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Emerging investigator series: deposited particles and human lung lining fluid are dynamic, chemically-complex reservoirs leading to thirdhand smoke emissions and exposure†

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Thirdhand smoke (THS) persists in locations where smoking previously occurred and can be transported into non-smoking environments, leading to non-smoker exposure. Laboratory experiments using high-resolution mass spectrometry demonstrate that deposited particulate matter (PM) and smoke-exposed surrogate lung lining fluid (LLF) are substantial, chemically-complex reservoirs of gas-phase THS emissions, including hazardous air pollutants, polycyclic aromatic compounds, and nitrogen/oxygen-containing species. Both PM and LLF are persistent real-world THS reservoirs that chemically evolve over time, and can act as vehicles for the transport and emission of reactive pollutants and their reaction byproducts (e.g., acrolein). Deposited PM on clothes, furnishings, bodies, and/or airways will emit volatile to semi-volatile gases over long lifetimes, which can re-partition to other indoor materials and increase their overall persistence. On the other hand, LLF off-gassing consists predominantly of volatile organic compounds in amounts influenced by their aqueous solubilities, and their persistence in breath will be prolonged by re-distribution across internal aqueous reservoirs, as corroborated by multicompartment modeling in this study.

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Environmental significance

Thirdhand smoke (THS) is a known health concern, but understudied source of hazardous, reactive gases. Reservoirs of THS, including deposited particulate matter and smoke-exposed lung lining fluid, can expose non-smokers to elevated concentrations of these toxic or carcinogenic tobacco smoke-derived compounds over long periods of time and sometimes at similar gas-phase concentrations to fresh secondhand smoke. Detailed chemical speciation of these chemically-complex reservoirs shows their off-gassing composition and behavior is influenced by their chemical properties (i.e., volatility for particulate matter and aqueous solubility for lung lining fluid) and chemical transformations of the THS reservoirs. These findings can inform detailed THS risk assessments, elevate ongoing tobacco research, and exemplify the importance of multiphase partitioning processes involved in indoor air quality.

1 Introduction

Tobacco smoke contains a combination of organic and inorganic particulate matter (primarily PM_{2.5}) and gas-phase organic compounds that have been shown to be hazardous to

human health, with no “safe” level of exposure.^{1–3} Mainstream and secondhand smoke (SHS) exposure are known to be harmful to humans^{2,4} with many comorbidities^{5,6} and are thus a focus of considerable tobacco smoke research along with extensive public health campaigns. However, non-smoker exposure to thirdhand smoke (THS) in locations where smoking has previously occurred also comes with major health implications^{1,4,7–10} and can exist in non-smoking environments via either THS transport by humans or through building air recirculation systems.^{11–13} THS contains an understudied mixture of compounds with varying reactivities, which can undergo chemical transformations that impact its toxicity, including surface-phase reactions converting nicotine to highly carcinogenic nitrosamines.^{14–16}

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SHS can contaminate surfaces (e.g., clothing, walls, furnishings, human bodies) or other building materials with the accumulation of volatile organic compounds (VOCs), as well as intermediate-volatility and semi-volatile organic compounds (IVOCs, SVOCs).^{11,17–19} Over time, condensed organic compounds originating from any source can gradually re-partition to the gas-phase from organic films and other surfaces/materials,^{18,20,21} where they can either condense onto aerosols^{11,12,22} or re-deposit onto other surfaces (incl. dust).^{8,23–25} Inhalation of these chemicals, either in the gas-phase or adsorbed to aerosols/dust, represents a major pathway for exposure, along with ingestion and dermal uptake,^{1,26} which are especially important pathways for young children.¹ Previous studies involving the exposure of cells *in vitro* to THS and some of its most prominent components have demonstrated increased incidence of DNA strand breaks, oxidative damage, and cell death.¹ Furthermore, laboratory studies on animal subjects (e.g., mice) found damage to various organs upon continuous THS exposure.¹

THS off-gassing has been directly studied for only a limited number of targeted gas-phase organic compounds, either in laboratory studies or in real-world smoking (and non-smoking) environments.^{4,11,17,19} THS chemical speciation remains limited compared to mainstream smoke and SHS,^{27–32} which inhibits fundamental knowledge on THS contamination processes across the gas, aerosol, and aqueous phases. Specifically, THS off-gassing has been observed for a subset of compounds in controlled laboratory studies with simulated rooms or fabrics^{17,19} and breath analysis from smokers and non-smokers,¹⁹ though largely to identify efficacious markers of tobacco exposure.^{33–36} However, the underlying mechanisms of THS contamination and transport *via* humans remain unclear, especially for non-smoking environments and for many lighter VOCs.¹¹

Using recent analytical advances in offline high-resolution mass spectrometry^{37,38} and improvements in real-time, online mass spectrometry^{39,40} to enable the detailed chemical speciation of the complex mixtures present in THS over a wide range of volatilities and chemical functionalities, we seek to elucidate the composition, dynamics, and underlying physical mechanisms of THS contamination and off-gassing from particle- and aqueous-phase reservoirs. Our specific objectives include: (a) examine chemically speciated THS emissions from both deposited tobacco PM (*i.e.*, SHS) and surrogate lung lining fluid (LLF) exposed to SHS gases; (b) investigate the factors governing THS multi-phase partitioning dynamics and their timescales by comparing observed THS to SHS and by evaluating the chemically speciated evolution of both PM and LLF off-gassing emissions with age; and (c) contextualize our findings to real-world THS contamination, persistence, and exposure related to these THS reservoirs.

2 Methods

2.1 Overall experimental design

SHS was generated within a 1 m³ chamber with online and offline gas-phase measurements of the SHS (Fig. S1†). In each

trial, two different common cigarettes from several popular brands purchased in Germany (Table S1†) were lit simultaneously to generate sidestream SHS representative of typical SHS and allowed to smolder until completely combusted.

During the 7–14 minute cigarette combustion periods, the PM from fresh SHS emissions was collected onto PTFE filters. After PM collection, these filters were transferred to a clean filter holder and purified air was passed through the collected PM to measure THS off-gassing from deposited PM in real time using an Aerodyne proton transfer reaction, high-resolution ($M/\Delta M \sim 10\,000$) time-of-flight mass spectrometer (Vocus PTR-TOF (2R model); Aerodyne/TOFWERK).

As the PM was being collected, the filtered SHS gases were also bubbled through 25 mL of a surrogate lung lining fluid (LLF) solution, comprised of high-purity (HPLC grade) water that was phosphate-buffered to a pH of 7.2–7.4 containing four added antioxidants (ascorbic acid, citric acid, glutathione, and uric acid), to simulate gas-phase SHS uptake into lung lining fluid.⁴¹ Thereafter, the LLF was connected to the PTR-TOF and purified air was bubbled through the LLF to quantify off-gassing THS-related compounds.

Both PM and LLF off-gassing were monitored in real-time for initial 0.5–2 hour periods using the PTR-TOF, with additional gas-phase samples collected for subsequent offline analysis (see below). Additionally, to simulate the continued off-gassing of PM in real-world environments, purified air was continuously flowed through the filters for 6, 18, and up to 72 hours with periodic measurements of off-gassing emissions from the aged PM.

A detailed description of all methods, equations, extensive supplemental data, and a list of experimental trials with the duration and age of PTR-TOF measurements and a list of associated offline adsorbent tube samples of SHS and THS at various ages can be found in the ESI† for each of the five separate experiments conducted (Table S1†).

2.2 Real-time gas-phase measurements of SHS and THS *via* Vocus PTR-TOF

PTR-TOF data were first mass-calibrated, baseline subtracted, and duty-cycle-corrected; formulas were then assigned using a list of formulas of the form $C_xH_yN_{0-2}O_{0-4}$ and further manual processing. Compound sensitivities (counts per second per parts per billion, cps ppb^{−1}) were calculated using calibrations from a 79 component standard cylinder (Table S2†) and the parameterizations from Sekimoto *et al.*⁴⁰ High-time resolution off-gassing dynamics and representative concentrations of SHS, PM off-gassing, and LLF off-gassing were then determined for 417 priority compound formulas (see Sections S2.1–S2.3 in the ESI†).

Replicate trials for both fresh PM off-gassing and LLF off-gassing with varied cigarette brands generally found agreement in terms of chemical composition and compound concentrations across the volatility range of compounds measured by PTR-TOF (Fig. S2–S4†). SHS, PM off-gassing, and LLF off-gassing data were combined and averaged across experimental trials to examine the overall chemical composition where appropriate. When comparing within and across





Fig. 1 Observations of TMS off-gassing from deposited PM and SHS-exposed LLF. (A and B) Time series of major TMS compounds off-gassing from (A) PM and (B) surrogate LLF in individual experiments measured via online PTR-TOF. (C and D) Relative ion abundances by elemental composition (PM, (C); LLF, (D)) from offline high-resolution GC-TOF data, each shown as the average of three samples collected during the first 1–1.5 hours of off-gassing (see Table S1†). To show all the traces on one axis, concentrations of acetone and nicotine in (A and B) were scaled down as indicated. CH, CHN₁, CHN₂, CHO₁, CHO₂, CHN₁O₁, and CHN₂O₁ represent different classes (types) of compounds as defined in Table 1, with each class encompassing the full range of formulas shown in Fig. 2.

molecular formulas designated by carbon number and decreasing hydrogen atom counts (*i.e.*, double bond equivalents; DBEs), such as $C_nH_{2n+2-(2 \times DBE)}$ for CH compounds.

TMS off-gassing from PM and LLF contained a diverse range of hydrocarbons and nitrogen- and/or oxygen-containing compounds (Fig. 1C and D), with their breakdown within each compound type enumerated in Fig. 2. Observed hydrocarbons included major contributions from single-ring aromatics and PAHs, as well as C_{10} , C_{15} , and C_{20} terpenoids (incl. monoterpenes, sesquiterpenes, and diterpenes). The underlying chemical functionalities of prominent nitrogen- and oxygen-containing features in Fig. 2 likely include similar structures as those found from prior observations of tobacco smoke and biomass burning.^{11,52} For instance, prominent features in the CHN data likely include alkyldiarynes ($C_nH_{2n-5}N$), quinolines ($C_nH_{2n-11}N$), and pyrazines ($C_nH_{2n-4}N_2$). Similarly, $C_nH_{2n-4}O$ and $C_nH_{2n-6}O_2$ compounds likely had major contributions from furans and furanlaldehydes, respectively, and examples of common CHNO compounds included pyrrolidones ($C_nH_{2n-5}NO$), oxazoles ($C_nH_{2n-3}NO$), and alkoxypyrazines ($C_nH_{2n-4}N_2O$).

Given the complexity of the TMS emissions we observed here, the objective of the GC-TOF analysis was focused on grouping

isomers by molecular formula as opposed to identifying each individual isomer. Confirmation analyses were conducted on offline adsorbent tubes using GC with electron ionization mass spectrometry (*i.e.*, GC-EIMS; Agilent 5977A) to provide mass spectral identifications for some major compounds observed in GC-TOF and PTR-TOF data. A survey of the GC-EIMS data (*e.g.*, Fig. S9†) similarly reveals a broad range of VOCs to SVOCs present in PM off-gassing, LLF off-gassing, and SHS across a combination of resolvable peaks and unresolved complex mixtures of compounds. Along with compounds frequently reported in the tobacco smoke literature (*e.g.*, nicotine, 3-ethenylpyridine, phenol, single-ring aromatics),^{11,29,46,53,54} a wide array of other compounds were observed in SHS, including hydrocarbons (*e.g.*, alkanes, alkenes, PAHs) and functionalized compounds such as furanoids (*e.g.*, 2-methylfuran, 2,5-dimethylfuran, furfural, ethylmethylfuran). Notable examples of compounds found in PM off-gassing include triacetin, glycerol, nicotine-related alkaloids, nitrogen-containing heterocycles in the CHN₁₋₂ category (*e.g.*, pyridines, quinolines, pyrroles, indoles), aromatic nitriles (*e.g.*, benzonitriles, naphthalenecarbonitrile), CHO₁₋₂ compounds (*e.g.*, cresols, other alkyl phenols, guaiacols, benzofurans, acids), PAHs (*e.g.*, C_{11} – C_{15} alkyl naphthalenes, biphenyls, acenaphthylene, phenalene,





Fig. 2 Detailed speciation of chemically-complex THS off-gassing from PM and LLF reservoirs. Measurements *via* GC-TOF (with soft ionization to reduce fragmentation and preserve molecular structure) show the relative chemical composition of gas-phase compounds emitted from slightly-aged PM (left column) and LLF (right column) samples following initial off-gassing (*i.e.*, 10–80 minutes) into the PTR-TOF. (A and B) A summary of ion abundances by carbon number and compound class, followed by breakdowns of (C and D) hydrocarbons, (E and F) CHO₁₋₂ compounds, (G and H) CHN₁₋₂ compounds, and (I and J) CHN₁₋₂O₁ compounds with specific chemical formulas indicated in each row's legend and generalized compound types for hydrocarbons. Note: initial concentrations from PM and LLF off-gassing were analyzed using PTR-TOF to capture high time-resolution dynamics and very volatile (C₂–C₅) compounds (*e.g.*, Fig. 1, 3, 4, 5 and Table S3†), so the abundances of some



Table 1 Relative contributions to ion abundance by elemental composition. A summary of the gas-phase compounds in secondhand smoke and particle-phase compounds in collected PM samples (w/o off-gassing) compared to PM and LLF off-gassing, shown as *average (with range)* percentage for C₆–C₃₀ hydrocarbons (CH) and C₄–C₂₅ for other compound classes, measured *via* offline high resolution mass spectrometry (GC-TOF)^a

Compound class	Gas-phase secondhand smoke (SHS)	Deposited PM in SHS	PM off-gassing	LLF off-gassing
CH	16 (14–23)	20 (20–23)	18 (15–20)	13 (7–18)
Acyclic alkanes	0 (0–0)	10 (9–11)	0 (0–0)	0 (0–1)
Alkenes & cycloalkanes	22 (18–26)	4 (3–4)	2 (1–3)	11 (8–13)
Terpenes	13 (12–14)	10 (10–10)	15 (9–22)	41 (36–45)
Single-ring aromatics	52 (48–53)	32 (30–35)	41 (40–42)	37 (33–39)
PAHs	13 (8–16)	44 (42–45)	43 (34–48)	12 (7–15)
CHN ₁	19 (17–24)	6 (5–7)	8 (8–10)	39 (26–52)
CHN ₂	16 (7–13)	22 (21–23)	24 (18–25)	2 (1–3)
CHO ₁	23 (16–23)	7 (7–8)	15 (12–16)	28 (5–52)
CHO ₂	19 (13–23)	21 (18–22)	15 (14–15)	14 (8–18)
CHN ₁ O ₁	5 (3–7)	9 (5–10)	16 (13–25)	3 (0–6)
CHN ₂ O ₁	1 (1–2)	14 (14–17)	4 (3–5)	1 (0–3)

^a See ESI Section S3.1 for discussion of potential underestimates in acyclic alkane abundances as a result of their lower response factors relative to other compounds. Cumulative sums may exceed 100% due to rounding.

fluorene, alkyl-fluorenes, phenanthrene, anthracene, fluoranthene, pyrene), and CHN₁O₁ compounds similar to those seen in Fig. 2I (e.g., pyrrolidones/pyrrolidinones, pyridinols).

3.2.1 Variations in THS off-gassing from PM vs. LLF and comparisons to secondhand smoke. Analysis of off-gassing emissions from PM and LLF revealed a dynamic complex mixture dependent on the SHS from which they were derived but resulting in markedly different overall chemical profiles for PM and LLF off-gassing (Fig. 1, 2, S7 and S8†). PM off-gassing was more evenly distributed across compound classes compared to LLF off-gassing, which contained predominantly CHN₁ and CHO₁ compounds with smaller contributions from CH and CHO₂ compounds (Fig. 1 and Table 1). While PM off-gassing consisted of VOCs, IVOCs, and SVOCs, VOCs made up a greater fraction of LLF off-gassing emissions (Fig. 3A). Their overall abundances were similar; total initial concentrations of all compounds quantified *via* PTR-TOF for both reservoirs were nearly equivalent at 2.6 ppm—only an order of magnitude less than gas-phase SHS concentrations (33 ppm) in the chamber (Table S3†). Over a long-term period of off-gassing, PM's cumulative emissions (in moles) exceed that of LLF, given the quicker decline in off-gassing of some VOCs from LLF (e.g., Fig. 1).

The overall chemical composition of PM off-gassing peaked at C₁₀ compounds, given the prominence of nicotine (C₁₀H₁₄N₂) and cotinine (C₁₀H₁₂N₂O) (Fig. 2). However, the distribution of PM off-gassing included large contributions of other nitrogenous and oxygenated VOCs–IVOCs from C₁ to C₁₅ and marked emissions of aromatics across the VOC (e.g., benzene) to SVOC (e.g., C₂₀) range (Fig. 2, Tables S3 and S4A†). The multicyclic compounds and PACs were not just limited to hydrocarbons

(e.g., PAHs), but included an extensive range of multicyclic nitrogen-containing compounds (e.g., CHN_{1–2}) and oxygen-containing PACs, especially for CHO₂ compounds. A supplemental targeted analysis for select oxygen- and nitrogen-containing PACs *via* GC with triple quadrupole MS/MS confirmed that PM off-gassing contains notable levels of multiple key oxygenated PACs (e.g., 1,4-naphthoquinone, 2-methyl-1,4-naphthoquinone, 9-fluorenone, 9,10-anthraquinone, 9,10-phenanthrenequinone, benzo[*a*]/[*b*]fluorenone, benzanthrone) and less significant levels of nitro-PACs (Table S5†). Along with online PTR-TOF measurements of benzoquinone at 6.8 ± 2.1 ppb in off-gassing PM (Table S3†), this targeted analysis demonstrated the presence and emissions of individual carbonyl- and quinone-containing functionalities in THS, some with high oxidative potential leading to ROS formation and potential cytotoxicity (e.g., 1,4-naphthoquinone, 9,10-phenanthrenequinone, 2-methyl-1,4-naphthoquinone).^{55,56}

In contrast with off-gassing from PM, LLF off-gassing emissions tended towards lighter and more reduced compounds, with outsized contributions from terpenoids. Aromatic CH and CHO_{1–2} compounds were prominent but with relatively less PAC content than PM off-gassing (Fig. 2, S13† and Table 1). A majority of the abundance appeared on compounds with ≤10 carbon atoms (Fig. 2) including CHN₁, CHO₁ and CHO₂ compounds, such as C_nH_{2n–5}N, C_nH_{2n–6}O and C_nH_{2n–6}O₂, likely corresponding to pyridines, phenols, and catechols, respectively.

3.2.2 A molecular-level comparison of PM and LLF off-gassing to secondhand smoke as a function of chemical properties. Both SHS composition and each compound's physical–chemical properties influenced the composition of THS off-

compounds shown here may be relatively lower than their peak in initial off-gassing (e.g., furans, pyrrole, pyrroline) or some small compounds may be underestimated *via* GC-TOF (e.g., C₄–C₆ hydrocarbons) due to reduced ionization efficiencies relative to larger compounds. See the ESI† for additional details on samples and relative abundance calculations.





Fig. 3 Comparisons of PM and LLF off-gassing to secondhand smoke. (A) The volatility distribution of gas-phase compound concentrations found in secondhand smoke, PM off-gassing, and LLF off-gassing, each averaged across 4 experiments from online PTR-TOF data. Scatterplots of (B) PM and (C) LLF off-gassing concentrations for individual compounds were compared to secondhand smoke and colored as a function of volatility (*i.e.*, saturation concentration; C^*), shown here for a single experiment (Trial 4; see ESI for other examples, Fig. S12, S14, S15, S18–S20 and S22†). The three dashed lines in (B and C) represent concentration ratios of 1 : 1, 1 : 10, and 1 : 100.

gassing from PM and LLF and the considerable differences between the two reservoirs' emissions. While SHS had a greater total concentration of gas-phase organic compounds than both the PM and LLF off-gassing reservoirs (Fig. 3), concentrations of a large subset of compounds in PM off-gassing were equivalent to, or near, their gas-phase concentrations in SHS (Fig. 3B). Compound volatility (*i.e.*, saturation concentration, C^*) appeared to play a major role in this effect (Fig. 3B and S3†). Specifically, IVOCs and SVOCs, including alkaloids (*e.g.*, nicotine), remained elevated at similar gas-phase concentrations relative to SHS, while higher volatility compounds (*i.e.*, VOCs) had lower relative concentrations in PM off-gassing (Fig. 3B and S10–S12†). Though concentrations decreased moderately, this effect extended over longer timescales, including after multiple hours of active PM off-gassing (Fig. 4 and S14–S16†).

In addition to being enhanced in lower volatility compounds, PM off-gassing included considerable aromatic content (Fig. 2) with a general shift towards more aromatic compounds (*vs.* alkanes/alkenes) for both CH and CHO_{1-2} compounds compared to the chemical profile of SHS (Fig. S7 and S13†). While this observation also holds for CHN_1 , which had more highly unsaturated compounds, the distribution of CHN_1O_1 and CHN_2O_1 compounds demonstrated greater similarity between gas-phase SHS and PM off-gassing (Fig. 2 and S7†). Furthermore, aromatic compounds made up a greater fraction of hydrocarbons (*i.e.*, CH) than alkanes/alkenes in PM off-gassing (Fig. 2, S7, S9, S13, S16, S17† and Table 1) as well as in SHS, which was similarly noted in prior work on SHS with a smaller range of compounds.⁴⁶ Despite their high volatility, emissions of lighter CH and CHO_{1-2} aromatics were also observed in PM off-gassing (*e.g.*, Fig. 2 and Table S3†), where C_6 – C_9 aromatic hydrocarbons comprised $0.64\% \pm 0.03\%$ of the observed PTR-TOF abundance during initial PM off-gassing.

Despite considerable aromatic contributions to THS, non-aromatic hydrocarbons, including alkanes, terpenes, and non-terpenoid alkenes, were observed in THS off-gassing from PM (and LLF), especially in the IVOC–SVOC range for PM off-gassing (Fig. S7 and Table S3†). While quantitative differentiation of cycloalkanes and alkenes was not feasible with GC-TOF in Fig. 2, observations of PM off-gassing *via* PTR-TOF (for alkenes) and GC-EIMS (for alkanes/alkenes) included alkenes (*e.g.*, C_5 – C_{18}), dienes (*e.g.*, isoprene, terpenes, neophytadiene ($\text{C}_{20}\text{H}_{38}$)) benzyl-alkenes (*e.g.*, styrene, indenenes), linear alkanes (*e.g.*, n - C_{11} – C_{21}), and sparse evidence for prominent branched/cyclo-alkanes. Similar to the general volatility-dependent trends in Fig. 3, concentrations of C_{16-20} acyclic alkenes in PM off-gassing are similar to those in SHS with smaller alkenes having progressively lower concentrations relative to SHS (Fig. S16†). Similarly, oxygenated compounds with aliphatic formulas are prominent in SHS at lower molecular sizes (*i.e.*, $\leq \text{C}_{10}$) in GC-TOF (Fig. 2) and PTR-TOF data (Table S3†) and are observed in THS, but oxygenated aromatic compounds are also generally enhanced in PM off-gassing (Fig. 2, S7 and S13†).

While there are some differences with chemical properties, our results establish a general volatility-dependent relationship between THS from PM off-gassing and SHS composition





Fig. 4 Persistent and dynamic THS off-gassing from aging PM. (A) The temporal evolution of PM over time as a function of carbon number, shown with the chemical speciation of hydrocarbons from PM aged for 72 hours (inset, analogous to Fig. 2C), measured *via* offline GC-TOF. This comparison between “fresh” vs. 72 hour-aged PM demonstrates persistent off-gassing for (B) major compound classes across the complex mixture (as ion abundances measured *via* GC-TOF) and for (C) the highest concentration compounds (where each point represents a chemical formula measured *via* online PTR-TOF), including elevated concentrations of acrolein and C₃H₈O₃ (e.g., glycerol), among others. (D) The temporal evolution of notable off-gassing compounds from fresh PM relative to nicotine demonstrates dynamic changes in major species with time (Trial 5, see Table S3† for average absolute ratios to nicotine). Triacetin in (C and D) was detected as the fragment C₇H₁₁O₄⁺ *via* PTR-TOF and its prominence in minimally-aged PM off-gassing was confirmed *via* GC-EIMS (Fig. S9†). See Fig. S10† for scatterplots of panel B data broken up elemental composition.

(Fig. S3†), where the THS to SHS ratio for a given compound is approximated by:

$$\text{Log}\left(\frac{C_{\text{THS,PM}}}{C_{\text{SHS}}}\right) = \begin{cases} -0.42 \log(C^*) + 1.56, & \log(C^*) > 4 \\ 0.11 \log(C^*) - 0.45, & \log(C^*) < 4 \end{cases} \quad (1)$$

The general chemical composition and volatility distribution of emissions from LLF over the initial off-gassing period was more similar to SHS (Fig. 3A, S4 and S18†), though individual compound concentrations were all lower than in SHS (Fig. 3C), which may have been influenced by the LLF exposure and off-gassing setup used. The composition was not dependent on volatility (Fig. 3C) but was instead sensitive to aqueous solubility, which led to notable differences between the evolution of SHS and LLF composition over the off-gassing period (see

Section 3.5). These differences included reduced contributions from CHN₂ (esp. nicotine) and CHN₁₋₂O₁ compounds, relative enhancements in CHN₁ and CHO₁ compounds, and some variations in the overall CH compound distribution shown in Fig. 2 after the initial off-gassing period. Similar to the PTR-TOF observations of alkenes in LLF off-gassing (Table S3†), a greater prevalence of ion fragments associated with alkanes/alkenes in the GC-EIMS data (e.g., *m/z* 57, 55) was observed in the VOC range (<C₁₂), which is consistent with the lack of major volatility-dependent differences (Fig. 3).

3.3 THS off-gassing from PM reservoirs is persistent and chemically-evolves over time

We simulated long-term PM off-gassing to demonstrate deposited PM's ability to act as a persistent THS source due to



the large reservoir of VOCs, IVOCs, and SVOCs present within the PM. While the “ages” presented here do not directly equate to real-world THS ages given the dependence on ventilation conditions, they provide key information on the evolution of chemical composition during prolonged PM off-gassing, and will likely extend past the multi-day timescales examined here.

Online and offline measurements after continued PM off-gassing were compared to SHS and unaged (“fresh”) PM off-gassing for all aging experiments (Fig. S12, S19 and S20†). Over shorter time periods in the various experiments (*e.g.*, 1–6 hours), some individual compounds showed minor changes and others decreased by up to an order of magnitude depending on volatility, and slightly larger decreases were observed after 18 hours (Fig. S12 and S14†). For one experiment shown in Fig. 4 with sampling from the same PM filter at 0, 6, and 72 hours, we observed persistent off-gassing, with concentrations decreasing slightly over an order of magnitude on average (Fig. S10 and S14†), and with larger decreases for some compounds (*e.g.*, nicotine) (Fig. 4C). Some shifts in the volatility distribution were observed, including larger decreases in many light VOCs as well as larger compounds that were relatively more persistent (Fig. 4A–C). A greater fraction of PAHs was also observed at 72 hours (Fig. 4A inset) compared to fresh PM off-gassing (Fig. 2C).

We observed three distinct trends in the temporal dynamics of PM off-gassing that are important over short and long timescales.

Type 1 (transient): most small to moderately sized hydrocarbons and relatively non-polar compounds, including 2,5-dimethylfuran and acetone, exhibited an early concentration spike in fresh samples and slowly decreased from their maxima while remaining substantially elevated over the course of the initial hour-long sampling period (Fig. 1A) and after 6 hours (Fig. S10†). This early concentration spike was likely indicative of the initial off-gassing from the surface layer of the predominantly organic and highly-viscous particles, prior to the off-gassing rate becoming limited by internal diffusion (Fig. S21†), which can result in sustained emissions of even light VOCs.

Type 2 (persistent): off-gassing concentrations of alkaloids (*e.g.*, nicotine, nornicotine, myosmine, cotinine), strongly-associated with tobacco combustion, along with many larger and/or polar compounds, often appeared to rise slowly and decayed more slowly. While persistent, compounds in this category still followed general trends with substantial decreases from their peak concentrations after 18 and 72 hours of simulated off-gassing. For example, nicotine was observed to be a large fraction of alkaloids present in SHS and appeared to take approximately 15 minutes to reach maximum off-gassing concentrations (Fig. 1A). Myosmine and anatabine, though observed at much lower concentrations than nicotine, showed similar temporal trends (Fig. 4D), suggesting that their particle-phase concentrations do not drive these timescales. For the alkaloids, their equilibrium between free base form (*i.e.*, protonated) and deprotonated form may both dampen the rate of initial off-gassing and limit the amount of available alkaloid for partitioning to the gas-phase. Based on prior instrument characterization, a lag in response times on the PTR-TOF is not

expected to be responsible for this delayed increase either,⁵⁷ and the effect was not observed in LLF off-gassing for nicotine (Fig. 1B) nor for all C₁₄ hydrocarbons with similar volatilities (Fig. S17†).

A notable non-alkaloid compound that also appears to also follow this trend is triacetin (C₉H₁₁O₆, observed in PTR-TOF as its fragment ion C₇H₁₁O₄⁺), which is the second most abundant compound in PM off-gassing after nicotine (Table S3†). It is commonly used as a plasticizer in cigarette filters, though it has also been used as a humectant additive to preserve moisture or as a solvent during production, and previous work has observed large triacetin emissions from cigarette butts.⁴⁸ Its magnitude and persistence, similar to nicotine, make it an important, dynamic THS component.

C₂₀ compounds also showed noteworthy persistence (Fig. 4A). Of these, C₂₀H₃₀ has been reported in prior literature on tobacco smoke, albeit in the particle phase,⁵⁸ and could serve as an important marker for persistent PM-sourced THS, since it is relatively less prevalent in gas-phase SHS (Fig. S7†). As measured *via* PTR-TOF (*e.g.*, Table S3†), the [C₂₀H₃₀]/[nicotine] ratio sampled from the same filter for fresh, 6 hour old, and 72 hour old PM increased over time with values of 0.0011, 0.0042, and 0.045, respectively.

Type 3 (degradation products): a select few compounds increased or stayed constant throughout long-term PM off-gassing (Fig. 1A and 4C), including C₃H₄O (*e.g.*, acrolein), C₃H₈O₃ (*e.g.*, glycerol), C₃H₆O₂ (*e.g.*, hydroxyacetone, glycidol), and C₂H₄O (*e.g.*, acetaldehyde). Since many of them are also prevalent SHS components from combustion or as cigarette additives (*e.g.*, glycerol), they initially dropped in concentration, exhibiting a trend similar to compounds like acetone and 2,5-dimethylfuran, but then began rising after 10–15 minutes (Fig. 1 and 4D). This rise in concentrations during off-gassing was observed across multiple experiments and ages (Fig. S11 and S14†). Their concentrations after 18 hours were similar to those during initial (fresh) PM off-gassing and even larger after 72 hours—making them some of the most abundant compounds observed (Fig. 4C).

These results suggest that they may be formed as degradation products from other larger species, and that the consideration of processes aside from volatility-dependent dynamics are necessary. The most prominent candidate parent compound is the aforementioned triacetin, which was prevalent in SHS and the second most abundant compound observed in PM off-gassing, with its identification confirmed *via* GC-EIMS. Triacetin degradation has been reported in the literature, including under thermal conditions with acetic acid or acetic anhydride loss, to yield acrolein, acetaldehyde, formaldehyde, hydroxyacetone, glycidol, and others.^{59,60} These papers do not show glycerol as a degradation product of triacetin (the glycerol triester), though ester hydrolysis of triacetin would be expected to yield glycerol. However, glycerol formation from triacetin pyrolysis was suggested by Laino *et al.*,⁶⁰ who also predict that triacetin has a relatively high tendency to (thermally) decompose. Glycerol, derived from either its use as a tobacco additive or from triacetin degradation, may also produce acrolein *via* acid-catalyzed dehydration (*e.g.*, *via* acetic acid),⁵⁹ and acrolein



and glycidol formation *via* thermal degradation of glycerol has been previously mentioned in literature.⁶¹ While most studies of triacetin/glycerol degradation focus on pyrolysis, glycerol mechanism modeling reported acid-catalyzed dehydration of protonated glycerol at lower temperatures with activation barriers of only 21–25 kcal mol⁻¹,⁶² and cigarette smoke's measured pH between 5.3 and 6.5 makes it acidic in nature.⁶³

While not ascribed to triacetin degradation here, the abundance of several other compounds similarly remained elevated over time, including C₆H₆O₂ (*e.g.*, 5-methylfurfural, 2-acetylfuran, catechols), C₅H₅NO (*e.g.*, pyridinols), C₃H₆O₃ (*e.g.*, lactic acid), and C₅H₆N₂O (*e.g.*, methoxypyrazine). We note that the decomposition of other species may be occurring concurrently, such as those involving propylene glycol, which was also reported to yield hydroxyacetone (C₃H₆O₂) during pyrolysis.⁶¹ Additionally, while C₃H₆O₂ isomers were prevalent in PTR-TOF data, the breakdown between glycidol and hydroxyacetone could not be determined by GC analysis given limitations with measuring the epoxide glycidol in PM off-gassing. Regardless of the parent species and decomposition pathways, increasing levels of acrolein to 10+ ppb throughout THS aging, along with potential contributions from glycidol and formaldehyde, imply major health consequences, since acrolein is one of the most hazardous known components of THS⁴ and glycidol, if present, is a probable carcinogen (Group 2A agent per the International Agency for Research on Cancer).⁶⁴

3.4 Speciating the underlying PM reservoir of THS emissions

Offline speciation of collected PM samples (without off-gassing) demonstrated extensive reservoirs of VOC–SVOC THS compounds, which were likely abundant in PM due to their formation in the combustion plume, where elevated concentrations of these compounds (*e.g.*, 30–60 ppm benzene in-plume) drive partitioning to the condensed phase.⁶⁴ PM samples thermally desorbed from quartz filters showed a greater fraction of CH, CHN₂, CHO₂, and CHN₂O₁ compounds (Fig. S8†). A broad array of these compounds had a high degree of unsaturation across GC-TOF observations (*i.e.*, C₄–C₃₀), which was especially true for functionalized compounds, including substantial amounts of C₅–C₁₅ oxygenates similar to those in PM off-gassing; an array of nitrogenous species including nicotine and other alkaloids; and a range of formulas for single-ring aromatics and PAHs that were also observed in PM off-gassing, including C₂₀H₃₀ and C₂₀H₃₂ (Fig. S7†). As expected, there were greater proportions of larger compounds (*i.e.*, I/SVOCs) when compared to the gas-phase compound distributions in SHS and PM off-gassing, which illustrates their role as reservoirs for long-term PM off-gassing (Fig. 2 and S7†).

Following PM solvent extraction from PTFE filters, LC-TOF was used for confirmation and to examine more LC-amenable, highly-functionalized compounds. Non-targeted analysis in both positive and negative mode identified large quantities of CHN₂, CHO₂, and CHN₂O₁ compounds similar to GC-TOF results as well as notable contributions from CHN₂O₂, CHN₁O₁, CHO₂S₁, CHN₁O₁S₁, CHO₄, CHO₃, CHO₃S₁, and CHN₁O₄ (possibly nitrocatechols) compounds (Fig. S2†). While

CHON compounds span the IVOC–SVOC volatility range in positive mode, CHN compounds were primarily in the IVOC range, largely between 3 < log(*C*^{*}) < 5 (Fig. S2†), including known alkaloids from cigarette smoke. CHO compounds were observed in negative mode ionization across the VOC–SVOC range with a large CHO signal between 1 < log(*C*^{*}) < 2 that was also observed in GC-TOF PM data, and a large fraction of the observed CHOS compounds also fall in the IVOC range (Fig. S2†).

3.5 LLF off-gassing dynamics and dependence on Henry's law constants

The concentrations of some compounds in LLF off-gassing decayed relatively quickly over 5–60 minutes in the experimental setup, albeit with different first-order rates of decay (Fig. 1B). Some compounds, like acetone and acetic acid, decreased relatively slowly before leveling out at elevated concentrations (Fig. 1B and 5A), while more non-polar compounds (*e.g.*, benzene, methylnaphthalenes), decreased rapidly with an e-folding time of less than 15 minutes.

These differences were explored using Henry's law constants to represent variations in gas–aqueous-phase interactions. Enhancements in short-term LLF off-gassing were examined by plotting the ratio of LLF off-gassing to gas-phase SHS concentrations for each compound against the Henry's law constants (Fig. 5B) available for 139 compounds.⁴² The gases in SHS have Henry's law constants (*H*^{cp}, *i.e.*, *H'*) that are largely distributed in the 10⁻⁴–10⁻¹ mol m⁻³ Pa⁻¹ range (Fig. S22†). The resulting distribution of the LLF to SHS concentration ratios peaked in the range of *H'* = 10⁻³–10⁰ mol m⁻³ Pa⁻¹ at a ratio of approximately 0.7, which indicates relatively enhanced near-term emissions (*e.g.*, during the first hour) that is influenced by a combination of their aqueous uptake and off-gassing (Fig. 5B–D). Compounds with Henry's law constants of 10⁰ mol m⁻³ Pa⁻¹ and greater generally remained substantially elevated over an hour of off-gassing (*e.g.*, Fig. 5C, S23 and S24†). We also note that compounds with a *H'* below 10⁻³ mol m⁻³ Pa⁻¹ were consistently found at concentrations approximately an order of magnitude lower in the LLF off-gassing compared to SHS.

These observations suggest that this peak is the result of the competing processes of aqueous uptake (*i.e.*, maximum possible uptake in LLF exposed to smoke) and off-gassing rates, which are both a function of Henry's law (Fig. 5D). If the Henry's law constant of a given compound is very low, then the quantity of uptake to the LLF is greatly limited by the Henry's law constant value. The off-gassing will be rapid, but the low overall quantity able to be sequestered by the LLF means that the ratio of LLF off-gassing to SHS concentration will be low. On the other hand, compounds with a higher Henry's law constant will be taken up in greater quantities but will off-gas more slowly when exposed to cleaner air. Therefore, compounds with a higher *H'* will be more persistent in the aqueous phase and off-gas over long timescales as they return to equilibrium (in the absence of biological processing). Compounds in the middle with an *H'* around 10⁻² enter the LLF in substantial amounts, but do not have a prohibitively high aqueous-phase affinity,





Fig. 5 THS off-gassing from LLF and the effect of compound-specific Henry's law constants in lab experiments and multi-compartment body models. (A) Concentrations of selected THS compounds from freshly-exposed surrogate LLF (measured via online PTR-TOF), shown with their Henry's law constants (H'). (B) Average peak concentrations observed from LLF off-gassing in the first 80 min compared to SHS (*i.e.*, $\frac{\text{Conc}_{\text{LLF}}}{\text{Conc}_{\text{smoke}}}$) averaged across multiple trials, showing enhanced near-term off-gassing around H' of 10^{-3} – $10^0 \text{ mol m}^{-3} \text{Pa}^{-1}$. (C) Comparison of LLF off-gassing concentrations after 1 h to initial concentration in the first 20 min, with compounds colored by H' . (D) Average concentration-weighted distribution of near-term concentration enhancements from LLF shown with the distribution of SHS and THS from LLF (within the same experiment). The top panel in (D) depicts the competing roles of aqueous uptake (*i.e.*, maximum possible uptake in LLF exposed to smoke) and off-gassing rates, which are both a function of Henry's law and drive enhanced initial off-gassing of compounds with lower H' and lead to longer residence times for compounds with a greater affinity for the aqueous phase. (E) Modeled long-term breath concentrations of a compound with $H' = 0.5 \text{ mol m}^{-3} \text{Pa}^{-1}$ over 100 hours considering LLF only compared to multi-compartment body models with blood and moderately-perfused tissues. (F) The temporal evolution of the relative chemical composition of breath as a function of H' including LLF, blood, and tissues (given an equivalent initial concentration in mainstream smoke). See Fig. S25 and S26† for relevant experimental and modeling results, including additional depictions of (E) and the absolute changes of data in (F).



allowing them to off-gas in greater quantities over shorter timescales.

4 Discussion

4.1 Real-world implications and considerations

4.1.1 PM and LLF as mechanisms for persistent THS off-gassing and THS transport. The consideration of PM- and LLF-related THS reservoirs and their interactions with the gas-phase are key to fully understanding the underlying processes responsible for THS observations in real-world and simulated environments. For example, both reservoir types released substantial quantities of light VOCs, including C_{6–8} aromatics (*e.g.*, BTEX), acetone, acetic acid, acetonitrile, acetaldehyde, isoprene, and acrolein, which were all previously observed during transport of THS by humans into a movie theater.¹¹

These highly volatile compounds would likely not have been able to achieve sufficient sorption solely from the more diluted gas-phase (*e.g.*, outside the concentrated plume) to clothing (and external bodily surfaces) to produce the immediate, large concentration enhancements observed in the theater with the entry of new audiences.¹¹ While gas-phase adsorption and desorption of these components to fabrics and materials have been studied in prior work,^{18,19} the particle-phase and aqueous-phase reservoirs explored in this work represent highly-concentrated and viably persistent THS reservoirs that are dosed in very-high concentration gradient conditions, specifically in the cigarette plume or respiratory tract after mainstream smoke inhalation, respectively.

The underlying source strength of off-gassing PM originates during tobacco combustion, which produces high concentrations of tobacco smoke-related gases and particles, resulting in a conducive environment for aerosol growth. Condensed-phase particles are generated and grow in the highly-concentrated tobacco smoke plume during combustion; they thus incorporate a wide volatility range of gas-phase organic compounds present at extremely elevated gas-phase concentrations, which, along with high organic aerosol loadings, drive their condensation to the particle phase in spite of high vapor pressures. These extremely-elevated concentrations can even induce some of the most volatile species to be present in the particle phase in substantial quantities (*e.g.*, acetone) (Table S3†), though the extent of light VOC content in PM-related THS is likely sensitive to the duration and extent of airborne dilution prior to PM deposition. One prior study on two VOCs supports this conclusion, estimating that 20–70% of acrolein and formaldehyde in SHS emissions were in the condensed phase.⁶⁵ Once in the particle matrix, viscosity and diffusion limitations can then limit their rate of off-gassing,^{66,67} effectively “trapping” them in a viscous and/or phase-separated THS reservoir. The viscosity of these particles may evolve over time, similar to observations of biomass burning organic aerosol outdoors.⁶⁸

As a result, in the experiments, the high viscosity of these particles extended measured off-gassing lifetimes, such that the PM still emitted a considerable amount of THS contaminants even at 18 and 72 hours of aging with continuous air flow (Fig. 4A–C). These results support PM as a major, highly-

concentrated THS reservoir in real-world indoor spaces with off-gassing concentrations of VOCs–SVOCs that remain elevated over extended timescales (Fig. 1, 4, S10 and S14†). Since gas-phase concentrations of many off-gassing compounds (*e.g.*, I/SVOCs) remained similar to their SHS gas-phase concentrations (Fig. 4C and S12†), both initially and over several hours in the controlled PM experiments, gas-phase concentrations in real-world indoor environments are likely dependent on the saturation concentrations (*C*^{*}) of many compounds, especially in spaces with limited ventilation.

4.1.2 THS PM off-gassing timescales in real-world conditions. Real-world THS fluxes and timescales can be limited by a combination of internal particle diffusion, interfacial surface boundary layer transport (*i.e.*, molecular diffusion), turbulent gas-phase diffusion, and indoor ventilation conditions.^{11,20,69} As a result of differences between the PM off-gassing experiments and real-world conditions, we note that off-gassing timescales observed in the experiments are lower limits and are equivalent to longer aging in the real-world when considering the surface-to-air transport and ventilation conditions of indoor environments.

First, the flow velocity through the filter was $\sim 10 \text{ m h}^{-1}$, which is slightly higher than the $1\text{--}5 \text{ m h}^{-1}$ range of vertical transport velocities expected in indoor environments (*e.g.*, $2.5\text{--}3.9 \text{ m h}^{-1}$)²⁰ and likely resulted in more rapid air exchange per time than in real indoor spaces. Second, the use of purified air in the PM experiments may have accelerated aging in this study, as real-world diffusion will often have smaller concentration gradients between the PM surface and in-room air. With low to moderate ventilation for indoor spaces contaminated with deposited PM from SHS, off-gassing may approach saturation concentrations for higher-MW compounds, similar to their gas-phase (in-room) concentrations during smoking, resulting in elongated emission timescales and exposure to gas-phase THS over longer periods, though the impact of ventilation variations (after deposition) may not dramatically lower gas-phase concentrations of many species based on prior work.⁵¹

Third, the underlying surface that the viscous PM deposits on could impact THS timescales *via* several mechanisms. THS from PM (or from the surrounding gas-phase) can penetrate deep into a sufficiently thick surface (*e.g.*, paint) or other building materials and re-partition between the particle and the underlying sorptive surface/material—increasing the overall persistence of THS off-gassing.²¹ Fourth, while the intention of our experimental design was to isolate and focus on off-gassing from deposited PM (or LLF) to the gas-phase, in real-world indoor environments, off-gassing VOCs, IVOCs, and SVOCs will partly re-partition to indoor surfaces, other bulk material reservoirs (*e.g.*, building materials, furnishings, fabrics), and other (non-tobacco related) aerosols.¹² This sorptive partitioning will contribute to extended persistence of THS indoors and could be impacted by humidity levels. Similarly, off-gassed THS may not be isolated to a single room, as other aerosols can act as condensation sites for PM off-gassing emissions, and this aerosol-phase transport can allow them to move to other parts of buildings *via* either connected rooms or through forced air (HVAC) systems¹² in addition to gas-phase THS transport.



In summary, the timescales for THS PM off-gassing in real-world conditions will vary as a function of several factors: initial particle size, particle viscosity (*i.e.*, internal diffusion coefficients), compound volatility and polarity, THS layer thickness resulting from deposited PM, ventilation rates, and possible effects from phase state, viscosity, and pH.^{70–72} For comparison, single particles have modeled equilibrium timescales ranging from less than a second to weeks once settled on surfaces, with a strong dependence on viscosity and diffusive length scales (Fig. S21†).

4.1.3 Multi-compartment modeling to evaluate THS off-gassing from aqueous-phase bodily reservoirs. The LLF covering the epithelial cells in human airways has a large surface area, which leads to efficient aqueous phase uptake of smoke constituents into this and other bodily reservoirs. Hence, understanding bodily THS uptake and sequestration is important for a complete description of THS off-gassing. While the equilibration times for partitioning into the thin LLF layer (*i.e.*, 0.01–10 μm)⁷³ within the respiratory tract will be quick, the body is a multi-compartment system comprised of aqueous fluids/tissues that respond at varying characteristic lifetimes.³³

In past observations of smokers' breath over time, the concentration of exhaled particles returned to baseline one minute after cessation of smoking,⁷⁴ while time-resolved observations of exhaled VOCs were limited to only a few compounds. Ueta *et al.* observed fairly rapid initial decay rates (*i.e.*, e-folding time (τ) < 2 min) for four VOCs (benzene, 2,5-dimethylfuran, toluene, and limonene) from peak concentrations in smokers' breath after the last cigarette puff.¹⁹ Others reported similar initial decay timescales for benzene, 2,5-dimethylfuran, and 1,3-butadiene, though concentrations sometimes persisted at elevated levels during the 1–2 hours tested.^{33,34} In contrast, exhaled acetonitrile was found to decay much more slowly over multiple days.^{34,75}

Our observed decay trends in LLF off-gassing are consistent with these prior observations^{19,33,34,75} and the slower decay in many compounds can be explained by their Henry's law solubility constants (Fig. 5). Specifically, benzene ($H' = 0.0018 \text{ mol m}^{-3} \text{ Pa}^{-1}$), 2,5-dimethylfuran (0.0015), toluene (0.0015), and limonene (0.0004) are all largely non-polar, undergo relatively less aqueous uptake, and exhibit faster off-gassing (Fig. 5D top). By contrast, acetonitrile has a higher Henry's law constant ($0.52 \text{ mol m}^{-3} \text{ Pa}^{-1}$), and its persistence relative to benzene has been attributed to differences in solubility.⁷⁵ A greater tendency towards the aqueous phase means that aqueous fluids/tissues not only have a greater capacity to take up the extensive array of more soluble compounds (Fig. 5B, D and S23†), but also that the gas-phase equilibrium concentration over the liquid surface is low. Thus, at a constant exchange rate of the gas phase, off-gassing for compounds with higher solubility is slow and aqueous fluids/tissues may act as more persistent THS reservoirs over longer periods of time.

Our LLF off-gassing data showed an elevated abundance of compounds with $H' = 10^{-2}$ – $10^1 \text{ mol m}^{-3} \text{ Pa}^{-1}$ (relative to SHS), including acetonitrile (Fig. 5B). Therefore, real-world THS off-gassing from LLF can be expected to include a prevalent set of VOCs (*e.g.*, Fig. 2) that will likely behave similarly to acetonitrile

in exhaled breath. Other compounds with greater solubility coefficients may be even more readily retained in the aqueous phase and thus persist over longer timescales. This assertion is supported by our observations of LLF off-gassing after an hour of off-gassing compared to fresh LLF (Fig. 5C), where concentrations of some compounds decreased considerably, but compounds with Henry's law constants of $10^0 \text{ mol m}^{-3} \text{ Pa}^{-1}$ and greater generally remained similar to, or within an order of magnitude of their initial values at steady elevated levels (*e.g.*, Fig. 5A and C).

Though the total volume of LLF used in this study was based on LLF in an average human respiratory system (25 mL), the bubbler containing surrogate LLF was not intended to mimic the human respiratory system.⁷⁶ In order to examine expected concentrations of THS from thin films of LLF in the human body and the role of uptake to other bodily reservoirs, we used a multi-compartment model that included aqueous uptake to LLF, blood, and moderately-perfused tissues (Fig. S5†), with timescales based on prior work.^{33,34} The model was validated against the limited available data on acetonitrile breath concentrations,³⁴ which is prevalent in LLF THS and represents a compound with a median H' value in THS (Fig. 5D and S22†).

Model simulations were performed in three stages, first only including LLF and then successively adding the blood and tissue compartments. When including only LLF in the model, peak exhaled compound concentrations were generally lower than mainstream smoke by an order of magnitude (*e.g.*, Fig. S25 and S26†), similar to the experimental results (Fig. 3C). When partitioning from LLF to blood/tissues was included, greater uptake of smoke components was observed (Fig. S25†), but the initial off-gassing concentrations were lower (Fig. S25†). However, incorporating the blood and then tissue reservoirs increased the overall persistence, extending over days for some compounds (Fig. 5E), where the incorporation of tissues provided an additional reservoir that dropped compound loadings in the blood and thus led to lower breath concentrations over the first day (Fig. 5E and S26†). The multi-day profile, shown for a compound with $H' = 0.5 \text{ mol m}^{-3} \text{ Pa}^{-1}$ (Fig. 5E and S25A†), reveals information about distinct processes in off-gassing *via* breath. In the first minutes, breath concentrations are driven by the off-gassing of the THS-rich LLF layer, along with further uptake into blood. Thereafter, breath concentrations are determined by partitioning between blood and tissues, which moderate the re-partitioning to LLF and subsequent exhalation.

Concentrations of compounds with smaller H' (*e.g.*, $\leq 10^{-2}$) started elevated, but decreased faster than other compounds (Fig. 5F and S26†), similar to the lab observations (Fig. 5A, C, S25 and S26†). Normalized concentration plots as a function of H' (Fig. 5F) show that compounds with H' of 10^{-1} – $10^1 \text{ mol m}^{-3} \text{ Pa}^{-1}$ comprise a greater fraction of emissions over time, which aligns with the observed peak in LLF off-gassing (Fig. 5D).

The extent of recent prior smoking in the hours preceding to the last cigarette affected the initial loadings of compounds in blood and tissue reservoirs, which thus impacted the breath concentrations and is an important consideration for THS transport. In the absence of this prior exposure, the tissues act



as a much stronger sink. Prior smoking (*e.g.*, several cigarettes in the preceding hours) dramatically increases the in-body loadings (*e.g.*, $8\times$ in Fig. S25†) and thus the breath concentrations from a moderate to heavy smoker, which is consistent with a study focused on acetonitrile where general breath concentrations increased with the number of cigarettes consumed per day.^{75,77}

A few differences remain that may distinguish our experimental and modeling results from real-world THS off-gassing *via* LLF, with a more detailed discussion in Section S5.2 of the ESI.† (1) Differences between the properties of surrogate LLF and real LLF can include possible variations in pH, the inclusion of lipids and proteins, chemical interactions of THS compounds with human LLF components not included here, and increased viscosity that may affect relevant physical processes in the respiratory tract, and potentially in blood.⁷⁷ (2) Similarly, other tissues in the respiratory tract or throughout the body will engage in non-aqueous partitioning, especially for compounds with low Henry's law constants. The slightly slower decay and persistence of lower H' compounds in breath studies following smoking (*e.g.*, at 10's of ppb for benzene, acetylene, 2,5-dimethylfuran, 2-methylfuran^{33,35,78}) compared to our multicompartment model may suggest non-aqueous uptake to tissues (along with particle deposition) playing a role in extending the off-gassing timescales of lower H' THS components. (3) Additionally, within these multi-compartment bodily reservoirs, the metabolism of tobacco smoke contaminants (*e.g.*, the conversion of nicotine to cotinine) also needs to be considered as an in-body loss process for the complex mixture of THS compounds and their metabolites. Other possible loss processes should also be considered, such as the cycling rates of the various aqueous reservoirs, including LLF and blood, and how exactly these aqueous reservoirs are processed or eliminated. (4) Lastly, with real-world smoking, large concentrations of particles from mainstream smoke will deposit on airway surfaces or dissolve into LLF.⁷⁹ While particles were intentionally filtered in this study to independently focus on gas-phase uptake into LLF (with the intentional exception of one experiment, Fig. S4 and S22†), this particle deposition would provide an additional in-lung THS reservoir and may affect the composition and persistence of THS in smokers' breath.

4.1.4 Implications for THS health effects and transformation products. Exposure to the complex mixture of THS compounds enumerated in this study (Fig. 2, S7, Tables 1 and S1†) can occur *via* (a) dermal exposure or ingestion *via* dust and surfaces contaminated with directly-deposited PM or re-partitioned THS, which may be more pronounced with the behaviors of infants and children; (b) inhalation of gas-phase THS; and (c) inhalation of dust or other aerosols contaminated with THS following THS re-partitioning/uptake, whose penetration depth into the respiratory system will be a function of particle size distributions.

The multi-faceted health effects of THS have been explored and reported across a number of publications for both exposure to real THS (*e.g.*, animal trials with THS exposure, human cohort studies) and by estimating effects from exposure to a subset of previously-known THS components (*e.g.*, acrolein) and select

transformation products (*e.g.*, TSNAs).^{1,4,14,80–85} The results of this study expand the scope of identified THS components whose direct effects and secondary transformation products will help to elucidate observed THS health effects and evaluate chemically-specified contributions to health effects estimates.

While many of the observed compound formulas may not have sufficient health effects data, PAHs, oxygenated PACs (*e.g.*, quinones), quinolines (*e.g.*, quinoline/isoquinoline and methyl-quinolines at 23 ppb and 9.2 ppb in off-gassing PM, respectively), and possible contributions from nitro-PACs (*e.g.*, 1-nitropyrene, 1/2-nitronaphthalene; Table S5†) are newly-identified THS compounds of particular interest, given their mutagenicity, genotoxicity, and their ability to cause oxidative stress.^{86–91} We also observed immediate off-gassing of nitrosamines (*e.g.*, NNK) from fresh PM and persistent enhanced off-gassing of acrolein from PM. Among these potential health effects, THS represents a source of reactive oxygen species (ROS) generation in non-smokers' respiratory systems due to compounds such as quinones and nitrated-PACs.^{86,92,93} ROS, which includes a range of radicals that lead to oxidative stress,⁹⁴ has also been similarly observed with SHS^{95–97} and biomass burning⁹⁸ *via* dithiothreitol assays or electron paramagnetic resonance spectroscopy.

The oxidation of deposited PM or other THS-contaminated surfaces will lead to further functionalization of THS organic compounds (Fig. 2 and S7†), potentially increasing their toxicity^{99,100} or carcinogenicity, such as that observed with nitrosamines that are formed on surfaces *via* nicotine + nitrous acid (HONO) reactions.¹⁴ Additionally, the diverse range of off-gassing compounds in THS includes a number of highly-reactive species important for both airborne and surface chemistry indoors, including the formation of secondary organic aerosols and gas-phase oxidation products.

5 Conclusions and future work

5.1 Conclusions

The laboratory experiments conducted here with multiple state-of-the-art measurement methods demonstrate that both deposited PM from tobacco smoke and aqueous bodily fluids/tissues (*e.g.*, LLF) previously exposed to tobacco smoke gases can be abundant reservoirs of THS emissions that off-gas substantial quantities of THS over immediate and extended timescales. These observations of THS are more chemically complex than previously reported, spanning a broad volatility spectrum with a range of chemical functionalities and varying physical/chemical properties that drive the dynamics of both uptake and emission processes. Emissions of compounds ranging from light VOCs to SVOCs included hazardous and highly-reactive compounds that were persistent over the timescales considered here, whose health impacts could be amplified by known real-world transformations, such as tobacco smoke nitrosamine (TSNA) formation from nicotine and similar alkaloids following exposure to HONO.¹⁴

The observed THS off-gassing from surrogate LLF and PM, which can deposit on clothes, furnishings, bodies, and/or airways, are complementary to previously observed gas-phase



sorption of THS to fabrics and other materials^{18,19} by representing key underlying processes of efficient THS off-gassing that need to be considered for THS contamination in locations where smoking has previously occurred and for transport into non-smoking environments.¹¹ For instance, these processes elucidate how elevated levels of nicotine have been observed on surfaces in a multitude of non-smoking environments¹ and how PAHs, which have been linked to an increase in lung cancer incidence,¹⁰¹ can be found in the homes of smokers who did not smoke indoors.⁷ This re-partitioning of THS initially from PM and LLF to other indoor surfaces/materials and internal aqueous bodily reservoirs, respectively, will extend the lifetimes of THS contamination, as discussed above.

5.2 Opportunities for future work

While this study elucidates underlying THS reservoirs, including those that facilitate both persistent contamination and prompt off-gassing following transport for a wide range of THS contaminants, continued research on the magnitude and dynamics of THS reservoirs will further our understanding of the driving factors and impacts of THS off-gassing. This knowledge on their dynamics will also inform the ongoing assessment of mitigation strategies (*e.g.*, dust removal, surface cleaning, ventilation, ozonation). While our detailed examination of chemically-dependent processes focused on THS, these results are also relevant to other combustion emissions related to indoor air quality (*e.g.*, biomass burning or cooking), outdoor air quality (as seen in past wildfire plume dilution studies^{102,103}), and aqueous-phase emissions/uptake, such as with vaping,^{104,105} waterpipe tobacco smoking,¹⁰⁶ or humidifiers.¹⁰⁷

5.2.1 Effect of environmental variables on THS reservoirs.

First, further research is necessary to examine the effects of environmental conditions on off-gassing rates and composition for various reservoirs over extended timescales, including beyond those studied here. For example, temperature and RH effects on surface water uptake are likely to affect the rate of PM off-gassing. The thickness of the deposited PM film, along with penetration of compounds into thick porous substrates, will similarly inform persistence (*e.g.*, Fig. S21†). Also, the chemical properties of the chemically-evolving primary THS reservoirs or re-partitioned THS will affect compound-dependent behaviors over time, similar to prior work on pH and aerosol uptake of THS-related CHN compounds.¹²

The role of PM deposition into LLF also requires further examination to determine its impact relative to gas-phase uptake in a thin film surrogate LLF system. To inform this future work, in one experiment (Fig. S18†), LLF was exposed to SHS without a particle filter to allow for some fraction of the particle mass to enter the LLF in the bubbler. The overall concentration was slightly elevated with minor increases for some compounds and generally similar composition (Fig. S19†), but future work is warranted with deposition in a thin film with quantified PM uptake to examine the interactive effect of PM and LLF.

5.2.2 Effect of chemistry on THS reservoirs. Second, the chemical evolution of THS reservoirs with exposure to

atmospheric oxidants (*e.g.*, O₃, NO₃) and other reactive species (*e.g.*, SO₂, NO₂) will contribute to the evolution of THS composition in the condensed and gas phase, and its resulting health effects. Building on prior work,^{4,14,18,108,109} studies in laboratory oxidation chambers or simulated real-world spaces should examine transformations of THS reservoirs and the by-products of reactions with gas-phase THS to examine their impacts on the physical and chemical characteristics (*i.e.*, volatility, reactivity, toxicity, mutagenicity) of THS over time. For both gas and surface chemical transformations, future controlled oxidation chamber experiments in concert with the THS aging shown here should be used to examine changes in the detailed chemical composition of surface films and the potential release of gas-phase oxidation products after exposure to common indoor oxidants (*e.g.*, O₃, HONO) or radicals generated from increasingly prevalent oxidizing air purifiers.¹¹⁰ The likely effect of antioxidants in the surrogate LLF on the chemical composition of LLF off-gassing should also be investigated further.

5.2.3 Opportunities for further speciation with variations between brands and cigarette types. Third, opportunities remain for additional chemical speciation of THS. While the chemical speciation presented here is detailed for a subset of cigarettes' sidestream smoke with distinct similarities in THS off-gassing observed between experiments (Fig. S19, S20 and S22†), there may be noticeable differences in chemical speciation between brands and in their mainstream smoke. However, comparisons of SHS across our trials using different cigarette brands showed minimal variation in gas-phase composition (Fig. S20†), and their fresh THS (both PM and LLF off-gassing) were also similar across trials (Fig. S19 and S22†).

One area of potential variance between tobacco products is the incorporation of cigarette contaminants into SHS and thus THS. Notable levels of phthalates (Table S3†) and cyclic siloxanes (*i.e.*, D3, D4, D5, D6, D7) were observed in this study, and THS may also contain pesticides used in tobacco production and their combustion by-products. Additionally, polychlorinated biphenyls (PCBs) and polychlorinated dibenzodioxins/furans (PCDD/Fs) have been previously observed in tobacco smoke.¹¹¹ Hence, they are likely present in deposited PM and may also be a component of off-gassing THS. Exploratory off-gassing measurements as part of this work were inconclusive for PCDD/Fs, but dioxin-like PCBs were observed at varying levels across samples (Table S5B†) and further research should be done to quantify their off-gassing rates relative to typical indoor levels.

5.2.4 Real-world relative contributions from various THS reservoirs. Fourth, future studies are needed to examine the relative contributions of off-gassing from deposited PM and aqueous bodily reservoirs compared to the gas-phase sorption and desorption of THS to/from fabrics and other materials. Two distinct cases need to be examined to inform real-world conditions: (a) in-room contamination where prior smoking occurred and (b) for THS off-gassing following human transport. Both of which need to be evaluated over initial and prolonged timescales to examine the magnitude of the various THS reservoirs (*i.e.*, prior to re-partitioning), THS retention, and reservoir-dependent off-gassing rates to account for the



difference between clothes, bodies, furnishings, and other surfaces. The interactions of select THS compounds with shirts and other articles of clothing has been studied, but were focused on a small number of compounds (*i.e.*, <10) and did not examine PM deposition or differentiate it from gas-phase sorption.^{19,112} Despite prior conclusions to the contrary,¹⁹ the relative contributions of breath-related THS remains an open question given that total LLF off-gassing concentrations rivaled those of PM off-gassing (see Results), as well as the significantly higher exhaled breath concentrations in other available studies that were more consistent with our work.

Given chemical-dependent interactions with sorptive reservoirs, future work should employ online and offline high-resolution mass spectrometry techniques to examine uptake and off-gassing of organic compounds from these and other potential reservoirs. Furthermore, the distinct physical-chemical processes impacting LLF uptake and off-gassing observed here warrant investigation into the role of surface humidity on the uptake of SHS gases to common indoor materials and surfaces.

5.2.5 Temporal and chemical dynamics of targeted THS indicators. Fifth, opportunities remain to further examine the dynamics of subsets of individual compounds in THS off-gassing (and re-partitioning) over longer timescales to develop detailed, multi-compound metrics for the identification of THS signatures (*e.g.*, source apportionment) and determination of emission pathways and age in real-world environments. Considering potential variations due to methodology, THS reservoirs, chemical transformations, or the role of re-partitioning to other sorptive reservoirs (*e.g.*, furnishings, building materials), future studies that compare the relative abundances of a larger set of marker compounds to develop metrics should consider a combination of these factors and the potential for non-monotonic shifts in THS off-gassing from different reservoirs or combined systems of real-world reservoirs.

Lastly, this expanded chemical characterization of gas-phase THS and condensed-phase THS (from deposited PM) provides opportunities to expand potential toxicology assessments and provides a detailed speciation of gas- and particle-phase SHS (Fig. 2 and S7†) for similar purposes. Past bottom-up assessments of THS health effects have been limited to a finite number of speciated compounds^{1,4} that may lead to underestimates, and toxicity may also be enhanced by chemical transformations of the broader set of reactive precursors shown here, extending beyond TSNAs.⁴ Future work can leverage the data collected here and similar advanced techniques to examine contributions from functional group classes and individual high-toxicity compounds to elucidate the multifaceted health effects of THS and the underlying mechanisms of human exposure.

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Data availability

All data needed to evaluate the conclusions in the paper are present in the paper and/or the ESI.† Additional data related to this paper may be requested from the authors.

Author contributions

R. S., J. W., and D. R. G. conceived the study. A. F. and H. T. prepared surrogate LLF samples and assisted with PTFE filter preparations. T. K., A. R., A. E., and D. R. G. ran the Vocus PTR-TOF, and A. R. pre-processed of the data output. D. R. G. sampled tubes and filters, and R. S. and J. E. M. analyzed these offline samples at Yale. B. A. M. B., M. W., P. K., and G. L. conducted analysis of the PUF samples. R. S., T. H.-M., J. E. M., and D. R. G. analyzed and interpreted the experimental data. T. B., D. R. G., and R. S. modeled timescales for THS off-gassing from PM and LLF. R. S. and D. R. G. wrote the paper. All authors reviewed the manuscript.

Conflicts of interest

Authors declare they have no competing interests.

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