervical cancer cells, <i>in vitro</i> BBB model using astrocyte cells and bEnd.3 cells and murine model and <i>in vivo</i> assay to determine the accumulation of the AuNPs/exosomes in the brain	bEnd.3 and C6 displayed the greatest binding affinity towards the AuNPs/exosomes than the HeLa cell so the nanoparticles have brain-specific affinity, the AuNPs/exosome crossed the BBB with a significant increase relative to the AuNPs coated with unmodified exosomes, the <i>in vivo</i> model demonstrated intense fluorescence from the brains treated with RVG-exosomes-coated AuNPs	Enhanced BBB permeability of the AuNPs after the coating with brain targeting RVG-protein ligated to exosomes	115
L-DOPA-functionalized multi-branched nanoflower-like gold nanoparticles (L-DOPA-AuNF)	90 nm	$-34.6 \pm 1$	<i>In vitro</i> test of the L-DOPA-AuNF accumulation in the hCMEC/D3 brain endothelial cells, penetration of L-DOPA-AuNF across the brain endothelial monolayers, and internalization of L-DOPA-AuNF into brain macrophages	High intracellular accumulation in the brain endothelial cells in the cytoplasm and the <i>peri</i> -nuclear space, penetration and internalization of L-DOPA-AuNF into the brain microglia without inflammation	Energy-dependent cellular internalization of L-DOPA-AuNF into brain endothelial monolayers and brain microglia due to L-DOPA functionalization and may be due to receptor-independent mechanism	106 and 116
NIR-responsive PLGA microspheres loaded with pramipexole (PRX) and hollow gold nanospheres (HGNS) (PRX/HGNS MS)	HGNS was 40 nm, PRX/HGNS MS was 24 $\mu$ m	—	Cytotoxicity assessment using C2C12 myotubes, RAW macrophages, PC12 model neurons and 3T3 fibroblasts, <i>in vivo</i> model including pharmacokinetics, pharmacodynamics and immunohistochemistry	HGNS and PRX/HGNS MS did not exert significant cytotoxicity were found biocompatible, the release rate of PRX from PRX/HGNS MS significantly increased compared to PRX from MS, NIR-exposed mice treated with PRX/HGNS MS exhibited faster improvement	Significant post-treatment elevation if DA, homovanilic acid (HVA) and 3,4-dihydroxyphenylacetic acid (DOPAC), protective effect of the neurons conferred by PRX/HGNS MS and NIR-treated mice	111

Table 2 (continued)

Nanoformulation	Size (nm)	Zeta potential (mV)	Biological assessment	Efficacy outcome	Mechanism of action	Ref.
Self-healing composite hydrogel of O-carboxymethyl chitosan (CMC)O-TA@Au (oxidized tannic acid modified gold nanocrosslinker) (COA)	27.79 ± 2.89 nm	-45.6 ± 2.7	<i>In vitro</i> antioxidant test by neural stem cells (NSCs) and anti-inflammatory test by J774A.1 murine macrophages, <i>in vivo</i> PD model followed by behavioral and electrophysiological assessment, immunofluorescent and immunohistochemical assays	relative to non-NIR exposed mice, significant decrease of TH in the striatum NSCs proliferation was enhanced in the presence of COA, upregulation of GFAP, $\beta$ -tubulin and MAP2, about 90% of the inflamed cells were healed after 12 h of COA treatment, inflammatory proteins expression was not expressed in COA-treated macrophages, significant increase in the counterclockwise rotation period, improved forelimbs contact, low spikes count in the projection neurons discharge behavior	The developed COA has efficient self-healing ability and injectability, can enhance the cellular proliferation and subsequent differentiation, can be developed as implant injected to the brain	110

Moreover, Ag<sub>2</sub>S is formed as a covering layer on the surface of the AgNPs. Consequently, ROS, nitric oxide and TNF- $\alpha$  production are mitigated. From all these findings, it can be concluded that AgNPs suppressed the inflammation and neurotoxicity of the microglia cells.<sup>122</sup>

The green synthesis of AgNPs for the treatment of PD<sup>123–126</sup> and exerting anti-oxidant effects have been reported previously.<sup>127,128</sup> The plant extract of *Mucuna pruriens* was found to have reduction capability that was exploited to produce AgNPs and simultaneously, containing high L-dopa amounts.<sup>129</sup> Sardjono *et al.* reported the preparation of AgNPs (36.5 nm) by extraction from seeds and performed catalepsy assessment to investigate the efficiency of the prepared NPs in the *in vivo* model. Gradually increasing doses starting from 5 to 25 mg kg<sup>-1</sup> were tested on 3 months old male mice. Groups of mice treated with 5, 10 and 15 mg kg<sup>-1</sup> of AgNPs significantly improved the catalepsy symptoms relative to the control and pure extract-treated groups, where the dose of 5 mg kg<sup>-1</sup>-treated group was remarkably the most efficient.<sup>124</sup> Therefore, in order to circumvent the potential toxicity of AgNPs, green synthesis, coating with biocompatible polymers or decorating the surface with neural-cell-specific targeting ligands are all potential pathways that should be adopted.<sup>130</sup>

**3.1.3. Iron oxide NPs (IONPs)-based systems for the treatment of PD.** The application of iron oxide nanoparticles (IONPs) can be adopted through either of the two approaches. The first one is through actively targeted therapy. For example, IONPs were coated with oleic acid, which acted as a cargo and then layered with short hairpin RNA (shRNA). The molecule was endocytosed through NGF-receptors. The developed nanoparticles constrained the expression of  $\alpha$ -syn as concluded from the adopted *in vitro* and *in vivo* models by PC12 cells and MPTP-bearing mice, respectively.<sup>131</sup> Cheng *et al.* exploited the NIR-assisted penetration through the BBB to deliver the anti-PD drug minocycline through loading it into Fe<sub>3</sub>O<sub>4</sub> NPs.<sup>132</sup> A theoretical simulation study was performed to design a PEGylated Fe<sub>3</sub>O<sub>4</sub>-based nanocargo as a carrier for DA. PEGylated Fe<sub>3</sub>O<sub>4</sub> NPs were coated with albumin to enhance the BBB penetrability and were loaded with DA; thus, the developed NPs were speculated to provide sustained DA release after the neuronal uptake.<sup>133</sup> Iron oxide NPs coated with curcumin were developed and the results indicated rescued DA and norepinephrine levels in addition to the anti-oxidant effect.<sup>134</sup> Ferric ions were coordinated with curcumin and poly(vinylpyrrolidone) (PVP) to develop PVP ultrasmall coordination polymer NPs (Fe-Cur NCPs, 10 nm), which was proven through the *in vivo* model to alleviate the PD symptoms by improving the mitochondrial stress and exerting anti-inflammatory effects.<sup>135</sup> The purpose of the study conducted by Moayeri *et al.* was the replacement of the missing dopaminergic neurons with stem cell therapies that are guided towards specific injury. Therefore, an external magnetic field was applied to an *in vivo* rat PD model and the therapeutic effect of superparamagnetic iron oxide nanoparticles (SPIONs)/poly-L-lysine hydrobromide (PLL) was found to be about 96%. Consequently, the transfection with SPIONs/PLL was found to be a successful strategy for the translocation of the stem cells in the target tissue.<sup>136</sup>

The second approach is underpinned on the application of an external magnetic field. For example, dextran-coated IONPs





can ameliorate the remedial effect of human mesenchymal stem cells (hMSCs). Both rotational and motor behaviors were significantly improved relative to the control. This improvement was attributed to the enhanced migration of hMSCs towards the damaged DA neurons and their subsequent differentiation to resemble the DA-neurons.<sup>137</sup> To enhance the selectivity of the SPIONs towards PD, the binding affinity of streptavidin (SA) and biotin was exploited. The developed SA/PEI-SPIONs were tested using a biotin-treated PC12 cell as an *in vitro* model. The surface-modified SPIONs demonstrated greater binding of the PC12 cell membrane, as observed by TEM.<sup>138</sup>

### 3.1.4. Other MNM-based systems for the treatment of PD.

The experiment using a 6-OHDA-bearing hemi Parkinson's mouse model showed that the release of DA from the implanted DA-loaded TiO<sub>2</sub> lattices improved the motor symptoms for one month and significantly reduced the symptoms, which was still observed after two months.<sup>139</sup> Interestingly, TiO<sub>2</sub>-based implants with nanopores provided sustained release up to 30 days post-implant incorporation.<sup>140</sup> Punitha and coworkers adopted a green synthesis pathway to prepare TiO<sub>2</sub> NPs (34 nm) and the cytotoxicity using PC12 cells was in the range of 31.2–62.5  $\mu\text{g mL}^{-1}$ .<sup>141</sup> Yet, dose-dependent dopaminergic neural toxicity of TiO<sub>2</sub> was corroborated after accumulation in the midbrain substantia nigra of Balb/c mice.<sup>6</sup>

Selenium NPs (Se NPs) were proven to exert neuroprotective effects, and hence, were reviewed as potential therapy for CNS diseases such as PD.<sup>142</sup> For instance, the effect of the Se NPs is attributed to the crucial role of Se to allow the normal function of several peroxidase enzymes<sup>143</sup> and inhibit inflammatory mediators such as TNF- $\alpha$ , Nf- $\kappa$ B and PEG2<sup>144</sup> to exert its anti-oxidant and anti-inflammatory effects, respectively. Derivatives of aminothiazole were synthesized and used for the development of Se NPs pursuing fortified enhancement of the neurological functions. The molecular docking studies revealed blocking of the hMAO isoforms (A and B). Simultaneously, the IC<sub>50</sub> value of the NPs was only 0.033  $\mu\text{M}$ , preceding the normal-sized counterparts' potency by about 70%. In the haloperidol-induced PD *in vivo* model, the behavioral test results of the NP group showed improvements and enhanced exploration. Therefore, the Se-based nanoformulation is elicited as an effective anti-PD drug.<sup>145</sup>

Gao *et al.* developed combined genetic and antioxidant therapy using NIR-stimulated magnesium oxide (MgO)-based nanocomposites; MgOp@PPLP and both *in vitro* and *in vivo* assessment results demonstrated enhanced permeability to the BBB in addition to the exerted anti-inflammatory and antioxidant effects.<sup>146</sup>

PD-lesioned cell model by 1-methyl-4-phenylpyridinium (MPP<sup>+</sup>) was adopted to reveal the remedial effects of hexagonal boron nitride NPs (hBNs). MTT and LDH showed boosted cells' viability and neural cell protection. Moreover, hBNs had aggravated defense against destructive oxidants, opposed the MPP<sup>+</sup>-induced cellular apoptosis and exerted neural cryoprotection.<sup>147</sup>

Cerium oxide nanoparticles (CeO<sub>2</sub> NPs) are well-known anti-oxidant materials that resemble the effect of superoxide dismutase and catalase.<sup>148–150</sup> Therefore, exploiting CeO<sub>2</sub> NPs' antioxidant properties was pertinent with PD treatment.

*Saccharomyces cerevisiae* yeast model of PD was adopted to investigate the effect of CeO<sub>2</sub> NPs. The  $\alpha$ -syn expressing yeast cells showed enhanced viability with gradually increasing concentrations of CeO<sub>2</sub> NPs up to 50 ng  $\mu\text{L}^{-1}$  due to the accumulation of  $\alpha$ -syn in the plasma membrane instead of the cytoplasm, as shown by the cell lysate analysis. There was also observable diminishing of the mitochondrial impairment and ROS generation. This improvement was thought to be through the surface absorption of  $\alpha$ -syn on CeO<sub>2</sub> NPs, which constrained the  $\alpha$ -syn fibrillation.<sup>151</sup> Several shapes of ceria NPs were also investigated and the flower shape had the most powerful anti-oxidant activity.<sup>152</sup>

Although *in vivo* manganese (Mn) accumulation causes idiopathic PD-resembling symptoms,<sup>153</sup> controversial results were reported in the literature. Based on Sharma and coworkers' study, Mn NPs (30–40 nm) showed impairment of the cognition and motor ability of the rats after 8 days of administration. Additionally, definitive brain injuries were detected in multiple regions accompanied by BBB distortion, dissipated blood flow to the brain and cerebral edema.<sup>154</sup> Furthermore, citrate-capped Mn<sub>2</sub>O<sub>3</sub> NPs (C-n<sub>2</sub>O<sub>3</sub> NPs) ameliorated the PD consequences and chelated the excess Mn, preventing subsequent neuro-damage.<sup>155</sup> Wang *et al.* prepared chiral Mn<sub>2</sub>O<sub>3</sub> NPs. The D-NPs showed enhanced  $\alpha$ -syn fibrillation inhibition and anti-oxidant effect driven by an electromagnetic field.<sup>156</sup> Additionally, using dopaminergic neural cells, MN9D, PD lesion was developed and then treated with NPs of different facets. It was observable the Mn<sub>3</sub>O<sub>4</sub> nanorods with the (103) facet had high anti-oxidant capacity and diminishing of  $\alpha$ -syn in the cerebrospinal fluid as elaborated by the biological assessments.<sup>157</sup>

**3.1.5. Polymetallic nanoparticles (nanozymes)-based systems for the treatment of PD.** Nanozymes are recently generated nanomaterials that gained special interest due to their anti-oxidant capacity by scavenging the harmful hydrogen peroxide into oxygen and water.<sup>158,159</sup> For example, PtCu nanoalloys (NAs) were found to have catalase-like and superoxide dismutase-like activity. Therefore, they were applied to develop an anti-oxidant platform for the amelioration of PD.<sup>158,159</sup> Liu *et al.* investigated the effect of PtCu NAs and found that they are effective antioxidants. They dissipated the PD through significantly mitigating the level of ROS and  $\alpha$ -syn preformed fibrils (PFF) in the adopted *in vitro* and *in vivo* models using primary cortical neurons and in PFF treated mice, respectively.<sup>158</sup> The tri-element nanozyme PtCuSe was developed and found to have anti-oxidant effects. PtCuSe nanozymes caused the degradation of hydrogen peroxide and inhibited xanthine oxidase; therefore, they have catalytic activity for hydrogen peroxide reduction (CAT) and resembles the action of super oxide dismutase (SOD). The cell viability of SH-SY5Y cells was investigated and the cytotoxic effect of PtCuSe was minute at concentrations below 120  $\mu\text{g mL}^{-1}$  and the cellular uptake investigation by laser confocal microscopy showed a great endocytosis of PtCuSe. MPTP-induced PD *in vivo* model was adopted, and the nanozyme-treated groups showed improvement in the locomotor and cognitive functions<sup>159</sup> (Fig. 8).



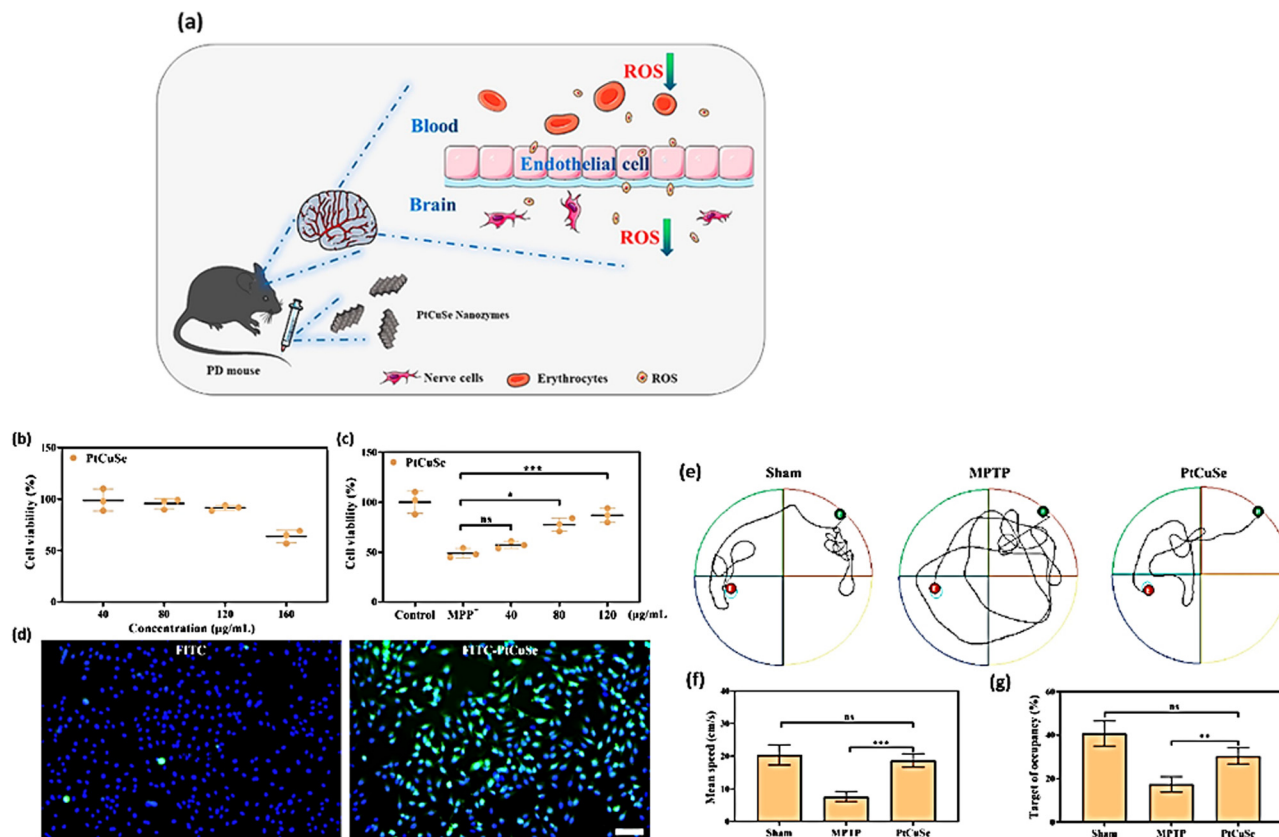


Fig. 8 (a) Scheme of exploiting the antioxidant capability of the nanzyme PtCuSe. (b) *In vitro* cell viability of SH-SY5Y cells after the addition of PtCuSe. (c) *In vitro* cell viability of MPP<sup>+</sup>-treated SH-SY5Y cells after the addition of PtCuSe. (d) Cellular uptake of PtCuSe. (e) Behavioral assessment by the Morris water maze test, showing the path of mice. (f) and (g) The mean time and the relative mean time spent in the target quadrant. Reproduced from ref. 159.

The experiment of chiral L/D-Cu<sub>x</sub>Co<sub>y</sub>S SPs comparison between the two counterparts indicated that the D-SPs had preceding ability to prevent the formation of α-syn and disintegrate the already existing fibrils. This effect was attributed to the capability of D-SPs to generate ROS that exert its effect on α-syn.<sup>160</sup> However, the study did not elucidate any off-target harmful effect of the generated ROS or any subsequent neutralizing cascades.

Li *et al.* formulated nano-bioconjugate/nanzyme of lactoferrin (Lf)-modified Au-Bi<sub>2</sub>Se<sub>3</sub> nanodots (NDs) (Lf-Au-Bi<sub>2</sub>-Se<sub>3</sub>). The nanzyme Lf-Au-Bi<sub>2</sub>-Se<sub>3</sub> had characteristic protective antioxidant activity that resembles that of SOD, CAT, POD and GPx, a group of enzymes that scavenge the ROS and normalize their level in the normal cells. The catalytic activity of Au-Bi<sub>2</sub>-Se<sub>3</sub> is attributed to two reasons. First, the Au atom can alter the Se atoms within the lattice and replace it with Bi atoms representing defect points. The Bi defect points would enhance the electron transport, and consequently, the catalytic effect.<sup>161</sup> Second, the Au atoms would act synergistically by allowing electron transport.<sup>162</sup> Additionally, the LF-surface modification did not affect the catalytic activity of Au-Bi<sub>2</sub>-Se<sub>3</sub>. To assess the cellular internalization, bEnd.3 cells were used and Lf-Au-Bi<sub>2</sub>-Se<sub>3</sub> was found to have great ability to penetrate the BBB. The Morris water maze *in vivo* model was adopted to assess the treatable effect of Lf-Au-Bi<sub>2</sub>-Se<sub>3</sub> and the treated mice exhibited the best

intellectual and physical improvement and confirmed the pivotal role of Lf in enhancing the transcytosis in the BBB. Additionally, high levels of tyrosine hydroxylase (TH), healed mitochondria, protected Nissel-positive cells and normalized *ex vivo* lipid peroxidation were confirmed in the Lf-Au-Bi<sub>2</sub>-Se<sub>3</sub>-treated group. The biosafety of Lf-Au-Bi<sub>2</sub>-Se<sub>3</sub> was corroborated by the normally functioning main organs. The uptake of Lf-Au-Bi<sub>2</sub>-Se<sub>3</sub> into the brain cells was found to be 2.67 times more than that of Au-Bi<sub>2</sub>-Se<sub>3</sub>, which further confirmed the ability of the nanorods to penetrate the BBB. Finally, the clearance of Lf-Au-Bi<sub>2</sub>-Se<sub>3</sub> was found to be mainly through the urine, which is attributed to the enhanced renal infiltration of the tiny-sized nanorods.<sup>88</sup>

#### 4. MNMs-based systems as theranostics for PD

Due to the continuous urge of early accurate detection and effective treatment of PD, researchers invested their efforts to develop theranostic platforms that achieve both goals. Novel multifunctional nanoparticles were designed for the real-time monitoring of the disease as well as use as targeted therapeutic agents like SPIONs. As mentioned earlier, SPIONs are biocompatible and biodegradable contrast agents exploited in MRI,



and their tunable sizes and shapes allow manipulation to cross the BBB. Additionally, they can be green-synthesized, ensuring great biocompatibility.<sup>70</sup> Moreover, they can remain circulating in the body allowing for better therapy and can be controlled using an external magnetic field.<sup>57,163</sup> For instance, SPIONs-loaded liposomes were used as theranostic agents for image-guided drug delivery under glioma conditions; therefore, this formulation can be employed in PD.<sup>164</sup>

Another study was conducted using resveratrol-Fe<sub>3</sub>O<sub>4</sub>-loaded liposomes for sustained drug release at the target site using an external magnetic field. This formulation was guided using MRI to ensure crossing the BBB and reaching the target site in PD rat models.<sup>165</sup> Niu *et al.* investigated the use of magnetic nanoparticles in gene delivery, where they synthesized *N*-isopropylacrylamide-acrylic acid-functionalized Fe<sub>3</sub>O<sub>4</sub> NPs to confer pH and temperature responsiveness. Then, they photo-immobilized nerve growth factor to the NPs along with short hairpin RNA for gene delivery in PD models; however, they did not assess the MRI properties of such NPs.<sup>166</sup> Thus, this multifunctional system can be further implemented in MRI-guided drug and gene delivery in PD cases. Garcia-Pardo *et al.* also formulated DA-encapsulated iron nanoparticles made of iron metal nodes polymerized using bidentate ligands as bioinspired nanotheranostic agents. It displayed MRI properties, allowed for efficient DA delivery to PD animal models, and proved to be biosafe *in vivo*.<sup>167</sup>

Switchable nanoparticles for simultaneous drug/gene delivery and CT imaging were developed. The programmed drug delivery system (MBPCS) was composed of levodopa-quinone gold nanoparticles (GNPs) integrated with 2 derivatives of Zwitterionic poly-(carboxybetaine)-based curcumin, where the

last was releasable *via* a cleavable link in the DA neurons of PD. B6 peptide was linked on the surface of the nanoparticles facilitating their penetration of the BBB. The intracellular internalization was adopted by using mazindol (MA) that binds preferentially to the DA neurons. Following the endosomal/lysosomal escape, the gene delivery phase starts by releasing  $\alpha$ -syn gene (SNCA). The GNP and curcumin are then released because of MBPC degradation. GNP interacts with Fe<sup>3+</sup> and quinone groups allowing the CT.<sup>106</sup>

## 5. MNMs and BBB penetration

Generally, several BBB penetration mechanisms of the different classes of the nanomaterials were described and reviewed elsewhere.<sup>168</sup> Concerning the MNMs, they can penetrate the BBB either by active or passive pathways. Receptor-mediated endo/transcytosis, adsorption-mediated endocytosis and carrier mediated transport are all examples of the active pathways. Furthermore, the passive pathway involves the passage of the hydrophilic small-sized NPs across the endothelial cells.<sup>168</sup> (Fig. 9). Proteins as nerve growth factor (NGF),<sup>105,112</sup> poly unsaturated fatty acids as docosahexaenoic acid (DHA)<sup>112</sup> and PGM<sup>87</sup> are all examples of surface functionalizing moieties allowing receptor-mediated endocytosis.<sup>168</sup> Li *et al.* prepared Au-Bi<sub>2</sub>Se<sub>3</sub> nanodots and functionalized the surface with lactoferrin (LF) to enable the active targeting of the BBB through receptor-driven transcytosis.<sup>88</sup> The B6 peptide (CGHKAKGPRK) was used to design switchable AuNP-based theranostic formulations, where the penetration of the BBB was confirmed and the cellular internalization of SH-SY5Y cells was described to be

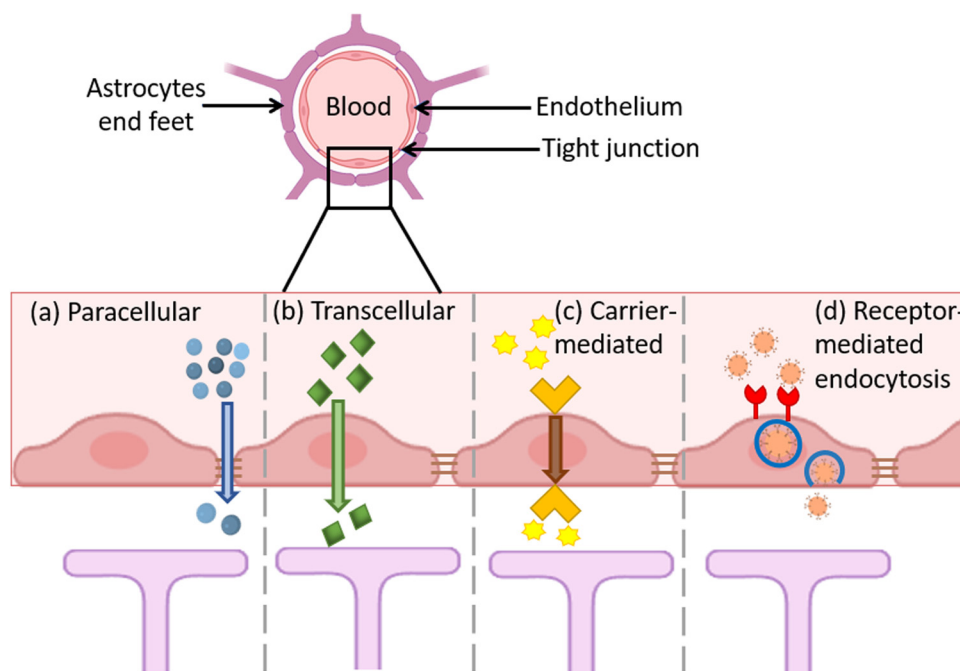


Fig. 9 Mechanisms of BBB penetration by the nanomaterials. Passive pathways include (a) paracellular and (b) transcellular penetration, while active transport pathways include (c) carrier-mediated and (d) receptor-mediated BBB penetration.



through caveolae and clathrin-driven endocytosis.<sup>113</sup> AuNCs ( $2.5 \pm 1$  nm) were investigated, and their penetration of the BBB was proven. The AuNCs were injected intraperitoneally in mice and after 6 h of  $20 \text{ mg kg}^{-1}$  injection, the AuNCs were detected by TEM in the SN sectors in addition to the neurons.<sup>96</sup> Cheng *et al.* investigated the penetration of an iron-based nanoformulation through an *in vitro* model and found that the cellular penetration can be through 3 different pathways.<sup>135</sup> Consequently, the MNMs were reported to penetrate the BBB through different mechanisms depending on the sizes and surface properties.

## 6. Toxicity and biocompatibility of MNMs

Majorly, the axiomatic transportation of nanomaterials into clinical application was constrained by the inscrutable toxic effects on the CNS, specifically, the brain. Heavy metals have been previously reported to induce neurotoxicity that may resemble the PD-associated manifestation.<sup>169,170</sup> Therefore, the toxicity of the nano-constructed counterparts would be of great importance and pertinent as many of these nanoparticles release metallic ions after *in vivo* administration. Additionally, the tiny size of the nanostructures permeates their smooth flow across the BBB and distribution within the brain parts remarkably, to the SP which has great importance due to the existence of dopaminergic neurons.<sup>6,171</sup> PD is associated with other physiological alterations such as inflammation,  $\alpha$ -syn aggregation and impaired anti-oxidant response. All these impairments were observable from the exposure to several MNMs.<sup>172–174</sup> For instance,  $\text{TiO}_2$  NPs affect the hippocampus, cerebellum and substantia nigra.<sup>6,175</sup> Certain specific pathways of the  $\text{TiO}_2$ -induced toxicity have been illustrated in the literature proving detrimental effects. Wu and Xie conducted a study to investigate the *in vitro* and *in vivo* toxicity of  $\text{TiO}_2$  adopting PC12 cells and zebrafish embryos, respectively. The results corroborated

the presence of neurotoxic effects due to the accumulation of  $\text{TiO}_2$  NPs and the generation of ROS. The degradation of the dopaminergic neurons was observable.<sup>176</sup>  $\text{TiO}_2$  administration also caused electrolyte imbalance and activated inflammatory response by stimulating IL-6 and NF- $\kappa\text{B}$ ,<sup>177,178</sup> Moreover,  $\text{TiO}_2$  promoted cerebral stimulation of the oxidative stress-driven cellular damage by constraining the anti-oxidant factors<sup>179</sup> and elevating the intra-mitochondrial ROS alone or with simultaneous exposure to AgNPs.<sup>180</sup> From other studies,  $\text{TiO}_2$  caused the accumulation of  $\alpha$ -syn that mitigates the DA in the brain, which is a substantial mechanism causing PD.<sup>172,181,182</sup>

Despite the remedial effect of green-synthesized zinc oxide NPs (ZnO NPs),<sup>183</sup> other studies reported their cerebral cytotoxicity.<sup>171,184</sup> A study performed by Jin and coworkers compared the induced cytotoxic effects by several ZnO-based nanostructures. ZnO NPs, long ZnO nanorods (l-ZnO NRs) and short ZnO nanorods (s-ZnO NRs) were prepared and the *in vitro* assessment was performed using human neuroblastoma cells SH-SY5Y, revealing that l-ZnO NPs had the least toxicity ( $\text{LD}_{50} = 17 \mu\text{g mL}^{-1}$ ). Several concentrations of l-ZnO NPs were tested using an *in vivo* zebrafish larva model. From the investigation of the brain, l-ZnO NRs at high doses stimulated the ROD production that consequently, sequestered the motor ability and neuron development, disruption of dopaminergic neurons and cerebral apoptosis, coherently leading to PD-resembling manifestations.<sup>184</sup> The toxicity of the  $\text{Zn}^{2+}$  ions from ZnO NPs was investigated through *in vitro* and *in vivo* assessments. The cell viability of the glial cells A172 was greatly decreased after 1 day of exposure and DNA damage was observable after only 3 h, as confirmed by the comet assay. The zebrafish embryos were exposed to gradient concentrations of ZnO NPs. After 96 hours post-fertilization (hpf), locomotor impairment was observed, suggesting the possible role of the released  $\text{Zn}^{2+}$ . The cytotoxicity and genotoxicity were believed to be caused by enhanced ROS production. Additionally, the locomotor disorder was not elucidated explicitly but attributed to dopaminergic cells destruction, therefore affecting the

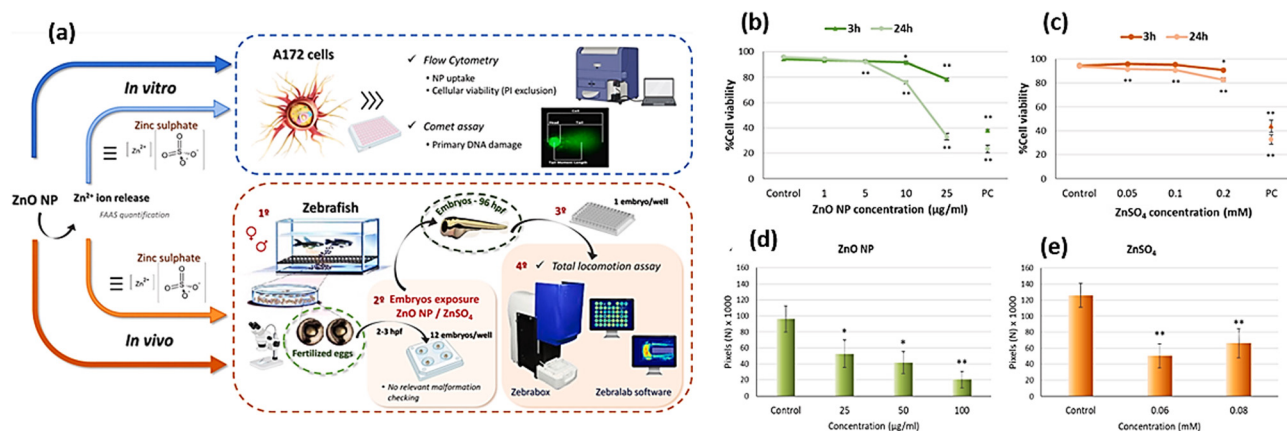


Fig. 10 (a) Schematic of the prepared ZnO NPs and the effect of the released  $\text{Zn}^{2+}$  ions on A172 cells, along with the *in vivo* model using zebrafish embryos. (b) and (c) *In vitro* cell viability assessment of A172 cells compared to  $\text{ZnSO}_4$ . (d) and (e) Locomotor impairment of zebrafish embryos after exposure to ZnO NPs and  $\text{ZnSO}_4$ . Adapted from ref. 185 with permission from Elsevier, copyright 2024.



Table 3 Several MNMs, exposure durations and the resulting neurotoxicity

Type & size of NPs	Exposure duration	Biocompatibility & toxicity	Ref.
Fe <sub>3</sub> O <sub>4</sub> , about 10 nm	24 h	Neuro-destructive effect through oxidative stress. Interaction between the iron and DA may induce neurons toxicity by generating toxic products. The aggregated $\alpha$ -syn can cause accretion of the iron level that leads to generation of OH destructive radicals.	186–189
Ag NPs, less than 100 nm	28 days	Induced neuronal apoptosis and cellular degeneration known as dark neurons due to ROS production and exaggerated inflammatory response.	190
Co NPs, less than 100 nm	24 h and 6 days	Destructive oxidative stress evidenced by the depletion of GSH, neurotoxicity due to calcium homeostasis and lipid peroxidation. Also, mitochondrial swelling and structures that resembles fibrosis were notable, leading to ferroptosis-like cell death.	191
CuO NPs, 50 nm	60 and 120 h	$\alpha$ -syn aggregates, promote pertinent cellular cytotoxicity	192
CuS NPs, 77.89 nm	24 h	Cytotoxic effect at low concentration, caused developmental neurotoxicity	193 and 194
NiO NPs, 50 nm	24 h	Altered the fibrillation kinetics of $\alpha$ -syn, enhanced ROS production due to the alleviated defensive pathways and the enhanced inflammatory mediators' expression	195
Long ZnO nanorods (l-ZnO NRs), diameter: 159.3 $\pm$ 17.9 nm and length: 1.1 $\pm$ 0.15 $\mu$ m	24–144 h post fertilization (hpf)	High doses stimulated the ROD production, sequestered the motor ability and neurons development, disruption of dopaminergic neurons and cerebral apoptosis leading to PD-resembling manifestations	184

muscles and nerves (Fig. 10).<sup>185</sup> Table 3 summarizes some PD-related toxicities associated with MNM exposure.

## 7. Challenges and future perspectives

The limitation of clinical improvement in the management of PD, from detection to treatment, is attributed to several gaps, including long-time of asymptomatic period, the absence of sharply definitive biomarkers, the heterogeneous nature of the disease, dearth of effective treatments and the resistance development. The use of MNMs represents a promising but complex avenue for addressing these issues. While NPs have shown potential in enhancing detection through sensitive biosensors and improving therapeutic delivery, challenges persist. These include ensuring biocompatibility and stability in biological systems, achieving precise targeting to diseased cells, and avoiding off-target effects.<sup>48</sup> The encapsulation of the MNMs into emulsions would provide prolonged drug release. Moreover, the design of the carrier medium to be NIR-responsive would confer more specific release in the target cells/sites.<sup>111</sup> The incorporation of the MNMs into biocompatible nanoshells<sup>196</sup> or porous nanocarriers would add a protective shield from pre-mature *in vivo* degradation. Moreover, the surface modification of the MNMs with targeting ligands would enhance the on-site neuron-specific drug release.<sup>88,197</sup> The exploiting of specific BBB-transporters would also enhance the cerebral drug delivery surface modification of the MNMs by ligands specific to these receptor, reviewed by Mhaske *et al.*<sup>198</sup> Furthermore, scaling up from laboratory success to clinical application involves overcoming significant hurdles in manufacturing and regulatory approval. Concerning the MNMs, the design of a formulation for PD therapy or *in vivo* detection as imaging would require prolonged testing to ensure safety during the use and subsequent complete clearance from the body. Additionally, challenges, such as the limitations of animal model reciprocation, ethical issues surrounding human samples, and the ambiguity in providing clear mechanistic molecular pathways of aging and neurodegenerative diseases, particularly PD, are all insistent

issues that need to be addressed.<sup>199,200</sup> Future research should focus on refining nanoparticle technologies to enhance their specificity, reduce potential toxicity, and improve targeting mechanisms. Advancements in AI and ML could further aid in analyzing data from nanoparticle-based detection and therapies, leading to more personalized and effective treatment strategies. Addressing these challenges through innovative approaches in biomarker discovery, model development, and therapeutic applications will be crucial for advancing clinical outcomes and improving the quality of life for individuals with PD.

## Data availability

This review article does not contain original data. All data referenced in this article are from published studies and sources cited in the reference list. Additional information can be obtained from these sources as indicated.

## Conflicts of interest

There are no conflicts to declare.

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